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MAGAZINE



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ISSUE

200

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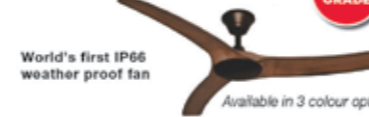
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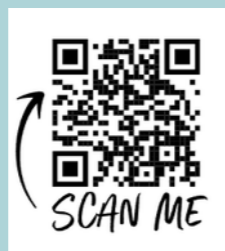
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We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.



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Thank You

This Issue celebrates our 200th Issue!!

The magazine has had many changes since its conception in January 2017, not only in size, staff, ownership, and layout, but the one thing that has remained consistent is the loyalty of our advertisers, contributors and readers. Reaching our 200th edition is only possible due to them. The Bribie Islander has always been a community-based magazine, and that has not changed, nor will it. We are very proud to remain an unbiased gloss magazine with articles on boating, camping, fishing, health and wellbeing, food and wine, sports, and what to see and do on Bribie Island covering charities, organisations, children's activities, arts and crafts, music, gardening, and much more.

With a heartfelt thank you to all of you, we hope you enjoy this edition.

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CELEBRATE YOUR AGE NO MATTER HOW OLD YOU ARE!!!

Gone are the days of toning down make-up hair or dressing appropriately for a certain age. We should embrace our beauty however old we are, whether it be colouring our hair bright red, swiping on purple lipstick, or wearing the latest fashion trend.

There's nothing more liberal than putting on our war paint and updating our looks with a new (or old) style we love. It should simply be about making the most of life without being labelled 'too old' to portray our image in whatever way we feel. Beauty and fashion are all about having fun and putting individual marks on our style.

The challenge of 'appropriate ageing.'

When considering their appearance in public, most women emphasised the need for women "of a certain age" to "make an effort" to appropriately represent their age. But what does it mean to "age appropriately"? For some women, this term is used to imply not dressing in a style that could

be regarded as too young and risk being labelled "mutton dressed as lamb". Styles that revealed "crinkly flesh," such as short skirts, sleeveless tops and low necklines, were deemed inappropriate. Others believe it is acceptable for older women to wear youthful clothing if they still look good. Many women consider dressing like "a little old lady" inappropriate. Shapeless dresses, permed hair and calf-length skirts were all deemed old-fashioned and therefore inappropriate for the contemporary older woman. We know, instinctively, that people, young and old, will look from our threads to our faces and make instant judgements. It will be assumed, perhaps, that we're having a midlife crisis or chasing lost youth. But many have no desire to look young - an impossible quest anyway. Even cosmetic surgery only makes you look like a taut, panicked version of youthfulness - we want to look good. And feel it. A huge part of fashion is making an impression on others, whether we want them to admire, desire, respect, or listen to us. Nobody

but yourself should be able to tell you how to dress for your age. Style doesn't come with an expiration date! Whether you're 10, 30, 50, or 80, you deserve to have fun with your clothes and express yourself.

It's a horrible feeling like you must change who you are just because of your age. Young or old. Dressing how you want and being true to yourself is a simple and surefire way to feel happy and confident. Why does society try to take that away? Personal style is...personal. It might as well be a sin to tell somebody they can't wear something that they identify with just because of their age. Dress for who you are, where you are, who you want to be, and where you're going. Dress for situations, possibilities, and aspirations. We should challenge ourselves and try new things, getting old is cruel enough on the face and the knees as it is - the last thing we need is our clothes ganging up on us, too.

Self-expression doesn't become important, or less special, with age. Style is a behaviour that allows us to visually express our

personalities and preferences. This never becomes unimportant... Self-expression keeps the world interesting and is important for our mental health. And really... As we add more years to our lives, there's more of us to share! We grow, we change, we flourish!

Whether you want to wear a sundress, crop top, leggings, hoodie, ripped jeans, leather jacket, suit, or polyester pants is up to you. It's up to you if you want to participate in the newest trends, stick with the classics, or still love past fads. Age should never be a factor when deciding whether to wear something you like. There shouldn't be any shame in any clothing choice.

Why take away options of expression, simply because of how long or short somebody has been on this earth?

So, stop right there! Next time you're wondering if you're "too old" for something. If you love it and it makes you feel good, go for it, no questions asked. There's no such thing as dressing your age, so dress like yourself.

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COLADA

Last week, we were so excited to be invited to hold our fashion parade at Island Breeze, a lifestyle resort that boasts over 50 social events! As a boutique that is passionate about fashion, we couldn't have asked for a better opportunity to showcase our Spring/Summer Fashion Range. Our models were absolutely stunning, showcasing our vibrant and colorful fabrics that are perfect for the season. We have a wide range of stylish dress designs that are perfect for all body sizes and shapes, along with easy wear pants and tops. Our smart casual jackets in a light cotton-linen blend are perfect for this time of year. To top it off, all of our models wore the best shoe brands in the business, including Cabello, Zeta, and Baretraps. Our shoes strike the perfect balance between fashion and comfort, so our customers can enjoy both when they shop at Pina Colada. Thank you to the committee at Island Breeze for asking us to attend and if you would like us to hold a fashion parade at your next Event please don't hesitate to contact us at Pina Colada.



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WOO HOO! SPRING IS UPON US - YIPPEE!
 Would you like a "No Fuss" way of feeling Amazing without the aid of Mascara, Lash Curlers or Lash Extensions? come and have a **YUMI™ Keratin Lash Lift, WHAT IS A YUMI™ KERATIN LASH LIFT?**

occurring protein present in our hair, nails, and eyelashes. Our lashes gradually lose Keratin due to exposure to sunlight, chemicals in cosmetics, and pollutants. Lashes also become weaker and more prone to fallout as we age..

- The treatment turns the natural lashes upwards and gives them curl, length, height and volume, and lasts between 6 and 12 weeks. A "Push Up Bra for the Lashes"



NOT ALL LASH LIFTS ARE EQUAL!

Our hero ingredient - Keratin - Inside YUMI™ products is where science meets beauty and differentiates us from other Lash Lift systems. Keratin is a naturally

- The hour and a half treatment is Really relaxing. Clients have likened it to a therapy experience, where they can come and switch off and just relax for a while from our busy lifestyles.

- Either the Yumi™ Nourishing

Serum and Yumi™ Biotin Serum (which gently stimulates the growth of lashes) is recommended to continue to nourish lashes and give longevity to the Yumi™ Keratin Lash Lift - available to purchase at appointment.

- Vouchers for the Yumi™ Keratin Lash Lift are also available, and is a Great Gift Idea for Birthdays, Special Events or Christmas Gifts

Follow on Instagram, Facebook and check out the Website for gallery of pictures and more info

Vanessa Taylor

M: 0412 273 530

Facebook: Forever Vee

Instagram: @vanessa.taylor.forever.vee

Website: ForeverVee.com



- Vanessa is a local resident to Bribie Island, with a love for Health, Lifestyle, and Community.

- Her Lash Lift and Beauty studio is based in Banksia Beach
- Bookings are available by prior appointment throughout the week (evenings and weekend by special request)

- Support Local especially Small Businesses!

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Bribie Simply Healthy

By Heenam Kim

Nerve Damage / Nerve Pain - Alpha Lipoic Acid.

If you feel tingling burning stabbing or shooting pains in your feet or your hands then you may be suffering from some type of nerve damage. Nerves in your body carry electrical signals from your brain and spinal-cord through your nervous system. Sometimes the very end of these nerves can become damaged, which often causes a sharp shooting pain, especially in the fingertips. In more severe cases, you may notice numbness and loss of balance for weakness in your muscles. This type of nerve damage is called peripheral neuropathy.

It can be caused by various issues such as high blood sugar levels, drinking too much alcohol, poor blood circulation, or deficiencies in certain nutrients. There are certain vitamins that you can consume to heal the nerves quickly and naturally, restoring normal feeling and sensation in your hands and feet and relieving Nerve Pain.

You can take 600 mg of alpha lipoic acid three times per day to heal and repair your nerves. This is a natural antioxidant that your body produces, and it's often used to alleviate symptoms like nerve pain tingling and prickling sensations in the feet, legs and hands. It works by improving blood flow to your nerves, helping to nourish them and repair them from oxidated damage. It also aids in the transmission of electrical signals through your nerves to your brain as they naturally should. You can also increase your intake of this by consuming high-quality organ meats and red meat, such as beef, liver cod liver, or grass-fed beef.

Some people come to the health shops seeking alternative ways to improve

their health when they are exhausted with potential medical intervention, especially when doctors are unable to diagnose their condition or are reluctant to operate due to the patient's weakness.

Alpha Lipoic Acid (ALA) and Cancer:

ALA alone has been shown to decrease cell viability and proliferation in breast, ovarian, colorectal, and lung cancer cell lines, and had demonstrated synergistic with chemotherapy. ALA also been found to reduce cell migration and invasion in thyroid cancer cell lines.

While our bodies make ALA and it can be found in certain foods, when taken as a supplement, you are receiving a much higher dose of it than your body naturally produces.

Alpha Lipoic Acid is a very powerful antioxidant that can neutralise harmful free radicals in the body. It helps replenish glutathione and vitamin E, aiding in their rejuvenation. Antioxidants function as scavengers for free radicals, essentially soaking up these highly reactive molecules that can cause oxidative damage to cells and tissues. Over time, this damage can accumulate and contribute to the aging process as well as age-related diseases such as cardiovascular disease, cancer and neurodegenerative disorders.

ALA also serves as a chelator to help detoxify the body from mercury and other heavy metals, which can also produce oxidative damage. ALA binds to these metals and aids in their removal from the body, making it effective for mercury detoxification.

Due to its lipid antioxidant properties, ALA is particularly effective in areas of the body that contain lipids, such as nerves. Nerves are lined with a lipid or fat layer called myelin. Therefore, for conditions like multiple sclerosis (MS),

an autoimmune condition affecting the nerves, ALA can help minimise side effects.

ALA counters oxidation free radicals, it crosses the blood brain barrier, protects the myelin sheath, also help the mitochondria in producing more energy. It serves multiple functions in promoting overall health.

Emotional Stress and Multiple Sclerosis (MS)-Epigenetics

In regards to Multiple sclerosis (MS), they usually have some experiences of a difficult childhood related traumas and consequently suffer from high emotional stress. When you address these issues and overcome the traumas, the health often improves dramatically. It's important to remember that you can let go of these traumas and move forwards a better future.



I specialise in helping people with Anxiety and Depression using techniques such as EFT (Emotional Freedom Technique), NLP (Neuro Linguistic Programming), Emotion Code and Clinical Hypnosis. If you have any concerns or issues, please come and talk to Kim at Bribie Simply Healthy.

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Andrew Brown
Principal Physiotherapist

Since completing his Masters of Physiotherapy, Andrew has refined his physiotherapy skills by working within a number of private musculoskeletal clinics and hospitals, as well as treating one of Brisbane's premier league soccer teams.

Andrew's warm and compassionate nature, combined with his expertise, ensures that you'll receive exceptional care and support throughout your treatment journey. He is committed to empowering you to achieve your goals and improve your quality of life.

With Andrew as your physiotherapist, you'll experience a personalized and holistic approach to your wellbeing as he celebrates wins with you - from being able to lift a child pain-free, to returning to a playing field.

Outside of the clinic, Andrew is a family man with three young children. When he's not making the most of his quality time with his kids, you might find Andrew training in the gym, playing sports, or passionately playing his drums.

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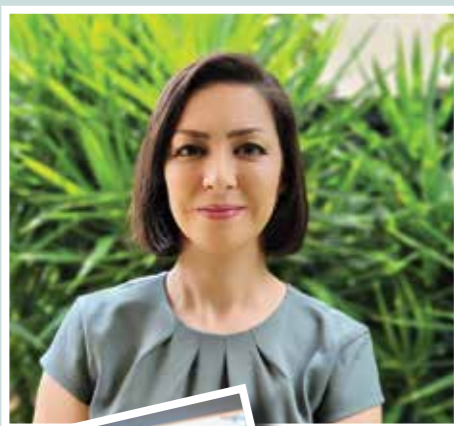
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CONVENIENTLY LOCATED ON BEAUTIFUL BRIBIE ISLAND, BRIBIE ISLAND MEDICAL CENTRE AND ELYSIAN MEDICAL CENTRE ARE BOTH FULLY ACCREDITED, FAMILY FOCUSED GP CLINICS, READY TO LOOK AFTER YOU AND YOUR LOVED ONES.

Both Medical Centres are committed to providing caring, high-quality medical service to all, from children & families to the elderly. Patients visiting either medical centre can expect professional service from the moment they arrive. Our clinics are based on a philosophy of delivering comprehensive care with all of your health services under one roof. Getting to know our patients is a key part of our business along with providing a warm, caring, environment.

We have male and female GPs available across both clinics with a multitude of expertise. The doctors at Bribie Island Medical and Elysian Medical Centres are well trained with experience in all things GP. Each doctor also has their own special interests, including but not limited to:

- Chronic disease management
- Women & Men's health
- Childhood health and vaccinations

“Dr Ensieh Madhkhaneh Fahani (Dr Ensi), has joined the team at Elysian Medical Centre. Dr Ensi is available Monday – Friday. **She is currently taking new patients**

Dr Ensieh has many years experience. She graduated from Medical school in 2009 in Iran. She moved to Australia with her family in 2019 and commenced practice.

Working in different fields such as - Emergency department - Geriatric acute care - Endocrinology department - Opioid dependency therapy - Cosmetic dermatology, she has great knowledge and skill for managing various medical conditions in General Practice.

Dr Ensi speaks English and Farsi/Persian.

She has keen interest in

✓ Geriatric Medicine : Chronic conditions management including hypertension, kidney disease, cognition disorders, asthma, COPD, etc.

✓ Endocrinology : thyroid disease, diabetes mellitus, osteoporosis.

✓ Women's health : contraception, antenatal care, abnormal bleeding and infection.

✓ Paediatrics health : immunisation, regular growth checks, infections, behavioural problems.

✓ Preventative health: cancer screening, immunisation

✓ Mental health : depression, anxiety, sleep disorders.

✓ Dermatology : acne, eczema.,

Also she is interested in weight management, iron deficiency management and arranging advanced care directive.



NEW PATIENTS WELCOME
ELYSIAN
MEDICAL CENTRE
3/45 Benabrow Ave, Bellara 4507
Phone 07 3410 7425

Dr Lalit Mohan, has joined Elysian Medical Centre. He is taking new patients, and is available Monday to Friday.

Dr Lalit Mohan has experience in Cardiology, Accident and Emergency medicine and General practice. Dr Lalit is passionate about all areas of General Practice with special interest in chronic condition management and preventative health. Lalit enjoys watching cricket, movies and travelling. He also speaks Hindi and Russian.



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- Monday-Friday: 8am to 5pm
- Saturday: Closed
- Sunday: Closed

ADDRESSES:

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Fax: (07) 3410 7461
elysianmedicalcentre.com.au

Bribie Island Medical Centre
15/19 Benabrow Avenue
Bellaar QLD 4507
Phone: (07) 3408 1288
Fax: (07) 3408 1100
bribieislandmedical.com.au

Dr Mike Esmailzadeh has joined the team here at Bribie Island Medical Centre. Dr Mike will be available Mondays, Tuesdays, Wednesdays and Thursdays.

He is also taking on new patients.

Dr Mike, who graduated in 1996, has many years' experience in General Practice as well as teaching. He has commenced his practice in Australia in 2019.

Dr Mike is a driven GP who enjoys all aspect of General practice and has an appreciation for the complexities of Chronic Conditions Management such as Diabetes, Cardiovascular disease, Chronic Kidney Disease, Asthma and COPD as well as Mental Health.

Areas of interest:

- ✓ Chronic disease management; Diabetes, IHD, Asthma, COPD, CKD.
- ✓ Weight Management
- ✓ Men's health
- ✓ Mental Health
- ✓ Dermatology
- ✓ Family Medicine
- ✓ Minor Surgeries



NEW PATIENTS WELCOME

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MEDICAL CENTRE

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SEVENTH ANNUAL MEMORIAL
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2023



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BUGG, Dalma May-Ann
Late of Bribie Island, formerly of Wynnum, passed away on 11 September 2023, aged 69 years.

Loved Daughter of Lloyd & Alma (both dec'd). Much loved Sister of Lloyd (dec'd), Lynell (dec'd), and Nola. Loved Auntie and Friend.

Dalma's funeral was held on Tuesday 19 September 2023, and she was buried at Hemmant Cemetery on Wednesday 20 September 2023.

The best choice for LOCAL, hand-made Unique Gifts.

The gift shop at the Bribie Island Community Arts Centre is your one-stop place for gifts on all occasions.

The gift gallery is a treasure trove for all, with beautiful, original and lovingly made items, ranging from baskets, ceramics, resin work, wire art, jewellery, pottery, macrame, large and small textile works and of course, wonderful paintings of many styles. There's also lovely hand-made cards to stamp your choice.

Come in, browse and store away ideas for the Christmas season, which is edging closer - or for graduation, birthdays or just Thank You gestures.

Our stock of art and craft works is forever changing and expanding, and thanks to our wonderful 3D display chief, Carol Smedley, always has eye-catching appeal.

Our many visitors keep Carol busy replenishing and restocking.

All items for sale at the Arts Centre are by members of the Bribie Island Community Arts Society.

Inquire how you can sell your art here at info@briieartscentre.com.au or call at the Centre, 191 Sunderland Drive Banksia Beach.



26th September – 15th October
 The First Bribie Printmakers 2023 Annual Exhibition "Print.ed" will again feature original prints by these talented printmakers. Alongside the usual printed pieces, this year's exhibition will feature individual printbooks, miniatures, circular prints, drypoint prints, and prints taken from recycled coffee cups from Café 191.



A LEAGUE OF NATIONS TO BATTLE BULKY BEDDING ITEMS.



Sandy's Sheet Service has come a long way in the last couple of years, starting with just Sandy, a washing machine and two clotheslines, to now with Sandy, five staff, four washing machines, two efficient dryers and 13 clotheslines!

She is constantly being asked "Are you still in business, as we haven't seen any ads in the paper?", but put simply, she has been so busy she didn't have the time or the need to advertise. As we now approach the "bedding change-over" time of the year, she thought it would be appropriate to remind everyone of the excellent service she provides to launder the Winter bedding and freshen up the summer bedding that has been stored over Winter, ready for the warmer months.

The growth in her business has meant her taking on more local staff to cope with the volume of doonas, blankets, quilts, mattress-toppers and oversized bulky items, as well as the typical sheets and bedding for her regular clients, who need their bedding changed on a weekly or fortnightly basis, not-to-mention the

numerous Airbnb-type properties she services.

To achieve this, Sandy has employed more new staff members, all with very diverse backgrounds and countries of origin. Sandy laughs... "It's a little like the League of Nations" with two Aussies, one Thai, two Philippines, one Pakistani, one German (now Aussie) and one Ni-Van from Vanuatu, all of whom are Bribie locals. Sandy has an incredible, enthusiastic team, who all love what they do. The girls are all delighted that Sandy has taken on a man for her latest position, as he can help them with the heavier items, that are sometimes more difficult to handle, even for Sandy's Sheet Service.

So, if you think you could use some help with your regular linen or your oversized bulky items sometime soon, call Sandy on 0409 385 611 or email her at gregorysandy@yahoo.com.au to get your linen picked up, professionally washed, sun-dried, ironed and returned to you, either in a basket or directly onto your bed. Sandy's Sheet Service team will always be happy to help you, with a friendly smile on their face.

Sandy's Sheet Service

- Laundering service for sheets & bulky items**
- * Sheets, bedspreads, doonas, covers, blankets, more
 - Free pick up & delivery for Bribie and surrounds
 - * All items professionally washed, sun dried & ironed
 - * Bed stripping & remaking available
 - Full linen rental service available
 - **GIFT VOUCHERS AVAILABLE**
- Call Sandy on 0409 385 611**
gregorysandy@yahoo.com.au



Don't Miss Bribie's First Nature Festival!

From Friday 20th to Sunday, the 22nd of October the island will be abuzz with a fantastic range of events, including creative workshops, talks, studio art trails, cruises and guided walks - all showcasing our unique environment and creative talents.

This festival allows residents and visitors to experience and learn more about our beautiful island. Every day for three days there will be activities to participate in with many free events. We partnered with organisations who were already active in promoting nature and creativity and asked if they would like to be 'under the umbrella' of this inaugural event and we were delighted so many came on board so that we could showcase another side of Bribie. The Arts Centre, the Library, the Museum, the Butterfly House, Ferryman Cruises and most importantly, PIEEC, BIEPA and many local artists said YES - let's celebrate our unique culture, flora, fauna - our place and our people.

One highlight of the festival program is a free talk on Sunday 22nd, at 10 a.m. at the RSL by Jerry Coleby-Williams. Jerry is a garden designer, horticulturist, conservationist, plant curator, TV and radio personality, and a very entertaining presenter! Jerry will talk about Creating a Biodiverse Garden, which will include how he established and maintains his award-winning sustainable house and sub-tropical resilient garden. Jerry has recorded 560 species of animals that either live in or visit his garden, including 26 species of native bees.

Also, on Sunday at the RSL University of Queensland academics Joshua Wilson and Lena van Swinderen will provide a talk about the incredible migratory shore birds that grace our shores after traveling extraordinary distances. We will learn about the life



histories of these travelling birds and what threats they face on their journey to Bribie Island.

For bookings visit www.bribieislandnaturefestival.com.au

If you didn't already know we have the talented author Professor Gary Crew living on our island who runs regular creative writing workshops at the Bribie library. Gary will be running a special writing workshop for the festival on Friday morning, the 21st, at 10 am which is aimed at helping budding authors develop ideas for a novel, short story or illustrated book, based on ideas developed from found objects. This workshop is nearly booked out, so if you miss this special event as part of the festival, check out the library for the other writing workshops Gary holds.

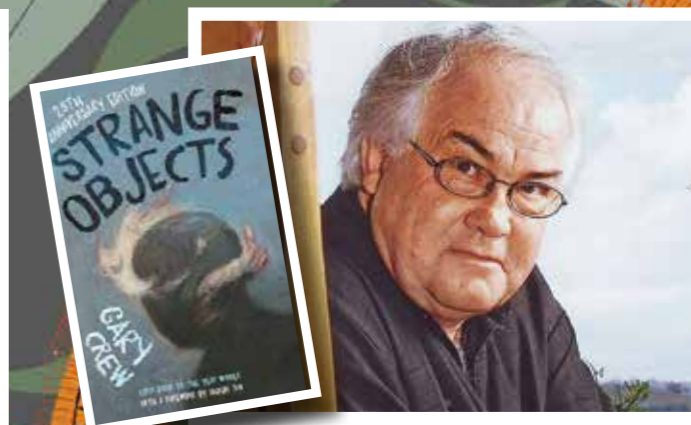
We are lucky to have some of our local artists run workshops that focus on the natural beauty of our island. The environment inspires Sam Pettigrew and uses a variety of mediums - from lino print to porcelain. She focuses on botanical artworks, including the genres of landscapes, birds, animals and plants from her studio upstairs at Pier Lifestyle - a boutique gift shop on the Esplanade. As part of the festival program, she will run a block print workshop on Saturday 21st, from her idyllic studio overlooking the Pumicestone Passage, where participants will design and print two tea towels or an apron. Sam is an excellent tutor (she is also a children's swimming instructor) and it's a small class, so if the sound of this takes your fancy, then book now! And if you haven't been to the boutique or the studio yet, do go check it out - it's another piece of paradise in the passage.

The festival program also features two workshops at the Butterfly House on Saturday. The morning one is focused on children and entomologist Dr. Kit Prendergast will do a presentation, children will make a puppet, and there will be a guided tour - which will more than likely result in butterflies landing on you - a delightful experience - so wear something bright or flowery! The afternoon one will also be led by Dr. Kit and will explore the critical role of the exploration of the importance of birds and bees as pollinators.

If you fancy a walk exploring and learning about our precious wallum and quirky plants, there are a couple of opportunities on the program, which will be led by local botanist and flora and fauna expert Ben Timmings from Gondwana Surveys. Ben is an engaging, passionate and entertaining presenter, so take your pick from a short stroll or a longer foray into our local habitat and learn about the fascinating plant and animal relationships whilst discovering the ecology and evolution of Bribie.

The festival program includes over twenty different activities, and quite a few have sold out already, so book now to avoid disappointment.

**For bookings or info: www.bribieislandnaturefestival.com.au
Enquiries: info@bribieislandnaturefestival.com.au**



Block Print Work Shop!



Butterflies on show around Bribie

If you look around, you'll notice more butterflies fluttering around Bribie Island with the warmer spring weather. The colourful orange and black Monarch, also known as the Wanderer (*Danaus plexippus*), is one of the common butterflies starting to hatch and we'll see more of them around the island.

Male Monarchs have two distinguishable black dots on their hindwings. They can live up to 5-6 months which means the females will be laying lots of eggs too. The baby caterpillars take around nine days to hatch and will continue eating and growing for 5-6 weeks before they pupate. You can plant **Yellow Milkweed (*Asclepias curassavica*)** or **Redhead Cotton Bush (*Asclepias curassavica*)** to attract them to your garden.

The Monarchs belong to the Danainae subfamily and includes the following butterflies which you'll also find on Bribie:

Lesser Wanderer (*Danaus petilia*)

Wingspan: 60mm
Males have 2 black spots
Host plant: Yellow Milkweed (*Asclepias curassavica*), Redhead Cotton Bush (*Asclepias curassavica*)

Common Crow (*Euploea corinna*)

Wingspan: 82mm-84mm
Host plants: *Cynanchum carnosum* (Mangrove Milkvine), Oleander (soft tips), *Secamone elliptica* (Corky Milkvine)

Eastern Brown Crow

Wingspan: 70mm-75mm
Host plant: *Trophis scandens*

Black and White Tiger (*Danaus affinis*)

Wingspan: 75mm
Host plants: *Cynanchum ovalifolium* / *arnosum*

Blue tiger (*Tirumala hamata*)

Wingspan: 90-95mm
Host plants: *Heterostemma acuminatum*, *Secamone elliptica* (Corky Milkvine), *Cynanchum carnosum* (Mangrove Milkvine)

Bribie Island Butterfly House
206B First Ave, Bongaree
Open: Wednesdays and Sundays, 10am-4pm
www.bribieislandbutterflyhouse.org



Look out for the colourful monarch caterpillars and butterflies.

Become a social butterfly

LOOKING FOR A WAY TO GIVE BACK TO YOUR COMMUNITY AND SUPPORT THE ENVIRONMENT HERE ON BRIBIE ISLAND?

We're 100% run by volunteers and offer a place where visitors can learn more about these amazing creatures. We have a range of roles and sessions to suit your availability:

- Butterfly breeding
- Hydroponics gardener
- Gardener
- Tour guide
- Butterfly House Attendant
- Plant foster carer
- Front office assistant
- Maintenance operator
- And many other opportunities

For more information visit our website www.bribieislandbutterflyhouse.org/volunteerroles
206B First Avenue, Bongaree - Woorim,



WHAT IT IS TO BE A BRIBIE PINK DRAGON

You are one of a group of women, from the Bribie Pink Dragons, ranging in age from 35 to 89, all dressed in pink, standing in pairs waiting to load the boat for your very first dragon boat race. You are not to be underestimated because you have been training for this moment for some time. You look around you and see other paddlers, just like you. Who are they? At first glance you could mistake them as formidable foes, experts, or athletes, but that's where you would be wrong.

They have all stared adversity in the face and emerged victorious, with strength and courage that inspires awe. Some are singing, some dancing to the background music and some, like you, are just standing quietly, thinking, with mixed emotions and respect in their eyes. At that moment you feel a shiver down your spine as you realize that all these women are not just competitors but warrior survivors, just like you.

Then everything changes, you no longer underestimate your ability or your team's ability to race competitively. You feel strong, resilient, and triumphant.

You know that you have won the biggest battle in your life. You feel determined and energised. You are ready for this race, but suddenly, winning does not seem so important anymore. What truly matters is the indomitable human spirit that refuses to be defeated. So, the next time you find yourself sizing up the competition, remember you are a survivor in a pink dragon boat. You belong to Bribie Pink Dragons and that your human spirit can overcome anything with resilience, determination, and a dash of pink.

This article was inspired by the International Breast Cancer Paddlers Commissions' newsletter article, "What it is to be a Dragon Boater."



Come and Try Dragon Boat Paddling With...

BRIBIE PINK DRAGONS

15th OCT 2023
9am Kalmakuta Drive Park, Spinnaker Sound

We invite everyone especially breast cancer survivors, family, friends and supporters to come and experience the magic that is part of our unique team.

WHAT TO WEAR - Shoes, Casual wear, Hat and Sunscreen. We will supply everything else.

Contact Leonie 0418 782 334, Judy 3408 0051 for more details
E: bribiepinkdragons@gmail.com

Busy Fingers...

DONATIONS THIS MONTH

With the help of our supporters and the many customers that come through the shop, we have been able to assist many associations on the island this month, including our permanent assistance to VMR for fuel, Hospice for the Palliative Care Suite, and the monthly assistance with Foodbank and Fuel for BI Global Care. We have also assisted The Bribie VMR to instal a much-needed lift to accommodate the disabled and elderly attending functions, enabling VMR to hold more functions to raise funds for their ongoing costs. The Bribie Social Seniors meet monthly to entertain their members and they run several bus trips to bring people together and enjoy a day away allowing them to make some new friends, we have supplied the bus for next month's trip. The BI Retirement Village needs a new shed to accommodate the many mobility scooters that some residents have to help keep them mobile. We are assisting the RSL Subbranch's Children's trip to Canberra next Year ANZAC DAY, 48 students from our 3 schools go down every two years to

be involved in the parade and morning service. Once again, we will be assisting the Camp Quality Picnic with ice creams this year and also, the PCYC is conducting a Basketball After Dark Program on Bribie to entertain and help teenagers make new friends; it will be held every 3rd Saturday of the month 4 pm - 7 pm, we will assist with hall hire fees and BBQ needs. The BIEPA group which is expanding their environmental work with a broad range of new projects has requested assistance in obtaining a Marquee with signage and accessories.

We thank all our donors and customers for their continued support in raising funds to enable us to support the many organisations on the island.

CHANGES IN SHOP

We have made some changes to the shop layout, which has given us much more room to add more clothing racks, we hope customers find it easier to locate what they are looking for. Starting next month, we will be placing small, coloured dots on the labels of clothing, this does not affect our customers or the prices, it is a trial, an internal initiative that will allow us to monitor which clothes are selling and which ones need to be recycled elsewhere. We ask customers not to remove them; thank you for your cooperation in this matter.

CASUAL RELIEF POSITION VACANT.

Busy Fingers has a casual position available for a Relief Manager/Cashier; this position will entail relieving the Shop Manager on the last Friday of the month and also cover sick and holiday leave of both the Manager and Cashiers. Duties include opening and closing the shop, answering the telephone arranging pick up of donated goods and delivery of purchases and supervising staff,

approximately 16 workers in attendance per day. An occasional Saturday morning from 7 am to 12.15 pm may be required.

Previous relevant experience would be favourable, but training will be provided to the successful applicant. Remuneration: Casual rates for retail.

Please call 3408 1014 and ask for either Stacey (Shop Manager) or Pauline (President) or send in a resume to busyfingers1@bigpond.com

REQUEST FOR PRESENTATIONS AND DONATIONS:

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs; we also help the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance, please include a contact name and phone number and also a current equipment quote (from an island business if possible); tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com Please be aware we only support Bribie Island associations and groups, not individuals.

I want to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra

TRADING HOURS

HOURS 8 AM TO 3.30 PM Monday to Friday and 8 AM to 12 on Saturday Morning.



Reasons Why Buying Second-Hand Clothes is Better for You and the Planet

PART 1

As more and more people are waking up to the severe environmental impacts of the fast fashion industry, people worldwide are searching for more sustainable ways to shop. This has led to a vast (and very well deserved!) surge in popularity for second-hand clothes - and we are here for it!

Buying second-hand fashion has many benefits that ripple far beyond your wardrobe. It allows you to find unique items, experiment with your style, discover absolute bargains, and promote a more sustainable and circular future for the fashion industry. A pretty good combination, right? So, whether you are looking for ways to buy more sustainably or are looking

to add some individuality to your wardrobe, here are our top reasons why buying second-hand clothes is better for both you and the planet:

Buying Second-Hand Clothes Keeps Items in Circulation

First, buying second-hand clothes helps keep them in circulation for much longer. This means it's not just good for you; it's also better for the planet. We can all play a part in promoting a more sustainable fashion industry, and one of the best ways to keep clothes out of landfill and reduce their impact is to keep them in circulation for longer. Keeping clothes in use for nine months can reduce their carbon, water and waste footprint by 20-30%. Buying second-hand clothes is a super simple and effective way to extend their active lifespan and

keep them in circulation and out of landfills. It's a win-win!

It Saves You Money

Buying clothes second-hand costs way less than buying new all the time. Over time, this can lead to a considerable amount of savings. It's important to remember that just because second-hand clothes are cheaper, it doesn't mean they are bad quality - most of the time, it's the opposite. Shopping for second-hand clothes often presents the opportunity to find high-quality clothes without the premium price tag. Plus, clothes being worn to death and then sold is a total misconception of second-hand clothes shopping. In reality, many people only wear fast fashion items a handful of times before they are ready to let go of them and get something new. This means

that second-hand fashion stores like us here at Re-Fashion often list items as good as new. Some even still have the tags on them!

You can discover unique items that you'll love

One of the best things about shopping for second-hand clothes is the opportunities it provides to discover unique items that no one else has. Part of the fun is in the hunt, searching through one-of-a-kind items until you find the perfect one for you. Whether it's a vintage coat or a shirt from a few seasons back, buying pre-loved fashion will help you add a unique twist to your wardrobe rather than having hangers filled with the same fast fashion items everyone else is wearing.



Busy Fingers Op Shop
38 Cotterill Ave, Bongaree

GREAT BARGAINS ON CLOTHING, SHOES, ELECTRICAL, TOOLS, TOYS AND MUCH MORE

VOLUNTEERS ALWAYS WELCOME **FREE PICK UP AND LOW COST DELIVERY**

PH 3408 1014
Mon-Fri 8:00-3.00, Sat 8.00-12.00

Bongaree Bowls Club

Invites you to their Fashion Show at

54 Toorbul Street Bongaree, on Friday 6 October 2023 at 12:30 pm

To secure your spot simply give us a call on (07) 3408 0005 Tuesday or Fridays between 10:00 am and 11:30 am.

If you prefer, you can also reach out to Carolyn Merritt on 0400 846 995 or Jo Hersley on 0407 637 928

We can't wait to see you there!



Enjoy an afternoon of FASHION and FUN with Raffles and Lucky Door Prizes

\$20.00 per prepaid ticket which includes a glass of Wine or Bubbly on arrival and a Sumptuous Afternoon Tea

Garments supplied by



KATHY SANKEY'S POSTIE FASHIONS

Mobile 0409 199 074

Bongaree, BRIBIE ISLAND, QUEENSLAND

Email: dnksankey@bigpond.com





wednesday nights

\$15
main meals*

wide selection of meals available
available from 5.00pm

*does not apply to all main meals, only the select meals

bribieisland golfclub ERNAZZA

THURSDAY NIGHTS

Steak and Prawns

250g Rump Steak, garlic prawns, chips and salad

\$23

Senior Lunches

AVAILABLE MONDAY TO FRIDAY
11.30AM TO 2.00PM

- NORTHERN RIVERS ROAST PORK
- BEER BATTERED FISH AND CHIPS
- CHICKEN SCHNITZEL AND CHIPS
- CHICKEN CAESAR SALAD
- SEAFOOD CATCH
- BANGER AND MASH

STILL ONLY **\$12** EACH

Saturday Lunch Specials

\$17 includes a pot of beer, glass of wine, pot of soft drink or coffee

menu changes weekly

Lunch 7 Days From 11.30am And Dinner Wed To Fri From 5.30pm
Links Court Woorim Ph 3408 1457



Mojo Mama Events Bribie is a wonderful initiative birthed this year by two of our inspiring local Mums, Eileen Tiller and Miranda Murray. After connecting last year, the women quickly became friends, bonding over real, at times raw conversations, including the long fertility challenges they had each faced to create their young families.

Miranda and Eileen share a purpose of supporting the local community, particularly Mums and their families. Early on, their conversations regularly echoed the stories they heard from local Mums of loneliness, isolation and the challenges they felt whilst juggling small humans and they wanted to create positive change here, on and around the island.

And with that - Mojo Mama was born! This dynamic duo launched their first

event on International Women's Day - a beautiful social brunch bringing Mums and their littlies together to connect, celebrate each other and re-ignite their social mojo! It was a hit!

The women have continued to run social events for Mums this year and pride every space they create on being a safe environment of no judgment and no competition, hosting child-friendly social brunches and Mama-only dinner events.

They are passionate about supporting local small businesses too and run child-friendly business meetings for Mums, held mid-morning which is aligned with juggling small children, as an alternative to traditional early morning breakfast meetings or early evening cocktail networking events, when the "witching hour" for young families of

the dinner, bath, bed routine often requires all hands on deck at home.

Women can come together to share their business knowledge and wisdom, celebrate the wins, support each other through the challenges that small businesses face, inspire, motivate and lift each other up.

Their most recent event stemmed from that desire to support local vendors with a highly successful and beautiful boutique, Twilight Laneway Market, at the Bribie Island RSL in July.

By popular demand, they are bringing this Twilight magic back next Friday night, 5-7 pm, 29th September.

Come soak up the community vibe at this family-friendly event, and help the Mojo Mama team support some fantastic vendors and have some fun!

TWILIGHT LANEWAY MARKETS
FRIDAY 29TH SEPTEMBER
5PM-7PM

BIBIE ISLAND RSL
THE SOCIAL CAFE
TOORBUL STREET
BONGAREE
BIBIE ISLAND

FAMILY FRIENDLY
FACE PAINTING
LIGHT UP BALLOONS/
TOYS
LIVE MUSIC



Photo by: Dear Tilly Photography

Service the way it is meant to be.

By Cherrie Wilson

Wo know you are getting the best quality you can buy from a butcher and a butcher you can trust. One that can answer any questions you have, and for customers like me, your butcher needs to be able to educate them on how to cook specific kinds of meat.

I went to Bribie Road Butchery, which has been under new management as of last December, to check it out! I found the store's exterior clean and well-presented, a must for me regarding food-related services.

Then, upon walking into the shop, I found a display of well-presented meat arranged nicely with attention to detail that looked fresh and inviting. The products looked like they had been cut with precision and care, not like they had been hacked to bits with no consideration.

These things are vital as a butcher is responsible for maintaining a clean workstation and abiding by food safety and hygiene standards. Well, so far, so good, I thought!

I then had the pleasure of meeting Trent and Lacey. Both had beaming smiles and a welcoming demeanour. I instantly felt relaxed and happy to ask the questions I wanted to know; top butchers are always willing to go the extra mile. They are always ready to answer questions, offer advice, and even make suggestions when you (like me) are still determining the best cut for certain dishes.

Speaking to Trent, he told me he is a fourth-generation butcher and has been in the trade for over 15 years. He has worked in all facets of the business from the ground up. From export plants, boning rooms and, of course, in retail.

Trent learnt to make an extensive range of small goods when working at Tairo Meats and Bacon, who specialise in manufacturing a vast range of small goods.

Trent started working at Bribie Road Butchery in December last year. His efforts within the business gave the owner the ability to retire and leave the shop under the management of Trent. Lacey then joined the team full-time, and together, they worked on providing an experience for the customers, taking pride in their attention to detail around the quality of meats, using only the best beef, lamb, pork, and chicken.

JBS is their trusted beef partner, whose products are underpinned by a strong focus towards food safety and quality systems. JBS Australia is recognised as Australia's largest and most respected meat and food processor, with a strong portfolio of leading beef, lamb, pork, salmon and value-added branded products.

They use Lamb of Tasmania, who deliver unique quality and consistency across their product range of lamb products, selecting the best meat from the best grass-fed lambs produced by the best farmers to become Lamb of Tasmania.

Bribie Road Butchery makes all their jerky and Bolton in-store and is made from specially selected hormone and steroid-free Aussie beef, just as nature intended. Their jerky is processed using the finest ingredients and undergoes a slicing, curing, flavouring, and drying process, taking in excess of 24 hours. The result is a full-flavoured, well-textured 'REAL MEAT' jerky that has an intense flavour that will last. There are ten unique Beef Jerky flavours, including the award-winning jerky, Tennessee Whisky,

Rosemary & Honey. Taking out 1st, 2nd & 3rd prizes at the Australian Meat Industry Council Regional Smallgoods Competition for the Jerky/Biltong category shows you will surely get a fantastic mouthwatering jerky!

Trent and Lacey are also very community-minded. They love to help the local community and collaborate with other small businesses- for example, their work with Australian Buffalo Sauce. Australian Buffalo Sauce is a family business that is highly passionate about their love for hot sauce, and now they have the perfect combination teaming up with Bribie Road Butchery. BRB is dedicated to serving our community and ensuring that each family they reach can experience the satisfaction of a delicious meal. Your smiles and happiness fuel their passion and inspire them to continue delivering exceptional products and service.

Trent said, "Whilst we are a diamond in the rough, we plan to continue to provide our customers with top-quality meats and seafood, and this year, for Christmas, we will be making all of our own hams."

I recommend Bribie Road Butchery; you have to try the range of to-die-for sausages, which were outstanding! I will also definitely be booking my ham and I would advise booking your Christmas ham now, so you don't miss out!!! This is how service should be: friendly, helpful, but above all, simply delicious. But don't take my word for it. Stop into Bribie Road Butchery for yourself, and you will be glad you did!

Traditional Butcher Shop In-House Smoked Smallgoods Restaurant Quality Steaks.

FROM SUCCULENT SEAFOOD TO SIZZLING STEAKS,
WE'VE GOT YOUR CRAVINGS COVERED



0499 730 701
929 Bribie Island Road, Ningi,
info@bribieroadbutchery.com.au



WEEKDAY EATS
Specials



It's A Steak Out
MONDAYS

200G STEAK SERVED WITH YOUR CHOICE OF CHIPS & HOUSE SALAD OR CREAMY MASH & SEASONAL VEGETABLES, PLUS ONE OF THE FOLLOWING SAUCES: PEPPER, MUSHROOM, DIANE, CREAMY GARLIC & WHITE WINE, RED WINE JUS, BEARNAISE, GRAVY*.

NB: All sauces are Gluten Free.

\$20 SPECIAL OFFER



Two For Tuesday
TUESDAYS

PURCHASE TWO MAIN MEALS FROM THE 'TWO FOR TUESDAY' MENU AND PAY JUST \$35. CHECK OUT THE DAILY SPECIALS BOARD FOR TODAY'S SELECTION*.

\$35 SPECIAL OFFER



Parmie-Palooza

WEDNESDAYS

A CHICKEN PARMIGIANA SERVED WITH CHIPS AND SALAD OR CREAMY MASH & SEASONAL VEGETABLES*.

\$20 SPECIAL OFFER



Spice It Up

THURSDAYS

YOUR CHOICE OF ONE, TWO OR THREE AUTHENTIC CURRY DISHES SERVED WITH SCENTED RICE & ACCOMPANIMENTS. MILD, MEDIUM OR HOT HOT HOT!*

SPECIAL OFFER FROM \$20



Kids Eat Free

FRIDAYS

KIDS EAT FREE FROM THE LIL' NIPPERS MENU*. ONE COMPLIMENTARY KIDS MEAL WITH EVERY MAIN MEAL PURCHASED.

\$FREE SPECIAL OFFER

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*Terms & Conditions apply. Subject to availability, not available in conjunction with any other offer, not redeemable for cash, not transferable. Offer may be changed at any time at manager's discretion. Images are for illustrative purposes only. Not available on Public Holidays.

PEANUT BUTTER Drip Cake

A DARK CHOCOLATE SPONGE IS SANDWICHED AND COVERED WITH PEANUT BUTTERCREAM, DRIZZLED WITH A RICH CHOCOLATE GANACHE THEN TOPPED WITH CHOCOLATE BISCUITS AND SWEETS.

For The Sponge

- 80g dark cocoa powder (we used Green & Blacks)
- 350g light muscovado sugar
- 1 tbsp espresso powder
- 300ml boiling water
- 300g unsalted butter, softened, plus extra for greasing
- 150g dark chocolate, roughly chopped
- Six medium free-range eggs, fridge-cold, beaten
- 1 tbsp vanilla bean extract
- 220g plain flour
- 1 tsp bicarbonate of soda
- 1 tsp baking powder

For the peanut buttercream

- 225g unsalted butter, softened
- 250g smooth peanut butter
- 375g icing sugar
- 1 tsp vanilla extract
- ½ tsp fine sea salt
- 2 tbsp milk

Method

For the chocolate ganache

- 150g dark chocolate (at least 70% cocoa solids), finely chopped
 - 300ml double cream
- You'll also need
3 x 20cm sandwich tins, greased and base-lined with non-stick baking paper & an electric mixer



Heat the oven to 170°C/150°C fan/gas 3½ Put the cocoa powder, 100g of the muscovado sugar and the espresso powder into a large measuring jug. Pour in the boiling water and whisk with a balloon whisk until smooth.

In a medium pan set over a low heat, melt the butter and the remaining sugar until dissolved. Add the dark chocolate and slowly melt together, stirring occasionally.

Once melted, take off the heat, pour in the cocoa and coffee mixture, beaten eggs and vanilla bean extract, then whisk with a balloon whisk until combined. Sift the flour, bicarb and baking powder into a large mixing bowl, then pour over the chocolate mixture with a pinch of salt. Gently mix with a balloon whisk to form a smooth batter.

Divide the batter equally between the prepared tins and level using a spatula. Bake for 20-25 minutes until the sponges have risen and a skewer inserted into the centre comes out clean. Cool for 5 minutes in the tin, then turn out onto a wire rack to cool completely.

Meanwhile, make the peanut buttercream. Put the butter and peanut butter in a mixing bowl and whip using an electric mixer until light and fluffy. Add the icing sugar, one-third at a time, whisking between each addition, until smooth and stiff. Whisk in the vanilla, salt and enough milk to make a mixture that spreads easily.

Once the sponges have cooled, use a serrated knife to level the tops, if needed. Put 1 tsp buttercream in the centre of a cake plate or stand, then put the first sponge in the centre. Smooth a 5mm layer of buttercream on top of the first sponge, then repeat with the next 2 sponges until all 3 cakes are stacked on top of each other. Smooth a thin layer of buttercream all over the cake - don't worry if you pick up some of the crumbs - this layer is called the 'crumb coat'. Once the cake is evenly covered, transfer to the fridge to chill for 30 minutes.

Cover the cake with the remaining icing in a smooth layer, then return to the fridge while making the ganache.

Put the chocolate in a large heatproof bowl and the cream in a pan set over medium heat for the ganache. Slowly bring the cream to the boil. As soon as it starts to bubble, pour over the chocolate and leave to stand for 2 minutes. Stir until the chocolate has completely melted, then transfer the ganache to a piping bag.

Snip a small hole at the bottom of the piping bag and pipe the ganache steadily and generously around the edge of the cake so that some of it runs down the side, creating the 'drips'. Once you're happy with the drips, cover the top of the cake with the remaining ganache. Smooth with a palette knife, then return to the fridge to set for 30 minutes.

Decorate with your favourite chocolates or sweets - we went for Oreos, M&M's and Kit Kats. Be creative!

NEXT TIME YOU DECIDE TO THROW A PARTY, CONSIDER HAVING IT OUTDOORS. AS THE WARMER MONTHS APPROACH, IT'S FUN TO TAKE ADVANTAGE OF THE NICER WEATHER AND DINE AL FRESCO WITH YOUR FAVOURITE PEOPLE. AND WHEN THE TEMPERATURE DROPS, GET A FIRE PIT AND HAVE PLENTY OF BLANKETS AVAILABLE SO EVERYONE CAN STAY COMFY.



make a list

Keep a running list of everything you'll need to do and check it off as you accomplish each task. Include your grocery list, beverage list, music, games, setup, and whatever else is needed for the party. Your lists should be easy to alter and add things as you think. Also, have a guest list and put a mark by people's names when they accept or decline.

invitations

Even for an informal outdoor party, sending out some invitations is a good idea. It can be sent through snail mail, email, or even a phone call or text message. You'll want to be specific with the date, time, and location where the party will be held. Include the party type, whether it's a pool party, outdoor BBQ, birthday party, etc.

Add a quick note on the food served so your guests know if it's appetisers or a meal. Jot down any particular information if your guests should bring anything, such as a swimsuit and towel, a dish to pass, or BYOB. If you plan to play outdoor games, include that too, so your guests will know to wear more casual clothes and comfortable shoes. Be sure to request an RSVP to know how many people to plan for.

menu considerations

Planning a menu for an outdoor party doesn't have to be daunting. Offer a buffet with various food options, such as vegan or gluten-free, to ensure everyone can enjoy something they enjoy. Another thing you may want to consider is having a potluck. It allows your guests to share their best dishes. Serve the food buffet style so you don't have to serve everyone. Have a way to keep hot foods hot and cold foods cold. Position the serving table near an electrical outlet for food warming trays. Place a shallow pan of ice beneath platters of items that must be kept cold. Round out the meal with an assortment of desserts. Cookies, fresh fruit, or other simple finger food desserts that are easy to eat are good choices.

beverages

The best hosts offer a variety of beverages to their guests. If you choose to serve alcohol, provide some non-alcoholic options for those who choose not to imbibe or consume less alcohol. There is also nothing wrong with setting up a BYOB since everyone has specific preferences. Put your beverage station in a different location from the food area. This can prevent a bottleneck when everyone is trying to get something to drink and eat. Have a cooler or ice chest filled with enough ice nearby.

trash and dirty dishes

If you're using paper products, have at least one trash can available. Keep an eye on it and empty it before it starts to overflow. You'll also need a place for everyone to put their dishes and glassware after they are finished. This can be a table or plastic bin you set in an out-of-the-way location. Having this system already in place will also make the post-party cleanup easier for you. Seating for an Outdoor Party Provide plenty of seating for everyone. You can use a variety of seats from your patio set, lawn chairs, and folding chairs as long as they are in a secure position and on a level surface. Another option, if the lawn is dry, is to have blankets for those willing to sit on the ground.

shade and light

If you're hosting an outdoor party during the day, have some places with shade so your guests can get out of the direct sun. This can be a patio with a roof, a tent, an awning, or an outdoor umbrella. A nighttime outdoor party needs plenty of lighting. It doesn't necessarily have to be bright as long as your guest can see well enough to move about and converse with others. Use string lights, lanterns, candles, and other lighting you may already have in your outdoor area.

decorations

If you like colourful decorations, you can go

all out at an outdoor party. Hang colourful lanterns, put up a piñata, and pull out your brightest tablecloths. Even your place settings can be as colourful as you want. Don't be afraid to mix and match colours and textures as you decorate.

plan the playlist

Every party needs music, so work on your playlist based on your invited people. If various generations are attending, offer music that spans the decades. Keep the music upbeat, happy and fun. When playing the music, there's no need to blast it. Just keep it at an even level of sound so people can chat together and not have to yell over the music.

potential noise issues

Outdoor parties can become quite noisy if you allow them to. If you know that your neighbours object for any reason, consider bringing the party indoors after a specific time. It's also good form to invite the neighbours. If you do this, they're not as likely to complain about the noise.

have fun

The most crucial element of your outdoor party is to have fun. The event is finally here, so mingle with your guests, take the time to talk to everyone you invited, and enjoy yourself. If your guests see you laughing, chatting, and having a good time, they're more likely to enjoy the party as well.

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Wine lander



In the 1980's Australia had a huge lake of wine so much so that a lot of the premium juice was finding its way into the four litre casks which of course made them outstanding value at around four dollars for a cask. The answer according to the South Australian Government was to pay the wineries \$5 per vine that was pulled out which effectively got rid of many of old vines and restored the land back to being just a pasture. Several years later Australian wines took off all over the world and we had a huge shortage so it doesn't pay to make a kneejerk action, if that action had been delayed the industry would have benefitted enormously. This brings me to the current state of the industry which has suffered since questions were asked of China in regards to the pandemic outbreak and which led to the introduction of huge tariffs effectively shutting down our business over there resulting in an oversupply here and insufficient world markets to pick up the slack. As China removes the tariffs on various products, which at the moment doesn't include wine, even if it did it would not be

enough to prevent Australia's wine industry facing years of oversupply. According to a Rabobank report says, even in a "best case Scenario' with tariffs removed this year and Chinese consumption of Australian wine recovering quickly, this would not be a panacea with Australia's wine industry still facing at least two years to work through the current wine surplus. While this isn't good news for Australian winemakers there is an upside for consumers with the oversupply keeping prices of many quality Australian red wines at competitive levels. To give you an idea of just how much wine is lying around in Australian wineries at the moment it equates to 859 Olympic swimming pools and each pool contains around 660,000 gallons, I think you now get to see the scale of the problem. When the China-Australian Free Trade Agreement was signed in 2015 and reduced the tariff on Australian wine from 14% to zero it helped double Australian market share in China from 12% to 24% which was mostly premium quality red wines. Before the tariff embargo wine sales accounted for 18% of Australia's export volume and 40% of the export value at its peak. To make matters worse the introduction of tariffs coincided with an exceptional growing season and the 2021 vintage increased 36% year on year which even without the tariffs would probably cause an oversupply. Added to this the Chinese have begun to transition away from wine as part of a broader decline in alcohol consumption however the consumption of wine has been greater than beer or spirits. Also in the United Kingdom Australian wine imports have fallen from their peak in 2020 as off premise sale decline following COVID reopening and the effect of rising

inflation which peaked at around 10% earlier this year. Although sales to the UK and US will remain key export markets for Australian wine UK Government imposes involving higher duties of 20% on a bottle of Australian wine will probably have an impact on sales. Once again to offset the oversupply situation there is now talk of reducing acreage to reduce the amount of wine being produced unless new markets can be found. One of the largest impacts will be on contract winemakers who rely on the larger companies buying their wine when sales are at their highest so there are uncertain times ahead. This week Liquorland have Hardy's Tintara out at \$18 which is about \$12 down on the normal price, Sisters Run Cabernet Sauvignon 2 bottles for \$30 instead of \$40. The Grant Burge '5th Generation' Cabernet Merlot is still \$12 The Wynns Coonawarra 'The Sidings' Cabernet Sauvignon is terrific value at \$15 and for something really special The St. Hugo Coonawarra Cabernet Sauvignon is \$42. It would appear that there are many terrific wine offers out there and a visit to Dan Murphys or First Choice Liquor would probably be the way to go. Cheers, Philip Arlidge arlidge@bigpond.com.au

Joan Collins
Age is just a number, it's totally irrelevant, unless of course you happen to be a bottle of wine.

John Osbourne
It is widely held that too much wine will dull a man's desire, indeed it will in a dull man



Beachmere District Community
The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12

Bribie Island BICA Markets
The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets
The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

Queensland Cancer Council
The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets (Farmers Market)
The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

Banksia Beach Market
Bribie Harbour Shopping Village is held on the last Saturday of each month 8am to 2pm

The Bribie Island Comm Plant Nursery
The Bribie Island Community Plant Nursery is open Tues to Sat 8 am to 12 pm

The Bribie Island Lions Market
2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie & District Woodcrafters Assoc
Contact president: 0415 237 167 Bribie Island Gem Club Open Day & Markets on the last Sunday every month 8am -12pm At 191 Sunderland Drive, Banksia Beach.

"The Bribie Bowls Euchre Club
meets at the club each Monday at 12 Noon. Fun afternoon. Contact Lorraine on 0414802733."

CHARITY MONTH

THROUGHOUT SEPTEMBER THE CLUB WILL BE FUNDRAISING TO SUPPORT FIVE FOUNDATIONS THAT HELP FUND MEDICAL RESEARCH INTO MAJOR CANCERS AND DISEASES - BRAIN CANCER, PROSTATE AND TESTICULAR CANCER, BLOOD CANCER, BREAST CANCER AND PARKINSON'S DISEASE.

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SO, YOU WANT TO BE A WRITER?

Most of what I've learnt about writing has come from the act of writing. Why write? Is it a pastime? A vocation? Is it for money? My writing is observational and personal. I'm not a novelist.

And I'm sorry to have to break it to you ... but not everyone who writes will become a published writer. Like ... not everyone who sings in the shower will perform at the Opera House. C'est la vie! But that doesn't mean you shouldn't write, sing, paint or create a garden maze from cacti.

TEN LESSONS ABOUT WRITING

1. Just write

The way to become a writer is to – you guessed it – write. Letters, poems, songs, whatever, and don't censor yourself.

Believe in yourself and have a go. The more you write the better you'll become.

2. Read

Read a range of books and articles. Reading is to writing what seeing is to drawing. Wide reading provides the tools to create your own unique style.

3. Learn from other writers

I'm addicted to books about the art of writing. My writing heroes include E.B. White, David Sedaris and Stephen King. Check out Stephen King's excellent book – 'On Writing'.

Years ago a colleague introduced me to the 'circular driveway' concept of writing. Start with an idea, write all around the idea, then return to your central idea in the last paragraph. I still use that concept in my essays.

4. Find your own voice

Each of us has a unique voice ... a unique way of looking at the world. Firstly, write as you speak. Then read your writing aloud. How does it sound? Does it make sense?

5. Write what you know

The best way to succeed as a writer is to write what you know. If you know about artificial intelligence, write about it. If you know about bromeliads, then writing about them may be the best way to get started. If you're a born storyteller, then tell your stories ... in your own words.

6. Eavesdrop and keep a notebook

I have hundreds (well, lots) of notebooks overflowing with overheard conversations, and my own weird thoughts and observations. You think you'll remember things – you won't.

7. Find the best word

The English language is a treasure trove of nourishing words that can explain things precisely as well as move the reader to tears and laughter. Use a thesaurus to find the best word for your purpose. Once you've written, examine each sentence forensically to see if you have chosen the best word for the job.

8. Respect your reader

You're not James Joyce or Hilary Mantel. Unless you intend to grow a beard and write obscure poetry in a garret, express yourself clearly and concisely. Write so your reader understands you.

Use punctuation. Correctly. This shows respect. Writing is about engaging the reader and communicating with them. Write something you'd like to read.

9. Rewrite

Yes, it's an essential part of the writing process. Step away from your writing and let it incubate overnight. When you revisit it, you'll find ways to sharpen and improve your work.

10. Just write

Like I said at the beginning – just write!

About Sue Wighton

Sue is a retired Courier-Mail columnist and occasional contributor to The Bribie Islander.

She's also a singer/songwriter and a humorist (apparently), performing for social clubs and at festivals.

Sue published a book of her columns in 2020 called 'Accidental Writer'. The book is available on Amazon and Booktopia, or directly from Sue.

You can contact Sue through her website (<http://suewightonaccidentalwriter.com>) or send her an email (s.wighton@optusnet.com.au)
She has also been known to bake.



Learn to draw Nature

Drawing Inspiration's 10th Learn to Draw Workshop

In union with BIEPA's upcoming NATURE FESTIVAL, Peter Schinkel invites you to a morning of fun and creativity at the Bribie Island

Community Arts Centre.

His pupil's often say they can't even draw a stick man, but the drawings you see here are by people who "couldn't draw" the day before the workshop. All it takes is learning the basic principles of line, shape, perspective and tone. Combined with being in a learning environment and having one-on-one time with Peter, you'll be drawing anything you love from NATURE all in time for lunch.

The workshop is for all nature-lovers aged 18+ and will run on Sunday, 22nd October from 9:15am to 1:00pm.

All materials (pencils, paper, eraser) supplied.

Bookings are confirmed upon payment of \$45. For all bookings and inquiries, please email Peter on peterschinkelau@gmail.com or call 0436 320 848.



Artists of Bribie: a permanent ART TRAIL

SPECIAL EVENT

OPEN STUDIOS

21st and 22nd
OCTOBER 2023

10am - 4pm

WOORIM	Studio Alice
BONGAREE	Glenda Charles Geoff Ginn
BELLARA	Treecreate Studio Corinne Purcell Studio 511
BANKSIA BEACH	Rebecca Thompson Art Studio 9 1109 Studio Kathrin Dierich Chained to the Wheel Pottery
NINGI BEACHMERE	Artclique Lyne Marshall Wisteria Fine Art Studio



DOWNLOAD THE MAP

www.artistsofbribie.art

ARTISTS of BRIBIE

A group of Bribie artists have been gathering this year to design an art trail and open their studios to the public. You can come and visit any of the studios anytime by appointment but all of us are opening our studios for the full weekend of the Nature Festival, 21st and 22nd October.

This group is an exciting mix of painters, potters, sculptors, mosaics, photography and ceramics.

Check out the website www.artistsofbribie.art for the map and a sample of art from each artist. There will be a small exhibition of these artists' work at the

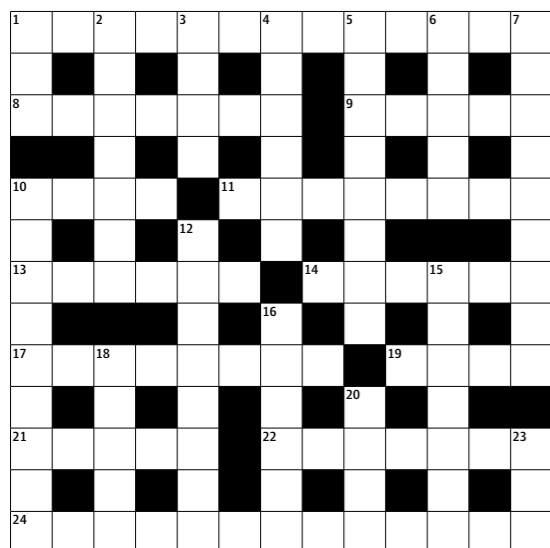
Arts Centre in the week of 17th-24th. October.

The trail will be well-marked by blue and white signs.

Come and enjoy these unique places of creativity and fun.



Crosswords - QUICK & CRYPTIC



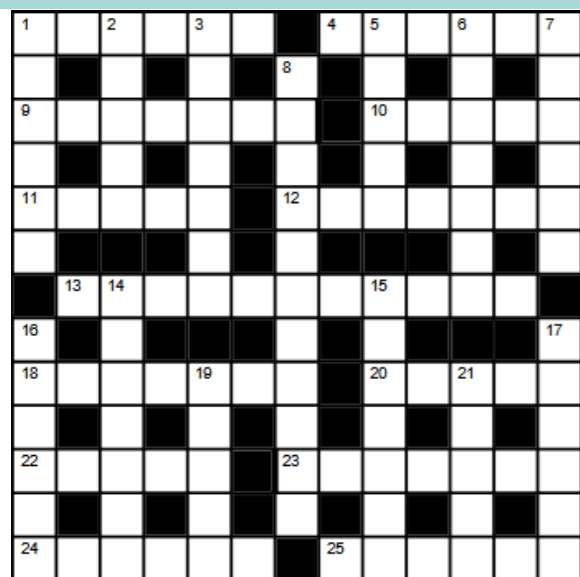
Across

- 1 Stall — airport ascent (anag) (13)
- 8 Standard — characteristic (7)
- 9 Money offered as a prize (5)
- 10 Suggestive or sneering look (4)
- 11 Monitor of improper activity or waste (8)
- 13 Blow one of these and get very cross (6)
- 14 Reduce (6)
- 17 Nerve (8)
- 19 Kill intentionally (4)
- 21 Commotion (informal) (3-2)
- 22 Very last part (4,3)
- 24 All in the mind (13)

Down

- 1 Stroke gently (3)
- 2 Persecute (7)
- 3 Plentiful (4)
- 4 Form of salutation in Muslim countries (6)
- 5 Had an effect (on) (8)
- 6 Caustic — virulent (5)
- 7 Crisis that requires immediate action (9)
- 10 Vessel providing guidance to others (9)
- 12 Take to task (8)
- 15 Striking — key (7)
- 16 Position — prestige (6)
- 18 Temperamental (5)
- 20 Neeson or Gallagher? (4)
- 23 What's Up, ___? (1972 film starring Barbra Streisand and Ryan O'Neal) (3)

CRYPTIC



Across

- 1 Position taken by a good man with a northern church (6)
- 4 Asparagi as weapons? (6)
- 9 Le Carré novel easier to grasp (7)
- 10 The wrong route away from the centre? (5)
- 11 Taken in by consumer (5)
- 12 Influences results with a change of leader (7)
- 13 Dream trip was out of this world (5,6)
- 18 Customs demand of the French - clear out (7)
- 20 Had quiet noble around the neck? (5)
- 22 Celebration of an eastern outlet (5)
- 23 Not brave as a flyer (7)
- 24 Cheek by jowl with the reserve team, we hear (6)
- 25 Train cast to hold exercises as a feature (6)

Down

- 1 Dedicated but on the other hand, possibly scared (6)
- 2 A surrogate is probably a fellow associate (5)
- 3 Enduring Church with Ronald in charge (7)
- 5 Evidence of the number of spirits (5)
- 6 Item given in broadcasted recital (7)
- 7 Tension when the Gestapo and the rest attacked (6)
- 8 Each kit has beer packed to start the ball rolling (5,3,3)
- 14 Targets picked by thieves (7)
- 15 Puts in for work in so far as it is relevant (7)
- 16 It modifies - notice word in action (6)
- 17 Exercise around a walkway could give you a heavenly body? (6)
- 19 Appeared in Canberra with a journalist (5)
- 21 A low-down joint can get on one's nerves after opening (5)

SOLUTIONS

CRYPTIC SOLUTION 200



QUICK SOLUTION 200



Super easy Milo Balls are always a winner with the kids! Just four ingredients and 10 minutes of prep time are all it takes to make these delicious little lunchbox snacks. **No-bake**

Ingredients

- 250 g plain sweet biscuits
- (1 cup) desiccated coconut
- (1/2 cup) Milo powder or any malted milk powder
- 395g sweetened condensed milk full-fat
- Extra desiccated coconut to coat

Instructions

Crush the biscuits in a food processor until they resemble fine crumbs. Place into a large bowl. Add the coconut, Milo and sweetened condensed milk, and mix to combine. Roll into heaped teaspoon-sized balls and then roll to coat in the extra coconut. Store in the fridge in an airtight container for up to 7 days (or freeze for up to 1 month).

Kids Page



- | | | |
|-----------|-----------|--------|
| FUR | LONG EARS | RODENT |
| GRASS | MAMMAL | SOFT |
| HERBIVORE | MEADOW | TUNNEL |
| JUMP | PET | WARREN |
| KIT | RABBIT | |



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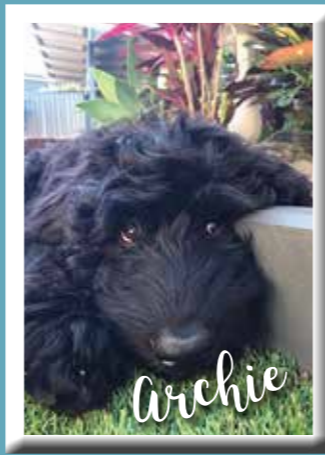


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best dog photo will win a \$50 barkery and treats pet hamper made with human-grade, dog-safe, locally sourced ingredients - nothing artificial, proudly donated by inmybellypupcakesandtreats@gmail.com



Closeie



Archie



Delilah

Bongaree Pet Food

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Best CAT photo will win a \$30 voucher donated by Bongaree Pet Food

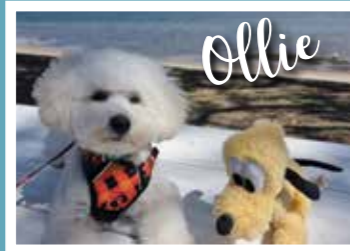


Rovy



Annie

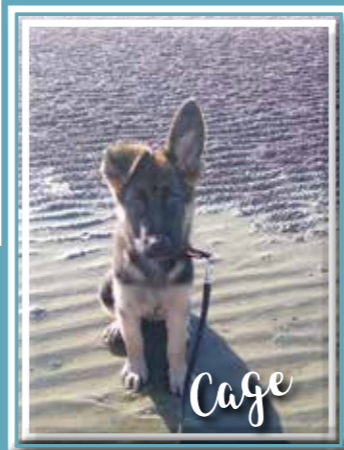
WINNER WILL BE ANNOUNCED IN NEXT ISSUE



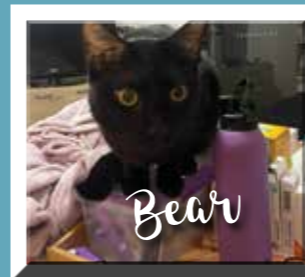
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Isabella



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Bear



Red



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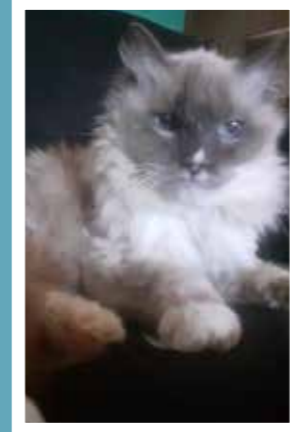
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Dame Edna



Puddy



Pebbles



Zoe



Poppy



Oscar



Jimmy



Puddy

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Sat 8am to 1pm

SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO: editor.thebribieislander@gmail.com

WE ♥ PETS

“The Breaker”

MORANT AND THE GATTON TRAGEDY



By Al Finegan

Officers of the Bushveldt Carbineers, including lieutenants Handcock (far left) and Morant (with dog). Australian War Memorial A05828

Most Australians have heard of the Boer War and of Harry “The Breaker” Morant, a figure who rivals Ned Kelly as an archetypal Australian folk hero. The man who was executed for murdering civilians and POWs during the Boer War was an enigmatic and sometimes disturbing character. The Breaker’s early life is as clouded in myth as are his later years, a situation made worse by his romancing of his past. Just who was this mysterious character, and was he responsible for murders in Australia before his service in South Africa?

He was born Edwin Henry Murrant in Somerset, England, into very ordinary circumstances, though he often intimated that his ancestry was considerably more exalted. Despite his humble origins, Morant could easily pass for a member of the British upper class and he created a number of romantic legends about his past, which suggests that he saw himself as a Byronic hero. He was often described as “well-educated”. Morant claimed to have been born in 1865 at Bideford, Devon, England, and to be the son of Admiral Sir George Digby Morant of the Royal Navy, a claim repeated as fact by later writers. The Admiral denied it. He arrived in Australia at age 18 in 1883, like many other young Britons of the time, looking to make a

fortune, a name, or even just a living, under a false identity. Over the next fifteen years he made a rip-roaring reputation as a flamboyant bush character, shameless womaniser, and an outstanding horseman, earning his nickname, “The Breaker”. His feats of horsemanship, particularly riding a buck jumper few others could master, were a legend among his peers. His amorous adventures included marriage to Daisy May O’Dwyer, later to become famous as an anthropologist and journalist, Daisy Bates. According to the story, Daisy gave The Breaker his marching orders when he, characteristically, refused to pay for the wedding. He took off on a stolen horse, also characteristically, and that was the end of the relationship, though not the marriage. They never divorced. The Breaker continued his roistering lifestyle. He worked at whatever was available and developed a literary reputation as a bush poet, becoming friendly with other poets like Banjo Patterson, Henry Lawson, and Will Ogilvie.

In 1899, Morant enlisted with the South Australian Mounted Rifles in Adelaide. After serving in South Africa for over 2 years, as a Lieutenant with the Bushveldt Carbineers, Morant was arrested and court-martialled for committing murder on active service, one of the first such prosecutions in British military history. According to military prosecutors, Morant retaliated for the death

in combat of his commanding officer, with a series of revenge killings against both



Boer POWs and many civilian residents of the Northern Transvaal. Morant’s defence attorney, Major James Thomas, demanded the acquittal of his clients under what is now called the Nuremberg Defence, alleging that his clients could not be held legally or morally responsible because they were only following orders.

Morant was accused of the summary execution of Floris Visser, a wounded POW, and the slaying of four Afrikaners and four Dutch schoolteachers who had surrendered

at the Elim Hospital. Morant was found guilty and sentenced to death. He and Lieutenant Peter Handcock were then court-martialled for the murder of the Reverend Carl August Daniel Heese, a South African-born Minister of the Berlin Missionary Society. Heese had spiritually counselled the Dutch and Afrikaner victims at Elim Hospital and had been shot to death the same afternoon. Morant and Handcock were acquitted of the Heese murder, but found guilty of murdering Visser, the eight victims at Elim Hospital, and three others. 18 hours after the verdict, they were both executed by a firing squad from the Cameron Highlanders on 27th February 1902.

It was clear that Morant had no problem with indiscriminate killing. Thus it is no mystery as to why his name has been suggested as a suspect in the particularly gruesome murder of three young innocents just before his enrolment for the war in South Africa. The story of these horrific murders was headlines at the time, and a frightening event for the locals. Is it possible that Breaker Morant was the murderer? This theory was put forward by John Meredith, author of *“Breaker’s Mate: Will Ogilvie in Australia”* who conceived it while researching his book on the poet Will Ogilvie, a mate of The Breaker. This theory depends on aspects of Morant’s personality and personal history, and some suggestive chronology.

Morant, like so many others, had been drifting around the back blocks, doing whatever work there was and writing verse and stories whenever possible. He was described by his mates as a kind of split personality. When sober, he was charming, witty, and even urbane. But after one too many, he could turn into a very ugly and intimidating monster. Men who are not generally frightened by very much at all, were known to fear and hate Morant. He also lived a dissolute life, habitually out of funds, scrounging on his mates and not being too fussy where he obtained his mount.

The “Gatton Tragedy” is the name given to a grisly multi-murder and the consequences of its subsequent shambolic investigation. In late 1898, Gatton was a small Queensland town with fewer than 500 souls, located on a busy route between Toowoomba and Brisbane. Harry Morant had recently taken a job with a local butchery, an occupation in which he was skilled, and in just a few days developed a local reputation as a taciturn loner. He frightened his workmates so much that they asked their boss many times to get rid of Morant.

The Murphys were a family of Mum, Dad, and 9 children living on their farm at Tent Hill near Gatton. On the evening of Boxing Day 1898, Michael Murphy, age 29, with his sisters, Ellen, 18, and Nora, 27, left home in a sulky bound for a local dance. When they arrived, the dance had been cancelled so

they headed back sometime around 9pm. They did not return home, and the following morning their mother asked her son-in-law, William McNeil to look for them. McNeil had loaned his sulky to the three and soon found its tracks. He followed them through scrub for over a kilometre from the main road, coming to a field where he found their bound and beaten bodies carefully laid out. Nora’s body was lying on a rug. He found Michael and Ellen lying back-to-back, a few feet apart. The horse drawing the sulky had been shot dead. McNeil, in shock, decided he needed a drink. Instead of contacting police, he went straight to the Imperial Hotel in Gatton and told his mates about the murder. Immediately, about forty people rushed to the murder scene, destroying evidence, and collecting souvenirs in the process.

It wasn’t until the following day that McNeil finally informed the Gatton police. A dubious officer eventually telegraphed the police in Brisbane asking for detectives to attend the scene. At the same time, Daniel Murphy, a brother of the victims and a police officer at Brisbane HQ, received a telegram from a family friend informing him that he had seen the murder scene. Murphy applied for three days leave, had it granted, and just missed the 1pm train to Gatton. Returning to headquarters, he discovered that no action was being taken by detectives in the CIB, as they believed circulating rumours that the murders were a hoax. At 4pm on 28th December, he finally gained an audience with Inspector Urquhart, telling him that the murders were not a hoax. Because the information did not come through official channels, Urquhart did not inform the Commissioner for five hours. The Commissioner immediately ordered Urquhart to take two detectives on the midnight train to Gatton, but as it was late, Urquhart decided not to leave until the following morning. After their eventual arrival at the desecrated murder scene, so many armed police were sent to Gatton and the surrounding district, it took on the appearance of a country under military operations. A subsequent Royal Commission held in October that year, found this sequence of events, *“... incomprehensible, indicative of the existence of a rotten system of policing and a culpable indifference on the part of Inspector Urquhart to his duty to the public.”*

Day by day as the mystery deepened, the excitement grew. Suspects included a newcomer to the area named Thomas Day, various itinerants, and even McNeil, due to his strange behaviour after his “discovery” of his kin. There was no sign of the victims having been forced into the paddock, strongly suggesting their acquiescence, and the presence of someone they knew. It was later established that Michael had been bludgeoned then shot in the head. Both his sisters had their skulls fractured. Nora was probably strangled with the harness

strap found around her neck. Both women had been violently sexually assaulted. The murders were thought to have taken place between 10pm and 4am the following morning.

Given the belated investigation and the demolished Murphy’s homicide scene, it is no wonder it was a mystery. Who had committed such a savage act? The victims were three locals with no links to criminal activity, simply driving home from a dance that had never happened. The police continued their investigation for weeks, with no solution in sight

On 7th January, the situation for police was made worse when the body of a 15-year-old lad named Alfred Hill was found 60km from Gatton. Alfred and his pony had both been shot between the eyes with a .38 calibre bullet, just like Michael Murphy and his horse. Police immediately suspected the murders were connected. No further action took place, but in the course of the Royal Commission into the Gatton murders, it was established that Thomas Day had been charged with Hill’s murder, then released due to his being much further south at the time. It was not mentioned that Morant was in town, and always carried a .38 pistol.

Soon after the tragedy became news, Morant disappeared and was not heard of again until February 1899, six weeks after the murders. He was reported to be at Paringa Station in South Australia.

According to Meredith, the Thomas Day initially suspected at Gatton, was actually Morant. Day turned up in Gatton at the same time that Morant vanished, heading South. The locals had Day, newly arrived in town, pegged as the murderer. Despite this, the detectives concentrated their investigations on the other suspects. Meanwhile Day, under pressure from locals, became increasingly abusive to his new employer, who paid him off in lieu of notice. The police cleared Day to leave town. He boarded a train and disappeared. According to Meredith, around five or six weeks after the murders, Day joined the militia under a false name and was never heard of again.

For months, the whole of Australia was shocked to an unparalleled degree by the on-going news of a murder under circumstances seemingly as treacherous as abominable. During this time Morant was working as a stockman at Paringa Station. He did not stay for long. The South African war was brewing, and he wasted no time enlisting.

The evidence to suspect Morant of either or both the Murphy and Hill murders is circumstantial, but no more so than the many other theories put forward over the years.

The Gatton Tragedy remains one of Australia’s most vile and gruesome unsolved murders. Was The Breaker the man who committed the crime? We shall never know, but the suspicion remains.

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Did you know you can get up to \$1,000 back when you apply for an energy efficient appliance? Our government is helping with the cost of living where we can. With global cost of living pressures, the last thing you want is your fridge, dishwasher or dryer packing it in. That's why we've brought in the Climate Smart Energy Savers Appliance Rebates for people purchasing a 4-star energy efficient appliance. It's a win, win – you get money back on your appliance and cheaper bills, as efficient appliances use less electricity. All Queensland households are eligible for financial assistance of up to \$800 depending on the appliance, with rebates up to \$1000 available for eligible low-income applicants if they purchase an approved energy-efficient appliance from 4 September this year.

What appliances can you purchase?

Available Appliances	Standard Income	Low Income
Washing Machines	\$300	\$550
Dish Washers	\$300	\$550
Dryers	\$300	\$550
Refrigerators	\$350	\$600
Air conditioners	\$400	\$650
Solar and heat pump hot water systems	\$800	\$1000

How can I apply?

You can apply online here: <https://applyonline.qrida.qld.gov.au/auth/login>

These are the steps:

1. First you need to purchase your appliance and keep the receipt/invoice!
2. Go to this link <https://applyonline.qrida.qld.gov.au/auth/login> (best used on a desktop or iPad)
3. Make sure you have the MyGovID app on your phone. You can download it from the App Store or Google Play Store or wherever you get your apps. You will need to set up the App with an email and password and two forms of ID (such as a driver license, Medicare card, passport, birth certificate)
5. Select the top option "Sign in with MyGov ID"
6. Use your email to sign in
7. You will then get a code, put this code in your app on your phone and select "accept".

8. Then you will be directed to the page to either fill in your details or continue to make a new application
9. You need to fill in all the fields and upload evidence of the following 1) rates, tenancy or utility bill 2) income if applying for low-income re-

bate 3) receipt or invoice for the device
Helpful tip: make sure to have photos or scans of these documents ready to go as the application is time sensitive and may log you out if you leave it too long.

I know applying online is not straightforward. That's why I'm doing everything I can to help.

I have made a YouTube Tutorial Video which you can follow here: <https://www.youtube.com/watch?v=G44IHmr-jgU>

Next week, my office will be hosting a help session for those who are really struggling to complete their application.

You can contact my office to book on pumicestone@parliament.qld.gov.au or on 07 3474 2100.

Before booking in please attempt to set up your MyGovID and complete the application first.

There are several ways you can get help with your application. You can watch the YouTube video to help you through the steps.

You can also contact QGov on 137 368 who are able to assist with applications over the phone.

10,000 people have already applied for the rebate and so we're doubling the funding pool, so more people can get appliance rebates.

Locals have told my office they have already received money back – so make sure to get in quick and don't miss out.

Warmly

Ali

WHAT'S YOUR PLAN?

PLAN. PREPARE. SURVIVE.

Bushfire Season

With Mayor Peter Flannery

Now's the time to prepare for the upcoming bushfire season.

This year is shaping up to be a potentially dangerous one for bushfires across much of the City of Moreton Bay. Three years of La Nina wet weather has caused an abundance of growth around the region, which is now beginning to dry out to become fuel for fires.

Each year the City of Moreton Bay, Rural Fire Service and your local Rural Fire Brigade work with local landholders and residents to reduce fuel loads and provide community education to prepare for the bushfire season.

However, everyone has a part to play in bushfire preparation. Research shows taking a few precautions greatly increases the chances of your family and home surviving the impacts of bushfire.

Follow our three key steps to bushfire preparedness: **Plan. Prepare. Survive.**

PLAN: Make sure your household has a Bushfire Survival Plan that includes exit strategies for your household, pets and livestock. Decide now whether you will leave early or stay and protect your property. Make sure everyone in your family knows the plan and the best route to a location away from immediate bushfire risk.

PREPARE: Get your property ready for the season by clearing debris from gutters and yards. Remember,

whoever owns the fuel, owns the fire. Pack an emergency kit full of food and essential supplies like water, medication, your phone, and important documentation or irreplaceable items and more.

Know your bushfire risk by using Council's *My Property Lookup* webpage to see bushfire hazard mapping in your area. Stay up to date by signing up to Council's MoretonAlert for real time warnings direct to your phone and access all disaster information on Council's website by using the City of Moreton Bay QR code below.

Changes have been made to the Australian Warning System to ensure consistent messaging and calls to action nationally. To make sure you understand bushfire warnings before disaster strikes, use the Queensland Fire and Emergency Services QR code below.

SURVIVE: Follow your plan in the event of an emergency. Don't wait and see, act decisively.



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Place a layer of aluminium foil underneath your ironing board cover (shiny side up) to speed up your ironing time. The foil will retain the heat from the iron and help you smooth out wrinkles on both sides of the garment.

Wash socks in a laundry bag - It's no secret that your washing machine is eating your socks. To keep your socks in pairs, put them in a laundry bag as soon as you take them off, and wash all of your socks together.

Use baby shampoo to unshrink clothes. Different types of fabrics shrink for different reasons, but the main culprit is exposure to heat. Luckily, there's a way you can reverse the damage, and all you need is baby shampoo or gentle conditioner.

Wash Bright Colours with Salt - You can use salt to prevent colours from fading. Just toss a teaspoon of salt in with your dark clothes to help make the colour last longer. Washing coloured clothing inside out can also help maintain colour.

Keep a piggy bank in your laundry room to collect all that spare change.

Pop a dry towel in your dryer to quicken drying time - To maximise dry time, popping a dry bath towel into the mix of wet clothes will get them dry quicker. Alternatively, add a tennis ball to ensure the fabric is aerated, and be sure to empty the lint filter after every load, as a whole filter means longer drying times.

Use shaving cream as a stain remover - Shaving cream is foamy and has similar ingredients to household soaps, making it a great stain remover product. Use it for tough stains on clothes and towels or to spot-clean your rug.

Squeeze a large lemon in with those workout clothes! It will break down oils trapped in fabrics & leave a clean, fresh scent

Use colour-coded coat hangers to hang up all of your clothes. This tip cuts hours off laundry time. Every family member has their colour coat hanger. Once the washing is done, hang up everything on the coat hangers (except underpants) and put them on a wheeling clothes rack to dry. Once it's dry, everyone takes their clothes to their room.

Use vinegar to prevent your towels from going crusty on the clothesline.

Unfortunately, line-drying towels can make them feel a little bit stiff.

Adding vinegar to the rinse cycle should help with this.

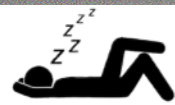
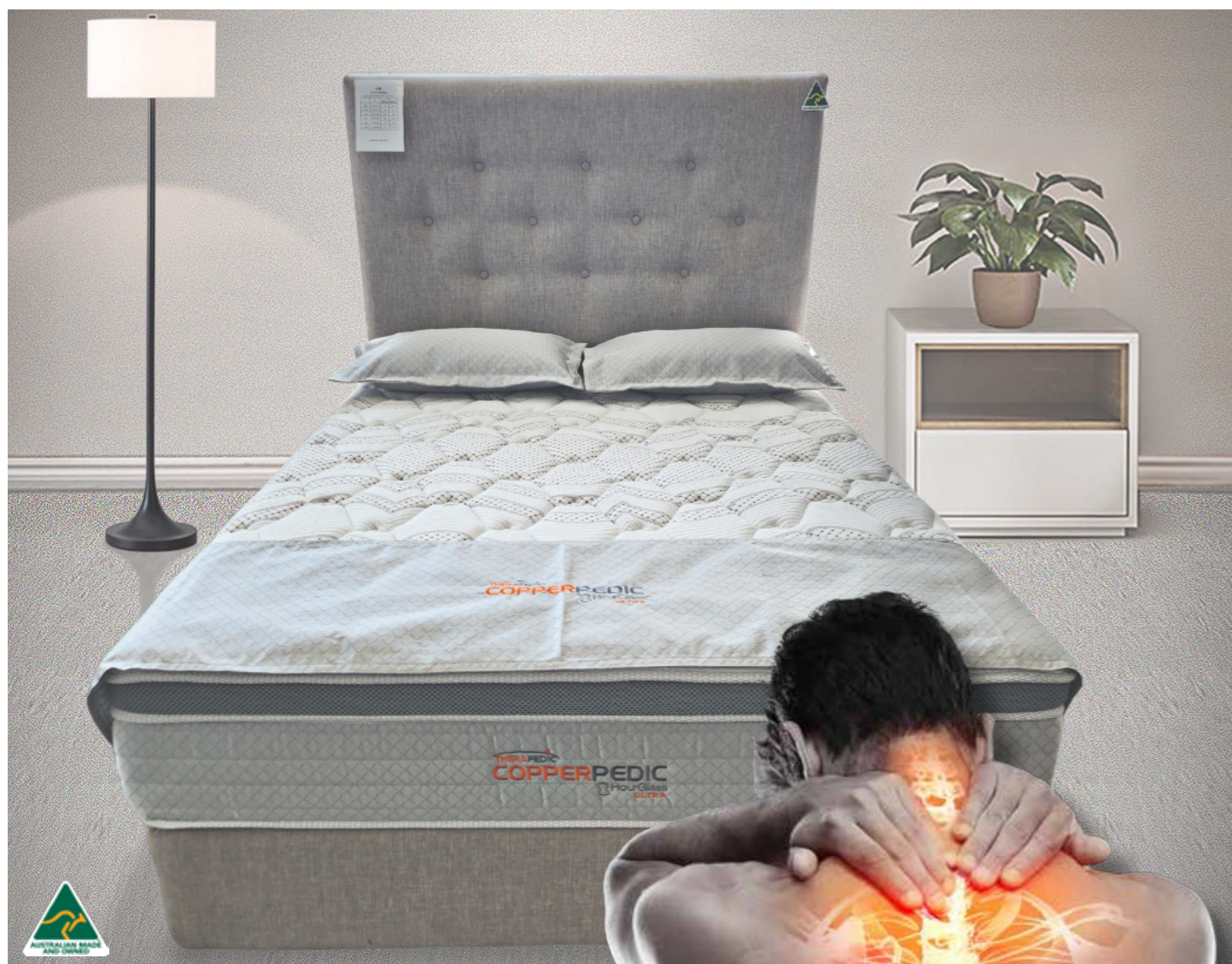
Use chalk to treat grease stains -Chalk is super absorbent, making it a perfect pre-wash stain treatment. rub chalk on oil stains to absorb grease before popping the item of clothing in the wash!

Use aspirin to remove tissues from clothes - Shake off as much tissue paper as possible. Then, dissolve four aspirin tablets in warm water and soak the clothing for approximately two hours. Follow this with a quick rinse in the washing machine before hanging the clothing on the line to dry. Once dry, you'll find that the tissue specks have disappeared.

Leave your washing machine door open when not in use -

To prevent mould and grime from getting out of control in your washing machine, make sure you leave the door open in between cycles. You should also disinfect the inside of the seal by wiping it out with a cloth and household cleaner regularly.





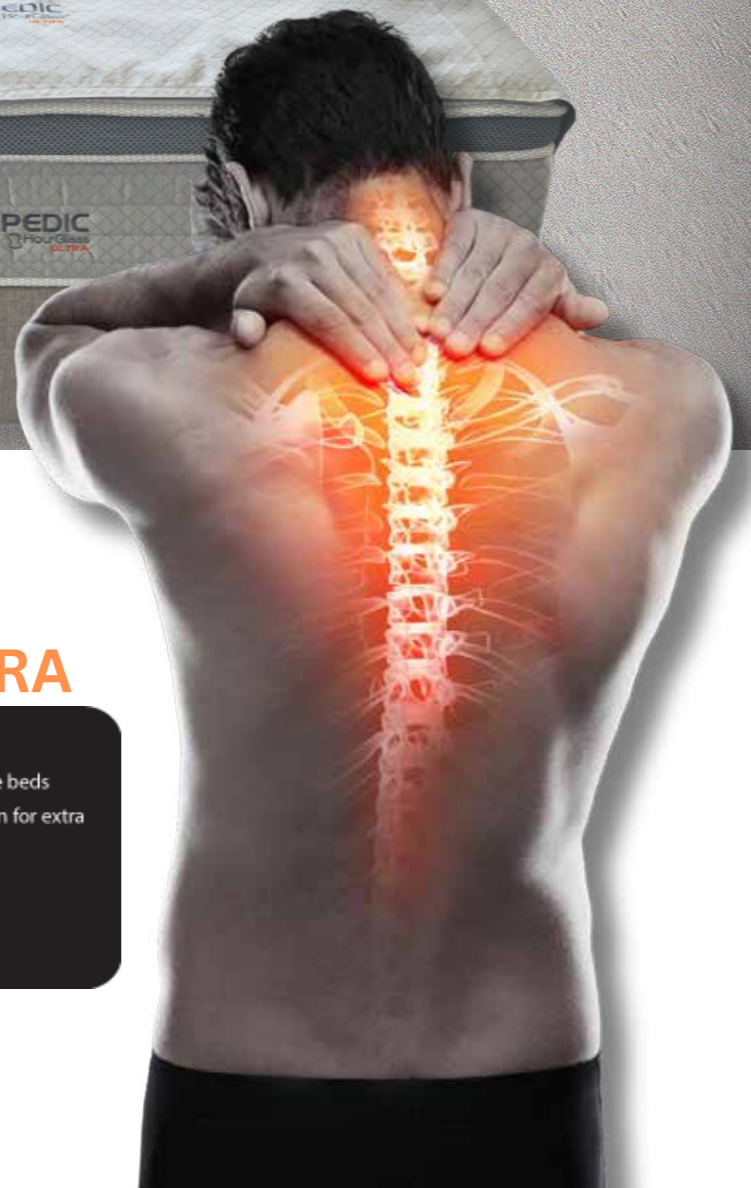
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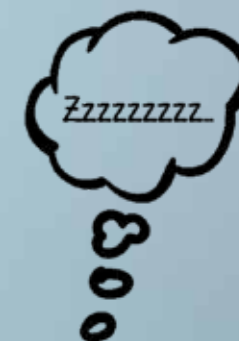
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IMPROVE Your Overall Sleep Pattern



Have difficulties falling asleep or waking up feeling exhausted even though you got enough sleep? You are not by yourself. There are a lot of people who have trouble with their sleeping patterns, which can have a substantial impact on their general health. This piece will discuss five strategies recommended by sleep specialists to improve the quality of your sleep and awaken feeling revitalised and renewed. These tips are designed to help you improve your sleep pattern naturally and efficiently, regardless of whether you are a light sleeper or someone who experiences periodic sleep difficulties.

MAKE YOUR SURROUNDINGS MORE SUITABLE FOR SLEEPING

The quality of your sleep can be drastically improved by changing your sleeping environment to a calmer one. Make an investment in a supportive mattress and pillows that will help you maintain the natural alignment of your body. Use bulbs with low power or nightlights to provide a calm and relaxing atmosphere. Use earplugs or a gadget that produces white noise to reduce the amount of noise that is distracting. Room temperature should be comfortable at 15 to 20 degrees Celsius (60 to 67 degrees Fahrenheit).

CREATE A REGULAR PATTERN FOR YOUR SLEEPING HABITS

Our bodies function best when we stick to routines, and sleep is no exception to this rule. Maintaining a regular sleep

routine dramatically improves your ability to control your body's internal clock and makes it simpler to fall asleep and wake up when you want to. Ensure you receive seven to nine hours of sleep by establishing a reasonable bedtime. You can maintain your weekday and weekend wake-up times without issue. Avoid taking extended naps throughout the day to avoid having them disrupt your ability to sleep at night.

PRACTICE SOME FORMS OF RELAXATION RIGHT BEFORE GOING TO BED

In this fast-paced world, it is necessary to wind down before bed to send your body the message that it is time to rest. Maintaining mental peace and reducing stress can be accomplished through mindfulness meditation. Try doing exercises focusing on deep breathing to relax the body. You can alleviate tension by doing so. Relaxation and flexibility can be enhanced through the gentle stretching used in yoga.

USE CBD AS A SLEEPING AID

Taking CBD gummies for sleep has much potential as a natural treatment that can help improve sleep patterns. CBD might be an advantageous supplement to your nighttime routine since it facilitates relaxation, lowers stress and anxiety levels, and helps the body maintain its regular cycle of sleep and wakefulness. However, speaking with a medical professional before incorporating CBD into your bedtime routine is essential. Those with many prescriptions or other health issues should pay extra attention to this. CBD could help you get the

refreshing and restful sleep you deserve if you use it correctly.

ENGAGE IN PHYSICAL ACTIVITY REGULARLY

Participating in regular physical activity is healthy for both your physical and mental health and can improve the quality of sleep you get. Aim for a moderate workout either during the day or early in the evening, as intense activities too close to bedtime may prevent you from getting a good night's rest. Participating in activities outside, such as walking or running, can expose you to the sun and fresh air, which can help regulate your sleep-wake cycle. Participate in things you enjoy, as this will enhance the likelihood that you will maintain your fitness program.

Your general health and well-being need to be able to enjoy a night of sleep that is both peaceful and refreshing. You may considerably enhance your overall sleep pattern by cultivating an environment that is conducive to sleep, maintaining a regular schedule for when you go to bed and when you get up, practising techniques that promote relaxation, keeping a close eye on what you eat, and engaging in regular physical activity. Keep in mind that even minute adjustments that you make regularly can have a significant impact on the quality of your sleep over time. Therefore, begin implementing these suggestions tonight, and you will wake up to a brighter and more energised day.



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DIRTY
My Dirty Little Secret
By Cherrie Wilson
WHY

I write this story with a healthy dose of shame, embarrassment, and complete mortification! But if it encourages even one of you to check your ducted air conditioning filters, it will be worth it! I contacted Brett from BGI to come and clean my filters to prepare for summer and was utterly shocked to see their condition. We did them just over a year ago, but looking at the filter, they seem to have never been cleaned or replaced!

As the name implies, an air conditioner filter's role is to remove unwanted particles, such as dust and other debris, from the air circulating into your home. It's like an allergy mask that some people wear to prevent pollen from getting to them during springtime. Therefore, filters are there to help you and your family breathe fresh air and your air conditioner run at optimal performance.

It collects high dust, pollen, and mould concentrations when you

fail to maintain your air conditioner (just like me). At best, this could exacerbate allergies and asthma. At worst, it can cause infections. These infections can be broken into three categories: Number one is viruses, number two is bacteria, and number three is fungi or mould.

Mould is a dangerous health hazard that can grow and contaminate air conditioner ducts and filters if not routinely cleaned. Indoor moisture and high humidity are the perfect conditions for mould spores to grow and circulate through your home.

Breathing in mould spores can lead to several upper respiratory symptoms, including:

- Stuffy nose
- Wheezing
- Breathing difficulty
- Fever
- Cough

People with asthma and those who are allergic to mould are at an increased risk of illness from indoor mould exposure.

Then there is the spread of Airborne Illness! Oh yay, now I realise why we constantly get some virus! Air conditioners can circulate dangerous particles and contaminants if they have dirty air filters, or a filter not designed to remove infectious viruses, bacteria, or air pollutants.

Legionnaires' disease, a type of pneumonia caused by the bacteria Legionella pneumophila, is the most talked about illness that can spread through contaminated water from an air conditioning system.

Finally, here's something to worry about: your electricity bill! Dirty air filters will affect your health, the system's performance, and your pocket! Since your air con requires more energy to meet your requirements, this may cost you more than expected.

So now you can all witness my shame, and hopefully, it will motivate you to call Brett and get him to check yours out! I found Brett so easy to talk to; he was prompt, knowledgeable, and affordable. Do yourself a favour and book in now, and make sure you check that any elderly people in your life have also had their units checked recently. Trust me, it is worth every penny!!!

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With the summer season coming, enjoying hot temperatures and superb sunshine, it can be the ideal time to be outdoors in your garden areas. Few things in life are more pleasurable than relaxing and unwinding in your outdoor spaces while enjoying the warmer weather and longer daylight hours.

This summer, many homeowners are deciding to replace a summer holiday with a “staycation” as they recognise that this will free up their personal finances so that meaningful home improvements can take place. If you plan to upgrade some critical areas of your outdoor spaces, this article will inspire you. Three specific outdoor home improvements will be described and will add style to any property.

Consider decking and fencing

One of the most simple and effective ways to upgrade your outdoor spaces is to consider upgrading your fencing and installing a decked area in your garden. Search online to find a supplier that specializes in fences and decks and look at specific products that match your design aspirations. Installing new fencing is remarkably easy and does not require much DIY knowledge. In addition, a new decked area can be created in less than a day with minimal equipment, and it will transform both the aesthetic appeal and functionality of your outdoor spaces. The materials you choose for your fencing or decking will play a crucial part in the overall cost. Durable treated hardwoods are more expensive than synthetic materials but will give a more stylish finish. Decide on your total budget and choose the materials that

give you the most professional results at your price point.

All-season outdoor dining area

If you have created a decked area in your garden, this can be the ideal location to place an outdoor dining area. This home improvement will allow you to enjoy al fresco dining during the warmer months and can become the focal point of family activities in your garden. However, it is also worth considering that you can enjoy all year-round outdoor dining with a few extra additions to the all-weather table and chairs. Purchase outdoor patio heaters and consider installing a canopy area over the tables and chairs. These two additions will enable you to enjoy outdoor meals even during the colder seasons and when the weather is less than ideal.

Captivating garden paths

Finally, a fundamental way to upgrade your garden area is to create an exciting and eye-catching pathway. Remember that a garden path should not simply be a direct route between points A and B in a garden. It can bend and curve around the green space, becoming a key design feature and highlighting some of the main features in your garden.

As with decking and fencing, the choice of material will play a vital role in the total cost of this home improvement project. Paving slabs tend to be more affordable, but aim to use more eye-catching materials if you want to make this pathway a key feature in your garden.



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LAWN CARE PROGRAM

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Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout the season. Your local technician will also monitor and treat your lawn for any

weeds, pests, and diseases that may be showing their heads since the last visit. If you ever have any questions or concerns, call your local area manager Jack Martin and he will pop out to discuss &/ or address the concern free of charge.

LAWN GRUB SEASON

Lawn grub is a name that covers a wide variety of creepy crawlies that invade your lawn. Scarab Grubs, Mealy bug, Army Worm and African Black Beetle are just a few of the lawn pests that we see in unprotected lawns each year.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs feed off the root system of your turf, this prevents all the nutrients in your soil getting to the turf leaf so brown patches in your lawn can indicate that grubs are present.

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle starts all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

HOW TO STOP LAWN GRUBS

Jack says "This has been the worst Lawn Grub season that we have experienced in over a decade. The last season this bad was in 2011 around the time of the last floods. People should know that we are not out of the grub season yet, and given the recent rain and humidity that we have had, we may yet see another surge of lawn grubs this season". The best way to deal with Lawn Grubs is to apply preventative treatments every 8-10 weeks during the grub season.

JUST A NICE QUALITY LAWN

Designed to improve and maintain new and existing lawn areas resulting in greener, healthier lawns, our programmed services include:

- Regular liquid fertilising for thicker greener lawns
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- Broadleaf weed control
- Soil-wetters & moisture retainers to reduce watering & increase drought tolerance
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QUESTIONS TO ASK MOVERS BEFORE HIRING THEM



Changing residences can be equal parts thrilling and terrifying. Hiring expert movers to assist you on your journey can ease the strain of the relocation process and help you settle in quickly. Asking the correct questions before making that choice is crucial for a smooth and trouble-free relocation. This manual will examine the seven most important questions you should ask prospective movers before making your decision. Explore the fundamental questions leading you to the most suitable movers.

Authorisation and Coverage

Your top priorities should be with a licensed and insured moving company. Verify that the moving company you pick has all the necessary licenses and permits for business in your area. By taking this measure, you may rest assured that they follow all relevant industry norms and laws. Inquire whether your possessions will also be covered during the move. A reliable moving company will have sufficient insurance to cover your belongings in case of any mishaps or damage during the activity. You may rest easy knowing that your belongings will be transported safely and securely if you insist on seeing the moving company's licensing and insurance documentation.

Competence and Proven Performance

The experience and reputation of the moving company you choose is crucial. Find out how long the moving company has been in business and whether they have a record of satisfied customers. If you want your

move to go smoothly, look for a reputable and long-standing moving business. Read testimonials and talk to references to find out how their former customers felt about the service they received. If a moving company has a history of satisfied customers, that's a good clue that your valuables will be in good hands during the relocation.

Costs and Offerings

Talk to potential moving companies about the services you'll need and how much it will cost. Find out if full-service packing, loading, transport, and unpacking are included in their rates. Learn more about their services to determine if they can fulfil your moving needs. Also, be sure there are no unexpected fees by asking for a thorough price list. Long-carry, storage, and unique item handling are just a few of the services that some movers may charge extra for. To find the best moving company for your needs and budget, it's essential to do some preliminary research into their offerings and rates.

Transporting Staff and Machinery

Learning about the moving crew's experience and education levels is essential while vetting movers for your upcoming move. A move that goes more smoothly results from a knowledgeable and well-trained crew caring for your valuables. Inquire about the number of people working on the relocation and if they have previously dealt with moves like yours. Find out what tools

they use to load and unload your stuff and what vehicles they employ to deliver it. A more safe and effective relocation is possible with the help of up-to-date, well-maintained moving tools. Knowing the experience level of the movers and the reliability of their equipment can put your mind at ease when safely transporting your belongings.

Accessibility and Timetables

Depending upon your location, it's crucial to talk to your movers about their availability and your options for scheduling your move. Find out how to reserve a space and if your desired move-in and leaving dates are feasible. Moving firms may be busy at various times of the year or on specific days of the week, so it is best to plan to ensure that your preferred dates are available. Inquire further about their availability in case your plans must be altered at the last minute. You may better plan your move and have a more seamless transition into your new home if you know their availability and scheduling regulations.

Risks and Compensation

Learning the movers' claims and responsibility procedures is crucial before entrusting them with your possessions. Learn how claims are handled if there are problems with your move. Find out how long you have to report damages and what proof you need to file a claim. Find out what sort of protection they offer for your belongings if something happens to them while in transit. The moving

company's response to any problems that may develop during the move can be better understood if you take the time to familiarise yourself with its policies. If any issues arise during your relocation, you should know how to file a claim and resolve your problem quickly and easily.

Any Unexpected Fees or Extra Costs

Before deciding on a moving company, it's essential to find out if there are any hidden costs or expenses beyond the original estimate. If you want to know precisely what is and isn't included in the moving company's estimate, you should request a thorough pricing breakdown. Long-carry fees, storage, and the particular treatment of things may incur additional costs with some moving companies. You can plan your relocation budget better if you know these fees in advance. By outlining the fees in advance, you can rest easy knowing that you've chosen the best moving company for your needs.

It is crucial to be prepared with pertinent inquiries before hiring movers. Making a well-informed choice that fits your needs and budget is possible by inquiring about licensing and insurance, experience, services and pricing, moving crew and equipment, availability and scheduling, claims and liability, and any additional charges or hidden fees. Remember that relocating is a significant undertaking and hiring a trustworthy moving company is the best way to assure a trouble-free relocation.



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25 Ardel Place, Sandstone Point
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Less than 5 years old, this property boasts a sleek and contemporary design, abundant natural light, and high-quality finishes. Located in a prime spot close to local shops and recreational areas, it offers the perfect blend of convenience and comfort. Don't miss out on the opportunity to make this stylish residence your new home!

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YOUR SPRING SELLING TIPS

How to better prepare your home for sale to maximise your selling price



PREPARING FOR SALE

Here are a couple of tips to keep in mind as you get your property ready to sell, both inside and out. Imagine stepping into your home as if it were your first time. Let's start with the exterior—stand on the sidewalk and think about what potential buyers will notice. Sometimes we become so accustomed to our surroundings that we might miss things that stand out to someone new. After taking a good look outside, try the same exercise indoors. Pretend you're attending an open house or a private tour. Does your property have a vibe that's appealing? Remember, space is a key selling point. When your house feels roomy, it opens up more opportunities for potential buyers. If you're lucky to have an outdoor area, use it to your advantage. You can create a wonderful outdoor atmosphere that showcases the livability of your property. This can also help compensate for smaller indoor spaces. These are just a few easy suggestions. If you're curious to learn more, feel free to visit our office, or simply drop us a message, and we'll send you a copy. Additionally, we have a team of skilled professionals ready to assist you if you ever need a hand. Happy selling!

THE BENEFITS OF STORING YOUR AUTOMOBILE IN A GARAGE

Amidst the modern hustle and bustle, the garage is an unsung hero—a sanctuary for your automobile that offers more than shelter. This exploration delves into the benefits of storing your cherished vehicle in a garage. Beyond shielding it from the

elements, this practice elevates protection, longevity, and overall well-being. Unveil the advantages that make the garage a space and a haven for your automobile.

Weather Protection and Preservation

A garage provides a safe refuge from the capriciousness of

Mother Nature. Protecting the outside of your car from severe weather conditions like rain and hail may reduce the likelihood of damage occurring to that surface. Long-term contact with these elements may cause the paint to fade, corrosion to set in, and even damage to the structure itself. Your vehicle's exterior will keep its showroom gleamed, and its resale value will sparkle when stored in a garage protected from the elements.

UV Radiation and Paint Integrity
The sun's relentless ultraviolet (UV) rays can be detrimental to your vehicle's paintwork. Prolonged exposure to UV radiation can cause fading, oxidation, and even cracks in the paint's protective layer. A garage acts as a UV barrier, preserving the vibrant colour and gloss of your vehicle's paint job. By sparing your car from the sun's harmful rays, you're maintaining its aesthetic allure and contributing to its overall value.

Protection Against Vandalism and Theft

A garage is a defence against the weather and a stronghold against possible intruders and other dangers. Bringing your vehicle inside to store it minimises the chances of it being broken into, stolen, or vandalised significantly. Your car will become less appealing to opportunistic crooks due to the additional layer of protection

that has been introduced. When you store your vehicle in a secure location, you strengthen its defences and ensure that you won't have to worry about them.

Reduced Maintenance and Repairs

When you leave your car exposed to the weather, you increase the likelihood that it will need regular maintenance and repairs. Dust, dirt, and pollutants may build up over time, which can cause filters to get clogged and hinder the engine's operation. Extreme weather conditions have the potential to cause stress on mechanical components, which may accelerate wear. Your car will have lower overall maintenance expenses and a longer lifetime due to being stored in a garage, which will also extend the time it can remain on the road. Also, utilising metal carports for vehicle storage can lead to reduced maintenance and repairs by shielding your car from the elements and minimising exposure to potential sources of wear and damage.

Temperature Regulation and Engine Health

Extreme temperatures, whether sweltering heat or freezing cold, can affect your vehicle's performance and longevity. Fluctuations in temperature can stress the engine and other critical components, impacting their efficiency and durability. A garage provides temperature regulation, shielding your vehicle from drastic temperature changes. This preservation of stable conditions contributes to the overall health of your automobile's engine and systems.

Pest Prevention and Cleanliness

The vast outdoors is home to a wide variety of invasive species that may wreak havoc on your car and its inherent aesthetic charm. Your vehicle is at risk for damage caused by pests and ugly residue if it is kept outside since mice looking for a place to nest and birds leaving their droppings are two examples. Keeping your car stored in a garage reduces the likelihood of these dangers occurring and ensures that it stays clean and clear of vermin infestations.

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 W: handymanmoretonbay.com.au



Essential Tips on Keeping Your Family Safe at Home

There are several methods to make your family feel secure, from putting in place sensible security measures to encouraging safety-conscious practices. Explore the realm of home safety and see how these suggestions might provide your family with a safe and comfortable place to live. Smart Home Security Systems The best way to secure your family and property is to make a proactive investment in a smart home security system. A security camera system, motion detectors, and door/window sensors are some of the elements that contemporary smart security systems are furnished with. These gadgets operate in unison to monitor your house and notify you of any possible security breaches. You can keep tabs on the security of your house when you are away, thanks to remote access through smartphone applications. Your family will be

safe and secure thanks to the tremendous deterrent effect of visual security cameras and alarm systems.

REINFORCED ENTRY POINTS Your home's doors and windows, which serve as the primary access points, are weak locations for burglars. Install reinforced doors with solid frames and high-quality deadbolts to strengthen these entry points. Consider putting security grilles or bars on windows, particularly those on the ground floor. Sliding glass doors may be fastened with metal bars or dowels to prevent breaking in. Reinforced entrance points give your family an extra degree of security and build strong barriers against break-ins.

FIRE SAFETY PRECAUTIONS Home safety should never be compromised when it comes to fire safety. Every bedroom, hallway, and living space should have smoke detectors installed, and you should test them often to make sure they are working correctly. Install fire extinguishers in your house and teach your family members how to use them properly. Create a fire escape strategy

and routinely conduct drills to ensure everyone knows what to do in an emergency. The danger of casualties and property loss may be considerably decreased by being ready for a fire emergency.

CHILDPROOFING AND SAFETY MEASURES Childproofing your house is crucial to avoid accidents and injuries if you have small children. Install safety gates at the top and bottom of staircases to prevent falls. To prevent furniture from toppling over, fasten heavier pieces to the wall. Cover electrical outlets and install safety locks on cabinets and drawers to keep dangerous things out of sight. Eliminate any potential choking risks and keep tiny things out of the reach of youngsters. To ensure that your house is safe for your children, regularly check it for any safety concerns and make the necessary improvements.

Emergency Preparedness For your family's protection, preparing for crises is crucial. Prepare an emergency kit containing necessities, such as non-perishable food, water, flashlights, batteries, and first

aid items. Keep crucial papers, like identification, insurance paperwork, and medical information, in a safe place that is also readily accessible. Choose a location where family members may gather in case you get separated during an emergency. Learn the emergency procedures and evacuation routes for your area. Making a conscious effort to prepare for crises allows your family to react quickly and be safe in the face of unanticipated circumstances. Every homeowner should place a high priority on providing a safe and secure living space for their family. You may significantly improve the security of your house by putting in smart home security systems, strengthening entrance points, and taking fire safety measures. By having emergency supplies and procedures in place, you can guarantee that your family will be able to react to unanticipated situations helpfully. These suggestions can help you make your house a safe haven for your loved ones, giving them the warmth and tranquillity they need.



VMR

BRIBIE ISLAND

**John Traill Public Relations Officer - Volunteer Marine Rescue Bribe Island Phone: (07) 5327 2747
Mob: 0407 537 323 publicrelations@vmrbribe.com,**



Bribe 2 was away for a couple of weeks at Swift Marine for repairs.



A quick assist from Kakadu to Bellara what a beautiful day.

UNUSUAL RESCUE

When you are the Commodore of VMR Bribe you are often called upon to be involved in all sorts of Rescues.



Commodore Ces Luscombe found this injured Lorikeet outside of the VMR Base it appeared to be a very young bird.

Radio Officer Peter McNamara was also on hand so he contacted the Radio Room and asked the Duty Radio Operator Mark Horsburgh to call the Injured Bird Carer on Bribe who also happens to be one of VMR Bribe's Radio Operators Peta Schroder who came in and collected the young Lorikeet and took it home for treatment. The new name for the bird should be called Lucky.

ALI KING VISITS VMR BRIBIE

Ali King the State Member for Pumicestone dropped into the VMR Base today to meet with the Commodore Ces Luscombe and to have a look at the new two - 200Hp Yamaha Outboards that have installed on Bribe Two.

These outboards were part paid for by the State Government Gambling Fund Grant. VMR Bribe was successfully in get \$35,000 towards the cost of the new outboards. The Commodore Ces thanked Ali for her help in obtaining the grant.



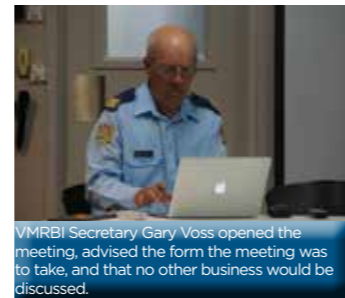
State Member for Pumicestone Ali King MP with Commodore Ces Luscombe and the new Yamaha outboard motors.

SPECIAL GENERAL MEETING

Thursday 31st August 2023 6:30PM -- 35 Members attended this meeting. The purpose of this meeting was to discuss the revised scope of work, and to consider a motion to continue with detailed design and construction of the revised scope of works. The current progress of Marine Rescue Queensland Implementation was also discussed.

1. MRQ Implementation - A brief discussion was held on where we are at with the MRQ Implementation, the possible logo, and uniforms.

2. Building Upgrade - At a General Meeting on 22nd March 2023, the membership approved the design and construction of extensions to the building. Subsequently, during the approval phase, it has come to light that the execution of the proposed building works will result in a requirement for additional scope, including installation of a lift and disabled toilet access. The lift is proposed to be installed to the lefthand side of the front entrance door, such



VMRBI Secretary Gary Voss opened the meeting, advised the form the meeting was to take, and that no other business would be discussed.



Vice Commodore Wayne Sclater outlined the new proposal, advised of the difficulty involved with the process so far and that hopefully the current proposal will satisfy the certifier.

that it would open into the Operations Office on the first floor. Busyfingers has offered to cover \$50k toward this project. The proposed toilet upgrade will be installed in the current location of the toilets upstairs, no changes are required for the downstairs toilets.



Most of the 35 members present.

CONGRATULATIONS KEITH



Senior Radio Operator Keith Walters was presented his 10-Year Service Badge from Commodore Ces Luscombe. Keith has been a Radio Operator since 2008, a Callout Radio Operator since 2017, and a Senior Radio Operator since 2022.



Aerial view of Caloundra and the Bribe Bar 8 Sep 2023. Photo credit thanks to Garry Fitzgerald and Caloundra Fishing World for this great photo.



The last assist on Father's Day for the crew, an out of fuel vessel being towed to Spinnaker Sound Marina from Buckley's Hole.



Above - Senior Sergeant Jay Bairstow introduces attendees to the new Water Police vessel.



VMR Bribe's Deputy Radio Officer John O'Hagan, Commodore Ces Luscombe, Senior Sergeant Jay Bairstow from the Water Police, and Coxswain Allan Tranter. The picture was taken by Radio Officer Peter McNamara.

SEPT VESSEL ASSISTS:

SEPTEMBER VESSEL ASSISTS:
FRI 01/09 1049AM - 5.4 Tinny non-member with motor issues at Flinders Reef required a tow to Bongaree Boat Ramp.
SUN 03/09 1616PM - 4.4m Stessco non-member out of fuel near Buckley's Hole, required a tow to Spinnaker Sound Marina.
THU 07/09 1311PM - 8m Cruiser member cannot start (no electrics) required a tow to Pacific Harbour canals..

2023 YEAR RADIO ROOM STATISTICS

To Thursday 14th September 2023
11,222 Calls, 3,311 vessels logged on,
165 Vessel Assists, 1,100 Sitreps, 878 Requests,
50 overdue vessels, 15 Vessel Tracking,
1,212 Radio Checks, 5 Weather Broadcasts,
3 Securite Broadcasts, 1 Pan Pan 0 Mayday.

VHF 60.5%, 27MHz 5.4%, Phone 16.0%. GWN 1.7%

SAFETY DAVE THE FRENCHIE'S MESSAGE:



Firefighting equipment, signalling device, life jacket Anchor and cable, Drinking water, Oars or paddles for boats under 6m, Bailing/pumping equipment.

Minimum Safety Equipment in Moreton Bay:
All the above plus Flares & V Sheet, Chart & Compass
Beyond Moreton Bay an EPIRB is also required. For full details visit the MSQ Website:
<https://www.msq.qld.gov.au/Safety/Smooth-and-partially-smooth-water-limits/Swl-brisbane>

"PLEASE WEAR YOUR LIFE JACKETS!"

"BUT importantly - Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

JOIN OUR TEAM

Learn new skills, serve your community and save lives. Applications for the next intake of volunteer boat crew are now open

Do you

- Like helping other people?
- Love the water & boats? Like to drive ours (eventually)?
- Want to give back to the Bribe Area community?
- Want to learn more maritime skills and local knowledge?
- Want to do all this as part of a dedicated team?

You will need to

- Have time available during each month for rescues or attend training.
- Be able to commit long term to the training, crew days and callouts.
- Be fit, healthy, active and be willing to learn.
- Live within 20 min of our Base at Sylvan Beach.
- Be willing to go in all sorts of weather, day or night.

Interested! Apply Now by going to our website
<https://www.vmrbricie.com/volunteering-for-crew-duties/>
for more info and an application form.
For any enquiries contact the Recruitment Officer (0400707479)

Applications closing, so apply now!

Tips for Buying Fishing Gear

The Basics Part 1

You can get excellent fishing gear prices online. However, so much about fishing is feeling, and feeling is subjective and difficult to put into words. Before you splash out on a significant tackle purchase, head to a tackle

shop and check it out - feel it. Talk to a professional. A good one has a wealth of experience and information to share. As a courtesy for their insights, buy something from the shop, a lure, or some terminal tackle. They may even match the price

you found online for the equipment you've got your eye on. Make Considered Purchases There is no need to spend a fortune to get out fishing. Ten dollars will get you out and amongst the fish. A handline, some hooks and

sinkers, some fresh bait, and you're fishing. Most of us want the best rod and reel we can afford. You can choose a basic rod, a telescopic rod, or a more high-end rod. A good rule of thumb for purchasing rods and reels, etc., is to make considered purchases

TIDE TIMES

Bribie Island AND Moreton Bay

FRI 8 Sep	0.65m	UN 10 Sep	MON 11 Sep	TUE 12 Sep	WED 13 Sep	THU 14 Sep
3:56 am	5:40 am	1:28 am	2:19 am	3:00 am	3:31 am	3:58 am
1.1m	1.09m	0.56m	0.47m	0.41m	0.37m	0.36m
9:45 am	11:07 am	7:06 am	8:03 am	8:46 am	9:21 am	9:49 am
0.53m	0.56m	1.18m	1.3m	1.4m	1.47m	1.51m
5:05 pm	6:25 pm	12:31 pm	1:40 pm	2:28 pm	3:03 pm	3:32 pm
1.64m	1.67m	0.53m	0.44m	0.36m	0.31m	0.28m
SAT 9 Sep		7:31 pm	8:23 pm	9:03 pm	9:34 pm	10:00 pm
12:14 am		1.73m	1.8m	1.84m	1.85m	1.84m
FRI 15 Sep	SAT 16 Sep	SUN 17 Sep	MON 18 Sep	TUE 19 Sep	WED 20 Sep	THU 21 Sep
4:18 am	4:39 am	5:00 am	5:22 am	5:45 am	12:11 am	12:48 am
0.35m	0.33m	0.31m	0.3m	0.32m	1.51m	1.38m
10:15 am	10:41 am	11:08 am	11:38 am	12:12 pm	6:10 am	6:39 am
1.55m	1.58m	1.61m	1.64m	1.65m	0.35m	0.4m
4:00 pm	4:30 pm	5:01 pm	5:36 pm	6:15 pm	12:49 pm	1:34 pm
0.29m	0.31m	0.35m	0.41m	0.49m	1.65m	1.63m
10:22 pm	10:45 pm	11:10 pm	11:39 pm		7:00 pm	8:00 pm
1.82m	1.78m	1.72m	1.63m		0.57m	0.66m

and aim for the best quality your budget will permit. Cheap and cheerful is not recommended and is usually a false economy. Unfortunately, plenty of manufacturers will gladly take your money for what amounts to garbage products. Stay clear of the bargain basement unless you know what to look for.

CHECK FOR QUALITY ASSURANCE

Check the warranties. So many anglers fail to do this and get burned. A lengthy, all-inclusive replacement warranty is a sign that the manufacturer stands by the endurance and quality of their products. You will sometimes find the less prominent brands offer excellent warranties. It's definitely worth checking out their products. You don't have to go for the 'big brands' for quality assurance.

BE CAUTIOUS WITH REVIEWS

Many anglers check online chat groups for information, feedback, and reviews about specific fishing equipment. There is so much information available it can be overwhelming. Be cautious. The internet doesn't care about bias. Nor can you quickly establish the credibility or experience of the person from whom you are getting the information. Just because most of a chat group likes a particular reel, it doesn't mean you will. Refer to tip number one

OBSERVE FROM ELEVATION

If possible, try and observe the beach you're about to fish from elevation. Dunes and headlands can be great for this. You can better

observe the gutters, holes, and channels holding fish from a height. A good set of binoculars can be convenient here.

WAVES ARE YOUR FRIEND

A flat surf is usually a sign of few fish. Most surf-dwelling species love the waves. Waves offer cover and stir up plenty of food. While you can catch fish on a flat day, wave action is definitely the preference. However, remember you can have too much of a good thing. If the surf is big, messy, and powerful, your chances are better in the river.

LOOK NEARBY

Great fish can be sitting right at your feet, literally. There's plenty of food on the shore break for smaller fish. That means there are likely to be larger fish chasing the smaller fish. Often, there is no need to cast a country mile. You may well be casting over the catch of a lifetime.

FISH LIGHTER

Often, we don't need to use 12-foot rods and big 6000-plus reels when fishing the surf. If your target is a smaller species and the wave action and wind permit, do yourself a favour - fish lighter for comfort and a more thrilling fight. A 7-foot rod with a 3000 reel is frequently all you need. Moreover, you will likely get more hits fishing a lighter rig.

TIPS FOR USING LIVE AND FRESH BAITS

USE LIVE BAIT
Fish like their meals to be alive. It's their preferred menu. If you are determined to catch quality fish, there is no better bait than live bait.

USE BIG BAITS FOR BIG FISH. You would be surprised to hear how many enthusiastic anglers ask, "How do I target big fish?" In saltwater, the answer is simple. Use big live bait. There is no surer path to hooking into massive fish. We've all had to use frozen flesh baits at some point. More than likely, we still do. However, your chances of getting good fish improve dramatically with fresh bait. The value of this tip can never be overstated. Fresh baits catch more fish more often.

GO LOCAL

Shrimp and Squid are outstanding bait. To ensure you're getting the freshest available, buy food-grade shrimp and Squid from your local supermarket or local fish co-op. If they're not labelled, ask where they were caught. Local produce is definitely the freshest. Avoid imports, as they have likely spent plenty of time on ice. You don't know the difference, but the fish sure do.

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FISHING REPORT

BY: Claude Trabelsi
Bribie Bait, Tackle and Bikes
cjsdemo@hotmail.com

Sand Whiting has been the most targeted fish this month, with lots of anglers managing to find a feed. Blood worms, yabbies, squid, and prawns are working well. Favourite land base spots have been Red Beach, Skirmish Point, in front of IGA, Sandstone Point Flats, Turner Camp Road and White Patch. Fishing the run-up tide has worked best from low to high as the whiting work their way up the banks following the tide. Boat anglers drifting Lime Pocket, Red Beach and in 8 to 9 meters depth of Woorim are also coming back with good catches. Light lines 4 to 6lb on whippy rods are the favourite. QLD rules allow 30 limit and a minimum of 23cm long,



Michael and I managing 70cm plus Flathead land base, ganged or Snell pilchards and squid work well. I love the Double Clutch when working the sand bars. Flathead has been a bit quiet, with mainly bigger units around. The low tide seems to be working best. QLD 2.0 rules for Dusty Flathead are a minimum size of 40cm with a Maximum size of 75cm with flathead growing to 1.3 meters, 5 Possession Limit.



Tailor schools have been smaller than usual this time of the year, I believe the lack of rain has been the main reason, the bait hasn't entered the passage hardy heads being the primary target for tailor and snapper. Instead, we have extra-large tailor in small schools chasing mullet and whiting which is a great trade-off. A lot of Tailors are lost at the boat as they are just too powerful to muscle into the boat. Recommend upsizing the line to 30lb to have a chase of landing these brutes. Snapper is late coming into



the passage but again without the bait in the passage, the snapper are feeding out in the bay, With good catches being reported around Moreton, Mud and Peel Island. Bongaree Jetty has seen many fish species caught, and always a surprise what can be landed in the

middle of the day. Mick caught and landed a 75cm Mulloway off the jetty. Great Catch.



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Regular boating maintenance can help you reduce the risk of serious issues on the water.

As any seasoned salty boat owner will tell you, the best practice in boating is to "keep your boat alive, use it, maintain it and she will always get you back home to port". But what does it mean "to keep it alive"? It's more than merely personifying the human relationship to your boat, it also means machinery cannot be left dormant for too long, nor remain unchecked or unused without the majority of parts starting to deteriorate or become unreliable. With the summer boating season just over the horizon, Australia's fleet of about 990,000 vessels is likely to hit the water in various conditions with many overlooked or neglected for maintenance. For some weekend captains, regular boat care, repair and maintenance is understood well. Maintenance is not a priority for others, and that can have severe consequences. Here are some useful tips you can use to

- check on your boat before your next trip:
- The state of charge and condition of your battery and all connections to the battery for corrosion and tightness of clamps, cables, and anchor points.
 - Start your engine with water feed and run until warm.
 - Check the tilt and trim functionality and look for leaks around the ram seals.
 - Do a complete visual check of the hull, including the sides, transom and underneath, for cracks, dings and holes.
 - Check for any weeping around the bung housing, skin fittings and other hull penetration points, including the bung plug condition.
 - Check the steering for ease of use from side to side.
 - Check to ensure the fuel is fresh as fuel loses its octane rating over time and can cause running issues.
 - Check oil reservoirs are up to the required level if you have a two-stroke engine

- or check the dipstick level on a four-stroke.
 - Visually inspect fuel lines, primer bulb and water separator.
 - Check the functionality of your marine radio and GPS/chart plotter.
 - Check navigational lighting.
 - Check your safety gear is in good operating condition and within the required dates for flares, fire extinguishers and inflatable life jackets.
 - Inspect your trailer coupling, winch mechanism and cable or strap for excessive wear and security of the bow eye.
 - Check tyre pressures and condition, lubrication of bearings and that wheels are spinning freely.
 - Inspect trailer lights and plug.
- The skipper should conduct a general vessel inspection using the above checklist before each voyage. A professional marine inspector should conduct a complete inspection annually or before the main boating season.

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David Horrocks



All cars have pedals. Every driver knows that, and once they learn to drive, they promptly forget about them. But they are important, very important. There are either two or three in the vast majority of autos; even the new 'sparkies' (electric models) have them. For this little exercise, we are only interested in the two right-hand side ones. If the third pedal is present, it doesn't come into play in the following dissertation.

Now, of important note here is that every time you push down with your foot onto one of the primarily rubber-coated devices, it's costing you money and the harder you push, the more money you're parting with. Environmental concerns are also at play, especially if you are green-inclined. If that's of importance to you, well, again, the more often you push and the more vigorous the application, the more you pollute. See, you don't have to spend millions on a new 'Sparkie' to help save the world; modify your actions.

The car will proceed if you don't have a foot on a pedal – uh! That's what is called 'coasting' or 'freewheeling'. Note the term 'free' because although it is not completely free travel, it is as near as you can get in this world. In the days of old, some cars had a control on the dashboard marked 'free wheel'. I once travelled in, I think, a 1948 model Rover so equipped. By turning this knob, you engaged or disengaged this facility; a modern car we have just acquired has this feature, but it works automatically – no fancy knob these days – all done with electronics now.

The two pedals we are talking about are the accelerator (the 'go' pedal) and the brake (the 'wo' pedal). If, whilst moving along, you take your tootsies off both and just concentrate on the steering, you will still proceed, albeit at a slowing pace. Now if you put thought into this ability, you can save the planet (a bit), but more importantly, you can save cash – why?

All the time you are pushing the go pedal, you are pumping fuel into the engine, and the harder you push, the more you pump. You may have noticed that especially of late, this fuel stuff doesn't come cheap, so it's worth thinking about all this, unless you're super rich of course.

The same thing applies when you push the 'wo' pedal. In this case, your pushing makes some items like brake pads or linings start to 'wear' by pushing them onto items made from steel, a substance that doesn't wear, at least not very much anyway. This activity on your part causes friction that effectively slows down the car. The energy displaced goes into heat – don't put your hand onto the inner wheel area of your car; if you've driven and stopped a lot, it might hurt!

These 'wearing bits', often called 'sacrificial elements' by

engineers – get the idea – they 'sacrifice' themselves to achieve a result – a lot like mothers do with kids. Again, the harder you push, the more the wear occurs, so the nearer you get to receiving a bill for the repair work to replace them; again, if you're mega-rich go read another article.

Now, how do you get to win out with this 'freewheeling'? Well, if you do what a lot of folks do and drive always with a foot on either pedal so that you push the 'go' right up until the instant you push the 'wo' pedal, then you're a loser. If you're a thinker and a winner, look ahead of the car, way ahead, and what's going on a distance ahead. If you see a roundabout, a red light, or a build-up of traffic, then lift your size nine off the 'go' and rest it on the floor as the car still runs ahead but slows, getting ready to handle the coming obstruction. Be alert and ready to apply the 'wo' if something unexpected happens.

Now there's a side effect to saving dosh and saving the planet (a bit). If you put mental effort into planning ahead with your car control, it keeps your mind on driving and away from the myriad of other worries in your life. Tell a lie here and swear that you never let your mind wander as you drive and sometimes can't remember how you got to where you are right now. I'll tell a truth and admit that when I was working and was trying to make the world a better place (that's maybe a little exaggeration, but I'm writing this, so let's call it poetic license), I often drove halfway to work with no recollection of the journey.

Now if you believe the boys and girls in blue, it's speed that kills. I reckon that it's inattention; if it is speed, then why is there not mayhem on the German autobahns? I've been in the Fatherland and driven at over 180kph – it's exhilarating to drive at very high speeds and believe me, your mind is so alert you notice everything.

The other thing is that it's fun to see how accurate you can become at judging distances and seeing how your ability improves over time. You don't get bored, frustrated or agro when using your skill to smooth the way. Aeons ago, when I lived in NSW and travelled very often to visit a business friend in ACT – a boring drive before the advent of motorways the friend who also made the same journey, and I had a competition to ease the boredom. We competed by noting the moment we passed the Liverpool highway sign and the moment we entered ACT at the border. The competition needed sportsmanlike honesty (that did exist in those far-off days) to declare how few times you touched the brake pedal over the journey. To take part in the game you had to be on full alert all the time. It was amazing how successful you could become.

Drive safe, save money and maybe the planet (a bit).

Aussies Love Advanced Driving Features, Though Less Sure About Autonomous Driving

Savvy's survey examines Australians' attitudes to autonomous driving and AI-assisted hi-tech driving features in new car models.

- 47% of Australians have some level of concern about AI or autonomous driving features
- 26% of 18-24-year-olds trust autonomous driving compared with just 5% of over 55s
- 52% of Australians choose 360° cameras and assisted parking as must-have tech in new cars
- 50% say blind spot monitoring, followed by 35% saying a touchscreen display is important

A representative survey of 1,000 Australian

adults by Savvy has shown that 52% of respondents say that autonomous parking features such as 360° cameras are their "must have" feature in a new car.

Artificial intelligence (AI) or autonomous driving technology is becoming a mainstay in Australian automotive. The Australasian New Car Assessment Program has encouraged this in part, including "active safety" technology as part of its new safety rating criteria as of January 2023.

Other active safety measures Australians consider essential in a car purchase are blind spot monitoring (50%), emergency braking systems (32%), adaptive cruise control (28%), and lane change assist (18%). 35% of those surveyed said touchscreen displays were important, followed by Apple CarPlay/Android Auto integration (34%), and keyless entry and/or a dedicated smartphone app (31%).

Women were more likely to choose safety features over men, such as 56% of women choosing 360° cameras as important compared with 56% of men. 37% of women versus 27% of men saw emergency braking as important, while 38% of men over 32% of women saw a touchscreen as a "must have" feature.

Safety feature importance seemed to increase as cohorts got older such as 44% of 18-24s saying blind spot monitoring was important over 62% of 55-64s.

General tech such as Apple CarPlay/Android Auto was most important to 18-24s (50%),

decreasing among all subsequent cohorts with only 18% of the over 65s stating the same.

Generation gap: Young say yes, older drivers cautious

Though we may be far from driverless cars, 22% of Australians say they don't trust and feel uncomfortable with new driving or autonomous tech, with 25% saying they have doubts and concerns.

Only 9% say they fully trust and feel comfortable with autonomous driving. 23% said they were neutral about the tech.

26% of 18-24s said they fully trust autonomous driving tech; only 8% of 45-54s, 3% of 55-64s, and 2% of over 65s saying the same. Savvy spokesperson Adrian Edlington says the cohort most sceptical about autonomous driving tech has the most to gain.

"In an earlier report, men aged forty to sixty-four are the highest risk of being a road fatality in Australia, and autonomous driving technology could possibly bring this awful statistic down," he says.

"As more of these technologies are refined and included in new cars and electric vehicles, it's inevitable Australian drivers will embrace them as potentially life-saving and useful technologies. Manufacturers who neglect these new technologies as a cost-saving measure will likely get left behind."



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LETTERS TO THE EDITOR



Dear Editor,
In answer to John Oxenford's question (The Bribie Island 25 August) of how the State Government could fund a new Bribie Island Bridge, I consider a user-pays system is always the fairest way to pay for anything. My generation has had the privilege of using the bridge for free for the last 40 years. The residents of Sydney have been paying for the Sydney Harbour Bridge ever since it was built 90 years ago and are also paying to use the Sydney Harbour Tunnel plus several tollways in the metropolitan area. The Federal and Queensland State Governments have already ruled out a toll yet also say the bridge must be paid for by those who use and benefit from it. Clearly, they are going to need a magician to come up with an answer to this conflict. Obviously, a toll is going to be a political hot potato. Even if it takes a hundred years, a user-pays system would be preferable to decimating hundreds more acres of natural bushland to accommodate another 10,000 people. The island's infrastructure, transport system, water supply, sewerage system, etc., cannot cope with such a large population. We must also consider the possibility in future of saltwater inundation from rising sea levels. This island is a fragile sand island and not suitable for large-scale development or high rise. This type of development should be kept to the mainland and leave Bribie as unspoilt as possible. Bribie Island is designated as an area of INTERNATIONAL importance under the Ramsar Treaty for the Protection of Wetlands, to which Australia is a signatory. This Treaty covers the whole of Moreton Bay. Federal and State Governments do not enforce the terms of this Treaty and allow non-conforming development. Bribie is already being loved to death by the uncontrolled use of the

Woorim turtle breeding beach as a 4x4 hooning area. The Pumicestone Passage, a critical fish breeding area, is having its aquatic sea life decimated by jet skis and speeding boats. I would hope our Governing bodies are wise enough to put aside their ambitions of re-election in favour of looking after the wonderful environment in which we live.
C. Wood Bongaree

Dear Editor
What excellent letters from H. Beneke and R.Mckerny published in Edition199. I too have received "vote No" disinformation material. My initial reaction was to put it in my compost bin. On further reflection, I realised this material would make a wonderful teaching resource to help our voters of tomorrow learn how to analyse a document in order to check out if it is factual or merely a way to manipulate and spread fear. To quote R. Mckeney " FACTS instead of Fear" can only be assured by seeking the truth for oneself.
S.Gerdsen

Dear Editor,
An advisory body is a risk, is it? Is it a risk to create an advisory body to the federal parliament and government? If it's a great risk, as some would have us believe, surely advisory bodies to the federal government couldn't already exist. In reality they do and some of them have been in existence for over 70 years. A search on the Internet comes up with 109 results alone for the Department of Health and Aged Care. To illustrate the wide range of the advisory groups that provide expert advice to the federal government, a small selection follow, in alphabetical order.

- Aged Care Advisory Group
- Aged Care Council of Elders
- Australian Law Reform Commission
- Australian Technical Advisory Group on Immunisation
- xpert Advisory Board on Cybersecurity Strategy
- Film Certification Advisory Board
- Foreign Investments Review Board
- Medicare Services Advisory Committee
- Ministerial Advisory Council on Skilled Migration
- National Plan Advisory Group (National Plan to End Violence against Women and Children 2022-2032)
- Pharmaceutical Benefits Advisory Committee
- Productivity Commission
- Submarine Advisory Committee
- Women's Economic Equality Taskforce
- Woomera Prohibited Area Advisory Board
- Will one more advisory group, an Indigenous and Torres Strait Islander one, be the ruination of the country. Of course not.
Lyn Rushby
Bribie island

Dear Editor,
We have been living in Bribie Island for over two years now, and we love what the island offers. We understand that it is the 'Jewell in the Crown' for the Moreton Bay City Council and the island attracts many visitors each weekend. Especially now the weather is starting to warm up. You have the choice of many foreshore beaches or the Woorim back beach. To the parties set up on the foreshore, please keep your music down as we do not all want to hear the rap song swearing as we take our daily stroll. As for the back beaches, if you want to wear almost nothing, please find a more secluded area to sunbathe and not the family-orientated areas. My 6-year-old granddaughter asked me why these young girls (maybe 15/16) were wearing almost nothing and she commented that the girls would be in trouble if their mums 'knew what they were doing'. Instead of desperately trying to look sexy before your time, please consider all beach users.
HAVE SOME RESPECT
Banksia Beach

CRIME REPORT BRIBIE ISLAND WRAP

AUGUST 2023



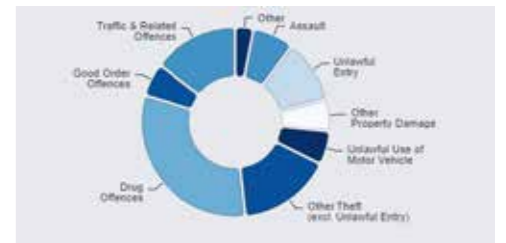
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NEW POLICE DUTY VEHICLES ON PATROL

New fit-for-purpose marked District Duty Officer (DDO) police vehicles are being rolled out across Queensland, equipped with the latest technology and 'rumbler' vibration sirens. Designed by operational police, the vehicles are fitted with state-of-the-art equipment, including an array of tools, communication systems, safety devices, innovative storage, command planning equipment, and search and specialist lighting. With a distinct silver colour, the L300 Landcruiser also has new distinguishing decal markings to enhance visibility and complement improved safety features and can traverse both urban and off-road terrains. The 'rumbler' siren emits low-frequency sound waves through large subwoofers on the front of the vehicle, creating vibrations that allow people in the vicinity to feel the approach of a police vehicle and hear it. The vehicle connects these vital frontline leaders with other capabilities, including Polair and the Police Communications Centre, in new and innovative ways. Additional extras like the Reveal Shield PRO, a small hand-held night vision device, have been included in the vehicle's design specifications. The thermal imagery helps the officers locate persons or objects over a space of 50 metres or more and will prove a vital addition to the comprehensive toolkit provided. Over the course of each shift, DDOs take charge of priority incidents, including matters of Other 2

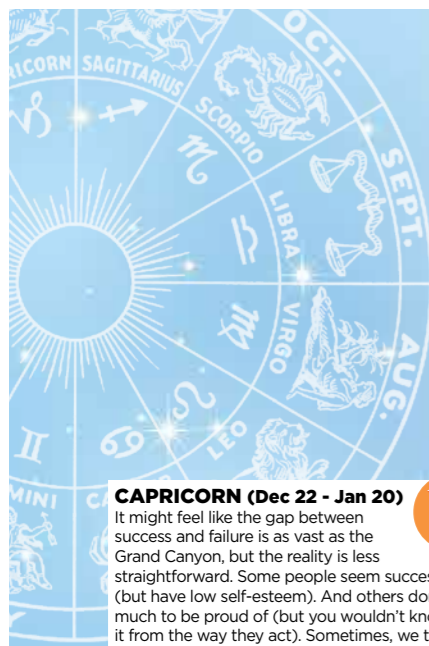
- Assault 5
- Unlawful Entry 8
- Other Property Damage 4
- Unlawful Use of Motor Vehicle 4
- Other Theft (excl. Unlawful Entry) 12
- Drug Offences 24
- Good Order Offences 4
- Traffic & Related Offences 11

74 Offences
19 AUG 2023 — 18 SEP 2023



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Horoscope

The Equinox marks a tipping point. Not only does it encourage us to appreciate how far we've come, and quantify what we want to accomplish over the rest of the year, but, as the Sun enters Libra while Venus continues to explore Leo, a 'mutual reception' takes place. With each planet visiting the other's celestial home, we can harness different aspects of our creativity. Our past experience enables us to maximise new opportunities. And with the Aries Full Moon, we might be surprised by the possibilities coming our way.

CAPRICORN (Dec 22 - Jan 20)

It might feel like the gap between success and failure is as vast as the Grand Canyon, but the reality is less straightforward. Some people seem successful (but have low self-esteem). And others don't have much to be proud of (but you wouldn't know it from the way they act). Sometimes, we think we've been successful (then realise we missed the point). And sometimes, we regret a choice (only to realise that a wrong decision ended up right). Don't judge yourself (or anyone) harshly this week. Then, you'll be on the right track. The Equinox brings cosmic gifts your way. Are you ready to be inspired? Visit ozfree.cainer.com



PISCES (Feb 20 - Mar20)

These days, we take photos with our phones and beam them round the world in micro-seconds. It used to be much more complicated. Cameras had films that were processed in labs. To get a reprint, you needed its 'negative' - a sort of inverse image of the actual picture. A scenario you're currently dealing with feels opposite to the way you'd like it to be. But this is just part of the process. Be patient. A transformation is taking place. The outcome will be good enough to produce a success you'll treasure enough to want to frame. The Equinox plus the Full Moon can change your life for the better. Visit ozfree.cainer.com



GEMINI (May 22 - Jun 22)

How frustrating. You've got important info to share, but no one seems to be listening. What's going on? Are you in some kind of strange psychic soundproof bubble that's preventing your words from being heard? It's not as if the issues you want to talk about relate only to you... other people will benefit from your insights. Since repeating the same (rather obvious) facts isn't getting you anywhere, save your energy. This week, if you stop talking, and get on with what you're doing, people will ask for your advice. And heed what you say. The Equinox and the Full Moon energise your life this week. Visit ozfree.cainer.com



VIRGO (Aug 24 - Sept 23)

Could you be making a terrible mistake? Maybe. Then again, you might be making a terrible mistake in worrying about making a mistake! Since you can't be certain, you might as well relax. Then, you might find yourself enjoying the situation that's unfolding. And as your enjoyment level rises, so will your self-confidence. And that will make you more willing to set off on an adventure. Which is good news, because that's what the cosmos brings this week. And if you don't embark on it, you really will be making a mistake! Capture the auspicious energy of the Equinox. For more info visit ozfree.cainer.com



SAGITTARIUS (Nov 23 - Dec 21)

You can transform a room just by lighting a candle or two, and dimming the lights. The dust on the shelves disappears. So do the scruffy sofa cushions. And when we turn a bright light on, as the details appear, we become aware of all those less-than-desirable factors. You'd prefer not to have to deal with some of the issues and insights appearing in your world. Yet they bring clarity and understanding. This week, be open to new discoveries. You'll gain far more pleasure than pain from the revelations coming your way. You'll see! Use the magic of the Equinox/Full Moon to create change. Visit ozfree.cainer.com



ARIES (Mar 21 - Apr 20)

It's in moments of weakness that we realise the full extent of our strengths. When we're challenged, and have to face a fear (or adjust to a new reality) we surprise ourselves with our ability to adapt and respond. We might think we can't cope. But it turns out we can. Surprisingly well. Before you start to worry, I'm not predicting a difficult week. Quite the opposite. The Full Moon, in your sign, enables you to appreciate the benefits of having dealt with a difficult situation. You're stronger... and ready to courageously move on. The Equinox can rejuvenate your world. For inspiring news visit ozfree.cainer.com



CANCER (Jun 23 - Jul 23)

If two people are trying to get to the same place, who will get there first? The person who's zooming along in their car? Or the one who's strolling along the road? It seems obvious. But the answer depends on which route they've opted for... it doesn't matter how fast you're moving if you're heading in the wrong direction! Since you're making good decisions, there's no need to put yourself under pressure this week. You might not be progressing as fast as you'd like. But you can be confident that you're heading to the right destination. It's Equinox week! Find out how to make your dreams come true. Visit ozfree.cainer.com



LIBRA (Sept24 - Oct23)

If you're confident about what the week ahead has in store, you don't need to read any further. But I'd like to predict that you're uncertain. You're not as sure as you'd like to be. You can sense change in the air. This, however, isn't a reason to feel anxious. You just need to find a new way to go to approach an old problem. You've been stuck in one particular rut for too long. Isn't it about time for more excitement, adventure and freedom? You also deserve a greater sense of financial security. All this, you're about to get. Let the warmth and power of the Equinox/Full Moon week inspire you. Visit ozfree.cainer.com



AQUARIUS (Jan21 - Feb 19)

Rules are rules. We hardly notice their existence until we run up against one we want to break (like those silly protocols we have to conform to in the name of tradition). Being ruled by Uranus, you don't like being told what to do. You might be able to disguise your rebelliousness under a veneer of politeness, but even when you can't make your mind up, you don't want someone else making it up for you. This week, you find a clever way to free yourself from following a boring convention... and that's empowering. How will the Equinox and the Full Moon transform your life? Visit ozfree.cainer.com



TAURUS (Apr 21 - May 21)

If 'no news is good news', but 'knowledge is power', no wonder life sometimes gets so confusing. Add the fact that we've got so much info at our fingertips, and it's easy to be inundated with different opinions. Aargh! This week, base your assessment of what's right and true on your own feelings and experiences. Focus on what you 'know' in your heart-of-hearts. You're perfectly capable of working out how to deal with a piece of news. And, if you follow your intuition, you'll be able to use it as a catalyst for positive change. Give yourself the best Equinox present ever. Find out more! Visit ozfree.cainer.com



LEO (Jul 24 - Aug 23)

We all want to be the best possible versions of ourselves. But when we're in situations that make us feel uncomfortable, it's hard to act completely naturally. We disguise ourselves as something we're not. You're not normally reticent about wearing your heart on your sleeve. But you're not obliged to bare your soul to everyone you meet. This week, don't panic if you find yourself being quieter than usual. You're just taking your time to assess a new situation, and how it makes you feel. Once you're at ease, you'll shine like a star. The Equinox and the Full Moon bring powerful positive change! Visit ozfree.cainer.com



SCORPIO (Oct 24 - Nov 22)

A piece of ancient wisdom for you: 'serious matters should always be treated lightly, while trivial issues should be given great respect'. Wouldn't it be great if we could remember and instigate this philosophy? It's true of course. If you give a difficult issue all the energy it seems to demand, you end up neglecting everything else. And that includes all the nourishing, fun aspects of your world. And, if you attend to trivial matters, you stop them getting problematic. Take a breath, and assess before leaping into action. The Equinox plus the Full Moon brings potential for transformation. Visit ozfree.cainer.com



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