

YOUR LOCAL COMMUNITY MAGAZINE **ISSUE 131 JAN 15 2021**



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bedrooms

Media

Lottery 203 closes 4pm AEST 24/02/2021 & drawn 11am AEST 3/03/2021. The lottery is conducted by The Surf Life Saving Foundation. First Prize is a Luxury Furnished Waterfront House and Land Package plus \$10,000 Gold Bullion. Total Prize Value is \$1,532,991 and includes 1st Prize and \$200 Book Buyers Prize Winners advised by registered post. Results published 3/03/2021 on Surf Life Saving Lottery website www.surflottery.com.au and on 8/3/2021 in The Australian newspaper. Tickets from \$2 each. QLD Licence No.30064; VIC Permit No: 10327/20; NSW Permit No: GOCAU/2330; ACT Permit No: R20/00147.1; SA Permit No: M13924

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bathrooms

Alfresco

arland Drive

FIRST PRIZE

MILLION

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Waterfront location

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Sunderland Drive

1 D

welcome

Dear Readers,

Well hasn't this been an interesting start to the year! I have to say just how proud I am of our community after the 3-day lockdown. I did not see one person disobeying the rules. I had to quickly pop out and was pleasantly surprised to see masks on everyone! Even if you do not believe in it, the community put their own opinions aside and did what was best for our Island. We should all be enormously proud of our residents, I certainly am!

I am looking forward to getting out and enjoy Australia Day on the 26th. We have some fantastic events happening on the Island and I implore you all to get behind our local businesses and support them (in

MEET THE TEAM... Cherrie Wilson EDITOR | GENERAL MANAGER On **0448 694 507** editor.thebribieislander@gmail.com a safe way of course) while enjoying the things that make this nation a great one. We have some great tips and a heap of Aussie stories for you in this edition, it has to be one of my favorite days of the year as it is wonderful seeing everyone out there, putting aside their differences to celebrate our county.

Keep an eye on our magazine as we have some wonderful new things coming up this year which our team are extremely excited about!

Until next time,

Cherrie

Michele Doran-ADVERTISING REPRESENTATIVE ADVERTISING HOTLINE on 0448 448 457 sales.thebribieislander@gmail.com

Debbie Hunter - GRAPHIC DESIGNER design.thebribieislander@gmail.com

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Jan 15.

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in this issue...



Aussie Pages



SAVE OUR KOALAS



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THE BRIBIE ISLANDER (Magazine) IS DELIVERED TO HOMES AND BUSINESSES IN THE FOLLOWING AREAS: Bribie Island all suburbs, Sandstone Point, Sandstone Lakes, Spinnaker Marina, Godwin Beach, Ningi, Bribie Pines, Peel Rd and Beachmere. Newsagency's Toorbul, Donnybrook, Bellara, Banksia Beach. You can find the Bribie Islander in Stands at Bongaree Hot Bread Shop, The Bribie Islander Office, Scoopy's, Wrights Fruit Barn, Woorim Meats, Sandstone Point, Bongaree & Beachmere IGA & Woolies Complex on Bribie. DISCLAIMER & INDEMNITY: The opinions expressed by contributors to this page are not necessarily those of the Editor and staff of The Bribie Islander and no responsibility is taken for any information contained in this correspondence or any errors or omissions that may occur during publication. The Contributor agrees to indemnify The Bribie Islander and it's associates against any claims that may arise from the content of their contribution.





RETIREMENT FAREWELL AND THANK YOU TO THE COMMUNITY **OF BRIBIE ISLAND AND** SURROUNDING AREAS. ESTABLISHED IN 1982 AS ALLURE

BOUTIQUE, DECKOUT, WELLS CARGO BARN, **GROSSO MODO** AND FINALLY

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Anna's is a 100% Australian Family Owned and operated womenswear clothing retailer, based in Bribie Island for over 38 years Est 1982 by Dianne Wells.



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Anna's (Fashion Boutique) was born out of realising a gap in the market for local women and has been run continuously by 2nd generations of the family over these years, Dianne

and Anna Wells.

The knowledge and experience passed from each generation to the new provided a unique position to evolve and offer fresh





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new ranges each season, with a strong backbone of experience translated via manufacturers and imported to deliver quality, consistently season after season. Our ranges offered easy to wear, well fitted, ageless pieces enriched with a playful colour palette. We wanted women who

wear our clothes to feel stylish and comfortable as



well as we wanted women to feel good knowing that we supplied quality natural fibres like linen, cotton, viscose, rayon and mixes. We have endeavoured to ensure we sourced clothing from wholesalers, manufacturers and communities that look after their workers.

Because we're a family business and believe in treating people well, we looked after our suppliers and partners, as we would our own family. Many cups of tea also have been shared with customers over the years.

Fashion should make everyone feel good, not just the wearer but the observer also. As we are proudly 100% Australian owned, we have supported, where possible, over the years; local Australian manufacturing businesses. It is my

SAVINGS

FROM

hope manufacturing will veer away from overseas production and return to Australian shores in the near future.

We have shared experiences with so many organisations in our community for mutual benefit having fun and fundraising at the same time.

Now it is time to take the next step in life, into the twilight years and to take the time to let you, our customer, know that you are our business and we appreciate each and every one. It's time to say farewell, many thanks and wishing you all the best life can offer.

Fondest regards Dianne Wells BBus Mgt & Mkt

Anna's Shop will be closed on or before 31/1/2021

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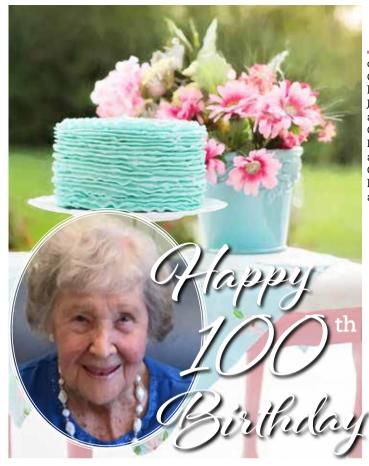
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s we enter the year of 2021, we wish Constance (Connie) Robinson special congratulations on becoming a Centenarian, as she celebrates her 100th Birthday on the 15th January with family and friends at the Churches of Christ Aged Care, where she now resides. Her love for Bribie Island started at the age of fourteen when her Grandfather and Father bought land and built cottages on Fourth and Fifth Avenue, Bongaree, where Connie and her four sisters spent all their holidays. She has fond memories of her family travelling between Brisbane and Bribie Island on "The Cooper" a boat that serviced the island, taking passengers and goods. Connie and her sister Lorna bought the cottage and built two units on the land, they proudly named it "Handley Court" after their father. Connie married in 1941 to Colin Robinson and lived at Mitchelton until Col's retirement in 1982, then moved to Bribie permanently. The couple became involved in many organisations such as

Tock-H, War Widows, Slimmers, Legacy, RSL and Churches of Christ Church working tirelessly to help these communities. Connie was a State and Club Champion Bowler belonging to Bongaree and Bribie Island Bowls Clubs for many years until she retired from the sport at age 82. Connie was a Seamstress and helped many young girls to learn to sew teaching them at night from her home at Mitchelton. She is always happiest when being able to help others. Her heart is most full when surrounding herself with younger generations, she loves welcoming and singing nursery rhymes with the little ones from the Community Kindy. Throughout her wonderful life, she has seen many changes, War, rationing, depression, decimal currency, TV, Brisbane high rise and modern technology. Connie's family has grown significantly over the years, having five children of her own, 11 Grandchildren and 22 Great Grandchildren of which she loves very much and is all very excited to celebrate this milestone with her.

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TOMETRIST

hen English-born Peter Steptoe went back to London for a holiday in the 90's, the last thing he expected to come back to Australia with, was a new hobby.

His mate had made a rocking horse, and Peter's interest was well and truly peaked. He has since created three rocking horses and has a fourth under construction.

Before beginning his hobby making the rocking horses, Peter had worked as a wood machinist, making office furniture.

"I've always worked with wood and when I came back from my

holiday, I told my boss about it. He said that he'd give me the wood to make them – as long as he could have the first one for his granddaughter," said Peter. "I've since made one for my granddaughter, and

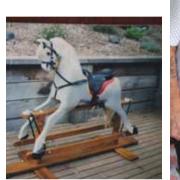
another for a friend who helped me with spraying the paint onto the horses."

The one that he's currently working on is destined for his great-grandson.

Peter spends many hours to create each rocking horse, with the whole process often taking several

months. He sources quality materials and shapes each piece by hand before gluing them together and securing with an iron frame.

"It's a labour of love," he says. "I don't do it for money – but for the enjoyment of it. If you wanted to buy one like what I make you would easily spend



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upwards of \$2000." "I get quality timber for mine and that alone is about \$400-\$500."

Peter made his first rocking horse in 1997 and the following two in 1999.

Peter and his wife now live at Bolton Clarke's Bongaree retirement village on Bribie Island, and Peter has turned their carport into his workshop to

construct the fourth one. "We love it here," Peter says. "It's been a great eight years."



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Lachy Chapman Spinal Life Australia with Councilor Brooke Savige and BBQ Boat Hire Bribie Island Harbour with Spinal Life Australia Bribie Island Peer Support Group. Discussing Bribie Island accessibility and Polio Survivor and Spinal Life Australia Membership support.

ROYAL AUSTRALIAN COLLEGE OF **GENERAL** PRACTITIONERS HAVF ENDORSED AS AN ACCEPTED **CLINICAL** RESOURCE FOR THE LATE **EFFECTS OF** POLIO "A **GUIDE TO THE** MANAGEMENT FOR MEDICAL PROFESSIONALS".

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Royal Australian College of General Practitioners

Spinal Life Australia through Ross Duncan Executive Manager Member Services and his dedication to research, resources and references has developed a friendly user booklet to guide the Medical Care Professionals as a tool to understand and implement care and knowledge during medical treatment for Polio Survivors. Bribie Island has been instrumental in supporting Spinal Life Australia through their Peer Support Group covering the Island and surrounds. The World Health Organisation estimates that there are some 20 Million people worldwide currently living with some degree of disability caused by poliomyelitis (1). Not all Polio survivors were diagnosed with paralytic polio, however some 99% of all polio survivors may have experienced sub-clinical damage that becomes more evident with age. The late effects of polio are a neuromuscular condition that can occur 50% OFF first 2 sessions



in a high percentage of people with prior exposure to polio In Australia it is estimated that there are tens of thousands of polio survivors. International surveys indicate that there is up to 80% prevalence in the late effects of polio in polio survivors.

Many survivors of polio may have little or no visible disability however this may not influence the medical conditions of the late effects of polio

and are often misdiagnosed or a condition that is the onset of age. This booklet is going to make a difference in the education of all communities and will recognise the management of the late effects of polio has on the human body. The Spinal Life Australia Peer Support Group get together every second month to chat and have an awareness of the future direction not



only of polio but Spinal Cord Injury, Transfers Myelitis, or disability in all its diversity. Anyone wanting a copy of the booklet can telephone Spinal Life Australia or Bill Peacock. Everyone with a disability is most welcome to join Spinal Life Australia and join in;

Telephone Spinal Life Australia 1300 774 625 or Bill Peacock Peer Support Coordinator 0403 686 998. Bill Peacock.



Some of the members in discussion

Chinese Medical

Traditional

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BRIBIE ISLAND

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Bribie acupuncture

HAPPY NEW YEAR!

Happy New Year! Thank you for the positive feedback I received from my first article (Issue #128, 4th December 2020), where I

introduced myself and my clinic, Bribie Acupuncture www.bribieacupuncture.com.au, located in the health shop 'Bribie Simply Healthy' in the ANZ Bank shopping complex in Bellara. Many lovely people from Bribie and surrounds have since contacted me about their conditions and have commenced treatment to address their health concerns - many of which have plagued them for years.

The two conditions I've had the most questions about in recent weeks are:

- Fertility
- Peripheral neuropathy

FERTILITY ACUPUNCTURE

Prior to setting up my acupuncture practice on Bribie Island last year, I worked in two wonderfully busy and highly sought after fertility acupuncture clinics in Brisbane and had the honour of working with hundreds of women and couples seeking to become parents. Looking at your health from a Chinese medicine perspective I aim to get both partners (where applicable) closer to optimal health it often takes two to tango after all! This includes reviewing:

- Diet and lifestyle
- Exercise and sleep habits
- Stress and digestion
- Blood and other laboratory test results

Many clients struggling to become parents often find great relief that their seemingly random collection of symptoms make sense in Chinese medicine!

Following a detailed assessment I develop a treatment plan tailored to the individual, which typically includes acupuncture, Chinese herbs, supplements, and diet and lifestyle advice to:

- Offset the effects of stress on reproductive hormones
- Increase blood flow to the reproductive organs
- Help your body to regain hormonal balance
- Clear inflammation

SUPPORTING YOUR IVF/IUI CYCLE

Studies have found acupuncture alongside IVF to produce significantly better outcomes than IVF alone; the higher success rates are credited to increased blood flow to the reproductive organs and fewer post-transfer pelvic spasms in those who receive acupuncture. Acupuncture also helps reduce stress and anxiety, allowing the body to rest and restore.

With fertility acupuncture, I recommend commencing treatment in the months prior to trying to conceive - time is required to rebalance hormones and improve health. However it's never too late to incorporate acupuncture, nutrition, and lifestyle changes to benefit your outcome, at whatever stage you're at in your journey.



Jessica Yung - BHSc. Acup., BSc. CS Registered Acupuncturist and Doctor of Chinese Medicine under the Australian Health Practitioner Regulation Agency (AHPRA) and Chinese Medicine Board of Australia (CMBA).

ACUPUNCTURE AND PERIPHERAL NEUROPATHY

Though numbness and pins and needles are common symptoms felt by my peripheral neuropathy clients, particularly in the feet, the symptoms alone are usually not what prompts them to see me. They're typically more concerned about the impact the neuropathy has on their quality of life, including:

• Fear of losing balance or falling

• Reduced confidence while driving (inability to feel the pedals)

• Wanting to dance again

How does Chinese medicine approach peripheral neuropathy if most conventional medicine practitioners believe that nothing can be done? The answer lies in blood flow. As mentioned in my previous article, Chinese medicine believes your body is designed to regulate and repair itself and this ability is maintained by your blood flow. Blood contains all the nutrients vital to your existence, including oxygen, water, platelets, hormones, etc. If nutrients are not delivered to every cell in your body, the cells lacking nutrition will eventually shrivel up and die – this is what's happened in the areas affected by peripheral neuropathy: poor circulation, compounded by inflammation, has starved the nerves of nourishment.

Fortunately small fiber nerves can often regenerate with proper nourishment and blood flow. Using acupuncture I stimulate blood flow and guide it to the specific areas of your body needling nourishment, feeding the nerves so they can begin to repair, and allowing symptoms and quality of life to improve.

If you'd like to make a booking or if you'd like to discuss whether acupuncture and Chinese medicine is right for you, please contact me via my website

www.bribieacupuncture.com.au or call 0423 160 228. You can also find me on Facebook and Instagram @ bribieacupuncture. HICAPS is available onsite. Pensioner discounts available.

Bribie Acupuncture

13/19 Benabrow Avenue, Bellara (next to the Bribie Island Medical Centre)

Switching Aged Care Providers is Your Right

oving into residential aged care is one of the biggest decisions that an individual and their family can make.

It is a decision affecting not only the person needing the care but also close family members such as the children and siblings. More often than not, the decision is discussed by the family and can be a stressful and uncertain time for all concerned.

Since the move into aged care is a high-involvement and an intensely considered purchase, it can be extremely upsetting if the care and service provided in your new home do not live up to the advertised or promised expectations. Whatever the reason, it is important to know that you have the right and freedom to switch to another provider.

McKenzie Aged Care provides

warm and welcoming homes where people are cared for and cared about. McKenzie is here to assist and guide you through the process of switching to better care that meets your wants and needs.

Switching to a McKenzie home is easier than you may think. We make the process as smooth and stress-free as possible for everyone involved. We will also liaise with your current provider on your behalf, or with you, to ensure both parties efficiently manage the changeover. Call us today on 1300 899 222 and speak to one of our dedicated team members who will guide you through the process and answer any questions you may have. Make the switch to McKenzie. It

will be the best decision you have ever made.



Switch to quality aged care today.

Are you satisfied with your current aged care provider? Are you looking for better care for a loved one? If you answered yes to these questions then you should know that swtiching to a new provider is possible and easy.

Bribie Cove Aged Care | Goodwin Drive, Bongaree

Call us today to learn how moving to McKenzie will be the best decision you make.







What is it like to win a prize home?

f yours is the lucky ticket that is drawn in Surf Life Saving's lottery, you'll be a winner before you even find out about it. Draws are conducted under strict conditions in the Surf Life Saving Foundation offices in Bowen Hills, Queensland, and it's usually a short while after the draw that we make the calls to



our lucky winners.

Needless to say, if you get a call around lunchtime on draw day, you really want to answer that one!

Surprisingly, most people are a little suspicious, but are quickly convinced it's a real call after we are able to share details of where and when they bought their tickets, and their history in supporting Surf Lifesaving.

"It's the best part of my job" says Amanda from The Surf Life Saving Foundation, who manages the lottery draws and makes many of the winner's calls. "Well, the best part of any job, to be honest! Who wouldn't want to call people and change their lives in such an incredible way?"

Some are completely surprised, but strangely some of our winners feel a certain destiny. One winner of a recent Coomera prize home saw the lottery advertised on Instagram from their home in Sydney, and immediately thought "That's the one". They bought \$100 worth of tickets, and on draw day they spoke about how they just felt like this was going to happen for them, and they were moving to Queensland. A few hours later, and it was a reality. They referred to the house as "their \$100 home" during the handover of their prize and couldn't be happier.

Around half of our winners end up living in the home, and the rest either keep it for rental income, or sell and invest the funds elsewhere. In anyone's language, it's a lifechanging win.

Someone somewhere becomes a millionaire homeowner after every draw. To get your chance of being our next one, visit surflottery.com.au

NEW DATE SATURDAY, JANUARY 30TH

finds the Wellbeing and Psychic Expo back on Bribie Island. This year we will be in the auditorium at the Bribie Island RSL Club with 18 informative Exhibitors & six brilliant Psychics. We will be there from 10 am to 4 pm & it's still only a GOLD COIN ENTRY. There will be Tarot and Oracle Cards, Metaphysical, self-help and nutritional books, crystals, Feng Shui books, cures and services, Essential Oils, Spirit Guide Drawings, incense, Shamanic teachings, pendulums, crystal jewellery, salt lamps, Reiki healings, Herbal topical preparations & uniquely blended herbal teas & beverages, Therapeutic medical equipment, Shamanic products, Magnesium products, Himalayan salt/herb grinders, chakra

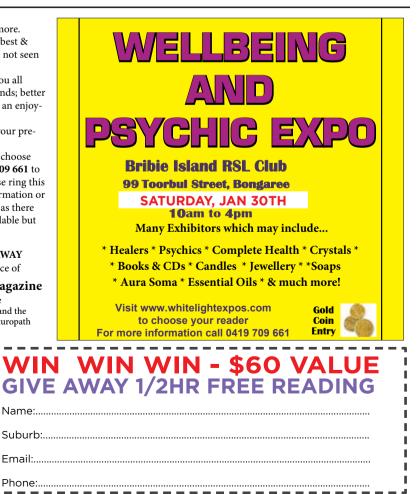
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balancing and much much more. Our readers are some of the best & there will be some new faces not seen on Bribie before.

We look forward to seeing you all there, please tell all your friends; better still bring them with you for an enjoyable and informative day. To make a pre-booking for your preferred reader please go to www.whitelightexpos.com choose your reader then call 0419 709 661 to book them. You can of course ring this number for any further information or to make Exhibitor enquiries as there are a couple of sites still available but they are going fast.

ENTER OUR FREE GIVEAWAY Drop your coupon at the office of

The Bribie Islander Magazine 9/9 Toorbul Street, Bongaree (Offices behind Rosies Chicken and the Barber on Toorbul St) In the Naturopath Office look for our sign outside.





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BRIBIE ISLAND



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mean for you?

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Check out what it means for the line-up of wonderful local artists in the Life's a Beach exhibition at Bribie Island Community Arts Centre Matthew Flinders Gallery now. You'll drool over the beautiful seascapes and sunlight on display and want one for your beachside abode – or to remind you of your Bribie visit.

Come in and enjoy before it comes down on January 21.

The Arts centre open Tuesday to Saturday 9am – 4pm, Sundays 9am – 1pm.

Cafe 191 serves meals, coffee and delicious treats. Make it a stop these holidays.

LIFE'S A BEACH EXHIBITION 15/12/20 - 24/01/21

Bribie Island Community Arts Centre 191 Sunderland Drive, Banksia Beach QLD

OPEN TUESDAY to SUNDAY Entry is free - 9am to 4pm - Sunday 9am to 1pm



Bribie Island Butterfly House is a not-for-profit community project aimed at bringing the community together and to promote the Butterfly population on Bribie Island and beyond.
100% run by Volunteers & 100% of profits are donated to charities. Come and support this amazing project at....



208 First Avenue, Bongaree (behind the Orchid Society Hall)



U3A ENROLMENT VACANCIES

Since the closure of U3A in March last year, there has been much anticipation for the reopening.

TERM 1 CLASSES WILL RESUME FROM MONDAY 1ST FEBRUARY.

With Covid-19 limitations the reopening for Term 1 has been challenging.

Existing U3A members who attended a class before closure in 2020, have been rolled over and paid class fees, for the same classes in Term 1 2021. With 150 classes being offered by more than 80 volunteer Tutors, the complex logistics of possible class vacancies will not be known until January 18.

Available class vacancies will be published on the U3A Web site www. u3abribie.org.au, at that time. After that NEW MEMBERS, that's people becoming a member of U3A for the first time, to enrol in classes with vacancies, can do so ONLY on the

mornings of Wed 20 Jan, Thursday 21 Jan and Fri 22 Jan.

These three mornings, between **9am and 1pm** at U3A Centre, have been set aside specifically for new members to understand more about U3A program



offerings, and discuss appropriate classes and vacancies. When that is completed, all other existing U3A financial members will be able to enrol in classes that have vacancies.

Existing Financial Members can only

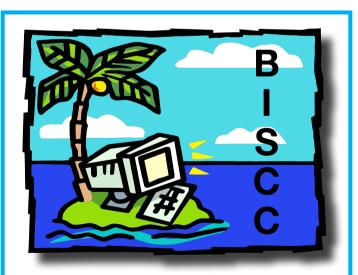
BRIBIE ISLAND COVID 19 VIRAL DRIVE-IN SWAB COLLECTION SERVICE



Pathology service: 4Cyte Pathology Address: 10 Banya Street, Bongaree, Drive-through: Yes

Phone: 0435328313

Opening Hours: 8am to 3.30pm M-F (Excl.pub hols) Booking Needed: No GP referral needed: No Children tested: Yes Notes: REMAIN IN CAR AT ALL TIMES



BRIBIE ISLAND SENIORS COMPUTING CLUB

for discussions and information **ALL WELCOME**

WE Meet at 1pm 2nd Tues of every month at Bribie Island RSL - ANZAC ROOM 99 Toorbul Street, Bongaree



enrol for classes on the mornings of Mon to Thu Jan 25, 26, 27 and 28 between 9am and 1pm. It is important to understand the different enrolment dates and times for NEW Members and EXISTING Members.

HEALTH, WEALTH & COMMUNITY

Do not come to U3A at any other times than specified,

CLASS VACANCIES

While some continuing courses may already be fully subscribed, vacancies exist in a wide range of courses, some of which are being offered for the first time, while other one term courses cater for a new intake of participants. Some classes with known vacancies are discussed below, but final vacancies and course content will be on the web site, www.u3abribie.org.au from January 18th.

Several classes offer aspects of this country AUSTRALIA. These include Social and Cultural History, Aboriginal Culture, Australian History, Australia Geography, and Bribie's Natural Environment.

For something physical there is Line Dancing, Lawn Bowls, Pickleball and Croquet and other fitness options include Tai Chi, Seeing Life Differently and Yoga.

Some academic topics include Correct English, Essential English and Essential Maths, Poets Corner and Poets Nook.

Computer courses range from beginners to experienced users, to

become more familiar with Windows 10 or the programmes in Microsoft Office. Other IT skills and devices include Photo Book Creations, Tablet and IPad and Smartphone for beginners. Completely new classes include Fabric Embellishment, creating artistic collages from scrap fabric items, and Feminism Insights which add to the diversity to the programme. Vacancies also exist in popular favourites such as Ukulele Fundamentals and Ukulele Absolute Beginners, to join the growing family of Ukulele players.

KEY DATES

MONDAY 18 JANUARY all courses with vacancies will be advertised on the website www.u3abribie.org.au.

NEW MEMBERS - WEDNESDAY 20 JANUARY TO FRIDAY 22 JANUARY from 9.00am to 1.00pm OTHER FINANCIAL MEMBERS

MONDAY 25 JANUARY to

THURSDAY 28 JANUARY (including Australia Day Holiday) from 9.00am - 1.00pm

NOELENE LAKE Bribie Accounting Services

TAX TIPS: IMPROVING YOUR BUSINESS CASH-FLOW

Cash-flow is very important for every business. You can be making a profit, but not have enough to pay your bills. You can have a healthy turnover, but be making a loss.

Try to pay irregular bills such as insurances and electricity monthly, to smooth out the cash flow. Do a cash flow analysis monthly, rather than annually.

Do you know your break-even point ? (how much you have to sell before your expenses are covered and you derive a profit)

Do you have a strategy to reduce costs and increase income?

If you need assistance with your business or personal tax affairs, please contact me.

PHONE 3408 9539

62 Cosmos Avenue, Banksia Beach www.bribieaccounting.com.au info@bribieaccounting.com.au

FOOD. WINE AND ISLAND TIMES

FOOD, WINE and ISLAND TIMES

IF YOU'RE PREGNANT. IT'S IMPORTANT TO ENJOY A WIDE VARIETY OF NUTRITIOUS FOODS EVERY DAY.

You should include foods from each of the following five food groups:

• Vegetables, including different types and colours, and legumes/beans

• Fruits & Grain (cereal) foods, mostly wholegrain, such as breads, cereals, rice, pasta, noodles, polenta, oats, guinoa and barley

• Lean meats and poultry, fish, eggs, tofu, nuts and seeds and legumes/ beans

• Milk, yoghurt, cheese and/or their alternatives, mostly reduced fat varieties.

AND DRINK PLENTY OF WATER.

Fish is also a good source of protein and many other nutrients including iron and zinc. Lean red meat and poultry are good sources of protein, iron and zinc. These nutrients are also provided by legumes, tofu, eggs, nuts, seeds and wholegrains. Although fish is healthy, you should restrict your intake of some types of fish when you're pregnant (see below for more information). Milk, yoghurt and cheese products or their alternatives provide protein, calcium and other nutrients.

It is also important for your baby's development to get an adequate amount of iodine and folate for which you are likely to need to take iodine and folate supplements. An inadequate amount of iodine intake during pregnancy increases the risk of mental impairment and cretinism in the newborn baby. Check with your health professional about your supplement requirements.

FOODS TO LIMIT

Like other adult Australians, you should limit your intake of foods and drinks containing saturated fat, added salt and sugar.

• Limit intake of foods high in saturated fat such as many biscuits, cakes. pastries, pies, processed meats, commercial burgers, pizza, fried foods, potato chips, crisps and other savoury snacks.

• Replace high-fat foods that contain predominantly unhealthy saturated fats such as butter, cream, cooking margarine, coconut and palm oil with foods that contain predominantly healthy unsaturated fats (polyunsaturated and monounsaturated fats) such as olive and canola oils, spreads, nut butters/pastes and avocado.

• Limit intake of foods and drinks containing added salt.

• Do not add salt to foods in cooking or at the table.

• Limit intake of foods and drinks containing added sugar such as confectionary, sugar-sweetened soft drinks and cordials, fruit drinks, waters with added vitamins and energy and sports drinks.

FOODS TO AVOID

If you are pregnant, it is important not to eat:

• Soft cheeses, such as brie, camembert, ricotta, fetta and blue cheeses

- Uncooked seafood
- Processed meats ham, devon, salami and other luncheon meats
- Bean sprouts
- Raw eggs
- Packaged or pre-prepared salads.

These foods can contain listeria, an infection that may cause miscarriage. While you are pregnant, avoid eating foods containing raw eggs, such as mayonnaise, because of the risk of salmonella, which could be dangerous to the baby.

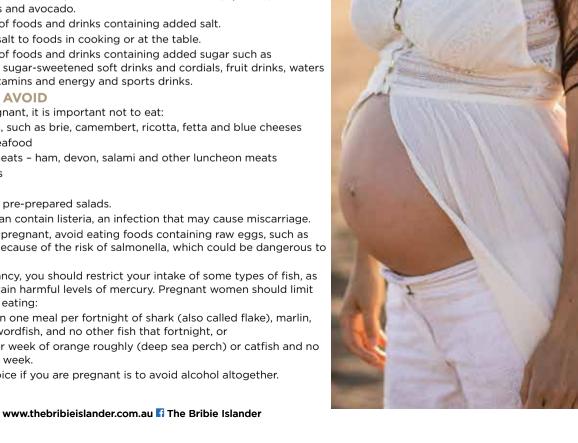
During pregnancy, you should restrict your intake of some types of fish, as they may contain harmful levels of mercury. Pregnant women should limit themselves to eating:

• No more than one meal per fortnight of shark (also called flake), marlin, broadbill or swordfish, and no other fish that fortnight, or

• One meal per week of orange roughly (deep sea perch) or catfish and no other fish that week.

The safest choice if you are pregnant is to avoid alcohol altogether.

iting



t some point vou'll probably be at the pub, out for a meal, or at a party, and be the only one not drinking. But staying sober in pregnancy doesn't have to be boring.

When everyone around you is drinking champagne as a toast, drink sparkling apple or grape juice from a champagne glass.

Instead of going for orange juice on its own every time, add something to liven it up. Splash in some cranberry, grapefruit or pineapple juice.

Mix half cranberry juice and half sparkling water, serve with ice, and add a twist of lime. It's a colourful and refreshing combination. If you find cranberry juice a bit sour, add a dash of orange juice for natural sweetness.

For a twist on a bloody Mary without the vodka, try a Virgin Mary. Mix tomato juice, a dash of Worcestershire sauce, a dash of tabasco sauce and a squeeze of lemon.

Non-alcoholic drinks also come with a few extra benefits:

Fresh fruit juice and milk-based drinks will help you get some of the nutrients you and your baby need. Your body will appreciate the extra fluids. Alcohol dehydrates you.

You'll save money, as non-alcoholic drinks usually cost less.

Also there won't be any argument about who's going to drive home and you won't be nursing a hangover the next day!

What non-alcoholic cocktails can you try?

Bars and pubs often list non-alcoholic cocktails on their menus. Look for a 'mocktail' or ask the bar staff for a recommendation. Or you could simply ask for a cocktail from the list without alcohol

FOOD, WINE AND ISLAND TIMES

SPICED FRUIT PUNCH

Ingredients:

- 600ml orange juice
- 600ml apple juice
- 150ml water
- half teaspoon ground ginger
- half teaspoon ground mixed spices Method:

Place the ingredients in a saucepan and warm gently over a low heat for about five minutes. Pour the punch into warmed glasses and add some slices of orange or lemon.

COCONUT DREAM

Ingredients:

- 200ml coconut water
- 1 ripe banana
- chunks of fresh pineapple
- juice of half a lemon or lime
- lemonade or mineral water to taste Method:

Combine coconut water, banana, pineapple and lemon or lime juice into a blender with ice. Top up your glass with lemonade or mineral water to taste. Great for cocktail lovers with a sweet tooth.

RAY OF SUNSHINE

Ingredients:

- 50ml apple juice
- 50ml pineapple juice
- sparkling water or lemonade, to top up Method:

Fill a two-litre jug with ice and add apple and pineapple juices. Top up the jug with water or lemonade.





Aussie Quick & Easy Recipes

Cheesy Garlic Scones INGREDIENTS

- 3 cups self-raising flour
- 3 tbs butter
- 1 1/2 tsp salt
- 3/4 cup tasty cheese grated
- 2 garlic cloves crushed
- 1 1/2 cups milk

METHOD

- Preheat a fan forced oven to 220C.
- Sift flour and salt and rub in butter.
- Stir in cheese and garlic.
- Make well in centre and pour in milk and knead lightly.
- Cut into portions and brush with milk.
- Place onto oven trays and bake for 10-20 minutes.

Tim Tam Balls

Ingredients

- 200 g Arnott's Tim Tams
- 395 g condensed milk 3/4 of a can
- 1 cup desiccated coconut *to decorate

Method

Crush Tim Tams in a blender, then fold in 3/4 of a can of condensed milk.

Roll mixture into balls, then roll into coconut or grated chocolate. Refrigerate until firm.

NOTES

Use 3/4 of a 395g tin of condensed milk otherwise the mixture will be too sloppy.

Instead of desiccated coconut, you can also use chocolate sprinkles or grated chocolate.



INGREDIENTS

- 18 lamington fingers
- 250 g white chocolate
- 300 ml thickened cream
- 2 tsp gelatine powder
- 3 tsp water

METHOD

• 125 g cream cheese

• 250 g mascarpone

- 1/2 cup caster sugar
- 1 tsp vanilla extract
- 250 g dark chocolate
- 1/2 cup thickened cream
- 1/2 cup desiccated coconut to decorate

Fold through mixture.

7. Pour over lamingtons and set in fridge overnight.8. Once set, melt dark chocolate and extra thickened cream together then refrigerate for 20 minutes to make ganache and spread over cheese cake. Sprinkle with coconut.

9. Refrigerate until topping sets.



Grease and line a 17 cm x 27 cm slice pan with baking paper.
 Lay lamington fingers side by side in pan.
 In a heatproof bowl, melt white chocolate and 150 mL of cream

 In a heatproof bowl, melt white chocolate and 150 mL of cream in microwave in short bursts, stirring regularly until chocolate is melted and cream is completely mixed into chocolate.
 Mix gelatine and water together. Heat in microwave for 20 seconds or until gelatine is dissolved. Stir into chocolate mixture.
 Beat cream cheese, mascarpone, sugar and vanilla until soft and creamy, then beat in chocolate mixture.
 HOW TO PREPARE VANILLA

6. In a separate bowl, beat remaining cream until soft peaks form.







1 Coolgarra Avenue, Bongaree. (Next to McDonald's)



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HOME DELIVERY AVAILABLE

Support your local businesses

AUSTRALIA DAY



FAIR GO, MATE. FAIR SUCK OF THE SAUCE BOTTLE. FAIR CRACK OF THE WHIP

Made famous by the ill-fated former Prime Minister Kevin Rudd, who enjoyed using Australian slang to speak to the electorate and often pleaded for a "fair suck." The phrase generally means that you want to be treated fairly.

"Fair suck" was coined by struggling Australian families who shared droppings of tomato sauce to flavour their meat. Such was the hard life that all they wanted was an equitable suck. In the fields, they needed a "fair crack of the whip." Fair go, mate.

NO WORRIES, MATE, SHE'LL BE RIGHT

Reflects a national stoicism that suggests everything (she) will turn out fine in the end. This being the case, there's no real point in worrying about anything.

HAVE A CAPTAIN COOK

A look, a brief inspection. In apparent

honour of the first Brit to map eastern Australia, Captain James Cook, who skippered the HMB Endeavour. After landing at Botany Bay he sailed on past Sydney Harbour. He had a Captain Cook (a look) and liked it.

WHAT'S THE JOHN DORY?

John Dory is a fish found in Sydney Harbour and its great grilled with lemon and pepper, or deep-fried. It also rhymes with story. So when people want to know what's going on, or they're requesting the "goss" (gossip), they ask what the John Dory is.

AUSTRALIA DAY

A FEW STUBBIES SHORT OF A SIX-PACK. A FEW SANDWICHES SHORT OF A PICNIC

A six-pack has evolved to mean anyone with fit abdomens, but long ago the six-pack was (and still is) a group of beers. If one is perceived as being a little slow -- more than feeling "under the weather," they're actually guite dumb -they're a few stubbies short of a six-pack. They're not the "full guid." For those who don't speak about money or alcohol, they're "a few sandwiches short of a picnic."

TELL HIM HE'S DREAMING

Given air time by Michael Caton in "The Castle:" when you advise someone involved in a business transaction to tell their counterpart that he's "dreaming," you're suggesting that the other side is not offering a fair deal.

DOG'S BREAKFAST

Messy, but doesn't refer to food. Often used by parents to describe their kids' chaotic lives. Not in order, a shambles, no thought, just a bit of everything. A "dog's breakfast."

WRAP YOUR LAUGHING GEAR 'ROUND THAT

While some suggest you can laugh on the inside, your main laughing gear is your mouth. So when you wrap your laughing gear 'round something, you eat it.

RIPSNORTER

Someone playing a good game of sport (having a "blinder"), or something that's exceptionally good. Can also be "bonza" or "beaut."

BETTER THAN A HAM SANDWICH. BETTER THAN A KICK UP THE BACKSIDE

Something that is better than nothing. Even if you are paid peanuts -- a pay rate that usually attracts monkeys -- it's better than a kick up the backside. You'd prefer a "fair whack." As things become more worthwhile, they may even be better than a ham sandwich.

BUCKLEY'S CHANCE

William Buckley was Australia's very own Robinson Crusoe, a man who escaped a convict ship during the first attempt to settle Melbourne in 1803. Three decades later, colonials returned to find a tattooed, two-meter tall, long-bearded man with half Aboriginal children who spoke tribal tongue. He picked up English within days.

They soon realized it was Buckley, who was given a pardon and used as a peacemaker between whites and blacks. Buckley's local knowledge led settlers to indigenous tribes throughout modern-day Victoria. He advocated cooperation with Aboriginals. After the 1840s decade of indigenous slaughter saw locals massacred, it was said that he had "Buckley's chance" of making peace.







BBQ

26

This is a mandatory exercise. You can't call yourself an Aussie if you don't have snags, burgers and lamb chops hitting the BBQ plate at some stage in the day. I am sure there is a law that requires this!

WHAT IS A BBQ WITHOUT BEER?

Eskies and beer fridges must be packed. It is completely un-Australian to not be able to crack a beer or have enough to offer your mate one. (There is non-alcoholic versions now available as well for those who don't like to drink alcohol) Then later in the day, when you have had a couple, you may be able to earn the true yobbo title if you misbehave and embarrass yourself, before passing out early.

CANE TOAD AND CRAB RACING

If you can't beat 'em, race 'em. A perennial pest and scourge of the tropics, cane toads are hated by many Queenslanders. Runners start from the centre of a chalk circle, the winner being whoever makes it to the edge first. Victorious toad owners get a share of the pot, and the toads live to race another day. Ever wondered how fast a crab can scuttle? Ever wanted to bet on it? Shells are painted with each crab's number, so you can easily follow your champion, and cheer them on. The events have a family feel, so take any win or loss in good humour and don't be crabby about shelling out

AUSTRALIA DAY IS RIGHT AROUND THE CORNER GUYS. SERIOUSLY THOUGH, HOW IS IT NEARLY AUSTRALIA DAY ALREADY? I AM STILL EATING CHRISTMAS LEFTOVERS! BUT AS WE ALL KNOW, TIME SITS STILL FOR NO MAN, SO LET'S CELEBRATE IN OUR OWN TRULY AUSSIE WAY!

By Cherrie Wilson AUSSIE SLANG IS MANDATORY

Crikey, blimey, drongo, peanut, strewth, bonza and beaut, bought the farm, roo short in the top paddock, these are just a few of our fantastic sayings. These must be used in abundance with the good old Aussie drawl.

TATTOO TIME

You aren't Australian unless you have an abundance of Australian-themed temporary tattoos stuck to your body and face. Southern Cross, Boxing Kangaroo, Aussie Flags and Australia tattoos are the fav's. The more tattoos, the more patriotic you are. Combine this with yellow and green sunscreen and you are a winner!

AUSSIE CRICKET MATCH

Beach or backyard cricket with the esky and wheelie bin as the stumps is a must. I can't say too many other sports have the same group interaction on Australia day, this is the one that you must sledge your opposing team! It's the Australian way.

STEAL NEW ZEALAND'S STUFF AND CLAIM IT AS OUR OWN

Australians know no shame, if it's good and comes from New Zealand, it is automatically ours; Lamingtons? Straya! Pavlova? Straya! Russell Crowe? STRAYA! Crowded House? Definitely Straya. Phar Lap? Greatest Strayan horse to be bred on our fine shores.

DRESS TO IMPRESS

Australia Day is officially the only day it's acceptable to buy your entire outfit from a dollar shop, from your Aussie flag singlet, blue shorts, Southern Cross bucket hat, sunnies and weird necklaces with shot glasses attached to them for no reason. Obviously, you'll throw it all out the next day because it'll be: a) Filthy and b) reeking of alcohol. So Embrace being Australian and the day you can look like a complete yobbo, eat and drink to excess all while using patriotism as the excuse and taking great pride in our country and it's traditions!

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AUSTRALIA DAY

You know you're an Aussie when:

You know you're an Aussie when:

You say 'just these thanks' at the servo counter

You say 'yeah good chat mate' when you're talking to someone and they don't respond

You buy lunch from a food court for \$9.95 and tell the person behind the counter to 'keep the change'

Saying 'she's s*** herself' when the car won't start

You say 'you're not wrong' when someone makes a good point

You stick the footy fixture on the fridge You call children 'champion'

You say 'is it smoko yet' after you've been at work for 10 minutes

You tell your mate 'I can't take you anywhere' when they drop something in public

You pour the leftover flavour out of the empty Shapes packet into your mouth

You remark 'here's trouble' or 'look at what the cat dragged in' when you see an old mate

Knocking on mate's car door after you close it as a final goodbye gesture

When someone offers you a beer you say 'it'd be rude not to'

When it's a full moon you say 'the crazies will be out tonight'

You say 'it's not the heat, it's the humidity that gets you' on a hot day

You refer to random items as 'these bad boys'

You think any bad situation is a 'stitch up' When someone says 'it's a bit hot' and

your response is 'it's not cold' You pretend to let someone in your car

You pretend to let someone in your car then drive off a little bit when they open the door

You respond 'true' to literally every statement

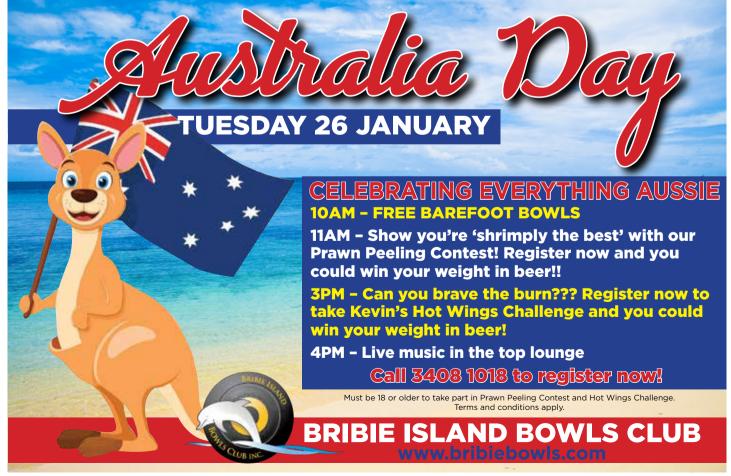
You say 'that was quick' when someone leaves but returns because they forgot something

You say 'yeah no worries mate' when you let someone merge in front of you and they don't wave

You say 'its 5 o'clock somewhere' when justifying pre noon drinks

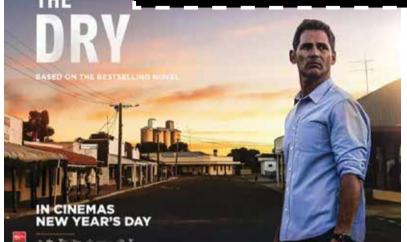
You use a bread clip to repair your thongs All the glasses in your kitchen have been knocked off from your local pub





FOOD, WINE AND ISLAND TIMES

movie review



he Dry is an intriguing and compelling new release adapted from the novel written by the award-winning Australian author, Jane Harper. The film opens as Aaron Falk, played convincingly by Eric

Bana, travels through drought-stricken Australian countryside to the fictional town of Kiewarra, where Falk grew up. He is there solely to attend the funerals of a childhood friend and members of that family. Given the film was shot in the flatlands of Victoria's Wimmera, viewers are given a real taste of how



THE ADVENTURES OF PRISCILLA, QUEEN OF THE DESERT (1994)

The low-budget feature film that inspired a long-running international hit stage show introduces you to three men who dress up as women as they tour their show across Australia. Featuring everything that a road trip movie could need, the colourful bus named Priscilla becomes home to drag queen Anthony and his cross-dresser and transgender friends as they travel from Sydney to Alice Springs.

MAD MAX (1979)

Mad Max was – and still is – an awesome depiction of a dystopian Australian future. Murderous gangs run riot on its endless highways – a far cry from today's Australia, where most city dwellers are scared to 28 www.thobribiaid cross the street before the walk signal illuminates.

WOLF CREEK (2005)

We all get a little irritated by tourists from time to time, but Crocodile Dundee-styled Mick Taylor takes it to the extreme. Supposedly based on true events, Wolf Creek is about a tourist-despising serial killer (John Jarret) with a hunger for backpackers in the Australian outback. His feigned kindness soon spirals into intoxicated captivity and gruesome murder.

MURIEL'S WEDDING (1994)

Socially awkward "ugly duckling" called Muriel (Toni Collette.) is obsessed with ABBA, the target of ridicule from her so-called friends, has a psychologically abusive father, but dreams of meeting the ideal man, having a glamorous wedding devastating the drought has been for that region.

Grieving locals considered the deaths of these town-folk a murder/suicide -the result of a husband drowning

in farm debt and despair. The parents of the deceased, however, are convinced of foul-play and plead with Falk, a member of the Australian Federal Police, to informally probe further into the slayings.

Resentments and unexplained accusations against Falk simmer throughout his investigative process which provide the subplot to this story. Falk's puzzling childhood flashbacks raise more questions than answers as audiences are invited to track both story lines.

Director/co-writer, Robert Connolly, has done justice to both narratives creating an ultimately satisfying but somewhat unfinished conclusion.

Bana is outstanding as an investigative officer whose screen presence is not only commanding but also convincing.

Unsurprisingly, Harper's novel won the Ned Kelly Award for the best crime fiction in 2017 as well as the 2018 British Book Award.

If you have not read Harper's novel, you may want to see this film before you do to savour the intrigue as the story unfolds. Watch for The Dry to feature on Bribie. It is a film you won't want to miss.

Chris Connolly



and drastically improving her mundane social life. She soon discovers the harsh realities of the real world and the disappointments it can bring.

RED DOG (2011)

The Australian comedy-drama follows the journey of a 'red' dog in search of his long lost master. Meeting many people throughout his journey, he makes his way into everyone's hearts, bringing a local community together at last. This film is based on the legendary true story of a red dog uniting a local community like no other whilst roaming the Aussie outback.

CHOPPER (2000)

It takes a big man to step into cult criminal author Mark Brandon Read's shoes – the guy had both his ears cut off to get out of a maximum-security prison, for heaven's sake. But Eric Bana does it beautifully in Chopper, set in a thoroughly dodgy and drug-filled late 80s and early 90s Melbourne.

PICNIC AT HANGING ROCK (1975)

A haunting tale of a group of schoolgirls who mysteriously disappear during a school picnic on Hanging Rock. Somewhat unusually, the mystery remains unsolved by the end of the flick.

THE CASTLE (1997)

This micro-budget comedy – the film debut of Aussie export Eric Bana – follows the Kerrigan family as they try to keep their gaudily-bedecked family home from being bought up and demolished by the expanding Melbourne Airport. FOOD, WINE AND ISLAND TIMES



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AUSTRALIA DAY

LOOKING FOR A NEW AND FUN DRINKING GAME? CHECK OUT COOKED AUSSIES NEW CARD GAME!!!

Cooked Aussies has landed and ticks all the boxes, providing a fun and humorous drinking card game that is more Australian than your best mate Damo.

With Australian-inspired tasks for players to complete, Australia-themed categories to list and more, Cooked Aussies is a completely unique drinking game suitable for even the most seasonal Australian drinkers. Drinking Card Types

There are over 300 cards included in the Cooked Aussies box – yep, that's a lot of cards!

Within these 300+ cards, there are 4 key types of cards including rule cards, drink cards, category cards and vote cards. Each type of card is played slightly different and gives a bit of extra uniqueness to the game as a whole. The cards also have a different 'sips' number, which changes the penalties from breaking a rule or being selected/losing on a yellow card. Look, you can't go past a drinking game that is made for Aussies.

All the rules and the drinking cards are topical and very Australian. Even the way the cards are written are true Australian slang and sure to give you a good laugh (and a sore head in the morning).



You be playing this game for months and years to come!! How to Play

The game is easy to play.

After opening the box, separate the green and yellow cards into two piles. The oldest player is the rule master. For each round, the rule master picks a green card to play and everyone else picks a yellow card. Then, simply go around the table clockwise completing the tasks on each card. After playing a few rounds, you might find the rule master is missing out a bit. So, you can opt for a new rule card to be selected each time you make it back to the starting player. This allows all players to select a yellow card whilst still having a new rule in place every rotation.

The best thing about the game is that it can be played however you want to play it. You can also integrate it with other drinking games such as Kings Cup to give an old game a new spin.

How to Order Your Own Game

Cooked Aussies is available to buy direct from the Cooked Aussies website. Select from the Card Game on its own, the 'Smarter Milk' expansion pack, or go all out with their combo pack option.

Delivery is free and available Australia-wide through Australia Post. It usually takes around 5 business days to arrive, but this will depend on your location.

Go on, give it a whirl – It'd be unaustralian not to!

Cooked Aussie has generously donated some games to give away, so please fill out the below completion form and either mail it in or drop your entry into the office. I will however point out, this game does have some explicit content and so if you are of the sensitive nature, this game is not for you!

The Bribie Islander Magazine 8/9 Toorbul Street Bongaree Qld 4507



WIN WIN WIN -COOKED AUSSIES CARD GAME

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AUSTRALIA DAY

Outback Fishing by Terry Ludgat

I was working in the country And in case you think I had it made.

It was forty-five in the open But only forty in the shade.

It was hard, and we were sweating,

Everything we touched was hot. If we'd just had two cold beers, We'd have downed them on the spot.

Now John, he was a local And he stopped and scratched his head.

"I reckon we're working far too hard,

So I'll tell you what," he said. "I know a bloke who knows a bloke,

Who has a piece of land, So on Saturday we're leaving, Cause I've got some fishing planned."

Now I'm a city boy you see, And I had this funny notion. That if you wanted to catch a fish or two, First you had to find the ocean.

So I dropped my tools and turned around, As my sweat began to pool. And I said, "Mate, I know I'm from the city, But I'm not a bloody fool." "I'd love to go out fishing" I said, "But I'm not going to drive all night."

He looked me up and down, then laughed. "Don't worry mate, she'll be

right."

So that night in town, he talked to Mick, Who said he'd love to go. Then Dave came in and said "Too right

Mate, I'll go with the flow."

"Just leave it to me," said John. "I'll plan it all, don't fear. We'll have snags and spuds and loaves of bread And a nine gallon keg of beer."

So we left...We headed west from town, While they taught me all they

knew.

By the time we hit the Barwon, I'd know exactly what to do. We stopped at all the small canals,

They caught yabbies by the score.

"That's enough," said John at last, "We just don't need no more."

"We'd better go and pick our spot

And set our lines up right. Then we'll light a fire and have a beer And settle in for the night." Well by nine o'clock, the lines were set

And we'd had our grog and food. Mick had drunk just a beer or two, He was just on three parts stewed.

"I'm going to have a sleep," he slurred,

As he curled up in his swag. But Dave it seemed, had other ideas,

He had a tortoise in his bag.

We waited for Mick to doze right off,

Put the tortoise on the ground. Then waited till its head popped out,

As we silently gathered around.

Its head was there, right before his eyes, As we nudged him to come awake. Then as he moved, Dave leaned real close, And he whispered..."Mick, a snake."

Mick's blurry eyes saw this scaly head, Bobbing in his line of sight. Mate, Mick was black but I'm telling you, I swear that he turned white. You could see him tense, as he felt a stick,

Then swung it like a club. We thought it best not to hang around, We were heading for the scrub.

The tortoise knew just what to do, It just tucked its head in tight. But I got a bit worried when it flew past me, Mick was spoiling for a fight.

Well, we didn't catch any fish that trip, I was happy just to survive.

Cause if Mick could run like he could fight,

I'd be lucky to leave alive. I'd thought he had a sense of

humour,

Fair dinkum, he didn't see the joke. "No worries," said John, "next time we come.

I'll bring some other bloke."

So John was right, his trip sure worked,

Fishing out the back of Bourke. I was pleased as hell to pick up my tools,

And just get back to work.



Koalas Need More Than A Population Census

Dear Minister,

2 December 2020

We, the undersigned, who are leaders in koala conservation, habitat revegetation, rescue & rehabilitation, representing every state within the koala's range, call on you to immediately halt land-clearing & development in koala habitats.

We would be thrilled to welcome your announcement of funding for koalas, but can only do so when you take action on the primary cause of koala decline: habitat loss.

Nearly a decade ago, in 2011, the Federal Government Threatened Species Scientific Committee called for action to avoid "further loss, fragmentation and degradation of habitat critical to the survival of the koala".

That did not happen. Instead, it got worse. There are now two separate nominations to up-list koalas from Vulnerable to Endangered.

Degradation of koala habitat has increased under your government, and continues right now. Koalas cannot wait for a national count to reveal their numbers. They're on a knife-edge now.

Koalas, and the people who speak for them, need more from you than a population census.

We will not be diverted. We have no time for 'trade-offs' or 'lines in the sand'. Koalas need action now, before it's too late.

Facts You Should Know:

- The biggest causes of koala decline are habitat loss & degradation, climate change, disease, dogs and motor vehicles,
- Habitat loss from native forest logging, land-clearing for housing, industry, agriculture and mining, forest clearing for roads and railways in koala habitat are the biggest threat to koalas,
- Bushfires and droughts resulting from climate change cause rapid koala population declines, as we witnessed after the devastating 2019/20 bushfires which killed at least 6382 koalas in NSW alone,
- New South Wales koalas are predicted to be extinct by 2050,
- Queensland's koala population is in a spiral of escalating decline, also heading towards extinction,
- Koala populations in Victoria and South Australia face many of the same threats as their northern counterparts,
- Revegetation alone will not save koalas.



We call on you, Minister, to:

- overturn all development approvals on sites with koala habitat,
- refuse upcoming development approvals on sites with koala habitat,
- apply pressure to the states to halt native forest logging in koala habitat,
- make funding available for new national parks containing important koala habitat.

This joint statement is signed by:

Janine Duffy President Koala Clancy Foundation VIC Rebecca Keeble Oceania Regional Director International Fund for Animal Welfare



Ali Bee



Dirk Jansen Veterinarian & President President Magnetic Island Koala Hospital QLD Mornington Peninsula Koala Conservation VIC



Libby Round Chairperson KOALA RESCUE, SA



Dailan Pugh President North East Forest Alliance NSW





#wildandfree @koalagardens

Robyn Peile President Koala Island Foundation VIC



Susannah Keogh President Friends of the Koala Inc. NSW







Vanda Grabowski

President

Sue Gay

Moreton Bay Koala Rescue QLD

e.TOh

Terri Harvey

President

Public Officer

Save Mt Gilead Inc. NSW

Tim Morrison

North Coast Environment Council NSW

Esther Gallant

President

Koala Action QLD

Robyn Jackson President Koala Action Cympie QLD



Frances Pike Co-ordinator Australian Forests and Climate Alliance.



John McCarthy Secretary Kogarah Residents Association, NSW President Queensland Koala Crusaders QLD ens/

Meghan Halverson



Dr Mark Fancett President Peninsula Preservation Group Inc, VIC



Treasurer Reptile Rehabilitation Qld Inc.

Co-ordinator Volunteer Eurobodalla Koala Project NSW





Rescue

Nature Conservation Council of NSW







Dr Keith Ioliffe

18mo female koala Lakorra in You Yangs, VIC. Fit by Janine Duffy

WOT's On...



17Jan SUNSET SESSIONS Tayla Adams

The Jetty

2 Toorbul Street, Bongarwee When: 1:00pm - 4.30pm

Join us on the 17th of January as we welcome back the lovely Tayla Adams to play music from 1-4:30pm. Be sure to book ahead and enjoy the sounds of the very talented performer.



18 Jan

WHAT: Soccer, Dodgeball, Nonstop Cricket, SAQ (Speed, Agility, Quickness), Team Pictionary and a water fight (weather permitting) Ages 6 and up. Players will be matched into similar sizes and abilities. All participants are required to wear training shoes (no thongs), and wear suitable kit. MUST BRING: Packed lunch, sun screen,

a hat, drink. LUNCH IS NOT PROVIDED VENUE: Bribie AFL Sports Grounds (Maroon Bulldogs Building) First Avenue (Entrance 3) Bongaree More details on https://www.trybooking. com/events/landing?eid=692574



18Jan

Mon, 18 Jan, 4:00 - 5:30 am CREATIVE WRITING

Got an idea for a story but not sure where to start? Pick up tips from local author, Marissa Price, in this workshop.

1 Welsby Parade, Bongaree QLD



23Jan

Bribie Island Hotel is proud to present The Doors. Sat 23 Jan

Unlocking The Doors' are appearing in a mesmerizing tribute to the eclectic and provocative music and poetry of Jim Morrison and the Doors

Bribie Island Hotel 29 Sylvan Beach Esplanade, Bellara QLD





Bribie Island Hotel is proud to present The Black Sorrows. Sat 30 Jan LIMITED TICKETS AVAILABLE

Doors: 8pm Joe Camilleri and The Black Sorrows are one of Australia's most prolific and enduringly popular bands renowned for their high-energy live shows, musicianship and infectious, rootsy rhythms. Joe will present the classic soul, blues and country hits you love from The Black Sorrows' enormous back catalogue along with a selection from Jo's 50th album release The Black Sorrows' Saint Georges Road (due out in early 2021). Join in the celebrations at the gorgeous Brennan Park, Bribie Island for an easy-going, Aussie time. Australia Day on Bribie Island is free to attend and one the whole family can enjoy. From 12:00-7:30 pm the Australia Day party on Bribie Island stage will host a huge array of live performers and talented bands.

Hit the golden sands for an Aussie cracking fun time with beach cricket, beach sack races and beach volleyball, or cruise out in the beautiful water with the Float 'n' Fun Paddle Boards and Peddle Boards. Enjoy garden games on the grass including giant beer pong, giant Jenga, and tic tac toe. And you won't want to miss out on the amazing Lamington eating contest!

AU

WOT's On...





Fireworks from 7.30pm at Brennan Park, Bongaree



Every Fri... Bribie Bowls Club

PRIZES VALUED AT \$1250 Tickets on sale from 4.30pm Drawn from 6.30pm. Meat trays proudly supplied by WAMURAN COUNTRY MEATS Bribie Island Bowls Club 11-23 Welsby Parade, Bongaree 3408 1018 www.bribiebowls.com



Every Wed... Bribie Island RSL

7pm & FREE to play Hits from the 60's, 70's, 80's, 90's and today **CASH JACKPOTS UP FOR GRABS.**

COVIDUPOIS



ovidiot. Iso. The 'Rona. Zoom. These are just some of the terms, along with 'social distancing' and 'contact tracing' which have marched unbidden into our lexicon in 2020 – this year of the great pandemic.

And I've coined another word. Covidupois. I like to think of it as part French, part medical. It sounds important too.

I'm afraid this word is apropos for me and many of my friends. It's my term for the weight we've all put on during this period of working at home, watching endless hours of Netflix crime series and supine listening to podcasts. And of course, trying out new recipes.

I gained my first tranche of Covidupois in the breadmaking phase of the pandemic. Remember way back in March when we were all making our own bread? The making was fine. As was the posting of the golden-crusted goodness on Facebook. Friends were jealous of our culinary skills. It made us feel good.

But it was the subsequent eating of those luscious loaves, straight from the oven and lathered with jam (home-made of course) that stacked on the Covidupois.

And so now I look down fondly on my very own little bread basket, nestling just under my already spreading waistline.

Having to limit our socializing and retail therapy has had unforeseen consequences. We've been forced to seek comfort in our homes. And for me that means comfort food. Oh yes, I planted that veggie garden and it's going gangbusters. Thanks for asking. But there's only so many Asian greens a person can eat. Greens simply can't fill the void caused by this anti-social virus.

I attribute my second tranche of covidupois to becoming ever more sedentary and bored. Feeling bored? Have some dips and biscuits. My other downfall has been the copious cups of tea in front of the telly accompanied by the odd (and the even if I'm honest) chocolate biscuit. I have languidly grazed my way through the pandemic like a contented cow in a fattening field. In my mind, I've justified this piling on of Covidupois as an insurance policy against the famine to come. Er ... what famine?

Then there's the increased screen time on streaming platforms, making the sedentary lifestyle complete. Zooming with family? That's a time for wine and cheese. Perhaps it's just me and my nearest and dearest, but the longer these family sessions go on, the more wine is needed.

Face-timing and doing cryptic crosswords with my darling daughter locked down in Melbourne? This calls for more substantial sustenance. We've settled in for the long haul (and that thirteen-letter word at twenty down has really got us rattled) so it's hash browns and beer, possibly followed by mini drumsticks (the ice-cream's, not the chook) and left-over lasagna.

My increased Covidupois has got me Covid-anxious. How am I going to get rid of this weight, now that we can see the light at the end of the Corona Virus tunnel? (Well you would be able to see the light if my increasingly corpulent body wasn't in the way).

I've gone back to the pool for laps and I'm trying to ride my bike when I can. But I really need to stop this continual comfort food grazing cycle I've created.

It's time for me to stop being such a Covidiotic couch potato! Time to put those chocolate biscuits in 'iso', and socially distance myself from the chardonnay. Yes. It's time to bid a fond farewell to my Covidupois. Wish me luck.

REGULAR FEATURES



Arriva BY: Elaine Lutton.



The other day I was thinking about what a mixed year this has been. A real curate's egg, good in parts. There have been the obvious not-so-brilliant aspects of the last twelve months, but on reflection, I have much to be grateful for. It all boils down to family and friends and I certainly seem to have been blessed in both departments.

As regards family, today my son and his tribe of girls arrived from Melbourne. There is his wife Leigh and daughters Ava, Eadie and Penny in descending order. Being slightly nervous about their arrival, I had the whole place in what I considered to be, immaculate condition. However, my son gave the place the kind of inspection that only one's adult children are capable of doing. I think they are checking that one's mental capacities are still functioning in a proper manner and although it is kindly meant, am I alone in finding it slightly irritating? He did find a spot of dust under the charger of the vacuum

cleaner which had to be removed, but really this was nothing compared to the chaos that three healthy primary school children reduced the place to within fifteen minutes of their arrival. Nevertheless, I know I have a good and loving son just as I am equally privileged in my daughter. She and her family live in Burpengary so I get to see her often. This Christmas she paid me the ultimate compliment of thanking me for being "a low maintenance mother". Whilst she was looking forward to nothing more exciting than sleeping and being with her husband and sons, her mother was out partying, eating oysters, drinking far too much Prosecco and Champagne and, so to speak, dancing on tables with her friends. There was so much laughter that another guest was heard to say "this is all very well but at our age, it does present issues of continence control". Many thanks to Bill and Peter who

have organised these riotous events and during the past year have helped with the purchase and assembly of beds for my Berage (transformed garage) enabling Ferrari to sleep peacefully at night after his daytime exertions.

Many grateful thanks to all my fellow partygoers who made the Festive Season so enjoyable. Other folk to thank are all the strangers that Ferrari and I have bumped into, thankfully not literally, whilst out and about. It would be great if all the courtesy and good manners showed both by pedestrians and riders of all persuasions, would extend right throughout 2021. Small children practising their "Hellos" and Goodbyes" accompanied by enthusiastic waves are a joy. Whilst I am writing my letter of thanks, I must not forget all those people on checkouts who are so patient with my fumbling's, and pack my bags so much more speedily and efficiently than ever I could, and the patience of shoppers behind me who tell me not to hurry.

More thanks to those of you who say you enjoy my writing in the Islander, especially Cherrie who has always encouraged me. You have no idea what a boost it is to my morale, or how much I enjoy writing them. Thank you, Anne, for putting Writer on my Rotary badge, you galvanized me into action after a long period of not venturing into the "realms of gold".

Special thanks to Jack and Suzie at Bongaree P.O. who are patience personified when it comes to addressing my post, to Dr Nash, my dancing dentist and to Dr Khan, who should be on holiday in the U.K. but has remained here purely to make me laugh. Or so he tells me. Thank you to my accountant Ron, without whom I could not face Tax Time, the tellers at my bank, my computer man, Tony, my telephone man, Chris, and all those who have mowed my yard this last year and friends that have helped keep my home to rights. To Nikolai and Helen who managed to give birth in the midst of a Melbourne Lockdown, well done!

Particular thanks to friends such as Pat, Marie, and Judith; close female friends are invaluable. I have begun to list people which is dangerous as I am sure to miss someone out and feel bad about it afterwards so to all who have shown me kindness over the past year, many many thanks. I must not leave before mentioning overseas friends such as Harriet, Jenny, Mary, Efrem and Luciana, Cousins Jill and Jane, my brother John and nieces Susan and Nikki. How fortunate I am to have such friends and family.

To all, I hope you had as good a Christmas as I did, and let us pray that, with the help of a few needle jabs, 2021 will be a better year. HISTORY

Bribie Inspired HISTORY WRITER **Hector Holthouse** and Zena Turner

HECTOR HOLTHOUS

EVERAL NOTABLE AUTHORS AND HISTORY WRITERS HAVE MADE BRIBIE THEIR HOME OVER THE YEARS. THIS ARTICLE IS ABOUT TWO QUITE DIFFERENT PEOPLE, HECTOR HOLTHOUSE AND ZENA TURNER, WHO WERE **INSPIRED TO WRITE** HERE FROM THE 1960'S. IT IS A SUMMARY OF A PRESENTATION RECENTLY GIVEN BY HISTORICAL SOCIETY SECRETARY LYNNE HOOPER

Journey to "Yamma Yamma"



HECTOR HOLTHOUSE by Lynne Hooper

Hector wrote more than 30 books about Queensland history, and until recently, a room at the Bribie Library was named in his honour, but sadly is no more.

Hector, born in Toowoomba in 1915, started work as a Brisbane Telegraph journalist prior to WW2 and visited Bribie regularly from 1960.

He moved to live here in 1976 when he married Sibyl Shiach.

Bribie

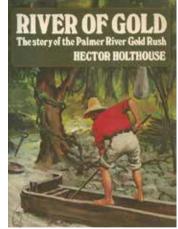
MUST SAVE ESPLANADE TREES

BRIDGE PILES

His first very popular book, River of Gold, written in 1967, told of the Palmer River Gold Rush in North Queensland. He wrote to engage and inform, so his books covered



life as it was on the wild and untamed Queensland frontier. No subject was off-limits and his easy style made colonial history an enjoyable read with titles like Cannibal Cargoes, about South Sea Island Kanaka labour, followed by Up Rode the Squatter, then Cyclone, Gympie Gold, White Head Hunter. His celebrated book, Suppose I Die is the true story of a young English bride who in 1912, with her new husband, travelled to North Queensland, to set up home on a pastoral station. In the late 1970s, Hector began writing Illustrated

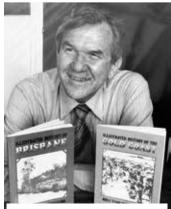


Histories, starting with Illustrated History of Queensland, followed by Illustrated History of Brisbane, and the Gold and Sunshine Coasts. A keen photographer, he also produced a number of photographic books of Queensland.

Hector's second wife, Sibyl Shiach, was the reason he moved to Bribie Island. As a single girl, she had purchased a block in a new land release

in Bongaree in 1959, and later bought the adjoining block. Sibyl met Hector while working at the Brisbane Telegraph newspaper, where she was the Editor-in-Chief's secretary for over 10 years, before becoming a journalist herself.

After Hector's death in 1991, Sibyl donated copies of all the books he had written to the Bribie Library. Sadly, his books are no longer held in the Library, and a room that honoured his name was changed in recent renovations. Sibyl was active in the Bribie community as a volunteer at the Abbey Museum, the Community Arts Centre and a member



Hector Holthouse with HIstory Books

HISTORY

of BIEPA. She kept a bush garden, knew every bird, and



even in her 80's kept sticks on the patio to scare away the introduced birds.

She outlived Hector by 30 years, and after a dementia diagnosis, moved to Foley Street Nursing Home, until her death at the age of 91 in July 2020. Sibyl had been a dressmaker, collecting fashion through the eras, and asked to be buried in her fabulous silver and rainbow Lurex gown from the 1970's.

The Historical Society were kindly invited by Sibyl's niece Holly to select books from the Holthouse family personal collection, to add to their database.

ZENA TURNER – by Lynne Hooper

Bribie first newspaper, The Bribie Star, began in June 1962, a year before the Bribie Bridge was built. With a resident population of about 700 people, that first newspaper was a vital community communication. A keen environmentalist, Zena Turner, lived at Woorim and wrote her first article called "Bribie Walkabout" in September 1962, to share her love of bush walking at the Bribie Lagoons and the interior of the island.

Zena had come to Bribie in 1944 with her husband George, a WW2 Rat of Tobruk, after he returned from Egypt infected with tuberculosis. They progressively built a home they called "Ocean Edge" in Rickman Parade, Woorim, at a time when building materials were scarce and it took years to be finished.

Zena also wrote about the Elusive Sea Worm on Woorim's beaches, and articles on the environment including Bribie's Birds, Must Save the Esplanade Trees, and Wild Life Sanctuaries. For the special Souvenir edition of the "Bribie Star" when the Bribie Bridge opened in October 1963, she started writing her many articles on Bribie history.

Zena was the aunt of young artist Dale Marsh, now known for his iconic "Welcome to Bribie" mural. He was just a boy at the time but later wrote

Turner & Marsh at Rickman Parade house

water up from underground and used the tanks, all our cooking was done on an antique cast iron wood burning stove".

In the 1950s, Woorim regularly experienced the impact of Cyclones, which created huge sand mountains on the roads. One time, on the seaward side of Rickman Parade, there were high mountains of sand, which completely buried the telephone poles so that only the very tops were showing. The sand blew, covering lawns and into the houses, and it was apparent that it was only a matter of time before the march of these enormous dunes would eventually bury all the houses in the street.

Zena Turner decided to do something about it, and with the help of neighbours formed the Bribie Island Sand Encroachment Society. They



memories of his Aunt Zena in his own life story. "Those early days on Bribie staying in my aunt's old half built house, open to the elements are special memories. It was a lovely old place - there was no electricity, no water, we operated with candles and lamps and we pumped



created groynes, planted grass and ground cover to hold the dunes, but Mother Nature was not finished, and soon a different problem presented itself. The sea was now eroding the beach sand and threatened to wash away Rickman Parade. Wooden sun shelters on the beach had washed into Moreton Bay, together with many Casuarina trees. This called for a different solution. and the Bribie Island Sand **Encroachment Society** changed its name to the Bribie Island Environment Protection Association (BIEPA) that still remains very active to this day.

In 1954, Zena took her young



Zena & Ian Fairweather 1973 artist nephew Dale Marsh to meet hermit artist Ian Fairweather, which was the start of a lasting friendship. Prior to Fairweather's death in 1974, Dale and Zena paid him a visit him to see the small cottage that the Council had required him to build. Dale took this photo of them both in memory of that occasion.

Zena sold her house at 34 Rickman Parade in 1980 and left the Island to live in Nundah. She soon missed Bribie and returned to live at The Gums Anchorage on Sylvan Beach Esplanade. Zena died in 1998 in Churches of Christ Nursing Home, and Dale scattered her ashes on Woorim beach, in front of her old home.



Barry Clark Bribie Island Historical Society

MORE BRIBIE HISTORY

The next meetings of the Historical Society will be on Wednesday 10th February at 6: 30pm at the RSL Club. Visitors and new members welcome, but please notify. You can see many more articles on our Blog Site http://bribieislandhistory. blogspot.com or contact us on bribiehistoricalsociety@ gmail.com gmail.com

REGULAR FEATURES

ne of the most common birds on Bribie Island is the Welcome Swallow. They are to be seen on and around bridges and almost always near waterways.

Welcome Swallows are small long-winged passerines that are mostly observed when in flight chasing insects or resting near water. They are 14-15 cm long and weigh only 13-17 g. They have long bodies with rust-red throats, grey underparts, black backs and white spots on their tails. I sometimes have difficulty telling the difference between Welcome Swallows and Tree and Fairy Martins when they are in flight. The flight is swift and aerobatic and it is not until I catch a glimpse of their black rumps and their deeply forked swallow tails that I can tell the difference. Martins have white rumps and square tails. Male and female birds are similar with the female having slightly shorter tail feathers. Some swallows have been known to live up to 6 years.

Of the four species of swallows in Australia Welcome Swallows are the most widespread. They are found almost anywhere there is water except for very arid areas, thick rainforests and high, cold mountain areas. In the 1950's they self-introduced into New Zealand and are also found on some Pacific islands such as PNG and New Caledonia. Overhead wires are favourite resting places, and they are also often seen perched on bridge railings, other manmade structures and dead trees near water. They are mostly sedentary but will move to other locations if the weather becomes too cold or their food source becomes scarce.

Welcome Swallow

- Hirundo Neoxena

By Marj Webber

Food is obtained almost entirely on the wing. Insects are their main source of food and are guided into their mouths by sets of bristles which line the bills. Their acrobatic manoeuvres while foraging in flight are entertaining to watch. Much of their day is spent in the pursuit of food in this way as they need to consume their own body weight every day eating up to 400 times a day or every few minutes. They need to drink a lot of water and frequently. This is also done while flying.

They swoop down to the water, take a mouthful in a flash then fly off again. This is repeated throughout the day. Much time is spent flying with most things done on the wing. They need to take a rest about every half hour.

From August to February is their preferred time for nesting. This takes place mainly on manmade structures. Nests can be built singularly or in colonies. A lot of hard work is involved in building the semi-circular mud nests. Both monogamous parents scoop up small amounts of mud into their mouths to carry to the sites and slowly the nest takes shape by the addition of thousands of tiny pellets of mud. Nests are lined with soft materials and feathers. If there are no available structures in the area they will build on cliff faces or anywhere else they can find a suitable almost vertical spot. Nests usually take 8-23 days to build and are quite often reused. Clutches are usually 4-7 eggs which are cream with brownish splotches. These are laid in 24-48 hour intervals. Females alone incubate the eggs for 14-16 days and both parents and

sometimes other swallows tend to the nursery duties and the protection of nests. Babies leave the nests after a further 2-3 weeks and after 35 days become completely self-sufficient. They can begin breeding in 8-14 months. There are often two clutches in a season.

Welcome Swallows were first described by John Gould in his book "Birds of Australia" which was published in 7 volumes between 1840 and 1848. There are two theories on how the word "welcome" was used as part of the name. One is from Victoria when people welcomed the swallows back in spring after wintering in the warmer North and the other is a sea story where early mariners welcomed the sight of swallows as a sign of approaching land.

Raptors, reptiles and feral cats are their main predators targeting nests with eggs or young birds. Conservation status is of least concern. They have adapted well to human habitation and have learned to use our structures to their advantage hence their population is increasing.





September 1st - Friday morning we all rose early and Oh, such a beauty of a view lay before us, we were quite close to land, could see the lighthouse so plain, and the men, also sheep and cows, it made us feel lonely for home, the new though pleasant sight sent a thrill of regret for the dear old land we left behind not knowing what reception we might receive in the new one before us. A slight breeze had sprung up and we could see a yacht at some distance ahead. The Captain signalled and joy to tell behold there was the Pilot, in a remarkably short time he came on board, took command of the ship, so our Captain walked about the decks with his hands in his pockets, quite comfortable and telling us how sorry he

felt to lose his fine family of 375 souls big and little. As we went down the Bay the view was more charming, there were three lighthouses on the island and there were also lightships and numerous buoys; there is many a hidden rock in the Bay. At 12 noon we passed a coasting schooner outward bound. The Pilot and sailors are doing their best, tacking with the wind every 10 minutes; all are so anxious to be on shore; we have to drop anchor now to wait for the return of the tide, and as `twas the first time the anchor was dropped since we left home all cheered boisterously. I think the Pilot thought we had gone mad. At ½ past 4 the tide answering, we hoisted the anchor and went slowly down the Bay, and all

Dublin to Brisbane, 1882, Episode 8

Elizabeth, husband, baby and sister-in-law having finally arrived off Moreton Bay and after being ignored by authorities, are piloted into the wonders of Moreton Bay and at last drop anchor. Promised provisions fail to arrive and all go to bed hungry until at last on Sunday the immigrants receive fresh food and the exciting news that tomorrow they would all land in their new country.

By AJ Finegan (author of The Forgotten Explorer)

people went below to bed.

2nd September, 1882, we were up betimes in the morning, and found we were going pretty well. The morning was exquisite like May at home, such a charming view met the eyes when on deck both sides we could see land well wooded and the excitement on board was amusing. At 10 a.m. we dropped anchor close to the mail steamer Manora: in a short time the sailors had all sails taken down, ropes tidied, and the deck washed, and our mess-men were equally busy below cleaning out the berths and polishing up the utensils and all had their beds packed up ready and most eager to go on shore, but alas, a fresh disappointment awaited us at 12 p.m. a rowboat came alongside with three gentlemen in her, our doctor went down the accommodation ladder to speak to them and when he came back he told us we could not go on shore sooner than Monday - Such sorrowful faces one never saw, the Captain and doctor tried to cheer us up with the promise of roast beef and potatoes and cabbage and bread, but `tis 6 p.m. and no sign as yet. After sunset I went on deck and the sight was glorious, the heavens shone so bright, such beauties of stars, the other vessels at anchor had their lights up and we could see the lights along the shore `twas so soothing to the vision after

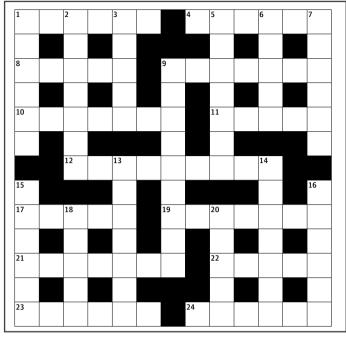
97 days of seeing nothing but water around.

3rd September, Sunday - our last on the Stracathro, such a fine morning, so clear and bright, we found the steamer had not arrived with the fresh provisions, and many are the surmises and remarks one hears among us all. At 9 a.m., a small boat was seen coming to our vessel, it was well watched by longing eyes, but the provisions were not there only a man to tell us that the steamer had stranded in the river on its way to us and we should have to wait for the tide to send her on.

At 11 a.m. the looked-for vessels arrived with sacks of fresh meat, cabbage, onions, carrots, and some provisions for the cabin; also a bundle of letters and papers for the happy receivers who's friends had thought of them. Then there was rejoicing and cheerful faces once more. At 12 a.m. prayers were held on the poop which all Protestants attended. Our Captain, officers, and most of the crew were Protestants and made a fine muster when-ever they attended. We enjoyed our dinner immensely, the day was very warm, and the doctor informed us that the steamer to take us on shore would come alongside, - At 9 a.m. next morning. So breakfast was to be over at 6 in order that we should be ready to start punctually.

To be continued.....

Crosswords - QUICK & CRYPTIC



(6)

place (7)

6 Suspend (5)

7 Frankfurter (6)

change (anag) (9)

2 One taking a dive (7)

3 Perfect in every way (5)

5 Adelphi (anag) — landing

9 Pale cream colour — map

13 Exclusive inner circle (7)

15 Spanish conquistador who

toppled Montezuma, 1519 (6)

14 Cameroon's capital (7)

16 Mediterranean island

20 Cut down the middle (5)

country (6)

18 Poison (5)

Across

1 Medical condition caused by harmful bacteria in the blood (6) 4 Darker area (6) 8 Pale purple (5) 9 Diameter of a gun barrel (7) 10 ____ Lawson, cook (7) 11 American handbag — boxer's prize (5) 12 Flooded field for growing food producing swamp grass (4,5) 17 Eight musicians as a group (5) 19 Region of south-west France between the Bay of Biscay and the Pyrenees (7) 21 With no duty (3-4) 22 Like the moon (5) 23 Exhausted (6) 24 Host city for the 1896 Olympics (6)

Down

1 Signoret, de Beauvoir or Weil?

SOLUTION

EASY crossword Issue 131



1		2	1	3	1 A		4	5	6	 7
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24							25			

Across

1 They affect ones' balance (6) 4 Conditions applying to more than just Queensland, say (6) 9 Was more than sufficient as a case in point (7) 10 A bit of serenity, one hears (5) 11 To one's ears it is not all to be enjoyed (5) 12 Thrilled when old girlfriend was mentioned (7) 13 I slept in his mess - most uncivilised (11) 18 Completely add all unknown together (7) 20 The energy of 16d (5) 22 Production needing a bit of co-operation (5) 23 Pressing engagement in the evening (7) 24 Harvest one can understand (6) 25 Stick with Church intended, we hear, brought together (6)

Down

1 1a briefly takes article with me in flights of imagination (6) 2 Gets the better of strikes (5) 3 Normal with a city pal in therapy (7) 5 The subject of a telephoto picture bears examination (5) 6 The play's the thing - there at review (7) 7 Forks out for a return with bookie leading the way (6) 8 Eternal optimism - I deserve any consideration (5,3,3) 14 The thermometer's record result (7) 15 Straighten out the little blighter over dance (7) 16 Muscular good man said to be wrong (6) 17 Panic when chief, in the end, found to be correct (6) 19 Go away on sabbatical (5) 21 Renounce a view, sadly (5)

SUPPLIED BY CYRUS

CYRUS crossword Issue 131





INGREDIENTS

- 2 x 165g packets white chocolate Tim Tams
- 1/3 cup desiccated coconut
- 100g butter, melted, cooled
- 395g can sweetened condensed milk
- 1/2 cup lemon juice
- 2 teaspoons gelatine powder
- 2/3 cup boiling water

• 1/4 cup bright sprinkles, extra to decorate JELLY TOPPING

- 85g packet creaming soda jelly crystals
- 1 cup boiling water
- 1/2 cup cold water.

METHOD

• Step 1 - Grease an 18cm x 28cm slice pan. Line base and sides with baking paper, extending paper 2cm above edges of pan.

• Step 2 - Place biscuits and coconut in a food processor. Process until fine crumbs. Add butter. Process until combined. Press mixture evenly over base of prepared pan. Refrigerate for 10 minutes.

•Step 3 - Whisk condensed milk and lemon juice together in a bowl. Sprinkle gelatine over boiling water. Whisk with a fork to dissolve. Stand for 2 minutes. Gradually whisk into milk mixture

Fairy Bread Jelly Slice



until combined. Stand for 3 to 4 minutes to cool. Fold in sprinkles. Pour over prepared base. Refrigerate for 2 hours or until set.

Step 4 - Meanwhile, place jelly crystals into a heatproof jug. Add boiling water. Stir until crystals have dissolved. Stir in cold water. Set aside for 1 hour to cool to room temperature.
Step 5 - Gently pour jelly over slice. Refrigerate for at least 3 hours or until set.

• Step 6 - Carefully remove slice from pan and cut into pieces. Decorate with extra sprinkles. Serve.

Find & Word

This recipe requires 5 hours refrigeration.

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REGULAR FEATURES

ruce the Aussie builder was going through a house he had just built for the woman who owned it. She was telling him what colour to paint each room. They went into the first room and she said "I want this room to be painted a light blue." The builder went to the front door and yelled, "GREEN SIDE UP!" When he went back into the house, she told him that the next room was to be bright red. The builder went to the front door and yelled "GREEN SIDE UP!"

When he came back, the woman said "I keep telling you colours, but you go out the front and yell 'green side up' what is that for?" The builder said, "Don't worry about that, I've just got a couple of Kiwis laying the turf out front."

wo Aussies are adrift in a lifeboat. While going through the locker one of them finds an old lamp. He rubs it and a genie suddenly appears. The genie tells them that he only grants one wish. The lamp finder blurts out: "Turn the entire ocean into Fosters!" The genie claps his hands and immediately the sea turns into beer. The genie disappears and only the gentle lapping of beer on the hull breaks the stillness as the two men consider their circumstances. The second Aussie turns to the first and says, "Nice going mate! Now we're going to have to pee in the boat."

ruce was on his way to the pub when he noticed a most unusual funeral procession approaching the nearby cemetery. A long black hearse was followed by a second long black hearse about 50 feet behind the first one. Behind the second hearse was a bloke walking a large dog on a leash. Behind him, a short distance back, were about 200 blokes' single file.

Bruce couldn't stand the curiosity. He approached the bloke walking the dog and said, G'day mate, what's the go here, I've never seen a funeral like this. Whose funeral is it?'

My wife's.

What happened to her?'

The bloke replied, 'My dog attacked and killed her' Bruce inquired further, 'But who is in the second hearse?' The bloke answered, 'My mother-in-law. She was trying to help my wife when the dog turned on her and ripped her to bits too and killed her.' A moment of silence passed, until Bruce spoke again; Hey mate, can I borrow the dog?'

The bloke turned his head to the long procession behind the second hearse and said; 'Get in line.'

Kiwi and an Aussie are fishing one afternoon and have a couple of cold beers. After a while the Aussie says to the Kiwi, "If I was to sneak over to your house and made wild passionate love to your wife while you were at work, and she got nt and had a baby would that make us related?" The

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pregnant and had a baby, would that make us related?" The Kiwi after a great deal of thought, says, "I don't know about related, but it sure would make us even."



N AUSTRALIAN MAN AND HIS WIFE ARE SITTING IN THE LIVING ROOM. BRUCE SAYS: "JUST SO YOU KNOW, SHIRL, I NEVER WANT TO LIVE IN A VEGETATIVE STATE, DEPENDENT ON SOME MACHINE AND FLUIDS FROM A BOTTLE. IF THAT EVER HAPPENS, JUST PULL THE PLUG." SHIRL GETS UP, UNPLUGS THE TV AND THROWS OUT ALL HIS BEER.



CAPRICORN (Dec 22 - Jan 20) Sometimes we go to huge efforts and invest all our energy into a process, yet don't seem to get very far. Why bother going to so much effort when there's no tangible result? It often seems as if we're just wasting our time. Meanwhile, the world seems to be full of folk who don't seem to be motivated, yet are doing just as well. It's frustrating. Yet, you're a noble Capricorn. You're obliged to do your best. February's Arc of Aquarius promises that this month, your dedication will bring success.

PISCES (Feb 20 - Mar20)

It takes more than just faith to move a mountain. We have to be prepared to roll up our sleeves and put the effort

in. And, even then, there's no guarantee that we can relocate our personal Everest. It's possible, though, that once we start shoveling, we'll realise that the mountain isn't as big as we thought. Or that there's someone close by with access to explosives and rubble-moving machinery. Amazing things happen when we try. They can certainly happen for you this month. Our gift to you... completely free audio and video forecasts. Go to ozfree.cainer.com

GEMINI (May 22 - Jun 22)

You're one of those rare people who are good at giving advice. But that doesn't mean vou're particularly good at taking it! This has its pros... and its cons; it stops you wavering whenever anyone throws their opinion into the mix. Yet some ideas are worth listening to. And frustratingly, they rarely come from the people who offer their views! Feel free to refuse to accept anything that's imposed on you this month. If you take the time to think about who to consult, you'll receive valuable advice.

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VIRGO (Aug 24 - Sept 23)

Who would imagine that one of the consequences of living such restricted lives would lead to so much more confusion? Yet, the qualms you're experiencing are increasing your awareness of the need to have more faith in yourself. If you experience doubts this month, remember that you unfailingly manage to accomplish more than you ever think you can. Self-assurance is a bit like a game - and the Arc of Aquarius means that you'll respond better than ever to your own encouragement. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com

The cosmos is challenging us to make breakthroughs and, in February, Saturn's alignment with Uranus

encourages us to put theory into practice. With Mercury initially retrograde, we'll need to spend some time identifying and fixing problems before we can focus on what's next. Yet, as Venus joins the planetary party in Aquarius, we'll find that by working hard and committing our resources to manifesting an inspiring vision, we can make valuable, innovative progress this month.

SAGITTARIUS (Nov 23 - Dec 21)

It will all come right in the end. The question on everyone's lips is, when will that be? How long do you have to wait for this glorious day? Yet, many situations are still under your control. You can call a halt to one silly situation whenever you want. The Arc of Aquarius helps you let go of something you've been clinging on to. One particular 'end' can happen right now. As soon as you draw it to a close, it will come right; and, with a renewed sense of optimism, you'll have a more fulfilling February. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com

ARIES (Mar 21 - Apr 20)

They say 'never apologise, never explain' This used to be the favored slogan for many people who held power-wielding positions; they felt that acknowledging a mistake was to draw notice to it - and that the least said the better. Although this kind of behaviour has been widely questioned, there are still times when we all allow too much of the past to taint the present. There's no point mulling regretfully over the past this month; not when the Arc of Aquarius shows the way to a happier future. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com

CANCER (Jun 23 - Jul 23)

With so many frustrations to deal with, it's no wonder you feel as if you've got a ball and chain dragging behind you. The good news is that February's innovating Arc of Aquarius brings a plethora of ideas that will enable you to progress at a faster pace. Whether vou find the strength to throw the ball ahead of you (and are carried along by its momentum), or you create a psychological trolley (so that you can pull it more easily), you're being given the tools to free yourself of a wearying burden. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com

LIBRA (Sept24 - Oct23)

In these restrictive times, the idea of pursuing freedom seems like an impossibility. Yet, as February's Arc of Aquarius releases and reveals your innermost emotions, if you look within, at your hopes and dreams, it enables you to reassess your own traditional ways of being and re-evaluate your expectations of yourself. You have so much potential: so many gifts still to develop. Even if you start by taking small steps, you'll quickly realise how much influence you have and what changes you can bring.

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AQUARIUS (Jan21 - Feb 19)

What's that sitting on your shoulder holding a wand? Is it a wish-granting fairy? Or your celestial helper? With



Venus moving into your sign, joining the Arc of Aquarius, you're being looked after this month. On both a material and emotional level, you're being offered tangible support and sustenance. Which doesn't mean to say that vou'll win the lottery. But if you recognise, with gratitude all the minor miracles that happen in your world, you'll be delighted by the frequency with which they manifest.

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TAURUS (Apr 21 - May 21)

They say 'never apologise, never explain'. This used to be the favored slogan for many people who held power-wielding positions; they felt that acknowledging a mistake was to draw notice to it - and that the least said the better. Although this kind of behaviour has been widely questioned, there are still times when we all allow too much of the past to taint the present. There's no point mulling regretfully over the past this month; not when the Arc of Aquarius shows the way to a happier future. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com

LEO (Jul 24 - Aug 23)

In difficult times, our thoughts turn to our nearest and dearest. Ideally, we think about them with fondness and concern rather than wondering

how we ever let them into our lives! We're not supposed to be silently grateful for the fact that we can't see certain people. February brings you opportunities to question and re-evaluate. As you find new appreciation for someone in your life, you'll benefit from a developing emotional rapport. A special bond, of mutual support can enrich vour life.

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SCORPIO (Oct 24 - Nov 22)

Wearing masks makes it harder for us to show our emotions. But even though they steam up our glasses, they don't change our actual eyesight. It's our view of the world that alters. So it's no wonder you feel as if you've been blinkered. It seems that an aspiration is disappearing from view and that you'll never be able to turn a dream into a reality. February's Arc of Aquarius shines new light into your life and enables you to reinterpret a set of signals. You'll find reasons to be inspired this month. Our gift to BRIBIE ISLANDERS... free audio and video forecasts. Go to ozfree.cainer.com







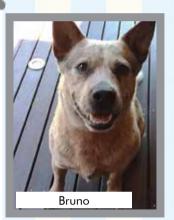


REGULAR FEATURES

PET PAGES - share your pets pics



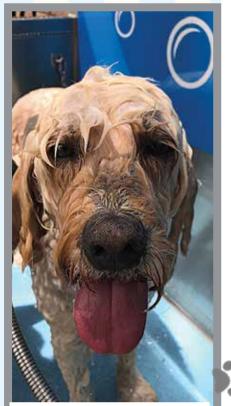
The Dog Heather tripped over





editor.thebribieislander@gmail.com





Sandy bath at the Jetty





It never gets cold enough to kill off all free-living worms in our beautiful Bribie region, meaning that parasitic worms are a constant problem year-round. Hookworm is the nastiest. As the name suggests, their feeding parts are shaped like cutting hooks, but these little blighters are not happy stealing your pet's nutrition, so they cut up the intestines and bathe in the blood... leading to bloody droppings, anaemia and even rapid death. The dog and cat hookworm does not infect people. It is safest to assume all puppies and

kittens have worms (most do) so treat them with an allwormer 2-weekly until 12 weeks of age, then monthly until 6 months of age, then 3 monthly for life. Simple! Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza. Phone the Clinic for an appointment on: 54976000 / 0400699704 Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.

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Hours: Mon - Fri 8.15am-6pm Sat 9am-12pm. Closed Sunday and Public Holidays.





REGULAR FEATURES



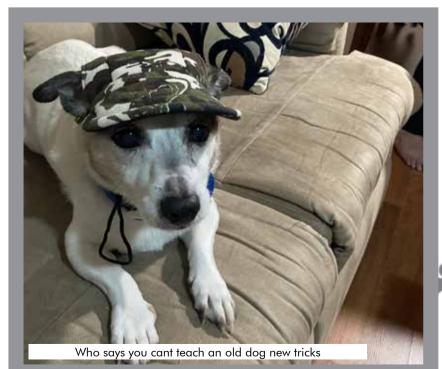












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SILENT PARTNER

J509UM1-2

nnastacia Palaszczuk thanked Queenslanders for their "remarkable effort" over the weekend but said until at least January 22, residents will continue to be required to wear a mask.

"We want to make sure that the incubation period, that 14 days, has totally lapsed before we return to normal," Ms Palaszczuk said.

Residents of Brisbane, Ipswich, Logan, Moreton Bay and Redlands council areas will need to carry a face mask with them "at all times" until 1am on January 22.

"You will need to wear your mask in shopping centres, supermarkets, retail outlets and indoor markets," Ms Palaszczuk said.

"In hospitals and aged care facilities, in churches and places of worship, libraries and at indoor recreational facilities such as cinemas, art galleries and gyms." Masks will also be required in indoor workplaces where workers cannot socially distance, as well as on public transport, and in taxis and ride shares.

Exercising outdoors will no longer require a mask.

Masks will also not need to be worn while eating or drinking in restaurants or cafes, however front-of-house hospitality workers will continue to need to mask up.

"When in doubt, wear a mask, that is very simple," Ms Palaszczuk said.

Annastacia Palaszczuk said mask use will need to continue for "at least" the next ten days. Picture: NCA NewsWire / Dan PeledSource:News Corp Australia

In addition, indoor hospitality and retail spaces will go back to the one-per-four square metre rule while one-per-two square metres will continue outdoors. No dancing will be allowed



Annastacia Palaszczuk said mask use will need to continue for "at least" the next ten days. Picture: NCA NewsWire / Dan PeledSource:News Corp Australia

except for at weddings, and patrons will only be able to eat or drink in hospitality venues while sitting.

"It is only for ten days and then hopefully, if we get zero community transmission over those ten days, then we can just go back to (being the same as) the rest of Queensland," Ms

Palaszczuk said

Up to 20 people will be allowed to gather inside a private residence until January 22.

Weddings and funerals will be restricted to 100 people, and outdoor stadiums will be allowed to operate at 50 per cent capacity.



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BRIBIE/NINGI LOCAL AMBULANCE COMMITTEE

he past year has been frustrating for our LAC as we were unable to continue our planned community events due to the COVID-19 pandemic.

We are looking forward to recommencing our community engagement in 2020 with CPR Awareness, AFD Demonstrations and first aid for children programs.

To assist us with this we are asking for new members to join our committee. Our general meetings are bi-monthly and the level of member's participation in any of the programs is entirely up to each person. All Necessary training is provided.

If anyone is interested in joining us, our next meeting will be held on February 9th at the Bribie Island Ambulance Station commencing at 10AM.

I would also be very happy to arrange an alternative time for anyone unable to attend that meeting. Please contact me.

Please consider becoming a volunteer to assist in this very important community support.

Regards, Rae Guyder President 0416023818





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Er Peter Schinkel

HELLO ALL AND WELCOME BACK TO THE FIRST ISLAND GARDENS OF 2021. TODAY WE'RE LOOKING AT THE EXCITING AND EASY PROJECT OF CREATING YOUR OWN TROPICAL GARDEN.

In October, my beautiful partner and I bought a new home together. The first request I remember was "let's have a tropical garden" and when you love someone so much, of course - yes is a wonderful word. Between you and me, a tropical garden is exactly what I wanted too.

Firstly, we cleared the old shrubs and started from scratch (first photo). We then removed some of the sandy soil and brought in a 20cm layer of fresh, fertilized garden soil on top of a whole bunch of extra fertilizer in the form of chicken poop pellets. This was much to the delight of all our neighbours, isn't that right May?

Also delighted was one of our puppies Rebel - the photobomb queen pictured here.

There are so many plants that can be used to create a tropical garden. To keep it simple, I'm going to focus here on the plants that I've been able to find easily in the Bribie area.

Many tropical plants need a fair bit of shade. To help, we've chosen some partially established golden cane palms. They can be kept short, meaning no hard-to-reach seed pods in years to come. I also love them because they are so versatile. Left unattended for years, they become unruly but with only occasional maintenance, they can be shaped to whatever configuration you desire. We want a few tall stems to cast shade and not so much of the bushy lower-centres that many people prefer for screening. In our case, the fence provides privacy anyway and being able to see the fence behind the plants adds depth to a fairly narrow garden space.

A lickety-split philodendron is near the left. It can grow to 2 metres, casting shade when the lower leaves are trimmed. Just like its smaller cousin the xanadu, it's lush, lime-green foliage is a nice contrast to the reddish calatheas and cordyline on either side.

Coleus, mini-agapanthas, portulacas, a money tree, dark cordyline and small purply ficus all adorn other spaces here. A bird of paradise (strelitzia) is being added soon. You may have noticed we put a lovely rojo congo there just behind Rebel. It needs more shade than it's currently getting so I'll move this one and think about planting a new one there when the palms get bigger.

And inspired by one of my customers - thanks Dee - we've trailed plants over and between the rocks. Dichondra (both green and silver), some sun-tolerant ferns, bromeliads, gypsophila (baby's breath), violet and red-flowering vincas, swedish ivy and other presently mysterious plants found at markets all have their place in this space.

Turf is coming soon, which will complete this area. Happy days. See you in issue 133 on 10th February. Thanks for reading and as always, happy gardening.



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A BEGINNER'S GUIDE TO INVESTING IN PROPERTY

By Marc Barlow yourmortgage.com.au

It can seem like a big leap, but with some careful preparation and expert advice, you can enter the investment market with confidence. Here are 5 simple steps to get you into the best position to take the plunge.

1. BE CLEAR ABOUT WHAT YOU WANT TO ACHIEVE

Being crystal clear about your objectives is key to finding the right investment. It can be a challenge, but now is the time to check your emotions at the door – this is not a property that you are going to live in (at least not initially), so you don't need to feel a personal connection. The property itself is secondary to the return it will give you and how it fits with your financial goals.

Decide what your end goal is – cash flow, capital gain, a future home for you, or something else – and create a plan to get there. Make sure your timeframe is realistic, and review your plan regularly as your circumstances change and the property market develops.

2. DECIDE ON THE IDEAL PROPERTY TYPE

For an investment property, you want something that will have high rental demand, and be attractive to possible owner-occupiers down the track. Do plenty of research into what types of properties renters are snapping up quickly, and what seems to be languishing vacant on the market.

Should you go for something that's marketready, or a renovator's delight? Do you buy an apartment or a house? It's ideal if you can buy a property you can rent out immediately, but don't discount those that need minor renovations. The amount you invest upfront in a paint job or updated kitchen could be recuperated over the long term by higher rental returns. Look out for properties that distinguish themselves from the pack with a special feature such as a second bathroom, lock-up garage or good outdoor space. Extras like this will help your property to stand out in the rental market.

3. ZERO IN ON YOUR LOCATION

Location is one of the key things that will dictate the performance of your property, and you'll need to narrow down your choices to make your search more efficient. Again, do your research: which areas are performing well in the rental market? Are local property prices on the rise? Keep your heart and head well separated: Think about how far the property is from the city centre or the local business area. Where's the nearest public transport? Are the local shops within walking distance, or will tenants have to drive to pick up the essentials? Be sure to consider the proximity to schools, as this will be a key question for many renters.

4. GET YOUR FINANCIALS IN ORDER Speak with a mortgage broker, who will be able to give you up-front for free and independent advice about how to get your loan pre-approval. Know how your loan repayments correspond with your likely rental returns. Make sure you're absolutely clear on what your upper purchase limit is, taking all extra costs into account, including conveyancing, inspections, insurance, property management and taxes. It's essential to ensure that you have a financial buffer, in case there are months where your property is vacant.

When it comes to investing, it's important to understand how to set up the purchase so it benefits you most. It's possible to purchase in your name, through your superannuation fund or through a trust, but it's important to understand how the purchase will affect you and your family. Get expert advice to ensure you're making the smartest choices.

5. SET YOURSELF UP TO SUCCEED

It can be a challenge to get your head around the dynamics of the property investment market. There are investment opportunities available most of the time, but some market conditions are more favourable than others, and timing is key. You'll be making some big decisions, and it's a good idea to get some expert advice on board.

Ensure that you get in touch with an experienced mortgage broker, who can advise you on many aspects of property purchase, and put you in touch with other experts who can guide you to make the most informed decisions about real estate and investment. Good accountants, real estate agents, financial planners, conveyancers, lawyers and valuers can be hard to find – but these are the people who study the property market for a living and can help you make the best choices.

Committed to Bribie Island

Tracie is a long-term Bribie Island resident who understands the needs of locals and the surrounding real estate landscape.

As a sales professional working within the leading McGrath office for QLD and Northern NSW, she has access to premium interstate, and out of town buyers, quality property insights and outstanding marketing.

The new year is renowned for being a great time to sell, and with already high buyer demand for Bribie Island property, now could be the perfect time for you to consider your next move.

We'd love you to experience the McGrath advantage, for any of your real estate needs, call Tracie today for a free property appraisal.



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s a child in England, I never had a holiday, and only went to the beach on one occasion, which involved a long day trip from the early hours until late in the evening. So when my family moved to Sydney seeking free education and to escape post-war rationing, everything was different.

My Pop worked for the Transport Department six days a week, so Sunday was a day to relax with fishing, water-colour painting (for Mum) and swimming. We would divide our time between Forty Baskets Beach on Middle Harbour, and the northern beaches recently made famous by a Covid outbreak.

Forty Baskets was only accessible on foot at the time. Most people took the path near the water, but sometimes we would climb the hill and pursue the path through the heathland, enjoying the wild flowers along the way. One time we passed close to a couple in flagrante delicto and had a good giggle - don't tell Mum!

One trip to the northern beaches was particularly memorable. Suburbia was expanding there at the time, but we were lucky enough to see a koala in the wild before its home was destroyed. On the way home, driving through what was still bush, we encountered a bush fire. It was clear that it was under control, so we continued and got home safely. But that night we drove to the Roseville Bridge and watched the fire on the hill opposite - an amazing sight from a safe distance.

Every year my school friends would recount where they had been on holiday, but the best I could rake up when asked by my teacher to write about it, was a day trip to the zoo, or museum, or perhaps somewhere like Jenolan Caves. But in my last year of high school, most of the family finally got away from Sydney, for our first holiday.

With the prospect of the children leaving home in the near future, Mum and Pop had purchased a piece of land at Gerringong, just south of Kiama. They never did build there, and sold it just before the prices started to rise - it is now completely built up. But in 1959, it was still mainly pasture land.

Pop hired a caravan, which he parked on the land so he and Mum could have their holiday in comfort. We were left at home for the last week of term, under the supervision of my elder sister who was 19. She had a job, but the rest of us took a free train trip on Dad's holiday pass and spent a few days on the land. We had to put up with a tent and li-los for our first holiday, but fortunately the weather was fine.

Accustomed to being free range, we kids spent our time exploring the locality or playing board games, though most days we would persuade Pop to drive us to the beach to enjoy a swim. Our most memorable discovery was that the well from which we obtained our water supply, contained a dead frog!

It was only a short holiday before we caught the train back to Sydney. Today's teenagers would be disgusted with such simple pleasures, and no theme parks to visit, but it was our first holiday and we loved it.

But the idyllic after-glow took a dramatic twist when we children arrived back in Sydney to a note from our big sister - she had run away from home!



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Please give our team a call to discuss your needs or book in delivery.



WHETHER YOU HAVE A TATTOO OR NOT, HERE ARE SOME FACTS ABOUT TATTOOS THAT YOU MIGHT NOT KNOW!

▶ The oldest known tattooed human skin to date is found on the body of Ötzi the Iceman, who was estimated between 3370 and 3100 BC. His body was found in the Alps and had 61 tattoos of simple dots and lines using carbon ink.

▶ In 1891, the first electric tattoo machine was invented and patented by Samuel O'Reilly. The tattoo gun stemmed from Edison's electric pen when O'Reilly added needles and an ink reservoir.

► A tattoo gun can puncture the skin between 50 and 3,000 times per minute, penetrating the skin about one millimetre deep in the skin to the dermis.

One of the oldest recorded tattoo ink recipes consists of Egyptian pine bark, corroded bronze, vinegar, vitriol, leek juice and insect eggs.

► The word "tattoo" is one of the most misspelled words in the English language. It is commonly spelled as "tatoo."

▶ Gregory Paul McLaren holds the Guinness World Record for being the most tattooed person. He is 99.9% covered, including the inside of his eyelids, mouth, and ears.

▶ The world's richest tattoo artist is Scott Campbell, who charges \$2,000 for the first hour and \$200 for each additional hour, only working on the weekends.

▶ In 2005, Kimberly Smith tattooed "GoldenPalace.com" on her forehead to pay for her son's tuition, making her the first person to have a tattoo for advertisement.

Musician Tommy Lee set a Guinness World Record when he became the first man to be tattooed mid-air (on a plane) in 2007.

► The longest tattoo session (multiple people) is 60 hr 30 min and was achieved by Aleksandr Pakostin (Russian Federation) in Vologda, Russia, on 12 September 2019

▶ When starting an apprenticeship, aspiring tattoo artist usually practices on fruit. Grapefruit, oranges, and lemons are the closest texture to human skin.

▶ The most expensive tattoo in the world costs \$924,000. It is done with half a carat diamonds encrusted into the skin instead of ink. No one has ever had it done.

▶ New Zealanders are the most tattooed people in the world. This is mostly due to the island's Maori who still get traditional Polynesian tattoos.

▶ In Soviet Russia, some prisoners would get tattoos of Lenin and Stalin. This was not a form of support, but in case they were sentenced to death, guards would not shoot them because it was illegal to shoot at images of their national leaders.



E ARE WAYNE & JULIE CAUGHT, THE OWNER/OPERATORS OF BRIBIE AIR CONDITIONING & REFRIGERATION.

We have been operating our business on Bribie Island for the past 16 years. Air conditioning has been a natural transition for Wayne as he is a qualified refrigeration engineer of 42 years. Julie has been in the clerical and office management field

for over 30 years, now managing all of the office administration for Bribie Air Conditioning & Refrigeration. We take pride in our workmanship and leave our customer's homes knowing that their air conditioner installation has been completed professionally. neatly and tidied up on completion. If any issue does happen to arise during the 5 Year Manufacturer's Warranty, we ask our customers to contact us first, as we are happy to return at no charge to ensure gas levels etc. are all ok. We are fully licenced to purchase and work with all refrigerants and are fully insured.

At Bribie Air Conditioning & Refrigeration we offer sales,

installation of all major brands of domestic split system air conditioning and breakdowns and general servicing as well.

We are generally very busy and for that reason try to concentrate on working on Bribie and surrounding areas only, so that our customers don't need to wait too long for our services during the busy period. We are Bribie Island locals and live in Bongaree and know that finding quality, timely, true local tradespeople can sometimes be very difficult. We ensure that we don't recommend to our customers the need to spend more money on air conditioners than they require.



www.thebribieislander.com.au 🖪 The Bribie Islander

Four years ago, we employed Joel as an adult apprentice studying a Certificate 3 in Air Conditioning & Refrigeration, Joel is in his last year about to become fully qualified. Joel assists Wayne with installations, quotations, servicing and breakdowns. Joel is a local Caboolture

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resident and has a very good nature and a great repour with all of our customers. Joel is very neat and professional with his work and takes pride with the finished work, and he loves a chat along the way. So that is Bribie Air Conditioning & Refrigeration, your truly local, family-owned and operated domestic air conditioning business. We are fully qualified, licensed and insured and stand by our work to be priced fairly, installed neatly and professionally and only a phone call away!





BOATING, FISHING AND ADVENTURES



SANTA'S BUSYFINGERS VISIT

Friday 18th December 2020 -Santa (a.k.a. Peter McNamara) with his helper (a.k.a. Commodore Liz Radajewski) visited our generous sponsor Busyfingers with many little gifts for all their volunteers as a thank you for their continued sponsorship throughout this "annus horribilis". Sacks of gifts were left for those not on duty today.



Santa puts out a call for his reindeer and sleigh to transport gifts to all the "good little volunteers" at Busyfingers, and is given the thumbs up from Commodore Liz Radaiewski



As the reindeer and sleigh weren't available, the Martin Jonkers Motors sponsored Hilux 4X4 "chariot" was used, and above, Santa arrives a bit dishevelled

KOH

IN POWER, SINCE 1920.



Santa and his helper struggle weighed down with aifts!



Sonya and Peta with Santa and his helper.



Santa's helper digs into the sack to ensure everyone receives their gift, from left: Hazel, Sue, Carole (front), Di-Di, Heather Santa. Sue and Jo with Di in front

ACTIVE MEMBERS XMAS GET TOGETHER

6pm Friday 18th December 2020 – All active members were invited for an Xmas Get Together and to farewell 2020. Unfortunately, due to Covid-19 restrictions, only 46 Active Members attended, which was just inside our limit for the Function Room. The Active Members are those that kept the squadron running throughout a most difficult year. The Social Committee ladies once again provided great finger food and topped it off with mini pavlovas and fruit mince pies (with cream of course).



Ron Burrett chats with Ian Grimes and Wayne Beeton



VMR Social Committee Ladies: Janine Jaavuo, Leona Patrick and Brenda Allardvce put on a wonderful spread



Jim Brown sharing a stubbie with Doug Lvthao.



Commodore Liz Radajewski with Vice Commodore Ces Luscombe in the Aussie Xmas theme.

PH LOLLY DROP

1:30pm Saturday 19th December 2020 – The annual lolly drop took place on a hot, humid day. The tide was high, and the Santas chose to wear an Australian summer themed outfit to distribute the bags of lollies kindly donated by MBRC. Unfortunately, Division 1 Councillor Brooke Savige could not be present today due to other commitments.



Ready for take-off, from left: Graham Parker, Coxswain Keith Freeman, Santa (Alan Gough), Ritchie Bloomfield, Santa (Celal Erisir), Vice Commodore Ces Luscombe and Les Oldmeadow.



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SOUTHERN FISH

MARINE

BOATING, FISHING AND ADVENTURES



Bribie 2 at the entrance to Pacific Harbour Canals.Boat 10 Luke Grant



A group of young people were putting a floral tribute in the passage at Sunset Park when they noticed Santa passing by in Bribie 2. Santa managed to land a few packets to the youngsters.



Santa Celal on Jonkers Bribie 3 was even approached mid-stream of Voyagers Canal!



Jonkers Bribie 3 distributes more lollies.



Santa Alan on Bribie 2 managed to land some lollies for the waiting child, at Sea Eagle Place Park, whilst mum records it all on her iPad.



Another fine toss from Santa Alan.

YEAR 2020 RADIO ROOM STATISTICS

12,949 Calls, 3,715 vessels logged on, 285 Vessel Assists, 1,375 Sitreps, 607 Requests, 53 overdue vessels, 11 Vessel Tracking, 1,418 Radio Checks, 43 Weather Broadcasts, 17 Securite Broadcasts, 0 Pan Pan 0 Mayday.

VHF 75.9%, 27MHz 8.6%.

Own a Boat? You can join VMR Bribie Island online at www.vmrbribie.com or phone (07) 3408 7596 Benefits include:

- breakdown assistance.
- vessel & contact details recorded in our database in case of emergency,
- reimbursement up to \$100/per year for tows by other VMR or Coastguard units.
- overnight/weekend secure car & trailer parking at the base.
- access to first aid, radio, and navigation courses plus safety
- and general boating information sessions.
- regular social events (coming soon).



SAFETY DAVE - The Frenchie's Message:

"Having the right safety equipment on your boat and knowing how to use it is essential. This could save your life in an emergency. The safety equipment you're required to carry depends on the size of your boat, whether the boat needs to be registered and where you're operating"! MINIMUM SAFETY EQUIPMENT IN PUMICESTONE PASSAGE:

Fire fighting equipment, Signalling device, life jacket , anchor and cable, drinking water, oars

or paddles for boats under 6m, bailing/pumping equipment.

Minimum Safety Equipment In Moreton Bay: All the above plus flares & V Sheet, chart & Compass.

Beyond Moreton Bay an EPIRB is also required. For full details visit the MSQ Website: https:// www.msq.qld.gov.au/Safety/Smooth-andpartially-smooth-water-limits/Swl-brisbane

BOATING, FISHING AND ADVENTURES



DEC2020/ JAN2021 VESSEL ASSISTS:

SAT 12/12 0919am – 16m Power Cat non-member with a broken rudder, required a tow from Main Bribie Beach to Pacific Harbour Marina Maintenance Dock.

MON 14/12 1008am – Large tree floating toward moored vessels at Bongaree – investigate and remove.

MON 14/12 1337pm – 12m Catamaran member has broken mooring and drifting out to sea, recover and secure on mooring South of Bribie Bridge.

SUN 20/12 1451pm – 7.9 Cuddy Cabin non-member lost power in the main channel required a tow into Spinnaker Sound Marina.

SUN 20/12 1705pm – 5.4m Centre Console non-member with bearing failure, required a tow from Buckley's Hole to Bongaree Ramp.

MON 21/12 1128am – 5m Tinny non-member with a fuel leak required a tow from the Avon Wreck to Spinnaker Sound Marina.

MON 21/12 1454pm – 6.1 Centre Console non-member with battery issues, required a tow from Tangalooma Wrecks to Spinnaker Sound Marina.

FRI 25/12 1238pm – 4m Tinny between Bribie and Moreton

Island had run out of fuel, required a tow to Redcliffe Jetty.

FRI 25/12 1300pm – 5.2m Runabout non-member with battery problem required a tow from Yellow marker at entrance to Pumicestone Passage into Pacific Harbour.

SAT 26/12 0949am – 5.3m Half Cabin non-member with motor issues, required a tow from just off Clontarf back to Clontarf Boat Ramp.

SAT 26/12 1153am – 5m Runabout non-member with fuel blockage required a tow from Tangalooma Wrecks to Bribie Island.

SUN 27/12 0906am – 9m Cruiser member with engine problems, required a tow from Turners Camp to Pacific Harbour.

SUN 27/12 1421pm- 5.6m Centre Cabin non-member with motor issues, required a tow from South of Sandstone Point to Uhlmann Road Boat Ramp.

SUN 27/12 1648pm – 7m Bowrider non-member had lost power and required a tow from Pumicestone Passage 3km North of VMR Base back to the Bellara Boat Ramp.

MON 28/12 0927am – 7.9m Sports Cruiser non-member with a blocked fuel line required a tow from Moreton Bay back to Spinnaker Sound Marina.

MON 28/12 1016am – Jet Ski Member with rope stuck in impeller, required a tow from Red Beach back to Bellara Boat Ramp.

MON 28/12 1225pm – Tasked by Water Police to find vessel in the Pumicestone Passage – investigate and report back.

MON 28/12 1300pm – Recover Cruisecraft non-member which had drifted from 100m from Buckley's Hole and tow to Base Ramp.

MON 28/12 2035pm – 5m Half Cabin non-member with mechanical issues just North of the Bribie Bridge, required a tow to Bellara Boat Ramp.

TUE 29/12 0935pm – 6m Cuddy Cabin member with motor problems required tow from Mission Point to Bellara Boat Ramp.

T**UE 29/12 1828pm** – Tasked by Water Police to conduct line search from Woorim to North Bribie between Shipping Channel and shore, for missing person from grounded yacht.

WED 30/12 0628am – 8m Cruiser member with flat battery at Bulwer, required a jump start. Jump start successful and vessel made it's own way back.

FRI 01/01 0718am – 9m Cruiser member with motor problems, required a tow from Kooringal to Spinnaker Sound Marina.

SAT 02/01 0751am – 7m Centre Console non-member with loss of steering, required a tow from North of Cape Moreton to

Brisbane Sea-Doo and Can-Am

Spinnaker Sound Marina.

SAT 02/01 1605pm – 1.5m Jet Ski non-member stuck on sand bank off Beachmere, required a tow to Bongaree area.

SAT 02/01 1918pm - 2 overdue jet skis, left Bellara ramp, last seen heading south under the bridge, no phones, radio or lights. SAR south around Red Beach, Skirmish Point and up to Woorim and return. Polair deployed by QWP.

SUN 03/01 1216pm – 3m Jet Ski non-member, propulsion unit had ingested a tow rope, required a tow from Tangalooma to Spinnaker Sound Marina.

SUN 03/01 1604pm – 8m Cruiser member with engine problems required a tow from Hutchinson Shoals to Spinnaker Sound Marina arriving back 2100pm.

MON 04/01 1252pm – 6m Cruiser non-member out of fuel, broken anchor and drifting, required a tow form 1km off Beachmere to Spinnaker Sound Marina.

TUE 05/1 1012am – 4.6m Runabout member with motor problems, required a tow from Sandstone Point to Bellara Boat Ramp.

TUE 05/01 1200pm – 9m Full Cabin member, with a blown hose, required a tow from Cowan Cowan to Pacific Harbour.

TUE 05/01pm 1548pm – Attended vessel off Welsby Parade with Water Police, reported that person believed to be in danger. Investigated.

WED 06/01 1242pm – 4.5m Tinny non-member with motor issues, required a tow from Glasshouse Creek 3km from mouth to Toorbul Boat Ramp.

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Fishing REPORT By Bribie Bait Tackle & Bikes

i everyone, Happy New Year! We hope you all survived. So, there is not a lot of reports coming in over the last couple of weeks due to the weather and massive amounts of traffic on the waterways. There are still a few dedicated people getting out to get some decent fish and crabs. Finally, a few good-sized mud crabs are getting caught up in the canals and upper reaches of the creeks. Coochin Creek and Elimbah Creek are producing good size bucks. With the wind and rain, a lot of people have been fishing in the protected waters of the creeks and canals. With the prawns starting to move around, some good Grassy Sweetlip and Mangrove Jack have turned up in the canals, mainly caught on live baits such as Herring and Poddy Mullet. Plenty of Bream is feeding around the mouths of the creeks, a great way to target these are with surface lures like the Bassday Sugarpen. Also, it is definitely worth throwing some soft plastics out.

BOATING, FISHING AND ADVENTURES



Paul caught this nice little Estuary Cod on a Zerek prawn. Some really good catches of School and Spotted Mackerel are getting caught around the channel markers out in the bay and towards Moreton Island with small slugs and live baits working well. Once the water starts to clear up a bit, I am sure the fishing will improve dramatically! That is all to report for now, remember the shop will remain open through the covid crisis if you to get some exercise or fishing in, so come down and see us. Stay safe, wet a line, and relax.





TIDE TIMES

BRIBIE ISLAND & MORETON BAY

	FRI 15 Jan	SAT 16 Jan	SUN 17 Jan	MON 18 Jan	TUE 19 Jan	WED 20 Jan	THU 21 Jan
	5:08 am	12:08 am	12:52 am	1:37 am	2:24 am	3:19 am	4:20 am
	0.24m	1.49m	1.48m	1.48m	1.48m	1.49m	1.51m
	11:56 am	5:52 am	6:35 am	7:20 am	8:08 am	9:04 am	10:11 am
	2.15m	0.3m	0.38m	0.47m	0.58m	0.69m	0.78m
	6:29 pm	12:37 pm	1:14 pm	1:51 pm	2:28 pm	3:10 pm	4:00 pm
	0.39m	2.06m	1.96m	1.85m	1.72m	1.59m	1.46m
		7:11 pm	7:50 pm	8:28 pm	9:10 pm	9:54 pm	10:43 pm
ГС		0.41m	0.43m	0.45m	0.47m	0.49m	0.51m
ES						•••••	
	FRI 22 Jan	SAT 23 Jan	SUN 24 Jan	MON 25 Jan	TUE 26 Jan	WED 27 Jan	THU 28 Jan
	5:28 am	6:34 am	12:29 am	1:21 am	2:07 am	2:49 am	3:28 am
	1.55m	1.62m	0.51m	0.47m	0.41m	0.34m	0.28m
	11:27 am	12:48 pm	7:31 am	8:19 am	8:58 am	9:35 am	10:10 am
SLAND	0.84m	0.83m	1.72m	1.82m	1.92m	2.01m	2.09m
DLAND	5:03 pm	6:13 pm	2:04 pm	2:56 pm	3:34 pm	4:09 pm	4:43 pm
ON BAY	1.35m	1.29m	0.77m	0.69m	0.61m	0.54m	0.48m
JIN DAI	11:36 pm		7:19 pm	8:12 pm	8:56 pm	9:36 pm	10:14 pm
	0.52m		1.28m	1.32m	1.38m	1.43m	1.49m



We are a family owned and operated business. Since the early 90's Bribie baits tackles and bikes has been an institution on the Island for

locals and visitors alike. We offer quality advice, direction and instruction for all your Fishing and Cycling needs.

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ON THE ROAD



Classic CAR CAPERS



Playing around with classic cars isn't all dirt and grime and scrabbling around on concrete garage floors. Many people get involved for the social side of things and the fun and games that can ensue when people and machines collide – not literally, well only occasionally.

My longsuffering wife has put up with my own passion, now somewhat diminished as I no longer own a classic.

One occasion looms in my memory of a time when she was navigating our progress in the famous Targa Tasmania rally; she screamed out over the noise of engine, tyres and rushing air from slipstream in our open-topped car. "Slow down, Slow down".

I briefly glanced down to her lap wherein she held the navigation notes. "Where does it say that," I screamed back.

In an open car at speed, screaming becomes a necessity; a fact you quickly come to realise. "It doesn't," she hollered back, "I'm telling you".

She may have been especially on guard during the Targa remembering that when we signed in we were fitted with non-removable, indelibly identified wristbands. I casually asked the signer in "are these things fireproof?" The solemn responsive nod was a sobering thought. Another notable precaution during the event was that each morning, often starting pre-dawn we were breathalysed by the local



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ON THE ROAD



constabulary. "Alcohol ist Verboten" being the rule. Being the ever joker, one day, to attempt a lightening of the occasion I said in my best Freddie Frinton impersonation of a friendly drunk "mornin' offisher, lovely day ishn't it". Now I can truly testify that Tasmanian police are not recruited for their sense of humour. I was lucky to get a start that day. That's not the only time when my silly sense of humour has got me into trouble – I never seem to learn.

I might add here that Jen and I seldom argue or fight, with two exceptions, – when we've been sailing or rallying. It's a bit like at the start of a boxing match – all is quiet until the contestants are told to touch gloves and then it's on! Boats and rally cars do it for us two.

The most momentous time car wise for us was when we travelled to Scotland to buy a rare classic, an Alvis 3 litre drophead coupe. After purchase, we shipped it back to life in Aus. I don't think Jen has ever forgiven me for the pre-purchase test drive in the countryside around Edinburgh during late November; she was sitting in the back with the top down. "Frosty reception" ever afterwards held new meaning.

The first rally we competed in with the 'Scottish' import by now christened "The Duchess" was held in Victoria. Now, to take a freshly arrived, newly restored, untried car from a foreign country onto a three thousand kilometre rally excursion would be deemed as foolish in the extreme, but we are talking about car nuts here so common sense does not apply. We drove from the Mountains to Seymour, just off the Hume Highway where we decided to turn off for refreshment. Just before the exit, I thought I heard a noise; not being sure what it was I pulled into a car park to investigate. When I tried to reverse out of the area the brakes seized on. Into forward gear and all was well but backwards 'Whoa Neddy'. The local RACV garage lifted the car to find that one of the bolts holding a front brake calliper in place had fallen out, luckily the one that caused the seizure in reverse. If it had been the other one you might be reading someone else's article right now. But back to the 'fix' - after sending his young apprentice around all the local sources and failing to find a suitable replacement bolt the garage owner remembered, "Old Fred down the road has ancient English tractors he might have something". The young guy took around the sample of the remaining intact bolt for Fred to inspect. "What sort of 'effing' Pommy thread is that" came back the response. "I don't have one - I'll make one - go have a coffee"



SPLASHING OUT WITH PRECISION FOR 2020

Dragons Abreast Final Regatta and Christmas 2020

"Despite Covid and its unpredictable plans for the country, Dragons Abreast Bribie Island still lives the dream; complete with social distancing, of course. Whilst there were restrictions state wide on regattas we managed to slip in attendance for the last one for 2020.

Our final regatta was Christmas on the Creek, the annual event held at Currumbin.

It was a long day but well worth the effort. It was quite windy on the creek but we managed to stay afloat in all our races unlike two small boats which had a real sinking feeling and had to be rescued! DABI performed exceptionally well and had a few seconds and thirds and came third in the Breast Cancer Survivors Pink final. We looked so good out there. The timing in all races was outstanding. In the 1000m we really surprised ourselves and put in the most wonderful performance. Our team just powered their boat and discovered that they could do the 1000m race quite easily and we were not the last in this event!

I'm sure we'll all be keen to do other 1000m races

RESULTS BONGAREE LADIES BOWLS

Tuesday Dec 15 results Winners Errol Fender, Neil Wagstaff. R/Up Doreen O'Halloran, Sandra Scott.

Friday 18 Winners: Sandie Allan, Richard Fell, Wendy Rollason. R/ Up Beryl Moor, Robin Maffey, Ken Wales

Tuesday 22 Winners: Kay and John Muller. R/Up: Neil Wagstaff, Errol Fender. Bonus Draw: Ron Corrick, Jim Irvine.

Tuesday Jan 5 Winners: David Vaughan, Arne Jensen. R/Up: Sandra Scott, Doreen O'Halloran.



A fun day for Xmas break up held at Bongaree Bowls Club on Saturday 19th December

SPORT

after that.

Saturday, 22nd December, saw the final effort for the year and Christmas post paddling coffee celebration for the "Pinkaboutit" team, complete with our own Santa!.

Whilst we all enjoy our paddling, we are constantly aware of our mission as Dragons Abreast Bribie Island. It is to continually promote awareness of and recovery from breast cancer through the uplifting experience and exercise of dragon boating. We advocate survivors and their supporters, both male and female, to come along, enjoy and participate in an encouraging environment of camaraderie and fun.

Paddling commences again 9th January. We look forward to welcoming stretches, social distancing and extended muscles this 2021! For further information contact President

Judy Finegan 0488199556"

MORETON BRIBIE BRIDGE CLUB: SAT 2 JAN N/S 1 A Jones & D Rubin 2 G & S Barnulf 3 R Deacon & J VanVugt E/W 1 R Webb & L McLaren 2 L Groves & J Brazier 3 F Barkwith & D Quinan

Wed 6 Jan 1

M Arthur & P Edis 2 J Breene & S Pascoe 3 H Tyler & J Medhurst BICBC Mon 4 JanN/S 1 A Jones & J Kennedy 2 P Edis & C McAlister 3 B King and N Everson

E/W 1 L Groves & T Avenia 2. R Maffey & B Hancox 3 F McLaren & N Denvir



SPORT





BRIBIE ISLAND NETBALL CLUB 2021 WINTER SEASON INFORMATION REGISTRATION OPEN 11TH

JANUARY 2021

5-18 years of age. GRADING DAY

GRADING DAY

Intermediate grading Thu 28th Jan 4.30-6.30pm and Sat 30th January 4.30-6.30pm.

Net Set Go - Sat 30th January 3-4pm

Experienced and new players welcomed.

SEASON STARTS

Round 1 starts at Caboolture Netball Courts on the 13th March 2021 **TRAINING**

Training sessions are held at our Bribie Island netball facilities at 138 First Ave, Bongaree For further information please see the Bribie Island Facebook page https://www.facebook.com/Bribie-Island-Netball-Club-190360330989978/

BONGAREE BOWLS MEN'S RESULTS

WED JAN 6TH MIXED 4S: WINNERS

Di Davidson, Hazel Crouch, Beryl Moor, Pat Clancy. Runner's up- Barney Blomendahl, Bill Bradshaw, Glenn Merrin, Brett Sellars

Thurs Men's pairs Winners Ferdie Timmerman, Leoni Timmerman

Rotary Club of Bribie Island The Offshore Rotarians

On 22nd November the Rotary Club of Bribie Island hosted a LIFT THE LID ON MENTAL HEALTH Walk along the Pumicestone Passage.

This fundraising event was supported by over 100 members of our local community, from the very young to the enthusiastic seniors.

The walk was lead off by Club President Bernie Wilson carrying the baton celebrating 100 years of Rotary in Australia. Thank you to Councillor Brooke Savige and Federal Member for Longman. Terry Young for joining our Walk for Mental Health.

Age was no barrier as the oldest walker was 88 years of age. Thank you all for participating. The Walk was designed to raise funds for AUSTRALIAN ROTARY HEALTH to provide Post graduate Research Grants and Scholarships to study ways to help those suffering from mental health problems.

Areas of particular interest have been anxiety in young children and the increasing problem of youth suicide.

We would like to thank our generous sponsors, Browns Mitre 10, Moreton Bay Regional Council, Bribie Island Commonwealth Bank, Beaumont Care, Bribie Island RSL. Bernie's Courses on the Run, Sandstone Point IGA, Bribie Island Signs, Simone Wilson and First National Real Estate, without whom we would not have been able to organise this event so smoothly

Thank you all again and we look forward to holding a similar event in 2021



COMMUNITY NOTICES



Dear Editor,

I am writing to compliment M. Matthews of Banksia Beach for his/her letter regarding car drivers using the indicator on roundabouts. Fair dinkum, many drivers on this island just drive me nuts the way they misuse the indicator on roundabouts. As M. Mathews said, if you are going straight through, the driver does NOT need to use the right indicator. The driver is required however. to use the indicator (the left turn one) to exit but making sure they only turn it on after they have cleared the left exit if there is one. Many people are turning the right indicator on to go straight through but leave it on and wait for the steering wheel mechanism to turn it off. Not only have they not indicated left to exit but as M. Mathews said, drivers waiting at the roundabout see the right indicator on and brake thinking that the vehicle is going to continue around the roundabout. The indicator is the most important form of communication between drivers hence it needs to be used correctly and thoughtfully. Sadly, many also don't use it at all. Regards R. Russell

Dear Editor,

Well what can I say about this little isle called Bribie? We come visit Nanna Kelly and Baz regularly from Brissy, but this year put us on a tight rein with the worldwide germ running around! Suffice to say we are back visiting and enjoying the crumbed whiting (thanks Baz), the awesome meals at the RSL. the magical finds at Busy Fingers and of course the beach lifestyle. Maybe a move here later on might be on order? Thanks Bribie and our Kel and Baz. The Dales from Oxley Dear Editor,

Have you ever felt special when you receive a card instead of just an email? In 2020 cards were sold in much higher numbers than usual, so that people could keep in touch with loved ones in a meaningful way, when forced to be physically distant. So next time you open a card, take a moment to feel that special feeling - the sender was the last person to touch the card. Stop and imagine that act - they wrote a special message for you, and in so doing, touched the paper which is now in your hands. It's a connection which

cannot be experienced electronically. Hazel Beneke

Dear Editor,

The thinly disguised fascist diatribe titled "Freedom, Facts & False Prophets" published on 1/1/21 needs a considered reply. His anti vaxxer stance is based on ignorance not science. Consider this:-During a virtual press conference in early January, 2021, WHO chief scientist Soumya Swaminathan was specific:

"I don't believe we have the evidence on any of the COVID vaccines to be confident that it's going to prevent people from actually getting the infection and therefore being able to pass it on." Mind you, that is the entire purpose behind a vaccine in the first place — to not only inoculate people, but to prevent the spread of the disease the vaccine is meant to target. A close look at the research released by Pfizer and Moderna shows the studies haven't actually tested whether the vaccines actually prevent transmission of the virus. So if they don't actually do what they're supposed to do, why are governments,

including ours, spending billions of dollars to manufacture and distribute them? If the vaccine does not stop the spread, will mask wearing and lockdowns still occur after we have all been vaccinated? Do we have a pandemic of testing? Only 6 souls have lost their lives to COVID in Oueensland since the start of the pandemic in March 2020. More people have been killed in road accidents. Information like this is not presented to the public either in the mainstream print media or on television. The searches on Google and the videos on uTube have all been censored if they do not agree with the establishment line.

Mr Walker says to present the facts, well the facts are being censored heavily. The dangers of mRNA vaccines have not been presented to the public in print or on television. In fact, his "anti vaxxers" are far more informed on these new type of vaccines than he is.

One such scientific article is on line at https://www. sott.net/article/446728 Read it and be informed. Alan Blake

CRIME REPORT

......

BRIBIE ISLAND WRAP December 2020



www.mypolice.qld.gov.au/moreton

First and foremost I would like to say a big 'Thank You' to all the people who came and said 'Thank You' to us, as we promoted our Coffee with a Cop at the shopping centre on December 10th last year. It was a comfort to us that we have so much support in the community, and it was a pleasant surprise at the end of the day, when we found out how many car number plate security screws we had given away. It just goes to show that we are all security minded people, and should you wish, you may register your CCTV cameras with the QPS and to do this go to:

https://www.police.qld.gov.au/safety-andpreventing-crime/community-cameraalliance

1. HOW DOES OUR CRIME STOPPERS CONTACT CENTRE WORK?

Trained operators are standing by 24 hrs/ day to receive your information. Calls to our hotline 1800 333 000 are free from landlines. Our operators record your crime information and provide you with a unique code number. Once your information has been submitted our operators cannot view that information again, thereby protecting the confidentiality of all information received. Only trained supervisory personnel can access all reports.

2. HOW DOES THE WEBSITE AND MOBILE APP WORK?

Information you submit online or through our App is electronically transmitted to our contact centre and processed by our supervisory personnel. A unique pin number is provided for each report that is submitted through these mediums, which can be used to log back in at a later time to check on the progress of your report or converse anonymously with our personnel.

The Mobile App is free to download from your App store.

3. WILL YOU RECEIVE A REWARD FOR YOUR INFORMATION?

Yes. If the information you provide leads to the arrest of the offender/s, then you may be eligible to receive a reward of up to \$1000, depending on the seriousness of the crime solved. This is also paid on an anonymous basis, if you maintain contact with Crime Stoppers, providing your original code number only.

4. WHAT ARE THE BENEFITS OF PROVIDING INFORMATION ANONYMOUSLY?

Information providers can share their knowledge without the fear of retaliation or reprisal from their actions. Information providers do not have to participate in court proceedings. Information providers can even collect their cash reward anonymously - thereby protecting their identity throughout the entire process.

5. OUR KEY FEATURE.....

All information providers may remain anonymous - removing the fear of retaliation or becoming involved in any court proceedings.

Become involved...... help us to protect our community......

From the 1st to the 11th of January BREAK AND ENTER

Bongaree – keys to vehicle were stolen between the 7th & the 9th. Ningi – New Years Eve, no property stolen

TRAFFIC OFFENCES

1 person charged with failure to provide specimen 2 people charged with unlicensed driving 2 people charged with driving uninsured

ASSAULT

Report of an assault on New Years Day at Sandstone Point



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HUGE MOVING SALE Saturday 23rd January 42 Oleander Drive from 6:30 am

Household goods, kitchenware, pots, plants, red cedar dining room table and 6 chairs, patio table and 2 chairs, wardrobe inserts, clothes and much more.

FREE GARAGE SALE Saturday January 16th

22 Orara Ave, Banksia Beach 9.00am to 11.00am.

Kid ACademy Early Learning Centre is getting renovated.We are holding a garage sale and lots of items are free.



IN MEMORIAM

Joy Marguerite Stibbe

13.10.36 ~28.12.06 Those we love don't go away They walk beside us every day Unseen, unheard, but always near Still loved, still missed and very dear Loringly remembered by Wendy, Lindy, Dean and Families.

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BIRTHS

Arthur George Leeding-Levett made his big debut at 8:53am weighing in at 5lb 6 oz, mum did an amazing job she was a absolute super star







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