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ISSUE 202 OCT 20, 2023

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We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.

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KEY CONSIDERATIONS FOR MEN'S PROSTATE HEALTH

12



7TH YEAR RIDE FOR RED

21



BEACHMERE COMMUNITY MARKET 1 YEAR OLD

31

Welcome



Dear Readers,
Welcome to edition 202!
Christmas is getting close, and the festive season is about to begin! This weekend, we have the Bribie Island Nature Festival starting, and there is so much to do and see; there is no reason to be bored! So, get out there and

experience all the good Bribie offers!

With the weather warming up, snakes are now on the move. Be careful when out and about, keep an eye out for the nope ropes bound to make their presence known. Check around your home and make sure you have limited "hidey" spots that would make for a lovely home for them. This is essential when you have young kids or animals who poke around places they shouldn't.

Now that the referendum has ended, with the results being a no-vote, I hope we all remember as Australians that we must take our country beyond this debate without forgetting why we had it in the first place. Let us work towards making sure no man, woman or child ever feels divided or disadvantaged based on their heritage. There is so much we can all learn from different cultures, and it would be a significant loss to all if the longest-living Indigenous culture in the world was lost and forgotten. Let us be one, working together in the land we are blessed to call our home.

Until next time,
Take care, stay safe

Cherrie

CONTENTS

- Al Finegan36-37
- Crime Report 60
- Crosswords..... 34
- Fishing Report60-61
- Kids Page 35
- Letters to the Editor.....66-67
- Market Times..... 31
- Meet Your Local Tradie 70
- Pet Pages40-41
- Sports Pages38-39
- Tide Times 61
- Trades And Services.....71-79
- VMR58-59
- Writers Corner.....33

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The beauty industry is an ever-evolving landscape, constantly setting new trends and standards.

CHAMPAGNE-INFUSED BEAUTY PRODUCTS: THE ELIXIR OF RADIANCE

Champagne, a symbol of luxury and celebration, has found its way into the beauty industry, with its antioxidant properties and nutrient-rich composition, champagne brings many benefits to skincare and haircare.

In skincare, champagne's antioxidants help combat free radicals, promoting a youthful and radiant complexion. Effervescent champagne-infused products aid in improving blood circulation, stimulating skin cell renewal, and revitalizing the skin's appearance. Brands are introducing champagne-infused facial mists, serums, and moisturisers, offering

consumers a touch of luxury in their daily beauty routines. For haircare, champagne's amino acids nourish and strengthen the hair, enhancing shine and manageability. Expect a surge in champagne-infused shampoos, conditioners, and hair treatments that promise luscious locks and a touch of glamour in every wash.

CONSULT A PROFESSIONAL MENTOR: PERSONALISED BEAUTY GUIDANCE

As the beauty market becomes increasingly saturated with products and information, consumers seek personalized guidance to navigate the vast array of choices.

A professional beauty mentor is a seasoned expert in the industry who offers personalised advice based on an individual's unique skin



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type, concerns, and lifestyle. Whether through in-person consultations, virtual sessions, or AI-powered platforms, these mentors provide valuable insights and recommendations tailored to each person's specific needs.

As the demand for personalised beauty rises, consulting a mentor becomes essential for those seeking effective and efficient beauty solutions. These mentors suggest products and educate consumers about skincare ingredients, makeup techniques, and haircare routines, empowering them with the knowledge to make informed choices for their beauty journeys.

ADDITIVE MANUFACTURING: A REVOLUTION IN CUSTOM BEAUTY PRODUCTS

Additive manufacturing, commonly known as 3D printing, is set to revolutionise the beauty industry by offering customisation like never before. This cutting-edge technology

allows beauty brands to create bespoke products that cater to individual preferences and needs.

Additive manufacturing enables the formulation and creation of personalised makeup products, skincare items, and even fragrances. Makeup enthusiasts can have their unique shade of foundation, lipstick, or eyeshadow created on the spot, perfectly matching their skin tone and style. Moreover, the technology allows for integrating specific ingredients to address individual skincare concerns, delivering maximum efficacy and results. Additionally, additive manufacturing is also paving the way for sustainable beauty practices. With products created on-demand, there is less excess inventory and reduced packaging waste, making it a more environmentally friendly option.

THE RISE OF THE MAKEUP ARTIST: ARTISTRY IN THE DIGITAL AGE

In 2023, makeup artists are taking centre stage in the beauty industry and the digital realm.

Social media platforms and video-sharing platforms have given rise to a new breed of influencers who are talented makeup artists.

The rise of makeup artists as influencers has transformed how beauty trends are disseminated. Their artistry and creativity inspire millions of followers, making them the go-to source for the latest makeup techniques, product reviews, and trend predictions. Beauty brands increasingly collaborate with makeup artists to create exclusive collections and products that resonate with their followers.

Moreover, makeup artists are utilising technology to reach a wider audience. Virtual makeup tutorials, augmented reality beauty try-ons, and live streaming of makeup sessions have become prevalent, allowing makeup artists to connect with their followers in real time and share their expertise on a global scale.

The beauty industry is poised to witness exciting developments shaping how

we perceive and engage with beauty. Champagne-infused products will add a touch of luxury to skincare and haircare routines, while consulting professional mentors will empower consumers with personalised beauty guidance. Additive manufacturing will revolutionise beauty personalisation, and the rise of makeup artists will redefine artistry in the digital age.

Beauty's future is set to blend innovation, expertise, and artistry, promising a transformative experience for beauty enthusiasts worldwide. Finding the perfect skincare regimen, discovering bespoke makeup products, or learning the latest makeup techniques is filled with endless beauty possibilities. So, raise a glass to the future of beauty - where individuality, creativity, and technology converge to create a world of radiance and confidence. The beauty industry is an ever-evolving landscape, constantly setting new trends and standards.

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mojito... 1st BIRTHDAY



At Mojito We are thrilled to announce that our store in the Bribie Island Central Mojito celebrated its first birthday this October!

To celebrate this milestone, we organised an afternoon party at the store where lots of our customers came and celebrated with us. Ladies were treated to a fashion parade showcasing our new summer collection modelled by some of our very own staff, showcasing our size range from 10 - 20. There was also an amazing array of giveaways including shoes, hats, a gift voucher and many other lucky door prizes. In total we gave away more than \$800 of stock.

It was a great chance to celebrate a local success story of a business that was started in the time of covid and is now thriving and employs 9 ladies.

Bernie's passion and dedication to ladies' clothing is truly inspiring. She opened her first

boutique in the early 2000s at Peregrin Beach on the Sunshine Coast and now has two Ladies fashion brands, Pina Colada in Benabrow Ave and also has a store located in Gympie, and her third store in Bribie Island Central Mojito. The business was created to fill a gap in the Australian market for on trend clothing that flatters all body shapes and is also very affordable and perfectly suited to our Australian climate and lifestyle. The business is very unique because along with Bernie it works with designers to create its own in-house labels which includes Sea Of Love, Momento and Mojito.

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Bribie Simply Healthy

Cancer Remedies

By Heenam Kim



A man came to the shop in search of natural cancer treatments. He had done his own research and taking necessary approach to combat his prostate cancer, I recommended supplements, including Lypo-Spheric Vitamin C and MSM, L-Lipoic Acids and Astaxanthin. When he returned to the shop the second time to top up his supplies, he said his PSA level was reduced lower than 4 from 28, his doctor couldn't believe the progress. Further tests were scheduled to confirm the results, but this outcome was truly remarkable.

Lypo-Spheric Vitamin C.

Lypo-Spheric Vitamin C is among the most sought-after products in our shop. It utilises liposomes to safeguard vitamin C from degradation and facilitate the achievement of higher concentrations in targeted tissues. This advanced delivery system holds the potential to enhance the therapeutic effectiveness of Vitamin C in cancer treatment. Vitamin C has high antioxidants, it works to protect cells from damage by free radicals, which are implicated in chronic diseases like cancer, heart disease, and Alzheimer's disease. Furthermore, antioxidant are instrumental in maintaining your body's immune system and supporting heart function.

Astaxanthin

Astaxanthin is a member of

the carotenoid family and is celebrated as one of the most potent antioxidants found in nature. Its exceptional ability to combat free radicals and reduce oxidative stress makes it a valuable contributor to overall health. Free radical damage can have implications for various health areas, including cancer. Astaxanthin is believed to support immune function, potentially strengthening the body's defence against cancer. Additionally, it may play a role in inhibiting angiogenesis, which could help slow tumour growth. Also it has shown mitigate the side effects of radiation and chemotherapy and support the body during cancer therapy.

Vitamin B3

Vitamin B3 (Niacin) is essential overall health, including the function of the nervous system and the metabolism of carbohydrates, fats, and proteins. B3 has anti-inflammatory properties and can help reduce chronic inflammation, which is associated with cancer development and progression. B3 involved in DNA repair mechanisms and it can be used as a chemoprotective agent, meaning it may help preventing the development of cancer in high-risk individuals.

Glutathione

Glutathione is a primary antioxidant in the body. It neutralises free radicals and helps protect cellular structures and DNA from damage. Oxidative stress and DNA damage are factors associated with cancer development. Additionally, it is essential for maintaining a strong immune system. Glutathione is the ultimate food source for mitochondria (powerhouses of the cell), to create energy.

The list of cancer remedies can go on, but these are the popular products from the shop.

How Emotions Affect illnesses: Mind-Body Connection.

Cancer is often associated with oppressed emotions, such as anger. The disease prone personality, characterised by prioritising the emotional needs of others while neglecting one's own, is a major risk factor for illness.

In Western medicine, diseases are typically viewed as pathological processes involving disruption of cells, molecules, organs and various bodily system. However, illnesses are not isolated entities but rather expression of an individual situation. Our illnesses connected our emotions and traumas, reflecting our unique life experiences and social circumstances.

Illnesses are signaling system, letting us know to pause and reevaluate the current situations and lifestyles. This process becomes a journey of self-discovery, an opportunity to embrace and come to terms with the underlying factors at play. It's a chance to explore the true selves and heal from the essence of trauma, often associated with disconnecting from our inner selves. It's an opportunity to release trapped emotions and reconnect to your inner child.

We are here to support you in rediscovering your true self resolving emotional blockage using a combination of powerful techniques, including **EFT (Emotional Freedom Technique), NLP (Neuro Linguistic Programming), Clinical Hypnosis and Quantum Healing Technique.** These methods may help alleviate contributing to physical illnesses. Please free to drop by Bribie Simply Healthy for further inquiries. **Your well-being is our priority.**

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• Vouchers for the Yumi™ Keratin Lash Lift are also available, and is a Great Gift Idea for Birthdays, Special Events or Christmas Gifts!

- Vanessa is a local resident to Bribie Island, with a love for Health, Lifestyle, and Community.
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KEY Considerations for MEN'S PROSTATE Health

No matter what age a man is, his general health must focus on keeping his prostate in the best possible condition. The prostate, a relatively small gland that plays a key role in the male reproductive system, is responsible for both the reproductive process and urine function. This essay

will delve deeply into the six most important factors that every guy can be aware of in order to keep their prostate in pristine shape, and it will do so by discussing these factors in a step-by-step format.

Acquiring Knowledge About the Prostate Gland

The prostate gland, also called the “male prostate,” is a component of the male reproductive system that is very tiny yet plays an important role. It has a size comparable to that of a walnut and is situated right below the bladder and all around the urethra. A man's reproductive and urine functions are both largely dependent on this gland despite the fact that it is only a very small structure. Ejaculation is the principal means by which the prostate fulfils its primary role of producing a fluid that nourishes and transports sperm. This fluid is an essential component of fertile semen and is important in the reproductive process. When it comes down to it, a man's capacity to father children primarily depends on the state of his prostate and how well it functions.

Screening for the Prostate regularly

Now that you have a fundamental knowledge of the prostate gland, it is time to delve into the first primary factor to consider: the performance of routine prostate screenings. When they have progressed to an advanced stage, prostate-related health problems, such as prostate cancer, frequently do not show any apparent signs until that point. As a result, discovery at an early stage by consistent screening is essential. The prostate-specific antigen (PSA) test is generally considered one of the most reliable screening

“Dr Ensieh Madhkhaneh Fahani (Dr Ensieh), has joined the team at Elysian Medical Centre. Dr Ensieh is available Monday - Friday. **She is currently taking new patients**

Dr Ensieh has many years experience. She graduated from Medical school in 2009 in Iran. She moved to Australia with her family in 2019 and commenced practice.

Working in different fields such as - Emergency department - Geriatric acute care - Endocrinology department - Opioid dependency therapy - Cosmetic dermatology, she has great knowledge and skill for managing various medical conditions in General Practice.

Dr Ensieh speaks English and Farsi/Persian.

She has keen interest in

- ✓ Geriatric Medicine : Chronic conditions management including hypertension, kidney disease, cognition disorders, asthma, COPD, etc.
- ✓ Endocrinology : thyroid disease, diabetes mellitus, osteoporosis.
- ✓ Women's health : contraception, antenatal care, abnormal bleeding and infection.
- ✓ Paediatrics health : immunisation, regular growth checks, infections, behavioural problems.
- ✓ Preventative health: cancer screening, immunisation
- ✓ Mental health : depression, anxiety, sleep disorders.
- ✓ Dermatology : acne, eczama.,

Also she is interested in weight management, iron deficiency management and arranging advanced care directive.



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Dr Lalit Mohan, has joined Elysian Medical Centre. He is taking new patients, and is available Monday to Friday.

Dr Lalit Mohan has experience in Cardiology, Accident and Emergency medicine and General practice. Dr Lalit is passionate about all areas of General Practice with special interest in chronic condition management and preventative health. Lalit enjoys watching cricket, movies and travelling. He also speaks Hindi and Russian.



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procedures. An elevated PSA level may be an early warning sign of several prostate-related conditions, including cancer. In addition to the PSA test, the doctor could perform a Digital Rectal Examination (DRE) on the patient. A DRE involves the healthcare provider placing a gloved finger lubricated into the patient's rectum to detect any abnormalities in the prostate. This physical examination can potentially pick up on anomalies that a PSA test might not uncover.

Treatment for Prostate Cancer

The TULSA procedure, which is also known as transurethral ultrasound ablation of the prostate, is a cutting-edge medical method that is largely utilized for the treatment of disorders that affect the prostate. Those looking for treatment for prostate-related difficulties have a great option available to them in robotic prostatectomy due to the fact that it is minimally invasive, precise, effective, has a lower risk of adverse effects, a shorter recovery period, the opportunity to undergo it as an outpatient, and that it may be

customised. However, it is vital to contact a trained medical specialist in order to establish whether or not the tula procedure is the appropriate decision for your particular illness and the specifics of your situation.

What You Eat and How Much of It

Moving on to the next important factor, you have diet and nutrition to take into account. The quality of your prostate health can be significantly influenced by the foods that you put in your body. Foods high in antioxidants and hence capable of shielding the prostate from oxidative damage include tomatoes, cherries, and green tea. In particular, the antioxidant lycopene found in tomatoes has been associated to a reduced risk of getting prostate cancer. Fatty fish like salmon, mackerel, and trout are good sources of omega-3 fatty acids, which have been shown to have anti-inflammatory effects on the body. Consuming these fish regularly can help reduce inflammation in the prostate and minimize the likelihood

of developing disorders related to the prostate. On the other hand, it is recommended to cut back on the consumption of red meat and dairy products, particularly those with high-fat content. There is a correlation between diets high in red meat and dairy products and an elevated risk of prostate cancer. You might want to think about introducing more plant-based alternatives and leaner forms of protein into your diet.

Keep Yourself Hydrated

Even though it might not appear connected, maintaining a healthy water level is essential for the prostate. Consuming adequate water is vital for ensuring the normal functioning of all biological systems, including the prostate, as it helps flush out toxins from the body and maintains hydration. To help promote the health of your prostate and your body as a whole, you can aim to consume at least 8-10 glasses of water daily.

Reduce Your Intake of Alcohol and Tobacco

An increased risk of prob-

lems with the prostate might result from excessive alcohol consumption and other health problems. It is essential to reduce alcohol consumption and take pleasure in alcoholic beverages in a measured manner. If you are a smoker and want to reduce your risk of prostate-related illnesses, stopping smoking is one of the best things you can do. Quitting smoking is an important preventative measure that can improve prostate health because smoking is linked to a higher chance of developing prostate cancer and other health problems.

Putting your prostate health first is essential if you want to maintain your overall health. You can take preventative steps to reduce the risk of prostate problems and enjoy a healthier life by gaining an understanding of the function of the prostate gland, going in for screenings on a regular basis, consuming a healthy diet, being physically active on a regular basis, maintaining adequate hydration levels, and avoiding excessive use of alcohol and tobacco.

Dr Mike Esmailzadeh has joined the team here at Bribie Island Medical Centre. Dr Mike will be available Mondays, Tuesdays, Wednesdays and Thursdays.

He is also taking on new patients.

Dr Mike, who graduated in 1996, has many years' experience in General Practice as well as teaching. He has commenced his practice in Australia in 2019.

Dr Mike is a driven GP who enjoys all aspect of General practice and has an appreciation for the complexities of Chronic Conditions Management such as Diabetes, Cardiovascular disease, Chronic Kidney Disease, Asthma and COPD as well as Mental Health.

Areas of interest:

- ✓ Chronic disease management; Diabetes, IHD, Asthma, COPD, CKD.
- ✓ Weight Management
- ✓ Men's health
- ✓ Mental Health
- ✓ Dermatology
- ✓ Family Medicine
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Busy Fingers...

DAILY CHANGES

Many people have been on our Facebook page complaining when we cannot accept clothes at certain times. We have an abundance of women's clothing and currently do not have enough storage space. We are just asking if you can keep it for a few days and drop it off on your next visit. We are always in need of children's AND men's clothing, as we all know men wait for their clothes to fall off them before they give up that favourite shirt, so those clothes are always welcome. We often have no room available for furniture and electrical items too, and we are currently getting signs printed to alert our donors of which of the three items we cannot take that morning or day. So, we hope you understand and can assist us with this problem. We will also be closing the donations drop-off point 30 minutes before closing time - 3 pm Monday to Friday and 11.30 am on Saturday, so that the staff can tidy up the area and put any donations already received into the shop before leaving for the day.

ASSISTANCE

As most people are aware, we do not accept individual requests for grants; we only deal with non-profit organisations and clubs, but please remember our door is always open to people suffering genuine hardship and in need of some of our shop items. Please come in and see our manager if you need our assistance, or call 3408 1014, which is also our number to book pick-ups.

DONATIONS THIS MONTH:

With the help of our supporters and the many customers that come through the shop, we have been able to assist many associations on the island this month, including our permanent assistance to VMR for fuel, Hospice for the Palliative Care Suite, and the monthly assistance with Foodbank and Fuel for BI Global Care. BI Quilters needed to upgrade their iPad and Laptop as their current equipment is becoming unreliable. BI Police needed to replenish the DV advertising coasters for our clubs, BI Rotary needed to replace the battery and pads of their Defibrillator in their catering van. BI Legacy have asked us to assist with the Christmas Party for their members. BI Pink Dragons needed assistance with advertising, brochures and flyers for their event this month. BI Community Kindy needed assistance in purchasing next year's tee-shirts and hats for the little ones and signage requirements. Bribie Respite and Support Services also needed part assistance in obtaining a bus and BI Nature Festival has received some shop vouchers for their raffle. We thank all our donors and customers for their continued support in raising funds to enable us to support the many organisations on the island.

FREE BASKET OF GOODNESS

during the month, customers who spend \$10 in the shop will have an entry into our draw, and the winner will be contacted.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs; we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance. When applying for assistance, please include a contact name and phone number and also a current equipment quote (from an island business if possible). Tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com. Please be aware we only support Bribie Island associations and groups, not individuals.

I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra



OUR CHRISTMAS CLOSURE IS FROM MONDAY 25TH DECEMBER AND RE-OPENING MONDAY 8TH JANUARY.

TRADING HOURS

HOURS 8 AM TO 3.30 PM Monday to Friday and 8 AM to 12 on Saturday Morning.



FASHION & FUNCTION WITH A PURPOSE

The Bongaree Bowls Club held a very successful Fashion Parade on Friday 6th, October at the clubhouse. This was a major fundraiser for Bongaree Bowls Club and was well supported by the Bribie community, with a total of 147 guests attending from many other organisations on Bribie and the surrounding mainland. The community spirit of Bribie and its surroundings is well and truly alive and well. Thank you to all who attended and made the day such a success.

The models performed with elegance and humour! Without them, the show would have faltered! Thank you to Kathy from Kathy Sankey's Postie Fashions, who provided the fabulous outfits. Kathy generously donated 10% of all sales for the day to Bongaree Bowls Club. Other generous donations for raffles came from Flair Jewellery, Frankie & Co Hair Boutique, Bongaree Pharmacy, K Beauty and many club members.

Photo 1 The happy crowd enjoying the fashions!
Club member

Photo 2 Marilyn Weston, one of the models



WE ARE HIRING!

Part-time

Sales Representative

Must be passionate about our community and have a drive to see our clients succeed.

Outgoing, hardworking and proactive. Able to develop and present marketing strategies for our clients.

To apply

Email your resume to
editor.thebribieislander@gmail.com



Busy Fingers Op Shop
38 Cotterill Ave, Bongaree

**GREAT BARGAINS ON CLOTHING,
SHOES, ELECTRICAL, TOOLS,
TOYS AND MUCH MORE**

**VOLUNTEERS
ALWAYS
WELCOME**

**FREE PICK UP
AND LOW COST
DELIVERY**

PH 3408 1014
Mon-Fri 8:00-3.30, Sat 8.00-12.00

PETA SPREADS HER WINGS AS BUTTERFLY HOUSE OPERATIONS MANAGER

A new chapter has started at the Bribie Island Butterfly House with the recruitment of our first part-time employee Peta Miller-Daraz.

Peta will help with the management of our growing organisation and support our team of volunteers who will continue to look after our caterpillars, butterflies, visitors, nursery and maintenance requirements.

Peta has been a Bribie local for 28 years and raised her four children here, sharing the love of the island with her three grandchildren (soon to be four).

She brings her strong management and community experience to the Butterfly House which opened to the public in 2017, after Ray and Delphine Archer first started a small volunteer-based butterfly community in Banksia Beach in 2014.

"I have always been passionate about numerous worthy causes over the years, starting in primary school when I used to door knock for the Red Cross and it's continued from there," she said.



Bribie resident Peta Miller-Daraz has joined the Butterfly House team as part-time Operations Manager.

"My last passion was Busy Fingers where I poured my heart and soul into such a wonderful charity for almost 11 years.

"I have now been gifted this amazing opportunity to share my love and passion for another worthy cause all over again

and share the magic of our butterflies with people who travel near and far, with the help of our fabulous volunteers," Peta said.

BRIBIE ISLAND BUTTERFLY HOUSE
Open: Wed and Sun, 10am-4pm
www.bribieislandbutterflyhouse.org

Become a social butterfly

LOOKING FOR A WAY TO GIVE BACK TO YOUR COMMUNITY AND SUPPORT THE ENVIRONMENT HERE ON BRIBIE ISLAND?

We're 100% run by volunteers and offer a place where visitors can learn more about these amazing creatures. We have a range of roles and sessions to suit your availability:

- Butterfly breeding
- Hydroponics gardener
- Gardener
- Tour guide
- Butterfly House Attendant
- Plant foster carer
- Front office assistant
- Maintenance operator
- And many other opportunities

For more information visit our website
www.bribieislandbutterflyhouse.org/volunteerroles
206B First Avenue, Bongaree - Woorim,





making connections through art

**Connections Exhibition
Bribie Community Arts Centre
October 31 - November 12**

Connections exhibition features a group of artists who value living with creative time in their life. They've come together to share the different ways in which to be creative and inspire others to do likewise. This exhibition will feature emerging artists who've been working in various mediums including upcycling, oils, acrylics, mixed media, silver, leather, wool, watercolour, wire and more.

**Connections runs October 31 to November 12.
Meet the artists at the Opening
Saturday November 4, from 4 - 6pm.**

Connections ART EXHIBITION

Artists

- Caldera Collective
- Corinne Purcell
- Di Cooper
- Jessica Zollner
- Kasey Lucas
- Stacey Mickelborough
- Tahlia Mitchell
- Tara Macdonald-Parker
- Tracey Weikhardt

With Art, we can express ourselves through a variety of mediums. Art allows us to appreciate life's beauty. Here is a collection of Artists who value their practice and wish to share the benefits of creating, with you.

Through Art, we all strive to find and create connections with not only each other, but the world around us.

30th October - 12th November 2023
Opening Event: Saturday 4th November, 4pm - 6pm

Bribie Island Community Arts Centre
191 Sunderland Drive, Banksia Beach

The Bribie Island Nature

Did you miss out on booking tickets to events and activities at Bribie Island Nature Festival the weekend of 20 - 22 October? Plenty of activities and events are happening right around the island over the weekend. We invite you to slow down, explore our hidden places, discover our unique local talents and celebrate our remarkable island.

Are you interested in art?

On Saturday, 21 and Sunday, 22 October, 13 art studios around Bribie Island will be open for you to visit any time from 10 am - 4 pm. You can start your trail at the Bribie Island Community Arts Centre, where you can see many of the artists' work, have a cup of coffee in Café 191 and plan your route.

Meet the makers and creators, seize the opportunity to buy artworks directly from the artists and discover workshops you can get involved in.

Download the Bribie Art Trail map from www.artistsofbribieart and start exploring.

Here's a sample of some of the artists on display.

Kathrin Dierich

Kathrin Dierich's studio is home to a wide range of artworks - from photography, paintings, and drawings to copper works and fountains.

Rebecca Thompson

Rebecca Thompson is an intuitive artist inspired by nature and the inner journey of transformation, healing and fulfilment. Her unique acrylic artworks emerge from a deeply personal soul space.



Rebecca Thompson

Studio 511

Studio 511, run by Kelly Vass and Robyn Murphy is a welcoming pottery and ceramic studio set amongst a lush, leafy garden where vessels from the earth beneath us are handmade for you to love.

Studio 511 recently celebrated a milestone with student potter Millie winning the Next Gen Competition for her age group. The studio will be open all weekend for visitors to view the gallery, explore the range of items for sale, and learn about workshops and upcoming classes.



Studio 511



Studio Alice

Studio Alice

Sabine Von Graz, the founder of Studio Alice, has been in the arts since her Austrian childhood, surrounded by her mother's paintings, sculptures, and art classes. Sabine's work focuses on the remarkable space between childhood and later life, as explored by the stories of shared cultures and tales from around the world.

The visitor to Studio Alice is taken to another world, where Bribie meets magic, all surrounded by Sabine's eclectic art pieces, from a 25,000-tile mosaic to a staircase fully painted in the style of the old masters. Her works also include intricate oil paintings, each of which tells 'micro stories' within layers.

Treecreate Studio

Treecreate Studio, nestled in one of Bribie's hidden arcades, is a gallery and co-design space for experimental or traditional creative work featuring local and international artists, run by Tracey Benson. Tracey is an interdisciplinary artist exploring Media Arts, Digital art and design, exploring cultural connections and environmental concepts.



Glenda Charles and Geoff Ginn

Long-term Bribie residents Glenda Charles and Geoff Ginn open their art-filled home in Bongaree as part of the Bribie Art Trail. Glenda's large earthy oil painting abstractions are inspired by walking the natural coastal environment and swimming in the sea.

Geoff's whimsical steampunk sculptures are representations of modernity and the future as pictured by the Late Victorians and Edwardians. He uses discarded technology of today, attracted to materials, textures and "whiz-bangery" with a nostalgia for the past - a perfect antidote for our materialistic times.

The Bribie Art Trail is a unique opportunity to pop in and visit some of Bribie's rich array of local artist and a key collaborator with the Bribie Island Nature Festival.

Festival happening this weekend!



The Pumicestone Piano

Bribie Island's own pianists will feature on The Pumicestone Piano, an artwork created by local artist Carmen Tapper and the children of the Bribie Island Community Kindergarten. Community pianists were invited to register for short 'micro-recitals' at the Bribie Island Community Arts Centre on Saturday, 20 October, at 9 a.m., 11 a.m. and 1 p.m. and Sunday, 21 October, at 9 a.m., 10 a.m. and 12 p.m. Audiences can attend the free recitals in the Bribie Island Community Arts Centre courtyard and enjoy a coffee or lunch from Café 191. The project aims to highlight the migratory shorebirds of Moreton Bay who fly thousands of kilometres each year to spend summer on the coasts of Australia. Audience members who come to hear performances will be invited to spread the word about how we can safely share our beaches with shorebirds and waders to ensure they continue their return visits.

Spring Bioblitz

Be a Citizen Scientist for the day and help add to Bribie Island's biodiversity records! Head out with your camera and phone with the iNaturalist app (download for free) and find anything living (or evidence of a living thing like a feather, nest, poo, or dead animal). Look for plants, animals, and insects, take a photo or record a sound and upload it to iNaturalist.

BioBlitz is happening everywhere around the island over the Saturday and Sunday of the festival weekend. You can BioBlitz in a park, on the beach, in the National Park or within the surrounding waters of Pumicestone Passage and the Marine Park.

BioBlitz is run by the Bribie Island Environment Protection Association (BIEPA). On Saturday and Sunday mornings, you can pop into their information marquee near the Bribie Island Seaside Museum to learn more about the Spring BioBlitz.



Mob on the Move

Mob on the Move is an inspiring and immersive art exhibition featuring three First Nations artists - Charlotte Ellis, Scott Griffiths and Nicole Gulwell at the Bribie Island Seaside Museum.

Charlotte Ellis is Wakka Wakka from central Queensland, Kirriri (Hammond Island) and Iama (Yam Island) in the Torres Straits.

Scott Griffiths is a proud First Nations Saami with roots to the arctic circle. Scott has been customary adopted into

Dharawal and Kamilaroi/Gamilaroi Nations in central New South Wales.

Nicole Gulwell is a Dharuk and Kamilaroi/Gamilaroi woman from western New South Wales.

Storytelling is central to Indigenous art; Aboriginal and Torres Strait Islander peoples use storytelling to pass on their knowledge of land and sea, events, and their culture and beliefs.

This free exhibition runs throughout the Bribie Island Nature Festival and focuses on using storytelling to encourage unity.

Spring Orchid and Foliage Show

Orchids have been described as "Mother Nature's masterpiece", and there will be plenty on show at Bribie Island's Orchid House during the Festival weekend. The show runs by the Bribie Island Orchid Society on Friday, 21 and Saturday, 22 October, at the Orchid House and Indoor Bowls Club; admission is \$5 per person. For more information, contact Teresa Watson at bribieorc@gmail.com.

You can combine a visit to the Spring Orchid and Foliage Show with two special events at Butterfly House featuring entomologist Dr Kit Prendergast talking about the importance of our pollinators. Introducing our Pollinators on Saturday 21 October at 10.30 am is aimed at children, and later in the day, The Birds and Bees of our Pollinators at 12.30 pm is a more in-depth look at the critical role of pollinators. Both special events include entry to the Orchid Show and Butterfly House.

Celebrate the Natural Beauty of Bribie Island

The Bribie Island Nature Festival is a unique community event celebrating the natural beauty of Bribie Island, with boutique events scattered throughout the weekend. For more information, visit www.bribieislandnaturefestival.com.au



**BRIBIE
ISLAND
NATURE
FESTIVAL**

A community festival celebrating art and nature

**OCTOBER
20 | 21 | 22**

www.bribieislandnaturefestival.com.au

Dear Pumicestone

Dear Pumicestone

Our Bribie Island Bridge has turned 60! On the 19th of October it was the Bribie Bridge's 60th anniversary. There's been a lot of water under the bridge since then (hahaha) and our community has changed and grown, and that's why we're planning for the next Bribie Island Bridge.

Well done to The Bribie Islander on last edition's Bribie Bridge special – but this time I wanted to update you about the next steps for our Bribie Bridge!

Thanks to everyone who took part in public consultation for TMR's Bribie Island Bridge Business Case, **concept designs for the next Bribie Bridge will be released by the end of this year.**

For years now, locals have been telling me Bribie needs a new Bridge, so I worked hard to get funding for the Business Case.

During community consultation, over 3,000 people had their say on what our next Bribie Bridge needs.

Our community spoke loud and clear about how a new Bribie Bridge would improve safety and lifestyle for locals. Here's what you said our next Bribie Bridge needs to offer:

- Better access to the island during

peak hour and reduced congestion

- Wider footpaths for different users including pedestrians, bikes and mobility scooters

- Reliable access for emergency vehicles

- Respect for local wildlife

TMR is using the community feedback to draw up concept designs. The community will have the opportunity to provide feedback on the concept designs when they are released at the end of this year.

Sign up to my Bribie Bridge email to be notified when the plans are released – we want as many people as possible to have their say! <https://www.aliking.org/what-ali-s-working-on/bribie-island-bridge/>

After this, the business case for the Bribie Island Bridge is expected to be completed in early 2024.

Everywhere I go, people ask questions about the next Bribie Bridge. And there's also lots of misinformation. Myth-busting – here's the FACTS about our next Bribie Bridge

- There will be NO TOLL on the next Bribie Bridge
- It will be located just to the north of the current bridge

- We're also working hard to dual lane more of Bribie Island Road – we need to do both at the same time!

- The Business Case is part of the essential planning for any major infrastructure project – plus it let our community have its say.

- No proposal for a new Bridge has ever gotten to Business Case stage before. We're well on the way to our next Bridge!

We celebrated the Bribie Bridge's 60th Birthday on Thursday with a birthday cake and a special mobile office to answer your questions about the next Bridge.

Thanks to everyone who came along! As always, if you have a State Government issue you can contact my office by emailing pumicestone@parliament.qld.gov.au or calling 07 3474 2100.

Warmly

Ali King MP
State Member for Pumicestone





"Red" Norman



Event Organisers - Gary Blakey (Blakey) and Helen Weir



Final Stop at Bribie Island Hotel



First Stop - Peachester Cafe



Winner of Major Raffle prize - Sharon Norman (Red's beloved wife) with Grandson Lincoln

Ride For Red

'Do It for Cancer' for the seventh consecutive time



Story by Helen Weir

The seventh annual Ride for Red was a roaring success as over 86 motorbikes and 12 cars joined the convoy to support the Cancer Council Queensland. Started in memory of Red, a good friend who lost his battle with Brain Cancer in 2016, the Gronks Social Riders Club has been hosting the event to raise funds and support the Cancer Council Queensland. Wamuran Timbers were the proud sponsors of the event, with many businesses and individuals contributing to the cause.

The ride began at the Ampol Service Station on Pumicestone Road Caboolture with the first stop at the Peachester Café, where Red's favourite vanilla slice was enjoyed by all. The second stop was at the newly renovated Dag Pub, where a scrumptious lunch was served along with a raffle with prizes being tickets to the Dag Fest Concert and other goodies. The final stop was Bribie Island Hotel, where participants watched the sunset while enjoying a buffet roast dinner and live music.

The auctions and massive multi-draw boasted over 30 prizes, including a certified 1 of 1 artwork by Andy Farrell and a

2023 signed Dolphins and Cowboys jersey organised by Tom Opacic and Chad Norman, Red's son. Sharon Norman, Red's beloved wife, won the major raffle prize, a Whale Watching Tour and a Deluxe Safari Tent getaway for two donated by the Hervey Bay Tourist Center and Discovery Parks.

This year's Ride for Red raised an incredible \$14,520.00, bringing the total funds raised to \$58,636.00 over the last seven years. The event organisers, Gary Blake and Helen Weir, were overwhelmed by the support and grateful for the opportunity to bring strangers together for such a great cause. "We are humbled by the generosity and spirit of all those involved. The funds raised are an incredible boost for the Cancer Council Queensland's research, and we're glad to have brought everyone together to have a great time doing some good". "Cancer has affected lots of people and their families; it was so touching hearing the stories from some of the participants about their own loss from this terrible disease."

The Ride for Red is an annual event held on the same long weekend in October every year, and the Gronks Social Riders Club encourages anyone interested in supporting the Cancer Council Queensland to get involved. They invite new participants and sponsors to join the "Ride for Red Annual Charity Motorbike Ride" Facebook group or contact Gary on 0407 570 651 or Helen on 0400983792.

The Ride for Red is more than just a fundraiser; it's a community coming together to make a difference.



**Let's go travel
October Meeting
was a Great Success.**

We had some 18 people for our October Meeting, and everyone enjoyed a good chat and discussions on where they have

been and where they would like to go next. People moved around the table to speak to others in the group

and get to know one another. We get to discuss previous trips we have done (International- the favourite or Domestic) and then maybe trips we would like to do and would like someone to travel with rather than paying the single supplement, which can sometimes be additional thousands.

There are many well-travelled people who even travel Solo and can give advice also, on Bribie and have some wonderful insightful tales to tell.

We also discuss e-sims for different countries, travel insurance, tips and tricks of travelling/cruising, etc and generally a meet-up To see if there is someone who might be travelling somewhere you would like to go also. Between the attendees, we can often produce an answer to many questions.

It was fantastic to see so many turn up (we were scrambling for chairs), and we look forward to catching up again on 12th November 2023 @3pm.

Ferryman CRUISES



Ferryman Cruises Bribie Island
2 Hour cruises depart 41 Harbour Promenade
Banksia Beach

Join us. We would love to welcome you aboard!

Morning Tea \$40p.p

Thur 9 Nov, Thur 23 Nov, Tues 5 Dec

Lunch Cruise \$52p.p

Sat 11 Nov, Sun 3 Dec, Thurs 7 Dec

Sunset & Seafood Cruise \$70p.p.

Sat 4 Nov

Sunset Cruise \$40p.p

Fri 17 Nov & Fri 1 Dec



Christmas Light Cruises commence
Mon 11 December \$25 Adults / \$15 Children

**STILL NEED TO BOOK YOUR WORK CHRISTMAS PARTY?
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BRIBIE ISLAND VIEW Club

BRIBIE ISLAND VIEW CLUB WAS AWARDED A "COMMUNITY GROUP ACHIEVEMENT AWARD" IN THE 2023 LONGMAN VOLUNTEER AWARDS.

The award was presented by Senator the Honourable James McGrath and Terry Young MP Federal Member for Longman to the Club's President Kay, Treasurer Di and Secretary Jennifer at a presentation on 10th October at the Caboolture Sports Club. VIEW is a club that supports the work of the Smith Family and

helps disadvantaged children with financial assistance to get the education they need and deserve.

Bribie Island VIEW Club is on the lookout for new members who want to give back to their community and make new connections with other local women in the area and support children in need. We welcome women of all backgrounds and ages to join us at our monthly meetings.

Anyone interested in becoming a member can call the club President Kay on 3408 1058 or 0410653628 or visit www.view.org.au for further information.



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HAMS**



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PORK**



**ROAST
CHICKEN**



**PLUS ALL YOUR FAMILY
BBQ FAVOURITES**

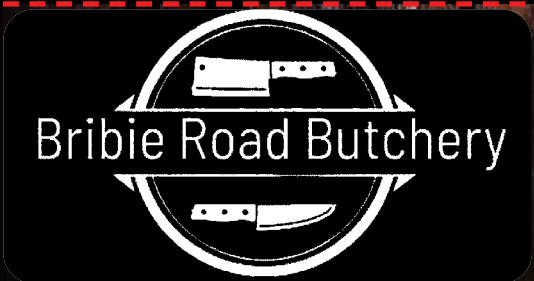
Conditions of entry, fill out the entry form and they must bring into the shop and hand the form in. We will draw the winner the 1st week of December

GIVE AWAY

10 WINNERS - HALF HAMS



NAME:.....
PHONE NUMBER:.....
EMAIL:.....



0499 730 701

929 Bribie Island Road , Ningi,
info@bribieroadbutchery.com.au

CHRISTMAS HAM DATES BACK TO PAGAN TIMES

Ham feels festive, especially when it's nestled next to other classic Christmas dishes such as potato bake and dinner rolls. But though many of us eat Christmas ham in these modern times, is the classic dish as traditional as it seems?

The answer is a hearty yes. According to Food Republic, eating ham over the holidays might trace its roots back to pagan, aka pre-Christian, times. The Norse god of the harvest, Freyr, who was celebrated in the Scandinavian countries (via Religion Facts), was said to prefer the sacrifice of a wild boar (via Food Republic). When pagan European countries were converted to Christianity, this porky meal was linked to St. Stephen, whose feast day is December 26th.

While modern-day pork is a far cry from wild boar, the tradition evolved over the centuries to the current incarnation of hams, whether a brined ham, a dry-cured ham, or an uncooked, uncured fresh pork leg. As for us, we'll take a slice of any of them!

Christmas is a time of cheer, goodwill, and family. But why is ham eaten at Christmas? There are many theories about why ham has become a popular holiday dish.

Christmas and ham are both traditional. But why is ham eaten at Christmas? Ham is a delicious and nutritious food that is perfect for the Christmas table. For some, it is a way to celebrate the season.

It is a time of year when people can indulge in the foods they love. Ham is a great way to do that. For others, it is a way to save money. Ham is a cheap and easy way to feed a large group of people.

It is also a way to make sure everyone has enough to eat. It is also a very traditional food that has been eaten at Christmas for generations.

The holidays are a time for family and friends and what better way to enjoy their company than with some delicious ham

The holidays are a time for family and friends and what better way to enjoy their company than with some delicious ham.

Whether you're looking for a traditional Christmas ham or something a little more unique, there's sure to be a ham recipe that's perfect for your holiday gathering.

One of the best things about ham is how versatile it is. You can serve it as a main dish or as a side, and it goes great with a



and rolls.

Plus, there are so many ways to prepare it, from grilling it to baking it to slow cooking it.

When you think of Christmas, you think of a big, juicy ham. It's as much a part of the holiday tradition as Santa Claus, gift-wrapping, and Rudolph the Red-Nosed Reindeer. Why do we eat ham at Christmas? The answer is as follows: Christmas and ham are both traditional. It is a way to celebrate the season. The holidays are a time for family and friends and what better way to enjoy their company than with some delicious ham?

So, if you're looking for a delicious and easy way to add some extra flavour to your holiday celebrations, look no further than

Conditions of entry, fill out the entry form and they must bring into the shop and hand the form in. We will draw the winner the 1st week of December

GIVE AWAY

10 WINNERS - HALF HAMS

NAME:.....

PHONE NUMBER:.....

EMAIL:.....

PETER SHURLEY

Bribie Island Seventh-Day
Adventist Church
Saturday 4th November 11am
80 Webster Street Bongaree (Uniting Church)

Enquiries: 0422 147 100



NEW ALBUM OUT NOW



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Musical Feast At Bribie Island Seventh-Day Adventist Church 4th Nov

You are invited to attend a musical feast at Bribie Island Seventh-day Adventist church featuring visiting musician **Peter Shurley** from Tasmania on Saturday, November 4.

Morning tea will be served from 10 am for an 11 am start. There is no charge for this event. We meet at the Bribie Island Uniting Church, 80 Webster St. Bongaree. Bring your family and friends.

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Price Includes BBQ lunch and cruise

Prices: Adults \$49, Children \$25 (4 - 14yrs).

2023 DATES: Tue 14 Nov

**2024 DATES: Fri 12 Jan, Wed 28 Feb,
Fri 15 Mar, Wed 10 Apr, Fri 24 May, Thu 27 June**

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Returns 2.00pm (approx)

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E: info@brisbanecruises.com.au W: www.brisbanecruises.com.au



The Bribie Masonic Lodge

held a very successful installation this week positioning the Master and officers in their respective positions for the 2023/24 Masonic year.

The function was well attended, and all enjoyed a scrumptious lunch prepared by Penny, the wife of Treasurer Ray Horne, in the festive room following the meeting.

Pictures show the traditional cutting of the installation cake by Master of the lodge Ray Sweatman and his wife Carol, with Director of Ceremonies Alan Dimmick looking on.

Second pic. It is of some of those attending.

Bribie Daylight Masonic Lodge meets in the Caboolture Masonic Centre Dux St. Caboolture on the second Tuesday of the month at 10.00 a.m. If you're new to the area and would like to be with the fraternity, contact 0411 143 772.



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WEEKDAY EATS Specials



It's A Steak Out MONDAYS

200G STEAK SERVED WITH YOUR CHOICE OF CHIPS & HOUSE SALAD OR CREAMY MASH & SEASONAL VEGETABLES, PLUS ONE OF THE FOLLOWING SAUCES: PEPPER, MUSHROOM, DIANE, CREAMY GARLIC & WHITE WINE, RED WINE JUS, BEARNAISE, GRAVY*.

NB: All sauces are Gluten Free.

\$20 SPECIAL OFFER



Two For Tuesday TUESDAYS

PURCHASE TWO MAIN MEALS FROM THE 'TWO FOR TUESDAY' MENU AND PAY JUST \$35. CHECK OUT THE DAILY SPECIALS BOARD FOR TODAY'S SELECTION*.

\$35 SPECIAL OFFER



Parmie-Palooza WEDNESDAYS

A CHICKEN PARMIGIANA SERVED WITH CHIPS AND SALAD OR CREAMY MASH & SEASONAL VEGETABLES*.

\$20 SPECIAL OFFER



Spice It Up THURSDAYS

YOUR CHOICE OF ONE, TWO OR THREE AUTHENTIC CURRY DISHES SERVED WITH SCENTED RICE & ACCOMPANIMENTS. MILD, MEDIUM OR HOT HOT HOT!*

SPECIAL OFFER FROM \$20



Kids Eat Free FRIDAYS

KIDS EAT FREE FROM THE LIL' NIPPERS MENU*. ONE COMPLIMENTARY KIDS MEAL WITH EVERY MAIN MEAL PURCHASED.

\$FREE SPECIAL OFFER

*Terms & Conditions apply. Subject to availability, not available in conjunction with any other offer, not redeemable for cash, not transferable. Offer may be changed at any time at manager's discretion. Images are for illustrative purposes only. Not available on Public Holidays.

thesurfclubbribie.com.au
Ph. 07 3408 2141
2 First Ave, Woorim QLD 4507



THE BRIBIE ISLAND SEASIDE MUSEUM IS ABUZZ DURING THE MONTH OF OCTOBER AS WE CELEBRATE A NEW EXHIBITION, QUEENSLAND SENIORS MONTH, THE BRIBIE ISLAND NATURE FESTIVAL AND GRANDPARENT'S DAY! THERE IS SURE TO BE SOMETHING FOR EVERYBODY TO ENJOY.

Please see below for some of our exciting FREE events:

Mob on the Move

7 Oct until 24 March 2024

An inspiring and immersive art exhibition featuring three First Nations artists. This free exhibition focuses on using storytelling to encourage unity. It tells us how we can all move forward together by sharing, connecting, and embracing the culture of First Nations people.

Celebrating the Life and Stories of Ian Fairweather

Saturday, 21 October from 4:30 pm to 6:15 pm

Join us in celebrating Ian Fairweather, a renowned Australian artist and well-known identity of Bribie Island. Community members who knew Ian will share their photos and stories. There will also be an opportunity to view objects

from the Fairweather collection. The event will conclude with refreshments on the deck watching the sun set over the Pumicestone Passage. (Please note - this event is part of the inaugural Bribie Island Nature Festival.)

Living a Reduced Plastic Lifestyle

Saturday, 28 October, from 10:30am to 11:30 am

This presentation will help you make small changes to reduce single-use plastics, which will make a big difference. We will help you discover ideas to rethink single-use plastics in your home and community.

Grandparents Day - Creation Station

Sunday, 29 October from 10:30 am to 2:00 pm

Discover your artistic side as you decorate rocks during this free drop-in session. You can make

cool rock pets or unique decorations for your potted plants or garden. Get creative on your own, or with your grandkids, friends and family.

For further information on all of these events, plus more, please visit our website: What's on - Moreton Bay Galleries & Museums

Bookings can be made via our website, or by calling the Museum on (07) 5433 2596 during opening hours.



VERNAZZA

ristorante

@  **bribieisland
golfclub**

wednesday nights



\$15
main meals*

wide selection of meals available
available from 5.00pm

*does not apply to all main meals, only the select meals

bribieisland golfclub **ERNAZZA**

THURSDAY NIGHTS



Steak and Prawns

250g Rump Steak, garlic prawns, chips and salad

\$23

Senior Lunches

AVAILABLE MONDAY TO FRIDAY
11.30AM TO 2.00PM

- NORTHERN RIVERS ROAST PORK
- BEER BATTERED FISH AND CHIPS
- CHICKEN SCHNITZEL AND CHIPS
- CHICKEN CAESAR SALAD
- SEAFOOD CATCH
- BANGER AND MASH



STILL ONLY **\$12** EACH

Saturday Lunch Specials



\$17 includes a pot of beer, glass of wine, pot of soft drink or coffee

menu changes weekly

Lunch 7 Days From 11.30am And Dinner Wed To Fri From 5.30pm

Links Court Woorim Ph 3408 1457

One-Year-Old - Beachmere District Community Market

On the first Saturday of this month (October), the Beachmere Community Market celebrated its 1st birthday.

Just 12 months ago, Beachmere District Men's Shed launched the market after several months of planning by President Martin Kinross and his band of merry helpers. Support from many sellers and their customers has seen the market become an integral part of the Beachmere landscape. The watershed day was celebrated with the stall holders paying no rent for the day, and some lucky patrons were rewarded with coffee vouchers donated by Chris from the Beachmere, 'Beach Shak Café'. The Men's Shed was also in receipt of gifts, with the Pumicestone Dragons presenting a huge chocolate birthday cake for the members to gorge on. Stallholder Caroline donated a large carton of biscuits, and vendor Lam-Lams presented us with some lamingtons.

All these tasty goodies will not improve the waistlines of the Shed members, but thanks to all. The guys manning the Bar-B-Que were pleasantly surprised mid-morning when the Federal Member for Longman, Terry Young, arrived at the hot food outlet, donned an apron, and proceeded to cook up the onions, sausages, bacon and eggs in between serving some of those tasty snacks to a number of the hungry patrons. Hopefully, we will be celebrating our 2nd birthday next year, but we can only do so with the custom of the people of Beachmere and surrounds. We have a stable group of stallholders who need local patronage for the market to thrive. With Christmas rapidly approaching over the next few months, bargains and goods will tempt most buyers. Do

support your local market, as we wish to be around for some time.

The Beachmere District Men's Shed Market Management group would like to thank the patrons and stall holders for their support this past year.



MARKETS

Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12

Bribie Island BICA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am - 12 noon

Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets (Farmers Market)

The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

Banksia Beach Market

Bribie Harbour Shopping Village is held on the last Saturday of each month 8am to 2pm

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open Tues to Sat 8 am to 12 pm

The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie & District Woodcrafters Assoc

Contact president: 0415 237 167 Bribie Island Gem Club Open Day & Markets on the last Sunday every month 8am -12pm At 191 Sunderland Drive, Banksia Beach.

"The Bribie Bowls Euchre Club

meets at the club each Monday at 12 Noon. Fun afternoon. Contact Lorraine on 0414802733."

Antique - Vintage

ITEMS WANTED

After All Kinds Of Vintage And Antique Furniture, Bric - A - Brac, Collectables, Curios And Old Shed Items

CASH PAID - 0400 749 454

REMAINDERED

By: Sue Wightman

I recently bought a book by one of my favourite writers, David Sedaris, from a favourite bookshop in West End in Brisbane. Called 'Happy-Go-Lucky', this book has me laughing out loud at Mr Sedaris's savage wit and wry observations.

I espied this book on the sad little table out the front of the shop to which 'remaindered' books are consigned. Books with titles like 'Know Your Hypothalamus', 'Earthworms of Southern Queensland', and 'I Was a Child Lingerie Model'. OK, I may have made those up, but you get my drift.

I felt bad buying a \$29.95 book for just \$12, and I wondered why this fabulous writer had been relegated to the 'remaindered' pile - essentially hurling him cruelly on the literary scrap heap. I could go two ways with this. Either I was a pathetic, cheap person who reads crappy books from the remainder pile ... OR ... these people (as in the book shop owners and the punters) don't realise how great this writer is.

I'm no stranger to being remaindered. Many years ago, I recorded a record, an EP. Now, before you say anything, I'm old, OK? And vinyl is making a comeback. Don't judge me.

Anyway, the song on the EP was 'The Tree Song', and I had visions of fame and fortune and a new career. Well, it was the year of the tree, and I'd sung the song on a children's television show, so I figured I had a shot. I imagined becoming a kind of conservation celebrity, with gigs at 'Save Our Planet' rallies and tree planting ceremonies.

Unfortunately, the only organisation to buy my song was the Queensland Timber Board. Oh, and I think a few records ended up in the Aramac Preschool Library.

Most distressing of all though, was to see my lovely little record thrown

unceremoniously onto a pile of remaindered items ... in a plant nursery of all places! I took this personally (before buying all the records and removing them from the sight of my considerable fanbase). I just read that last sentence and realised I don't actually have a fanbase, considerable or otherwise.

Like many singer-songwriter friends, I have boxes and boxes of 'remaindered' CDs that I've produced over the years (Sue Wightman in Concert, Unfinished Business, Sue Wightman Yodels the Child Ballads). They mope under beds and teeter on bookshelves, gathering dust. If I think about it, I can become deeply depressed.

Now, as well as a failed singer-songwriter, I'm a self-published author. I can order my own book myself in as many or a few numbers as I need. So my book, *Accidental Writer*, will never be remaindered. Perhaps it's already metaphorically remaindered, given that I haven't sold all that many.

Remaindered. The word means 'to sell a book cheaply because it has not sold well and no more copies of it will be produced'. In other words, it's a leftover, a failure, a book nobody wants.

Now that I'm older, I'm wondering when I, too, a living, breathing, functioning human being, will be thrown on the 'leftover, nobody wants me' scrap heap of life.

And yet ... and yet ... here I sit reading *Happy-Go-Lucky* and chortling away at my favourite writer, whose book I picked up at a bargain basement price.

So, I've decided to take a positive spin on the whole damn remaindered thing. I tell myself smugly that most people simply don't realise what a wonderful talent this writer is.

Hey, if David Sedaris has been remaindered, then I reckon I'm in pretty good company.

Writer's Corner

TIPS ON WRITING SCIENCE FICTION

According to Isaac Asimov, science fiction is “that branch of literature which deals with the reaction of human beings to changes in science and technology”.

So, if you love to write – find a spot; research science or space; surround yourself with objects, pictures or whatever inspires you; put on some spacey music; and allow your imagination to take you on a journey.

YOUR PLOT? The imaginative people at www.servicescape.com provide over 600 story prompts. Does your bicycle become a time machine? Do you wake up one morning in another place or time?

VOICE. Will the main character be based on you or people you know? Each will need their own voice. Write a summary of each character – their life’s history – things the reader might never know but will create your characters’ personalities, bringing them to life on the page.

THEME. What is the central idea that your story will explore? Will it be about justice, the circle of life, coming of age, good vs. evil, etc.?

Build your world and its parameters. What technology exists in your fictional universe? Think about culture, social structure, and so on. It’s your world. The rules are yours to make but ensure consistency.

The first paragraph. Create intrigue. Maybe ask a question, enticing the reader to find your answer. Research catchy story beginnings.

TWIST. If you want to include a twist – maybe your goodie is really a baddie. Maybe a human is really an alien. Maybe an alien world turns out to be Earth. The choice is yours. There are hundreds of prompts online.

A good ending should bring the hero’s problems and conflicts to a climax and satisfying resolution, or at least have an impact on your reader for your story to be effective.



Read books on writing. I recommend “Write Your Own Science Fiction” by Tish Farrell as an easy-to-read concise guide. This little book is a gem. There are, of course, many others.

Read books on any subject, fiction or non-fiction. See how writers use their voice. See how they use their individual style and find yours. The best learning tool is to read, read, read. Then, hire an editor or share your stories with other writers. Be open to all criticism.

And write, write, write. Be serious or have fun but be yourself. Happy writing.

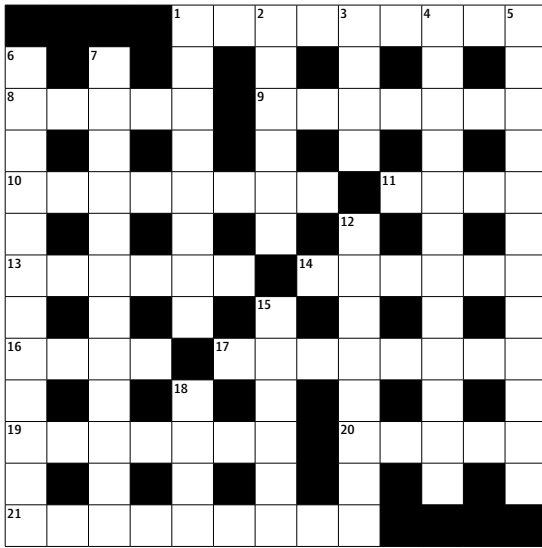
Author Bio: Peter Schinkel is devoted to writing quirky and entertaining short stories. His characters bring warmth, love and a dash of humour into the world of science fiction, while his unexpected plot twists may surprise even the greatest interplanetary detectives.

BOOK LAUNCH. If you would like an evening of sci-fi adventure with the opportunity to buy a signed copy of Peter’s new short story anthology – Twisted Planet Book One – please email twistedplanetbooks@gmail.com or call 0436 320 848 to book a spot.

Free nibbles, drinks and lucky door prizes. Location: Bribie Island Community Arts Centre, Banksia Beach. Friday 17th November. 5:30 to 8:30pm.



Crosswords - QUICK & CRYPTIC



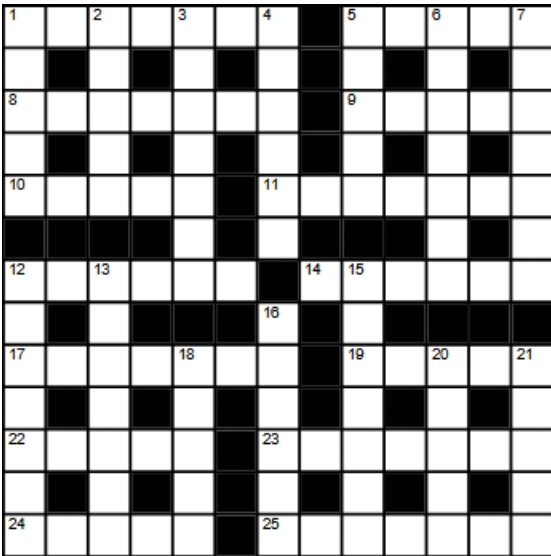
Across

- 1 Home for stingers? (5,4)
- 8 Signal warning of danger (5)
- 9 Large American smoked meat sausage (7)
- 10 Nerdy fashion? (4,4)
- 11 Emmets (4)
- 13 Almost (6)
- 14 Italian-style ice cream (6)
- 16 Carnal desire (4)
- 17 Gradually (3,2,3)
- 19 Imaginary line around the Earth, equidistant from both poles (7)
- 20 Pacific, for example (5)
- 21 Pretty shoddy (5-4)

Down

- 2 Put forward (6)
- 3 Only one (4)
- 4 Marble sculptures from the Parthenon in Athens now held in the British Museum (5,7)
- 5 Firing at clay pigeons (4,8)
- 6 Constituency where the MP has an uncomfortably small majority (8,4)
- 7 A certain something (2,2,4,4)
- 12 Town in south-west Wales, with a Norman castle where Henry Tudor, later King Henry VII, was born (8)
- 15 Range of jagged-peaked mountains (6)
- 18 It can get screwed into a boot (4)

CRYPTIC



Across

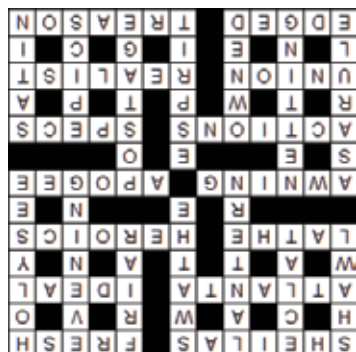
- 1 His first lassie in a way, was one of many, in Australia (7)
- 5 Father is cut short and he's upset - something new? (5)
- 8 Have last shot at Alan flying to Georgia (7)
- 9 Perfect when I give players a hand (5)
- 10 It turns articles in French and English... (5)
- 11 Monarchies have no use for him when it comes to bluster (7)
- 12 Protection for a drunken wag outside a new pub (6)
- 14 Denouement when primate had self esteem backfire (6)
- 17 Suits and coats in for repairs? (7)
- 19 Briefly, they help you look better (5)
- 22 Fraternity faces no end of innuendo, surprisingly (5)
- 23 Is alert to reality.. (7)
- 24 David Warner, maybe, miscued - some acknowledge dreadful shot (5)
- 25 The first excuse given to explain betrayal... (7)

Down

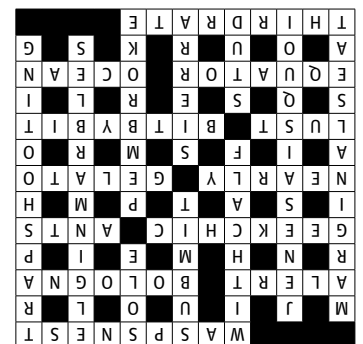
- 1 Playwright had an apprentice on his neck (5)
- 2 The French perform, somehow, with flair (5)
- 3 Learn about Northern Territory - illuminating (7)
- 4 Compiler saw the characters given cover (6)
- 5 Brother, exceptionally fair - and right (5)
- 6 Pressing, late in the day (7)
- 7 The Pope's province according to Hoyle's oriental influence (4,3)
- 12 Normally, given a straight edge (2,1,4)
- 13 Profiting from fishing? (7)
- 15 Corresponding at a cost after time elapsed (7)
- 16 Grace a priest offers.. (6)
- 18 Possessed by Pole in the red (5)
- 20 Dramas with spice..? (5)
- 21 Material apparently used by an artist's model? (5)

SOLUTIONS

CRYPTIC SOLUTION 202



QUICK SOLUTION 202



Kids Page



What is black and white and red all over? A zebra with a sunburn.

Which animal makes the best pet? A cat, because it's purr-fect.

What do you get from a pampered cow? Spoiled milk!

What was the first animal in space? The cow who jumped over the moon.

Why do cows go to New York? To see the moo-sicals!

Why did the pig have ink all over his face? Because he just came out of the pen.

What do you get when you cross a fish with an elephant? Swimming trunks!

What sound do porcupines make when they kiss?

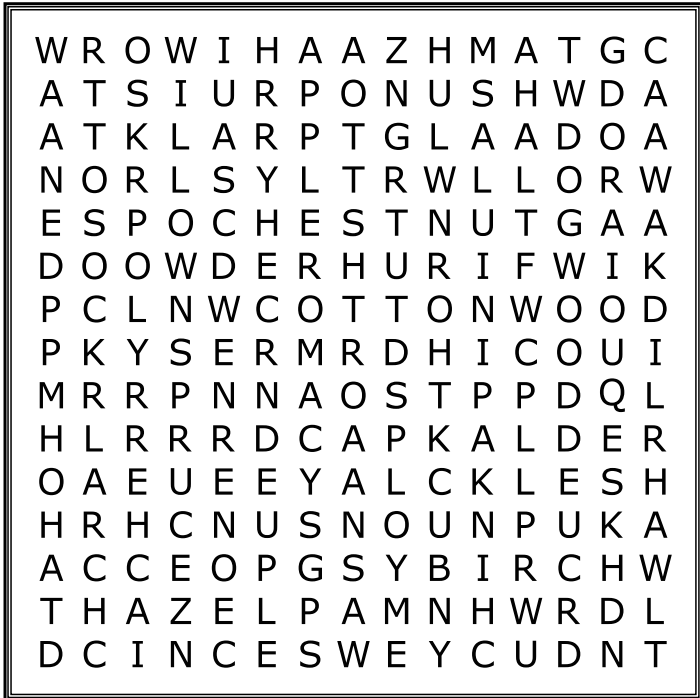
"Ouch!"

What do you call a lazy baby kangaroo? A pouch potato.

What do rabbits eat for breakfast? IHOP.

Where do cows go on Friday nights? To the moo-vies.

If a seagull flies over the sea, what flies over the bay? A bagel.



- | | | |
|-----------|------------|----------|
| Alder | Cottonwood | Pine |
| Apple | Cypress | Poplar |
| Ash | Dogwood | Redwood |
| Aspen | Elm | Sequoia |
| Birch | Fir | Spruce |
| Buckthorn | Hawthorn | Sweetgum |
| Cedar | Hazel | Sycamore |
| Cherry | Larch | Walnut |
| Chestnut | Maple | Willow |
| Chinkapin | Oak | Yew |

By Joe Bee



MELSA PARK
STEAM TRAIN RIDES
 TRAINS RUN on 3RD SUNDAY of MONTH

\$250
 a train ride



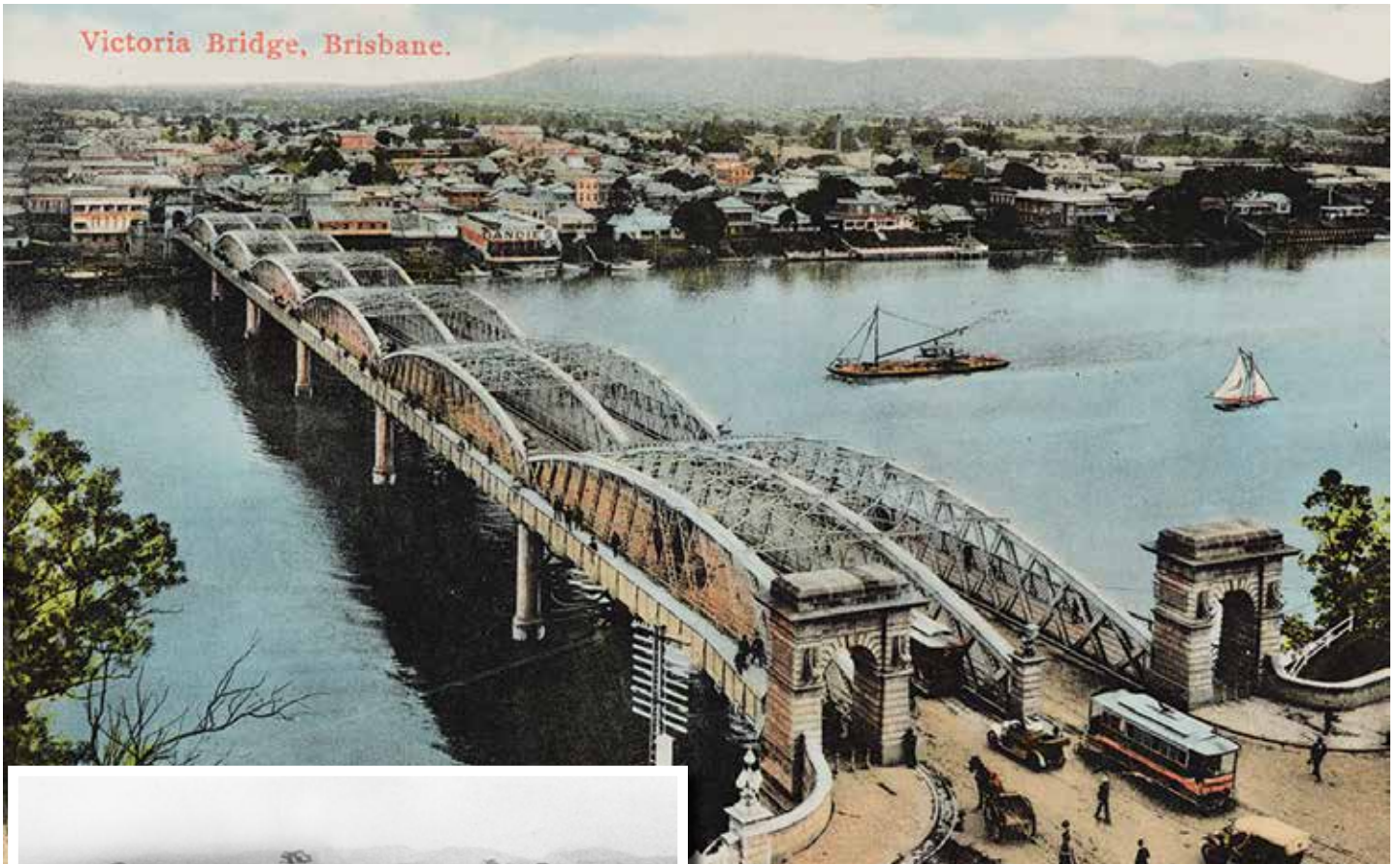
10AM - 2PM

EVERYONE MUST HAVE
 CLOSED IN SHOES

19th Nov, 17th Dec, 21st Jan 2024

Call Ian for party enquiry 0409 100 656

Victoria Bridge, Brisbane.



THE VICTORIA BRIDGE(S) SAGA, and Sarah Pascoe

In 1824, the Moreton Bay Penal Settlement location was selected by John Oxley and established at Redcliffe under the command of Lieutenant Henry Miller. It was found to be unsuitable for many reasons. Sometime in May 1825, Commandant Miller and Pilot John Gray took it upon themselves to select the current site for Brisbane Town. By 1826, the settlement had about 200 convicts, but Brisbane was little

more than an encampment of rough slab and timber dwellings.

No one was allowed within 80 kilometres of the Brisbane Penal Colony without special permission. From the 1830s, prospective landowners, entrepreneurs, and merchants from the south of Australia asked the colonial government to open the Moreton Bay region to free settlers. The government did not need

much convincing. On 10th February 1842, the Moreton Bay Penal Settlement was formally abolished. In 1859, Queensland, with Brisbane as its capital, became a separate colony.

The Brisbane River, while universally admired for its size and beauty, had a definite downside. It cut the burgeoning city of Brisbane in half, from the Bay to Ipswich. In these early days, a track pushed through the bush was the only road from the Darling Downs through Ipswich to Brisbane, ending at the river on the opposite side of the commercial district. There was a simple, if dangerous, means of crossing the Brisbane River in operation. A number of communal canoes could always be found on either side of the river. Anyone wishing to cross used a canoe, which was then available to someone else for a return crossing. An expensive first ferry service had commenced in 1842 between Queen's Wharf (North Quay near Charlotte Street) and Russell Street. As well, dinghies operated spasmodically to carry passengers across the river for a fee. If the passenger had a horse, it would swim behind

the dinghy. One can imagine the risk that would have been. Later, punts were introduced to carry horse-drawn vehicles and herds of animals. A few years on, a "new ferry" started operation between Alice and Ernest Streets.

From its inauguration in 1859, the Corporation of Brisbane was under huge pressure to build a bridge. It faced a hostile Queensland Government. With only 5 of the 26 members in the Legislative Assembly representing Brisbane, the parliamentary majority wanted funds available to be spent predominantly in country areas. The expected cost of the bridge was £15,000.

Eventually, in 1860, bridging the river was addressed by the new Brisbane City Council as a priority. In August 1861, the Brisbane Bridge Act was passed. It gave the Corporation of Brisbane the legal ability to borrow the amount required to build the bridge. The Government would give unsold land in South Brisbane and beyond, later known as the "Bridge Lands", to the Council to finance the bridge by sale, lease, or mortgage.

By 1861, Brisbane had rapidly expanded, having doubled its population in just three years to 12,551. A competition was announced for suitable designs for a bridge. On 22 August 1864, in anticipation of the commencement of the building, the Governor ceremoniously laid the foundation stone for the winning design known as "Delta".

Arriving the same day as the stone was laid, my great-grandmother Sarah Ellen Pascoe, aged 14, arrived from Cornwall with her family to settle in Brisbane. (Never did the family refer to themselves as English, always Cornish). This coincidence must have been a bad omen for young Sarah.

Despite the high hopes for the bridge, its commencement became bogged down by arguments between the newly formed Queensland Government and Brisbane City Council about who would pay for the construction of the bridge. The Council lost and was left with the responsibility for the full cost of the bridge. With a limited budget, the council couldn't afford the cost of the steel required to build Robinson and l'Anson's design and instead chose to build a temporary wooden bridge until funds were available to build the steel bridge.

In June 1865, less than a year after the laying of the foundation stone, the bridge was completed and named the "Brisbane Bridge". However, one issue of which the bridge's builders were unaware was the destructive effect marine borers would have on the wooden piles. The timber bridge slowly succumbed to marine woodworm and began progressively to collapse.

A year later, the colonial office intervened, and funding was provided for work to begin on a new "permanent" bridge. It started in earnest. In the nineteenth century, safety on the job was not considered important, and many workers were killed or maimed as the difficult task of building the bridge continued.

On 16th November 1867, the wooden Brisbane Bridge collapsed, caused by a combination of a high tide on the weakened wooden piles and a large coach crossing the bridge. The residents of Brisbane now had no choice but to use ferries to cross the river. Jubilant ferry companies doubled their prices and again held a monopoly over the lucrative river crossing. Residents would have to wait another six and half years before a replacement bridge was completed.

In 1871, Sarah, now 21 years old, met, and after a brief romance, married, Henry Fielding. Henry, keen to set up a home and a future for his young bride and their planned family, worked on the building of the permanent Victoria Bridge. He knew it was a dangerous job, but it paid well. In what Sarah told my mother many years later, it was the happiest time of her life. Sarah and Henry had two children, Henry and Annie. In early 1874, only a few months before the new bridge was opened, Henry

was tragically killed on the job. It was only three years into her marriage and not long after the birth of Annie. In these times, there was no support for widows. With no choice, Sarah and her children moved back with her parents.

A few years later, when 27 years old, Sarah met a tough little Scotsman, William Heron. From 1865 to 1885, he worked as a bullock team driver, carting timber from the Ipswich region via Ipswich Road to Brisbane. William was a handsome, stocky man with a wonderful sense of humour. Stories of the bullock wagon drivers' hardness were legendary. William Heron travelled Ipswich Road for nearly twenty years and must have known its characters and lifestyle so well.

In 1877, William married Sarah and set up a home. Sarah became pregnant soon after and, over the next six years, produced Julie, Maggie, and May. It was a good and happy marriage, and Sarah adored her tough husband with his clever wit and tales of the bush. He provided well for her, and she enjoyed a happy period in her life. In 1885 Sarah was six months pregnant when once again, she was to know tragedy. William was driving his bullock team from Ipswich to Brisbane when massive logs lashed to his wagon became loose. He stopped to secure them and in doing so, the logs crashed down, crushing him to death. He had just turned 57. Sarah was heartbroken. Three months later, my Grandmother, Eliza Emily Heron, was born. Sarah, now aged 35, remained a widow for the rest of her life. She mourned William for many years and never stopped talking of him until her own death. Sadly, her marriages had lasted only 3 and 8 years, respectively, during which time she had produced six children.

Floods occurred in 1887 and 1890 but these were mere dress rehearsals for the devastation that was to come in the wake of a tropical deluge in February 1893, when land close to the Brisbane and Bremer Rivers was completely inundated. On Thursday, 2nd February, the "Brisbane Courier" published a forecast of the coming disaster, "The continuance of strong south-easterly winds, laden with heavy rain clouds, and the absence of any break in the weather, has during the last day or two given rise to serious apprehension of another flood in the Brisbane River. The day tides are at present highest, and unfortunately, as the moon was at its full yesterday we are just at the season of spring tides."

On Saturday, 4th February 1893, there was no doubt that the situation was serious. On 6th February the full extent of the calamity was apparent. In the words of journalist Theophilus Pugh, "Crowds lined the high grounds near the river bank or wherever a good view was obtainable; and the roar of the water as it rushed along at a speed of from 8 to 10 miles an hour, carrying with it scores of houses, furniture, and household articles in endless variety... As house after house was carried against the

Victoria Bridge, the crash could be heard over everything, and all that was swept onwards eventually smashed the bridge to fragments."

Three and half years after the collapse of the first Victoria Bridge, the council built the second Victoria Bridge. This bridge was designed by Alfred Barton Brady and constructed of steel, wrought iron, stone and cement. It was built in two halves, with the first half opening in 1896 and consisted of a single lane of traffic and a walkway for pedestrians. The second half was built over the following year and joined to the first half. The completed bridge was opened on 22nd June 1897 by Charles Cochrane-Baillie, the new Governor of Queensland. The completed bridge now had two traffic lanes with a footpath on each side.

The city of Brisbane rapidly grew in the early twentieth century and by 1943, the bridge started to show signs of buckling from the weight of traffic and trams. The number of trams crossing the bridge was reduced, and the footpath closed. Due to the heavy traffic demands, the Brisbane City Council decided to build a new Victoria Bridge, the third and current version. A newspaper article in the Brisbane Telegraph on 6th July 1953, detailed the need to replace the second Victoria Bridge. It stated that, "The new bridge will be a monster structure, which will have six traffic lanes - two each way for vehicles and one each way for trams". It opened on 14th April 1969. The bridge is a three-span, concrete, haunched girder bridge, and at the time, the design was considered modern, sleek, and elegant.

The second Victoria Bridge stayed in service for 73 years until 1969 when it was replaced by the current, third Victoria Bridge. There was a short period of time when both bridges stood next to each other when the third bridge opened, and the second bridge was being demolished. One of the stone entrance arches from the second Victoria Bridge still stands today on the South Brisbane side of the river.

Since its opening in 1969, the third Victoria Bridge has survived two major flooding events, the 1974 and 2011 floods and has served as a centre point for many protests on social and environmental issues. In 2021, the Victoria Bridge again couldn't meet Brisbane's traffic demands and on 24th January the bridge permanently closed to general car traffic. The bridge was reconfigured to three lanes for the new Brisbane Metro bus system, a two-way for cyclists, and walkways for pedestrians.

As a footnote, in 1934 when my mother was just 18 years old, Sarah Ellen Fielding/Heron (nee Pascoe) died, aged 84. Mum remembered her with great love, regaling my brothers and I with her many stories. She recalled how her grandmother, Sarah's death, was deeply mourned by nearly a hundred family and descendants at her wake.

BOWLS RESULTS

BRIBIE BOWLS CLUB**Self Select fours Tue 26 Sept**

Winners: C Christensen, J Sutherland, N Ramage, G Benzon
Runners up: J Oliver, B Castle, D Hudson, Patrikeos
Lucky draw: Y Ackroyd, C Thornton
Lucky draw: W McDougall, L Wright, D McDougall, E Stacey

Lucky draw: E Deakins, M Nganeko, R Leith, R Britton

Scroungers Wed 27 Sept

1st: G Jackson
2nd: W Gilbert
3rd: K Thornton

Self Select Fours Wed 27 Sept

Winners: I Cooper, T Dean, M Durham, W Hoelscher
Runners up: M Cherry, N Bolton, D Cherry, L Williams
Lucky draw: J Menett, D McDougall, c Mewett, W McDougall

Lucky draw: J Leys, R Ferguson, T Erfurth, J Ferguson

Lucky draw: P Adams, T Hudson, D Heath, R Eaton

Random Select Triples Thu 28 Sept

Highest winning margin: R Glasser, T Phillips, J Downey
Runners up: B Kelly, J Smith, W Follett
Lucky draw: P Conn, M Wright,

D Clarke
Lucky draw: F Grimsey, J Hillier, M Hannan

Self Select Fours Fri 29 Sept

Winners: K Soens, P Adams, K Smith, J Oliver
Runners up: S Root, J Mercer, A Coleman, R Avern
Lucky draw: Wally O, T Erfurth, K Thornton, B Meek
Lucky draw: W Simmonds, A Thorp, C Wilkie, P Adams

Random Select Fours Sat 30 Sept

Highest margin: R Glasser, M Cherry, R Hunter, R Telfer
Lowest margin: C Halley, F Crockett, A Mann

Self Select Fours Tue 3 Oct

Winners: R Eaton, D Heath, F Crockett, BJ Adams
Second: J Noonan, L Godfrey, M Gittins, L Gilmore
Third: E Stacey, W McDougall, L Wright, D McDougall
Lucky draw: M Andrews, H Anderson, T Erfurth, I Smith
Lucky draw: T Bishop, A Sturm, J Wallis, J Lonsdale
Lucky draw: L Mathers, I Smith, C Kelly, M Ball

Scroungers Wed 4 Oct

1st: M Murray
2nd: A Sturm
3rd: P Mann
4th: Albert

Self Select Fours Wed 4 Oct

Winners: T Phillips, B Snare, S Clarke, R Glasser

Second: J Leys, K Vardy, S Chandler, S Perry
Third: E Bateman, Macca, K Taylor, Z Elmore

Lucky draw: I Smith, P Patrikeos, K Smith, T Smith
Lucky draw: L Williams, F Grimsey, N Bolton, M Cherry
Lucky draw: L De Roule, B Adams, D Heath, R Eaton

Random Select triples Thu 5 Oct

Lowest winning score: G Frew, G Turner, K Muller, J Brown
Runners up: J Murray, R Brinton, G Hutchison
Lucky draw: A Christie, J Gregory, J Hilliar, J Paskin

Lucky draw: C Sambaher, T Phillips, G Low, B Nood

Self Select Fours Fri 6 Oct

Winners: B Snare, E James, G Denkel, R Avern
Second: M Andrews, V Lindsay, D Lindsay, M Prewett
Third: T Turnbull, T Howarth, M Beutel, Z Elmore
Lucky draw: T Muller, C Jackson, I Hazelwood, F Grimsey

Lucky draw: M Durham, W McDougall, D Gibson, I Cooper

Lucky draw: W Heuster, T Dean, D Ackroyd, P Green

Random Select fours Sat 7 Oct

Highest margin: B Castle, L De Roule, P Patrikeos, S Cook
Lowest margin: P Andrews,

J Wallis, G McEniery, R Gilmore
Out of hat winner: C Halley, C Kelly, J Muller, F Crockett

Out of hat winner: G Frew, R Hunter, M Gittins, L Mann
Self Select Fours Tue 10 Oct
Winners: R Glasser, B Kinnear, F Grimsey, T Phillips
Runners up: J Oliver, B Castle, P Patrikeos, J Herbert

Lucky draw: C Brayley, G Skien, V McDermott, J Hosie

Lucky draw: L Deakin, E Deakin, M Nganeko, R Brintox

Scroungers Wed 11 Oct

1st: G Jackson
2nd: A Sturm
3rd: J Smith

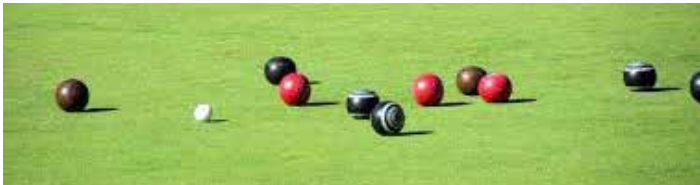
Self Select Fours Wed 11 Oct

Winners: T Phillips, H Anderson, S Cook, R Glasser
Runner's Up: M Nganeko, S Root, D Riseham, J Oliver
Lucky draw: J Leys, F Grimsey, S Chandler, J Perry

Lucky draw: P Patrikeos, B Svensson, G Hartley, W Hosie

Random Select triples Thu 12 Oct

Highest margin: N Gray, S Kurtz, T Phillips
Runners up: G Skoien, G Mellors, L Kurtz, M Thompson
Lucky draw: B Doe, R Leth, M Wright
Lucky draw: J Murray, J Hilliar, B Watkins

**BONGAREE BOWLS MEN'S RESULTS**

Scroungers Sat Sept 30th

1st Graham Symonds, Keith McLeod(draw)3rd Mike Giles, 4th Bob Thirwell, 5th Gideon Croukamp Brekky Bowls Oct 1st.

Winners Pat Warwick, Di Drew, Jim Warwick

Runners Up Judy Hansen, Greg Hemphill, Mike Hansen.

Wed 4's Oct 4th

Winners Tony Gormley, Ray Huggins, Don Somerville, Peter Higgins

Runners Up Noela Gray, Rose Marie Dimino.

Thurs Jackpot pairs Oct 5th

Winners David Vaughan, Gary

Ryan

Runners Up Col Erhardt, John Park.

Scroungers Oct 7th

1st Peter Brown, 2nd Yuki King
3rd Di Smith, 4th Darryl Rollingson
5th Jim Warwick

Wed 4's Oct 11th

Winners Ron Carruthers, Greg Hemphill, Gordon Pitts, Roy Horne

Runners Up Allan Kenning,

Robin Maffey, Graeme Hanlin, Peter Vlajic

Thurs Jackpot pairs Oct 12th

Winners Peter McQueen, Darryl Rollingson

Runners Up Graham Symonds, Ian Paterson

SOLANDER LAKE BOWLS CLUB**WEEKLY SOCIAL BOWLS - 14/10/2023**

Tuesday Winners: Ken Wright, Denis John, Al Wright & Ron Schulz.

R/U: Ted Fairman, John Sly, Mike Whiteside & Janelle Day.

Wednesday Winners: Paul Ollier & Peter Hodgson.

R/U: Val Jones & Bruce Hill.

3rd: Ray Smith & Andy Dehnert.
Jackpot (\$82) No winner.

Thursday Winners: Carmel Sorrenson, Jeff Farmer, Ib Larsen & Mike Power.

R/U: Chris Cummins, Steve Jameson, Keith Reithmuller & Digby DeGrono.

3rd: Marie Torrington, Geoff Cusbert, Marg McKenzie & Jim McKenzie.

Jackpot (\$150) No winner.

Friday Winners: Fred Tarry, Steve Jameson & Bruce Hill.

R/U: Keith Tucker, Allen Lavender & Peter Hodgson.

Saturday Winners: Dave Thomas, Sheila Jeffrey & Doug Hogan.

R/U: Tom Dempsey, Beryl Cowp-

erthwaite & Brian Craitem.

WEEKLY SOCIAL BOWLS

- W/E 07/10/2023

Tuesday Winners: Al Wright, Paul Boldero & John Dann.

R/U: Diane Nock, Val Paul & Alan Matheson.

Wednesday Winners:

Greg Caplick & Peter McCarthy.

R/U: Peter Hourigan & Steve Ross.
3rd: Stan Hillen & Mike Power.

Jackpot (\$164) – Ross Mclean & Robert Stumbles.

Thursday Winners: Ted Fairman, Marie Torrington, Ross

Luscombe & Geoff Cusbert.

R/U: John Gemmell, Anthony McGregor, Daryl Wilkins & Andy Wilkie.

Jackpot (\$100) – No winner.

Friday Winners: Allen Lavender & Wayne Mitchell.

R/U: Greg Jones, Brian Cayley & Ray Zahl.

Saturday Winners: Jane Gill, Paul Bottger & Ricci Harris.

R/U: Bindra Luscombe, Kev Norton & Alan Thompson.

CHAMPIONS !! BRIBIE ISLAND CROQUET CLUB CELEBRATIONS

Kathy Vincent.

Well, it is that time of year again to celebrate all the club competition winners for this year. What better way to celebrate than a free BBQ lunch with a glass of something cool! The easiest way to tell you who they are is to list them here.

2023 CLUB CHAMPIONSHIPS RESULTS

Association Croquet

Open Handicap Singles Winner = Al Keetman Runner up = Greg Whymark

Division 3 Singles Winner = Ian Carr Runner Up = Al Keetman

Division 4 Singles Winner = Jenny Walker Runner Up = John Burdinat.

Golf Croquet

Open Singles Winner = Nev Taylor Runner up = Dolly Taylor

Division 1 (H/C <6) Winner =

Dennis Green Runner up = Dick Byres

Division 2 (H/C 7-10) Winner = Dolly Taylor Runner Up = Jan Rees

Division 3 (H/C 10+) Winner = John Pyatt Runner Up = Jan McNee

Novice Winner = Bob King Runner Up = Jil Lenton

Open doubles Winners = Dick Byres & Dennis Green

Runners Up = Ian McCasker & Nev Taylor

Non-Championship Golf

Hi-Lo Doubles: Winners = Joan Gleeson & Bob King

Runners Up = Dolly Taylor & Sandra Edwards

Ricochet Croquet

H/C 10 & Under Winner = Dennis Green Runner Up = Ian McCasker

H/C 11 - 14 Winner = Joan Gleeson Runner Up = Dolly Taylor

Come and join us, and you might have your name on the winners list!

Results for Bribie Island Women's Golf 28 September 2023 to 10 October 2023

28/9/23 - Single Stableford

A Grade Winner: Yuko Nakamura 37 cb, 2nd Abby Driver 37, 3rd Gill Lee 36

B Grade Winner: Jan Jennings 39, 2nd Lyn Beaven 38 cb, 3rd Helena Winterflood 38

NTP's: Hole 4 Terry Keily, Hole 7 Judith Umlauf, Hole 14 Sheila Stack, Hole 16 (2nd

5/10/23 - Monthly Medal - sponsor - Churches of Christ Qld

A Grade Winner: Ann Rogers 73, 2nd Gill Lee 74, 3rd Lyn Ball 75

NTP's: Hole 4 Lyn Ball, Hole 7 Ann Rogers, Hole 16 Jo McCowan

Best Gross: Di Binghamy 87

B Grade Winner: Paula Mckenzie 69, 2nd Helena Winterflood 71, 3rd Marg Huxley 72



MORETON BRIBIE BRIDGE CLUB:

Sat 30 Sep N/S 1 S Watson & R Sutton 2 H Tyler & L Heap 3 L Carr & J Wright

E/W 1 R Webb & L McLaren 2 B Fuller & P Breene 3 M Hardy & P Tipping

Wed 4 Oct (Spring Pairs) N/S 1 L Carr & J Wright 2 J Hays & K Cohen 3 S & C Watson

E/W 1 R Sutton & Y Nakamura 2 M Arthur & P Edis 3 C McAlister & M Peart

Sat 7 Oct N/S 1 A Fielding & L Groves 2 S Watson & R Sutton 3 J Budgeon & Y Nakamura

E/W 1 P & A Hooper 2 B Fuller & P Breene 3 M Hardy & P Tipping

Wed 11 Oct N/S 1 L Carr & J Wright 2 J Hays & K Cohen 3 R Medhurst & P Breene

E/W 1 R Webb & L McLaren 2 R King & M O'Reilly 3 P Tipping & D Quinan

shot) Kate Wilson, Hole 4 (Div 3 2nd shot) Jan Jennings

3/10/23 - Single Stableford

A Grade Winner: Linda Urquhart 40, 2nd Gill Lee 38, 3rd Myra Thomsen 36 cb

B Grade Winner: Lesley Heap 41, 2nd Tricia Brown 40, 3rd B. Moxham 39 cb

C Grade Winner: Joan Osborne 39, 2nd Jennifer Stafford 34 cb, 3rd Yvonne Nicklin 34

NTP's: Hole 4 Jo McCowan, Hole 7 Leonie Buxton, Hole 14 Sue Navie, Hole 16 (2nd shot) Linda Urquhart, Hole 14 (Div 3 2nd shot) Angela Roberts

NTP's: Hole 14 Sandra Power, Hole 16 Tricia Brown

Best Gross: Paula Mckenzie 96

C Grade Winner: Di Croft 73, 2nd Jan Jennings 74 cb, 3rd Anne Carmody 74

Best Gross: Di Croft 102

10/10/23 - 3 Ball Ambrose Scramble

Winners: Lenore Wilson, Kate Wilson & Carole Watson 65.5 cb

Runners Up: Val Smith, Linda Urquhart & Janet Brooks 65.5

NTP's: Hole 4 Christine Pronk, Hole 7 Margaret Peterson, Hole 14 Carole Watson

It was a glorious spring day for the Bongaree Ladies Carnival on Saturday, 16th September 2023. The flowers bloomed, the sun shone, and the bowls rolled! Great competition from all bowlers to win the prize money generously donated by our sponsors. This event would not be possible without the generosity of our sponsors, and we thank them wholeheartedly.

Thank you to...

- Traditional Funerals
- First National Real estate
- Martin Jonkers Toyota
- Mattrest Bedding Banksia Beach
- Remax Advanced Bribie Island
- Ali King MP
- Files Stibbe Lawyers
- Bongaree Bowls Veterans
- Bongaree Bowls Craft Group

Moreton Bay City Council were also very generous in supporting our carnival!

Thank you very much to all those who contributed to the raffle, especially Bowler's Paradise, Waterways Motel, Pina Colada, Ali King, Leading Appliances, Terry Young MP and many more.



The overall winners of the day were The Green Machine - Kim Hagan, Ron Wilson, Carol Oates, Steve Mogan.

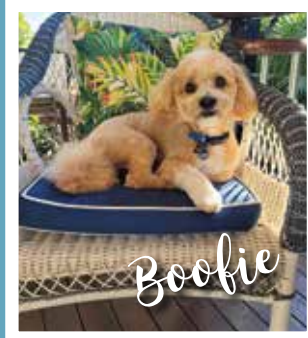
A photo of the winners of the carnival is attached. Names in order: Kim Hagan, Ron Wilson, Carol Oates, Kirsty Mayon (Traditional Funerals), Steve Logan



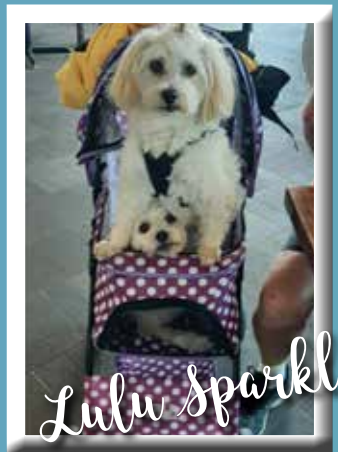
Barney



Casper



Boobie



Lulu Sparkles



Katayna



Albie



Rusty



Rory



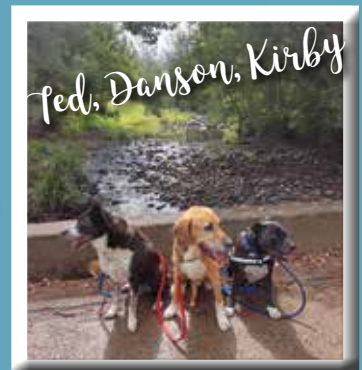
Prevor



Daisy



Raccoon



Ped, Danson, Kirby



Robbie & Gordon



SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO: editor.thebribieislander@gmail.com

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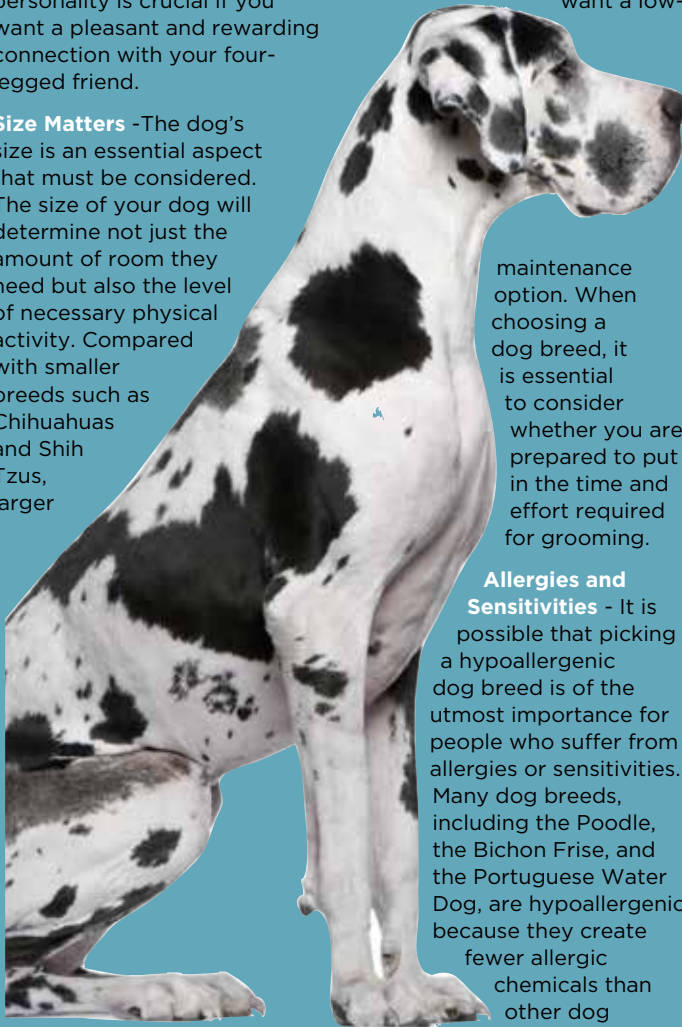


How to Find the Right DOG for Your Lifestyle and Personality

Deciding to get a dog should not be rushed.

There are numerous breeds of dogs, each with distinctive qualities and attributes. Choosing a dog that fits your lifestyle and personality is crucial if you want a pleasant and rewarding connection with your four-legged friend.

Size Matters -The dog's size is an essential aspect that must be considered. The size of your dog will determine not just the amount of room they need but also the level of necessary physical activity. Compared with smaller breeds such as Chihuahuas and Shih Tzus, larger



to care for and necessitate frequent brushing, combing, and cutting. Breeds like the Beagle and the Boxer have short coats that require very little upkeep, making them an excellent choice for those who want a low-

maintenance option. When choosing a dog breed, it is essential to consider whether you are prepared to put in the time and effort required for grooming.

Allergies and Sensitivities - It is possible that picking a hypoallergenic dog breed is of the utmost importance for people who suffer from allergies or sensitivities. Many dog breeds, including the Poodle, the Bichon Frise, and the Portuguese Water Dog, are hypoallergenic because they create fewer allergic chemicals than other dog breeds. However,

breeds such as Golden Retrievers and Great Danes have a greater need for space and exercise than smaller types. It is of the utmost importance to ensure that your living space can easily fit the size of the dog you decide to get.

Grooming and Maintenance - The grooming and general upkeep requirements vary greatly depending on the breed. Certain breeds of dogs, such as the Poodle and the York-shire Terrier, have coats that are difficult

it is essential to remember that no dog breed is hypoallergenic, and individuals' responses might vary widely. Before making a final choice, you must familiarise yourself with the potential new pet and determine whether you will experience any allergic reactions.

Temperament and Personality - Every dog possesses a unique demeanour and collection of characteristics that make up its personality. Some dog breeds are well-known for their steadfastness

and eagerness to preserve their territory, which makes them ideal for guard dogs; other types, on the other hand, are known for their calm demeanour and warm disposition, making them suitable for use as companion animals in homes.

Socialisation and Training - Developing a balanced and well-behaved dog requires the owner's commitment to socialisation and training. It is common knowledge that certain dog breeds, such as the Labrador Retriever and the Golden Retriever, are exceptionally easy to train and eager to perform as they are told. Some, like the Afghan Hound or the Basenji, are known to be more self-reliant and headstrong than others. It is vital to select a well-known dog breed for its trainability and eagerness to

learn, especially if this will be your first time owning a dog or if you want one that is easy to train.

Finding a Reputable Breeder - Once you have narrowed down your options and settled on a specific breed, the next step is to locate a breeder with a solid industry reputation. A reputable breeder will place a high priority on the health and well-being of their dogs, will guarantee that correct breeding techniques are followed, and will give you the appropriate documentation as well as support. When looking for a breeder, it is crucial to consider several criteria, including the breeder's experience, reputation, and the environment in which the puppies are reared. You can then start a lifelong adventure of love, friendship, and joy with your furry buddy.

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Homemade Gifts



One undeniable fact about life in the 21st century is how mass-produced products and Internet shopping have dominated consumerism. Nowadays, it's easy to go on an online marketplace and buy whatever you want as a gift for someone with just a few taps or mouse clicks. The sad truth is that some people forget about the unique charm of homemade gifts and how they're so much better as thoughtful presents for loved ones than mass-produced off-the-shelf products.

One downside of buying a mass-produced item as a gift for someone is that you can't personalise them according to specific tastes or styles. Sure, some items like the Apple iPad, for example, can be laser engraved with a particular message, but that's as far as personalisation options go for such products. When you make a gift for someone, you have complete control over how you want to personalise it. For example, you could make the item with a fabric or finish that the recipient loves.

Most people have likely received presents from people, and while they were grateful for receiving them, they were indifferent about the items given. The reason is usually because they feel the gift-giver hasn't considered their choice. On the other hand, homemade gifts

are prime examples of presents where the gift-giver has thought a lot about what the recipient likes and has created something that will be loved and cherished.

You can buy off-the-shelf products with a creative design or a unique take on some function or feature set. But the only way to give a gift to someone whose budget doesn't limit creativity is by making the item in question yourself. For example, if you wanted to give a loved one a knitted or crocheted garment, you could make it yourself using a unique colour from a weaving supplies store. You might even want to combine several colours to create a unique design you know the recipient will love.

It's easy to visit a local store or buy a gift for someone online, but it can sometimes be challenging to do so without overspending. If you give a gift of your own creation, you will have complete control over how much it costs to make. That is a good thing because it could not cost you a penny if you already have the materials you need to make your creation. Moreover, even if you need to buy some materials, you can seek the best deals – resulting in lower costs. Have you noticed that most off-the-shelf products you can buy in stores or on the Internet are constructed using plastic and primarily other non-sustainable materials?

Suppose your gift recipient is someone who wants to minimise their environmental impact. In that case, you can help them on that journey by ensuring your homemade present gets constructed with materials from sustainable sources. For example, you could use fabric offcuts, reclaimed metal, or recyclable wood to make their gift.

There's nothing to say that you can't use a pre-loved item and turn that into a unique homemade gift for someone. For instance, if you wanted to give someone furniture for their new home, you could put your unique twist on the item's design. You might want to paint a table and chairs in their favourite colour or refinish an old chest of drawers, complete with customised drawer knobs. There are limitless possibilities to make something unique using a pre-loved item as the foundation for your creation.

Whether your gift is for a relative or someone special in your life, one thing's for sure: your homemade creation will create an emotional connection between you and strengthen your bond. That's because the recipient will recognise the love, thought, and effort you've put into your gift, and you'll feel overwhelmed with happiness because you've made the recipient very happy. You won't experience those things with an

ordinary off-the-shelf product. You're probably thinking of making a gift using skills you've developed over the years. It makes sense because it means you are giving someone a present where your experience and skills get used to create something fantastic. For you, making the ultimate homemade gift for someone dear to you isn't just about making them happy with a thoughtful present. You're also doing it because you get a buzz out of making something that utilises skills you've likely developed over many years or even decades.

Some might assume your unique creation is a one-off achievement that will never be repeated. The truth is that you'll probably feel inspired enough to create similar masterpieces for other friends, relatives, and people dear to you. Of course, that doesn't mean you must create carbon copies of your original work. You can use that creation as the basis for variations.

Finally, you may even realise that your calling in life is to make similar items for other people – especially if you have lots of interest from folks who have seen your creation! Many people have turned their hobbies into successful businesses, which you could also do.



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Life Hacks You'll Wish You Knew Sooner

Plant-in-a-Pot Landscaping Design

Ever wish you could reorganize your garden after seeing how the mature plants look? Here's a clever way to do it. You'll need a bunch of pots of the same size, so they'll nest in each other. Put your plants in doubled pots, and then bury them at ground level. Whenever you want a change, lift out the top pot and put in a different one. This method is also really slick for bringing plants indoors over the winter. This method is great for quickly changing out seasonal plants and allows for easy experimentation with the colour and placement of plants and flowers.

No Air Pump? No Problem! Use a Shop Vacuum

If you don't have an air compressor to inflate your air mattresses or pool toys, you can use your shop vacuum instead. Just pop the top off of a plastic squeeze bottle and fit the top to your vacuum's hose. You may have to use duct tape. Once the top is secured to the hose, attach the hose to your vacuum's exhaust port. It'll blow up your inflatables in no time. Attach the hose to the vacuum port to deflate and suck the air out.

Make Your Own Ice Pack

Ice packs are a great way to keep your lunch cool, but they're a bit expensive if you're in the habit of losing them. This DIY ice pack hack is reusable, so it is good for the environment as well.

Identify Your Keys at a Glance

"It seems the older I get, the more keys I carry around. I have a whole pocket full of keys between the car, house, shed and garage. To make it easier to quickly find my most used keys, I paint both sides of the key head with brightly coloured nail polish. I use a different colour for each key. The nail polish is extremely durable and you'll be surprised how much longer it lasts than spray paint. Pool Noodle Water Hose

Easy Way to Disinfect Legos

Children's toys are a breeding ground for germs. A dishwasher makes quick work of disinfecting toys that are washable, like Legos. To quickly clean Legos:

- Drop the Legos in a laundry bag to keep them contained.
 - Run your dishwasher as usual.
 - But, remove the Legos before the drying cycle, letting them air dry completely on a towel.
- This method also works well for other treasures like seashells, dish brushes, rags and sponges.

Pasta Lighter

We're sure you're stocking up on sweet-smelling candles to make your home extra cozy for the colder months. But if your candles burn too low to reach the wick, there's no reason to go without your favourite scent. Instead of burning your fingers, light a piece of uncooked spaghetti. It'll reach into those deep candles and burn long enough to light them on Grandpa's birthday cake!

Pool Noodle Water Hose

If you need to fill a bucket that won't fit under your sink's tap, bust out a pool noodle. Set the bucket on the floor, slip the pool noodle over the tap and run it down to the bucket

Keep Seeds Fresh

If you don't use up all of your seed packets, store them in an airtight container with silica packets to keep them fresh for next year. The silica packets prevent the seeds from germinating or getting mouldy.

Get Wrinkles Out of Your Laundry with Zero Effort

Ditch the time-consuming iron or handheld steamer to remove wrinkles from shirt or slacks. Throw a few ice cubes or a wet washcloth in the dryer with your wrinkled clothes. As the ice melts and the water turns to steam, it will remove the wrinkles. This trick isn't as effective with heavier clothing but is a miracle for lighter fabrics. The best part is that you don't have to set the dryer for longer than 10 minutes for it to work.

Fog-Free Mirrors

Prevent your bathroom mirror from fogging after a hot shower with car wax. Apply a small amount of car wax to the mirror, let it dry, and then buff it with a soft cloth.

Instant Picture Frame Bumpers

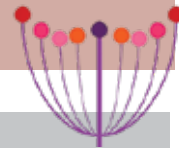
Stop wall frames from slipping out of place and scratching the wall paint by putting small dots of hot glue on the back corners of the frame. The hot glue not only prevents movement, but it also holds the picture away from the wall to prevent scratches and nicks.

Remove Highlighter Stains

Ever wish you could remove highlighter marks from a book? Lemon juice fades highlighter enough to make it virtually undetectable. Cut a lemon in half and get some juice on a cotton swab. Run the swab over the highlighted text and watch the colour fade.

Healthy Plant Hydration

Water settling at the bottom of pots can lead to root rot. To combat this problem, cut up old sponges and put them in the bottom of the pot. The sponges retain moisture and create necessary air space. They also help prevent water from flushing out the bottom. The sponge acts as a water reserve and keeps soil moist longer. First, purchase an inexpensive pack of sponges or just find some old ones around the house. Grab a big bowl of water and let the sponges completely soak up as much water as they possibly can. After soaking the sponges, put each sponge in a small sandwich bag with a zip close. These bags serve two purposes. First, as the ice melts, the bag contains the water so it doesn't make a mess in your lunch bag. Second, keeping the water contained allows the melted sponge to reabsorb the water so it is ready to refreeze for the next day. Now, freeze the wet and bagged sponges overnight. In the morning, all you need to do is toss the ice pack into your lunch container.





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Bribie Community Nursery supports Sophiya in reaching her goals!

Sophiya's mum approached Bribie Community Nursery to get some help for her daughter for her Gymnastics competition in Cairns in August. For both of them to go, the cost is \$2400, which includes all flights, accommodation comp fees and food. Sophiya is fantastic at her gym; she even got selected as 1 of 10 girls out of 470 to attend Futures this coming year for high-level gymnastic hopefuls selected by Gymnastics QLD.

Sophiya is doing level 6 gymnastics and is training 16 hours a week. She was invited to join the Delta Kedron Performance Team last year, so she moved from her gym at North Lakes to Kedron. Last year, she came 5th overall at state championships. She made it into the state team championships, with her team placing 1st overall, which meant she got to go to nationals, scoring the highest score out of all gymnasts on the beam. And her team placed 2nd Overall at nationals, which was a huge achievement. Sophiya has dreams of attending the Olympics, and her mum, Lyndal, will do whatever she can to get her to where

she needs to be to achieve those goals. Getting help for her to attend the competition in Cairns was just one more step toward that goal!

Luckily Bribie Community Nursery came to the party and helped Sophiya get there! Sophiya would like to let you know she absolutely smashed her comp and took 1st place overall, achieving her best overall score of the year. She has made it into state individual gymnastics comp, got selected for the regional team and has also been selected for the National Club team.

Sophiya and her mum, Lyndal, are very excited and sincerely thank everyone who helped get her one step closer to her dream.



We Need Your Help

Bribie Community Nursery is looking for Volunteers

We need volunteers to help maintain our beautiful community nursery. The nursery is a not-for-profit organisation that supports our community. Make new friends while you are helping a worthwhile organisation!

Please call in to 208 First Avenue and have a chat with the team on how you can be a much needed volunteer !

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ANOTHER triumph for Moreton Bay!

The Caboolture Town Square burst into life as Eco Fest bloomed on a perfect Spring Day. Experts, community organisations, including Beachmere Community Garden, and all manner of businesses and groups came together to share practical tips on how to live more sustainably. Beachmere Community Garden's stand was absolutely picturesque - hats off to the members whose artistry created this gorgeous display of produce, flowers, trees and shrubs.

Hannah Maloney, a well-known presenter, Perma culturalist and climate activist

from Gardening Australia, popped in, and members were kept busy with avid interest from visitors keen to know more about growing food, managing climate and what can be achieved to enrich their gardens. Many queries came from young people eager to learn, indicating sustainability and future self-sufficiency. Pots of herbs and seedlings were accessible to people keen to add to or start their own garden!

Any information you needed to know about recycling, council services, and preparation for natural disasters was available from friendly Moreton Bay staff. The beautiful shady trees, thoughtfully planted in the past by a visionary Council,

harboured stalls of all types, including one of my favourites, Amanecer Micro Greens. My basket was filled with pots of goodness from Jason and Hiro, who also presented visitors with a gorgeous Gerbera. Families enjoyed the entertainment, food, and garden party in the library and relaxed in a lovely community atmosphere.

Congratulations to the organisers of this wonderful event, which, in a friendly, vibrant setting, educates, entertains and informs us all. Congratulations to Beachmere Community Garden, whose members are contributing to the future in such a positive way.



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BRIBIE LAWNS

EXPERIENCING A

MEALY BIG

PROBLEM!

Has your lawn recently developed brown spots that seem to be multiplying by the day?

You might have an outbreak of **MEALY BUG!**

Mealy Bugs are small sap-sucking pests that are often found in warmer climates. They are soft-bodied, wingless and are covered in white, protective wax and leave behind dry looking, damaged grass blades. They duce Honeydew which can cause mould growth on plants, attracts other pests, and can prevent your grass from photosynthesizing. They tend to hide in the moist and protected parts of a plant, usually the dense foliage or underside of leaves, and can have the appearance of small spots of cotton.

Mealy Bugs reach maturity within 1-3 months of hatching, and adult females can lay 300-600 eggs which will hatch within 1-3 weeks. If these pests aren't taken care of quickly, they can overrun your lawn!

SO, WHAT CAN YOU DO?

Option 1. Mealy Bugs are hard to eradicate, generally needing to be manually removed with rubbing alcohol from each blade of grass. This daunting task could take days or weeks depending on your yard size.

Option 2. Jump on Doctor Google and research old wife's tales on 'How Do I Kill Mealy Bug' just to find the hundreds of different products you 'could' use to eradicate them.

Option 3. CALL COOCHIE HYDROGREEN!

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TRIUMPHANT SUCCESS FOR LOCAL JUNIOR NETBALL PLAYERS: BRIBIE ISLAND PLAYERS SHINE IN STATE AGE CHAMPIONSHIPS AND CLUB FINALS

The Junior Netball State Age Championships held in Townsville at the end of June showcased the immense talent and dedication of young athletes from all around the state. Among these remarkable players were local Bribie Island Netball Club players Gemma Bell, who represented Caboolture u14 Gold and Jade Marsh and Charlotte Price, who represented Caboolture u14 Black.

Gemma exhibited exceptional skills and determination throughout the championship with U14 Gold finishing 2nd place in Championship Division 3 and an overall 18th place overall out of 72 participating teams. A testament to the teams hard work and relentless effort on the court.

Not far behind, Jade Marsh and Charlotte Price from Caboolture u14 Black displayed incredible

pro prowess as their team secured a commendable 5th place finish in Challenge Division 2 and an overall 45th place in the state rankings.

A significant factor in the journey of these talented young netball players was the support they received from their local community. The Bribie Island Community Nursery and Bribie RSL generously provided much-needed financial support that enabled these athletes to participate in the Junior Netball State Age Championships in Townsville. Such community support highlights the spirit of unity and encouragement that thrives in Bribie Island.

In addition to their exceptional performances at the state championships, all three players are an integral part of Bribie Island's Surf netball team who play in the local league at Caboolture Netball Association. Their dedication to the sport has been on full display in their recent grand final match against the Narangaba Valley Novas at the Caboolture Netball Association. On August 26, an enthusiastic crowd witnessed a thrilling showdown as Bribie Surf clashed with the minor premiers



in the Division 3 grand final. The match proved to be an incredible showcase of skill, teamwork, and determination. In a stunning display of talent, Bribie Surf emerged victorious, securing an impressive 45 to 34 triumph over their opponents. The players' unwavering commitment, coupled with their training and experience, enabled them to seize the grand final victory, capping off an extraordinary season in the local club league.

The success of these young athletes at both the state and local levels is a source of immense pride for Bribie Island. Their achievements serve as an

inspiration to aspiring netball players across the community, motivating them to pursue their dreams with dedication and perseverance.

As we celebrate these remarkable achievements, we extend our heartfelt gratitude to the Bribie Island Community Nursery and the Bribie RSL for their vital support and encouragement. The combined efforts of the players, their families, coaches, and sponsors have created a legacy of success that will undoubtedly inspire future generations of netball enthusiasts on Bribie Island.



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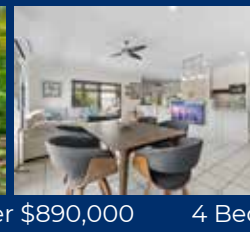


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1-3 Sandheath Pl, Ningi Offers Over \$899,000 5 Bed | 2 Bath | 2 Car | 885m²



10 Blaik St, Woorim Offers Over \$1,600,000 6 Bed | 3 Bath | 3 Car | Beachside



4 Amity Court, Sandstone Point
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25 Dianthus Ave, Banksia Beach
2 Bed | 1.5 Bath | 3 Car
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A Look into the Joys and Challenges of Buying a Home



Purchasing a home is a significant milestone in many people's lives, representing a dream of stability, security, and the freedom to create a place uniquely their own. It can be an exciting journey filled with anticipation and dreams of the memories that will be made within those four walls. However, the path to owning a home can also be challenging. From navigating the real estate market to securing financing and conducting inspections, numerous hurdles exist. Whether searching for your dream house in bustling urban neighbourhoods or serene suburban settings, understanding the process can pave the way for a successful and rewarding home-buying experience.

ACHIEVING THE AUSTRALIAN DREAM

For generations, homeownership has epitomised the essence of the Australian Dream. Having a place to call your own, a sanctuary where cherished memories are made and shared with loved ones, evokes a deep sense of pride in countless individuals. Beyond emotional fulfilment, owning a home is a significant accomplishment that offers both financial security and the potential for long-term investment growth. As property values appreciate over time, the prospect of homeownership becomes not just a dream but a tangible pathway to a brighter and more stable future.

PERSONALISATION AND CREATIVE FREEDOM

One of the greatest joys of buying a home is the freedom to customise it according to your preferences and lifestyle. From choosing the colour palette to remodelling the kitchen and landscaping the garden, homeowners can transform a house into their perfect sanctuary. Personalisation goes beyond aesthetics; it enables you to accommodate your family's specific needs, such as creating a playroom for the kids or a spacious pantry for the avid cook. Embracing these endless possibilities fosters a sense of ownership and pride, making every moment spent within the walls of your home truly special. As you infuse your unique touch into every corner, your home reflects your journey, values, and the place where unforgettable memories are woven.

STABILITY AND COMMUNITY

Individuals settling into a home naturally establish deep roots within the neighbourhood. Homeownership often leads to longer-term residency, fostering a strong sense of community and stability. This enduring presence allows homeowners to forge meaningful connections with their neighbours and local businesses, contributing to a profound sense of belonging. As a result, the overall quality of life is enriched, and a positive impact is made on the entire community, creating a harmonious and supportive environment for everyone involved.

FINANCIAL PREPAREDNESS

Undoubtedly, the financial aspect poses one of the most substantial challenges when embarking on the journey of purchasing a home. The process can be complex and overwhelming, from securing a mortgage to navigating fluctuating interest rates and comprehending the intricacies of closing costs. Aspiring homeowners must conscientiously assess their financial health and align their budgets accordingly to ensure they are fully prepared to shoulder homeownership's significant responsibilities. A prudent and well-informed approach to financial planning is pivotal in laying a solid foundation for a successful and sustainable homeownership experience.

COMPETITIVE REAL ESTATE MARKET

Navigating competitive housing markets presents unique challenges, particularly when finding the perfect property at an affordable price. The prevalence of bidding wars and a scarcity of available housing inventory can escalate stress levels and evoke the fear of missing out on securing an ideal home. In such circumstances, exercising patience and enlisting the expertise of a reliable real estate agent become indispensable. Working closely with a seasoned professional can provide valuable insights and strategies to manoeuvre through these competitive waters, ultimately increasing the chances of successfully finding and securing the desired property amidst the market's enthusiasm.

PROPERTY INSPECTIONS AND REPAIRS

During the home-buying process, inspections are essential to identify any potential issues with the property. Discovering problems like damaged pipes, outdated electrical systems, or a leaky roof can throw a wrench into the plans and may require negotiations with the seller for repairs or adjustments to the price. This becomes especially important when considering properties in neighbourhoods with older homes. For example, if you're interested in a house with an older roof, find a local business that knows the ins and outs of the area to inspect and possibly repair it. Do the same for other integral aspects of the property, like the plumbing and electricity. Ensuring a thorough evaluation of the home's condition helps you make an informed decision and avoid unexpected financial burdens down the line.

CONCLUSION

Buying a home is an exciting journey that brings achievement, personalisation, and community-building joys. It allows individuals and families to plant roots and create a space they can call their own. However, it also comes with its share of challenges, from navigating the competitive real estate market to ensuring financial preparedness and dealing with potential property issues. Aspiring homeowners should approach the process with patience, research, and support from professionals like real estate agents and home inspectors. Ultimately, with proper planning and determination, the dream of homeownership can become a joyful and rewarding reality for everyone.



49 Grice Crescent, Ningi

3 BED | 2 BATH | 2 CAR

Nestled within the picturesque Sandstone Lakes area, 49 Grice Crescent, Ningi, stands as an embodiment of idyllic family living. Offering an array of features that cater to modern-day comforts and conveniences, this charming residence is a testament to both style and practicality.

For Sale: Offers Over \$699,000
Land Size: 554m²

David, Brianna & Aisha
0409 255 255



17 Dunebean Drive, Banksia Beach

4 BED | 2 BATH | 2 CAR

- Double lock up garage
- Solar electricity and water
- Powder room
- Separate study
- Formal dining/media
- Butlers pantry
- Garden shed
- Ducted Air-conditioning

For Sale: Contact Agent
Land Size: 800m²

George Hayes-Walsh
0432 189 157



14 Caraway Crescent, Banksia Beach

3 BED | 2 BATH | 2 CAR

- Garage, w/ drive-through for golf buggy/trailer.
- Media/Rumpus room.
- Garden shed.
- Side access.
- Ducted A/C.
- Solar.
- Large deck area.

For Sale: Contact Agent
Land Size: 525m²

George Hayes-Walsh
0432 189 157



53 Kangaroo Avenue, Bongaree

3 BED | 2 BATH | 1 CAR

Stroll leisurely to the nearby Pomicestone Passage and shops from this charming residence, characterized by its original structure and its endless opportunity to remodel the home to restore its original beauty. Boasting a timeless appeal, the house offers a spacious interior with three generously sized bedrooms.

For Sale: Offers over \$649,000
Land Size: 531m²

Karl Osswald
Freddi Osswald
0407 836 508





**236 Freshwater Drive,
Banksia Beach**

- Ducted air-conditioning.
- Raised ceilings.
- Multi-purpose room.
- 900mm Oven.
- Caesarstone bench.
- Low maintenance gardens.

4 BED | 2 BATH | 2 CAR

For Sale: Contact Agent

George Hayes-Walsh
0432 189 157



FOR RENT

64 May Street, Beachmere
\$630 per week - Available Early November

41 Aquila Circuit, Banksia Beach
\$985.00 per week - Available Late October

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103 Bestmann Road, Sandstone Point

Welcome to 103 Bestmann Road East, Sandstone Point – an extraordinary waterfront property that offers the pinnacle of coastal living. Nestled on an 890m² block, this stunning residence boasts panoramic views over Moreton Bay, offering captivating vistas of Bribie Island, Moreton Island, and Redcliffe. With its spacious interior, three bedrooms, two bathrooms, a 3-car garage, and an abundance of entertaining space, this home provides the perfect canvas for waterfront living at its finest.

3 BED | 2 BATH | 3 CAR

For Sale: Offers Over \$1,249,000
Land Size: 890m²

George Hayes-Walsh
0432 189 157





VMR

BRIBIE ISLAND

**John Traill Public Relations Officer - Volunteer Marine Rescue Bribe Island Phone: (07) 5327 2747
Mob: 0407 537 323 publicrelations@vmrbribe.com,**

TINNY DONATION

We would like to say a MASSIVE THANK YOU to Mick and Shery for donating us a Tinny to replace the one that was stolen last weekend just in time for our display for the EXPO. We would also once again like to thank everyone who made offers of Tinny's we feel truly blessed to be in such a supportive community..



Bribe 2 collects the donated Tinny.

our newly donated Tinny was put to good use showing how quickly you can get into trouble on the water. The Emergency services cadets performed a march past with other cadet units. Our Commodore Ces Luscombe currently on the sick list recovering from a recent operation came along to wish everyone well and thank them for helping on the day.



Our Martin Jonkers Toyota sponsored HiLux towing Jonkers Bribe 3 is in place early to await the crowds.

EMERGENCY SERVICES EXPO

Saturday 7th October 2023 - Overall, it was a good day, hard to estimate the crowd because this year it was more spaced out, but all the organizers were very happy with the attendance. The Social committee cooked a storm selling hundreds of burgers and sausages on a piece of bread, after feeding the VMR workers an egg and bacon roll. Queensland Minister for Police and Corrective Services and Minister for Fire and Emergency Services Mark Ryan, officially opened the EXPO and paid a special tribute to VMR Bribe's Emergency Services Liaison Officer Graham Gibb for his work as one of the main coordinators with the Emergency Service Expos over many years, There were boat demonstrations, helicopter rescue, flares display and



Linda Burdinat serves Kaye Hammond with an egg and bacon roll for breakfast.



Mike Pobar tends the BBQ.



QPS Vessel Dan Stiller arriving for the event.



Graham Gibb and Minister Mark Ryan.



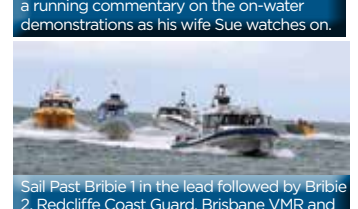
VMR Brisbane's new vessel arrives for the EXPO.



Vice Commodore Wayne Sclater gives a running commentary on the on-water demonstrations as his wife Sue watches on.



Vessels docked at the Bongaree Jetty for the EXPO..



Sail Past Bribe 1 in the lead followed by Bribe 2, Redcliffe Coast Guard, Brisbane VMR and SES Flood boat.



An older QAS Ambulance was also on display.



Redcliffe Coast Guard doing Flare demonstration.



Official Opening by State Member for Morayfield and Minister for Police and Corrective Services and Minister for Fire and Emergency Services Mark Ryan MP



Westpac Helicopter demonstration.



Queensland Fire and Resue appliances on display.



Crowds on the fore shore watching the Rescue Vessel Sail past and on-water events.



Police Divers Demonstration



Some of the Crowd.



VMR Bribie's Busy Burger Tent.



Federal Member Longman Terry Young MP enjoys a burger with Kelly Langworthy, Barbara Gilmore, and Linda Burdinat



Pirates Tug of War Jonker's Bribie Three.

OCT VESSEL ASSISTS:

MON 02/10 0958AM – 3.6m Tinny non-member with motor problems required a tow from Ning Creek to Spinnaker Sound Marina.

MON 02/10 1207PM – 5.5m Cruiser non-member with a flat battery at Tangalooma Wrecks required a tow to Spinnaker Sound Marina.

MON 02/10 1421PM – 8m Cruiser non-member will not start required a tow from Sandstone Point Hotel jetty to Spinnaker Sound Marina.

TUE 03/10 1545PM – 4.3m Tinny non-member overturned off Red Beach. Person recovered, another VMR Member recovered overturned Tinny.

THU 05/10 0749AM – 10.2m Yacht member to be transferred to his mooring after a drifting houseboat, utilising that mooring had been relocated to the MSQ mooring.

THU 05/10 1247PM – 11m Cruiser non-member broken down in Caboolture River, required a tow to Scarborough Harbour.

SUN 08/10 0701AM – 15m Houseboat non-member with engine overheating at Gallagher's Camp required a tow to Spinnaker Sound Marina.

SUN 08/10 1229PM - 7.3m Yacht member drifting toward Avon Wreck required a tow to Bellara area away from rocks.

SUN 08/10 1323PM – Small 4.5m Yacht member overturned opposite VMR Base, assisted member to try and locate lost equipment when overturned and towed to Bellara Boat Ramp.

WED 11/10 1612PM – 4.5m Runabout non-member electrics problem required a tow from Ningi Creek to Spinnaker Sound Marina, JB3 dispatched but vessel able to start and make own way back to Spinnaker.

SAFETY DAVE THE FRENCHIE'S MESSAGE:

Safety Dave says for this coming holiday period check your LIFE JACKETS:

- do you have the appropriate life jacket for the whole trip?
- are the life jackets suited to the activity being undertaken?
- do you have one jacket for everyone on board?
- are the jackets in good condition and correctly labelled?
- if boating at night, do the jackets have reflective tape on them? and
- do you have an appropriate sticker/label showing where the life jackets are stored?

Many boaters have their jackets still in their original packaging – this leads to lack of effective inspection and the deterioration of the straps. This in turn also makes it difficult to fit in an emergency. The bottom line – life jackets should not be stowed and forgotten. They are



difficult for a novice to put on in an emergency, and then it's too late to realise they are inappropriate for the intended person in that emergency. Skippers should inspect each before each trip, show all passengers how to wear and have them easily accessible for use, preferably worn.

"PLEASE WEAR YOUR LIFE JACKETS!"

"BUT importantly – Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, its a free service for everyone, so why wouldn't you! - It just may save your life!"

2023 YEAR RADIO ROOM STATISTICS

To Thursday 12th October 2023
 12,529 Calls, 3,677 vessels logged on, 189 Vessel Assists, 1,255 Sitreps, 1,027 Requests, 55 overdue vessels, 17 Vessel Tracking, 1,416 Radio Checks, 7 Weather Broadcasts, 3 Securite Broadcasts, 1 Pan Pan 0 Mayday.

VHF 60.0%, 27MHz 4.9%, Phone 17.2%. GWN 1.8%



Group photo at the end of the day.

BY: Claude Trabelsi
Bribie Bait, Tackle and Blkes
cjsdemo@hotmail.com

FISHING REPORT

Bream is about in good number, the passage producing some great specimens. Lee Wuersching managed his PB bream going 48cm caught on a pilchard set on gang hooks.



Sand Whiting is feeding along Bribie Beach, Worms, yabbies, and Pipis are working well. Run in tide seems to be the best time of the tide. Beach rods 9 feet and up enable longer casts behind the surf, with lightly rigged lines and baits. I find slowly windy back to shore helps get a quicker bite. Whiting can also be found along the passage side and sandstone point.



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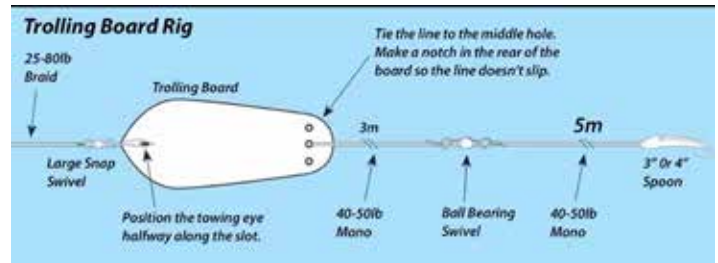
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Mackerel are showing up in big numbers around Moreton and through Moreton Bay, It pays to have a floater out the back whenever fishing; Pilchard or squid will often entice a bite. Targeting mackerel on the troll using Trolling Boards or down riggers at 5 to 8 Knots is the ideal speed. Hard body lures from 105mm to 140mm also work well in less than 5 meters water.



This is a guide and can be adjusted to suit your own preference. Snapper have been caught in good numbers; Early morning is the best window just before the sun comes up. Richard with a nice Red and a bag limit for Claude and Sarkis last week. Squid and Pilchards working the best.

TIDE TIMES

Bribie Island AND Moreton Bay

FRI 20 Oct 12:34 am 1.26m 6:09 am 0.42m 1:15 pm 1.76m 8:02 pm 0.61m	SAT 21 Oct 1:29 am 1.17m 7:00 am 0.49m 2:15 pm 1.71m 9:22 pm 0.63m	SUN 22 Oct 2:41 am 1.12m 8:11 am 0.55m 3:30 pm 1.69m 10:42 pm 0.59m	MON 23 Oct 4:12 am 1.15m 9:46 am 0.57m 4:53 pm 1.71m 11:50 pm 0.5m	TUE 24 Oct 5:42 am 1.27m 11:17 am 0.5m 6:09 pm 1.77m	WED 25 Oct 12:47 am 0.39m 6:50 am 1.45m 12:33 pm 0.4m 7:11 pm 1.84m	THU 26 Oct 1:37 am 0.28m 7:46 am 1.64m 1:37 pm 0.29m 8:04 pm 1.88m
FRI 27 Oct 2:21 am 0.19m 8:36 am 1.82m 2:34 pm 0.23m 8:52 pm 1.85m	SAT 28 Oct 3:01 am 0.13m 9:23 am 1.94m 3:27 pm 0.22m 9:36 pm 1.78m	SUN 29 Oct 3:39 am 0.13m 10:07 am 2.02m 4:16 pm 0.25m 10:17 pm 1.65m	MON 30 Oct 4:14 am 0.16m 10:50 am 2.05m 5:04 pm 0.32m 10:58 pm 1.52m	TUE 31 Oct 4:47 am 0.21m 11:31 am 2.03m 5:52 pm 0.39m 11:38 pm 1.39m	WED 1 Nov 5:22 am 0.29m 12:12 pm 1.98m 6:42 pm 0.46m	THU 2 Nov 12:21 am 1.28m 6:00 am 0.37m 12:54 pm 1.91m 7:35 pm 0.51m



Kingfish have also been hunting around Moreton Island, Dropping a live bait is the best option; Sarkis managed an 11kg Kingfish that went 1.2 meters long. He was using a 50lb braid with



a 30lb mono leader, whole large squid was used to hook this beast.



SOUTHERN FISH MARINE

PH 5497 6733

OPENING HOURS
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- Dumbier Boat Trailers
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Swap & Go Gas -
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TIPS & TRICKS FOR FISHING

Part 3



Safely Fishing the Ocean Rocks.

Wear a PFD

Fishing the ocean rocks is exciting and incredibly rewarding. It can also be very deadly. We lose so many anglers unnecessarily because of poor decisions while fishing the ocean rocks. Wear a PFD, (personal floatation device). Plenty of great designs allow you to move about and fish unencumbered. It may well save your life. Wear cleated boots or shoes. There are fantastic designs made especially for fishing the rocks. Again, they may well save your life or serious injury.

Don't Rush

Firstly, moving fast across a slippery, uneven surface is a recipe for disaster. Take it easy and focus on sure footing. Secondly, and most importantly. Take 20 minutes and observe the spot you're about to fish. Get a feel for the wave patterns and intervals. Watch the groundswell. If a little whitewater crosses the rock on which you want to stand, it's okay. You can't fish that spot safely if it's thick and green, even if only just above ankle height.

Keep Aware of The Ocean

Plenty of experienced anglers make this mistake. Never turn your back on the ocean when rock fishing. If you're rigging, get in the habit of looking up from the task every few moments. Most importantly, ensure your peripheral vision is tuned to the ocean. A wave can come in seconds and sweep you and your kit away.

Don't Go It Alone

Never fish the ocean rocks alone. Again, this is a mistake many experienced anglers make. Tell people exactly where you are going and when you will return. Always try and return when you say you will. If you move spots, call someone and let them know, or send a text, it takes no time at all. Remember, fishing the ocean rocks claims many lives every year. These simple precautions are necessary, as they will likely save your life.

Great Fishing Preparation Tips

Organise Your Gear

An organised angler catches more fish and saves money. When your fishing gear is sorted into logical places in tackle boxes, gear changes happen much faster. Importantly, you lose gear in a messy tackle box. We often replace lures and terminal tackle we thought we'd run out of. Turns out, an outstanding stock was buried deep in your messy tackle bag.

Remain Scentless

Dirty hands can turn an excellent fresh bait or lure into instantly useless. Remember, a fish has a highly attuned sense of smell. Two of the worst offenders are sunscreen and insect repellents. They become significantly less attractive when smeared on your lure or bait. Petroleum products are the most common contaminants for those who fish from a boat. The toxic smell of these products is transferred directly to your baits – a massive turn-off for fish.

Having read this, you'll probably add soap

to your tackle box. Not so fast. Your sanitary products like soap and deodorants are also a turnoff for fish. Use scentless, natural products to clean your hands.

Catch and Release

Keep a few and feed the family. It's one of the great joys of fishing. However, make it a rule to return most of your catch and never keep big ones; they're the prolific breeders. We can't rely on government regulations to protect our fish stocks. It's entirely up to us to ensure our grandchildren's children can enjoy fishing well into the future. The responsibility is ours.

Be Aware of The Law

There are laws for everything, and fishing is no exception. The tricky thing is that fishing laws vary significantly from state to state and worldwide.

Always carry a fish measuring mat or tape measure with you. ALWAYS. A poor guess can mean a costly mistake. Taking undersized fish attracts a hefty fine in most places. There are often limits to catching that relate to fish numbers generally or to numbers of specific species or species sizes. The best way to make sure is to check online. There will be a recreational fisheries website for every state. Check it out. Local tackle shops will also have printed material about rules and regulations. Adhere to them.

The rules are there for a reason, generally to protect the future of fish stocks. It's not the fines that should motivate you to follow the rules but the future of your sport.

Sharing is caring!



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BRIBIE DRAGONS WELCOME BREAST CANCER AWARENESS PADDLERS

October being Breast Cancer Awareness month, it was perfect timing for our "Come & Try" paddle this Sunday, the 15th. The day dawned, welcoming a slight zephyr of a breeze and no sign of rain; perfect conditions with a high tide

expected at 10.32.a.m. Both Male and Female supporters and survivors gingerly turned up to try paddling for the first time in our beautiful Pumicestone Passage. Under our pink gazebos, we progressed them through our stretching

pre-routine, fitted them with lifejackets, demonstrated basic paddle management and explained the procedures associated with safety in loading and being in the boats. Then it was out into the passage for part of an hour, churning up past Turner's

Landing and Avon Wreck and back again. Despite being the first time, our new paddlers managed very well with the occasional clash of paddles and sprays of water amid shrieks of laughter and "buddy-assigned" encouragement.



© Mike Watts - Bribe Pics

Many of our potential members commented on our camaraderie and declared their obvious enjoyment in first-time paddling, and their increasing confidence on the water. During our morning tea, supplied by club members, we discussed the benefits of a full and active life after Breast Cancer, our quest for wellness and our gratitude

for the support from our community. "We are first and foremost a breast cancer survivor group. However, we welcome supporters, friends and family of survivors, as well as anyone else who supports breast cancer awareness and values." **Contact:- President Marie 0493096377 bribie pinkdragons@gmail.com**



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Safety test for older drivers



UNISC DEVELOPING COGNITIVE SAFETY TEST FOR OLDER DRIVERS
UNIVERSITY OF THE SUNSHINE COAST RESEARCHERS AT THE MAIC/UNISC
ROAD SAFETY RESEARCH COLLABORATION ARE DEVELOPING AN ONLINE
SCREENING TOOL TO IDENTIFY OLDER PEOPLE WHO MAY NO LONGER BE
COGNITIVELY SAFE TO DRIVE.

Fitness-to-drive assessments can be confronting for older adults, who are faced with the possibility of losing their licence and independence.

With Australia's ageing population, there is an urgent need for accurate and reliable measures that screen for a person's fitness to drive, says

Research Fellow Dr Kayla Stefanidis from the MAIC/UniSC Road Safety Research Collaboration.

"The ROADS SAFE Study is exploring the relationship between cognitive function and fitness to drive in older adults, with the overarching aim of determining the combination of cognitive

performance measures that best predict driving capacity in this cohort," Dr Stefanidis said.

"The findings from this research will inform the development of a cognitive screening tool that GPs and other health professionals can use to differentiate between older adults who require a formal driving

assessment from those who remain cognitively fit to drive.”

There are currently no standardised measures or tests to help GPs and other health professionals determine when their patients may no longer be cognitively fit to drive and hence require further assessment.

“This research fulfils the urgent need for a gold-standard assessment technique to help GPs and health professionals screen for impairments to driving capacity in older adults experiencing cognitive changes,” Dr Stefanidis said.

When a person’s fitness to drive is called into question, a costly on-road driving assessment conducted by an occupational therapist or driving assessor may be required.

It’s hoped the development of a screening tool will not only provide GPs with an accurate method of testing cognitive fitness to drive but also lead to fewer unnecessary driving tests for older adults who are safe to be on the road.

“For older adults, the benefit of this research is a reduction in costly

and unnecessary assessments. We want to keep older drivers who are safe to drive on the roads for as long as possible,” Dr Stefanidis said.

The ROADS SAFE Study will be recruiting healthy older adults aged 60 years or older with a Queensland driver’s licence to attend sessions at the University of the Sunshine Coast. It will also recruit healthy older adults with subjective memory or cognitive complaints.

Participants will undergo a two-hour comprehensive neuropsychological assessment and complete a driving assessment that will take them on a virtual tour of Maroochydore in the MAIC/ UniSC Road Safety Research Collaboration’s driving simulator.

The research is being funded by the Co-Group Project Grant through the Dementia Australia Research Foundation as part of its ongoing commitment to supporting



Australia’s next generation of dementia researchers.

“I congratulate Dr Stefanidis on this important research. Diversity of projects such as this shows that we have a very exciting future for dementia research,” Professor Graeme Samuel AC, Chair of the Dementia Australia Research Foundation said.

“Without a medical breakthrough, the number of people living with dementia is expected to increase to more than 800,000 by 2058. Innovation in dementia research is now more urgent than ever.”

Eligible participants can express their interest by contacting ROADSAFE@usc.edu.au.

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LETTERS TO THE EDITOR



Dear Editor,
When I arrived at the pre-polling station this week, I was accosted by a woman insisting that I don't write a tick or a cross. Fortunately, I am capable of reading instructions and never contemplated doing such a thing. But this sort of behaviour is only going to further confuse anyone incapable of understanding instructions. It is absolutely disgraceful. It should be illegal.
Cheers, Hazel

Dear Editor,
This morning when I had a coffee break, I read David Horrock's article in BI Issue 200, regarding ways to reduce the cost of driving. I can recommend it to almost all the drivers on Bribie Island (even the professionals!)

My Dad was a professional driver during WWII in Britain and learned how to drive without using the brakes. One time, on a trip through NSW, he was stopped by another driver to tell him his brake lights were faulty. He politely explained that he hadn't been using them!

Since he taught me to drive, I can do the same on the rare occasion when I do not encounter other drivers on my trip from Woorim to Banksia Beach, though I do need the brakes before entering my driveway.

The biggest offenders I follow are those who "have to" brake before entering a roundabout, even if they are only doing 30kph and those who accelerate between close roundabouts and then need to brake before the next one. As David says, it's simply a matter of thinking ahead. Accelerate out of the roundabout, then take your foot off to slow down for the next one. Save fuel and the brake pads!

Safe driving,
H.Beneke

Dear Editor,
'And so it means nothing to most of us, but it means everything to some of us. And it would be a sorry and senseless shame if those of us for whom it didn't matter crushed the dreams of those for whom it could mean the world." (@james_powditch)

Lyn Rushby
Bribie Island

Dear Editor,
Last evening, I attended the community meeting called by Mr. Rob Comiskey, held at Sandstone Point Hotel. The purpose of the meeting was to explain the reason for the requested change in the licencing of the stage used for major concerts. The meeting was also an opportunity for affected neighbours to voice their concerns and air their inconvenience due to the major concerts.

Approximately 70 people attended. Mr. Comiskey was polite and encouraged those present to express their views. He provided microphones and asked that those present respect everyone's right to comment without interruption. I only once saw sniggering when one man was speaking by some of the more junior of Comiskey's entourage.

It seems to me that the Office of Liquor and Gaming Regulation are attempting to wash their hands of the responsibility for regulating the noise and affect on neighbours of these major concerts. It seems to me

that this responsibility is their job.

If these concerts are able to be taken out of their control, I understand they will become the responsibility of our Council. That is the Council, which oversaw the Zoning change to this large tract of open space on the shores of the Pumicestone Passage which enabled a hotel to be built in the first place.

This Council gave approval for developments in this area for a hotel, a six-storey accommodation block, a retail precinct, a big four caravan park, a resort and a stage for rock concerts.

In a residential area, on a two-lane road, the only access to Bribie Island. On land that the "locals" were advised "would never be re-zoned".

Why should the local residents and ratepayers – those whose job it is the Council to protect – feel comfortable about this change?

Concerned citizen.

PRAYER TO THE HOLY SPIRIT

Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. Thou who gives me the divine gift to forgive and forget the wrong that is done to me and who are in all instances in my life with me. I, in this short dialogue want to thank you for everything and confirm once more that I never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved one in your personal glory.

Amen.

Say this prayer on three consecutive days stating your wish after the third day. Your wish will be granted, no matter how difficult it may be. Promise to publish this as soon as the favour has been heard. C.J.



Australia Post new stamp collection celebrates

100 years of Disney magic with iconic characters and locations

Some of the world's most loved Disney characters will feature in iconic Australian settings on stamps celebrating 100 years of Disney. The special collectable set is available at participating Australia Post shops from today.

The four stamps in the set show Disney Pixar's Nemo, the clownfish from Finding Nemo making himself at home in Sydney Harbour, Ariel from The Little Mermaid at the Great Barrier Reef, and Kanga and Roo from Winnie The Pooh in their natural habitat in Australia's Red Centre. The collection is made complete

with Disney icons Mickey Mouse and Minnie Mouse sightseeing on Victoria's Great Ocean Road.

Melbourne-based Tara Stone, Product Development Manager at The Walt Disney Company Australia & New Zealand, designed the range which was inspired by her childhood love of stamp collecting.

"Collaborating with two beloved brands like Disney and Australia Post is one of my childhood dreams realised - and it makes it an even bigger career and personal highlight for me since it is also Disney's 100th anniversary.

"I am so excited to be able to help bring to life this range of stamps featuring fan-favourite Disney characters while also showcasing the beautiful

Australian environment using bold colours and iconic locations," she added.

Australia Post Executive General Manager Retail Catriona Noble said it was exciting to collaborate with Disney for the latest stamp collection.

"Generations of Australians have grown up with Disney, from the early days of cinema and television through to today. We're delighted to celebrate our favourite Disney characters with a touch of Aussie flair in this latest commemorative stamp collection. Disney's official 100-year celebration is on 16 October, and we hope all Australians find their inner-child and celebrate their favourite characters for this

special occasion," Ms. Noble said.

The Walt Disney Company Australia & New Zealand Vice President & General Manager of Consumer Products Commercialisation Tim Everett said seeing iconic Disney characters on a circulated Australian stamp was a special local highlight among this year's celebration.

"It's been a very big year already for Disney fans across the world, but I am so pleased to see an iconic local brand like Australia Post help us celebrate Australian fans in such a special way.

"Also, the fact the stamp range was designed by one of our Australian cast members adds an extra level of local flavour to this moment - and makes it something we can be even more proud of," he added.

Stamps are \$1.20 each and the new collection will also have available for purchase separately a first-day cover, stamp pack, minisheet, maxi cards as well as a range of collectable licenced products including collection packs and medallions. They are on sale now at participating Post Offices, via mail order on 1800 331 794 and online while stocks last. For more information, visit auspost.com.au/stamps or www.australiapostcollectables.com.au

Brooke SAVIGE

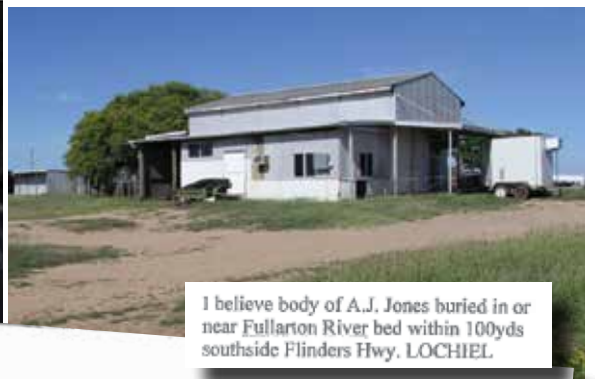
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A \$500,000 reward was announced for information about the 1982 murder of Anthony Jones



Detectives from Townsville Criminal Investigation Branch are hopeful that the announcement of a \$500,000 reward will bring in new information to assist investigations into the murder of Anthony Jones at Hughenden, west of Townsville, in 1982.

20-year-old Anthony Jones, known as Tony, was last seen on or about 12 November 1982 in the small township of Hughenden.

He last spoke with family at approximately 8:50 pm on November 3, advising them he planned to hitchhike from Townsville to Mount Isa.

Investigations identified that the call came from a telephone box at Bowen Road in Townsville.

Tony failed to arrive at Mount Isa as planned and has not been heard from since.

Police have identified multiple witnesses that can place Tony in Hughenden on November 12, where it is believed he attended the Grand Hotel that evening.

Investigations indicate Tony may have been involved in an altercation at the hotel that night prior to his disappearance.

On 19 January 1983, police received a handwritten letter under the name 'Lochiel' postmarked from Cairns, indicating Tony may have been buried in the Fullerton River. The following day, an extensive search of the area commenced and was cleared without any items of interest being located.

Over the following years, police investigations included approximately 60 statements and 270 inquiries completed

by investigators.

Several persons of interest have been investigated, and numerous land-based searches have been conducted in areas including the Fullerton River, Cloncurry River and Hughenden Slaughter yards.

At the time of his disappearance, Tony was carrying a Voerre .22 calibre rifle with serial number 257435, a large blue backpack with aluminium framing and a green sleeping bag, a green one-man tent, and various personal items such as toiletries.

None of these items have ever been recovered.

In 2002, the coroner ruled that Anthony Jones was deceased and had died at the hands of a person or persons unknown. Investigators believe Tony has been murdered.

In 1983, a \$20,000 reward was offered for the ongoing investigation. In 1990, this was updated to \$50,000. In 2004, it was further updated to \$250,000.

In 2010 the inquest was reopened by the Attorney General, commencing in 2016 and concluding in 2017, with a date to be advised for the delivery of the coroner's findings.

With active investigations underway, detectives from the Townsville Criminal Investigation Branch (CIB) were approved to increase the reward on offer to \$500,000.

Detectives will conduct further investigations in Hughenden on Saturday, October 14 and Sunday, October 15, and urge any community members with

information to come forward.

Detective Sergeant Brenden Stevenson of Townsville CIB said police are confident someone out there has the information needed to solve the matter.

"More than 40 years have passed now and in that time, loyalties change; any information, no matter how small or insignificant it may seem, could be the key to bringing closure for Tony's family," Detective Sergeant Stevenson said.

"If you were in Hughenden or at the Grand Hotel on the 12th of November in 1982, you may have seen something that could be crucial to this investigation; it is never too late to come forward.

"We are also urging anyone with any information as to the whereabouts of Tony's rifle, or the identity of the person who posted police the letter from Cairns in 1983, to please contact police."

The \$500,000 Queensland Government Reward is for information that leads to the apprehension and conviction of the person or persons responsible for this murder. The Government reward further offers an opportunity for indemnity against prosecution for any accomplice, not being the person who actually committed the murder, who first gives such information.

If you have information for police, contact Policelink by providing information using the online suspicious activity form 24hrs per day at www.police.qld.gov.au/ reporting or call **131 444**.

Report crime information anonymously via Crime Stoppers. Call 1800 333 000 or report online at www.crimestoppersqld.com.au.

CRIME REPORT BRIBIE ISLAND WRAP

OCTOBER 2023



www.mypolice.qld.gov.au/moreton

GET READY WEEK – MORETON
Last Saturday (October 7), police from Moreton attended the Emergency Services Expo at Bribie Island. The expo is always a lot of fun, but it is also the launch of Get Ready Week here in Moreton to assist the community in preparing for the upcoming disaster season.

Acting Assistant Commissioner John Bosnjak of the Emergency Management and Co-Ordination Command, Chief Superintendent Anne Vogler from Moreton District and Senior Sergeant Gavin Marsh, Executive Officer for the Moreton District Disaster Management, attended the Expo.

Queensland has experienced more natural disasters than any other state or territory, with more than 100 natural disasters since 2011.

The Moreton City Council Disaster portal is a true source of information where you can find up-to-date information about a current disaster, disaster preparedness, recovery and support services.

You can also sign up for Moreton Alert, a free SMS, email and voice notification system to provide severe weather warnings in the region. With our extremely dry weather, we encourage you to have a current bushfire survival plan. If you don't have a plan, visit the Queensland Fire

and Emergency Services website for information and advice. Senior Sergeant Gavin Marsh, Executive Officer, Moreton Disaster District, wanted to remind our community to look after one another this summer. Check on your neighbours and relatives, especially if they are elderly.

"Heatwave is a significant risk, and with costs of living rising, people may be reluctant to use their air-conditioning. Visiting your local library, shopping centre, and other air-conditioned places during the hottest part of the day might be an option to provide much-needed relief from the heat," he said.

- Stay Connected – Look after yourself, check on sick or frail friends, elderly relatives and neighbours and listen to the news.

- Stay hydrated and nourished, drink plenty of water, avoid drinks with alcohol, caffeine and high sugar, and eat smaller meals.

- Stay cool – stay out of the peak sun between 10 am to 3 pm, slow down and restrict activity.

The Get Ready Queensland website has information to help understand the risks of heatwaves. Visit the Get Ready website to learn how to prepare for this disaster season.



57 Offences

16 SEP 2023 — 15 OCT 2023

Other 2
Assault 4
Unlawful Entry 4
Other Property Damage 5
Other Theft (excl. Unlawful Entry) 19
Drug Offences 8
Good Order Offences 4
Traffic & Related Offences 11



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