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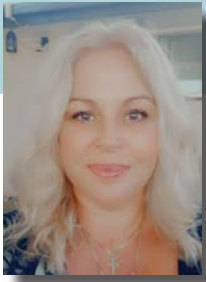
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134
Feb 26, 2021

in this issue

our regular contributors:

Welcome

Dear Readers,

Welcome to edition 135! I hope you are all enjoying the change in the weather, it is not the "cook an egg on your car bonnet" heat anymore. So now is the time to get out and explore our wonderful selection of markets on the Island, book a lunch out on the water with " Brisbane Cruises, (something I am looking forward too) and reacquainting yourself with everything our beautiful Island has to offer.

With Easter just around the corner, this year seems to be flying by! Anzac Day is coming up and it is with great relief, we can now say the march is back on and the wonderful breakfast they provide will be held at the RSL again. I hope everyone shows their respects and support by way of attending the ceremony. There is more detail in our classified section and we will keep you updated on what is happening!

As you are aware, we have just celebrated International Women's Day! I would like to say just how proud I am of my staff Michele Doran and Debbie Hunter, who balance work, children and housework and everyday life, yet put their heart and soul into this magazine. I couldn't ask for a better team, they truly care about advertisers and the community. Please check out the wonderful feature we have about International Women's Day, we certainly have some amazing women on this Island, we should all be very proud! That's it from me this edition,

Until next time,

Take care, stay safe,

Cherrie



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by Mick O'Brien



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Anne Matthews

Al Finegan

Barry Clark

Bill Peacock

Bribie Bait & Tackle

Chris Connelly

Colin Walker

David Horrocks

David Nicholson

Dr Jackie Perkins

Elaine Lutton

Hazel Beneke

Joie Scheinplug

John Stevenson

John Traill

Kathy Vincent

Marj Webber

Mick O'Brien

Peter Schinkel

Philip Arlidge

Robyn - B.I. Boat Charters

Sue Wighton



SCAN ME

THE BRIBIE ISLANDER (Magazine) IS DELIVERED TO HOMES AND BUSINESSES IN THE FOLLOWING AREAS: Bribie Island all suburbs, Sandstone Point, Sandstone Lakes, Spinnaker Marina, Godwin Beach, Ningi, Bribie Pines, Peel Rd and Beachmere. Newsagency's Toorbul, Donnybrook, Bellara, Banksia Beach.

You can find the Bribie Islander in Stands at Bongaree Hot Bread Shop, The Bribie Islander Office, Scoopy's, Wrights Fruit Barn, Woorim Meats, Sandstone Point, Bongaree & Beachmere IGA & Woolies Complex on Bribie. **DISCLAIMER & INDEMNITY:** The opinions expressed by contributors to this page are not necessarily those of the Editor and staff of The Bribie Islander and no responsibility is taken for any information contained in this correspondence or any errors or omissions that may occur during publication. The Contributor agrees to indemnify The Bribie Islander and its associates against any claims that may arise from the content of their contribution.

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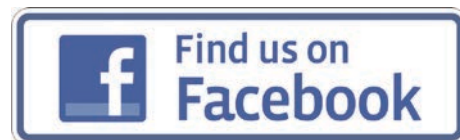
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KATE AND LILY LACE UP FOR THE HEALTHY HAROLD HUNDRED

Bribie Island mother and daughter Kate Maroulis and Lily Guy are lacing up their runners to take part in Life Education Queensland's new fundraising challenge – the Healthy Harold Hundred to help stamp out bullying.

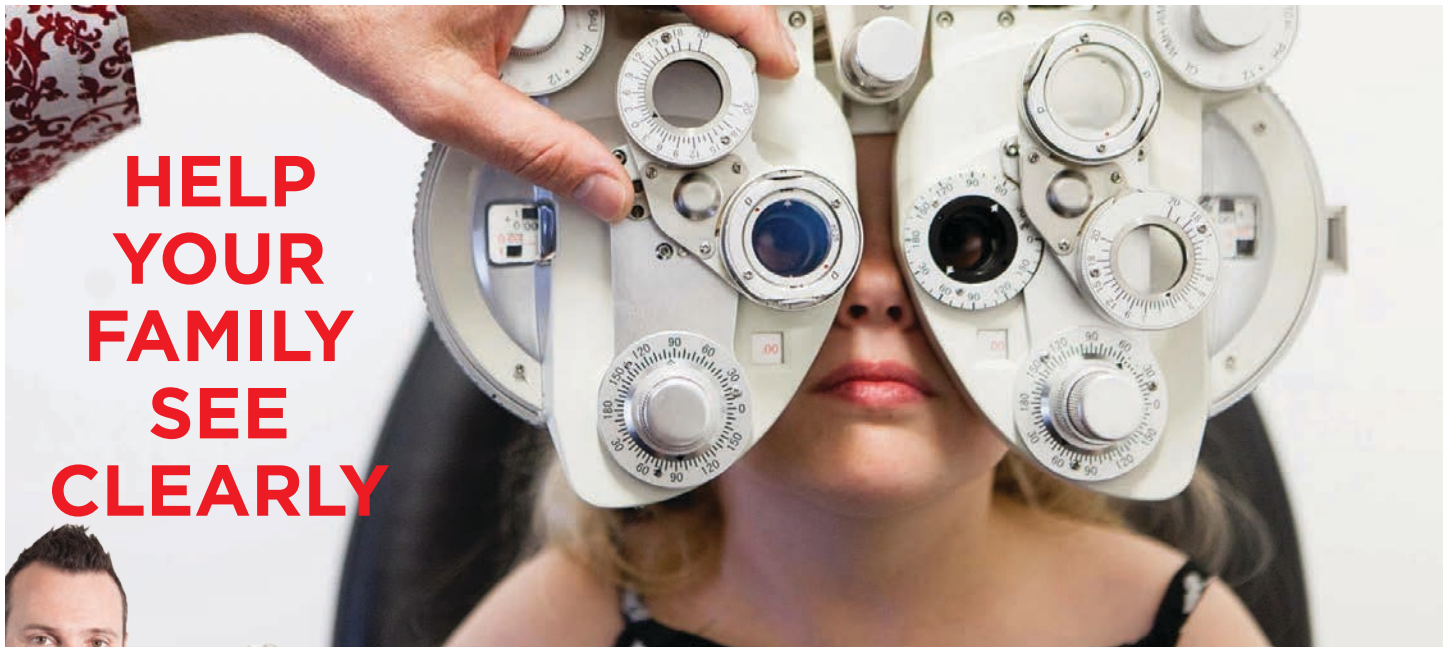


The state-wide event running this May urges Queenslanders to walk, run or ride their way to 100 kilometres in 20 days – that's 5ks a day.

All funds raised will support the vital work of Life Education Queensland in travelling

to schools in all corners of the state to teach respect, empathy, resilience and healthy relationships. These skills help to prevent bullying as kids are growing up, and help to break the cycle of future violence.

With five-year-old daughter Lily starting



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HEALTH, WEALTH & COMMUNITY

Prep at St Michael's College, Caboolture this year, Kate says she strongly supports the anti-bullying message in schools.

"I really hope she doesn't have to experience bullying. From what I see on social media, there are so many parents talking about bullying at various schools, but thankfully Lily's school takes a strong stance against bullying," Kate said.

"I was alarmed to read on the Healthy Harold Hundred website that children who bully others are more likely to abuse their partners later in life. We have to do all we can in schools to break that cycle."

Kate already does a six-kilometre run every morning and has set an ambitious target of 200 kilometres for her Healthy Harold Hundred challenge with daughter Lily planning to clock up her own K's by walking the family's Labrador Sooty after school.

"I remember Healthy Harold and the Life Education experience from when I was at school and it was a wonderful experience," Kate said.

"I'm excited to be involved in the challenge and Lily is looking forward to taking part as well. She told her teacher, 'I'm going to be doing a lot of walking to get rid of all the bullies in all the schools!'"

Life Education Queensland CEO Michael Fawsitt said the initial response to the new Healthy Harold Hundred campaign had been phenomenal.

"It's wonderful to see Kate and Lily showing their support by registering for the Healthy Harold Hundred challenge," Mr Fawsitt said.

"Whether you are a family, individual, school or workplace group, there are so many good reasons to take part. Aside from participants getting fitter, funds raised throughout the campaign will directly support Life Education Queensland's programs that focus on bullying and relationships."

"These programs are vital because one in four Aussie kids is affected by bullying, one in five children experiences cyberbullying, and more than a million children are affected by domestic violence, so it's imperative that we reinforce the concept of healthy respectful relationships throughout a child's entire schooling."

It's a message Kate and Lily are already role-modelling in their local community.

"I've always spoken to Lily about being respectful and kind. The most important thing in life is to be kind every day," Kate says.

"When I pick Lily up from school, I ask her

what the kindest thing you did for someone today is?"

To register for Life Education Queensland's Healthy Harold Hundred and to find out more about the cause go to <https://www.healthyharoldhundred.org.au/>

About Life Education Queensland

Life Education Queensland is the largest provider of preventive drug and health education the state. With the help of our iconic mascot Healthy Harold the giraffe, Life Education Queensland has been empowering children and young people to make safe and healthy choices for 34 years.

Life Education reaches children from Prep to high school with an interactive and fun education program that covers all aspects of health and wellbeing, including good nutrition and exercise, cybersafety, drugs and alcohol, respectful relationships, identity and puberty, resilience, and positive mental health.

Each year, more than 200,000 Queensland students receive important health education resources through Life Education's partnership with more than 800 schools and preschools and almost 10,000 Queensland teachers.

<https://www.lifeeducation.org.au/>



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The new committee for 2021

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Well, Pumicestone Passage Probus like the emphasis on FUN. On the 9th of March at the Annual General Meeting, a new committee was elected with Paul Deacon the new President. It is a great

group of people who have made many good friends and meet up for lots of activities each month. They really know how to have fun but Paul is making Fun the priority for 2021. So what sort of things do the club do that are fun? Every month there is a walk and morning tea at one of the many Lovely cafes on Bribie. Of course, if you are really fit you don't need to walk just turn up for the coffee and cake. There is a fishing group every month with a BBQ. So? Do they BBQ the catch? Well if they caught something worth cooking they might but snags and bacon usually fit the bill.

There is a speaker every month at the meeting which is always entertaining. Then most of us stay for lunch and catch up with friends

Every month we go out for dinner this month to the Thai. Sometimes we go off the island perhaps for a picnic in beautiful Queensland or to the theatre in Brisbane or Redcliffe. There are also plans afoot for a holiday in November which sounds very interesting.

We meet every second Tuesday at the RSL 9 for 9.30 am. Why not come along as a visitor and see for yourself what a great group it is.

Come and enjoy the Fun, Fellowship and Friendship. See you there!!

Kathy Vincent Vice President



Penny receives her past presidents badge

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Am J Sports Med 2007; 35:972
* Int J Surg 2015; 24:113-222
^ Int J Surgery 2015; 24:207-9



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YOUTH OF THE YEAR WINNER



Overall winner
Olivia D'Rozario

Each year Lions Clubs throughout Australia conduct their Youth of the Year program. The applicants submit an entry form detailing their academic, sporting and other achievements, as well as their involvement in the community and other organisations.

At the judging, each entrant is interviewed by a panel of three independent judges and then, in front of an audience they must answer two impromptu questions on topics of current public interest and this is followed by delivering a five minute, prepared speech on a topic of their own choice.

At the recent Bribie Island Lions Club Youth of the Year function, two students from Bribie Island State High

School, Lily Owen and Olivia D'Rozario competed for the title of Club Youth of the Year.

Olivia was the winner and has since gone on to compete against the winners from other Lions Clubs at the zone and also regional levels, where she was successful at winning both levels. Olivia will now go on to compete at the Lions District level in Pittsworth. The winner of that competition will represent his or her Lions Club at the State level judging at Brisbane in April 2021.

Sandstone Point Finalists Pic Left to right: Liam Tory, Olivia D'Rozario, Makayla Hammermeister

Regional Finals Left to right pic: Rhoen Kennedy, Olivia D'Rozario, Liam Tory, Lillian West, Overall winner Olivia D'Rozario



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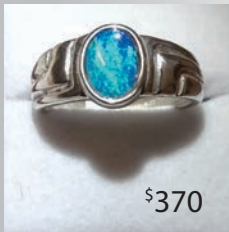
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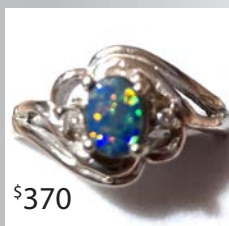
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HEALTH, WEALTH & COMMUNITY



If you are looking for one of the biggest ranges of clothing for ladies in the area then you can go no further than our very own Hypnotic Fashion Boutique on Benabrow Avenue. The exciting news is that it is now under new ownership by a now local lady called Bernie and she is stocking a huge range of tops, dresses, pants, jewellery and shoes. The emphasis has changed a little bit to provide a bigger and better range of ladies clothing and shoes suitable for the ladies who live on Bribie. The boutique now stocks new brands including Ruby Rein and Sea of love that is perfect for our weather and lifestyle here on Bribie.

"Since taking over the reins in December last year I have been spending a lot of time understanding what the ladies of this island want and need and spending time sourcing it. We have now got to the point where the range is large and ever-changing and from the feedback I am receiving the customers love it!" said Bernie.

I used to live on the Sunshine Coast but moved here in January to be close to the business, now it's just a 10-minute

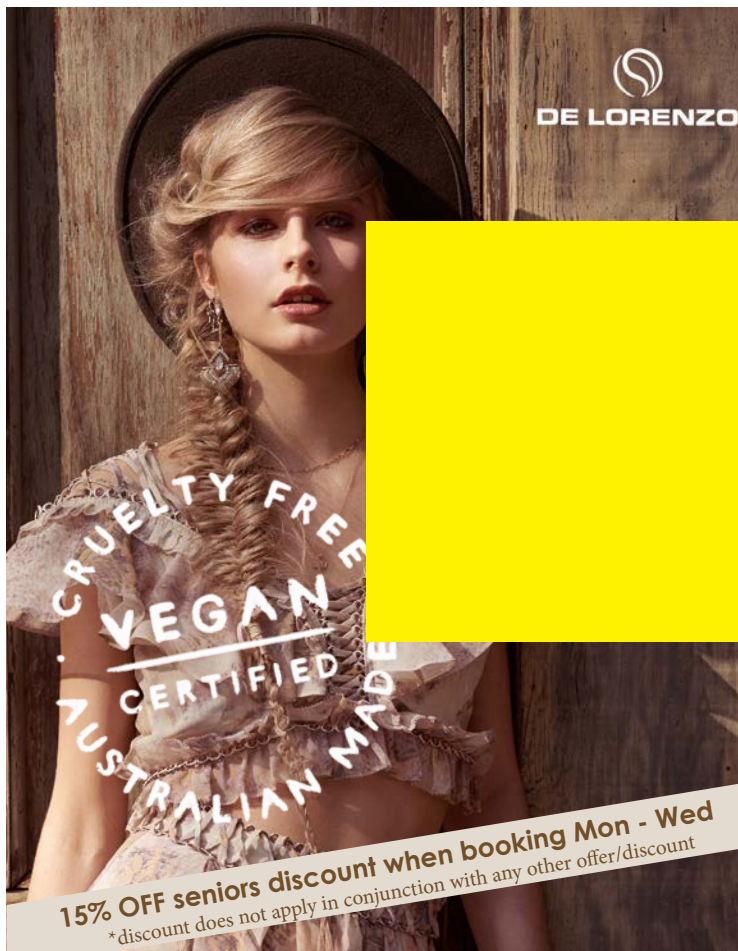
commute from Woorim. I love living on Bribie Island, the people are so friendly and the beaches are clean and beautiful. Bernie brings much experience to Hypnotic Fashion after owning clothing boutiques on Sunshine Coast and also a 6-year stint overseas at the helm of her own clothing design and manufacture business.

She says that one of the most satisfying parts of the business is meeting all the lovely customers who come in and helping them find something that they love.

Word of mouth spreads quickly on Bribie and she is noticing that friends tell their friends and they tell their friends and family so it is amazing how quickly the work has spread.

There will be changes afoot though, look out for a name change in the near future. Hint: it will be named after a popular cocktail!

Bernie aims to provide a large range of quality clothing and shoes at great prices, there is always something exciting happening and new stock arrives twice per week. So if you are in the area drop into Hypnotic on Benabrow near Big Bun Bakery and be impressed by what you see!



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Craig moved to Bribe in 1980 and commenced his Veterinary Practice in a small clinic in Webster Street, Bongaree where he worked for many years. He always had the vision to build a state of the art Veterinary Practice incorporating a pet shop. In 1988 Stage 1 of his vision came to fruition. The building was purpose-built for the Commonwealth Bank of Australia that was situated in Benabrow Avenue. The building is still currently there. Stage 2 came a couple of years later after many discussions and negotiations with the Main Roads Department and the Shire Council. This is now the current Bribe Island Veterinary Clinic and Pet shop.

Craig wanted to provide nothing but the best for the community. The new clinic allowed for multiple vet practice as well as the latest in controlled update programming of equipment and the enhancement of computerisation techniques including the use of ultrasounds. The combined clinic and pet shop allowed for grooming/clipping and the general care of pets and wildlife.

Dr Kohler provided services such as hospitalisation and radiology, soft tissue and orthopaedic surgery, dental work and pathology testing. The pet shop caters for all pets, pet supplies and accessories.

Craig educated groups on the caring of wildlife such as possums and birds that had fallen from trees or been found by members of the public and brought them to look after and care for at home. Puppy school was another vital programme he provided.

Prior to 1980, the veterinary service was a clinic run for one hour, three times a week. Dr Kohler improved on this service and provided 7 days per week 24 hours per day which was very much welcomed by the Community.

He graduated from the Queensland University, St Lucia in 1976 and spent the next four years working as a private practitioner doing locum work, running small one-person practices and a three-year term in a Veterinarian Hospital in Brisbane. He always had an interest in Bribe Island and finally made the move from the city.

Craig always wanted the best for the community and their pets. He was an amazing veterinary surgeon; professional, kind-hearted, caring and gave 200% for all that he did. This was his entire life and he oozed passion for his fur babies and feathered friends. He had met so many people and so many pets over his 40 plus years working on Bribe Island. Clients would travel afar just to have Dr Kohler look after their animals. His dedication and respect for his clients and their pets were most certainly reciprocated by the community.

Craig certainly had his health issues but his dedication to his profession was that of a strong man who showed compassion not only for himself but for all the people and animals that crossed his path.

Thank you to all the community for your support, flowers and kind-hearted words. He will be truly missed.

Craig is survived by his loving and devoted wife Charmaine and children; Kahmen, Kahl, Kurt and their families. Rest in Peace



Her Excellency Mrs Linda Hurley becomes VIEW's very first Patron

VIEW Clubs of Australia (VIEW) is delighted to announce Her Excellency Mrs Linda Hurley as the organisation's first ever Patron. As a passionate advocate for children's education, and with close ties to communities across Australia as the wife of the Governor-General, Mrs Hurley is the perfect fit to



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Bribie Island VIEW Club

represent the organisation. She joins 15,000 members who give tirelessly in their local communities to support young Australians in need.

VIEW, which celebrated its 60th anniversary in 2020, is a national women's volunteer organisation. More than 300 VIEW clubs across Australia provide members with the opportunity to connect with others in the community, establish lasting friendships and help Australian children experiencing disadvantage through supporting the work of children's education charity, The Smith Family.

"I'm honoured to be VIEW's very first Patron. I have long admired the work VIEW members do in their communities, including their fabulous fundraising events, inspiring monthly lunches, fun-filled social activities and importantly, their generous

sponsorship of students in need through The Smith Family," Mrs Hurley said.

"As a teacher, I've seen firsthand the transformational power education has on young people. It really does change lives, which is why what VIEW does to help young people is so important to me."

VIEW National President Anne-Louise O'Connor, said the organisation is extremely proud to announce the new partnership with Mrs Hurley, who demonstrates the qualities of a VIEW member every day in her role.

"Her Excellency is a leader in the community and a champion for women working together, generously giving back to communities with genuine interest and care.

"With a long career in education, Mrs Hurley is passionate about supporting young Australians in need to succeed

at school – a purpose that has driven VIEW members to collectively become The Smith Family's largest community sponsor of students on the Learning for Life program," said Mrs O'Connor. "Her Excellency's appointment with VIEW will enhance our continuing growth as we look towards our next 60 years. We look forward to working with Mrs Hurley, who we know will be a valuable supporter of our work now and into the future."

Mrs Hurley and The Governor-General of Australia, His Excellency General the Honourable David Hurley AC DSC (Retd) have been involved in VIEW's activities over many years. In October 2020, they hosted a small reception for VIEW members and representatives from The Smith Family to celebrate VIEW's Diamond Jubilee 60th Anniversary.


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are here. The animal gives a focus for the kids while we are talking through and helping them build strategies in their areas of need. The animals can be very intuitive and pick things up before we do. They also learn skills in animal care and understanding animal behaviour that links back to themselves.

REWARDS WE GET?

Seeing the young people we work with change through the work we are doing is our biggest reward.

The positive feedback we have received from parents and carers tells us we are on the right track. It makes us strive to do more to help.

Our aim is to help as many young people as we can to see the positives in life and to make good choices to make their life better and all those around them. We would love to put ourselves out of business as this would mean there are no more mental health issues for our youth.

It is also fantastic to hear from parents that their young person is ready to come to work with us hours before their appointment.

CHANGES WE MAKE?

With every person, we work towards making their life and their families' life better. This can mean working on strategies for home, work, school or other areas.



A N INSIDE LOOK INTO FREEDOM MAYD...

What made us get into this and create Freedom Mayd?

For us, it is a path we were always heading towards. It combines our two big passions, working with kids and animals. Darin has worked in education for over 25 years (including 4 ¼ years at Banksia Beach) and Tanya has been breeding and breaking in horses for about the same time.

We went to a retreat in January 2020 and ideas began to appear. We saw a huge need to support youth in their mental wellness and also support their families, particularly during the covid

lockdown. Tanya wanted to combine her life coaching with her horses, though couldn't think of exactly how until in July 2020 she found herself in hospital waiting for emergency surgery for an infected gall bladder. While recovering from the surgery the idea of combining, life coaching, counselling and the animals came to her, and together with Darin's education background, Freedom Mayd was born.

Benefits we see?

We have seen fantastic results since we created this business. The feedback from parents about how their young people have changed and how their family lives are calmer is what we love to hear.

The kids create a bond with the animal they choose. They can choose a horse, mini horse, goat, lamb, chicken, duck, guinea pig, dog, bird or blue-tongued lizard to work with while they



This cannot be achieved in one session. It is a process that takes time with repetitive processes to help make changes to their mindset. For example, how to react when someone is making you angry. If we have a 15-year-old start with us we could be dealing

HEALTH, WEALTH & COMMUNITY

with a habit/reaction that has been developed for more than 10 years. Changing the behavioural reaction and thought process that happens is important and we talk about how once anger takes hold you no longer control it. Telling them they are a good person and this is not how a good person reacts is a great strategy. Then together we develop strategies to work on reaction to a situation and the steps to turn the negative reactions into positive ones.

Kids have an amazing ability to become exactly who adults say they are. So this is where working with parents is also important.

WHAT DO WE OFFER?

Currently, we have individual coaching sessions, group timeout sessions on a Saturday morning and 3 days, 2-night holiday retreats. We are now starting to take on some adult clients who have asked if they could work with us and we want to assist as many people as possible to make their life better and more positive.

A COUPLE OF OTHER BITS OF INFO

We have been working with youth who have depression, anxiety, self-harming, autism, low self-confidence to name a few.

OUR QUALIFICATIONS.

Darin has been a teacher and principal for over 25 years and is a life coach and qualified in Neuro-linguistic programming and cognitive behavioural therapy. Tanya has over 25 years working with horses, is a life coach, qualified in autism awareness, has child psychology certification and is completing her counselling diploma this year with majors in abuse and child development and effective parenting.

We have 4 children who are in years 10, 9, 7 and 6 at school.

Regards, Darin and Tanya May
-Freedom Mayd - 'Let Go and Live!'

YOUTH HOLIDAY RETREAT

11th -13th and 15th - 17th April.

Up to 25yrs.

3 days, 2 nights or just come for the day if night time stays may be too overwhelming.

Our Retreats involve camping in tents, toasting marshmallows, animal therapy sessions, wellness workshops, where we work on emotional and mental wellness, and free time which may include games

like cricket, soccer, table tennis and spot light, or movie time.

Not into animals? That's fine. Instead of animal therapy there is walk and talk therapy which involves doing something more hands on or some bushwalking around our 42 acre property.

Bookings close 31st March

Located at Mount Mee.

Payment plans and family discounts available.

Self and plan managed NDIS clients eligible.



50% OFF first 2 sessions

Traditional Chinese Medical ACUPUNCTURE

Conditions Treated Include:

- Muscle and joint pain
- Spinal pain
- Digestive/irritable bowel issues
- Sinus/hay-fever
- Women's health/fertility
- Cosmetic acupuncture
- Mental health issues

Health Fund rebates available (if appropriate coverage)

* New or existing BIM clients, single use only, not valid with other offers. Quote discount code "TCA50" for the discount to be applied



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3408 6608

BRIBIE ISLAND COMMUNITY PLANT NURSERY DO IT AGAIN!!!

By Cherrie Wilson

Once again our team from The Bribie Islander were privileged to be asked to attend the presentation of much-needed equipment for 3 of our local organisations on the 19th of March. The money was raised to buy a portable defibrillator for the Bribie Island Surf Lifesaving Club, presented to Mark Earner, Monica MacArther, Lee Phillips, Cathy Fletcher and Trish Reid. Another defibrillator went to the Bribie Island Rugby League club, with Natalie Berossi and Bob Hunter accepting this donation. And last but certainly not the least, a commercial fridge and club promotional sportswear to Bribie Island

Bulldogs A.F.L Club which was gratefully accepted by Simon & Trish Day and Stacey Samuels. The admiration we have for this group is palpable! How exceptionally good does it feel to belong to a community with people like this who support our community in such a momentous way!

Not only are they so kind and generous with their donations, they truly are a great bunch of laid back, funny, interesting and thoroughly enjoyable people to be around.

In our last article about the Bribie Island Community Plant Nursery, we told you how we met a lovely lady, who came in to help out even though she is on crutches. You will all be pleased to know she is without crutches and back on her feet! And we also must make a special mention of W.A.G President David Wearne, whose outstanding knowledge of plants cannot be surpassed. Alex Peerman and Julie Rigg were also presented with a certificate of appreciation on behalf of the Bribie Island Surf Lifesaving Club. Certainly well

deserved.

All I can do is implore you to help support the Bribie Island Community Plant Nursery in any way you can, whether it's buying some very reasonably priced plants or volunteer your services, they are always looking for some more helping hands! If you can spare some time, please call 0407 699 953 to organise a time to meet this fantastic group of people. I am sure you will not only make some great new friends, but you will also be helping raise much-needed funds for our local community groups. Bribie Island Community Plant Nursery is open from 8 am to 12 pm on weekdays and from 8 am to 12 pm on the first Saturday of every month.



Discover the difference at Seasons Mango Hill

Enjoy a decadent wine & cheese afternoon on our stunning outdoor entertainment deck. Tour our beautiful display apartments and find out more about what Seasons has to offer new residents.

When: 21st April, 2021 at 4pm - 5pm

Where: Mango Hill Building B, Outdoor Entertainment Deck, 28 Akuna Way, Mango Hill

RSVP: To ensure this is a COVID-safe event, RSVP's to attend are essential.

Please confirm your attendance by 16 April by contacting Cheryl Evans on c.evans@seasonsliving.com.au or by calling 0411 654 026.

seasons
MANGO HILL



Big Wins for Pumicestone Waterways

Our beautiful natural environment of Bribie and surrounds has had some big wins this month, says Member for Pumicestone Ali King.

Polystyrene foam food containers and single-use plastic straws, stirrers, cutlery and plates will all be banned under new laws passed by the Queensland Parliament. Ms. King says this will make a real difference for our marine life.

“My volunteers and I worked together with OzFish Pumicestone for the recent Clean Up Australia Day and we were delighted to find almost no refundable cans and bottles.

What we did find on Sylvan Beach was hundreds of littered plastic items that will be banned under the new laws.”

The ban will take effect from September 1, so local businesses have time to use up old stock and source alternative packaging.

“Banning these products, which are often used once and then littered, will motivate businesses to source more environmentally-friendly alternatives.

“People who need single-use plastic items like straws due to disability or other healthcare needs will still be able to use them.” says Ms. King.

We are also celebrating our local litter

legends with brand-new grants that will help community groups clean up Queensland’s beautiful parks and waterways.

Ali King is encouraging the local community to get involved and apply. “We want Queensland to become a zero-waste society by reducing, reusing and recycling, that’s why we’ve banned single-use plastic bags, straws and polystyrene and introduced our Container Refund Scheme.” says Ms. King.

For more information on the grants visit:
<https://bit.ly/3eL7LrG>

Pumicestone Community Survey

Have your say!

ALI KING MP
Member for Pumicestone

📞 07 3474 2100 ✉ pumicestone@parliament.qld.gov.au

Bribie Acupuncture

My clients often ask me how I got into Chinese medicine - My answer is simple, for the most part: I grew up with it. Though I was born and raised in Canada, Chinese Medicine was integrated into my everyday life. From diet and lifestyle habits to my family's "medicine cabinet" - consisting of a tin of assorted Chinese herbs, soups, and teas. Every summer my siblings and I picked the Goji Berries we grew in our garden to be used in the medicinal soups - yes, we ate Goji berries even before they were trendy! I knew I wanted to work in the healthcare industry, so I majored in biochemistry, a common undergrad prior to choosing a specific field of study. After a few years however, I still wasn't sure what would be the right fit for me - veterinary, optometry, dentistry? Uncertain of what to do next, I veered off, went on to complete a math sciences degree and entered the corporate world.

When my mum's arthritis became debilitating (she's a farm girl who's always done more than her share of manual work!) and the prescribed painkillers and anti-inflammatories that not only didn't give relief but started to make her feel ill, she began to see the nearest acupuncturist to my small hometown - a three-hour drive away! After a few courses of treatment, the swelling in her knuckles subsided and she was able to go about her daily activities without pain. This was my 'ah-ha' moment: Chinese medicine was the area in healthcare I resonated with. So off I went - I said goodbye to my flash corporate office and went on to complete my degree in acupuncture.



Jessica Yung - BHSc. Acup., BSc. CS
Registered Acupuncturist and
Doctor of Chinese Medicine under
the Australian Health Practitioner
Regulation Agency and the Chinese
Medicine Board of Australia.

HOW CAN ACUPUNCTURE TREAT SO MANY CONDITIONS?

Prior to making Bribie Island my home in 2019, I lived in Brisbane for 11 years and worked in two busy acupuncture clinics. Though these clinics specialise in women's health, fertility, and pregnancy support, I had the privilege of treating a wide range of conditions and clients, including those aged in their 80's, teenagers, competitive athletes, cancer patients, and stroke survivors.

Hearing that Chinese medicine can treat such a wide range of conditions might be surprising to some, but this is possible because Chinese medicine works with the body's natural ability to heal. Our circulatory, digestive, nervous, reproductive, etc., systems naturally know how to operate, regulate, and repair themselves - their function is maintained by blood flow. Blood contains all the nutrients vital to our existence, including oxygen, water, platelets, hormones, etc. Acupuncture stimulates our blood flow and guides it to areas of our bodies

that have been deprived of nutrition to nourish them. It also increases blood flow to areas where toxins have accumulated to decrease inflammation. Acupuncture essentially turns on the 'ON' switch to self-healing for our bodies - from arthritic pain to fertility to peripheral neuropathy.

WILL ACUPUNCTURE WORK FOR YOU?

The most common questions my acupuncture clients first ask are:

- Will acupuncture work for my condition, and
- How long will it take until I feel results?

The short answer is, "it depends". The number of treatments required varies depending on the type of condition, how long you've had it, your lifestyle, and your individual response to acupuncture - some people respond quickly, others take a bit longer. In general, however, I expect to see a change within the first few treatments. Sometimes, however, acupuncture might not be the right solution and other interventions are required - I discuss the treatment process with my clients during their first appointment. The good news is that the vast majority of my clients experience significant improvement in

their conditions - it's not uncommon for my clients to have complete resolution of conditions that have plagued them for years or even those they were told required surgery.

My clients are often surprised (and grateful!) when I don't place acupuncture needles at the site of pain. Much like how a switch on the wall can turn on a light bulb on the ceiling, acupuncture points located in one area of the body are able to affect another area via the body's internal wiring. Depending on the condition, better results are often achieved when needles are placed away from the affected area, whilst also avoiding aggravation to already sore spots.

If you'd like to make a booking or if you'd like to discuss whether acupuncture and Chinese medicine is right for you, please contact me via my website - www.bribieacupuncture.com.au or call 0423 160 228.

You can also find me on Facebook and Instagram @bribieacupuncture. HICAPS is available onsite. Pensioner discounts available.

Bribie Acupuncture
4/29 Benabrow Avenue,
Bellara (behind the James
Moore law office)

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Where others saw clinical and commercial aspects, he could see other nuances. He saw how a hearing loss affects all levels of life and understood that by helping his wife help herself, he was not only giving her back her hearing; he was giving her back confidence in life.

Today, we have a long history of making life-changing differences through hearing

HEALTH, WEALTH & COMMUNITY

health and it is still the passion for helping people hear better that sets the course for our company.

At Audika, we know your general well-being depends on healthy hearing. That is why, when you visit our clinic, you can expect customised solutions. Our hearing care experts begin with a thorough assessment of your needs and rely on the latest in technological solutions.

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- Professional fitting of hearing aids
- Interested in hearing aids and accessories
- Flexible Payment Plan options
- Explaining the Australian Government Hearing Services Program

Our team are committed to the very highest levels of professionalism, ethical standards, honesty and integrity. We also provide ongoing aftercare services and follow up consultations to be with you every step of the way, from the beginning of your hearing healthcare journey. Your hearing is our expertise.



audika.com.au

The health check that people seem to forget

*Free hearing checks available to adults aged 26 years and older. Reference: 1. Calculated by Audika using data from the Hearing Care Industry Association, Hearing for Life - The value of hearing services for vulnerable Australians, 2020 report as well as data from the Australian Bureau of Statistics.



So, you've checked your teeth, your eyes, your skin. You've even checked your bowels. But what about your ears?

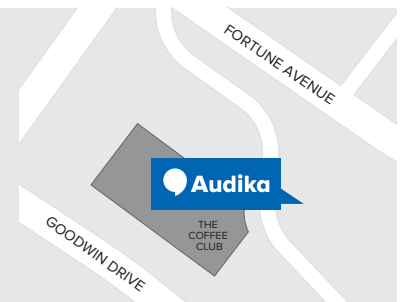
1 in 2 Australians aged 60+ have hearing loss.¹ Isn't it time you checked your hearing too?

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Call (07) 3408 0611 and mention this ad to book your FREE* hearing health check.

Be hearing healthy with Audika

holidays

where the family fun begins!



By Cherrie Wilson

I remember as a child, looking forward to our yearly 2 week holiday that my parents would organise. As a child, I didn't realise the importance of a holiday, I just wanted to have fun. Our holiday would always start with making sure our home was locked up like Fort Knox, everything was immaculate before we left, neighbours organised to pick up the mail and family had all been given the details of how to contact us.

Us three kids probably drove mum and dad crazy with wanting to pack everything under the sun and arguing over who was going to sit in the middle on our trip there. As country kids, going to the beach was a very big thing and we didn't want to miss a moment. When arriving at our holiday destination, we then had the cleaning time. My beautiful parents would scrub the kitchen, wash all the kitchenware, clean all bedrooms and bathrooms as mum said, "You never know who has been here before you." That was so ingrained in us, I do it to this day! Mum always left our accommodation cleaner than when we arrived!

After cleaning had been accomplished and we had settled in, we were allowed to explore. Meeting kids who were on holidays as well, finding all sorts of things on the beach that probably should have stayed there and just generally having a wonderful time.

Holidays were our time to come together as a family, reconnect and bond over the shared experience of somewhere new and exciting. I must admit playing Monopoly was not without its perils and I don't think much bonding occurred, we were too busy trying to be the winner and geez, we were competitive! I think it was much safer for all concerned to be outside and give the board games a miss.

I will have these memories firmly etched in my heart as they were some of the best times in my life. Time flies so fast that if only I knew just how important those holidays were, (especially to my hardworking and very deserving parents,) I wish I had as they say, "Stopped and smelled the roses" a bit more.

I know how easy it is to put off a holiday, there are lots of things that can get in the way, but I urge you to just do it! Make those memories that will last forever and take a break from everyday life.

You deserve it and your kids will, like me, look back on this time and be so very glad they experienced it. Memories to last a lifetime.

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IMAGINE... IF YOU COULD HAVE A HOLIDAY APARTMENT ON THE SUNSHINE COAST FOR YOUR ANNUAL HOLIDAYS FOR THE REST OF YOUR LIFE (INTENDED PUN) FOR ABOUT \$500 A WEEK, WHEN THE COST OF OWNING THE PROPERTY WOULD BE \$500,000.

There would be nothing extra to pay – no electricity, no council rates, no repairs, no water or waste charges, no cleaning, no gardening, no general maintenance, no pool cleaning or chemicals, no capital outlay, no insurance. Is this too good to be true? Well, it is available to you right now.

Short term holiday rental is the answer. Many waterfront apartments, near waterfront holiday homes and resorts are located in prime positions around the Caloundra waterfront, and the cost for a month's family holiday may be less than half of 1% of the cost of buying the same property.

Caloundra Holiday Centre is a rare specialist business in Caloundra, providing a large and diversified range of well-

maintained holiday apartments and homes, many in prime positions, which may be short-term rented for anywhere between one night and 3 months, and ranging in price from \$70 to \$700 per night for the whole family.

Working families are not the only ones who will enjoy this holiday concept. It is widely embraced by older couples and retirees, who often save a bundle by choosing the non-peak times away from school holidays. This can reduce the cost of the accommodation by up to 90% of the peak period rates.

An even greater saving can be made for couples, if they share the 2 or 3 bedroom holiday property with another couple of friends. You will be amazed at the huge range of properties and prices. A free call will have a free printed full colour brochure and price list in the mail to you same day, or if you're on the internet you can find it all, and book if you wish, online.

The really knowledgeable friendly staff will help you make the right decision, and help you through the phone booking service 1800 817 346 (Monday through Saturday). It's easy...And they don't even charge a booking fee for talking to a real human!

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HEALTH, WEALTH & COMMUNITY



DOUBLING DOWN ON ILLEGAL USE OF DISABLED PARKING BAYS

The cost of illegally using a disabled parking bay just doubled - up from to \$266 to \$533. Moreton Bay Region Councillors voted to double down on people who directly disobey the law, aligning with the State Government's penalty increase.

Mayor Peter Flannery said Council would do its part to ensure these important parks in public spaces are available to people who need them.

"One in five residents in the Moreton Bay Region live with a disability, so it's important that we create opportunities and a vibrant lifestyle for all, regardless of their level of ability," Mayor Flannery said.

"This is another way we are working towards becoming the most accessible destination in South-East Queensland.

"Frankly if you're using these carparks without any regard for the significant and negative impact that kind of selfishness can have on other people's lives, then you deserve to pay a bigger fine.

"It's an issue we take seriously."

Transport and Main Roads Minister Mark Bailey welcomed Council's action on disability parking.

"Drivers who illegally park in disability spaces should expect to be harshly penalised," Mr Bailey said.

"It's arrogant and selfish behaviour that the community doesn't support.

"That's why the State Government passed legislation last year to enable Councils to crack down on it.

"Moreton Bay Regional Council is among the first group of Queensland councils to act with tougher fines and I congratulate Mayor Flannery and his team for their leadership on this issue."

Mayor Flannery said the availability of accessible parking is vital to ensuring people living with disabilities can safely and easily access community facilities and services.

"Using a disabled park when you're not entitled to forces those who rely on this infrastructure to either park in places that are difficult to navigate or, worse, abandon their trip all together," he said.

"Whether it's getting your groceries or visiting our beautiful beaches, we want everyone in Moreton Bay Region to have a safe and happy time.

"That's why we also have inclusive playgrounds around our region, accessible beach matting at Redcliffe and on Bribie Island, low-sensory activities in our libraries, signed story time for people with hearing difficulties and recharge points for mobility devices."

For more information about Council's disability and inclusion services, visit <https://www.moretonbay.qld.gov.au/Services/Community-Support/Disability-Access-and-Inclusion>



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RACQ vehicle to help indigenous teens gain licence

RACQ and Former Origin Greats (FOGs) have again teamed up to help Indigenous Queensland students get the driving experience they need to gain a drivers licence.

The Club visited Bribie Island State High School on Wednesday to gift a Holden Cruze to students participating in FOGs' ARTIE Academy Drivers Licence Program, with the car to be used to help young drivers reach their 100 hours of driving practice required for a licence.

RACQ Head of Community and Education David Contarini said the Club was proud to support the valuable program.

"Getting a drivers licence is a milestone for many young people and opens up their options for future education and employment," Mr Contarini said. "However, unfortunately not all students have access to a safe, reliable vehicle to complete the 100 hours of practice mandatory as part of the Queensland drivers licence process.

"RACQ is happy to provide this

vehicle which will help many students, and we'll also cover the insurance, registration and servicing costs."

Mr Contarini said this was the fourth vehicle the Club had donated to the ARTIE Academy Drivers Licence Program.

"Last year we donated vehicles to Ayr, Beenleigh and Marsden State High Schools and we've been able to see the real value they provide to students," he said.

FOGs Executive Chairman

Gene Miles said these vehicles RACQ has provided added additional value to the existing Driver Licence Program.

"Completing 100 hours can sometimes be challenging for students, so having support from RACQ, the school and ARTIE Academy will get students off to the best and safest start when driving and will be a key component to enhancing the success of students in life after school."

<https://photos.app.goo.gl/353qYXE2nvRiUtAn6>

NOELENE LAKE Bribie Accounting Services

TAX TIPS: TAX ACCOUNTANT, BUSINESS ADVISOR, OR BOTH?

Many business owners view their Accountant as a "tax only" service provider, but your Accountant should also be well versed in business matters so he or she can fulfil the role of your Business advisor as well.

Your Accountant need to understand and focus on:

- the entrepreneurial cycle of business,
- the profit drivers in your business,
- the operating cycle or cash flow of your business,
- and the major financial calculations needed in a business.
- Identifying and advising you of your competitive advantages.

If you Accountant is not analysing your business and providing business advice, then they are merely a "tax only" service provider.

How does your Accountant assist you? Is it time for a change?

Contact me if you need assistance with your business performance.



PHONE 3408 9539

62 Cosmos Avenue, Banksia Beach
www.bribieaccounting.com.au -
info@bribieaccounting.com.au



WHAT IS A WILL?

A WILL IS AN IMPORTANT LEGAL DOCUMENT AND YOUR OPPORTUNITY TO SPECIFY YOUR WISHES TO YOUR LOVED ONES AFTER YOUR DEATH. A WILL LISTS WHOM YOU WOULD LIKE YOUR ESTATE TO GO TO AND THE PERSON OR ORGANISATION YOU HAVE CHOSEN TO CARRY OUT YOUR WISHES (EXECUTOR).

WHAT IS A BENEFICIARY?

A beneficiary is a person or other legal entity that benefits from your Will; they receive gifts as specified in your Will.

What is an Executor?

An executor is a person or organisation named in your Will to carry out your

wishes after your death. Your executor needs to pay all your debts and taxes before distributing your estate to your beneficiaries as specified in your Will. Estate administration is another term used for executor responsibilities.

What can I put in my Will?

What you put in your Will is totally up to you. If you make your Will with a Solicitor or the Public Trustee, you can ask questions to help you decide what is best for your circumstances.

Writing a Will gives you peace of mind and the opportunity to:

- Name guardians for your children
- Establish a trust to provide for young children or a person with a disability
- Provide for the care of any pets
- Express your wishes about your funeral arrangements

arrangements

- Give money to charity or philanthropic organisations.

Someone has forced me to write a Will or change my Will

No one can force you to write a Will or change your Will. Your Will is your choice, as is how your estate is distributed.

It is illegal for anyone to force you to write a Will or to change your Will. If someone has forced you to write or change your Will, there are a range of support services available at Elder Abuse Helpline or call 1300 651 192; from the Office of the Public Guardian, or call 1300 653 187.

What makes a Will legal?

In Queensland, a Will must be in writing, signed and dated in the presence of two witnesses over 18-years of age. Your witnesses cannot benefit from your Will

The most outstanding funeral venue in the Moreton region

With our light-filled chapel and refreshment lounge, appointed to overlook our beautiful gardens and surrounding National Park, it is no wonder Great Northern Garden of Remembrance is the Moreton Bay Region's most outstanding funeral venue.

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31-35 Tallowood Drive, Deception Bay

or know someone who may benefit from your Will.

CAN A WILL BE CANCELLED?

Yes, a legal Will can be cancelled when it is replaced by a new Will or, it is revoked

A Will can also be cancelled by changes in your personal circumstances such as marriage or starting a de facto relationship, separation, divorce or ending a de facto relationship.

WHEN SHOULD I MAKE OR UPDATE A WILL?

Everyone over 18-years of age can/should make a Will. It is important to think about updating your Will when:

- You get married or enter a de facto relationship
- You separate, divorce or end a de facto relationship
- Children or grandchildren are born
- Your executor or a beneficiary dies
- You buy or sell property
- Your financial circumstances change significantly.

WHAT HAPPENS IF I DIE WITHOUT A WILL?

If you die without a Will, you are said to have died 'intestate' and in Queensland, the Public Trustee becomes responsible for your estate; unless someone else is granted what is called letters of administration. The Succession Act 1981 (Qld) sets out rules for who receives your estate if you die intestate based on your personal circumstances at the time of your death. Tracing beneficiaries of intestate estates can take additional time and may attract additional costs that are deducted from your estate prior to distribution.

I HAVE BEEN NAMED THE EXECUTOR OF A WILL, WHAT DO I DO?

An executor is responsible for carrying out the wishes of the deceased as specified in their Will. An executor needs to pay all debts and taxes before distributing the estate to beneficiaries.

Information sourced from the Public Trustee

CAROLYN'S TAX Update



TIME TO START PREPARING TOWARDS THE END OF YEAR

Your March BAS and/or IAS will be arriving soon requiring lodgement in April. It is a good time to review your year to date and ensure that you are not overpaying instalments of income tax for the year 2021. Likewise, if you are behind in anticipated tax, it is more beneficial to pay instalments out of the current year to which it belongs. A final adjustment can be made on the June BAS/IAS. Variations are particularly important if your trading figures have changed considerably, you have purchased or sold an investment property, or you have closed your business or started a new one. All these have an effect on taxable income.

April is the month to review your 9 months trading and determine what should be completed for the end of June 2021. Too late after the day has passed. Buying additional cattle to increase the average cost or selling off others with the view to making your turnover over \$20,000 net of GST to be able to claim any loss in the current year.

Businesses using materials should start to determine the stock on hand and make sure that you do not have an oversupply of stock not required. Ensure though, that the stock on hand is sufficient to continue your work into the next year.

Motor Vehicle log books are needed for determining business % use of the car. If you haven't completed your 12 week log, there are only 3 months left for you to use to claim.

Should you require assistance to determine your projected tax assessment, adjustment to your BAS or IAS, please ring our office and we will be happy to help.

Regards Carolyn, C M Wheeler & Assoc, Woodford and Bribie 07 54961156 appointments or website CMWheeler.com.au; email: cwheeler@caliph.net.au

C M Wheeler and Associates

CERTIFIED PRACTISING ACCOUNTANT & TAX AGENTS

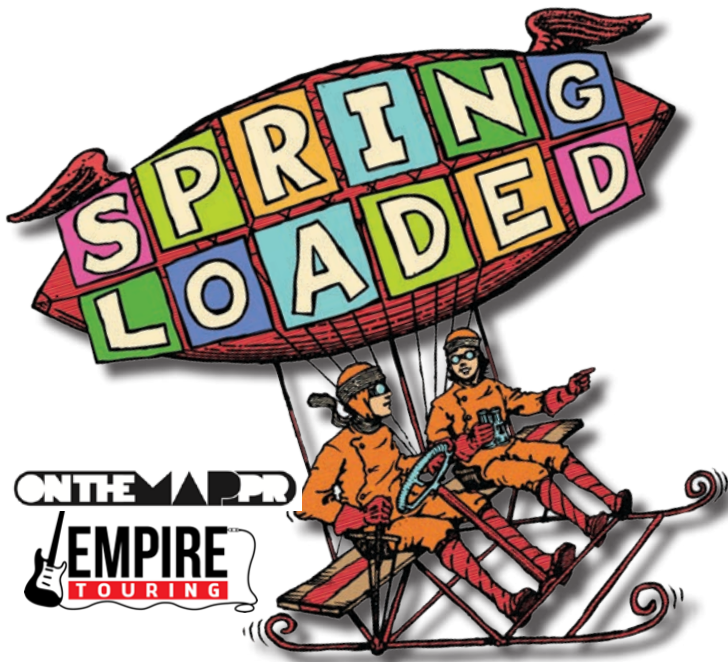
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FCPA Accountant, Woodford and Bongaree.

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SET TO THRILL AUS WITH NINE
COLOSSAL SHOWS IN 2021

After the blockbuster success of the inaugural festival in Queensland pre-covid, Empire Touring is elated to announce Spring Loaded is back and larger than ever, declaring a triumphant return to live music with nine festival dates set to rock around Australia in a bid to pay homage to some of the country's most beloved festivals gone by including Big Day Out and Homebake. With a colossal lineup dripping in 90s Aussie alt rock nostalgia, 2021's shows boast a haul of the decade's most celebrated acts, including Grinspoon, You Am I, Regurgitator, Jebediah, Magic Dirt, Frenzal Rhomb, Custard, The Fauves, The Meanies, Tumbleweed, Screamfeeder, Caligula and MC Lindsay 'The Doctor' McDougall.

Set to kick off in Sydney On The Lawn at Royal Randwick on May 8, the massive festival will then head up to Cairns, before moving on to Sandstone Point Hotel Bribie Island,

Adelaide Entertainment Centre, Darwin Amphitheatre, Gosford Entertainment Grounds, Stuart Park Wollongong, Red Hill Auditorium in Perth and will wrap on the Mornington Peninsula on November 27.

Tickets went on sale on Wednesday March 24 at 10am local time.

Thrilled to be on the bill, You Am I's Tim Roger's explains, "It's kinda unavoidable that nostalgia surrounds these shows, but the past year I've heard new music from most of our friends here that is as vital and visceral as any they've done in the past, which makes these potential shows all the more thrilling." Not one to mince words, Rogers goes on to offer some solid tips for punters, ordering, "Dress up, turn up, muck up!"

Stoked at the opportunity to get the band back together after what was a long 2020 for everyone the world over, Grinspoon's Phil Jamieson says, "I'm terribly excited to be playin' with Grinspoon at Spring Loaded. Since FireFight

GRINSPOON AD TO COME



we have barely stepped onto stage, let alone seen each other.”

The man who masterminded this bodacious opportunity for us all to relive our youth and celebrate the return of live music, Empire’s Marc Christowski says, “Having been at various Big Day Outs and Homebakes over the years, it is a massive buzz for us to produce Spring Loaded. Bringing together such an amazing lineup that will go to every corner of the country, flying the flag of indie rock is a dream come true.”

Covering all bases, the festival will be bustling with craft beer and an enviable collection of the locale’s cherry-picked food trucks. Spring Loaded is a fully licensed 18+ event, strictly no BYO food or alcohol. The shows are outdoor concerts and will go ahead rain, hail or shine. No tables, tents, sun shelters or umbrellas are permitted, punters are urged to bring ponchos/ raincoats and gumboots if rain is forecast. Picnic rugs and low camp chairs are permitted, as are sealed bottles of water, and there will be water refill stations. And this killer event will be taken indoors to Adelaide – expect all the festival vibes with no weather issues.

After an unprecedented write off for live music in 2020, don’t miss this opportunity to celebrate the return of the festival and the greatest era of the indie alt rock scene in Australia, and come and relive the

soundtrack of your youth live at Spring Loaded in 2021.

VIP tickets will be available for the Just Ace Place VIP Bar offering a premium viewing area, exclusive VIP entry, private bar and food area.

The Spring Loaded festival dates will be held with a commitment to a COVID Safe environment. Festival organisers will work closely with and comply with all requirements of the public health authorities in respect of these shows. If any shows are required to be postponed, a postponement date will be announced and punters will be eligible for a full refund if they are unable to make the new date.

SPRING LOADED DATES

SAT 8 MAY | ON THE LAWN AT ROYAL RANDWICK, SYDNEY | NSW | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

Tickets available from www.oztix.com.au | 1300 762 545 | All Oztix Outlets

SAT 12 JUN | CAIRNS SHOWGROUNDS | QLD | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

Tickets available from www.oztix.com.au | 1300 762 545 | All Oztix Outlets

SAT 19 JUN | SANDSTONE POINT HOTEL, BRIBIE ISLAND | QLD | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

Tickets available from www.oztix.com.au | 1300 762 545 | All Oztix Outlets

SAT 26 JUN | ADELAIDE ENTERTAINMENT CENTRE | SA | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

FRI 23 JUL | DARWIN AMPHITHEATRE | NT | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

SAT 16 OCT | GOSFORD ENTERTAINMENT GROUNDS | NSW | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

SAT 23 OCT | STUART PARK, WOLLONGONG | NSW | 18+

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

Tickets available from www.oztix.com.au | 1300 762 545 | All Oztix Outlets

SAT 30 OCT | RED HILL AUDITORIUM, PERTH | WA | 18+

Tickets available from www.moshtix.com.au | 1300 438 849 | All Moshtix Outlets

Tickets available from www.ticketek.com.au | 1300 364 001 | All Ticketek Outlets

FOOD, WINE AND ISLAND TIMES

A little over 12 months ago after returning from America, I mentioned in one of the articles that after browsing through some liquor stores there seemed to be a distinct lack of exposure of wines from Treasury Wine Estates and since then this company has had an interesting twelve months, to say the least.

Treasury Wine Estates is an Australian company with its headquarters in Melbourne and has control of many of the important brands that sit on our liquor store shelves and was formed when The Fosters Group decided to float the wine company off as an independent business instead of including it alongside its brewery interests.

This story started in 1976 when The Penfolds Wine Company was taken over by Tooth and Co. a brewer based in New South Wales. There was nothing new in wine companies merging as had happened numerous times throughout history however this was the

In 1995 Fosters Brewery acquired The Southcorp Winemaking group which now included Rosemount and Beringer Blass which was the seventh-largest producer of wine in the United States adding about \$A1 billion dollars to revenues.

Instead of adding value to the brewer the wine division performed poorly often draining cash from the very profitable brewing division and by 2011 the company had written down the value of the wine division by half leaving it worth around \$A3.1 billion.

In April 2011 at a shareholder meeting, it was decided to split the Fosters Group into the brewing division and a wine company and Treasury became a separately listed company the following month.

More dramas followed with steamrollers crushing millions of bottles of cheap wine to dispose of excess stock in the United States and in 2015 it was reported that the

Australian and New Zealand wine brands in Treasury's portfolio include 19 Crimes, Annie's Lane, Coldstream Hills, Devils Lair, Fifth Leg, Hewitt Vineyard, Ingoldby, Jamiesons Run, Killawarra, Leo Buring, Lindeman's, Matua, Metala, Penfold's, Pepperjack, Rosemount, Samuel Wynn, Saltram, Seppelt, Secret Stone, Squealing Pig, St. Huberts, Wolf Blass, Wynns and Wolf Blass.

Treasury is now to restructure the business into three groups, Treasury America, Treasury Premium brands and Penfold's and it will remain to be seen whether this strategy will solve all their problems.

On a positive note along with the release of a Penfold's premium Champagne, are a range of premium red wines made in The Napa Valley California using rootstock sent from their best vineyards in South Australia, a Bin 704 Napa Valley 2018 Cabernet Sauvignon, a Bin 149 Cabernet Sauvignon 2018, a Bin 600 California Cabernet Shiraz 2018 and



WineLander

By: Philip Arlidge

beginning of what was to become one of the largest wine portfolios in the world. In 1982 Penfolds became part of the Adelaide Steamship Company Group which had started a wine division that grew to include Kaiser Stuhl, Wynns Seaview and Seppelt. In 1990 S.A. Brewing purchased the wineries from The Adelaide Steamship Company which now also included Lindemans and the S.A. Brewing and was divided into three entities with the brewing assets retaining the S.A. Brewing name and the wine assets were named Southcorp Wines, other manufacturing interests became Southcorp a manufacturer of white goods such as washing machines etc.

company began reducing its presence in the British market to concentrate on Asia and the following year slimmed down its wine portfolio selling off 12 cheap wine brands in the United States.

In January 2019 their share price fell as reports of the company engaging in illegal practices including "channel stuffing" in attempts to inflate profits which led to a loss of confidence in the brands throughout The United States and last year China accused the company of dumping wine in China leading to massive tariffs being charged in a market which now accounts for half of Treasury's sales causing a further loss of sales.

the flagship Bin 98 Quantum Cabernet Sauvignon 2018 which should be available from premium wine merchants around the country now.

Cheers Philip Arlidge
arlidge@bigpond.com.au

From the book of wisdom written about 190 B.C - Wine is as good as life to a man, if it be drunk moderately. Measurably drunk and in season, it bringeth gladness of heart.

An extract from the prayer book showing wine has a place in paradise.

So the Lord awaked as one out of sleep and like a giant refreshed with wine

WE ARE NOW OPEN FOR DELICIOUS SIT-DOWN MEALS AND DRINKS

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Sat 8.30 - 12.00
Sunday CLOSED

Village Deli
bongaree
dine in / takeaway



Healthy Eating on a Budget

PLANNING IS THE SECRET TO HEALTHY EATING BASED ON THE AUSTRALIAN DIETARY GUIDELINES WHILE STICKING TO A BUDGET:



- Plan your meals and snacks for the week.
- Make a list and stick to it.
- Don't shop when you're hungry. (Not only does this limit unplanned purchases, it also limits unplanned kilojoules when you're trying to control your weight).
- Spend most of your money on the Five Food Groups.
- Think hard about why you are buying discretionary foods and how much you really need to buy. This is especially important if you are trying to lose weight, because if you don't buy it and take it home, it's much easier to stick to your goals.
- If you would really like to have a high kilojoule food, buy the smallest amount that will satisfy you, the best quality you can afford and eat it slowly, savouring it with all your senses.
- Try to limit discretionary foods and drinks to special occasions and small amounts. Avoiding discretionary foods not only saves you money but the extra kilojoules too.
- Drink water instead of juice or sweetened drinks, it's free and has no kilojoules.
- Use what you already have, what's in season and what's on special. For example, almost any vegetable can be cooked in stock and pureed to make a delicious winter soup. Just add wholegrain bread and you have a meal.
- Freeze leftovers for other meals or for lunches.
- Use leftovers in different ways.
- Substitute ingredients.
- Use powdered skim milk in recipes.
- Make your own custards and milk based desserts using low fat milk and limit added sugar.
- Buy smaller amounts of lean meat, skinless chicken and fish and extend meals by adding legumes, extra vegetables and grains. By adding extra vegetables to meat dishes, you will also reduce the kilojoules in the dish.
- Know how you will use what you buy, how much and when.



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SAT 6AM - 2PM, SUN 6AM - 2PM

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#WeekdayTreats

STEAK OUT: Enjoy a delicious **200g steak** served with chips & house salad or creamy mash & seasonal vegetables plus your choice of sauce*

\$16 Members \ \$18 Non-Members

TWO FOR \$32: Purchase two main meals from the 'Two for Tuesday' selection for just \$32.00*
See specials board for available meals on the day

\$32 Members \ \$32 Non-Members

SCHNITTY DAY: Enjoy a \$5 discount off our delicious Chicken Schnitzel or Parmigiana served with chips & house salad or creamy mash & seasonal vegetables.

\$5.00 off the menu price

SPICE IT UP: It's Curry Time at The Surf Club! Our Chef's are creating some delicious authentic dishes for you to enjoy. Check the specials board for today's options*
If you like it spicy ask for it HOT!

\$16 Members \ \$18 Non-Members

FISH FRIDAY: Enjoy a \$5 discount off any delicious FISH DISH from the main meals section on our Bistro Menu*. Including our Frito Misto seafood tower!

\$5.00 off the menu price

*Terms & Conditions apply. Subject to availability, not available in conjunction with any other offer, not redeemable for cash, not transferable. Offer may be changed at any time at manager's discretion. Images are for illustrative purposes only.

Not available on Public Holidays.

Mondays



Tuesdays



Wednesdays



Thursdays



Friday



BOOKINGS SUGGESTED TO AVOID DISAPPOINTMENT
ONLINE BOOKINGS AVAILABLE FROM OUR WEBSITE OR FACEBOOK PAGE

The Surf Club Bribie Island
A | First Avenue, Woorim, QLD 4507
P | 07 3408 2141
W | thesurfclubbribie.com.au
E | info@thesurfclubbribie.com.au



EASY FISH TACOS

INGREDIENTS

425g pkt Birds Eye Oven Bake Original Crumb Fish Fillets
6 small flour tortillas, warmed
1/2 cup (130g) tomato salsa
3 cups (180g) finely shredded lettuce
2 tomatoes, seeded, chopped
2 tablespoons red onion, finely chopped
1 tablespoon fresh coriander, chopped
1 cup (120g) shredded reduced-fat tasty cheese
Light sour cream, to serve
Lime wedges, to serve

METHOD

Step 1

Cook the Birds Eye Oven Bake Fish Fillets following packet directions. Remove from oven and halve the fillets crossways.

Step 2

Spread the tortillas with salsa. Fill with lettuce, tomato, onion and coriander. Top with fish pieces and sprinkle with cheese. Serve with sour cream and lime wedges.



EASTER TRADING HOURS

GOOD FRI: 10AM-7.30PM
EASTER SAT: 10AM-7.30PM
EASTER SUN: 10AM-7.30PM
EASTER MON: 10AM-7.30PM

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LUNCH PACK (2 piece & chips)	\$8.00
DINNER PACK (3 piece & chips)	\$9.50
JUMBO WINGS	\$2.00
JUMBO WING PACK (2 wings & chips)	\$6.00

CHICKEN BREAST POPPERS	\$6.50
HOT CHICKEN & GRAVY	\$6.50
GRAVY	\$2.50
SMALL CHIPS	\$3.00
MEDIUM CHIPS	\$5.50
LARGE CHIPS	\$7.50
FAMILY CHIPS	\$11.50

ROSES BURGERS

CRISPY FILLET BURGER (Lettuce & Mayo)	\$8.50
PERI PERI BURGER (Crispy Fillet, Lettuce & Rosies Perinaise Sauce)	\$8.50
CHICKEN CHEESE & BACON BURGER (Crispy Fillet, Lettuce, Bacon, Cheese & Mayo)	\$9.50
THE G'DAY MATE (Crispy Fillet, Lettuce, Beetroot, Tomato, Cheese & Mayo)	\$9.50
THE GONE TROPPO BURGER (Crispy Fillet, Lettuce, Pineapple, Bacon Cheese & Mayo)	\$9.50
THE FLAME THROWER (Crispy Fillet, Lettuce, Perinaise Sauce, Jalapenos & Rosies Peri Peri sauce)	\$9.50

WRAPS

\$8.50

CHICKEN BREAST & SALAD
SPICY CHICKEN & SALAD/PERI PERI SAUCE
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BETTER THAN **1/2** PRICE

\$2.49 ea
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Samboy 175g
\$1.02 per 100g



\$1.79 ea
SAVE \$1.86

Coca Cola Range
375ml x 24
\$1.75 per Lt



BETTER THAN **1/2** PRICE

\$15.79 ea
SAVE \$16.01



Atlantic Salmon Portions
\$14.99 per kg



200% Fresh Food Guarantee
Replace + Refund

\$14.99 kg
SAVE \$20.00

99¢ ea
SAVE \$1.16



Schweppes Mixers 1.1L Range
90¢ per litre

Large BBQ Chicken



200% Fresh Food Guarantee
Replace + Refund

\$6.99 ea
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All Cornetts fresh produce is covered by a 200% guarantee. If you're unhappy, they'll replace the product free PLUS refund the value. Specials available until sold out. We reserve the right to limit quantities per customer, trade not supplied. We reserve the right to correct printing errors. Multi-buy price only available when purchased in the multiples specified.



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Hearty Foods is a family owned and operated business on the Sunshine Coast. Established over 10 years ago delivering Nutritious ready made meals to the Sunshine Coast, Fraser Coast, Bundaberg, Bribie Island & surrounds. If it's a good quality home style cooked meal your looking for then take a look at our extensive menu

with the additional choice of regular or large sizes dependant on your appetite and of course a great selection of desserts. Let Hearty Foods take the fuss and stress out of meal times, whether its lunch or dinner at home or a tasty meal at work, just grab a meal from your freezer and simply heat and eat with peace of mind.

CHICKEN DISHES

- 1. ROAST CHICKEN**
Tender roasted chicken served with roast chat potatoes, pumpkin and steamed beans.
- 3. CHICKEN A LA KING**
Delicious chicken pieces cooked in a white sauce with bacon served with seasoned chat potatoes and green beans.
- 14. SATAY CHICKEN**
Tender chicken breast topped with a satay sauce and served with yellow and green beans and rice (contains nuts).
- 15. SWEET N SOUR CHICKEN**
Asian style sweet 'n sour chicken served with steamed rice & green beans
- 17. CHICKEN KORMA CURRY**
Juicy tender chicken cooked in an Indian korma sauce topped with mango chutney, steamed rice and green beans.
- 19. MUSTARD CHICKEN**
Tender chicken breast fillets, topped with creamy mustard sauce, roasted chat potatoes and aussie beans.
- 20. BUTTER CHICKEN**
Tender chicken cooked in a mild Indian spiced butter sauce served with steamed rice and green beans.
- 37. CHICKEN PARMI**
Crumbed chicken fillets, Napoli sauce, grated cheese & parmesan, served with chat potatoes & seasonal vegetables.
- 47. MANGO CHICKEN**
Seasoned tender chicken with a mouth watering mango sauce, served with steamed aussie beans and chat potatoes.

FISH DISHES

- 25. ATLANTIC SALMON** (Reg \$13.50 | Lge \$17.90) NEW
Served with creamy dill sauce, seasoned chat potatoes, broccoli, yellow & green beans.
- 26. TUNA MORNAY PASTA**
Tuna Pasta tossed in a mornay sauce served with sweetcorn, peas and sweet potato.
- 28. ATLANTIC COD & PRAWNS** (Reg \$11.50 | Lge \$13.90) NEW
Served with lemon sauce, mashed potato, broccoli & garden peas.
- 36. SMOKED SALMON FETTUCCINE**
Fettuccine topped with smoked salmon, baby spinach in a creamy sauce served with broccoli.
- 46. BAKED FISH**
Wild caught New Zealand Hoki with a cream sauce, served with sweet potato and peas.

BEEF DISHES

- 5. COTTAGE PIE**
Good old traditional style minced beef, topped with potato mash and served with vegetables.
- 6. ROAST BEEF**
Tender roasted beef served with gravy, chat potatoes, sweet potato and peas.
- 7. BEEF CASSEROLE**
Tender beef cooked in rich gravy, served with mash and peas.
- 8. SPAGHETTI BOLOGNESE**
Everyone's favourite pasta topped with a beef bolognese and grated cheese.
- 9. BEEF LASAGNE**
Traditional bolognese sauce between layers of pasta, topped with a cheese sauce and served with seasonal vegetables.
- 30. BEEF RISSOLES**
Beef Rissoles topped with gravy and served with mashed potato, peas and carrots.
- 31. BEEF STROGANOFF**
Tender Beef strips cooked in a mushroom, paprika & mustard sauce served with Fettuccine & green beans.
- 32. MEXICAN BEEF AND BEANS**
Classic Chilli Con Carne served with rice and beans.
- 35. BEEF MADRAS CURRY (MILD-MEDIUM)** NEW
A delicious Indian beef madras curry cooked with potatoes, served with rice and green beans.
- 41. SILVERSIDE**
A family favourite - Corned Silverside served with a sweet potato mash and vegetables.

PORK DISHES

- 12. ROAST PORK**
Roasted pork with gravy, chat potatoes and roast pumpkin.
- 27. PASTA CARBONARA**
Pasta cooked in a bacon and mushroom cream sauce.
- 33. PICKLED PORK**
Pickled pork topped with creamy mustard sauce served with chat potatoes, green and yellow beans.
- 48. CURRIED SAUSAGES & RICE** NEW
Pork sausages cooked in a mild curry sauce and served with rice and vegetables.

BANGERS AND MASH

- All served with mash potato, rich gravy and seasonal vegetables
- 2. BEEF WITH BUSH TOMATO & PEPPER SAUSAGES**
- 13. TRADITIONAL OLD ENGLISH PORK SAUSAGES** NEW
- 22. LAMB, HONEY, MINT & ROSEMARY SAUSAGES**

LAMB DISHES

- 10. ROAST LAMB** (Reg \$11.50 | Lge \$13.90)
Succulent tender lamb with mint infused gravy and served with chat potatoes, peas and carrots.
 - 24. MASSAMAN LAMB CURRY** (Reg \$11.50 | Lge \$13.90)
Lamb cooked in a thai style massaman sauce, served with rice and green beans.
 - 42. MONGOLIAN LAMB** (Reg \$11.50 | Lge \$13.90)
Asian style Mongolian lamb cooked with steamed asian vegetables and noodles.
- VEGETARIAN / VEGAN DISHES**
- 29. VEGETABLE LASAGNE**
Marinated roast vegetables between layers of pasta, topped with three cheeses.
 - 43. VEGETARIAN NOODLE STIRFRY**
Stir-fried vegetables and rice noodles with sweet lime and chilli sauce topped with chopped peanuts.
 - 44. CHICKPEA & VEGETABLE CURRY**
Mild chickpea & vegetable curry served with basmati rice.
 - 45. CREAMY PESTO PASTA**
Penne tossed through pesto cream, broccoli and spinach, topped with parmesan cheese (contains nuts).

DESSERTS (\$4.50 each)

- Apple & Rhubarb Crumble & Custard
- Bread & Butter Pudding & Custard
- Stickj Date Pudding & Caramel Sauce
- Rice Pudding with Raisins & Cinnamon
- Chocolate & Almond Brownie & Choc Sauce
- Vanilla Ice-cream Cups \$2 each
- Chocolate Bavarian
- Passionfruit Cheesecake
- Strawberry Cheesecake

MAIN MEALS

Regular **\$9.50** Large **\$11.90**

*Please note price differs for some fish & lamb dishes.

Minimum of 7 main meals for a FREE delivery

- 7 Regular sized meals from \$66.50
- 7 Large sized meals from \$83.30

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ALL ORDERS MUST BE PLACED BY 2PM FOR THE NEXT DAYS DELIVERY



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Easter Super-Sundae



INGREDIENTS

- 80g white chocolate melts
- pink food colouring
- 460g Woolworths unfilled vanilla sponge cakes
- 2 tbs icing sugar
- 3 large bananas, peeled, sliced
- 250g strawberries, hulled, sliced
- 125g blueberries

- 1L Woolworths hot cross bun flavoured ice-cream
- 1/4 cup slivered almonds, toasted
- 300ml thickened cream
- 20g unsalted butter
- 1/4 cup golden syrup
- 2 tbs brown sugar
- 1 tbs cocoa
- 100g dark chocolate, chopped

METHOD

1. Draw bunny ears on baking paper and place on a flat tray. Melt chocolate in a microwave-safe bowl on 50% power for 30 seconds. Spoon over paper, spreading to form the outer ear, leaving centres bare. Chill until almost set. Add 2-3 drops food colouring to remaining chocolate and combine until pale pink. Spoon into centre of ears. Chill until set.
2. To make the choc fudge sauce, place 1/2 cup cream, butter, syrup, sugar and cocoa into a small saucepan. Whisk over medium heat until smooth and combined. Increase heat to medium-high and bring to a simmer. Remove from heat, add chocolate and stir until melted. Cool. Whip remaining

cream until soft peaks form. Chill.

3. Preheat oven grill to high. Line a large baking tray with baking paper. Cut one sponge layer (tightly wrap remaining layer in plastic wrap and freeze for another use for up to 2 months) into 2cm-wide strips. Lay strips, cut sides facing up, close together on tray. Sift over half the icing sugar. Turn slices over and dust with remaining sugar. Grill for 2 minutes on each side. Remove from grill and cool.

4. Break sponge strips into chunks and layer into a large glass bowl with fruit, ice-cream and some choc fudge sauce. To serve, top with whipped cream, drizzle over sauce, scatter over almonds and arrange bunny ears.

Wright's Fruit Barn



CUT OFF TIME FOR DELIVERIES IS 1PM

1 Coolgarra Avenue, Bongaree. (Next to McDonald's)

Just call **3408 1179** by 1pm daily for same day delivery on the Island and we can hand select, pack and deliver all your fruit, vegetables, milk, yogurt, Kenilworth cheese, eggs, bread and many more products. Phone orders also accepted for people who would like us to do the shopping for them, it will be ready for pick upon arrival. Minimum order \$20 for pick or delivery

**HOME DELIVERY AVAILABLE
OPEN 6 DAYS**

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spent in one purchase

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WINNERS

DINNER FOR 2 TO THE VALUE \$50

WINNER OF LADIES STYLE SESSION



CONGRATULATIONS

CONGRATULATIONS

market times

Bribie Island BICA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am - 12 noon

Queensland Cancer Council Markets

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets

(Farmers Market)

The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

The Bribie Lions Club Markets

The Bribie Lions Club Markets are held at Tintookie Park, Woorim on every second Saturday of each month from 8 am to 12 noon

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open from 8 am to 12 pm on weekdays and from 8 am to 12 pm on the first Saturday of every month.

Bribie & District Woodcrafters Assoc.

OPEN DAY: Woodworking demonstrations, displays, sales
Sat 27th March & Last Sat Month thereafter. 8 - 12noon
Contact Ian Trail 0401 134 384



Female Singers Required for Charity Concerts



Retired professional female singer seeks four lively, energetic and enthusiastic female singers. Singing to backing tracks - Supremes, Ronnettes, ABBA, Beatles, etc., training is provided, but the ability to dance to basic routines is essential.

Contact Retrorevivalbribie@yahoo.com

The Bribie Island RSL Women's Auxiliary,

in conjunction with the Bribie RSL citizens club, would like to announce we are introducing "The Keven Walsh Show" from Mon 15th March 2021 for a three month trial period.

This is a fund raising event for the Women's Auxiliary so please come along and hear Keven who is an excellent entertainer.

THE DATES FOR THE SHOW WILL BE AS FOLLOWS Monday 19th April 2021, Monday 17th May 2021

Tickets are available at the door on the day or at the club reception.

ENTRY \$6 p.h.

Lunch is optional and **ONLY \$6 p.h.** menu is:

- Roast pork
- Shepherd's pie
- Fish and chips.

The doors of the Auditorium will open at 10 a.m.

Morning tea will be complimentary.

Any queries please contact Jan Wright on 0407 030 598



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This article will not be a critique of that excellent crime novel by Jane Harper, nor will it be about the recently released Australian film starring Eric Bana which I would urge you all to attend.

I read the novel several years ago whilst I was visiting my son in Melbourne, on his recommendation. He is an avid reader of fiction, there is always a book beside his bed. As a man, he is a far cry from the little boy who once told me that reading was a sport for girls!

No, the dry I am referring to is my very own "dry", my attempt to give up the demon drink for the entire month of February.

"Why?" you might ask. In my case, the lead up to Christmas, Christmas itself, New Year and then my influx of visitors had led

I considered to be a very unfeeling fashion and pointed out that I had chosen a good month for it, February being the shortest month of the year. This had never crossed my innocent mind but I did inwardly congratulate myself on the wisdom of my choice.

Yes, choice, and that might be the difference because I do have friends who are on a lifetime dry for a variety of reasons. None of them are "wowsers" and several still have their tongues hanging out when a festive season comes around. I unreservedly admire their fortitude and am at a loss as to how I might cope in these circumstances. Very badly, I suspect. There is light at the end of my particular tunnel but theirs is a lifetime sentence.

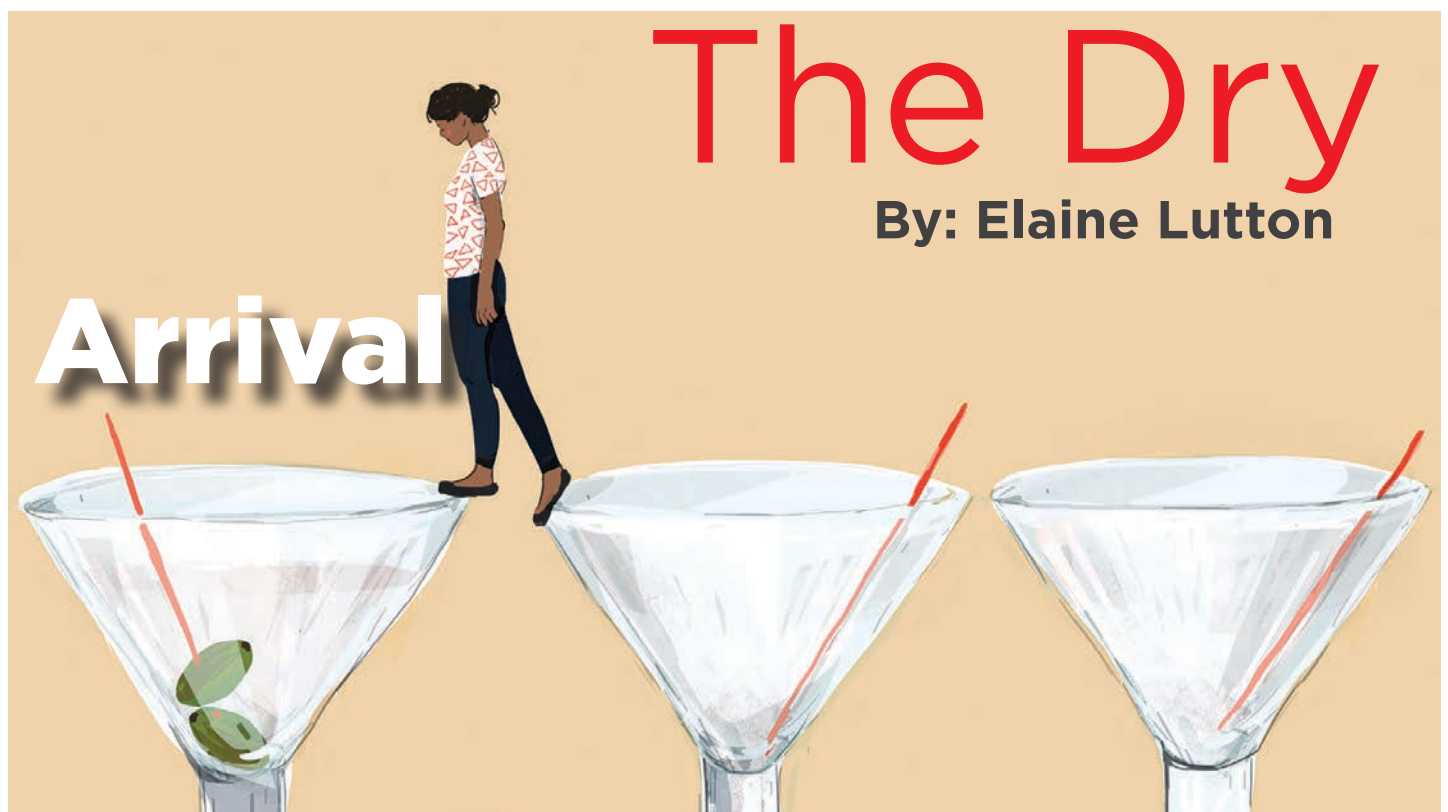
I was fortunate though, in that I am old

stalwart women we have raised!

Not for one minute would I encourage the prospective Mothers of our Nation to disregard these very necessary warnings; what has been learnt cannot be unlearned. It is just that I am grateful for my ignorance during my time of fecundity.

I once, very unwisely, confessed to my drinking whilst I was pregnant with my children. My son exclaimed, in what I hope was mock horror, "You mean I would have been even more handsome and intelligent!" He really is a very modest fellow!

At the time of writing this, it would seem I have eight days, nineteen hours and thirty minutes approximately to go before I can front up to the local vampire clinic and get them to take a sample of the red stuff and scour it for any traces of past or present



to an intake of alcohol way beyond that recommended by the Australian Medical Council and I was determined to correct this fall from grace and so prove to myself that I did not have an addictive personality. As an extra incentive, I had a referral for a blood test that I had been carrying around for the past two months or so, and I desperately wanted my results to impress my lovely doctor. I knew it could be done as my record for abstinence had stretched for eight and a half weeks on a previous occasion for differing reasons.

I mentioned to a friend that I would not be having a glass of red wine or "bubbles" with her as February was going to be my Lenten month. She merely laughed in what

enough for no-one to have heard of the perils of drinking champagne, eating soft cheeses and salamis, the consuming of oysters and even soft-boiled eggs when I was pregnant. Heavens above, I was even known to smoke the very occasional cigarette. Poor girls nowadays get very disapproving stares if they appear to be in an interesting condition and are seen to be so much as sniffing at the contents of their partner's glass. And a nine-month dry term is not all they get for their night of fun and frivolity, there is the business of breast-feeding the resultant babe with the lengthening, not shortening, of the sentence for good behaviour. Most unfair. I am totally amazed that the human race manages to continue! What a breed of

wickedness. Not that I am counting of course!

It will then only remain for me to visit my lovely G.P. (see above) and receive his congratulations on being an exceptionally well-behaved young lady. After this, I can hasten home, retrieve all the bottles I have hidden from myself, assuming I can remember where I placed them, and, NO! You thought I was going to say, get plastered, didn't you? I have no intention of undoing all the good work I have achieved at such cost, but I do have an important birthday luncheon of a friend to attend the next day, and I shall allow myself a celebratory glass of Bubbles in honour of the occasion.

Busy Fingers



REQUEST FOR PRESENTATIONS & DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all non-for-profit associations and sporting clubs, we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come along to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance please include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com Please be aware we only deal with island associations and groups, not individuals.

As usual, we have many specials each week and these are written on the blackboard as you enter the shop and are listed on our Facebook site. We are now putting out some of our stored warmer clothes ready for winter or if you are heading south for a holiday. We have some nice watches available at the counter, they have been checked and have new batteries and start at \$5.

I would like to thank all our customers and supporters including the Bribie Islander family who has looked after us for many years now. Hope to see you in the shop soon.

Sandra



DONATIONS

As well as our continued support of the VMR, BI Hospice and Global Care we granted the following requests this month. We were able to assist the BI Kindergarten with the purchase of a Tribe Original Electric Bike and trailer and accessories to carry 4 children, to use for visits to Foley Street Aged Care and other short excursions. The Pickleball Club is expanding and is now hoping to enter the schools on the island and help the students gain an appreciation of this sport, to obtain this ambition they required more equipment which we are happy to supply. Bombora Outriggers asked for another boat cover for their smaller canoe and a handheld VHF radio for an emergency or need of the VMR.

We try to use the island businesses and tradesmen to supply as many items as possible when giving grants



PUBLIC HOLIDAY CLOSURE

Time seems to be flying past this year, as Easter is on our doorstep (and the hot cross buns have been in Woolworths since the first week of January, I should imagine people are over them by now).

The shop will be closed over the Easter 4-day period, as usual, so we will close at 3.30 on Thursday and re-open on Tuesday at 8.30.

ANZAC day falls on Sunday this year so the public holiday will be on Monday 26TH April so the shop will also be closed on that day as well as the following Monday 3rd May for Labour Day.

THE LOSS OF A DEAR FRIEND

Last year we lost two of our volunteers Alma Hinds and Karen Highlands, and recently, we sadly lost another wonderful lady Denice Goodwin, who with her dear friend Alma, worked at Busys for over twenty years before retiring with Alma in her early 80's. Denice lived alone for several years after leaving us, before retiring in the Bribie Island Retirement and Aged Care, where she enjoyed the bus trips and other entertainment offered at the village, after a few years she was joined by her dear friend Alma who also became a resident. Denice was always happy and enjoyed greeting visitors at the entrance of the shop, with Alma she would sell the raffle tickets, sort the arts & crafts including wool, and check the puzzles and board games. Denice will be not only be missed by her family but also the many friends she had on the island including the staff and volunteers of Busy Fingers as she was highly regarded by all, she will be missed but not forgotten. We send our heartfelt condolences to her family.

ELECTRICAL GOODS

Recently, 2 of our staff members attended a course to obtain a test and tag licence, this will allow for all our donated preloved electrical items to be tested and tagged as per regulations and then priced appropriately. The goods will have a tag and a new label showing the test date and price. I would like to thank our staff members for volunteering to attend the course, thus ensuring we can display and sell all the tested and approved electrical goods we receive.



By Barry Clark
Bribie Island
Historical Society

FLY TO BRIBIE FROM PANDEMIC 102 years ago.

This article tells about pioneer families who came to Bribie in the early days of settlement.

In 1919, the Spanish Flu pandemic shocked the world, killing tens of millions of people worldwide, and before that the 1900 Bubonic plague had killed hundreds of Queenslanders.

100 years ago, with a resident population on Bribie of less than 50 people, life was very basic. It slowly grew with a growing number of visitors on Steamship excursions from Brisbane, when a Jetty was built at Bongaree in 1912.

THEN & NOW

Today the world is in the grip of a Covid-19 Pandemic, and here in Queensland and Bribie Island we have come to appreciate the value of isolation, and the ongoing risk of global infection and community transmission.

The population of Bribie is now growing rapidly and people come here from many places.

I wonder how history will reflect on the Bribie Island of 2021, in 100 years' time, and what people and events of our life today may still be visible and remembered.

Some of the pioneer family names like Crouch, Ormiston and Brennan are still



visible in street and place names, and some of their descendants remain active in the community today.

The following is a summary of the written memories of Pam Smith (nee Crouch) who gave a memorable presentation to the Historical Society a few years ago.

CROUCH FAMILY by Pam Smith (nee Crouch)

My mother, Eileen Ormiston, came to Bribie Island in 1919 with her parents, Elsie Rose (nee Sullivan) and James Alexander Ormiston as a 3-year-old with an older brother, Jimmy. They moved to Bribie from New Farm, Brisbane, in 1919 to escape an Influenza pandemic brought back by our poor soldiers returning from World War 1. Thousands of people were infected and the hospitals were overcrowded. My grandfather later related when he heard outside his house "bring out the dead", he decided to leave New Farm for Bribie Island.

My grandparents travelled to Bribie Island on the steamship Koopa to set up one of the first permanent homes here. At first, they camped on the foreshore and they lived on fish, crabs, yabbies, prickly pear fruit (which I have also eaten) and small animals such as goanna and snakes. Bread was brought over from Toorbul Township once a week.

My grandfather made a living by picking Boronia, and other wild flowers, and sold them to the day-trippers. He made tent pegs from trees and sold them to the holidaymakers who camped on the 'hill' where the library is today. They also camped along the foreshore, left and right of the jetty, and where the Bribie Caravan Park is today. I loved the school holidays as

I would wander in between the tents, talk, and meet many other children who I played with.



Later, when we moved into a cottage, my grandfather grew vegetables and had ducks and chooks.

My grandfather also established a grocery store in 1920 called 'Ormistons', situated close to where the Bongaree Hot Bread shop in Toorbul Street now stands. Eventually Elsie and James had five children and they all worked hard from a young age in their father and mother's businesses.



In 1924, the first school opened on Bribie and my mother, Eileen and her two brothers, James and Eric Ormiston were

enrolled as the first children. As the years progressed more children came to Bribie, school numbers grew, and my Aunt Mavis joined them in 1926.

My mother, Eileen, met my father, Fred Crouch, in 1932 and were married in 1934. Mum told me that dad took her up Dux Creek mud-crabbing for their honeymoon and the bloody mosquitos and sand-flies almost ate them alive. Not a very romantic honeymoon.



CROUCH FAMILY

My father, Charles Frederick Crouch (known as Fred) grew up in Wynnum with three other brothers. The Crouch family established the Moreton Bay fishing industry in the 1860s. My paternal grandfather died at sea in 1915 from peritonitis. Fred's youngest brother, Charles Albert (called Chippie) was named for his father, being born in 1916, after his death.

Fred's mother, Emma, later married Fred Herbert and they moved to Bribie Island. Dad's half-sister Sally married Bernie Brennan and they ran a general store on Toorbul Street from the late 1940s.

In 1932 my father, after leaving the navy, came here to visit his mother and never left. Like his father before him he turned to professional fishing, bought a motor boat and nets and started his own business. He fished Moreton Bay, Red Beach on Bribie and Sutton Beach at Redcliffe when the Tailor and Sea Mullet were travelling, and other times he fished around Stradbroke and other Moreton Bay Islands.



My brother, Freddy, was born in 1937 but unfortunately, he only lived until he was three years old. He died of a brain tumour, which in those times was inoperable.

I was born in 1944 followed by a sister, Lyn in 1948, and a brother, David in 1950. My mother also lost two babies. One named Kenny lived for only six weeks. He was born perfect but had the cord around his neck, which cut, off his airways. The other baby girl was unnamed as mum miscarried after saving me from drowning. I do not know how my mother kept going. She lost David in 1975 when he was just 24, and died on the road to Woorim in a car crash on Easter Sunday - just two years before dad died! I guess with time you learn to heal a little, but you never forget, and so begins my life on this beautiful Island that holds so many memories for me.

PAMS SMITHS STORY

My family home was in Hall Avenue, three houses from the waterfront, and most other homes in our street were holiday homes, used on school holidays. Our house sat on a block of ground on a 99-year perpetual lease that became freehold in the 1970s for \$7,000.

Hall Avenue had an unusual name change during the school holidays in 1957/58. One weekend some larrikins switched the street signs and Hall Avenue became Cotterill Avenue, vice versa, and were never changed back. Our mail still came to Hall Avenue, and as far as I was concerned, I still lived in Hall Avenue.

Shirley Creek was tidal and ran under a little bridge next to a swamp, which ran all the way up to and beyond where the now IGA store stands, which was Vine's "Duck Inn" store back then.



Dad did not paint our shed and house, he sump-oiled them, also the fence and wooden stumps under the house.

Dad tarred his own fishing nets and mended them. We had a sort of well in the back yard full of tar. He would dunk the nets then hang them to dry in another shed then cart them to the beach where he would sit for hours mending and talking to Jimmy "no legs" Hagen.

SOME OF THE OTHER THINGS I REMEMBER:

- No electricity until 1953 and no town water until 1961. We had three tanks, I saw frogs and tadpoles swimming around in them but we would still drink the water.

- No doctor lived on Bribie at that time, but one came over from Caboolture every two weeks for a day and there was always a line up. We had a retired nurse who would stitch you up if needed, and later we had an ambulance-man, but no dentists or vets, but I remember Don Mullen was our Chemist.

- There was a grocery shop on the corner of First Avenue and Toorbul Street that sold just about everything when I was growing up, known as Winston's Store. This is where I first saw Ian Fairweather, the renowned artist. He seemed tall and scruffy with a big beard and lived in a shack in the bush. I was 10 years old and to a kid he looked really scary - but I found out later he wasn't, only eccentric.



- We had no refrigerator. The Tesch family had the ice works so we had a block of ice delivered every day, but later we bought a kerosene fridge. The slightest breeze seemed to blow out the pilot light!

- There was a large hall in Foster Street owned by the Anglican Church and it too was 'sump-oiled' not painted like it is today. The Tesch's showed movies on Wednesday and Saturday nights, Tuesday we had a dance and on Sunday it was a church, and on other days it was used for meetings.

SCHOOL & WORK LIFE

My school days were not very interesting; I would rather play on the beach and swim. I started school in 1951, the same school that my mum had gone to, and in 1971, one of my children went to school there, and now my granddaughter - 4 generations!

I finished school at 14 years of age after passing 'scholarship' in Grade 8 and immediately started work as a Telephonist at the Post Office. The Post Office was originally down near the Jetty but a new one was built opposite the Bongaree Bowling Club.

I loved my job on the plug and card switchboard. "Number please" and "3 minutes are you extending". I received and sent telegrams and had to price phone calls. My first pay was three pounds. I thought I was rich, but mum had other ideas and half went to her for board and keep, and the rest I used to lay-by a pushbike, and for a Glory Box. "A Glory Box - what's that?" I asked mum who said every girl should have one.

Our telephone number was Bribie 33 - we were the thirty-third person to get a phone connected. The exchange was No. 1; the Bribie Hotel was No. 2, Campbell's Store No. 4, Nurse Hayes No. 9, Winston's Store No. 12, Kling's Bakery No. 19 and so on. Thornely had a bus service and garage (No. 29), Renton's Hardware No. 69, Mrs Whitney's dress shop No. 39.

I had to give notice in 1964 when I got married as the PMG Department (later Telecom) was a government department and they did not employ married women. How times have changed!

MORE BRIBIE HISTORY

Thanks very much to Pam Smith for writing down her vivid memories, and giving a great presentation to the Historical Society in 2017. The Historical Society meets on the second Wednesday of each month at 6:30pm at the RSL Club. The Guest speaker on Wed 14th April will be Gary Crew telling about a 16 year old Scottish girl who was castaway on the Queensland coast in 1847. Visitors welcome with notification and you can read many more articles on our Blog Site <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com



Scaly-Breasted Lorikeet

Tricoglossus chlorolepidotus

By: Marj Webber

Scaly-breasted Lorikeets are a common sight on Bribie Island and are breeding residents, as are the more common Rainbow Lorikeets. From time to time, we have visits from Musk Lorikeets and Little Lorikeets, but these are brief and related to flowering native trees. There are 6 species of Lorikeets in Australia.

Scaly-breasted Lorikeets are medium-sized lorikeets at 22-24 cm and 71-97g in weight and second in size to Rainbow Lorikeets. They are mostly green with red bills, eyes and underwings. Feathers on their necks and breasts are tipped with yellow which gives them a scaly appearance - hence the name. They are the only lorikeets with all green heads. When feeding in green foliage they are difficult to detect. Their call is similar to that of Rainbow Lorikeets but has a sharper, shriller ring. Flight is rapid through the trees with a splash of red showing under the wing as they fly. Male and female are similar in appearance. At night large flocks often roost with other Lorikeet species in tall trees making much noise until they settle for the night.

They are found in most types of vegetation on the east coast of Australia from Cooktown to about Wollongong and west in Queensland to about Charleville and have been introduced to southern Victoria. Eucalypt forests, woodlands, heathlands, parks and gardens are favourite food hunting grounds. They are both sedentary and migratory - moving when food runs out and flying to new areas where there are fresh supplies

Diets are made up of mainly nectar and pollen which they extract with the help of their brush-tipped tongues. Eucalyptus flowers are their main source of food, but they also feed on other native flowers, garden flowers, fruits and seeds. Some grain farmers regard them as pests if they raid their crops.

Breeding takes place in our local area from about August to February. Nests are built in hollow limbs and there is often a scramble with other birds fighting for the not-so-abundant hollows. Wood dust made by the parent birds lines the nest where 1-3 pure white eggs are laid. Males provide the food while the female incubates the eggs for about 23-25 days. Both parents feed the chicks which leave the nest after about 6 weeks.

Scaly-breasted Lorikeets were first described in 1820 by a German naturalist, Heinrich Kuhl. The scientific name comes from the Ancient Greek - *Khloros* - "green-yellow" - and *lepidotos* - "scaly".

Their conservation status is secure in their habitat areas. The population appears to be stable. The shortage of hollows for nesting is always a worry.



YOU Wonderful BRIBIE Islanders!!

Well, it all started well after 4 o'clock on Friday afternoon, when my non-furry Dad was about to escort me to the dog park next door. But Mum insisted we drive to the Bribie Island BOQ first before they closed, as she needed to make a last-minute deposit.

So, like an armoured bear in my bright red harness, sitting behind Dad in the back seat, but without pressure from my 5m lead, I worked out quickly how to wiggle my front legs down through the two bottom holes of this restrictive gear, as I hate wearing it except while walking. Then, slipping out altogether within seconds - puppy-play!

Neither Mum nor Dad had turned around to look behind their seats, so no one knew I was free.

When Dad stopped at the BOQ car park, and Mum opened her car door, I saw my adventure, leapt like a gazelle over the headrest of Mum's seat and was in the car park before she had even stepped out of the car.

I knew she could not catch me, because she calls herself an Octogenarian Dinosaur and although I'm not quite sure what that really means, I think it's to do with the fact that both Mum and Dad are very old. But as I, Nouguetoo, am just a 2kg, 25-week-old Chihuahua puppy, with lightning speed and the athletic ability to jump extremely high and turn 180 degrees in mid-air, this was my day! Both Mum and Dad took a few seconds with their creaky bones to get out of the car, so I had a great head start. "Don't try to run, Darling," Dad called out protectively to Mum, "I'll catch him!"

Oh, yes, we'll see about that! The sun was still out, but it was

starting to spit and I don't like the rain. I thought I'd better make the best of it quickly, so I crisscrossed the main road several times outside Woollies and the other shops.

Oh, what fun! I slipped in and out between the cars, even they could not stop me, nor could the shoppers on the footpath trying to grab me. One young man did succeed in clasping his hands around my belly, but with my silky-smooth puppy coat, bushy tail and excessive speed I just slipped straight out of his arms without effort. Other men and women tried to pick me up also, but what chance did they have against an Olympian like me! Even my lovely Dad failed to get hold of me as he attempted to curtail my speedy escape.

No wonder people call me all sorts of weird names: ferret, joey, foxy, lightning streak, little shit, baby German Shepherd, and even bat, because of my long black ears. Then, all of a sudden, all cars stopped on the main road, and not for that pedestrian crossing either! Two guys from separate cars jumped out of their vehicles, left them standing there in the middle of the road, and started walking towards me from opposite directions. While more and more pedestrians accumulated on the footpath, others joined me back on the road itself.

Ah, ah, but this is not good! When I dashed back onto the footpath outside Liquorland, I was corralled into a tight semicircle by Dad, the two drivers and pedestrians, all of whom, their arms outstretched, herding me right into the off-license and the shop door was shut immediately, blocking my escape.

It wasn't till captured securely in Dad's arms, people clapping



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and Dad thanking everyone for their tremendous help, that I realised I was in trouble. But Dad never slapped my bum. He just told me off. So, as he carried me back to our car at the other end of the car park - my adventure starting point - I cleaned his ears and licked his face to say sorry. But the reason I am writing this now, YOU WONDERFUL BRIBIE ISLANDERS, is that I am terribly ashamed to have caused you all that trouble and I want to thank every one of you so

very much for certainly having saved my life and having taught me a lesson I will never forget. As Dad started the car, a lady also leaving the carpark, driving in the opposite direction, stopped right next to us, leaning over towards Dad with "It might be a good idea to have him on a lead next time!" "Little do you know?" I burst out indignantly, "It wasn't Dad's fault!" But the lady did not understand me.

The Ghosts of St Helena Island

By Al Finegan

If you ever get the urge to visit St Helena Island, a prison for more than 60 years from 1867, just four kilometres from the mouth of the Brisbane River, be wary of visiting at night. While many early Australian gaols have the typical trappings of a haunting, St Helena beats them all. Shivers will run up and down your spine as you hear the odd out of place sounds, the feeling of being watched, and the sensation of having unseen people brushing past you. If you are brave enough to venture into one dark dungeon, your skin will crawl and your heart race when, from the deathly silence, you begin to hear the eerie sound of "thump, thump, thump" echoing from the wall.

St Helena was the place of imprisonment for many hundreds of society's worst male criminals. In 1891, for example, there were 17 murderers, 27 convicted of manslaughter, 26 convicted of stabbings and shootings, and countless inmates responsible for assaults, rapes, and similar violent crimes.

As was the belief at the time, the worse the crime the more severe was the punishment needed to correct the offender. Thus life on St Helena was hard, with prisoners suffering many cruel punishments at the hands of their keepers. The lash was one such punishment but was preferred by inmates to some of the others, such as being confined in the very cramped, pitch black and mosquito-infested punishment cells, being forced to wear a painfully tight gag, or 'shot drill' - repeatedly carrying heavy cannonballs at chest height from one point to another for hours on end. Many inmates died from disease, starvation, hundreds of lashes or were found dead from self-harm in the total darkness of their dank, tiny, underground cells. They were simply buried unceremoniously in unmarked graves on the island. This was the fate and death of St Helena that gained

its fearful reputation as 'the hell hole of the Pacific' and 'Queensland's Inferno'. With their bodies disposed of like garbage, the anger from these lost souls lives on as restless spirits, still roaming the ruins of their home.

"It is impossible", wrote the visiting Justice in 1869, "for prisoners to escape from St Helena. I am convinced of it". But inmates would do anything to escape. No risk was too great, no crime too heinous, as death was often preferred to life on St Helena. Despite its isolation and its iron rule, prisoners attempted to escape if given the slightest lapse in supervision, often just running away to the shoreline, and hiding in the mangroves until insects, thirst and hunger drove them back to the lash and weeks of confinement. Others tried to swim or float their way to freedom. They were doomed to failure from the dangers of the tides, offshore winds, choppy seas and sharks. Some took to crudely made rafts of driftwood and logs. One man lashed a door to two pine stools. Even a bathtub was tried while another struggled to float away on a dressing table. One pair attempted to swim two horses across the bay with themselves as passengers.

Then there were those who took to boats. One commandeered a whaleboat after slinging the guard into the water. Others discovered boats that had broken loose from moorings on the mainland and had drifted across the bay into the mangroves at St Helena. Another pair broke into the prison boathouse and rowed away. Most perished in their attempt. An aboriginal man, Burketown Peter, clinging desperately to a wooden target-frame used by the warders during rifle practice, vanished beneath the waters of Moreton Bay as his makeshift raft headed out to sea on an outgoing tide.

One of the island prison's most

November 1911, when prisoners Henry Craig and David McIntyre vanished for nearly two weeks. Most people believed they had escaped to the mainland and, as a result, a search was undertaken across South East Queensland. On the twelfth day, the prisoners reappeared. They had been hiding above the ceiling of the tailors' workshop on St Helena, where they had been aided by a prisoner accomplice who supplied them daily with food and water.

But there were 25 successful attempts by prisoners to escape. Most of the 50 or so men involved were recaptured on the mainland, with the authorities saving face by claiming the rest would have drowned or been taken by sharks. A few were caught several years later after committing more crimes.

But back to the ghosts of St Helena and the eerie thump, thump, thump.... One prisoner in the early days, when the inmates were used in building their own prison, had an epiphany.

Over time he gathered tins of water and whatever food he could pilfer. As he was employed building the brick wall in a dungeon, he left enough room behind the wall for him to stand placing enough bricks and mortar in the hiding space to complete the wall from within. Taking his food water and a sledgehammer, he built the wall before him..... And waited, and waited. When he felt enough time had passed for the search for him had died down, he took the sledgehammer and tried to smash his way out.

But his plan had a small flaw. He had no room to swing the hammer. He tried with as much room as he had, but to no avail. Thump, thump, thump..... Many years later his body was found still clinging to his hammer... His body may be gone now, but still.... Thump... thump.... thump....

Go there if you dare.

The Skies Above Bribie

By: *John Stevenson*

Gum Nebula Katherine Miller

Everyone is aware that clouds and exploring the night sky do not mix, but light pollution is also a major enemy of this enjoyable past time. To assist in planning, astronomers have introduced a scale, to measure light pollution on any given place on earth. The Bortle scale is a nine-level, numerical scale given to every location on earth, 1 being the darkest sky with the least light pollution and 9 being the centre of a large city such as Sydney or Brisbane with high light pollution. The centre of the Gold Coast is Bortle 7 for example. Bribie on the other hand is Bortle 4, so we are quite fortunate. Interesting to note that the whole of our beautiful island is rated Bortle 4.

All of us experience the “wow” factor as we return home, over the bridge, to our beautiful island. It's much the same when we go camping in a remote dark location and see how much brighter the stars shine without light pollution.

On a personal note, recently I have had the opportunity to construct and set up a second observatory at a Bortle 2 to 3 location (pictured). An observatory where I can visit and take advantage of less light pollution and probe deeper into space with Astrophotography from this dark sky location.

Our April night sky is very exciting, as many astronomers call this time of year “Galaxy Season”. With the easily recognisable constellation of Orion, now towards the western sky. The bright stars, Spica, (Alpha Virgo) and Regulus, (Alpha Leo), are in the eastern sky. This region of Virgo and Leo is rich in galaxies, however, most need a telescope to view because of their distance, but always fun to look in this area with binoculars to see if you can spot and identify an object. One of the brighter ones is The

Sombrero Galaxy, photographed here, 49,000 light-years away and approx. a third the size of our Milky Way galaxy.

Just rising on the very eastern horizon, later in April, is the easily recognisable constellation of Scorpio and the bright red star, Antares.

With our binoculars, many open and globular clusters of stars are visible in this constellation but let's not jump ahead of ourselves, these are best viewed in May.

Speaking of May, we have a Total Lunar eclipse, visible from Bribie, so get those telescopes and binoculars ready for this quite rare event.

Of interest for the early risers on April 4th is one of the year's brightest star lunar occultation's, at 5.01 am. Binoculars or a small telescope will be needed to view this occultation, one of nature's most instantaneous events.

This month one of our talented local Astrophotographers, Katherine Miller took, and submitted, this interesting photo of The Gum Nebula. This nebula, located near the southern part of the Milky Way, can only really be seen properly photographically, and only discovered in the 1950s by Australian astronomer, Colin Gum at Mt Stromlo Observatory.

Thank you Katherine for sharing this image.

I would like to take this opportunity to wish all our readers a happy and safe Easter break. Have fun exploring the night sky with friends and family... (Cloud and rain permitting...sigh!!)

Always ready to answer questions by email, and please note the new email address:

bribie.astronomer@gmail.com

JOHN STEVENSON

Owner/Operator of Banksia Observatory



Sombrero Galaxy

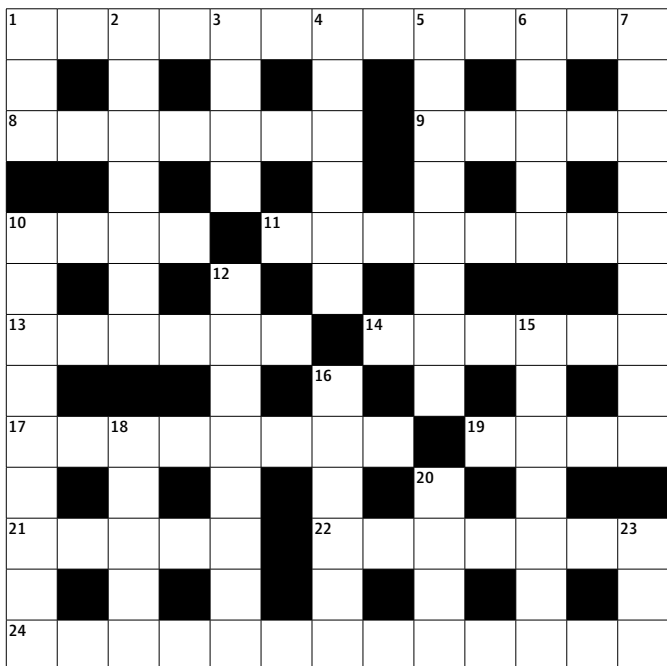


2nd Observatory Construction



2nd Observatory

Crosswords - QUICK & CRYPTIC

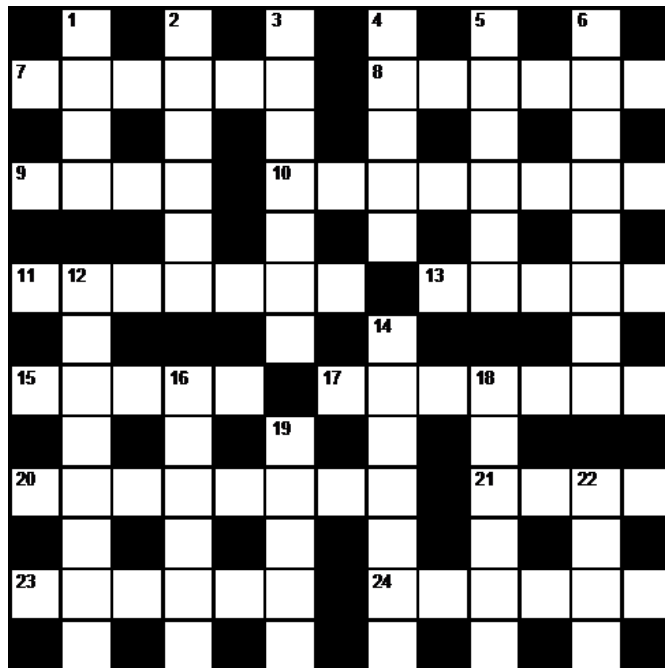


Across

- 1 Coney (6)
- 4 Elegant and fashionable (5)
- 7 Hindu festival with lights, celebrating the end of the monsoon (6)
- 8 Not divisible by two (6)
- 9 Energetic dance — swing music (4)
- 10 Plant with large brightly coloured flowers — cub is his (anag) (8)
- 12 Pronunciation of a word, such as 'it for 'hit' — plot lost tag (anag) (7,4)
- 17 Galaxy (5,3)
- 19 Holy Father (4)
- 20 Mountain peak where Noah's Ark landed (6)
- 21 Person who plunders (6)
- 22 Attempt to pull a fast on
- 23 Indifference to life (6)

Down

- 1 Barrier consisting of bars (7)
- 2 Mexican agricultural labourer in the US — crab roe (anag) (7)
- 3 Hibernian meat and veg dish (5,4)
- 4 One of the two main branches of orthodox Islam (5)
- 5 Without reference to anything else (Latin) (2,5)
- 6 Frank and reliable (6)
- 11 Ungainly (and painful) dive (5,4)
- 13 Song for bedtime (7)
- 14 Main support for a tree, growing straight downward from the trunk (7)
- 15 Hot (7)
- 16 Diacritical mark used in German (ä, ö, ü) (6)
- 18 Hanker (5)



Across

- 7 Establish Rod and Ian in action (6)
- 8 Auctions at a loss, given family connection (6)
- 9 Transport of terrific artist (4)
- 10 Imputation undone in audit (8)
- 11 Stupid! Annie is stupid (7)
- 13 Appraisal of a fool - yes! (5)
- 15 Passage in the fine detail I ignore (5)
- 17 The confidence of an apache holding a pole and dancing (7)
- 20 Salome in distress - the makings of a serial, we hear (8)
- 21 Ripped from the supplement or newspaper (4)
- 23 Fall about with hesitation - a joke? (6)
- 24 Legume requires Christian celebration with the Italian (6)

Down

- 1 Au pair not up to a solo (4)
- 2 Tie up in quick measure (6)
- 3 Officers with standards? (7)
- 4 The smell of money suggested? (5)
- 5 No account kept of crusades in action under pressure (6)
- 6 Flyer's ablutions facility,,,, (8)
- 12 The key to the catacombs? (8)
- 14 Beyond recovery - flatly a disaster (7)
- 16 To let off the first bomb and blow the trumpet (6)
- 18 Condition aunt and French tailor (6)
- 19 Brief explanation of roughage (5)
- 22 Artist with spirit on attack (4)

SOLUTION

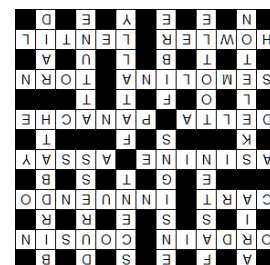
EASY crossword Issue 136



SOLUTION

SUPPLIED BY CYRUS

CYRUS crossword Issue 136



Kids Page



Mini Rainbow Sandwiches

INGREDIENTS

- 3 carrots, chopped
- 2 sweet potatoes, chopped
- 500g spreadable cream cheese
- 2 precooked beetroot bulbs
- 300g frozen peas, thawed
- 2 avocados
- 1 loaf white sandwich bread

METHOD

1. Steam carrot and sweet potato until very tender. Purée until smooth. Cool. Divide cheese among 3 bowls. Purée beetroot until smooth and mix with cheese in 1 bowl. Purée peas and avocado together until smooth and mix with cheese in second bowl. Combine carrot mixture with cheese in third bowl.
2. Trim crusts from bread and spread with the purées. Cut into squares.

SPOT THE

10

DIFFERENCES



How do you know when a bike is thinking?

You can see its wheels turning

What kind of nut doesn't like money?

Cash-ew

What game does the sky love to play?

Twister.

Did you hear the joke about the roof?

Never mind, it's over your head.

What's a snake's strongest subject in school?

Hiss-tory.

Find A Word

O	G	Z	A	P	B	A	R	B	A	R	A	A	S
W	O	R	C	E	R	A	C	S	I	E	C	P	I
D	R	L	A	H	R	R	S	D	R	Z	C	E	P
U	E	O	A	U	T	B	D	U	L	E	A	N	O
L	K	C	E	I	B	L	H	P	T	E	V	G	I
B	O	P	O	L	E	S	T	D	B	R	E	U	S
G	J	S	E	R	G	A	A	E	R	F	T	I	O
N	F	L	N	L	O	B	L	R	U	S	W	N	N
A	O	A	L	I	I	S	A	F	C	E	O	S	I
R	E	N	A	B	A	B	B	L	E	C	F	T	V
A	G	G	A	E	E	L	O	A	C	R	A	H	Y
T	A	I	I	A	O	I	L	M	F	E	C	G	R
A	O	S	A	B	C	B	A	I	B	T	E	I	V
B	V	T	N	I	B	O	R	L	V	R	S	T	S

- FREEZE
- TWO FACE
- JOKER
- BANE
- BATARANG
- MOBILE
- POLES

- SCARECROW
- PENGUIN
- ROBIN
- RIDDLER
- ALFRED
- POISON IVY
- SIGNAL

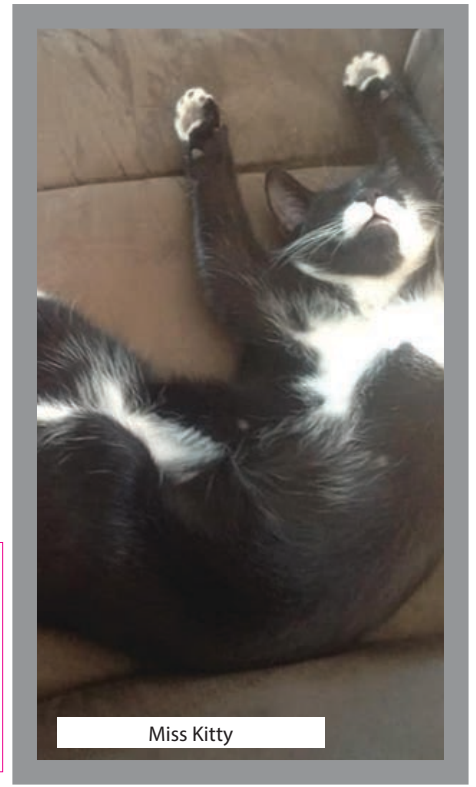
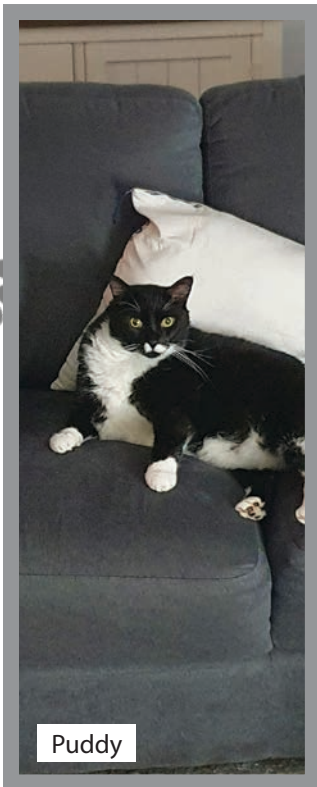
- CAVE
- SECRET
- TIGHTS
- BRUCE
- VILLIANS
- BARBARA

		9		4		1		
	3						6	
8			3		6			9
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	5						4	
		8		7		2		

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O

PET PAGES - share your pets pics

SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO: editor.thebribieislander@gmail.com



And the winner is....
Miss Kitty

To collect your prize just come to the office with your photo of Miss Kittyi to prove ownership.
KEEP AN EYE ON FUTURE ISSUES to see if your pet is another winner when we show more of your pet pics.



Pet  Care

Itchy Staffie!

Millie is a beautiful Staffy with sores between her toes and recurrent ear infections... which is not a comfortable way to be for anyone. Millie was diagnosed with atopic dermatitis: multiple airborne and contact allergies to pollens and grass seeds (aka hay fever). Since Millie cannot be insulated from these, she started taking a new allergy treatment daily for life that is not yet even available to people. It has worked so well that her skin and ears are normal; happy, comfortable, non-itchy Millie! If your dog

suffers with itchy skin, sores or recurrent ear infections, consider booking in for a consultation by contacting our team!

Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.
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vets@sandstonepointvet.com.au
phone, text or email for an appointment in-clinic or mobile
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WHY TRAIN YOUR DOG

Over the next few months I'll cover how and why to train your dog. One of the most common misconceptions of training our dog is they don't comply. We then label him, stubborn. My dog won't listen to me, he is so stubborn, and he won't come when I call him, or if I tell him to do something he ignores me. He's a very naughty dog!

What does being stubborn me? It means refusing to comply, agree or give in.

We need to look at this from a dog's point of view. As too often we see it through human thoughts. This is called Anthropomorphism which means the attribution of human form or behaviour to an animal.

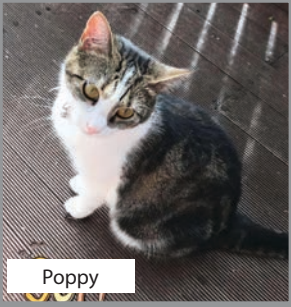
If the dog appears to be "stubborn" it could be that he is

either unmotivated, no idea what you want or without realising it you may have reinforced this behaviour. Owners overuse this word to describe their dog's behaviour. All animals including humans need motivation to do behaviours. Our motivation if we're working is we enjoy it, find it mentally stimulating or just want the money, otherwise why do it? Same with dogs for them to do a particular task it has to be motivating and rewarding, otherwise what's the point. Even if he has done it before doesn't mean he will repeat it. We tend to think he should do it because he has done it before or because I said so. This kind of thinking will lead to frustration and for the dog to act more "stubborn".

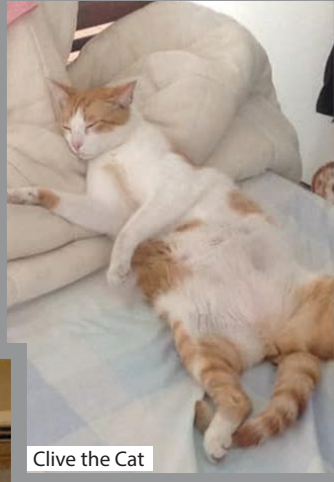
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REGULAR FEATURES



Poppy



Clive the Cat



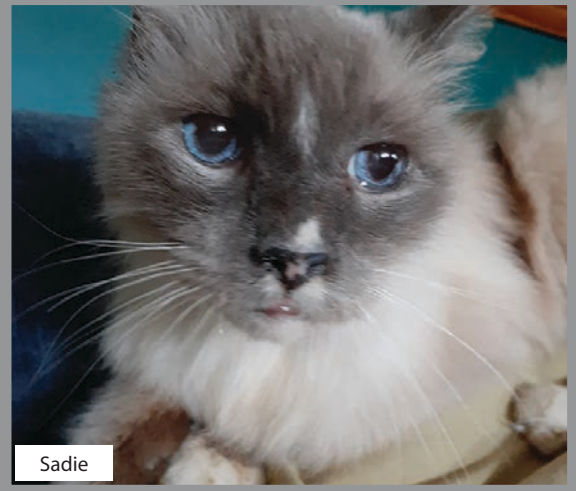
Lilli



Ikea



Tinsel & Fern



Sadie



Woody



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BRIBIE BOWLS CLUB

Self-Select Pairs Fri 19 Feb
 Winner: T Dean, I Cooper
 Runner up: T Turnbull, J Howarth
 Out of hat winner: V Lindsay, D Lindsay
 Out of hat winner: M Cherry, K Ford
 Out of hat winner: I McClelland, M Beutel
 Bunny: D Hooper, J Dunn
 Social Bowls Sat 20 Feb
 G Crockett, B Tanner, J Laidlaw
 G Cowling, C Young, R Williams
 Self-Select Triples Tue 23 Feb
 1st out of hat: M Young, B Hammer, R Ghest
 2nd out of hat: L Gilmour, M Gittens, J Noonan
 3rd out of hat: Z Elmore, E Bateman, D Walker
 Bunny: J Neill, R Leith, B Priest
 Self-Select Pairs Wed 24 Feb
 Winners: A Feichter, D Gibson
 Runners up: D McDougall, W McDougall
 Out of hat winner: J Mercer, R

Ferguson
 Out of hat winner: S Swain, J Howarth
 Out of hat winner: K Opray, G Akeroyd
 Bunny: P Patrikeos, J Newcomb
 Self-Select Pair Fri 26 Feb
 Winners: M Viterale, I McClelland
 Highest Margin: T Dean, I Cooper
 Out of hat winner: E James, G Teakel
 Out of hat winner: K Ford, K Muller
 Out of hat winner: S Joliffe, G Fowler
 Bunny: S Timmins, G Hazelwood
 Self-Select Triples Tue 2 Mar
 1st: BJ Adams, F Crockett, R Eaton
 2nd: N Ramage, J Sutherland, G Benzen
 3rd: L Wright, D McDougall
 Bunny: S Hose, J Phillips, J Frazier
 Scroungers Results Wed 3 Mar
 1st: D Heath
 2nd: L Savage
 3rd: C Bonney
 4th: R Follett

Self-Select Pairs Results Wed 3 Mar
 Winner: P Patrikeos, J Newcomb
 Runner up: K Perkins, C Perkins
 Out of hat winner: K Opray, G Akeroyd
 Out of hat winner: G Teakel, I Cooper
 Out of hat winner: J Studd, M Prewett
 Bunny: L Murphy, J Brazier
 Self-Select Men's Pairs Results Fri 5 Mar
 Winner: G Teakel, E James
 Runner up: C Halley, N Holzberger
 Out of Hat winner: W Ebert, D Wilks
 Out of Hat winner: A Kinnear, B Kinnear
 Out of Hat winner: B hosie, M Beutel
 Bunny: B Castle, D Bowers
 Random Select Fours Sat 6 Mar
 1st out of hat: C Stroud, J Smith, B Tanner
 3rd out of hat: D Neumann, L Hackwood, J Ogrodniczek
 Bunny: M Geddes, D Young, R Gilmore

Self-Select Triples Results Tue 9 Mar
 1st out of hat: R Hunter, R Gilmour, P McCarthy
 2nd out of hat: R Guest, J Stanley, M Young
 3rd out of hat: F Corry, J Laidlaw, G Corry
 Scroungers Results Wed 10 Mar
 1st out of hat: A Russell
 2nd out of hat: R Follett
 3rd out of hat: M James
 4th out of hat: F Grimsley
 Self-Select pairs Wed 10 Mar
 Winners: A Sharp, E Sharp
 Runner up: M Gittens, N Gray
 Out of hat winner: M Mills, K Fuller
 Out of hat winner: J Kent, B Kent
 Out of hat winner: J Deiben, T Erfurth
 Bunny: W Ritchie, B Priest
 Club select Triples Thu 11 Mar
 1st out of hat: R Kling, W Follett, M Stevens
 2nd out of hat: M Cherry, P Campbell, K Piva
 3rd out of hat: P Ditchburn, J Smith, G Low
 Bunny: R Hunter, S Tervis,

BONGAREE LADIES BOWLS

Friday March 5th Mixed 2-4-2/triples Winners: Billy Moor, Roger Brooks, Lyn Southall, Richard Fell.
 R/Up; Sandra Scott, Brenda Hutchinson.
 Tuesday 9th. Mixed Pairs Winners: Gaynor Johnson, Ken Wales.
 R/Up: David Vaughan, Arne Jensen
 Friday 12th Mixed 2-4-2 / triples Winners: Sandra Scott, Brenda Hutchinson.
 R/Up: Di Davidson, Beryl Moor.
 Tuesday 16th Winners of the Ladies Pairs championship for 2021

Pam Walker and Imelda Valentine.
 R/Up: Margaret McGarry and Maureen Ferguson.
 Mixed Pairs Winners: John Park, Greg Hemphill.
 R/Up: Brenda Hutchinson, Doreen O'Halloran.
 Bonus Draw: Allen Lavender, Roy Merritt
 At the AGM on Wednesday the incoming Chairperson Marilyn Weston thanked Barry France for his 8 years of service on the Board of Management of the Bongaree Bowls club. She said Barry has guided the club and made many responsible decisions. One of his achievements was to get the men's



Winners of the ladies championship pairs for 2021 Pam Walker and Imelda Valentine with runners up Maureen Ferguson and Margaret McGarry

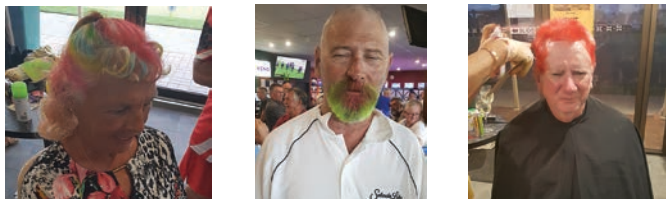


Barry France accepting a plaque from Chairperson Marilyn Weston.

carnival up and running. Over the past two years he has been involved in the redevelopment of the club. Marilyn presented Barry with a plaque in appreciation for all his efforts.

SOLANDER LAKE BOWLS CLUB

recently joined in the World's Greatest Shave to raise funds for Leukaemia research. Some of our members shaved or coloured their hair to help raise over \$2500 for a very worthy cause. Well done everyone and a big thank you for all the donations.



Men's Club Pairs Final

Bongaree played the final of the men's pairs on Saturday. Congratulations to Brett Sellars and Glenn Merrin who def. David Vaughan and Arne Jensen



Bongaree Bowls Men's

Saturday March 6th Scroungers

1st Stan Barringhaus, 2nd John Muller, 3rd Doug Shorthouse

Brekky Bowls March 7th Winners

Col Hodges, Sandi Hodges, Roger Brooks.

Runners up Jake McGarry, Brenda Hutchinson, Jacque Murdoch

Wednesday March 10th Mixed 4's Winners

Gordon Pitts, Averyl Symonds, Ray Horne, Roger Parker.

Runners up Victor Wright, Don Vellnagel, Mick Falvey, John Olson

Thurs March 11th Mens Pairs Winners

Neil Smith, Stan Barringhaus

Saturday March 13th Scroungers

1st Max Nganeko, 2nd Gideon Croukamp, 3rd Imelda Valentine

MORETON BRIBIE BRIDGE CLUB

Sat 6 Mar

N/S 1 S & C Watson 2 A Jones & D Rubin 3 J Breene & S Pascoe
E/W 1 D Brady & S Burton 2 R Webb & L McLaren 3 M Hardy & S McCulloch

Wed 10 Mar 1

J Breene & S Pascoe 2 F Barkwith & D Quinan 3 C Rivers & P Tipping CHAMPIONSHIP PAIRS

1 G & S Barnulf 2 S & C Watson 3 H Tyler & J Medhurst

Sat 13 Mar

N/S 1 G & S Barnulf 2 C & S Watson 3 L Groves & A Fielding
E/W 1 R Medhurst & S Allen 2 F Barkwith & D Quinan 3 R Webb & L McLaren

Wed 17 Mar

N/S 1 L Carr & K Cohen 2 J Breene & S Pascoe 3 H Tyler & J Medhurst
E/W 1 C & R Cowley 2 F & B Van Dongen 3 Y Swanson & P Edis
BICBC: Mon 8 March

N/S 1 A Jones & J Kennedy 2 S Gurren & D Dowling 3 H Browne & U Maffey

E/W 1 I Best & B Moxham = 2 F Barkwith & P Tipping; A Fielding & J Easey; R Deacon & L Groves

Mon 15 Mar

N/S 1 A Jones & J Kennedy 2 R King & N Everson = 3 M Arthur & B Hancox; F & B Van Dongen

E/W 1 P Edis & U Maffey 2 I Best & B Moxham 3 A Fielding & J Easey

WHERE HAVE ALL THE PLAYERS GONE?

By Kathy Vincent



Gone to other clubs, everyone. Sorry just thinking of the well-known song some of you may remember!!!

Bribie Island Croquet Club members have been travelling all over the place!! Thank goodness Covid hasn't stopped travel in Queensland.

The Sunshine Coast Regional Competitions saw Bribie Island

players travelling to Caloundra, Nambour, Buderim and Noosa for Golf Croquet.



Queensland Golf Croquet Open Singles had 48 players nominated including players from New South Wales and Western Australia. Both Dick Byres and Dennis Green from Bribie reached the finals. Well Done!! Denis was also selected in the CAQ Golf Croquet Bronze Medal to be contested among the top 10 golf croquet players.

Lynda Davis won the Darling Downs Association Division 3 Tournament in Toowoomba and Greg Wymark played in Division 1.

Bribie was also well represented in the Darling Downs Golf Croquet Tournament. Bob Hall and Jenee Molyneux in the singles and Maggie Lawson and Kathy Vincent in the doubles. Gate Ball competitions are coming up soon too.

But guess what? Bribie Island held its first Gala day since the lockdown. Now our club Gala days are really popular we are a friendly bunch and produce tasty morning and afternoon teas. Visitors came from Eildon, Nambour, Toombul, Twin Rivers and Wynnum to join in the fun. So, if you fancy a little fun, friendship and exercise why not come along to the Bribie Island Croquet Club.

Bribie Island Golf Club Ladies Results

Tues 9/3/21 Single Stableford

Div 1 Winner: Abby Driver 39.

R/U: June Wills 36. 2nd R/U: Sylvia White 35 c/b.

Div 2 Winner: Myra Dickson 41.

R/U: Diane Fitzpatrick 39. 2nd R/U: Marjorie Sills 37 c/b.

Div 3 Winner: Jennifer McKay 40.

R/U: Leith McDonald 35. 2nd R/U: Jan Jennings 34 c/b.

NTP: Hole 4 - Gwen Clutterbuck. Hole 7 - Myra Dickson. Hole 14 - Margaret Huxley. Hole 16 - Kate Wilson.

Thurs 11/3/21 OPEN DAY - SPONSOR: Victoria Nicholson Real Estate. Single Stroke.

Div 1 Winner: Ally Smerdon from Caloundra GC 74.

R/U: Jacki Arnott from Keperra Country GC 76. Melinda Koch from Caboolture GC 77c/b.

Div 2 Winner: Roslyn Hynard from Caboolture GC 76 c/b.

R/U: Leeanne Ptak from Hedland GC 76o c/b. 2nd R/U: Diane Gilmour from Hedland GC 76.

Div 3 Winner: Toni Bishop from Maleny GC 69.

R/U: Carolyn Mackie from Caloundra GC 74. 2nd R/U: Gabriel Holmes from Keperra Country GC 78 c/b.

Best Gross Div 1: Rhondelle Ollett. Div 2: Leonie Buxton. Div 3: Vivienne Brown.

Thurs 18/3/21 Single Stableford

Div 1 Winner: Sandra Power 37 c/b.

R/U: Lesley Heap 37 c/b. 2nd R/U: Gwen Clutterbuck 37.

Div 2 Winner: Leith McDonald 37.

R/U: Jennifer McKay 32. 2nd R/U: Stina Barnuff 31 c/b.

NTP: Hole 4 - Ros Gardiner. Hole 7 - Carol Lobegeiger. Hole 14 - Leith McDonald. Hole 16 - Di Benghamy.

TERRY YOUNG MP

Federal Member for Longman

Please contact my office if you need help or referrals with:

↳ Centrelink and Medicare

↳ NDIS and Aged Care
↳ Federal Grants

↳ Immigration and Visas
↳ NBN and Communications

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✉️ terry.young.mp@aph.gov.au 🌐 terryyoung.com.au 📱 TerryYoungMP

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FOR YOUR HOME

SELENITE

Energetic Properties

Also known as Satin Spar. In the home, Selenite works hard to keep the area clear of blocked, harmful or negative energy. Selenite raises the vibration of your space and brings in more light.

Location Suggestions

Good locations for Selenite are within the main entrance or near any doorways. Also the corners of rooms, on an altar or window sill. Office or computer desks, cellars and dark places.

Recommended Shapes & Forms

Selenite Towers, Natural or Carved Wands, Standing Crystal Points, Angels, Spheres, Eggs or Lamps.

ROSE QUARTZ

Energetic Properties

Rose Quartz brings a peaceful, calming and soothing atmosphere to a room. Traditionally associated with love, it can be used to attract and encourage loving

relationships, romance and bring family harmony to the home.

Location Suggestions

Place Rose Quartz in the Living Room, Bedroom or on the Dining Table. It is also good for a Home Office or Computer desk.

Recommended Shapes & Forms

Rose Quartz Sphere, Heart, Tea light Holder, Lamp, Goddess, Raw Chunks and Standing Crystal Points.

BLACK TOURMALINE

Energetic Properties

Black Tourmaline is a powerful protection stone for the home. It helps protect from negative influences and energy in the environment. This crystal is also very grounding.

Location Suggestions

Place Black Tourmaline near the main entrance or any doorways. Add some to the corners of rooms or the window sills.

Recommended Shapes & Forms

Black Tourmaline Crystal Points, Obelisks, Raw chunks or Pyramids.

AMETHYST

Energetic Properties

Amethyst is a spiritual and high vibration crystal. It transmutes negative energies and offers psychic protection. This crystal supports your spiritual path and psychic development.

Location Suggestions

Good locations to place Amethyst in your home are on your altar, library, yoga or meditation space. Avoid windows and direct sunlight to avoid fading.

Recommended Shapes & Forms

Amethyst Standing Crystal Points, Clusters, Geodes, Angels, Spheres, Buddha's, flames, Pyramids, Goddesses and Eggs.

HALITE (HIMALAYAN SALT)

Energetic Properties

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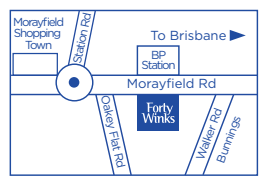
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“on the couch with Carolyn Drane”

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Lets start at the beginning: I often am asked “What is the difference between an appraisal and a valuation?”.

APPRAISAL:

This is a market opinion only, based on current market conditions, recent sales and what your property would be competing with. Buyers can inflate a property price based on emotion FOMO (Fear Of Missing Out).

VALUATION:

This is based on replacement value and sales history, with zero emotion. The value is determined by the property’s condition, replacement value and recent sales. Since it is based on past sales it is historically based and this is the conservative approach that the banks require.

In the current market the demand from buyers is high. Enquire with a real estate agent who is familiar with your area and has past property sales to compare your house to.... see you in the next edition.



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PACIFIC HARBOUR DREDGING TO GET UNDERWAY NEXT YEAR



A temporary pipeline will be used to remove sediment build-up in Pacific Harbour, to ensure residents can safely access and use the canal estate.

Council's decision means work can get underway to obtain the state government approvals required for the removal of 75,000 m3 of material from the canal bed and transport it to a processing facility at Ningi. Tenders would be called later this year to start dredging in 2022.

Construction will involve installing a temporary pipeline, with several booster pumping stations, across Pumicestone Passage to pump the spoil directly from Pacific Harbour to Ningi. Council has determined that this is the most efficient, safe and environmentally friendly option to transport the spoil rather than trucking it from Bribie Island to Ningi. Transporting the spoil by road would've seen a truck crossing the bridge every 8-13 minutes. We estimate that'd be 8,000 return trips over a year-long dredging period.

Council has determined that this would've caused unnecessary disruption on local roads and CO2 emissions. Comparatively, the temporary pipeline system is expected to only require 60 truck movements across the bridge when installing the dredging infrastructure. It will also be faster to complete the dredging. Using the cutter suction dredge and temporary pipeline option, the duration of dredging will be around 28 weeks, which is significantly shorter than the estimated 51 weeks if we'd used a grab dredge and trucks. Council says they will now prepare environmental management and safety plans for the state governments review so, all going well, they should be ready to start work in early 2022. Cr Brooke Savage (Div. 1) said she wanted to ensure the environmental planning was watertight and that plans to mitigate noise and odour impacts for Ningi residents were in place.

"I'm pleased to say we've already planned ahead and have been regenerating native vegetation as well as removing weed species, and building stormwater drainage at the Ningi processing facility since 2019 to establish a green buffer between homes near the site," she said.

"Doing this long before dredging begins means the trees will be well established because our longer-term goal is to enrich the environmental values in this area by providing new habitat for native wildlife and enhancing the look of the site.

"This will be a progressive revegetation program that we'll roll-out over many years. "Before we call for tenders later this year Council's Infrastructure Planning department will obtain all the requisite statutory approvals, meaning the project will only proceed under strict conditions.

"Having these state government reviews and approvals in place before the contract is awarded will ensure the successful tenderer knows from the outset the high environmental and operational standards they'll be required to meet.

"I look forward to work starting next year and keeping our community updated on this project."

For more information on the Pacific Harbour Maintenance Dredging Project visit: <https://www.moretonbay.qld.gov.au/Services/Projects/Bribie-Island-Road-Ningi>



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Between The Leaves

By Mick O'Brien

Hello dear readers,

It's Mick O'Brien here from Profound Horticultural. I am a senior practicing Horticulturist residing on Bribie Island, who has been writing informative gardening articles for various publications over the last 10 years including, Horticultural guest contributor for the Queensland published - STG- Subtropical Gardening Magazine, the Holistic Bliss Magazine on sustainable gardening practices and the last 3 years writing monthly articles for a local newspaper while I have been running and operating our successful soft landscaping garden business locally on the Island for over 10 years. I am very excited to be on board with the Bribie Islander Magazine and talking - "Between the Leaves". I look forward to contributing many fine and informative horticultural garden articles for you to read and digest - well into the future. So stay tuned!

It all starts with the soil and being my first article with the Bribie Islander it would be fitting to briefly touch on the importance of building healthy soil. We all know Bribie Island is predominately sand-based and these structureless soils have trouble holding water, but some are also hydrophobic, (which will not accept water) we also have sandy loams, clay loams and acid sulphate soil pockets, which are typical in the lowland coastal areas.

Generally, when landscaping, we are usually dealing with the topsoil, when we start digging holes for trees and plants in our yards, we certainly see some variations of soil textures and colours depending on which part of Bribie Island we are digging in. Also, soil pH levels can vary around the district and

can be anywhere between pH 5.0 to pH 7.0, but generally, most of our garden topsoil is around pH 6.5, which most plants can access their necessary minerals available without suffering any nutrient disorders.

BUILDING OUR SOIL, WHAT DOES THAT MEAN?

Soil building - is when we want to improve our soil structure and its fertility with the aim of increasing the water holding capacity, (Especially needed for sandy soils) and by creating a soil where microorganisms can co-exist, such as earthworms and beneficial bacteria and fungi. Some specialist fungi can work in a symbiotic relationship with plant roots and supply hard to get nutrients and attract and hold moisture in the soil profile. We have all heard of the benefits of adding compost to soil and worm castings or composted manures, but there are an underground plethora of microorganisms working dutifully turning organic residue such as leaves or wood waste into a friable, rich, and fertile humus layer, just like the rainforest floor, as it recycles itself and feeds the forest. This is why we make our own compost for our veggie gardens. We are essentially replicating nature by recycling organic waste to feed our soil and the microorganisms which in turn make available the minerals needed for healthy plant growth. When we create an Australian native garden design, we do not necessarily need to improve the soil to veggie garden standards, as some naturally endemic species have adapted over millennia to thrive in low nutrient-poor soils, so choosing the right plants for the right environment is imperative! Stay tuned for issue 138, for our follow-on gardening articles.



VAM fungi = (Vesicular Arbuscular Mycorrhizae) in the soil profile which attaches itself to the fine plant roots in a symbiotic relationship.



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DUMPED ASPARAGUS FERN



BRAZILIAN PEPPER TREE

CARING FOR THE BUSH ON BRIBIE

BIEPA has a small Vegetation Sub Committee that meets regularly to document significant trees and to keep an eye on detrimental changes to our green landscape. Some of the startling changes in our landscape are:

- . The wholesale destruction of mature trees
 - . The illegal poisoning of trees to enhance sea views and
 - . The dumping of garden rubbish in our woodland areas.
- As many are aware, this is depressing and really requires all of us to be vigilant and do our bit to preserve our dwindling green resources.



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WHAT TO LOOK OUT FOR:

Garden waste is not useful mulch in bushland.

As our population increases so do the amount of rubbish in our environment. Garden and lawn clippings introduce a myriad of weed species into bushland. We are seeing large tracts of Asparagus Fern. This weed has creeping underground stems and tubers as well as sprawling or arching above-ground stems. The asparagus fern loves sandy soils and reproduces both by seed and creeping underground stems or rhizomes. The berries are eaten by birds so are easily spread. We are seeing this everywhere. Singapore Daisy is a mat-forming groundcover. There are large swathes of it now in our bush and it spreads rapidly and smothers everything. It will out-compete seedlings, ferns and even shrubs for survival. The Pepper Tree (also known as broadleaved pepper, Brazilian pepper, Brazilian holly or Christmas berry) is spreading at an alarming rate. This tree is dominating because it is large

and grows quickly. It grows over 7 metres and often has multiple trunks. It produces a lot of berries so you see a couple of trees and it's not long before there's a whole field of them. We need to eradicate it now before it becomes as in Florida, 'the most aggressive non-native plant.'

The Balloon Vine is another non-native introduced from garden waste. It grows rapidly into the tops of trees and forms a thick curtain of stems that cuts out light to natural plant species. The weight of the plant contributes to canopy collapse and therefore ecosystem destruction. We are seeing this in the bush and along waterways because the balloon-like capsules are carried by the wind and float freely on the water. The vine also grows from root pieces.

A couple of others that people are more familiar with are groundsel and lantana. Both are regarded as some of the worst environmental weeds in Australia. Groundsel spreads easily because it starts developing seeds very early in its cycle and can produce

25,000 or more seeds per plant. Lantana takes over native bushland and can grow from a small fragment left on the ground. Because of the woody nature of lantana, it adds fuel to fires.

WHAT WE CAN DO:

1. We can become more aware of dangerous weeds and be able to identify them.
2. Pull out dangerous weed species before they spread.
3. Dispose of weeds appropriately- this often requires bagging them or composting them if you can guarantee heat temperatures that will kill off the seeds, tubers etc.
4. Educate others about the importance of the survival of our bush.
5. Love and treasure our native bush.

We need to love the earth before we can save it. Nature, humanity and community!

Glenda Charles
(for BIEPA)




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VMR BRIBIE ISLAND

YEAR 2021 RADIO ROOM STATISTICS

To Thursday 18th March 2021:
3,112 Calls, 910 vessels logged on,
63 Vessel Assists, 358 Sitreps, 164 Requests,
10 overdue vessels, 1 Vessel Tracking,
329 Radio Checks, 1 Weather Broadcasts,
2 Securite Broadcasts, 1 Pan Pan 0 Mayday.
VHF 75.4%, 27MHz 7.2%.

JESSICA'S RUOK SWIM

1st March 2021 - Jessica Evans a seasoned swimmer, who swam around Moreton Island last year raising some \$30,000 for the Black Dog Institute, is on a new mission to raise money for RUOK. Commencing the swim around 9:15am, Jessica navigated the Caloundra Bar, tides, bluebottles, sharks, and other nasties as she made an 80-kilometre circumnavigation swim around Bribie Island, in honour of her uncle Barry. She had a support crew in 2 boats, a kayak and Jet Ski. Coast Guard Caloundra escorted the group down Pumicestone Passage to where VMR Bribie Island's vessel Jonkers Bribie 3 met them to continue the escort for the remainder of the day. Bribie 2 had just returned from retrieving a floating log South of the Bribie Bridge when approached by a lady, at our Base Pontoon, wanting to know where Jessica was currently. Skipper Ian Grimes directed her to the Radio Room, unfortunately we had lost the AIS signal, but we finally managed to get them on VHF Channel 73 and they were just North of Thooloor Island. The lady introduced herself as Kathy,

Jessica's Aunt, and it was her husband Barry that is Jessica's inspiration for swimming for the RUOK Charity. As Bribie 2 was heading up the Passage to meet the group Kathy and her friend Beth were invited aboard Bribie 2 to meet the group on the swim and accompany them back to the Base Pontoon. Jessica ended Day 1 just a few metres past the Bongaree Jetty.

Bribie 2 escorted the group on Day 2 from Bongaree Jetty around South Point and up the ocean side of Bribie to around the 4th Lagoon.

Day 3 commenced from 4th Lagoon, escorted by Coast Guard Caloundra, but unfortunately conditions were very challenging and Jessica finished for the day some 8km short of Caloundra. After a rest day on Thursday (rough weather) Jessica finished the swim on Friday. Congratulations Jessica for your marathon effort and being the first person to circumnavigate Bribie Island by swimming. To support Jessica please donate at: <https://join.ruok.org.au/fundraisers/jessicaevans/the-black-dog-lap>



Jessica swimming just North of Gallagher's Gutter.



Jessica with Aunt Kathy at completion of Day 1's swim.

ANACONDA SAUSAGE SIZZLE

Saturday 27th February 2021 Anaconda in Morayfield celebrated the opening of their new look store. There were lots of discounts and give aways and provided a great fundraising opportunity for VMR Bribie.



VMR Bribie was given a prime location right at the front doors. We were to provide free sausage and onions in bread, and we sold drinks for \$2 and had various VMR merchandise for sale. VMR Volunteers were on hand for expert advice on everything boating!



Graham Patrick and Garry Bunker on BBQ duty.



Paul Burt dropped in to promote our cause! From Left: Wayne Sclater, Lee Prescott, Paul Burt, Graham Patrick, Garry Bunker, Leona Patrick, Kaye Hammond and Janine Jaavuo.

2021 EMERGENCY SERVICES EXPO

The first planning meeting was held today at VMR Bribie for the 2021 Combined Emergency Services Expo to be held on the 10th of October

2021. In attendance were representatives from Moreton Bay Regional Council, Bribie Island Police and Surf Life Saving Queensland, plus VMR personal. The next meeting due to be held in April will include all participating organizations. Graham Gibb VMR Bribie's Emergency Services Liaison Officer said, "this was the first step in making this year's Expo better than the last one in 2019 and we look forward to seeing everyone there."



VMR Bribie's Public Relations Officer John Trail, Vicki Anderson from Moreton Bay Regional Council, Janene Holland from Surf Life Saving Queensland. Back Row: VMR Vice Commodore Ces Luscombe, VMR Committee Member Wayne Sclater, VMR Emergency Services Liaison Officer Graham Gibb and VMR Commodore Liz Radajewski, with Peter McNamara behind the camera.

NEW RADIO PROJECT

Friday 5th March 2021 - We had a visit from Ruth Trojan, Head of Public Transport & Maritime FREQUENTIS AUSTRALASIA who are supplying our new Radio System. Ruth took the opportunity to come to VMR Bribie while in Queensland to be in person for our fortnightly update on the progress of the new Radio System and to have a look around the base. Several of her colleagues also attended the meeting by a zoom hook up. Ruth said "It was great to meet everyone in person" - and the project is on track.

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VMR Bribie's New Radio System Project Manager John Bodycombe, VMR IT Specialist Peter Morton, and Commodore Liz Radajewski with Ruth Trojan.



VMR Bribie's New Radio System Project Manager John Bodycombe, VMR IT specialist Peter Morton, and Commodore Liz Radajewski with Ruth Trojan on board Bribie 1.



VMR Bribie's New Radio System Project Manager John Bodycombe, with Ruth Trojan inspecting the Radio Room and talking to on duty radio operator Noel Justo.

HAPPY HOUR

Friday 12th March 2021- 26 Active Members and partners attended the 2nd Happy Hour of the year. Bar nibbles were provided and drinks at our usual great prices. A Happy Birthday to our wonderful Social Committee Legend Leona Patrick, who was presented with a "bottle of McGuigan Red," along with

well wishes from all attending. It was great to see Life Member Betty Snell on the improve again, after a short illness! Thanks to Peter McNamara for manning the bar for the evening – taking over for Peter Morton whilst he watched his Broncos choke in the second half after having a 16-0 halftime lead!



Some of the 26 attendees.



Leona Patrick is presented a birthday gift by Member Services Officer Wayne Sclater and Vice Commodore Ces Luscombe.



Vice Commodore Ces Luscombe with Wayne Sclater and Radio Operator Shirley Beaty.

SAFETY DAVE - The Frenchie's Message:



SAFETY DAVE THE FRENCHIE'S MESSAGE:

Safety Dave says "This holiday period check that your boat is in good order, that you have all

your safety gear and everyone on board knows its location and it is easy to get at in an emergency, ensure your flares are in date, that your torch works, check your battery and your fuel. Ensure you let someone know of your plans, who is with you, where you are leaving from, where you are going, what time you are returning, and make sure you have either a mobile phone, VHF or 27Mhz marine radio on board." Fire fighting equipment,

Signalling device, life jacket Anchor and cable, Drinking water, Oars or paddles for boats under 6m, Bailing/pumping equipment. Minimum Safety Equipment In Moreton Bay: All the above plus Flares & V Sheet, Chart & Compass Beyond Moreton Bay an EPIRB is also required. For full details visit the MSQ Website: <https://www.msq.qld.gov.au/Safety/Smooth-and-partially-smooth-water-limits/Swl-brisbane>

"BUT importantly – Always remember

if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

MEMBERSHIP SPECIAL FEB/MAR

All new members joining in the months of February and March 2021 will go into a draw for a new GME GX625 HANDHELD VHF RADIO.

MAR 2021 VESSEL ASSISTS:
MON 01/03 1252pm – MOP advised large branch floating under the Bribie Bridge – recovered.
TUE 02/03 1751pm – MOP reported drifting yacht at Bongaree – secured on mooring.

FRI 05/03 1218pm – 5.8m Half Cabin member motor won't start, required a tow from NE of South Cardinal to Bellara Boat Ramp.
SAT 06/03 1528pm – MOP reported Kayak tied to Special Marker off Woorim – investigated, was a

spearfisherman diving all OK.
SUN 07/03 0923am – 3m Jet Ski non-member stuck on sandbank near Toorbul, required a tow off sandbank.
SUN 14/03 0840am – 5.5m Runabout non-member with engine failure at

NW10 required a tow to Toorbul.
WED 17/03 1435pm – MOP reported Catamaran appears to be grounded near Mouth of Ningi Creek – investigate.

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Fishing REPORT

By Robyn from Bribie Island Boat Charters

Fishing over the past fortnight has been on the up, after a slow summer. Daily temperatures have dropped a bit and water temperature is also slowly falling, now around 27.0o. The baitfish are now out in good numbers and the big tides around March 13th has helped to lure them further up the Passage.

Stacey and Brendan were excited to see a school of tuna chopping up the water under the bridge while chasing baitfish. Sadly, by the time they got up close to try to catch some tuna, it was all over! There have been similar reports coming from the mouth of Ningi and the north end of White Patch.

Following the bait have been some good-sized fish. Grassy sweetlip have been taking lures

and fresh bait, particularly as you get further north. Ningi Creek hadn't been showing much of anything for a while but Poverty Creek and the 112s are holding a few good grassy sweetlip. Jaimi picked up a beauty from the hole that lies halfway between the first green marker near the Avon wreck and the red marker at

Ningi Creek and the Avon, Mason and Ollie got onto some good bream, 25-37cm, using freshly caught yabbies. In the same area, Terence and Tracey also caught some big bream and sweetlip, using squid and mullet.

Flathead has been giving Ningi

the entrance to Pacific Harbour.

Between

Creek a miss lately too, it probably will improve with this rain to flush it out and freshen it up. The better fishing for flathead has been on the rising tide, on the sandbar north of the Avon wreck and up around White Patch. Samantha and Craig caught a 90cm whopper, up that way, too big to keep but they were happy just to catch it. Prawn baits and prawn lures have yielded improving results lately. The prawn season was slow to start this season – too much good weather, not enough rain and winds coming from the wrong quarter. Over the past fortnight, prawn numbers have picked up and that has encouraged the flathead and the bream, who don't mind chasing prawns – either the real thing or light-weighted plastics.

To use prawn-lures, cast over the water and bring them skipping back near the top. Hanging out under the Bribie



Craig's flathead, which lived to see another day. -

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5 bream, 6 shovelnose, sweetlip and a big catfish – not a bad morning out for Terence and crew.

end of the bridge, when the tide is just starting to run should work well, especially early mornings or evenings when the prawns are often busiest.

Had another conversation with someone last week about the huge rays and shovelnose sharks caught in the Passage over the last few months, as well as lots of smaller ones. The question was raised, whether or not the balance of fish species in the Passage was being “tipped”



Ollie also caught a great bream, but he was most impressed by his shovelnose.



Yuji was at White Patch, using prawns, when he caught this sweetlip.

because not enough shovelnose are being taken, in comparison to the numbers of other fish. I have no answer for this, but there are a few good recipes for them on the web.

Another catch that no-one wants is the eel. Emma says they caught “a big heap of moray eels”, on the drift past Pacific Harbour. They were big and so many that nothing else came near the bait. You can eat them too, you know! One bloke we know just whacks them on the BBQ; another friend cuts them into steaks.

Out of the Passage, there have been plenty of boats chasing the mackerel and

bonito around the south cardinal marker – and some good reports of catches.

Col and his mates just came back from a 4wd trip up the ocean side – they used most baits all the way up the beach, squid, pillies and freshly caught yabbies included. It wasn't until they got up north, where they got a few nibbles but, even then, nothing else. Col said one problem was the strong NE breeze, which pulled the line back as he cast it – “a very wild ocean up there today, surfable” - but not really fishable this time.

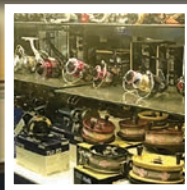
TIDE TIMES

BRIBIE ISLAND
& MORETON BAY

FRI 26 Mar	SAT 27 Mar	SUN 28 Mar	MON 29 Mar	TUE 30 Mar	WED 31 Mar	THU 1 Apr
2:06 am	2:52 am	3:37 am	4:22 am	5:09 am	5:57 am	12:36 am
0.42m	0.3m	0.22m	0.2m	0.25m	0.34m	1.97m
8:41 am	9:21 am	10:02 am	10:42 am	11:22 am	12:04 pm	6:49 am
2.04m	2.15m	2.18m	2.14m	2.02m	1.85m	0.46m
3:12 pm	3:48 pm	4:24 pm	5:00 pm	5:35 pm	6:09 pm	12:45 pm
0.42m	0.33m	0.27m	0.26m	0.29m	0.35m	1.66m
9:04 pm	9:44 pm	10:26 pm	11:08 pm	11:52 pm		6:41 pm
1.64m	1.77m	1.87m	1.93m	1.97m		0.41m

FRI 2 Apr	SAT 3 Apr	SUN 4 Apr	MON 5 Apr	TUE 6 Apr	WED 7 Apr	THU 8 Apr
1:23 am	2:15 am	3:14 am	4:27 am	5:50 am	12:08 am	1:27 am
1.95m	1.91m	1.85m	1.8m	1.8m	0.67m	0.59m
7:46 am	8:53 am	10:11 am	11:33 am	12:47 pm	7:04 am	8:04 am
0.58m	0.67m	0.72m	0.71m	0.64m	1.84m	1.89m
1:29 pm	2:21 pm	3:29 pm	5:02 pm	6:34 pm	1:48 pm	2:36 pm
1.48m	1.33m	1.25m	1.24m	1.34m	0.55m	0.47m
7:17 pm	8:03 pm	9:07 pm	10:35 pm		7:40 pm	8:33 pm
0.49m	0.57m	0.65m	0.7m		1.49m	1.64m

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FURTHER MOMENTS IN THE 'BERNICE' SAGA.

By David Horrocks




Continuing on from part one of the 'Bernice' story:

Strange to tell but after leaving the car parked and switched off for hardly longer than a minute she responded to the starter and fired up ready to roll again. Not understanding the why but happy with the outcome we once more roared up the highway and off onto a side road. Our happiness was short-lived. After another ten minutes, the whole thing repeated itself. This time we were able to roll to a stop safely to park and rest before we again gained traction. In a

longer than usual journey, we sort of hop, skipped and jumped our way home. We then of course set out to cure Bernice of this rather nasty habit. On our run with Bernard the seller, we hadn't travelled long enough to bring out this fault. He maybe never knew it existed. Without going into too much tech stuff and risking boring some readers the reason such things happen with an engine is either due to an electrical problem or a fuel supply problem. We changed or renewed all the

relevant electrical bits, all to no avail. So, it was the turn of the fuel supply parts. Now I should add here that friend Walter is of a rather pedantic nature. Not a bad thing in the circumstances maybe but he insisted on such things as removing the whole fuel tank from the car and cleaning out the thing rather than just changing all the filters which we did anyway. The tank was clean as a whistle as it turned out, but on inspecting the fuel supply lines coming out of the tank we found a rather

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ON THE ROAD

weathered looking rubber-type tube. This might be the cause of lacking fuel supply, it could have partially collapsed internally and closed off supply. But, we also found that an additional electric fuel pump, not part of the original car design had been fitted sometime in the past. We couldn't imagine why this was there. We couldn't talk to Bernard, the seller to ask for advice because he was in hospital and not to be bothered about car issues. Now it could be either of the two items causing grief. In an ideal world you would try one fix and then the other to establish the culprit but being impatient we just replaced the rubber tube and plumbed the electric pump out of the circuit by bypassing it. Eureka, job done, Bernice ran on and on and on, past the narrow road section and off into the west beautifully.

Sometime later we later used Bernice to partake in two classic rallies in Victoria. These were the famous 'Fly the Flag' tours organised by the All British Car Club of Victoria and sponsored by the RACV. Most entertaining affairs they were too; involving 200 plus cars these were more wine, dine and dance events rather than 'how fast can we go' tours. As an example of the social side of things, there was one couple that entered every year in different cars selected from various decades. They would 'dress the decade' of the age of the vehicle. The lady involved wore two

outfits each day, a daytime costume and then later each day an evening costume. We could never figure out where all the clothes were stored in their car - there was no trailer attached. She told us that she made most of the clothes herself. We were treated to petticoats from the fifties with seamed stockings, then minis and Maxis from the sixties plus all other manner of fashionable clobber. This was of course as well as the fancy dress event when all participants were expected to dress the day and did with enthusiasm. There was one occasion of maybe divine or other inspired intervention during the second successful RACV event involving Bernice. Whilst running along a two-lane, quiet, secluded stretch of a country road in Western Victoria with friend Phil ahead of Bernice in his sprightly red Morgan two-seater and with an open vista ahead for quite a distance the idea of 'just for fun' pushing the beasts past the 80 MPH speed we were driving at to make the old 'Ton' took hold. I know, not sensible but 'the devil made me do it' was the excuse. So, just a quick check to see all was clear then onto the go pedal.

Something just then said 'don't' (doubt it was the devil this time). So Bernice stayed peacefully behind the red Morgan. Just a moment later a police car came over the rise ahead. Being recorded at 100 MPH



might just have caused serious problems for us so whoever or whatever had said no was thanked heartily for the intervention. There are other tales to tell of Bernice including her eventual sale but once again risking adverse feedback from her fan club I'll leave such for maybe another day. Maybe something else just said 'Don't'.

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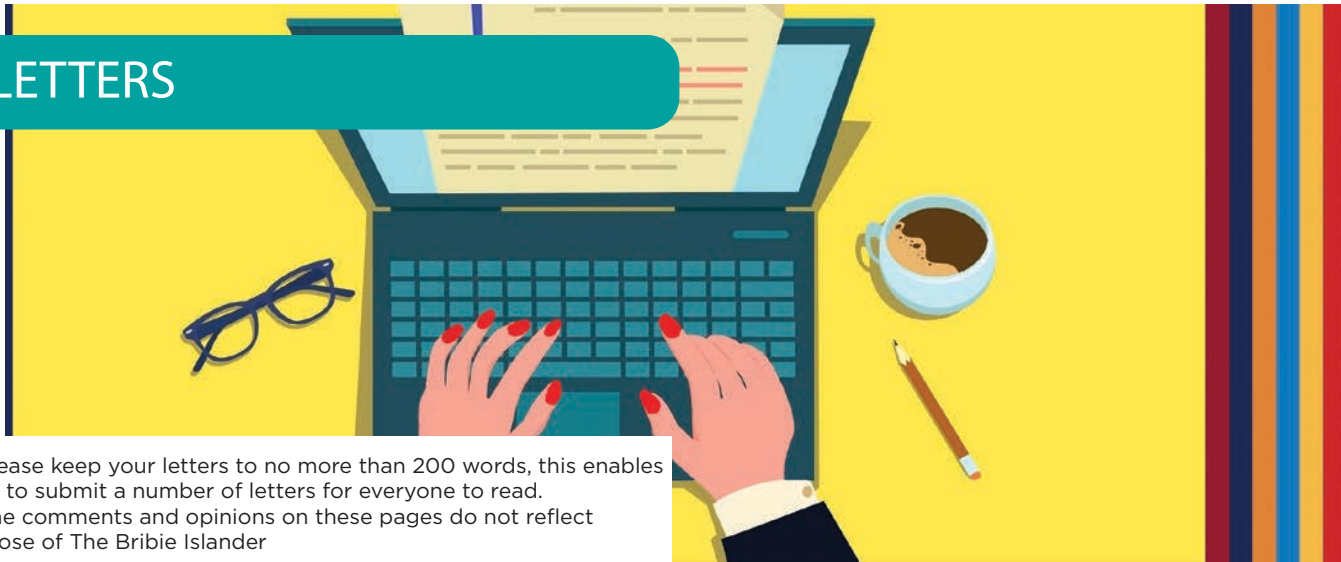
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LETTERS



Please keep your letters to no more than 200 words, this enables us to submit a number of letters for everyone to read. The comments and opinions on these pages do not reflect those of The Bribie Islander

LETTERS TO THE EDITOR

Dear Editor,

In response to the news they are banning six of Dr Seuss' books. I have penned a response, echoing his writing metre which is the pattern he used for most of his stories.

(Hint - accent the syllable "paper" to get the rhythm)

In Defence of Dr. Seuss
As I read the newspaper on Thursday last week

I was shocked to discover news awfully bleak.

After 70 years they've finally decided

Dr Seuss is no good and his rhymes are derided!

It's not all of his books, I'm thankful to say,

Just six of the titles - the rest are OK.

But among the ones banned are two favourite's of mine, I really protest - they've stepped over the line!

"If I Ran the Zoo" and "McElligot's Pool"

Are ones they object to- a ridiculous rule!

Political correctness has just gone too far

Our freedoms and joys are now well below par.

It's not book burning, I s'pose, but pretty close to it,

If we don't speak up now, one day we will rue it!

The young will miss out on such reading for fun

And those PC pundits will surely have won!

Harriet Remy-Maillet March 2021

Dear editor,

'Bribie Battler' is right in one aspect of his letter regarding Queensland's response to Covid 19 - an epidemic was not declared in this State. However, a worldwide PANDEMIC was declared by the WHO, and is the basis for Queensland's public health emergency, just as it has been for every Australian government, Federal, State and Local.

If, as 'BB' suggests, there are hardly any cases of Covid 19 in Queensland perhaps it's because we (and the rest of the country) took the necessary precautions. It's a bit like saying you'll take the locks off your doors because you've never been burgled, when maybe you haven't been burgled because you have locks on your doors. Take a look at the USA, the UK or Brazil, to get an idea of what happened when restrictions were lifted or never imposed. Whether you consider the straight number of deaths or the percentage of population, the numbers are awful. These are places where the cult of "my freedom as an individual" outweighed the idea of "my responsibility as a citizen"; and where the perceived health of the economy was more important than the health of the people.

Regards,
D. Grey, Bribie.

Dear editor,

Colin Walker's article in your March 12th edition covers a lot of topics, but not with any intellectual rigour or depth of reasoning. Generational slanging, drug-taking youth, "political correctness" and "wokeness" all get a run, under the banner of the old "hard-working, sensible boomer" trope.

I fall slap-bang in the middle of the baby boomer generation, and grew up taking as much of the "sex, drugs and rock'n'roll" lifestyle as I could get. Sorry you missed out Colin - it was a blast. But what did me in and led to long years of struggle and loss was the drug Colin didn't mention - alcohol. This drug - legally available without prescription - does more damage to our society than dope, heroin, ice, ecstasy and meth combined. Anything you can say about the effects of these drugs on mind and body can also be said of alcohol. Should it be banned too? Of course not - prohibition was a disastrous mistake, just as the "war on drugs" has been. Drugs have always been with us, and always will be, so legalise them, quality-control them, tax them. As for Colin's other worries, I am one boomer who is glad to be woke, and proud to be politically correct... and I have the bumper sticker to prove it!

Yours,
Ignatius Pink

Dear Editor

We read your letters and agree or disagree with the writers - which is how it should be as I certainly believe in vaccinations and hope we all are vaccinated for COVID. However Hazel, I do disagree with you on one important matter i.e. Trump's promotion of hydroxychloroquine. I have listened and read many reports from scientists on this and it is proven that if this drug is given as soon as someone is diagnosed with covid - it's given with zinc - then the patient will get better. After 5 days when the virus gets to the lungs it's too late and it won't work. The WHO did their test on people in the later stages - it didn't work so they reported that without listening to health and scientific experts who tried to tell them why it didn't work. Trump never said it was a cure he had listened to the right people and knew it helped. Anything at all that Trump said was demonised by most of the media let's face it. If people stop listening to the Greens and Labour station - sorry the ABC and believing everything they say they may start to listen to other views which is a healthy way to work out the truth

Regards
M. White



BRIBIE ISLAND WRAP March 2021

www.mypolice.qld.gov.au/moreton

YOUR HOME SECURITY

There are often typical circumstances which occur to a home being burgled. A burglar will usually act on easy or tempting opportunities, especially when it is evident no one is home or the risk of being caught is low.

REDUCE THE RISK OF BREAK IN.....

Homes with windows or doors left open or unsecured are more likely to attract a potential burglar. Similarly, curtains closed during the day and mail left to accumulate will indicate you are not home and increase your risk of an opportunistic break in.

Thieves are often looking for cash or credit cards, small valuable items and electronic items which can be quickly sold for cash. Thieves also target car keys which are left in sight.

Always ensure your car and house keys are secured and stored out of sight, and in the event they are stolen, have your locks replaced or have keyless security reprogrammed immediately as thieves can return after their break in.

WHAT YOU CAN DO.....

1. Ensure external doors are locked with a key even when you are at home.
2. Install a door viewer that allows you to see the person before you open the door.
3. Fit secure locks to your windows which meet

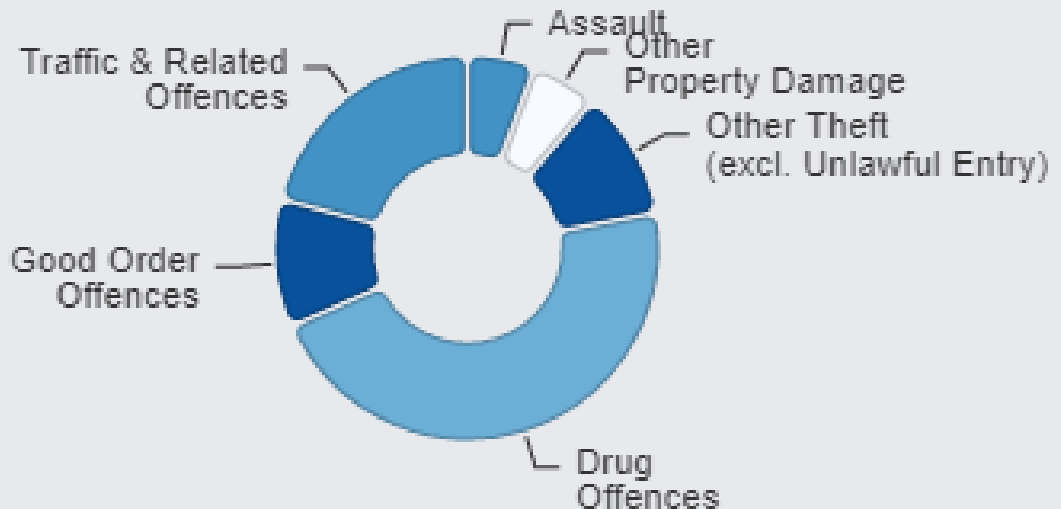
Australian Standards and never leave the keys with the window locks.

4. Ensure security grills and shutters are properly installed and allow an exit in case of emergency.
5. Consider fitting security doors, security cameras and alarm systems to cover all external doors, windows, garage and sheds.
6. Lock all items such as bikes, lawn mowers, garden implements and tools, ladders and mobile BBQs.
7. Ensure trees and shrubs are trimmed to allow good visibility to your home.
8. Consider installing perimeter security lighting including sensor lights.
9. Check around your home and see if you are security minded.....

If you see an offence taking place call CRIME STOPPERS 1800 333 000

19 Offences 15th – March to 21st March

- Other - 1
- Assault - 1
- Unlawful Entry - 5
- Other Property Damage - 1
- Other Theft (excl. Unlawful Entry) - 2
- Drug Offences - 9
- Good Order Offences - 2
- Traffic & Related Offences - 4



Classifieds



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