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ISSUE 115 - 5 JUNE 2020



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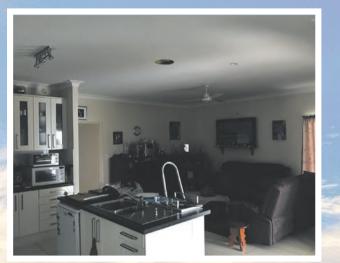
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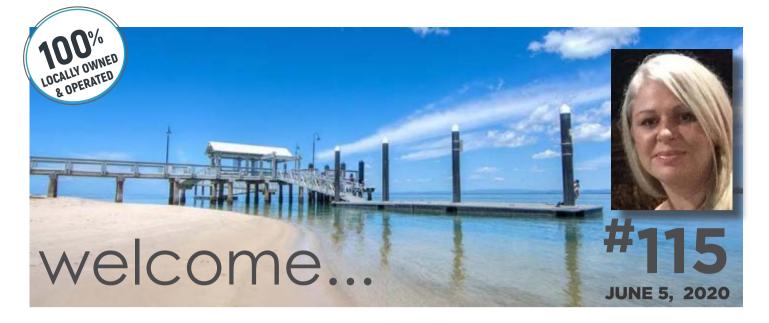
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Dear Readers,

What a joy it has been to see our locals out and about again with the restrictions beginning to lift. I have missed seeing your lovely faces around the traps. Let us all hope we are starting to recover from the dreaded COVID 19 virus that has impacted each and every one of us. Just in time for winter where usually no-one wants to be out in the cold anyway, but in these circumstances, we are just glad to be out at all!!

While you are out and about, why not take a photo or two and send them in to us as I will be starting off a photo of the fortnight completion soon, suggested to me by the lovely Avril who popped in for a chat.

On a much sadder note, the staff here at the Bribie Islander Magazine would like to pass on our sincerest condolences to the families of two of Bribie's most beloved residents, Derek Cornett and Karen Highland. These two wonderful people gave so much of themselves to the community and will be greatly missed by us all. I will leave you all with a poem.... A life well-lived is a precious gift Of hope and strength and grace, Fromsomeonewhohasmadeourworld A brighter, better place It'sfilledwithmoments,sweetandsad With smiles and sometimes tears, Withfriendshipsformedandgoodtimes shared And laughter through the years.

A life well-lived is a legacy Of joy and pride and pleasure, A living, lasting memory Our grateful hearts will treasure

Author Unknown

Until next edition, Take Care, Stay Safe,

Shevrie

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MEET THE TEAM ...

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in this issue



Bribie Old Boys



Dedication to Karen Highland



Dedication to Derek Cornett

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HEALTH, WELLBEING & COMMUNITY

HEALTH, WELLBEING AND COMMUNITY

Meals on Wheels

Bribie Island

heWheelsofChai

television?

is day starts at sun-up with a walk along the beach followed by a swim, then a 30 second journey to work instead of his previous life that included 1.5 hour drive to work each day. Who is this self-confessed nerd who has 20 half-built computers at home and has no interest in watching

We introduce you to father of 3, Greg Copeland aka "Copey" the Service Manager for Bribie Island Meals on Wheels. Where apparently, pure luck and nosey neighbours allowed him to become involved with this organization.

He started as a volunteer for the organisation in IT

Support and managed to put on the hat for most other roles within the organization before taking on the position of Service Manager. Enabling change in this local Not for Profit from old school pen and paper to a more upgraded version whilst still providing meals to some of Bribie and surrounds vulnerable,

disadvantaged and elderly. On any given day they service 170 clients with the help of 110 volunteers doing 8 runs covering Island and surrounding mainland. Copey says "without the volunteers,they wouldn't be in operation". For 35 years of his working life, before living on Bribie

Island, Copey was working in the IT industry, mainly

YADO7 3

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telecommunications in state government and private enterprise.

An early childhood habit of pulling presents apart to see how they work lead this 1970's influenced 16 year old to build his first computer. So what does he get from this role? On a personal level, Copey loves the opportunity to meet people in other services throughout the 140 Associations in Queensland. It gives him the opportunity to learn from them and see what can be incorporated into the services offered on the Island

When asked if Meals on Wheels has the capacity to reach and help more people, Copey answered "Yes, historically Meals on Wheels is seen for the older generation, but that is not the case, as anyone can walk in our door and purchase the meals. It doesn't matter if you are 16 or 60". Plus it's worth noting that NDIS participants may not be aware that they can receive fresh cooked meals as part of their NDIS package. Copey says his most interesting adventure occurred in 2015 when he allowed his 16 year old learner driver son with only 30 hours of driving experience under his belt to 4wdrive most of the way to Cape York over a period of a month. The story of this father and son became somewhat of a novelty as many fellow travelers were keen to meet the duo and understand why this crazy dad would take on such a huge adventure with his son. If he could change one thing "Locally, I would prefer there weren't so many people here on the weekend. Ironically, I

like telling people how good the Island is, the problem is if you do that you get people thinking, maybe we should move to the Island."



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IN LOVING MEMORY OF KAREN HIGHLANDS 1946-2020

aren was a loving daughter, sister, wife, mother, aunty, grandmother, friend and a dear treasure, born on our beautiful Island in 1946. Karen devoted her life to helping her community and others and more recently raising money for cancer, the illness that she lost her battle with last month.

Karen's parents Philip and Ivy Dinte came to Bribe Island in 1945, not long after World War 11 had ended. Karen was born in 1946 and soon after was joined by 2 sisters and a brother. Her father purchased the family home on the waterfront at Bongaree at 113 Welsby Pde, which is where Aquatic Vista units now stand.

One of Karen's favourite memories while at primary school was an event they called the sports day which was held during the May school holidays at Brennan Park. Local and visiting children would participate in many different races and novelty events such as the egg and spoon race, 3 legged race, sack race and catch the greasy pig. The event Karen really liked was the one she had to kneel at a bench seat with her hands



behind her back, trying to be the fastest at eating a bun covered in treacle. Karen felt this one she had a chance at winning as her short legs would not win her a running race.

Karen attended Caboolture High School in 1961 and 1962 which was prior to the bridge being built. Bribie students would ride their pushbikes up to where the old barge loading was, adjacent to where Volunteer Marine Rescue now is, catch the barge across to Toorbul Point at 7am, board the bus and then travel along the old Bribie Rd picking up primary and high school students along the way.

In 1963, on the weekend of the bridge opening, Bribie organised its first debutante ball, which much to Karen's disappointment she could not attend due to her car accident she had on the previous Saturday. Karen suffered a fractured pelvis and spent the next few weeks in hospital recovering. At the time of the accident Karen was working at the Brisbane Permanent Bank in Queen Street, having to return home to Bribie on crutches.

Karen then started work, still on crutches, for Len Healy Real Estate which was located where Saviges Seafood is today. It was while she was working there that a locally acclaimed artist called in. he asked if she would like to do some typing for him, which she eagerly accepted and was paid 10 shilling per page to type his notes on the "Drunken Buddah" which he later published. Karen of course was blissfully unaware at the time how talented Ian Fairweather was, and how he would soon be recognised as a world famous abstract artist. Karen left Bribie Is for 6 years in her late teens and returned to live here with her husband and 2

sons.

In 1989 Karen owned and managed her own clothing store at Bongaree for 13 years. On leaving there she then began working at **Busy Fingers Fundraising** Inc. as a volunteer. She worked there for 18 years and was still the President after 12 years at the time of her passing. Karen always said it was so satisfying to be involved with such a wonderful charity which is unique to Bribie Is. Her tireless efforts over the last couple of years raising much needed funds for cancer took up most of her spare time. She ran 2 successful charity golf days raising more than \$43,000 over the 2 events. It was only a couple of days after this years event that she found herself back in hospital unwell. Unfortunately Karen lost her battle with cancer but never gave up caring or trying to help others right to the end. She was such an amazing woman and will be sadly missed by all of her much loved family and friends. Karen did manage to hit a hole in one at golf last year and hopefully she will be hitting them long and straight wherever she is now.

Thankyou to the Historical Society that helped source some of our story.

Finally Karen's beloved husband Tony and the boys would like to take this opportunity to say a special thankyou to all of their family, friends, the carers, the Caboolture Private Hospital and for all the lovely words of support that they have received during this difficult time.

ISSUE 115 | 5 June 2020

HEALTH, WELLBEING AND COMMUNITY

LUXURIES and NECESSITIES PART 2 By: Hazel Beneke

ast time, we saw that fresh fruit and veggies, servants, ready-made clothes, television, and the Internet have all graduated from luxury to necessity status. Here are a few more things.

When I was a child, another luxury item was a motor car. My father was a mechanic, so we owned a car, while most of our neighbours relied on public transport. At least in Sydney, the system is efficient and economical, but beyond the metropolitan area, it has become a necessity to own a car. The whole infrastructure of this country was constructed to be dependent on the car and trucks. We even destroyed railway tracks, when trucks took over.

But has the car's luxury status completely disappeared? No. For people who can't afford to run a car, it is necessary to live in accommodation close to public transport. So they congregate in the cities and suffer the rat-race with its attendant stresses. I'm glad I can afford a car to get away from it and explore this wonderful country.

Another item that is still a luxury in the 21st Century, is an overseas education. Back in the nineteen sixties, scholarships were available for deserving students. I was a lucky recipient, whose fees and board were provided by scholarships. While at U.N.E., I made friends with Colombo Plan students who were likewise rewarded. But the majority of students





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HEALTH, WELLBEING AND COMMUNITY

who arrive in Australia today are self-funded. Their parents who didn't have the luxury of overseas education can now



afford it for their children to benefit. And some Australian students enjoy a gap year at an overseas institution if their parents can afford it. My grandson spent a year in France.

But for Australia, perhaps this is a luxury that we shouldn't rely on. We can't afford to rely on overseas money to subsidise the teaching of our own students, as the current crisis has demonstrated. These students are not only paying fees but also doing menial jobs to support themselves. Can we afford it? Likewise, we could come unstuck by relying on backpackers to service the agricultural industries.

Backpacking may be carried out with minimal funds, but it is still a luxury that poor people never contemplate. In my youth, I could not have afforded backpacking or any other holiday. I had to wait until I retired. Luxury travel by retirees is another source of income on which Australia is reliant.

Both time and money are contributing factors which make overseas travel a luxury. It would be nice if it wasn't so because travel is the best form of education. It helps one understand how others live and teach the tolerance necessary to eliminate racism. But the majority of people in any country, cannot afford the luxury of travel. As with education, Australia cannot afford to rely on overseas travellers (tourists) to survive. Tourism is the first casualty of an economic downturn, even without a virus, so any country that relies on it has made a foolish choice. Yet, more and

more countries today wouldn't survive without tourism. Let's not be one of them. We need to find other ways to support our economy.

Tourism should be no more essential than sports matches. We need sport as a form of exercise but professional matches fill a different role. They provide employment for those interested in physical rather than mental activity, entertainment for the masses, and a source of taxes through gambling. But are these necessities? Have we come to rely on passive entertainment for taxes and mental stability?

We must find some other way to build resilience. In the past, one created one's own entertainment - it was not passively consumed as it is today. Every child learned to make their own music, dance or artwork. Those with talent we paid by the rich to entertain them, create great architecture, etc.

And, just as giving is more rewarding than receiving, creating anything is more satisfying for the performer than the audience - a great way to maintain one's mental health. Passive entertainment for the masses is a luxury, not a necessity. So let us replace



it with active entertainment. Dancing is one of the healthiest activities both physically and mentally. Singing together releases endorphins just the same as any sporting success.

Every parent learns to say NO to luxuries if they recognise them as such. And every society needs to separate the luxuries from the necessities when budgeting. At present we can only afford to support the necessities. When we can get out and about, let's rediscover some of the enjoyment we can get by foregoing luxuries.



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HEALTH WELLBEING AND COMMUNITY

Offord Supports Bribie Island Locals through the NDIS

The National Disability Insurance Scheme (NDIS) provides people with disability with information and connections to services within their communities.

For some Bribie Island locals, navigating the NDIS is a new experience. Whether it is for yourself or your loved one, understanding NDIS terminology and processes will help you secure the right supports you need to achieve your goals in life.

Afford (The Australian Foundation for Disability) is a trusted not-for-profit disability provider that has delivered high standard supports for Australians for 68 years.

Over 68,000 people across Queensland are benefiting from the NDIS. Many of these individuals seek help from Afford to get through the NDIS process. Afford appreciates that every person's needs are different. Whether you are 7 or 65 years old, Afford advocates an individualised approach to disability supports so that you can live the life you want.

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mental health by connecting with Afford Allied Health professionals to improve flexibility, develop skills, and manage emotions or behaviours with positive encouragement.



If you want to socialise, travel, and stay active, Club Afford and Afford Getaways will support your journey.

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For more information about Afford and NDIS support, visit www.afford.com.au or call 1300 233 673.

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BRIBIE ISLAND SLSC OLD BOYS Inc. Content Supplied By: Alwyn Jones

he history of achievement for the Bribie Island SLSC Old Boys Inc is one that the community of the Moreton Bay Regional Council should be aware of.

Club President Alwyn (AL) Jones has passed on to The Bribie Islander, ups and downs of their history.

Initially, the Old Boys were formed in 1954 but was disbanded due to lack of numbers. It was not until 1965 it was formed again and has continued to function successfully from then until the present.

The main aim is providing financial support to the main club to continue the safe surf lifesaving operation of Woorim Beach.

As fundraising is ever so important to the Old Boys, in the seventies we used to hold raffles at various hotels in Brisbane and running football doubles. Club President in those days was Bill Zillman who used to allocate the double tickets to members with a gentle reminder "If you can't sell them, don't bring, them back, buy them yourselves". We also did a lot of catering for the Moreton Shire Council and catered and manned the gate at the annual Medieval Festival in Musgrave Park

and Lytton. On one occasion all our work was in vain as our Treasurers van was stolen, with all product for the day and the \$10,000 cash float.

Not to be deterred, we battled on and in 1973 we had accumulated enough bank funds to purchase a block of land in Brookes Court, Woorim. With the help of members labour a house was constructed and still stands today full rented. In the early nineties, the rental funds helped us purchase another house in Benny Street.

It was an immensely proud moment for the Old Boys in 2016 when the final mortgage payment was made on the properties.

When I was inducted into the Presidents roll in 2006, I made it my goal to become debt-free, with the mortgages our priority, because once paid in full we would be in a better financial position to support the surf club.

Over the years, on an annual basis, we have contributed \$500.00 to junior development, \$500 to boat crews, \$500 donation to our miss Surf Girl entrant, \$2400 towards club maintenance, \$1300 for a new Life Members Honour Board erected in The Supporters Club. We also sponsor our club's rep lifesavers by supplying club uniforms for the state carnivals. This is a cost of \$600.00. We also cater for the odd surf club activity, such as the annual golf day.

Since being debt-free we have been able to sponsor 50% of the cost for a new All-Terrain Vehicle which cost \$18,000.00. The Government Gaming Fund sponsored the other 50%. \$3000.00 was donated to assist in the purchase of a new surfboat. Surf Lifesaving Australia have changed the brand of outboard motors for the inflatable rubber boats. Our commitment was \$6000.00.

This year we introduced 2 x \$1000.00 bursaries

which will be presented to active surf club members and nippers which will be selected by the Surf Club President, Nippers President and Club Captain. This award will be presented at the Annual Presentation Dinner. The bursary is to go to advanced training, coaching etc. The bursaries will be an ongoing annual donation.

This is the clubhouse a lot of the current Old Boys members first stayed in when joining the club in the early 60's.

It burnt down in May 1964 and the new clubhouse, which stands today opened in October 1964

The old clubhouse was where the current change shed are located today.



It consisted of a veranda with a small room at the end which was the first aid room, and one large room which was the bunk room to accommodate around 10 double bunks.

Underneath was the kitchen and dining area partitioned off from the showers, toilets and gear room. The arduous task of cooking the evening meal began around 3.00pm by chopping wood for the old wood stove. The shark bell would ring around 6.00pm to signal to the boys enjoying a drink at Kev Frawleys pub (now Blueys) that the evening meal was ready.

MEMBERSHIP

Our current membership stands at 42 with most of the members coming from the 50's – 60's era. Most of my fellow members have enjoyed a camaraderie which has become a way of life for almost 60 years. Most of us joined in the early to midsixties. Past President Jim Chandler and I achieved our bronze medallion together 58 years ago. Treasurer, Bernie Murray has been looking after the books for an unbelievable 45 years, while Secretary Nev Roberts has kept the records in tack for 25 years. Personally, I have been at the helm for the past 14 years. Some members are in their 80's including Barry "Hegs" Hegarty, Max Schasser with Theo Eldridge, being the eldest, just celebrating his 87th birthday

My main concern is that there is a lack of younger past members joining the Old Boys. We are always on the lookout for new members, with the only requirement being you must have completed two years of active service with the Bribie Island SLSC. Any past members who wish to join the Old Boys can contact me on 0431831336. You will not regret it; the hard work has been done. We have 3 annual social outings which include a Bowls Day, Kilcoy Race Club Camping Weekend and our Annual Christmas Celebration.

In the past, I have been asked: "what happens to our assets if the Old Boys Club folds". Our constitution states that if the Old Boys were to cease through lack of members all assets are to go to the main surf club.

Times have certainly changed as our

HEALTH WELLBEING AND COMMUNITY

camaraderie came from spending every summer weekend together, whereas today the members do their patrol and head off home.

It would be very remiss of me if I didn't mention the Foundation Members of our club.

Without them, we wouldn't exist and it's through their early foresight and hard work that we are in the position we are in today

It has been reputed that Bribie Island SLSC Old Boys is one of the most successful surf club Old Boys Associations in Australia. From the early beginnings of chook raffles to having assets that are approaching the one-million-dollar mark, it is certainly one we can be very very proud of.

At The End Of The Day

WE ARE HERE FOR THE BRIBIE ISLAND SURF CLUB



Members of Old Boys



Certificate of Appreciation from Surf Club President Barry Ayres



Certificate of Appreciation from Nippers President Nick Fiorin



BACK ROW: Nev Roberts, Bob Williams, John Slater, Ian Grant. **3RD ROW:** Carl Wagner, Richard Smith, Peter Mortimer, Les Jones, Graeme Morey, Alwyn Jones, Paul Williams

2nd Row: Anthony Nicholson, Rod Williams, Barry McColl (Capt), Col Williams (Pres), Jim Chandler (VCapt) Bernie Murray, Chris Smith

FRONT: Ralph Brown, Peter Adams, Noel Gardner (Absent): Peter Morey

STILL ACTIVE DECEASED

Of the 21 1966 Active Members there is 9 still members of the Old Boys,5 have been deceased



ATV Donation \$9000





Surf Club mates for 58 years. Richard SMith, Al Jones, Jim Chadler, Bernie Murray. Combined 232 years service to Surf Lifesaving

HEALTH, WELLBEING & COMMUNITY

he 10th of May 1938 was 477 days before the outbreak of the 2nd world war It was also the day in Ilford, Essex, that proud parents Thomas Bones Cornett (aircraft engineer) and Agnes Cornett (nee Powell) welcomed a baby boy into the world - Derek Thomas Cornett. The oldest child with 2 sisters Jean and Gillian.

(supermarket) team. While working full time he went to night school studying business.

Arrives in Australia After the death of his mother in 1962 Derek was at a bit of a loss. He decided to immigrate to Australia as a "10-pound pom", all set for a new adventure. He first arrived in Svdney. with a plan to spend some time in each Capital city



Derek saw his early years as an adventure, growing up in London during the Blitz. At the age of 5, Derek started his first business, buying offcut timber from the sawmill, filling his cart and selling it to neighbours as firewood. This was his first of many businesses, always retail, find what people want and get it for them.

Education & Military Service Despite having grades high enough to go on to tertiary study, in Derek's want for adventure, he chose to do his National Service. He joined the Airforce to be a chef, going to Cyprus by ship, spending his spare time riding shotgun on Army patrols. On his return to England, upon release from National Service, Derek joined the Sainsburys

before deciding where to settle down. One of the jobs he had was selling Encyclopedia Britannica subscriptions in the worker's camps of the Snowy River scheme (one of the largest engineering



undertakings in Australia's history). After signing up an Italian family, he realised this job was not for him, his morals would not allow it. He could not live with himself signing up an immigrant family who spoke little to no English, living in a tent with nothing to their name, to a large ongoing financial commitment, that they neither could use or afford. The second city on Derek's around Australia tour was Melbourne. Day 1: Check into a hostel and pay for the first week, 2 shillings left, wash shirts and hang out to dry, they are stolen off the line. Go for a job interview with Tom the Cheap grocer, with qualifications from study with Sainsbury's at night school. "Any references?" asked the

interviewer. "No, but I have qualifications" said Derek





"We want references, not qualifications, will let you know next week" was the interviewer's response.



"I can't afford to live until next week" was Derek's reply.

Some 9 years later when Derek left Tom the Cheap, he was second in charge for Victoria for what was a large national grocery chain, personnel file still read "2 weeks trial".

Family

It was working for Tom the Cheap where Derek met another "10-pound pom", Joan Hutchinson. Joan had immigrated with a childhood friend Olga and her family, life-long friends to this day.



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HEALTH WELLBEING AND COMMUNITY

Derek & Joan Married on the 2nd of January 1965. Having 2 children in Victoria, Graham John 12/08/1966 and Debra Ann



18/12/1968 before moving to Queensland where Andrew Paul was born 17/07/73. Family life was very much centred around work and community service, with rare but much-loved family gatherings.

Business

The move to Queensland was to work for Tickles, a major Queensland grocery wholesaler (which can be traced to Metcash, the wholesaler for IGA). Derek had a bought and sold a store in Chermside, before buying a store in Kippa-Ring.

In January 1978, while on family holidays, Derek said to Joan that he was going to buy a store at Bribie. Joan asked a couple of questions. "Do you know where it is?" No, replied Derek.

"Do you know if it is for sale?" No, responded Derek. "Do we have the money?" No, Derek answered again.

By Easter that year Derek & Joan's IGA Supermarket had been trading for 1 week. This was to be the foundation of what would become a chain of 50 stores spread across Queensland. Bribie Community

Derek spent 42 years of his life being an active part of the Bribie community. Well recognised and highly respected he saw serving and supporting the community as a normal extension to business, life and everything. The RSL Club and our community would not be what it is today without Derek's contributions.

In the days of the Queensland Ambulance Transport Board (QATB), the Ambulance Service did not have the government funding it has today. The Ambulance Service







Derek was RSL Club President between 1987-1998 and was awarded an Honorary Life Membership in recognition of his contribution to the Club. It was Derek's keen business acumen and committed guidance that saw the early establishment of the Returned Services Club. Derek committed countless volunteer hours to ensure the Club was sustainable and that the community were the direct recipients of its success.



was primarily funded by membership and the fundraising efforts of local Ambulance committees. Derek was an active committee member for several years. Derek joined the Lions Club, Bribie Island on the 17th July, 1979. He was the recipient of many awards including the Melvin Jones award 1992, Life membership in June 2010, The President Appreciation award in 1983 & 1985, Perfect Attendance Award from 1980 –1989 and also the Monarch award.

Derek was given the status: Lion at Large in July 1992, then Privileged Lion in November 1994. He also held various director roles from 1982 to 1986. Derek supported Camp Quality for 29 years, Australia Day festivities, Memorial Gardens as well as many other Lions events. Derek also supported most clubs and associations on the Island. Whether it was scouts, soccer, football, local schools, charity fundraisers or any other good cause, there was a good chance they saw support at some stage from Derek and his business.

It was never touted, but he supported and backed a large number of people. It was not unusual for Derek to personally help staff, and others in the community, facing personal hardship.

They say if you love what you do, you never need to work a day in your life. Derek put everything into everything he did, not just for business, but the community and others, putting money from his own pocket into many parts of the community.

There is so much you can say about a life lived; you could write a book, oh, hang-on, he already did. Derek was on the phone with the printers confirming the printing of his autobiography, in a limited print run, on the morning of Tuesday 19th of May, job done.

Derek Thomas Cornett, 10th of May 1938 to 19th of May 2020, this was a life that certainly was well lived.

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THE ROAD LESS TRAVELLED

Travellers Together

f you had asked anyone on New Year's Day 2020, if they thought by March the entire World would have shut down, they would have laughed at you;



however, as the days and weeks have moved on. I am drawn to Marcus Aurelius' comment, some 2000 years ago, 'remember, that very little is needed to make a happy life'.

On 31 December 2019, when China reported the 'unknown pneumonia', to the World Health Organisation (WHO) they said just 59 people were infected, all in Wuhan.

China. How quickly things changed. On 11 February WHO named this new pneumonia COVID-19 -Coronavirus Disease of 2019. Then on 11 March Dr Tedros Adhanom Ghebrevesus, the Director-General of WHO, declared that it was a global pandemic. As a result, people all over the world went into isolation. Countries and states closed their borders and everyone who could, started working and studying from home. Essential workers such as health professionals, emergency service workers and supermarket employees became `our heroes.

Today, after two months in isolation, I look back to New Year's Day and realise just how vastly different the world looks now. I was in Brisbane with my family and texting 16-year-old Ema, who was Bribie Rotary's 2020 National Youth Science Forum (NYSF) student. Ema was on her way to Canberra to attend the forum. She was so thrilled, and her enthusiasm was contagious. Unfortunately, due to the fires, NYSF was cut short. Then this pandemic happened, and everyone's life and dreams went on hold. www.thebribieislander.com.au

To me, Ema and her fellow school captains at Bribie Island State High School, Amelia, Brooklyn, Elijah and Jazmine, represented the excitement and possibilities of a new decade. They were about to start their final year at school. Brooke and Jaz were to be Bribie Rotary's representatives at this year's Model United Nations Assembly (MUNA) in Canberra in August; however, MUNA has been postponed and because

recently texting them I found they are positive and know that this is just a hiccup in their life journey.

By: Anne Matthews

During this time in isolation, I have been regularly checking on family and friends. My dear friends Bill Peacock and Peter Sheehan never cease to amaze me with their energy and positivity. Bill is in a wheelchair as he suffers from post-polio syndrome. He is also a Disability Advocate and an active member of Rotary d9560



most Rotary Clubs have had to stop fundraising activities, it may not take place in 2020. All our Year 12 students have been 'robbed' of so many possibilities. Some are finding home schooling stressful. They are all relieved that classes resumed on 11 May. After

Passport Club. As well as continually advocating for those with disabilities, who have their own set of unique problems and vulnerabilities, in this pandemic they have completed various projects around the house. Peter has also created a beautiful new

HEALTH, WELLBEING AND COMMUNITY

garden sanctuary. Cicero's view that 'if you have a garden and a library, you have everything you need' applies here.

My cousin Kathryn Borrelli, who is a preparatory teacher in Melbourne and a regular visitor to Bribie – she has helped at the Rotary markets is being highly creative with her remote teaching sessions. Her husband is also working from home and has taken over the study with two computer screens, his laptop, and headphones. So, Kathryn prepares her sessions with her laptop mounted on storage boxes. Kathrvn's mother. mv Aunt Eileen, turned 101 on 29 April and although in isolation in a Nursing Home is in fine spirits.

In rural Victoria, my cousin Megan is online teaching Grades 5 and 6 from her home. At the same time, she is supervising her own 3 teenage children who have computers set up in their bedrooms. At the end of the school day, Megan then has online sessions with school staff. Husband and Father Jeff has a 35-minute drive to and from his workplace. Megan's parents Pauline and Brian, also regular visitors to Bribie, are helping with meals and shopping. A busy, hectic time for all. They are coping well but will be glad when things return to normal.

As for me, fortunately I am living with two 'introverts' and a very loving Golden Retriever, who make sure their 'extrovert' wife and mother is coping with social isolation. I am also grateful to an incredibly special group of friends on Bribie Island who keep me occupied with various jokes and email challenges.



It is heartbreaking that so many have lost their jobs and that our local businesses are struggling to survive. So many are finding isolation difficult and not coping without going to restaurants, pubs, theatres and night clubs; however, compared to the hardships of previous generations who suffered through WWI, the Spanish Flu, the Great Depression, WWII, the Korean War and the Vietnam War, this pandemic is causing minimal hardship and will not drag on for years. Recovery will take time, but it is starting to happen and I think the majority of us will come out with a better understanding of what is important in life.

Here on Bribie Island we can be grateful for our beautiful surrounds, our warm weather, our peace and tranquillity, and the wildlife. Over the past weeks, we have been following the progress of a kangaroo and her joev as it ventures out of the pouch. They "live" at our back fence and we marvel at nature, and our amazing sunsets.So Bribarians don't give up hope. An old Persian adage tells us, 'this too shall pass'!

The Girls Are Back!

i everyone, Good Company Singers trust that you are all well and in good spirits as we are hopefully finding our way through this difficult time.

We are looking forward with great anticipation

to singing for you in the very near future and have begun rehearsals.

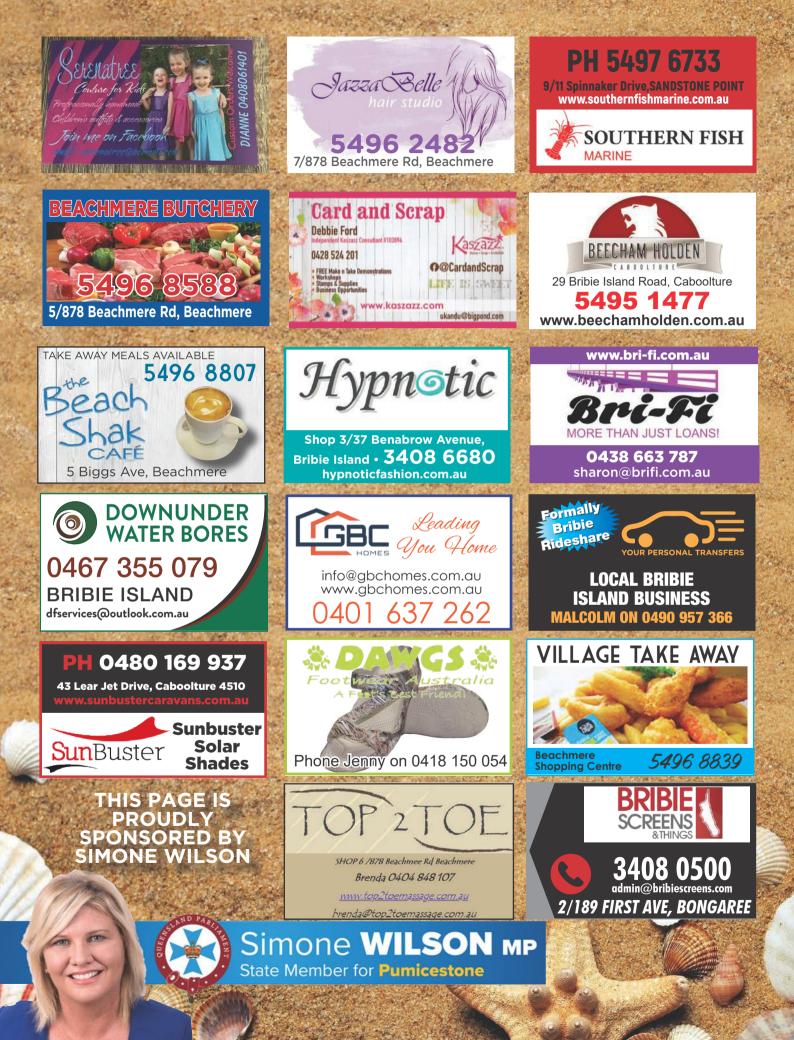
Following the wonderful response and attendance at our last show "High Tea and Harmony", our next event of "Scones and Songs" is scheduled for August, but this may change if circumstances determine. Keep an eye out for further notices. As a local community group, it is our pleasure to provide activities for fellowship and music for the folks of Bribie and surrounding areas.

Thank you for your support, we wish you good health and hope to see you soon.

Follow us on Facebook: Good Company – Singers, or please feel free to contact us: Phone: 0418 157 486

Email: goodcompanysingers@gmail.com Cathy, Clare, Lyn and Lynette Good Company





HEALTH, WELLBEING AND COMMUNITY



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FOOD, WINE AND ISLAND TIMES

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SUPERFOODS

BLUEBERRIES - ARE A TOP ANTIOXIDANT

In a study of common fruits and vegetables, blueberries contained more antioxidants than over 40 of their competitors. This places the unassuming berry at the top of the list for guarding against cancer, heart disease, dementia, and macular degeneration.

Blueberries also defend against urinary tract infections, thanks to the antioxidant epicatechins. Epicatechins prevent bacteria from sticking to the bladder wall. Blueberries are also high in water, providing hydration to the skin and cells of the body.

Eating half a cup of blueberries satisfies one fruit and vegetable serving per day.

OATS FOR FIBER INTAKE

Oats are high in soluble fibre and linked to lowering blood pressure and overall cholesterol levels. Oats are a good carbohydrate, and they're rich in beta-glucan. Beta-glucan is a powerful soluble fibre that helps to slow the digestion of sugar and keep blood sugar levels under control.

Oats are also a great source of quality plant protein helping with muscle growth and repair.

Each half-cup serving provides a whopping 10 grams, and many studies have shown eating oatmeal reduces the risk of heart disease.

AN APPLE A DAY KEEPS THE DOCTOR AWAY

Apples are loaded with antioxidants quercetin and catechin, which protect our cells and help reduce the risk of cancer and heart disease.

The apple and skin are higher in fibre than a lot of other fruits, which can help with weight loss by improving satiety. Apples taste fabulous, are filling, and provide energy in addition to the overwhelming antioxidant health benefits.

GREEN TEA INCREASES METABOLISM Green tea contains a

powerhouse of antioxidants. Its antioxidant values are shown to be higher than those measured in fruits and vegetables.

Green tea contains high doses of catechin, an antioxidant shown to help prevent cell damage in the body.

Catechin is indicated to reduce inflammation in the body, which is said to contribute to disease and illness. This powerful antioxidant is shown to reduce high blood pressure and decrease the risk of heart disease.

GREEN TEA has also been proven to help block the formation of plaques linked to Alzheimer's disease. Other health benefits include increased metabolism for weight loss.

YOGURT IMPROVES GUT BACTERIA

Yogurt is known for its probiotic or live beneficial bacteria. Yogurt is shown to reduce the growth of harmful bacteria in the digestive tract. It also helps maintain stable PH levels in the body.

Eating yogurt is indicated to boost our immune system and provide protection against diseases like cancer.

Probiotics can help with vaginal yeast infections, inflammatory bowel disease, ulcers, and urinary tract infections.

YOGURT is also a great source of bone-building calcium and protein. Not all yogurts are created equal. Look for labelling "live and active cultures" to ensure it contains probiotics. It is also recommended to consume plain over-sugared varieties.

BROCCOLI IS THE ANTIOXIDANT KING

Broccoli, a cruciferous carbohydrate is one of the most powerful antioxidants in our dietary toolbox. Broccoli protects our body against cancer and ranks at the top of the superfood list.

Broccoli offers high nutritional value with low caloric cost. It is





the most nutrient-dense of the vegetable superfoods.

Research has labelled broccoli the king of cancer prevention. Research has shown sulphur compounds in broccoli signal our genes to boost production of detoxifying enzymes. These enzymes potentially attack cancer-causing compounds. Broccoli also boosts the immune system, supports cardiovascular health, builds bones, and fights birth defects.

OLIVE OIL FOR HEART HEALTH

Olive oil is considered a healthy dietary fat was shown to reduce the risk of heart disease. The primary fat found in olive oil is monounsaturated fatty acids (MUFAs). MUFAs have been shown to lower total cholesterol and help stabilize blood clotting.

Olive oil has been linked to lowered insulin levels, blood sugar control. Research has shown a great benefit to those suffering from type 2 diabetes.

Olive oil is also bursting with antioxidants called phenols linked to the prevention of cholesterol build-up in the artery walls. Look for "virgin," "extra-virgin," or "coldpressed" olive oils for best nutritional values. BEANS ARE BRAIN FOOD Beans are an excellent source of soluble fibre and good carbohydrate to eat daily. Soluble fibre helps the heart by soaking up cholesterol before having a chance to stick to the artery wall. The cholesterol is then eliminated through normal body functions. Studies show eating high soluble fibre can reduce total cholesterol by 10 to 15 % and is linked to reduced heart disease.

Black beans contain anthocyanins, antioxidant compounds shown to improve brain function. They contain the highest plant protein rating but must be combined with a grain such as brown rice to create a "complete" protein.

CINNAMON IS A HEALING SPICE

Studies have linked cinnamon to improved blood sugar in people suffering from diabetes.

Cinnamon is also indicated to have antibacterial, antiparasitic, and anti-fungal properties.

Plus, it's high in manganese, iron, calcium, and fibre all beneficial to the body.

The health benefits of this super spice continue to be revealed through ongoing studies but it has long been used in traditional medicine.

Nick<

Wholemeal Spaghetti with Lemon, Basil, and Salmon

INGREDIENTS

250 grams of wholemeal spaghetti pasta

1 clove of garlic, minced 2 tablespoons extra-virgin olive oil

½ teaspoon salt, plus more for seasoning

½ teaspoon freshly ground black pepper, plus more for seasoning

I tablespoon olive oil

4 pieces of Salmon

¼ cup chopped fresh basil leaves

3 tablespoons capers

1 lemon, zested

2 tablespoons lemon juice 2 cups fresh baby spinach leaves FOOD, WINE AND ISLAND TIMES



DIRECTIONS

1. Bring a large pot of salted water to a boil over high heat. Add the pasta and cook until tender but still firm to the bite, stirring occasionally, about 8 to 10 minutes. Drain pasta and transfer to a large bowl. Add the garlic, extra-virgin olive oil, salt, and pepper. Toss to combine. 2. Meanwhile, warm the olive oil in a medium skillet over medium-high heat. Season the salmon with salt and pepper. Add the fish to the pan and cook until medium-rare, about 2 minutes per side, depending on the thickness of the fish. Remove the salmon from the pan. 3. Add the basil, capers, lemon zest, and lemon juice to the spaghetti mixture and toss to combine. Set out 4 serving plates or shallow bowls. Place 1/2 cup spinach in each bowl. Top with 1/4 of the pasta. Top each mound of pasta with a piece of salmon. Serve immediately.



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FOOD, WINE AND ISLAND TIMES

JULIA CHILDS SUMMED IT UP WHEN SHE SAID.. "peoplewholovetoeatarealways the best people" SO...WHAT MAKES FOOD AND THE

PEOPLE WHO ENJOY IT SO GREAT?

Food is not simply stuff that people eat when their hungry. Food is awesome, delicious, inventive, colourful, inspiring, and so much more. A mutual love of food can bring different people together and can make the saddest person feel a little better without even meaning to

It brings people together.

Food is a catalyst that brings people together. Having the entire family together at your grandparents' house for Christmas Eve dinner, treating a friend to a birthday meal, or annual family celebrations are perfect ways to keep in touch and connect with your family and friends that you might not see regularly. Food is a wonderful thing that can bring people together and can help you KEEP THE ONES YOU LOVE CLOSE.

It's social.

Think about how many times you've texted a friend and said 'hey want to get ice cream' or 'rise and shine we're getting brunch'. People bond over food they enjoy and there are many different communities, like the vegan community, that have been formed all based on similar diets. Food makes everything more fun and it's a great way to get friends together and to connect with others!

How many people can relate to a bad breakup, loss of a job, fight with a loved one and sat down





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FOOD, WINE AND ISLAND TIMES

with a tub of ice-cream and had a good cry with your best friend?

You can always turn to food to make you feel better, even if it is just for a little bit. People even use food as motivation for finishing their work before they can take a break to eat. After a bad day or after something



makes you sad sometimes all you need is comfy clothes, a good movie, and a tub of ice

It makes any party better.

cream to cure everything.

Food makes everything better, especially a party. State of Origin wouldn't be complete without hotdogs, meat pies and chips. Let's be honest, parties with food and drinks sound so much better than just a TV hooked up to a speaker.

It's fun to make.

Food is simply fun to make. There's nothing more satisfying than pulling your gooey, homemade, and delicious smelling creation of out the oven and of course snapping pics to all your friends showing them how much of a chef you really are. can even help you appreciate their culture a little more. It shows people that you care. You messed up and you want to make it up to your friend? Take them out to dinner at your favourite spot. Your sister just got her wisdom teeth out and is a mixture of pain and emotion? Surprise her with her energy, look more alive, and are bound to be more confident. Healthy food like fruits and vegetables make you feel good and a lifestyle full of healthy eating can change someone's life for the better.

It tastes good.

Despite all of the other great



It allows you to learn about a new country/culture in a new way.

Traveling to new countries and trying their native food is so interesting and fun. It allows you to understand the culture more without anyone even having to say anything. Homemade pasta in Italy, French pastries, or even fresh local produce picked off a farm gives you more or a glimpse into the lives of people living in different parts of the world and favourite food and movie. Food is a great way to show people that you care. People bring hostess gifts to their friends' houses all the time- usually wine, dessert, or some other type of treat. By making such a small gesture makes all the difference and shows how much more you care It makes you feel good. There's no denying that healthy eating makes you feel good inside and out. When you eat healthy and take care of yourself, you have more

things food brings to the table, people eat food because of the way it tastes. Whether it's the sweetness of the glaze on a donut or the spicy flavour of wasabi on a sushi roll, eating and enjoying good tasting food is what a food lover's life is all about.

Overall, food is much more than what it seems on the surface. It is powerful and makes differences in people's everyday lives.

By Anna Keefe



1 Roast Chicken, 6 Buttermilk Wings, Buttermilk Regular Pops, 2 Large Chips, Large Mash And Gravy, 1.251 Drink and Sauce.

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REGULAR FEATURES

REGULAR FEATURES

ARRIVAL GettingOlder

By: Elaine Lutton

y regular readers will, by now, have worked out that I am no longer in the first flush of youth. Far from it, yet I do not yearn for my younger years, there are many advantages to getting older. Yes, the physical sometimes interfere, but on the whole, my health is reasonable for my age and my mind remains clear with only the occasional hiccup.

I, like many of my contemporaries, have a habit of mislaying objects. You put them down and then they disappear into the ether before popping up again right in front of your nose. Generally speaking, that is. There is a pale blue purse in my house that I distinctly remember hiding but cannot remember where. God knows where or why I hid it, as there was not a fortune contained within, so I can only warn any masked, balaclava-clad midnight visitors that it is not worth their time or trouble trying to turn over my home in the attempt to find it. Believe you me, I have been there before you. I worried about the purse not so much because of the contents but because I thought this might be the first slip on the slide to dementia. However, when I told some friends

whose mental acuity I have no reason to doubt, they reassured me that they too might have similar problems if they did not take the following precautions. They gave me several helpful hints cryptic clue in her diary as to where she has hidden any precious item that she has hidden, another friend said this would not necessarily be a good plan for him as he was not an expert at cryptic crosswords and he would find it difficult to decipher. However, a straight-forward entry would have been a good idea as it would have helped him to recover the photo he has been looking for in the last few months. Again, he remembers putting it somewhere safe. Always a Fatal Move! No doubt, it is lurking with my blue purse.





to prevent the Mislayingsyndrome from ever happening again. One said that she always made a

Another friend said that as the years rolled by, she was taking an increased

Thinking that perhaps she was getting a little morbid, I asked if I could help. "No," she replied, "it is only that when I enter a room, I have to think, "What am I here after?" Dah! The advantages of being older are numerous. Only yesterday, when faced with an ATM different to the one that I am familiar with, some kind, younger person offered me guidance as to how to navigate it's intricacies. Later, the Hereto-Help Lady assisted me in cashing out my groceries and Jack and Susie at my post office always address my parcels and letters for me, " in order to give the Postman a sporting chance". I smile sweetly and am genuinely grateful for all the help I receive as a result of my advanced age. Perhaps I am most proud of the piece of paper stating that I am competent in mind, memory and understanding. I will not go into the details as to why it was necessary for me to obtain this accolade, suffice it to say, I have been known to wave it in front of my son and my daughter and ask them to show me their equivalent! I have shown you mine, now you show me vours.

interest in the Hereafter.

Yes, I know I am fortunate and perhaps a little smug, but I love being older. I would not exchange this time of my life for Youth with all its insecurities and angst. Selfishly perhaps, but I do not have to worry about the State of the World as it will not be that long before I make my final exit off-stage. Meanwhile, I appreciate my friends, family, and the love and laughter they bring me.

WEST VILLAGE, Five Baby Mice and Sarah Jessica Parker

By David Horrocks



nce not too long ago when travel was the method of choice for entertainment and enjoyment I found myself staying in a three-story rented Brownstone apartment in New York City. This is where my story is set. My wife and I were in the middle of a long trip. We had crossed the Atlantic from Southampton on the QM2 enjoying a week of being pampered and cosseted and were now to enjoy a couple of weeks in wonderful NYC before starting on a series of train trips, first north into Canada then west across the continent to the Rockies and the west coast. We were to be joined in the apartment by a couple of friends who would each individually spend about five days with us.

When we checked into the place the very friendly New Yorker who owned the building showed us all the attributes of the place and its surroundings especially along the famed Bleecker Street just around the corner. She mentioned that our neighbour across the street was the celebrated actress Sarah Jessica Parker of 'Sex and the City' TV fame. She mentioned that we wouldn't recognise her because she shunned attention, dressed down and wore dark glasses to avoid contact with anyone. She also mentioned to us that the apartment we were in had had a small issue with mice in the building but that was now under control, however as a precaution she suggested if we ate chips and snacks we would keep them in the fridge.

All went really well for a few days. We did take delight in the multitude of interesting places to visit and things to do as anyone who has visited the famed city would testify to. By the time of the incident, there was also staying in the rental the lady friend who had joined us from the UK. She was to stay for a few days and would later accompany us on our first train trip, – from Penn Station to Montreal on the Adirondack train.

On the fateful day, we decided to go out for the evening to test out the local jazz clubs and bars. Before leaving we did a tidy up and on our way out took the contents of the kitchen waste bin in the bin liner down to the garbage container on the ground floor. We happily returned later in the evening all jazzed-out and sat to enjoy a coffee before retiring. My wife went to dump the coffee capsules into the waste bin - there was a scream!

Now those of you readers who have an interest in sport will know of Usain Bolt the so-called fastest person on the planet – well he isn't. I can testify that over five metres my wife can make him look slow; also I doubt he could outjump her from ground level onto a quite high piece of furniture. Not knowing what had caused this feat of athletics and seeing the visiting lady standing, stunned, cornered against the back wall of the kitchen; I went to investigate. The only communication from either lady was a series of short inhalations and incoherent verbalisations together with the rapid gesticulating of an extended arm pointing in the direction of the litterbin now exposed by the open cupboard door.

Amazed and curious I went to investigate. Looking down into the bin I was fascinated to see five very tiny mice, all of which were trying to outdo my wife in the high jump event. They were leaping from the floor of the bin trying to reach over the lip and make their escape.

In our earlier haste to leave the apartment, we had taken the waste contents in the bin liner but had failed to replace it with a new plastic liner. The critters must have fallen into the bin in search of scraps of food but then were unable to gain traction on the shiny metal sides to achieve their freedom.

So, the problem was now trying to get them out of the bin and deposited somewhere other than the apartment. I reasoned that I couldn't rely on any assistance in this endeavour from the two ladies. I faced the task alone. Any slight tilting of the bin would allow the critters to gain egress so what to do? I thought back to my days of doing development work and needing to think outside the square - an idea formed. On the kitchen wall was a large dispenser of Glad Wrap the plastic sheet stuff. So, reeling out a length to double cover the top of the bin I placed this over the bin and thereby sealed the contents.

At this point, I did need assistance in opening and holding open doors so that I could get down to ground level. At first, I met with blank refusals to even come near to me, or the bin, but when I put it down onto the floor and said it would just have to stay there suddenly the seventh cavalry charged out to assist. By dint of manoeuvring down steep stairs being careful to keep the bin fully upright and away from my assistants, I got down into the street with my cargo intact.

Now, what to do, where to dump the critters? I needed the bin back in the kitchen. I didn't want to have to replace it and buy a new one. Suddenly a spark of inspiration struck. I remembered our landlady's comments about the famous film star and her anti-social behaviour. Nobody seemed to be in the dark street so I quickly crossed over to the indicated property, tripped down the stairs to the lower level, pulled off the plastic, tipped up the bin and watched the little beasts high tail it off towards the house.

I hope that the film star doesn't get to read this or I might receive a letter!

The later train travel was a joy. We saw bears, otters and even a cute little Golden Mantled Ground Squirrel. But - we met no more mice.

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FASCINATING FACTS ABOUT BRIBIE



By Barry Clark Bribie Island Historical Society

B ribie island has a remarkable history, with so many aspects of it about which I can write. Most people just enjoy the wonderful lifestyle here, without much thought of the amazing things that happened here just a few years ago. This article provides a few facts about some things that may surprise you.

MORETON BAY -

During the last glacial period there was no Moreton Bay or any islands, the sea and beach was more than 50 klms from here. east of Moreton Island, and the entire Bay was dry land.. The sea level rose more than 120 metres over a period of some 12,000 years, the Bay flooded and the islands progressively formed. The sea level was actually a few metres higher than it is now 5000 years ago.

ABORIGINAL SITES

- there are numerous archaeological Aboriginal sites gazetted on the Island, indicating occupation of this land over many thousands of years. The Water Tower in Bongaree Caravan Park is the site of a large Aboriginal shell midden, known as The Hill, before it was levelled to fill the Bowling Greens and Caravan Park. The main photo that heads this article was taken from the top of the Water Tower back in 1963.

area. The planned Town of Bribie did not eventuate when the private Tug Company started to develop Bongaree a few years later.

RED BEACH - the area known as Red Beach is a name carried over from the Second World War when Australian and American troops practiced beach landing craft training at various beaches around the island, given colour-coded names. Red beach was the only name that stuck after the War, being close to the settlement of Bongaree.

AUSTRALIAN OPERA

-the first Opera written and performed in Australia titled **Auster** was written by Emily Coungeau in her grand home on Banya Street, Bribie Island in 1916. The house still stands today and is known as Toc H.

ANZAC DAY -the initial concept of an ANZAC day commemoration for those lost in WW1 was initiated through the Mayor of Brisbane by a few prominent Brisbane businessmen on a fishing trip to Bongaree in January 1916.

ATOMIC CLOCK -In the 1960's, Queensland University established an Ionospheric Research Centre on Bribie Island



to study the behaviour of Radio signals in the upper atmosphere. For this ground



TOWN of BRIBIE -

the area surveyed by the Government in 1887 as the initial offering of land on Bribie Island was called Town of Bribie, at what is now Whitepatch. This area had been a reserve back in 1877, for the few remaining indigenous people of the



breaking research an Atomic Clock was installed to monitor precise timing.

TAX EVASION -In

1968, after a long and complicated Tax evasion case, the last operator of the Bribie car ferry, before the Bridge opened, was required to pay \$500,000 in back taxes. In today's money that's equivalent to well over \$20 million.

BRIBIE SUCCESSION

-Over the years, residents of Bribie Island have made three different, but unsuccessful, attempts to break away from Caboolture Shire Council and establish Bribie Island's own Council. These attempts at secession were in 1914, 1932 and 1967, reflecting various periods of significant growth and change.

POPULATION -In 1911, the resident population of Bribie was just 61 people. In 1986, it was 5,261 and in 2011 was 17,045. Do you know what the population is now....and what might it be in 2030?

RAINFALL -the

average annual rainfall on Bribie Island is 1,320mm. In 2009 we had a total of 2,484 mm for the year. However, the greatest daily rainfall ever recorded in Australia in one day was 907mm, in 1893 by the Government weatherman Inigo Jones, just across the Pumicestone Passage near Peachester. Brisbane was badly flooded, but nobody lived on Bribie back then. The 1974 heavy rainfall that flooded Brisbane was even heavier on Bribie, but caused no serious flooding.

MOTOR CAR- the first

Motor car was floated to Bribie Island on a pontoon from Godwin beach in 1919. The first road was not built on the island until 1924. At that time, the speed limit for the few cars on all roads in Caboolture Shire was 8 miles per hour.

CEMETERIES –only two people have ever been buried on Bribie. A cemetery site was surveyed in 1920 near Red Beach, and Albert Sweeting was the only person ever buried there in 1935. That cemetery was declassified in 1954 and

a new one established in the bush off First Avenue, where Victory Press stands today. Frank Lee was the only person buried there in 1967, before it too was declassified to make way for the development of an Industrial subdivision. His body was exhumed and relocated to Gympie, and there is no longer a cemetery on Bribie Island.

AQUARIUM &

MARINA –A private seawater aquarium was constructed at Red Beach in 1961 as a tourist attraction. It was a failure, but the remains of the concrete tanks are still visible in the bush today. In the 1970's there was a proposal to



construct a large Boat Marina, also at Red Beach, beside Buckley's Hole, which fortunately was not built.



WHAT DO YOU KNOW ABOUT BRIBIE ?

If you have read this article down to here, you may have learned some new and interesting things to share with friends. Let me test your knowledge of Bribie with a few questions about things you should know. Ask yourself and whoever is with you, each question in turn and make your best guess at the answer. When you do that it makes you thinks a little bit, the answer may surprise you, and you may learn something new and remember it.

MORE BRIBIE HISTORY

Our monthly meetings are cancelled for the time being, but if you have questions, or information to share, please contact us. You can see many more photos and articles on our Blog Site at http://bribieislandhistory. blogspot.com or contact us on bribiehistoricalsociety@ gmail.com

TEST YOUR KNOWLEDGE OF MODERN BRIBIE ISLAND

Here are some Questions about Events and Places on Bribie. You may not know all the answers, but you can discuss it with others, and make your best guess. The answers are just a year or a number, and you will find them upside down at the bottom of the page

- 1. When did the Bribie Bridge open?
- 2. When was Woolworths Shopping Complex built?
- 3. For how long was a Toll paid to cross the Bridge?
- 4. When was mains Electricity connected to Bribie?
- 5. What year did Television start on Bribie?
- 6. When was first local Bribie Star newspaper published?
- 7. When was the first road from Bongaree to Woorim built?
- 8. When did Woorim Golf Club open?
- 9. When did Bribie's first permanent Doctor Surgery open?
- 10. What year did the Toll on the Bridge end?
- 11. What year did the first car arrive on Bribie?

12. What year was Bribie Island Hotel at Sylvan beach built?

- 13. When was Pumicestone Passage declared a Marine Park?
- 14. What year did Bribie Island High School open?
- 15. When did Steamship Koopa make its last trip to Bribie ?
- 16. When was the first public Telephone box installed?
- 17. When was the first Woodford Folk Festival?
- 18. When did Banksia Beach State School open?
- 19. When did the Woorim Caravan Park open?
- 20. How many kilometres long is Bribie Island?

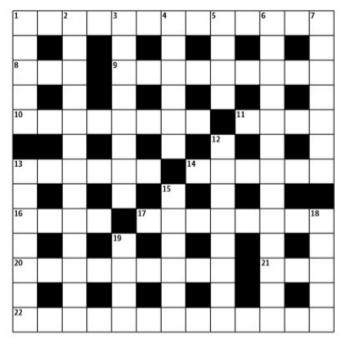
18- 1992 19- 1965 20- 32kim

9- 1973 10- 1975 11- 1919 12- 1979 13- 1986 14- 1989 15- 1952 16- 1961 17-1987 1- 19 Oct 1963 2- 1997 3- 12 years 4 - 1953 5- 1956 6- 1962 7- 1924 8- 1971

ZIUD QUALEI ISLAND QUIZ

REGULAR FEATURES

Crosswords - OUICK & CRYPTIC



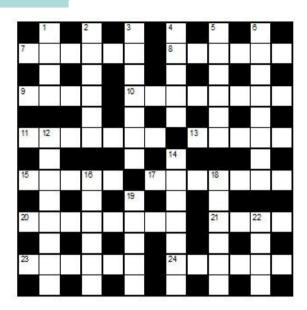
Across

1 Tropical fish — heckler at a jet (anag) (13) 8 Humour (3) 9 Oneself? (6,3) 10 Extortionate payment demanded from a tenant (4,4) 11 Where Bonnie Prince Charlie fled after his defeat at Culloden (4) 13 Skimpy (6) 14 Brass band instrument (6) 16 Awkward and stupid person (4) 17 Liquid fuel (8) 20 Luxury cabin on a liner (9) 21 Optic organ (3) 22 Culloden (1746), for example (7,6)

Down

1 Take down (5) 2 Drug hindering blood clotting (13) 3 (Of an office holder) unpaid (8) 4 Gypsy language (6) 5 Just some (1,3) 6 Indirect result (5-2,6) 7 After that (7) 12 Blood poisoning from a local bacterial infection (8) 13 Cissy (informal) — limps OK (anag) (7) 15 King of England, January-October, 1066 (6) 18 Sister's daughter (5) 19 Cain and Abel's younger brother (4)





Across

7 Meet or play away (6)

8 Saville Row is recognised in finding one a cut above the rest (6)

9 Choose five to back the east (4)

10 Berate as ethics are trashed (8)

11 Spots the sickness (7)

13 The fellow with the donation (5)

15 Meaures payments in tears (5)

17 Is this fellow henpecked?...(7)

20 Arrivals may not be welcome (8)

21 Pops the tops of sister's nice apple pie (4)

23 Let knowledge be understanding (6)

24 Shafts made out of spares (6)

EASY

Down

1 Nought explains it (4)

2 Explains a hundred "six of

the best" maybe at Lords (6)

3 A speech about something

on the dessert menu (7)

4 Fresh toast in the wild (5)

5 Refuse the pups (6)

6 Rubbish with no reason (8)

12 Assessed with a test first (8)

14 Embrace the Scots in jigs (7)

16 Lives but only just (6)

18 Method in process (6)

19 He fights like a dog (5)

22 Race around the block (4)

BY CYRUS



REGULAR FEATURES

Kids page

Purple Pancakes

A far cry from the traditional stodgy version, these little pancakes are full of goodness and taste delicious! Oats and egg for protein and sustained energy, banana and blueberries giving a boost in your fruit intake and

> providing essential vitamins, minerals, antioxidants and fibre. Better yet they're so simple, just chuck all of the ingredients in the blender and cook as normal.

INGREDIENTS (makes approx. 6 pikelet size pancakes)

- 1 egg
- 1 medium banana
- 1/3 cup of rolled oats
- 1 handful of blueberries (frozen berries work great)
- small amount of olive oil (spray also works well)

Q. What do you call a fish with no eye? A Fsh.

Q. What do you call a boomerang that doesn't come back? A stick!

Q. What kind of car does an egg drive? A Yolkswagen

Q. What's the difference between a piano and a fish? You can tune a piano, but you can't tuna fish.

Q.What do you call a deer with no eyes? No eyed deer.

Q, Why are groups of fish so smart? Because they travel in schools.

Label the different parts of the boat using the word bank below, then colour the boat

Port Stern Beam Bow Starboard Aft

Remember:

A red light is always on the port (left) side of the boat and a green light is always on the starboard (right) side of the boat. Colour in the lights the correct colours

sand

METHOD 1. Place all

ingredients in a blender or small food processor. Blend until smooth.

2. Heat a non-stick pan to a medium heat and add a little olive oil (spray or oil)

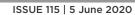
 Pour small amounts into the pan, about pikelet size, don't make them too big or they can be hard to flip (they are a little more delicate than a normal pancake).
 Cook for 1-2 minutes until bubbles appear. Gently flip and cook for another minute.

5. Serve with some extra cut up fruit such as strawberries and a drizzle of 100% maple syrup or Greek yoghurt.

Tip: why not swap blueberries for raspberries for pink pancakes! You can also replace the oats with almond meal or coconut flour to make them gluten free if needed.

WORDSEARCH

SCMUBXIARFKKQKKKZZVF KABHSAIDWCOFFEEPKSMP XMOVEEHOSCEKDOHEWUVS U P L B A A Y L F B K P W O N I W R Z A FIGHFFGPWRZNKAHYBFZN ONMMORWHDIWLFMODOILD O G Y H O A N I O B A A U W L W A N C K DSGXDWYNIIIAABIFTGTG NAGIMDSSIEHOATDRIWFI WFDDSGSWIMMINGAHNVNU TGIRZIIPOEITEXYNGCOL IMISIWFQKXKPQMSEIDQG Q D Z E H N C D Y Y H Q N C N W L P Q G ŜĊEIEIKOLVFĴIKIZBKVK NUBIKINTAHTCIZSAEHBP SNNSLAUGHTERPELSAAYA GQYBIHATPCAFESAKCLLO U A A N U A D Y Y J Z L H E N P H W N K NDOERRLTWLNYWMDAWDHD VONNCNNHVPBJKEOIPDLV holidays dolphins swimming laughter fishing surfing sunburn camping boating seafood island coffee cafes drink bribie beach



food

Bribie Island Photography Club

Our monthly meeting was held on Zoom with Judge Margaret O'Grady critiquing and rating our photographs online. This worked very well.

The theme for the month was "Song or Film Title" and was won by Roger Bawden with his "It's not Unusual" which was also judged the PHOTO OF THE MONTH.

Mike Ktori was the winner of the other two categories with "Garlic" in Mono and "Faraway Places" in Open Colour.

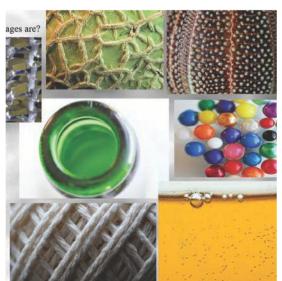
Next month we will be adding a new category to our competition introducing Open Creative Photography.

Our photoshoot "Macro with a Twist" was conducted in our homes. We took abstract shots around our houses and submitted them online where we tried to guess what the photo represented. It was a popular activity with many entries and lots of the crew participating in both the photography and guessing.

Our monthly meetings at the Arts Centre have been postponed till further notice.









For further information please visit our website or ring Gordon on 3408 2649 or Gail on 0419 638 865

Bribie Island Photography Club www.sites.google.com/site/bribiephotographyclub Email: bribiephotographyclub@gmail.com Gordon 34082649 Gail 0419 638 865

www.thebribieislander.com.au 🖪 The Bribie Islander

REGULAR FEATURES

Pale-Headed Rosella

Platycercus adscitus By Marj Webber

Pale-headed Rosellas are one of the most colourful birds we have in our area. They are fairly common, and you may be lucky enough to have them pay a visit to your garden.

The difference between rosellas and other parrots is that rosellas have broad tails and patches on their cheeks. Pale-headed Rosellas which are the only rosellas found on Bribie Island have white cheek patches. They are 28-32 cm in length and weigh 82-102 g. Heads are pale yellow, underparts pale blue with red under the tail and. black and yellow across their backs. Females are slightly paler and smaller than males and have a white stripe on their wings. Usually, they are quite timid and are easily bullied by the more gregarious Rainbow Lorikeets when searching for food and nesting sites. In far North Queensland, there is a blue cheeked form. Pale-headed Rosellas live up to 15 years in the wild. Their preferred habitats are in lowland areas in eastern Oueensland

in grassy and Savanah woodlands, farmlands and parks and gardens. Usually, they feed in pairs or small flocks on the ground or in the foliage of trees and shrubs looking for seeds, berries and insects and their larvae.

August to January are their preferred breeding months. Nests are in deep narrow hollows to about 1 m in dead or living trees usually near water. The bottoms of the hollows are lined with sawdust where a clutch of 5-6 white eggs is laid. Females incubate the eggs for 9-20 days. During this time males bring food to the females on the nest. When the eggs hatch both male and female tend to the chicks. After about 4 weeks the chicks are fully-fledged and leave the nest but are not fully independent for another 2 weeks.

Pale-headed Rosella numbers have been affected in some parts by loss of dead trees with suitable hollows and by the illegal exotic bird trade, particularly in the north. The good news is that they do well on farmlands with lots of trees. There conservation status in Queensland and NSW is secure. They are not present in other states.





ISSUE 115 | 5 June 2020

PET PAGES - share your pets pics



Is That You Kermit



I can climb stairs !!

SHARE YOURFUNNY PET PICS WITH THE BRIBIE ISLANDER ... SEND TO: thebribieislander@gmail.com



Is there food up here?



Leave me alone, enough home schooling!



Miss Closelie Winter Coat Cuteness



Cora & Stella enjoying life!



Happy Birthday Sketch



Just call me Frankie!

World Turtle Day





WINTER WORRIES

It's almost that time of year again where we pull out the winter woollies! The changing season can have an effect on some of our pets' health conditions. If you've ever noticed that your four-legged friend begins to slow down during winter then you are not alone! It is not uncommon for arthritic dogs to struggle a little more in the cooler mornings and evenings. The good news is that there is a wide range of treatment options available to help your

furry friend deal with joint pain and arthritis. They need not suffer through the cooler months. If you think your pet could benefit from treatment please give us a call to book an appointment!

Welcome to our new Veterinarian Dr Brooke plus extended opening hours of 8.15-6 M-F 9-12 Sat.

Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.

Phone the Clinic for a Veterinary appointment on 54976000 / 0400699704 **Opening Hours: 8.15-6 M-F** 9-12 Sat. Closed Sunday and **Public Holidays.**



23rd May 2020





BIEPA 1978 - 2020

Bribie Island Turtle Trackers Diane, Lynda, Jean Invite you to celebrate

> World Turtle Day ttbs://www.worldturtleday.org

> > 23rd May 2020



REGULAR FEATURES



l got it! l got it!!!



Mac and Maya, when size doesnt matter





Rosie Posie and Lightning



A sleeping ball of fluff



I just want to be alone!



Just watching Sunrise



Hey! it stops me plucking ok!



Cute 4mth old Staffie... Look at those freckles!1



1st Birthday Cake YUMM



Angel is amused..NOT



I may be little and close to the ground but I'm cute



Beautiful colours Ollie



HOME and GARDEN

FIRE UP YOUR BACK YARD

By Cherrie Wilson

Are you looking at a way to encourage your kids out of the house in the cooler months?

With the current restrictions in place, you can still have the camping feel without leaving your home. Sit around a warm fire, sharing stories, toasting marshmallows or making smores.

You can either make your own fire pit if you are

the creative kind, out of besser blocks, or for a more organic feel you can use different shaped rocks or sandstone.

Should that be a bit too much for you, there is a huge variety of fire pits out on the market, all ranging in prices with something bound to suit your budget and back yard.

Use sandstone or granite boulders for seating if





you decide to set up a more permanent fire pit or simply throw a few camp chairs around. Whatever you decide, I am sure you will have a fantastic time around a cosy fire with friends and family!!

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Pelcome to winter on Bribie Island. The cool weather is back and our plants are growing more slowly again. That makes this the perfect time of year to be catching up on garden maintenance or improving our gardens.

If weeds have been a problem, a great regime to get on top of them is to spray every two to three weeks and before you know it, very few will be returning. A one litre container of weedkiller concentrate is only around \$10 and makes about fifty one-litre spray bottles. Easy done. If you'd prefer not to use chemicals, spraying vinegar works quite well too. If you're eliminating path and driveway weeds - dissolve salt in the vinegar and spray with that. The salt will stop anything from growing there for a long time. Putting mulch on the garden beds is another great weed-suppressing move. It also helps to retain moisture in the garden underneath. While there are many suitable mulches, cypress pine mulch is less attractive to termites and sugar cane mulch is rich in nutrition. Neither of these will blow around once watered in and both will hold fairly steady if you have a sloping garden after the heavy rains return. To also help negate run-off, plant certain plants, place pots, big rocks or garden ornaments where you think they will best slow down any flow. If you're looking to add some extra

DIY appeal to your garden, creating a simple rock edging can be a welcome addition. With quite a variety of handle-



able rocks available locally, laying a new DIY edging instantly creates a new garden bed or two and then a whole variety of plants can be added. Lowergrowing plants look great towards the front, growing around the rocks, with progressively taller plants behind if wanted. The before and after photo shown here is an example of the difference that a rock edging, some new plants and some cypress pine mulch can make. With more plants added, this garden will be even more attractive.

Regarding plants, succulents mostly flower in winter so they are a great way to introduce more colour now, without having to wait for spring and summer flowering. Most are also quite low maintenance, giving you more time to enjoy other things. With many sources of plants available from nurseries and local private plant sellers, ask them which plants will grow well in the spot you want to put them, and add fertiliser to the ground where plants that like the rich nutrition will excel even in our sandy soil.

If you're willing to wait a while, go back to the nurseries and plant suppliers every few months to see what is flowering at that time of year. This strategy brings colour to your garden throughout the year.

See you again in issue 117 on 3rd July where we'll look at some more easy DIY winter projects for your garden.

Thank you and happy gardening. Peter Schinkel



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Manfrotto 290 xtra tripod \$180, Large lowepro camera bag \$140 Lowepro flipside 400 aw 11 camera haversack \$200

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4 Tips On How To Price Garage Sale Items...

1 NAME YOUR

L PRICE. Here's the key to garage sale pricing and one of the top garage sale tips to remember: Be careful not to attach sentimental value to your stuff and overprice it in the process. If you need

an objective opinion, ask a friend to come over and tell you what they would reasonably pay for the item.

Do a quick search online to check the current value. Keep it realistic by pricing things a quarter or a third of what they would cost brand new If you're not sure how to price a garage sale item, here are some pricing suggestions to start you off:

Baby Clothes

Suggested price: \$1 to \$3 for gently used/good condition, or less than \$1 for well-worn items. Adult Clothes Suggested price: \$3 to \$5 (more if the item still has tags on it)

Shoes

Suggested price: \$3 to \$7

Coats Suggested price: \$5 to \$15

Jewellery

Suggested price: 50 cents to \$2 (but if you think the jewellery is valuable, have it appraised first)

Books

Suggested price: \$1 to \$2 for hardcover, or 25 to 50 cents for paperback

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Blu-ray Discs, DVDs, or CDs Suggested price: \$3 to \$5

Toys and Games Suggested price: \$1 to \$3 each

Home Décor Suggested price: \$3 to \$5

Furniture

Suggested price: \$10 to \$30 for low-quality furniture, but no more than one-third of the price for highquality pieces.

MAKE PRICES VISIBLE.

Make sure your prices are in plain view by using price tags or stickers. If you don't have time, at least group similarly priced items together with a sign that breaks down the cost. Or use coloured stickers and hang up a chart that specifies the cost by colour, like green stickers are 50 cents, blue stickers are \$1, etc. Just try not to confuse your customers. Bigger items call for bigger price tags. Don't make the buyer



search for a tiny sticker on that armoire you're selling. Make it big, noticeable and attractive to the buyer.

2. BUNDLE ITEMS

DIt's easy to pass up DVDs at \$1 a pop. But if you offer them at four for \$5, you're sure to catch someone's attention. Look around for ways to make a deal. If it's the end of the day and you really want to move your items, let customers fill up a bag with items for a \$5 or \$10 flat rate.

4. DON'T HIKE UP YOUR PRICES WITH THE EXPECTATION TO HAGGLE.

Price your items so they'll sell. Period. Don't set the starting price high and expect your customers to haggle you down. Many potential buyers will walk away from big prices and never even bother to haggle—and you just lost a sale.

HOW TO ADVERTISE YOUR GARAGE SALE

Don't overthink your garage sale marketing too much. It's a garage sale, after all. But do grab some signs and balloons from the dollar store and draw big arrows letting folks know how to get to your house. Be sure the path is so simple, a first-grader could find it!

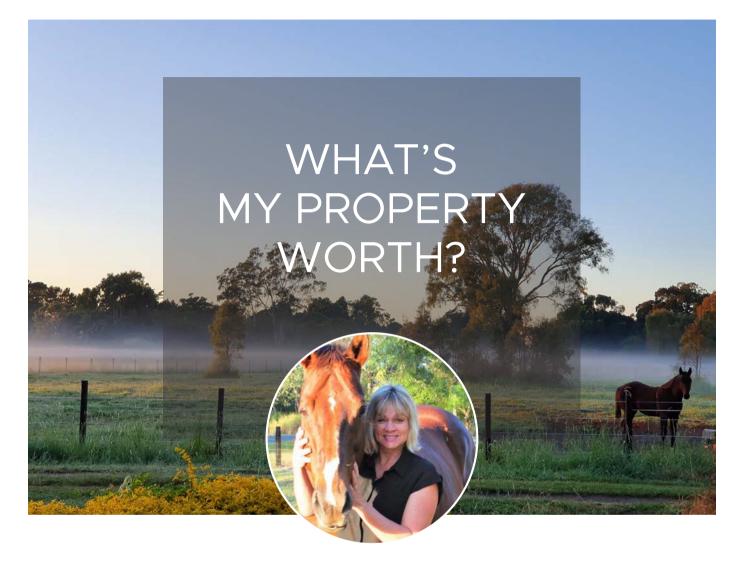
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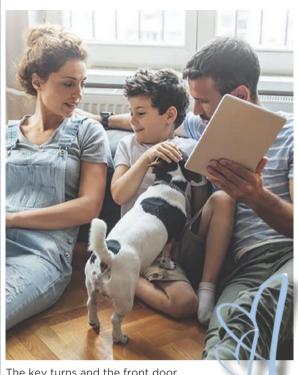
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What is a home?



The key turns and the front door opens to reveal the empty rooms with bare walls and spacious floors to its new owner. The rooms quickly populate with boxes full of life. Soon the boxes are opened as fast as they enter each room. The contents

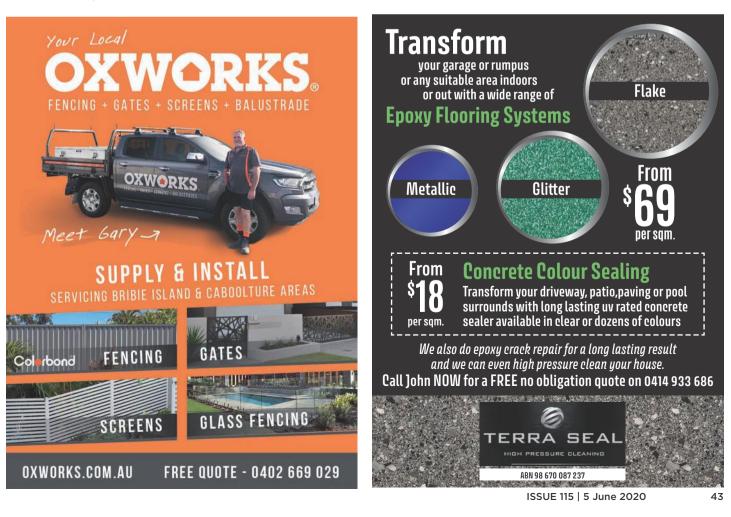
decorate and cover the bland walls. Paintings populate walls and dining tables lined with dishes and silverware for the next meal. However a home is not just a house full of paintings and furniture. There are so many things that make a house a home. These things differ between people. For most people the most important things that make a house a home are the people in it and the memories created in it. The scratches on the walls from moving in, the Nerf gun darts in random places, where the dogs lay in the sun spots on the carpet. It holds a story that

never stops expanding. A home is where memories are made and held close to the heart of anyone living there. It is something that a

house by itself cannot achieve. The sounds and smells that fill the home make it what it is. Whether it's coming home from school or work and smelling the long-awaited dinner that Mum cooked up or the sounds of birds singing outside on a branch near an open window, a home is where you can stop for a moment and relax. The memories. Card games, piling blankets and pillows in the living room to watch movies, breakfast in bed for Mum on Mother's Day, and letting Dad sleep in on Father's Day. Where homework is done and naps are taken. Where vou've read every book on the shelf. Where we take out the telescope on clear nights. The hammock swings in the wind and you can hear the ocean, crickets, and birds in the mornings. Where there are sleepovers and photo shoots. A home allows you to truly be whomever you want and allows you to do whatever you please. It gives you privacy, it is your own world and the front door is a portal to society where you follow strict guidelines and rushing deadlines.

Overall what makes a house a home is the memories. Good people, good stories, and good vibes. That is a home.

Editorial supplied



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Advertorial



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Bond cleaning is known by many different names, handover cleaning is just one of them. Regardless of what you call it.... Wizard Property Services is the BEST Bond cleaning company bar none!

Whether you are moving out of your property, into a new property, if you are leaving a rental or moving into a rental, Wizard Property Services can help you. Let them take the stress out of leaving or moving into a property and save you valuable time and energy, so you can concentrate on making sure your move goes smoothly. Wizard Property Services bond cleaning consists of a comprehensive and competitive range of services. Unlike most companies, they include window cleaning as standard and are extremely flexible with the services included in their bond cleaning packages. We can

add or remove services on request, to better suit your needs and budget.

Wizard Property Services also service commercial properties, so if you are vacating a commercial property or moving into a commercial property and require the property professionally cleaned, please make an appointment for them to visit and provide you with a no-obligation written quotation.

Wizard Property Services may need to see the property first if it's not a 'standard' property, but can generally give accurate quotes without visiting you.

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safer environment in

the owner of Interlock Screen & Door Services. Our business is well known on Bribie Island for providing an honest, reliable and high-quality service. My wife Yvette works in the business with myself and has resided on Bribie Island her whole life. We also have 2 children who attend the local Bribie Schools. We are happy to say that we are a 'local family owned and operated business'.

Hi. I'm Robbie – and I am

We started up our business 5 years ago after seeing the need to provide

rollers, locks and handles. And don't forget about your pets! We can supply and install Australian Made Petway pet doors at an affordable price.

Our business highly succeeds in customer service which shows through our 5-star rating on Facebook. Most of our business comes through word of mouth or repeat customer business which means we are doing things right! We make every effort to meet our customers' needs and provide our customers with quality products and parts.

We live by our saying 'Securing our community' and enjoy making every effort to make our customers feel safer in their home. Gone are the days when you could go for a walk and leave your





doors wide open, or sit and relax on the lounge at home without having to lock your doors. So lets look out for each other, keep safe and if you need that extra bit of feeling secure in your home, then give us a call! We are more than happy to offer a free quote.

All the best,

Robbie & Yvette

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4. Minnowshaveteethin theirstomach; thebetterto digest their food.

2.Themostpoisonousfish in the world is the Stone Fish.

an ichthyologist.

5. Atlantic salmon are able to leap as high as 15 feet.

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BOATING, FISHING AND ADVENTURES

Make sure you have all the safety gear on board

• Check for obvious damaged fixtures, fittings or rigging

• If towing, make sure that your trailer is equally in good condition

DREAMING OF A NEW BOAT?

Now is a great time to consider that upgrade you have been dreaming of, or to make your entry into boat ownership. Especially as overseas travel is a while away and our country has so much to offer, with some of the best waterways in the world... think the Whitsunday Islands, Sydney Harbour, the mighty Murray River or fishing for Barra in the Top End.







www.thebribieislander.com.au 🖪 The Bribie Islander

Fishing REPORT Bv Bribie Bait Tackle & Bikes

was fortunate enough to spend the last Almanac hot period (being 24, 25 & 26th May) at my mate's place on the Gold Coast, fishing in his back vard. What a delightful way to fish! Sitting in a deck chair, couple of rods out, coldie in hand, waiting for the rods to double over. 12 lovely bream were caught in this way. Whilst on the Almanac, don't miss Sunday 7th June. Should be a really hot time. The weather has been good for the better part of the last fortnight, but the fishing has been even better. Have a look at the horse of a Snapper, being 75cm long and 4.88 kg, that one of our local gurus

'Stewie' pulled out of the passage. Stewie has earned himself quite a reputation over the years with snapper like this one and plenty of good jew from under the bridge. The snapper have been firing well during the last fortnight and I would suggest you try the drop-off at Whitepatch, the sunken reef, Cook's Rocks, and the Ripples. Naturally, the best time for these good fish is the first of the run-out tide iust on dusk.

The Tailor are starting to school up on the bank in front of Pebble Beach. As they are in such shallow water, the birds do not give vou any indication as to the fish's whereabouts. The best way to catch these is to troll hard-bodied lures until you get a grab, and when that occurs, you can throw just about anything at them in the hard-bodied and slug range and they will smash it. When they go off the

chew, go trolling again until you relocate them. Of course, with the cooler weather, plenty of nice, big Bream have been caught off the jetty and on the drop-off in front of the fishing museum at low tide. Herring seems to be the best bait for them. but you should do well with hardiheads if you can find some. In recent times. Kevin Cornish caught this nice Jew Fish as you can see, under the bridge. He caught it on a fresh Squidhead. Good one, Kevin! As per the previous fortnight, the diver Whiting have been prolific, with all our locals bagging out without any problems. The Mackerel and Long-Tail Tuna have also been firing, but unfortunately, quite a few have been sacrificed to the Sharks in the deeper water in the shipping channel.

We at Bribie Bait Tackle and

Bikes are always available to help with any fishing advice. Call in for a chat. We are always happy to see you. That's all for this time. Tight lines and stay safe.





TIDE	SAT 6 Jun 4:15 am 0:37m 10:02 am 1.61m 3:49 pm 0.22m 10:42 pm 2.25m	SUN 7 Jun 5:05 am 0:39m 10:48 am 1.53m 4:30 pm 0.28m 11:26 pm 2.21m	MON 8 Jun 5:54 am 0.43m 11:34 am 1.46m 5:13 pm 0.34m	TUE 9 Jun 12:09 am 2.1-3m 0.45m 12:22 pm 1.41m 5:56 pm 0.42m	WED 10 Jun 12:52 am 	THU 11 Jun 1:36 am 1:94m 8:21 am 0.51m 2:06 pm 1.37m 7:37 pm 0.6m	FRI 12 Jun 2:23 am 	SAT 13 Jun 3:15 am 1:72m 0:03 am 0.53m 4:18 pm 1.41m 9:45 pm 0.76m 0.63m
& MOON PHASES BRIBIE ISLAND & MORETON BAY	SUN 14 Jun 4:13 am 10:55 am 0.52 m 5:27 pm 1.48m 10:58 pm 0.8m	MON 15 Jun 5:13 am 1.55m 11:44 am 6:26 pm 1.57m	TUE 16 Jun 12:07 am 6:09 am 1.5m 12:30 pm 0.46m 7:15 pm 1.68m	WED 17 Jun 1:11 am 0.75m 7:00 am 1.48m 1:10 pm 0.41m 7:57 pm 1.79m	THU 18 Jun 2:02 am 0.69m 7:43 am 1.48m 1:46 pm 0.36m 8:33 pm 1.89m	FRI 19 Jun 2:45 am 0.63m 8:21 am 1.48m 2:21 pm 0.32m 9:08 pm 1.98m	SAT 20 Jun 3:23 am 0.58m 9:00 am 1.48m 2:55 pm 0.29m 9:42 pm 2.04m	SUN 21 Jun 4:01 am 0.53m 9:37 am 1.48m 3:30 pm 0.27m 10:16 pm 2.09m



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Fishing Tackle on Bribie and surrounds. We have specialised staff to service & repair all your fishing

ISSUE 115 | 5 June 2020



VMR BRIBIE ISLAND

EXPO PRESENTATIONS

The Emergency Services Expo for 2020 might have been cancelled for 2020 due to COVID-19 but Graham Gibb VMR Bribie's Emergency Services Liaison Officer along with Committee Member Peter McNamara, now that the 50km restrictions were eased, made sure that last year's event participation was not forgotten when they made a visit to those that hadn't yet received Thank You Certificates for being there last year. All agreed that they will be back next year bigger and better.



LtoR: At Brisbane Water Police Base - Acting Senior Sgt Jay Bairstow Officer in Charge, Senior Sgt Cary Worrell, Phil Brock, Acting Inspector Gordon Thiry, Police Diver James Hall, Graham Gibb VMR Bribie Emergency Services Liaison Officer and Police Diver Kieren Spark with their certificates.

BRIBIE 1 MAINTENANCE

When you are on duty in the VMR Bribie Radio Room vou often see a lot of strange things but when Radio Operator Keith Walters was on duty recently saw our main recuse vessel BRIBIE 1 coming down the road on our trailer and being towed by our tractor, he knew he had to take some pictures for this was the first time it had happened. Thanks Keith. The tractor trailer combo worked well and enabled the maintenance crew to do some required necessary work on Bribie 1 including clean the hull.



Bribie 1 is towed from the water with our new tractor and trailer



Bribie 1 is reversed into the maintenance yard.



The 7 tonne Bribie 1 ready for servicing.



Thomas Grice from VMR Brisbane accepting the Thank You Expo Certificate from Graham Gibb VMR Bribie's Emergency Services Liaison Officer.



Ron Grundy from Coast Guard Redcliffe accepting the Thank You Expo Certificate from Graham Gibb VMR Bribie's Emergency Services Liaison Officer



The LNP candidate for the State Seat of Pumicestone, Fiona Gaske, dropped by the VMR Base to say hello to some of VMRBI team. Fiona was met by Commodore Liz Radajewski, Vice Commodore Ces Luscombe and VMR Emergency Services officer Graham Gibb. Social distancing was observed for the visit and general discussions were held on the VMRBI operations.



Federal Member for Longman Terry Young MP and Fiona Gaske presenting Commodore Liz Radajewski and Vice Commodore Ces Luscombe a cheque for a \$2000 grant to go toward replacing our aging wet weather gear for boat crews.

MEET ANOTHER ONE OF OUR AMAZING VOLUNTEERS...

NAME: Ces Luscombe

What Is Your Role Within VMR: Active Crew And Vice Commodore

How long have you been VMR: 4 ½ years

Why did you join VMR:

When we were moving to the Island I wanted to do something to contribute to the local community and meet some locals.

What do you enjoy most about your role:

Basically the people. Everyone is up for a laugh (often just at ourselves) but when we need it, the game face goes on and the serious stuff takes over Its then the training comes to the fore. There is almost a universal respect for each other within VMR and I have always gravitated to those environments from my



time in Defence, to my early entrepreneur times and now my business and VMR life. When you work with good people and everyone at VMR is, it really isn't hard work at all.

What is your most memorial moment so far: I still vividly remember a few nights before Christmas a couple of years ago. The weather was wild, the seas were big, Maydays happening everywhere around the bay, we were in Bribie 2 and that night we saved three people from serious injury or worse. It was right then it confirmed to me exactly why VMR exists and why we train like we do. It was a crazy 24hr period and at the end we were exhausted but we felt immensely satisfied.

YEAR TO DATE RADIO ROOM STATISTICS

To Thursday 28th May 2020: 5,291 Calls, 1,548 vessels logged on, 119 Vessel Assists, 538 Sitreps, 229 Requests, 20 overdue vessels, 3 Vessel Tracking, 503 Radio Checks, 16 Weather Broadcasts, 1 Securite Broadcast, 0 Pan Pan 0 Mayday. VHF 75.9%, 27MHz 8.7%.

MAY 2020 VESSEL ASSISTS:

WED 20/05 1243pm – 5m Stessl non-member, out of fuel in Passage ½ way to Caloundra, required a tow to Spinnaker Sound Marina.

SAT 23/05 1628pm – 5m Runabout with a flat battery required a tow from South end of Bribie Island to Spinnaker Sound Marina. SUN 24/05 1054am – 8m Cruiser non-member with motor issues, required a tow from near Bribie Bridge to Spinnaker Sound Marina. WED 27/05 1210pm – 5.5m Centre Console nonmember broken down near Smiths Rock, required a tow Spinnaker Sound Marina. WED 27/05 1304pm – 5m Runabout member broken down NW of Avon Wreck required a tow to Spinnaker Sound Marina. THU 28/05 1239pm – 3.4m

THU 28/05 1239pm – 3.4m Jet Ski member, something is caught in impeller pick up required a tow from Poverty Creek to Pacific Harbour.

SAFETY DAVE

The Frenchie's Message:

"Ensure your safety gear is in good condition AND in an easily accessed position, your flares must be dry and have not expired.

Please continue practising social distancing! To stop the spread of this terrible virus stay 1.5m from others follow the rules on social gatherings ,wash your hands (paws) and stay at home if you are sick, let's do this together and look forward to better days".

"BUT importantly – Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! -It just may save your life!"

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Platinum BRP Centre



ON THE ROAD

THE MOST Groundbreaking 4x4 vehicles in history

Spyker 60HP

PART 1.

1903: The Spyker 60HP is a notable car for many reasons, but prime among these are its use of fourwheel drive for the first time in a passenger car.



This was employed to help the car on the rough roads it would endure on the Paris to Madrid race that it

Bribie Car Care is a family owned and run mechanical workshop that has been servicing Bribie Island for to help'. many years. They also have many specials that offer discounted rates and more deals to keep you happy. They can provide you with a courtesy car available free of charge They are ready to service your as one of their customers. They

even offer a free local pick up of your vehicle from work or home to enable your servicing experience to be 'too easy'.

'Our business is based on PRICE SERVICING customer satisfaction along ✓ Free Courtesy Car with all the up to date high Free Pick Up & Drop Off BRIBIE Pensioner Discounts (CAR CARE Available Supplier of КАЛЬ CONTACT US ON... **4 ARMITAGE ST BRIBIE ISLAND** OPEN SATURI

was built for. Unfortunately. the car was not finished in time for the race and only made it out of the factory in December 1903. Power for the 60HP came from the first six-cylinder petrol engine to be used in a passenger car and the Spyker was also the first to adopt linked brakes on all four wheels. Netherlandsbased Spyker didn't persist with its four-wheel drive experiment, though it did enjoy some success in long-distance endurance races that were popular in the early part of the 20th century.

Marmon-Herrington

tech equipment that we have invested in. We are here

The business started with Scott in 2004 and is now a family run concern by Scott and Adam. All of our mechanics are fully qualified. vehicle with excellent customer focus, after all your business is there business!



1931: Marmon was not the first to offer all-wheel drive vehicles, but it takes its place in the history of the system's development for offering it to a much wider audience. Until the Marmon-Herrington, fourwheel drive was only used by military vehicles, but the US firm spotted a gap for lighter vehicles. Using a Ford ¹/₂ton truck chassis, it quickly became



popular with the US Army and the burgeoning oil business opening up across America. Marmon-Herrington continues as a company today and still specialises in drivetrain systems and all-wheel drive conversions.

Jeep

1940: It's impossible to talk about the development of four-wheel drive without mentioning Jeep. Even if

the company didn't come up with the definitive blueprint for the car that made its name, this accolade going to Bantam. it was Ford and Willvs that went on to make the Jeep in huge numbers for the Second World War effort.



Before the war ended, Jeep was planning a non-military version called the CJ, which stands for Civilian Jeep. The resulting CJ-2 was a limited run to test the waters. while the CJ-2A went on to become a huge hit. It used up reserves of war surplus parts to start with. but soon gained a stronger back axle and three-speed transmission. though it stuck with the 2.2-litre Go-Devil four-cylinder engine.

Land Rover

1948: The original Land Rover did more than any other car in the UK to make



www.facebook.com/ allterrainrvrepairs/

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ON THE ROAD

four-wheel drive accessible to normal drivers. Its designer Maurice Wilks (1904-1963) was inspired by an ex-army Jeep he used on his farm but reckoned he could do better. The outcome was a car with sturdy steel chassis and lightweight aluminium body because it was cheap and available. The four-wheel drive



system used solid axles front and back, while it could be used in rear-wheel drive mode on the road. A lever next to the gear stick lets you swap between high and low ratios, while another lever engages fourwheel drive in high ratio.

Power came from a Roversupplied 1.6-litre petrol engine in the early cars, while bigger engines and a longer wheelbase added a modicum of refinement to later versions.

Tovota Land Cruiser

1951: Similar to Land Rover, Toyota took its inspiration for the first Land Cruiser from the American military Jeep. The 1951 BJ was designed by stripping the Jeep and copying much of its design. It worked and the BJ and FJ models proved very tough. Toyota then decided on the Land Cruiser name to make the car appear a more equal rival to the British Land



Rover.

The all-wheel drive system for the early Land Cruiser models was very simple, with a three-speed gearbox and no low-range transfer for the early BJ versions. Power came from a 3.4-litre six-cylinder engine. or a 3.7-litre unit in the FJ, which gave the Land Cruiser a more rounded drive than the car that inspired it. The Japanese National Police Agency said it would only order Land Cruisers for its use if they could scale Mount Fuji, Japan's most famous mountain. It did and the police ordered 289 straight away.

Haflinger

1959: Named after an Austrian breed of horses. the Haflinger was another 4x4 with its roots in the military field. What makes it important in the development of four-wheel



drive is its central backbone chassis. This allowed the swing axles to have superb articulation so they stayed in contact with the around for better traction.

To do this, the 22bhp 0.6-litre engine was mounted at the back of the car under the load floor. helping to give the Haflinger a low centre of gravity. Around 16,000 Haflingers were produced up to 1975, with 7000 sold to various armies. Its low weight, carrying capacity and permanent four-wheel drive made it popular in Alpine regions where the Haflinger was often used with a snow plough attachment.

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COMMUNITY NOTICES



here are colour and movement again in small parts to the Bribie Island Community Arts Centre, with the return recently in small numbers of the Working Together Groups in the Centre studios. The painters, leadlighters

changes will be in place that makes life here very different for some time.

"When Stage 2 begins, on June 12, people can gather in larger numbers here, so some members will wait until then '

Julie said the Arts Centre Gallery and Gift Shop will will also get a new roof.

Volunteer display teams have used the quiet time to reorganise and streamline many of the sale works in the Galleries.

Some exhibitions were unavoidably cancelled -and some postponed. However, BICAS exhibitions curator Steph White is keen to advise visitors that the Centre will offer a wonderful exhibition of art to enjoy in the Matthew Flinders Gallery and the gift shop gallery when doors reopen in July.

others have created their own Zen doodles. She'd love to see more, so send our efforts into venuemanager@ bribieartscentre.com.au and they will print them for display. Google for ideas or look at some here for a etart

The first post-Covid-19 shutdown workshop with portrait painter Pauline Adair will also go ahead as scheduled on June 6, although with restriction to 10 participants.

Julie and volunteer coordinator Di Carr are





and printmakers have started back working in their studios in Stage 1 of Covid-19 restrictions easing.

Venue manager Julie Thomson welcomed them back and praised their enthusiasm for keeping within prescribed social distancing and keeping up the strict hygiene practices required.

"The artists have missed their social time and the creative spark that occurs when people get together," she said.

"Things are resuming to a new normal, but the

not re-open until Stage 3, i.e. July 10. Cafe 191 will probably not

start operating until then, either.

However, artists have not been idle in the downtime and she has been delighted with news every day since the shut down on March 17, of new works and ideas coming from BICAS members and friends.

The Centre has also used the downtime to lay new carpet in the Centre, with the recent Community Grant of almost \$50,000, the Centre will also have the studio toilets upgraded in the coming weeks. The pottery studio courtyard

One activity that has sparked the imagination of members and Facebook followers is a Zen Doodle exhibition, sparked by artist and BICAS display volunteer Sabine Von Graz. Sabine selected it as a project to get all BICAS and community involved in, looking towards the return of the Arts Centre.

Zen doodle is a meditative scribbling (doodling) in monochrome that anyone can construct. You don't have to have any artistic acumen. It's a freeform means to calm your mind, while your pen moves and colours with repetitive patterns. Sabine started the ball rolling and now many of the BICAS team and

hopeful they will retain their many wonderful volunteers when they reopen. But they understand some may decide they wish to stay in safe isolation for a while longer. If you are interested in helping at the Arts Centre, get in touch by email on venuemanager@ bribieartscentre.com.au

(Pics are of Keith and Yvonne in Leadlighters back on the tools; and a selection of Zen doodles sent in by members for the planned Zen doodle display when the Arts Centre reopens; and an oil portrait by artist Pauline Adair who will run a portrait workshop, the first post-Covid on June 6)

COMMUNITY NOTICES

CRIME REPORT

BRIBIE ISLAND WRAP

PROPERTY OFFENCES:

26/05/2020 - Bongaree Wallet and contents Unlocked back door

28/05/2020 - Woorim Nil Attempted forced entry of front door

28/05/2020 - Woorim Hammer and mini motorbike Items been since been recovered - Unlocked garage 28/05/2020 Woorim - Nil Parked and unattended vehicle was entered via an unlocked door

TRAFFIC OFFENCES:

In excess of 16 infringement notices were issued for a variety of traffic offences Three persons charged with alleged unlicensed driving One person charged with alleged drug driving One person charged with alleged drink driving (0.164 blood alcohol concentration)

DOMESTIC VIOLENCE:

Two police applications Three reported contravention of a protection order DI Three other domestic DI violence related incidents

were investigated by police **DRUG**:

One person charged with allegedly possess drug utensils and possess drugs One person charged with allegedly possess drug One person charged with allegedly possess drug utensils and drug related property

One person charged with allegedly possess drug utensils

DRINK AND DRUG DRIVING:

www.mypolice.qld.gov.au/moreton

One person charged with driving a motor vehicle while over the no alcohol limit but not over the general alcohol limit while holding a provisional/learner license

WILLFUL DAMAGE OFFENCES:

23/05/2020Communitycentre, Banksia BeachDamaged gate25/05/2020BellaraGraffiti to a residential letterbox and damage to the frontdoor of the residence

richard ad ?????

TAX TIPS Claiming Tax Deductions for Personal Super Contributions

If you make a personal contribution to your superannuation fund, before the funds cut-off date in June, and you submit a valid notice to the fund that you intend to claim it as a tax deduction within the required time frame, and the fund acknowledges your intent, you may be able to lower your income tax. There are conditions and limits. If your employer contributions to super plus your salary sacrificed amounts to super



are less than \$25,000 for the financial year, you can top up the amount - with personal funds, to \$25,000 total contributions and claim a tax deduction for that top up amount. The benefits of claiming personal contributions to your super fund as a tax deduction will depend on your taxable income.

You must consider the superannuation contributions caps, so contact me to assess this tax reduction strategy.

NOELENE LAKE Bribie Accounting Services

62 Cosmos Avenue, Banksia Beach www.bribieaccounting.com.au - info@bribieaccounting.com.au

PHONE 3408 9539



The New MBRC- What Are Its Challenges?

In the first article on the "new MBRC", we looked at who was on Council. In no special order, here are some of the challenges they face:

* POPULATION:

MBRC has been "instructed" by the State Government to plan for an increase in its population of about 50% (or about 200,000 new residents) within the next two decades. Where are these new residents going to go? Can local communities retain their identity with this expansion? What new infrastructure is needed (roads, schools, water, electricity, sewage treatment plants, etc)? Who is going to pay for this infrastructure? What does this mean for rates and charges for MBRC ratepayers?

* RATIONALISATION OF INFRASTRUCTURE AND RESOURCES:

The amalgamation of Caboolture, Pine Rivers and Redcliffe Shires was supposed to result in efficiencies that would result in a lowering of rates and taxes. This rationalisation has not occurred and this has been one of the major reasons that rates and taxes have risen at a rate greater than inflation virtually every year since MBRC was formed. In addition, new taxes such as the "infrastructure surcharge" and the "canal levy" have been introduced. This rationalisation needs to proceed if Council is going to have any chance of delivering the reduction in rates and taxes that was promised at amalgamation.

has developed the reputation of approving just about any Development Application that comes before it regardless of how non-compliant it might be with the MBRC Planning Scheme. Voters commented during the election that communities have lost control of the direction of their communities and there needs to be greater adherence to the Planning Scheme. At the first meeting of Council, Mayor Flannery indicated this is one of his priority areas.

* VEGETATION PROTECTION and Management: MBRC has no Vegetation Protection and Management Policy despite the assurances of former Mayor Sutherland who said this would be one of his highest priorities when he was first elected. It should come as no surprise, therefore, that MBRC cuts down more trees (or allows more trees to be cut down) than virtually any other local government area in Australia. It is well documented that a lack of green infrastructure in cities will result in increased financial, social, health and environmental costs. Those outcomes can be seen in many of the tree-less developments that have been allowed in MBRC.

* COUNCIL FOCUS: MBRC has become very "Redcliffe-centred" thanks to the efforts over the years of a number of very influential Councillors from that area. The resulting disproportionate amount of MBRC funds spent in the Redcliffe area can be easily seen. Council needs to give greater focus to the needs of other areas and to move away from this "Redcliffe-centred" focus

* PLANNING SCHEME COMPLIANCE:

The haphazard manner in which MBRC has approved non-compliant development applications needs to be addressed. So many of these developments have been approved in areas where the required infrastructure (such as an adequate transportation corridor) is inadequate. This is just placing a cost burden on ratepayers to provide that missing infrastructure. The inescapable conclusion is that Council has allowed planners to be lobbied during the development evaluation process. If that is happening, it must stop. If that has been happening, it will be a major challenge for the new CEO to ensure that MBRC planners have the freedom to evaluate development applications without external influences.

* NATURAL AREAS: MBRC prides itself on the number of natural areas within its boundaries. However, under pressure from developers, MBRC eliminated many of the proposed wildlife corridors to link these natural areas. As a result, many are not sustainable or viable. Their usefulness is most questionable. Unless some meaningful corridors are created to connect these areas to enable wildlife movement, they will be little more than just decorations. * VISION FOR BRIBIE: Does the 50% increase in MBRC's population apply to Bribie? What population increase is being planned for? Can Bribie Island retain its special character with this increase? Where are they going to go? What infrastructure will be

required? Who is going to

pay? What does this mean for

taxes and charges for Bribie Islanders?

* SANDSTONE POINT

TAVERN: The Tavern today bears little resemblance to the Tavern that was proposed in the original Development Application submitted in 2012. Assuming the Tavern owners survive the financial hardships caused by the current Covid-19 disruptions, it is assumed that there will continue to be a mountain of change requests submitted in coming years. The Tavern owners have shown little willingness to consult with local residents in these changes in the past. Will this change? Will they be required by MBRC to consult with local residents in the future? What rights do local residents have anyway? Will their concerns be addressed? Will the MBRC Planning Scheme be upheld? Or will MBRC continue its practice of approving just about anything that comes before it?

* PUBLIC TRANSPORT: Bribie essentially has no public transport system. The large buses that circulate the Island on a regular basis are all but empty and serve no useful purpose. Why can't Bribie Island have a viable public transport system that actually addresses needs. Admittedly this is a State Government responsibility, but no change will occur without pressure being brought by Council and residents.

Ratepayers look forward to seeing how Mayor Flannery and Cr Savige and the new Council address these challenges and the many others facing MBRC and Bribie.

John Oxenford

* DEVELOPMENT APPLICATION Approval: Rightly or wrongly, MBRC

Dear Editor,

I write to tell you of something remarkable that happened to me today for which I am extremely grateful. I had driven down to the passage in order to meet a friend and go for a walk along the passage. We have started walking in attempt to keep fit and enjoy our beautiful environment during the current restrictions. The point is, half way through our walk I realised I had misplaced my mobile phone. I started to stress, thinking I must have left it in the car, probably on the front seat, in full view of anyone passing by. I really started to panic because in my phone cover I

COMMUNITY NOTICES

had my driver's licence and my MasterCard, as well as a couple of other identifying cards and some cash. When I got back to my car I found my phone had been put between the front window and the rear vision mirror. I must have dropped it close to the car before we started walking. I said to my friend that I expected that all my cards would have been stolen but the phone was old. However, upon inspection, all my cards and cash were still inside the case along with my phone. My relief was overwhelming. This has really restored my faith in people and I would like to thank the wonderful, honest, person who found

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my phone and contents. I would like to thank this person personally and in some way express my sincere gratitude. I would like to contact this person through the Bribie Islander. Again, I am extremely grateful and overwhelmingly relieved.

Best regards, Jan

(07) 5498 9333

TRAK RYDER

SPORTSRYDER

Bu

Dear Editor, In reply to a letter by H. Beneke 10 April 2020 about a living wage for unemployed in Finland. It was a two year long trial period only from January 2017 to January 2019 with 2,000 randomly selected unemployed given 560 euros per month. The idea was

I FTTFRS cont

Bribie Local For

25 Years!

that these people would spend the money and that would stimulate the economy thus creating jobs. The only positive thing to happen was that people felt happier (who wouldn't when give more money for no effort). On the down side, the unemployed didn't find jobs and those who work would have to pay higher tax to pay for it. That is why it is not happening in Finland, it is finished. As for socialism, H. Beneke should try talking to someone who lived in a socialist state. Regards E. Adams Bongaree

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