

The Bribie Islander

ISSUE 119 JULY 31 2020

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Flowers on the Water

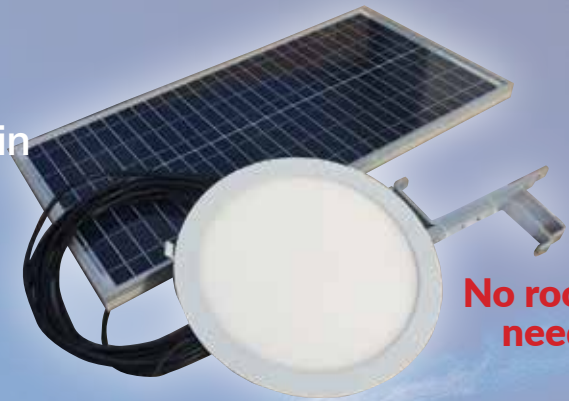
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#119

JULY 31, 2020




Dear Readers,

Well, here we are in August already. Before we know it, it will be time to dust off the Christmas decorations and start the Christmas shopping ordeal. My mother always says, "If you were smart Cherrie, you would start your Christmas shopping now. Not only is it done and dusted, but you can make the most of the mid-year sales". Let it be known right now, I am not smart in this regard, I am the fool that is madly running around Christmas Eve, trying to get my shopping done. So readers, be smart, start your Christmas shopping now! There are some fantastic local products out and about if you want something unique and meaningful, I suggest attending the Gem Fest on the 12th & 13th of September. They have some stunning pieces and I am sure it will be a fantastic day.

Next edition we will be celebrating Senior's week! From Saturday 15 – Sunday 23 August 2020. This year more than ever people need something to celebrate, in the safest way possible. As Covid-19 regulations have seen many older people in self-isolation, never has it been more important to ensure people remain connected and don't become segregated. So let's get out there and make this a week of celebrating Senior's, all they have achieved and the huge contribution they bring to our community!

Enjoy this edition our lovely readers and as always.....
Take Care, Stay Safe,

Cherrie

thebribieislander@gmail.com  thebribieislander www.bribieislander.com.au

Shop 9/9 Toorbul St, BONGAREE. PO Box 1160,
Bongaree, BRIBIE ISLAND

OUR REGULAR CONTRIBUTORS:

Anne Matthews
Barry Clark
Bill Peacock
Bribie Bait & Tackle
Charmain Campbell
Chris Connelly
Darren/Grow Plant
Nursery
David Horrocks
Dr Jackie Perkins
Elaine Lutton
Hazel Beneke
Helly Kemp
John Traill
Kathy Vincent
Marj Webber
Nikita Chee
Peter Schinkel
Philip Arlidge
Peter Thompson
Sue Wighton
Veronica Mercer

Cherrie Wilson

EDITOR | GENERAL MANAGER

on **0448 694 507**

editor.thebribieislander@gmail.com

Michele Doran

SALES - on **0448 448 457**

sales.thebribieislander@gmail.com

Debbie Hunter - GRAPHIC DESIGNER

design.thebribieislander@gmail.com

THE BRIBIE ISLANDER (Magazine) IS DELIVERED TO HOMES AND BUSINESSES IN THE FOLLOWING AREAS: Bribie Island all suburbs, Sandstone Point, Sandstone Lakes, Spinnaker Marina, Godwin Beach, Ningi, Bribie Pines, Peel Rd and Beachmere. Newsagency's Toorbul, Donnybrook, Bellara, Banksia Beach. You can find the Bribie Islander in Stands at Bongaree Hot Bread Shop, The Bribie Islander Office, Scoopy's, Wrights Fruit Barn, Woorim Meats, Sandstone Point, Bongaree & Beachmere IGA & Woolies Complex on Bribie. **DISCLAIMER & INDEMNITY:** The opinions expressed by contributors to this page are not necessarily those of the Editor and staff of The Bribie Islander and no responsibility is taken for any information contained in this correspondence or any errors or omissions that may occur during publication. The Contributor agrees to indemnify The Bribie Islander and its associates against any claims that may arise from the content of their contribution.

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HEALTH, WELLBEING & COMMUNITY



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This Salon was designed as a homage to the retirees of Bribie Island; it is warm and welcoming. We have antique hair accessories, and interesting and beautiful things to look at. We are starting a Wall of Fame for our amazing customers and to their lives and experience. Majority of the antiques have been donated in dedication to

their loved ones and each display has a story. We learn from them everyday just how beautiful each and every one of them are; the stories, the love, the heartache, and the memories they share with us are heartwarming. We really do love our customers.

We believe that good old - fashioned quality of service is deserved to our Bribie Island residents. We want our lovely clients to feel nostalgia as they step foot into the Salon.

We always have a Senior hairdresser on that has completed an aging support certificate and first aid. Our health and safety measures are strict and aligned with the COVID health and safety standards. Come in and say G'day to the Eco Village Hair Team.



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USE LUKEWARM WATER

Use lukewarm water to shower and wash your face. Hot showers dry your skin quickly, and if you do not moisturize it immediately, your skin can develop cracks and winter eczema. Once you have taken a lukewarm shower, apply a moisturizer that contains hyaluronic acid and ceramides. This will keep the moisture barrier intact and prevent dryness.

STAY HYDRATED

Be it inside your home or outside, the air is drier in winter. And as a result, water evaporates from your body easily. Hence, you need to keep your skin hydrated. You can also install a humidifier to manage the moisture level in your home. This will certainly keep your skin happy.

CHOOSE SKIN CARE PRODUCTS WISELY

The key to healthy and glowing winter skin is using mild skincare products. Choose cleansers that contain moisturizers to avoid stripping your skin of its natural moisture barrier. If you have acne or breakouts, use products containing ceramides, hyaluronic acid, hydration serums, and glycerine to help in repairing the moisture barrier of your skin. Avoid masks and peels, astringent lotions, and any product that contains alcohol as they make your skin dry during the winter.

PROTECT YOUR SKIN

The warm sun rays feel pleasant, but the UV rays can still damage your skin a lot. Choose a sunscreen that has titanium dioxide or zinc oxide.



DO NOT EXFOLIATE YOUR SKIN A LOT

Exfoliating the skin helps in getting rid of dead cells. You have to be careful during winters because your skin barrier is already compromised due to the dry and cold weather. Exfoliating your skin once a week is fine – this helps in boosting skin regeneration and better product absorption. Also, you should exfoliate depending on your skin type. If you have very dry skin, exfoliate your skin lightly. If you have combination and oily skin, once a week is fine.

DON'T DITCH THE SUNGLASS

The glare from the sun can harm the skin around your eyes and cause brown spots, fine lines, and other issues. So, whenever you step outside, make sure that you wear good quality UV protected sunglasses, preferably with wide arms.

FOLLOW A DAILY SKIN CARE ROUTINE

It doesn't need to be elaborate. Here's a very basic and simple skincare routine that anyone can follow to keep their skin happy during the winter. Cleanse your skin once or twice a day, preferably in the morning and before going to bed. After washing your face in the morning, apply a light daily moisturizer to lock the moisture in. And at night, use a heavy moisturizer or overnight cream. This should be done on damp skin because just-washed skin absorbs moisture better.

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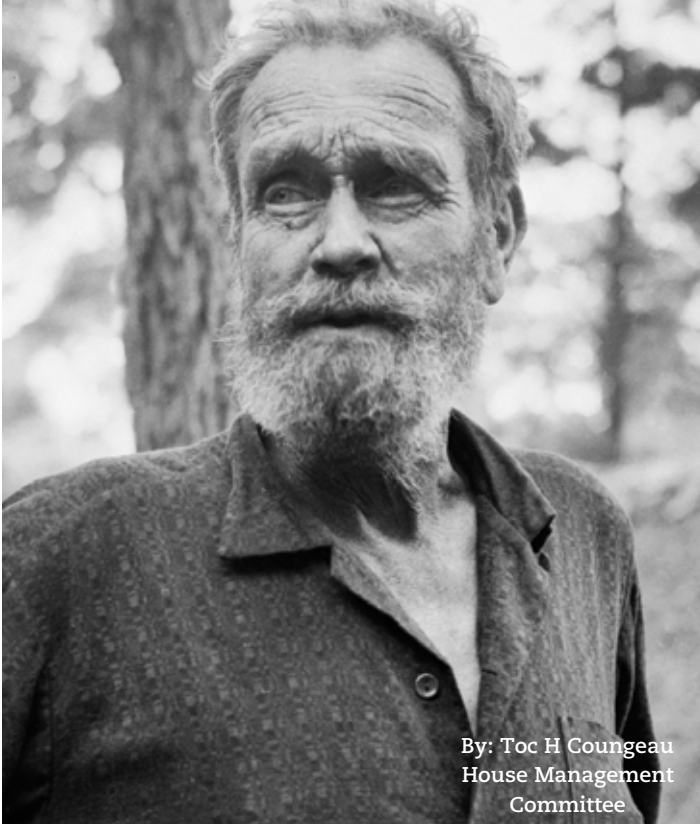
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HEALTH, WELLBEING AND COMMUNITY



By: Toc H Coungeau House Management Committee

FULL CIRCLE HISTORY REPEATS RESTORATION OF IAN FAIRWEATHER COTTAGE

'It's an ill wind that blows no good', meaning that even a very bad situation must have some good results is very apt in this story. So, without the Moreton Bay Regional councils Covid 19 stimulus package, the Ian Fairweather Cottage would still be waiting to be repaired.

Ian Fairweather lived at Bongaree Bribie Island from 1953 until he died in 1974. He had a great love for the solitude and beauty of Bribie. His artwork production flourished in this time and he became world-famous.

He was 62 when arrived and lived in a rather rustic and basic way, craving the simple life and enjoying the isolation. The Caboolture Shire Council became concerned for his wellbeing as he aged and insisted that he provide a suitable dwelling for himself upon the site where he was living during the late 1960s.

After his death, the Council burned his grass hut, and the small house was relocated into the garden of Coungeau House, Banya Street in 1978.

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This was at the request of his niece who knew that he, as a veteran of WW1, understood and admired the work of Toc H. Toc H had purchased Coungeau House from the Anglican Church to further their mission to provide holiday accommodation for disadvantaged and disabled people in need.

Toc H, an organisation, started during WW1 opening Talbot House in Belgium as a refuge for war-weary young men returning from the battlefields. It is from this beginning Toc H has become a worldwide movement built around fellowship and unselfish service. They have used the 'Fairweather Cottage' as a home for their caretakers until 2019 when the cottage became termite damaged and needed extensive repairs.



During the Covid 19 pandemic, the Moreton Bay Region Council offered grants and loans to community groups to stimulate our local economy and provide work to local trades and businesses. The Council has loaned Toc H the funds to eradicate the termites, install a barrier and repair the damage.

During the past months, the cottage has been restored by local trades and Toc H Bribie Branch members who have worked tirelessly to make the cottage habitable once more and beautify the grounds.

Toc H are now looking to engage new caretakers, an individual or couple, expressions of interest can be sent to coungeauhouse@gmail.com.



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I WANT TO TELL YOU ABOUT MY GRANDFATHER, DENNY.

Denny served in World War II as the tail gunner in a Lancaster bomber. He survived one bad crash landing when the rest of his crew was killed. His war ended when his plane was shot down over Germany. He bailed out but was captured and locked up in a POW camp. He was a brave man, and he lived a life of dignity. Denny believed that nobody with a terminal illness should be forced to keep living if they'd had enough. As his health got worse, Denny

worried about how he could keep his dignity. He and his wife talked openly about dying. They even talked about suicide, if things got bad. They decided they couldn't risk it. What if their family got blamed? What if it didn't work? It was heartbreaking to hear. Like Denny, I believe that everyone should be able to make their own decisions about their own body. I am seeking to represent you, and I think you deserve honesty.



BY: Ali King

I'm a member of Dying with Dignity Queensland and I support Voluntary Assisted Dying, with proper safeguards. I believe no politician should have the right to force a dying person to continue to suffer against their wishes. Recently, Premier Annastacia Palaszczuk announced that Voluntary Assisted Dying will be referred to the Queensland Law Reform Commission. The Commission will report back by 1 March 2021 with draft laws for Parliament to vote on. Most Queenslanders support Voluntary Assisted Dying Laws being introduced, with proper safeguards. But these are such sensitive issues and everyone has their own view – I respect that. Please feel free to email or call me if you'd like me to know your thoughts. Many people will feel that Voluntary Assisted Dying isn't right for them, and that's fair enough. The keyword is "voluntary" - it must be a person's own choice. In the meantime, the Palaszczuk government is working to make

all end of life care better. You've often heard me talk about the need to fix aged care. It's especially important here in Pumicestone, where we have the highest median age of any electorate in Queensland. And the COVID-19 pandemic is showing just how broken the Australian aged care system is. Right now, only 10% of Queenslanders who want to die at home end up being able to do that – most die in a hospital or aged care. The Palaszczuk Government wants that to change. That's why they have invested \$130 million into improving palliative care. It's a question of choice - if someone wants to die at home, they should be able to. If they want to continue treatment, they should be able to. And if the best palliative care options aren't enough, they should be able to make a decision to die peacefully surrounded by their family. I want to be upfront with you. This issue shouldn't be left in the too hard basket any longer, and I support reform



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“NO AMOUNT OF ANXIETY MAKES ANY DIFFERENCE TO ANYTHING THAT IS GOING TO HAPPEN” (Alan Watts).

Hello. Mr. Mindful here. As you are going to work, do you suddenly worry as to whether you turned off the iron or stove before you left home? You probably did... but what if you did not? Your anxiety builds as the image of the home catching fire pops into your head! You immediately begin to second-guess yourself and panic, imagining a worst-case scenario of your home burning to the ground: so, what do you do?

There are, of course, many things you would do and maybe have done some of them if you found yourself in that situation. However, this article is more focused on anxiety rather than ways out of anxiety-making situations.

Anxiety (and depression) are of epidemic proportions globally, ‘collectively, the world is more stressed, worried, sad and in pain today than we have ever seen it’ (Susteren & Colino, 2020).

Anxiety can be a debilitating condition. ‘Two separate pathways in the brain can give rise to anxiety, and each pathway needs to be understood and treated for maximum relief’ (Ochsner et al. 2009). According to (Pittman & Karle, 2015), the two pathways are Amygdala-Based Anxiety and Cortex-Based Anxiety.

The example above relating to appliances left on at home is an excellent example of the Cortex-Based Anxiety pathway: anxiety arose due to images, worrying, and thoughts about the risks of leaving devices on all day.

An example of the Amygdala-Based Anxiety pathway is when walking in the forest; you see a snake! Without thinking, you immediately jump back, only to find upon further, careful investigation that the ‘snake’

was just a piece of rope. The key phrase here is ‘without thinking’. In such a situation, the Amygdala takes over as a protective measure. In less than a tenth of a second, the Amygdala produces various chemicals preparing you for fight/flight mode so you can be safe. The Amygdala is an ancient organ (in fact, there are two, one in each hemisphere of the brain) located in the Limbic System of the brain. When the Amygdala is ‘in charge’, albeit fleetingly, the Cortex is disengaged, and thinking is unavailable. However, when you return to investigate the ‘snake’, then you see that it was not a snake and continue walking. Your body might feel a hangover effect from the fight/flight response for some time, but now you’re engaged Cortex

lets you know that logically the string is not dangerous. Suffice to say that if we did not have an Amygdala, many of us would not be here today. The Amygdala has other functions that I shall not discuss this time.

Even before the advent of COVID – 19, anxiety and depression were manifesting in younger and younger children annually: I had major concerns as a Guidance Officer in education about the ever-increasing numbers of Prep’ children on anxiety/depression medication(s). If this was the case before the virus, what will it be like when life returns to ‘normal’? Perhaps students should learn about themselves before they learn about everything else.

BE MINDFUL OUT THERE!

Anxiety

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What's the Time MR WOLF

Every time that you apply for a loan it affects your credit score. A credit score is a number that depicts a consumer's creditworthiness. The score is a way banks, credit card companies and other institutions assess the likelihood that the debt will be paid. Sometimes things can go horribly wrong. A friend made enquires about expanding his phones (more mobiles) and capabilities for his business. He did not go through with the transaction and stayed with his current plan. Later he made an application for a loan to expand his business and was informed that it would be declined as he came up as a credit risk. Enquires revealed that the Telco had invoiced him for a debt that did not exist. The Telco informed they would rectify the matter which

HEALTH, WELLBEING & COMMUNITY

they failed to do. The debt was factored to a third party who pays the business a percentage of the total amount originally charged to the client and takes full responsibility for collecting the payment from the buyer. The third party then pursues the debtor to cover their costs and build in a percentage for profit. I.e. factoring.

The matter was referred to a law firm than he was aware of that operates off the Island but does have a good contact here. ALLAW Queensland whom Mr Geoffrey Skelton is the principal lawyer took control of the issues and the subsequent phone call from his representative went along these lines.

1. The law firm that had factored the debt was informed that the business who applied for the loan was paying the Telco debt under duress. That is, he was paying the debt under "economic pressure" as a way of having his credit score changed to a position where he could have the loan approved; and

2. That there was the potential for a legal case of missed opportunity if the business deal fell through. Under Australian law (see *Sellars v Adelaide Petroleum*), there was the potential for litigation against:

- a. The Telco; and
- b. The law firm who factored the debt

Below is an extract from the law firm involved:

"Following on from our conversation today and the subsequent conversation with your representative John Boland

After a referral to our client for further instructions, and upon review of your case, without undertaking the required investigations, it has been decided in good faith, that your request for a 'default removal' has been granted.

I confirm the default has been removed today".

The frame to have a credit rating changed takes approximately 30 days. To have

this reversed with two hours has seen my friend be able to progress with his business plans in a timely manner.

ALLAW Queensland's (Mr Geoffrey Skelton 0458 090851) are only too happy to accommodate those who have had issues with their credit rating being compromised through no fault of their own. An average mortgage broker sees defaults on credit ratings (debts) through improper paperwork (debts) some 4 to 5 times per week.



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I am often told by my clients that I am “different” to other Accountants. This is actually a very positive affirmation that my “point of difference” is noticeable.

To be successful in business, it is necessary to find your points of difference, develop them, to make your business “stand out” from your competitors.

It is important for people to find an Accountant who is familiar with the special requirements of their business, family and tax situation. The strategies I suggest for one client can be quite different to those

work together. I have been told that some people are scared to ask their Accountant questions. Feeling comfortable with your Accountant and being able to communicate with him or her is very important as you are going to have a long-term relationship with them.

Ask questions of your Accountant about their “availability” when problems arise, their “returning phone calls” policy, their method of informing you of tax system changes that impact you, their proactive approach to giving

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Accountant (Bachelor of Commerce-Accounting/ Finance),

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I suggest for someone else and an Accountant cannot strategize effectively unless they have an

In-depth knowledge of their client’s situation.

It is important to have a good discussion with your Accountant, about your situation and requirements, then gauge how well you might

you advice before it is too late to make tax-saving decisions and the general support they offer you throughout the year.

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Why volunteer?

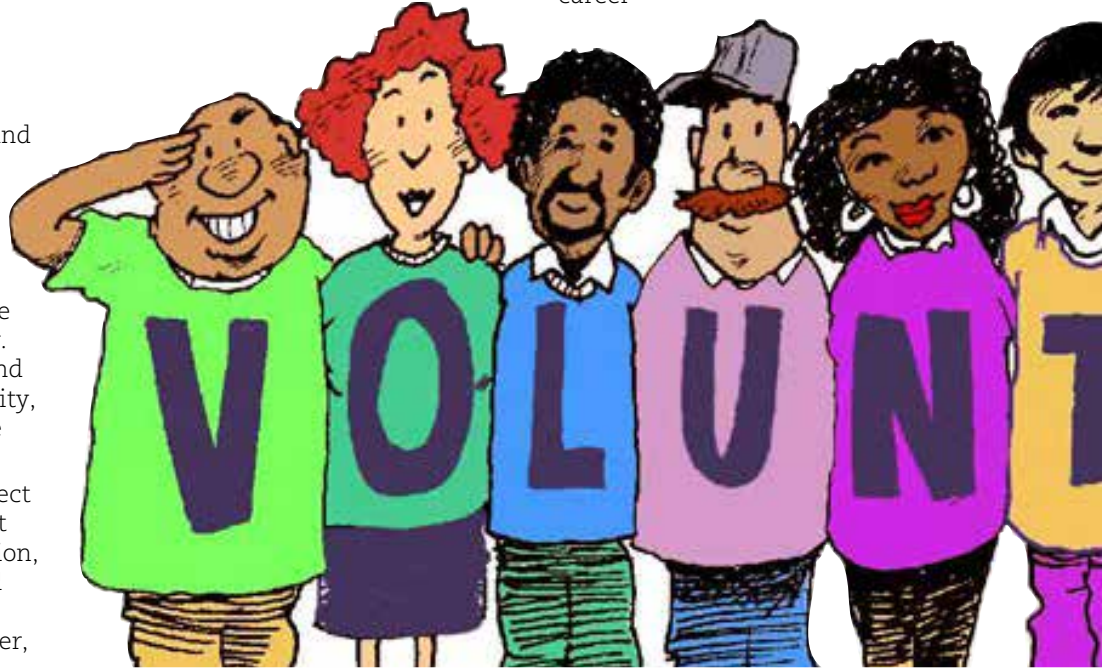
With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering can be enormous. Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. The right match can help you to find friends, connect with the community, learn new skills, and even advance your career.

Giving to others can also help protect your mental and physical health. It can reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more you volunteer,

the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time out of your busy day. Giving in even simple ways can help those in need and improve your health and happiness.

Benefits of volunteering:

- 4 ways to feel healthier and happier
- 1. Volunteering connects you to others
- 2. Volunteering is good for your mind and body
- 3. Volunteering can advance your career



ANNOUNCEMENT

Beachmere Road will finally get a major upgrade if the LNP wins government at the state election on October 31.

The LNP's candidate for the seat of Pumicestone, Fiona Gaske has announced that if elected, the LNP will spend \$7 million on getting the long awaited job done much to the relief of the local residents forced to travel daily along unsafe sections of the road. The work will include re-surfacing, widening and improved lighting to eliminate dangerous areas.

The \$7 million upgrade to Beachmere Road is part of the LNP's announcement of a \$1 billion SEQ congestion Busting program. Fiona Gaske continues to advocate for Pumicestone's share of this package for future works.

ELECTING FIONA GASKE AND AN LNP GOVERNMENT WILL ENSURE VITAL ROAD WORKS GET DONE.

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Fiona GASKE

LNP Candidate for Pumicestone

Authorised by L Folo, Liberal National Party of Queensland, 281 Sandgate Road, Albion Qld 4010.

4. Volunteering brings fun and fulfilment to your life

Volunteering combats depression.

Volunteering keeps you in regular contact with others and helps you develop a solid support system,

which in turn protects you against depression.

Volunteering makes you happy. By measuring hormones and brain activity, researchers have discovered that being helpful to others delivers immense pleasure. Human beings are hard-wired to give to others. The more we give, the happier we feel.

Volunteering increases self-confidence.

You are doing good for others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity. And the better you feel about yourself, the more likely you are to have a positive view of

your life and future goals.

Volunteering provides a sense of purpose. Older adults, especially those who have retired or lost a spouse, can find new meaning and direction in their lives by helping others. Whatever your age or life situation, volunteering can help take your mind off your own worries, keep you mentally stimulated, and add more zest to your life.

Volunteering helps you stay physically healthy.

Studies have found that those who volunteer have a lower mortality rate than those who do not. Older volunteers tend to walk more, find it easier to cope with everyday tasks, are less likely to develop high blood pressure, and have better thinking skills. Volunteering can also lessen symptoms of chronic pain and reduce the risk of heart disease.

When it comes to volunteering, passion and positivity are the only requirements.





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- Be able to pass a criminal history background check.
- Have a minimum of an Australian Open "C" class license.

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ROSS KONOWALENKO

PUMICESTONE

The major parties claim they are 'investing in education', but that investment is not yielding results for young Queenslanders. Our children are our future, and the current government is, unfortunately, failing them.

One Nation and myself if elected as your next member for Pumicestone will:

Prioritise the development of comprehension, reading, writing, science, and mathematical skills.

Ensure the learn-to-read programs are based on the explicit teaching of phonics.

Re institute the necessary skills for teachers to enable the successful implementation of these programs.

Demand entry requirements for teaching university degrees to be substantially increased to reflect the top 30% of the adult population.

Abolish Queensland's 'Respectful Relationships' program, and instead introduce a basic sex education lesson that informs young adults of STD's and forms of protection.

Reform Social Science and Cultural studies to ensure a balanced and evidence-based content when teaching.

Increase funding of chaplaincy programs throughout schools to provide pastoral care for student well-being and community cohesion.

Reintroduce competition in our classrooms and remove the 'everyone's a winner' belief.

Implement teacher salaries equal to their level of training and responsibility.

Encourage a greater balance between men and women teachers.

As I get around our wonderful suburbs that makes up the electorate of Pumicestone, I love to hear from the residents about the issues that matter most to them from cost of living issues to crime and the local economy. These issues and your feedback will help shape my local plan for our region as I wish to represent you, the people.

Yours in Service,

Ross



ADVERTORIAL

Dear Pumicestone Residents,

For countless generations, teaching has long been held in high esteem across the Pumicestone. Teachers hold the ability to change the course of a child's life; to build self-esteem and confidence and enable them to cope academically, while preparing them to confidently face the challenges of adult life.

Sadly, teaching is no longer considered a prestigious profession, even though it is the launching pad from which all other professions emerge.

There is an urgent need to improve the quality of education across Queensland's public schools.

We are finally learning that a system which neglects the basics of English, Mathematics, and Science leads to diminished outcomes.

The academic results of Queensland students are sadly dropping. Australia no longer ranks in the top 20 countries for academic success.

Queensland's NAPLAN results are disturbing, and our students have fallen from leading the nation in terms of educational success to lacking the basic life skills of reading, writing, and mathematics.

The importance of learning these skills has been passed over for the teaching and indoctrination of biased views, such as gender fluidity. Some of these views blatantly fly in the face of scientific fact and the inappropriately named 'Respectful

Relationships' program directs young children to material which is nothing short of pornographic.

Students must also be better prepared for general life skills. This includes the management of household finances, how to budget, the understanding of principal and interest, mortgages, and voting methods.

Although the teaching profession is predominantly made up of females, we must continue to encourage a career path for men, as both are important role models to our children.

To elevate student results, we must improve the ability of our teachers. This means many graduating teachers who currently fall outside of the top 30% in basic English and Mathematical skills would fail to gain employment.

One Nation does not blame our current teachers; they too are the victims of a system that has let them down in an appalling manner.

Without a monumental shift in subject priorities, Queensland will continue to generate students who do not have the essential skills to become future educators.

This vicious cycle must be broken!

Many parents, who became teaching partners during the state's remote learning period of COVID-19, have been shocked to realise the lack of basic knowledge their children have acquired in our state's school system.

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FOOD, WINE and ISLAND TIMES



Winelander

FOOD, WINE AND ISLAND TIMES

L

AST TIME WE LOOKED AT PINOT NOIR AND WHAT A VERSATILE GRAPE IT IS, UNFORTUNATELY, THERE IS GOING TO BE LESS OF IT AVAILABLE OVER THE NEXT TWELVE MONTHS WITH WINE AUSTRALIA REPORTING THAT ALONG WITH RIESLING THE SIX OF THE 2020 CRUSH WAS 20% DOWN FOR PINOT NOIR AND 28% FOR RIESLING. THE OVERALL AUSTRALIAN WINE GRAPE CRUSH IN 2020 WAS DOWN 12% YEAR-ON-YEAR AS THE INDUSTRY BATTLED EXTREME WEATHER EVENTS AND BUSH FIRES.

Red varieties fared slightly better than white varieties in 2020 being down 11% compared with 2019 while white wine varieties were down by 13% and our largest variety Shiraz decreased by 10%. The main contributor to the reduction in the white wine crush was Chardonnay which was down 19% and Riesling which was down 28% which was a 20 year low at a total of just under 17,000 tonnes.

Whilst the crush was down it still resulted in a crop of 1.52 million tonnes the equivalent of more than a billion litres of wine being produced even so it was the lowest crush since 2007 but very similar to the 1.61 million tonnes of grapes crushed in 2010 which also turned out to be an exceptional year for quality.

Wine Australia reported that whilst the crop was down the quality was again expected to be very high as Autumn temperatures were generally around average or slightly cooler leading to ideal ripening and harvesting conditions which resulted in reduced yields but with more concentrated colours and flavours in the berries.

Whilst I appreciate that the largest produced red wine in Australia is Shiraz and in Grange, we have a wine that can match some of the Grand Crus of Bordeaux I still have a warm spot for Australian Cabernet Sauvignon which I believe can match any produced anywhere in the world. I find a really good Cabernet is a lot more approachable especially with food than Shiraz and in my time with Penfolds always preferred a glass of Bin 707 Coonawarra Cabernet Sauvignon to that of Grange Hermitage as was known in those days. I find Shiraz seems to have too many different characters depending on where the grapes come from whilst Cabernet Sauvignon from Margaret River or Coonawarra has the lovely blackcurrant aroma and regardless of age has a more rounded softer finish to that of Shiraz, which is the great thing about wine everyone has different opinions and tastes. Cabernet Sauvignon first arrived on our shore in the early 1800s with the cuttings originally coming from Bordeaux in France and is the prime component of



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FOOD, WINE AND ISLAND TIMES

the great Grand Crus of the region when blended with Merlot and Cabernet Franc and is known as the 'King of Red Wines'

Today it is the most planted red wine grape grown around the planet being grown in every grape growing country including in The Northern Hemisphere North America, Eastern Europe, Italy and Spain. In the Southern hemisphere, it is grown in Australia, Chile, Argentina and South Africa and was introduced with many other varieties to Australia by James Busby, a wine pioneer who imported the grape in 1832. Initially used for blending it was recognised as being able to make a great wine in its own right and for many years was the great red wine grape of Australia.

The majority of grapes grown in Coonawarra go into making a 100% varietal wine and the wines produced can vary to medium-bodied to full-bodied styles. Expect a supple palate and balanced tannins with aromas of cassis, blackcurrant,

redcurrant, blackberry and mulberries when young and with age more earthy, savoury and spicy characteristics.

In the Barossa some of the great wines of the region, especially those pioneered by the late Max Schubert of Penfolds and Grange fame, have used Barossa Cabernet Sauvignon as a part of the blend with Shiraz especially in cooler vintages when the cabernet fruit is rich and ripe.

Cabernet Sauvignon is also one of the great wine styles of The Clare valley being bold, powerful and earthy, Taylors was a vineyard founded on producing great Cabernet and their Jaraman Cabernet is outstanding matching any Shiraz they produce.

Over in the west, Margaret River produces Cabernet similar to The Coonawarra and although wines from the region only go back to just short of fifty years they have become a Cabernet powerhouse. Margaret River only accounts for around 10% of the total wine production of Australia but

around 30% of premium wines come from this region. Wines from this region have won the Jimmy Watson Trophy on no fewer than six occasions and include Cape Mentelle 1982 and 1983, Flametree 2007, Joseph River 2009, Deepwoods 2014 and Xanadu 2016. Also look for Evans and Tate, Cullens, Woodlands and Mosswood who also make outstanding Cabernet Sauvignon.

Back to Victoria where the Yarra Valley excels especially Yarra Yering and Langhorne Creek in South Australia where Cabernet was first planted in the 1800s by Bleasdale founder Frank Potts. Not to forget The Hunter Valley and Lakes Folly where Dr Max Lake produced an Australian icon. Lakes Folly, Deep Woods Estate, Evans and Tate and Millbrook wines are now all part of the Fogarty Wine Group.

To finish James Halliday has a couple of interesting wines in his latest article a couple of old favourites and a couple of newcomers. He recommends Majella "The Musician" 2018

Cabernet Sauvignon \$18, Wirra Wirra "Church Block" 2018 \$22 and in interesting blend Longview Fresco Red comprising of Nebbiolo, Pinot Nero, Sangiovese and Barbera a real Italian mix \$26.

Cheers

Philip Arlidge

arlidge@bigpond.com.au

Mark Twain didn't mince his thoughts on German Wine.

"The Germans are exceedingly fond of Rhine wines, they are put in slender bottles and are considered a pleasant beverage. One tells them from Vinegar by the label!"

Ouch!

This for Helena a friend who loves ice in her Merlot.

G.K. Chesterton had an opinion in "Noah in The Flying Inn" (1914)

And Noah he often said to his wife

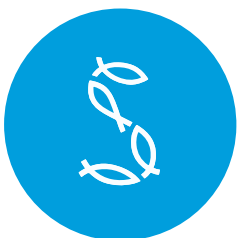
When he sat down to dine, "I don't care where the water goes,

If it doesn't get into the wine!"

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What a lovely experience we had meeting our LNP Candidate - Fiona Gasko. Fiona is so knowledgeable, forward thinking and best of all approachable; and open to listen. We hope to see you often Fiona!



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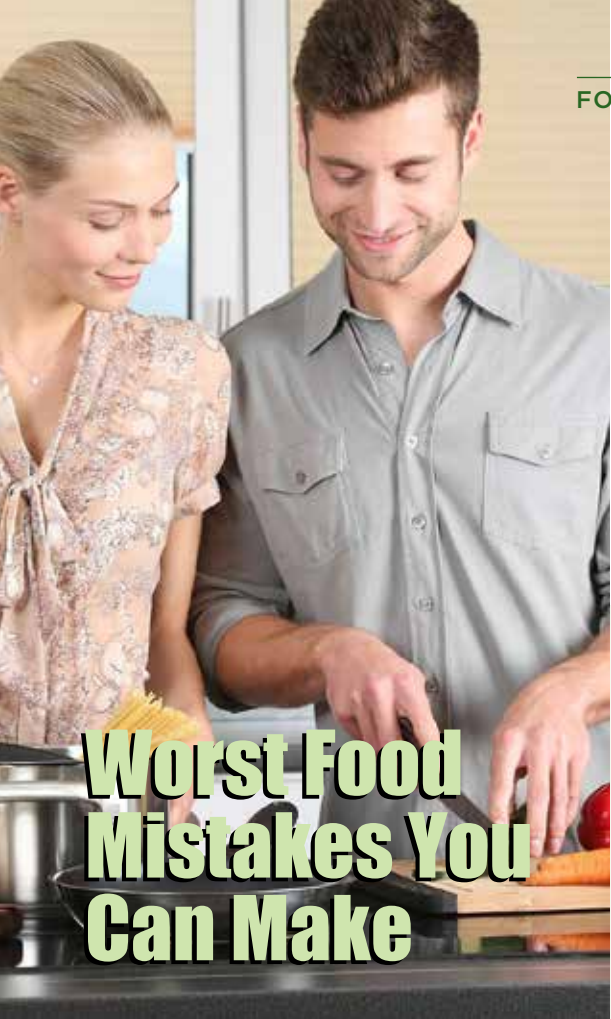
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Worst Food Mistakes You Can Make

FOOD, WINE AND ISLAND TIMES

Although you rarely think of your kitchen as a playground for dangerous foodborne germs and illnesses, there are common food safety mistakes that can make it just that. Bacteria like E. coli, salmonella, and botulism toxins can appear anywhere, anytime, even when there isn't a known outbreak going on. This is why it's extra important to always practice good hygiene in the kitchen and build habits for safe food handling, cooking, and storing. In addition to avoiding them, make sure you're cleaning the germiest parts of your

kitchen regularly. you rarely think of your kitchen as a playground for dangerous foodborne germs and illnesses, there are common food safety mistakes that can make it just that. Bacteria like E. coli, salmonella, and botulism toxins can appear anywhere, anytime, even when there isn't a known outbreak going on. This is why it's extra important to always practice good hygiene in the kitchen and build habits for safe food handling, cooking, and storing. In addition to avoiding them, make sure you're cleaning the germiest parts of your kitchen regularly.

Washing your hands is the number one golden rule of food safety and good hygiene in general. Your hands move from potentially contaminated surfaces to your face and mouth thousands of times a day—you sneeze into them, touch others, and prepare food. All with the same pair of hands! • Before, during, and after preparing food

- Before eating food
- After blowing your nose, coughing, or sneezing
- After touching an animal
- After handling pet food or pet treats
- After touching garbage

Make sure you're washing your hands properly: wet them, lather with soap, scrub for at least 20 seconds, then rinse and dry them off with a clean single-use towel



WASHING RAW MEAT OR EGGS

Let's put this one to rest once and for all. If you're having debates with your family members about whether you should be washing raw meat, the answer is no, no, no. The same goes for eggs. Although you may think you're doing the right thing by washing these germ-prone foods, you're actually helping spread those germs all over your sink and countertops. The best way to kill food germs is by cooking your food properly.

NOT WASHING FRUITS AND VEGGIES

Fruits and vegetables, however, you'll definitely want to wash, even if it's something you're peeling. The germs on the skin of fruits and vegetables can contaminate the parts that you're actually eating, so rinsing them under running water is a must. It's also good to have a designated vegetable brush on hand.



USING THE SAME PLATE FOR RAW AND COOKED MEAT

Please don't ever reuse the plate or bowl where you kept raw meat during the same cooking session. Anything the raw meat has touched should be washed with dish soap immediately, and that goes for cutting boards, too. It may seem like a good idea to use fewer dishes when you're cooking so you don't have a lot of cleaning up to do on a full belly, but this is not the place to skimp—raw meat germs will most definitely contaminate the cooked meat you're about to eat. Same goes for fish and shellfish, too.

NOT COOKING MEAT, SEAFOOD, OR EGGS THOROUGHLY



The best way to kill the germs on your food is by cooking it thoroughly, and the temperature should be high enough to actually do the job. Use a food thermometer to make sure you've achieved the correct temperatures that will prevent germ-spreading:

EATING RAW OR UNCOOKED FOODS THAT CONTAIN EGGS OR FLOUR

Uncooked flour and eggs can contain an array of harmful germs, the most well-known being E. coli. Our dessert preferences aside, the best way to prevent food poisoning is to avoid the following high-risk foods altogether: runny or undercooked eggs, homemade mayo, homemade hollandaise sauce, homemade eggnog, and uncooked dough or batter of any kind. This is especially important for those who are immunocompromised—why take any chances?

TASTING FOOD TO SEE IF IT'S BAD

If you have a suspicion something in your fridge has gone bad, tasting it to make sure is a bad idea. First of all, you'll rarely be able to taste or smell the germs that may be present on the food. Second of all, if you think a small piece of spoiled food can't possibly cause much harm, you're wrong. You can get seriously sick from a very small amount of spoiled food.



APPLE, RASPBERRY AND RHUBARB PIE

INGREDIENTS

- 6 Granny Smith apples, peeled, cored, thinly sliced
- 1 bunch rhubarb, trimmed, cut into 3cm pieces
- 1/3 cup (75g) caster sugar
- 1 teaspoon ground cinnamon
- 1 tablespoon cornflour
- 300g frozen raspberries
- 1/4 cup (30g) almond meal
- 1 EGG white
- 1 tablespoon caster sugar, extra

METHOD

• Step 1

To make the shortcrust pastry, place flour, icing sugar and butter in a food processor and process until mixture resembles fine breadcrumbs. Add the egg yolks and water. Process until mixture just comes together. Shape into a disc and cover with plastic wrap. Place in the fridge for 30 mins to rest.

• Step 2

Meanwhile, place the apple, rhubarb, sugar and cinnamon in a large saucepan over medium heat. Loosely cover and cook, stirring occasionally, for 5 mins or until apple releases its juices and is just tender. Add the cornflour and raspberries and cook for 5 mins or until raspberries are heated through and liquid thickens slightly. Set aside to cool.

• Step 3

Preheat oven to 180C. Divide pastry into 2 even portions. Roll out 1 portion on a lightly floured surface to a 3mm-thick disc. Line a 5cm-deep, 22cm (base measurement) fluted tart tin or pie tin with pastry. Sprinkle with almond meal. Spoon

SHORTCRUST PASTRY

- 2 1/4 cups (335g) plain flour
- 1/2 cup (80g) icing sugar mixture
- 185g butter, chopped
- 3 Egg yolks
- 1 tablespoon chilled water



the cooled apple mixture into the pastry case. Roll out the remaining pastry on a lightly floured surface to a 2mm-thick disc. Use a 5cm heart-shaped pastry cutter to cut shapes from pastry. Arrange pastry hearts over filling, overlapping slightly. Lightly brush with egg white and sprinkle with extra sugar. Bake for 35-40 mins or until pastry is golden brown and filling is heated through.

1 Roast Chicken, 6 Buttermilk Wings, Buttermilk Regular Pops, 2 Large Chips, Large Mash And Gravy, 1.25l Drink and Sauce.

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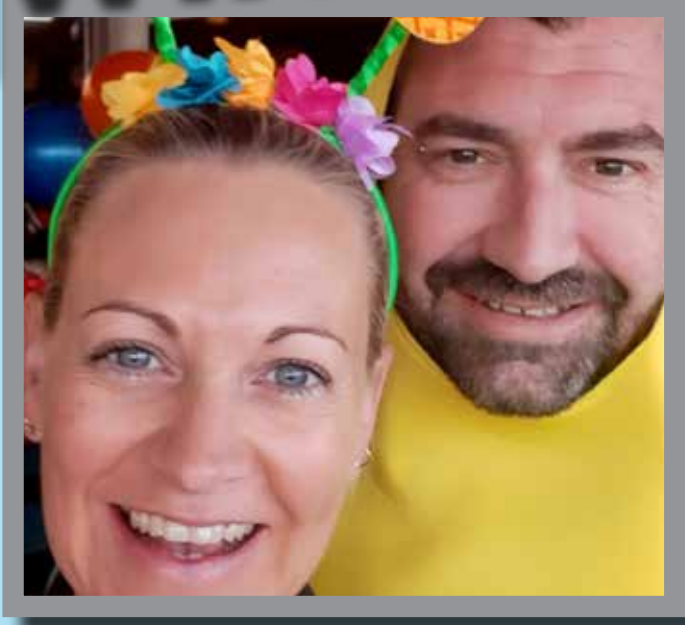
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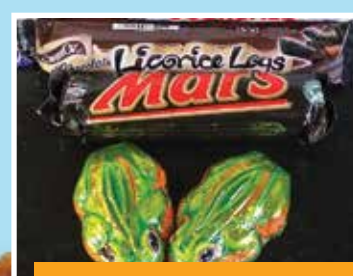
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Eastern Koel -

Eudynamys Orientalis

By: Marj Webber

During the months of early spring, Eastern Koels begin arriving on northern and eastern parts of Australia and Bribie Island. We know when they have arrived as we are bombarded with their loud, continual "Koo-ee" calls. Eastern Koels are large cuckoos 39-46 cm in length and weigh 170-330g. Males and females are quite different in appearance with the male wearing an iridescent black coat and the female a mix of black, and buff with spots on upperparts and stripes underneath. Both have red eyes and long tails. Juveniles are like females but have dark eyes and buff heads. They are wary birds and are heard more often than seen. Breeding males call continually throughout the night and day but at other times are usually silent.

From September to April is the length of their stay when they are heard in forests and suburban areas in the north and east coasts to the south of Sydney. They spend our winter months in PNG, SE Asia to China, Malaysia, India and Indonesia and come to our shores to breed. Native figs are their favourite food, but they also eat wild berries and exotic fruits. They feed nearly always in the canopies of their food tree alone, in pairs or small groups. I have managed to photograph them only a few times when they were feeding on berries in smaller fig and tuckeroo trees.



The purpose of their Australian visit is to breed. Bowing to the female and offering morsels of food is part of the mating ritual performed by the male. As they are cuckoos, they are parasitic and lay their eggs in the cup-shaped nests of smaller birds such as large honeyeaters, orioles, friarbirds, magpie larks and figbirds. Eggs have similar markings to the host's eggs but are mostly about twice the size. Somehow the host bird does not seem to notice the difference. One egg is laid, usually in several nests and is left to be looked after by the host parents. The young Koels which are much larger and when hatched quickly gets rid of any eggs or chicks belonging to the adoptive parents and remains in the nest for 35 days. It is a mammoth job for the smallest parents to keep up



the food to their large and loudly demanding gate crasher. When the youngster leaves the nest, it roosts on nearby branches and continually pleads for food while the parents have a full-time job keeping up the supply. In 4-6 weeks, the chick will be twice the size of its adopted parents. Adult Koels fly back to their northern habitats in April. Juveniles leave later. In June this year at Toorbul, I photographed two juveniles that flew in to feed on figs and to drink from the creek and were surprised to see that they had not left by that time. When they return next April, they will be ready to breed. Koels, sometimes called "Stormbirds" or "Rainbirds" are coming into urban areas in increasing numbers feeding on the cultivated figs and berries in parks and gardens. Their host birds are also comfortable in city areas which make it easier when they begin to breed. Threats to the Koels are mainly from predators such as raptors, lace monitors, feral cats and pythons robbing the nests of eggs and chicks. Their conservation status is secure in Queensland, Northern Territory and New South Wales. They are not present in other states.

Ferrari

I trust my readers will not find the following article too “racy” for their tastes but as we are all adults here, I will throw caution to the winds and progress.

Perhaps I am a woman who falls in love too easily. I have been accused of this in the past, but hardly had I ceased to grieve over the loss of my dear little car when a new “Innamorato” entered my life! A bright blue scooter, complete with a scarlet canopy and all the bells and whistles that a girl could wish for!

No sooner did I clap eyes on this sapphire jewel when I decided on a name; he is definitely a Latin lover, so I have christened him, Ferrari.

My little Super-sports is at the moment awaiting his Baptismal Certificate, i.e. Registration Papers, but as soon as this is done, you will see me racing along the footpaths of Bribie, my Isadora Duncan scarves streaming out behind me.

I promise to be careful that the scarves are not trapped in the wheels but instead, bear in mind what Gertrude Stein apparently said on hearing of Isadora's untimely end, "Affectations can be dangerous".

At the moment, I am somewhat of a tremulous virgin as regards the driving of my Ferrari, but with a little more experience in the privacy of my own backyard, it will not be long before I am totally confident in my new-found skills and can look forward to feeling, once again, all that energy rise and to keep on re-living those incredible highs, on the road, on the road! In this case on the footpath. (Thanks, Little Ladies of the Rock Follies). Positively Orgasmic!

Once again, I will have the freedom to pop down to the shops, call on friends for coffee, or just simply whizz along the paths of Bribie and feel the wind in my hair whilst admiring the Ocean Views and the different varieties of Birdlife I encounter.

In the mornings I shall wave to all those healthy walkers and their dogs, being careful not to mow down either pedestrians or ibis, tooting my horn to warn them of my impending approach. In the evening I shall switch on my lights and wheel down to the jetty so as to admire the glorious sunsets. Perhaps buy some fish and chips to eat



ARRIVAL

By: Elaine Lutton

"al fresco" or just a simple coffee. A trip to the RSL, possible joys are endless! What larks, what larks!

Yes, I am sad to leave my car-driving days behind but as you can tell, I feel that it is not the end of the world, or to borrow another quote, "I have closed my eyes to old ends and opened my heart to new beginnings".

Before I leave you all it would be ungracious not to thank the two good friends who have been responsible for "procuring" this new Love of my Life.

HISTORY OF

GROG & BOOZE



By Barry Clark
Bribie Island
Historical Society

Many of us use the word **GROG** as a slang term for any alcoholic drink. This article explains the fascinating story of how that strange word, and other drink related expressions, came into the English language.

James Cook was among the first to use the word **GROG** aboard the Endeavour, as he sailed the world, eventually claiming the east coast of Australia. The word **GROG** was first documented 250 years ago in 1770.

When Cook set sail on the Endeavour in 1769, with a crew of 94 sailors and special scientists, his huge load of cargo included 604 Gallons of Beer and 4 Ton of Rum in Barrels.

It is an interesting fact that very few sailors could swim, including James Cook himself. It was considered unlucky aboard old sailing ships, because if you fell overboard it could not stop or turn quickly to pick you up..... so better to drown quickly rather than drift for days.

DAILY RUM & BEER

A daily Rum ration for British navy sailors was first introduced in 1655. In the absence of reliable and safe drinking water, sailors were issued a daily ration of half pint of Rum (300ml), and a Gallon (3.8 litres) of Beer every day. This daily issue was codified in 1731 and remained in place, but in ever reducing amounts, for almost 240 years.

British sailors enjoyed a drink. Then they enjoyed another

drink! However, some would sell their ration to others, who enjoyed it even more. "What shall we do with the drunken sailor" is a song with a long tradition and naval history.

in 1740's, the heartland of Rum production. He became increasingly concerned about the behaviour and health of sailors receiving their large strong daily rum ration. He



DRINKING GROG

British Vice Admiral Edward Vernon was in the West Indies

decided on the very unpopular step of mixing Rum with water prior to issue. This extended the liquor drinking volume, but achieved little else in terms of behaviour. Vernon became much disliked.

Vice Admiral Vernon always wore a very old, and much loved, coat made of Wool, Silk and Mohair, made waterproof with the application of gum, making it tough, hardwearing and very scratchy. The cloth was known as **GROGRAM**.



HISTORY

This old coat was his uniform, in all weathers, and sailors gave him the nickname **OLD GROGRAM**, often shortened to **OLD GROG**.



Because of his unpopular decision, over time the word **GROG** came to be a word used for any kind of alcoholic drink. You probably use the word yourselfnow you know its origin.

The daily issue of a half pint of Rum continued until 1823 when the ration was cut by half.

Then again, 47 years later, in 1850, the daily allowance was again cut by half. At this stage, it was regarded more as **TOT**, being just a mug or cup. Some senior readers of this article, who were in the navy until 50 years ago, may have enjoyed it.

On 31st July 1970 the last daily Rum ration was issued. That is known as **BLACK TOT DAY**.

decided to preserve his body in a barrel of Rum for the journey home to give him a ceremonial burial. It seems that thirsty sailors sampled some of the barrel in transit, which gave rise to the expressions "**Nelsons Blood**" or "**Tapping the Admiral**" with reference to Rum.

Another word is **SCUTTLEBUTT**, which some pommie readers may know, is still used today to refer to gossip or rumour. The word **SCUTTLE** is a term used when a ship is deliberately sunk by putting a hole in it. A



BUTT is a large wooden Barrel usually for holding water or collecting rainwater.

Over the many years that sailors received their daily Beer and Rum rations aboard ship, they assembled on deck and queued up around serving barrels. During this popular and sociable daily ritual, the men chatted and exchanged stories, which would often be classified

interesting name of **FANNY CUP**.

In 1867 a sweet young eight year old **FANNY ADAMS** was abducted, brutally murdered and dismembered. Parts of her body were widely scattered and not all were found. It was a horrific case, and the criminal, a solicitor's clerk, was eventually arrested and hung. The case was amongst the most brutal of crimes in England, and remained a topic of concern and gossip for many years.

In 1869 a new daily ration of **tinned mutton** was introduced for British navy sailors. It was not a popular dish, and sailor's disdain for this processed tinned mutton started rumours (**Scuttlebutt**) that parts of Fanny ADAMS may have found their way into the tins. The metal containers were found to be ideal receptacles as mess tins or collecting Grog rations from the Tub, and became known as "**Fanny Cups**".



We still use the term **Sweet Fanny Adams** or even "**Sweet FA**" to refer to things that are non-existent, mediocre or minimal.

The sailor who was selected to carefully distribute the daily Rum ration to his men was known as the **Rum Boss**. Any small amount left over after distributing Rum to his mess group was known as "**Queens Share**" or simply "**QUEENS**" and was saved for a special occasion.

An Admiralty gift of an extra Grog ration was sometimes given to navy vessels at a time of national pride, or on completion of a difficult task. Such a job could include the challenging task of "**Splicing the Mainbrace**", which is a term some people still use

when having a toast or special drink.

Smuggling or stealing Rum was a regular and profitable pastime for many. Customs officials spent a lot of time searching for such contraband and coined the term **RUMMAGE** when they were looking everywhere for hidden goods. We still use that term today.

BOOZE

Booze is a word that is even older than Grog, and dates back to the 13th Century. It originates from an old middle Dutch word **BUSEN** or **BOUSEN** meaning excessive drinking. In the 16th Century, when Dutch and English sailors had sailing encounters, the word became anglicised and corrupted to the word **BOOZE**.

The term is used for excess drinking, and people being a **BOOZER**. Since the 1700's the word Booze became used for any kind of alcoholic drink, in much the same way as Grog.

You become **GROGGY** if you drink too muchand are known as a **BOOZER**.

TOO MUCH DRINK

Other expressions like "**Three sheets to the wind**" are still widely used to describe a drunk person. This also has a nautical origin referring to sheets (ropes) not properly secured, caught by a strong wind, resulting in loss of control of the ship.

Many other terms commonly used are **Stoned, Sloshed, Plastered, Tipsy and Tanked**.

I am sure there are others that you know. They all have interesting origins, most of which relate back to sailors and ships.

HISTORICAL SOCIETY RESUMES

Our monthly meetings stopped for several months, but will resume on Wednesday 12 August at RSL Club at 6:45pm. Come along, everyone welcome.

if you have questions, or information to share, please contact us.

You can see many more photos and articles on our Blog Site at <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com



DRINKING WORDS

There are many another fascinating old words in common usage that relate to sailors, beer, rum and drinking.

Lord Nelson is famous for his defeat of the combined French and Spanish fleets, losing his life to a bullet, at the Battle of Trafalgar in 1805. It was

as rumours of gossip. Hence, the word **SCUTTLEBUT** got into our vocabulary.

Today that same behaviour goes on, but now it around the water cooler at the office.

RUM FANNY

Sailors often had their own personal drinking receptacle or mug, which acquired the

Gems

IN EVERY SENSE OF THE WORD!!

By: Cherrie Wilson

Michele and I were lucky enough to be invited to a tour of the Bribie Island Gem and Fossicking Club on Wednesday the 15th of July and what a wonderful time we had. The time we spent with the members flew by as we were shown through the different sheds of cabochoning, silversmithing and faceting, learning just how much time, attention and detail goes into what these guys do.

I could spend hours writing about each and every stage but in all honesty, I wouldn't be able to do the club justice. The passion and commitment, friendship and loyalty this club has in incredible and I sincerely believe that you need to do yourself a favour and attend the Gem Festival they are having on the 12th and 13th of September. They will be having live demonstrations and let me tell you, this is definitely worth checking out. It is incredible the skill level they have to take what looks like just an ugly piece of rock, cutting the rock and find the beauty inside of it, bring out the colours and the best of the stone or gem, then the amount of polishing it requires before it even reaches the jewellery setting stage is phenomenal.

I met quite a few of the gentleman in the sheds who were happy to explain the process to me and show me just how much work goes into it and I found the whole process fascinating and these guys could not have been more welcoming, knowledgeable and above all patient with me as I am sure I asked a lot of stupid questions!

We then went into the faceting shed, which is where they use a process of cutting planes into

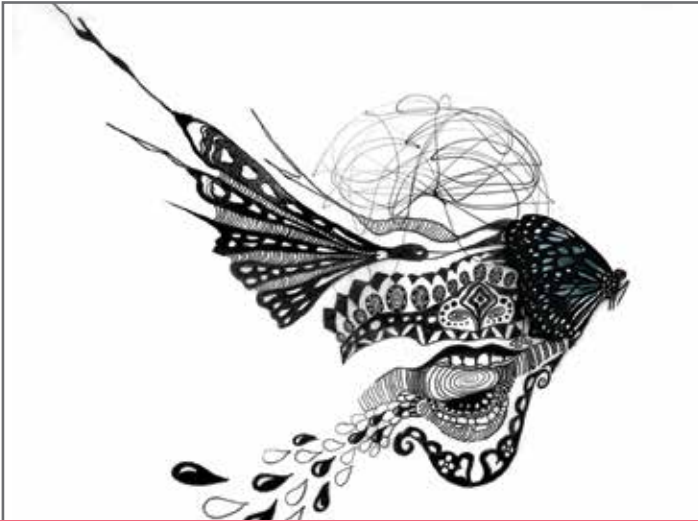
a stone in a predetermined pattern. Which they have an awful lot of diagrams they use to determine what cutting needs to be done. Gemstone faceting is a marvellous mixture and blend of engineering and art. Through a mechanical process of cutting surfaces on (for a better word, rock) beautiful gems are created. Then of course, polished. It seems like there is a vast amount of time spent polishing in every shed we visited.

The silversmithing shed was our next stop, this was a very interesting shed! The ladies there were an absolute riot, they had us in stitches of laughter and I could see myself becoming a member just to sit around and listen to their stories. In saying that, they blew us away with the skill and technique used to make the stunning jewellery they showed me. Intricate pieces that require a steady hand, patience and an artist's eye. There are many steps required to complete these pieces and yet again, I strongly advise you to come and check it out for yourself at the Gem Festival. I promise you will not be disappointed. Keep an eye out in the magazine for more details about the upcoming festival, a lot is happening and will be a fantastic day out for all!!

We thoroughly enjoyed our visit and thanks to the club for the invitation, time and lovely reception we received from you all. We will certainly be back again!!!

Top to Bottom:
Marg Sanders, Barb Mackrill & Margaret Thompson LtoR. Bob Hyde cutting rocks, some of Barbs work. Craig Burns cabbing, Lana Daley cutting jump rings. A silicon mould for casting silver. Paul Ramage working on his cabbing. Rob Bettridge faceting. Greg Hemphill (L) & Phil Connolly.





even “non artists” to create an attractive design, Sabine says. “ It’s been a collective pastime which has brought us all together.

Some people who have never considered themselves an artist have come up with incredible Zen creations.”

BICAS were the fortunate recipients of a MBRC Post Covid Community Grant which has enabled them to replace toilets in their 30 -year-old studio wing.

They also took advantage of the closure to replace the 1988 carpet in the craft gallery, offices and Gift Shop.

Their Cafe 191 reopened for business and is proving a popular drawcard again as Chef Corey Abel ramps up the menu to cater for

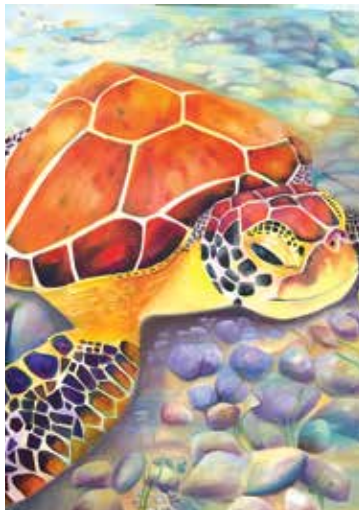
CREATIVITY from COVID



Downtime Exhibition, which runs at the Bribie Community Arts Centre July 28 – August 8, highlights just what creatives can do when time and opportunity presents.

The exhibition features works of all mediums, by Bribie Island Community Arts Society members and others, produced during the Covid-19 closure of the Centre for 15 weeks from March to July.

Steph White, BICAS exhibitions curator, says the exhibition is a celebration of “ Return to Normal” for the Arts Centre, which re opened on July 7 after a 15-week Covid closure.



Down time didn’t mean down tools for many of the Bribie Island Community Arts Centre artists, Steph said.

“While they were in isolation, they were busily creating and widening their art experimentation and experiences, ” she said.

It gave many time and opportunity to reinvent their style, discover new mediums and throw away old cautions and limits to their beliefs, Steph said.

“So we are gathering all of these works to mark the joy of getting back together and a showcase of what adversity can bring about.”

Meanwhile, many inspired by artist Sabine Von Graz, have been ZEN DOODLING and so an exhibition of these black and white creations will be on the Artist of the Month wall at the Arts Centre during August.

ZEN DOODLES have been a meditative and interesting way for

morning tea, lunch and group bookings.

Covid-safe conditions of hygiene and social distancing prevail in the Cafe and the Centre, as all BICAS volunteers and staff have been through Health and Safety training to administer while they’re operating.

BICAS OPEN TUESDAY TO SATURDAY 9AM – 4PM. SUNDAY 9AM – 1PM. CAFE 191 OPEN 9AM – 2PM TUESDAY TO SUNDAY.
**191 SUNDERLAND DRIVE BANKSIA BEACH BRIBIE ISLAND
 PH. 3408 9288**

DOWNTIME EXHIBITION
 July 28 to August 8

Bribie Island Community Arts Centre
 191 Sunderland Drive, Banksia Beach

**Celebrating a return to
 "normal" for the Arts Centre**

SOME OF THE ARTISTS FEATURED INCLUDE:

Suzanne Dennis
Dina Breen
Prim Rogers-Walker
Sabine Von Graz



THE COURAGE TO CONTINUE!

© Anne Matthews

Throughout history, certain times signify great cultural changes. Wars, natural disasters and famines are just some of the events that have brought about these changes.

Now, as we are about to enter into the third decade of the 21st century, we have another defining event to affect the way we go about our daily lives – the COVID-19 pandemic. This pandemic has seen social distancing and hand hygiene take on a whole new meaning. Humanity is being tested as never before. The World is in turmoil and the majority of countries are reporting high unemployment and are facing recessions.

Social gatherings, family celebrations, weddings and funerals have all been restricted. This is the largest change in the way humans have lived since World War II, and it has adversely affected many of our local small businesses, who are struggling to survive.

Like many of my fellow Bribarians, I was saddened as I drove past the now-empty premises of Anna's Fashion Boutique on Kangaroo Avenue. Seeing the 'To Lease' sign in the window was a stark reminder of just how COVID-19 has affected the small businesses on our Island home.

Dianne Wells, the owner and operator of Anna's Fashion Boutique, is not only an astute businesswoman but a very

socially active person who is always willing to help our local community. Di has provided fashionable, classy clothes to our local area for 38 years.

I first meet Di in 2016 when organising the International Women's Day High Tea and Fashion Parade for the Rotary Club of Bribie Island. Since then we have together organised 5 fashion parades which have raised over \$10,000 for Rotary. I know Di has also assisted many other local charities over the years.

Di was so caring and attentive to our volunteer models, many of whom were 'sauntering' the Cat Walk for the first time. She took the time to get to know the models and as they strutted out wearing the beautiful outfits from Anna's, Di would not only describe the clothes but would give backgrounds about each model. This made the whole modelling experience special for all concerned. I will remember some of our Rotary ladies begging me to hold their purses to prevent them buying too many of the gorgeous clothes they had just modelled.

Since 1991, Di has also been an active member in the Bribie Island Surf Life Saving Club (BISLSC). She is a highly qualified Volunteer Surf Life Saver who has coached all



REGULAR FEATURES

lifesaving disciplines for many years. She also managed the training of our local Nippers making sure they understood surf awareness and surf safety. Three of Rotary's Youth Exchange Students, who obtained their Surf Life Saving Certificates from BISLSC, all held Di in high esteem.

Isolation, social distancing and event cancellations have created a domino effect, setting off the closure of businesses because there is no demand for goods and not as much money to spend on non-essential items. This is why Di has been forced to close Anna's; however, Di has not given up and she is as positive as ever. She is working from



magazine 'The Bribie Islander' is working so hard just to survive.

Some small business owners are naturally anxious and even depressed about their uncertain futures. So we all need to support our local businesses in any way we can – even if we can just give a message of hope.

Everyone has strengths they don't know about until they have to face unprecedented events. Roman Emperor and philosopher Marcus Aurelius, understood that it is not our circumstances that truly define us, but our internal response to even the most challenging times. He said 'If you are distressed by anything external, the pain is not due to the thing itself but to your own estimate of it; and this you have the power to revoke at any moment.' Words to keep in mind.

Di Wells is the epitome of this quotation – although feeling the distress of these challenging times, she has not let it get her down! It was Winston Churchill who said 'Success is not final; failure is not fatal: it is the courage to continue that counts.', but sometimes we do need a little help from our friends, so I encourage all Bribarians to get out and support your local businesses wherever you can. Also, the Moreton Bay Regional Council has an excellent advisory website for small-business owners.

<https://www.businessmoretonbayregion.com.au/news/support-for-small-business-owners-during-coronavirus>

a temporary location and if you do need that special outfit, you can make an appointment with her and receive her personalised service.

This pandemic has not been fair to small businesses. Some are staying afloat by changing the way they operate, such as providing takeaways rather than in-house dining; however, some have been forced to close altogether and others that can still operate have suffered because people have been told to stay at home.

Many business owners are still coming to terms with the enforced closures and some have realised that they cannot survive this hibernation. Woorim Beach Boutique has closed and the owner of this wonderful community

WORKS HAVE STARTED ON THE BRIBIE ISLAND ROAD AND OLD TOORBUL POINT ROAD INTERSECTION UPGRADE, WHICH WILL IMPROVE ONE OF MORETON BAY'S BUSIEST ROADS AS PART OF THE \$30.4 MILLION BRIBIE ISLAND ROAD UPGRADE.

After the Australian and Queensland governments locked in a \$30.4 million jointly funded agreement to upgrade Bribie Island Road, the tender was recently awarded to Queensland-based HEH Civil for the intersection project, with the works to support 30 jobs.

Deputy Prime Minister and Minister for Infrastructure, Transport and Regional Development Michael McCormack said the works would provide a safer, smoother journey along the region's main connection to the Bruce Highway.

"It's projects like this that are important now more than ever

to get all Australians moving again, as these projects support local jobs, bolster our economy and provide safe and efficient transport connections," Mr McCormack said.

"We are continuing to roll out these types of major projects across Australia under our \$100 billion infrastructure investment, supporting jobs and communities at a time when it's needed most."

Queensland Minister for Transport and Main Roads Mark Bailey said drivers would see plenty of activity as crew and equipment made their way on-site to begin work.

"We are investing in Queensland infrastructure and Queensland jobs as we unite and recover from COVID-19," Mr Bailey said.

"Works will include the installation of four through-lanes on Caboolture-Bribie Island Road, new traffic signals and left and right-turn lanes for traffic turning into and out of Old Toorbul Point Road."

Federal Member for Longman



ADVERTORIAL

Terry Young said the upgrades would have a positive impact for local residents in particular.

"Making this area a safe and liveable place is a priority, which is why this project is also delivering a signalised, pedestrian crossing on Caboolture-Bribie Island Road, two new bus stops and on-road bike lanes," Mr Young said.

"This is about reducing delays and improving safety for families and workers in a busy area, particularly during peak

school times."

Construction on the Bribie Island Road and Old Toorbul Point Road intersection is anticipated to be completed in mid-2021, weather and construction conditions permitting.

The \$30.4 million Bribie Island Road Upgrade is jointly funded, with the Australian Government contributing \$20 million and the Queensland Government contributing \$10.4 million.

JOBS

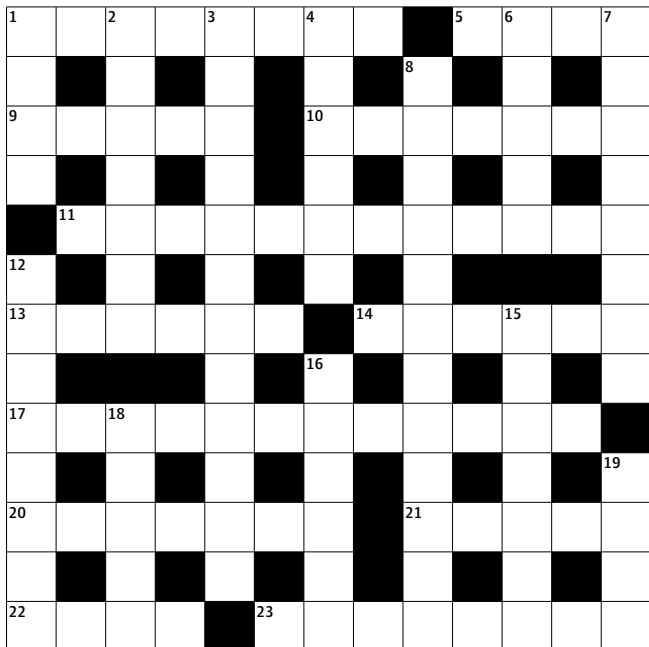
\$324.34 MILLION FOR INFRASTRUCTURE PROJECTS IN QUEENSLAND

TERRY YOUNG MP
Federal Member for **Longman**

Unit 7, Level 1, 69 King Street (PO Box 42), Caboolture QLD 4510
 P 07 5432 3177 E terry.young.mp@aph.gov.au
 W terryyoung.com.au F TerryYoungMP @terryyoungmp

Authorised by T. Young, Liberal National Party of Queensland, Unit 7, Level 1, 69 King Street, Caboolture QLD 4510.

Crosswords - QUICK & CRYPTIC



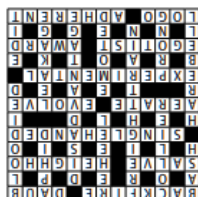
Across

- 1 Have an unintended negative consequence (8)
- 5 Amateurish painting (4)
- 9 Healing ointment (5)
- 10 Expression of weariness (5-2)
- 11 Glen dashed in (anag) — entirely alone (6-6)
- 13 Let in oxygen (6)
- 14 Develop (6)
- 17 Avant-garde (12)
- 20 Big-head (7)
- 21 Gong (informal) (5)
- 22 Company emblem (4)
- 23 Disciple (8)

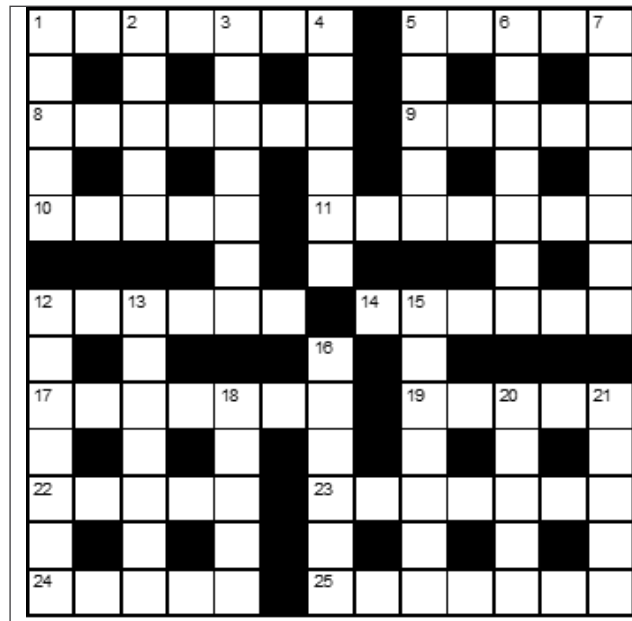
Down

- 1 Criticise — social gathering (4)
- 2 Ship carrying coal (7)
- 3 Railway wagons coupled together to carry goods (7,5)
- 4 Mend part of a shoe (6)
- 6 Sap-sucking bug (5)
- 7 Gory (8)
- 8 Flaw — weak point (12)
- 12 Blue wild flower — beer hall (anag) (8)
- 15 Accidental spill (7)
- 16 Expressed one's feelings (6)
- 18 Spike (5)
- 19 Revise (4)

SOLUTION



EASY crossword Issue 1179



Across

- 1 Unusual parties for mercenaries (7)
- 5 Five with a fever not with it (5)
- 8 Plot old clue for a change (7)
- 9 Grovel to the Head - ooops! Wrong! (5)
- 10 Unknown, this mix is out of the placings (5)
- 11 On such I relax to take the edge off (7)
- 12 Retain the elements needed to look well (6)
- 14 Plainly, leaders see fever becoming an epidemic (6)
- 17 Disturbed? - Weird or not? (7)
- 19 Behind 10a - one of a dozen.... (5)
- 22 Portrayal of game played with me personally involved (5)
- 23 Lutherans' rally don't need us to delight (7)
- 24 Supporting artist's achievements (5)
- 25 Canines fool amongst the best available (7)

Down

- 1 Unusual parties for mercenaries (7)
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- 24 Supporting artist's achievements (5)
- 25 Canines fool amongst the best available (7)

BY CYRUS

SOLUTION



CYRUS crossword Issue 119

Kids @ Page

Yummy Fruit Sticks

INGREDIENTS

- 2 bananas
- 4 large strawberries
- 100g natural yogurt
- 200g dark chocolate
- 1 tbsp. hundreds and thousands
- 4 wooden lolly sticks



METHOD

1. Peel the bananas and trim off the very ends if you'd like them neater. Then chop them each into 4 equal-sized chunks. Thread a strawberry onto each lolly stick first, then push on the pieces of banana.
2. When all your banana pops are made lay them on a baking tray and put in the freezer, uncovered, for 1 hr.
3. Put the yogurt into a tall glass or jug then dip each banana pop into the yogurt to coat (avoiding the strawberries), then place back onto the tray to refreeze until set.
4. Melt the chocolate in the microwave in 30 second bursts (stirring after each blast) then pour into a mug. Dip the end piece of each banana pop in the chocolate then sprinkle over the hundreds and thousands.
5. The chocolate should set pretty much instantaneously, but you can keep them in the freezer until you want to serve them for up to 1 week.



SPOT THE DIFFERENCE

Jokes.....

Q Why was 6 afraid of 7?
A Because 7 ate 9.

Q Why should you never eat a clock?
A Because it's too time consuming.

Q What should a sick bird do?
A Get tweetment.

Q I want a job cleaning mirrors.
A It's something I can really see myself doing.

Q What grades did the pirate get on his report card?
A Seven Cs.

Q How do you make a tissue dance?
A Put a little boogie in it.

N	A	S	O	O	H	O	T	D	O	G	O	S	D
O	S	F	A	H	D	N	U	T	N	T	O	D	C
O	S	S	G	F	R	U	I	T	I	T	S	D	N
D	E	P	G	S	G	O	D	T	O	H	A	K	S
L	R	E	N	N	I	D	V	T	N	I	A	D	L
E	O	G	S	E	C	O	I	D	A	E	D	V	L
S	L	H	A	R	B	F	K	D	T	L	O	L	O
A	E	E	L	A	A	U	C	S	A	O	O	D	R
N	G	T	A	F	R	D	T	E	R	I	F	A	P
U	U	T	D	U	S	A	I	T	R	R	T	H	O
T	K	I	H	I	I	S	C	S	E	E	S	L	O
O	K	R	O	P	T	M	O	L	H	R	A	A	N
R	G	R	A	V	Y	E	E	S	H	D	F	L	H

ONION
BURGERS
ROLLS
TV DINNER
STEAK
BUTTER
FAST FOOD

RADISH
CASSEROLE
TUNA
CEREAL
GRAVY
SALAD
HAM

FRUIT
SPAGHETTI
NOODLES
HOT DOGS
PORK
HOT DOG

PET PAGES - share your pets pics

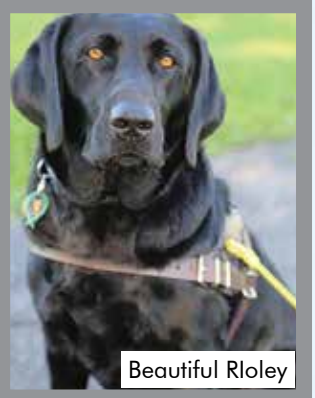


Rocky being a good boy

SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO: thebribieislander@gmail.com



Maxi



Beautiful Rloley



Molli



HEALTHY BODY TYPE

Compare the wolf or dingo to our pet dogs, there are real differences in proportion, face and teeth shape, leg length and shape, and head shape. The body type of ancestral dogs (wolves and dingoes) is more self-maintaining and healthy. It is therefore easy to see why our fur kids have health issues with their legs, heads and teeth especially. Gut

health issues are down to feeding too many processed foods from our table, this you can do something about by exercising a bit of tough love and not looking into those gorgeous dark doggy food-begging eyes, while at the table!

Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.

Phone the Clinic for a Veterinary appointment on 54976000 / 0400699704 Opening Hours: 8.15-6 M-F 9-12 Sat. Closed Sunday and Public Holidays.

QUIZ 3

GATHERED TOGETHER BY SHERLOCK

If anyone has ideas or feedback please let the mag know. I hope you all enjoy the Quizzes - but remember - always Quiz responsibly; AND please - only use Google as a last resort.



Gathered together by "Sherlock"

QUIZ TWO

- Q1. What is the world's largest fish?
- Q2. Who was the coffee shop "Starbucks" named after?
- Q3. What is the Capital of Canada?
- Q4. What is the name of the monetary currency used in Hawaii?
- Q5. In Billy Joel's "Piano Man" song, what was the old

- man "Making love to"?
- Q6. In Australia, where is the Big Prawn?
- Q7. How many stripes are on the USA's flag?
- Q8. What is the main lake in Canberra named?
- Q9. If you can see the Hagia Sofia Museum, which city are you in?
- Q10. Why did the ABC choose 9994 for its Post Office Box Number?

Answers to Quiz: 1. Whale Shark. 2. The first-mate of the whale-ship Pequod, the ship in Moby Dick. 3. Ottawa. 4. US Dollar. 5. His tonic and gin. 6. Ballina. 7. 13. 8. Burtley Griffin. 9. Istanbul. 10. It is D G Bradman's cricket average.



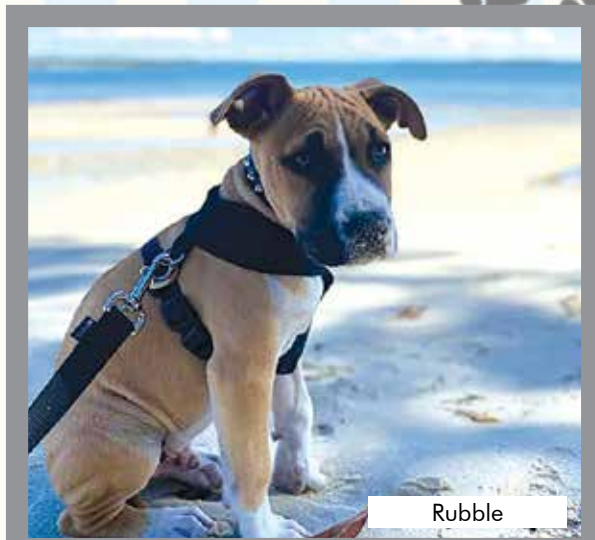
Whens the next bus??



Charlie



Rosie The Princess



Rubble



Cruiser



Ali concentrates



Someone's going to pay for this!

2 BECAME 4 NOW 4 BECOMES 8

Well, further restrictions have been lifted concerning croquet. Yes!! Now we can have eight players on a court which is our maximum.

Four players playing first colours Blue, Red, Black, Yellow.

Four players playing second colours Green, Pink, Brown, White.

1. You are outside in the fresh air and not stuck indoors watching awful day time television. A dreadful experience!

2. You are exercising which helps get rid of the extra weight you put on trying those baking recipes in lockdown.

3. You are using your brain. Golf croquet is good for the brain. You have to work out strategies to outwit your opposition in order to win.

4. You are socializing (albeit at a distance) with other people. You can chat and discuss tactics as



1st Colours



2nd Colours

All the players are socially distanced as there is plenty of room on a court for eight players. BUT what other problems other than the virus have Covid 19 caused?

For some people it was boredom. For some people, it was an opportunity to do all the things they had been putting off for so long.

For some people distress at not being able to do what they normally did.

Worst of all for some people, it was depression which is a dreadful condition.

BUT can playing croquet help? What are the benefits of playing croquet? Well, there are many!

you play.

5. You are out of the isolation rut. The Covid rules still apply, social distancing, sanitizing, anti-bacterial wipes to clean all the equipment. But most of all having fun!

If you would like to come and try or join please contact

Dick Byres President on 0488 282 959 Or

Jan Rees Vice President on 0437 008 042

Or email bribieislandcroquet@gmail.com

They will be able to arrange for you to come and have a go.

Good Luck

Kathy Vincent



Congratulations to Di Benghamy & Vicki Jones – Ladies Foursomes Championship Winners being presented by Kate Thomas & Tarek Noble of Victoria Nicholson Real Estate who were sponsors of the event.

BRIBIE ISLAND LADIES GOLF RESULTS:

TUES 14/7/20 – Ladies Monthly

Medal – Single Stroke –

Sponsor: Woorim Surfside

Pharmacy. Div 1 Winner: Abby

Driver 76. R/U: Gill Lee 77. 2nd

R/U: Val Smith 78. Best Gross:

Di Benghamy 85. Best Putting:

Sandra Marshall 28 Putts. Div

2 Winner: Anna De Bondt 74.

R/U: Lenore Wilson 77. 2nd

R/U: Angela Claxton 78 c/b.

Best Gross: Anna De Bondt 99.

Best Putting: Anna De Bondt

28 Putts. Div 3 Winner: Sylvia

Kuhbauch 72. R/U: Nadia Aylott

73. 2nd R/U: Ros Crossley

74 c/b. Best Gross: Sylvia

Kuhbauch 102. Best Putting:

Sylvia Kuhbauch 30 Putts.

THURS 16/7/20 – Ladies 3

Person Aggregate Stableford –

Overall Winners: Ann Mitchell,

Carol McAlister & Julie Geale

106. R/U: Paula McKenzie, Gay

Burnham & Myra Thomsen

103. 2nd R/U: Robyn Harper,

Judy Graham & Val Smith 99

c/b.

TUES 21/7/20 – Ladies Single

Stableford – Div 1 Winner:

Leonie Buxton 38. R/U: Gill

Lee 36. 2nd R/U: Maree Bailey

35 c/b. Div 2 Winner: Mary

Carruthers 40. R/U: Charmaine

Price 38. 2nd R/U: Fizzie Jackson

36. Div 3 Winner: Roslyn

Crossley 37. R/U: Paddy Hyde

36. 2nd R/U: Jennifer Stafford

35.

THURS 23/7/20 – Ladies

Foursomes Championship –

Sponsor: Victoria Nicholson

Real Estate. Overall Gross

Winners: Di Benghamy & Vicki

Jones 133. R/U: Suzanne Valley

& Sandra Marshall 136. 2nd

R/U: Linda Urquhart & Myra

Thomsen 137 c/b. Overall

Nett Winners: Suzanne Valley

& Sandra Marshall 136. R/U:

Sylvia White & Sandra Power

144. 2nd R/U: Carole Watson &

Susie Smith 142.

Congratulations to Di

Benghamy & Vicki Jones

– Ladies Foursomes

Championship Winners being

presented by Kate Thomas

& Tarek Noble of Victoria

Nicholson Real Estate who

were sponsors of the event.



BONGAREE BOWL'S LADIES SECTION RESULTS:

Tuesday 14th Winners: S Scott, B Vonarx, R/Up: B Moor, R McCormack. Friday 17th Winners: P Walker, D Poulson; R/Up; S Scott, B Hutchinson Tuesday 21st Winners: Jacqui Murdock, Ken Kajewski. R/Up: Gail Parker, Elna Jensen.

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Flowers on the Water

SATURDAY 25TH JULY DAWNED TO A DREARY HORIZON OBSCURING CLOUDS OVER THE GLASSHOUSE MOUNTAINS WITH A POTENTIAL SQUALL PREDICTED FOR THE PUMICESTONE PASSAGE. IT WAS A COLD, SHOWERY AND MISERABLE MORNING BUT A SOMEHOW FITTING ONE FOR SUCH A SOMBRE OCCASION.

Members of Dragons Abreast, Bribie Island (DABI) paddled in the rain to conduct "Flowers on the Water™, a very special Dragons Abreast Australia ceremony.

This is one of the most emotional and important traditions within dragon boat paddling for Breast Cancer survivors. It is conducted on rare occasions to honour those who have been, and are continuing, to travel the path of a Breast Cancer diagnosis, as well as those who have lost their battle with breast cancer.

Belonging to a breast cancer survivor group means that inevitably some of us do lose our lives to BC and in Australia, we have coined the name, Angels Abreast for the members who have left us.

Our Flowers on the Water ceremony is trademarked by Dragons Abreast Australia to maintain the significance and to protect the dignity and respect for all.

Thankfully, the rain stopped at the right time to enable us to have the Memorial Service without getting soaked. Our onshore Commentator introduced the ceremony to gathered friends whilst to honour our Angel, her teammates from DABI paddled out in purple and pink dragon boats. The two boats rafted up together as our own Chaplain evoked very moving and beautiful words while we scattered multi-coloured flower petals onto the swell.

A poignant minute of silence accompanied soulful music and the carpet of floating colour as we remembered our Angel; thanked her for being part of our lives, and contemplated the special times we had together.

Both boats then paddle-tapped a circle of honour to shore where all were invited to join us and participate by sprinkling petals into the water.

We felt that we had farewellled our Angel uniquely as a glorious rainbow dipped into the channel at Ningi Creek.



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1.

WHITE AND ORGANISED

White expands the room and creates the illusion of space. This white and well-organised laundry is complete with a sink, folding station, ironing board, stacked washer and dryer, and lots of storage. And it only took half a wall of space.

LAUNDRY AND MUDROOM

Incorporating with the mudroom is one of the most popular small laundry room ideas and designs. It's sensible and traffic smart especially if you need extra space to hang and dry clothes. This light green colour scheme is laundry room perfect - fresh, clean, airy.



2.



3.

LIGHTING

We often don't think of the laundry room when choosing light fixtures. But with new fixtures, or even a chic lamp, you can change the mood, look and vibe of your laundry room in no time at all.



4.

RETROFIT CABINETS

Retrofit the inside of your cabinets with additional storage options. In this example, wire laundry bins were installed to help manage the chaos of all the dirty laundry that a family might produce. You can add other upgrades, such as extra drawers, shelves or even extra storage for all of your pet items.

7 secrets to styling your LAUNDRY

PRESS THE ISSUE

"Our laundry room and kitchen pantry is a small multi-purpose space, so we needed to maximize the storage options," to create a solution for storing both the ironing board and iron. A standard shelf with hooks from a craft store fit the bill. A silicone iron rest atop the shelf protects the shelf surface if a still-warm iron is put away.



5.

HANG ARTWORK

Adding artwork to your laundry room immediately elevates your space and makes it feel less like a utility room and more like a true living space. You can pick up on any design themes you already have going on in your home with your artwork. Or, go in a completely different direction, and do something fun and bold in your laundry room.



6.



7.

ADD A NEW SINK

If you have a sink in your laundry room, switching it out is a great option if you want to dip your toe in the renovation pool. Your options are limited by your budget; however, there are some lovely sinks that you can find in home improvement stores that will elevate your space. Pair your new sink with a new faucet for an extra design punch

We were WARNED

CHANGE HAD TO COME!!

Yes the Rotary Club of Bribie Island held their Changeover on July 2nd with Past President Jeff Eustace handing over the Collar to Bernie Wilson. It was all achieved via Zoom – which in itself has meant massive changes for the members – having to adopt this technology in order to attend meeting over the past 4 months. The meeting was attended by members of the club as well as Friends of Rotary, Local Councillor Brooke Savage and our District Governor Neil Black.

Despite Covid-19 shutdown the club overall had a successful year and was able to fund and donate \$18,000 to our local community group as well as our continued support of End Polio Now and Research into Mental Health through Australian Rotary Health Foundation – congratulations to Jeff and his board and all the members of our great club as well as our Friends of Rotary for a wonderful effort. Congratulations also to Honorary Member Heather White and members Gillian & David Parry for their untiring



efforts in organising our major fund raisers – Movie & Trivia Nights and of course our Markets.

The Rotarian of the Year was awarded to June Sturgess for her continued support of Youth Services in our area. June continues support of our Earlyact Club Bribie Island State School,



attending their meetings and fund raising ventures. Her tenacity and persistence has seen an Interact Club chartered at

the Bribie Island High School, whose meetings she regularly attends. Through June's contacts within the High School she has also been able to involve the year 11 students in a Driver Awareness program run by Rotary. June continues her support of the youth at Bribie High by interviewing and mentoring students for the National Youth Science Forum and Model United Nations Assembly. June also attends the awards nights for all 3 schools in our region – WELL DONE JUNE.



THE INCOMING PRESIDENT BERNIE WILSON is a seasoned President having filled the position in Rotaract in her Youth, as a Charter President of a club on the Darling Downs and finally here on Bribie. The Theme for the New year is "Rotary Opens Opportunity" and uses the doors logo as a reminder that each time you open a door you Open new Opportunities to serve.



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If you would like to receive an up to date price guide on your property, please call me directly on **0418 283 726**, and I will be more than happy to drop one over to you.

Carolyn Drane, Your Local Specialist

*"From the Highway to the Island: **0418 283 762** : carolyn@carolyndrane.com"*



BY: Peter Schinkel

island gardens

WELCOME BACK TO ISLAND GARDENS. TODAY WE'RE LOOKING AT PRUNING ROSES AND OTHER PLANTS IN TIME FOR SPRING GROWTH JUST A FEW WEEKS AWAY NOW. THERE IS A LOT OF ADVICE AVAILABLE ON ROSES, AND OFTEN MUCH DEBATE AS TO WHAT IS RIGHT AND WRONG. SO THE ADVICE I GIVE HERE IS FROM MY EXPERIENCE, THAT OF MY CUSTOMERS, AND A LITTLE RESEARCH. AT THE END OF THE DAY - DO IT WITH A LITTLE COMMON SENSE AND YOUR USUAL LOVE AND CARE.

So here we are close to the end of Winter and most of our roses are leafless and flowerless. Although the springlike days that Bribie Island gratefully receives in winter means that many roses are still sending out a flower or two. Either way, we are nearing the end of the dormant period in which they should have their big

winter prune – many of our experienced rose growers will have done this in July – but it's not too late. The temperatures shouldn't warm up much for at least a couple of weeks yet.

The pictured rose bush here is a "standard rose" (also referred to as a stem rose) - a variation of the normal bush rose but grafted at a height of 90cm or 60cm (patio standards). The same pruning advice applies to bush roses.

When pruning, create a bowl shape as shown in the lower photo. This allows sunlight and air to reach all parts of the bush when growth returns. Also, black spot is a common affliction and this aerated shaping will help to alleviate or negate the problem.

Aim to cut off around half to even two-thirds of the bush's size. Any branches which are facing inwards are best cut off. As much as possible, have your branches fanning outwards. Cutting about 5-10mm above

an outward-facing node will encourage the Spring growth to continue outward, allowing the sunlight and airflow to continue reaching the whole bush. The bowl-like appearance will be the result, creating a very healthy basis for your rose's upcoming season. Although you now have what may appear to be a boring bunch of sticks, you can look forward to a magnificent display of roses in the months to come.

It is okay to do minor pruning throughout the year to help keep your bush nicely shaped, including removing the dead flowers whenever you see

them. As with most flowering plants, "dead-heading," these flowers promotes the growth of new flowers.

And just a little hint to keep in mind every year for Mother's Day - at the end of March or very early April - prune back a few inches of lots of stems and branches. 6 to 8 weeks later, you will have a spurt of new roses to give to all the special mums you know :-)

Have a wonderful August and see you again in issue 121 on the 28th August.

Have a wonderful August and see you again in issue 121 28th August. happy gardening.



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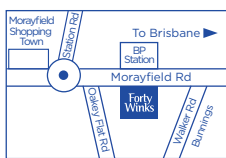
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There May Be Several Reasons Why You May Need To REMODEL YOUR BATHROOM



TO INCREASE THE HOME'S SALE VALUE

Homes experience wear and tear over time. One such place that the impact is profoundly felt is the bathroom. The bathroom will look older than the rest of the house because of the hot water that causes moisture. Estate agents know this. One of the important factors that they check when they are valuing a home is the condition of the bathroom. A bathroom in good condition will raise the value of the house. Therefore, if you are contemplating selling your house and moving, it is a good idea that you remodel your bathroom to increase its sale value.



FOR SAFETY REASONS

Some things indicate that your bathroom is not safe. Some of the common ones have something to do with tiles. You probably have ignored them for a long time, but if you know your bathroom tiles are slippery or are broken, your bathroom is not safe. There may also be water leakages, which make the floor slippery and walls damp. It may also come in contact with electrical cables. If your bathroom has any of these signs, then you should consider remodelling it.



THE PLUMBING NEEDS TO BE FIXED.

The plumbing in the bathroom deteriorates with time. If you are experiencing constant problems in your bathroom that is plumbing related, then it is a sign that it needs to be redone to avoid them recurring. Mostly, you will be calling a plumber to fix something small, and then after a few days calling them to fix something else. This is annoying, inefficient and costly. You just need the bathroom to be fixed, and the best solution is for the bathroom to be redone.



EFFICIENCY AND SUSTAINABILITY

A more efficient bathroom will save you money in the long run and reduce strain on the environment. Remodelling the bathroom gives you the chance to replace the old inefficient pipes and fixtures that save on the electricity bills and curb water usage.

MOULD AND MILDEW ARE INCREASING.

As the bathroom stays for long without being remodelled, mould and mildew keep on increasing. As a result, you will spend a lot of time cleaning the bathroom. If you are experiencing this, then your bathroom needs some attention. Mildew and mould make it hard to clean your bathroom.

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So, if you need concrete around Bribie Island and the Moreton Bay area, we are in a great location to supply our quality premixed concrete in one of our Company owned and operated 7.2m³ or 3.2m³ concrete truck fleet.

Please give our team a call to discuss your needs or book in delivery.

Bribie Island SOLAR

At Bribie Island Solar we aim to save you money on power bills. Installing a solar system on your roof will generate power but how you manage your energy use will determine how much you save.

Here are a few tips to maximise the savings of installing solar on your roof. The aim is to consume as much energy at the same time the solar is producing energy.

You may be surprised how cheap solar power has become. A system from Bribie Island Solar can pay for itself between 3 to 4 years. In times of low economic returns on investments, solar has the advantage of saving you year after year, and paying for itself very quickly

Use more power during peak solar production

Simple tasks you can do during the day instead of at night:

- Turning the dishwasher on in the morning. Turning the dishwasher on just as you leave for work or setting on a delay timer for the middle of the day.
- Does your Washing machine have a delayed start time? By setting your washing machine to start at say noon will reduce the power that you use from the grid.

Is your hot water on a discounted tariff, or can it be set for different times to turn on?

Hot water usage averages 8kwh per day. A simple timer can turn the hot water system on in the middle of the day and have it powered by Solar. These timers cost only \$200 and can save you thousands of dollars

- Another way of saving is if you can install a hot water diverter. Any excess solar power not being consumed in the house will be diverted and stored in the electric hot water tank.

Can you get a better deal from your energy provider?

It's worth shopping around, and frequently checking your bills.

Energy companies have been overcharging for years, and with the increased competition in the market, there are better deals to be had. Phone a few energy retailers, and shop around. You will be surprised how much you can save by changing power Companies

Look at your night-time energy usage. Your night usage is now the main cost to you.

- Can you install upgraded energy-efficient lighting? • Are your fans and Air Conditioners energy efficient? Or need servicing? • Turn off as much as you can at night time when not in use.

Set your air con timer or control it remotely

• Most Air Cons have a timer. If you know you're going to get home at 5 pm after work and turn the Air Con on, then set the timer for 4 pm, and cool the house whilst the Sun is still shining and producing power.

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FISHING Tips

SPEAK TO ANY KEEN ANGLER AND THEY WILL HAVE THEIR OWN TIPS AND TIPS TO CATCH MORE FISH. THERE IS NO RIGHT OR WRONG WAY WHEN FISHING, AND WHAT MIGHT WORK FOR YOU WON'T WORK FOR SOMEONE ELSE.

BE PREPARED

Preparation is the key to success in many cases including fishing. Before you even hit the water be sure to check all your gear including tackle, rods, etc. and if going boating, ensure your battery is working, fuel tank full and run the boat motor before you even get to the ramp. There is nothing worse than being at the ramp and either the boat won't start, or you have forgotten

a rod or other gear. Regular maintenance of your gear after every fishing trip will ensure for smooth fishing the next time you go out. Make sure you wash your gear properly and you can even go as far as checking your knots and leader so you spend less time rigging up and more time fishing next time you go out.

DECIDE ON YOUR TARGET SPECIES

To increase your chances of

catching fish, first, decide on what species you want to catch. This will help with your tackle and bait/lure selection. Research your target fish and adjust your gear selection for optimal results. If you focus your efforts on just one or two species rather than a broad "catch all" approach your next fishing adventure will be far more effective.

DO YOUR HOMEWORK

It pays to do a little research into the areas you are fishing and the types of fish that inhabit the region, this will help with the previous step of deciding what species to target, but it will also help you with deciding on what bait to use and the best times to fish. Work out what time the tides will be and fish them appropriately. Some fish species will be more active at sunrise and sunset, so if you are able to combine this period with an incoming or outgoing tide you may just have a better chance of landing fish. Put some research into where the reefs are, or any other structure worth fishing, talk to friends, read fishing reports and generally make yourself familiar with what is

happening in the areas you are looking to fish.

TEST THE WATERS

Fish are very mobile and move around the waterways regularly, often covering large distances. One week your favourite fishing location might have a lot of activity, the next week it's dead quiet. So rather than lose a day's fishing and not catch a thing, it pays to first test the waters by either doing several drifts in a boat or set some baits and if the fishing is quiet move on to another location. Move around until you find where the fish are holding, by doing this you will also discover new reefs or structure which you can mark on your GPS for your next fishing trip, you never know when you will come across a random section of structure or reef holding quality fish.

USE ELECTRONICS

There are some great products on the market these days to help you locate fish. Fish finders and GPS units have come along way and can save you from fishing "blind" and increase your fishing outcomes.

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Fishing REPORT

By Bribie Bait Tackle & Bikes

Despite fairly miserable weather during the last fortnight, the anglers who have braved the conditions have been rewarded with some nice fish.

I can only report what my informants have relayed to me. Once again, Claude has caught some very nice Flathead trolling hard-bodied lures on the banks in front of Pebble Beach, and also in the deeper waters behind the Avon wreck. Danny has also caught some nice Flathead and Bream on soft plastics off the sandbank on the northern side of Pacific Harbour canal entry. Amazingly enough, he also managed to get a half dozen very nice Whiting of 35-39cm in the same location on yabbies. It is



important to note that Danny has taken all his fish at night. The proof is in the pudding – a photo of 55cm Flathead and 39cm Whiting. I have also had solid reports of nice Flathead and the

odd good Tailor caught at Red Beach on pillies. Fairly sketchy reports of tailor being caught at Skirmish Point, but those that have been taken have been caught in the early morning or late evening and were pretty handy fish. There is quite a lot of bait scattered along the beach close to shore, and with the cold west to south-west winds we have had in the last week or so, one can only expect that the Tailor



should show up in numbers in the near future.

Don't forget that the season is closed now for Snapper and Pearl Perch until midnight on the 16th August, but have a look at the nice Snapper Kelly caught a couple of days before the closure.

According to the Almanac, our next 'hot' time is the 20th, 21st, and 22nd August. In my last report, I mentioned some nice Squid being taken at night at Creel Bend, and this is still the case. Just remember – these are absolutely delicious, but only take what you can eat so all can enjoy a feed. It would be very remiss of me if I didn't make mention of the 'reel' specials that are on at the moment at Bribie Bait Tackle and Bikes. Come in and grab a bargain while the stocks last.

That's all for this fortnight. Keep your stories of success rolling in.

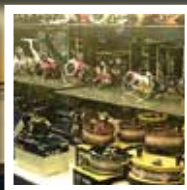
Tight lines and keep safe.

TIDE TIMES

BRIBIE ISLAND & MORETON BAY

FRI 31 Jul 1:07 am 0.59m 6:40 am 1.32m 12:33 pm 0.33m 7:44 pm 1.94m	SAT 1 Aug 2:15 am 0.5m 7:49 am 1.36m 1:36 pm 0.28m 8:39 pm 2.03m	SUN 2 Aug 3:10 am 0.41m 8:48 am 1.42m 2:32 pm 0.23m 9:29 pm 2.08m	MON 3 Aug 3:56 am 0.36m 9:38 am 1.47m 3:21 pm 0.2m 10:14 pm 2.09m	TUE 4 Aug 4:38 am 0.34m 10:22 am 1.5m 4:05 pm 0.21m 10:54 pm 2.06m	WED 5 Aug 5:16 am 0.34m 11:02 am 1.5m 4:45 pm 0.24m 11:30 pm 2m	THU 6 Aug 5:52 am 0.36m 11:41 am 1.5m 5:22 pm 0.29m	FRI 7 Aug 12:02 am 1.91m 6:25 am 0.38m 12:16 pm 1.49m 6:00 pm 0.36m
SAT 8 Aug 12:32 am 1.82m 6:58 am 0.39m 12:54 pm 1.48m 6:39 pm 0.44m	SUN 9 Aug 1:02 am 1.72m 7:32 am 0.41m 1:35 pm 1.47m 7:23 pm 0.54m	MON 10 Aug 1:35 am 1.61m 8:09 am 0.43m 2:22 pm 1.46m 8:15 pm 0.65m	TUE 11 Aug 2:14 am 1.48m 8:51 am 0.47m 3:18 pm 1.45m 9:18 pm 0.75m	WED 12 Aug 3:01 am 1.35m 9:42 am 0.51m 4:26 pm 1.46m 10:37 pm 0.81m	THU 13 Aug 4:05 am 1.24m 10:41 am 0.53m 5:39 pm 1.52m 11:59 pm 0.79m	FRI 14 Aug 5:26 am 1.18m 11:41 am 0.5m 6:44 pm 1.62m	SAT 15 Aug 1:15 am 0.7m 6:42 am 1.21m 12:38 pm 0.43m 7:36 pm 1.76m

BRIBIE BAIT TACKLE & BIKES



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VMR

BRIBIE ISLAND

Green Saturday's second to last job. An 8.5m half cabin with some electrical issues and they didn't catch any fish either so not happy fisherman, made it back into Spinnaker before it got dark. Great to see all the guys wearing new life jackets keeping themselves safe on the water.



Green Saturday was tasked to an interesting job. A 26ft sailing boat motor had given up and needed to get to Bribie Gardens which many of you won't know, is only accessible by a lock. So the vessel folded its mast down so we could get under the bridge, then that made it 36ft!! So, Jonkers Bribie 3 towed the vessel to the lock and each vessel had to enter the lock on their own as there was not enough room for them both. So a lot of man handling of the sailing vessel was done, lots of ropes thrown and in the end the sailing boat was towed safely once on the other side to its pontoon. It took a great deal of team work to make it happen great job Green

MSQ VISIT

Ben Bosschieter from Maritime Safety Queensland was a special invited guest at the July Committee Meeting to bring the committee and some of the VMR Coxswains who also attended, up to date on the issues and problems that MSQ faces. Discussions were held on ways of helping each other regarding vessels

SIGNBLAST

Volunteer Marine Rescue Bribie Commodore made a surprise visit to SIGBLAST at Caboolture and presented the team with one of our VMR Plaques in appreciation for their generous support. SIGNBLAST recently donated the new VMR Signage for our new tractor.

VMR Commodore Liz Radajewski presents a VMRBI Plaque, whilst keeping her social distancing to the SIGNBLAST team: Leah Duncan, Justin Miller, Maree Miller and Warrick Pye.



Back Row Committee Members Karen Darlington, Doug Lythgo, Graham Gibb, Gary Voss and Commodore Liz Radajewski. Middle Row Coxswains Ian Grimes, Ray Gibbs and Committee Member Wayne Sclater. Seated in front. Ben Bosschieter from Maritime Safety Queensland. Vice Commodore Ces Luscombe was also in attendance by video hook-up and Committee member Peter McNamara was behind the camera

and conducted a tour of our base and vessels.



Ali King was given a run-down of our radio procedures by Radio Operator Lyn Boucaut.

on mooring buoys in the Pumicestone Passage.

ALP CANDIDATE VISITS VMRBI

State Labor candidate for Pumicestone Ali King along with Kerry Duffy visited VMR Bribie Island on Wednesday morning 15th July 2020. Commodore Liz Radajewski, Secretary and Commercial Coxswain Gary Voss, Radio Operator and Emergency Services Liaison Officer Graham Gibb outlined our operation, highlighted our challenges



Kerry Duffy, Graham Gibb, Gary Voss, Ali King and Commodore Liz Radajewski in front of our recently acquired tractor.



Commodore Liz gives Ali King a tour of our main rescue vessel Bribie 1.

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Gary Voss, Commodore Liz Radajewski, Graham Gibb and Ali King with Bribie 1 in the background.

NIGHT TRAINING

Caption On water Night Training for or VMR rescue crews is an essential part of VMR Bribie's training schedules for all crew members, but safety is always one of our major concerns. So whenever one of our rescue vessel go out day or night, there is always a radio operator to handle their calls. At night there is a call out system for radio operators, the same as for the boat crews, for anyone of our three rescue vessels Bribie 1, Bribie 2 or Jonkers Bribie 3.



While Bribie 1 was out in the bay doing night training Radio Officer John Bodycombe manned the radios in VMR Bribie radio room to handle their calls.

In light of recent fires on board of boats in South East Queensland, now would be a good time to check your fire extinguisher, if you have one on your boat. MSQ Advises: All Queensland regulated ships and boats over 5m in length MUST carry firefighting equipment that can extinguish a fire quickly and effectively.

YEAR TO DATE RADIO ROOM STATISTICS

YEAR TO DATE RADIO ROOM STATISTICS

To Thursday 23rd July 2020:

7,289 Calls, 2,116 vessels logged on, 163 Vessel Assists, 748 Sitreps, 308 Requests, 28 overdue vessels, 6 Vessel Tracking, 798 Radio Checks, 29 Weather Broadcasts, 13 Securite Broadcasts, 0 Pan Pan 0 Mayday. VHF 76.0%, 27MHz 8.8%. JULY 2020 VESSEL ASSISTS:

WED 01/07 1117am – 5.4m Half Cabin non-member with motor broken down required a tow from Red Beach to Bellara.

WED 01/07 1425pm – 4.5m Half Cabin member stuck on mud bank north of Spinnaker Sound Marina,

THU 02/07 1519pm – 6.5m Half Cabin member bearing problems required a tow from between Gilligan's Island and Red Beach to Spinnaker Sound Marina.

FRI 03/07 0954am – 6.3m Half Cabin member with motor problems, required a tow from Comboyuro Point to Spinnaker Sound Marina.

SAT 04/07 1623pm – Brisbane Water Police initiated a SAR between Moreton Island and Pearl Channel for small inflatable. Search was called off around 6pm.

SUN 05/07 1712pm – Half sunken Tinny off the Bongaree Jetty, reported by MOP. Investigated - Vessel is damaged and unable to pump

out. Left at Bongaree Ramp. Advised VKR of situation. Boat secured.

MON 06/07 1709pm – 5.2m Centre Console non-member with a flat battery, required a jump start half way between Woorim and Caloundra. Jump started, but required a tow back to Spinnaker Sound Marina.

WED 08/07 0944am – 5m Runabout non-member with engine failure required a tow from Cooks Rocks to Bongaree Boat Ramp.

WED 08/07 1759pm – 4.3m Runabout with motor problems required a tow from sandbank at Bellara to our Base Boat Ramp.

WED 08/07 2349pm – Water Police initiated SAR for missing kayaker in the Peel Island area.

SAT 11/07 1732pm – 7m Pontoon Boat non-member with motor problems required a tow from South of the Bongaree Jetty to Pacific Harbour.

SAT 11/07 1817pm – 4.6m Tinny member with motor problems required a tow from near Pacific Harbour to Bellara Boat Ramp.

MON 13/07 1200pm – 9m Cruiser member required a tow from Pumicestone Passage near VMR to Spinnaker Sound Marina for maintenance work.

SUN 19/07 1135am – 7.2m Cruisecraft non-member with engine problems required a tow from NW6 Shipping Channel to Spinnaker Sound Marina.

TUE 21/07 0740am – 4.1m Runabout non-member with motor problems, required a tow from Whitepatch to Toorbul Boat Ramp.

SAFETY DAVE

The Frenchie's Message:

You should buy all firefighting equipment, like fire blankets and extinguishers, from an authorised dealer who can work out the best type for your needs. Fire extinguishers must be serviced by the manufacturer or an authorised agent before the expiry dates. If any firefighting equipment is unusable, you must replace it. A portable fire extinguisher (PFE) which has a manufacture stamp of more than 5 years prior, under Australian Standards must be

hydrostatic pressure tested by an approved tester. Due to the cost and time associated with this process most commonly the PFE would be simply replaced. <https://www.msq.qld.gov.au/Safety/Firefighting-equipment> "BUT importantly – Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"



Safety Dave the Frenchie say's "Confirm the extinguisher is visible, unobstructed, and in its designated location. Verify the locking pin is intact and the tamper seal is unbroken. Examine the extinguisher for obvious physical damage, corrosion, leakage, or clogged nozzle"



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ON THE ROAD - RAREST CARS PART TWO

This beautiful car probably looks a bit familiar to a few readers, and that's because a Ferrari 250 GT was the same car that was used in the '80s blockbuster, "Ferris Bueller's Day Off." "Only 55 of these cars were ever made, making it one of the most sought-after Ferraris on the market," says Shayrgo Bazari of CarSumo. The Ferrari 250 GT was built between 1953 and 1964, with many racing models built in between those years. In 1959 Ferrari gave the 250 GT sharper handling and reduced its wheelbase to create the 250 GT California Spyder SWB. The car was showcased in Geneva

in 1960. The revised Spyder also had disc brakes and a most powerful, 276-hp version of the 3-liter V12 engine of its predecessor. The car featured in "Ferris Bueller's Day Off" was a replica, fiberglass-bodied version of the 250 GT Spyder California. A 1961 SWB was sold by James Coburn to radio DJ Chris Evans for £5.5 million. Another '61 SWB, a barn find that was used in the film "Les Felins" with Jane Fonda, sold for \$15.9 million in 2015. And finally, on March 11, 2016, at the Omni Amelia Island Plantation, a '61 SWB was auctioned off for \$17.16 million.



1961 Ferrari 250 GT California SWB Spider - \$17.16 MILLION



1953 Jaguar XK120-C - \$13.2 MILLION

The Jaguar XK120-C, or the C-Type, was a racing sports car from Jaguar produced between 1951 and 1953. The car was built using a lightweight tubular frame and an aerodynamic body developed by Heynes, RJ Knight, and Malcolm Sayer. Only 53 of these cars were built, and 43 of them were sold to private owners, making it possibly the rarest Jaguar in the world. One thing is certain: When a '53 C-Type sold at an RM Auction in Italy in 2015 for \$13.2 million, it became the most expensive Jaguar ever sold.

The road-version car ran on a 3.4-liter twin-cam straight-six engine that produced between 160 and 180 bhp, while the track-version had a 205 bhp tuned engine. The C-Type was very successful at racing, proven by its two wins at the Le Mans 24 Hours race, first in 1951, and then in 1953. They lost in 1952 because Jaguar was worried about the reported speed of the new Mercedes-Benz 300SLs, so they modified the aerodynamics to increase speed, but the rearrangement led to overheating from a vulnerable cooling system.



Bugatti Type 41 Royale Kellner Coupe \$9.7 MILLION

Before Bugatti was known for their high-end, high-priced supercars, they were known for their luxury vehicles. The Type 41, better known as the Royale, was a large luxury car built between 1927 and 1933. It weight approximately 7,000 pounds (which is a lot), and used a 12.763-liter straight-eight engine (which is huge). For comparison, a modern Rolls-Royce Phantom is 20% shorter and 25% lighter than the Bugatti Type 41.

In fact, the Type 41 is one of the largest cars in the world—and unofficially, it's one of the most stylish. Ettore Bugatti planned to build 25 of these cars and to sell them to royalty as "the most luxurious car ever," but you'll note that the cars were built during the Great Depression, so his timing was a bit off... Not even European royalty was buying cars such as this during

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ON THE ROAD

that time, so only three of the seven made were sold. The chassis alone cost \$30,000 to build when it was first made. Today, six of the cars exist, and one of them was destroyed in a wreck. In 2001,

Forbes reported the price-tag of this car at \$10 million, though CarBuzz reported in 1987 that one had sold at auction for \$9.7 million.



2008 Maybach Exelero \$8 MILLION

The Maybach Exelero is a one-off high-performance sports car made by the German manufacturer Maybach-Motorenbau GmbH, a subsidiary of DaimlerChrysler. The car was unveiled in 2005. It was powered by a twin turbo V12 engine that produced 690 horsepower, a top speed of 218 mph, and a 0-62 mph acceleration time of 4.4 seconds. The car was used in an episode of the long-running German show Cobra 11, which made it somewhat famous. According to Top Gear, the car was purchased by

American rapper Birdman in 2011 for \$8 million, though Motorvision tracked down the car and reported the previous sale was unfounded. They found that the car was owned by Mechatronik and located in Germany. Jay-Z also featured the car in his music video "Lost One," which gave the car a renewed high profile. Barazi of CarGurus has said, "The Exelero combines the first-class experience you'd expect from a limo with the performance characteristics of a high-end sports car." We don't know if all of that is true, but what we do

know is that it sells for \$8 million. Maybach has always been known for their high-end luxury cars, so

this one was quite a deviation from their norm.




1964 Ford GT40 \$7 MILLION

The Ford GT40 is the precursor to the now-popular Ford GT supercar. The GT40 was based on the British Lola Mk6 and was powered by a series of American-made engines built solely for the car. The GT40 won the 24 Hours of Le Mans four consecutive times, from 1966 to 1969, and finished 1-2-3 in 1966. With Henry Ford II in attendance at Le Mans, the Mk II GT40 gave Ford the first Le Mans victory for an American manufacturer in 1966. The car was produced to win long-distance races, primarily against Ferrari, who won Le Mans six times in a row from

1960 to 1965. As you can see, Ford succeeded in their one-sided mission. The car was named after its style, a Grand Tourer, and its overall height of 40 inches. Only 105 of these cars were produced between 1964 and 1969. They all ran on different sized V8 engines, including a 4.7-liter engine in the Mk I, a 7.0-liter FE engine in the MK II (the same engine that got them the 1-2-3 finish in 1966), a detuned, 306-hp 4.7-liter engine in Mk III, and the same engine in Mk IV as in Mk II. These cars are extremely rare and valuable these days, as a prototype GT40 was sold in 2014 for \$7 million, according to AutoBlog.


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Horoscope

People in the UK are known for their ability to form orderly queues. Yet recent events have tested even their patience. As we head into August there's reason to be hopeful, but also cause to be wary. Whilst Uranus (freedom and progress) channels the energy of the Aquarian Full Moon and suggests a welcome turning point, its turn backwards suggests the traffic won't all be one way. Yet the long link between Venus and the Sun suggests we're all inching closer to where we want to be.

CAPRICORN (Dec 22 - Jan 20)

If you'd like life to be filled with serendipitous moments, picture yourself fishing in the river of good fortune. Every time you make a catch, you win a prize. Even a piece of junk from the bottom of the riverbed will have its uses. Either someone will need it, or you'll be able to transform it, or it might contain hidden treasures. If you're not sure how you're going to be able to identify this particularly abundant river from a normal one, just activate your most positive expectations. They'll take you there. August begins with a powerful Full Moon. Be inspired! Call 1300 017 319



SAGITTARIUS (Nov 23 - Dec 21)

You can't move a mountain with will power alone. You need to have a strategy. And, unless you've got all the time in the world, some support wouldn't go amiss either. The process you're engaged with requires team effort. Fortunately, when you find yourself out of your depth, you won't have to look far to find people with the skills you need who are ready and able to assist you. They appreciate your vision... and they share your enthusiasm too. Transformation is possible this month. There's great news in your August prediction. Call 1300 017 319



AQUARIUS (Jan 21 - Feb 19)

Is the Full Moon in your sign at the start of August is a good omen? Aren't you starting to feel happier? Or are you still entangled in recent issues and challenges? You've successfully protected yourself from feeling too overwhelmed by creating a series of protective barriers. The challenge is that as well as keeping trouble at bay, they're keeping good people and things out. As the month progresses and you find the confidence to lower your defences, your social life, and your mood will greatly improve. It's August! For uplifting news on your month call 1300 017 319



PISCES (Feb 20 - Mar 20)

There's no simple fix to the dilemma you face in August. Even if you find a situation so tiresome that you want to walk away, your involvement makes it hard to extricate yourself. Focusing all your attention on it won't provide you with the answer either; you've already tried that, to no avail. Yet the Full Moon, at the start of the month, is a clear signal that you have the wherewithal to regenerate a sense of perspective. Once that's established, you'll know exactly what to do and how to do it. Transform your life in August! For good news call 1300 017 319.



ARIES (Mar 21 - Apr 20)

Although you have many potential routes to choose between, most of these won't take you to where you want to be. They only look appealing because you're making your way along an obstacle-strewn path. No wonder you're thinking about a past decision with a sense of regret. Yet you always knew this journey would bring challenges... and a diversion will just distract you from your ultimate goal. August brings a chance to renew your commitment. Significant gains are both possible and probable. You can change your life this August! For good news call 1300 017 319



TAURUS (Apr 21 - May 21)

Since money doesn't keep our planet spinning around, neither is it going to bring it crashing to a halt. Although it's tempting to make it the villain of the piece, it's our love of it, not the thing itself, that causes problems. This month, rather than looking for something to blame, you'd be much better off focusing on all the amazing things people are doing. Although your material situation isn't guaranteed to improve in August, with the right attitude, you'll become spiritually and emotionally enriched. August's due to be amazing! For transformative news call 1300 017 319



GEMINI (May 22 - Jun 22)

We all enjoy tucking up on the sofa to watch a good drama. We identify with the characters and relate to their problems so effortlessly that we find ourselves glued to the TV. It's not so easy when we have intense issues to deal with in our own lives. Starring in our own soap opera is a different story altogether. When someone you care about faces a challenge this month, you're tempted to jump in to help. Although this implicates you in a dramatic situation, events throughout August ensure a happy ending. There's great news in your August prediction. Call 1300 017 319



CANCER (Jun 23 - Jul 23)

You have a highly prized skill; the ability to make a little money stretch further than most other people. Yet you can also spend it fast too! It's a good balance. After all, if we don't need something, why should life give it to us? Over August, the cosmos brings the chance to create the right environment to improve your financial situation. As long as you have faith in your ability to create positive change in your world, with Venus in your sign, there's a strong likelihood that it will manifest. August begins with a powerful Full Moon. Be inspired! Call 1300 017 319



LEO (Jul 24 - Aug 23)

The start of August finds you on the front line, in the midst of the action. The responsibilities resting on your shoulders are adding to the challenges you face. Well... that's how it feels. Could the cosmic forces have erroneously placed you in charge of so many different people and situations? Even though you're a confident Leo, the tasks ahead seem daunting. Fortunately August brings much-appreciated assistance your way. If you add your power to someone else's, the benefits will touch many lives. It's August! For uplifting news on your month call 1300 017 319



VIRGO (Aug 24 - Sept 23)

Children know what they want when they're tiny, but they don't know what they need. Although we grow wiser as we grow older, we tend to ignore the fact that we suffer from the same traits, even when we've grown up! We weave complex, intricate excuses to justify debatable decisions; and, struggle to identify our self-pretences. There's no guarantee that August will bring you what you really want... but you might find that you don't need it. And that might make you feel very good indeed. Transform your life in August! For good news call 1300 017 319



LIBRA (Sept 24 - Oct 23)

How will we recognise heaven when we get there? Will it resemble a slick TV ad; sunshine, pina colodas, and hammocks to swing on as we watch the sun setting over an azure ocean? Does everyone have an ultra-bright smile and perfect hair? Will you be able to afford anything and everything you desire? Come to think of it, how will we know that we're not in hell? Watch out for easily-jumped-to conclusions this month. As long as you look below the superficial, you'll get heavenly results. You can change your life this August! For good news call 1300 017 319



SCORPIO (Oct 24 - Nov 22)

The Full Moon at the start of August is a sign of hopefulness. It's time to have more faith in your future, which is preparing to welcome you with open arms, and to have more confidence in who you are and where you're going. If there's an issue that causes you to doubt yourself this month, reevaluate its importance in your life. There's a chance that you're still holding onto parts of your past that are no longer relevant. Focus on your vision of what 'could' be possible and you'll embrace the future you deserve. August's due to be amazing! For transformative news call 1300 017 319



LETTERS



Could letters to the editor please be restricted to approx 200-300 words to allow all letters to be published. Thank you

Dear Editor

Many thanks for the recent series on how to best run a garage sale. The tips came in handy for a recent garage sale where the whole street was involved - with social distancing of course. The idea was mooted by residents Annette & Debbie, and neighbours wasted no time in having a good rummage for unwanted items lying around the house and garage.

Trevor and Bob created some advertising signs and posted them around the area along with some colourful balloons; the scene was set. The sale - advertised for 6.30 am start, was soon up and running. The first customer arrived just after 6 am - anxious to snag the best bargains. "Come on you lot - get your act together", or something similar, was her good-natured comment. Being elderly citizens, we were not quite ready; Still bringing items for sale out of our garages. Our first customer, scanned the tables, she knew exactly what she was looking for - a real pro. Soon, cars were rolling up, amazed to find a whole street filled with bargains. Everything from delicious homemade preserves to clothing, homewares, boating items, books and CDs a lawnmower that didn't work - yep, it sold, a bike - and more. Everyone was aware of social distancing. By noon, it was all over - except the laughter and excitement, a fun day was had by all.

However, that is nothing new for the residents of this special street. Neighbours frequently get together to celebrate the joy of life. Birthdays, Easter, Christmas, New Year and even erecting Kevin & John's new fence! Any excuse for a party. Covid 19 made no difference either to the sprightly residents who sat outside their house each Sunday, waving to each-

other while enjoying a glass of wine - or two. Dancing to the recorded music was no barrier either. Nor was singing to Phil's ukulele rendition of Pokarekare ana - a traditional N.Z. love song.

It's a reminder that life can be fun at any age. But it doesn't just happen.

You have to reach out - and join in.

By Margaret Guthrie-White

Dear Editor,

I wonder if you know the great input the Bribie Islander has on the wellbeing of so many lives on the Island and beyond. Each day as I travel my journey in the lives of people with a disability, and aged care environment as an Advocate and Consultant I encounter so many who live in isolation for so many reasons. The current isolation due to Covid -19 for those with a very low immune system is having a serious effect on their emotional and mental health wellbeing. The loneliness along with no physical contact with loved ones is a real challenge.

In my travels by telephone, internet chat and physical visits I have observed the ways in which so many people are making an effort to fill in the many lonely hours by reading, doing puzzles, and making telephone calls. The Bribie Islander is a great source of reading material that is local, without political bias, with human interest stories and informative articles. Last week I came across 3 caregivers who were reading articles from the Bribie Islander and looking for needed service from the advertising, doing the puzzles from puzzle books and magazines. And then rereading articles by Barry Clark, Anne Matthews, Fishing and Well Being. Elaine Lutton

and Busy Fingers. There is also a high demand for talking books, and we recommend the Bribie Island Library "Libby" as a great talking book lending process. I have been told that the radio and Television is so full of doom and gloom that it has become depressing as most people in the sector have Service Providers keeping them up to date on Covid-19 requirements and news.

Thank you Bribie Islander for providing this much needed input to so many lives as a magazine for the community. Please remember "the most precious gift we can give to anyone is our time".

Bill Peacock

To The Editor

I am writing to express my disappointment with your article Pelican Perches Take Flight. Right from the start of the pelican bridge perching issue, our local State member Simone Wilson and many others fought hard to have the perches restored. Simone walked with the protests, pushed hard locally and raised it in Parliament. Now, you have pushed any loyalty aside for a story by your article where you show a photo of Ali King and Minister Mark Bailey along with others announcing the start of work on more perches. Worse still you quote Ali King (the Labor candidate for the election in October) which suggests to some that she has been involved in having the perches installed. If Minister Bailey had any statesmanship, he would have had our State representative present for the announcement. Grubby stuff but I hope the thinking people will remember. I hope that Ali King doesn't try to steal limelight for the work on Bribie Road.

Regards Ron

Dear Editor,

I was browsing my way through the latest issue of The Bribie Islander #118 and enjoying the articles as I most often do until I came to page 15 when I almost fell off my chair. I had to check the calendar to make certain we hadn't somehow got caught in a time warp and been transported back to April 1st, you know April Fool's day. There was the Minister for Transport and Main Roads, Mark Bailey, and Labor candidate for Pumicestone Ali King trumpeting the installation of new Pelican perches on our Bribie Island Bridge.

You may remember Minister Bailey as being the guy in charge of the "dead of night" removal of the lights/pelican perches from the bridge some 13 months ago and the outrage that ensued from that removal by thousands of local residents, culminating in a bridge rally. The backlash that the Minister felt was so huge (led by the incumbent MP for Pumicestone, Simone Wilson) that he eventually back flipped on his decision. But in a not too subtle snub to the residents of the area, he only repurposed (his words not mine) 5 of the original perches. (He's the BOSS and he won't be told what to do, apparently).

So, here we are, some 12 months later and, with a state election on the horizon, magically the remaining perches have been installed and the Minister and the aspiring candidate Ms King are shouting the news from the rooftops. Do they really think that our memories are that bad? If this is the level of integrity we can expect from a re-installed Labor government. I fear for the future of our electorate and our state.

Regards M Hooper

CRIME REPORT

BRIBIE ISLAND WRAP

MAY 2020



www.mypolice.qld.gov.au/moreton

PROPERTY OFFENCES:

July 5, 12am – July 18, 9.45am -Winston Drive, Bongaree Xbox, lawnmower and trolley jack stolen from garage. Entry via roller door

July 15, 12pm – July 19, 8am - Kangaroo Avenue, Bongaree One pillow stolen. Entry via bathroom window

July 19, 12am – 6.45am Queen Street, Bongaree/ Clothing stolen Recovered. Entry via unlock sliding door

A 43-year-old Bribie Island man has been dealt with by police and will appear in the Caboolture Magistrates Court on August 27

July 1 – July 20 Sunderland Drive, Banksia Beach Food and musical instruments stolen. Some items recovered Investigations continuing

DOMESTIC VIOLENCE:

One Contraventions of DFVPA

Five other domestic related incidents

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You can play your part in crime prevention by turning the screws on crime by replacing your standard

number plate screws with anti-theft screws.

Police and our helpful volunteers from Crime Stoppers will be at the Caboolture Police Station, to hand out our anti-theft number plate screws to community members. The dates of when they will be there are:

• FRIDAY, AUGUST 7, FROM 9.30AM - 1.30PM

• FRIDAY, AUGUST 21, FROM 9.30AM - 1.30PM

Acting Inspector Anthony Green of the Moreton North Patrol Group said that in the past 12 months, Moreton had 719 reported offences of number plate thefts.

“I actively encourage everyone to take advantage of this crime prevention strategy as number plate thief not only causes an inconvenience to the victim but this crime also allows

VEHICLE OFFENCES:

July 20, 4pm – July 21, 3pm - Emu Walk, Bongaree Number plates stolen from vehicle. Property not recovered

TRAFFIC:

On person dealt with for drink driving

Two persons dealt with for unlicensed driving

One person dealt with for using an unregistered and uninsured vehicle

A total of 22 traffic infringement notices were issued 186 roadside breath tests were conducted

If you have information for police, contact **Policelink** by providing information using the **online suspicious activity form** 24hrs per day at www.police.qld.gov.au/reporting.

You can report information about crime anonymously to **Crime Stoppers**, a registered charity and community volunteer organisation, via crimestoppersqld.com.au 24hrs per day.

offenders to engage in other unlawful activities including stealing motor vehicles and petrol drive offs,” Acting Inspector Green said.

We encourage you to come along and get your free anti-theft screws. We will also be giving you lots of road safety advice and home and vehicle security tips as well. We look forward to seeing you!

This Saturday, Crime

Stoppers will also be at Total Tools, Morayfield giving away more anti-theft screws.

The anti-theft screws are free, but please feel free to donate a gold coin to Crime Stoppers on the day.

Watch this space as other stations across the Moreton District will also be holding these events in the upcoming months



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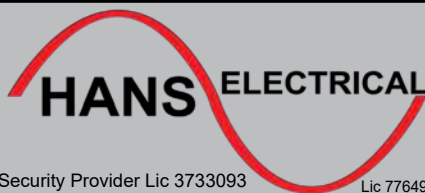
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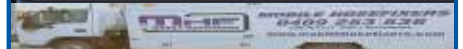
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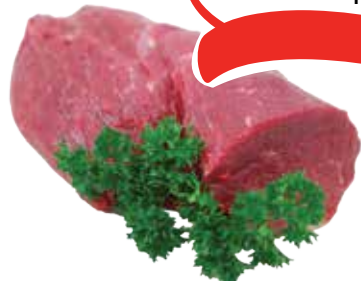


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