

# The Bribie Islander

ISSUE 125 OCT 23 2020

YOUR LOCAL  
COMMUNITY  
MAGAZINE

## BRIBIE RESPITE

Community Living  
Services NEW  
Respite House

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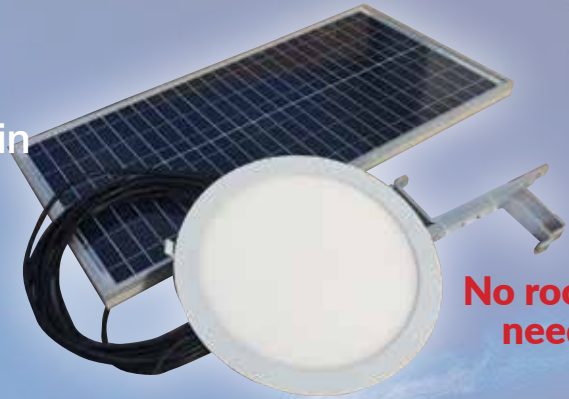
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*Alan Train, Sandstone Point*

"The 2 fans we bought from Bribie Islander Solar are working beautifully, well worth the money, we are using less electricity as the air con is not getting used much at all, thoroughly recommend to anyone, well worth it, money well spent and we have bought another 2 fans for the other side of the house."

*Arthur & Eileen, Sandstone Point.*

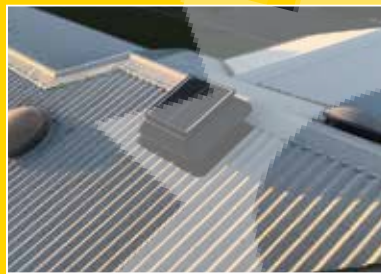
As I mentioned on the phone yesterday, I am really pleased with the 2 solar roof vents that you supplied and installed for us. "They were fitted this morning and we went out at about 12:10 pm and I didn't get back until 3:40 pm and I was really surprised at the difference in the house, it wasn't stuffy at all and for a minute I thought I had left the small back bedroom air conditioner on or the door was open. I didn't have to charge around opening everything up as usual, I emptied the car first then opened up. I am really pleased with the result".

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# #125

OCT 23, 2020

# welcome

## Dear Readers,

I don't know about you, but for me this year is flying! It won't be long before we are sitting around a Christmas tree and looking forward to the New Year. I hope it brings us a better outcome than the last one has!

As for outcomes, I have noticed there is a lot of early voting happening on the Island and I wish all our candidates the best! The Bribie Islander has no affiliation with any political party, we only hope the winner does some amazing things for all of our residents and as a community we go from strength to strength. We are a very lucky to live in such a beautiful area and have a great community spirit which I have been very fortunate to witness on multiple occasions.

As a former country girl, this is what appealed to me the most when moving here over 5 years ago. I have been coming to the Island for over 20 years and have always thought this Island is a slice of heaven that we are so very glad to now be a part of. It has the warmth of country hospitality and the advantages of being close to the city. I do however find I have to be crowbarred off the Island now as I must admit, I couldn't be bothered crossing the bridge and do so under protest. Am I lazy or just content... mmmm

I will leave you all with a little joke for the day....

Teacher: "If I gave you 2 cats and another 2 cats and another 2, how many would you have?"

Johnny: "Seven."

Teacher: "No, listen carefully... If I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven."

Teacher: "Let me put it to you differently. If I gave you two apples, and another two apples and another two, how many would you have?"

Johnny: "Six."

Teacher: "Good. Now if I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven!"

Teacher: "Johnny, where in the heck do you get seven from?!"

Johnny: "Because I've already got a freaking cat!"

Take care, Stay safe,

*Cherrie*



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## HEALTH, WEALTH &amp; COMMUNITY

# Anniversary

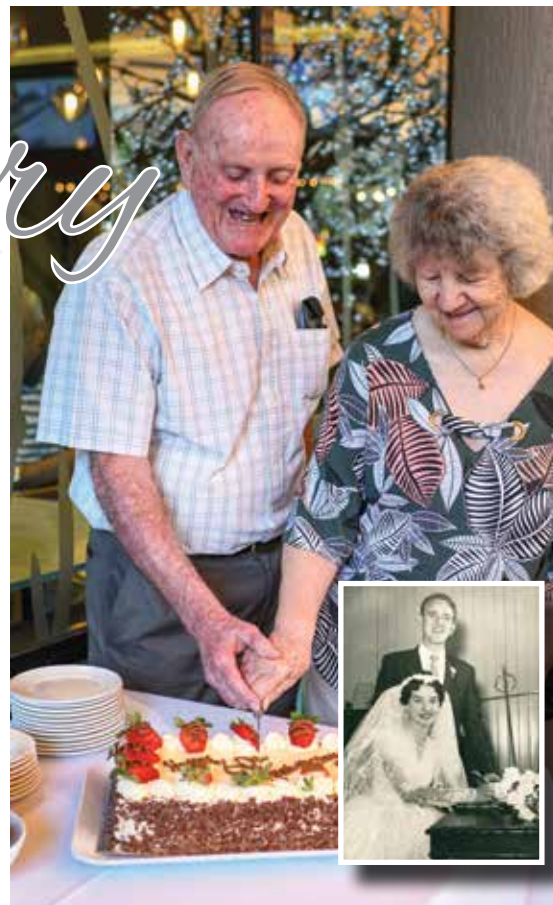
The 15th October 2020 marked the 60th anniversary of the marriage of William (Bill) and Joy Moynihan of Sandstone Point, and their immediate family celebrated the occasion with a small group of friends, enjoying lunch at Bribie Island RSL Club.

Bill and Joy established their family of three children in the Brisbane suburb of Cribb Island, buying a small house across the street from Joy's parents. They replaced that house with a larger high-set house and the family grew up there, playing on the beach, swimming in Moreton Bay and making friends with so many that a small community allows for.

This lifestyle was altered in 1970 when a larger, more modern airport was needed as Brisbane grew and the Commonwealth Government resumed the suburb for that expansion. Bill and Joy would settle their family to the

neighbouring suburb of Nudgee and restart their lives. Joy took on some part-time work outside of the home as the family grew up as well as being the homemaker, enjoying cooking and craft. Bill worked as a lithographic printer for various printing companies and then the Sunday Sun, leaving as it merged with the Courier Mail under Queensland Newspapers.

As their children married and began their own families, this gave them the impetus to make the move to Sandstone Point in 1998, building the home they live in today. Their grandchildren are now providing the gift of great-grandchildren for them to spoil. They have made new friends with neighbours and through the Diabetes group whilst some old friends are now also living in the area. They are enjoying their retirement, again by Moreton Bay.



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# the art of hugging

By Sue Wighton



**W**hen COVID19 is just a bad memory, what will we remember? Will there be a legacy? I'm thinking here of constant hand washing, sneezing into our elbows and maintaining a 'cassowary' distance from our fellow humans.

One thing I won't be sorry to see return is the random, inappropriate, too-long hug. This form of social contact can be problematical even in the absence of a virulent and deadly virus.

Firstly there's the crucial decision: Do I shake hands with this person or go in for the hug? Okay. It's a hug. So once you've decided they're worthy of the hug, what then?

We all know those people who like nothing more than perpetrating a chest-crushing vice-like hug upon their unsuspecting victims. I'm reminded of a large predatory python squeezing the life out of an innocent mongoose.

A hug is a greeting. Nothing more, nothing less. Sure, it's meant to be warm and comforting.

But it's definitely not the same as a cuddle. A cuddle can last for hours, and it can sometimes have unanticipated, and supremely satisfactory consequences. Ah ... that's a whole other story. But a hug is different. It's a fleeting thing.

Some people have no concept of how long your average hug is meant to be, let alone the force with which it is to be executed. When you are in the clutches of a standard hugger, there comes a time to release each other and get on with watching the tele, eating that corn cob, checking your phone or resuming your cribbage game.

But some of these inappropriate huggers simply

don't know when to stop. Is there anything more embarrassing and awkward than the hug that won't let go?

Let me set the scene. You've done your bit when approached by an inveterate hugger, and responded with a like-minded if comparatively lukewarm hug. Being a normal person you understand that during a hug, both parties should employ the same amount of pressure and the average hug should last around, oh, three seconds. So you release and attempt to step away. But the hugger won't let go. They continue the debilitating squeeze seemingly unaware that their prey has gone blue in the face and limp through lack of air.

One of my aunts was such a hugger. Small children ran crying from the room. Babies crawled for cover when she hove into view, arms wide open and ready for the assault. Adults suddenly discovered they had urgent business at the other end of the property. But she was like a heat seeking missile. And once in her grip, no matter how rigid you became, or how much you struggled, her steel-like arms suddenly developed Herculean strength. She was gonna hug you whether you liked it or not.

Look. I appreciate a hug as well as the next person. It's a sweet way to say you care without words. But please, once we've said farewell to the dreaded dance that is COVID distancing, let's be a bit sensitive. Not everyone is up for the overwhelming hug. Just use the three second rule. Gentle embrace, count to three, let go, move on. Is that too much to ask?



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# Cultivating Change

- Dennis Chiron

## THE STORIES AMONGST US

By: Charmian Campbell

Originating in Cronulla, NSW where his grandfather was the first beach inspector, Dennis Chiron has forged a life built on positively cultivating the livelihoods of others.

With an arsenal of education to his name, this self-confessed extrovert has little time for small talk, only time for "real talk". He is a big softie at heart who loves to help people in need and is driven to make a difference. So who is this man? A natural athlete, playing rugby league and rugby union from seven to 47 years of age. As a youngster Dennis joined the merchant navy to see the world, while simultaneously studying Psychology and Business by distance learning through Deakin University. His first role as a civilian was in introduction of and subsequent building of the business and brand PixiFoto throughout Australia. His success in creating a well-known brand led him to being headhunted for a CEO role with The Lorna Hodgkinson Sunshine Home in Sydney (now known as Unisson Disability), an organization built to support intellectually disabled to lead meaningful lives. Following this engagement he became the Regional Manager for House with No Steps,

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# LOSE IT

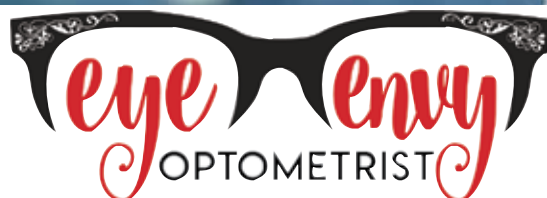
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## HEALTH, WEALTH & COMMUNITY



assisting children and adults with various disabilities to have access to employment, better living arrangements and recreational activities.

Without realizing it, it seemed his need to help people also led to a talent for building businesses. In 1985 Dennis started the first comprehensive Business Enterprise Centre (BEC) in Australia, followed by the first Small Business Incubator (SBI) in 1986. Leading the pathway for 150 BEC's and 70 SBI's throughout Australia and New Zealand.

He consulted to the Federal Government in Local Employment and Economic Development Initiatives prior to taking the helm for 22 years at Caboolture Business Enterprise Centre. Following his resignation he went onto assisting organisations to establish Registered Training Organisations (RTO's) and most recently, the Owner and CEO of Brisbane Career College until he sold it in 2014. Being fortunate to meet some outstanding people throughout his life, Dennis would have to say the standout was Bob Hawke. He had an incredibly strong presence, a charisma that very few people possess, an astounding depth of knowledge and an indisputable love of Australia. The most awesome, exhilarating, and frightening adventure thus far in his life, Dennis mentions jumping out of a plane

& skydiving for his 60th birthday. All was well until the plane reached 10,000 ft when the hatch opened and he was met with the roar of the wind and looking down at a very small Bribie Island below him, he freaked and asked if he could change his mind! Nonetheless, he followed through with it and has since done another jump following the euphoria and landing safely. This man is many things including a genuine life saver, having saved the life of the next door neighbors' 14 month old daughter who had stopped breathing and had turned blue. Her parents were overcome with panic and unable to administer any assistance until they ran next door and called for Dennis to help. He successfully revived their daughter and to this day Dennis says this is one of his proudest moments.

Bribie Island has played a large part in Dennis and his wife's life for many years with a small intermission when they returned to his roots and built a property on their dream block of land in Woolgoolga NSW. Unfortunately, despite the incredible views, age got in the way of the stairs in their 3 storey home. Finally, if he could change anything in this world it would be advocating for zero population growth (ZPG) to give the world, Mother Nature and the environment a chance to recover.



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From its perch at the very top and edge of the mountain, Aaronlee Retreat offers a variety of accommodation, yet reasonably priced and regularly offering discounted Senior Special packages. The Federation homestead is a 10-minute drive from town and is set amongst acres of lawns and pretty flowering garden beds. All rooms have fireplaces, ceiling fans, kitchenette, outdoor seating and are fully self-contained, (some with spa baths).

Guests enjoy the selection of board games, books and magazines on offer. The Retreat has BBQ facilities, a swimming

pool and there are so many places to sit and relax whilst breathing in the pure mountain air. The views from the lawns are uninterrupted and simply breathtaking.

During a stay at Aaronlee, guests enjoy the very popular Half or Full Day Wineries (and local sites) Tours which depart from Aaronlee at 9.45 am. The Full-Day Wineries Tour includes a delicious sit-down restaurant luncheon at a local winery.

Tamborine Mountain offers beautiful bush walks, lookouts and waterfalls. Visit the rainforests, swim in rock pools, shop the famous Gallery Walk, indulge in a high tea, be pampered with an Aaronlee in house massage and spa treatment, take a stroll through the Botanical Gardens, play a game of golf or lawn bowls, visit the orchid farm, galleries, nurseries, cheese factory, take a short day trip to the Gold Coast or explore the Scenic Rim region. There are many interesting and fun attractions. Details and maps are provided by your host when you check-in.

Aaronlee is home to Bonnie and Honey, two Shetland ponies, an abundance of birdlife including the endangered Albert's Lyrebirds and a flock of Tawny Frogmouth birds.

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# Bribie Respite

CAREGIVING IS A DEMANDING JOB AND NO ONE IS EQUIPPED TO DO IT ALONE.

BRIBIE RESPITE AND SUPPORT SERVICES ARE PROUD TO ANNOUNCE THE OPENING OF THEIR COMMUNITY LIVING SERVICES RESPITE HOUSE, LOCATED AT BANKSIA BEACH.

Caregiving is a demanding job and no one is equipped to do it alone.

Bribie respite and support services are proud to announce the opening of their community living services respite house, located at banksia beach. Caregiving is a demanding job and no one is equipped to do it alone.

Bribie Respite and Support Services are proud to announce the opening of their Community Living Services Respite House, located at Banksia Beach.

Providing 24-hour short term accommodation, the newly furnished home is a 4-bedroom modern residence available to NDIS funded clients, which enables families and other unpaid carers of people with disabilities and/or mental health issues the opportunity to take a well-earned break.

Designed to feel like home and planned for short breaks the spacious house comprises indoor and outdoor spaces, available for guests to enjoy, either in the company of others or as a retreat providing solitude. Each guest is offered a room of their choice, which contains a queen size bed with individually

controlled air-conditioning.

Separate rooms provide privacy for each guest and space to make their own throughout their stay.

Experienced and qualified Bribie Respite and Support Services staff greet and support each guest ensuring a comfortable and memorable stay. On each occasion, a carefully planned respectful visit is facilitated enabling guests, choice and control in choosing meals, activities, level of participation in daily household routines, as well as facilitating social and leisure opportunities in the Bribie Island community.

Promoting the upcoming opening of a respite house internally to existing Bribie Respite and Support Service clients and carers has already generated significant interest. The excitement has been shared amongst the disability community. Bribie Respite and Support Service is now receiving enquires from all over Queensland.

Community Living Services, another service provided by Bribie Respite and Support Services assist NDIS clients to access the community for activities of their choice. This enables clients to live inclusively within our local community.

Our NDIS clients access local clubs and pubs for bingo, music trivia, live entertainment, karaoke and casual dining. Bribie Respite and Support Services support clients to attend events



such as sports, concerts, fishing, 4WD, hiking, camping, weekends away and extended travel. We'll do all the work, arranging each occasion for our clients and assist with affordability, finding others wanting the same events, making it cheaper for everyone.

Bribie Respite and Support Services take enormous pride in supporting clients in their local community and are determined to be the Bribie Island NDIS service of choice. As a not-for-profit business, all monies generated are reinvested into our Bribie based business for the benefit of the Bribie Island disability community. We create jobs, supporting local businesses and local community groups. Our philosophy is supporting local clients in their community with local carers. Locals supporting locals.

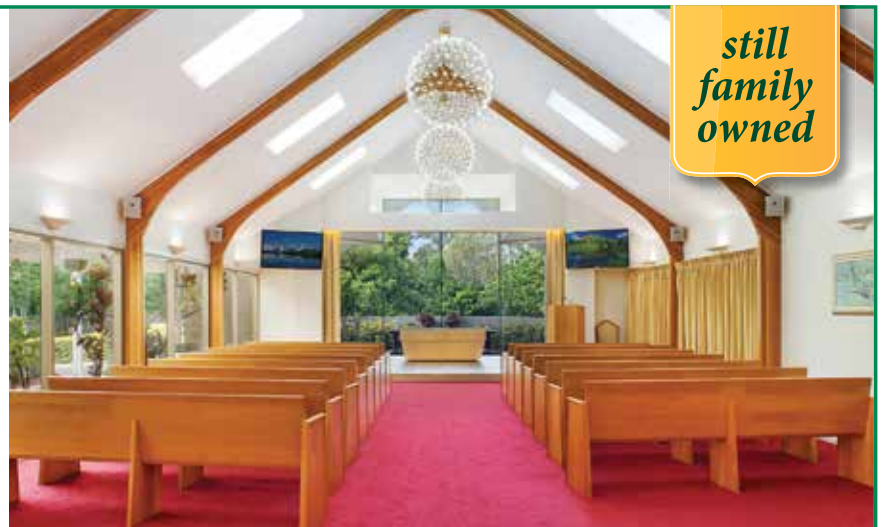
For all enquiries regarding Community Living Service or to make a booking at Bribie Respite and Support Services Respite House call Andrew on 34082112

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# How to Vote

# 1

# Clive Palmer's UNITED AUSTRALIA PARTY

## in the Queensland State Election

## Dr. Steven NEWBERY

### Legislative Assembly

On the ballot paper you must number every box.

- ☐ 4 DRYDEN, Ryan
- ☐ 6 KING, Ali
- ☒ 1 **NEWBERY, Steven**  
Clive Palmer's United Australia Party
- ☐ 3 GASKE, Fiona
- ☐ 5 OGDEN, Richard
- ☐ 2 KONOWALENKO, Ross

Start here  
& number  
every box

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Authorised by Dr. Steven Newbery for Clive Palmer's United Australia Party 153 Gooding Drive Merrimac Qld 4226

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## HEALTH, WEALTH & COMMUNITY

**M**ining and business entrepreneur Dr Steven Newbery has been endorsed by Clive Palmer's United Australia Party to contest the seat of Pumicestone in the upcoming Queensland election. Formerly from the United Kingdom, Dr Newbery became an Australian citizen in 1988. He has worked throughout Australia and globally developing mining companies and as an international business consultant. His latest business venture with US partners involves the establishment of a new company in the Pumicestone Electorate based on the cultivation of medicinal cannabis and medical cannabis drug and consumable manufacture. The company is hoping to employ up to 100 people at the two facilities.

He and his wife Nataliya, a resource geologist, have five children between them. They have lived in the Pumicestone electorate since 2006, which they believe is the perfect place to raise a family.

"Living in Pumicestone gives the kids a life full of excitement underpinned by the right values and experiences – all essential factors in today's complex and ever-changing world" he said.

Dr Newbery said helping small business thrive will be a major focus once elected.

"The rebuilding of Australian small business and industry decimated by years of poor political leadership and more recently the pandemic requires a clear vision and strong leadership."

"This leadership needs to come from experienced people who understand what is needed to build business, create jobs and improve the wealth and wellbeing of the population."

"I believe the policies and core values of Clive Palmer's United Australia Party are what Queensland and Australia need to once again become the lucky country" he said.

Over the past two weeks, Dr Newbery has been actively campaigning within the electorate meeting with local business and community leaders and being on the front line occupying the roadside with CPUAP flags flying high.

Visiting Dr Newbery's campaign Facebook page, which details many



of the core policies he is promoting, he has come up with a range of insightful and innovative solutions to problems that have plagued the community for years but received nothing but lip service from the ALP and LNP every election campaign.

When asked why people should vote for him and CPUAP he stated: "The wider community has been struggling to maintain its identity. The loss of jobs and a chronic lack of support and investment has seen community services and facilities decline. Successive ALP and LNP governments have simply ignored the needs of communities outside of central Brisbane. They are responsible for letting our services, infrastructure and facilities degrade. "We simply cannot afford to be overlooked anymore. We need a strong voice in parliament, one that will champion the needs of the community and not be silent and submissive as simply a junior member of the party. We can no longer afford to allow the tired old politics of incompetence and ignorance, dusted with corruption hold back our community."

The ALP has been in government since 1989 except for the disastrous LNP Newman years. Their record-breaking achievements have given us record unemployment and record debt. Queensland under the ALP is a failed economy hiding behind the pandemic. We now face the most challenging rebuilding phase since the Great Depression and neither the ALP nor LNP have the experience or no-how to get the job done.

Dr Newbery added:

"This election is about the economy, about creating new jobs, building wealth, and removing the state's debt burden. It is about preserving and improving our way

of life for all Queenslanders.

"The Palaszczuk Government has had two-term in office. Its only real achievement is to rack up a \$120B debt and achieve essentially record unemployment, currently at 7.5% but really closer to 12%. The highest unemployment rate recorded since the Great Depression and more recently during the early nineties ALP led recession," he said.

It is highly probable that this election will produce a hung parliament. A victory for Dr Newbery in Pumicestone will ensure the community will have a major say in its future and the future of Queensland. It will ensure the Government takes the Pumicestone community seriously and that for the first time our community receives the investment it deserves. A vote for the ALP or the LNP will mean no say for our community.

Victory in Pumicestone for Dr Newbery will mean we do get the experience and knowhow that we need to bring, quality services, better roads, a new bridge, world-class internet, and most significantly investment in new businesses and industry to revitalise our lifestyle.

Everything we need to improve the quality of life here and to ensure our community remains healthy and vibrant for all generations. Clive Palmer's United Australia Party has a clear path to jobs creation. This will be achieved through a sweeping reduction of taxes which impede investment. Pumicestone can see massive job creation with the right plan for our community.

Dr Newbery is the right person for the Pumicestone electorate. He is the best person for the community and will get the job done.



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LNP Candidate for **Pumicestone**

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\$300 PER VEHICLE**



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This will help **kickstart the economy** and make Queenslanders better off.

We're coming into the most expensive time of the year and this rebate **will help create jobs and take pressure off Queenslanders** when they need it most.

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Authorised by Lincoln Folo, Liberal National Party of Queensland, 281 Sandgate Road, Albion QLD 4010.



# who was Red?

**RON (RED) NORMAN** IS BEST DESCRIBED AS BEING A TYPICALLY NORMAL AUSSIE BLOKE WITH A HEART OF GOLD. HE MADE HIS ENTRANCE INTO THE WORLD IN AUGUST 1957 AT THE ROYAL BRISBANE HOSPITAL JOINING HIS SIBLINGS TO BECOME A FAMILY OF TEN, SPENDING MOST OF HIS YOUNGER YEARS IN THE CABOOLTURE AREA.

Red met the love of his life Sharon, in 1982 and after a few years, the couple decided to take on the task of owner-building a house together moving in, in 1991. They went on to cement their future in 1992 by tying the knot. They then had two boys, Darcy in 1993 and Chad in 1994. Ron also has a daughter Melissa, who lived in Caboolture before moving to Yeppoon in her early years. This family was now complete.

Ron worked for Seismic Survey for oil exploration for the first 15 years of their

relationship, spending lots of time away from home. However after the children arrived he found work closer to home at Boral Quarries, where he worked the rest of his career in various other branches.

Reds passion other than his family, was motorbikes, joining a local bike club in his teenage years so he could enjoy riding with his mates. This group of mates never disbanded and meet every few years for reunions. These mates are the ones that hold the **Ride for Red** every year in his honour.

Unfortunately, Red was diagnosed in Aug 2013 at the age of 56 with GBM brain cancer and was given just 18 months to live. Red's strong will to live turned that into 31 months, during this time apart from hospital visits and treatments Red and Sharon were able to do some travelling and but spent most of their time being with the family. Red passed in 2016 and The Gronks Social Riders Club started this initiative to raise much-needed funds to support research for a cure for cancer after losing their much-loved member.

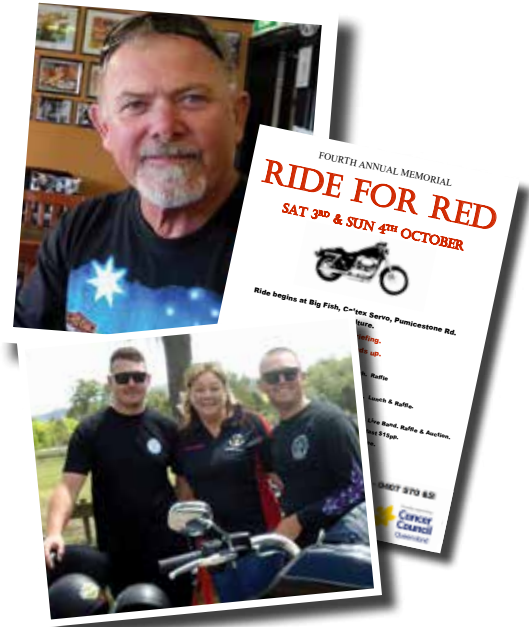
The first "Ride for Red" was organised in 2017 and four years on and they have just completed their latest ride for Red...

The October long weekend provided perfect conditions for bikes and cars to participate in the "Ride for Red" charity ride to raise money for the Cancer Council Queensland to assist in the research of cancer. The gathering at the Caltex Service Station on Pumicestone Road, Caboolture, saw 69 bikes, approximately 10 cars and 120 people depart for Issac Moore Park, Kenilworth, where the Lime Green Munchie Machine provided coffee, tea, milkshakes and sweet delights for all. After the first raffle for the day was held riders departed Kenilworth and made their way

to Maleny for lunch at Hotel Maleny with proceeds raised also supporting the Cancer Council. After the delicious lunch provided by Jo and Carl riders and support vehicles left for an overnight stay, fundraising auction, raffles and live music at the Exchange Hotel Kilcoy.

**A mammoth \$9010 was raised through raffles, auctions and donations.**

One of the organisers, Mr Gary



Blake of the Gronks Social Riders Club said, "Given the current climate due to Covid-19, it was overwhelming to see such incredible support from people near and as far as Ayr, North Queensland and not to forget Henry, our youngest pillion who was just 10 years old. It was fantastic to see all the new faces and we thank each and every person that came along to show their support. I would like to encourage locals to continue to support the businesses who went above and beyond to help with the success of this event. You can often find Deb and Brett in the eye-catching Lime Green Munchie Machine at the Pirate Park, Sylvan Beach Esplanade, Bribie Island. Just a short drive up the range Hotel Maleny provides you with mouth-watering meals, entertainment and accommodation for a perfect weekend away. Keith and the friendly staff of the newly renovated Exchange Hotel at Kilcoy offer a spacious covered outdoor area which was the perfect venue for our event and nights entertainment by Chris Webb and the Sweaty Palms."

One of the participants in the ride, Mr Darryl John said, "69 bikes and a few cars cruising the Twisties out in the Sunshine Coast Hinterland made an excellent day of riding, meeting new people, building relationships whilst doing a bit of fundraising for a great cause." He added, "There were some really cool bikes with the younger blokes keeping the old school chopper scene alive."

Sharon Norman, the wife of the dearly departed Red, commented that it was an outstanding achievement by the organisers Gary and Helen and that Red would have been so humbled and so happy to hear the rumble of all those bikes.

**This is an annual event and if you would like to get involved follow the Ride for Red Annual Charity Motorbike Ride Facebook group or contact Gary Blake (Blakey) on 0407 570 651.**





Australian Government

# THE ECONOMIC RECOVERY PLAN

This year hasn't been easy. And recovery will take time.  
But this is Australia. We will come back.

**THE AUSTRALIAN GOVERNMENT HAS A PLAN FOR OUR ECONOMY.**

## A PLAN FOR EVERYONE.

The Economic Recovery Plan will put more money in the pockets of everyday Australians by lowering taxes. Money that can be spent, with local businesses in our communities that can help to create jobs.

## CREATING MORE JOBS.

We're offering incentives to businesses to help with hiring and investment that will create more jobs. And thousands of jobs will open up in infrastructure, as new projects get underway.

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THIS IS  
**OUR COMEBACK**  
THE ECONOMIC RECOVERY PLAN

AUTHORISED BY THE AUSTRALIAN GOVERNMENT, CANBERRA.



During my 30 years plus service with the police force, I served the community with ethical and diligent service, irrespective of whether Labor or Liberal were in government at the time.

I am not a slave to either party and it is evident that they 'don't know, that they don't know', because they have lost touch with us every day mums, dads and workers. Some examples:

The following crimes have drastically increased under two terms of Labor.

**Most crimes have drastically increased under two terms of Labor.\***



**Domestic Violence**  
Up 59%



**Handling of Stolen Goods**  
Up 34%



**Unlawful Entry**  
Up 29%



**Assault**  
Up 32%



**Fraud**  
Up 35%



**Arson**  
Up 39%

\* Source: [mypolice.qld.gov.au/queensland-crime-statistics/](http://mypolice.qld.gov.au/queensland-crime-statistics/)

## Out and about in Pumicestone with

**ROSS KONOWALENKO**

During my service, did any politician ask me 'at the coal face' about my experience and suggestions on how to reduce crime. No – but One Nation did when developing the 10 point plans for the Law and Order and Youth Justice Policies.

- Why is it that we have a solicitor as the 'Minister for Police and Corrective Services' telling police and prison officers how to do their job, having never worked in either of those fields?

- The above crime figures and increasing gaol population (who continue to reoffend and return to prison), speak for themselves. Would it surprise you that about half the male prisoner population have domestic violence offences recorded, while that offence has soared 59% under the present government.

Could it be that if crime rates were reduced, then there would be quite a number of solicitors and barristers out of a job and on job seeker? One Nation is a threat to those jobs with the 10 point plans ready to go.

Then there is Jackie Trad, the former treasurer with two spectacular fails.

- A budget in the red to the tune of \$85billion before COVID-19. The ABC news records, when Labor came to power in 2015, the election promise was to pay down the \$12billion debt inherited from the Liberals, to reach a 'zero net debt in 10 years'. This 'promise' has not been broken, it has been decimated!

- Then the purchase of an investment property last year that had a proximity to the 'Cross River Rail Project' of which Trad had 'ministerial responsibility'. A commission investigation

determined there was no evidence of corrupt behaviour – but what about the ethics?

- The premier (finally) announced last week, that there is no place for Trad in a future government. A decision that should have been made 12 months ago which demonstrates both poor leadership and again, questionable ethics ethical behaviour.

- Then there is the current Labor candidate, promising a range of services and projects . allegedly 'fully funded' without a state budget and a \$102billion plus state debt! Come on, get real and stop insulting our intelligence. No transparency, no ethics and no way are we going to continue to have our vote taken for granted.

Our self funded retirees and pensioners deserve better of their parliamentarians. I will:

- Work with all levels of government and community to streamline access to services by phone,
- Advocate for a specialist 'seniors' medical centre
- Integrate innovative support services and activities that come to the residence to overcome isolation and loneliness
- Lobby federal parliament for a non means tested payment for self funded retirees.

Time for results, honesty and sound strategic planning. instead of hollow 'band aid' talk to 're promise' the same promises we were given in elections past. Voters are past it! Give me your vote and I will give you commitment with integrity.

Thank you. Ross



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# ALI KING

## Labor for Pumicestone

 [ALI.KING@QUEENSLANDLABOR.ORG](mailto:ALI.KING@QUEENSLANDLABOR.ORG)  0435 091 746

Every day, locals tell me they want better healthcare right here in our community, and that's why a new satellite hospital on Bribie Island is just what the doctor ordered.

Having our Premier Annastacia Palaszczuk and Health Minister Steven Miles on Bribie to share the news made it even more special!

### SO, WHAT IS A SATELLITE HOSPITAL?

It's a public mini-hospital bringing free healthcare services to home, while taking pressure off Caboolture Hospital ED. Bribie's satellite hospital will be tailored to the needs of our community but could include Urgent Care, renal dialysis, chemotherapy, physio, mental health or child health services.

### WHAT DOES IT MEAN FOR LOCALS?

We all know that Bribie locals travel long distances for health care and this new hospital means services can be delivered right here instead of at

Caboolture, Redcliffe or Brisbane.

Leonie told me about her husband's kidney dialysis and how having to travel to Brisbane three times a week really wore him down. When you are unwell, you want to be close to home!

A satellite hospital on Bribie Island will mean less time on the road and more time with family.

More good news is that construction of our satellite hospital will support 101 local jobs at a time when we need it most.

### WHEN AND HOW WILL THIS HAPPEN?

Only a re-elected Labor government will build Bribie's new Satellite Hospital. If re-elected, we expect construction to be complete by 2022-23.

I understand people are sometimes unsure about election promises.

Back in 2017, our Premier promised a massive expansion of Caboolture Hospital, with 130 new beds, new

facilities and a range of new services.

You only have to drive past Caboolture Hospital to see the expansion happening right now. What our Premier promises, she does, but she needs your vote to be able to build our Bribie Satellite Hospital.

### WHAT'S THE ALTERNATIVE?

Only Labor can be trusted to invest in healthcare for Queenslanders.

As Campbell Newman's Assistant Minister, Deb Frecklington sacked 731 nurses from our region and didn't plan or build a single hospital. We can't give the LNP the chance to do it all again.

Plus her recent announcement of health staff numbers is woefully inadequate and wouldn't actually keep up with the growth in patients we are seeing now.

### LABOR'S HEALTH RECORD

By contrast, Labor will hire an extra 9,475 frontline health staff over the next four years if re-elected.

Our investment in new health staff is a big part of Labor's economic recovery plan that's already underway, keeping Queenslanders healthy and in jobs.

Locals tell me that protecting our health is the most important thing to them.

The Palaszczuk Government's wonderful health response, including strong action on borders, has kept us safe and let us get on with Queensland's plan for economic recovery.

As your local Labor candidate, I'm proud to tell you about the Bribie Island Satellite Hospital because I know it will mean healthcare closer to home for locals like Leonie and her husband, and more jobs in our community.



**Community Satellite Hospital For Bribie**

More care, closer to home  
Supporting 101 local jobs!

**ALI KING**  
Labor for Pumicestone

# IS POLITICS THE “GAME” FOR YOU ?

By Colin Walker

**D**O I have the job for you! But you will need shoulders as broad as an elephant's, a hide as thick as a rhino's, the stamina and heart of a lion, the honesty and integrity of a saint – and the purity (of heart and soul) of a child!

If you reckon you have all of these attributes, then you'd be a smash “hit” in politics – because that is what is expected of you.

Oh, and then there are the little matters of being available (to your constituents) 24/7, 365 days a year – and accepting intense public scrutiny of both your public and private lives.....and those of your family members and your staff, as well.

And all this for (in most cases) about half what you could expect to receive, in salary or wages (and other benefits), if you applied the same attributes, qualifications and credentials to holding down a decent job (requiring similar commitments) in the private sector!

In your private life outside of politics, you (or your neighbour) may well get away with being a womaniser, a wife-beater, a

Dole-bludger, a welfare hypochondriac, a joy-riding car thief, a habitual liar, a thieving fraudster.... or a serious felon, like a sex offender or even a professional “hitman” – without your neighbours (or friends) getting too much “overheated” by it all.

But that won't “wash” once you become an elected MP....no sir... and nor should it of course. What this highlights, however, is the absolute hypocrisy that applies to our demands and expectations of our so-called “elected elite” compared with those of us out here in “Civvy Street” who we are, seemingly, prepared to make allowances and excuses for (as regularly as necessary) when it comes to our



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## BRIBIE ISLAND SENIORS COMPUTING CLUB

for discussions and information

**ALL WELCOME**

**WE Meet at 1pm 2nd Tues of every month  
at Bribie Island RSL - ANZAC ROOM  
99 Toorbul Street, Bongaree**





own personal sins, shortcomings, and other transgressions. I'm not suggesting that our elected elite shouldn't be subjected to strict scrutiny concerning their integrity, and their ethical and moral standards – and in most cases, the “shonks” aspiring to become our MPs are sorted out (and sifted out) by party endorsement and pre-selection processes.

However, the trait of human fallibility kicks in at times, and some doubtful characters “slip through the cracks”. This can become more of a risk where “Independent” candidates are concerned of course, but generally, the selection processes work to our (public) benefit.

Apart from the public v. private income differences which can apply, the biggest drawback to us (the public) getting the MPs we deserve (not just those on offer) is the level of very invasive public scrutiny of their private and public lives that our “elected elite” (and their individual family members and staffers) are subjected to, every day they hold office.....and sometimes, even long after they have flown the political coop!.

In a working life of almost 40 years (cut short by health issues) I was involved in politics at various levels of public office for almost 20 of those years, and I can attest to the impact this level of invasion of (personal) privacy has on everyone involved.

I and my wife and family had to endure the indignity of being named in Parliament on a couple of occasions for alleged “dodgy” activities we had absolutely nothing to do with. The impact on family and friends can be very hurtful – and very divisive....and you never forget these things! So spare a thought for the aspiring MPs who will seek your vote on October 31 – and spare them your barbs, too, until their bona fides (or otherwise) are established.

# NOELENE LAKE

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- the operating cycle or cash flow of your business,
- and the major financial calculations needed in a business.
- Identifying and advising you of your competitive advantages.

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By Alan Finegan – Author of “The Forgotten Explorer”

The steam-tug took us out past the Eddystone Lighthouse, a nice breeze having sprung up, we lifted sail and away we went for the rolling Bay of Biscay.

The sea was very rough and the waves dashing over the sides of the vessel. In the night the wind blew fine and strong and nearly all were seasick. On the 27th the morning was fine; by a heavy swell on the water the ship kept rolling about and we felt very awkward and ill. I must say a few words about our ship

Stracathro; she was a Scotch Barque built in Dundee in the year 1876 in place of the Strathmore (which was wrecked on St Paul's Island sometime before). Our Captain was the first mate of the wrecked ship he, with 50 more, escaped, and when the Stracathro was finished, he was appointed Captain. Our ship was classed A.1. at Lloyds, owners David Bruce & Co., length 280 feet, beams 35 feet, depth of hold 21 feet, plates 3/8 inch, the height of main truck above deck 140 feet, length of the main yard with stern-sail

This is the continuing story of Elizabeth Winnett, who in 1882, with her husband William, baby, and William's seventeen-year-old sister emigrated from Dublin to Brisbane on an assisted passage. Elizabeth was a qualified schoolteacher, and this is reflected in her rich yet understated commentary of the day to day routine and privations of life on a ship packed with immigrants sailing to Brisbane. It is also worth noting her comments regarding the animosity between the Irish and English men, with the hostilities in Ireland still palpable in the Irish consciousness.

boom 130 feet, barque rigged register.

1159 tons No.9 G.D.N.

Captain Naine. G.D. Peters

1st Mate, A. Honeyman

2nd Mate, Ramsey 3rd

Mate Peters. She had a splendid figurehead, a woman painted white, with ropes under her arms in the attitude of drawing our ship. We had a cargo of Railway Iron also a metal bridge for the Brisbane River and other valuables for a firm in Brisbane town.

The ship was beautifully fitted with every convenience; the single men occupied the forecabin, the married men and families midship, and single girls the stern, with the poop for a promenade. They were the best off. The first few days everyone was more or

less sick, and unable to enjoy their meals, but we had to be out of bed at 7 in the morning, their beds made up and berths cleaned; but we might sit at our tables or go on deck just as we pleased; the men had to attend to the meals; carry them to be cooked, and go for them when done; we were divided into messes; four families in each mess, not exceeding ten adults, and a Captain over each mess whose duty it was to see that the articles received on board were kept clean and unbroken; the beds folded up and place clean.

On the 29th May we got such a

rolling and pitching about, we were going through the Bay of Biscay.

We had a fair wind and in two days we were past that little trouble. We had lovely weather.

On the 2nd June, we passed a vessel which signalled, Charles Wesley, bound from Liverpool to Bombay, all well. There are Constables chosen out of the married and single men whose duties it is to look after the people and keep them in their places, three attend to single girls, bring them their food and water daily, as they are not allowed down on deck; three more keep midships clean, and three more look after single men.

They will receive a gratuity of £5 each when we arrive in Queensland; there is also a schoolmaster who teaches the youngsters, gives out the library books, and makes himself generally useful to the doctor.

3rd and 4th June passed quietly, everything is so new to most of us, we are never tired of looking over the side of the ship, nothing to be seen, but the wide beautiful ocean.

June 6th - A beautiful morning with a nice cool breeze; passed four sailing vessels, signalled two, but I did not hear their names, all outward bound.

There was a quarrel among the single men today, I am sorry to add, there is a bitter jealous feeling between the Irish and English. In 24 hours we have travelled 176 miles.

To be continued.....



# Bribie Simply Healthy

By: Heenam Kim

## The remarkable health benefits of Liposomal Vitamin C

One of the most popular products from the Bribie Simply Healthy is Lipo-Spheric Vitamin C. When people come to the shop having infections I often suggest to them to take two Lipo-Spheric Vitamin C's a day for three days and most often they come back to buy more. If the symptom is serious you can take up to 4 satchels a day. You can feel the difference within twenty minutes, after taking it. I am truly amazed by this product. Vitamin C is famous for reducing the infection and clearing foreign entities in our blood. I have done further research regarding what Vitamin C does to us and the difference between typical vitamin C and Lipo-Spheric Vitamin C. Vitamin C has high antioxidants; antioxidants work to protect cells from damage by free radicals. Free radicals contribute to chronic diseases like cancer, heart disease, and Alzheimer's disease. Antioxidant plays a critical role in maintaining your body's immune system and heart function. Vitamin C protects the arterial walls throughout the body. Now many doctors infuse vitamin C directly into the blood stream to kill cancer cells. Lipo-Spheric Vitamin C does exactly that. Antioxidants help to slow down or stop the process of damaged cells in your body. Vitamin C helps to reduce infections and prevents the oxidation of cholesterol in the bloodstream. Vitamin C is famous for cleaning up infections and improving



resistance to upper respiratory tract infections. Lack of Vitamin C causes fatigue, inflammation of the gums, joint pain and poor wound healing. Vitamin C is good for lung function and overall oxygenation within the body. Asthmatics tend to have a higher need for vitamin C and doses of 2000 mg per day lessen the body's production of histamine and lung associated inflammation. Vitamin C also helps production of collagen, which is the major constituent in ligaments, bones, discs, tendons and skin. High dose Vitamin C has been shown to improve the healing process of burns, cuts, wounds, sprains/strains and broken bones. It is also extremely important for the health of the eyes and many experts believe that as little as 1000mg of Liposomal Vitamin C daily may stop cataracts all together. So what is difference between normal Vitamin C and Liposomal Vitamin C? Most vitamin C we take is water-soluble but our cell membrane wall is made up of fatty acids, which is fat-soluble matrix. Vitamin C we buy from the shop shelves is water-soluble, the problem with water-soluble Vitamin C is absorption, the large portion of Vitamin C ends up wasted, only 20% can be absorbed. Also a high dosage of water-soluble Vitamin C causes cramping and diarrhea.

Liposomal Vitamin C is packaged like a bodily cell so it passes through the digestive barrier and delivers the nutrient directly to the bloodstream, which has a much higher

absorption rate. The best carrier for Liposomal Vitamin C is Phosphatidyl Choline (PC). Lipo-Spheric Vitamin C has nearly 100% instant delivery to liver and blood stream.

My name is Heenam Kim and I am an EFT (Emotional Freedom Technique) therapist. EFT is considered a major breakthrough healing technique in 21 century. There is enough evidence indicating that many illnesses are due to emotional imbalance. You may believe your pain is due to accidents or old age but it has a lot to do with your uprocessed emotions. Unprocessed emotions in the body actually become stuck affecting a person's entire energy system. Tissue cells in the body have an energetic frequency, negative emotions distort the organs, tissues and cells that surround wherever they are stored in

the body. If you are suffering from chronic pain either physically or mentally please see Heenam Kim at Bribie



Simply Healthy, just opposite the post office at the Woolworth's complex.

You can come for a free trial to see whether this treatment will work for you or not prior to making bookings. In most cases within minutes your pain will reduce and feel better.

13/19 Benabrow Av,  
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in the same block as  
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a medical centre.

## Bribie Simply Healthy

### Bribie Healing Centre

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- \* **Stress & Anxiety**
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- \* **Fear & Phobias**

- \* **Limited Beliefs**
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Choosing healthier meals, snacks and drinks can be more challenging when you're away from home. Sometimes the available choices are only those higher in saturated fat, added sugars, added salt and kilojoules.

A few simple tips can make it a whole lot easier to eat a variety from the five food groups and limit discretionary foods and extra kilojoules. Think about what food and drink might be available and plan what you will have. Consider taking some food and water with you.

## WHEN TRAVELLING

- Consider taking some healthy food and water with you.
- Stop at a bakery or café for lunch and ask for a salad, wholegrain roll or wrap.
- Avoid pies, pastries and other discretionary food.
- Takeaway food
- Choose bread based options like wraps, kebabs, souvlaki, hamburgers.
- Avoid deep fried and pastry options.
- Include extra vegetables and salad.
- Choose smaller portions or share with someone else and add a green salad to reduce the kilojoules of the meal.
- Limit high fat, high salt sauces and toppings like cheese, fatty meats and mayonnaise (ask for less).
- Drink plenty of water.

## FOOD, WINE AND ISLAND TIMES

- Don't upsize unless it's with a side salad.

## WITH FRIENDS

- Offer to take a salad or fruit platter to dinner or lunch with friends.
- If you know you will be able to fill half your plate with salad, you can choose less of the other dishes are limit the kilojoules of the meal.
- Try to serve yourself, so that you can control your portion size.
- Plan meals around activities or outdoor settings. For example: go to the park, organise a picnic, go for a walk, include informal games or sports like barefoot bowls, bocce, frisbee, backyard cricket. Taking the focus off the food helps limit the opportunities to overeat or to drink too much alcohol.

## AT RESTAURANTS

It can pay off to plan your eating strategy before arriving at a restaurant. This gives you more control and discipline in making good food choices from the menu:

- Consider asking for an entrée sized or a smaller serve.
- Think about asking for extra vegetables or salad with your meal. This is especially good for limiting kilojoules when eating out. A salad can be a good entrée choice if others are ordering entrees.
- Ask for dressings and sauces to come separately so you can add a smaller amount yourself and save on fat and kilojoules.
- Skip the chips and go easy on the bread.
- Avoid large serves of pasta and rice dishes with few vegetables and high fat

sauces.

- Choose a lean piece of meat, skinless chicken or seafood
- Avoid fried, battered and crumbed choices; instead choose steamed, pan fried, braised, poached, baked, roasted or grilled.
- You can always try asking for a dish to be prepared as you would prefer. Most restaurants would like to please you where they can.
- Consider splitting a meal with a friend and asking for salad on the side if you are trying to limit your kilojoules.
- Finish with fruit or share a dessert if you want one. Sometimes you only need a taste of a delicious dessert to be satisfied.
- Remember that the food is only a small part of the overall cost of the meal and only eat what you need to be satisfied.
- Listen to your body, eat slowly, savouring every bite and monitor how hungry or full you feel.
- Drinks
- Satisfy your thirst with water before you go out
- Drink water with your meal
- Limit alcohol and alternate drinks with water
- Think about when you most enjoy an alcoholic drink, for example, before or during a meal, and limit your drink to that time.





# Bribie's Home Of Artisan Bread...

**House Baked**  
with our own unique culture -  
**NO YEAST!**

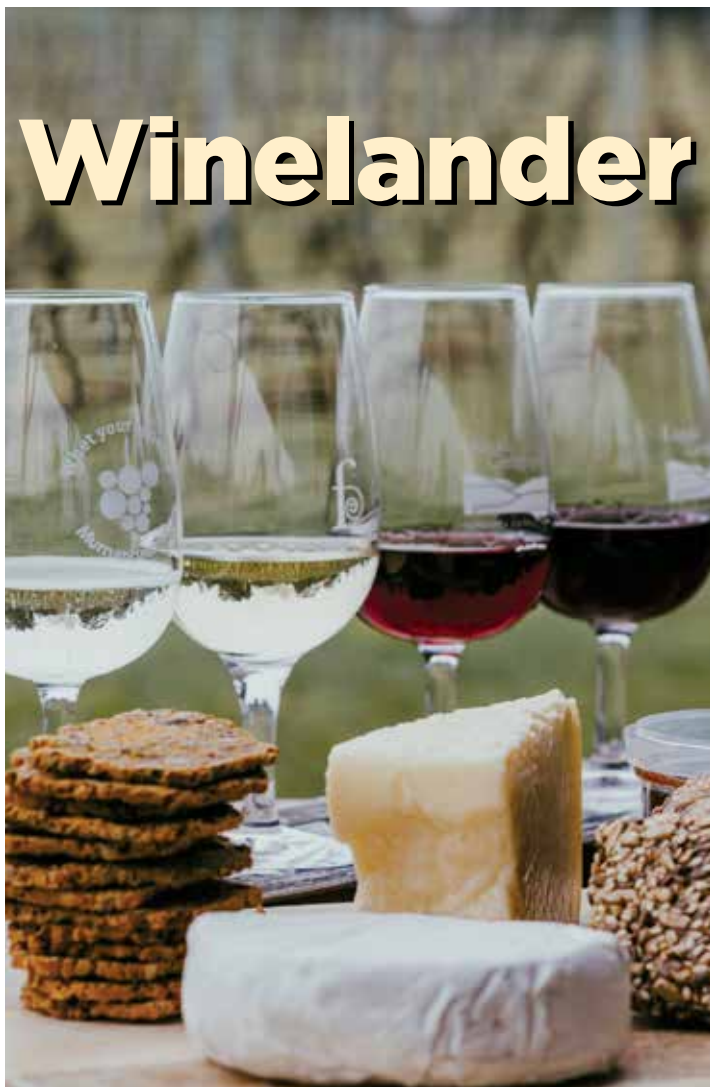
**BAKED FRESH DAILY**  
A taste of the good life.

**Shop 3/33 Benabrow Ave, Bellara, Bribie Island 4507**

**MON - FRI 5.30AM - 5PM**  
**SAT 6AM - 2PM, SUN 6AM - 2PM**



**The Big Bun Bakery and Takeaway**



# Winelander

**B**ecause we are fairly restricted here on the Island to independent wineries because of the Coles/Woolworths monopoly I have found myself ordering more online and have found a wine supplier that is a bit different and to date, the wines I have been supplied with have all been very interesting and not a well-known label amongst them. The company name is Naked Wines and whilst the labels may be different there is a spattering of iconic winemakers amongst the companies most of whom have given up the corporate world to go out on their own and make wines that are their own and not to a company directive.

You will find grape varieties of every persuasion that will suit every palate including all the new varieties that have recently appeared on the shelves and with every order, there is usually a bonus bottle included in the mixed dozen you order which also includes free freight. There are around 50 or more winemakers and although they all make excellent wines there are a few that have been around as long if not longer than myself and include Ben Riggs, Brian Fletcher of Evans and Tate fame who has won 40 trophies and hundreds of medals in his time, Sam Plunkett, Geoff Thompson, Stuart Pym whose winemaking talents produced Devil's Lair and Voyager Estate, Ben Gould, Daryl Groom ex Penfolds Grange winemaker, Simon 'Sorby' Adams ex-chief winemaker at Yalumba, Nigel Ludlow, Randal Tomich and Stuart Bourne to name but a few.

If you are looking to become a little more adventurous I can thoroughly recommend these guys as there are some unusual blends, but it is obvious a lot of passion goes into what these guys are producing. Just Google "Naked Wines" and off you go, I have

\$40 a month deducted from my account then when it's time to order it is less painful but you can cancel any time and if you are not satisfied with any particular product you can return it, unlikely as that would be.

We have recently touched on organic wines which during the time of the pandemic have seen sales soar and have been receiving a lot of press including the television news who have been spending time at Angove's McLaren Vale vineyard to find out exactly what goes into making these wines. Angove's were chosen because whilst there are now quite several organic winemakers they are the leaders in this area of wine production.

To be certified organic a farmer/winemaker can't just become certified organic overnight it's a lengthy process that's done over a period of years. Once you are certified by a Federal Officer you will be audited every year which includes everything from soil analysis to product testing and all the boxes have to be ticked to maintain your certification.

If people are considering buying a product that says it is organic but there's no proof of any certification it could be anything, it could have had common weedkillers to control the weeds and as in the case of animals which roam around free and eat whatever they want it could be called organic even though it isn't. To ensure the product you are buying has the organic certification mark it will say certified organic and will have a certification number which ensures the product and growing area has passed all the necessary tests.

One of the problems in grape growing is the pesky snail and Angove's have come with a novel way of controlling these pests which not only do they feed on the young shoots that burst after rain which can also contaminate the grape harvest. Angove's use Indian Runner Ducks in the vineyard rather than using baits or synthetic chemicals, these cute animals are far less harmful and not only get a good feed but also enables a sustainable ecosystem and helps to balance nature, the ducks roam around in fenced-off areas as if not they would just pick random areas and eat the snails that are easy to find but as they are controlled they burrow and find the slimy pests.

Angove also uses drones and aerial imaging from satellites to allow farmers to tend to their vines which means they can fertilise, water and pick with absolute precision, it also allows them to spot for things like water leaks in the vineyards drip irrigation system which reduces water consumption by 25%. Without drones, they would have to drive up and down the rows of vines to assess the vineyard health which is time-consuming and power intensive. If you are interested in switching to a healthier way of drinking wines Angove have a wine style to suit everyone and most of the prices are in the \$15-\$18 per bottle price range although they also produce a few excellent premium varieties at \$40 upwards, and whilst the choice in BWS and Liquorland is limited, Dan Murphy's and First Choice Liquor have a larger selection or simply Google Angove's Organic Wines to see the choice of over thirty different labels and varietals including names such as Wild Olive, Warboys, Blewitt Springs, Sellicks Foothills, Willunga, Family Crest and Naturalis, here is a 130 Y.O family company moving well with the times.

Cheers

**Philip Arlidge - arlidge@bigpond.com.au**

*Here are a couple of proverbs from the distant past some of which will amuse and some cause others to grate their teeth and for the sake of a happy marriage they are not mine!*

Women and wine, game and deceit make the wealth small and the wants great.

Women and wine make men out of their wits!

Women and wine do make a man a doting fool all that they can.

Wine and wenches empty men's purses.

Formerly I was rich, but three things made me bare, dice, love and wine, by these I was made destitute.



## BIRTHDAY CELEBRATIONS!!!

Ladies Lunch is 6 years young 2020 - 6 November - NOON - as the same week is race day, we wear hats to celebrate - and are outside at the Beachmere Hotel.

Beachmere Area Network Group committee member Chrissie has been hosting these lunches for 6 years. So women have come to every lunch over that time - others only come one or twice a year or when they can.

We have an email that is sent a week prior to each month's lunch - this reminds ladies to rsvp so if you can't join us - you can join our mailing list

### FOOD, WINE AND ISLAND TIMES

- email ladieslunch@bang.org.au  
"A lady should have a two-hour lunch at least once a month," says the crazy tall redhead and host Chrissie. She also says - A cocktail once a month is essential!!!!!! (Not really)  
Ladies, Let's do Lunch was created to connect women and their businesses, but over the years it has evolved to be just a safe place to have a meal with strangers, friends or ladies that become your friend.



Our local councillors, state electorate members and even recent candidates have attended our lunches - not to be political - but to have lunch with wonderful women and leave there work hats at the door.

Our agreement with the Beachmere Hotel is the ladies order lunch and the meals come out at once - which gives us time to share local events for just 10mins before the food comes out.

Chrissie is always greeting over 30 women a month with amazing inviting energy and smile that welcomes you every time.

New to the area - come connect - been in the area and never come to lunch - then choose it - we welcome all.

RSVP is required - Would you like to join us for Lunch? If not next month - or this year - 2 dates only left for 2020 and we will start back the 1st Friday in February 2021.  
ladieslunch@bang.org.au



1 Roast Chicken, 6 Buttermilk Wings, Buttermilk Regular Pops, 2 Large Chips, Large Mash And Gravy, 1.25l Drink and Sauce.

Not Available on Delivery.  
For a limited time only.

#### NARANGBA

Cnr. Young Road & Golden Wattle Drive

#### BURPENGARY

163a Station Rd

#### NORTH LAKES

1650 Anzac Ave

#### DECEPTION BAY

444 Deception Bay Rd

#### KALLANGUR

1475 Anzac Ave

#### BRIBIE ISLAND

75 Cotterill Ave, Bongaree



research has revealed that living in or near green spaces, and spending as much time as possible in both natural settings and cultivated gardens, can improve mood, reduce the negative effects of stress, encourage physical activity and dramatically improve our behaviour and mental health.

*Susan McQuillan, health and well-being writer, summarises the benefits:*

**1. STRESS REDUCTION.** Spending time in natural settings helps speed up recovery from mental fatigue, slow down heart rate, reduce blood pressure, and lower anxiety.

**2. REDUCED SYMPTOMS OF DEPRESSION.**

Researchers repeatedly report increases in subjects' mood, less depression, as well as increased memory span and decreased symptoms of anxiety after a walk in nature, as compared to a walk through an urban environment. One Korean study of patients diagnosed with moderate to severe depression compared the effects of cognitive-behaviour therapy (CBT) performed in a hospital to CBT performed in an arboretum with a forest-like setting. Symptoms of depression were most significantly reduced in the arboretum

group, who also experienced 20% to 30% higher rates of complete remission when compared to a typically medicated group.

**3. STRONGER MEMORY RETENTION.**

Compared to those who walked through a well-trafficked urban area, people who walk in green spaces and natural environments are better able to focus and concentrate when given memory tests.

**4. FEWER SYMPTOMS OF POST-TRAUMATIC STRESS.**

Studies of both veterans and victims of natural disasters who participated in horticultural therapies or nature-based rehabilitation programs found that both groups were better able to control symptoms of PTSD and developed more positive states of mind.

**5. IMPROVED SYMPTOMS OF ATTENTION-DEFICIENT DISORDERS (ADD/ADHD).**

In one study, school children diagnosed with ADHD were better able to concentrate after a walk in a park than their peers who went for a walk in an urban area. Similar studies found that even short nature breaks are restorative and can improve attention span, working memory and cognitive functioning in children with ADD/ADHD.

**6. HIGHER PRODUCTIVITY AND IMPROVED CONCENTRATION IN SCHOOLS AND WORKPLACES.**

Students and employees with a view of nature, either indoors or right outside their windows, were not only found to be

more productive but also more alert, more attentive, more relaxed, in better moods, and less irritated by physical symptoms of allergies and asthma than their counterparts who had no views of plant life or other natural settings.

**7. HIGHER LEVELS OF CREATIVITY.**

Nature walks and even short visits to parks and bushland, have been found to boost creativity, mood and a sense of vitality.

**8. FEWER SYMPTOMS OF DEMENTIA.**

When dementia patients in an adult day care facility became actively involved in gardening and landscaping activities, their cognitive abilities improved.

**9. HIGHER INTELLECT.** Other studies suggest that deep experiences that connect us to nature, not only have a healing effect but improve brain function and performance.

**10. BETTER SELF-ESTEEM.**

Researchers found several studies indicating improvements in self-esteem and mood in both men and women after exercising in natural environments, and especially in the presence of a body of water. It is clear that the physical and psychological well-being of people is greatly enhanced by nature so let's preserve our natural habitats for our on-going positivity, hopefulness, comfort, relaxation and happiness. Our sense of community, belonging and peace will be our reward.

Glenda Charles  
(for BIEPA)



# Wright's Fruit Barn



1 Coolgarra Avenue, Bongaree. (Next to McDonald's)

MON-SAT: 7AM TO 5:00PM, SUN: 7AM TO 3.30PM **CUT OFF TIME FOR DELIVERIES IS 1PM**



2 PUNNETS STRAWBERRIES 500gm

**\$5**



**\$2**

1KG BAG BEETROOT

Just call **3408 1179** by 1pm daily for same day delivery on the Island and we can hand select, pack and deliver all your fruit, vegetables, milk, yogurt, Kenilworth cheese, eggs, bread and many more products. Phone orders also accepted for people who would like us to do the shopping for them, it will be ready for pick upon arrival. Minimum order \$20 for pick or delivery



Spend \$30 or more in store to win a \$25 fruit and veg tray. Drawn at the end of every month.



per loaf **\$2**

FRESH BAKED TOOWOOMBA BREAD  
White - Wholemeal & Multi Grain

HOME DELIVERY AVAILABLE

**OPEN 7 DAYS**

**PH: 3408 1179**



Support your local businesses.



# WOT's On...



## 24 Oct

### ALCOHOL INK WORKSHOP with Robin Jensen

Saturday 24th Oct 10am - 4pm

Bribie Island Community Arts

191 Sutherland Dve, Banksia Beach

Alcohol inks are fast-drying, highly pigmented, alcohol-based inks that are great to use on any hard, non-porous surface

Including glass, metal, plastic, glass, ceramic, stone, leather and polymer clay.

Workshops running on following dates:  
(each day \$75 per day)



## 24 Oct

### BRIBIE ISLAND HOTEL 29 Sylvan Beach Esplanade Bellara

12PM TO 11.00PM

AFL GRAND FINAL.....

Catch all the Grand Final

action live & loud with us! Full  
a la carte menu available plus  
chef's specials.



## 24 Oct

Sat, 24 Oct, 9:30 am - 4:30 pm

### THE 4WD COURSE

The 4wd course is a family event that will be focused on practical skills and knowledge to drive on sand/beaches in Australia. No experience needed. The course is free... Though there is a cost to purchase a vehicle access pass.

#### Meeting at Bribie Island

- Sunset Pier Cafe (11-13 Marine Parade, Bellara QLD) - Leaving The cafe at 9:30  
Cost for Vehicle access on Bribie Island  
- \$51.50 One week access

- \$161 For one year access

Permits can be purchased here - <https://parks.des.qld.gov.au/management/managed-areas/recreation/vehicle-permits>



## 24 Oct

### PIES FOR POLIO BRUNCH BRIBIE ISLAND HOTEL

29 Sylvan Beach Esplanade, Bellara

11.30AM TO 12 NOON

Book: <http://1042411423.eventbookings.com/> Cost: \$36.00

Book: <http://1042411423.eventbookings.com/>

Contact: Bill

Peacock 0403 686 998 or

Anne Matthews 0409 244 005



## 26 Oct

### THE CELTIC MINSTRELS & FRIENDS SESSION THE JETTY RESTAURANT

BONGAREE

LAST SATURDAY OF THE MONTH

ALL ENQUIRIES CONTACT JOHN

0422 770 252



## 30 Oct

### HALLOWEEN PARTY SANDSTONE POINT HOTEL

Trick or treat yo'self to some boos in the club Friday 30th October at our annual Halloween Party!

DJ's all night! Free entry before 8pm, \$10 after.

If you've got it, haunt it!

PRIZES FOR BEST DRESSED!



# WOT's On...

## inner room

31 Oct

### ANNIE SLOAN CHALK PAINT WORKSHOP

11am - 3pm INNER ROOM  
17 First Avenue, Bongaree

Book in now for the next Annie Sloan Chalk Paint workshop on Saturday the 26th of September, presented by Inner Room Bribie. Learn how to upcycle your home's furniture & save money in the process.

PH: 0413 069 160



31 Oct

### 5th ANNUAL RODEO SANDSTONE POINT HOTEL

Yeehaw! Saddle up for the 5th Annual RODEO at Sandstone PointHotel!

Ya'll dont want to miss all

After the 5th Annual Rodeo, boot scoot obn oer to the B&S after party with Brisbane's best DJs Playing

PH: 0413 069 160



7 Nov

### ABBEY TRIVIA NIGHT Sat 7th NOV at 6pm - 9PM Abbey Museum

Our next TRIVIA is all about Christmas! Assemble a team of friends and dress up in your best Christmas attire! Book a table of 2, 3, 4 or 5! All proceeds go to the Abbey Museum's collection conservation projects.

**Abbey Museum of Art and Archaeology**  
1 - 63 The Abbey Place  
Caboolture, QLD 4510



Every Fri...

### FRIDAY MEANS SEAFOOD

BOTANIC CAFE  
Bribie Island RSL

All day every Friday in Botanic is about steak & seafood specials. Enjoy a 250g sirloin with your choice of garlic prawns, bug or chilli squid topper for \$25. Or try our 'Deluxe Seafood Basket' filled with all your favourite fresh & cooked seafood for just \$30. Botanic Bar, Lounge & Dining is a perfect destination to unwind & relax this weekend!



Every Fri...

### Bribie Bowls Club

PRIZES VALUED  
AT \$1250

Tickets on sale from 4.30pm Drawn from 6.30pm.

Meat trays proudly supplied by **WAMURAN COUNTRY MEATS**  
**Bribie Island Bowls Club**  
**11-23 Welsby Parade, Bongaree**  
**3408 1018**  
**www.bribiebowls.com**



Every Sun...

### The Deck Bistro

is located at Pacific Harbour Golf & Country Club, end of Avon Avenue in Banksia Beach.

**Finish your weekend on the right note** with live music from 12:30pm.

The Deck Bistro offers live music by local talent from 12.30pm-3.30pm. Enjoy a cold refreshment on The Deck or dine in for lunch with vivid views in air-conditioned comfort. Lunch service is 11am - 3pm.





## WE ARE 2 CRAZY WOMEN, BOTH PASSIONATE ABOUT EXERCISE AND ITS IMPORTANCE IN OVERCOMING MENTAL HEALTH ISSUES. WE'D LIKE TO USE OUR HEALTH AND WELL-BEING TO HIGHLIGHT THIS AND SET AN AUSTRALIAN RECORD IN INDOOR ROWING IN THE PROCESS.

overall, and set a record for future rowing junkies to beat. We agreed that to make the pain and perseverance worthwhile, it should be a fundraiser and Beyond Blue was the unanimous choice.

We chose Beyond Blue, partly because Covid has tested so many around the world mentally, and we personally have had experience with 'the blues', powerlessness, feelings of isolation and/or hopelessness that can sometimes take us over. We both know the value of exercise in helping to lift our spirits, re-establishing a sense of self-value and appreciation, and just plain having fun again. All from just sitting down and having a go. So, on December 9 this year, we will sit again at Jetts gym Mt Warren Park, push ourselves to the limit, for this wonderful organisation that has helped so many get back on track, and hopefully show that age doesn't restrict you when it comes to staying healthy and active.

Every donation helps and makes a significant impact on mental health in Australia, so thank you for your generosity. Click the 'Donate' button to donate and you will automatically receive a receipt.

We'd love it if you could give anything - even \$2, if you can - and help us, help others get their mojo back, as we have. You can donate at <https://beyondblue-individual.everydayhero.com/au/100-000-metre-indoor-row>

**Thank you for supporting Beyond Blue!**

**T**wo years ago at 60, I decided to lose weight and regain health that was showing signs of deterioration. Depression was also present, even though I had much to look forward to. And getting on the scales one day, shocked me into action and to change the attitude I was letting swamp me.

The Erg indoor rower became a large part of calorie-burning and was better for my knees and back than other machines. I joined a small competition going in the gym, improving times over 100mts until one day the gym manager, who was going to the Pan Pac games, checked the times he had to beat and we literally stumbled upon records for my age bracket at the same time. It was there we discovered I had broken the PanPac record, and on looking further found I had also broken the Australian women's record. Sheer audacity pushed us to check to see if there was such a thing as a World record - and yes, I was .2 of a second off that - point 2!

Two weeks later, it was mine and I have broken it 3 times more and gained many more records, world and Australian, since. I hadn't until this time, known it was a recognised sport, and it still didn't occur to me there were actual competitions where this all happened. I was still focused on weight loss and calorie burning.

Word got around about my achievements with the Erg. Jetts Australia put me on YouTube for training and motivation purposes, newspapers interviewed us and eventually, I followed Matt to public competition level. To me, a competition was another fear to face - but I had done so much fear-facing, that was propelling me forward in my health - it was just one more to breakthrough.

I met Lesley at the Australian IR Championships last year, where she was recovering from a pinched nerve, and came along as a spectator, with ambitions to compete the following year. She was lucky enough to have a rower at home, and it was pivotal in her therapy. But as a self-confessed maniac for competition, she was soon on a personal training program and closing in on records in her age bracket. She's done some amazing times, re-shaped her body and is a focused, determined inspiration to my more casual novice-like approach. As our fitness increased, and goals got bigger, we became aware of a whole international community of indoor rowers, and the potential to test ourselves further. I had progressed into longer distances for fun and suggested that we try doing a 100,000mt tandem row to test our mettle. It would be an Australian first



# We're Ba-ack!

## "FAULTY TOWERS" COMES TO BRIBIE, AGAIN!



@Anne Matthews for Rotary's World's Greatest Meal

Due to popular demand, we are bringing Faulty Towers back to Bribie. There were so many inquiries about a second performance and so much positive feedback, we asked ourselves 'why not do it again?' Bribarians, you told us honestly 'it was the best night of side-splitting fun you had experienced in years'. So, come and join us at the RSL on Wednesday 9 December 2020 at 6.30pm for a 7.00pm start. The cost of \$80.00 per ticket, is great value for this fun-filled night which includes a delicious 3-course meal.

Rotary's World's Greatest Meal (WGM) was founded in 2014 to raise much needed funds to help Rotary's End Polio campaign. The 'Bill and Melinda Gates Foundation' add US\$2 to every US\$1 raised for the campaign and 100% of the funds raised are used to vaccinate children against polio. Following the December show we raised enough money to pay for 7,301 vaccines. Rotary's partnership with the Gates was renewed for another 3 years in January 2020 and to meet its commitment to the partnership, Rotary needs to raise US\$50 million each year.

Television's 'Fawltly Towers' is still regarded as one of the best BBC sitcoms ever made. There were only 12 episodes produced between 1975 and 1979, and many of us actually know all the words of each episode. The show starred John Cleese as the constantly frustrated hotelier Basil Fawltly, Prunella Scales as the bossy, condescending Sybil Fawltly, and Andrew Sachs as the hapless Spanish waiter Manuel. I know many of us believe this show was actually based on fact, having experienced English hotels! However, I'm reliably told it is meant to be fiction - even though the character of Basil was inspired by Donald Sinclair, the owner of a Torquay Hotel where John Cleese had stayed with the Monty Python troupe.

The longest running and most successful tribute to the sitcom 'Faulty Towers the Original Dining Experience', is a one-of-a-kind original show. It is internationally recognised as 'outrageously funny' (BroadwayBaby) and has been highly acclaimed by audiences and critics

**EXPERIENCE THE WORLD'S  
#1 TRIBUTE SHOW**

★★★★★ ARENDALS TIDENDE, NORWAY  
★★★★★ FINANCIAL EXPRESS, INDIA

★★★★★ BROADWAY BABY

★★★★★ THIS IS LONDON

★★★★★ WHATSONSTAGE

**FAULTY TOWERS**  
Original  
the Dining Experience

**it Interactive Theatre**

**Rotary "The World's Greatest Meal to Help End Polio"**  
**Wednesday 9 December 2020 - 7:00 pm (doors 6:30 pm)**  
Bribie Island RSL Club, 99 Toorbul Street, Bongaree, QLD 4507  
\$80.00 pp, includes a 3-course meal and 2-hour interactive show  
**0403 686 998 | [www.1042411423.eventbookings.com](http://www.1042411423.eventbookings.com)**

alike. This is the show that started it all 22 years ago and still rules the world to this day. Highly interactive and fully immersive, it's internationally famous and 70% improvised, tempting you to come along and laugh and play with Basil, Sybil and Manuel time and time again.

Perhaps even 'Basil' - Manuel's pet hamster - might make a special appearance. Who can forget Manuel's plaintive call to Mr Fawltly - 'but Misser Fawltly - eee is not a rat - eee is an 'ampster ...'

The RSL is providing a three course meal - soup with a bread roll, main course and dessert. Manuel, Basil and Sybil help 'serve' each course! Please advise any special dietary requirements when you book online. Bookings are available

now. Get a table of 10 together or book individually.

So, come and have a great night out and at the same time help Rotary with its number one priority - to eradicate polio from our World. We are just so close to achieving this goal.

We sold out in 48 hours last time, so get in early and secure your place. If you miss out don't blame Manuel - he will just say 'Que?' because, as we all know, he's from Barcelona and doesn't understand much!

We do not hold tickets or allocate them in any special way - they are all on a 'first come - first served' - basis. As the Major might have said - 'My Lord! Good show that, Fawltly!'

Book via <http://1042411423.eventbookings.com/>



## COMMUNITY ANNOUNCEMENT

The Lions Club of Bribie Island's annual Phil Carnes Memorial Seniors Christmas Lunch, which was to be held on the 5th December 2020, has been cancelled due to the Corona virus.

It is with regret that the Bribie Island Lions Club deems it necessary to cancel the 7th annual Phil Carnes Memorial Seniors Christmas Lunch which has provided each year, entertainment, morning tea and a 2 course lunch for around 320 of our senior's community.

The club is not willing to risk the health and well-being of our seniors, volunteers and club members, along with the school children and staff who use the hall.

We look forward to serving the senior's community their Christmas lunch once again in 2021.

We look forward to serving the senior's community their Christmas lunch once again in 2021.



## PLANT SALES SUPPORT THE COMMUNITY

by Neil Wilson

I doubt that there would be many people who, whilst in the process of freshening up the décor of a room, have not found that if one new piece of furniture is added it serves to make everything else look a bit old and out of place and that is exactly the scenario which prompted the Wallum Action Group to come to the assistance of the Bribie Moreton Hospice Health Service recently. As well as providing the Hospice Suite within the Churches of Christ Care facility on Foley Street at Bongaree, The Bribie Moreton Hospice Service also own "Boronia Cottage" which is a modern house featuring four en-suite bedrooms and accessible outdoor areas.

The cottage is leased to Suncare Community Services for a minimal rate and offers short-term overnight respite for carers of frail and elderly relatives. I caught up with Bribie Moreton Hospice Treasurer Maree Cunningham when she visited the Community Nursery along with other Hospice volunteers Joan Cornett and Joan Harrison and she explained that during the forced Covid 19 shutdown, the decision was made to freshen the cottage up with a lick of paint here and there as well as some new furniture. 'We put new beds in the rooms and then noticed that this made the rest of the furniture look out of place,' said Maree. 'That is when the good folk from the Wallum Action Group (WAG) Community Nursery stepped in and funded the purchase of three lamp tables and five bedside

tables,' she added.

The WAG Community Nursery is operated solely by dedicated volunteers and uses all profits from plant sales to assist worthy causes within the community and the provision of furnishings for the Hospice Service is one of many projects in 2020 alone. Others have included providing equipment to the SES, the donation of four defibrillators and sponsoring other community organisations. WAG President David Wearne pointed out that when projects come to fruition, they regard these as "Feel Good Days."

The Bribie Moreton Hospice Health Service was founded in 1997 and describes their core mission as "being able to assist individuals with chronic or other life-limiting conditions and their carers by offering high-quality care focused on the whole person within the local community. Anyone wishing to find out more about what Boronia House has to offer should call 1800 786 227. For information about the Hospice Service and to make a donation or become a volunteer Maree can be contacted on 3408 0299.



The Community Nursery can be found on First Avenue next to the Orchid House and is open each weekday from 8 am until noon and the same hours on the first Saturday of each month. They can be contacted on 0407 699 953.

# KIDS CLUB!

## WHATS ON?

9th Oct	FAV GAMES
16th Oct	BEACHY
23rd Oct	PAPER & CHEF
30th Oct	WATER FUN
6th Nov	KARAOKE!
13th Nov	BALL GAMES
20th Nov	SPORTS (BRENNAN PK.)
27th Nov	MAKE IT
4th Dec	CHRISTMAS PARTY
11th Dec	POOL PARTY \$4-

4:30 - 6:30PM FRIDAYS! \$2

TAHLIA: 0402 627 030  
INFO@BRIBIEBAPTIST.COM





DABI President, Judy Finegan on the left presenting Life Membership and pink roses to Elizabeth Morrice and Pat Daly with new Vice President Maree Mossler assisting

## In the Pink

This month, Life Membership Certificates were presented to Liz Morrice and Pat Daly for their service to DABI both for paddling and for Breast Cancer Awareness promotion. Pat joined in 2013, at 90 and retired from paddling in 2017 at 93 after the Dragons Abreast Australia Regatta, held on the lake at Kawana. With 200 members looking on, she was farewelled under a "raised paddle" guard of honour with many cheers and good wishes.

In her acceptance speech at Life membership, she graciously thanked all members for their spirit of camaraderie and for all the fun shared together. Elizabeth was persuaded

to try paddling in 2014 by a chance meeting with a member, who was selling tickets in the mall. Liz paddled through until ill health forced her retirement in 2019. On receipt of her Life membership she reminisced with a little tear, how positive the paddling experience had been for her, and that her commitment to Breast Cancer Awareness promotion would continue.

We encourage survivors and their supporters, both male and female, to come along, enjoy and participate in an environment of camaraderie and fun at Dragons Abreast Bribie Island.

For further information contact President Judy Finegan 0488199556

**END  
POLIO  
NOW**



**MAKE  
HISTORY  
TODAY**

LEARN

→ [ENDPOLIONOW.ORG](http://ENDPOLIONOW.ORG)

DONATE

→ [ROTARY.ORG/CONTRIBUTE](http://ROTARY.ORG/CONTRIBUTE)

World Polio day is Sat 24th October with many events organised around our rotary District – including a Bridge walk from the Casino in Brisbane over the Bridge to South Brisbane on Saturday and a Polio Train Ride on Friday 23rd. If you are on the train – please donate what you can.

Thanks to all who came to the movies – I AM WOMAN – what a great way to celebrate the life of Helen Reddy (especially since her passing last month) whilst supporting our quest to End Polio. We were restricted to 70 per session but everyone enjoyed the evening. Funds from the event goes to the Sir Clem Renouf Polio Appeal. Sir Clem (past RI President) had a vision back in 1988 to eradicate Polio in the World and the Appeal was set up to honour Sir Clem who passes away in June. We recently received the good news that the African region has been added to the Polio Free list of nations. What makes this achievement so great is that this region is made up of 47 countries and

has involved millions of health workers (including Rotarians) travelling through some of the most impossible countryside in all manners of transport. Of course, part of the journey involved getting the local & National leaders on board and getting them to start changing the infrastructure that helps breed Polio. Rotary Club of Bribie Island has been involved in the program donating funds to the End Polio Now campaign for over 10 years. Fundraising happens in a various number of ways but it goes into the same pot of money to fight the same disease. We need to keep fighting and fundraising to achieve a 100% Polio free world. When the funds go into the Sir Clem Renouf Polio Appeal they will go to the Foundation – then The Bill & Melinda Gates Foundation match our funds \$2 for every \$1 we donate – so the money you our local community raise when you support our functions really does go a long way. Thanking you again for your generous support of our programs.

FRIDAYS 7-9PM

**YOUTH  
GROUP**

9th Oct	FAV GAMES
16th Oct	SLIME NIGHT
23rd Oct	SPLIT IT
30th Oct	BEACHY
6th Nov	KARAOKE
13th Nov	MASTERCHEF
20th Nov	SPORTS (BRENNAN PK)
27th Nov	FIRE & CHILL (MANSE)
4th Dec	FENCING \$15pp
11th Dec	YOUTH FORMAL



YR7 - YR12 7-9PM  
\$2 ENTRY

PHONE: 0402 627 030  
INFO@BRIEBAPTIST.COM

# Variegated Fairy Wren

MALURUS LAMBERTI

By: Marj Webber

Variegated Fairy-wrens are common on Bribie Island. A likely place to see them is in forest undergrowth where I have been observing a party of about 4-6 birds for several months. I took several shots of females, juveniles and males in various stages of moulting but the magnificent male in full breeding plumage continued to elude me until one day after nearly 3 months he came out of the bushes and posed nicely on an open branch for me. I was able to take a few shots before he flew off.

Variegated Fairy-wrens are tiny birds 11-14 cm in length and weighing just 6-11 g. Males, when in breeding plumage are vividly coloured in a coat of black, blue, bright chestnut, brown, with fawn and white underneath. Females are little brown birds with red eyes and blue tails. Juveniles are similar to females. Tails consisting of 10 feathers are long and cocked to help with balance. After each breeding season males moult fully to a brown plumage like the females and moult again to breeding plumage before the next season. Feather patterns vary during this time. Sometimes old males do not moult and remain in breeding plumage for the year. They are timid, less vocal than other wrens and mostly remain in the undergrowth and seem to sense any presence in the close vicinity.

The most wide-spread wrens in Australia, Variegated Fairy-wrens are found in most parts except in the far north of Cape York and small areas in the south of WA, SA and Victoria. The undergrowth in open forests, wallum heathland and areas of tall grass are places where they are most likely to be seen. They sometimes visit parks and gardens if there is sufficient coverage. Usually, they are in groups of up to eight which have a dominant male and female with the rest of the group being young birds. I have occasionally seen them mixing with the Red-backed Fairy-wrens which also reside on Bribie Island.

Feeding takes place on the ground usually in thick

underbrush where their main diet is insects and sometimes a few seeds. At times they find food under bark or in the foliage of small shrubs.

Breeding usually takes place between July and February but given the right conditions, they can nest at any time of the year. Males perform a mating ritual by picking a yellow flower and presenting it to the female. Nests are untidy, low, oval-shaped domes in the undergrowth and are made of grass and twigs, with cobwebs binding them together. Nests are built by females and three to four splotched white eggs are laid. Females incubate the eggs for 14-16 days. When the chicks are hatched, they are helped with the nurturing by other members of the group. Young birds fly at 10-12 days and will be fed for about a month by the group. The Fairy-wrens nest in pairs but are quite promiscuous with both birds mating with several others, so many of the young are not sired by the seeming fathers. If conditions are right two or three broods may be produced in the one season. Most young males will moult into breeding plumage for the next season while others remain for another year before moving on. Variegated Fairy-wrens often are the host parents to parasitic Horsfield's Cuckoos who lay their eggs in the nest then disappear knowing that the wrens will look after their young.

Australia has 9 species of Fairy-wrens two of which are found on Bribie Island.

Threats from nest predators are numerous with magpies, currawongs, shrike thrushes, butcherbirds, crows, feral cats and reptiles being some of the offenders. When threatened the parents lower their heads, spread their wings, fluff up their feathers and run towards the perpetrator calling continuously. Forest clearing and clearing of the undergrowth will cause the wrens to move on to hopefully find other suitable habitats which are disappearing all the time.

Conservation is still secure in all states. They are not present in Tasmania.







# SAINT ANTHONY

By: Elaine Lutton

**D**uring my life, I have had several occasions when a prayer to this venerable saint of lost objects has been the only thing that has stood between me and heartbreak and disaster.

Twice he has saved rings. The first was my husband's wedding ring which slipped off his finger whilst he was swimming in the sea just in front of our house. He spent twenty minutes searching for it, to no avail, and both Don and I thought it was gone forever. That night he said, just before going to sleep, "I shall have another look in the morning".

The next morning he got up, put on his togs, and prepared to look for his "precious". Remember that the tide had gone in and out and was on its way in again before he started his search. Our neighbour, on being told what he was doing, said encouragingly, that she thought he had more chance of winning the Lottery than finding his ring. Oh, Ye of Little Faith! Don emerged from the briny holding aloft his ring, polished and shiny from the sand, with a triumphant smile on his face. He must have prayed exceptionally hard the previous night. St Anthony did not play favourites. I, too, have had reason to be grateful for his intervention. When I lost my engagement ring I had no idea where it might be, in the house, outside in the yard, or somewhere in between the house and the bridge across to the mainland. In those days I would walk every morning to the bridge and

back. I was extremely upset, and not comforted by Don saying he would buy me another ring. "It will not be the same", I protested. I made several trips to the bridge and back but without success.

Three, four days, passed, and still, it had not turned up. The next weekend my daughter and son-in-law and their family arrived to pay us a visit and I recounted my tale of misery. My son-in-law, Bill, went out into the yard as he had noticed that the bird-feeder needed some adjustments and on walking back to the house followed the exact path that I would have taken when feeding the birds. Yes, he found my ring, and ever since that day, when I am particularly pleased with him, I will refer to him as My Ring-finder. I am sure the Saint guided his steps.

A more recent occasion, when again I needed his help, concerned another type of ring, an earring. The first pair of earrings Don bought for me was down the Gold Coast in the days when traffic flowed freely up and down Cavill Avenue, many years ago. I was devastated when I lost one of them during my recent trip to the U.K. but perhaps Britain is outside St Anthony's jurisdiction, so I decided to buy myself another pair, similar in design, and keep the solitary earring as a memento. This I did.

I have to be very careful when putting earrings in, so I always cover the drain hole with a face-cloth. This method has worked for years but the other morning I dropped one of my new earrings and it rolled

behind the cloth! I tried to be extra careful when retrieving the earring but my hand jerked, and down the plug-hole, it went. No use checking inside my bra or on the floor, it was heading straight for the sewerage system. What to do? Then, I looked at my fridge and saw the number of the ever-helpful Home-Assist. Might they be able to render the assistance their name suggested? I rang them and was answered by a very kind lady who immediately understood the gravity of the situation, and assured me that someone would be round that very morning to solve the problem. Thank goodness, that only a couple of weeks ago, I had cleared and tidied my bathroom cabinets and drawers so the U-pipe was accessible. I would not want the Handyman thinking I was slovenly as well as careless!

He was easily able to unscrew the pipe and gave it a good shake in the shower recess and we both heard a very reassuring tinkle as the earring fell out. All that was needed was a quick rinse of the offending article. The Handyman was just in time to prevent me from turning on the tap before he had screwed the U-tube back in place, so all was well.

Whilst I am enormously grateful to my favourite Saint, I do have another trifling chore for him. It concerns the whereabouts of a certain pale blue purse.



# BOLD, BARE & BRIDGE IDEAS IN 1957

MOVE ON  
BRIDGE  
TO BRIBIE



By Barry Clark  
Bribie Island  
Historical  
Society

BARE IDEA OF NUDISM  
IS SHOCK TO BRIBIE  
Residents of Bribie Island, off Brisbane's North Coast, are up-in-arms  
reports that a nudist colony is to be established on the Island.

## NEWSCLIPS FROM 1950's

This week I have been looking at a personal Scrapbook of 1950's Newspaper headline cuttings, with interesting happening on Bribie in the years before the bridge. Newspaper headlines that put Bribie in the national spotlight are about **NUDIST INVASION**, **big fish catches**, **land sales and rising prices**, a **master plan** for the island, terrible road access, political delays for Bribie bridge, proposals by developers, ideas about a second bridge, and finally the building of a toll bridge.

Apart from an invasion of

Nudists, and catching big Fish, news headlines from 1957 to 1964 are similar to some issues today. I will summarise events over those years, as they appeared in newspapers at the time.

## LAND ON BRIBIE 1952

In 1952, Mort and Alma Allen, from Camp Hill in Brisbane,



bought a block of Crown land in Bonham Street, Bongaree, sight unseen, for 3 Pound

16 Shillings (about \$7) on a perpetual lease. They built a small holiday cottage and converted it to Freehold for 100 pounds in 1959. Over the next 20 years, they had regular holidays on Bribie with their three sons and pet Parrot. They did various extensions and renovations to the cottage, before retiring to live full time



on Bribie in 1976.

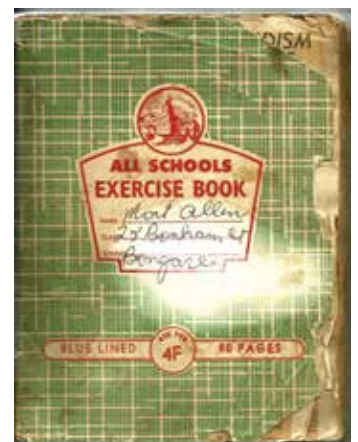
They kept a written record of everything they did and spent on the house and a scrapbook of newspaper cuttings of interest. This fascinating Scrapbook has recently come to light.

## SCRAPBOOK 1957-1964

Mort & Alma cut articles from Brisbane and Bribie

newspapers and stuck them in a School Exercise book. The scrapbook was found in the house after it was sold recently. It reveals Bribie development issues that dominated the lives of the few hundred residents at that time. The **threat of a nudist colony** is the first item in the scrapbook in 1957, and would certainly have shocked the small Bribie community in that era of "Beatniks and Free Love".

Mort & Alma were keen



posed nudist colony. camp at Bribie. to eye witnesses.

## SCORES ANXIOUS TO JOIN NUDIST BAND

BRIBIE ISLANDERS, standing by to repel an expected invasion of naked sun-lovers, were this week plagued with telephone calls from Brisbane —by people wishing to join the nudist band.



anglers and kept this news report of a 400 Lb. (183 Kg.) Groper caught off the Jetty in 1958



### CAUSEWAY to BRIBIE

The first mention of building a low level "Causeway" to the island followed initial investigations in 1957. Steamships from Brisbane to Bribie stopped in 1953, with the popularity of motor cars, but the dirt road from Caboolture to the vehicle barge at Toorbul Point (now Sandstone Point) was a poorly maintained "Horror Stretch", and a limitation to island development. During holiday times, there were 4-hour delays, in long lines of hot cars, waiting to cross on the barge.

### FORTUNE IN LAND

With the prospect of a Bridge, the State Government had an opportunity to make a "tidy fortune" by subdividing and selling more land on the island.

*"Bribie promises to rival the Gold Coast, as a haven of relaxation".*

With a good road and Bridge, Bribie Island would be only 40 miles by car from Brisbane. The Government considered building a low-level bridge with a 22 foot (7m) roadway and 3-foot (1m) footpath. Brisbane headlines in 1958 said, *"Has our Government no Foresight"*.

### LAND PRICES SOAR

Oceanside freehold allotments sold in 1958 for an average price of 460 Pounds (\$920) double the expected auction price. Some land prices increased by as much as 400% in the next year. The

first **private** land sale in 1959 of 40 blocks on Pumicestone Passage, purchased in 1947 for 100 Pounds (\$200), sold for an average of 1000 pounds (\$2000). **Land Boom created with the prospect of a Bridge.**

### LAND SWAP for BRIDGE.

The State Government invited *Expressions of Interest* in 1958 to construct a Bridge, in exchange for Land. Developers **Grant & Hornibrook** offered to build a toll-free bridge, at no cost, in return for rights to develop 20,000 acres as a tourist and residential resort, including hotels, airport, golf courses, boat harbour and cinema. Another proposal was to construct a canal system for a future population of 20,000 residents.

These ideas were strongly resisted by Bribie residents and ultimately rejected by Government, despite attractive offers by developers to spend multi-million dollars over many years.

### POLITICAL DELAYS

Debate on the construction of a bridge, at what height, width and location, continued for some time. With a State Election looming, Frank Nicklin sought election as Premier with the slogan *"Vote for me and I will build a Bridge"*. He was elected - and eventually did build a bridge.

### BUILDING a BRIDGE

In May 1960, a contract was awarded to K.D.Morris for 358,000 Pounds (\$716,000). It was completed on schedule



## HISTORY

and budget and opened by the Premier on **19 October 1963**.

Just prior to opening, a Toll of 10 shillings (\$1) was announced for a return crossing, which remaining for 12 years until the bridge was paid for in 1975.



Premier Pays First Bridge Toll

### SPOTLIGHT on BRIBIE

In 1961, Bribie had its first visit by a **Queensland Governor** to open a new and unique underground water supply & treatment plant. The Governor said, *"Your Island is capable of bringing health, happiness and recreation to tens of thousands of Queenslanders"*

In 1961, a massive mile-long bush fire blazed for 4 days destroying 10 square miles between Bongaree and Ocean Beach.

### IMPACT of BRIDGE

The bridge toll was both unexpected and expensive. Ten times more than the Hornibrook Highway toll and the most expensive road toll in Australia. The toll was equivalent to \$15 in today's money, which would certainly be a big shock if applied to a new bridge today. Land values had already increased by over 1000%, resulting in increased revenue from rates and taxes.

### A SECOND BRIDGE

In 1961, with the Bribie Bridge still under construction, the idea of a second bridge was raised by Landsborough Shire Council, who controlled the top third of the island, with the possibility of a second bridge from north Bribie to Golden Beach, and a road up the centre of the island, providing commercial links

and benefit to the Sunshine Coast. This did not eventuate, or other ideas for a Racetrack and Airport on Bribie, which were later constructed on the Sunshine Coast.

### NEWS HEADLINES

This article is a brief summary of news headlines

from 60 years ago. The new bridge and its huge toll, plus higher land prices, influenced the expected growth of Bribie. When the Bridge opened in 1963, the population was 700, and 12 years later when the Toll was lifted, it was only just over 1000. Not the expected boom.

With a state election, COVID limitations and the economy still a challenge; reflections on the past are interesting.



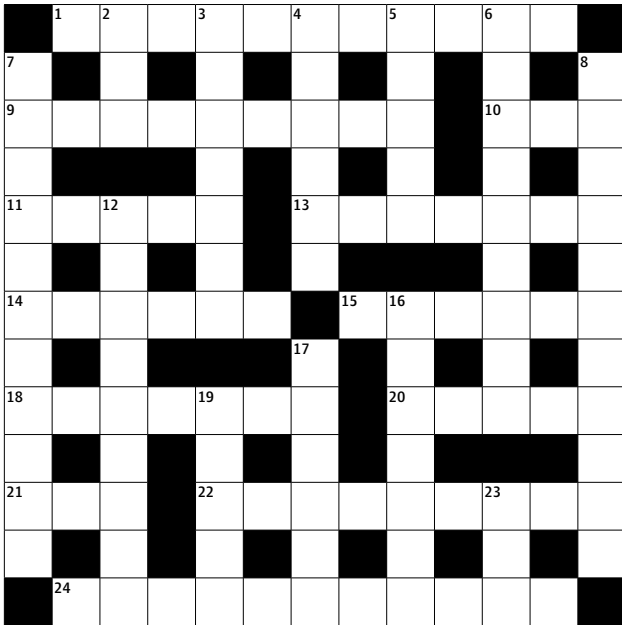
Nudists have continued to disrupt Bribie beaches over the years, resulting in signs like this at Woormim.

### MORE BRIBIE HISTORY

Meetings of the Historical Society are on the second Wednesday of each month at the RSL Club. Covid restrictions limit numbers, so attendance notification and approval is required.

You can see many more articles on our Blog Site <http://bribieislandhistory.blogspot.com> or contact us on [bribiehistoricalsociety@gmail.com](mailto:bribiehistoricalsociety@gmail.com)

## Crosswords - QUICK &amp; CRYPTIC



## Across

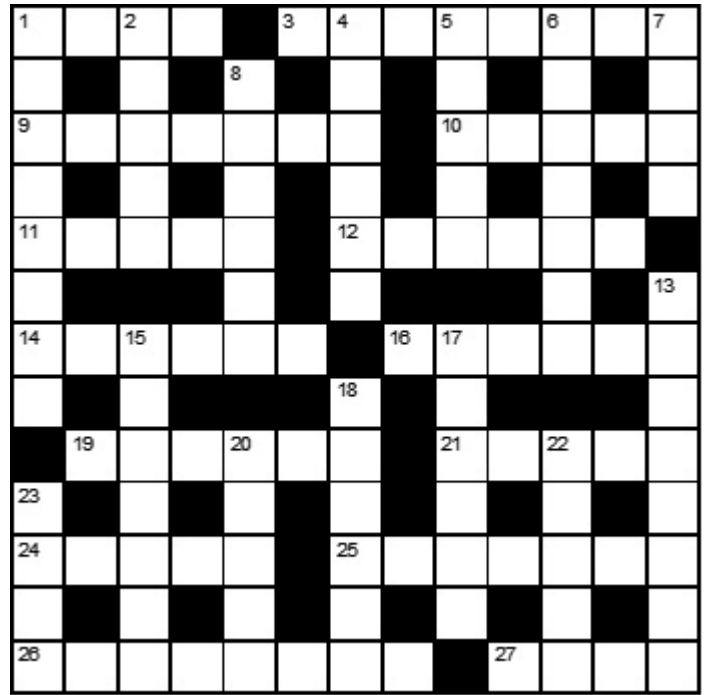
- 1 A word like 'before' or 'after' —pie portions (anag) (11)  
 9 Ardour (9)  
 10 Jazz instrument (abbr) (3)  
 11 English preacher and metaphysical poet, d. 1631 (5)  
 13 Gallant — in a hurry (7)  
 14 Find by searching (6)  
 15 Get free (6)  
 18 Batman, for example (7)  
 20 Last Greek letter (5)  
 21 Embrace (3)  
 22 Conserve made from oranges (9)  
 24 Large naval vessels (11)

## Down

- 2 Oil-drilling platform (3)  
 3 Omen (7)  
 4 On an even keel (6)  
 5 Exams (5)  
 6 Stubborn (9)  
 7 Fingal's Cave composer, d. 1847 (11)  
 8 Overstated (11)  
 12 Largest Central American country (9)  
 16 Put up with (7)  
 17 Lack enough food (6)  
 19 Confess (5)  
 23 Unit of electric current (3)

## SOLUTION

EASY crossword Issue 125



## Across

- 1 Members of Parliament - Fly by nights? (4)  
 3 Casino chief offers, initially, to arrange the event (8)  
 9 Amusement as University head relies on replacement (7)  
 10 Shock as collection is raised first (5)  
 11 Watch as five servicemen come back with the Italian team (5)  
 12 Have hesitation about working at Australia zoo (6)  
 14 Irritate with a sour finish (6)  
 16 Study French station before yard duty (6)  
 19 Note meander - you bet! (6)  
 21 Sum up after some dentistry? (5)  
 24 Plant from some interesting cuttings (5)  
 25 A note from a lass I've married (7)  
 26 Short Church term an opportunity for business (8)  
 27 Mobile guns unloaded (4)

## Down

- 1 Old boy plays the violin with total lack of awareness (8)  
 2 Prone to deceive (5)  
 4 Monitors what's in the mail, we hear (6)  
 5 A charming union and sharp (5)  
 6 On second thoughts, detains all involved, somehow (7)  
 7 Certified seeds? (4)  
 8 Some poles not required for sunblind fashioned for the Emerald Isle (6)  
 13 Find new pet pin on board for scraps (8)  
 15 Compliment given to tenant (7)  
 17 The answer, here, is a contradiction (6)  
 18 Holds no surprise for him - mean as muck (6)  
 20 Home away from home for 18d (5)  
 22 Column for a terrier (5)  
 23 Shot for pleasure? (4)

SUPPLIED BY CYRUS

## SOLUTION

CYRUS crossword Issue 125







# Kids @ Page

## Chocolate crackle popcorn

### INGREDIENTS:

- ▶ 250g Copha
- ▶ 200g white chocolate, chopped (not compound)
- ▶ 125g (1 cup) Icing sugar - sifted
- ▶ 60g (1/2 cup) Milk Powder
- ▶ 4 cups Rice bubbles
- ▶ 100g (1 cup) Desiccated coconut
- ▶ Natural food colouring (multi-colours) - e.g. Red, Green, Yellow, Blue

### Method:

1. Line 2 flat baking trays with baking paper
2. Combine white chocolate and Copha in a large bowl. Place over a pot of lightly simmering water. Stir occasionally until melted. Remove from heat
3. Add the icing sugar, milk powder, rice bubbles and

coconut. Stir to combine

4. Divide mixture evenly into 4 bowls and put a few drops of food colouring in each to get the desired colour you want. Rest the crackle mix for 20 minutes

5. Pinch off walnut-sized pieces and shape into popcorn balls. Place popcorn crackle balls in the fridge to set for 1 hour



### TIPS & HINTS:

Mix up the different colour popcorn crackles and divide evenly into popcorn bags or tubs before serving. Store popcorn crackles in an airtight container in the fridge for up to 4 days

### FIND 10 DIFFERENCES



## Jokes...

**What animal is always at a baseball game?**

A Bat

**What falls in winter but never gets hurt?**

Snow

**What do you call a ghost's true love?**

His Ghoul Friend

**What do you call two birds in love?**

Tweet hearts

**How are false teeth like stars?**

They only come out at night

**What's worse than finding a worm in your apple?**

Half a worm.

**Why can't Elsa have a balloon?**

She will "let it go"

**What did the nose say to the finger?**

Stop picking on me

**What do elves learn in school?**

The Elfabet

**How can you tell a vampire has a cold?**

They start coffin

## Find A Word

I	O	M	F	R	O	B	O	T	L	V	
C	S	T	Y	I	A	N	Y	N	N	E	A
B	B	L	O	R	M	I	O	U	Y	G	C
W	R	C	B	E	T	A	R	I	P	N	L
O	I	T	W	M	S	S	N	Y	A	A	O
P	E	T	O	A	E	T	E	S	J	M	W
S	S	E	C	N	I	R	P	N	U	E	N
N	Y	E	O	H	I	O	I	M	G	C	W
N	C	E	A	P	E	N	A	A	E	I	N
S	N	A	M	E	V	A	C	A	P	L	R
A	E	A	A	N	M	U	M	M	Y	O	C
J	V	G	H	O	S	T	P	T	F	P	N

GHOST  
MUMMY  
NINJA  
NURSE  
POLICEMAN  
PIRATE  
PRINCESS

ROBOT  
VAMPIRE  
WITCH



# PET PAGES - share your pets pics



Bobby

## SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER...

SEND TO:

[editor.thebribieislander@gmail.com](mailto:editor.thebribieislander@gmail.com)



Buttons



Eros &amp; Sykee Love Birds



Archie and Anna



Pet  Care

## WHY DESEX?

Australia is home to several unique, ground-dwelling native animals. These animals are fragile and need protecting from introduced species. One means of protecting our unique native fauna is desexing! Desexing helps prevent the growth and spread of feral cat and dog populations, which are harmful to Australian native wildlife. Another benefit desexing offers is protection from several life-threatening illnesses for your pet, which

can occur as they age as a result of infections in their reproductive regions. These infections become recurrent unless desexing takes place. Desexing is safer when done at a younger age, as in an older pet it is not a routine procedure and can have a higher risk of complication. **Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.**

**Phone the Clinic for a Veterinary appointment on 54976000 / 0400699704**  
**Opening Hours: 8.15-6 M-F 9-12 Sat. Closed Sunday**

## REASONS FOR DOG ATTACKS Off Lead Areas PART ONE

One of the most common places where dogs get attacked is off lead areas such as dog parks and beaches. The dog owner may enter these areas expecting that all the dogs there are friendly and sociable. Unfortunately that is not always the case as in the last article I mentioned that even a happy go lucky dog may feel compelled to attack if he feels threatened.

So, how do you keep your dog safe and what to look out for?

The most important thing is to understand your dog's body language and not assume he loves going to

the park. The number one rule by Council is you must be able to control your dog and have a very good reliable recall meaning you can call your dog to you in most circumstances.

Before entering the dog park observe how the other dogs are interacting with one another. Some dogs will play together chasing each other, some prefer to sniff the ground and ignore the others and some will be focused on their owners playing with the ball. Look at your dog, does he look excited and wants to go in or is he hanging back and showing signs of stress? If he's excited and can't wait to go in then enter otherwise come back another time

Happy training  
Yvonne

## Yvonne's Dog & Puppy School

**Yvonne Bishop (Dog Behavioural Trainer)**

*Puppy Classes: 7 wks to 16 wks of age*

*Canine Good Citizen: Six week course. Private Consultations available*

**(07) 3408 8011 or 0416 102 071**





Cody beautiful foal



Newborn baby awww



Boston, London, Frankie and Maddox



Ellas 2nd Birthday



Styles...





**W**e had our grand finale for the girls under 13.5's Sunday just gone and whilst we didn't walk away with a win the girl played incredibly. To have 2 under 13.5's teams placing 2nd & 3rd on the ladder is an amazing feat. The Bribie White girls under 13.5's team placed second on the ladder for 2020 with 8 wins & 2 losses for the season Coached by an amazing young

local woman McKenzie Brady who is just 19yrs old. What was incredible about this team was the girls were aged 11-14yrs and 6 out of the 16 girls had never played AFL before. Having a young local woman dedicate her free time to coaching these girls has been an incredible honour for a parent to watch. Images Bribie white GF from left to right Emmerson, Chloe, Jazmine,

Alana, Shannae, Kayla, Maya, Shyla, Emma-Lee, Cleo, Tegan, Tabitha, Lily, Amber, Amali, Bianca, Coach McKenzie, Assistant Coach Ben, Manager Juanita, Runner Darren. Bribie White running onto GF Action shot Bribie white Co Captains Chloe & Emmerson. Bribie Maroons team again had a stellar season finishing 3rd on the lady. They had girls aged



from 10 - 12yrs with 12 of them never having played AFL before. This team had 8 wins and 3 losses over the season. Images Bribie Maroon Bribie Maroon Lockers. Tayla, Indie, Laura, co-captain Kahli, Tiama, Livi, Maddie, Co-captain Sophie, Rhileigh, Mackenzie, Alice, Kenzi, Co-captain Rosie. Out of view Issy, Sophia and Joesy.

## LOCAL BOYS REAP REWARDS.

Midway through 2020, the Bribie Island Junior Rugby League voted not to participate in the years Sunshine Coast League due to the COVID-19 restrictions that had been put in place. Two of the Clubs Under 16 Players, like most other 16year old's on the Island, wanted to get on the footy fields for their last year as Junior Players. So, Michael (Junior) Wilson and Gizzy Brooks took a chance on getting a start in the Redcliffe Dolphins Team. They made the trip from Bribie to Redcliffe every Tuesday and Thursday night for training, and then on Sundays to the Greater Brisbane Region for their weekly game. They continued to do this for the past 4 months. Their efforts were rewarded when the Redcliffe Dolphins U16 Division 2 Team played Wests-Mitchelton in the Grand Final on Sunday the 11th of October. Redcliffe ran out winners 48-0, with both boys having strong games in the Teams win. In the photo below, Junior (left) is holding the Premiership Cup, and Gizzy (right) is holding his Man of the Match Award.



The Bribie Bulldogs U10.5s grew from a newly formed team (with members as young as 7 who had never played AFL before) to a team of 18 players that played cohesively, supported each other and had the very best time doing so. This team grew from a mere few children at the start of the season driven by Coach Tim & Manager Sarah and the Bribie Bulldog community. It was so amazing to see so many children still being able to play sport during the hard times of covid restrictions.

10.5's on field photo  
Left to right- Oakleigh Doolan-Davies, Hamish O'Brien, Mason Statnickas, Oscar Stokje, Haidan Frey, Henry Fawcett, Matilda

Heyma, Lucy Hartup, Emma Palmer, Ava Hartup, Ivy Heyma, Jasper Nicholson, Caden Buckland-Smith, Seth Cattalini, Lucas McNally  
10.5's post match  
Back row- Mason Statnickas, Lucas McNally, Oakleigh Doolan-Davies, Hamish O'Brien, Matilda Heyma, Ava Hartup, Henry Fawcett, Lucy Hartup, Levi McNally, Jasper Nicholson.  
Middle row- Ged Statnickas, Ivy Heyma, Seth Cattalini, Izzabella Wright, Sarah Smith Caden Buckland-Smith.

## MORETON BRIBIE BRIDGE CLUB RESULTS

Sat 3 Oct

N/S 1. A Jones & D Rubin 2. P Tipping & N Plumb 3. D Quinan & F Barkwith  
E/W 1. D Brady & S Burton 2. R Webb & L McLaren 3. B Fuller & L Ward

Wed 7 Oct

N/S 1. P Edis & M Arthur 2. D Quinan

& F Barkwith 3. A Jones & J Kennedy  
E/W 1. C & S Wagg 2. B Fuller & L Ward 3. D Brady & P Tipping

Sat 10 Oct

N/S 1. A Jones & D Rubin 2. L Carr & J Kennedy 3. D Quinan & F Barkwith  
E/W 1. P Edis & C McAlister 2 N Plumb & P Tipping 3. B Fuller & L Ward

Wed 14 Oct

N/S 1. A Jones & J Kennedy 2. J Breen

& S Pascoe 3 H Tyler & J Medhurst  
E/W =1. C & S Wagg =1. P Edis & C McAlister 3. S Allen & K Cohen  
BIGBC Mon 12 Oct

N/S 1. A Jones & J Kennedy 2. N Everson & R King 3. P Edis & M Arthur  
E/W 1. C McAlister & J Brazier =2. E Seeney & C Garrett =2 F McLaren & N Denver



## END OF THE CHAMPIONSHIPS.

Who would have thought a few months ago that despite all the restrictions for Covid, Bribie Island Croquet Club would still be able to hold the club Championships? The final competition was the weekend of Saturday 26 and Sunday 27 of September. This time it was the high low doubles. Well, that sounds like a riddle doesn't it? How can you be high and low? In the last article, I explained how when you start to play croquet you start with a handicap of 12. As you improve that handicap goes down. So, the member with a handicap of 1 or 2 is an excellent player with lots of experience. The idea of this championship was that of each pair playing, one player would have a high handicap say of 11 or 12 and their partner would have a low handicap such as 6 or less. One player, for example,

was a 2 with a partner of 11. For this Championship, six 45minute games were played on the Saturday and 5 on the Sunday which makes it hard work!!

But it is not just a case of turn up and play on the day so much planning has to go into it. The organizers have the computer to manage (not my idea of fun!) The courts have to be mowed, rolled and the leaves have to be taken up. The hoops have to be set correctly and all the Covid requirements in place, benches to be sprayed with disinfectant, buckets of disinfectant water for the balls to be put in after each game. Social distancing means we all have our own named chair to sit on the correct distance apart. All that before we can even begin to play. We can't do



Sandy makes the hoop



Sue Green making sure all are sanitized



Tossing the coin to see who starts the game.



The Winners

refreshments anymore because we can't use the Clubhouse. We take our own but one member did make coffees and bring out bottled water for players. Thankyou Jan! Well, the weather was perfect; the games were hard-fought. A team of referees watched carefully for faults ably supervised by Val Reeves Suitably sanitized we were off and battle commenced. So, who won you ask?

be a session every Monday afternoon 1 for 1.30 pm until the end of November. If you would like to join in the fun please call Jan Rees the Vice President on:- 0437 008 042 you never know you might be a future croquet star!!



Val Reeves senior referee

Due to many suggestions from locals, Peter Athey has started up their tried and proven Panda-Jitsu class right here on Bribie. Panda-Jitsu is martial arts based fun & games for 3s, 4s, 5s & 6s This is real martial arts fundamentals sneakily hidden in fun games, specially designed for younger minds, delivered by qualified experienced martial arts experts.

It's fun, rough and tumble and gets kids ready for real martial arts. They play 5 or so games, / activities about 5 minutes duration and have over 50 games we play on rotation.

Starting young ones early in martial art thinking means they'll end up stronger more confident and able to handle a broader range of adverse situations and in the short term they'll learn some protective behaviours and reflexes .

Location is the Bribie High School Hall and Bookings are essential. Classes are every Thursday, 5:30 to 6:15. Its \$5 per session.

When you join you will receive a free Panda belt. Uniform is low cost and simple - a plain white t-shirt and black non-restrictive, longer than knee length pants.



The class size is capped. Let Peter know if you are interested at Inner Circle Academy on 0405 318 449 and you can check the website out at [www.innercircleacademy.com.au](http://www.innercircleacademy.com.au)

## BRIBIE ISLAND LADIES GOLF RESULTS

TUES 6/10/20 – Single Stableford

Div 1 Winner: Suzanne Valley 42 ..R/U: Desley Neilson 41. 2nd R/U: Bernie Pickering 40. 3rd R/U: Leonie Buxton 38 c/b

Div 2 Winner: Jennifer De Ruyter 41 c/b

R/U: Debra Dunn 41. 2nd R/U: Lenore Wilson 38. 3rd R/U: Charmaine Price 37

Div 3 Winner: Gay Burnham 38 c/b

R/U: Jennifer McKay 38 c/b. 2nd R/U: Desley Sullivan 38. 3rd R/U: Joan Osborne 37 c/b.

THURS 8/10/20 – Single Stableford

Div 1 Winner: Christine Pronk 38

R/U: Abby Driver 37. 2nd R/U: Toni Grossmann 36 c/b. 3rd R/U: Myra Thomsen 36. Div 2 Winner: Denise Shearer 37

R/U: Debra Dunn 36 c/b. 2nd R/U: Carol Lobegeiger 36. 3rd R/U: Yvonne Nicklin 35. Div 3 Winner: Jody Bedson 37

R/U: Sonia Ferrante 36. 2nd R/U: Sheila Stack 35. 3rd R/U: Yvonne Swanson 33 c/b.

TUES 13/10/20 – Single Stroke & Putting – Presidents Trophy Round

1 – Sponsor: Club President

Div 1 Winner – Ailsa Lauchlan 73 c/b

R/U: Suzanne Valley 73. 2nd R/U: Desley Neilson 75 c/b. 3rd R/U: Christine Pronk 75 c/b

Div 2 Winner: Joy Jordan 69

R/U: Bibby Davies 71. 2nd R/U: Margaret Peterson 72. 3rd R/U: Lesley Heap 74 c/b. Div 3 Winner: Jennifer McKay 69

R/U: Ann Mitchell 70. 2nd R/U: Shirley Barry 72. 3rd R/U: Lyn Langer 74

Best Putting: Laureen Healy 27 Putts.

15/10/20 - Single Stroke & Putting – Presidents Trophy Round 2 –

Sponsor: Club President - Div 1 Winner: Ailsa Lauchlan 72

R/U: Desley Neilson 73. 2nd R/U: Kate Wilson 74 c/b. 3rd R/U: Val Smith 74

Div 2 Winner: Wendy Robinson 74

R/U: Yvonne Nicklin 75 c/b. 2nd R/U: Gay Burnham 75. 3rd R/U: Mary Carruthers 76 c/b

Div 3 Winner: Shirley Barry 74

R/U: Sonia Ferrante 77. 2nd R/U: Nadia Aylott 79 c/b. 3rd R/U: Paula McKenzie 79. Best Putting: Val Smith 22 Putts.

## BRIBIE BOWLS CLUB RESULTS

### Tuesday 06 October 2020

1st out of the hat: T Erfurth, B Castle, P Patrikeos  
2nd out of the hat: M Ball, G Jackson, D Heath  
3rd out of the hat: M Prewett, J Hattie, F Reeves  
Bunny: T Wald, P Cordaz, M Young

### Scroungers Results

### Wednesday 07 October 2020

1st out of the hat: J Collie  
2nd out of the hat: T Erfurth  
3rd out of the hat: M Ball  
Self-Select Pairs Results

### Wednesday 07 October 2020

1st out of the hat: K Fuller, N Holzberger  
2nd out of the hat: W Ogronczek, K Soens

3rd out of the hat: G Woollett, T Erfurth  
Bunny: G Teakel, I Cooper

### Club Select Triples Results

### Thursday 08 October 2020

1st out of the hat: C Stroud, B Hamer, R Davenport  
2nd out of the hat: V McDeremott, P Neuman, W Follett

Bunny: C Brayley, BJ Adams, K Mewburn  
Men's Self Select Pairs Results

### Friday 09 October 2020

1st out of the hat: G Ackeroyd, K Fuller  
2nd out of the hat: I Cooper, M Prewett  
3rd out of the hat: C Hayes, J Oliver

Bunny: W Ebert, D Wilks

### Self-Select Fours Results

### Saturday 10 October 2020

1st out of the hat: W Ebert, L Deakins, C Young, M McCarthy  
2nd out of the hat: T Hudson, L Savage, C Smith, M Kuypers  
3rd out of the hat: R Fowler, E Deakin, P Patrikeos, G McEniery  
Bunny: B Castle, B Moss, L Hackwood, P Ryan

### Self-Select Triples Results

### Tuesday 13 October 2020

1st out of the hat: A Kinnear, B Dowe, D Groves  
2nd out of the hat: R McDermott, J Stanley, P Mannion

3rd out of the hat: F Corry, J Laidlaw, G Corry

Bunny: J Noonan, M Gittins, L Gilmour, H Anderson

### Scroungers Results

### Wednesday 14 October 2020

1st out of the hat: R Follett  
2nd out of the hat: W Follett  
3rd out of the hat: M Gaine  
Bunny: P Lambley

### Self-Select Pairs Results

### Wednesday 14 October 2020

1st out of the hat: M Durham, G Akeroyd  
2nd out of the hat: C Thornton, K Thornton

3rd out of the hat: L Williams, M Cherry

Bunny: J Hattie, G Denkel

### Club Select Triples Results

### Thursday 15 October 2020

1st out of the hat: G Frew, P Neumann, W Follett  
2nd out of the hat: V McDermott, C Sambaher, R Davenport  
Bunny: R Follett, W Gillard, C Young

## BONGAREE BOWLS CLUB

### Men's results

Sat Oct 3rd Scroungers Winners

M Giles, 2nd M Weston, 3rd G Johnson

Sat Social bowls Winner

B Skerten, D Vaughan, P Metcalf

Runners up W Rollason, Jim Parker, S Pomroy

Wed Oct 7th Miwed 4s Winners

B Sellars, B Bradshaw, G Merrin, Barney Blomendahl

Runners up G Pitts, R Horn, R Guyner, B France

Sat Oct 10th Scroungers Winner

W Rollason, 2nd M Roberts 3rd P White

Sat Social Bowls Winners

Janine Parker, Beryl Moor, P Clancy

Wed Oct 14th Mixed 4s Winners

M Hogg, M Nganeko, M Weston, R Ferguson

Runners up A Kenning, P Vlajic

Thurs Men's Pairs Winners

G Pitts M Nganeko

Runners up M Hansen, S Barringhaus

## SOLANDER LAKE BOWLS CLUB

Bowls results - Week ending 10/10/20

Tuesday 6th - Winners: J Cummins, C Cummins, K Turnbull

Runners up: R Jeffrey, K Wright, J Wall

Wednesday 7th - Winners: C Avenell, P Ollier, P Hodgson

Runners up: T Miguel, B Cowperthwaite, B Moss

Jackpot \$119 - Not won

Thursday 8th - Winners: A Larsen, I Larsen, R Bentley

Runners up: T McCormick, L Shorter, B Rudd

Friday 9th - Winners: D King, T Miguel, R King

Runners up: G Caplick, P Hourigan, B Stuart

Saturday 10th - Winners: M Wilson, R Haughton, K Officer

Runners up: M Smith, P Neilson, M Clarke

Bowls Results - Week Ending 17/10/20

Tuesday 13th - Winners: R McLeod, P Neilson, R Harris

Runners up: L Healing, P Bottger, J Pursehouse

Wednesday 14th - Winners: P Bradley, B Harris, K Tucker

Runners up: G Caplick, T Parker

Jackpot \$178 - Won

Thursday 15th - Winners: M Moor, K Turnbull, C Dann, J Dann

Runners up: K Wright, C Cummins, M Power

Friday 16th - Winners: M James, J Robbins, B Hill

Runners up: T O'Neill, P Bradley, B Harris

Saturday 17th - Winners: V Dean, M Jones, B Craitem

Runners up: P Bottger, R Horton, C Langley

## Result for Bongaree Ladies Bowls

Tuesday 6th Winners: Sandra Scott, Bob Vonarx.

R/Up Neil Wagstaff, Errol Fender.

Bonus Draw: Carolyn Merrit, Doreen Pennery, Jacque Murdoch, Ken Kajewski, Judith Irvine, Ellen Corrick.

Friday 9th Winners: Lyn Southall, John Cockerill, Carolyn Merritt.

R/Up: Sandra Scott, Wendy

Rollason.

Tuesday 13th Winners: Rita

Kling, Richie Ferguson.

R/Up: Bob Vonarx and Sandra Scott

Winners of the ladies club championship triples for 2020:

Doreen Pennery, Doreen

O'Halloran and Elna Jensen.

Runners Up: Marilyn Weston,

Gail Parker and Sandi Hodges.

A very successful "Come and Try" day was held at Bongaree Bowls Club on Sunday October

11th. There were 17 attendees ranging in age from 15 to 90 years. 17 Bongaree bowlers including club coaches and other members of the club helped out on the day. It was

enjoyed by all who attended. Two people signed up to join the club and another five joined in the current six week training course.



Fun on the Greens at the Bongaree 'Come and Try' day



# BRIBIE GOLFERS Rally To Raise Chaplaincy Funds

The Chaplaincy Golf Day at Pacific Harbour Golf Club, held on 9 October, is expected to raise \$6000 towards the ongoing participation of chaplains in Bribie Island's three schools. Bribie Island Local Chaplaincy Committee (LCC) Chairman Ray Airoso said although Covid-19 had presented fundraising challenges this year, community support for the golf day had exceeded all expectations.

"Thank you to our wonderful community. We were blown away by all the support," Mr Airoso said.

"It was LCC's only chaplaincy fundraiser all year and we are already planning a repeat event next October.

"The LCC's annual fundraising target is \$60,000. This is the amount we need to ensure our chaplains can continue their vital work in Bribie schools."

Our chaplains are Rebecca Andrews, Bribie Island State High School, Wendy Nelson, Banksia State School and Julie Godfrey, Bribie Island State School.

Scripture Union Queensland (SU QLD) says school chaplains support young people in one of today's most high-pressure environments: the schoolyard.

"SU QLD Chaplains provide a safe, positive environment for our children," SU QLD explains.

"SU QLD chaplains, or 'chappies', provide social, emotional and spiritual support to school communities, helping students find a better way to deal with issues ranging from family breakdown



Doing it for the "chappies". Local golfers and businesses get behind the Chaplaincy Golf Day to raise vital funds to support chaplains for Bribie schools.

and loneliness to drug abuse, depression and anxiety.

"They provide a listening ear and a caring presence for children and young people in crisis, and those who just need a friend.

They also provide support for staff and parents in school communities."

Currently, chappies are serving more than 400,000 Queensland students.

Mr Airoso said the Bribie Island Chaplaincy Committee also owes a huge thank you to sponsors of the golf day including Remax Advanced Bribie Island, Nova Ford Caboolture, MATAR Group, Aussie Select Meats & Seafood Bongaree, Webers Auto, St George Bank, Brooke Savige, Simone Wilson, Terry Young, UEM Group, BIDCA, Sandstone Point Lions, Pacific Harbour Golf Club, Beefys Pies, Alpha Mine Planning, QHR, MBRC, Freedom Church, Awesome Church, Global Care, Bribie Baptist.



This year Pacific Harbour Golf & Country Club hosted our 5th annual Tee Off for Breast Cancer Trials on Friday 16 October. We saw 176 golfers take to the course and compete in a 4 person Ambrose. Players from all over the region came to show their support, dressed in all shades of pink, decorating their carts and getting into the spirit of the day! We were blown away by the support from our local community sponsors, and also supporters. While at this stage we don't have a

final figure on how much was raised, we definitely had a day to remember! This year's event included nearest pins, longest drive, best dressed, inside the circle, Bradman's, raffles and of course prizes for the Ambrose event and let's not forget, lots of fun and laughter. Thank you to all our wonderful sponsors and those who contributed donations, and of course our players, we could not have had such a successful day without all of you! All in all, the day was a swinging success! See you all next year!



# COVID CLEAR

TO THE MUSIC OF "FARMER IN THE DELL."

PARODY © HOWARD KENNEDY

CHORUS (DIFFERENT VOICE) - AFTER  
EACH VERSE!

I AM COVID CLEAR! YOU ALL HAVE  
NOUGHT TO FEAR!  
ALL I ASK, PLEASE WEAR A MASK AND  
DON'T YOU COME TOO NEAR!

1. On a cruise once more and when we came to shore,  
Some symptoms showed but all I know my throat was really sore!
2. We'd returned from overseas, not knowing the disease,  
Had quickly spread and left some dead.  
Then someone gave a sneeze!
3. I had a test my dear. My thoughts were filled with fear.  
Went out one night and thought I might have caught it from a beer!
4. The pubs and clubs had closed! My job was on the nose!  
I joined a queue with quite a few not working I suppose!
5. I joined a large protest! We thought that we would test.  
The rule of law, we knew much more!  
We're under house arrest!
6. Shelves of toilet paper bare. We all then felt despair!  
It wasn't need! It was pure greed and the hoarders didn't care!
7. While under quarantine, I scrubbed my hands so clean.  
With pure soap, I had a hope, cleanliness my screen!
8. We thought it was a hoax! We heard that from some blokes!  
It was all made up, in a cup and now we're going broke!
9. It was those G5 towers! They spread it all in showers.  
We'll sink like stones, on mobile phone, under a super power!
10. They shut some borders down! I couldn't go to town!  
They closed up shops. Patrolling cops, were wandering all around.
11. The day my granny died, my visit was denied!  
I could not grieve! I could not leave! So, all alone I cried!
12. Waiting for the dream vaccine, hooked to a lung machine!  
I was so close! I took a dose of hydroxychloroquine!

## **Final Chorus. (More slowly and with feeling)**

Now I am COVID clear! I'll celebrate and have a beer!  
We'll travel again but where and when? **(hold)**  
We'll try again next year! **(With speed and emphasis)**



The country is Australia,  
there's the sun, the sea, the sand.  
there's the mountains and the rivers  
and the fire that burns the land.

In the hills, the trees, the valleys,  
the patterns always been the same,  
with the rainstorm comes the lightning,  
that starts the burning, killing flame.

Since there's no way you can stop it,  
you must learn the tricks it plays.  
You have to understand it,  
you must learn to know it's ways.

I've seen the flames play on the grass,  
just ebbing to and fro.

And I've seen it high in treetops,  
so there's nowhere safe to go.

I've been in smoke so hot and thick  
that you couldn't see the sun.

And I've felt hot flames upon my skin,  
But there was no place to run.

In the night time on the hilltops,  
it's quite beautiful to see.

But when hot strong winds blow from  
the west,  
the hill's no place to be.

I've seen men and women just like you,  
fighting fires in the heat, the sun.

And they stayed until the flames had  
died,  
bloody heroes everyone.

And after the fires, the land is scorched,  
not a green leaf, not a bird.

Just the hot charred ground, black  
smoking trees,  
hot ash, where nothing stirred.

And then the rains come to the land,  
streams of water turning black.  
The flowers, the grass again burst forth  
and the leaves and birds come back.

So nothing changes in our world,  
another summer soon at hand.  
With the rain, the trees, the hot red sun,  
and the fire that burns the land.

# Woorim Beach

By Allan Graveur

When I walk on Woorim Beach  
With the phone well out of reach

I don't care about the news  
Or some politician's views

I just care about the now  
I just care 'bout how it feels  
I don't care about the Broncos  
Or the Parramatta Eels

When I look out on the water  
And a ship goes passing by  
I don't care about the how  
I don't care about the why

When I walk upon the sand  
And I find another shell  
I don't care if there's a heaven  
I don't care if there's a hell

When I talk to an old fisherman  
Who treats me like a mate,  
We don't mention Donald Trump  
We don't talk 'bout who we hate

We talk 'bout if they're biting  
And how he got there late  
We don't talk about who's fighting  
We just talk about the bait

And now and then I find  
I'm on the beach alone  
I think of what I've left behind  
And not about my phone

And now and then I'll see  
A dolphin in the sea  
And I start to get to thinking  
That the dolphin's there for me

I don't want to take a selfie  
I want to be more zen  
I don't care about the likes  
For what happened way back then

So now when I've drunk coffee  
And I'm feeling quite irate  
I'll go down to the beach  
Because I know that it sedates

The anger that I'm feeling  
When I watch a talking head  
Cos I'm lucky I'm alive  
When the only option's dead.



# Horoscope

People have always been scared of the dark. The word 'panic' comes from a word used to describe campfire nighttime noises, which the Greeks attributed to Pan, the god of mischief. But if fears of the unknown grow more intense after Halloween, we can blame Jupiter and Pluto. Their imminent convergence brings a reminder of the values of faith, bravery and optimism. With Mars turning direct this month, as long as anxieties are kept in perspective, there'll be no holding us back

## CAPRICORN (Dec 22 - Jan 20)

The shared experience of a challenging issue is making a key relationship grow more intense. We may not be talking about a romantic involvement; it could be linked to your work, or your social life. As November progresses, and the problem loses its immediacy, you might wonder about the quality of understanding you shared. Even if you need to distance yourself emotionally to get matters into perspective, resolution and reunion await. This relationship is worth cultivating. Don't let it go. For great news on the exciting opportunities in November, call 1300 017 319



## SAGITTARIUS (Nov 23 - Dec 21)

You might not have made a geographical move, but in your heart and mind you've shifted to a different viewpoint. Something that used to be worrisome hardly bothers you at all; and an issue that once filled you with excitement has less impact. Although the second issue may make you feel sad, the truth is that you were overly concerned about something that was undeserving of your attention. This month brings the freedom to focus on inspiring priorities. Watch how your life improves. Your November forecast will be very rewarding. Call 1300 017 319



## AQUARIUS (Jan 21 - Feb 19)

Since the darkest hour always occurs just before dawn, why don't we just get rid of the sunrise? Dawn might be a magical, ethereal time of the day, but who's up to see it anyway? Is it really worth the trauma that precedes it? Of course it is! When our world lights up, we put all the issues that were darkening our days to the far reaches of our mind. This month brings the curtain down on a drama that has been preoccupying you. You can be optimistic. It has a happy-ever-after ending. Find out how to make this a month to remember! Call 1300 017 319



## PISCES (Feb 20 - Mar 20)

Although you may see yourself as being vulnerable, to others, who are looking at your life from afar, certain aspects of your current situation are enviable. It's true that you're dealing with an emotional issue, and benefit from other people's support. Yet that doesn't detract from the strength of your position vis-a-vis a key relationship. Don't let the fact that you're unhappy about one aspect of your life overshadow the joy that November brings. Focus on the opportunities. They're big, and viable. Your powerful prediction for November is ready. Call 1300 017 319



## ARIES (Mar 21 - Apr 20)

You're coming into possession of valuable information. But, will it make you happier? Or will it just fuel a desire to know more? With Mars moving backwards in your sign, you've been focusing on acquiring knowledge. As it turns forwards this month, you'll be better placed to digest all that you've learned, and to value the strength of your position. You can confidently and calmly make an important decision. Success is never guaranteed, but have faith that your goal is well within reach. Take advantage of November's exciting cosmic climate. Call 1300 017 319



## TAURUS (Apr 21 - May 21)

People's memories are selective. We find it easy to forget issues that we don't choose to remember, whilst hanging on for dear life to those that we can use to prove a point. Or, we use our skills to solve certain dilemmas, yet appear to be completely incapable of sorting out other simple issues. This month, don't allow yourself to be fooled by your own sense of what you can and can't do. You've been undermining your strengths. Focus on what you need to focus on, and success will follow. A new month! A forecast that could transform your life! Call 1300 017 319



## GEMINI (May 22 - Jun 22)

It's strange, but sometimes, when we've been waiting too long for something to happen, we start to lose interest in it. When we're hungry, for example, we might feel as if we can't function unless we eat, yet as time passes, we get so wrapped up in what we're doing that we forget about food for a while. Could this month be bringing something too little and too late? Let's hope not! As dynamic Mars moves forwards once again this month, it rekindles lost enthusiasm. Don't give up! November's due to be amazing! For four-minutes of news call 1300 017 319



## CANCER (Jun 23 - Jul 23)

A dramatic situation is centring around a key person in your life. Yet you still have a vital part to play. Just because you have a supportive role doesn't mean you need to take a backseat, or that you're less important. This is a temporary state of affairs. You're in a strong enough position to be able to allow the spotlight to fall on someone else. You can even afford to generously let them think that they're leading the way. Meanwhile, you can secretly steer them, and you, onto the right course. For encouraging news about what November holds, call 1300 017 319



## LEO (Jul 24 - Aug 23)

It's not always easy to know the difference between a good idea and a bad one. Sometimes, it comes down to application and passion. Bad ideas can be successfully implemented, whilst brilliant ones can disappear without trace. This month's powerful cosmic climate indicates that you have the power to make something dull shine with brilliance. As long as you use your ability to discern the difference between what's needed and what's not, you can make excellent, durable choices. There's so much to tell you about November! Call 1300 017 319



## VIRGO (Aug 24 - Sept 23)

They say that 'where's there's muck there's brass' and the truth is that wherever there's an unpleasant situation, there's always a chance to make a profit. This is more than just a practical notion; when we're courageous enough to face the challenges in our emotional lives, our character is enriched. You're under no obligation, yet if you take advantage of the gift of courage which is coming your way, and turn your attention to a tricky topic, you'll end November feeling much better off. Make your dreams come true in November! Call 1300 017 319



## LIBRA (Sept 24 - Oct 23)

When we don't see eye to eye with someone, it's usually because the words aren't going from mouths to ears! We find it easier to talk than to listen. The danger is that we assume that we're in agreement, and it's only when we're immersed in the challenges of a situation that we realise that our ideas are out of sync. Regrets and blame are futile. This month, rather than concerning yourself with what's gone wrong, focus on what you can set right. Then you can build a brighter future. There's excellent news in your November prediction. Call 1300 017 319



## SCORPIO (Oct 24 - Nov 22)

Our mistakes teach us far more than success ever does. Yet, it takes time to assess our learning. In the immediacy of an error of judgment we're too absorbed by the disappointment to be able to see how we can use the experience to shape a better future. Also, we intuitively know that if we spend too much time analysing the past, we can get stuck in it. To make the most of this month's opportunity, you need to understand why something went wrong. This time around, you can get it right. November holds great potential for positive change. Call 1300 017 319



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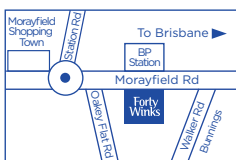


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# Handy Home Hints In 1 Min

## HOW TO DRY A DAMP LOAD OF LAUNDRY QUICKLY?

Add a dry bath towel to the mix and the load should dry a little faster.

## MAKE AN EASY, ALL-PURPOSE CLEANER

Here's a quick cleaning recipe that can make most surfaces sparkle. Combine 4 tablespoons of baking soda and 1 litre of warm water. Use it with a sponge to wipe messes away. This all-purpose cleaner is especially good for cleaning kitchen counters, appliances and inside the refrigerator.

## SMELLY RUNNERS?

Freshen up after a gym class by sprinkling some

baking soda inside your shoes (and your gym bag while you're at it). Just tap it out before you wear again.

**FRESHEN UP STUFFED TOYS IN BETWEEN BATHS** (in the washing machine, of course), clean your kids' plush pals by giving them a quick once-over with a lint roller.

## CLEAN A SLOW DRAIN

When you notice your drain is starting to clog, sprinkle  $\frac{1}{2}$  a cup of baking soda down the sink, followed by  $\frac{1}{2}$  a cup of white vinegar. Cover with a wet cloth to contain the fizz. Wait five minutes then flush clean with hot water.

## CLEAN THE CAR ON THE GO

A lint roller is a handy, less hefty solution to clean your

car's interior when you're on the go. It can also fit in most nooks and crannies where your vacuum attachments just can't reach.

## CLEAN STAINS OFF CUTTING BOARDS

Run the cut side of a lemon over the board to remove food stains and smells. For extra cleaning power, sprinkle the board with salt or baking soda first.

## REMOVE COFFEE STAINS FROM MUGS

When your morning brew leaves a stubborn unsightly ring, use a little toothpaste to clean it off.



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ACREAGE & LIFESTYLE  
PROPERTY



## LIFESTYLE LOCATION to see new 'ONE STOP PROPERTY SHOP'

A career-long dream has seen this Real Estate Director create a new and "innovative" proposition in Nth Moreton

Fresh from forming a new partnership with Eview Group, **Acreage and Lifestyle Property** director Carolyn Drane has revealed her Beachmere agency has opened a secondary office in Ningi "to offset growth and propel serviceability".

According to a statement announcing the new office, Ms Drane has always wanted to "create a full-service, innovative proposition, cultivating the region's most talented specialists in their respective trade, to assist clientele in successfully planning and maximising their selling potential".

The "one-stop property shop" will enable the agency to spread its wings without having to expand its size, the director said flagging the partnership with Eview Group as a key to opening a second office.

"Their support across all aspects of business development and strategic growth has certainly contributed to further cementing our **dominance**, while enabling overall expansion of **serviceability** within our core area," Ms Drane said.

Noting the move into Ningi as coming "at an appropriate time". The new office space will enhance exposure and cement serviceability "between the highway and the Island".

The Moreton Bay region is 'dedicated to **lifestyle living**', Ms Drane said, stating that it means most of her agency's clientele have gone years between real estate dealings.

Therefore, she said "it made sense to indulge our clientele with a specifically created network of qualified, well-respected tradespeople, industry professionals, and agents, working together to give our clients the best outcome".







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Commenting on the new expansion and partnership with Ms Drane, Queensland Eview Group director Joel Hood said they knew pairing up with the agency director "was going to generate an action-packed, energetic partnership".

As a company, we couldn't be happier to see Carolyn continue the expansion of Acreage and Lifestyle Property, broadening their reach to service sellers in the region," Mr Hood said.



Carolyn Drane  
Director/Licensee/Agent



Angela Le Fevre  
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# 5 Ways

## TO INSTANTLY SPRUCE UP YOUR POOL AREA AHEAD OF SUMMER

Summer is fast approaching and that means its pool time!

Having a pool in your backyard changes your home, health and happiness. It creates a 'staycation' where you can relax and unwind. It promotes family time where there's only smiles, splashing, and laughter. It encourages fitness and outdoor activity and the inviting of friends for a barbeque. A pool provides stress relief, a way to entertain family and friends, and it adds value to your property.

But...this is only true if you maintain your pool and take pride in the surrounding pool area.

### HOW TO ENHANCE YOUR POOL AREA AHEAD OF SUMMER

Take a look at your pool area and you'll be surprised by what you see. Shoe traffic, weight stress, dirt, debris and exposure to the elements can make your pool area look embarrassingly unattractive and aged.

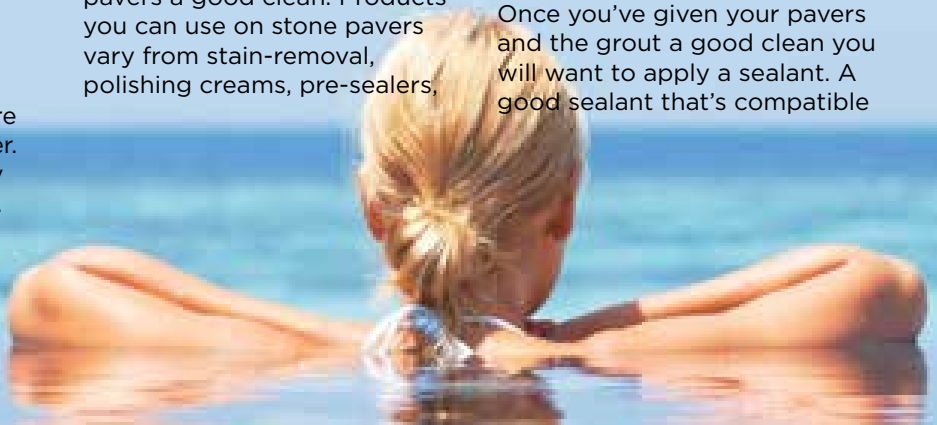
#### 1. CLEAN YOUR STONE PAVERS

To get your pool area instantly looking better, give your stone pavers a good clean. Products you can use on stone pavers vary from stain-removal, polishing creams, pre-sealers,

deep sealers, concentrated cleaners and more. This can be confusing and the last thing you want to do is damage your pavers because you didn't do your research.

Avoid harsh cleaners like acid-based or vinegar-based products and never use a cleaner that's not designed specifically for stone. You should also pay attention to water ratio when mixing your product, aligning it to soil build-up.

Once you've given your pavers and the grout a good clean you will want to apply a sealant. A good sealant that's compatible



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with your specific pavers will help the stone with a layer of protection to allow you time to attend to the maintenance of the stone. Once this process is done it will make it difficult for stains to seep in. A sealant will also stop water from getting into the tiny fissures of the stone, which can cause damage over time.

Now you've sealed your pavers, step back for 24 hours, keeping the pool area clear and dry. You can use this rest time to start planning how else you can spruce up the pool area ahead of summer.

## 2. GIVE YOUR POOL TILES A FACELIFT

Have you noticed that some of your pool tiles are a little loose? Are your pool tiles looking a little rough around the edges or outdated? Replacing

loose, worn, broken tiles or stripping tiles out for new ones might not be the big project you think it's going to be. Why not introduce some new tiles to your steps to welcome you into the water?

## 3. BRING A LITTLE LIGHT INTO YOUR POOL

Low voltage lights are ideal for use in pool areas. Low voltage lights mean you can use your pool and outdoor living space at night without the cost mounting up.

A pool with lighting is not just about safety and use. Done well, lighting can be a way to highlight the true beauty of a pool and can be used to create all kinds of effects.

## 4. GIVE YOUR OUTDOOR FURNITURE SOME LOVE

Outdoor furniture can be

badly affected by weather but luckily, most materials can be freshened up with a good clean. Timber can be scrubbed with a stiff brush and washed with a combination of dishwashing liquid and bleach. You can also apply a sealer, stain or finish to protect it for the rest of the season.

For wicker furniture, spray with a garden hose and then wipe it down with soap or detergent. Rinse and then let it dry in a light, sunny area. If you have a patio umbrella offering you shade by the pool check it for mould and mildew. For a quick clean, open your umbrella and wash it down with a mix of warm water and white vinegar. Give the umbrella a scrub, hose it down and then leave it open to dry.

## 5. REPLANT AND REJUVENATE YOUR GREENERY

Reviving potted plants is a fairly simple process that starts with weeding. Tip the plant out of the pot and remove any weedy material. Lay some new compost in the bottom of the pot, replace the plant and then add more new compost to bed the plant in. Brew some compost tea, pour it over top and then lightly mulch the top of the pot to prevent moisture loss and future weeds from growing.

If your pool area is in need up of some updated plants then try planting some striking agapanthus or no-fuss evergreen camellias. If planting in tubs, consider ornamental tubs of cumquats or dwarf lemon trees for an eye-catching feature in a hot and sunny pool enclosure.



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# Garden HACKS

A LADDER PLANT STAND to create more space

Get a ladder plant stand like this to put your plants on it and to create more space. It can be a good addition in a limited space container garden.



HONEY contains enzymes that promote root growth, and you can use it as a 'Rooting Hormone'. Honey help plant cuttings in setting roots and they propagate easily, it also saves them from fungal problems.



USE CITRUS PEEL TO START SEEDS

Just poke a hole in the bottom of the peel for drainage, fill it with potting soil, then sow seed and sprinkle some water. When the seedling is ready for transplant, plant it directly in a garden or in a container with the peel. The peel will decompose and nourish the young plant as it grows.



USE EGGSHELL TO PREVENT PESTS

Another way to protect your plants against pests is using egg shells. Coarsely crumbled, egg shells form an effective barrier against soft-bodied garden pests like snails and slugs that eat your plants. They do not risk through this sharp and uncomfortably jagged shells.

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# ISLAND Gardens

with Peter Schinkel



**H**ello and welcome back to island gardens where today we're looking at the onset of summer and some tips for our gardens this season. Special thanks to Joan from Bellara for suggesting a few thoughts for this fortnight's editorial.

One of our common challenges around Bribie is keeping the sandy soil moist so that our plants don't get too thirsty. While most plants will adapt to this challenge by becoming tougher or developing deeper roots, there are some things we can do to help.

One thing is to mix in garden soil with the existing sandy soil. Even if you don't have access to a trailer, one bag of soil at a time, available from a few local suppliers will do. It can be mixed in around each plant until your whole garden has been taken care of.

Some like to use the soil wetting agents, like the ones with little plastic-looking 'bubbles' that slowly release moisture into the soil. Great for if you're going away for a while too.

And of course, there's mulch which greatly reduces moisture loss from evaporation, and suppresses weeds which also compete with your plants for moisture. Again if you don't have access to a trailer, I suggest sugar cane mulch. I love the stuff. Firstly, buying it is supporting sugar cane farmers in Queensland and it's a wonderful product. It's full of nutrients making it a slow-release fertilizer that your plants will love. It allows water through itself into the ground and surprisingly it does not blow away in the wind after it's been watered in for the first time. I'm sure there's a science behind this mysteriously lucky fact, but for today I'll just call it magic. Also, it's cheap, easy to transport and spreads over a wide area in the garden.

For properties where the ground has been raised up before the house was built, and where the ground may be harder and less porous - excavating on a wide scale or simply loosening the ground around each plant with a mattock or crowbar, then adding/mixing in garden soil will also do the trick. The roots will then spread more freely while the plants are young and will penetrate the tougher, deeper ground once established.

Whichever way you may wish to improve your ground, so many plants are so adaptable that at the end of the day, if you want a flourishing garden, you will have one, even if it takes a little trial and error in the process.

While on the subject of water, please top up birdbaths. Many birds are limited to a specific area because of the territorial nature of various other bird species and can have difficulty finding the freshwater they need, particularly after a few hot,

dry days.

Sadly, many birds die on hot days from dehydration, so please also keep in mind that by creating gardens, we have provided habitats for birds and in effect, we have increased their populations. It is therefore also partly our responsibility to provide water for them if it is not readily available in their territory.

Birdbaths look great and many are now light and easy to manoeuvre and can be pinned down or placed on a paver to keep them steady.

See you in issue 127 on 20th November and as always, happy gardening.

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## HOME & GARDEN



## HOW DO YOU KNOW IF YOU HAVE LAWN GRUBS?

SO, WHAT ARE THE SIGNS TO LOOK FOR, SO YOUR BACKYARD DOES NOT BECOME A LAWN GRUB BUFFET?

"Your first sign is your lawn will look brown and you'll think it's dry. A lot of people confuse irrigation with lawn grubs. It's a shift in the way the lawn looks," Geoff explains. You will also notice moths and small grey wasps flying around. Then clusters of eggs will form on gutters and soffits, which resemble small balls of cotton wool. Each cluster can have 400-500 eggs in it.

"They come down on little spider silks, like a parachute or bungy cord, as tiny little grubs – they call them instars – and they're no bigger than a pinhead.

"He hits the ground and starts eating. He eats in the lawn for around two weeks until he gets to the size of your finger. Then he will dig down and start to metamorphosize into a pupa.

"The pupa will stay in the soil and then emerge as a moth. They can do up to six generations in one year. That's just one moth, one family."

## HUNGRY GRUBS

Geoff says a lawn could be 'back to bone' within 3-4 days. "They eat the leaf, not the whole plant - they don't attack the roots. It's like using thinning scissors through your hair. They're thinning it out by eating the leaf. Then, the roots and soil are exposed," he says.

"It doesn't kill it, but what happens is all the weeds come in and the lawn gets dried out and bakes the soil. Then your soil become hydrophobic. It starts to repel water like greaseproof paper."

### HOW TO STOP LAWN GRUBS

The best way to deal with lawn grubs is to apply preventative treatments every eight weeks.

"If you brush the eggs off a surface, they will die but that's more for aesthetics because you won't actually stop them. You can clean them one day and they're back the next," Geoff says.

"Treatment won't stop them from laying the eggs, but if they hatch and hit that lawn they will die within seconds." Coochie HyrdoGreen offers pet, child, bird and environmentally-friendly treatments that do the job and come with a warranty.

Geoff likens it to applying sunscreen before hitting the beach. And with overnight temperatures already exceeding 15 degrees, the grubs are already getting busy.

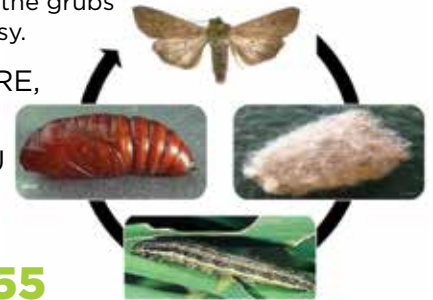
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With restrictions in place, we've compiled a few tips to help make daily living more functional. There is no better time to make those simple home improvements that can make life a little more comfortable or even functional. The sweetest homes of all are not necessarily the ritziest, they're often the ones that are set up in a way that makes daily living more practical, comfortable and convenient. And as we find ourselves with more time to do things around the home, we've collected a few simple home hacks and improvements to make your home become more like the castle and kingdom that you deserve.

## TURN YOUR DINING TABLE INTO AN OFFICE

You may have wandered between the living room, working from bed, and now found camping out at the dining table offers the best bet as a transitional work area. To prevent work overtaking the dining room and create a "now you see it, now you don't" hideaway home office, try a cart or caddy on wheels which can be handy to keep your supplies, accessories and even laptop in arms reach. And at the end of the day, the caddy can be placed in a corner, hidden under the table or put away in a closet.

## PERFECT POT PLACEMENT

Many of us adore nurseries. They are highly tempting places to visit, and it's easy to come home with one too many potted herbs, succulents, ferns and other items, even if you didn't at first intend to. If you have a 'crowd' of pots, a great solution is to utilise a large window and arrange glass panes as shelves. That way your little beauties will get organised, plenty of sunlight, and best of all you'll be able to wipe away any water if you happen to overfill the soil while admiring the view!

## DON'T LET THOSE JARS GO UNUSED

Jars are an organisational wonder. Use them to store spices, hold makeup pencils, brushes or just those pesky wayward items in your home such as paperclips, buttons and rubber bands. Labelling also helps. A great idea is to use blackboard paint on lids, so you can see everything at a glance.

## DE-CLUTTER YOUR GARAGE

Garages and sheds can easily become darkened dens of clutter. If you don't keep things in hand, finding a drill or hammer can become more like a scene from Tomb Raider. Contain the chaos with a peg board arrangement. They're easy to make, and a quick view of sites like Pinterest will give you tons of ideas. You'll spend less time searching and more time doing.

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We are generally very busy and for that reason try to concentrate on working on Bribie and surrounding areas only, so that our customers don't need to wait too long for our services during the busy period. We are Bribie Island locals and live in Bongaree and know that finding quality, timely, true local tradespeople can sometimes be very difficult. We ensure that we don't recommend to our customers the need to spend more money on air conditioners than they require.



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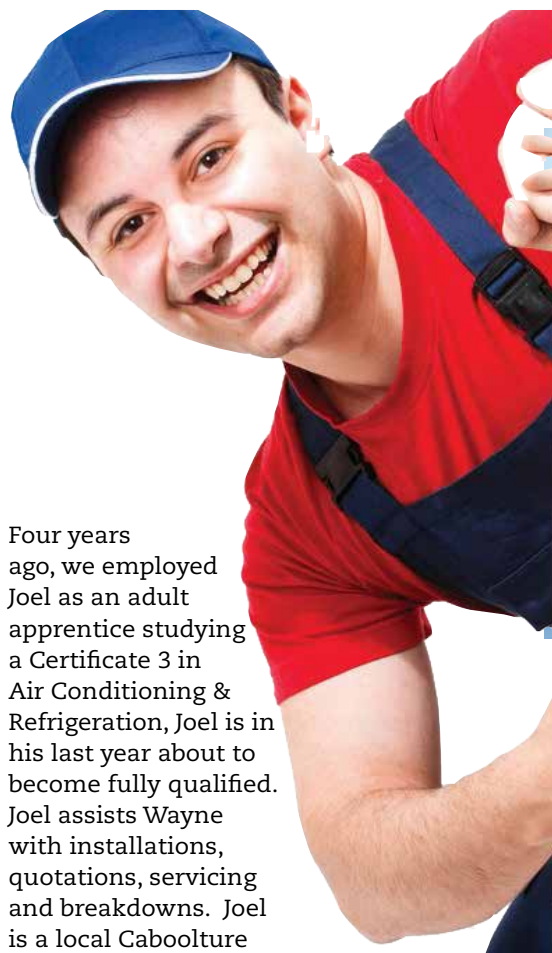


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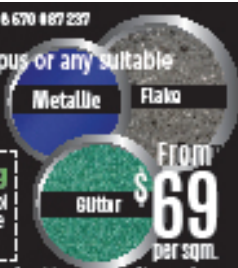
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# VMR

## BIBIE ISLAND

### WEAR YOUR LIFE JACKET DAY

Friday 2nd October 2020 – was Wear Your Life Jacket To Work Day!

The idea was to: Wear your life jacket and show your colleagues that if it's easy enough to wear at work, it's easy enough to wear on the water.



Here is one of our crew, Jamie Darlington, heading off to work in his Life Jacket.

### TWINNIES TO THE RESCUE AGAIN

Saturday 3rd October 2020 – Well done Twinnies Pelican and Seabird Rescue again for saving another Pelican needing some help. Green Saturday giving a little help to the Twinnies.



The Twinnies with their mother Helen attend to the injured pelican.

### NEW OUTBOARDS FOR BIBIE 1

Wednesday 7th October 2020 – Three new Yamaha F250

motors were fitted to Bribie 1. The original motors on Bribie 1 were over 5 years old, with nearly 2,000 hours on the clock, and after extensive research it was decided that this was the right time to replace them. The new motors are identical to the original motors, allowing a quick changeover, saving lots of time and money on new wiring and controls. Our thanks go to the maintenance crew and the team from Northside Marine who worked tirelessly to get the boat ready and fit the motors. The new maintenance tractor/trailer was used to take the boat out of the water, allowing the work to be done at the base. The maintenance trailer is proving to be a very worthwhile asset, with Bribie 1 having been taken out of the water a number of times



A steady hand at the wheel of the Bribie VMR Tractor driven by Gary Bunker as Bribie 1 is taken to the VMR Compound for engine upgrade.



The 3rd new 250 HP Yamaha Outboard being installed by Graham and Caleb from Northside Marine.



VMR Bribie's Commodore Liz Radajewski gives the thumbs up after three new 250hp Yamaha outboards were fitted to VMR's Bribie 1 whilst Stuart Smith from Northside Marine gives a smile of approval!

this year for maintenance, survey inspections and now the motor replacement. For the full story and many more pictures go to:

<https://www.facebook.com/vmrbrbie>

### INDUCTION TRAINING:

Saturday 10th October 2020 – 7 new crew trainees and Karen Lewellyn our First Aid and CPR trainer went through the inductee's process today. Karen participated so she can do more training on vessels

while they are out on the water.

They were all put through part of the ELEMENTS of SHIPBOARD SAFETY (ESS). They got the chance to experience the cool water of the passage, going through an abandon vessel drill, climbing through the window and out the hatch of Bribie 1, putting on life vests, swimming to a life raft, exit the life raft and swim to a rescue vessel and climb aboard.



Simon Middap one of our VMR trainers showing the new trainees how to put on a life vest.



Samuel one of the new trainees doing the life vest swim as part of his induction process.



Cass one of the new 7 trainees going through her induction happy to have made it to the life raft after swim.

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Lloyd one of the new trainees being picked up by Jonkers Bribie Three after completing his induction swim.

## CREW PROMOTIONS



Jim Lewellyn receives his Senior Crew Epaulettes from Skipper Bob Skinner.

## SAFETY DAVE - The Frenchie's Message:

### LIFE JACKETS:

- do you have the appropriate life jacket for the whole trip?
- are the life jackets suited to the activity being undertaken?
- do you have one jacket for everyone on board?
- are the jackets in good condition and correctly



labelled?

- if boating at night, do the jackets have reflective tape on them? and
  - do you have an appropriate sticker/label showing where the life jackets are stored?
- Lots of boaters still have their jackets still in their original packaging – this leads to lack of effective inspection and the deterioration of the straps. It also makes it difficult to fit in an emergency. The bottom line – life jackets should not be stowed and forgotten. They are difficult for a novice to put on in an emergency, and then it's



Celal Erisir receives his Crew Epaulettes from Commodore Liz Radajewski watched by Graham Parker.



VMRBI Secretary and Commercial Coxswain Gary Voss shows extreme dedication in assisting the paddlers stuck in the mud. He brought in his personal kayaks to aid in the assist. Great job Gary

## YEAR TO DATE RADIO ROOM STATISTICS

To Wednesday 30th September 2020:

10,277 Calls, 2,918 vessels logged on, 231 Vessel Assists, 1,085 Sitreps, 513 Requests, 45 overdue vessels, 9 Vessel Tracking, 1,144 Radio Checks, 43 Weather Broadcasts, 16 Securite Broadcasts, 0 Pan Pan 0 Mayday. VHF 75.9%, 27MHz 8.7%.

### OCTOBER 2020 VESSEL ASSISTS:

**FRI 02/10 1206pm** – 6m Cruiser non-member with a flat battery required a jump start near Bongaree Jetty.

**FRI 02/10 1607pm** – 4.7 Centre Console non-member with motor issues required a tow from South of Bribie Bridge to Spinnaker Sound Marina.

**SAT 03/10 1000am** – Assist Twinnies with pelican rescue at Sandstone Point.

**SUN 04/10 1219pm** – 6m Half Cabin non-member with engine problems, required a tow from North of the Tangalooma Wrecks to Spinnaker Sound Marina.

**SUN 04/10 1616pm** – 3.6m Jet Ski member stuck on sand bank off Toorbul, required tow to deep water.

**SUN 04/10 1624pm** – 2 X 2.4m Kayaks stuck in mud near the

Mouth of Ningi Creek required a tow to deeper water.

**MON 05/10 0845am** – 3m Jet Ski non-member with motor issues required a tow from Red Beach, aborted assist as vessel under tow by private vessel.

**MON 05/10 1134am** – 5.5m Haines Hunter non-member with motor issues required a tow from Elimbah Creek to Ningi.

**MON 05/10 1212pm** – 17m Half Cabin non-member out of fuel required a tow from Mission Point to Donnybrook.

**MON 05/10 1522pm** – MOP reported a floating juvenile whale possibly caught in net – investigated nothing found.

**THU 08/10 0824am** – 6.9m Alloy member required a tow from Pacific Harbour Canal to Base Ramp.

**THU 08/10 1152am** – 4m Tinny non-member with motor issues, required a tow from Bribie Bridge to Sylvan Beach.

**SAT 10/10 1314pm** – 3.75m Tinny non-member with motor problems at White Patch required a tow to Spinnaker Sound Marina.

**MON 12/10 0800am** – Called to assist paddlers stuck in the mud in Ning Creek. After many attempts with 2 rescue vessels and kayaks, the high tide came to the rescue mid-afternoon.

too late to realise they are inappropriate for the intended person in that emergency. Skippers should inspect each before each trip, show all passengers how to wear and have them easily accessible for use, preferably worn."

"BUT importantly – Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

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For seasoned boaters, this is the time to make sure your boat is serviced and ready to go, all the right gear is on board and that if you tow your vessel, the trailer is in equally good condition.

Check your boat licence and make sure your vessel rego and insurance is up to date. Experienced boaters will tell you that checking the detail before you go boating will have its rewards.

For those that don't own a boat, visit your local boating club and see what they have to offer. Think about getting a boat licence or joining some boating or sailing classes. Venture out with a small-craft hire, or simply do some research into what boating may be right for you.

Whether you are a seasoned boater or a novice to boating, this is the perfect time to take action in preparation for the beautiful boating summers Australia offers each year.



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# Fishing REPORT

By Bribie Bait Tackle & Bikes

**H**i everyone, there has been plenty of good catches throughout the school holidays that have just gone and over the last week. At the moment it's been a pretty good Whiting season with lots of quality fish from Red beach to Skirmish Point and around Fifth Avenue Woormim. Most fish have been over 30cm and bloodworms have been the best bait by far. The Bream and Mangrove Jacks have been firing in and around the canals with live Herring and hardiheads bringing the best results as you can see by the quality Bream that Bruce caught this week. With the hardiheads moving in around Bald Point, so have the school Mackerel and huge Bream like the one Claude caught

## BOATING, FISHING AND ADVENTURES

one late afternoon on a rising tide. There have been a few Mud Crabs and Blue Swimmers starting to show up and with the warmer weather approaching it will only improve. Quite a few good quality Grunter Bream are getting caught around the creek mouths and the best baits have been squid and prawns, also hard body lures are taking a few as shown by this 45cm one that Michelle caught at the mouth of Poverty Creek. That's all till next time, stay safe, wet a line and relax.



## TIDE TIMES

**BRIBIE ISLAND  
& MORETON BAY**

<b>FRI 23 Oct</b> 2:48 am 1.17m 8:23 am 0.52m 3:29 pm 1.74m 10:37 pm 0.55m	<b>SAT 24 Oct</b> 4:06 am 1.15m 9:36 am 0.6m 4:42 pm 1.67m 11:46 pm 0.52m	<b>SUN 25 Oct</b> 5:37 am 1.21m 11:04 am 0.63m 5:58 pm 1.65m	<b>MON 26 Oct</b> 12:50 am 0.47m 6:51 am 1.34m 12:31 pm 0.6m 7:06 pm 1.66m	<b>TUE 27 Oct</b> 1:44 am 0.4m 7:49 am 1.48m 1:43 pm 0.53m 8:01 pm 1.68m	<b>WED 28 Oct</b> 2:29 am 0.33m 8:36 am 1.61m 2:36 pm 0.46m 8:45 pm 1.69m	<b>THU 29 Oct</b> 3:06 am 0.29m 9:16 am 1.7m 3:18 pm 0.42m 9:23 pm 1.68m
<b>FRI 30 Oct</b> 3:36 am 0.27m 9:51 am 1.76m 3:54 pm 0.41m 9:53 pm 1.64m	<b>SAT 31 Oct</b> 4:02 am 0.27m 10:21 am 1.8m 4:25 pm 0.42m 10:19 pm 1.59m	<b>SUN 1 Nov</b> 4:26 am 0.27m 10:48 am 1.82m 4:57 pm 0.44m 10:44 pm 1.53m	<b>MON 2 Nov</b> 4:50 am 0.29m 11:16 am 1.83m 5:29 pm 0.47m 11:11 pm 1.47m	<b>TUE 3 Nov</b> 5:15 am 0.32m 11:44 am 1.83m 6:06 pm 0.5m 11:43 pm 1.4m	<b>WED 4 Nov</b> 5:43 am 0.37m 12:17 pm 1.81m 6:45 pm 0.54m	<b>THU 5 Nov</b> 12:19 am 1.33m 6:13 am 0.43m 12:53 pm 1.78m 7:30 pm 0.58m

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## ON THE ROAD



### KOENIGSEGG JESKO ABSOLUT

Jesko von Koenigsegg was the father of the founder of the Swedish automobile manufacturer. The very latest in their line of supercars is named after him! The Jesko Absolut is focused on aerodynamics, downforce, and precise handling. With a slightly updated engine from the Agera RS to give the

Jesko Absolut a higher redline, this new car is slated to break previous top-speed records completely out of the water. The interior of the cabin has also been reworked to vary slightly from other Koenigsegg models. Drivers will enjoy more leg and headroom as well as a comprehensive climate control system, a 9.0-inch infotainment screen, and LCD screens in the steering wheel itself to relay vital information while cruising. Along with these amenities comes incredible power. While Koenigsegg has not yet released acceleration information including 0-100 (or 0-60) numbers, it is rumoured that prototypes and simulations of this car can top 531 kilometres per hour (330 mph). What's more: It attains that speed while remaining the fastest street-legal car in the world.

### SSC TUATARA

As the latest inspiration from an ex-Ferrari designer in concert with SSC North America, this car is expected to be beautiful and packed with the latest in automotive technology. It's named after a reptile which has the fastest evolution of any living animal. For its internal mechanisms, it's taken a lot of



inspiration from the rockets and fast planes of the aerospace industry. With low drag coefficients, an aerodynamic carbon-fibre construction, and a lightweight (yet luxurious cabin with minimal styling, this car seeks to beat its competitors by more than just a mile or two. Its top speed is claimed to be 482 kilometres per hour (300 mph), placing it above the Koenigsegg Agera by 25 kilometres per hour (15 mph). As it uses a camera system instead of mirrors, this car is not expected to be road legal. Production is going to be limited to only 100 units. The SSC Tuatara can accelerate from 0-100 kilometres per hour (0-60mph) in 2.5 seconds.

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## Bugatti Chiron Super Sport 300+

With the same gorgeous side-spiral that makes the entire Chiron line iconic, the SuperSport 300+ has an upgraded, more powerful engine. This means it has the same beauty that makes a Bugatti a Bugatti, but its top speed was increased from previous models.

This vehicle also has an external design reminiscent of the Bugatti's other top speed record-breaking vehicle, the Veyron Super Sport. The Chiron Super Sport has an all-carbon fibre body for lightweight durability. Inside can be found a quad-turbocharged W16 which has earned the fond nickname 'Thor' for its lightning-quick speeds.

The Bugatti Chiron Super Sport 300+ can accelerate from 0-100 kilometres per hour (0-60 mph) in 2.4 seconds. As far as its top speed goes, in 2019 a Bugatti test driver was able to achieve a speed of 490.48 kilometres per hour (304.77 mph) under controlled conditions.

## ON THE ROAD



## Hennessey Venom F5

The Hennessey Venom F5 is the very first all-new, proprietary automobile that Hennessey can boast as an accredited manufacturer. Perhaps for this reason, they chose an awe-inspiring name. F5 is a reference to the fastest type of tornado, which reaches similar speeds as this vehicle is claimed to be able to hit.

A bespoke twin-turbocharged engine gives the Venom F5 1,817 horsepower to use. It is claimed to be able to reach a top speed of 484 kilometres per hour (301 mph). While the manufacturer has not yet released official 0-100 (0-60) numbers, Hennessey has noted that the Venom F5 will accelerate from 0-300 kilometres per hour (0-186 mph) in under 10 seconds.

With a semi-automatic transmission or manual transmission on offer, this car will appeal to a wide variety of customers. The Venom F5 features a chassis and body made of carbon fibre, which gives it a sleek, aerodynamic feel.

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## LETTERS

- ✓ Please keep your letters to no more than 200 words, this enables us to submit a number of letters for everyone to read.
- ✓ The comments and opinions on these pages do not reflect those of The Bribie Islander

**DEAR EDITOR,****ARE WE ALL HAPPY NOW?**

For the 45th time in the last 49 years, Australia - a country of approximately 25 million citizens - will, for the next six months, be operating, not only with the clocks on the eastern seaboard 'out of sync', but also within five time zones instead of the standard three. India - a country of 1,381 million citizens has one time zone - all year round.

In 1894 Australian jurisdictions adopted STANDARD TIME - 15 degrees longitude equals one hour of time - 10 hours equals 150 degrees. (Queensland's current relevant Act is still dated 1894). Politicians were encouraged/advised to ensure that major population centres - especially state capitals - were located in the correct TIME ZONE.

In 1898/99, Central Standard Time was permanently advanced by 30 minutes because Adelaide, a state capital, had originally fallen within Eastern Standard Time.

In 2020, 121 years later, there are still about 11 million citizens (44% of our population), living between Yeppoon and Wollongong, - including in two major state capitals of Sydney and Brisbane. These folk are not situated within ANY Standard Time Zone.

If this anomaly had been corrected in 1898/99, by advancing the eastern clocks by the same 30 minutes, permanently, what we now know as Australian Eastern Daylight Time (AEDT) might never have seen the 'light of day'. Not to mention the -financial triple whammy being suffered by businesses along the eastern seaboard from DST and

which is now exasperated by COVID-19!!

In 1898/99 the Queensland and New South Wales leaders were obviously asleep at the wheel. Has anything changed?

We are now well into the 21st century - surely it's about time for some 'deep and meaningful' chatter.

Graeme Brittenden.

**DEAR EDITOR,**

Isn't it time the LNP moved into the 21st Century and started to use some imagination? We certainly need infrastructure spending, but not in the form of more roads for fossil fuel guzzlers.

What we need is better public transport and a network of charging stations, so that more people buy electric cars and their price comes down.

H.Beneke

**DEAR EDITOR,**

We are seeking information as to who we contact regarding the rubbish that accumulates on our roads. We realise that there are several of our tri-level Government departments that are involved, but it's a matter of figuring out who does what. We live on Bribie Island but we go off the island to Morayfield for various reasons, usually about once a week. When we leave Morayfield we generally enter the Bruce Highway from Buchanan's Road and from there to the Bribie Island turnoff the amount of rubbish on the side of the road is unbelievable. It is reasonably tidy from the turnoff to just past Pasturage Road but from there until you reach Ningi it looks like a rubbish dump. There are metres of plastic sheeting, cushions, and other rubbish (even for the last couple of weeks a sofa)

and of course the usual fast food wrappers just callously dumped on the roadside. When they do mow it, sometimes the mowers go through it and chop up the rubbish and spread it even further. There are two council rubbish tips just off the Bribie Road, there are countless public rubbish tins in every recreation area in the district, this is Australia, not some third world country. We also notice that there is a plethora of fast food wrappers that regularly turn up on the island as well, we see them on Sunderland Drive, especially after the weekend. Please would someone advise us of which administrative body to advise regarding this rubbish. And.....Please.....would people stop throwing their junk out the car window and secure your loads if on trailers or vehicle trays. Any clean up that is undertaken needs to be done on a weekly basis until people learn how to act like decent human beings.

Very Frustrated,  
C & A SCHNACK .

**LETTER TO THE EDITOR**

The total irony of Premier Anastacia Palaszczuk's stance on border closures and the alleged saving of Queenslanders lives becomes clear when we remember how she and her colleagues, apart from the Bundamba MP Jo-Anne Miller, voted into law the October 2018 Termination of Pregnancy Bill. The brainchild of then Deputy Premier Jackie Trad, it made legal the killing of unborn children up to and including the day of birth. This horrendous and viscous act of violence upon our voiceless and defenceless future generations kills an average of

30 unborn children each day, a frightening total that soars way above anything produced by the Covid-19 virus. By the time the State Election is held on October 31st. the total of unborn children killed in Queensland since the passing of this Bill will be almost 22,000. As well as killing a child abortion also damages the mother with lifelong medical and psychological problems which have been extensively documented in medical publications.

A government that not only sanctions but encourages the killing of unborn children is a government that is not fit to hold office.

It is pleasing to note the public announcements by the LNP, One Nation and the Katter Party that they support life and if elected to government will change the law to protect the unborn. They will also offer counselling services, deliberately excluded from the 2018 Bill, that explain to the expectant mother the alternatives to the killing of her child. Good news indeed. A vote for Ali King and Anastacia Palaszczuk and her government at the October 31st. election means more killing of the unborn. Life in the womb must be treated as sacred and precious. This can only happen by rejecting the present anti-life Labor government and putting in their place those who respect the sanctity of life.

**DEAR ED,**

Boy, do we need a hospital on Bribie Island particularly for accident and emergency. But this week's carpetbagging state Labor announcement about a satellite hospital on Bribie is unprofessional and just a policy "pila szchit".



There is no site yet selected, no floor plans, no-cost plan, no management plan, no local consultation, no addressing local health or dental practitioners, no staffing plan and therefore no hope.

Current Private Hospital plans by local doctors the Voids have been totally overlooked despite the fact that they have bought the land, they have plans under final consideration by the council, they have management plans, they are ready to go and would employ up to 200 people but now they have no hope if this politically self-centred, self-gratifying, anti-private enterprise, anti-family border closers and probably racist Government get another go. It is no way to run the great State of Queensland by shooting from the hip and shooting locals trying to make a difference. In 2005 and 2011 Labor announced a hospital for Bribie and again in 2017 and again in 2018.

Based on the historical performance they announce empty promises and just manage on huff and puff spur of the moment knee-jerk politically motivated policy pretences. We've got more hope if they dig up and re-model the old WW2 underground hospital at Fort Bribie.

R. Dominis- BONGAREE

### **Dear Editor**

Lately I've heard our community talk about the importance of being 'local' as it relates to our political candidates. So what does it mean to be local? Is it being born here? It is living here for 50 years? Or is it about community contribution? Now I don't care how long someone has been here, and I'm not sure it matters where they are from but what I do care about is contribution and commitment to community.

I want our elected representative to be someone who is actively seeking to benefit the whole community, someone who helps those who need help most and someone who can be counted on to hang in there when things are difficult. Without this our beautiful community and those who live here will suffer.

When you are voting at this election I want you think about the LNP candidate and ask yourself. What does community

commitment look like for them? Based on their track record I would suggest it's not much. Channel 7 reported that our LNP candidate skipped out on her role as Deputy Mayor to St George months before her term in office ended. This was despite still being paid?

Channel 7 also reported that she couldn't even make herself physically available during a natural disaster, instead choosing to only phone in. This is terrible behaviour. Where is the support for the community that voted her in and where is her leadership in leading her community through a flood that devastated the township. If this is how she treated her last community, what will she do when the going gets tough in our community? We all deserve someone we can rely on, not just someone who is chasing their next promotion. I'm asking everyone to think about your vote at this State Election and what this would mean for all of us.

P Smith

### **Dear Editor,**

The last few week's articles in the newspapers have reported of a victory for Labour and the Greens gaining more seats. I believe we are all environmentalists but a lot of us see how the Greens ideas are not always sensible. People talk of science etc. but science didn't tell us to not to reduce fuel loads in parks etc. or make it illegal for farmers to clear their own fuel load. Secondly investors, media and political parties don't seem to mention that studies overseas have shown lack of sleep, deaths, aggressive behaviours and miscarriages in all types of animals living near these turbines. The low frequency and constant whoosh or thump sound seems to be the cause. They kill about 300000 birds annually -of course the anti-coal people come back with saying cats kill much more than a turbine but to me cats are not man made. Not to mention each one costs \$2-4

million and cost \$42 - 48000 annually to maintain and then only have a 10 -14 year lifespan similar to our solar panels. Change from coal will happen but over a time -meanwhile our miners and families can have a life .So please read both sides of the renewables and make your own decision. I understand that many elderly (and i am months from being 70) and sick people praise our Premier for saving them from COVID at the beginning as all states did I admit closing the borders was correct but she wants you all to believe this before the election and it is not the borders being closed that has saved us -its ourselves by having good habits and our warmer climate plus our hospital staff. Dr Young has only done administration jobs since she graduated- did emergency work till her children came along, so the audacity of her ignoring Dr Teo's letters and e mails concerning his patients is unbelievable. Also think of the small businesses and families the gov't has totally destroyed by only thinking of themselves  
M.White

### **Dear Editor,**

I feel the need to respond to 3 letters in response to a letter from Mrs Shelley regarding displays at 158 white patch esplanade. The first from 'Anonymous', writes 'To the best of my knowledge, Council have never had a single complaint regarding the display at Bugger Me Designs other than from this neighbour. How could 'anonymous' have knowledge of complaints to council and by whom? Many complaints to council can be anonymous, and this writer should know that. And how does the writer know this business is compliant? If the writer is an employee

of MBRC, then he/she is divulging information to a public forum against the council's privacy policy. Where else can this information be obtained? The 'anonymous' writer should do some research, as I did, and go to council's PDonline. and check out the application and approval conditions for manufacturing metal garden sculptures... The approval conditions do not approve having a 'private display'. The approval says that the metal items cannot be displayed outside the house or on the veranda. However, they can be used for 'personal use' within the gardens on site. So, do your research, and you will find that Mrs Shelley has every right to complain. There is nothing private about a display that entices people to take time to wander through the home business gardens, as the anonymous writer suggests, describing it as though it's a tourist attraction for the public and disabled. When in fact, the display does not enhance the visual identity of the white patch streetscape, and significantly detracts from the character of this suburban neighbourhood. I live in white patch, albeit some distance from bugger me designs, and have almost collided with distracted drivers, on more than one occasion. Other residents do not like the display, but don't want to 'get involved'. As for the other 2 letters from J South, and ANON, who say they were 'deeply offended ' by Mrs Shelley's letter, then my reaction to them is to quote the iconic John McEnroe: ' You-Can-not-be-serious! ' Regards, Glen E.

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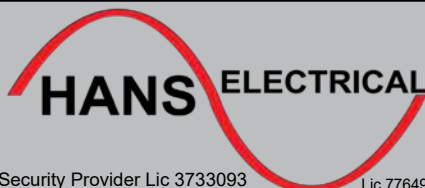
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