

The Bribie Islander

AND DISTRICTS
ISSUE 148 SEP 10, 2021



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SEP 10, 2021

Welcome

Dear Readers,
Welcome to Spring, FINALLY!!! I love the warmer months, there are so many positives about them! BBQ's with friends, watching the sunset on a balmy evening and fewer clothes to wash!!! Speaking of fewer clothes to wash, I was sent an email which I have included in the letters to the editor which I was accused of blatant sexualisation and distasteful and inappropriate front covers. Which I assure you was a complete shock and made me think.

As a mother of 2 daughters and a son, I have taken great care in instilling respect, manners, self-confidence and self-belief. There comes a time that everyone must take responsibility for their own behaviour.

I think we are sitting on a very fine line of finding EVERYTHING politically incorrect, we are in danger of making our children second guess every decision they make due to being worried about what people may think, as it is commonplace now for people to push their opinions on everyone about anything and becoming abusive or disparaging if they don't agree.

If a little girl in a sundress cuddling a dog is deemed as distasteful and inappropriate and a pair of young woman's bare legs is blatant sexualisation, I worry for what our future generations will have to comply with just in case someone is offended.

I have raised my daughters and son in a world where women are recognized, where we can work, where we have a voice, can lead and have an impact. I want to teach my kids that all their dreams and aspirations are within reach, not just women's, but men's also. Both need equal recognition, not just women. That they can accomplish anything they put their mind to. I have taught them how important it is to not only take care of themselves but their community as well. I want to raise strong, independent and self-confident young adults, that can think for themselves know the difference between right and wrong and live by that. Surely common sense will prevail?

Anyway, until next time,

Take care, Stay safe,

Cherrie

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Kathy Vincent

Marj Webber

Michelle Hanton OAM

Mick O'Brien

Peter Schinkel

Philip Arlidge

Robyn - B.I. Boat Charters

Sue Wighton

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Home Remedies for BEAUTIFUL EYES

for dark circles

USE TEA BAGS

Apply cool tea bags over closed eyes. Don't use herbal tea bags because most aren't as effective as the black tea bags.

chilled cotton balls

Dip cotton balls in cold water and keep them on your eyes for 5-10 minutes.

sliced cucumber

Cucumbers work wonders for tired eyes. Place two slices of cucumber over your eyes and rest for a while. They not only have cooling properties but also help lighten dark circles.

You can also extract cucumber juice, dip cotton pads in it, and place them on your eyes.

tomato, turmeric, lime juice

Mix a teaspoon of tomato pulp with a pinch of turmeric and half a teaspoon of lime juice. Apply on the eyelids and around the dark circles. Let it dry and then wash it off.



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Alternate hot and cold compresses on your eyes for 10 minutes and then apply a mixture of a teaspoon of almond oil and half a teaspoon of lime juice. Let it stay overnight.

rose water

The rejuvenating factor of rose water is extremely useful in diminishing dark circles. Dip cotton pads in rose water and place them on your eyes for 10-15 minutes. Do this every day to get rid of dark circles.

for sunken eyes

ALMOND OIL AND HONEY

All you need is the combination of a teaspoon of honey and half a teaspoon of almond oil. Apply the mixture to your under-eye area before going to bed. Leave it on overnight and wash it off in the morning.

RAW POTATO JUICE

This is also equally effective in treating sore eyes and dark circles. Place two slices of potato on your eyes for 10 minutes or apply raw potato juice to the under-eye area, and you will notice the difference within a few days.

for puffy eyes

CUCUMBER WITH BASIL TEA

I know how much you hate waking up each morning with puffy eyes. This can be cured with basil tea and cucumber juice. Mix the two and pour the liquid into the ice tray. Place the ice cubes on your eyes.

COLD COMPRESS

Use cold water or ice cube bags to make cold compresses. Place them on your eyes and repeat until the puffiness is gone.

tea bags

Soak two tea bags in warm water and then cool them in the fridge for a few minutes. Place them on your eyes for several minutes. Your eyes will feel refreshed. This is because tea contains tannins that are excellent in reducing puffiness.



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CELEBRATIONS

Josephine Lay
CELEBRANT

0412 744 339





"Sandy's Sheet Service", launched a year ago, has become much more than just a "Sheet Service". Since starting her new laundering service "for everyone", she has now branched out into servicing the needs of all kinds of clients, ranging from business people, who don't have the time to do their weekly linen change, to all those people who have large and bulky items, that they find just too difficult to handle. As most people don't have large washing machines, they find it virtually impossible to wash heavy blankets, mattress toppers, quilts and doonas. Many people don't have enough clothes-line space to dry these big and bulky items and they find it hard just to lift these large, wet items onto the line.

Sandy tells us "every one of her new customers have

been delighted with product & service she provides and that she is already getting great word of mouth referrals, from all of them." The fact that Sandy can professionally launder & return big items, for a cheaper price than a visit to the laundromat, with no dragging the items backwards & forth, then waiting & watching while your doona or blanket "goes round & round", makes her service a win for everyone.

As will happen very soon, twice a year we all change our bedding from Summer to Winter and back again. Sandy offers a service to wash the out-going bedding, ready for storage, as well as freshening up the new seasons' linen after storage. Everybody comments on how great their washing smells when she returns it. Sandy is fastidious about the quality of the job she does,

as well as the "end result". It's very gratifying for her, when her clients are amazed that she could "rescue" stained linen and covers, often restoring them to like new.

Sandy's simple service of washing & sun-drying the linen, ironing & returning it, starts at around \$16 for a queen set. She will also strip the bed & re-make it on return, for around \$20 and she can quote you for other sizes and types of items to be washed. Things have moved along so nicely for her business that Sandy has now employed her first Bribie resident to help her out. Now a full ironing service, from normal ironing to large item ironing, is also available.

Being an owner of two of the most popular holiday units on Bribie, she has a keen eye for detail and now has many customers who take

advantage of her "turn-key" washing & linen solution, for the AirBnB-type properties. She can either, simply wash the owners' linen, or she can offer a full service, where she provides quality linen, strips & re-makes the beds and launders the lot, making guest change-overs for holiday property owners, a snack. Mattress & pillow protectors can be washed as well.

Due to Sandy receiving so many enquiries, she has now set up, in a completely separate building & drying-space, a washing machine for Doggie Blankets and bedding. So, no more smelly dog beds or dog hair in your washing machine. Sandy's Doggie Bed Service will also give each new (Bribie Island only) customer, a 10% discount voucher for Charlie's Aussie Pooch Mobile Bribie, so your pooch can be professionally washed by Charlie.

FOR MORE INFORMATION, OR A QUOTE ON YOUR "WASHING JOB", PLEASE CALL SANDY ON 0409 385 611, EMAIL HER ON GREGORYSANDY@YAHOO.COM.AU OR FIND "SANDY'S SHEET SERVICE" ON FACEBOOK.

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A VERY SPECIAL MEETING...

By Cherrie Wilson

Michele and I were invited to attend a very special Morton Bay Business Breakfast we were delighted to meet some truly lovely people.

This group get behind each other and support their respective businesses. Not only that, they are a close-knit group of friends as well. So much so, that Greg and Sue, a lovely couple decided to renew their vows at the breakfast so we all could be included.



A word from Josie who performed the ceremony.

"Hi to all the beautiful people out there, I am Josie from Gypsy Love Celebrations. I was so happy and honoured to be asked by Greg and Sue to officiate at the renewing of their vows, rejoicing 40 wonderful years together.

A celebration of two love birds and wow, what a story. Their love for each other shined for all to see and in their personal vows, they said it all. A beautiful morning celebrating Greg and Sue's love was magical sharing their day with their great friends and business family. Renewing your vows is a wonderful way to celebrate a love that has deepened or matured between a couple, to reaffirm your promises to each other or just to WHY NOT."

Josie from Gypsy Love Celebrations.

Greg and Sue shared the joys, blessings, and yes, the challenges, of sharing their lives for 40 years. After being together for 13 years, they decided to commit to marriage and 27 years later wished to reaffirm their commitment to working together to ensure their marriage grows and blossoms in the years to come. In this ceremony, they renewed the vows taken to become

husband and wife on their wedding day, reminding them that despite the stresses inevitable in every life, their love, respect, trust, and understanding of each other will continue to increase their contentment and heighten their joy in living.

Vow renewals are held for any number of reasons. Perhaps the couple was only able to have a small wedding or elopement and now wish to have more guests present. Maybe they've overcome an illness, infidelity, or other situation in their marriage and want to re-commit to each other. Other couples may be so crazy in love after the first year of marriage that they simply want to say "I do" all over again. For romantics, planning a vow renewal can be a way to re-ignite the flame of passion.

I can say without a doubt for Greg and Sue it was because they are still so crazy in love that they simply want to say "I do" all over again. Congratulations guys, thank you for allowing us to be part of your special day. How lovely it was to see true love that lasts the test of time, a rare thing these days.

EYEBROWS

By Sue Wighton

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A GOOD PERCENTAGE OF MILLENNIALS SEEM TO HAVE A PERMANENT EXPRESSION OF SURPRISE ON THEIR FACES. THEIR EYEBROWS ARE ENHANCED AND SHAPED TO LOOK LIKE LARGE, SLEEK CATERPILLARS. THERE ARE EVEN PEOPLE WHO CALL THEMSELVES EYEBROW TECHNICIANS FOR GOODNESS' SAKE!

I was pondering the weighty issue of eyebrows the other day. So I did what any person living in the 21st century does. I googled it. And what I discovered made me raise these ancient, unenhanced eyebrows.

People who have their eyebrows 'done' kindly leave reviews for stickybeaks like me to pluck apart (if you'll excuse the reference).

HERE IS A SMALL SAMPLE:

'She knows my eyebrows so much that I've never had to ask for any changes.' It never occurred to me that a stranger could come to know one's eyebrows in such intimate detail. Other body parts ... maybe. But eyebrows?

'I had my brows done by Taylah a few days ago for the first time ... So happy with my new brows ...blah blah' and this one: 'I highly recommend Sherrill for an eyebrow shape'. Or 'Krystal is amazing and very professional'

So, I've learned that all beauticians are called Krystal, Taylah or Sherrill. Note to self: If you want to become an 'eyebrow technician' change your name or at least come up with a new spelling.

This comment intrigued me too: 'I'm so glad I took the risk to try somewhere and something new!' No, Sharon. That would be bungee jumping in the Galapagos or public speaking in the Sydney Opera

House. Not having your eyebrows 'transformed'.

A lot of reviews gush that 'It looks natural!' No it doesn't. It's a grotesque parody of the natural eyebrows that were bestowed upon you by your genes.

Why oh why can't we women be satisfied with our natural gifts? What is the attraction of all the plucking and painting, the lifting and separating, the lengthening and extending that social media seems to encourage us to do?

Is it any wonder young women suffer body dysphoria - this terrible unease and distaste for their own bodies?

Mothers - please encourage your daughters to love their bodies as the amazing machines they are. These machines are strong and diverse. They can attract a mate, make a baby, heave large bags of shopping, hammer nails, ride a bike a hundred kilometres, lead a multinational company, soothe a friend in need, create a vege patch, write a song and bake sourdough bread.

There is so much more to being a woman than eyebrows.

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BUILDING COMMUNITY Connections At THE LONGMAN SENIORS EXPO



Whether its ideas for retirement, connecting with local community groups or checking out the latest products and services, you won't want to miss the 2021 Longman Seniors Expo.

Hosted by the Member for Longman Terry Young, the event will be held over two days at two separate locations in order to make it easier for residents to attend.

Kicking off on Wednesday, October 13 is the Bribie Island expo at Bribie Community Hall, 96-108 Arcadia Ave, Woorim, from 9.30am-12.30pm. Then on Thursday, October 14 we head to the Morayfield Sports & Events Centre, 298 Morayfield Rd, from 9.30am-12.30pm. Admission is free with proceeds from stallholders and sponsorship going towards the Leukaemia Foundation Morayfield.

"The expo is an opportunity to connect with your local community groups or keep abreast of new products and services geared towards health and retirement living," Mr Young said. "The covid-safe event will feature a wide range of stalls at each location along with sample bags, lucky door prizes, demonstrations and more. "It offers a window into the incredible array of local organisations run by people

who are so passionate and dedicated to making a difference in our region. I hope to see you there!"

The 2021 Longman Seniors Expo is supported by Moreton Bay Region Industry and Tourism (MBRIT).

Each event will have two sessions. Visit www.terryyoung.com.au/2021-longman-seniors-expo-morayfield-and-bribie-island to rsvp or phone 5432 3177.



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Art Tarts

SAVE THE DATE....

16 - 28 November 2021

A favourite on the Bribie Island Community Arts Centre annual calendar is on again this year.... ART TARTS EXHIBITION 2021 will be held in the Mathew Flinders Gallery from 16th to 28th of November, 2021 with an Opening Night function planned

for the evening of Tuesday, 16th November.

The Art Tarts are an eclectic group of artists

who come together each year to exhibit their Art. This is their 11th Exhibition and, to ensure a fresh and vibrant exhibition, the original members Bev Porter, Helen Mitchell and Sheryl Davies invite new artists each year. Last year's group of Lyn Storey, Tracy Tanin, Lorrie Bradford, Sonia Patey and Lyn Buck will

be joined by new artists Prim Rogers-Walker, Diane Carter, Molly Galpin, Susan Rothbrust and Jodi Casey.

Such a diverse group of Artists creates a fascinating and spectacular Exhibition. Mediums to be displayed include; Ceramics, Acrylic Painting, Pen and Pencil Graphite work, Fused and Slumped glass, Glass and Silver Jewellery, Silk Scarves/textiles, Resin Work - cheeseboards and lazy Susan's, unique Acrylic Paintings reverse on glass, Repurposed and

recycled art, metal pictures.... something to capture everyone's interest. All works are for sale and would enhance any decor as well as make fabulous and unique gifts.

The Arts Tarts will continue to support Dragons Abreast. The Raffle (each artist donates a piece of art) raised over \$1800 last year!

PHOTOGRAPHS: L to R

Jodi with some of her recycled work, Prim's beautiful glass figures, Tracy's resin work and Lyn Buck's fused glass.



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MANGO HILL



This naughty tale concerns a famous film star of the Golden Years of Hollywood. I have this story on very good authority, from a retired Cunard mariner. It was told to me during a latter day transatlantic crossing in the new generation Queen Mary 2. These modern, entertaining six day long, journeys are to be highly recommended. Hopefully after the present day restrictions they may be allowed to resume. They are not to be confused with

a holiday 'cruise'; they are a modern day equivalent to the once famous ocean crossings made by all the famous and maybe infamous characters of the day on the original ocean Queens.

The Duke and Duchess of Windsor were regular travellers. Their luggage, including personal furniture was of vast proportions as would befit such elevated personages. Other passengers on their sailings parted with large sums of money to be seated at the dinner table

alongside the famous duo; this is all the more remarkable in that the regal couple never actually paid for their own tickets. Cunard were happy to provide these because of the celebrity draw card that the couple represented.

Now on one particular crossing the most famous passenger on board was the screen goddess of her day, one Lana Turner. Drooled over by male cinema watchers of the day and maybe secretly admired and imitated by many of the lady moviegoers

she was a big attraction for all the passengers to try to catch a glimpse of.

All went smoothly as the well - trained and attentive crew went out of their way to ensure that the pampered personage was provided with every conceivable luxury and given utmost attention to her slightest wish. That was until one day, when someone stole the seat off her toilet!

This particular day the lady had swept back into her suite after enjoying one of the

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ship's lavish breakfasts to no doubt attend to a call of nature then freshen up before changing into the second outfit of the day, prior to a turn around the deck ready to be admired by all. But then 'Horror': as she entered the bathroom she was met with the image of a throne, sans seat, as it were. Now those readers of longer memory will recall that in days of old, prior to the massive use of plastic that we experience today, such comfort items were made from quality wood, well sanded and finished to provide a good resting place.

Now my teller of tales could only report second hand the famous film star's reaction to this shocking discovery. But from the information, it would seem that the Lady was not used to having her personage so abused and the term 'tantrum' was used to try to describe the scene. Certainly other passengers within ear - shot in nearby accommodation were later able to report on the matter.

At her insistence a culprit had to be found and dealt with and of course the seat immediately replaced with a new item. The second matter was easily attended to. An item was taken from an empty cabin by one of the ship's maintenance people and screwed into place. But of course this guy was mightily amused by the situation and wasted no time in spreading the story.

Now as to the identifying of the culprit so vociferously demanded by the infuriated passenger, (without confirmation of course, but the words 'lousy schmuck' were mentioned by cabin attendants), proved to be more difficult.

In spite of a very comprehensive investigation interviewing every conceivable person who had access to the cabin plus a search of the ship, nothing was ever revealed. No cover up was ever discovered; lips were sealed.

My story now moves forward a long period of time. The

famous ocean liner was by this time a museum and hotel site in Long Beach California where it stands to this day. (El Supremo and your correspondent can testify to the pleasure of having stayed there before boarding the younger sister ship, QM2 on its maiden voyage to Aus. Strange to relate but another screen goddess, one Kim Novak was a passenger on this later voyage. However this time her loo seat was not violated - we checked with her).

Around this time Cunard held a gathering for retired crew in Southampton to mark the occasion of the one time when all the ships of the line were in the port city at the same moment to farewell the QE2 as it was retired. During the gathering, as the liquid refreshments flowed freely, the old story of the stolen toilet seat was recalled with great amusement. Suddenly a hand went up at the back of the room and a voice rang out 'I did it'.

Shock, silence, every head turned, every neck craned to

catch sight of the speaker. The crowd parted to reveal a little guy, a retired engineer officer.

Pressed for the story and the why he gave out with the details. He had waited for the suite to be empty after the maids had cleaned the area then quickly sneaked in using a skeleton key; he unbolted the item and sneaked it back to his tiny cabin where he hid it behind a bulkhead.

As to the why, he grinned with the memory of the devilment and told that when he got the item home he took the famous seat to his shed where he cut it up into smaller pieces which he then sold off, in secrecy, to movie 'fans'.

Well folk do collect some odd items and are prepared to show them off, even bizarre ones like these pieces. Anyway the engineer got a rousing cheer from the assembled ex staff, whether in respect of a feat of daring do or in thanks for a good giggle.



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Bribie Acupuncture

We all experience pain at some point in our lives. Pain is nature telling us, "Your body is being injured - take action to stop damage and prevent it from happening again." Reaching for medication is a common choice for some, however it's worth considering whether it's a suitable approach. If pain is our body's way of warning us of harm, temporarily masking it with drugs means we're ignoring the warning and potentially allowing injury to continue. It also means that the root cause of the problem isn't being addressed and potentially becoming worse.

There are two main types of pain: acute and chronic. Acute pain warns you that you've been hurt - it starts suddenly, and when the injury heals, the pain stops. Chronic pain, on the other hand, continues after the injury has healed, lasting for weeks, months, even years. According to the National Centre for Health Statistics, the most common sources of chronic pain include low back pain, neck pain, and headache or migraine pain.

ACUPUNCTURE FOR CHRONIC PAIN

In April 2021, the UK's National Institute for Health and Care Excellence (NICE) released a guideline for the management of chronic pain which states: "this guideline underlines the importance of appropriate assessment, careful drug choice, exercise programmes, psychological therapies, and consideration of acupuncture in improving the experience and outcomes of care for people with chronic pain." It also states: "people with chronic primary pain should not be started on commonly used drugs including paracetamol, non-steroidal anti-inflammatory



drugs, benzodiazepines or opioids. This is because there is little or no evidence that they make any difference to people's quality of life, pain or psychological distress, but they can cause harm, including possible addiction." (www.nice.org.uk)

Though acupuncture is already widely known for its effectiveness in the treatment of pain, it's fantastic to see NICE recommending it ahead of common painkillers. Acupuncture's unique role in reducing suffering in people with pain is in fact one of the main reasons it has become so popular around the world. I'm also thrilled to see NICE highlighting the need to take a more holistic look at the lives of sufferers and their ability to participate in and enjoy life.

The most common chronic pain conditions I see in clinical practice include:

- ▶ Back pain and sciatica
- ▶ Hip pain and bursitis
- ▶ Knee pain and osteoarthritis
- ▶ Headaches and trigeminal neuralgia
- ▶ Foot pain and peripheral neuropathy

ACUPUNCTURE FOR PERIPHERAL NEUROPATHY

The most common symptoms felt by my peripheral neuropathy clients include burning sensations, pins and needles, and numbness. The symptoms alone however are

usually not what prompts sufferers to come to me for treatment. They're typically more concerned about the impact neuropathy has on their quality of life, including:

- ▶ Difficulty sleeping due to pain and restlessness
- ▶ Fear of losing balance or falling
- ▶ Reduced confidence while driving (inability to feel the pedals)
- ▶ Wanting to dance again

How does Chinese medicine approach peripheral neuropathy if most conventional medicine practitioners believe that nothing can be done? The answer lies in blood flow. As mentioned in my previous articles, Chinese medicine maintains that your body is designed to regulate and repair itself and this ability is managed by your blood flow. Blood contains all the nutrients vital to your existence, including oxygen, water, platelets, hormones, etc. If nutrients are not delivered to every cell in your body, the cells lacking nutrition will eventually shrivel up and die - this is what happens in the areas affected by peripheral neuropathy: poor circulation, compounded by inflammation, has starved effected nerves of nourishment.

Fortunately, small fibre nerves can often regenerate with



Jessica Yung - BHSc. Acup., BSc. CS
Registered Acupuncturist and
Doctor of Chinese Medicine under
the Australian Health Practitioner
Regulation Agency and the Chinese
Medicine Board of Australia.

proper nourishment and blood flow. Using acupuncture, I stimulate blood flow and guide it to the specific areas of your body needing nourishment, feeding the nerves so they can begin to repair. As the nerves begin to regenerate, symptoms and quality of life improve.

My clients are often surprised (and grateful!) when I don't place acupuncture needles at the site of pain. Much like how a switch on the wall can turn on a light bulb on the ceiling, acupuncture points located in one area of the body are able to affect another area via the body's internal wiring. Depending on the condition, better results are often achieved when needles are placed away from the affected area, whilst also avoiding aggravation to already sore spots.

If you'd like to make a booking or if you'd like to discuss whether acupuncture and Chinese medicine is right for you, please contact me via my website www.bribieacupuncture.com.au or call 0423 160 228. You can also find me on Facebook and Instagram @bribieacupuncture. HICAPS is available onsite. Pensioner discounts available.

Bribie Acupuncture
4/29 Benabrow Avenue,
Bellara (behind the James
Moore law office)



5TH ANNUAL Ride for Red

THE GRONKS SOCIAL RIDERS CLUB AND THEIR FRIENDS ARE GETTING READY FOR THE FIFTH ANNUAL RIDE FOR RED CHARITY RIDE.

On the 20th of April in 2016, Ron Norman lost his battle with brain cancer. Ron or 'Red', as he was known by his family and friends, was a typically normal Aussie bloke with a heart of gold. Red's passion was the love of his family and his love for his motorbikes. It is in his name and memory



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that the Ride for Red was started. The Gronks Social Riders Club started this initiative to raise much-needed funds to support research for the cure of cancer. The first ride was held in 2017 with 27 motorcycles and 6 cars raising just over \$1600. In 2020, on the long weekend in October, the Ride for Red saw 69 bikes and approximately 10 cars raising a mammoth \$9010. This year's ride will be held on the October long weekend (Saturday the 2nd) meeting at the Big Fish Caltex Service Station on Pumicestone Road Caboolture for a debriefing at 8:30. Riders and cars will make their way up the highway heading to The Hub @ The Ridge on Jubilee Road, Carters Ridge, for a coffee stop and raffles and then to Kenilworth Hotel for lunch and raffles. The final stop is at Hotel Maleny for dinner, multi-draw raffles and an auction. People are invited to stay the night at their own expense. At the conclusion of the auction, the hotel is offering free live music by Damien Barnes to enjoy and relax. Organiser Gary Blake (Blakey) said, "It will be the same as previous years - 'free' - no registration fee but we encourage people to purchase raffle tickets along the way and join in the raffles and auctions at the last stop. The Ride for Red is a fun day and is getting bigger and bigger each year. Everyone has been touched by this horrendous illness and what better way to

help than to jump on your bike, go for a ride, buy some raffle tickets and have fun."

For more information about the Ride for Red, please contact Gary Blake on 0407 570 651.



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Am J Sports Med 2007; 35:972
* Int J Surg 2015; 24:113-222
^ Int J Surgery 2015; 24:207-9

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Busy Fingers



BREAK IN

Yet again we were broken into, resulting in the expense of fixing a damaged fence. These criminals are only getting a few donations that have been left under the donation area awning as the rest have been processed for purchase. The 2 people involved this time, decided there was not enough left out so proceeded to take rubbish out of the bins as well. The bins have broken glass and kitchen rubbish in them as well as soiled items of clothing, it really is a den of disease. The island has the Neighbourhood Centre in Verdoni Street if anyone needs emergency help without the need of breaking the law and causing damage. Their facial details were visible on our cameras, and we have been in contact with police.

MASKS & SIGN IN

Please ensure you sign in when you visit the shop, if you don't have a mobile suitable, we have an iPad at the door set up to enter your details, if you have any problems please ask our cashier, she will arrange for someone to help you. Please remember to bring a mask with you as the shop has a constant flow of customers going through, we also have many volunteers assisting us, we need to keep everyone safe and well.

SALES

Please check Facebook and our blackboard by the entrance of the shop for our continual sales, as our stocks of clothes increase, we often have \$8 baskets of clothes, the summer clothes are now on the racks. At times we need to have a day free from collecting/accepting clothing as our trolleys are full and we can't keep up with the sorting, the white bins can still be used.

We have items that have been on the shelves for a long time, and we want to put new things out, so we have started placing the old items on tables they are marked as free. So please have a look when you are visiting the shop.

VOLUNTEERS

We still have some spaces for ladies on Monday, Thursday and Friday afternoons if you have any spare time and wish to come and join the Busy Fingers family.

DONATIONS

As well as our continued support of the VMR, BI Hospice and Global Care we granted the following requests this month. BI Pickleball Club is becoming very popular, and membership is increasing, they are also becoming involved in assisting schools and hopefully soon, retirement villages to get games set up. We assisted them with some new sportswear. The BI Surf Club needed some new bunk beds for the bunk house that houses the Lifesavers during the season, we also replaced their water cooler. We are supporting a group of young soccer players aged 13-15years who will be representing BI Tigers in the First Nations Indigenous Football Cup being held on 6th November with equipment. We hope the team enjoys the competition and does well on the day.

We wish to thank Paul Kelly (Treasurer/Secretary) and Kirk Crouch (President & Head Coach) of Warrigals Seniors for the wonderful award they presented to us last week for our support of the new teams. Last week the team lost against Kawana in the first semi-final but have another chance against Coolum (which was after this article had to be in by – so we are hoping they did well).



REQUEST FOR PRESENTATIONS & DONATIONS

IF YOU ARE A MEMBER OF AN ISLAND CLUB OR ASSOCIATION AND REQUIRE ASSISTANCE, PLEASE LET US KNOW. WE TRY TO ASSIST ALL NON-FOR-PROFIT ASSOCIATIONS AND SPORTING CLUBS, WE ALSO ASSIST THE POLICE, SES, VMR AND THE BI HOSPICE. OUR PRESIDENT PAULINE IS QUITE HAPPY TO COME ALONG TO YOUR CLUB AND PRESENT OUR AIMS AND GOALS AND HOW YOUR CLUB CAN APPLY FOR ASSISTANCE. PLEASE CALL 3410 1920 OR EMAIL BUSYFINGERS1@BIGPOND.COM IF YOU WISH TO HAVE A PRESENTATION OR IF YOU WISH TO APPLY FOR A GRANT OF ASSISTANCE.

When applying for assistance please include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com Please be aware we only deal with island associations and groups not individuals.

I would like to thank all our customers and supporters including the Bribie Islander family who has looked after us for many years now. Please stay safe and healthy and we hope to see you in the shop soon.

Sandra



RUOK

REMAX ADVANCED BRIBIE ISLAND

We would like to thank our entire community for the support we received for our Father's Day Beers, Bowls & BBQ in support of RUOK? Day. We are so incredibly happy to be able to make such a large contribution to this incredible group.

**TOTAL
AMOUNT
RAISED
\$6354.00**



And again a big thank you to those incredible groups for the support throughout the day and in the lead up to.



Home instead Hero's - Jodie Doe, Michelle Sbrinovski, Vanessa Taylor



3 Amigo's - Ray, Mac and Bruce



Trio of Terror - Jan McAllister, Janice Brodie, Leanne Cory



Terry Young with - "Bribie Storage Boys" Horse, Russell, Flash, Millsy



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QUEENSLAND SYMPHONY ORCHESTRA

A small group of students were privileged to attend an open rehearsal of the Queensland Symphony Orchestra and William Barton at their South Bank Studios. QSO Education Coordinator Judy told me, “We were thrilled to welcome students from Bribie Island State School and Hymba Yumba Independent School into the Studio for our Epic Sounds livestreamed open rehearsal featuring didgeridoo virtuoso William Barton.”

Our students gained great insight into the mechanism of a profession orchestra and how rehearsal are conducted at the highest level of musical performance, as well as motivation to becoming professional musicians. Our

First Nation Aboriginal and instrumental students were excited to meet and have a personal one-on-one session with William on the steps of the ABC Building after the concert. One student said, “I can’t believe he spent time with us, and played his digeridoo, my Auntie knows him from Mount Isa” and connections are maintained in this year of healing country.



ON-LINE LEARNING AGAIN

Again, the COVID virus caught us in the middle of term and as we all went into lock down, our Teachers, across 11 LGA's including Morton Bay went into their virtual classrooms, preparing and delivering on-line lessons. One teacher told me, "I know we put in many hours of preparation to produce quality on-line work for our stay-at-home students, but it seemed to work better this time as we have done it before, we knew what to expect, and the internet didn't collapse" she said with a smile and a laugh.

Students are back to school now and reliving tales of home-learning with their friends while building those school yard relationships in classrooms and on the oval. We are working under restrictions for now but if it all goes well, these too will pass and we can get back to the new normal, however that may look in the future.

AROUND THE SCHOOL GROUND STENCILS FOR FUN LEARNING

Around our school we have new stencil learning aids. They are a composite rubber compound which is heat sealed onto the concrete pathways and very durable. We have number lines and 100 squares for mathematics, fun physical activities circuit similar to 'boot camp' with jumps and hopping, counting caterpillars for the younger grades and many more colourful designs around the school.

SOLID PATHWAYS

Coordinated by our very experienced Specialist Science guru Lisa, Solid Pathways offers interested students' opportunity to explore our world environment through a different set of eyes, their own. Lisa motivates and supports our students to discover new aspects of life on earth, how living creatures survive sometimes hostile environments, and how healthy eating can contribute to less pollution in our waterways saving countless marine creatures. This term Lisa has organised a student-based challenge with the winning contribution being placed on the Tuckshop menu board for a for the week. The challenge is a around healthy salads, fruit or otherwise and we are looking forward to some creative and nutritious entries.





RECONCILIATION GARDEN BRINGS COMMUNITIES TOGETHER



With an enormous amount of community consultation occurring behind the scenes, Community Education Counsellor, Burnadette Kelleher has coordinated and guided a future proofed living landscape for the benefit of our students. Burnadette has had a lot of help from Auntie Christine Stuart, a Traditional Owner from Gubbi Gubbi Dyungungoo who has been sharing her cultural knowledge and advise with this project.

Burnadette says that, "Building relationships between schools and community, Indigenous and non-Indigenous students, parents and teachers is very important and we have found a common interest in this Indigenous Garden".

The Reconciliation Garden is being constructed to teach children how to care for the environment, including frogs and how to care for Country. It is intended that many children will visit the garden and help reconnect kids who have disconnected from Country and their culture.

Burnadette explained, "The plants we will be using in the garden will all have connection of tradition usages, and this is important in teaching young people about our culture". This new garden area also connects with many cross curricular priorities such as Science allowing teachers to use the area as a classroom within their science units.

The first part of the garden has been developed from designs and drawings by students at Bribie Island State School. Much of the work has been completed or supervised by Mr Peter Lea, driving the hard construction of the first stage forward. Peter explained his input involved taking the plans and creating the basic structure of the creek bed and gardens. He told me, "This involves setting levels and directions for a shallow dry creek which winds its way down hill, through a native forest of bush tucker plants to a wet-lands area and a frog bog, a wet area where frogs and other amphibian animals can live".

Peter went on to say, "The water will initially be circulated with a hand pump allowing the 'creek bed' to dry and when required become a flowing torrent of fresh water which will bring the bush tucker plants and animals living close by to life".

Burnadette is very passionate about her cultural connection and helping others to reconnect and talk about their culture. Burnadette went on to explain, "the second stage will be developed on a flat area and include a 'yarning circle' where people can meet and talk, Elders can come and pass on stories and tradition customs that are important to many of our young people". Burnadette also said, "This new area will include more native plants indigenous to the Bribie Island area so the students can connect and learn about the country they live on, learn how the Traditional Indigenous families looked after and cared for the land, and how we can care for and look after this land today".

Burnadette also made comment that, "it's really important for everyone to know about the Traditional Owners of this area, and that our community has expressed a desire for this garden to happen here". "It's just not for Indigenous kids but for everybody to enjoy and learn from" she said.

Estimated completion of stage one will be the end of 2021 but stage two will take longer. "We have been supported in many ways by our local community including Warwick Hill from CREEC – Caboolture Region Environmental Education Centre at Burpengary who has been kindly sharing his knowledge and experience to make the garden as authentic as possible and by the Bribie Island State School P&C, and the school itself who have provided funds to help with the construction costs" Bernadette said.



NEW TUCKSHOP, UNIFORM SHOP & P&C EXECUTIVE COMMITTEE OUR NEW TUCKSHOP, UNIFORM SHOP AND P&C EXECUTIVE COMMITTEE

OUR NEW
UNIFORM
SHOP CONVENOR
JESS AND OUR
WONDERFUL TRAINEE
JANAE ARE DOING A
FANTASTIC JOB AT RE-
STOCKING OUR SUPPLIES WITH
MODERN AND REFRESHING CLOTHING
LINES FOR OUR STUDENTS TO WEAR.

NEW HATS, SHIRTS, JUMPERS, JACKETS, SCRUNCHIES
AND A SCHOOL BAG ARE AMONG THE ITEMS WITH A NEW
LOOK. IF YOU HAVE TIME DROP BY AND HAVE A CHAT AND A
LOOK AROUND THE DISPLAY, PLEASE DO SO.

We have a new look Tuckshop courtesy of Ali King and the Queensland Government. The refit of the interior, and refurb of the outside has provided some welcome improvements for our ladies who cook and serve in the tuckshop each day.

These improvements can't improve the quality of the food because it is always at a high standard, and in saying that we are somewhat spoiled to have such talented people working in our tuckshop, but the improvements will hopefully make the preparation and delivery of the menu items easier each day.

Improvements include a new barista quality coffee machine which on Wednesday 11 August was put to task on behalf of our Leadership Team producing coffee and hot chocolates to say thank you for the effort of all our staff providing front of house Office, maintenance and cleaning and quality education delivery for our students.

There is also a new industrial dishwasher and a turbo forced-fan oven that is not only economical to run due to faster cooking times.





Holger Knaack with the Polio Koala



Our most recent project, the Polio Koala, has proved to be a real winner. We have managed to raise close to \$3,000 in the three months since the project was launched. Polio Koalas are travelling across Australia and around the World, bringing the message of the importance of Rotary's Number One Priority – Ending Polio.

Koalas have arrived safely in the USA, the UK, Switzerland, the Philippines, Taiwan and Germany where Holger Knaack, Rotary International President 2020-2021, thought the Koala was very cute and a great way to promote Rotary's End Polio campaign. Perhaps our greatest task, next to selling Polio Koala, was to ensure everyone knew that the koala was not a bear! Many think that Polio should not be a priority in our current environment. However, unless we entirely eradicate this disease, which is now only endemic in Afghanistan and Pakistan, we leave ourselves open to a resurgence. As long as a single child remains infected, children in all countries are at risk of contracting polio. Failure to eradicate polio from these last remaining strongholds

could result in as many as 200,000 new cases every year, within 10 years, all over the world.

In most countries, the global effort to eradicate Polio has actually expanded capacities to tackle other infectious diseases, including COVID-19, by building effective surveillance and immunisation systems. Rotary and its partners in the Global Polio Eradication Initiative are not going to give up the fight and are determined to deliver our promise of a Polio-free World.

If you would like to support our fundraiser, the cost for a Polio Koala is \$33.00 plus postage. They would make an ideal present for anyone – young or old – and help promote such an important cause. Remember – it's never too early for that special Christmas present.

Please email PolioKoala@outlook.com to place your order. Alternatively, you can meet our koalas by joining us at 1.00 pm at the Bribie Island Hotel on World Polio Day, Sunday 24 October 2021, when we Give Polio the Boot!

Meet Polio Koala

BEARING UP IN ADVERSITY!



By Anne Matthews

Rotary d9560 Passport Club

During this COVID-19 pandemic, service clubs and charities

Domestic Violence and Neighbourhood Centres and are continually looking for ways to help those struggling in our communities.

have found fundraising difficult. Shutdowns have caused postponement or cancellation of planned events, while the need for funds has increased as more and more businesses are forced to close.

However, the members of d9560 Passport Rotary Club, which has a cluster of eight members in the Bribie Island/Moreton Bay region, have remained enthusiastic and found unique ways to find much-needed funds. Our members give to their local Global Care Centres,

Our Club's cluster groups in Emerald, Gladstone and Bribie Island are currently raising funds to support mental health programs. Suicide rates, especially in Emerald, reached a crisis point in 2019, with Emerald named the suicide capital of Queensland. The Emerald community is working to establish networks to help the most vulnerable and our Passport Club members and our Emerald Christian College InterAct Club are supporting these initiatives.



Do you provide care for a person with responsibility of caring for another, as a carer. It takes a lot of love and



a disease or disability? Would you like to get with other carer's to find out information that may help you to look after your loved one or yourself?

You may find that you can help someone else with information, for example: What are the best incontinence pads/pants? Where you can get respite on Bribie? Or you may just like to chat with someone who understands what you are going through. The group is informal, social and all are welcome.

Everyone needs support, more often than not, those who take on the

lose sight of the fact that they need an outlet to wind down themselves. To have people you can talk to who know the daily challenges you face can make a big difference to your life and improve overall health and wellbeing. Over 1.5 million Australian carers are experiencing moderate to severe depression. Sometimes, the caring role can be so intense, so relentless, carers simply cannot cope.

Meeting other carers and getting the social support and encouragement of another carer can help you meet the challenges that arise in your role

commitment to be a carer and with support, you don't have to do it alone.

So please come down and join us, have a good chat, exchange ideas and information while having an outlet or support if you need it. We look forward to seeing you there!

Thank you, Stacey Olson

When: Tuesdays 9.30am to 11.30am

Where: Opposite the VMR (Volunteer Marine Rescue),

Marine Pde, Bellara

Bring your own morning tea or purchase at the local coffee shops.

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With our light-filled chapel and refreshment lounge, appointed to overlook our beautiful gardens and surrounding National Park, it is no wonder Great Northern Garden of Remembrance is the Moreton Bay Region's most outstanding funeral venue.

The facility provides families with a peaceful, prestigious funeral setting complemented by beautiful memorial gardens and a fully-catered refreshments lounge to gather socially and reflect on a life well-lived.

When your funeral director asks which venue, make Great Northern Garden of Remembrance your answer.





60+ CLUB

"I was around 14, and we had spent Mother's Day lunch at a friend's place. My parent's friends were managers at an over 50s village. Normally a 14-year-old kid might get bored, but they kept me entertained by letting me drive the manager's golf buggy in the park. After an hour of driving around aimlessly, I pulled up beside an older lady who was walking home and offered her a lift home. Her name was Ruby. Anyway, we talked about the day and weekend activities, and when I dropped her off, I wished her a happy Mother's Day. A few hours later I was told that Ruby had contacted the managers about a young boy driving around the park in a golf buggy. I thought I was in trouble for annoying the residents. But in fact, she'd just called to thank me and became emotional as none of her three kids had contacted her that day (on Mother's Day), and that our conversation and my small gesture had made her day. That story has stuck with me

ever since. And subsequently, the managers invited her over for Mother's Day each year." This was the kindling that eventually sparked Dean's vision to create an online community for the Over-60's called 60 Plus Club (displayed as 60+Club). The website was launched in 2017 and boasts hundreds of new members each week from all walks of life, across all parts of Australia. The 60+Club brand prides itself on its content-rich articles that focus on topics that the 60-plus demographic are searching for, discussing with friends, seeking information or similar. Their articles are focussed on a range of 60 plus-friendly categories such as health and wellbeing, exercise guides, savings tips, technology advice, SMSF and super, government news, volunteering information, property, money and finance, humour and a lot more. "We're also rebuilding our Over-60s community forum, a free online portal for subscribers to post, message

and chat to other members publicly, and privately. What's more exciting is that we have a 60+ Friendship & Dating website in development, with the launch date scheduled for later this year.

I regularly engage with our readers and have found that the social aspect plays a critical part in our health as we get older. Whether it's keeping in touch with friends and family, meeting new people through community activities, volunteering or simply chatting with the barrister at your local cafe. Whatever avenue, it helps to combat loneliness and isolation and can contribute to a healthier way of life. So, if we can at least bridge

that gap and provide the foundations to connect people who are Over-60, then I'm confident that positive things will follow.

I want our brand to become the one-stop-shop for Aussies Over-60 to meet, read, learn, and browse on our site, whenever they jump online."

It is free to join the 60+Club. To learn more or subscribe, visit www.60plusclub.com.au.

Dean Forrester is the Founder of 60+Club.

Contact information:
www.60plusclub.com.au
info@60plusclub.com.au
www.facebook.com/60plusclub.com.au



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SCAN ME

Arrival

Terms of Endearment xxx

By: Elaine Lutton

I do not object to being referred to as “Darling” or “Dear” by close friends or family, in fact, I quite like it, it would be churlish not to.

However, I do feel these terms of endearment should only be used by those who know one well.

Why is it that with increasing age, complete strangers feel free to infantilize one again? Between young lovers “Babe” may be permissible but at my age? Really! Please do not use a means of address that might possibly be appropriate when speaking to a small child, though even here, I have my doubts. A few white hairs and one becomes Darling, Sweetie, Honey, Cherub, etc. My name is Elaine, or Mrs Lutton if we are being formal. If you do not know my name and the acquaintance is brief and casual, a smile will be more than sufficient.

Recently, I have found myself counting the times during a twenty-four period, I have been spoken to in terms of what I consider to be gross

over-familiarity. I am no one’s furry animal so “Pet” is totally inappropriate nor do I wish to be put on a lead and taken for “walkies”, and considering my penchant for bad behaviour, “Cherub” or “Angel” is equally without merit. I am no one’s sucker, so “Sweetie” can be binned, along with other such sugary sobriquets as “Honey”. Anyone who is not blind can see that I am no longer a “young lady” and though I like to keep myself presentable, I am not, and to be honest, never have been, “Gorgeous” or even “Lovely”.

I did wonder if only females had to tolerate such names so I consulted some of my gentleman friends and found to my relief that this was not the case at all. My twenty-one-year-old grandson, who is working in a responsible position, commented that he is frequently referred to as “Sport” or “Champ” due to his youth, whilst “Buddy” or “Cobber” are not infrequently used. I have an older friend who has a particular aversion to being referred to as “Mate”. He has been known to complain that unless the individual concerned has designs of getting him “in the cot and

becoming intimate with him”, he would very much prefer the use of his baptismal name. He is even more old-fashioned than I am and confesses that as far as he is concerned, most endearments, if not all, should be used strictly within the confines of the bedroom.

The term “Darling” presents a little of a conundrum. It can be used as a genuine term of endearment, such as is used between married couples who are comfortable in each other’s affection. It is even used by couples who share similar confidence in their relationship. All well and good! Where I have difficulty is the “theatrical” use of the term; the late Jeanie Little did this for humorous intent, very successfully, with her “Oh Dahling!” and left us in no doubt that she was being funny with her outrageous costumes and comments. I have more problems with the use of the term when it is used in such a way as one is not quite sure as to the genuineness of the word; affection, theatre, or what? An oddity that my Mother used for all and sundry, regardless of age or sex, was “Mi Duck”. She was born in Leicestershire, UK, and in those parts, it is a

common appellation, used for young and old, male or female. Very democratic! A proud poultry contribution to the terms of endearment. We need more of such non-sexist and non-age-ist terms.

Lovey” is a word that has its perils, being far too close to “Love” for comfort. Now that is a word that should be used very selectively. Personally, I keep the latter strictly for members of my own family. Phone calls are always ended with “Love you” and it is meant. Extreme care should be taken when using the word in romantic relationships, if used it must be meant. There is no way back.

The random use of familiar names should be avoided where possible. There are books written about terms that should be avoided when dealing with the general public such as customers, colleagues, or even strangers. The use of these terms may not be intended to be patronising or condescending but that is what they are. A little dignity and decorum will oil the wheels of social interaction and keep everyone happy. That is what names are for.



By: Michelle Hanton OAM

RUNNING A BUSINESS ON YOUR OWN CAN BE LONELY. YOU ARE RESPONSIBLE FOR ALL THE DECISIONS. IF

YOU EMPLOY STAFF, THERE'S THE ADDED BURDEN OF KNOWING YOU HAVE ANOTHER PERSON'S LIVELIHOOD

IN YOUR HANDS. MAKING SURE TO FEED YOUR FUNNEL SO BUSINESS KEEPS FLOWING YOUR WAY

OFTEN INVOLVES INVESTING TIME IN BUILDING A NETWORK. BUILDING AN AUTHENTIC NETWORK

Bribie Island, we're here to help.

It can be overwhelming to know where to begin or who to speak to about your finances. But your local CommBank Bribie Island team are here to help. We're on hand to chat about your unique financial situation, answer your questions and recommend solutions that will meet your needs.

You can also book in for a free CommBank Financial Health Check which will allow us to better understand your goals and explore ways to help you achieve them.

Things you should know: Applications are subject to credit approval. Full terms and conditions will be included in our loan offer. Fees and charges may be payable. Commonwealth Bank of Australia ABN 48 123 123 124. Australian credit licence 234945. ADV14932 190121

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Branch Manager

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☎ 0468 573 726

📍 Bribie Island Shopping Centre,
Cnr Hornsby Road & Goodwin Drive
Bribie Island QLD 4507



Networking is all about building, nurturing and maintaining connections. It is not enough to use a speedy few moments to get out your elevator pitch. To create an authentic network, you need to do more than just an exchange of business cards.

It is important to know more than how to contact the person. When you remember some key points you have a way to follow up the connection. Things like – what do you have in common? Do they have a problem you could help with by perhaps recommending a resource? Can you introduce them to someone who could be of value to them?

DO NOT just give them your card and hope they'll get in touch. That is not networking – it's more like a face to face letterbox drop. Networking needs to be proactive and involves a strategic systemised follow up.

NURTURING CONNECTIONS

It helps if you nurture your connections. Offer support and help where you can, with no expectation of gain. When you next turn up to a networking function, be sure that you're ready to create and maximise all opportunities. You never know whom you will meet!

Do not consider what they can do for you – it's about what YOU can do for them. And I don't mean it's about what you can sell straight out of the gates.

For example, I recently met someone who asked about booking a consultation with me based on advice I had shared in a public forum. Now I could have gone straight in and booked them. Instead, I chose to strengthen the know, like and trust factor by sharing that I offer a complimentary 30 minutes session to allow potential clients to experience how I work and understand my value. The outcome was that this person provided

a fantastic, unsolicited endorsement in a public arena, with more business being driven my way.

BUILDING TRUST

When there are sufficient touchpoints, which I wrote about in Issue 147, trust builds. As you nurture the relationship, you gain trust. When trust exists, connections start to open up, referrals happen, and business starts to flow your way.

I love referring people to others in my network. But..... I'll only do it when I know the person I am referring someone to is trustworthy.

By that, I mean, I know they'll be upfront about what they can deliver. In turn, this builds further trust in me.

Why? Because I have referred the right person for the task at hand. It's good for my own reputation; it demonstrates that I recommend quality people and am trustworthy.

When you recommend someone who does a less than stellar job, it can affect your reputation.

With a strong network, you have a powerful tool. These are people you can turn to in your times of need. But not until you've built a solid foundation of trust.

Networking is ongoing. It needs to be valued, nurtured and actively worked on. If you struggle with networking, drop me a line, and I'll be happy to send you a tip sheet.

michelle@dragonsisters.com.au
0418 898082

NOELENE LAKE

Bribie Accounting Services

TAX TIPS....TAX PLANNING

YOU HAVE THE RIGHT TO ARRANGE YOUR FINANCIAL AFFAIRS TO KEEP YOUR TAX TO A MINIMUM. TAX PLANNING IS LEGITIMATE WHEN YOU DO IT WITHIN THE INTENT OF THE LAW.

TAX PLANNING STRATEGIES INCLUDE:

- Making personal contributions to superannuation and claiming them as a tax deduction (limits apply)
- Pre-paying some tax deductible expenses and claiming them as deductions in the current financial year
- Contracting to sell assets in the next financial year to avoid a capital gain in the current financial year
- Selling assets that you will make a capital loss on, in the same financial year that you sell assets that you will make a capital gain on (to offset the gain)
- Contributing money to your low-income spouse's superannuation fund and claiming a tax offset for (limits apply)
- Purchasing new income-producing assets in your low income spouse's name

To claim a tax deduction, you must have incurred the expenses and you need evidence to substantiate it (receipts).

Please contact me to maximise your tax refund or minimise your tax payable.

Noelene and Angela



PHONE 3408 9539

62 Cosmos Avenue, Banksia Beach
www.bribieaccounting.com.au -
info@bribieaccounting.com.au

Bribie Island Photography Club

Tryg Helander drove from Toowoomba to judge and critique our images. Tryg who is Vice President of the PSQ was entertaining, informative and helpful and at 9pm began his long journey back to Toowoomba. We are very grateful to have such dedicated judges.

Lakeside Raceway outing was cancelled due to covid. We are hoping to have it rescheduled in the near future.

A planned weekend of photography in Hervey Bay will hopefully go ahead on 10 - 12th September. A visit to Parrots in Paradise is being planned for October.

The Bribie Island Photography Club meets on the fourth Monday of each month in the Boardroom at the back of the Arts Centre on Sunderland Drive at 7 pm. Guests are welcome. The first two meetings are free.

For enquiries, please ring Gordon on 3408 2649 or Gail on 0419 638 865.

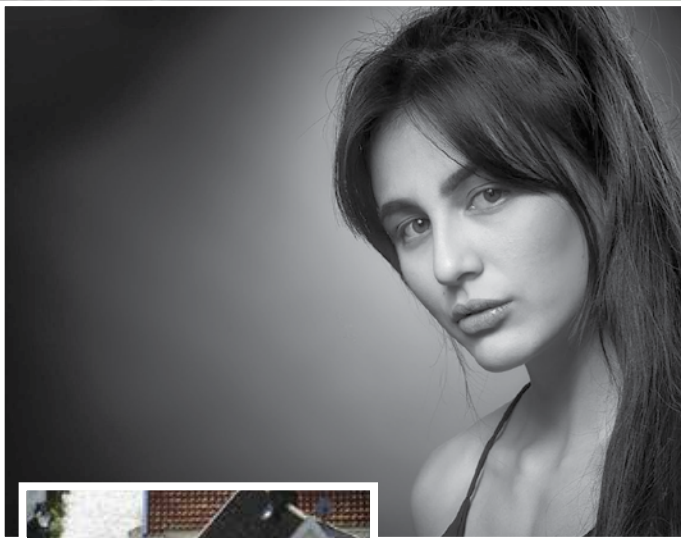
Website: <https://www.sites.google.com/site/bribiephotographyclub>

Email: bribiephotographyclub@gmail.com



Our theme for the month was "Night" which was won by Rodney Augusten with his amazing shot titled "Look Out". "Look Out" was also chosen by the judge as

Photo of the Month



ABOVE:

Gordon Bentzen was the winner in the Digital Mono section with a beautiful black and white shot "Ellen".



Lynette Romano once again took out the Creative section with a charming image titled "Sunflower Bees"



Marj Webber with "Shall we Dance" won the Mono Print with a shot of two young Egrets stretching their wings while learning to fly.



LEFT: Keith Richardson was first in the Digital Colour category with an appealing street shot "Lone Walker".



Mike Ktori's very colourful photo "Honeyeater" was first in the Colour Print section.

BRIBIE ISLAND Bowls Club

LONG AND STRONG SUPPORTERS OF YOUNG ARTISTS NEXT GENERATION ART PRIZE 2021 ONLINE

Two years of Covid interruption has not dimmed Bribie Island

Bowls Club's enthusiastic backing of the Next Generation Art Prize, honouring young artists in the Bribie and surrounding regions.

The Club, led by general manager, Kevin Bertwistle, has remained a staunch supporter and sponsor of the event, since its inauguration in 2017.

As former Next Gen Committee member, Lynne Smith said, "Right from our first meeting with Community Group coordinator, Kerry Muller, Bribie Bowls could see our vision to provide an opportunity for young aspiring artists in our region to showcase their talents in a big public space at the Bribie Island Community Arts Centre's prestigious Matthew Flinders Gallery."

Next Gen was cancelled in 2020. And this year, due to uncertainty of lockdowns caused by COVID infections, this planned Gallery exhibition and opening event of young art has "pivoted" to an on-line event in September as the Next Generation Art Prize 2021 Online.

This visual art competition is open to all youth, aged 7 -18 throughout the Moreton Bay Region.

Having grown in popularity with entrants and visitors alike, it is now a major event on the Moreton Bay Regional Council's arts calendar.

The organisation of this competition and exhibition would not be possible without the generous support of local



Seen here at the Arts Centre, (back row from left) Marketing manager at Bribie Bowls Club, Leigh Dennis, Jill Tamas, Banksia Beach SS gifted support group coordinator, Kerry Muller events manager at Bribie Bowls Club. (Front, from left) Banksia Beach SS students Erin, Maya, Chilli and Elijah

businesses and organisations, most notably Bribie Island Bowls Club.

The club offered a generous cash donation to help get the fledgling competition off the ground and make the inaugural opening night a night to remember for the entrants, their families and invited guests.

Earlier this year, Kevin Bertwistle said Bribie Island Bowls Club was pleased to support this very worthy event for the youth of our district. Next Gen organiser Sarah Cave said, "Bribie Bowls are our longest-standing community sponsors and we acknowledge their generosity of the past four years, and thank them sincerely for supporting the Next Generation Art Prize 2021 Online, on behalf of all our young entrants from around the Region."

If you are or know an emerging young artist, pick up an entry form to the Next Generation Art Prize Online Exhibition. It's on the BICAS website <https://www.bribieartscentre.com.au/next-generation-art-prize-2021>.

The entries will be available to see on the BICAS website, from where judges will pick winners and highly commended in each age section.

There are great cash prizes to be won.

Winners will be announced on Monday September 27th

FREE ENTRY!



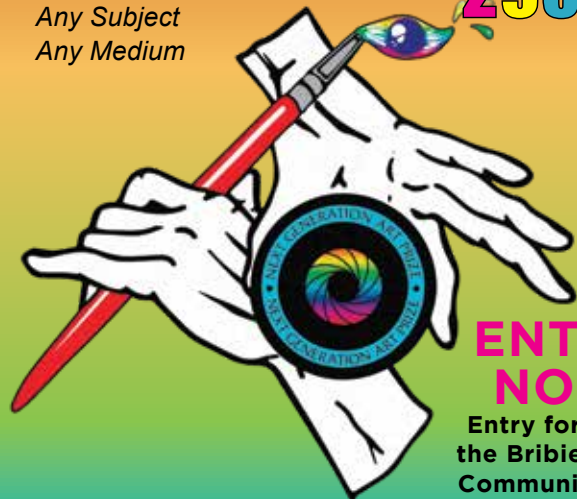
NEXT GENERATION ART PRIZE 2021 ONLINE

OPEN TO AGES 7 TO 18

Any Subject
Any Medium

TOTAL PRIZE MONEY

\$2950



ENTER NOW

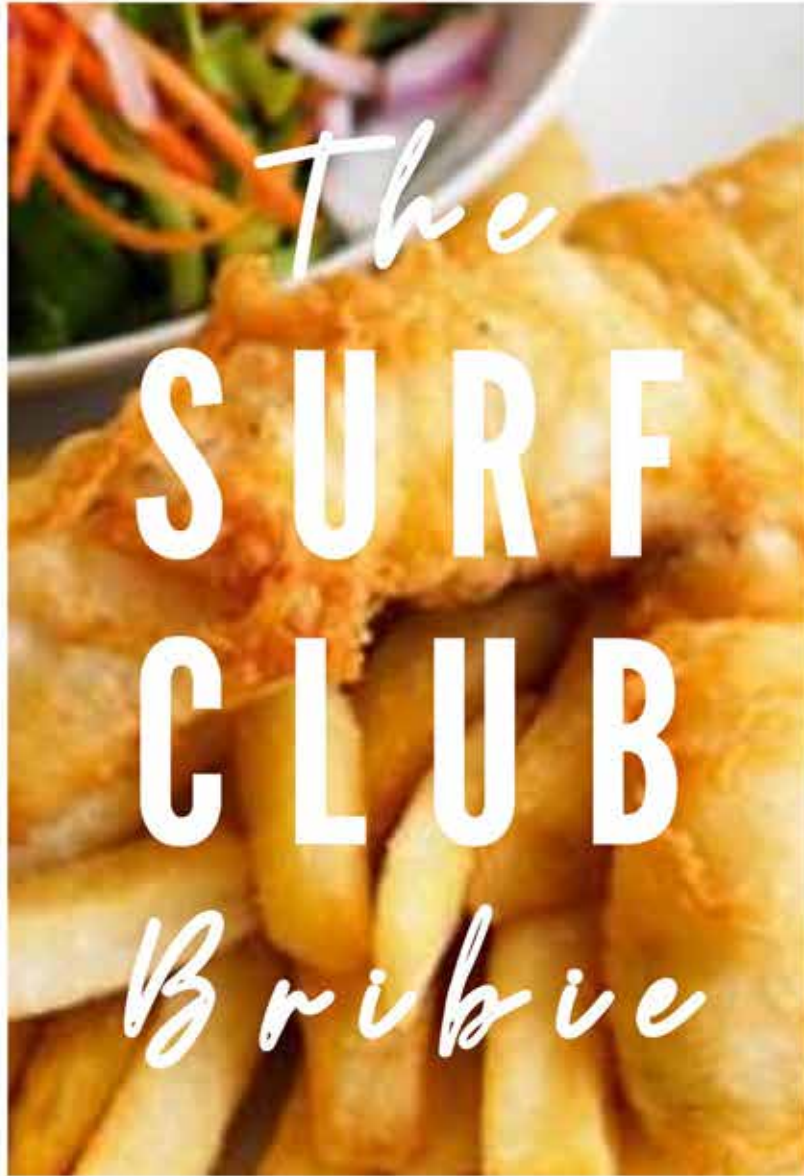
Entry forms on the Bribie Island Community Arts Society website

**Entries close September 18.
Judged September 23 & 24.**

Winners will be notified Sept 25

Phone 3408 9288

BOOKINGS SUGGESTED - AVAILABLE ONLINE



BISTRO | BAR | GAMING | OCEAN VIEWS



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QUEENSLAND STRAWBERRY GROWERS NEED YOU!

WITH PRICES OF STRAWBERRIES PLUMMETING TO AS LITTLE AS 99c!

The Queensland Strawberry peak season is in full swing and with excellent growing conditions, there's a huge abundance of strawberries hitting the shelves. Many farms have been increasing their volume output by 30-50% in just the last week alone, which is set to continue for the next 6 weeks! Now is the time to stock up on punnets whilst they're in their prime!

The Queensland Strawberry industry hasn't had it easy this year. From needle nonsense, severe drought conditions, chronic workforce shortages and now with prices plummeting, there is a significant drop in sales with many farms now struggling to

survive - they need your help to buy while prices are at an all-time low.

Traditionally, restaurant, cafe, dessert and cake shop trade can usually be relied on as growers enter the peak of the season, but due to lockdowns, that has not happened this year. Furthermore, many people are turning more to online deliveries to purchase their groceries and anecdotally strawberries tend to be purchased less online as they are often a spontaneous purchase, because they look so good.

Currently, punnets of strawberries are widely available for under \$2, with Woolworths selling at \$1.90, Coles at \$1.70, and Aldi



at \$0.99 across the state. Meaning, farmers are actively losing around 50c for every sale and are unable to cover the most basic of costs if demand doesn't increase. If this continues, devastatingly, strawberry farmers may be forced to pick and dump their strawberries or walk away from whole fields with fruit left to rot.

So with this in mind, growers are pleading with Australians to take advantage of the low prices and buy them by the basketful for healthy snacking. This is also the

perfect and most affordable time to get inventive with strawberries, from oven roasting and complimenting a baked brie, to trying out a spicy strawberry salsa with tortilla chips - the options are endless! So, if you're a strawberry lover and want to do your part to help the Queensland strawberry industry, there is no better time than now to head into your local store to stock up on high quality super-affordable fruit, while they're at their plump and juiciest.



dine in / takeaway
Mon - Fri 8.30 to 2.00
Sat 8.30 - 12.00
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07 3408 4188
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AND DRINKS

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AND SWEET

Platters for any occasion...



GET READY FOR THE SINGLE-USE PLASTIC ITEMS BAN THAT CAME INTO EFFECT ON 1ST SEPT 2021

Half of all plastic produced in the world is designed to be used only once—and then thrown away. This is a huge contributor to the 300 million tonnes of plastic waste created every year, almost equivalent to the weight of the entire human population. The Queensland Government is taking action to fight plastic waste and pollution, starting with a ban on some single-use plastic items.

SINGLE-USE PLASTIC ITEMS

INCLUDED IN THE BAN:

- Straws: regular straws, flexible straws, straws with a scoop, cocktail straws and bubble tea straws
 - stirrers: hot or cold drink stirrers, swizzle sticks and hot or cold food stirrers
 - Plates and bowls including single-use expanded polystyrene plates
 - Cutlery: knives, forks, spoons, teaspoons, sample tasting spoons, soup spoons, chopsticks, splayds and sporks
 - Expanded polystyrene takeaway food containers and cups.
- Actions for Queenslanders
There are plenty of things Queenslanders can do to reduce the use of single-use plastics and plastic waste. Some simple tips include:

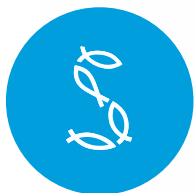
- Purchasing reusable products over disposable ones
 - Choosing products with less plastic packaging
 - Choosing products made from recycled materials
 - Recycling as many plastic products as you can through your kerbside recycling bin or outdoor recycling bins
 - Return your drink containers at a Containers for Change refund point
 - Remember 'soft, scrunchable' plastics don't go in kerbside recycling bins but can be returned to REDcycle bins at participating supermarkets
 - Avoid unnecessary plastic products like balloons (including plastic clips and sticks), ribbons and tickertape.
- Access for Queenslanders with disability or healthcare needs

Queenslanders with disability or healthcare needs may still need to access banned items and that's why the following businesses are exempt from the ban:

- Clinics or facilities that provide care to persons with a disability or health needs
- Hospitals
- Dental clinics
- Medical clinics
- Pharmacies
- Aged care facilities
- Medical suppliers. Suppliers, distributors and wholesalers may continue to sell banned items to these exempt businesses

Learn more about the single-use plastics ban at www.qld.gov.au/plasticsban

“What are you, doing this weekend?”



Savige's
SEAFOOD

TRADING HOURS

CLOSED MONDAYS

Tuesday - Thursday 10am-7.30pm

Friday - Saturday 10am-8pm

Sunday: 10am-7.30pm

Visit us on  facebook



Bribie Island. Ph. 3410 0084
Shop 3/12, First Ave, Service Road,
BONGAREE (Across from Bongaree Car Park)



HOW TO PAN SEAR

Rib Eye Steak

Have you ever wanted to have restaurant quality seared and juicy steak at home? Here is how to pan sear rib eye steak like a pro – in your own kitchen. Moist, delicious and super flavourful, you'll wow your mouth (and maybe your significant other)! The easiest way to pan sear a steak is with a 12 inch cast iron skillet... You want something heavy that can take the heat and that can put the beautiful crust on your steak.

Heat your pan on medium high. Let it sit there and get hot for a few minutes.

While your pan is heating season your steaks with coarse sea salt and coarsely ground pepper. That's it – that's all you need. Oh, except for the butter, you always need butter.

Add 4 Tbsp. of butter to your hot pan – yes, really, add 4. Swirl it around a little and let it melt.

Add your rib eye steaks to the skillet and **DO NOT TOUCH** them. Seriously, don't touch them. (The steaks in this recipe are about one inch thick.)

Set the timer for 4 minutes – and

walk away. I know you want to get your tongs out and fiddle with those babies. I'm telling you don't do it!!

When your timer goes off turn the steaks over. Set the timer again for 4 minutes – and walk away! Don't touch them again. (I know it's agonizing!)

These are supermarket steaks so I cook them for about 8 minutes total to get the perfect medium rare steak. If you want them a little more done add a little more time on the front and back sides, but start with 30-60 extra seconds only.

When your time is up take the steaks out of the pan and let them rest for 5 minutes. This is about the amount of time it takes to get your sides on your plate and get it to the table.

Rib eye is the perfect steak for pan searing, it has a hearty flavour and works well in the hot cast iron pan. You can also use this method for other steaks, pork chops, and chicken. If you want a delicious, satisfying meal without going out to eat, learn how to pan sear rib eye steak. Sometimes it's more romantic to stay in.



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**House Baked
with our own unique culture -
NO YEAST!**

BAKED FRESH DAILY

A taste of the good life.

Shop 3/33 Benabrow Ave, Bellara, Bribie Island 4507

**MON - FRI 5.30AM - 5PM
SAT 6AM - 2PM, SUN 6AM - 2PM**

f The Big Bun Bakery and Takeaway

market times

Bribie Island BICA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

Queensland Cancer Council Markets

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets

(Farmers Market)

The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

The Bribie Lions Club Markets

The Bribie Lions Club Markets are held at Tintookie Park, Woorim on every second Saturday of each month from 8 am to 12 noon

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open from 8 am to 12 pm on weekdays and from 8 am to 12 pm on the first Saturday of every month.

Bribie & District Woodcrafters Assoc.

OPEN DAY: Woodworking demonstrations, displays, sales
Sat 27th March & Last Sat Month thereafter. 8 - 12noon
Contact Ian Trail 0401 134 384

Bribie Island U3A

CHANGE OF DATE PLEASE NOTE: U3A will start on
Thursday 5th August 2021 9am to 11am

Melsa Park Train Rides

Sept 19, Oct 17, Nov 21, Dec 19 Xmas Special 10am to 2pm



**MELSA PARK
STEAM TRAIN RIDES**

**everyone must
have closed in
shoes**

Sep 19th
Oct 17th
Nov 21st
Dec 19th
Xmas party!!

\$2

a train
ride

The Bribie Island RSL Women's Auxiliary,

in conjunction with the Bribie RSL citizens club,
are now introducing to new entertainers as well as
Keven Walsh who has proved very popular.
The dates are as below.

THE DATES FOR THE SHOW WILL BE:

20th Sept 2021	The Craig Martin Show
18th Oct 2021	The Keven Walsh Show
15th Nov 2021	Rob Roselund (es Wickety Wak)
20th Dec 2021	The Keven Walsh Show

Tickets are available at **The RSL Club Reception only**.
IT IS ESSENTIAL TO BOOK. Entry is \$6 per head and
lunch is optional at \$6 per head.

Morning tea will be complimentary. Raffles available.

Auditorium will open at 10 a.m. and the Show
commences at 10.30 a.m. with a half hour lunch
break and finish time is 1 p.m.

PROUDLY SPONSORED BY:



GET AWAY FROM IT ALL AT THE BEAUTIFUL AARONLEE RETREAT

Bribie Islanders have been flocking to the beautiful Aaronlee Retreat at Tamborine Mountain in the Gold Coast Hinterland this year.

Aaronlee is the perfect place for a midweek getaway. Located just 2 and a half hours drive from Bribie, you will feel like you are in another world. Temperatures on the mountain are generally 5 - 10 degrees cooler and Aaronlee's peaceful, country, rustic charm will delight you all.

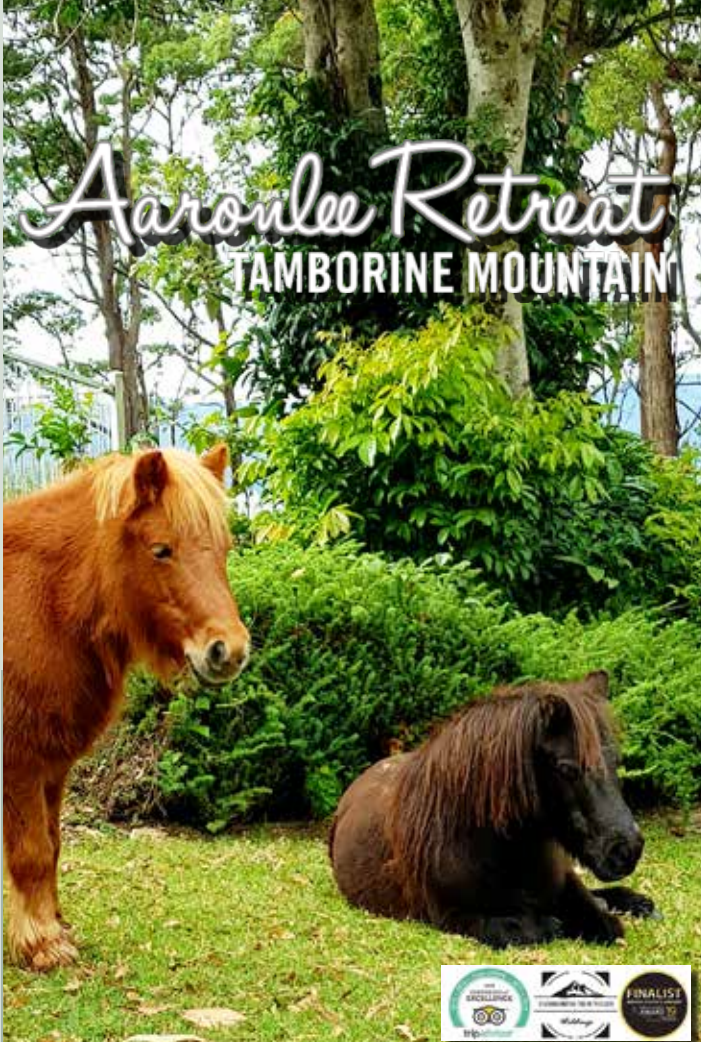
From its perch at the very top and edge of the mountain, Aaronlee Retreat offers a variety of accommodation, yet reasonably priced and available now are discounted Seniors Special packages. Aaronlee is only a 10-minute drive from town and is set amongst acres of lawns and pretty flowering garden beds. All rooms have fireplaces, ceiling fans, kitchenette, outdoor seating and are fully self-contained, (some with spa baths).

You will enjoy a selection of board games, books and magazines on offer. The Retreat has BBQ facilities, a swimming pool and there are so many places to sit and relax whilst breathing in the pure mountain air. The views from the lawns are uninterrupted and simply breathtaking.

Be pampered with an Aaronlee in-house massage and spa treatment or take the popular mountain wineries tours which include a delicious sit-down restaurant luncheon at one of the many local wineries.

Tamborine Mountain offers beautiful bush walks, lookouts and waterfalls. Visit the rainforests, swim in rock pools, shop the famous Gallery Walk, take a stroll through the Botanical Gardens, play a game of golf or lawn bowls, take a short day trip to the Gold Coast or explore the Scenic Rim region. Details and maps are provided by your host when you check-in.

THE RETREAT IS VERY POPULAR AND ROOMS ARE FILLING FAST. FROM SEPTEMBER TO DECEMBER ALL BOOKINGS WILL RECEIVE A COMPLIMENTARY TASTING SESSION AT THE WORLD-FAMOUS TAMBORINE MOUNTAIN DISTILLERY. DON'T MISS OUT, BOOK TODAY. BOOK WITH YOUR FRIENDS OR COME WITH A GROUP AND YES THAT IS THE PRICE FOR 4 NIGHTS AND 4 BREAKFASTS!



Delightful retreat offering uninterrupted and breathtaking views of Lamington National Park and the Gold Coast from its perch at the very top and edge of the mountain,

Set in 10 acres of lawns and gardens, pool, bbq, ponies and picnic areas with views

**4 NIGHTS
MIDWEEK
(SUN - THU)**

**Studios \$219 pp
twin share or
Spa Suites \$259 pp
twin share -
Bacon & Eggs included**

13 Munro Court,
Tamborine Mountain
Qld 4272

PH: (07) 5545 3121



KING OF AUSTRALIAN BUSHRANGERS

EPISODE 1 -

A Bushranger is Born By: Al Finegan

This story has been sourced from many recorded witness accounts, newspaper articles of the period, extracts from many books written about Gardiner, and government archives.

Frank Christie/Clarke/Jones/Gardiner (1829 -1911) was truly an amazing man, a larrikin bushranger, charismatic, well-mannered and a good-hearted person. Despite his reputation, he never killed anyone, and his treatment of women was always conducted with respect and charm. Known as Frank Gardiner, Francis Christie is widely claimed

to be the father of Australian bushrangers. He was irrepressible and was often characterised in the mould of the famous 17th-century highwayman Claude Du Val. Gardiner, this quintessential bushranger, encompassed many theatrics in the form of disguises, his favourite being a man of the cloth. He was educated, articulate, handsome, roguish, daring, an excellent horseman, charming and quick-witted. He was known more than once to put a twinkle in a lady's eye. He also pulled off the biggest gold heist in the history of Australia, with most of the gold "still missing".

This is his story.

Francis's father Charles Christie (1791-1864) married Jean Christie nee McLeod (1801-1828) in 1822. Jean bore him two children, Charles, 1824 and Robina 1827. Charles was in business with his older brother James, running a successful shipping company, trading with firms in South America. In 1826 James married an attractive young lady, Jane Whittle. The business prospered until they suddenly made a shocking discovery. Their villainous shipping agent in Venezuela had embezzled them out of their assets and capital, now missing from a bank in Nassau. The family was suddenly in deep financial trouble. James immediately rushed off to South America. Time passed. James was never seen or heard of again. Penniless, Jane moved in with Charles and Jean to assist with running the household and minding the children as their servants could no longer be paid. Meanwhile Charles was trying to pick up the pieces of their business. Disaster never comes alone. In 1827, a cholera epidemic swept Britain and Jean became a victim. Sadly, she passed away in early 1828. Charles and Jane needed each other and soon a relationship developed. Over the next five years, she bore him three children. Francis Christie was born in 1829 at Dingwall, Ross-shire, in the far north of Scotland. (It wasn't until he turned rogue in early manhood that he would emerge as Frank Gardiner). Two more children followed, Archina in 1831, and Charlotte in 1832. Despite his desperate efforts, Charles eventually faced bankruptcy. He and Jane decided they had to escape the humiliation and accept a free passage for transport to NSW as migrants. On 29th June 1834, they carried the remnants of their personal belongings, and boarded the migrant ship *James*. They were accommodated in Steerage Class, quartered with 79 other passengers in one crowded, open, lower deck cabin. It must have been a horror trip as there were several recorded cases of serious sickness, and five deaths of young children.

Onboard *James* were several clergymen and teachers. There can be no doubt that young Francis commenced his education under the ministers' tutelage during the five-month voyage. The influence of these men and the reverence in which they were held impressed the five-year-old, and undoubtedly planted the embryo of his lifelong habit of using "the cloth" as a means of disguise.

And while Charles languished in the bowels of the ship and Francis spent the days in school, Jane decided to seek a more comfortable voyage. On board, but accommodated in first class, was Henry Munro, a wealthy Scottish businessman. He was single and it was a long voyage. Not long after departure, he spotted the attractive Jane Christie giving him a cheeky smile. It wasn't long before they became

close friends and an intimate relationship developed. Jane soon enjoyed the luxury of sharing a private cabin with Henry, a huge contrast to the crowded, noisy, smelly Steering Class deck. This relationship would have a profound effect on young Francis in the years to come.

The Christie family of Charles, Jane and five children arrived in NSW on the 17th November 1834. On arrival, James's manifest recorded Jane Christie as Charles Christie's wife. This was incorrect, as Jane was undoubtedly Charles' Common-Law-Wife.

Initially bewildered in a whole new world, Munro and the Christies stayed together. The closeness was of course enhanced by Jane Christie, who by all accounts was quite a beauty, and made no attempt at hiding her relationship with Henry. Soon after arrival, Henry Munro applied for a land lease in NSW under the "Emigrants Newly Arrived" initiative. Given his considerable wealth, in no time he was granted a 960 acres property at Boro near Goulburn and Lake George. In the meantime, Charles had accepted that Jane had become the de facto to Henry. Jane gave birth to Maria Agnes in 1836 citing Henry Munro as the father. Soon after, Charles departed, leaving Jane and the children behind. Henry set about establishing his empire, building a fine home at Boro while a team of ringers constructed yards and fences to hold the increasing stock numbers.

From 1836 to 1842, Francis enjoyed a good quality of life and a solid education under Henry Munro's guidance. Henry was a good man and fully incorporated the Christie children into his life, treating them all as his own. He hired a full-time tutor to run a day-school at his home to ensure they all received a sound education. Henry saw enormous potential in young Francis and took time to teach him how to act and behave like a gentleman, always insisting on impeccable manners and dress. In the meantime, Charles had become involved in some dodgy

business dealings in Sydney but took time to have Francis stay with him for short periods. When Francis was eleven years old he was present when his father, Charles, was arrested for operating a much frowned upon sly grog shop. Francis watched on as the police bashed his father and smashed his shop to a pile of wreckage. The brutal treatment of his father was seared into his memory, as he watched him being dragged off, bleeding and semi-conscious, while the police ignored his youthful calls to cease hitting his father. Charles was fined £80 (\$6700) and released. This firsthand contact with the law left an indelible bitterness with young Francis at an impressionable age.

Then, as all looked good for Francis and his siblings, tragedy struck. Jane became seriously ill and sometime in 1842, she passed away. His mother's death was a grievous blow to the youngster, just thirteen years old.

Following Francis' mother's death, Henry resettled the family to the small hamlet of Portland in southern Victoria close to the South Australian border at the Crawford River, controlling a 70,000 acres station. Without his mother's influence, Francis' relationship with Henry deteriorated and he told him that he wanted to live with his father. Henry conceded and wrote to Charles asking him to come to Portland. After a long discussion, an agreement was reached that Charles would assume the management of the Boro property, and that he would take Francis with him to teach him the skills needed to manage a station.

For the next eight years, Francis worked on the Boro station to emerge as an expert horseman, both rider and breeder of thoroughbreds. His father maintained tight discipline over Francis, both in practical day to day management as well as hiring the best men available to teach Francis the skills needed for fine horse breeding.

In 1846, Henry Munro announced he intended to marry Catherine Power of Portland. Charles and Francis attended the lavish wedding, enjoying a reunion with their

family. Henry and Catherine marriage went on to produce ten children.

In June 1850, at the coming-out age of twenty-one, when children were no longer under the discipline of parents, Francis Christie stepped outside the constraints of his ordered society. Francis had watched for years as his hard work and skills had created huge profits for Henry Munro, and only a small wage for himself. Looking to the future he could see that this career meant hard work and little money. It was time for him to start making good money for himself.

He felt it in his blood that following the rules of society would lead to a life of boredom and mediocrity. He determined that breaking the rules was the key to excitement and adventure. His life of crime was born.

Francis knew the equine industry well and which properties bred the best horses. He approached two young men he knew and proposed a plan to steal horses and move them to Portland and sell them at a yard sale. He chose his target and with his two accomplices, they took 24 thoroughbred horses from William Morton's station near Serpentine on the Loddon, 40 km northwest of present-day Bendigo.

The aspiring horse thief headed for Portland, an area he knew well, to offload the stolen stock. Munro's new station at Crawford River would be a convenient place to hole up after he had sold the horses.

The morning after the theft, Morton wandered out to start his daily work routine to see his yards bereft of stock. 24 of his finest horses had vanished. Morton was incensed at the brazen thievery and determined to track down and recover his stock. For Morton, the only reliable men available to accompany him was his employee, William Mercer, and the cook. Like Morton, Mercer was an experienced bushman and an expert tracker.

On a previous ride to Portland, Francis and his dad had attended a racing carnival at Mount Sturgeon. It was a

centre for horse racing where men came from hundreds of miles around to test their skills and compete for a good purse. Francis had planned his route to arrive at Mount Sturgeon in time for a major carnival. Leaving his comrades outside the town with the horses, Francis rode boldly into town on the best horse from the mob. He made quite a stir when he arrived dressed as a fine young gentleman atop a magnificent thoroughbred. Then with a charming smile, he registered in a race to compete against those entered by the police. He won the race then, with great dignity, he bowed and smiled at the losers, accepted his winnings, and quietly disappeared.

The next day Morton arrived, inquiring about Christie and a mob of horses. The publican pointed out a letter to be posted, which one of the Christie gang had left in his charge. Morton seized and opened the letter addressed to a Mr Crouch, the postmaster at Portland who acted as the local auctioneer. He commented later that the letter demonstrated that Christie had an excellent hand and education.

Without knowing of the letter's interception, Christie proceeded with the stolen stock onward to Portland. A fast-riding Morton alerted the police at Hamilton. The Morton team, along with two policemen, hurried to the "The Bush Tavern", the last overnight stay on the track to Portland, and hid in the back. Soon after, Christie, his accomplices and a full purse arrived at the tavern, yarded the horses, and casually wandered into the bar for drinks, a meal, and a bed.

It had taken Morton and his tracking party a chase of over 300 Km, predominantly along cross-country bush tracks, in a hunt that lasted seven days to finally catch up with Christie. Morton identified his horses in the Inn stockyard to the police. Morton and the troopers promptly set about planning the arrest of the thieves.

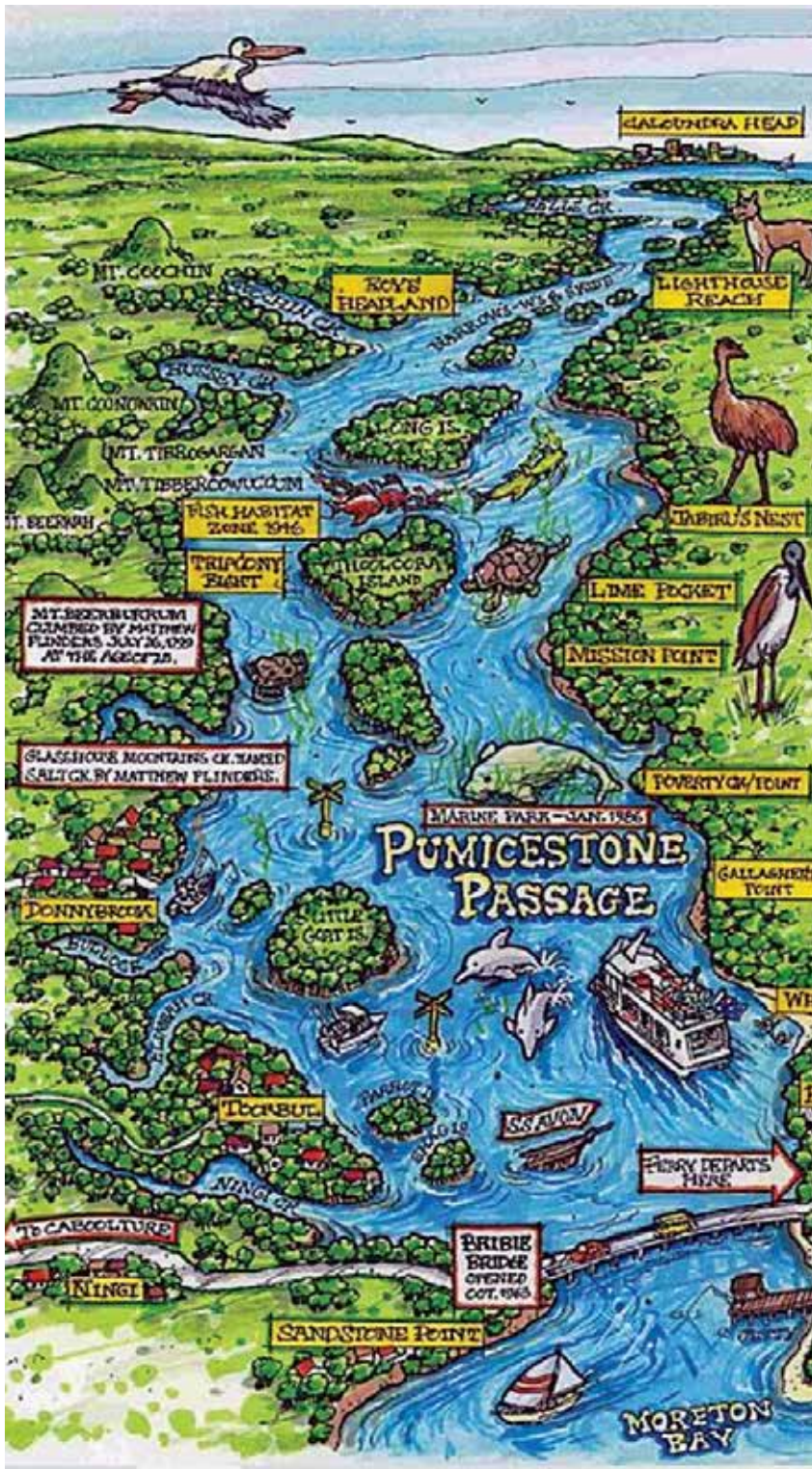
Next Episode: Capture or Escape

Pioneers Of PUMICESTONE



By Barry Clark
Bribie Island
Historical Society

RIVER – STRAIT – CHANNEL - PASSAGE



The waterway separating Bribie from the mainland has played a key part in history. Over the last 20,000 years, the sea level has been much lower, and indeed much higher, than it is now.

Bribie has only been an island for a few hundred years, and aboriginal people living along the changing watercourse harvested seasonal produce, and enjoyed its protection and isolation, for thousands of years. Their lives changed after 1799 when Matthew Flinders aboard the *Norfolk* sailed up what he named the *Pumicestone River*, and saw much pumice stone along the shoreline.

Flinders did not know it was an island, nor did John Bingle or William Edwardson in 1822 when they sailed up the *Strait*, not reaching the north entrance and noting that- *"the natives are too numerous to risk a landing, except on the islands."*

Difficult to navigate at any time, with two tides meeting north of the centre, with a rising tide from the south entering 35 minutes earlier than the north, over the Caloundra bar.

Three castaway Sydney convicts, marooned on Bribie in 1822, knew it was an island when they walked north, across the bar, in the hope of reaching the settlement of Sydney. John Oxley rescued them and was shown the Brisbane River, which became the site for a new penal colony in 1824.

EXPLORERS

In the years that followed, several explorers travelled the waterway calling the island *Briebie*, *Bribie*, *Brieves*, *Brisbane* and *Bribie*.

Lieutenant Otter rescued survivors of the *Stirling Castle* with the help of convict John Graham. Andrew Petrie found escaped convict James Davis, and *Ludwig Leichardt* explored the waterway with the Archer brothers from Woodford *Durundur* station in 1843.

William Landsborough acquired land on the Passage after leading an unsuccessful search for *Burke & Wills*. *Ludwig Leichardt* disappeared without trace on his second expedition to the interior.

When free settlers moved into the area, they created conflict over traditional aboriginal hunting grounds. Alexander Archer wrote *"The Bribie blacks were greatly feared and had a bad name"* so the island waterway was less visited



Aborigines Pumistone Passage 1869

than other parts of Moreton Bay.

Archaeologists have identified many aboriginal middens along the **Passage**, with numerous marked and canoe trees, bark cut for wrapping burial bodies, shields, Coolamon carriers, water containers and bark shelters. Large areas of Bungwall fern, rich in protein, wild berries, fruits, birdlife, fish and shellfish, eggs, honey, turtle and dolphin. These things were traded with others on the mainland for essential stone tools, there being no stone on the sand island.

The first white settler was Thomas Tripcony in 1861 at "**Cowie Bank**" on the mainland side of the passage, after years working on Gold fields, Caboolture River Sugar plantation and local Oyster leases. When he came to live on the Passage, he noted, "*The wild food of the aborigines is a very rich diet, which they spend much time getting, and never go hungry, but organised fighting is a popular pastime*".



Cowie Bank 1892

LAND USE

A new Colony of Queensland established in 1859 with the government declaring an "**Unoccupied Lands Occupation Act**". Within 100 years of the first white arrival, indigenous people were deprived of traditional hunting grounds and food supply, and the population was decimated. A Government Reserve was established in 1877 at **White Patch** on Bribie Island for a few indigenous survivors. They were given boats, fishing nets and supplies, but failure to respect their culture and land use soon resulted in its closure.

Archibald Meston, a Government appointed "**Protector of the Blacks**" visited Bribie Island in 1891 when a school for aboriginal children briefly operated at Mission Point. It closed in 1892 and the children moved to Stradbroke Island.

INDUSTRY

The Channel or Passage serviced a variety of Industrial activities from 1870's including burning shells for lime, dredging and harvesting oysters, fish canning, a timber mill at Campbellville on Coochin creek, and herding cattle across at low tide to graze on the island.

Important shipping access for many years, until discovery



Mission Point Oyster Dock 1910

of gold at Gympie led to building the railway in 1890. Record rainfall and floods affected the entire waterway in February 1893 when almost a meter of rain fell in just one day. The seven creeks that flow into the Passage (Ningi, Glasshouse, Hussey, Coochin, Halls, Bells and Lammerough) deposited huge volumes of silt, making it shallow and meandering ever since.

The silt, and a worm infection that followed, affected Oyster leases in the Passage. In 1915, the AVON, an old coal hulk was scuttled on a reef opposite Dux Creek, providing protection and housed a guard for James Clark's oyster leases. After 105 years, it is completely rusted away, but still just visible at low tide. The name of Avon Avenue at Banksia Beach retains the memory of this historic waterway.



AVON scuttled in Passage 1915

MORE BRIBIE HISTORY

The Historical Society meets on the second Wednesday of the month at 6:30 pm at the RSL Club. We have inspiring guest speakers, and visitors and new members are always welcome,

You can see many more articles on our Blog Site <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com

RULES IS RULES !!

We are all aware of rules and more rules with this Covid pandemic. Rules have changed constantly for the croquet club. You can't use the Club House, you can use the Club House, everything must be sterilized, not everything has to be sterilized. We have been very obedient sticking to the rules. Recently we could just have 10 on a court which we managed. We felt quite pleased with ourselves when a passer-by took a photo of us thinking we were breaking the rules and sent it to the police to report us. The police soon arrived to check. Yes, we were sticking to the rules. We know all about the rules playing croquet, as there are so many rules you have to remember. As we are playing so many competitions at the moment we really have to keep to the rules. More news of competition winners another time

In the last article on croquet, I wrote about the Pumicestone Passage Probus members coming to have a fun afternoon. This was to thank them for always being such great supporters of our Charity

Fundraising days over the years. Again because of Covid we have not been able to run this event. We had hoped to run it this year but who knows if we will be locked down? Then all the work will have been done for nothing. So, we have deferred it to 2022! Fingers crossed!

However, we still want to raise funds for a local worthy cause so, we are holding a Trash and Treasure sausage sizzle on Saturday the 23rd of October with super raffle prizes. Why not make a note in your diary and come along for some really good, fun helping a worthy cause at the same time? I will give you more details in later issues of this great little magazine.

You may have driven past the Croquet Club and see us playing? It is a great social fun sport for all age groups. **If you would like to come along and have a go please contact either:- Dick Byres President 0488 282 959 Or Jan Rees Vice President 0437 008 042. See you there!**



Have a Fun Game



Ian Makes the Hoop



Lynn Lines up Ready



Yes Libby makes the Hoop

BRIDGE RESULTS

MORETON BRIBIE BRIDGE CLUB: Sat 21 Aug N/S 1 J Kennedy & L Carr 2 K Cohen & L Heap 3 P Tipping & M Hardy E/W 1 G & S Barnulf 2 R Webb & L McLaren 3 F Barkwith & D Quinan
Wed 25 Aug N/S 1 L Carr & K Cohen 2 A Jones & J Kennedy 3 H Browne & R Medhurst E/W 1 M O'Reilly & N Denvir 2 M Hardy & D Brady 3 D Dowling & C Browne
Sat 28 Aug N/S 1 G & S Barnulf 2 J Breene & S Pascoe 3 P Tipping & M Hardy E/W 1 R Medhurst & M O'Reilly 2 L Groves & R Deacon 3 B Fuller & E Seeney
Wed 1 Sep N/S 1 A Jones & J Kennedy 2 L Carr & K Cohen 3 R Cowley & S Watson E/W 1 B Fuller & M Hardy 2 M Arthur & P Edis 3 D Dowling & C Browne

BONGAREE BOWLS MEN'S

Sat Aug 21st Scroungers
1st Jeremy Jones, 2nd Larry Savage, 3rd Pam Barringhaus
Wed Aug 25th mixed 4's
Winners Ant Gordon, Jimmy Parker, Trevor Mickleborough, Steve Pomroy Runners up Brett Sellars, Glenn Merrin, Billy Bradshaw, Barney Blomendahl.
Thurs Men's pairs Winners Brian Skerten, Imelda Valentine Runners up Col Erhardt, Peter Vlajic.
Scroungers Sat Aug 28th
Robert Johnson, Dianne Neumann, Gary Ryan. Wed Mixed 4's Winners David Vaughan, Trevor Wright, Roger Parker, Gail Parker. Runners up Lorraine Clark, Imelda Valentine, Rachel Mills, Rose Smith

SOLANDER LAKE BOWLS CLUB

Bowls Results – Week Ending 28/8/21
Tuesday 24th - Club Select Triples – Winners: F Hubbard, M Moore, G Pincott. Runners up: J Harris, V Foley.
Wednesday 25th – Self Select Pairs – Winners: T Miquel, R Garfield. 2nd Place: M Zahl, R Zahl. 3rd Place: B Stuart, G Caplick. Jackpot – \$500 - Not Won.
Thursday 26th – Self Select Triples – Winners: D Wilkins, J Gemmell, A Wilkie. Runners up: C Cummins, T McCormick, D Williams.
Friday 27th – Self Select Pairs – Winners: M Wendt, M Dance. Runners up: P Dixon, R Stumbles/V Mitchell, W Mitchell. 1st Round Winners: G Caplick, P Hourigan. 2nd Round Winners: A Lavender, H Steer.
Saturday 28th – Club Select Triples – Winners: P Bottger, T Parker. Runners Up: F Hubbard, B Cook, G Pincott.
Bowls Results – Week Ending 4/9/21
Tuesday 31st - Club Select Triples – Winners: J Watson, T McCormick, D Williams. Runners up: R James, M Hopper, J Stimson.
Wednesday 1st – Self Select Pairs – Winners: P McQueen, G Pincott. 2nd Place: T Miquel, K Reithmuller. 3rd Place: P Ollier, P Hodgson. Jackpot – \$500 - Not Won.
Thursday 2nd – Self Select Triples – Winners: M McKenzie, T Rolfe, J McKenzie. Runners up: M Power, V Fredericks, P Payne.
Friday 3rd – Self Select Pairs – Winners: C Dann, J Dann. Runners up: P Dixon, R Stumbles. 1st Round Winners: S Lupi, S Jameson. 2nd Round Winners: M Boike, R Reilly.
Saturday 4th – Club Select Triples – Winners: M Moore, R Carter, R McLeod. Runners Up: P Carter, L Pettrigrew, J Wall.

Proud Sponsors of Bribie Island Sports

Bribie Island Bowls Club
11-23 Welsby Parade, Bongaree. www.bribiebowls.com Phone 3408 1018

BRIBIE ISLAND LADIES GOLF RESULTS

24/8/21 - Monthly Medal (deferred from 1st July) Single Stroke & Putting
 – Sponsor: Churches of Christ in Queensland. Div 1 Winner: Sylvia White 78 c/b. R/U: Judy Graham 78. 2nd R/U: Suzanne Vallely 82 c/b. Best Putting: Myra Thomsen with 28 putts. Best Gross: Linda Urquhart 94. Div 2 Winner: Wendy Robinson 83. R/U: Ailsa Lauchlan 84. 2nd R/U: Joy Jordan 86. Best Putting: Fizzie Jackson with 30 putts. Best Gross: Ailsa Lauchlan 107. Single Stableford Div 3 – Winner: Hazel McDonnell 36. R/U: Jennifer McKay 34.

2nd R/U: Janis Barrett 32. 3rd R/U: Beverley 26/8/21 – 4BBB Stableford – Sponsor: The Winning Team. Winners: Joy Jordan & Ingrid Coburn 46. R/U: Judy Graham & Gay Burnham 44. 2nd R/U: Nadia Aylott & Mary Barbeler 43 c/b. NTP: Hole 4 – Laura Meijer. Hole 7 – Abby Driver. Hole 14 – Di Binghamy. Hole 16 – Judy Graham. Hole 7 2nd Shot Div 3 – Jody Bedson.

31/8/21 – Single Stableford & Putting. Sponsor: Team Girls. Div 1 Winner: Val Smith 38. R/U: Vicki Jones 37 c/b. 2nd R/U: Judy Graham 37. Div 2 Winner: Ingrid Coburn 38 c/b. R/U: Diane Fitzpatrick 38. 2nd R/U: Anna de Bondt 36 c/b. Div 3 Winner: Lauren Healy 37. R/U: Sylvia Kuhbauch 33. 2nd R/U: Sonia Ferrante 32. NTP: Hole 4 – Myra Thomsen. Hole 7 – Barbara Newcomb. Hole 14 – Di Binghamy. Hole 16 – Suzanne Vallely.

BONGAREE LADIES BOWLS

Tuesday 24th Pairs Winners: Richie and Maureen Ferguson, R/Up: Victor Wright and John Miller
 Friday 27th Paddle Pop Triples Winners: Ferdy Timmerman, John Cockerill, Peter Flynn. R/Up: Bob Vonarx, Leigh Weston, Carol Oates. Tuesday 31st Winners: David Vaughan, Arne Jensen. R/Up: Richard Medhurst, Mike O'Reilly



Congratulations to the winners of the Bongaree ladies triples championship for 2021. Wendy Rollason, Pam Barringhaus and Sandra Scott, pictured with umpire Lorraine Clarke and runners up Maureen Ferguson, Margaret McGarry and Brenda Hutchinson.



Congratulations to Jaarpung Blundell and Gail Parker who won the district novice pairs last weekend. Well done.

BRIBIE BOWLS CLUB

Random Select Fours Sat 21 Aug

1st: M James, R Miles, L Savige, K Oprey
 2nd: J Ferguson, B Priest, H Groves, S Joliffe
 3rd: L Mason, J Noonan, L Hackwood, C Monk
 Out of hat winner: J Oliver, B Doe, F reeves, D Hudson
 Out of hat winner: L Gilmore, P Neumann, B Castle, P Bennett
 Out of hat winner: I McLaren, D Bowers, G Reilly, D Groves

Self Select Triples Tue 24 Aug Winners:

Z Elmore, E Bateman, R Garfield
 Runners up: P Ditchburn, M Te Awa, B Hamer
 Out of hat winner: A Riley, L Wood, B Tanner
 Out of hat winner: R Eaton, F Crockett, L Hackwood
 Out of hat winner: J Neil, R Leth, B Priest

Scroungers Results Wed 25 Aug

1st out of hat: C Stroud
 2nd out of hat: J Falvey

Self Select Pairs Results Wed 25 Aug

Winners: I Cooper, M James

Runners up: S Hose, N Gray

Out of hat winner: K Oprey, G Akeroyd

Out of hat winner: S Mitchell, K Ford

Out of hat winner: A Feichter, D Gibson

Bunny: G Hazelwood, B Snare

Club select triples Thur 26 Aug

1st out of hat: F Grimsey, A Christie, C Hancock

Bunny: R Follett, B Hamer, M Roberts

Self Select Paris Fri 27 Aug

Winners: B Sivyver, M Cherry

Runners up: M Durham, M Prewett

Out of hat winner: G Hazelwood, S Timmins

Out of hat winner: E James, K Laverty

Out of hat winner: G Jackson, F Grimsey

Bunny: B Snare, T Hudson

Random Select Fours Sat 28 Aug

1st Highest Margin: C Hayles, I Smith, R Stevin, M Young

2nd Lowest Margin: G Frew, E Hookey,

V McCutcheon, J Laidlaw

3rd Out of Hat: M Mills, S Hose, H Groves,

L Murphy

Self Select Triples Results Tue 31 Aug

Winners: I McClelland, B Lamb, V Adams

Runners up: C Dean, T Dean, D Merrett

Out of hat winner: B Kinnear, A Kinnear, B Doe

Out of hat winner: T Turnbull, S Mitchell, D

Hudson

Bunny: R Ghest, M Andrews, M Young

Scroungers Results Wed 1 Sept

1st out of hat: C Halley

2nd out of hat: F Grimsley

Self Select pairs results Wed 1 Sept

Winners: S Lobo, W Ritchie

Runners up: G riley, F Crockett

Out of hat winner: P Adams, C Wilkie

Out of hat winner: S Swain, J Howarth

Out of hat winner: S Pool, A Boyd

Bunny: R Ferguson, J Mercer

Club select triples results Thur 2 Sept

1st out of hat: A Christy, D Clark, S Hamilton

2nd out of hat: P Boyland, J Hillier, C Hancock

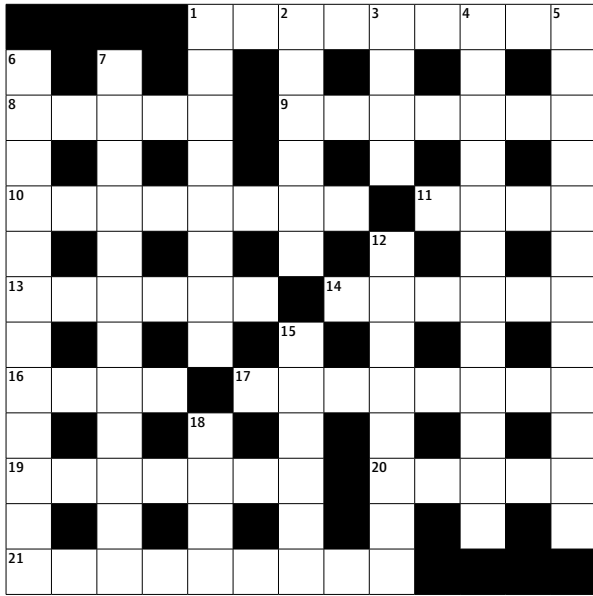
3rd out of hat: M Cherry, F Grimsley,

C KellyBunny: J Murray, C Sambher, S Brown

Are you protected?

www.vaccinebookings.health.qld.gov.au/registerforvaccination/

Crosswords - QUICK & CRYPTIC



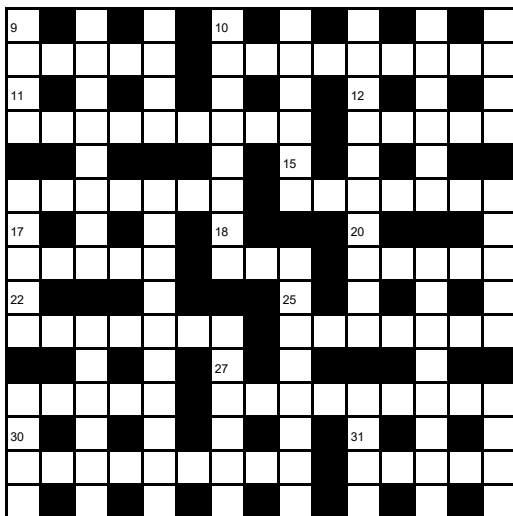
Across

- 1 Cutting — snide (9)
- 8 River estuary between Argentina and Uruguay (5)
- 9 Overall chief (7)
- 10 Inca raid (anag) — it's a combination of industrial gas emissions with water in the atmosphere (4,4)
- 11 Touch with the lips (4)
- 13 Sea journey (6)
- 14 Jinx (6)
- 16 Stolen goods (4)
- 17 One from the island where Napoleon Bonaparte was born (8)
- 19 Marked with blotches (7)
- 20 Aquatic mammal that lives in a holt (5)
- 21 Requiring great exertion (9)

Down

- 1 Historically, the cheapest accommodation on a 13 (8)
- 2 Countrified (6)
- 3 Mountains of south-central Europe (4)
- 4 Chicago (3,5,4)
- 5 Type of running race (5,7)
- 6 Convey a great deal without using words (5,7)
- 7 GP (6,6)
- 12 North African dish of steamed semolina with a stew (8)
- 15 Family car manufactured by Ford since 1993 (6)
- 18 'A man, a ___, a canal: Panama!' (4)

SUPPLIED BY CYRUS



- 20 Indonesia loses a feature to another (5)
- 22 Along those lines but not awake to it (7)
- 25 Ignores editing of tracts (7)
- 26 Strengthen - as appropriate, one hears (5)
- 27 Sad having a show cut short and with Les gone (9)
- 30 Exist, even under pressure and without any real limits (9)
- 31 Describes choppers, loosely (5)

- and progressing (10)
- 7 Not in a union (6)
- 8 It's not what you want when tins are opened (4)
- 13 Pictures of inoculations (5)
- 14 Import lean meat cooked for gymnasts (10)
- 16 Attracts - like pants without hesitation (5)
- 19 Nervous about preparing desserts (8)

DOWN

- 1 Man said to be impressed (4)
- 2 Come about MC involved in business (8)
- 3 Personal supports (4)
- 4 Mostly, given the start of holidays, it runs freely (8)
- 5 Not awake to what's going on as the French record spins (6)
- 6 Loving, deep and meaningful

- 21 Would a shady bordello have an alarm system? (8)
- 23 No issue for Stevenson performing for functions (6)
- 24 Stick with foreign airmen (6)
- 26 Seethe or prepare for lunch (4)
- 28 Still afloat after craft loses bow (4)
- 29 Oriental agreement in view (4)

ACROSS

- 9 Reparation in that one gesture (5)
- 10 Christie's genre where information is set to deceive (9)
- 11 No aid for matinee idols set to rock (9)
- 12 A number see no agreement for eyesight to be corrected (5)
- 13 Gaol for a good man - sick! (7)
- 15 No amateur, waive order to go ahead (7)
- 17 It's the end of Greece, as they know it (5)
- 18 Yeats at a loss - alright? (3)

SOLUTION

EASY crossword Issue 148



CYRUS crossword Issue 148



Kids Page



Strawberry Fields Forever Ice-cream

INGREDIENTS

- 2 medium bananas, sliced and frozen
- 270g can coconut cream
- 1½ cups frozen strawberries
- 2 tbsp pure maple syrup



METHOD

1. Add bananas and coconut cream to a blender.
2. Blend until smooth, scraping down the sides of the blender as needed.
3. Add strawberries and maple syrup.
4. Blend again until smooth, and well incorporated.
5. Pour into 1/3 cup capacity ice-block moulds and insert a stick in the end.
6. Freeze for at least 4 to 6 hours, or overnight.
7. Enjoy immediately!

L	E	L	A	B	E	L	F	F	I	W	P	O	
O	L	L	A	B	Y	E	L	L	O	V	F	O	B
L	S	O	D	O	D	G	E	B	A	L	L	Q	
O	E	O	L	S	L	B	I	W	O	U	B	O	S
L	B	O	W	L	S	A	K	A	C	R	O	T	N
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- | | | | |
|------------|-------------|------------|---------|
| BASKETBALL | BOWLING | FOOTBALL | SQUASH |
| BOWLS | SNOOKER | WIFFLEBALL | POOL |
| SOFTBALL | VOLLELYBALL | CRICKET | NETBALL |
| TENNIS | DODGEBALL | LACROSSE | POLO |
| BASEBALL | GOLF | | |

Find A Word

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Miss Pipi



Ralphie



Chevvy



Scruffy



Pet  Care

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and it places stress on heart, lungs and body as the crowding of soft tissues in the upper airway is obstructive and causes choking. Dogs and cats don't sweat, but rely on panting to cool, so it can also lead to heat stroke and death. Keep the fur family cool this summer!

Look for the pink surfing Meerkat logo at our Clinic, Ningi Plaza.

Phone the clinic for an appointment on 07 54976000 / 0400699704
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OLD SCHOOL VS NEW SCHOOL TRAINING

Part 7 What Is Positive Reinforcement Dog Training?

This method of training has been scientifically studied. It is suitable for any dogs regardless of size, breed, age or disabilities. I have successfully used it on blind and deaf dogs.

It is reward based. Best rewards are highly desirable food for instance, cheese or cooked chicken. Toys or tug games can also be used as a reward. Show a Border collie

a ball and he'll do anything for you!

It motivates dogs and helps them to learn and teaches them desirable behaviours as this is rewarding. Hence, they'll extinguish undesirable behaviours as it doesn't pay.

It helps us to understand how dogs learn. This method of training helps to develop a trusting relationship as there is no force, harm or pain. This will then help your dog to gain self confidence and self control.

The next few articles I will explain how to train your dog using this method.

Happy training

Yvonne

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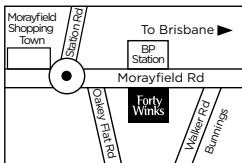
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J552WM-1

Surviving Restrictions

by Bill Peacock



Solution

The past few months have taken their toll on the entire community as we face the restriction imposed to protect everyone from Covid and the delta strain. Our community has several people already living with disabilities, mental Health Issues and other illnesses that leave the immune system vulnerable. As a disability advocate and consultant, I am reminded daily just how delicate the balance is as we make sense of our emotions at a time like this as it alters our existence regardless of age. I continually remind people that this will not last forever and to plan ahead for the days when we will be able to be free of the restrictions, and to take charge of the way in which we can control our living, invite a friend to enjoy a meal, a cuppa over some laughter and maybe do some craft. Pick up the telephone and have a chat with someone in the community is doing it tough.

Always follow the rules when out and about, this is in your control and you can do everything to protect yourself, you cannot control others but can always do what is best for you. One of the people I work with said that he is practicing self-care and doing all the things that he has always wanted to do but never had the time. I became so conscious of the needs we all have for self-care and developed a role play by asking questions of everyone, what would you like to do most to practice self-care and the answers were fast and furious, completing a daily skincare regime, having a massage, playing a game of cards, doing a jigsaw, learning bridge, lessons in IT, cooking, knitting, exercising among so many other self-care ideas. It is important to do this all daily to have a routine.

The body and mind can be stimulated by the simple tasks we set ourselves. A walk in the fresh air to gentle exercise will all add to the sense of wellbeing. Avoid news and social

media if you find them distressing. Make sure that you keep up with your appointments (even if they are Telehealth) focus on all that is good in your life, listen to music or maybe that a person may like to take a bath, meditate sing or read. Write up a mental health care plan for yourself and write down all the things that make you feel positive, peaceful, loved. Social contact and maintaining routines can be supportive for our mental health and wellbeing. In circumstances where this is not possible, staying connected with friends and family online or by phone may assist. Don't ignore feelings of distress and seek further professional support if required. **Keep the telephone number of Mental Health Services Access 1300 64 22 55 handy.**

It has been a very tough time also for our local businesses as restrictions and lockdowns have taken their toll so a group of us decided with Christmas on the Horizon and many

celebratory times that all our gift buying would be planned using local small businesses rather than going to the larger outlets or off the Island. We have set up a shopping plan with advertisers in the Bribie Island Messenger and selecting gifts from Florists, gift baskets, Jewellers and Gift Cards as an example. This is creating a lot of fun and gift buying is a breeze with suitable budgeting. Maybe this is something for everyone to do to support our local community and to self-care. Be Safe.



HELPFUL TIPS



REMOVE HIGHLIGHTER STAINS

Ever wish you could remove highlighter marks from a book? Lemon juice fades highlighter enough to make it virtually undetectable. Cut a lemon in half and get some juice on a cotton swab. Run the swab over the highlighted text and watch the colour fade.

Lemon juice from a container also seems to do the trick. Though not quite as well on the pieces we tested, and the older the mark, the more stubborn it is to remove.

FOG-FREE MIRRORS

Prevent your bathroom mirror from fogging up after a hot shower with car wax. Apply a small amount of car wax to the mirror, let it dry and then buff with a soft, dry cloth.

EASY WAY TO DISINFECT LEGOS

Children's toys are a breeding ground for germs. A dishwasher makes quick work of disinfecting toys that are washable, like Legos. To quickly clean Legos:

1. Drop the Legos in a laundry bag to keep them contained.
2. Run your dishwasher as usual.
3. But, remove the Legos before

the drying cycle, letting them air dry completely on a towel.

This method also works well for other treasures like seashells, dish brushes, rags and sponges.

GET WRINKLES OUT OF YOUR LAUNDRY WITH ZERO EFFORT

Ditch the time-consuming iron or handheld steamer to get wrinkles out of a shirt or slacks. Throw a few ice cubes or a wet washcloth in the dryer with your wrinkled clothes. As the ice melts and the water turns to steam, it will remove the wrinkles.

This trick isn't as effective with heavier clothing but is a miracle

for lighter fabrics. The best part is that you don't have to set the dryer for longer than 10 minutes for it to work.

DRYER LINT FIRE STARTER

To properly build a fire, you need to have tinder (easy-lighting material), kindling (finger-size sticks) and fuel (logs). We all have a readily available supply of tinder: dryer lint! To make fire starters, I stuff empty toilet paper tubes with dryer lint. My dryer lint "logs" light quickly and easily burn long enough to light up the kindling. And I don't have to resort to lighter fluid!



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A GOOD RESULT STARTS WITH A GOOD TEAM



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BEAUTIFUL ROCKWORK ADDS DEPTH, VISUAL LAYERING AND IMPACT TO SMALL AND LARGE SPACES ALIKE. STONE IN ITS NATURAL STATE IS OFTEN THE MOST VERSATILE, TIMELESS AND BEAUTIFUL MATERIAL TO WORK WITH, TO FRAME AND ENHANCE THE OTHER ASPECTS OF YOUR GARDEN INCLUDING PLANTS, TREES OR WATER FEATURES

When asked about how he got started in his business and what makes him stand out from the rest owner Allan Mckavanagh said " My father was a brick/block layer for 30 years. As a kid I spent most of my school holidays as his labourer. I wasn't really thrilled with playing with bricks/blocks by the time I was a teenager.

A few years later I had the opportunity to have a start as a labourer for a local rockwork company, I thought I'd love to try a different aspect of building so off I went, I wasn't able to use my creative abilities as a labourer so I decided to try building with the stone and I quickly found out I enjoyed it. I continued to work with them on and off ever since. Learning and growing as a stonemason.

Then the time came for us to create our own family run business, along with my partner Emma who works full time in child care and still manages to find time to come to site and help me.

We take pride and passion in every job we do, we want to add our unique work to homes for our customers to admire and be proud of. Our work differs within a range of projects, such as rock feature walls indoor & outdoor, fire places, retaining walls, new homes and renovations, letter boxes and entry ways.

To us, we don't just see this as a job, we take passion, care and pride in everything we do and set out for our customers. Creating individual and unique areas for people to enjoy and build lifetime memories in.

We do often say the quality of our work is set in stone.

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 - LETTER BOXES
 - ENTRY WAYS



ALLAN MCKAVANAGH
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STONEAGE.ROCKWORK@HOTMAIL.COM

ABN: 85043807393

Grow It Local Get Ready To Grow It Local!

Are you a green thumb, a window-sill farmer, or a passionate foodie? Want to learn more about growing your own produce or perhaps share the abundance of home-grown goodies from your backyard?

Grow It Local has sprouted in Moreton Bay and provides a free platform where residents and groups are encouraged to learn about and grow fresh produce. Through Grow It Local you can 'put your patch on the map' and connect with others to share your produce, knowledge, seeds, recipes, space, skills and more!

NO PATCH? NO WORRIES!

You don't need a garden to be involved as there are plenty of great ideas and videos to get you inspired. Take a look at the many events happening across our region in spring or join one of Grow It Local's online webinars with presenters such as Costa Georgiadis and Paul West.

The first 100 residents in our region to register on the platform will also be sent seasonal seed packets directly to their address, so pop online and join today!

Grow It Local is your local grow community. It is a celebration of community, backyard, balcony and window-sill farmers and like-minded people across the region and the country.

Local growers can 'put their patch on the map'! You can register your patch, outline what's growing and highlight your interest in connecting with other local growers to share or sell your produce, knowledge, space or skills. Likewise, aspiring growers can log on, see what's growing locally, connect with experts and get involved.

NO PATCH? NO WORRIES!

You don't need a garden to be involved with Grow It Local. You can still register your details as above and connect with others. There are also plenty of great ideas and videos to get you inspired. We will also be running workshops, talks and tours throughout the year which will be free or low-cost.

Grow It Local is for everyone! Individuals, community organisations, schools, clubs, or businesses can get involved so if you live, work, play or go to school in Moreton Bay, register today! Simply head to the Grow It Local website and 'put your patch on the map'.

If you are a local organisation, business or school and want to be involved, we would love to hear from you. Call us on (07) 3205 0555 or email CommunityDevelopment@moretonbay.qld.gov.au for more information.



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Garden Centre OPEN 7 DAYS



THE ANNUAL WILDFLOWER WALK WAS CANCELLED THIS YEAR BECAUSE OF THE DESTRUCTION OF THE WILDFLOWERS.

Every year BIEPA organises a Bribie Island Wonders of the Wallum Walk. Our walk is part of the North Coast Wildflower Festival. Many enthusiasts do all the walks and make the Spring time their special time to visit Bribie.

Queensland National Parks and Wildlife had planned a control burn of the usual Cotterill Avenue site so the suggested alternative was Hornsby Road and then down the fire trail behind Gemlife. Allan Carr (our native plants expert) led a preliminary walk with BIEPA members a week before the advertised walks. The afternoon before the first walk, we met to put out the hundreds of markers to help walkers identify and appreciate the diversity of the wildflowers. You can imagine the huge shock and dismay we all felt when we turned off Hornsby Road to see the mowing down of the wildflowers and the cruel destruction of the trees.

BIEPA appreciates the need for firebreaks BUT:

- couldn't this extension of the firebreak have waited until after the wildflower walks? (one week!)
- there was already more than the required 15 metres cleared, why did it need to be extended to over 24 metres?
- why wasn't the clearing done with respect to our endangered wallum vegetation?
- why isn't there better communication from Queensland Parks and Wildlife and accountability?

A private contractor was employed to do this carnage. Why aren't these private contractors better briefed, supervised and more bush savvy?

AGAIN, because of the lack of thoughtful stewardship, our native habitat and natural beauty have been destroyed.

Glenda Charle (for BIEPA)

TREE CARNAGE

BETWEEN THE LEAVES

By Mick O'Brien Dip.Hort RH-101

With A SPRING In Your Step

Happy spring folks. Well, I have had my head stuck in the garden working away so dutifully these last few months that I am totally amazed now that I have finally come up to draw fresh air. It's September already and with the change of seasons upon us and the expected warmer weather of spring and summer temps in the months to follow, there is much work to be done in the garden.

Firstly though, I find it's best if you can take a snapshot of your garden and any associated problems you noticed through the previous winter months. Such as lawns too damp in the shady areas, not enough sunlight for your fruit trees, weed invasion or any plaguing pest issues. Then set out a plan to rectify these issues so as next winter you may relax with a cup of coffee and a smile on your dial as you hopefully see a direct improvement. We may not be able to rectify the sunlight as it moves north for the winter but perhaps turf is a bad decision in these areas and landscaping improvements may be necessary.

This is my starting point, the point of rectification. You see, if we are chasing our tails in the garden trying to rectify any symptoms that may present themselves to our prized specimens, such as noticeable plant disease or pest pressure, then we may be forever treating these symptoms with no real progress noted.

But it's much easier said than done and the thing to keep in mind is the sustainability of it all. How sustainable is it to

flood your lawns and gardens with ground sourced bore water three times a day for example - just because you can, rather than weaning your plants to a once a week - thorough deep watering which is more beneficial as it will train the plant roots to snatch deep into the soil, rather than getting lazy and producing an abundant plethora of surface roots that have become dependent on us from excessive irrigation.

When you have a good look into your garden you may be surprised by all the thriving life - including beneficial bugs, which may be feeding upon the pest of the day, just like a restaurant lunch menu with chef's specials which reflect the local abundant produce of the season and are offered in a tasty dish, so is nature's biocontrol in the background - just in stealth mode.

Below Image: No chemicals needed here. Biocontrol happening in progress; ladybird beetle *Harmonia conformis*, feasting on Cowpea aphids on citrus!

In this image, the ladybird beetle just snatched the aphid and turned away to devour it, facing the opposite direction. The rest of the Cowpea aphids are temporary citizens indeed. (If you look closely, you will see the poor snatched aphid in the



mouth of the ladybird beetle). Sometimes though by the time the biocontrol insects arrive, the pests have destroyed your crops

and it may be difficult to identify the good from the bad and it may well be all ugly indeed!

And now that spring is here and you have a spring in your step, here's hoping you all take some time to smell the roses this month (with masks off of course) and get a chance to tune into nature and enjoy the great outdoors on this wonderful island!

Left: My flowering *Anthurium andreaeanum*, grew an extra heart shaped spathe offset attached and produced on the original. Just had to share, simply gorgeous! Take care all and see you next segment - "Between the leaves".

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Where Would You LIKE TO LIVE?



If you could no longer manage by yourself in your own home, would you like to live in a place where you could choose how you spend your time from the moment you wake?

Our expectations as we age may be different to those of our parent's generation, but we have one ambition in common. We want to remain in our own homes for as long as possible. We are living longer, and we intend to make the best of the "last quarter" of our lives.

If we need a little help to thrive in our later years, we expect to participate in choosing where we live and the level of support we receive. We want assistance that is tailored to ensure our independence and allow us to continue leading a life of purpose and enjoyment.

If we are obliged to move from our home, we want to live in familiar surroundings so we are able to pursue our leisure activities and maintain our social networks. We want to continue to enjoy the benefits of our beautiful Bribie Island.

WE WANT TO HAVE THAT CHOICE.

Bribie-Moreton Hospice Health Services Incorporated, since being formed in 1997, has ensured local residents have access to affordable, high-quality carer respite and palliative care within the Bribie Island district. We have great respect for the commitment of the many carers in our community and recognise the importance of these services in maintaining a carer's well-being.

Our respite and palliative care services are achieved with

generous community support and through agreements with Suncare Community Services Ltd and with Churches of Christ Care Bribie Island.

Bribie-Moreton Hospice Health Services, established nearly 24 years ago as a community-based organisation, is ready for the next challenge. Since 2018 we have actively campaigned to establish an alternative option for people who need a little support to live well. While nursing homes will continue to meet the high care needs of our ageing population, they should not be the only option that is available to us as we become less independent.

The Association's aspiration to build a small scale, community-based residence is closer to reality. Webster Place, Bongaree will be an inclusive accommodation for people who need support to live well due

to their age, disability, illness or living circumstances. Residents will have privacy, opportunities for community interactions and access to Bribie Island's natural environment.

To design Webster Place Bribie-Moreton Hospice Health Services engaged the international award-winning architect Allen Kong, Melbourne, along with highly regarded Dementia Design Consultant and Architect Kirsty Bennett, Melbourne.

Following a visit to the future building site in Bribie Island Allen Kong and Kirsty Bennett workshopped design principles with our Management Committee. We were delighted with Allen's interpretation of our vision. Webster Place will be a unique two-storey design with 12 self-contained suites under one roof, all connected by verandas, courtyards, and gardens.

At Webster Place, up to 16 residents, including couples, will have the opportunity to find a balance between receiving support and being independent. Webster Place will offer both privacy and the ability to share communal facilities in a home-like environment. In an independent and roomy suite with a private veranda space, residents will surround themselves with their treasured items and retain personal routines, maintain their social contacts, and pursue their hobbies.

The Webster Place community will be governed by an independent Board and managed by a provider with a long and rich connection to the Moreton Bay region. The Provider is keen to redefine the typical view of ageing and will work with us to promote wellness and restorative care programs with the residents.

Webster Place Bribie Island will offer you a place to live where you choose the level of support you receive and how you spend your time. You will live in a place that focuses on living well in the "last quarter" of life.

Maree Cunningham
Honorary Secretary
E: Maree.cunningham@Westnet.com.au

Bribie-Moreton Hospice Health Services Incorporated

New Legislation SMOKE ALARMS!!!

Old ionisation smoke alarms can be slow to react, and may not give you or your loved ones enough time to escape. That's why there's new legislation to install photoelectric smoke alarms, which have been proven to be more effective in the domestic home. **The legislation will be taking place by January 2022**, less than 4 months' time! Upgrading your smoke alarms today is mandatory if they do not fall within the new legislation, but more importantly, could save a life.

TO COMPLY WITH LEGISLATION, INTERCONNECTED PHOTOELECTRIC SMOKE ALARMS ARE REQUIRED:

→ From 1 January 2017: in all new dwellings and

substantially renovated dwellings (this applies to building applications submitted from 1 January 2017).

→ **From 1 January 2022: in all domestic dwellings leased and sold.**

SMOKE ALARMS IN ALL DWELLINGS FROM JANUARY 22 MUST:

- be photoelectric (AS 3786-2014)
- not also contain an ionisation sensor
- be less than 10 years old; and operate when tested
- Be interconnected with every other smoke alarm in the dwelling so all activate together; and be either hardwired or powered by a non-removable 10-year battery.
- When replacing smoke alarms, they must be of a photoelectric type which



CASSANDRA IS BACK! - Following her apprenticeship with us in 2016, Cassandra continued as a fully qualified electrician for another 2 years. Now, after relocating to Bribie Island we are thrilled that she is back on board with Hans Electrical Service again.

From left to right: Hans, Cassandra, Ben, Leyton (Apprentice 2. Year)

complies with Australian Standard (AS) 3786-2014

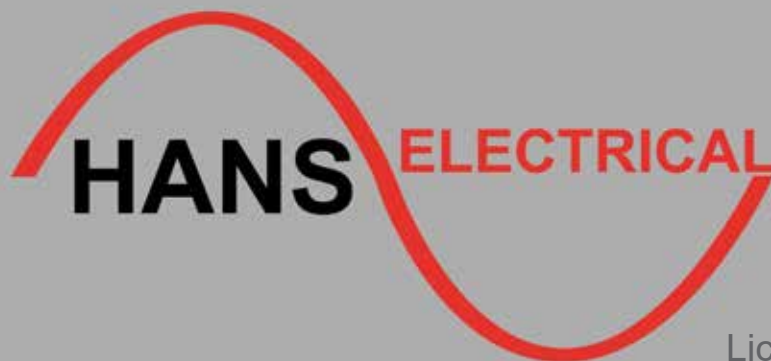
- Existing smoke alarms, manufactured more than 10 years ago, must be replaced (Note: smoke alarms should have the date of manufacture stamped on them).
- Smoke alarms that do not operate when tested must be replaced immediately.
- Existing hardwired smoke alarms, that need replacing, must be replaced with a hardwired photoelectric smoke alarm.

SMOKE ALARMS MUST BE INSTALLED ON EACH

STOREY:

- in each bedroom
- in hallways which connect bedrooms and the rest of the dwelling; or
- if there is no hallway, between the bedrooms and other parts of the storey
- If there are no bedrooms on a storey, at least one smoke alarm must be installed in the most likely path of travel to exit the dwelling.

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performed by the US EPA and its Science Advisory Board have consistently ranked indoor air pollution among the top five environmental risks to public health (Source: <https://www.environment.gov.au/protection/air-quality/indoor-air>). These studies are also supported by the World Health Organisation.

in getting your air conditioner back to “as new” condition. They are accredited by the Air Conditioner Wet Wash Association which means they clean to the ACWWA Wet Wash Guidelines to ensure your air conditioner is not just clean on the surface but all the way through.

On 31 August 21, Squeaky Clean Air Con Sanitising gave away the first of their Weber Baby Q's to Lindsay of Bongaree. This was from the winter special they ran for the domestic customers to get one entry in the draw for each air conditioner they had sanitised. Lindsay had two which shows you don't need 6 to win the draw! There is another one for spring up for grabs that will be drawn on 15 November 21.

IS YOUR AIR CONDITIONER READY FOR SUMMER?

The air conditioners in our homes are really the lungs of the entire household. They suck in all the airborne pathogens which; with the introduction of moisture and humidity create mould, bio-toxins, bacteria, and many other forms of fungi. The CSIRO estimates that the cost of poor indoor air quality in Australia may be as high as \$12 billion per year. In recent years, comparative risk studies

Unfortunately, there is no fresh air component to Domestic Split System Air Conditioners so that increases the likelihood of harmful moulds and bio-toxins building up in these systems. Cleaning the filters is one thing. Having a deep clean of the coil and other contaminated components of your air conditioner is essential to ensuring you and your family are breathing clean air.

Other benefits of sanitising your split system air conditioner include improved efficiency with the reduction of energy consumption by up to 33% and, less wear & tear on your air conditioner allowing it to last longer.

Get in now and book your Air Conditioner Deep Clean and Sanitising and get rid of the nasties, go in the draw for a Weber Baby Q and have your family breathe clean air this summer. Contact Craig & Jamie on 0460 667 510.



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VMR

BRIBIE ISLAND

TRIP TO THE SNOW

We think we have it tough! One of our Radio Operators and his wife had been planning a snow trip for some time. He was keen to "lose a few pounds" to get back into his gear for a well-earned holiday. Leaving by road on 8th July 2021, they were looking forward to 2 weeks of skiing, camping and exploring the alpine region between Jindabyne and Perisher at Sawpit Creek in the Kosciuszko National Park. Normally there are campers everywhere, but at the moment there are only 4 groups of campers.

He said he had given some thought to a possible lockdown, but not a total 2 State lockdown enacted so quickly! Speaking to him the other morning at a chilly minus 3 degrees, he said they see the National Parks Ranger every day checking regos and passes but haven't been stopped by Police as one of them travels 10 km to Jindabyne for supplies from Woolies. He also commented he was lucky he bought a Telstra mobile phone booster which has enabled him to work remotely at his campsite, home now for 9 weeks!

Best wishes from your mates at VMR – you will possibly need retraining by the time Gladys lets you out and Anastasia lets you back in!!!



A beautiful day at their "new home!"

SPRING CLEAN

The last weekend of Winter and with Summer around the corner it's time to check all your safety gear on your vessel and make sure your marine radio is working and you know how to Log On with VMR Bribie, "The Home of Safe Boating" on VHF Channel 73 and 27 MHz on Channel 90. Peter McNamara Radio Officer and Radio Operator Uldis Baltars went around the boat ramps at Bellara, Bongaree and Spinnaker Sound giving our Log On information signs a good clean to remove the Pelican Poo that has built up over the winter months. Our Maintenance Crew was also busy spring cleaning the pontoons and walkways. So, please give us a call when you are going out boating this spring and summer, it will be the best call you make all day.



Radio Operator Uldis Baltars wielding the mop!



Spring Cleaning the walkway.



Checking and cleaning the Sea Pen for Bribie 2.

SUNSET DRINKS

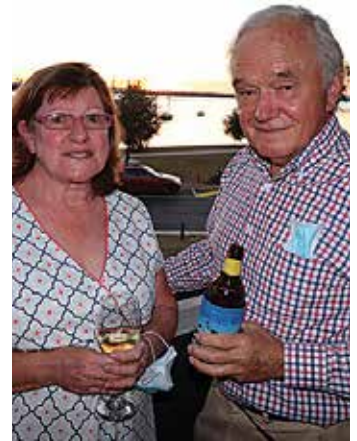
Friday 27th August 2021 – 60 Members attended the August Sunset Drinks, the maximum allowed under current Covid-19 Restrictions. The Social Committee provided a meal of Sausages with Onion Gravy, Potato Gratin, Peas and Bread Sticks for a low \$5.00. Peta Schrodter, Peter McNamara, and Wayne Sclater manned the bar and performed the usual Management Committee tasks as well, due to both the Commodore and Vice Commodore being unavailable. Peter was also the photographer on the evening.



Sunset Drinks lives up to its name!



Nia & Jon Brice (front), toast Sunset Drinks on the balcony.



Lee Anne and Michael West enjoy the return of Sunset Drinks.



What a lucky night at the VMR Sunset Drinks for Paul and Beth Morrow who won 3 out of the four raffles

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YEAR to DATE RADIO ROOM STATISTICS

To Tuesday 31st August 2021:
9,748 Calls, 2,786 vessels logged on,
204 Vessel Assists, 1,199 Sitreps,

559 Requests,
70 overdue vessels, 20 Vessel Tracking,
964 Radio Checks, 5 Weather Broadcasts,
10 Securite Broadcasts, 1 Pan Pan 0 Mayday.
VHF 73.5%, 27MHz 7.2%.



Some of our new members who attended VMR Sunset Drinks Simon and Raylee who won the fourth raffle. Just so happened to be Simon's birthday as well



The On-call crew today had a long slow tow from Tangalooma to Scarborough for this stunning 45 footer and its occupants.



Our BBQ Chefs Ron Burrett, Graham Patrick and Dave Smith.



QFES were at the base last week servicing the pumps that we hold on site in case of vessel fires. We often hold training sessions for skippers and crews alongside QFES in the use of the equipment.



Dave Smith with John, Brenda, and Kaye Hammond.



Paul Gillmore receives his Competent Crew epaulettes from Commodore Liz Radajewski and Gary Bunker. Congratulations Paul.

AUGUST 2021 VESSEL ASSISTS:

MON 09/08 1023am – MOP reported a floating tree trunk off Charlotte Ave Bongaree – investigate and remove.

THU 12/08 1203pm – Member reported a floating log near the Entrance to Pacific Harbour – investigate and remove.

FRI 13/08 0556am – 7.6m Cruiser Member stuck on beach at Woorim required a tow off the beach and member continued fishing.

FRI 13/08 0932am – Non-Member fisherman reported a large floating log in the centre of The Cockle Banks - investigated and removed.

SAT 14/08 0555am – 7.2m Half Cabin non-member with engine problems, required a tow from Southpoint to Spinnaker Sound Marina.

SAT 14/08 0634am – 4.9m Runabout non-member with engine failure, required a tow from Moreton Island to Spinnaker Sound Marina.

SAT 14/08 1642pm – 5.5m Tri Hull non-member with engine failure required a tow from 500m off Cape Moreton Light House to Spinnaker Sound Marina.

SUN 15/08 0956am – 5.8m Half Cabin member with fuel problems required a tow from Bulwer Wrecks to Bellara Boat Ramp.

SUN 15/08 1625pm – 9.5m Cruiser non-member with engine problems required a tow from South Point to Pacific Harbour.

WED 18/08 0949am – Activated by Water Police to search for light plane wreckage vicinity of Long Island.

Own a Boat?

You can join VMR Bribie Island online at www.vmrbricie.com, phone (07) 3408 7596 or call in person at Marine Parade Bellara, benefits include:

- breakdown assistance.
- vessel & contact details recorded in our database in case of emergency.
- access to first aid, radio, and navigation courses plus safety and general boating information sessions.
- regular social events.
- reimbursement up to \$100/per year for tows by other VMR or Coastguard units;

Always remember to LOG ON and LOG OFF with MARINE RESCUE BRIBIE for your safety.

SAFETY DAVE - The Frenchie's Message:



Safety Dave says for this coming holiday period check your LIFE JACKETS:

- do you have the appropriate life jacket for the whole trip?
- are the life jackets suited to the activity being undertaken?

- do you have one jacket for everyone on board?
- are the jackets in good condition and correctly labelled?
- if boating at night, do the jackets have reflective tape on them? and
- do you have an appropriate sticker/label showing where the life jackets are stored?

Many boaters have their jackets still in their original packaging – this leads to lack of effective inspection and the deterioration of the straps. This in turn also makes it difficult to fit in an emergency.

The bottom line – life jackets should not be stowed

and forgotten. They are difficult for a novice to put on in an emergency, and then it's too late to realise they are inappropriate for the intended person in that emergency. Skippers should inspect each before each trip, show all passengers how to wear and have them easily accessible for use, preferably worn.

"BUT importantly – Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

Fishing REPORT

By: Robyn - Bribe Charter Boat Hire

THIS REPORT WOULD HAVE TO BE MAINLY ABOUT THE TAILOR FISHING.

NSW and Qld tailor all spawn at Fraser Island and the annual migration usually comes up the coast from late Autumn through to September. Big schools travel up the outside of Moreton Bay, but plenty come through the Passage, too. It was a very slow start to the tailor run in the Passage this winter, but half-way through August they were “back in droves and only 2 months late”, according to Shane. Seeing the water churning outside Pacific Harbour, he and his mates quickly got into the fray, using pillies, ganghooks and a fast retrieve. But he had to share the tailor with the birds overhead and the dolphins, too. 12-15 dolphins were herding the tailor up, breaching, jumping, somersaulting – making the tailor fishing even more enjoyable! Six tailor were enough for the crew- all 42-43cm long.

A couple of days later, Paul noticed “birds everywhere over the water” off Banksia Beach and headed over in a hurry, re-rigging his rod from flathead to tailor mode. Too slow – there were “heaps of chopper tailor” but they disappeared not long after he was ready for them and he managed to hook just one, only to lose it before he brought it onboard.

Ningi Creek has been a good tailor spot, mainly on a strong rising tide. Damien, Alana and Vince also followed the birds, and using metal slugs and some fast work, got themselves a nice load of tailor, up to 44cm in size.

Tailor are great fun to fish – fast, hard-fighting, chopping up the schools of baitfish. They’ll take pillies but also chase after slugs, soft-plastics or even stick-baits – if you can get the right technique in the retrieve. Strong monofilament leader is a good idea, although plenty

of times the tailor will still bite right through it, but most fishers steer clear of wire trace because of the effect on the lure action.

Remember with tailor, it’s a good idea to bleed and ice them immediately after the catch. Clive recommends the fillet be marinated in lime juice for a while, then floured and tossed in a buttery pan for a quick fry-up. It’s also a good idea to remember the minimum keeper-size is 35cm and the maximum bag limit is 20.

There are still plenty of flathead being caught. With the breeding season underway by the start of September, there’s a good chance of finding quality flathead in the estuarine waters of the Pumicestone Passage. Over the top of the tide, try the banks off the mainland-side of the Passage, using lures. During the falling tide, sit at the draining end of a gutter. Trolling any type of live-bait is best, but gang-hooked pillies are doing the trick, too.

Paddle-tail soft-plastics are a popular way to target flathead – natural colours are advised while the water remains so clear. Anthony used a “pearl” Savage soft-plastic to land his 60cm flathead, near the Sandstone Point Hotel. Ningi Creek and Bullock Creek have both been top spots for the flathead, and Mitch also caught a nice bar-tail on his first ever fishing trip, at the bridge. A few nice flounder are keeping company with the flathead all along the sandbank from the bridge to Ningi Creek; don’t discount them – they’re a good eating fish, easy to cook.

It’s been pretty easy to find good tusk-fish as well lately. Rick and Meike caught four of them – one 46cm - using banana prawns, off Banksia Beach. Dave and Amanda’s three tuskfish were all caught just 50m south of the Ningi Creek marker. Jonah’s was on the north side of the bridge;

taken on a prawn. He caught three big bream in the same spot, using pilchards.

Night-fishing is often a good bet at this time of year, on boat or from the shore with the



right tide. Stuart went night-fishing a couple of days ago and caught a lovely 77cm snapper, at his “secret mark”. Aimee was fishing at the Bongaree Jetty a few nights ago – she went well until 6pm, when the dolphins turned up. She said there were lots of big baitfish about and plenty of tuna jumping.

Out at the Cockle Banks, there are good catches of winter whiting. Bob caught 25 of them, without really trying, and saw a few other boats doing the same. The weather has been good for fishing out there and tides don’t seem to make a big difference. To find the Cockle Banks, head south of the Passage, turn right at the South Cardinal, look for a red buoy and try a few spots around it.

Crabs are another success story. Ken has had good crab hauls, not in the shallows, not south of the bridge, “where they’re not even touching the bait”, but in the deeper sections on the north side. Mick agrees – he’s had his pots not far out from the Spinnaker Sound Marina, in deeper water and has had keeper-crabs almost every time. Brent has put



Damian says: “NE of the Yellow marker near the entrance to Ningi creek, on the run in tide but the tailor went cold about an hour before the top of the tide. Caught the biggest (44cm) on the troll heading south with the out-going tide, in the main channel just adjacent to Pacific Harbour.”

Lastly, Red says he’s been told there are a few good sand whiting turning up at Woorim. That should be fun!

his pots out overnight near Turner’s Camp, out away from the shallows and scored well. Paul and Peter caught two mating crabs, on the hook, last week. They dropped off before they could be scooped up, but an hour later – the same two mating crabs – again! It was a big, fat buck, so they were happy to keep him. Lastly, Red says he’s been told there are a few good sand whiting turning up at Woorim.



Shane, with three flathead and a bream – from the yellow Ningi Creek marker.



Northern Australian BOX JELLYFISH

Chironex fleckeri

This is the most infamous and most deadly of all box jellyfish (Cubozoa). The distinctive box-shaped bell has up to 60 ribbon-shaped tentacles in four groups at each corner. Tentacles can contract in size from many metres long down to a few centimetres, and are armed with millions of microscopic stinging cells (nematocysts) that discharge potent venom upon contact with skin. It is found mostly within 300 m of the shore, but also common near the mouths of creeks and coastal rivers, extending up into estuaries. It is highly dangerous and has caused at least 60 deaths in Australia.

Stings are severely painful; multiple stings produce a series of long, whip-like lines with the affected area quickly becoming intensely swollen and red. Victims may become very sick. The best protection is avoidance, either by not swimming on the coastal

beaches of north Queensland from about October to June, or to wear a lycra (stinger) suits, wetsuit or even normal clothes fully covering all exposed skin. If stung, immediate emergency treatment is absolutely essential, and subsequently, seeking medical assistance. If stung, immediately flood the affected area with vinegar. Do not rub sting with hands, towels or sand. For large stings to limbs, treat as for snake bite, but firstly flooding the area with vinegar, then using vinegar soaked compression bandage to immobilise the affected limb. The victim's survival is ultimately dependent on care and monitoring. Do not move the victim. Monitor breathing and heartbeat and employ expired air resuscitation (EAR) and cardiopulmonary resuscitation (CPR) as required. Anti-venom is available from Surf Lifesaving Patrols on patrolled beaches in northern Queensland.

Box Jellyfish is distributed across tropical Australia from Dampier, WA, south to Agnes Waters, Queensland.

TIDE TIMES

BRIBIE ISLAND & MORETON BAY

FRI 10 Sep	SAT 11 Sep	SUN 12 Sep	MON 13 Sep	TUE 14 Sep	WED 15 Sep	THU 16 Sep
5:48 am	12:13 am	12:52 am	1:36 am	2:32 am	3:48 am	12:00 am
0.23m	1.75m	1.57m	1.39m	1.24m	1.14m	0.61m
12:02 pm	6:20 am	6:52 am	7:29 am	8:20 am	9:35 am	5:29 am
1.71m	0.27m	0.32m	0.38m	0.44m	0.5m	1.14m
6:00 pm	12:46 pm	1:34 pm	2:30 pm	3:40 pm	5:03 pm	11:08 am
0.28m	1.72m	1.71m	1.7m	1.67m	1.68m	0.5m
	6:49 pm	7:46 pm	9:00 pm	10:30 pm		6:26 pm
	0.4m	0.52m	0.61m	0.65m		1.74m

FRI 17 Sep	SAT 18 Sep	SUN 19 Sep	MON 20 Sep	TUE 21 Sep	WED 22 Sep	THU 23 Sep
1:15 am	2:11 am	2:57 am	3:37 am	4:15 am	4:47 am	5:16 am
0.51m	0.4m	0.31m	0.25m	0.23m	0.24m	0.27m
6:56 am	7:59 am	8:50 am	9:35 am	10:16 am	10:54 am	11:30 am
1.25m	1.4m	1.53m	1.63m	1.69m	1.71m	1.7m
12:32 pm	1:44 pm	2:40 pm	3:27 pm	4:08 pm	4:45 pm	5:23 pm
0.43m	0.32m	0.23m	0.19m	0.2m	0.25m	0.33m
7:33 pm	8:29 pm	9:16 pm	9:58 pm	10:35 pm	11:08 pm	11:38 pm
1.84m	1.92m	1.96m	1.95m		1.79m	1.67m2.01m

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The Road Kills Go On and On

By Dr Ken Salisbury

PART 2: PLANNING FOR A BETTER AND DIFFERENT RESULT

THE ROAD KILLS GO ON AND ON AND SOMETHING NEEDS TO CHANGE IF WE WANT TO GET A DIFFERENT RESULT. SEEING ROAD KILLS IN THE MIDDLE OF THE SUBURBS ISN'T WHAT LOCALS EXPECT OR A GREAT ADVERTISEMENT FOR A FAMILY HOLIDAY SPOT.

The crunch time for the animals and the residents is most heavily when they dine and the residents drive; usually from dusk, through the night until dawn. That's dinner time

at the RSL and early start time for tradies coming onto the island or locals leaving for work. That's bad. Some simple strategies could reduce the risk significantly. Like dusk to dawn speed changes in some areas. Cleaning up the mess continues to be an expensive process. The local MBRC Teams may be called on to collect the animals. Their data is written into the MBRC database. Where it occurred, when it occurred, what type of animal it was. Good data for planning mitigation but they are not the only rescuers, so their numbers aren't reliable. Others also collect the carnage. When locals ring the 1300ANIMAL number, they access the RSPCA who may contact a local wildlife carer of Wildlife Rescue Qld. These are people with big hearts who pay for things they do out of their bank account, not the Government's or Council's. The cost comes out of the pockets of the carers, the rescuers, the volunteers and the Charities. Think about the cost if they weren't there such as dead animals rotting like they do on the Stuart Highway. Yuck. To

euthanase one kangaroo costs hundreds. The drugs are controlled and the bodies have to be disposed of by incineration because the drugs are toxic. This is all done at personal expense.

The time commitment is huge. Then there are the Vets who supply their services and yes you guessed it, free of charge.

The impact of development is not a hidden or elusive






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cost to estimate and manage. These consequences aren't unpredictable events. The impact of population growth and the development of land, housing estates, roads and other needed infrastructure


have an impact: a very predictable impact. Doing something is always more complex than it seems. Once you enter the bridge, all public assets are MBRC assets, but the Council is not

free to do as it likes. They are bound by standards set by the State Government. They would be used for example, in setting a speed limit. Engineering standards are great, but locals want actions that consider the nature of the Island and the way locals live on it. They live with the animals and the natural environment and prefer not to see the animals splattered all over the roads on a daily basis. It's very clear that just because an engineering standard says the road and cars can handle 80kmph, that doesn't necessarily mean the road limit should be 80kmph, especially from dusk to dawn. Engineering decisions for roads, bridges, development s etc need to factor in the concept of liveability, environment and lifestyle. That makes it easier for locals' voices to make sense to the Council and the Councillors, many of whom have indicated their concern about the current road kill

situation. How much is the National Park and the Island's flora and fauna worth to the Island? Does it have to be destroyed before MBRC and National Parks realise it's true worth? By then it will be too late. Locals have views about how they want their island's environment, its liveability and their lifestyle to be in the future, but that message doesn't seem to be getting through. The Island gets lumped in with all the other plans. If MBRC keeps doing the same thing over and over, the locals will just keep getting what they've been getting. Maybe it's time to make some changes. Maybe it's time for the Island to have its own unique and sustainable strategic plan.

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Please keep your letters to no more than 200 words or they will not be printed, this enables us to submit a number of letters for everyone to read. The comments and opinions on these pages do not reflect those of The Bribie Islander

LETTERS TO THE EDITOR

Dear Editor,

On Tuesday 24 August while helping signpost the annual "Wonders of the Wallum Wildflowers Walk" we were horrified to discover a tractor hard at work mutilating much of the area within the planned walk which had been cleared with the authorities. This was a contractor for the National Parks & Wildlife Service, and they knew that the event was planned for this week. Presumably, the reason was to clear the firebreak. We had been in this area just a few days previously and can assure you the firebreaks didn't need anything done and apart from the wanton destruction of many native trees and shrubs, the firebreak was not any wider than

previously. Some of the trees were large mature Banksias, an important food source for many of our native parrot and bird species. Many of the trees that were left had had branches ripped away leaving massive scars where pests and diseases can enter to attack the tree causing it to die. The debris from the destruction was left lying on the ground where it will dry and cause a bigger fire hazard than a living tree. If this vandalism had been perpetrated by young people they would have been arrested but this was a National Parks and Wildlife Service "initiative", they are meant to be on the same "team" as we environmentalists and are meant to be ensuring that our little island remains the

Fauna and Flora Sanctuary it is advertised as - no wonder our planet is in the dire straits that it is.

Name and Address supplied.

Dear Editor,

I had to write to state how completely distasteful and inappropriate my partner and I found the picture of a small girl with a dog on your edition 13 August. The child is dressed inappropriately for her age, and it made us both squirm.

We also found the photo of the two young women with their legs up against a Combie van (12 March) blatant sexualisation in this day and age, especially with what has occurred and been

exposed regarding sexual exploitation of women. I sincerely hope you will revisit your views regarding respect for women and children.

Yours sincerely
A G Rae

Dear Editor,

Not only do I enjoy reading your magazine here in Caboolture but I think every issue you do a fantastic photograph on the issues front covers

Thanks again for the good reading
I am 83 and enjoy reading them very much so keep up the good work
Best wishes
Trevor P



Classifieds



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**Neighbourhood
Watch Queensland**

**The September
Neighbourhood Watch
meeting is cancelled.**

Please come and visit us at the Emergency Services
Expo on...
SUNDAY OCTOBER 17th
Sylvan Beach, Bellara
Next Bellara NHW meeting - November 15th
Thank you Stacey Olson - Area Coordinator

CRIME REPORT



BRIBIE ISLAND WRAP June/July 2021

www.mypolice.qld.gov.au/moreton

THE GOOD NEWS AND THE BAD...

The good news is that we are having another coffee with a cop on the 16th of sept 2021 in the bribie island shopping centre. Everyone is welcome to come and chat with us and bring along any questions that you may have, and a friend if you wish.

Also, on the 18th of Sept 2021 Crime Stoppers are helping with the BBQ at the NEW APOSTOLIC CHURCH, 117 Buchanan Road, Morayfield. 1.00PM - 3.30PM

This is aimed at being a family fun day (lots of fun!!) and as we are all fed up with "lockdown" why not come and have an enjoyable day outside with the family, and bring a friend as well.

Another entry for your calendar is the 17th Oct 2021 which is when the BRIBIE ISLAND EXPO is planned to be held; and as this event could not have been held last year, it is planned to be bigger and better than ever and it will, as usual, be held down near the MARINE RESCUE on Sylvan Esplanade. And if you are still friends with your best friend, bring them along as well.

There is one subject that did

surprise me and that was the number of people who said that they did see several homes with blue lights shining in windows during Police Week which followed Remembrance Day on 29 Sept 2021. There really is a strong silent core of people who do believe in the good things in life and are prepared to show it.

Thank you for your support.

The unfortunate part of this report is that everyone who lives in our great state knows that crime is rising and despite the protestations from some politicians, Queensland Police data proves it.

However, there is some good and bad news contained in the data provided by the Queensland Police. An increase in the number of people coming forward to report crimes and domestic violence reflects a greater awareness of the need to confront the scourge of violence within the family home and in the streets.

Conversely, gang led crime remains a challenge that needs to be met forcefully in order to reverse the double-digit increases in property and weapons-related offences that have propelled total offences higher since 2015. Total criminal offences in 2020 recorded by Police were 498,440

which shows an increase from 458,442 in 2015 which is an increase of 9%.

Alarming, the Offences against Individuals has risen by 43% in the same years.

Whilst Townsville garners many of the headlines around youth crime, gang activity within the South East provides a sobering statistic about the rise of concealed weapons and unlawful motor vehicle use. The roll call of the same data shows a 74% increase in the Brisbane City Council area, a 57% jump in the Morton Bay area and a

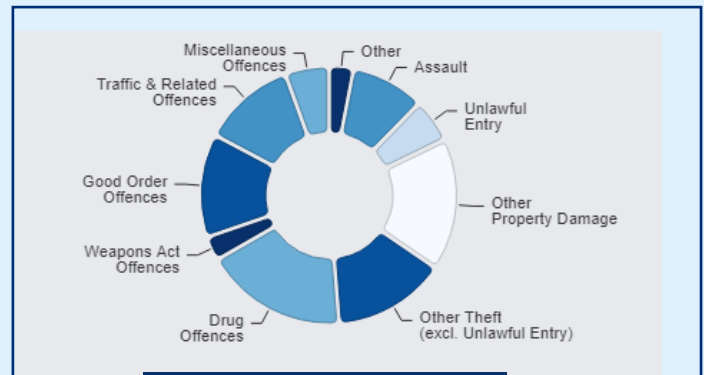
46% jump in the Gold Coast area pertaining to stolen motor vehicles.

So, to all the silent crime stoppers out there, thank you for your support and keep up the good work that you are doing; wouldn't it be good if I didn't have this job.

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76 Offences
7 AUG 2021 — 6 SEP 2021

- Other 2
- Drug Offences 14
- Assault 7
- Weapons Act Offences 2
- Unlawful Entry 4
- Good Order Offences 10
- Other Property Damage 13
- Traffic & Related Offences 9
- Other Theft (excl. Unlawful Entry) 11
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\$3⁷⁵ Bottle

SAVE \$3.75



\$4.17 per Lt

BABYLOVE NAPPIES 22-28s

\$9⁹⁵ Pk

SAVE \$6.05



STRAWBERRIES 500G

FRESH FROM THE FARM

\$2⁰⁰ Punnet



\$4.00 per Kilo

HAPPY CAKES SELECTED VARIETIES 500-550G

\$3⁹⁵ Pk

SAVE \$1.05



HANS SALAMI 200G

\$6⁰⁰ Kg

SAVE \$2.50



\$30.00 per Kilo

TIBALDI PANSIZE BACON

FROM THE DELI

\$9⁹⁵ Kg

SAVE \$7.05



Beachmere IGA

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Shop online: beachmere.myfoodlink.com

ONLINE SHOPPING



Sandstone Point IGA

6am - 8pm 7 Days

PHONE: 5497 6022

Shop online: IGASandstonePoint.com.au

Specials Friday 10th Sept to Tues 14th Sept unless otherwise stated.

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