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AND DISTRICTS
ISSUE 140 May 21, 2021



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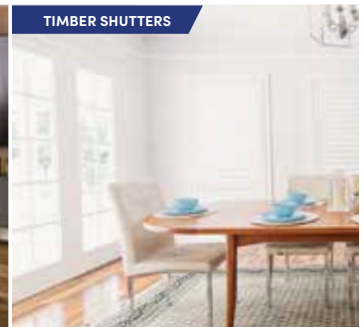
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140
MAY 21 2021

in this issue

our regular contributors:

Welcome

Dear readers,

All I can say is WOW!!! What an awesome community we live in. We, alongside the Bribie Island Community Gardens and Busy Fingers have been helping Melsa Train Park get organised for their grand re-opening on the 20th of June which you can read about on page 27 and put a call out to the community for some badly needed help. This was answered by our local businesses and YOU, our community. The support you have shown to help these guys has been nothing short of phenomenal!

We are starting to get working bees, raffles and opening day events organised and it would not be possible without the local generosity of time and donations. I honestly couldn't be prouder to live in this amazing environment! We will keep you updated on our progress and we will be doing a special feature on everyone who participated in this truly remarkable event. We would love to see you all down there on the 20th to show your support and keep this iconic park on track and steaming into the future! (Pardon my puns!)

We are very lucky to have the groups and organisations we do, such as the amazing DABI ladies, View Club, Bribie Island Community Gardens, Busy Fingers, BEIPA, Rotary and Lions Clubs just to name a few who are working behind the scenes to help a huge variety of people and associations stay afloat. The work they do is selfless and very much appreciated, so a MASSIVE shout out to you all!

As always, we hope you enjoy this edition, we love your feedback so keep it coming! Have a wonderful fortnight,

Until next time,
Stay safe, take care,

Cherrie



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A HEART FELT THANK YOU



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TRIBUTE TO TED CLAYTON



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DRAGONS ABREAST

- Anne Matthews
- Al Finegan
- Barry Clark
- Bill Peacock
- Bribie Bait & Tackle
- Chris Connelly
- Colin Walker
- David Horrocks
- David Nicholson
- Dr Jackie Perkins
- Elaine Lutton
- Hazel Beneke
- Joie Scheinpflug
- John Stevenson
- John Traill
- Kathy Vincent
- Marj Webber
- Mick O'Brien
- Peter Schinkel
- Philip Arlidge
- Robyn - B.I. Boat Charters
- Sue Wighton

THE BRIBIE ISLANDER (Magazine) IS DELIVERED TO HOMES AND BUSINESSES IN THE FOLLOWING AREAS: Bribie Island all suburbs, Sandstone Point, Sandstone Lakes, Spinnaker Marina, Godwin Beach, Ningi, Bribie Pines, Peel Rd and Beachmere. Newsagency's Toorbul, Donnybrook, Bellara, Banksia Beach. You can find the Bribie Islander in Stands at Bongaree Hot Bread Shop, The Bribie Islander Office, Scoopy's, Wrights Fruit Barn, Woorim Meats, Sandstone Point, Bongaree & Beachmere IGA & Woolies Complex on Bribie. **DISCLAIMER & INDEMNITY:** The opinions expressed by contributors to this page are not necessarily those of the Editor and staff of The Bribie Islander and no responsibility is taken for any information contained in this correspondence or any errors or omissions that may occur during publication. The Contributor agrees to indemnify The Bribie Islander and its associates against any claims that may arise from the content of their contribution.

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FOR YOUR Eyes Only...

IT IS EYE ENVY'S 11TH BIRTHDAY BUT YOU GET THE PRESENTS!!!

As Eye Envy didn't get to celebrate their 10th birthday due to Covid, they are celebrating their 11th instead! So they are celebrating by giving you 30 to 50% off all frames when purchasing complete glasses!

Eye Envy Optometrist was founded by Justin and Alayna Gribbin in 2010 and are a family owned independent Optometrist. Living locally at Wamuran, they love the area and know it well as Alayna's family are 3rd

generation local farmers. Now their 2 daughters are the new generation attending the local school. Their goal was to create a welcoming, relaxed Optometry practice where they could care for our community and provide a warm, friendly atmosphere in the practice. They have certainly achieved that goal and more! Opening their own practice meant they could create a refreshingly pleasant port for people to drop in and say hello and have a chat. The practice grew quickly, scooping up several local retailer awards and have a team of optical experts and wonderful support staff to the Eye Envy family.

They are renowned for patient care and support, making the process of eye testing and examination simple, easy and comfortable, Taking the utmost care and diagnostic precision with your vision and eyes. Eye Envy also have an on-site glasses laboratory allowing them to produce single vision glasses within the hour subject to the prescription.

What sets Eye Envy apart is their ability to take time and listen to their patients. They never rush appointments, listening and helping

with any vision/ eye disorders that their patients may suffer from. They aren't part of a mass corporate group that are foreign owned and adopt a cookie cutter approach. Eye Envy are local, employ locals and support local businesses.

They are always on the hunt for the most unique, fabulous range of fashion frames to suit all tastes, styles and budgets and happily help you choose the perfect look for you.

They did that for me and I am very fussy but was extremely happy with my glasses!

From Justin and Alayna Gribbin, "At Eye Envy we are passionate about providing the best in eye care. Drop in and say hi and let us help you with your Vision, your identity"



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The Annual Flu Shot

The Flu Shot

A flu shot can make your life easier. A brief needle stick or nasal spray can protect you from this dangerous illness.

It's particularly important for certain groups of people, such as older adults, healthcare workers, and pregnant women. Influenza, or the flu, isn't just a simple cold. The following symptoms that often accompany the flu are more severe than the symptoms of the common cold:

- high fever
- chills
- body aches
- sore throat
- cough
- fatigue

The flu can catch you by surprise with its intensity

and leave you feeling sick for days. It can also lead to life threatening complications. How does the flu vaccine work?

Getting the annual flu vaccine is a safe, effective way to prevent the flu. The vaccine causes your body to develop antibodies to several strains of the influenza virus. These antibodies help protect your body against infection.

Many strains of the influenza virus exist. They're constantly mutating and changing. The seasonal flu vaccine is changed every year to keep up with the three strains of the virus that research suggests will be most common in the upcoming flu season. You need to get a new vaccine every year to stay safe.

Who needs the flu vaccine? Everyone can benefit from the flu vaccine, but it's crucial for people in certain groups. Getting the flu puts you at risk of secondary infections and serious complications, especially if you're in a high-risk group. Possible complications include:

- pneumonia
- bronchitis
- sinus infections
- ear infections

The very young have an increased chance of developing complications from the flu. It's important for them to stay up to date on their flu vaccinations. It's also important to make the flu vaccine a priority if you:

- are 65 or older
- live in a nursing home or assisted care facility
- have a chronic health condition, such as diabetes, asthma, heart disease, or HIV
- have a weakened immune system
- are a healthcare worker who may be exposed to people who are sick

WHEN THE FLU VACCINE STARTS WORKING

Once you receive your flu shot, it takes 2 weeks for your body to develop antibodies that provide protection.

It's important to remember that during this period, you're still vulnerable to becoming ill with the flu.

During that time, you should be extra careful to:

- practice good hygiene
- avoid touching your nose or mouth whenever possible
- avoid crowds if flu is circulating in your community

These precautions are exponentially more important while COVID-19 is still a factor. You can develop the flu along with other respiratory infections, so protecting yourself and others is important.

Talk to your doctor if you're not sure if the flu vaccine is safe for you. They can help you understand the benefits and risks. They can also provide other tips for avoiding the flu and other contagious illnesses.






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How to look after your skin in Winter

Apply a face mask.

To fight flakes, try a powerful creamy hydrating mask made with nourishing ingredients that provide intense and deep hydration. Start by using one once a week at night for five to 15 minutes and see how often you need to it.

Moisturize, moisturize, moisturize.

Before you put on your makeup, apply a good moisturizer. Look for one with anti-inflammatory and moisturizing ingredients that combat irritation and flakiness. Put on moisturizers immediately (and generously) after you cleanse to help lock in the moisture you got when you washed your skin. Be sure the moisturizer has

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HEALTH, WEALTH & COMMUNITY

been absorbed into your skin before applying your makeup.

Prep your eyes.

Your eyes can tear in the winter thanks to the harsh winds, sleet and snow. And that can lead to runny mascara and eye shadow. Prime eyelids with face powder to help absorb excess oil, which can cause makeup to smudge. Use waterproof mascara to prevent smudges and smears. Apply eyeshadow and eyeliner only to the upper lids to prevent these products from moving elsewhere.

Use the right cleanser. If you use a cleanser that's too harsh, skin can get irritated, red or tight. And if it's too gentle, you'll have to wash hard or twice just to get a thorough cleanse. The right cleanser won't strip away too much of the skin's healthy cells or natural oils. And it will get rid of makeup, grime, excess oils and dirt completely. Typically, you want a creamy wash or hydrating cleansing lotion

(which has less skin-stripping ingredients) if you have dry to normal skin to help keep it moisturized. Use a gel or foaming cleanser if you have skin that is a combination or oily. If you have acne-prone skin, opt for a wash with salicylic acid, which helps treat skin conditions. Also, look for a cleanser that's sulphate-free; otherwise, it will be too harsh on the skin. Speak to your dermatologist to help find one that's right for you.

Say goodbye to dry lips. Lips dry out easily since they lack oil glands, and they flake when abused by bad weather, which can make lipstick look blotchy. That's why it's important to remember to exfoliate your lips to remove their dead, dry skin, helping improve their tone and texture. To polish up your pucker, remove dead skin by applying a lip balm. Then exfoliate gently with a damp washcloth. Next, apply cream lipsticks, which are moister than matte or long-lasting

ones. Or try a tinted lip balm with sunscreen.

Take advantage of blush. Blush can wake up your complexion and revive a washed-out face. Try a soft, peachy colour if you have fair skin or a warm, terra cotta one if you have darker skin. Apply blush to the apples of your cheeks and blend toward your cheekbones.

Adjust your foundation. Your summer sun-kissed glow is sadly gone, and your skin appears duller in the season's dimmer daylight. So, choose a base that's at least one shade lighter than you usually wear.

Use a hydrating formula that contains moisturizing ingredients like glycerine because skin tends to be drier in the winter.

Keep makeup in place. If your makeup often rubs off onto your scarf, hat or coat, try this trick to help it stay put: Apply a layer of translucent pressed powder, which is less messy than loose powder. It will help keep makeup on your face, which is where you want it.

Eat well and stay hydrated. Remember that your skin is an organ, so healthy skin starts with what you put into your body.



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ANZAC DAY IN CANADA

By: Diane Oxenford



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MANGO HILL

The observances of Anzac Day here this year have taken my memory back to when we moved to Ft McMurray in northern Alberta Province in Canada many years ago. You can imagine my surprise when I found a small hamlet some 35km south of Ft McMurray was named Anzac. No one seemed to know how that hamlet got its name. There was no obvious Australian or New Zealand connection there. The residents of Anzac were primarily First Nations people. Hence some suggested that maybe "Anzac" was an Indian name. As a result, how that hamlet got its name remained a mystery.

Sometime after our first visit to Anzac, I was in Hill Drugs (the local pharmacy) when an insistent infant had to be fed. So I found a chair and retired to a quiet corner. No sooner had I settled down

when Walter Hill drew up another chair to chat. Walter liked to chat. He had served in France with the Canadian forces in World War 1 and had moved to Ft McMurray with his new bride Gladys in 1922 to work in the newly established pharmacy. Walter took over the pharmacy some years later and stayed there until he turned it over to his son Ken in the 1980s. He and Gladys retired in Ft McMurray and their grandson David carries on the family's pharmacy tradition in Ft McMurray today.

Walter quickly picked up my accent and just as quickly proceeded to tell me about his Australian connections and how the local village of Anzac got its name. After World War 1, the Alberta Government initiated several railways to northern outposts in Alberta including Ft McMurray. The Ft McMurray railroad was

completed in 1925 and this allowed heavy freight to be moved north of the large set of rapids on the Athabasca River south of the township. That freight could then be offloaded onto barges and taken north on the Athabasca River to northern villages like Ft Chipewyan, Hay River and Norman Wells and even out to the Arctic Ocean.

Walter said that the railroad had reached the area south of Ft McMurray in the spring of 1924 and a decision had been made to install a siding there to service those local villages.

According to Walter, the bureaucrats in charge of naming these sidings had no imagination and had given them the most uninteresting names. So he had been helping by suggesting more appropriate names. It was April 1924 when the railroad was approaching the Anzac area and Walter remembered

the many Anzacs he had fought within France in WWI. He remembered that they observed something they called "Anzac Day" in the trenches in honour of those who died in the "pasting" (Walter's words) they had taken in Gallipoli. When Walter suggested the new siding be named Anzac in honour of the Anzacs he had known in France, that suggestion was accepted by the authorities.

Barry Clark's article, "Bribie link to first ANZAC DAY" (The Bribie Islander, April 23) on the origins of the observance of Anzac Day, shows that Anzac Day was first celebrated in Brisbane (and probably Australia) in 1916 – the first year after the Gallipoli landings. Walter Hill's recollections would suggest that in far-away France, this special day in Australian history was observed there that year as well.



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LIFELINE WELCOMES RECORD INVESTMENT IN MENTAL HEALTH AND SUICIDE PREVENTION

Lifeline Australia Chairman, John Brogden today welcomed the Federal Government's record investment in mental health and suicide prevention in the 2021-2022 Federal Budget.

"The last two years have been extremely stressful times for all Australians, in facing both a Once-in-a-century pandemic and a series of natural disasters. With the ongoing mental health impacts of the pandemic likely to continue for years to come, it's pleasing that the Government has shown an increased commitment to suicide prevention in last night's Federal Budget and particularly in support of digital support services such as those offered by Lifeline", Mr Brogden said.

Lifeline's 13 11 14 national suicide prevention and crisis support line has been receiving record numbers of calls over the past year. Lifeline receives a call from an Australian seeking help on average every 30 seconds.

"In Lifeline's 58-year history of providing crisis support and suicide prevention

HEALTH, WEALTH & COMMUNITY



Lifeline

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services for all Australians, we have never experienced demand for our services like that seen during the COVID-19 Pandemic. We are still receiving over 3,000 calls per day nationally so the Government's commitment will help us to continue to deal with the record demand we have and continue to face", Mr Brogden said.

In addition, the Government has recognised the ongoing impacts of the Black Summer Bushfires of 2019 by announcing additional funding to manage the increased demand for crisis services. This will assist Lifeline's 13 HELP Bushfire helpline.

Since launch on 14 February 2020, 13 HELP has fielded over 100,000 calls from Australians seeking support in response to bushfire related trauma. Based on call volume forecasts, overlaid with evidence of disaster related recovery time courses, Lifeline predicts maintained service usage levels for at least another 12-month period. The steady call

demand experienced month on month will continue with a total of 106,000 calls forecast for 13 HELP during the Financial Year 2022.

"Lifeline's dedicated bushfire response helpline has been fundamental in meeting the needs of Australians still experiencing distress associated with the 2019/2020 bushfires and we are glad that we will be able to continue this important service for the next 12 months", continued Mr Brogden. Mr Brogden also said, "It is particularly pleasing to see the Government focusing on improving outcomes for the mental health of Aboriginal and Torres Strait Islander Australians. We welcome the Government's funding of \$16.6 million to Lifeline and Gayaa Dhuwi (Proud Spirit) Australia to establish and evaluate a culturally-appropriate 24/7 crisis line governed and delivered by Aboriginal and Torres Strait Islander people". Lifeline also welcomed the increased investment for the critically important provision of Aftercare.



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WHO SAID, "ROTARY ON BRIBIE WAS DEAD?"

FAR FROM IT, THE ROTARY CLUB OF BRIBIE ISLAND IS VERY ACTIVE, WITH MEMBERSHIP GROWING AT A RAPID RATE. WINNER OF THE MEMBERSHIP RETENTION TROPHY FOR THE GREATEST MEMBERSHIP INCREASE IN DISTRICT 9600 FOR 2020/2021. IT WAS PRESENTED TO PRESIDENT BERNIE WILSON AT THE RECENT ROTARY PRIDE OF WORKMANSHIP AWARD'S NIGHT BY DISTRICT GOVERNOR NEIL BLACK.

Much of the growth came from forming a new satellite Rotary Club comprised of 11 volunteers who regularly help at Rotary's Donations in Kind (DIK). Here volunteers help load containers and pull together repurposed medical equipment and other life-saving supplies which, are



then shipped to countries in need like Papua New Guinea and Ethiopia.

New to Rotary, these new Rotarians are from a diverse range of cultures and backgrounds. Many new immigrants. Formed under the care of the Bribie Island Rotary Club until they grow their membership to 20 and able to Charter as a standalone Rotary Club.

Sending containers overseas is an expensive business. Shortly, tickets for an Ethiopian Cultural Night will go on sale to fund the shipping costs. Pulled together by the members of the satellite club and the Ethiopian community, this evening is sure to add colour and vibrancy to life on Bribie Island.

The Rotary Club of Bribie Island President Bernie Wilson, receiving the Membership Trophy from District Governor, District 9600, Neil Black at the recent Pride of Workmanship Awards.



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'what does it mean 'we are perfect in our every state?'



Often, we look for perfection in our lives or perceived satisfaction and when we get there, we realise that we aren't any happier because of it!

Perfection is really just a perspective.

What is perfect to me today, may be very different the next day.

My idea of perfect is sometimes different to yours.

So, if perfection can be so changeable, does it really exist????

A straight line looks straight when we stand directly in front of it. Though when we move to the left or the right it seems to be on a slight angle.

In a way, life is a bit like this, everything can merely be a viewpoint. So, what if we accepted that no matter where we stood in life, every place was perfect? What would happen if we looked at every day and stage of life as perfection?

Now I know you will be wondering how life can be perfect, when perhaps it is throwing us challenges...maybe work is demanding, a relationship has just broken down and things seem against us. Whatever is going on for you, though it may seem negative, how about we changed our point of view? Often when we look at something in a particular way, it will determine how we view the outcome.

How about we stop craving for perfection so we could see everything within and

around us as perfect? Instead of the joker card, maybe life dealt us the ace card and is allowing us to clear the lens of our perspective?

Question whether life is giving us the opportunity to create work rather than work for someone, or that the darkness was giving us a chance to see the light?

You see, looking at a situation in a different way, it can change the viewpoint, when we change our perspective, it can begin to change our opportunities and life seems to flow more easily, feels lighter, creating more happiness within us and our world. An interesting thought, don't you think? Try it, next you stub your toe, change your point of view, instead of seeing it as a negative, make it a positive and see it as if life is waking you up to the present moment, to just be in that, the moment, allowing you to count your blessings.

I can assist you in creating more "perfection" in life. You can contact me on 0405 361 882 or creativeandhealingtherapies@outlook.com. Alternatively, you can find me at Woorim markets 2nd Saturday of each month, look out for the purple gazebo!

I believe we are all perfect in our every state, evolving from who we are now, to who we will be tomorrow.

**Blessings in Abundance,
Maria Christina**

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DABI enjoys the Coast to Coast.



Brisbane, MBT, known amongst us as "Missabittatitti".

It was wonderful to greet old friends, share banter and delight in the usual loads of laughter, well over due!

We're always having fun. Certainly meeting interesting people from all walks of life with varying ages and stages of fitness. And yet, being involved in a challenging, physical activity as well as promoting breast cancer awareness.

Our founder, in 1995, the Canadian physician, Dr Don McKenzie established that dragon boating after breast cancer surgery improved the general strength, health and vigor of breast cancer survivors. Thus began the tsunami of pink around the world!

DABI encourages new members or any interested individuals who have experienced breast cancer to join us; to "come and try" and realize that dragon boating is such an uplifting encounter. Dragons Abreast Bribie Island members provide the local face for breast cancer statistics. We are so fortunate to participate in the wonderful wellbeing sport of dragon boating amongst dolphins, dugong and the occasional turtle in such a pristine environment as the Bribie Passage.

Sunday 9th May... What brilliant .weather!

DABI breast cancer survivors and their supporters once again, enjoyed the exquisite experience prior to BC. We, so relished, the thrust of churning through with our paddles, flicking salt spray, feeling the warmth of the sun on our backs and a slight zephyr of a breeze across our cheeks! It was so invigorating!

The Coast to Coast regatta was extremely well organised, covid compliant and ran to schedule.

We were delighted to engage with nine other Dragons Abreast teams from throughout both the state and interstate. Among them, DA Mackay "Dam Oarsome" and DA Townsville "Twin Titties" had made the trip down the coast. We were joined by DA Byron Bay "Rainbow", "The Pinkies" from DA Gold Coast and combined teams from both Tasmania and Canberra. The champion of the Dragons Abreast competitors, who won the day, was DA

Come and try ...

**Dragon Boat Paddling with...
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our unique team.

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Come and Try Paddle On.

Contact: 0493 096 377 for more details
E: bribiepinkdragons@gmail.com E: secretarybribiepinks@gmail.com

Bribie Acupuncture

We all experience pain at some point in our lives. Pain is nature telling us, "Your body is being injured - take action to stop damage and prevent it from happening again." Reaching for medication is a common choice for some, however it's worth considering whether it's a suitable approach. If pain is our body's way of warning us of harm, temporarily masking it with drugs means we're ignoring the warning and potentially allowing injury to continue. It also means that the root cause of the problem isn't being addressed and potentially becoming worse.

There are two main types of pain: acute and chronic. Acute pain warns you that you've been hurt - it starts suddenly, and when the injury heals, the pain stops. Chronic pain, on the other hand, continues after the injury has healed, lasting for weeks, months, even years. According to the National Centre for Health Statistics, the most common sources of chronic pain include low back pain, neck pain, and headache or migraine pain.

ACUPUNCTURE FOR CHRONIC PAIN

In April 2021, the UK's National Institute for Health and Care Excellence (NICE) released a guideline for the management of chronic pain which states: "this guideline underlines the importance of appropriate assessment, careful drug choice, exercise programmes, psychological therapies, and consideration of acupuncture in improving the experience and outcomes of care for people with chronic pain." It also states: "people with chronic primary pain should not be started on commonly used drugs including paracetamol, non-steroidal anti-inflammatory



drugs, benzodiazepines or opioids. This is because there is little or no evidence that they make any difference to people's quality of life, pain or psychological distress, but they can cause harm, including possible addiction." (www.nice.org.uk)

Though acupuncture is already widely known for its effectiveness in the treatment of pain, it's fantastic to see NICE recommending it ahead of common painkillers. Acupuncture's unique role in reducing suffering in people with pain is in fact one of the main reasons it has become so popular around the world. I'm also thrilled to see NICE highlighting the need to take a more holistic look at the lives of sufferers and their ability to participate in and enjoy life.

The most common chronic pain conditions I see in clinical practice include:

- ▶ Back pain and sciatica
- ▶ Hip pain and bursitis
- ▶ Knee pain and osteoarthritis
- ▶ Headaches and trigeminal neuralgia
- ▶ Foot pain and peripheral neuropathy

ACUPUNCTURE FOR PERIPHERAL NEUROPATHY

The most common symptoms felt by my peripheral neuropathy clients include burning sensations, pins and needles, and numbness. The symptoms alone however are

usually not what prompts sufferers to come to me for treatment. They're typically more concerned about the impact neuropathy has on their quality of life, including:

- ▶ Difficulty sleeping due to pain and restlessness
- ▶ Fear of losing balance or falling
- ▶ Reduced confidence while driving (inability to feel the pedals)
- ▶ Wanting to dance again

How does Chinese medicine approach peripheral neuropathy if most conventional medicine practitioners believe that nothing can be done? The answer lies in blood flow. As mentioned in my previous articles, Chinese medicine maintains that your body is designed to regulate and repair itself and this ability is managed by your blood flow. Blood contains all the nutrients vital to your existence, including oxygen, water, platelets, hormones, etc. If nutrients are not delivered to every cell in your body, the cells lacking nutrition will eventually shrivel up and die - this is what happens in the areas affected by peripheral neuropathy: poor circulation, compounded by inflammation, has starved effected nerves of nourishment.

Fortunately, small fibre nerves can often regenerate with



Jessica Yung - BHSc. Acup., BSc. CS
Registered Acupuncturist and
Doctor of Chinese Medicine under
the Australian Health Practitioner
Regulation Agency and the Chinese
Medicine Board of Australia.

proper nourishment and blood flow. Using acupuncture, I stimulate blood flow and guide it to the specific areas of your body needing nourishment, feeding the nerves so they can begin to repair. As the nerves begin to regenerate, symptoms and quality of life improve.

My clients are often surprised (and grateful!) when I don't place acupuncture needles at the site of pain. Much like how a switch on the wall can turn on a light bulb on the ceiling, acupuncture points located in one area of the body are able to affect another area via the body's internal wiring. Depending on the condition, better results are often achieved when needles are placed away from the affected area, whilst also avoiding aggravation to already sore spots.

If you'd like to make a booking or if you'd like to discuss whether acupuncture and Chinese medicine is right for you, please contact me via my website www.bribieacupuncture.com.au or call 0423 160 228. You can also find me on Facebook and Instagram @bribieacupuncture. HICAPS is available onsite. Pensioner discounts available.

Bribie Acupuncture
4/29 Benabrow Avenue,
Bellara (behind the James
Moore law office)

Suzi brings Vinyasa-Krama Yoga to our beautiful island. She loves the teachings of Sri T Krishnamacharya so much that she studied at Santosha Yoga School in Byron Bay and now wishes to share her passion with our community.

"I was unable to fly to India to study at an Ashram, so I went to the Aussies who have lived there, acquiring their knowledge first-hand."

Teachings from the Divine Light believe that Yoga is for everyone. The principle of individual differences must apply to students of yoga. The physical, emotional and spiritual needs must be met.

I had been suffering lower back pain and sciatic pain for many years and also doing yoga



practice, but since planning my own daily yoga practice with Vinyasa_Krama Yoga, I have been free from pain.

This yoga is a kind gentle practice working with the breath and following the breath into the movement. We must ensure our body is correctly aligned and supported in every pose.

Asanas, pranayama, meditation, relaxation, mantras etc will be part of Suzi's practices. She will also be incorporating some community gatherings for meditations, singing etc.

Individual tuition is also available.

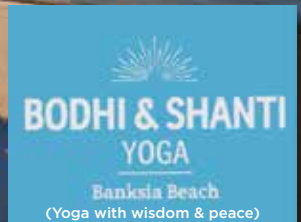
CLASSES BEGIN

Sat 29th May 7:30-9:30AM

Wed 2nd June 3:00 - 5:00PM

The Lions Community Hall
280 Sunderland Drive Bellara

Contact Suzi on **049 112 871** or
bodhishWanti2021@gmail.com



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Yoga teachings from the
DIVINE LIGHT

Yoga for health & wealth-being

The Lions Community Hall Sunderland Drive

PHONE Suzi on 0490 112 871



SANDSTONE POINT LIONS CLUB



Taking Fundraising Up a Notch

Like many Australian service clubs, Sandstone Point Lions Club is looking at innovative ways to raise much-needed funds as it emerges from the COVID pandemic.

Capitalising on Bribie Island's maritime environment and significant water-related activities the Club is proposing to run a 'Boaties Market' in conjunction with the island's

Classic Boat Festival which will run its 22nd annual event in late May 2021.

The Boaties Market will provide a venue for members of the public to buy/sell second-hand marine-related gear, such as boats, sails, motors, fishing, collectables and more in a controlled environment. Trade exhibitors and vendors of boats, motors, sails and other related equipment will also be invited, as will community service groups, such as VMR and local sailing, fishing and boating clubs. The Boaties Market is a concept that operates successfully in the southern part of Moreton Bay (Victoria Point) and, to a lesser degree, the Sunshine Coast.

Following a meeting with the principals of the Classic Boat Festival (CBF) Sandstone Point

Market

Lions Club sees an excellent opportunity for the 'Boaties Market' and the Classic Boat Festival to cooperate to form the foundation for a future 'Bribie Aquatic Festival', which would run over several weekends and progressively add fishing competitions, stand-up paddleboard races, outrigger canoe events, a sailing regatta, open water swimming and ocean kayak paddle events.-

It would give Bribie its own major annual event providing economic stimulus, jobs and support for the Island's tourism industry.

MBRC has approved the Boaties Market to be held in the Lions Park (opposite the Bribie Hotel) from 7.00 am to 1.00 pm on Sunday 30 May 2021 during the Classic Boat Festival which will be held on the adjacent Sylvan Beach over that weekend.

Vendors and the public are welcome.

Immediate use-for further information please 'phone David (VP Sandstone Point Lions Club) on Mobile 0414811992.



SENIORS SPECIAL

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Boats on the water during a previous Bribie Classic Boat Regatta

HOLD onto your hat, the Bribie Classic Regatta may sound like a sedate affair but it is anything but.

The yearly gathering of beautifully restored vessels and their proud owners is organised by Bribie Aquatic Community Events Inc., and is as much a reunion as it is a regatta.

Regatta organiser Paul Hagger says boats come from as far away as Sydney and Canberra, and he hopes this year they can better 21st regatta's total of 72 vessels.

This year's is on May 29 & 30th and is not only a get together for boat owners but also gives the public the chance to have a good look at the boats at Toorbul, at Pacific Harbour On Sat & Sun at Sylvan Beach, Bribie Island between 9am and 1.30pm.

"It's a great day wandering around looking at nice looking boats that people take great pride in," Paul says

"Some of them are absolutely immaculate. You can imagine them in museums but they are out there on the water.

Inquiries ring Paul 0431 578 596

A SMALL DONATION OF TIME CAN MAKE A HUGE DIFFERENCE

Sick kids and their families always have a helping hand, a shoulder to lean on or even a comforting cuddle thanks to Children's Hospital Foundation volunteers who donate their time at the Queensland Children's Hospital.

This week marks National Volunteer Week (17 – 23 May) – an annual celebration which acknowledges the significant contribution of almost six million volunteers across Australia.

Bribie Island resident, Gail, dedicates her time to helping children and their families at Queensland Children's Hospital, having dedicated more than 370 hours of her time over the past four years. As a Woolworths Way Finder and Entertainment Volunteer, Gail helps families and their kids presenting to Queensland Children's Hospital with helping to find their ward, clinic room or clinician, helping to alleviate their anxiety and lighten the load of hospital life. Ever Wednesday for four years, she has made the four-hour

round trip from Bribie Island to ensure that she can help others, and her experience has given back to her in return.

"I've made plenty of friends during my time with Children's Hospital Foundation, some of who I catch up with regularly outside of the hospital," Ms Satchell said.

"I met a University student who was studying in Australia from Malaysia, and she returned to Australia later with her entire family and they all came to stay with us on Bribie, and it was just so much fun. She's back in Malaysia now, and unable to return due to border closures, but we keep in touch fortnightly."

Gail is no stranger to helping others, having spent eight and a half years working as a tuckshop convener at her son's school, before volunteering at a local nursing home and then the Queensland Children's Hospital.

"I just love it – every single day is different, and some days you just come away with this feeling that your body

is overflowing with emotion, because something absolutely exceptional happens," she said.

"I distinctly remember a day when I was working with the therapy dogs, and a little boy was recovering from surgery and begged his dad to let him get out of bed to pat the dogs with the other kids, and I sat back and thought about how powerful dogs can be, and how healing they are."

Her advice for those who are thinking about taking the volunteering plunge?

"Go for it, as you will be blessed beyond your belief. You see kids undergoing these huge journeys, and it really puts things into perspective. The way that kids see things is amazing, and I feel privileged to be continuously learning from them."

Children's Hospital Foundation CEO, Rosie Simpson, said the week was an important time to recognise and reflect on the invaluable contribution of the more than 450 volunteers who have spent more than 27,000 hours in the past year enriching the lives of sick kids and their families across Queensland.

"National Volunteer Week provides us with the opportunity to say thank you to our wonderful volunteers who selflessly donate their time to support the families who need it most, after their worlds have been turned upside down by illness or injury," Ms Simpson said.

"Volunteers are truly the heart of our organisation, and we couldn't provide the services we do throughout the hospital and community centres without the dedication, commitment and kindness of our volunteers." Children's Hospital Foundation

Volunteers work across all areas of the hospital, from helping families find their way to an appointment through to helping them prepare for a child's surgery and providing cuddles to the tiniest of patients to give parents a break from their

baby's bedside.

"Once children are admitted, their families are further supported by our volunteers. Over the past year our volunteers had more than 76,700 positive interactions with families in the operating theatre, burns clinic, cardiac, oncology, inpatient and outpatient wards and emergency departments."

For more information on volunteering at Children's Hospital Foundation, visit www.childrens.org.au

ABOUT THE CHILDREN'S HOSPITAL FOUNDATION

The Children's Hospital Foundation works wonders for sick and injured kids by funding vital research, new equipment, and providing entertainment and support for children and their families in hospital. We are committed to making a difference in the fight against childhood illness and injury so every child can grow up as happy and healthy as possible. For more about the Children's Hospital Foundation, visit www.childrens.org.au

FAST FACTS:

In the past year, the Children's Hospital Foundation volunteers have*:

- Committed 27,050 hours of donated support
- Provided 8,270 free meals to families
- Assisted 36,959 families through information desks and Woolworths Way Finding
- Provided 10,780 fun interactions through Bedside Play and Pet Therapy programs
- Lent out more than 8,500 books through the Scholastic Book Bunker
- Supported 8,003 families while their child was undergoing surgery
- Supported 8,508 patients in Kidzone – the Children's Hospital Foundation's dedicated play space
- Provided 243 birthday presents to children in hospital
- Provided 2,925 cuddles via the Steggle's Cuddle Carer program
- Provided 2,167 toys and games to patients





FEDS LATE TO FUND MORE PALASZCZUK GOVERNMENT DUAL LANES FOR BRIBIE ISLAND ROAD

“Our community wants a better Bribie Island Road, so I lobbied our Palaszczuk Government for funds to dual lane from Hickey Road at Caboolture to King John Creek.”

“This stretch often sees congestion where the two lanes merge into one, especially on weekends and holidays.”

“The Palaszczuk Government listened and in October 2020 put up \$10 million for the upgrades plus \$1 million for planning.”

“It’s welcome that the Federal Government finally stepped up with another \$10 million.”

“But it’s a shame that most of the Federal Government’s funds won’t get paid out until after 2025-2026 - another two elections time.”

“Terry Young has been slow to the party, now he wants to claim the credit - yet his Government won’t stump up most of the funding until 2025-2026.”

1. “The Palaszczuk Government’s funding is budgeted three years sooner in 2022-2023. I hope the Federal Government and Terry Young will reconsider their timelines.”

FEDERAL BUDGET UPDATE BRIBIE ISLAND RD GETS FUNDING, BUT...

Good News - the Federal Govt has matched my \$11 million commitment to dual lane Bribie Island Rd from Hickey Rd to King John Creek.

Bad News - most of the Federal money won't be paid until 2026.

ALI KING MP
Member for Pumicestone





CHOOSING A SUPER FUND

MOST PEOPLE CAN CHOOSE WHICH SUPER FUND THEY'D LIKE THEIR SUPER CONTRIBUTIONS PAID INTO. YOU CAN GO WITH YOUR EMPLOYER'S FUND OR CHOOSE YOUR OWN.

To find out if you can choose your super fund, check with your employer. Your employer will give you a 'standard choice form' when you start a new job. This sets out your options.

WHAT TO LOOK FOR IN A SUPER FUND

When you're comparing super funds, weigh up fund performance and the fees you'll pay against other factors such as risk, investment returns, services and insurance.

PERFORMANCE

Compare your fund's investment performance over at least five years. Consider the impact of fees and tax. Compare like with like. For example, only compare a balanced option with another balanced option, and try to use the same time period.

LOW FEES

All super funds charge fees. Fees are either a dollar amount or a percentage, or both. Either way, the lower the fees, the better. Fees are usually deducted monthly and also after an action such as switching investments.

INSURANCE

Super funds typically have three types of insurance for members:

- life (also known as death cover)
- total and permanent disability (TPD)
- income protection

When comparing the default insurance offered by super funds, look for:

- the premium rates
- the amount of cover
- any exclusions or definitions that might affect you

INVESTMENT OPTIONS

Most super funds let you choose from a range of investment options. Options usually include:

- growth
- balanced
- conservative
- cash
- ethical
- MySuper

Some funds will let you choose the weighting of different asset types or direct investments.

SERVICES

Super funds may offer other services which attract special fees. These can be things like financial advice or arranging to split your super following a separation.

COMPARE SUPER FUNDS

You can find out about and compare super funds by using:

- the product disclosure statement (PDS) for each fund
- super comparison websites

Comparison websites These have some information for free. Some of them also

offer more detailed information for a fee. Comparison websites can be useful, but they are businesses and may make money through promoted links. They may not cover all your options. Don't choose a super fund based on its website rating alone.



Compare these features:

Performance	<ul style="list-style-type: none"> • how well the fund has performed over the past 5 years
Fees	<ul style="list-style-type: none"> • fees for: <ul style="list-style-type: none"> o administration (includes intra-fund advice) o investment o buy/sell spread o transactions o switching o personal advice o insurance o any other fees • how often they are charged
Insurance	<ul style="list-style-type: none"> • what cover is available
Investment options	<ul style="list-style-type: none"> • available
Services	<ul style="list-style-type: none"> • other services the fund offers



LEGAL AFFAIRS AND SAFETY COMMITTEE INQUIRY INTO **SERIOUS VILIFICATION AND HATE CRIMES**



**THE LEGAL AFFAIRS
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REACHING OUT TO
QUEENSLANDERS, FOR
YOU TO TELL YOUR
STORY IF YOU HAVE
BEEN VERBALLY OR
PHYSICALLY ABUSED
OR HARASSED
BECAUSE OF WHO
YOU ARE.**

Inquiry into serious vilification and hate crimes

The Queensland Parliament's Legal Affairs and Safety Committee is inviting submissions to its new inquiry into serious vilification and hate crimes.

The committee's inquiry will look into the nature and extent of serious vilification and hate crimes in Queensland and whether these crimes are on the increase.

The committee is also looking at the effectiveness of the Anti-Discrimination Act 1991 and other existing Queensland laws to adequately respond to hate crimes.

Submissions are open until noon, Monday 12 July 2021. The committee will undertake public forums and hearings as part of the inquiry.

"We are keen to hear from Queenslanders who have been verbally or physically abused or harassed because of their race, religion, sexuality or gender identity" said Committee Chair Peter Russo.

"We would ask people to share their stories in this safe space so that the committee can truly consider the issues facing the Queensland community."

"It is vitally important that from the foundations of our laws, we can build a fairer and more inclusive Queensland" Mr Russo said.

The committee will report to the Queensland Parliament by 31 Jan 2022.

For further information: please phone the Committee secretariat on (07) 3553 6641 Email: lasc@parliament.qld.gov.au or visit the committee's inquiry website



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\$16.4 MILLION TO IMPROVE MOBILE CONNECTIVITY ON THE URBAN FRINGE

Bushfire-prone areas on the outskirts of our major cities will be better connected through the Morrison Government's \$16.4 million Peri-Urban Mobile Program (PUMP), to be unveiled in the 2020-21 Budget.

Minister for Communications, Urban Infrastructure, Cities and the Arts, the Hon Paul Fletcher MP, said PUMP will improve mobile connectivity for communities in bushfire-prone areas along the edges of Australia's major cities.

"Improving coverage on the peri-urban fringe will help communities access vital information during emergencies, seek help if needed and stay in touch with loved ones," Minister

Fletcher said. "PUMP will also improve the quality and reliability of available mobile services, providing benefits on a day-to-day basis for those living and working in these communities."

Through PUMP, the Government will provide grant funding to mobile network operators and infrastructure providers to deploy new mobile phone infrastructure to improve mobile reception and coverage in peri-urban areas.

Member for Longman Terry Young said the announcement is great news for people in peri-urban areas of Longman that have long been plagued by poor mobile coverage.

"It will open the door for new mobile infrastructure to

improve service in areas like Wamuran which have been caught in a sort of no-mans-land when it comes to getting funding for new mobile infrastructure," Mr Young said.

"Recently I held a community forum with Minister Fletcher and the message was loud and clear: mobile service in parts of Longman is simply not good enough. "I congratulate the Minister for listening to our concerns and coming up with a solution for people who live in peri-urban areas in Longman and around Australia."

The Program will run a competitive assessment process to provide funding to assist the deployment of new and improved mobile infrastructure.

This infrastructure will address identified quality of service and reception issues in targeted areas. All applications will be competitively assessed on a solution by solution basis with funding awarded based on the coverage outcomes provided by each solution.

"We will continue to invest in targeted programs that improve mobile connectivity across the country to match our increasing reliance on mobile phones, both in an emergency and our day-to-day lives," Minister Fletcher said.

"This new Program will complement the highly successful Mobile Black Spot Program, which is delivering new mobile coverage across regional and remote Australia."

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FEDERAL BUDGET SUPPORTS LONGMAN RECOVERY PLAN

Longman continues to benefit from the Liberal and Nationals Government's record infrastructure investment, with funding for major new projects announced in this week's Federal Budget.

Key projects to be funded include:

- \$10 million for the Caboolture – Bribie Island Road (Hickey Road-King John Creek) Upgrade.
- Bruce Highway - Caboolture-Bribie Island Road to Steve Irwin Way (\$50 million allocation)
- Deception Bay Road Interchange Upgrade (\$24,958,400 allocation)
- D'Aguilar Highway - Caboolture to Yarraman (\$2.2 million allocation; total cost: 19 million)
- North Brisbane Bruce Highway Western Alternative business case (\$1 million



allocated) Federal Member for Longman Terry Young said these projects will make local roads safer, improve public transport, reduce travel times and support thousands of jobs.

"The Federal Government's record funding commitment is creating jobs, boosting business investment, while securing Australia's COVID recovery," Mr Young said.

"These initiatives will enhance transport connectivity, underpin economic growth and help Queenslanders get home sooner and safer.

"I'm particularly pleased to get \$10 million to upgrade Bribie

Island Road between Hickey Road and King John Creek. "This is something I've been working to secure for around 18 months and I'm delighted to have now got it over the line. "It is a significant upgrade and along with improvements at Old Toorbul Point Rd, will help reduce traffic congestion, improve safety and support local jobs during its construction.

"The Federal Budget continues the Government's agenda to improve high-priority roads such as this, essential to the movement of people and freight to support the region's

economic development.

"This record infrastructure spend sees the Government stepping up its economic response to continue Queensland's recovery to the COVID-19 pandemic."

The Australian Government looks forward to working constructively with the Queensland Government to deliver this infrastructure, supporting jobs and businesses right across Queensland.

For more information on investments in Queensland visit <http://investment.infrastructure.gov.au>

NOELENE LAKE Bribie Accounting Services

TAX TIPS: THE BEST BUSINESS TAX TIPS

- Pay Superannuation Guarantee Payments early (before June 30)
- For Trusts: distribute funds to eligible recipients who are taxed less
- For Companies: as above
- Review your business structure
- Review "immediate write off" items-up to \$150,000 for small and medium sized businesses
- Write off unrecoverable bad debts
- Stock: Stocktake and write off any lost, damaged or obsolete stock
- Stationery: Stock up and pay for it before June 30.
- Review: Insurances and pre-pay before June 30
- Superannuation: consider personal contributions, salary sacrifice arrangements, spouse contributions.



PHONE 3408 9539

62 Cosmos Avenue, Banksia Beach
www.bribieaccounting.com.au -
info@bribieaccounting.com.au

Busy Fingers



HOUSE OF HAPPINESS

Last month some of us at Busy Fingers were invited to the House of Happiness in Clement St Woorim to see the renovations that have been completed including the new doors and BBQ area tables & benches that we helped obtain. Caretakers Mark and Vera do a wonderful job throughout the year and the many special needs and community groups that visit have a great time. If you are a member of a special needs or community group that needs a break/get together, please contact Vera and Mark on 3408 1675 or check out their website houseofhappiness.com.au.

DONATIONS GIVEN

GIVEN As well as our continued support of the BI VMR, BI Hospice and BI Global Care we granted the following requests this month. Bribie Island Aged Care required some new beds with control panels, the High School needed another Point-of-Sale system for the canteen as operations are increasing. The Warrigals new under18's/Seniors required some training and playing gear which, we were happy to assist with.

VOLUNTEERS NEEDED

We are still short of Volunteers and need a few on Saturday morning (7am till Noon) to work inside the shop. During the week we need people for our back of the building donation drop of point, if anyone has a few hours they can give us we would be grateful for your help. Please remember that we are a registered volunteer group with Centrelink if you are required to volunteer for benefits. The work is not hard, and we give full training in both shop floor and sorting/pricing duties. If you are available, please contact Sonia on 34081014 or drop into the shop to look around and discuss options with Sonia.

SHOPPING BASKETS

Please remember to bring a bag for your purchases.

Once again most of our shopping baskets have gone missing, and I have had to purchase more for the convenience of our customers. In future, all customers must bring bags for their purchases as we will no longer allow customers to take the baskets to their car. I am afraid the baskets have not been returned as requested, in other words they have been stolen from the shop. It appears that people ignore the fact that we are a charity, and all our funds are used for the benefit of the island residents, therefore, we do not want to divert any funds to continually pay for replacement baskets.

PICK UP AND DELIVERY SERVICE



Due to unforeseen circumstances last month and the several long weekends we did get a bit behind with the truck duties, we wish to thank our donators for their patience, by the time this is published we will be back to normal. If you need items picked up, please contact us on 3408 1014.

CLOTHING

We currently have plenty of Ladies clothes and we often have sales of fill a basket for \$8, please check the blackboard when entering the shop. We are in noticeably short supply of Men's Clothing now, so if you have any in the cupboard that you no longer wear, please consider donating it.



REQUEST FOR PRESENTATIONS & DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all non-for-profit associations and sporting clubs, we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come along to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance please include a contact name and phone number and also a current equipment quote (from an island business if possible, as we wish to support our businesses too), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com Please be aware we only deal with island associations and groups not individuals.



I would like to thank all our customers and supporters including the Bribie Islander family who has looked after us for many years now. Hope to see you in the shop soon. Sandra



A Heartfelt Thank You... and a little bit more...By Cherrie Wilson

On the 11th of May we at The Bribie Islander Magazine popped down for a visit with the absolutely amazing and humble gentleman at the Melsa Train Park. As I am sure you are all aware, the last public run was in March 2020 due to Covid closing them down. This of course has had a dramatic impact on the group, as they couldn't raise any money to maintain the much loved train ride and they had to still do the maintenance on all of the equipment every Tuesday, which of course, depleted all of their hard earned savings that had been put aside for annual insurance etc.

They had to purchase steel, welding rods, grinding discs and spare parts etc. Les Young (President) told me they needed a significant amount of paint to maintain the passenger wagons, steaming bay and wagon storage tunnels as they were looking tired after years of use and some of it was starting to rust.

Enter hero's number one! The Bribie Island Community Nursery has yet again stepped up to the plate as they have for so many

community groups and paid for all of the paint and products which is a special type and quite expensive so they could get these items painted. They are now in excellent condition as is the steaming bay and the wagon storage tunnels. The team at Melsa couldn't be more thankful for their help.

Enter hero number two! Our beloved Busy Fingers. 25 tonne of leaf matter every year has to be physically raked and picked up, a back breaking job for the maintenance crew whose youngest member is 72 years old and the oldest at 86. Obviously this task was just too much for these guys to continue doing so Busy Fingers saved the day, buying them a leaf vacuum which is helping to save these tireless workers aching backs!

The reason they asked us to pop in was simply to write a story to let the public know how much they appreciated these two wonderful organisations for the much needed help they provided. After meeting with them and being shown around, it became clear that this was only the tip of the iceberg of how much work and help

they need done to get this wonderful train ride up to its full potential.

They not once asked for anything, just answered the questions I asked them, as I said, this group is very humble and even though they are in desperate need of help, didn't want to ask as they know everyone is doing it tough. Well they picked the wrong magazine to ask to visit. This group is amazing and the much loved Melsa Train ride needs help.

We have put a call out to the community with a wonderful response, so keep an eye out for our progress story on our Iconic Melsa Train ride and the amazing people and businesses that have answered our call. You have done your community proud!

We will be having a working bee to get this park in tip top condition before the grand reopening on June the 20th. They are always in need of volunteers and donations for upkeep (which I know they probably will kill me for saying) but I would prefer the community to know now and help out before there isn't a Train ride to support!!!



A Letter Of APPRECIATION To My Computer

Arrival

By: Elaine Lutton.

I HAVE BEEN KNOWN TO GRUMBLE ABOUT TECHNOLOGY BUT I MAKE AN EXCEPTION WHEN IT COMES TO MY COMPUTER.

Yes, I love my computer. Amongst other things, it has given me the ability to write in a legible fashion. My handwriting was never the best but now it is an indecipherable scrawl. No one would have the patience to attempt to read it. The thoughts are still there, but communicating them would have been impossible if it were not for my keyboard which has been adjusted to remove any form of finger stutter.

In my youth, I attempted to learn how to touch type, I never succeeded, but it does mean that nowadays I can use six fingers, three on each hand, and type at a respectable speed. Thanks to my computer, if I make a mistake it is easily corrected without the messy use of white-out. Whole paragraphs can be re-arranged without the necessity of re-typing the entire piece. I feel entirely at home with my desktop computer, my printer and my pet mouse, plus of

course, my microphone and camera. Yes, one small room has become my study but there is still space for a bed if need be. When I enter my computer room I know it is time to get some serious work done and I am in the right frame of mind. Perhaps a little warm-up, to begin with, is called for? I will view some of the hundreds of photos I have hidden away, some going back to when my grandchildren were tiny tots. I even have a baby photo of myself, looking quite angelic. Yes, I do have backups somewhere but I would need my computer man to disinter them. After the photos, I can play some music. I love my music and thanks to YouTube I can listen to anything I desire. No more procrastination is allowed. Straight to the work in hand that can no longer be put off for another time. Whilst writing, I can fact check, look for synonyms, find the exact turn of phrase or word I want to use. I have my own electronic proofreader that points out obvious errors although I sometimes ignore it and go my own way.

What I love to do is to send emails to friends in far-flung places. I can keep in touch with my friends in the UK, the USA, France and Italy as well as my Australian friends. Writing actual letters was always

such a chore, I felt they lacked immediacy as I never knew how long they would take in the post. Added to this was the fact that I was never very good at keeping a supply of stamps and getting to a postbox to actually post the letter. Then of course one had to wait again for an answering letter. Now, with one tap of "Send" off they go and with luck, the answer comes winging back the next day. Letters had to be lengthy to make it worth the price of the stamp, emails can be five lines or five hundred and if you complain that they are impermanent, well, that is what a printer is for. I have hard folders full of those emails that I consider gems and make me laugh whenever I flick back over them. Photos I have printed out find their way into these folders; photos of a birthday party in an English garden, my husband and I with our Italian friends, sharing a meal outside the Parthenon with the American friends we met in Italy. A magical photo of a fox and a cat, keeping a wary eye on each other but seemingly happy in each other's company, my husband and I in the very early days of our marriage. All are there and many more too numerous to mention. Although I have never really mastered Facebook, I do use Messenger. The other day I realised I had chatted with

my niece Susan for well over an hour. She lives in Paris. It is unbelievable that we can talk and laugh together for that length of time and all for free! We were able to put the world to rights as regards hairstyles, boob-jobs, fashion and other Earth-shattering topics. She is not the only person whom I love to video-call; I have other friends both here and abroad that it is a joy and a privilege to contact.

I am old enough to remember times when personal computers did not exist. When I was a student one had to book a time slot and the computer was enormous, filling an entire room and even then, was slow and very inefficient compared with today's PCs.

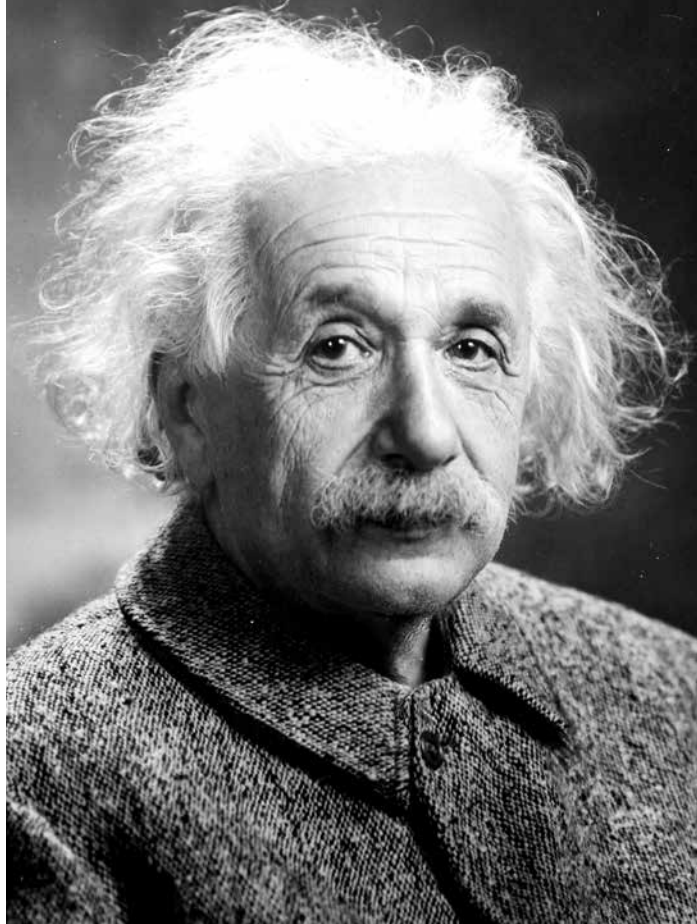
On the rare occasion that my computer runs into trouble and I have to call in my computer man I feel totally bereft as if I have lost the ability to communicate at all. As the song says, "You don't know what you've got 'til it's gone".

When all is put to rights, what a feeling of gratitude and relief! My grandchildren take their i-Pads and PC's for granted; they have grown up with them.

Perhaps, one day, they will introduce me to the mysteries of my smartphone which, as yet, I still view with deep suspicion.

I've never placed much store in the worldwide Internet or social media as sources of genuine intellectual enlightenment or common sense.

I view them more as a dream world of sorts, populated by so-called "experts" and "legends" (but only in their own minds!). But I may have to recast this critical view (somewhat) based on a selection of three very quotable quotes and "words



practices, where ever these distinctions (or differences in application or treatment) now exist.

In a genuinely "free" and equitable democracy, these are among the most vital characteristics (or cornerstone ideals) which define the nature and character of our cultures and our societies. For example, the principles of equal access to all services, benefits and entitlements (public or private), equal-pay-for-equal-work, and selections based solely on merit should apply across the board – without question - and no bias in extra "special benefits or privileges" based on gender, race, colour, or creed, either.

This is the Australia I hoped, in my younger days, I would see in my "old age".

But alas, it is not – and it is obvious, now, that we have a fair way to go before this will be achieved.....if it ever will!

We have had almost 230 years since European settlement of our country, and 120 years since Federation to see these "dream" ideals realized, and

INTERNET WORDS OF WISDOM

By: Col Walker

of wisdom" which greeted me on my computer internet service, recently. Commenting on a series of unlikely turns in events internationally and in OZ, and changing community attitudes reflected by some "out there" news reports and headlines, a spot-on "anonymous" quote drew my attention (in agreement), first.

It said simply: "I get most of my exercise these days from shaking my head in disbelief!" I can relate to that.... in fact, on several occasions, most days. Another that had me nodding my head in agreement came from a much-celebrated genuine "legend" from another era, one of our all-time great physicists and mathematicians, Albert Einstein.

He said: "I fear the day when technology will surpass human interaction the world will have a generation of idiots!"

I doubt think it takes a great intellect (or even a reasonable memory, or sense of history) to appreciate the truth and accuracy of that quote.

It often amazes me that when people travel on trains, buses, or even aircraft these days, the most common "interaction" or discourse is not of the one-to-one personal kind of former pre-technology times, but via mobile phones and/or computers.....even when people are(often) just a few feet apart.

But the quote that really grabbed my attention came from internationally-acclaimed American actor Morgan Freeman.

Asked about the issue of racism, he said, "How do we stop racism? Stop talking about it. I'm going to stop calling you a white man, and I'm going to ask you to stop calling me a

black man!"

Now I'm not foolish enough to believe that Freeman put forward this view as a "silver bullet" solution to end racism; as a celebrated man of colour, he would have encountered many examples of racism through his long life (and career).

But I also believe that this quote presents us with a great STARTING POINT in our efforts, everywhere, to greatly reduce incidents of racism – if not end it, ultimately.

I have long held the view that if we truly believe that (as often quoted) "we are all equal under God and the law", the question of differences of race, colour, creed and gender - which now divide our communities everywhere – can be, could be, and should be removed – entirely - from all of our statutes and related official

yet a sizeable gap still exists between the "dream" and the "reality" of real equality in these areas.

Undoubtedly, changes (and very limited improvements) have been made in these and other areas..... But these two BIG divisive issues of racial and gender inequalities still remain – unfortunately – at the forefront of "who we are" in Australia, today.

In my advancing late years, that does concern and disturb me.

We are very good at proclaiming ourselves as "the lucky country", a "smart country", an international country of inventors, and a world example of a modern democratic society.

We certainly talk the talk well. But on these two vital issues, it's time we "walked the walk" too!

FOOD, WINE AND ISLAND TIMES



*“What are you,
doing this weekend?”*



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BONGAREE (Across from Bongaree Car Park)

COCONUT Angel Cake



ingredients

FOR THE CAKE:

Cooking spray
3 cups cake flour, spooned and leveled
1 3/4 cups granulated sugar
4 1/2 tsp. baking powder
1/2 tsp. salt
5 large egg whites
1 (13.66-ounce) can unsweetened coconut milk, divided

1 cup (2 sticks) unsalted butter, at room temperature

FOR THE FROSTING:

1 (8-ounce) package cream cheese, at room temperature
1/4 cup confectioners' sugar
2 cup heavy cream, chilled and divided
1 1/2 c. toasted flaked coconut

directions

Make cake: Preheat oven to 350°F. Coat three 8-inch round cake pans with nonstick cooking spray and line with parchment paper; coat parchment. Whisk together flour, sugar, baking powder, and salt in a bowl. Gently whisk together egg whites and 1/2 cup coconut milk until frothy in a second bowl.

Beat butter with an electric mixer on medium speed until smooth, 1 to 2 minutes. Gradually beat in remaining 1 cup coconut milk a little at a time, beating until light and fluffy, 2 to 3 minutes. Decrease mixer to low and add flour mixture and egg white mixture in three additions, beginning and ending with flour mixture, just until incorporated.

Transfer batter to prepared pans, dividing evenly (about 2 cups each). Bake until a toothpick inserted into centers

comes out clean, 25 to 28 minutes. Cool in pans on wire racks, 10 minutes. Turn out onto wire racks to cool completely.

Make frosting and decorate: Whisk cream cheese and sugar with an electric mixer on medium speed until smooth, 2 to 4 minutes. Gradually add 1 cup cream until incorporated. Beat until stiff peaks form, 1 to 2 minutes.

Place one cake layer on a cake stand or plate. Top with half of frosting. Repeat one more time, then top with remaining layer.

Just before serving, whisk remaining 1 cup cream with an electric mixer on medium speed until stiff peaks form, 1 to 2 minutes. Frost top and sides of cake with whipped cream, then cover with toasted coconut.



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WING DING PACK (2 wing dings & chips)	\$6.50

CHICKEN BREAST POPPERS	\$6.50
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GRAVY	SMALL \$2.50 LARGE \$5.00
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THE G'DAY MATE (Crispy Fillet, Lettuce, Beetroot, Tomato, Cheese & Mayo)	\$9.50
THE GONE TROPPO BURGER (Crispy Fillet, Lettuce, Pineapple, Bacon Cheese & Mayo)	\$9.50
THE FLAME THROWER (Crispy Fillet, Lettuce, Perinaise Sauce, Jalapenos & Rosies Peri Peri sauce)	\$9.50

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the RADIATORS



Australia, recorded over 100 original songs, with two albums being awarded Platinum status, two achieving Gold and sales of over one million units.

The Radiators still tour extensively playing an average of 100 shows per year and the band's fans young and old, still flock to grab a slice of living Aussie rock history and dance the night away to the great catchy songs and classic hits that make The Radiators an iconic name in Australian rock music.

- Who:** The Radiators
- Where:** The Bribie Island Hotel
- When:** Friday the 4th June 2021
- Cost:** \$34.90 incl Bf
- Tickets:** Oztix

BE QUICK AND SECURE YOUR TICKET BEFORE THEY ALL SELL OUT!!!



THE rock 'n' roll road to stardom is a dangerous road indeed, littered with unsuccessful starry eyed hopefuls, wannabes, one hit wonders and jaded "if onlys".

While many bands self-implode before they even leave the garage, victims of classic clashing egos and personalities, few "make it".

One who did and are still packing houses is Australian iconic band The Radiators, who in 2018 celebrated 40 years together since their very first show.

The Radiators have carved a niche in the archives of Australian rock history and shared the stage with great Aussie acts such as AC/DC, Rose Tattoo and INXS, with over 4000 shows to their credit.

They have played their music to millions of people in



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Abbey Medieval Festival is back this July!

By Rachael Wands

The annual Abbey Medieval Festival will be held in Caboolture from the 2nd to the 4th of July on the grounds behind the Abbey Museum of Art and Archaeology just off Bribie Island Road.

As one of Australia's premier living history events, the Festival has been a drawcard in the Moreton Bay Region since its beginning in 1989 and attracts a diverse audience of thousands of visitors of all ages who immerse themselves in the Middle Ages.

There will be a variety of inspirational sights, sounds and aromas to discover over the 3-day Festival, beginning with a family focused day on Friday the 2nd July, and continuing with the ever-popular Tournament Weekend on Saturday 3rd and Sunday 4th of July.

Festival-goers will witness daily life among eight hundred re-enactors who set up encampments from multiple periods from this bygone era. See their displays and

demonstrations of varied aspects of daily life such as foods, crafts, trades or even armour and combat. Visitors can attend morning prayer with the Knights Templar at their Chapel tent, watch the Skill at Arms competition on show from The Company of the Phoenix, or visit the Conroi tent where they will practice blacksmithing and enamelling.

Revel in the festivities by becoming a spectator of a 15th century Joust Tournament, one of the most exciting and popular attractions of the Festival. Top Australian jousters compete to be crowned the Abbey Medieval Tournament champion. Witness the Turkish Oil Wrestling competition, a staple in the Festival for over 10 years, performed traditionally as it was in the Ottoman Empire (down to the imported wrestling shorts called Kispet!). Additionally, check out the impressive Weapons of War display featuring a trebuchet and cannon in action.

"Abbeystowe," as the Festival grounds are known, will be

populated with authentic market stalls, entertainers, roving musicians, and dancers around the grounds. Around the Festival there will be plenty of medieval musicians to entertain while visitors roam the encampments or alternatively, relax with a cold beer or mead at the Stag Inn. Listen out for medieval instruments such as a hurdy gurdy, medieval bagpipe or shawm.

The Medieval Festival is a great place to meet talented artisans with niche historical crafts. Visit the many demonstrators who will show you how to make felt, illuminate a medieval manuscript, make a tankard or spin some wool. This year sees the introduction of a Medieval Family Fun Day on the 2nd of July, especially designed for parents, grandparents and carers to attend with young children. Children will be able to explore immersive encampments, play authentic Viking games, test their aim at archery, listen to traditional stories, and witness knights battle it out in two Jousts during this Friday event. The Medieval Family Fun Day provides a day of stimulating holiday entertainment for children and their families. After last year's cancellation due to COVID-19, the Abbey Museum is looking forward to a thriving Medieval Festival in its return this year. Working to a new COVID safe plan, the Festival will be a safe

environment for patrons of all ages to experience this fascinating time of pageantry, colour, and romance.

Free parking will be available at the Festival grounds and shuttle buses available from Caboolture train station on the 3rd and 4th of July. More program and ticketing information can be found on the festival website. Please note there will be no walk-up ticket purchases at the gates, and tickets will only be available online. Tickets sales close on the 30th June!

This is a fantastic experience so close to home for the entire family!
www.abbeymedievalfestival.com



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See specials board for available meals on the day

\$32 Members \ \$32 Non-Members

SCHNITTY DAY: Enjoy a \$5 discount off our delicious Chicken Schnitzel or Parmigiana served with chips & house salad or creamy mash & seasonal vegetables.

\$5.00 off the menu price

SPICE IT UP: It's Curry Time at The Surf Club! Our Chef's are creating some delicious authentic dishes for you to enjoy. Check the specials board for today's options*
If you like it spicy ask for it HOT!

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FISH FRIDAY: Enjoy a \$5 discount off any delicious FISH DISH from the main meals section on our Bistro Menu*. Including our Frito Misto seafood tower!

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*Terms & Conditions apply. Subject to availability, not available in conjunction with any other offer, not redeemable for cash, not transferable. Offer may be changed at any time at manager's discretion. Images are for illustrative purposes only.

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Wine lander

When you hear the name Georgia what comes to mind, is it songs like “Georgia on my Mind” the Ray Charles Classic and the State anthem of Georgia in the U.S. of A. or is it an obscure country in Europe that used to be part of The Russian Empire? Interestingly the latter is considered by many experts in the wine industry to be the birthplace of the wine industry of today and without their skill at turning the humble grape into wine, we may not be enjoying the wonderful beverages that are made around the world today. It is certainly one of the oldest wine regions in the world with wine first being made some 8,000 years ago when it was discovered that wild grape juice that was buried

in a shallow pit through the winter months had turned into an alcoholic drink when the weather warmed up. Armed with this knowledge the Georgians developed a clay vessel known as a Kvevri which was buried ready for serving at ground temperature and when filled with the fermented juice of the harvest was topped with a wooden lid and then covered with earth. Some of these vessels may remain entombed for up to 50 years and due to its diverse and unique microclimate there are about 500 grape varieties in modern Georgia and even today modern wineries still ferment the grape juice in clay Kvevri’s in the sheds in the cement floors. Cement has been used in the wine industry for years for fermenting

wines I remember when I started in the industry I went to the Kaiser Stuhl winery in The Barossa Valley and they had a cement tank that held red wine that contained a million litres, this is where the juice was covered with the skins of the grapes to get the colour before transferring to barrels for fermentation.

When the Russians occupied Georgia in the 1920s the winemakers were made to produce wines that the Russian people enjoyed and many styles were changed, however with the break up of the Russian Federation in the early 1990s and getting their independence Georgia has returned to its historic roots.

In the television programme I was watching the other night they showed a market in Tbilisi, the capital of Georgia, and they were selling their homemade wines in plastic soft drink bottles which reminded me of an occasion some years ago when we called in for lunch with our brother in law Louis. Louis was an Italian who bought wine from a friend who made wines from grapes grown in The Swan Valley near Perth and it was in 1.5 litre plastic Coke bottles, I suggested that I had some Penfolds in the car and that I would put a bottle on the table when the wine was served the wine in the plastic bottle was well and truly oxidised but Louis who had developed a taste for this wine preferred it to the Penfolds!

If you are looking for a wine to start a conversation at your next gathering of friends look no further than a range made for Kylie Minogue which is truly international and packaged in very striking bottles. In the range is an Italian Prosecco Rose, a Rose Vin de France, a New Zealand Sauvignon Blanc, a Merlot from the Pays d'Occ region of France and an organic Brut reserve Cava from Spain, if you are interested have a look in Dan Murphy's and First Choice Liquor for the Rose Vin de France but I am sure the rest will arrive very soon, I am surprised there isn't a Champagne in the range given how bubbly the girl is but I'm sure this could also appear one day.

Kylie joins a long list of celebrities who have taken to promoting their names on the label of a bottle of wine. Golfing greats Greg Norman, Ernie Els, David Frost, Retief Goosen, Jack Nicklaus, the late Arnold Palmer and not to be left out from the ladies Christie Kerr all have their names on wine bottles.

Santana partnered with G.H. Mumm to create a sparkling wine titled Santana DVX, Sam Neill produces his own Pinot Noir in New Zealand, whilst Graham Norton creates an award-winning Sauvignon Blanc also from New Zealand.

The most successful celebrity wine comes from Francis Ford Coppola whose wines can be found in nearly every liquor outlet in America and other famous or infamous names include Gerard Depardieu who reportedly drinks a bottle of vodka daily, Dan Ackroyd, Brad Pitt and



Angelina Jolie, Sting and racing identity Marco Andretti.

Looking for something different this weekend to Cabernet Sauvignon or Shiraz then look for a Grenache. Until the 1990's Grenache was a mainstay in the production of fortified wines but the great red shortage in 1990 made winemakers look to Grenache and what a find it turned out to be. No variety in Australia has ascended to an exalted mantle as this variety and this is down to the quality of the fruit, much of it old, bush-vine material and widely grown especially in McLaren Vale South Australia. Grenache even has its own 'International Grenache day' which is the 3rd Friday in September, look out for d'Arenberg 'The Custodian' Richard Hamilton 'Burtons Vineyard' and the uniquely bottled 'Little Giant'.

If you are partial to a good Chardonnay then give the Houghton Margaret River Chardonnay a go. Liquorland is selling it at \$13 every day down from \$18 and it is worth every cent.

Cheers

Philip Arlidge
arlidge@bigpond.com.au

Looking to make your next get together more interesting think about the words of Don Marquis. "I drink only to make my friends seem interesting"

Brillat-Savarin recounted an amusing retort at a function one evening.

A heavy drinker was offered grapes for dessert and replied "Thank you very much" he said pushing the plate to one side "but I am not accustomed to taking my wine in capsules"



Simply Heat and Eat

Hearty Foods is a family owned and operated business on the Sunshine Coast. Established over 10 years ago delivering Nutritious ready made meals to the Sunshine Coast, Fraser Coast, Bundaberg, Bribie Island & surrounds. If it's a good quality home style cooked meal your looking for then take a look at our extensive menu

with the additional choice of regular or large sizes dependant on your appetite and of course a great selection of desserts.

Let Hearty Foods take the fuss and stress out of meal times, whether its lunch or dinner at home or a tasty meal at work, just grab a meal from your freezer and simply heat and eat with peace of mind.

CHICKEN DISHES

- 1. ROAST CHICKEN**
Tender roasted chicken served with roast chat potatoes, pumpkin and steamed beans.
- 3. CHICKEN A LA KING**
Delicious chicken pieces cooked in a white sauce with bacon served with seasoned chat potatoes and green beans.
- 14. SATAY CHICKEN**
Tender chicken breast topped with a satay sauce and served with yellow and green beans and rice (contains nuts).
- 15. SWEET N SOUR CHICKEN**
Asian style sweet 'n sour chicken served with steamed rice & green beans
- 17. CHICKEN KORMA CURRY**
Juicy tender chicken cooked in an Indian korma sauce topped with mango chutney, steamed rice and green beans.
- 19. MUSTARD CHICKEN**
Tender chicken breast fillets, topped with creamy mustard sauce, roasted chat potatoes and aussie beans.
- 20. BUTTER CHICKEN**
Tender chicken cooked in a mild Indian spiced butter sauce served with steamed rice and green beans.
- 37. CHICKEN PARMI**
Crumbed chicken fillets, Napoli sauce, grated cheese & parmesan, served with chat potatoes & seasonal vegetables.
- 47. MANGO CHICKEN**
Seasoned tender chicken with a mouth watering mango sauce, served with steamed aussie beans and chat potatoes.

FISH DISHES

- 25. ATLANTIC SALMON** (Reg \$13.50 | Lge \$17.90) NEW
Served with creamy dill sauce, seasoned chat potatoes, broccoli, yellow & green beans.
- 26. TUNA MORNAY PASTA**
Tuna Pasta tossed in a mornay sauce served with sweetcorn, peas and sweet potato.
- 28. ATLANTIC COD & PRAWNS** (Reg \$11.50 | Lge \$13.90) NEW
Served with lemon sauce, mashed potato, broccoli & garden peas.
- 36. SMOKED SALMON FETTUCCINE**
Fettuccine topped with smoked salmon, baby spinach in a creamy sauce served with broccoli.
- 46. BAKED FISH**
Wild caught New Zealand Hoki with a cream sauce, served with sweet potato and peas.

BEEF DISHES

- 5. COTTAGE PIE**
Good old traditional style minced beef, topped with potato mash and served with vegetables.
- 6. ROAST BEEF**
Tender roasted beef served with gravy, chat potatoes, sweet potato and peas.
- 7. BEEF CASSEROLE**
Tender beef cooked in rich gravy, served with mash and peas.
- 8. SPAGHETTI BOLOGNESE**
Everyone's favourite pasta topped with a beef bolognese and grated cheese.
- 9. BEEF LASAGNE**
Traditional bolognese sauce between layers of pasta, topped with a cheese sauce and served with seasonal vegetables.
- 30. BEEF RISSOLES**
Beef Rissoles topped with gravy and served with mashed potato, peas and carrots.
- 31. BEEF STROGANOFF**
Tender Beef strips cooked in a mushroom, paprika & mustard sauce served with Fettuccine & green beans.
- 32. MEXICAN BEEF AND BEANS**
Classic Chilli Con Carne served with rice and beans.
- 35. BEEF MADRAS CURRY (MILD-MEDIUM)** NEW
A delicious Indian beef madras curry cooked with potatoes, served with rice and green beans.
- 41. SILVERSIDE**
A family favourite - Corned Silverside served with a sweet potato mash and vegetables.

PORK DISHES

- 12. ROAST PORK**
Roasted pork with gravy, chat potatoes and roast pumpkin.
- 27. PASTA CARBONARA**
Pasta cooked in a bacon and mushroom cream sauce.
- 33. PICKLED PORK**
Pickled pork topped with creamy mustard sauce served with chat potatoes, green and yellow beans.
- 48. CURRIED SAUSAGES & RICE**
Pork sausages cooked in a mild curry sauce and served with rice and vegetables.

BANGERS AND MASH

- All served with mash potato, rich gravy and seasonal vegetables
- 2. BEEF WITH BUSH TOMATO & PEPPER SAUSAGES** NEW
- 13. TRADITIONAL OLD ENGLISH PORK SAUSAGES** NEW
- 22. LAMB, HONEY, MINT & ROSEMARY SAUSAGES**

LAMB DISHES

- 10. ROAST LAMB** (Reg \$11.50 | Lge \$13.90)
Succulent tender lamb with mint infused gravy and served with chat potatoes, peas and carrots.
 - 24. MASSAMAN LAMB CURRY** (Reg \$11.50 | Lge \$13.90)
Lamb cooked in a thai style massaman sauce, served with rice and green beans.
 - 42. MONGOLIAN LAMB** (Reg \$11.50 | Lge \$13.90)
Asian style Mongolian lamb cooked with steamed asian vegetables and noodles.
- VEGETARIAN / VEGAN DISHES**
- 29. VEGETABLE LASAGNE**
Marinated roast vegetables between layers of pasta, topped with three cheeses.
 - 43. VEGETARIAN NOODLE STIRFRY**
Stir-fried vegetables and rice noodles with sweet lime and chilli sauce topped with chopped peanuts.
 - 44. CHICKPEA & VEGETABLE CURRY**
Mild chickpea & vegetable curry served with basmati rice.
 - 45. CREAMY PESTO PASTA**
Penne tossed through pesto cream, broccoli and spinach, topped with parmesan cheese (contains nuts).

DESSERTS (\$4.50 each)

- Apple & Rhubarb Crumble & Custard
- Bread & Butter Pudding & Custard
- Sticky Date Pudding & Caramel Sauce
- Rice Pudding with Raisins & Cinnamon
- Chocolate & Almond Brownie & Choc Sauce
- Vanilla Ice-cream Cups \$2 each
- Chocolate Bavarian
- Passionfruit Cheesecake
- Strawberry Cheesecake

MAIN MEALS

Regular **\$9.50** Large **\$11.90**
*Please note price differs for some fish & lamb dishes.

Minimum of 7 main meals for a FREE delivery
7 Regular sized meals from \$66.50
7 Large sized meals from \$83.30

Order 28 Meals & Receive a FREE Dessert

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Signature Bribie Island

Art Prize Calling



This year, Bribie Island Community Arts Centre's signature event, the Matthew Flinders Art Prize, is expected to draw more entries than before at the Bribie Island Community Arts Centre.

BICAS organisers are keen to ensure artists know they WILL stage this great competition/exhibition this year in its traditional mid-winter calendar slot.

HOW'S YOUR ENTRY SHAPING FOR PREMIER ISLAND ART PRIZE ?

Excitement building at the Bribie Island Community Arts Centre as the weeks speed by towards its traditional signature event, the Matthew Flinders Art Prize, opening July 16.

This year, organisers are confident the larger prize pool and the two-year gap from the previous event (due to Covid) will draw more entries than before.

Now in its 23rd year, it remains an open prize exhibition, with no set categories. Artists may create in any media (except video). All details are on the entry form which can be downloaded from the Bribie Island Community Arts Centre's website or collected at the Arts Centre 191 Sunderland Drive Banksia Beach, Tuesday to Saturday 9am - 4pm and Sundays 9am - 1pm. Phone 07 3408 9288.

Entry date is Saturday June 26. Early birds who enter by June 19 save \$5 per entry. July 10 is the delivery date to the Arts Centre. The entry fee is \$35 per piece with a maximum of two artworks each. Gala Opening night for the event in

the Matthew Flinders Gallery is Friday July 16, with the exhibition running until Aug 7.

The first prize is \$5000, second prize is \$2000. There are two Highly Commended prizes of \$500, a \$500 People's Choice prize and a \$500 BICAS Members prize.

Organising committee chairman Stephanie White said there would be artist demonstrations daily at the Centre during the exhibition to create a vibrant interactive ambience. Some of these would be past prizewinners of the event.

And a couple of concurrent events would be held during the exhibition run, such as a SWAP TIL YOU DROP nibbles and bubbles afternoon. On Saturday July 24, from 4pm, people can pick up and leave clothes and enjoy a special after-hours guided tour of the exhibition entries. And the GALLERY SINGERS will give a special CONCERT marking their 21st anniversary. The singing group was so named after the Art Gallery where they were regular performers in their early years. The date for this to be confirmed.

The Matthew Flinders Art Gallery and the art prize named after it, is a welcome gathering

point and focus for local and visiting artists from around the region and interstate. Stephanie said the event also relied

heavily on the generosity of local sponsors, who are kindly teaming up with BICAS again in 2021.



Bribie Island Community Arts Society Inc.

MFAP
MATTHEW FLINDERS ART PRIZE
2021



f

Find Us on Facebook..



ARTISTS

Remember the Matthew Flinders Art Prize 2021
July 17 - August 7. Opening Night July 16

\$9000 in prizes.

All categories (except digital)

Enter via BICAS website or collect an entry form at the Arts Centre 191 Sunderland Drive Banksia Beach.

Entries close June 26.
Early bird entry June 19
All works to the Centre July 10.














191 Sunderland Drive, Banksia Beach | Ph 3408 9288

www.bribieartscentre.com.au info@bribieartscentre.com.au

market times

Bribie Island BICA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am - 12 noon

Queensland Cancer Council Markets

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets

(Farmers Market)

The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

The Bribie Lions Club Markets

The Bribie Lions Club Markets are held at Tintookie Park, Woorim on every second Saturday of each month from 8 am to 12 noon

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open from 8 am to 12 pm on weekdays and from 8 am to 12 pm on the first Saturday of every month.

Bribie & District Woodcrafters Assoc.

OPEN DAY: Woodworking demonstrations, displays, sales Sat 27th March & Last Sat Month thereafter. 8 - 12noon
Contact Ian Trail 0401 134 384



BRIBIE ISLAND GEM & FOSSICKING CLUB

Along with the

BRIBIE AND DISTRICT WOODCRAFTERS ASSOCIATION

191 Sunderland Drive, Banksia Beach



OPEN DAY & MEMBERS MARKETS

Last Saturday of the month

Next Market Saturday 29th May 2021

Open 8am till 2pm

For more information contact either the gem club

secretary@bribiegemclub.com.au or

Phone Sandra on 0421 888 133

or the Woodies bribiewoodcrafters@outlook.com

Visit our websites bribiegemclub.com.au or

bribiewoodies.org.au

EVERYONE IS WELCOME TO COME AND YOU WON'T BE DISAPPOINTED WHEN YOU SEE WHAT WE HAVE TO OFFER



CONNECT & STAY WELL

Are you 50 years or older, or caring for someone who is?

Do you need a hand finding information and support to live well?

Come along for an informal chat with one of our tech savvy senior Peer Navigators and learn where and how to access: health and wellbeing information, carer supports, cultural supports, and community activities - all while increasing your digital abilities.

BRIBIE ISLAND LIBRARY

TUESDAYS 10AM- 6PM

STARTS APRIL 13 2021

More info call 07 3408 1388



This activity is supported by funding from Brisbane North PHN through the Australian Government's PHN Program



Episode One

By: Al Finegan

The Eliza Fraser Story

HIGH HOPES

I'm sure all Queenslanders know of the beautiful Fraser Island, the world's largest sand island just off our coast, and stretching for over 120km. How it got its name may also be well known, but which version of the story do you know, of its namesake, Mrs Eliza Fraser, the woman shipwrecked on the Island in 1836? There are so many.

A Londoner, Henry Russell, said that while he was walking near Hyde Park in 1840, he encountered a man carrying a show advertisement displaying crude artwork representing savages with bows and arrows and some dead bodies of white men and women, under which was written: "STIRLING CASTLE' WRECKED OFF THE COAST OF NEW HOLLAND, BOTANY BAY, ALL KILLED AND EATEN BY SAVAGES: ONLY SURVIVOR ELIZA FRASER, A WOMAN: TO BE SEEN: 6d ADMISSION."

It was not Eliza Fraser, it was simply another fraudulent attempt to exploit her story with fiction for financial gain. In 1836, as soon as Eliza's ordeal became public, news headlines swamped the press as articles appeared for weeks in all papers of the day in NSW, and as soon as the news hit the UK, the papers there latched on with screaming headlines. Exaggeration and sensationalism rapidly blotted out the true story. A tale of a gentle white

woman being ship-wrecked on the remote north-eastern Australian coast among aborigines, seeing her husband murdered and Eliza being reduced to a tortured nude slave was too delicious a story to ignore. It was guaranteed to sell newspapers. The cheque-book journalists scrambled to compete for publicity each trying to outdo the other with wild exaggerations of nudity, adultery, enslavement, torture, murder most foul and even cannibalism. Facts were ignored, the more gruesome and shocking they could make the story the better. The real story became lost in the many variations all claiming to be true.

Even before her death in 1858, until 1982, over a dozen books were released by well-known authors, all with widely differing versions of the events of 1836. Even a movie, "Eliza Fraser" was released in 1976 starring Susannah York. This Australian adventure drama film, directed by Tim Burstall, was simply a bawdy attempt at humour, the type popular at that time. It seems the only parts that were facts were her name, location, and the date. The rest was pure fiction. Some modern journalists have rewritten the story through their contemporary morals and concern over upsetting the aboriginal peoples of the Sandy Cape. On reading them, one would think Eliza had a nice holiday on Fraser Island living happily with the locals until a nice man came along and took her back to Moreton Bay.

There is only one way to get to the facts of the events of 1836. Historians are today fortunate that the internet provides copies of original diaries and reports that had been put on microfiche years ago and are now available on the internet as PDF files. Research of original witness statements and official reports are accessible at the click of a mouse. Below is the Eliza Fraser story is taken from original source documents and statements from those directly involved and were recorded at the time to be told as truthfully as possible.

Eliza Anne Fraser was born in 1798 in Derbyshire, England. Her maiden name was Slack and, coming from a well-off family, she had received a good education. In 1821 she married James Fraser, a mariner. They moved to his family home at Stromness, in the Orkney Islands, to the north of Scotland. Over the next 14 years, she bore him three children. By 1830 James Fraser had risen to be a ship's captain and in 1831 he commanded the brig Stirling Castle first launched in 1829 to take the first batch of free emigrants from London to New South Wales. On the trip, Captain Fraser helped set up a "university" to teach passengers each other's trades and skills. One family that was on board this trip was the Petrie family who became a prominent Queensland dynasty.

In 1835, because of his first successful trip to NSW, James, now 54 years old, was offered another contract to sail Stirling

Castle to Hobart and Sydney with goods, mostly spirits. Unfortunately, his health was suffering from a painful stomach ulcer and Eliza was worried that he would not have the fitness needed for a long sea voyage without her care. As they needed the income James decided to take the contract regardless of his health.

Eliza was worried for her husband, and despite being pregnant she was torn between looking after James on the voyage or staying at home with their children. The round trip was expected to take ten months. Eventually, she decided to accompany him on the journey.

Leaving their children Jane, 15, James, 10, and David, 6 with the local Presbyterian minister, the Reverend Peter Learmonth, they travelled to London and boarded the brig, Stirling Castle. Also on board was Fraser's 13-year-old nephew, John Fraser, an educated lad to be trained as a future ship's officer. The first mate was assigned to teach him navigational skills with the sextant and chronometer. On 22nd October 1835, the Stirling Castle set sail bound for Hobart. Eliza (37) and James (54) could not have imagined the terrible fate that was in store for them.

SHIPWRECKED

After a successful voyage, they arrived in Hobart in early 1836. James' health was poorly throughout the trip requiring Eliza to nurse him constantly. After successfully off-loading their cargo at Hobart, Stirling Castle departed and berthed in Sydney in April 1836. As soon as the ship tied to the wharf, six of his crew bolted, leaving him short of the minimum crew needed to man the vessel. This caused a delay of several weeks while James searched for experienced sailors for the return journey to London. It was not uncommon at the time for sailors to sign on in England for a return voyage only to use it as paid passage to NSW, despite it being a criminal offence to desert.

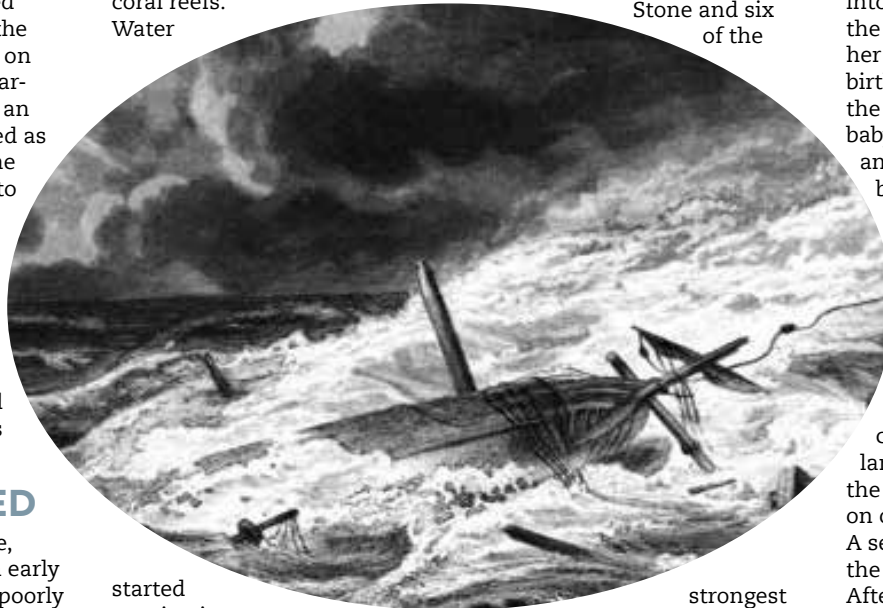
On Sunday, 15th May 1836,

Stirling Castle finally left Sydney for Singapore, thence onto London. Knowing the dangers of the Great Barrier Reef, James kept his ship well out to sea as they sailed up the coast parallel to what is now Queensland.

Unfortunately, he was unaware of the extent of this mostly uncharted vast reef system at the southern end of the barrier reef. Swains Reefs are an extensive minefield of jagged coral lying across an area from 150 out to 225 km from the mainland. The reefs rise a few feet above the water at low tide and almost disappear at high tide.

On the evening of 21st May, all on board were startled, then terrified, as the Stirling Castle crashed into one of the numerous half-submerged coral reefs.

Water



started pouring into the lower decks as the ship rode up the reef ripping open the hull.

Apart from wrecking his ship, Fraser had a bigger problem. There were only two lifeboats on board. One was a pinnace, a small light tender intended for easy ship-to-shore transfers when in the harbour and rigged with a small sail and four oars. The other was a longboat meant to be the lifeboat capable of taking the whole crew to safety in the event of an emergency. For some unknown reason, the ship's carpenter had decided to occupy himself by ripping off some of the hull's planks for repairs leaving the longboat in

an unseaworthy condition.

Captain Fraser rapidly realised that his ship was breaking up and he had limited time to get his crew to safety.

The carpenter, with the help of some of the crew, began furious work to repair the longboat, while the remainder gathered provisions needed for the attempt at making the journey to the mainland.

Realising they had to use the pinnace as well as the longboat, they divided their supplies - water, food, beer, clothes, weapons, and an axe, between both boats. Fraser, with the navigational instruments, decided to take Eliza, John Fraser, chief officer Charles Brown and seven sailors in the longboat. In the pinnace, he consigned second mate John Baxter, the boatswain Edward

Stone and six of the

strongest men in the crew.

He decided they would depart in company as soon as the longboat repairs were completed. By dawn, it became obvious to all that staying on the worsening Stirling Castle was dangerous, and to remain would make their departure hazardous. Despite the repairs being incomplete, the longboat was launched, and the pinnace crew towed it clear of the wreck.

Fraser had calculated their location and estimated that they were about 600km north of Moreton Bay. On the direct route was the Bunker Group where he knew there was a coral island (possibly Heron)

that could give them respite for more repairs and hopefully water.

Leaking badly, the longboat needed constant bailing. Even with their desperate efforts, the bilges had a foot or more of water sloshing about. Day and night the exhausted crew took turns between rowing and bailing trying to keep the water level down.

Fraser became too ill to do his shift, so an eight months pregnant Eliza doubled up to fill his place. The longboat tossed and pitched, jerking suddenly from the rope attached to the pinnace where the sailors there fought the wind and waves to maintain the course. After four days in the open boat, the strain of bailing and the traumatic circumstances overcame Eliza, and she went into labour. She collapsed into the scuppers, barely keeping her head above water and gave birth. In her condition, and with the boat tossing her about, the baby lived only a few moments and drowned. Later, the dead baby was wrapped in a shirt by Chief Officer, Charles Brown, and committed to the sea for burial.

They spent another week beating backwards and forwards against headwinds until early one morning an excited cry went up as they sighted land. To their great relief, the exhausted crew landed on one of the Bunker Islands. A search found water and all the containers were filled. After a day and night's rest, Fraser awoke to a mutiny. The boatswain with six crew were launching the pinnace. They had gathered most of the provisions and forced John Fraser with the navigational instruments to go with them. Before Fraser could react, they had launched the pinnace and sailed off with young John looking back in despair.

Those remaining gathered around Fraser, staring at the disappearing pinnace with an overwhelming sense of betrayal and doom, and wondering just what would happen to them now.

**Next Episode -
"Captured and enslaved"**



TRIBUTE TO A GREAT BRIBIE ISLANDER



By Barry Clark
Bribie Island
Historical Society

A very special long-term resident of Bribie Island passed away in early May.

Ted Clayton lived most of his 91 years on Bribie and is recognised for his contributions to the island infrastructure, development and fame for fishing. I met Ted and Pat when I came to Bribie in 2004 and began documenting the stories of long-term residents. They were among the 12 special people featured on my 50 Years on Bribie tribute sign erected in Brennan Park



I enjoyed the benefit of Ted's knowledge over recent years, as he shared hundreds of unique photos, documents and anecdotes that we put in our historical database.

Ted's parents Marion and Ernest met on Bribie while on holiday back in 1920. They had a holiday home at 4 Banya Street, Bongaree, and were members of a small resident population during those boom years, when thousands of visitors came every week on steamship excursions.

Ted was the youngest of their four children, born in Brisbane in 1929, and lived on and off Bribie in his early years, attending the one room, one teacher, Bribie State School. He worked with his father, building cottages on Bribie, and became a qualified carpenter. His parents purchased two blocks of land on South Esplanade and built the family home.

Ted was a very fit young man and keen surfer. He met Pat while surf lifesaver at Tugun beach, and they married and moved to live permanently on Bribie in 1954.

Ted relocated his parents' house to their adjacent block and built his new home at 11 South Esplanade. The site of his parents' original home has recently approved for redevelopment as a block of apartments, which happened on the very day Ted passed away. A poignant loss of two aspects of Bribie history.

Ted and Pats original cottage is still standing, where their four children (Lissa, Fern, Lindsay and Stuart) grew up during a significant period of island development.

Ted built many houses around the island over the next 10 years. In 1955, together with George Brook, they built a house for the postmaster Tom Fenwick at 45 Toorbul Street. The building became the new Bribie Post office when it transferred from the Brisbane Tug & Steamship Co. caretaker's residence near the Jetty. When a cable trench was being dug in the street, a skeleton was unearthed. The police investigated and believed it to be that of

Ted Clayton

Bribie Bridge Builder,
Famous Fisherman

HISTORY

an old indigenous person. His friend George Brook was later killed when a house they were relocating at Woorim fell on him.

Major construction and social change began in 1960 with the building of the Bribie Island Bridge. A contract was awarded to K.D.Morris & Sons to build the longest prestressed and precast concrete bridge in Australia. This was a very significant engineering challenge at that time and was completed on time, on budget, and with no loss of life.

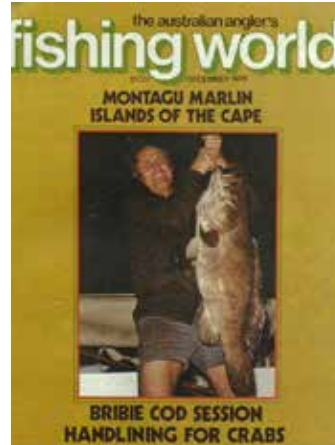
Ted Clayton was the site supervisor of construction and, as a civil engineer myself, I know that the work done, and materials used, were of the highest standard.

a while, before working at the Weighbridge at Burpengary for many years.



number of aboriginal artefacts. When I first met Ted, he told me that he had donated three Ute loads of artefacts to the Queensland Museum.

Ted seemed to know how to think like a fish and was renowned for his techniques and record catches. In the 1970's he began writing for Fishing World magazine, and



He was always concerned when reminders of the past were lost. In November 1997, with no warning, advice or reason, the name of a creek crossing South Esplanade, near his family home, was changed from Campbell to Williams Creek. Ted wrote a letter to the local paper, The Island News, commenting as follows;

I had no idea the name of Campbell's Creek had been changed to Williams Creek. Another case of out of sight out of mind. I do not know who the Williams referred to would be, but could not have any claim that would surpass that of Reg and Vera Campbell, two modest and loveable people, whose ties to the creek go back a long way. I was buying aniseed balls from their shop prior to World War 2. Signed Ted Clayton.

became field editor. His articles put Bribie on the fishing map, and his photos with prize catches were admired by many over his 15 years of writing.

After a hardworking and successful career, Ted and Pat retired from what to them had then become a crowded community at Bongaree, to the peace and quiet of Whitepatch.

Ted then had time to fish almost daily in front of their new home. Clad in waders, waist-deep in the Pumicestone Passage, he could look back at the distant Bridge with a great sense of pride.

The Claytons had grown up among pioneer Bribie families such as Campbell, Freeman, Huet, Ormiston and Tesch, and Ted was the custodian of a unique collection of old photos.

Despite several requests for an explanation, the Council did not answer as to who Williams is, or the reason for the change. This seems an appropriate note on which to end this tribute to a humble and very private man that was Ted Clayton. It was my pleasure to have known him for the last few years and to admire his contribution to Bribie Island.

Many readers will have known him much longer, as Ted and Pat spent 67 years of married life as valued members of the community. His last few months were in care at Foley St. where he passed peacefully, and we extend our thoughts and best wishes to Pat and their children.

MORE BRIBIE HISTORY

The Historical Society meets on the second Wednesday of the month at 6:30pm at the RSL Club. There are fascinating guest speakers and visitors and new members always welcome, with notification. You can see many more articles on our Blog Site <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com



During construction, Ted took many photographs as a valuable record, which are now in our Historical Database. When the bridge opened on 19 October 1963, it was a significant event in the history of Bribie, and a milestone in the social evolution of the community. Ted once showed me the personal invitation to the opening celebrations that he had received from the then Premier of Queensland.

We still appreciate Ted's great work 58 years later, and structurally it is sound for at least another decade. When it opened, there was a substantial and unexpected toll to cross the bridge, which lasted for 12 years until it was paid for. When we do get a new bridge, we might expect another toll.

After building the bridge, Ted returned to building houses for

Throughout all these years, Ted Clayton was a keen and successful angler. He and wife Pat ran a Bait & Tackle shop on the island for many years, and his pursuit of big fish took him to every remote location around the island. In so doing, he gained great appreciation of the indigenous occupation and use of this land, over thousands of years, and found a great



BONGAREE LADIES BOWLS

Tuesday pairs May 4th winners Bob Lowe, Col Erhardt.

Runners Up Mick Falvey, Bob Vonarx

Friday pairs May 7th Winners Beryl Moor, Di Davidson.

Runners up Mick Falvey, Janice Mason

Tues pairs May 11th Winners Neil Smith, Stan Barringhaus
Runners Up Elna Jansen, Ferdy Timmerman

BONGAREE MENS BOWLS

Brekky Bowls May 2nd

Winners Barney Blomendahl, Billy Bradshaw, Brett Sellars
Runners Up, Jaarpung Blundell, Hazel Crouch, Sandra Scott

Scroungers May 8th 1st

Mike Roberts, Richard Medhurst, Gail Parker

MENS A's Final

Glenn Merrin def. Brett Sellars 25 to 22

BONGAREE BOWLS MENS A'S SINGLES FINAL

The men's A grade singles final was played on Saturday Glenn Merrin (right) def. Brett Sellars 25 to 22 in a fantastic final.



SOLANDER LAKE BOWLS CLUB

Bowls Results - Week Ending 8/5/21

Tuesday 4th - Club Select Triples - Winners: J Corbett, T Parker, R Harris. Runners up: M Power, M O'Keefe, A Matheson.

Wednesday 5th - Self Select Pairs - No Play.

Thursday 6th - Self Select Triples - Winners: G Wilson, V Fredericks, P Payne. Runners up: S Hillen, M Zahl, R Zahl.

Friday 7th - Self Select Pairs - Winners: T Miguel, A Denherdt.

Runners up: H Taylor, R McLean. 1st Round Winners: T Curtis, B Curtis. 2nd Round Winners: L Storey, B Storey.

Saturday 8th - Club Select Triples - Winners: C Smith, M Jones, A Matheson. Runners up: A Sanders, C Langley, A Thompson.

2021 Men's 'B' Pairs Championship Winners: Chris Avenell & Paul Ollier. Runners Up: Daryl Watkins & Andrew Wilkie.

Bowls Results - Week Ending 15/5/21

Tuesday 11th - Club Select Triples - Winners: J Harris, J Gill, C Langley. Runners up: B Payne, M Whiteside, J Day, M Wilson.

Wednesday 12th - Self Select Pairs - Winners: M Zahl, R Zahl. 2nd Place: T Curtis, B Curtis. 3rd Place: M Lammas, G Hubbard. Jackpot - \$430 - Not Won.

Thursday 13th - Self Select Triples - Winners: C Cummins, L Shorter, M Power. Runners up: K Hellmrich, V Mitchell, W Mitchell.

Friday 14th - Self Select Pairs - Winners: K Henshaw, R Henshaw. Runners up: J Farmer, K Tucker. 1st Round Winners: T O'Neill, T Bell 2nd Round Winners: B Cowperthwaite, B Moss.

Saturday 15th - Club Select Triples - Winners: T Parker, S Jameson. Runners Up: M Moore, N Feazey.

2021 Men's Singles Championship Winner: Ray Zahl. Runner Up: Rob Stumbles.

2021 Men's 'B' Pairs Championship.

L to R Winners:

Paul Ollier & Chris Avenell

Runners Up: Andrew Wilkie & Daryl Wilkins

BRIBIE BOWLS

Self Select Triples Tuesday 4 May 2021

Winners: P McCarthy, R

Gilmour, R Hunter

Runners up: J Brazier, S Hose, J Phillips

Out of hat winner: J Mewett, G Mewett, D McDougall

Bunny: D Hudson, B Turnbull, T Turnbull

Scroungers Results

Wednesday 5 May 2021

1st out of hat: A Russell

2nd out of hat: C Halley

3rd out of hat: S Martin

Club Select Triples Thursday 6 May 2021

1st out of hat: P Boyland, I

Gillard, R Weickhorst

2nd out of hat: M Cherry, L

Wright, S Herbery

3rd out of hat: E Sharpe, F

Grimsey, A Wilmont

Self Select Pairs Friday 7 May 2021

Winners: R Brinton, L Deakins

Highest Margin: T Dean, I

Cooper

Out of hat winner: T Turnbull, J Howarth

Out of hat winner: K Taylor, P Hughes

Out of hat winner: T

Townsend, G Healing

Bunny: S Martin, N Smith, J

Ferguson

Random Select fours Saturday 8 May 2021

1st out of hat: R Fowler, G

McEniery, R Hunter, D Groves

2nd out of hat: I Gillard, M

Mills, L Savige, C Monk

3rd out of hat: W Ogrodniczek, J Neill, B Castle

Bunny: P McCarthy, L

Hackwood, B Moss, M Ball

Self Select Triples Tuesday 11 May 2021

Winners: H Anderson, J Smith, M Andrews

Runners up: C Christiansen, B Hamer, L Gilmore

Out of hat Winner: P Andrews, C Ebert, B Bognar

Out of hat winner: R Eaton, B

Crockett, L Hackwood

Bunny: N Gray, J Smith, S Hose

Scroungers Results

Wednesday 12 May 2021

1st: M Ball

2nd: J Wright

3rd: L Gilmour

Mens open pairs Wednesday 12 May 2021

Winners: S Martin, R Avern

Runners up: M Garfield, E

Bateman

Out of hat winner: A Feichter, D Gibson

Out of hat winner: M Cherry, W Mcdougall

Out of hat winner: P Campbell, T Viewers

Bunny: R Garfield, P Patrikeos, J Newcomb

Club Select Triples Results

Thursday 14 May 2021

1st out of hat: E Sharp, F

Grimsey, I Hamilton

2nd out of hat: J Muller, S Root, W Follett

3rd out of hat: M Cherry, J

Oliver, C Hamilton

Bunny: C Stroud, J Murray,

R Weickhorst



RAIN RAIN GO AWAY!!

Kathy Vincent

I know we need the rain but enough is enough. I always said how good it is in Queensland that you can organise outdoor events and be guaranteed sunny weather unlike countries like the UK. So far so many holidays have been rained on in Bribie and croquet has really suffered. This article was going to be about PROBUS MEETS CROQUET! Pumicestone Passage Probus has always been great at supporting the charity events the croquet club have organized. To thank them for all their support over the years a croquet fun afternoon was organized for May 1st. Cakes baked for afternoon teas and everyone really looking forward to the event. Do you remember the weather on May the first? Total downpour so cancelled. This seems to be the story for croquet at the moment so many competitions cancelled and trying to reschedule is quite a task, but we will manage it somehow. However, 10 Bribie players were due to play in a Gala day at

Eildon Croquet Club Woody Point on the 2nd of May. At 5.30 pm the night before we were told it would go ahead. The courts were very soggy and there were times when we all had to play in waterproofs in the rain. Not easy!! We are so used to playing in T-shirts and sunshine. Bribie had a great time despite the bogs at the edge of the courts. Some people were disappointed that jump shots were banned to protect the courts which were in very good condition. (I was really pleased because I can't always do a jump shot!) So those people who rely on doing jump shots had to think outside the box and come up with a new strategy which I think was a very good experience for them!

We kept the same partner for all 6 games which was different for us as we change partners in Bribie Gala days after every 2 games. Everyone had a good time, Bribie did very well winning prizes. Sandra Edwards, Lyn Beh, and Janis Barrett all won prizes. Janis had a double whammy winning a raffle prize too.

They all look very pleased with

themselves in the photos. You can see from one photo that Maggie is modelling several layers for the wind and rain and Lyn is trying hard to make a hoop dressed up in waterproofs. It just goes to show you don't necessarily need the sunshine to play croquet! Come and join in the fun.



Playing in the rain



Dressed for the weather



Sandra a winner



Lyn another winner



Janice has a double winner

BRIBIE ISLAND LADIES GOLF RESULTS

27/4/21 - Single Stableford - Partons Bowl. Div 1 Winner: Gwen Clutterbuck 39. R/U: Lyn Ball 37 c/b. 2nd R/U: Susie Smith 37. Div 2 Winner: Maureen McGlone 36 c/b. R/U: Bev Vinson 36 c/b. 2nd R/U: Stina Barnulf 36 c/b. Div 3 Winner: Sonia Ferrante 38. R/U: Angela Jordan 35. 2nd R/U: Hazel McDonnell 33 c/b. NTP: Hole 4 - Angela Jordan. Hole 7 - Gwen Clutterbuck. Hole 14 - Lesley Heap. Hole 15 - Jennifer DeRuyter.
29/4/21 - 4BBB Stableford - Ann Caird Memorial Day - Sponsored by Bribie

Island RSL. Overall Winners: Diane Fitzpatrick & Desley Sullivan 43 c/b. R/U: Toni Grossmann & Stina Barnulf 43 c/b. 2nd R/U: Jo McCowan & Lyn Ball 43. 3rd R/U: Debra Dunn & Barbara Chen 42. NTP: Hole 4 - Gwen Clutterbuck. Hole 7 - Bibby Davies. Hole 14 - Suzanne Wagg. Hole 16 - Nina Bohan.
4/5/21 - 4BBB Stableford - Sponsored by The Straight Shooters - Overall Winners: Jennifer McKay & Margaret Huxley 44 c/b. R/U: Ann Rogers & Jude Dorhauer 43. 2nd R/U: Gill Lee & Robyn Harper 43. 3rd R/U: Stina Barnulf & Sonia Ferrante 42 c/b. NTP: Hole 4 - Maureen Bailey. Hole 7 - Toni Grossmann. Hole 14 - Jennifer McKay. Hole

16 - Gwen Clutterbuck.
6/5/21 - Single Stableford - Div 1 Winner: Diane Fitzpatrick 38. R/U: Myra Thomsen 34 c/b. 2nd R/U: Debra Dunn 34. Div 2 Winner: Maureen Bailey 34 c/b. R/U: Angela Roberts 34. 2nd R/U: Sonia Ferrante 33. NTP: Hole 4 - Suzanne Vallely. Hole 7 - Bibby Davies. Hole 14 - Bibby Davies. Hole 18 - Linda Urquhart.
13/5/21 - Single Stableford - Sponsor - Naz & Shamin Hudda - Round 2 of 4. Div 1 Winner: Jo McCowan 36 c/b. R/U: Desley Neilson 36. 2nd R/U: Jennifer De Ruyter 35. Div 2 Winner: Sheila Stack 33. R/U: Lyn Cockerell 30 c/b. 2nd R/U: Ann Mitchell 30 c/b. NTP: Hole 7 - Dianne Hayward. Hole 14 - Jo Malone. Hole 16 - Sandra Power.

TERRY YOUNG MP

Federal Member for **Longman**

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↳ Government Services Agent for Centrelink & Medicare

↳ Funding delivered for an after-hours medical service

↳ Funding delivered for local community groups and infrastructure projects

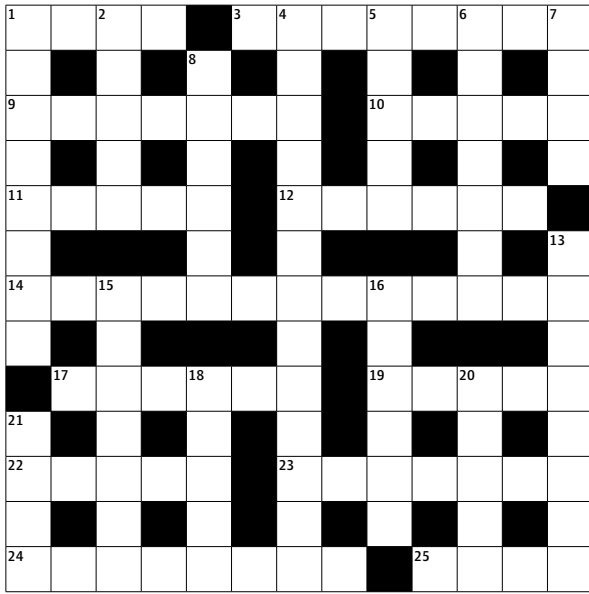
To have your say, call 5432 3177 or complete my 30 Second Online Survey here:

Authorised by T. Young, Liberal National Party of Queensland, Unit 7, Level 1, 69 King Street, Caboolture QLD 4510.

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Crosswords - QUICK & CRYPTIC



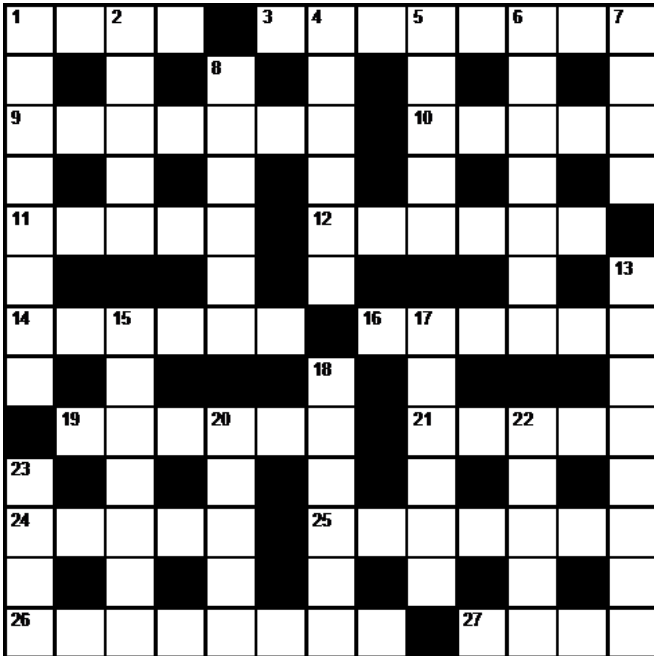
Across

- 1 One much concerned with his appearance (informal) (4)
- 3 Miniature hourglass, used in the kitchen (3,5)
- 9 Small medicated sweet (7)
- 10 Nettled (5)
- 11 Bowler's approach (3-2)
- 12 Middle Eastern country invaded by Iraq in 1990, leading to the Gulf War (6)
- 14 Bank notes with no real existence or worth (8,5)
- 17 Sharp pain in the side (6)
- 19 Relating to the centre (5)
- 22 Pull suddenly (5)
- 23 Kingdom lying between France and the Netherlands (7)
- 24 Number each leaf in a publication (8)
- 25 Bring off mother's milk (4)

Down

- 1 State of stagnation (8)
- 2 12 (5)
- 4 Alpha to omega (5,8)
- 5 Pitch (5)
- 6 One, plus six noughts (7)
- 7 Uncivil (4)
- 8 Buy cheaply (4,2)
- 13 Plant of the primrose family with upswept petals and patterned leaves (8)
- 15 Zero (7)
- 16 Deaden (6)
- 18 Symbol (5)
- 20 Legal offence (5)
- 21 Vessel (4)

SUPPLIED BY CYRUS



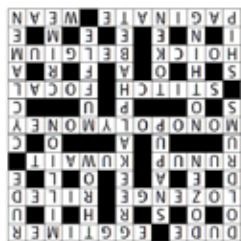
Across

- 1 A patsy for chess players (4)
- 3 Record I record by the sound of it, as a swan song (8)
- 9 Plain spoken with the French felon in charge, initially (7)
- 10 Trip abroad, oddly for a piece of jewellery (5)
- 11 There was an emptiness in the sick bay aboard ship (5)
- 12 A chilling time in our history (3,3)
- 14 Done with the party and sweet-talk (6)
- 16 Corn on the internet for a crawler? (6)
- 19 It shows Intelligence Service holding rebellious men (6)
- 21 Ready later, maybe (5)
- 24 They used to be a torch bearer along the aisles (5)
- 25 Beat up stale ingredients for a heartthrob (7)
- 26 Hand out plumage - delightful (8)
- 27 Cannabis ensnares student of conspiracy (4)

- 1 Spotted material - for dance with Dorothy (5,3)
- 2 Stupid way to carry an empty cask (5)
- 4 Choose police station - sounds good for lunch outdoors (6)
- 5 Coffee taken first at the French outfit (5)
- 6 Jock's city is where there's a soft light around the gasworks (7)
- 7 There's panache in the lovable landlady's demeanor (4)
- 8 Fresh as seeing us au naturale dancing (6)
- 13 Support meant with reservation, considered (8)
- 15 The name of the pet I adopted (7)
- 17 Vision of Lear and company in concert (6)
- 18 A reptile from Bangkok, we hear with, oddly, prawns (6)
- 20 The pulsating heart of the universe (5)
- 22 Screen communication (1-4)
- 23 Polish connoisseur or devotee (4)

Down

SOLUTION



EASY crossword Issue 140

SOLUTION



CYRUS crossword Issue 140

REGULAR FEATURES

Banana and Popcorn Pops

INGREDIENTS:

5 small bananas, peeled and cut in half crossways
 10 paddle pop sticks
 Cobs Lightly Salted and Slightly Sweet Popcorn, slightly crushed
 Strawberry yoghurt, or your choice of flavour
 Maple and tahini sauce - 1/3 cup each and mixed

METHOD:

Push a stick carefully through the bottom of the cut side of each banana. Freeze 3 hours or overnight

Remove from freezer and roll in chosen sauces. Roll immediately on the popcorn to coat
 Place back into the freezer on a lined tray for 2 hours or until set



Kids Recipe proudly supported by Wrights Fruit Barn #healthyoptionssupportlocal

Kids Page

Wright's Fruit Barn

1 Coolgarra Avenue, Bongaree. (Next to McDonald's)



Why did the snowman pick through a bag of carrots?

Because he was picking his nose.

Why does Waldo only wear stripes?

Because he doesn't want to be spotted.

What did one bean say to the other?

"How you bean?"

What sound does a nut make when it sneezes?

Cashew!

What do you get when you cross a vampire with a snowman?

Frostbite

Two cannibals are eating a clown. One asks the other,

"Does this taste funny to you?"

Find A Word

R	E	E	T	N	Y	L	H	G	U	O	R	S	C
W	E	S	T	E	R	N	P	I	E	R	E	E	A
T	O	L	S	U	R	R	O	U	N	D	U	O	N
E	H	E	R	N	O	R	T	H	E	R	N	E	O
N	S	R	E	R	E	T	T	A	C	S	G	S	P
G	E	A	G	U	G	E	P	W	N	R	O	S	Y
N	S	W	N	S	R	H	A	H	V	U	E	E	S
I	R	H	U	A	R	A	R	S	T	T	W	E	E
L	O	C	O	N	R	P	R	H	H	N	R	H	V
W	H	T	L	D	O	E	E	T	C	N	N	L	O
A	S	E	N	Y	N	R	T	S	H	C	E	P	C
R	N	R	U	U	N	T	C	A	R	W	N	N	A
T	T	T	S	G	W	W	N	S	O	P	O	N	G
S	C	S	N	R	E	A	S	T	E	R	N	T	N

- | | | | |
|-----------|----------|----------|---------|
| SURROUND | SCATTER | WESTERN | PIER |
| NORTHERN | STRETCH | CANOPY | COVE |
| HORSESHOE | TRAWLING | SOUTHERN | EASTERN |
| ROUGHLY | NET | SUN | |
| SANDY | TOWEL | LOUNGER | |

		1	3	2			
		3		7		4	5
		7					9
		6	5			7	
2							1
	9			1	4		
5						9	
6	1		2			8	
			9	8	5		

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TREES SHOULD BE VIEWED AS ESSENTIAL INFRASTRUCTURE



For nearly two decades, innumerable documents, letters, submissions and requests have been put to Moreton Bay Regional Council pleading with them to develop a state of the art vegetation protection policy. In the meantime, private landowners and developers wholesale clear blocks and large tracts of land without regard for habitat loss, biodiversity, indigenous heritage or our health and well-being. There have been 2,143 hectares of remnant vegetation cleared in the Moreton Bay region between 1999 and 2019. (www.qld.gov.au Remnant Regional Ecosystem Vegetation in Queensland.) Other Councils like Brisbane City Council, Redlands Shire and Noosa Council have clear guidelines to protect native vegetation and those guidelines are clear and enforced. (Go to their websites and see what better guidance is available.)

A recent example of the loss of old trees and habitat was the wholesale clearing for low-cost housing despite evidence of 11 threatened flora species and 43 fauna species. The consultants proposed an offset of 1.65 hectares to compensate for this habitat loss. Where? At Toorbul! I wonder if the creatures have heard about their new home? It seems that 'best-practice measures' (and other motherhood statements) can be interpreted by developers to be a few token plants in the carpark.

No one can deny the need for 'development' and affordable housing but surely we can have more sensitive development that preserves ancient

hollow-bearing habitat trees and connects people to the environment rather than separating people from it.



We all have a part to play in providing habitat for our native wildlife but governments are abrogating their responsibility by not making clear policy.

Before it's too late:

You can download an app that enables you to send concerns and requests to Council: [Council:MBRC/request](https://www.mbrc.qld.gov.au/request) There is also a

HAVE YOUR SAY
within the local laws
review project.

mbrc.link/local-laws-review

What issues do you have?

What ideas do you have to resolve these issues?

Consultation is open until 30th. June.

Are you breathing? Thank a tree!
Glenda Charles (for Biepa)



OLIVE-BACKED ORIOLE

Oriolus sagittatus

By Marj Webber

OLIVE-BACKED ORIOLES ARE REASONABLY COMMON BREEDING PASSERINES ON BRIBIE ISLAND IN OPEN WOODLANDS AND SUBURBAN AREAS.

They are usually heard by their distinctive “oriole” call before they are seen. Males have bright olive-green backs, a greenish-grey throat and dark reddish bills whereas females’ backs are a lighter olive, throats are streaked, and bills are a lighter red. Both have red eyes, streaked underparts and white-tipped grey tails. They are sometimes confused with the female Figbird which can be distinguished by its black beak and dark eye. Sometimes they gather in small flocks but are usually found singularly or in pairs.

Areas most frequented are open forests, rainforest edges and parks and gardens which have abundant berries. They are more common in northern areas but also occupy suitable areas from the Kimberleys in WA and eastern Australia to Adelaide. During summer many migrate to the south.

Fruit is their main source of food with nectar and insects also on the diet. Orioles are one of the few birds which eat hairy caterpillars. They often feed in the company of Figbirds in the canopies of fruiting trees and rarely come to the ground.

From September to January is the preferred time for breeding but depending on conditions this can be extended either way. Nests made from bark, grass, leaves and cobwebs are cup-shaped and are fixed by straps to slender branches at the edge of the canopy. Females build the nests and incubate 2-4 spotted cream eggs for 18 days. During this time males only occasionally appear at the nesting site. When the chicks are hatched, they participate with females in the feeding duties. Young birds fledge at 16-17 days. Sometimes a second breeding takes place if conditions are right.

There are two other Oriole species in Australia. Yellow Orioles live in the northern rainforests and Figbirds which are part of the Oriole family are the most common in this family. Figbirds are very common on Bribie Island.

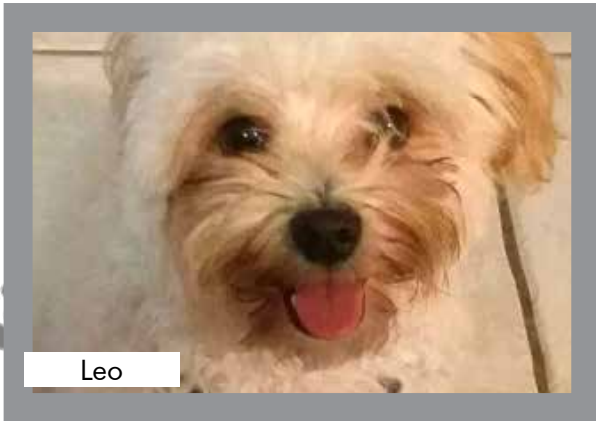
Olive-backed Orioles were first recorded by John Latham in 1801.

Conservation is secure in all states except South Australia where they are rare, and in Tasmania where they are not present.



PET PAGES - share your pets pics

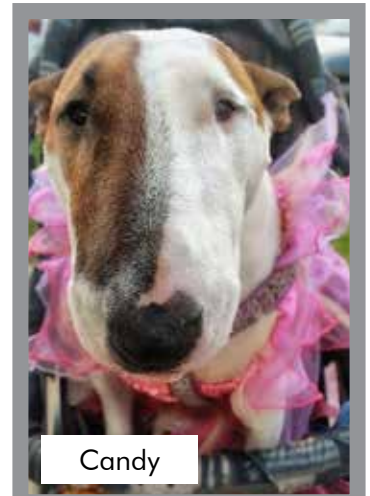
SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO: editor.thebribieislander@gmail.com



Leo



Maggie May and Harrison



Candy



Lulu & Angus



Dexter



Pet  Care

DOGS AND PEOPLE

are long established in co-evolution going back a known 6300 years. Little wonder dogs are the most popular pet - it really is in our genes! People and dogs found they both benefited by living, hunting and hanging out together, each serving the other in ways to promote both. The social structures and facial expressions being similar, the two species just gravitated to each other independently in many different human societies. Dogs were an early warning

system, co-hunter and tracker, garbage disposal of human waste, and supplied a highly developed sense of smell with their big snout, allowing people to lose their big snout. Thank you dogs!

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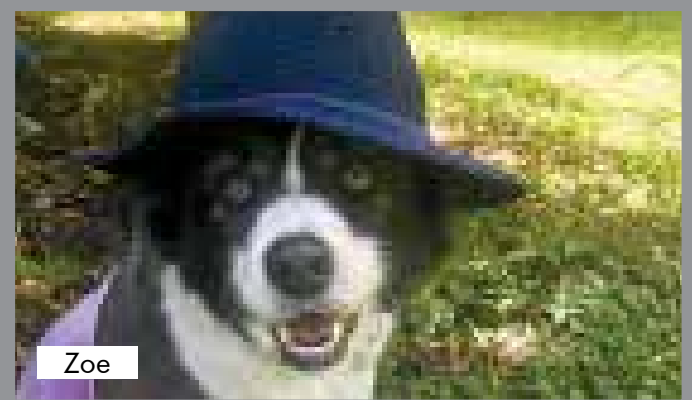
Kyuss



Hayley potty training



Enzo



Zoe

WHY TRAIN YOUR DOG PART 3.

Which is more important training your puppy/dog at home or taking him to class?

The answer is they are both very important. Training starts the moment you bring the puppy or older dog home. It should be done daily from the moment of waking to going to bed. This will help to establish good, calm manners, routine and giving your dog boundaries.

Home training is continuous for the life of the dog as they go through many stages and each need to be met differently. The benefits of training at home is the environment is familiar to the dog, it is predictable and there is very little or no distraction. It's the best place to

teach new tricks!

So why take your dog to classes outdoors? The reason being the environment is unfamiliar and there will be distractions that are out of your control. He will be with strange people and dogs in a small area. In this situation your dog will learn to focus and to listen to you. He will put trust and faith in you. He will learn vital social skills with both people and other dogs.

A dog that has been trained in different situations will more likely be taken out and about and go on holidays with their family and not left in the backyard.

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By: Sue Wighton

My Mother's Kitchen

No matter where I serve my guests, it seems they like my kitchen best'. This is the saying I stitched into a sampler, which is framed and now hangs in my renovated kitchen. Ah, needlepoint. Yet another short-lived unfulfilled hobby, along with flute playing and stand up paddle boarding.

I'd always aspired to have a large eat-in kitchen like my mum's – the one I grew up within Geebung. (It's true I also aspired to be an astronaut, a marathon swimmer and Joan Baez.)

Our Geebung kitchen was a huge room with terrazzo tiles on the floor, an enormous kitchen table, replete with seersucker tablecloth and a stove you could see from space. But oh, the fond memories I have of my mother's kitchen. I especially remember the 'warming oven' of our big Westinghouse stove. Creeping in late at night after uni and maybe a music gig, I'd find that night's dinner – shepherd's pie for sure – deliciously warm and welcoming. A mother's love wrapped in alfoil.

Sadly my aspirational kitchen never materialised.

As a single parent, I could never afford the large kitchen of my childhood – like the ones featured in 'Home Beautiful'. These always seem to

feature an enormous workbench (clean and empty), with myriad French cookware and utensils dangling from bespoke cast iron fittings. The table in these 'country kitchens' is always large, scrubbed and wooden (antique) with a tasteful crystal bowl of

our spaghetti bolognese together. And when I say together, we really eye-balled each other for years over a very small distance. All the surfaces of my kitchen were cluttered with china, photos, unpaid bills, children's drawings, used batteries, the odd banana and musical instruments.

Still, I managed to host many meals in that tiny kitchen – family, friends and childhood pals of Katie's being frequent guests. While meals were prepared, chairs would be dragged in, kids were on laps and other guests provided commentary from the adjacent room. Dinner might finally be eaten on knees in the lounge room, or perhaps out on the back deck. Then it was back into the kitchen for the washing up – no dishwasher in those days.

Once my daughter moved out and I had some cash, I was able to renovate my kitchen into a more workable space, with a dishwasher! I now have a lovely old pine table, not huge, but big enough for a few of us to sit around and enjoy the ritual of sharing food and conversation.

Because this is what kitchens are all about.

I wrote a song about my childhood kitchen. We all understood it was my mother's domain. In the song I pay homage to the lessons I learnt around my mum's kitchen table:

It was there I learned to see
To listen and to sing
I learnt patience
I learnt love in my mother's kitchen.



impossibly gorgeous, fresh flowers artfully displayed. Any children cavorting in these kitchens would also be gorgeous, scrubbed and tasteful.

My kitchen is small, and before The Renovation, sported a small pop up table attached to the bench just big enough for my daughter (gorgeous yet un-scrubbed) and me to enjoy

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“on the couch with Carolyn Drane”

WELCOME TO THE FIFTH EDITION OF 'ON THE COUCH WITH CAROLYN' WHERE EACH WEEK, I GET TO HELP YOU WITH ONE OF MY PASSIONS - INFORMATION ON ALL THINGS REAL ESTATE AND HELPING MY COMMUNITY ACHIEVE THEIR BEST RESULTS...

OPEN HOME INSPECTIONS CAN HAVE A HUGE FIRST IMPRESSION ON THE BUYER. THEY ARE ALL ABOUT CREATING THE RIGHT FEELING AND DRAWING AN EMOTIONAL RESPONSE.

Top agents believe that buyers buy feeling. When they're coming to the home, they're looking at how they can live and relax in your space. Anything that you can do to contribute to that feeling helps, especially when it comes to the negotiation stage. To create the right feeling in a home, approach your Open Home Inspections as if you were hosting a BBQ or dinner party. When we have people coming over for a BBQ or a dinner party, there's a certain clean up we do. We think, "I've just got to put that away".

Approach an open home with the same mindset. You're about to entertain. You're about to showcase your home and you want to make sure a buyer feels right in the atmosphere within the home.

Before an Open Home Inspection, do a showcase rehearsal and walk through as if you were the purchaser. Make sure the home is really comfortable. For example, in the middle of summer, it's a good idea to run the air conditioning for a while to take the heat out of the house and cool it down. Open the windows and turn on all the light switches. It is also a more comfortable environment for all potential buyers if you leave the home for the duration of the inspection, giving the buyer freedom to express themselves openly and discover all the wonderful features of your home for themselves.

Top agents will do what they can to make a buyer feel at home. They will encourage a buyer to sit on the deck and enjoy the ocean view, to imagine what it will be like if they lived there. Buyers will feel what it is to live like you do.

Selling is a transference of feelings. Your agent is seeking to attract a buyer to the property who will feel the way that you do about your home. That transference of feelings comes back to great preparation of your 'Open Home Inspections'.

Make sure you watch out for another "On the Couch with Carolyn"...next week....



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The suppliers we are aligned with have been selected as they represent the very best brands in world-class technology, engineering, quality and modern design. All of the suppliers fully support their products, which is of extreme importance to the end-user, you, our client. That means if there was a problem it can be rectified with no fuss and using genuine parts, across all models.

Our experience with mobility & disability is to your advantage. We will source the best-suited product that best suits your requirements. We

will always provide honest advice, backed by our years of knowledge, to deliver you the most affordable option.

Better yet, when we deliver your new Mobility or Disability Aid, we will take the time to show you how it works, and make sure that it is adjusted to suit you. Whether that is as simple as making a wheelchair leg rest or armrest the most comfortable length or height or slowing down your mobility scooter to a more manageable speed.

It's very important that our clients don't feel pressured into purchasing a product that doesn't suit their requirements, just because it's the one we have to offer! We will always go that little bit further to best suit your requirements. If we need to source the product from outside our established supplier base, that's what we will endeavour to do!

We will work with your

chosen O/T or care coordinator to help you make the right choice for not only a practical or desirable reason, but also within the clinical needs.

We are capable of servicing or repairing any of the products we deliver, no matter the brand.

In most cases, we can also service, repair or get accessories for other brands. If we could offer any advice, it would be to beware of online sales. Most mobility equipment needs assembling and generally speaking, if you require such equipment, there is every chance that setting it up will be beyond your ability. Who takes care of the warranty then? Also, beware of non-dealers selling products that have no spares available.

It can be a trap for people who have no previous knowledge of what they are purchasing.

Happy shopping!

TESTIMONIAL.

Dear Sir/Madam,

It is rare that I would take the time to send such an email as this, however, I would like to bring to your attention the exceptional service provided by Mark Stanfield.

After spending quite some time looking for a particular product, Mark was able to locate the item I needed (for my elderly father). He not only sourced the item but personally attend at my residence, made sure it was the right item and that it actually worked.

Mark presented as a professional, courteous and competent representative of Bedz2u. He was a pleasure to deal with and it would be remiss of me if I did not bring such commendable conduct to the attention of his employer.

Kind Regards

Mal Hinton

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THE BRIBIE WOODIES NEED WORK!!!

Visit the Bribie Woodies annual exhibition and you will see many beautiful examples of timber crafting skills. What most people don't know is that a great deal of timber is milled onsite at Woodies Shed. That beautiful bowl or attractive table may well have started as a log finding its way "Out the Back" at Woodies. There, a highly skilled and well-trained team of volunteers study the log and decide the best use for that particular timber and the ideal size and shape to cut it for optimum use. This is only the beginning of the process.

Newly sawn timber will shrink as it loses moisture. This can cause it to twist and split if not handled with great care. At woodies, the timber can be air-dried or passed through the clubs Solar Kiln. This process takes years to complete. A general rule of thumb is an inch of thickness a year. The timber cannot be finished and used for its intended purpose until fully dry.

Recent events have interrupted this natural flow and the supply of logs has dried up. So this keen team finds itself with some spare time. This is disappointing now but will cause supply problems in the coming years when this lack of logs being processed now will affect available dry timber.

Please help these "keen young men" get back into it and exercise their bodies. If you are removing a tree, or know of anyone that is, please contact the club. Instead of your tree being burned or pulped, it will be put to very good use and one day might even have pride of place somewhere as a fine work of art. Please contact us on 0467 235 959

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Garden Centre OPEN 7 DAYS

BETWEEN THE LEAVES

By Mick O'Brien Dip.Hort (MAIH)

We had some beautiful cool mornings with fine blue skies and warm sunny days finally after the recent heavy rainfall in April and the squalls continued into May as I write. The rainfall certainly was invigorating, some sandy soils around Bribie Island were showing signs of drying out already but most lawns, plants and of course - weeds are thriving. Speaking of lawns, I had a request from an avid reader to share some information on what to do with excess grass clipping waste, the pros, cons, and benefits. So a great opportunity - thank you!

LAWN GRASS CLIPPINGS - THE LOWDOWN!

Lawn clippings can be very useful in the garden, veggie patch or mulched back onto the lawn as slow-release natural lawn food but cautions should be taken to prevent spreading disease, contaminants or weed seeds. If you mow your own lawn and take pride in keeping the grass in its optimum shape you will no doubt ponder from time to time about the sheer wastage from not recycling this lush, nutrient - rich, green waste, especially if you had previously fertilised as well. Most people are familiar with adding the clippings to the compost bin as it aids in rapid breakdown of the brown portion in the heap as it heats up and starts decaying but there are many opportunities to use the lawn clippings elsewhere in the garden.

Firstly the cautions; If your lawn has recent applications of selective herbicides or fungicides or lawn grub insecticidal

treatments then obviously this should be considered before planning on distributing the lawn clippings around any live plants as the herbicide residues may remain and contaminate your patch or worse - kill off your crops. There was an incident in Victoria where multiple consumers purchased some processed bagged garden soil with contaminated ingredients and most of the plants and seeds that were planted with these products became stunted or had died as a result. Fortunately, the consumers rallied together and alerted the company forming an official investigation resulting in a finding that a portion of green waste the company sourced in Victoria for their processing plant was loaded with toxic residual herbicide unbeknown to them at the time. So it pays to look out for the "Australian Certified Organic" - logo, as stringent testing is required to keep the company's products certified accordingly. See link here: <https://www.abc.net.au/news/2021-02-21/suez-herbicides-contaminated-compost-melbourne-council/13175200>

Now back to our patch, if your lawn is toxin and weed free, then it is a great additive to the veggie garden as a mulch or around fruit trees also. Thin layers work best as they can easily be broken down by bacteria and fungi microorganisms. Too thick and the fresh grass clippings could heat up and cause nitrogen draw down as it decomposes, robbing the fine roots of nutrients and possibly damaging these delicate surface roots from the excessive

heat that may be generated during decomposition. The faster the lawn grass grows in summer the thinner the cell walls can be, which can be beneficial for bacteria and fungi to start decomposing the fresh clippings immediately. The same can be said for forced growth from excessive fertiliser inputs, the cell walls are also weakened, and unfortunately fungal disease can develop in the cool, wet, or humid conditions in turf grass

shortly after. But if you want to mulch your lawn clippings back into the lawn as you mow, use sharp cutting blades and cut the lawn on a high setting and the dispersed clippings will breakdown quicker and feed the lawn with organic nitrogen, potassium and amino acids which will create a healthier soil in due course as well. Until next issue, see you in the garden! -Your local Horticulturist -

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Gerry & Laura
Bribie Island

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Electric convection heater

An electric convection heater draws cold air over a heating element, the warm air then leaves the heater and rises towards the ceiling. This type of heater usually has

a fan which enhances the convection effect by forcing the warm air out of the heater. Using the fan can help heat the room quicker and more evenly. They can be noisy heaters due to the fan, so if this is the type you're after look for one with a fan that can be turned off.

Ceramic fan heaters

When it comes to fan heaters it is common to see them classed as ceramic, which is a safety advantage in the appliance. As ceramic cools faster than metallic heating elements, it reduces the risk of burns. Look for these features.

- A tip-over safety switch, which automatically shuts off the heater if it's knocked over

- Thermostatic control, so the unit runs at full capacity to bring the room to the desired temperature and then switches to run at an energy-saving, lower-wattage level to maintain room temperature
 - Automatic shutoff if the appliance overheats - with a manual reset, giving you the opportunity to check the unit and make sure everything is working properly before restarting it
 - Integrated carrying handle (or easy-rolling wheels for larger units)
 - Cool-to-the-touch cabinet
 - Multiple-year warranty
- Here are some other features you might like to have.

- Timer that shuts off the unit after a set number of hours to prevent unintended operation
- Easy-to-use digital readout for precise temperature control and other functions
- Remote control that duplicates the functions on the control panel
- Programmable timer to start the unit at a specific time

Buy from a trusted source

Choose a portable electric space heater with a brand name you recognize from a source you trust. Check with your local retailer as they may let you plug in their display units to test controls and heat output. Above all, avoid buying from a salesperson who's passing through town or a temporary sales location in your area that is here today - and gone forever tomorrow.

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Contact Geoff our Bribie representative on 1800 245 955 to book your appointment.



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VMR BRIBIE ISLAND

YEAR to DATE RADIO ROOM STATISTICS

To Thursday 13th May 2021:
5,450 Calls, 1,592 vessels logged on,
115 Vessel Assists, 653 Sitreps, 281 Requests,
31 overdue vessels, 4 Vessel Tracking,
552 Radio Checks, 1 Weather Broadcasts,
2 Securite Broadcasts, 1 Pan Pan 0 Mayday.
VHF 75.5%, 27MHz 7.2%.



Bribie 2 homeward bound after a Search and Rescue.

THANK YOU MBRC

Moreton Bay Regional Council (MBRC) provided VMR Bribie some funding assistance for the installation of a motorised security gate and upgrades to our access control and security systems through the MBRC Community Facilities Grant. These upgrades enhance the safety of volunteers, their property and the VMR premises. We thank Brooke and the MBRC for their assistance in making this happen.



The Commodore Liz Radajewski and Vice Commodore Ces Luscombe caught up with Councillor Brooke Savidge recently and were able to show her the completed security project.

SUNSET DRINKS

Friday 30th April 2020 - 44 Active Members and partners attended the April Sunset Drinks. The Social Committee ladies and our BBQ Chefs put on up-market hamburgers offering salad, grilled onions, cheese, beetroot, pineapple rings and your choice of sauce, and for only \$5. Topped off with great bar prices and our usual raffles.



Brenda Hammond was presented with a box of chocolates for her Birthday on Monday - Brenda promptly shared the chocolates with everyone.



Robyn Young, Janine Jaavuo, Kaye Hammond, and Sharyn Giles prepare the delicious gourmet hamburgers.



Lyn Wendt receives her raffle prize from Commodore Liz and Vice Commodore Ces.



John Traill receives his raffle prize from Commodore Liz and Vice Commodore



New members Peter and Heather Lup-schen enjoy their first Sunset Drinks.



Thumbs up from Mark and Pam Purtell.



Commodore Liz enjoys a more relaxed atmosphere.



Di and Steve Williams enjoy the evening.

SANDSTONE POINT HOTEL

A massive shout out to all the volunteers who assisted with car parking at the Sandstone Point Hotel Red Hot Summer Concerts on Saturday 1st and 8th May 2021. What massive days, you guys where amazing. Thank you!



Saturday 1st May Parking Team.



Saturday 8th May Parking Team.

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SAFETY DAVE - The Frenchie's Message:



Safety Dave says “With the weather improving check that your boat is in good order, check that you have all your safety gear and everyone on board knows its location, ensure it is

easy to get at in an emergency, ensure your flares are in date, that your torch works, check your battery and your fuel. Ensure you let someone know of your plans, who is with you, where you

are leaving from, where you are going, what time you are returning, and make sure you have either a mobile phone, VHF or 27Mhz marine radio on board.”

“BUT importantly – Always remember

if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

MAY 2021 VESSEL ASSISTS:

SAT 01/05 1435pm – Request from Water Police to search the area South of Comboyuro Point for vessel taking on water.

MON 03/05 0057am – 3m Tinny non-member with a flat battery, required a tow

from Pacific Harbour canals to Spinnaker Sound Marina.

MON 03/05 1051am – 4.3m Centre Console member with motor issues required a tow from White Patch to Bongaree Boat Ramp.

MON 03/05 1622pm – 10m Yacht non-member vessel taking on water moored at

Bongaree, appraise and report to MSQ.

TUE 04/05 1152am – 7.9m Speed Boat non-member with no steering required a tow from Honeymoon Bay to Bribie Bridge.

TUE 04/05 1421pm – Houseboat non-member drifting at White Patch –

investigate.

SAT 08/05 1527pm – 9m Cruiser member with gearbox issues, required a tow from Spinnaker Sound to Pacific Harbour.

SUN 09/05 2056pm – Tasked by Water Police to investigate a flare sighting in Deception Bay.

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TOXIC & DANGEROUS MARINE ANIMALS CONTINUED...



Flower Urchin

Toxopneustes pileolus

This moderately large urchin has only short and inconspicuous spines, but it is covered with large flower-like stalked tentacles tipped with jaws (pedicellariae), each with a red throat, and it is these that are dangerous. The pedicellariae can inject an extremely toxic venom through soft skin, and deaths have been reported. They can be found browsing on seagrasses, rubble, and around reefs, often partially buried. Never pick one of these up; if envenomated seek urgent medical attention.

They are widespread across the Indian and western to central Pacific Oceans, down to 90 m depth.



Bristle Worm

Chloeia flava

This is a large, thick, spindle-shaped worm growing to about 200 mm long. It is easily recognised by its bright red gills, purple spots, and large, conspicuous bundles of yellow, translucent bristles on each segment. If the worm is handled these bristles break off in the skin and can cause severe irritation. They are found in the subtidal zone on a variety of substrates, but typically where fine sands and muds overlie coarser sands or gravel. A predator and scavenger, it burrows through surface layers in search of food. A large, muscular pharynx can be everted, but it lacks jaws. It is often seen in trawls and also occasionally caught on prawn and fish baits.

Common across the tropical and subtropical Indo-West Pacific Oceans.



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Fishing REPORT

By: Robyn from
Bribie Island Boat Charters

It's been a crazy few weeks with the weather, calm beautiful days, followed by some rain just to keep things interesting.

However, the fishing has been reasonable. The 'Ripples have been a favourite spot for the fisherman as late with one fisherman hooking up 5 Morwong in one night, Tabitha caught a lovely Morwong and the Snapper have been biting at the turn of the tide.

A lovely table size cod was caught from the yellow marker at Toorbul.

Ningi creek never disappoints with Neville and Josephine snagging a large flounder, bar-tailed flathead, Barracuda and pike.

The main channel also produced an exciting moment for 2 fishermen when they hooked up to a Mackerel which gave them a great fight on light gear. They happened to land one and the other one got away.

The bait of choice at the moment is prawns, worms and squid. Drifting with the tide seems to be producing the most catches at the moment, our fisherman is definitely taking advantage of these slight sea breezes.

With the Bull shark breeding season just about over there have been daily sightings

of our dolphins, often seen working baitfish to feed on. However, due to the recent rain and freshwater running from our creeks, our resident Dugongs have been hard to spot with the occasional close encounter whilst anchored.

Let's hope heading into the cooler months the bream and snapper catches will increase.



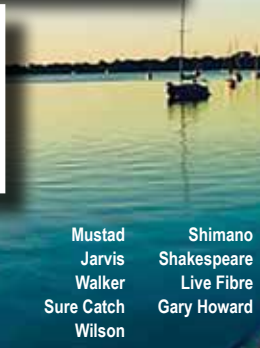
TIDE TIMES

BRIBIE ISLAND
& MORETON BAY

FRI 21 May	SAT 22 May	SUN 23 May	MON 24 May	TUE 25 May	WED 26 May	THU 27 May
4:49 am	5:55 am	12:41 am	1:42 am	2:40 am	3:35 am	4:29 am
1.81m	1.85m	0.52m	0.42m	0.36m	0.33m	0.35m
11:38 am	12:30 pm	6:54 am	7:48 am	8:39 am	9:29 am	10:16 am
0.51m	0.39m	1.88m	1.89m	1.84m	1.75m	1.64m
5:53 pm	6:53 pm	1:16 pm	2:01 pm	2:44 pm	3:24 pm	4:04 pm
1.51m	1.7m	0.29m	0.21m	0.17m	0.17m	0.22m
11:34 pm		7:45 pm	8:35 pm	9:23 pm	10:10 pm	10:57 pm
0.61m		1.89m	2.07m	2.19m	2.27m	2.28m

FRI 28 May	SAT 29 May	SUN 30 May	MON 31 May	TUE 1 Jun	WED 2 Jun	THU 3 Jun
5:22 am	6:16 am	12:30 am	1:18 am	2:10 am	3:05 am	4:07 am
0.39m	0.45m	2.16m	2.06m	1.94m	1.83m	1.72m
11:04 am	11:53 am	7:11 am	8:07 am	9:03 am	9:59 am	10:53 am
1.52m	1.42m	0.5m	0.53m	0.55m	0.54m	0.53m
4:45 pm	5:29 pm	12:45 pm	1:42 pm	2:46 pm	3:59 pm	5:13 pm
0.28m	0.36m	1.36m	1.33m	1.34m	1.39m	1.48m
11:43 pm		6:15 pm	7:09 pm	8:12 pm	9:25 pm	10:45 pm
2.24m		0.45m	0.55m	0.64m	0.71m	0.75m

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ON THE ROAD

Part 2

THE ELECTRIC CAR

Some thoughts from a sceptic.

By David Horrocks

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TO CONTINUE FROM PART 1 OF THIS ARTICLE READ ON

I'll start part two with a concession in favour of the Electric car. It's historical I'm afraid. I say this because I've had comments from some readers that they don't want a history lesson but I say how you can judge anything if you don't know what went before. The call of 'compared to what' is a great challenge to new ideas especially those that try to demonise our culture. I know such thoughts meet resistance from some folk these days but humour me – I'm getting old.

An electric car was the first in the world to exceed a speed of 100Kph. The name of the car was "La Jamais Contente" - in English "Never Satisfied". Its creator was a Belgian named Camille Jenatzy, he was known as the Red Devil because of his flaming red hair and feats of great daring-do. In 1899 he challenged all comers, using any form of propulsion to reach the then enormous speed of 100 KPH. I believe that he wanted to achieve the feat in England; you know how the continentals always want to stick it up the Poms! But, when faced with the legal necessity of having a man walk in front with a red flag he decided to stay in Belgium. Sitting on a metal tube that looked little like a car, as we know one today he still won the day.

For those of a technical bent, the car had 100 x 2-volt power cells and made a 'mooing' sound when in motion. I think Teslas are silent; which is

more acceptable is debatable. Whether it's preferable for a pedestrian to be scared by a high-speed bovine or run over in complete silence is the choice.

Now let's get down and dirty and look at the money side of the things. Some of the following might prove a bore to some but I think it's relevant.

Tesla, the all-electric, car producer is the most valuable car making company in the world. However, it's by no means the most profitable per car sold. Porsche, which sells considerably fewer numbers of vehicles, makes by far the most money on every car it sells. In contrast, Tesla is barely profitable on the cars it actually supplies to buyers. Very recent figures show that in the first quarter Tesla made an operating profit of 600 million \$US; of that total \$100 million came from sales of cars. Well, where's the rest come from I hear you ask. Sales of 'Automotive regulatory credits' from US emissions programs made up the other \$500 million in earnings. Because Tesla makes nothing but EVs it earns far more credits than it needs to meet the minimum requirements so can sell off the excess to other car companies for them to avoid having to pay any penalties for not making EVs. Now you ask – well where the money comes from to give to Tesla – why, from the profits from building 'normal' cars of course, the prices of which have to be inflated to bear the extra burden. So that's just one of the 'leg ups' we, as car buyers and users give to support the EV idea – read on.

The concessions, given to buyers of electric cars, are funded by everyone; from taxes paid to governments. These are a subsidy to the wealthy. You will notice as we go along with the story how governments are playing the 'Reverse Robin Hood' (let's call this the RRH factor) game in all this. IE Take from the poor and give to the rich.

If we look at the idea of how cheap these machines will be to operate let's consider a few factors. 'Just plug in at home' is the advice, or at one of our soon to be seen charging stations where for a small fee you can top up your battery to make sure you can get home, home where of course the solar panels can provide the 'free' supply. That's assuming you get home in time to collect the solar energy during daylight hours, or you might have to stump up another ten grand to buy a home battery bank – another sale for the battery suppliers. Trouble is that most of the less affluent drivers who rent their homes don't have solar panels

anyway (another RRH hit). The next issue is that currently in Australia we pay 42.7 cents to the government each time we buy a litre of fuel. Just think of it – every time you put 20 litres in the tank you buy a full supermarket chicken dinner for a lovely Pollie – aren't you nice? To add insult to injury they even make us pay GST on the excise. Could that be tax to pay on a tax, surely not! All that revenue is estimated to amount to 49.3 billion dollars over the next 4 years. Now, of course, the drivers of electric vehicles pay their share, after all, they use the roads don't they? – Err! Well, no they don't pay the excise or the GST. Well, they don't buy fuel, do they? (RRH strikes again). 'But wait, there's more' as they say in the ads. Sorry, but you'll have to wait for 'Part the Third'. Remember the old-time movie serials when the hero holding tight to the reins leapt his horse over the cliff edge into the river below to certain doom – well keep that image in your mind until next edition.

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LETTERS to the EDITOR

Dear Editor,

After a genuine complaint was actioned by Moreton Bay Regional Council, the respondents reaction came by firing a 'shanghai' with ball bearings at the complainants car, resulting in a smashed rear window, dents in paintwork and 3 broken windows in the home.

Security cameras captured evidence and the perpetrator was arrested.

So what did repercussions accomplish?

The embarrassment of being arrested, the humiliation of facing court, pleading 'guilty' and having to pay thousands of dollars in fines, restitution and legal fees; the shame of having a conviction on Police files and the inconvenience of disrupted plans.

While the complainant tried to remain anonymous, this obviously cannot be guaranteed when making complaints to council, whether complaining through Councillors or online. The respondent in this case needs to man up, grow up, and take responsibility for breaching local laws, instead of acting like an imbecile.

Regards,

Name & address supplied.

To the Editor,

No Evidence That COVID-19 Vaccines Will Prevent Spread of Disease

The WHO has warned it does not have evidence COVID-19 vaccines prevent people from catching the virus or passing it on to other people.

A close look at the research released by Pfizer and Moderna shows the studies haven't

actually tested whether the vaccines actually prevent infection or transmission of the virus.

A spokesperson for the W.H.O has stated in an interview that - "I don't believe we have the evidence on any of the vaccines to be confident that it's going to prevent people from actually getting the infection and therefore being able to pass it on."

https://www.skynews.com.au/details/_6218725393001

Mind you, that is the entire purpose behind a vaccine in the first place - to prevent the spread of disease. The present COVID "vaccines" do not do this, according to the W.H.O.

All this current COVID "vaccination" is doing is spreading the virus to places where it is presently non-existent e.g. remote parts of Australia, especially the tropics.

Do we really need a vaccine for an illness with a 99.7% recovery rate?

There is a real chance it may introduce the virus into a previously clean environment.

Has anyone dispensing this poison thought this one through?

Regards
David Blake

Life on Bribie Island is wonderful. We have the privilege of living in a Flora and Fauna Sanctuary and the wildlife is a joy to behold and gladdens my heart each time I encounter them.

Unfortunately, there is an element on the island that seems to show a total disregard for the wildlife or their fellow humans. Certainly, you show no regard for myself or my

neighbours when on Friday 14th May at 8.15 pm you came speeding down Cotterill Ave killed a Swamp Wallaby and left it on the road for me to deal with. I know the two other cars behind you saw you do this and not one of you stopped to check if, the animal was still alive, nor were any of you doing the speed limit.

This behaviour is an ongoing thing and I can guess that you were all coming home from the club after enjoying a few drinks and a meal think that if you put

your foot down you get home faster with less chance of being caught. Well, I for one am sick of your pathetic behaviour and know you are total cowards because you can't deal with the consequences of your appalling behaviour. You are an arrogant disgusting creature and if you think it is alright to let someone else clean up the Bloody mess of the full-grown male Swamp Wallaby because you are speeding. I am here to tell you IT IS NOT! You should be ashamed of yourself. Kay

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The Kilcoy show was held on the 8th and 9th May and we did support them even though they are not in the Morton Bay area. The show management were very appreciative of our being there and are looking forward to our support next year.

It was very surprising how many people came and said hello to us who came from Bribie Island and our surrounding area who were having a very enjoyable day out. For a country show it was very well supported; although it did come as a surprise when we heard in a loud and deep voice

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This greeting came from the Storm Troopers of Star Wars characters who were walking around the show creating an alternative attraction; and generated a lot of interest. And yes, you never know who you will meet..

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- Sat. 15 May. Woodford. Ride against Domestic Violence.
- Thur. 20 May. Bribie. Coffee with a Cop. 9.00 - 1.00
- Sat. 22 May. Toorbul Fire Brigade. 10.00 - 1.00
- Sat. 29 May. St Michaels Fair. 9.30 -- 4.30
- Sat. 19 June. Woodford Show. 7.00 - 4.00
- Sat. 20 June. Bunnings. Sausage sizzle. 9.00 - 4.00

Don't be afraid to come up and say 'hello' to us if you are walking past and you never know what you may walk away with.....

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