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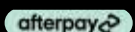
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MAR 8, 2024

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We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.

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**INTERNATIONAL
WOMENS DAY
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**KIANI
AUSTRALIAN IDOL
VOTE NOW!**

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**A HIDDEN GEM
AT GEM LIFE**

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Welcome



Dear Readers,
Welcome to edition 210. This edition is a pretty special one, as we are celebrating International Women's Day. To kick it off, we have the beautiful Kiani on our front cover, thanks to Vernazza restaurant at the Woorim Golf Club for their support. At the time of print, Kiani has made it to the top 10 so far, and if her performance last night indicated how far she will go, I would say we have an Australian Idol winner on our hands!!

We also have our annual International Women's Day feature showcasing some of our dynamic women in business and a story on Patti Varga from Gemlife, who is the poster girl for what a woman can achieve in a lifetime.

So, this edition celebrates some fantastic women and their stories. Still, we also have our usual collection of articles that everyone will find interesting. Don't forget to vote for Kiani; we hope she makes it all the way and is proud she has come this far. Good luck, Kiani; you are already a winner in our eyes!

Take Care..stay safe

Cherrie

**International
Women's Day
2024**

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IS BEER REALLY GOOD FOR YOUR HAIR?

SHOULD YOU DRINK THE BEER OR SHAMPOO WITH IT -- OR BOTH?

Beer: You can bathe in it, fertilise grass, and cook with it. But have you ever doused your hair with it? (We mean on purpose, not the accidental, "Hey, I'm doing a 'keg stand' and my hair got in the way" kind.) Turns out beer just might be good for your hair, too.

Beer's most basic ingredients -- malt and hops -- are full of protein that can strengthen hair cuticles. The cuticle is a layer of dead cells wrapped in a shingle-like fashion around the outermost part of the hair shaft. When the cuticle is damaged, these cells are raised and rough.

If you apply the proteins found in beer to your hair, the cuticles begin to realign themselves orderly. Essentially, the proteins repair damage to your hair caused by all the other things you may do to make it look good: blow-drying, straightening, curling and colouring.

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Am J Sports Med 2007; 35:972
* Int J Surg 2015; 24:113-222
^ Int J Surgery 2015; 24:207-9



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The beer benefits don't end with stronger locks; it can make your hair shinier, too. As the proteins bind with hair cuticles, the newly smoothed surface will better reflect light. This means your hair will become shinier. The alcohol in beer also adds shine, thanks to B vitamins and natural sugars, although some experts caution the alcohol will cause dry hair if you use it too often. Critics also claim there's no evidence that beer is a wonder-rinse; it won't make hair grow and can leave behind a "just left the frat party" smell.

To use beer as a hair rinse, mix it at room temperature (about a quarter of a cup or 59 millilitres) with equal water and add two tablespoons of apple cider vinegar to cut the beer smell. After using shampoo and conditioner, saturate hair with the beer rinse and let it soak for a few minutes before rinsing. While too drying to use every day, a once- or twice-monthly beer rinse will work as well as a pricey clarifying shampoo, removing buildup from hair products.

For a leave-in conditioner, transfer the mixture to a spray bottle, spritz and go. As the proteins in beer bind to the hair shaft, something fabulous will happen, volume. For people with fine, thin hair, a solution

that delivers volume is the Holy Grail of hair products.

Unfortunately, the volume boost beer offers your tresses will only last as long as the beer remains bound to hair follicles. Wash it out, and the benefit goes down the drain, too. Re-applying a leave-in beer treatment when you wash your hair will make it feel like a more long-lasting benefit.

You also can turn your next beer into a shampoo. Reduce a cup (236 millilitres) of beer over medium heat until there's only one-quarter cup left (you'll have boiled off the alcohol). After the beer reduction cools, mix it with a cup of shampoo, rebottle it and wash as usual.

HOMEMADE HAIR AIDS

New hair-care products excite everyone, but you can save money and get good results from these homemade products. Give them a try.

- Repair damaged hair by treating it with oil and egg yolk—massage olive oil into the hair. Then beat the yolk of 1 egg and massage it into hair, working from the ends up. Leave on for 10 minutes, then shampoo as usual. Do this once a week for a month, and your hair should begin to feel healthier.

- Condition your hair by applying mayonnaise before shampooing. Apply to dry hair and let sit for 1/2 hour, then rinse and shampoo as usual.

- For a lemon rinse, blend 1/2 cup of strained lemon juice and 1 cup of distilled water in a bottle. Comb the liquid through your hair after each shampoo.

- Rub baby powder into your hair and then brush it out thoroughly for a quick, dry shampoo.

Whether you have an artificial hair colour that needs refreshing or you want to enhance your own shade naturally, customised herbal rinses add highlights or depth and are gentle on your budget. If you want to experiment with customising herbal rinses, there's no real risk because their effect is subtle. However, avoid acidic fruits and vegetable colours. Do not use lemons or beet juice, for example. These are very unpredictable over time and are greatly affected by sun exposure. Lemon juice and the sun might make you blonder the first time you try it, but after several treatments, your hair colour will look like the rings of a tree trunk -- in several shades.



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Herd Together Inc is a registered charity based in Bellmere, Our core program “Horses Helping Humans™” helps us to learn effective communication and body language skills. Specifically, the program teaches participants the basics of natural horsemanship ground skills, (no riding involved) which is based on mutual respect and trust between horse and handler.

Through our programs, we aim to foster trust and establish stronger emotional connections between participant's and their support systems. By utilising the immediate and non-threatening feedback provided by the horses, we teach emotional regulation and respectful communication skills. This approach empowers participants to build self-confidence, develop social awareness, and re-engage with their education, workforce, community, and family.

Many young people who have experienced trauma struggle with negative self-thoughts, which can lead to communication difficulties, challenging behaviour, low self-esteem, and a feeling of hopelessness. Often, these youth are hesitant to engage with social systems such as school, work, and family.

Participants are introduced to techniques on how to focus, turn anger or anxiety calm assertiveness, and offer practical ways to apply effective communication which is easily transferable to interpersonal (human to human) communication, each session gives valuable take-home skills to use in everyday communication.

Based in Bellmere set on 8 acres we have a team of 6 horses and ponies of various sizes, here to assist you. We work with many services including NDIS, child safety, youth justice, women's organisations, and families.

We welcome volunteers who are experienced horse handlers or retirees looking to assist with maintenance on property or fundraising.



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Hello, my name is Lisa and I am the Founder of LJ Aesthetics. As a Registered Nurse, Cosmetic Injector, and Dermal Skin Therapist, I have over 20 years of experience in the Beauty Industry. I operate two clinics, one in Clontarf and the other is at Bribie on First Ave in Bongaree. I welcome you to schedule a free consultation with me.

My qualifications include an Advanced Diploma of Health Science, a Diploma in Beauty Therapy, a Bachelor of Nursing, and certification in Fundamentals of Cosmetic Injectables. I have trained alongside industry leaders and am committed to continuing my education by obtaining internationally recognized industry certificates. I am now a certified Trainer and train Doctors, Dentists and Nurses in the fundamentals of cosmetics both nationally and internationally. My passion is to provide the most current and best practices to my clients, building my reputation as a highly respected professional.

I bring a holistic approach to my injectable practice, aligning with my Australian Catholic

University education. My goal is to empower my clients to achieve natural and subtle-looking beauty through cosmetic enhancement. I prioritize long-term patient care and affordability, focusing on treating volume loss and correcting asymmetry in the brows, lips, and cheeks. My commitment to my clients is to deliver a natural and subtle enhancement rather than an overdone appearance, providing impeccable care.

MY SERVICES INCLUDE

- Anti-Wrinkle Injections
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I am very passionate about cosmetics; it's something that I constantly think about and enjoy learning new things about. It's a big part of my life and I always strive to improve my knowledge and skills in this area.

See you soon

Nurse Lisa

Lisa: 0423 957 558

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At their establishment, they believe that beauty should be accessible to all, irrespective of age, gender, or cultural background. Their team is dedicated to fostering a friendly and inclusive environment where everyone can feel at ease expressing their unique style, sexual

orientation, cultural heritage, and personal preferences. They take pride in their ability to create flawless makeup looks that highlight your individual beauty

and personal style. Their goal is to make you feel at ease and self-assured in your appearance, and they love hearing the joyous exclamations of "oh wow, I look so pretty!" at the end of each appointment.

Nik, the owner/operator of this business, has returned to Bribie Island after growing up here 20 years ago. Her passion for makeup and her desire to enhance the beauty of every individual is evident. However, her deepest affection lies in community involvement and supporting the same community that has been supportive of her. Nik is a devoted mother to a child with special needs, for whom she homeschools and provides medical care. Her commitment to her family and community underscores the importance of backing local and small businesses,

particularly in neighbourhoods like ours.

Nik has been actively engaging with the community by offering complimentary and deeply discounted appointments to acquaint herself with the locals, recognising that word-of-mouth referrals are the cornerstone of her business. She recently volunteered her time to provide a group makeup tutorial for the Courageous Girls Club of Bribie Island and is eager to engage with more local groups in the future. In honour of International Women's Day, Nik organised a competition that awarded six locals a complimentary glam session with her at her home studio in Woorim on Friday, March 8th.

Nik has recently launched a Facebook group dedicated to linking local vendors and businesses with individuals hosting special events on Bribie Island. The group, called "Bribie Island & Sandstone Point Weddings & Special Events" is designed to facilitate connections and support between local businesses and those planning a special event. You

can join the group here: <https://www.facebook.com/groups/connectingbribieisland>.

In addition to her focus on the community, Nik actively supports other local small businesses. You'll often find her sharing posts on social media and reaching out to connect and support her peers.

Last but certainly not least, Nik is available for bookings at Beach Hair Woorim and Azure Hair Salon at Bongaree. If you're planning a special event, she can arrange both hair and makeup services at any of her three locations or your preferred location.

There is much more to admire about Beauty For All! You can learn more about them and read some of their customer reviews on their Word of Mouth profile here: <https://www.wordofmouth.com.au/reviews/beauty-for-all>

For additional information, you can contact Nik directly at 0418 482 040 or email her at info@beautyforall.com.au

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WHAT IS YOUR PERSPECTIVE?



We all see things differently, depending on our beliefs and life experiences; it is okay to have different viewpoints; that's what makes us unique.

Though, we should be able to listen, have an open mind, understand where others are coming from, and see something from a different point of view.

Sometimes, our thoughts about a situation will change, and sometimes, they will not, which is okay, particularly when one has considered another person's thoughts or feelings.

If the other person is open-minded, they will listen to your perspective.

However, there will be some who will be closed and will listen to no one. They believe their way is the right and only way. Be mindful of those who are blind-sighted and that their perspective is the only one, and everyone else does not know what they are talking about.

It is okay to share thoughts and ideas lovingly and kindly, though it is not healthy when someone thinks they can impose their ideas, thoughts, and values on another.

We all must live our own lives in the way that resonates with us. It is our life, and it is our experience that created our perspective in the first place. So, when someone speaks, listen. When it comes to love, kindness, and empathy, consider what they have said and feel what feels right for you.

If a person speaks to you in a condescending way or dismisses your perspective, it is okay to let it go. Everyone deserves the right to be spoken to kindly, and no one should make another feel less than by undermining another's thoughts or feelings.

We never really know what another is going through, so exercise love and

kindness. No one is perfect, and being kind and caring is more important than being right.

Try:

Think about a conflict and what has taken place. Write down your thoughts and ask yourself what is the underlying issue you are having.

From the other person's perspective, how do you think they feel about the conflict and what were their intentions? Write down your thoughts from the other person's point of view.

Return to your perspective. Answer the questions from the beginning. Were you able to think about things differently?

Remember:

We do not know everything
Others have had different experiences
Consider sitting in the other person's shoes

Listen

Keep an open mind

Treat others how you want to be treated

Consider both sides

That it is your life, and you must live it the way that feels right for you

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Any exercise uses your muscles. Running, swimming, weightlifting -- any sport you can imagine -- uses different muscle groups to generate motion. In running and swimming, your muscles are working to accelerate your body and keep it moving. In weightlifting, your muscles are working to move a weight. Exercise means muscle activity!

As you use your muscles, they begin to make demands on the rest of the body. In strenuous exercise, just about every system in your body either focuses its efforts on helping the muscles do their work or shuts down. For example, your heart beats faster during strenuous exercise to pump more blood to the muscles, and your stomach shuts down during strenuous exercise to not waste energy that the muscles can use. When you exercise, your muscles act something like electric motors. Your muscles take in a source of energy, and they use it to generate force. An electric motor uses electricity to supply its energy. Your muscles are biochemical motors that use a chemical called adenosine triphosphate

(ATP) as their energy source. During the process of "burning" ATP, your muscles need three things:

- They need oxygen because chemical reactions require ATP and oxygen is consumed to produce ATP.

- They need to eliminate metabolic wastes (carbon dioxide, lactic acid) that the chemical reactions generate.

- They need to get rid of heat. Like an electric motor, a working muscle generates heat that it needs to get rid of. In order to continue exercising, your muscles must continuously make ATP. To make this happen, your body must supply oxygen to the muscles and eliminate the waste products and heat. The more strenuous the exercise, the greater the demands of working muscles. If these needs are not met, then exercise will cease -- that is, you become exhausted, and you won't be able to keep going.

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Our Services

We're delighted to introduce Alayne MacDonald, the newest addition to the Evolve Physio & Co Team!

Since completing a Bachelor of Physiotherapy at the University of Otago in 2009, Alayne has worked locally refining her skills in private practice. Best known for her caring and empathetic approach, Alayne takes pride in educating and empowering her patients, helping them achieve their health goals and improve their overall well-being.

With Alayne as your Physiotherapist, you can expect a holistic approach to your care. Her postgraduate studies in pain sciences with the University of South Australia compliment her ability to provide comprehensive and personalised treatment.

Outside of work, Alayne and her husband enjoy the outdoors with their black lab, Diesel, and can often be found unwinding at a local cafe.

Alayne is currently accepting new patients and is available from 7:30am on weekdays.



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CORONIS - Kath Machen-Baxter

Real Estate

I have been working in real estate for over 30 years, primarily in residential property management and now also residential sales. At my agency, we prioritize the care of our clients' valuable assets while respecting the fact that it is someone's home.

In late 2023, Kirsty Scott joined me to assist with Property Management, and in January 2024, I opened my new office at Shop 5, 5 Biggs Ave, Beachmere. I provide an honest and reliable service for both sales and property management, and I take pride in my customer service as it reflects my name and reputation.

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THE BRIBIE ISLANDER - Pauline

She has been a Scout & Guides Leader and friend to more than I can count. A wife, lover, confidant, friend, and partner to my father in all they did. A mother, grandmother, great-grandmother, and great-great grandmother to an ever-growing family.

I honour all that she is and has been in her 95 years on this earth. A beacon of love, compassion, and strength, in not just my life, but the lives of so many she has touched.

It is the quiet women like my mother Valerie, who make a lasting change for good through the little ripples they create in the lives of others. Let us celebrate them all this International Women's Day.



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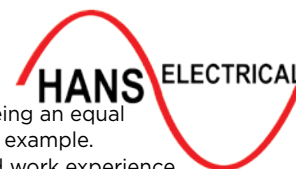


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ALI KING

"This International Women's Day, my focus is on women's economic security.

We know women earn less over their lives, take on more unpaid caring responsibilities, retire with less superannuation and take a bigger financial hit from family breakdown.

I will always work towards a world where women have equal access to economic resources so they can make the best decisions for themselves and their children, have security in their lives and work, and can enjoy a dignified retirement."

Member for Pumicestone, and Assistant Minister for Housing, Local Government, Planning and Public Works.



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BRIBIE BOWLS CLUB

International Women's Day is the perfect opportunity to celebrate the strong resilient women in our lives that we love and admire. It is also a time to reflect on what we can do to improve the social, economic and cultural challenges that women everywhere continue to face. #inspireinclusion

**11-23 Welsby Parade, Bongaree
(07) 3408 1018**





VOICES CHORAL GROUP

"When we inspire others to understand and value women's inclusion, we forge a better world."



BRIBIE ISLAND LIONS

Here's to strong women
May we know them
May we be them
May we raise them

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Everyday I am inspired by the strong, determined and caring women of Division One. They take on many roles in our community and they demonstrate that no barriers can stop you when you are passionate about what you do and care about those around you.

Thank you to all the women of Division One for your tireless efforts to make our area all that it is.

Happy International Women's Day.



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There is extensive research supporting the effectiveness of acupuncture in IVF treatment, including increased implantation rates, clinical pregnancy rates, and live birth rates (PMID 37436463).

Please contact us if you would like more information or if we can provide support during your path to parenthood.

Embracing Inclusivity:

Ensuring Accessibility in Business.

By Tracey Blinco

Nestled amidst the breathtaking landscapes of our beautiful island lies a crucial aspect of community well-being - accessibility. As we strive to create vibrant and welcoming spaces for all, it's imperative for businesses to take proactive steps to ensure inclusivity.

In recent years, there has been a growing awareness of the challenges faced by individuals who rely on assistive technology devices. From wheelchairs to mobility scooters and prosthetics, these devices require ample space to manoeuvre comfortably.

One crucial element of accessibility that deserves attention is the provision of welcoming accessible ramps. These ramps not only facilitate entry

for individuals with mobility impairments but also symbolize a commitment to inclusivity. They serve as a tangible reminder that everyone is valued and welcomed regardless of ability.

Amidst the bustling streets and vibrant cafes of our island, it's heartening to see establishments that prioritise accessibility. These cafes, with their layouts and thoughtful design elements, cater to the diverse needs of our community, ensuring that everyone can partake in the simple joys of dining out.

However, while progress has undoubtedly been made, much work remains to be done. For both new ventures and existing establishments, this article serves as a gentle reminder to factor in



accessibility when designing and operating a business.

As we look to the future, we can build a brighter, more inclusive future for future generations. Let accessibility be the cornerstone of our collective vision for a thriving and inclusive community.

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BRIBIE ISLAND VOLUNTARY COMMUNITY HELP ASSOC. INC.

VOLUNTEER DRIVERS WANTED

Bribie Island Community Help is after volunteers to assist our active aged and frail clients with door-to-door transport. We transport clients around following areas:

- Bribie Island & surrounds
 - Caboolture, Redcliffe, Northlakes
 - North Brisbane & Brisbane City.
- Currently seeking to expand our Volunteering numbers to service all areas to assist our growing client numbers. We are seeking committed volunteers who can donate 5 to 8 hours per week. We are registered with Centrelink for those with

volunteering obligations.

We have a fleet of Toyota Commuter automatic minibuses, and we will provide training on driving the buses as well as orientation and ongoing support from our professional office staff.

MANDATORY REQUIREMENTS:

- Must hold Australian or NZ Citizenship or the capacity to permanently work in Australia.
- Above 25 years of age due to insurance constraints.
- Be able to pass a driving record history check by Qld Transport.
- Be able to pass a criminal history background check.
- Have a minimum of an Australian Open "C" class license. check by Qld Transport.

If you wish to apply or seek further information, you can email your details to apply@bivchai.org.au or call on 3408-0111.

The Association receives funding from the Commonwealth Home Support Program, Queensland Department of Housing and Public Works and the Department of Communities to support our Services.



*I*f I didn't manage to bore you with the first part, let me give dining etiquette a crack and see if you stay on to read the rest of my tips for good etiquette! As a child, we as a family only dined out occasionally; living in Warwick did not facilitate a plethora of fine dining establishments. However, this did not deter my parents from ensuring that we knew our dining etiquette, even at home, no matter where we dined.

Although dining etiquette standards have dropped dramatically, formal dining conduct is still taught at finishing schools and etiquette classes and is upheld at many fine-dining establishments worldwide. It should be trained in our schools or as a subject option so children retain some etiquette that seems to be going by the wayside at a rapid rate of knots. I dare say I would get a lot of opposition to that one, though!

SO HERE WE GO, JUST SOME BASIC DOS AND DON'TS OF DINING ETIQUETTE.

A host should always place the guest of honour on the right side of the host due to most people being right-handed. My mother always sits on my father's right regardless of who is there; for dad, no one is more honourable than mum. Hats and caps are a complete no in our household as it is not proper table manners to keep them on while eating. Should we have come to the table wearing a hat, the hat and the wearer would swiftly be removed in an unforgettable fashion.

In formal dining, you should always keep your menu or at least part of it on the table, so if you are like me, who wears reading glasses, I suggest you take them.

Napkins can be tricky, depending on the size and the establishment you are dining at. A larger one should

be folded in half on your lap, while a smaller one should be completely undone. With a larger napkin, fold once with the crease toward you before putting it in your lap, which should be done straight after sitting at the table, but follow your host's lead. The napkin should remain on your lap throughout the entire meal. If you need to excuse yourself, put the napkin on your chair or to the left of your plate as a signal that you will be coming back.

Etiquette dictates that you should only use a corner of the napkin so that you don't get the whole thing dirty and need a replacement before the meal ends. You should never use that napkin to wipe off sweat or blow one's nose. If you need to blow, go. It's best to leave the table momentarily and find a tissue in the bathroom. When finished, you should fold over the napkin, making sure no one can catch a glimpse of any food stains that might be left inside. NEVER put food inside the napkin.

The rule I find ridiculous is when the host places their napkin on the table, it signifies the end of the meal, meaning you should then place your napkin in a semi folded fashion to the left of the dinner plate as well. That's great if you have finished your meal, but not so good if you are only partway through.

You must, and this is a big one, have proper posture and keep your elbows off the table; putting your elbows on the table is acceptable only when no utensils are used. This was a no-brainer in our family, as your elbows would be quickly relocated if you forgot.

You should be served food from your left and beverages from your right side, and you should always wait for everyone to be served before eating unless the individual who has not been served encourages you to begin

eating. This is one I still hold fast to today. It is respectful and shows you have manners. If there is a breadbasket given to you, offer some to the person on your left, take some for yourself, and then pass to the right; salt and pepper should be passed together, one in each hand, and if you are asked to pass them, never use them first and remember proper table manners dictate that you taste your food before seasoning it.

served in a bowl is eaten with a spoon. When it's a fork and spoon, the fork is used to steady the food, and the spoon cuts and transfers food to the mouth. If holding a utensil, rest your other hand in your lap. When not holding any utensils, both hands remain in the lap. If there's no oyster fork on the table, don't ask for one; the lack of an oyster fork means the oyster is already loosened and ready to go. Once you've



By Cherrie Wilson

Ok, so you sit down to a thousand pieces of cutlery; remember to start at the outside and work your way in. For example, if you have two forks, begin with the fork on the outside. Never talk with your utensils in hand, and don't hold them in a fist or wave them around; just put them on your plate, not the table, when you are not using them. A simple two-utensil rule is that food served on a plate is eaten with a fork, and food

finished the oyster, turn the shell over on the plate to signal you are done.

When eating soup, if it is too hot, gently stir it to cool it instead of blowing on it. Dip your spoon into the soup with the spoon facing away from you, and then scoop the soup away from you rather than towards you. As you lift the spoon out of the soup, gently touch the underside of the soup spoon to the far edge of the soup bowl. This little tap

will remove any soup from the bottom of the spoon, leaving the drip on the edge of the bowl and not falling into your lap. To finish the soup, tilt the bowl away from you.

Food is removed from the mouth in the way it is put into the mouth. Food put into the mouth with a utensil is removed with a utensil. When fingers are used to eat food, the pit or bone is removed with fingers.

course or after the entrée. This is not dessert. It is a palate cleanser. A palate cleanser is a serving of food or drink that removes food residue from the tongue, allowing you to taste a new flavour more accurately. They are often used when tasting wine, cheese or other intense flavours.

Eat slowly and cut only a few small bites of your meal at a time. Chew with your mouth closed, and do not talk with food in your mouth. If you have

the whole slice at once. Break off the piece you plan to eat, butter that piece, and then lift the piece to put in your mouth. This applies to bagels, muffins, biscuits, and other bread-like products.

Keep the rim of your plates as clean as possible. This is out of respect for the service staff, who must clear the plates and will be grabbing the edge of the plate. The upper left part of your plate is for discards. For example, if you have a lemon rind you don't want to eat, it should go on the upper left-hand part of your plate. Or, if you have a fish bone, it should also go there. The bottom right is for sauces and butter.

Leave one bite left on your plate. This shows that you enjoyed the meal but weren't so famished you cleaned the whole plate — which could indicate that you are still hungry or there wasn't enough food. When you are finished, leave your plates in the same position; do not push them aside or stack them. Lay your fork and knife diagonally across the plate, side by side, pointing at 10:00 and 4:00 on a clock face. This signifies to the wait staff that you have finished.

Once you sip from a glass, you must sip from the same place on that glass for the rest of the evening. You want to drink from the same place on the glass every time to avoid a lip ring, whether it's from natural oils, ChapSticks, or lipstick.

After drinking, put the glass back in the same place where you picked it up. Never clink your glass during a cheer, as this could damage the glass, especially if you're using very fine glassware. In very formal dining, the less noise you make, the better.

To avoid leaving food on the vessel's rim, make sure your mouth is free of food and blot your lips with a napkin before sipping a beverage. White wine glasses are held

by the stem, not the bowl. Red wine glasses may be held by the bowl. A cocktail glass is not brought to the dinner table because water and several wines are served with a multi-course meal. Leave the cocktail glass in the room where cocktails are taken.

When someone offers a toast to you, do not stand or drink to yourself; you acknowledge the toast with a smile, nod or rise, bow your acknowledgement, and say thank you. You may also raise your glass to propose a toast to the host and anyone else you want to honour.

If you have to leave to use the restroom, excuse yourself, but do not say why! Enough said there; no one needs to discuss it further.

In some upscale restaurants, steamed hand towels are brought to diners at the end of the meal. Use the towel to wipe your hands and, if necessary, the area around your mouth. Most waitpersons will take the towel away as soon as you've finished. If not, leave the towel at the left of your plate, on top of your loosely folded napkin.

At the end of the evening, always remember to thank your host. On some occasions, it is appropriate to send a handwritten thank-you note within a couple of days after the event. You will be remembered as someone who has an attitude of gratitude.

I could put a lot more in this article about dining, but I tried to cover just the basics. While many dining etiquette rules are helpful, some are pompous displays of ostentatious importance. When it all boils down to it, it simply is a matter of using your manners; if you are in an unfamiliar environment and have no idea what to do, simply follow your host's lead and fake it till you make it!!

Principles Of Etiquette

PART 2 DINING



Don't leave your spoon in your cup, soup bowl, or stemmed glass. Rest the spoon on the saucer or soup plate between bites or when finished. If you encounter a finger bowl (used after a hands-on meal such as lobster or at a more formal meal when dessert is served), dip your fingers into the water and then dry them with your napkin.

At some formal dinners, sorbet will be served after the first

more than a few words to say, swallow your food, rest your fork on your plate, and speak before you resume eating. I have to say, this is one of my pet hates. I CANNOT stand when people chew with their mouths open. It is gross, and I don't wish to be covered in a food spray.

Keep your bread on the plate unless you pop it into your mouth. That means you should butter the bread while it is still on the plate, but do not butter

Poetry, Poetry, Poetry!

By W.H Kennedy

Bribie Island has long been a haven for poets. Emily Congeau is acknowledged as the first. Lou Young, Bill Handley, Jack Duell, Anne Jensen, Ted Doe, Ruth Inglis, Harold Gascoigne, Harold Meston and Leslie George are others of a bygone era. More recent poets include Jaya Savige, Sharmayne Kurtz, KMH, Lurline Thompson, Tracey Williams, Hazel King, Kerry Chapman, Hazel, Beneke, Des Peters, David Cargill and Cay Ellem. This list, I am sure merely scratches the surface.

For some, poetry is our preferred genre. This may be because it is a shorter or we think it is easier or takes less time.

The term poetry covers many variations in length, style, structure, content and quality. The appreciation of poetry is in the eye, the ear and experience of beholders. Poetry makes connections through emotions, passion or humour. Recited Bush Poetry may delight some, while free verse falls flat or vice versa. Others may be passionate about slam, rap or protest poetry.

What is it about poetry that we enjoy the most? For most it is the connection to our experiences, triggering emotional responses with vivid imagery. For those more immersed in poetry, it may be clever use of poetic devices. When a poet says much using so few words, we are impressed! The time taken to read poetry is far shorter than the time poets take to achieve their desired outcome. Poetry is an art form, and poets are word artisans.

Portability and performance. Whether reading, writing or reciting poetry, it takes little space. Poetry performances

have existed for centuries bringing alive characters, scenarios and stories. Historically, to assist memorisation, rhythm, rhyme, repetition and alliteration have featured. More traditional forms included madrigals, bush poetry and song. Modern forms include rap and slam.

How do you learn how to write poetry? The best way to start is to start reading more and modelling what you read. Workshops are often hosted by writing groups such as – Fellowship of Australian Writers Queensland (<https://fawq.com.au>), Queensland Writers Centre (queenslandwriters.org.au) and by specialist poetry groups such as northpinebushpoets.com.au, Queensland Poetry Writers Group, and our own U3A. There are also writing and performance competitions or events both live and online (e.g. <https://www.australianpoetryslam.com> and <https://www.australianpoetry.org/qld> abpa.com.au

How does a poet achieve recognition? This has always been difficult especially when poetry has been seen as solely the domain of the highest literary community. Successful poets learn to target the audience which most appreciates their work. This may include submissions to selected publications or competitions. Other poets may write their poems to meet the criteria of these. Often, they are less successful than those who remain true to their own voice. Self-promotion is required.

Can performance Poetry assist? Yes, but the appropriate audience and the quality of your performance are paramount. The real test of a poem is reading it aloud to

*I'd like to be a Poet!
© W. H. Kennedy
I'd like to be a poet
who could make up clever rhyme.
I'd sit and not do much at all but,
never waste my time!
I'd filter connections to my thoughts.
The bad ones I would strain.
I'd keep the ones that were not caught
and save them in my brain.
But, I wouldn't be a poet
if my inkblots caused a stain!
Would you?*

others. There are open mic events where you can do this. There are festivals and regular poetry events too. Bribie Island has its own poetry evenings every fourth Monday night at Blueys Hotel in Woorim from 6:30 pm. Poets presenting poetry are welcome.

Howard Kennedy writing as W.H. Kennedy whk1956@outlook.com





"Scratch the Surface"

Bribie Island Community Arts Centre March 11 - 24

Features 11 artists using paper, clay, fabric, canvas, timber and plastic to scratch the surface, physically and metaphorically, to explore what's beneath.

Scratch the Surface

There is a surface to be scratched and then there is under the surface to be explored. The work in this exhibition scratches the surface in both a literal and metaphorical sense.

All artists like to break the rules and manipulate their chosen media to push the boundaries. So the work on display at the Matthew Flinders Art Gallery will be new and exciting. Many different surfaces have been used including paper, fabric, canvas, clay, timber, and plastic.

11 March—24 March 2024

These creative, innovative artists invite you to come to the Bribie Island Community Arts Centre to view the results of their "scratchings".

CHERYL MORTIMER

JOHN STEGEMAN

SUE GARDNER

CORRINE PURCEL

KAREN QUINN

SUE DAW

LYN STOREY

SONIA PATEY

JAN TRUCKSON

JENNY COPE

MATTHEW MORTIMER



**Matthew Flinders Art Gallery 191 Sunderland Drive Banksia Beach
BRIBIE COMMUNITY ARTS CENTRE**



Dear Pumicestone

THE PUMICESTONE SMALL BUSINESS AWARDS ARE BACK FOR 2024

It's time to nominate your favourite small business or small business employee!

<https://www.surveymonkey.com/r/X7TBZHK>

My Pumicestone Small Business Awards are all about spotlighting our amazing local small businesses.

Last year, I hosted the inaugural Pumicestone Small Business Awards and they were a huge success.

Participating businesses told me they saw boosts in customer numbers, grew their social media channels and increased awareness of their products and services locally.

So, I'm excited to launch the nominations for this year's awards – which will be bigger and better than ever, with added categories to help recognise more businesses and the hardworking locals behind them.

WHAT'S NEW THIS YEAR?

Added categories, include:

- Best Pet Business
- Best Education and Childcare Business
- Best Market and Microbusiness
- Young Entrepreneur of the Year

There will also be more opportunities to win wherever your business is located in Pumicestone, with a Best Business in each suburb (Bribie Island, Sandstone Point & Ningi, Beachmere,

Caboolture & Surrounds, Toorbul, Donnybrook & Surrounds). The business with the highest number of votes in each suburb will be the winner.

How it works...

The awards process will be very similar to last year, with the ten businesses with most nominations in each category going through to become our 2024 finalists. Then, the voting round will begin to decide the winner in each category and the overall winners.

This year's business categories are:

- Best Trade Business
- Best Health, Wellbeing & Fitness
- Best Professional Services
- Best Beauty and Hairdressing
- Best Hospitality
- Best Retail Business
- Best Pet Business
- Best Education and Childcare Business
- Best Market and Microbusiness
- Best Business Newcomer (opened in 2023-24)

If you have a small business, I've put together packs of resources to help you promote your business far and wide.

You can collect a nomination pack from my office at 1/43 Benabrow Avenue, Bellara or email pumicestone@parliament.qld.gov.au for a digital nomination pack.

Nominations are open now until 31 March 2024.

Here's what is also coming up this month:

Bribie Easter Egg Hunt
Kids and their families are invited to my Easter Egg Hunt at the Pumicestone Lions Park on Welsby Parade on Sunday 24 March at 10am.

RSVP is required by using the link <https://www.surveymonkey.com/r/CDDRLQH> or phoning 3474 2100 or by email to pumicestone@parliament.qld.gov.au.

I hope to see you there!

Ali King



As always, if there are any State Government issues I can help with, please let me know by emailing pumicestone@parliament.qld.gov.au or

Authorised by Ali King MP, 1/43 Benabrow Avenue, BELLARA QLD 4507

**NOMINATE
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SMALL
BUSINESS NOW!**



2024

**Pumicestone
SMALL BUSINESS
AWARDS**





A Hidden Gem At Gemlife

By Tina Smith and Cherrie Wilson

I was sent a lovely email from a lady called Tina Smith who lives in New Zealand and wanted to let me know how amazing her mum is. You could obviously tell from Tina's email how much love she has for her and how very proud she is to have such a beautiful woman as her mum. I must say I tend to agree with her and think she definitely deserves acknowledgement for the joy she has brought to the world. The majority of the article below is in Tina's words; I simply helped her put it together. I hope you enjoy reading about this wonderful woman as much as I did!

Patricia-Ann Varga, better known to all as Patti, is 75 years young, originally from the UK, and married my dad at the age of 23. My mother was extremely attractive and slim when she was in her 20s. She even took part in Beauty Contests, and to this day she has retained her beauty and grace, a real lady by all means.

My Dad (János Varga) and mum moved to South Africa as my dad was offered a job for IBM. This is where they started their family of four children (of which I am the second eldest), who all grew up and went to school in South Africa.

As mum, 'Patti' has always loved dancing, ballroom, tap, modern and belly dancing; she danced 'Modern dancing', and was often part of DANCE SHOWS and performances! She loved being in the 'limelight' and being on the stage with the lights, the different costumes, etc. she just loves it SO much.

She also learnt to sew at a young age...and she even worked as a dressmaker, which certainly came in handy with daughters as she made most of our clothes when we were young. She made my wedding dress too, and styled my hair and made the blue veil in my wedding photo. Extraordinary! She knits and makes dolls and teddies, too.... (a lady of many talents).

My parents sadly eventually divorced but are, to this day, still very close friends.

Mum always kept slim, fit & healthy and found joy in dancing. She's definitely not shy, could make friends very easily and is true to her star sign "LEO" a true fighter, and very brave, courageous and a natural leader!

In 2006 she met Tony. Tony Jericevich and Patricia Varga fell head over heels in love! Tony had connections in Brisbane, Australia, where his 'grown' son lives with his wife and kids. And so it was in May 2019 that my mum Patti and Tony finally took the plunge, immigrated to Australia, and tied the knot! They had a lovely small celebration at Gem Life Retirement Village!

Since then, my mother has been voluntarily teaching dancing to the elderly and retired residents at Gem Life Retirement Village and spreading her love of dancing and performing to these retired couples and singles. She frequently puts on shows in the Large Ballroom/ Dining hall on the stage, which is very entertaining for ALL THE RESIDENTS!

She does EVERYTHING!! From choosing the music and lighting to teaching the ladies and men (four gentlemen currently) the dances, running weekly dance lessons and rehearsals, and designing and fitting all the dancers' outfits! Catering to all shapes and sizes!! She makes all the props, too...like sparking hats, canes, and designs, fits, and sews all the outfits in her own time. It's not a business.... she does it because she loves doing it! It's her passion!

It's great that she's spreading her 'love of dance to these retired folk and keeping them all youthful and active with something to look forward to and it is always inspiring to watch the performances!

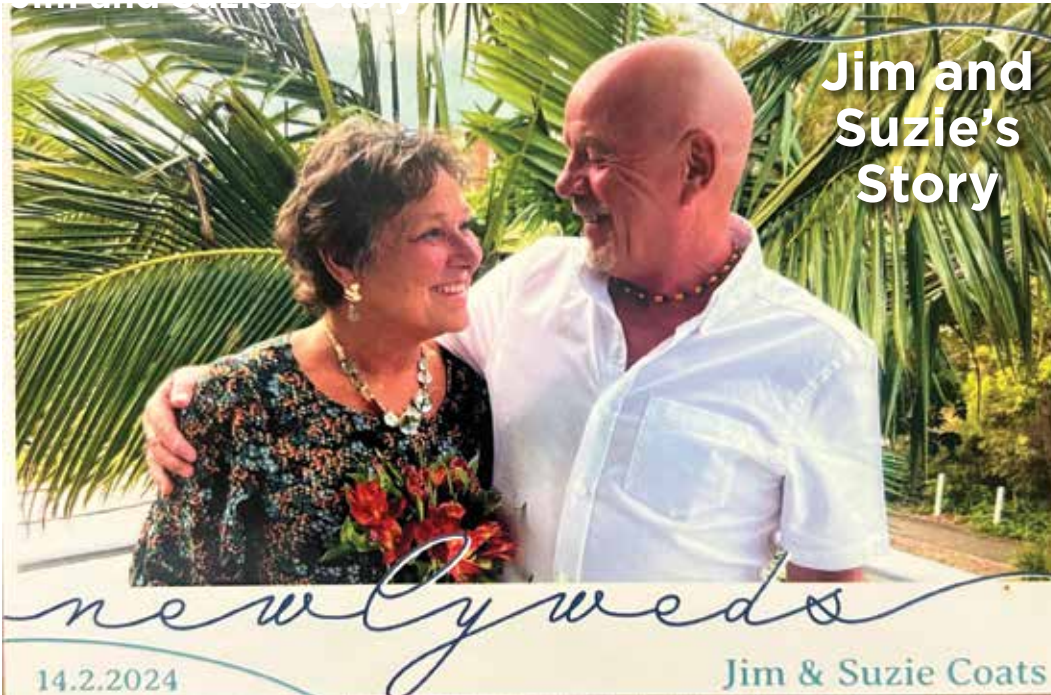
It is amazing what she is doing there at Gem Life!

She's infecting all of them with this 'addiction to dance', performing and keeping them all young! Even for those who are not performing they get to watch the performances and are entertained and surprised!! It brings fun and excitement to The Retirement Village! She really is incredible!

LOVE IS IN THE BRIBIE AIR =



Jim and Suzie's Story



Meeting in 1971 at 14 and 15 years old, respectively, friends to begin with, but when Suzie was 16 and Jim was 17, they started to date. Before long, the young lovers had a close and loving relationship lasting three years, but true love never runs smoothly, and split up, feeling it was too young to settle down.

Going separate ways, neither realised what was lost until it was gone. In time, both married, and both had three children. Jim heard a little about Suzie's life from friends but, as time went on, lost

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touch entirely and didn't even know her married name. Both assumed that the other was happy, and that was that. Neither realised that the other was not as happily married as it seemed. However, both had children to think about and whilst they were growing up, the focus was on giving them a stable and happy childhood. The determination to make marriage work and create a happy home environment was one of many parallels that they later discovered had been happening while apart. Another was the fact that Suzie had become an Art teacher at the same time that Jim was studying Art History. It was this link that eventually brought them back together. While searching for an artist online, Jim came across Suzie's sister. She had a Facebook page, so Jim searched among her friends, found Susan, and checked her out. Sure enough, it was Suzie. Jim says, "I was so happy to have found her once again, but I just couldn't bring myself to say hello. I

really wasn't sure she would remember me, and if that had been the case, it would have been a crushing blow. I thought it unlikely, though, because 20 or so years earlier, her brother had told me that she had named several of her belongings after me, e.g. her car and her goldfish! 'Jim Avenger' and 'Jim Fish'. A mighty accolade, I thought." So, Jim looked at her page occasionally to see what her life was like. She had three lovely-looking grown-up children, so he assumed she was happy.

Another five years or so passed. Beset with marital problems and dreading the drift into old age, Jim was at a very low ebb. To this day, he cannot explain why he awoke one day and decided to say hello to Suzie on Facebook. "It was the first thought I had that day. There was no reason for it. I just did it, whereas, in the past, I had talked myself out of doing it. I sent a message and didn't get a reply for 24 hours. I thought I had made a big mistake, but

finally, she replied, "What a wonderful surprise". From that point on, they started to message each other, catching up to begin with, but soon, it became apparent that both were decidedly unhappily married. In fact, Suzie had made plans to part company with her husband now that her children were all independent. She says, "It's not easy for people of our age to walk away from years of marriage, even if it was an unhappy one, but I was determined to pursue a life of my own. I never imagined Jim and I would hook up; it wasn't possible at that stage."

Messaging soon turned to daily phone conversations. The bond between them was growing. They lived 100 miles apart, but the distance was not an object as things progressed. On Valentine's Day 2016, 4 months after the initial contact, Suzie sent Jim some photos of the two of them taken in 1972. Two days later, they met and spent a day in London just walking

and talking. Suzie recalls, "We went into a busy coffee shop, and as we sat drinking coffee and looking out on the world, the young man who served us came and gave us our money back! We were surprised, but he told us they do it once daily. They pick a couple the staff feels are the most romantic pairings and give them a free coffee. We were 61 and 60 years old! We thought something special was happening between us, but that really made us believe it!" Jim says, "That was a special moment, but by the end of that day, I knew I was in love with Suzie."

At no time did either of them consider having a full-blown affair. They met about once every three to four weeks for a few hours and just talked. Eight years had passed, and they decided to marry.

So, they chose Bribie, on Valentine's Day, in Sunset Park at sunset: a special time, a special place for a special couple.



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Shows 6.30 to 7pm

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Kiani Smith as most of you would know, is our own local shining star! Seventeen-year-old Kiani, who hails from Bribie Island, was accepted into the audition round of Australian Idol after applying last year. Kiani who goes by the stage name Kiani Jazz, has been singing and learning to play the guitar since she was seven years old, with her father as her teacher. Music, for her, has always been a medium of self-expression and a source of joy.

Over time, Kiani's singing talent gained popularity locally, eventually leading her to audition for one of the biggest stages - Australian Idol. With her angelic voice, Kiani sang "2002" by Anne Marie in her unique style, winning the judges' hearts and leaving everyone in awe. It's safe to say that she did more than justice to the song, securing herself a place in the top 30. That was only the beginning, Kiana, who is the youngest of the group then made to the top 12 and at the time of print she is a firm favourite making the top ten round.

When asked what advice she would give to young performers in the Moreton Bay area, Kiani emphasized the importance of not letting anything come in the way of their dreams. She encouraged aspiring musicians to pursue their passion wholeheartedly and enjoy every moment of it. As a musician, Kiani's goal is to take her music mainstream and showcase her talent to a broader audience. Her parents have been her pillars of strength and support throughout her musical journey. With several years of experience playing the guitar, ukulele, piano, and drums, she hopes to make a mark in the music industry.

A message from Kiani:

"I really want to thank all of Bribie Island and the Bribie islander magazine for getting behind me; I'm overwhelmed with the love, messages, and especially the support I have received from all of you. Thank you so much for all your votes and for making it possible for me to now be in the Top 10 of Australian Idol."

Local Dining Guide

BONGAREE | BELLARA | BANKSIA BEACH | NING I BEACHMERE | WOORIM | SANDSTONE POINT



SERENITY CAFE

With fabulous views across the Passage and open from 7:00am – 2:00pm every day, Serenity serves up lovely coffee and fresh cooked food for breakfast, brunch, lunch & snacks. Enjoy High Tea in our little tea salon which can also be booked for your small gatherings (bookings essential). We also provide catering for picnics and events

2/83 Welsby Parade, Bongaree, 4507. Phone: 0466 221992.
Email: allan@serenitycafebribie.com
Find us on Facebook



THE SURF CLUB

Open for lunch and dinner seven days a week, our casual bistro boasts a bar and gaming area as well as mesmerizing ocean views. Explore our diverse menu, offering a little something for everyone. It's the perfect place to unwind, indulge in good food, and enjoy the laidback friendly atmosphere. Whether you're a local or just passing through, you'll enjoy a memorable visit at The Surf Club Bribie Island. Come for the food, stay for the view!

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7 Toorbul Street, Bongaree. Check out ikigaibribie on Instagram



BONGAREE | BELLARA | BANKSIA BEACH | NING I BEACHMERE | WOORIM | SANDSTONE POINT



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LUNCH Wed to Sun 11.30 - 1.00pm

DINNER: Tue - Thu & Sun 4.30 - 8pm, Fri & Sat 4.30 - 8.30

CLOSED MONDAYS





Winelander

The other week, a fellow golfer stopped me and had a chat about cleanskins, a subject I don't think we have covered before, so let's begin at the beginning and bring the subject up to date. Firstly, cleanskins are, as the name suggests, wines without labels, which strictly speaking are illegal to sell because alcohol should have all the necessary warnings, alcohol levels, number of standard glasses, etc, which can be got around if you buy a carton, for example, and putting a label on the side of the box.

Cleanskins initially started in the 1980s when wineries produced an amount of wine and purchased a number of labels when the labels ran out it was too expensive to do another label run so they sold the unlabelled wine at the cellar door, where it was possible to inform the public what was actually in the bottle and because it had no label was considerably cheaper than the original wine. The winery didn't try masquerading the wine with another wine to try and fool the public because a regular drinker would soon cotton on, and the reputation of the wine was compromised.

In fact, as a side issue, I remember one winery producing a wine that took the industry by storm, which came as a complete surprise to the winery, and the press around Australia gave it a huge wrap, and eventually, it ran out before the next vintage could be picked. To maintain the product with the demand, the winery bought grapes from around the region and produced a similar, but not the same wine, and came in for huge criticism for trying to capitalise on producing more of the wine using outside sources. It took years to get over this misrepresentation and to be honest forty years later I'm not sure they have. The action of producing cleanskins became very popular amongst the premium wine-drinking public, who would keep an eye out when these bargains became available

because liquor outlets didn't want wine that couldn't be promoted without labels, so everyone was happy, or were they?

In the mid-1990s, an aspiring entrepreneur saw an opportunity to capitalise on this popular way of selling wine and had quantities of ordinary wine produced without labels. and opened a store in Melbourne selling only cleanskin wine, and the public supported the shop in droves, believing they were buying quality barrel ends. Very soon, more of these shops were opening, which forced the government to introduce laws that the public had to be informed of the ingredients that were in the bottles. Around this time, major wineries were trying to wean the public off 4-litre casks, which had a huge following, and this seemed an opportunity to do that: put cask wine in unlabelled bottles, and the return improved markedly.

My golfing colleague was interested in the value of buying cleanskins, and my answer is that buying the wine at the cellar door should be a lot safer quality-wise than buying off the shelf when you really don't know what you are getting if you are happy to drink cask wine then I doubt whether you would be disappointed however it is unlikely that any wine bought as a cleanskin at the major retailers is much better than bulk wine in a bottle.

If you buy cleanskin wines at auction which usually tells which winery produced the wine, it pays to go online, seek out the winery, have a look at reviews for that wine the vintage and then decide whether the final price you have to pay, including seller's premium and freight is good value, you could be getting a bargain or wasting your money.

Now that the government has increased the prices of beers and spirits with the latest CPI increase, which happens twice yearly, there is the usual call from the manufacturers to up the price of wine to stop the wine industry from benefiting from having cheaper



prices, personally, I think if you are a beer drinker or enjoy your Bundy or Highland malt I doubt whether you would jump ship for a Chardonnay or Cabernet Sauvignon, in fact, it was about twenty years ago that the government did listen to the brewers and to offset the lost wholesale sales tax that was removed when the GST was introduced they brought in the WET tax on wine which is short for Wine Equalisation Tax, this has kept the Brewers and Spirit producers quiet until now however the storm clouds are once again gathering, the WET tax actually adds 41% onto the price of your wine purchase which I think is more than enough.

By the time this column goes to press, we probably will have had our next degustation night on Leap Year's Eve at the Bribie Golf Club and I get the impression we may do a few more through the year if you have the input to opening the club web site you can scroll down to the bottom of the degustation article and click on booking and follow the instructions.

Cheers,

Philip Arlidge
arlidge@bigpond.com.au

Oliver Goldsmith (Vicar of Wakefield)
I love everything that is old: old friends, old times, old manners, old books and old wines.

Anon
Love like wine gets better with time

MARKETS & things



Bribie Island Seventh-day Adventist Church
presents

The Easter Story

Saturday, 30th March, 2024

80 Webster Street, Bongaree

10:30am Cuppa

followed by "The Easter Story"

All are Welcome

then join us for a free, delicious
Vegetarian Mediterranean-style lunch

Antique - Vintage

ITEMS WANTED

After All Kinds Of Vintage And Antique
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Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53
Rogers Street Beachmere, every 1st Saturday of the
month 7.30am - 12pm

Bribie Island BICA Markets

The Bribie Island BICA Markets are held at Brennan Park,
Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the
second Sunday of each month from 6.30am - 12 noon

Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree
on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets (Farmers Market)

The Munch Markets are held in the park opposite the Bribie
Island Hotel on the 1st Saturday of each month from 9am to 2pm

Banksia Beach Market

Bribie Harbour Shopping Village is held on the last Saturday
of each month 8am to 12pm

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open Tues to
Sat 8 am to 12 pm

The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie & District Woodcrafters Assoc

Contact president: 0415 237 167 Bribie Island Gem Club Open
Day & Markets on the last Sunday every month 8am -12pm At
191 Sunderland Drive, Banksia Beach.

"The Bribie Bowls Euchre Club

meets at the club each Monday at 12 Noon.
Fun afternoon. Contact Lorraine on 0414802733."



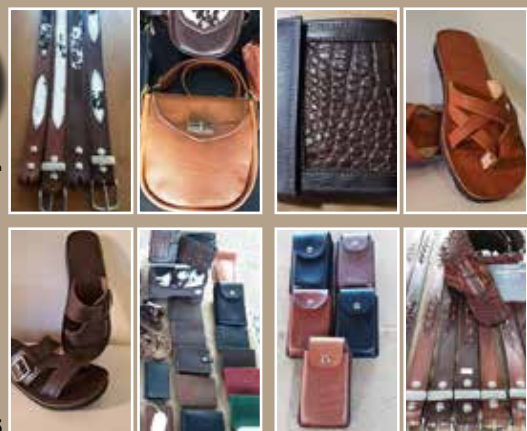
- sandals for men & women
- leather repairs
- shoe repairs
- bags and wallets
- phone pouches
- trawlers pouches
- belts - cowhide and croc inlays
- dog collars

WE CAN MAKE TO FIT

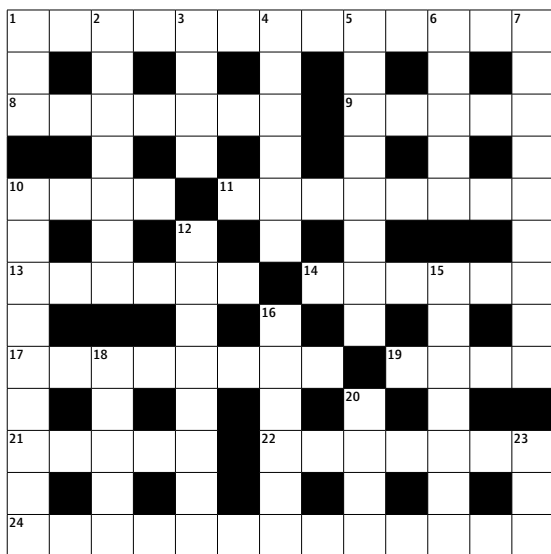


4/25 Armitage Street
Bongaree

0428 781 445



Crosswords - QUICK & CRYPTIC



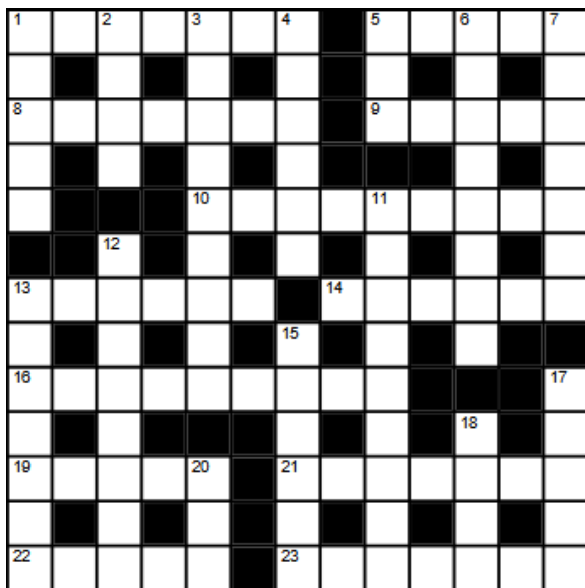
Across

- 1 Uncomfortable in the spotlight (4-9)
 8 Digression (7)
 9 Technology which picks winning premium bonds (5)
 10 Ringing sound (4)
 11 Weakness for someone or something (4,4)
 13 A large amount (6)
 14 Quickly (6)
 17 Relaxed (8)
 19 Sign of things to come (4)
 21 Surface design (5)
 22 Absorbing desktop item (7)
 24 Difference between Boomers and their offspring? (10,3)

Down

- 1 Fixed – social circle (3)
 2 ID card holder (7)
 3 Ship's company (4)
 4 Country – people (6)
 5 Minion – beast (8)
 6 Admit one's guilt (3,2)
 7 Type of maize (9)
 10 Auspicious (9)
 12 Disloyal individual (8)
 15 Magenta (anag) – identifying mark (4,3)
 16 Watership Down protagonist (6)
 18 Criminal (5)
 20 Company emblem (4)
 23 Grave words? (inits.) (3)

CRYPTIC



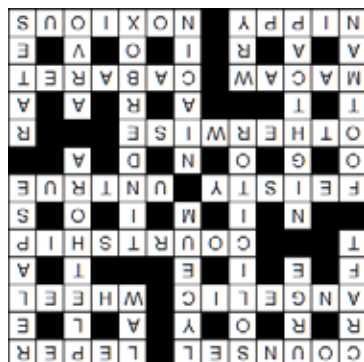
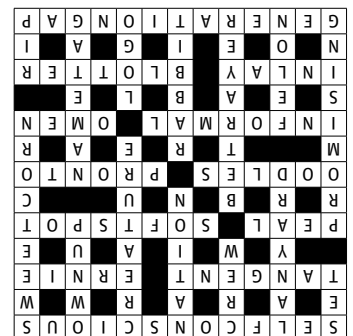
Across

- 1 Advice needed concerning uncles' chronic heart problem (7)
 5 Outcast one might resist on reflection (5)
 8 All gin and lace - how heavenly (7)
 9 It's revolutionary.. (5)
 10 In pursuit of the Royal yacht? (9)
 13 Active and yes, fit through exercising (6)
 14 False French article trainees initially regret (6)
 16 Mended, she wore it instead (9)
 19 Flyer has a raincoat with a white front (5)
 21 Tossed caber at a show (7)
 22 Somewhat cool or agile? (5)
 23 Number ten with debts - not good (7)

Down

- 1 Model boat..? (5)
 2 Drive to see old city coming back for example (4)
 3 Request alternative advocate (9)
 4 Clue: my definition suggests a theatre (6)
 5 Good if 3d has some knowledge of this (3)
 6 The Polar assignment was found to be over the top (8)
 7 Setback? - blunder after start of rehab! (7)
 11 Can the German fight to start a fire, it's useful (9)
 12 A late drink that goes to the head (8)
 13 Chiropodist or a servant? (7)
 15 Insomniac in favour of vitamin extract (6)
 17 Evaluates council levies (5)
 18 PM has an Australian slant (4)
 20 Right in a way but losing heart - droll (3)

SOLUTIONS

CRYPTIC
SOLUTION 210QUICK
SOLUTION 210

KidsPage

Singers with One Name



MADONNA
DIDO
ENYA
PITBULL
AALIYAH
AKON

BONO
USHER
MOBY
YAZZ
DUFFY
EMINEM

ADELE
BEYONCE
SEAL
TIMBALAND
SHAGGY
STING

LUDACRIS
TIFFANY



7 INGREDIENTS

2 (about 500g) chicken breast fillets
2 cups (320g) frozen vegetables
1/2 x 30g packet spring vegetable soup mix
1 tbsp whole-egg mayonnaise
1 tbsp coarsely grated cheddar
1 1/2 sheets (25cm) reduced-fat puff pastry
Mixed salad leaves, to serve

INSTRUCTIONS

Step 1

Preheat oven to 200°C. Heat a large non-stick frying pan over medium heat. Add the chicken and cook for 5-7 minutes each side or until cooked through. Transfer to a plate and set aside to cool slightly. Coarsely chop the chicken and place in a medium bowl.

Step 2

Add the vegetables, soup mix, mayonnaise and cheddar to the chicken and stir until well combined.

Step 3

Cut the pastry sheets into 12cm squares. Line six 8cm (base measurement) fluted tart tins with removable bases with the pastry, allowing the sides to overhang. Spoon the chicken mixture into the lined tins. Place on an oven tray. Bake for 30 minutes or until the pastry is puffed and golden.



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18th Feb, 17th Mar, 21st Apr, 19th May, 16th June 2024

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\$250
a train ride

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SHOES





Mila



Frankie



Chery



Loui



Monty



Murphy



Reggie



Daisy & Peanut

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THE BRIBIE ISLANDER... SEND TO:
editor.thebribieislander@gmail.com

Poor Beau had his head
chopped off in our lat issue
so had to show hou how
handsome he is in this one

WE  PETS

RAW FEEDING – THE SMARTER CHOICE FOR DOG OWNERS

Are you looking for a safe, healthy, and biologically appropriate diet for your furry friend? Look no further than raw dog food. Dogs have been thriving on a raw, meat-based diet for as long as they have existed. However, with the introduction of mass-market dog food, the popularity of raw dog food decreased. But in recent years, it has made a comeback as pet owners realise it is the best diet for their beloved pets. Bongaree Pet Food offers a range of fresh and raw pet food that is as biologically appropriate as it gets. With highly acidic stomachs, sharp teeth, and short digestive tracts, a dog's biology tells us they should eat a raw, meat-based diet. Bongaree Pet Food's products are as fresh and raw as possible, making them the perfect choice for pet owners who want the best for their furry friends. Don't settle for less when it comes to your pet's health. Choose Bongaree Pet Food and give your pet the diet they deserve.

Their range of raw pet food includes:

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Give your furry friend the best nutrition possible with Bongaree Pet Food! Their fresh dog or cat food is naturally grain-free, devoid of preservatives and fillers, and contains no additives. They understand that your pets are an integral part of your family, so they go to great lengths to ensure their food is of the highest quality. Plus, they offer free home delivery services, so you don't have to worry about going out to get it. Choose Bongaree Pet Food today for a healthier and happy pet!



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FOR ALL YOUR PET FOOD NEEDS

FREE DELIVERY

FRESH FOOD FROZEN FOOD TREATS DRY FOOD WET FOOD



A Nightmare on Kakadu

BY: Sandra Bayley

Our Migratory Shorebirds are preparing for their 12,000 km flight back to Siberia to find a mate and make a nest. They flew here in August last year and have been feeding on small crabs, molluscs and worms contained in the rich, soft, intertidal mudflats of the Pumicestone Passage.

They start leaving us this month (March). These last few weeks are critical to whether they have the strength to defeat all the obstacles along the way and make the distance back to the Arctic. Have they found sufficient food to gain enough weight and store enough energy to fuel the long flight? Have they had sufficient undisturbed rest during high tides when they need the protection of roosts such as Kakadu on Bribie, the Toorbul roost, and others around Moreton Bay?

These birds can't swim, and they can't perch in trees. They have to find somewhere quiet, near the water at high tide, to rest, digest, wash, preen their feathers, socialise and sleep. There are fewer and fewer of these spots around the coastline. That's what Kakadu roost is for. It was man-made for them in 2003 to replace a former roosting site which had been lost to residential development



"Critically endangered Far Eastern Curlews (with long curved beaks) and Godwits resting at Kakadu."



The North hide at Kakadu for viewing the birds



3 Bar-tailed Godwits resting on one leg at Kakadu"

There are signs all around the fenced Kakadu and Toorbul roosts advising that entry is prohibited. The reason for this is to avoid disturbing these precious feathered long-distance travellers, many of whom are threatened with extinction. Recently 8 more migratory bird species have been added to the federal government endangered list. They are very sensitive to disturbance when they are resting. If they are startled by marine craft, people getting too close, or dogs, they can take to the air in flight. If they are forced to do this, it means they burn up to four times more energy than they do when taking off when they're ready. This is the energy they need for the big migration journey ahead.

On Sunday, 25th February, this kind of disturbance happened at Kakadu when the birds were shocked into flight by the arrival of three jet skis into their rest area. This is but one recent example of far too many disturbances of these vulnerable resting birds preparing for their migration

We can all be a voice for these birds and spread the word. All they ask of us is to be left undisturbed when they are resting or feeding. If you want to see them before they leave, you can, without disturbing them. Go to Kakadu at high tide with your binoculars. Read about the birds on the way in on the information panels. There is a special hide at each end of the roost, for viewing them unobtrusively from a distance. And on Sundays at high tide, you may find a local shorebird expert in the hide, counting the birds. He'll enjoy wowing you with the view through his high-powered bird spotter.



"Jet ski disturbance of migratory birds resting at Kakadu roost"



"Migratory birds resting (on Kakadu high tide roost)".



"This photo might look attractive, but it is a photo of birds escaping in distress from the threat of jet skis too close".

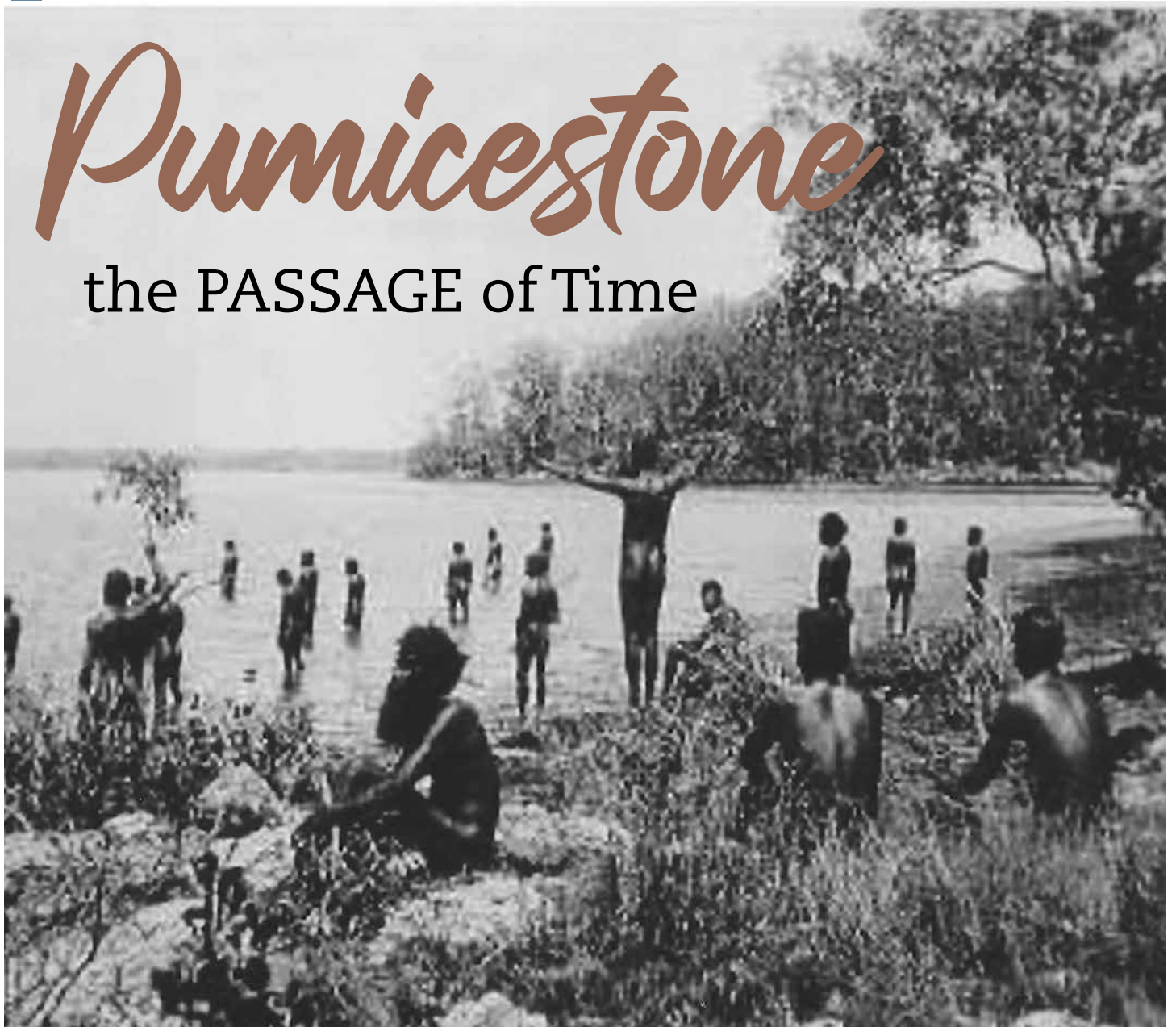


And if you find you want to get more involved with helping their survival on Bribie, BIEPA has a Shorebird project that you might like to join.
<https://www.biepa.online/>



Pumicestone

the PASSAGE of Time



Matthew Flinders was the first European explorer to come to Bribie Island on the sloop *Norfolk* with Sydney Aboriginal Bongaree in 1799. Just eleven years after the First Fleet, the Governor sent them from Sydney to look for rivers that might flow from the inland of this unknown and unexplored land.

After sailing around Moreton Bay but not seeing the Brisbane River, they repaired the damaged *Norfolk* at Whitepatch and explored part of what he named the **Pumicestone River** after the deposits they saw on the banks. Some years later, it was recognised that Bribie was an island, and the waterway was named the Pumicestone Passage.

Bribie Island had various spellings over the years, including Bribie, Brieby, Briby and Brieves and being a typical barrier island, it is composed entirely of sand, with both ends in constant flux. The size and depth of the Passage

have changed significantly over time. Bribie and the other islands in Moreton Bay were formed about 5,000 years ago as the sea level rose, flooding Moreton Bay for thousands of years.

The next white faces came 24 years later when three castaway Sydney convicts were blown ashore at Moreton Bay in 1823, and with help from the indigenous people, traversed the Bay and Brisbane River and lived among the Joondoburrie people of Bribie for many months. Believing they were south of Sydney, they explored further north before fortunately being found and rescued by John Oxley on

Bribie Island when he came in 1824 to establish the initial Moreton Bat Penal Colony at Redcliffe.

These three convict men were the accidental discoverers of what was later named the Brisbane River and the first to experience Aboriginal cultural ceremonies in this area. Their story is told on a heritage plaque walk below Clark Terrace at Sandstone Point. By 1877, Brisbane's settlement had grown, several tribal groups around the Bay were dispersed, and a "Reserve" was established at Whitepatch on Bribie for the remaining few. In less than two years, it was disbanded for lack of funds,

and a couple of years later, a school for indigenous children was established further up the Passage at Mission Point, but this too, was short-lived.

PASSAGE INDUSTRY.

Explorer Ludwig Leichhardt briefly visited Pumicestone Passage, and in 1865, pioneer settlers from Woodford observed:

"The water teems with fish, great and small, and as for Oysters, I never saw anything like it. We saw an apparently solid bed of Oysters three feet out of the water and three hundred yards long, big enough to load several large ships."

This led to the establishment of several Oyster harvesting operations on the Passage using flat-bottom dredge boats. They were graded and dumped on an Oyster dock, a platform covered at high tide to wash the mud out when they were bagged and shipped in wet bags on the deck of ships over long distances to markets. Other industries soon sprung up along the Passage, including making lime from shells, fish canning, timber getting, and cattle grazing.



Oyster Dock

In 1881, James Campbell & Sons established a major sawmill up Coochin Creek at the top of the Passage, which became the settlement of **Campbellville** with hundreds of residents with wives and children, a school and a Post Office. **Campbellville** became a trading post for settlers on the Blackall

Range and Caloundra, and timber was transported on a fleet of large vessels down the Passage to Brisbane and around Australia. In 1890, the railway was built to nearby Landsborough, which made Campbellville redundant, and in 1893, there was a major flood event that eventually led to the demise of the Oyster industry and the silting up of the Passage. All that remains of Campbellville today is a small cemetery with few headstones.



Groper at Jetty

Fish canneries were operated by several local personalities along the Passage, including Godwin, Tripcony, and Maloney, but one very enterprising lady had her Fish Cannery on Bribie Island, where today's IGA Bongaree Supermarket stands. Thousands of Tons of fish were canned and transported from their jetty, which stood out from the beach opposite today's Liquor Land store.

Sarah (Mum) Balls had her fish waste boiled down for oil, and the residue was used to make fertiliser to grow asparagus and pineapples on the Island and raise Pigs and Turkeys. From 1907, she also contracted to operate many railway Refreshment Rooms at stations along Queensland's extensive railway network. Landers and Westaway were



Sarah "Mum" Balls

among the earliest to graze cattle on Bribie, and a site near Lighthouse Reserve still known as Landers Camp is where the cattle were swum or walked across the Passage at low tide. When politician, explorer and indigenous supporter Archibald Meston visited Bribie Island in 1891, he described it as *"The meanest piece of country in Australia"*. He did not appreciate the unique landscape and value of the flora and fauna we experience today. We must thank the imagination and investment of a private shipping company just a few years later, in 1912, that made it all happen. However, we all still live in just a small area at the south end of the island, and there is much of the uninhabited island that reflects Meston's words of 1891.

There is not an acre of useful soil on the whole island. It consists chiefly of tea tree swamps, salt flats, low sea and sand ridges, and slightly raised patches timbered by Bloodwoods, grey gums, and Turpentine. On the sand ridges are cypress pines and honeysuckle. It is inhabited principally by snakes and kangaroos.....this howling desert of tea tree swamps, rank aquatic vegetation and unimaginable cussedness."

Bribie Island enjoyed a tourist trade long before Caloundra due to the enterprise of the Brisbane Tug & Steamship Co., which operated around the Bay for 50 years from 1903, building the Jetty at Bongaree and running regular ferry services from 1912. The waters of Pumicestone Passage carried the culture and history of the First People for uncounted centuries. It then brought European history with people such as Flinders, Bingle, Edwardson, Finegan, Pamphlet, Parsons, Oxley and Uniacke, who wrote the amazing survival story of the castaway convicts. The Passage was also the lifeblood of pioneer settlers like Bestman, Bonney, Bishop, Hussey, Hamilton, Clark, Godwin, Tripcony, Carnegie, Campbell, and others. There is an appropriate quote from Sunshine Coast Historian Stan Tutt, who said.

"It might not be too much to claim Pumicestone Passage and Bribie Island contain more history, written and unwritten, than any other place in Queensland."

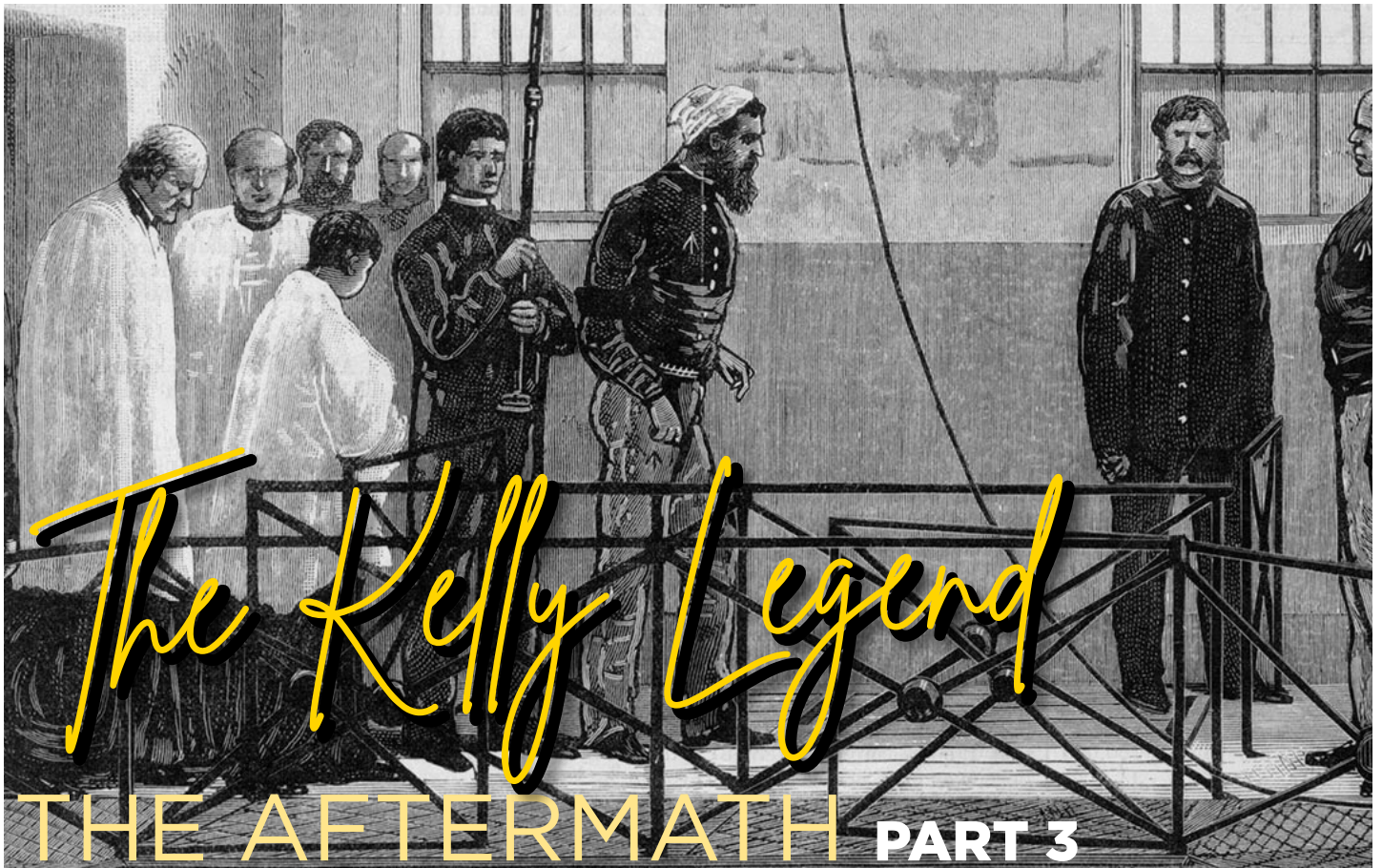
Stan Tutt-Sunshine Coast



Barry Clark, President

Bribie Island Historical Society

MORE BRIBIE HISTORY
Historical Society meetings are on the second Wednesday of each month at 6:30 pm at the RSL Club, and visitors are always welcome. See more stories and photos of Bribie's history on the website bribiehistoricalsociety.org.au Blog <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com



The Kelly Legend

THE AFTERMATH PART 3

Ned Kelly survived his many wounds to stand trial on October 19th, 1880. The judge was Sir Redmond Barry, the same judge who had sentenced Ned's mother to three years for the alleged assault on Constable Fitzpatrick. Heavyweight Prosecutors Charles Smyth and Arthur Chomley appeared for the Crown. At the same time, the novice Solicitor Henry Bindon defended Ned, who was charged with the murder of Constables Lonigan and Scanlan but not for the murder of Sergeant Kennedy. The judge adjourned the trial to 28th October when the prosecution chose not to proceed with the charge of Scanlan's murder. The press demanded an interview with Ned. He made sure that they published that his mother, Ellen Kelly, was currently in gaol for the alleged shooting at Greta. He stated that his mother had struggled to manage a large family and that he was incensed with the police for unjustly arresting her on Fitzpatrick's testimony alone, which was prejudiced at best and outright lies at worst.

He said his mother had a baby at the breast when arrested and taken to gaol.

On 28th October 1880, Ned was convicted of the wilful murder of Thomas Lonigan in the shoot-out at Stringybark Creek. The jury, heavily influenced by Judge Barry, took only an hour to return a guilty verdict. Barry immediately pronounced the sentence of death by hanging. The trial has long been branded a colossal miscarriage of justice. Experts, including the Chief Justice of Victoria, believe his court case was hopelessly unfair. They argued that the judge was biased, the jury improperly instructed, and his conviction unsafe. After handing down the sentence, Barry concluded with the customary words, "*May God have mercy on your soul*", to which Kelly replied, "*I will go a little further than that and say I will see you there where I go*". Prophetic words indeed, as Barry was to die of natural causes only twelve days after Ned's execution.

On 3rd November, the Executive Council of Victoria decided that Kelly was to be hanged eight days later,

11th November, at the Old Melbourne Gaol, leaving no time for an appeal. In the week leading up to the execution, thousands turned out at street rallies across Melbourne demanding a reprieve for Ned Kelly. On 8th November, a "Petition for Clemency" with over 32,000 signatures was presented to the Governor's private secretary. The Executive Council, without explanation or comment, ignored the petition and announced that the hanging would proceed as scheduled.

The day before his execution, Ned had his photographic portrait taken as a keepsake for his family, and he was granted farewell interviews with relatives. Despite Ellen Kelly still being incarcerated, she was granted an audience with her son. One newspaper reported that his mother's last words to him were, "*Mind you die like a Kelly*".

The following morning, John Castieau, the governor of the gaol, informed Ned that the hour of execution had been fixed at 10 am. At 9 am, he was led out by warders accompanied by the

chaplain, Dean Donaghy. When passing the gaol's garden, he commented on the beauty of the flowers. Ned's last words were, "*Such is life*". He was buried in an unmarked grave at the gaol.

Ellen Kelly was released from prison in February 1881. She immediately demanded an audience with Greta Police Senior Constable Robert Graham, and they reached an understanding that helped reduce community tension. In March 1881, the Victorian government bowed to widespread public disgust and outrage at the events, leading to the treatment of both Ellen and Ned by the authorities. A Royal Commission into the conduct of the Victorian Police and Judiciary during the Kelly saga was approved. Over the next six months, the commission, chaired by Francis Longmore, held sixty-six meetings, examined sixty-two witnesses, and visited towns throughout "*Kelly Country*". While its report found that the police had acted properly in relation to the criminality of the Kellys, it exposed widespread

corruption. It ended several police careers, including that of Chief Commissioner Standish. Numerous other officers, including senior staff, were reprimanded, demoted, or suspended. It concluded with a list of thirty-six recommendations for reform. Ned Kelly hoped that his death would lead to an investigation into police conduct. Although the report did not exonerate him or his gang, its findings were said to strip the authorities "... of what scanty rags of reputation the Kellys had left them."

After the findings of the Royal Commission were released, there was media and police speculation that there would be further outbreaks of violence in north-eastern Victoria. The new Police Commissioner argued that changes in policing methods reduced this threat. The police held informal discussions with the extended Kelly family to assure them they would be treated fairly if they kept the peace. The authorities no longer pursued a policy of dispersing the family and their sympathisers by denying them land in north-eastern Victoria but rather explicitly tied access to land to lawful behaviour. During the Royal Commission, there were threats of violence and intimidation against people who had assisted the police. Nevertheless, the police reported a reduction in horse and cattle theft and crime in general in the region following Ned's death, with no revenge or violence against witnesses reported. Most corrupt police and officials had either been dismissed or suspended by that time. A period of peace in the Kelly country began.

Over the next twenty years or so, Ellen Kelly would drive her buggy into Benalla for her monthly shopping. While there, she would drop into the Post Office to ask for any mail. The Postmaster noted that there was almost always a letter from South Africa. Ellen rushed outside, sat on a bench, and read her letter with a broad smile several times. The Postmaster said he was glad the letters brought so much joy into Ellen's life.

In Pretoria, during the Boer War, the correspondent to the London Daily Express was in South Africa. The Journalist wrote that he answered a knock at the door one night. A nervous and excited acquaintance whispered mysteriously, "I have brought them." "Who?" I asked. "Dan and Steve," he replied, "Will you listen to their story?"

"My friend went out and quickly returned with a deputation of two men of middle age, athletic, keen-eyed, sunburnt, firm-featured, typical Australian bushman, who evidently knew what roughing it meant. There was no necessity for introductions. It was quite true. I had met or nodded to them a score of times before that night. I did not know them, however, as Dan Kelly and Steve Hart. They sat down and made

themselves at home."

His subsequent article, later released, is as follows: "They said that they were at Glenrowan with Ned and Joe Byrne, and they had been there all night. Ned got away, and we were to follow him, but Joe was drunk, and we couldn't pull him together. When we weren't watching, Joe walked outside and was shot, and died soon after. After that, two drunken coves were shot dead through the window. They wanted to have a go at the police, so we gave them rifles, revolvers, and powder and shot. The firing where they went was too hot for Steve and me to reach them, so our rifles and revolvers were found by their remains. This was why they thought we were dead. I'm sorry these coves didn't take my advice and go out with a flag, but they had the drink and the devil in them. I think Joe's reckless death maddened them. Well, me and Steve planned an escape. We were in a trap

and had to get out of it. We had with us, as we often had, traps' uniforms and troopers' caps, and we put them on. We looked like policemen in disguise, alright, I tell you. The next question was how to leave the pub quietly. A few trees, bushes, and logs at the back decided us. We crawled a few yards and then blazed away at the pub, just like the traps. We would treat it slow. From tree to tree and bush to bush, pretending to take cover. Yes, cover from Steve and me, Haha.

Soon, we were amongst the scattered traps, who, no doubt, reckoned we were cowards for falling back. But we banged away at the blooming pub more than any of them. The traps came from 100 miles around,

and only some knew each other. So



how could

they tell us from themselves? We worked back into the timber and got away. Soon afterwards, we saw the pub blazing. Then we thanked our stars that we were not burnt alive. Well, we got to a shepherd's hut, and we stayed there for a few days.

The shepherd brought us the Melbourne papers, with pages about our terrible end: burned-up bodies and all that sort of stuff. We heard of Ned's capture, and we were both for taking to the bush again, but the shepherd made us promise to leave Australia. He found us clothes and money. We got to Sydney and shipped to the Argentine. A few days later, we crossed to South Africa. We've had a fairly good time since and haven't been interfered with. We don't want to interfere with anybody either.

After many years, the war broke out, and not having work, we went to the front. We had some

narrow escapes, but nothing like the narrow escape from that pub. We're off in an hour or so, but we don't want the world to know where. You can say what I told you but wait three weeks or more. Now listen, if you give Steve or me away, this little thing in the hands of a friend of mine will blow you away. He said this with the point of his revolver almost in my eye. I looked at him sharply, and the awful glare in his eyes convinced me he meant it. Six weeks later, I was surprised to encounter Dan Kelly and Steve Hart in Adderley Street, Cape Town. Dan said, "Well, you kept your promise. We haven't heard anything. You may write what you like after tomorrow." I did not inquire their destination and they did not volunteer the information."

Ellen Kelly (1832–1923), matriarch and mother of Ned Kelly, was born in County Antrim, Ireland, reaching Port Phillip as an assisted migrant in July 1841. Ellen caught the eye of 30-year-old John "Red" Kelly, an Irishman who had been transported to Van Diemen's Land for theft in 1841. Defying her father, Ellen took up with Red and fell pregnant to him in May 1850. They married. Red was an alcoholic and died in 1865, leaving Ellen with seven children aged from 18 months to 13 years.

After moving her family to the north-east of Victoria to stay near relations, she leased a selection of 88 acres and sold sly grog to make ends meet. Her daughters Maggie and Kate died in the late 1890s, leaving Ellen to raise three grandchildren. In the early 1900s, about the time letters from South Africa ceased, two middle-aged gentlemen arrived at Greta and boarded with Ellen. They worked the farm and cared for her into her old age. Ellen was said to be the happiest she had been for a long time. She died on 27th March 1923, aged 92, and was buried in Greta Catholic Cemetery, attended by hundreds of mourners.

BOWLS RESULTS

Bongaree Ladies Bowls

Results for Tuesday 20th February 2024

Winners: Col Erhardt, Errol Fender

R/U: Sue Francis, Mick Falvey

Bonus draw: No winner

Results for Paddle Pop game Friday 23rd February 2024

Winners: Wendy Rolleston, Carol Oates, Diana Stowers

R/U: Sandra Scott, Lesley Heap, Graeme Hanlin

Results for Tuesday 27th February 2024

Winners: John Miller, Victor Wright

R/U: Sandra Scott, Bob Vonarx

Bonus Draw winners: Col Erhardt, Graeme Hanlin

Please find following the results of the Finals of the Ladies Pairs completion held on Tuesday, 27/2/2024

Winners: Sue Francis and Elna Jensen

Runners Up: Gaynor Johnson and Maureen Ferguson

A very competitive game. Congratulations ladies.

**BRIBIE ISLAND BOWLS CLUB INC**

Self Select pairs Fri 9 Feb

Winners: A Boyd, J Oliver

Runners up: W Broad, M Lowry

Lucky draw: C Chidley, B Meek

Lucky draw: K Taylor, P Hughes

Lucky draw: T Bishop, W McDougall

Lucky draw: A Sturm, J Mercer

Random Select Triples Saturday 10 February 2024

Lucky draw: R Fowler, B Watkins, J Teakle

Lucky draw: H Groves, M

Wright, a Pinzger

Self Select Triples Tue 13 Feb

Winners: M Mills, P Mann, C Monk

Runners up: T Bishop, J Wallis, J Lonsdale

Lucky draw: G Woollett, M Thompson, D Davis

Lucky draw: G Skoien, T Dean, C Dean

Lucky draw: B Kinnear, F Grimsey, T Phillips

Scroungers Wed 14 Feb

1st: J Jenkinson

2nd: B Wallace

3rd: L Hackwood

4th: E Thean

Self select pairs Wed 14 Feb

Winners: C Perkins, K Perkins

Runners up: D McDougall, W McDougall

Lucky draw: T Phillips, K Fuller

Lucky draw: W Hoelscher, I Cooper

Lucky draw: a Sturm, T Hudson

Lucky draw: M McIntyre, P Hughes

Random Select Triples Thu 15 Feb

Winners: L De Roule, K Norton, M Cole

Runners up: J Murray, D Davis, C Mork

Lucky draw: B Kelly, M Wright, D Clarke

Lucky draw: C Sambaher, P Mork, S Priest

Self Select Pairs Fri 16 Feb

Winners: R Elmore, M Beutel

Runners Up: A Albury, S Chandler

Lucky draw: A Fiechter, D Gibson

Lucky draw: C Chidley, B Meek

Lucky draw: T Dean, I Cooper

Lucky draw: C Wilkie, K Thornton

Random Select Fours Sat 17 Feb

Highest margin: T Hudson, J Laidlaw, S Brown, P Mork

Lowest margin: J Neill, G Mulpeter, D Gilbert

Out of hat winner: L Mather, R Gilmore, P McCarthy, M Wright, J Adams

Self select triples Tue 20 Feb

Winners: R Brinton, L Deakins, E Deakin

Runners up: P Patrikeos, B Castle, T Hudson

Lucky draw: K O'Donnell, K Chapman, K Atkinson

Lucky draw: I McLaren, E Stacey, L De Roule

Lucky draw: H Taylor, M Ball, L

Mather

Scroungers Wedy 21 Feb

1st: L Savige

2nd: K Soens

3rd: S Hamblin

4th: S Greensill

Self Select Pairs Wed 21 Feb

Winners: D Riesham, S Root

Runners up: B Meek, C Chidgey

Lucky draw: J Hattie, F Crockett

Lucky draw: T Howard, s Chandler

Lucky draw: A Boyd, M Lowry

Lucky draw: D Gibson, K Muller

Random Select Triples Thu 22 Feb

Winners: J Murray, R Ward, S Kurtz

Runners up: B Kelly, L Tebbutt, J Teakle

Lucky draw: G Hemphill, C Turner, A Riley

Lucky draw: S Dempsey, J Wallis, L Hackwood, M Hogan

SOLANDER LAKE BOWLS CLUB

MEN'S "B" PAIRS FINAL

CHAMPIONS:

Neil Feazey & Mike Wilson

R/U: Lloyd Tait & Mardy Brenner

Mixed Twilight Handicap

Triples – Overall Result

February 2024

1st: Deb Hill, Matt Dickson & Rob Dickson.

2nd: Terri Curtis, Barry Curtis & Peter Hodgson.

3rd: Paul Boldero, Cheryl Dann & John Dann.

Men's Twilight Handicap

Triples –Overall Result Jan 2024

1st: Chris Treacy, Wayne Mitchell & Greg Caplick (& Jim McKenzie).

2nd: Ian Boast, Brett Sellars & Glenn Merrin.

3rd: Adam Dunleavy, Ian James & Anthony Hughes.

WEEKLY SOCIAL BOWLS

RESULTS - W/E 02/03/2024

Tuesday Winners: John Harris, Trevor Rennick & Carol Langley.

R/U: Dudley McKenzie, Raie Stuart & Ron Schultz.

Wednesday Winners: Allen Lavender & Richard Wales.

R/U: Neil Feazey & Steve Ross.

3rd: Raie Stuart & Bruce Hill.

Jackpot (\$500) – No Winner.

Thursday Winners: Jenni Cummins, Ann Boast & Ian Boast.

R/U: Bev Power, Pat Samuelson & Deb Hill.

3rd: Lyn Shorter, Bruce Hill & Ian Carr.

Jackpot (\$240) – No Winner.

Friday Winners: Tony Miguel & Andy Dehnert.

R/U: Peter Hodgson & Steve Ross.

1st Rnd: Vicki Mitchell & Robyn McLean.

2nd Rnd: Trevor Rennick & Merv Boike.

Saturday Winners: Robert Clavell Pearson, Dave Thomas & Dave Williams.

R/U: Carl Deegan, Beryl Cowperthwaite & Rosa Mcleod.

WEEKLY SOCIAL BOWLS

RESULTS - W/E 24/02/2024

Tuesday Winners: Dudley McKenzie, Val Foley & Ron Schultz.

R/U: Rosemary Duagay, Val Paul & Ib Larsen.

3rd: Diane Nock, Mike Jones & Wayne Stuart.

Wednesday Winners: Brian Wrice & Chris Jenkins.

R/U Ian Boast & Alex Kinnear.

3rd: Alan Thompson & Cary Winton.

Jackpot (\$500) – Brian Wrice & Chris Jenkins and Ian Boast & Alex Kinnear.

Thursday Winners: Lyn Shorter, Maurie Bonnell & Bruce Hill.

R/U: Jan Oakley & Brian Harris.

3rd: Geoff Custbert, Marie Torrington & Marg McKenzie.

Jackpot: Unknown

Friday Winners: Julie Kent & Brian Kent.

R/U: Peter Hodgson & Steve Ross.

1st Rnd: Denis John & Fred

Tarry.
2nd Rnd: Vicki Mitchell & Stan Hillen.

Saturday Winners:
Richard sergeant & Beryl Cowperthwaite.
R/U: Julie Sergeant & Alan Thompson.



BONGAREE BOWLS MEN'S

Scroungers Sat Feb 17th 1st Chris McMillan, 2nd Steve Hamblin, 3rd Peter Furlong
Wed 4's Feb 21st Winners Billy Bradshaw, Steve Jackson, Kev Wilkins, Mike Flint Runners Up Brad Berquist, Rose Smith, Frank Levey, Peter Szepes
Thurs Jackpot pairs Feb 22nd Winners Doug Meikle, Noela Gray
Runners Up Trevor Richardson, Chris McMillan
Scroungers Feb 24th 1st John Park, 2nd Tony Grimmond, 3rd Ron Wilson
Wed 4's Feb 28th Winners Bill Wilkins, Trevor Mickelborough, Jimmy Parker, Ant Gordon
Runners Up Gordon Heap, Col Valentine, Garry McCarthy, Ian Paterson,
Thurs Jackpot pairs Feb 29th Winners Tim Carlton, Jaarpung Blundell
Runners Up Doug Meikle, Noela Gray



Bribie Island Women's Golf

15 Feb to 27 Feb
15/2/24 – Single Stroke
Div 1 Winners: Kate Wesener 73, R/Up Suzanne Vally 74, 3rd Magrit Pearce 75
Div 2 Winners: Claudia Lutgemeier 74, R/Up Helena Winterflood 76, 3rd Joanne McCoombes 77
NTP's: Hole 4 Sue Navie, Hole 7 Lulu Drew, Hole 14 Carol Lobgeiger, Hole 16 Di Binghamy, Hole 7 (Div 3 2nd shot)



Buxton defeated Desley Neilson



Consolation Cup Final – Sylvia White defeated Ros Gardiner



NO HOLDING THE BRIBIE CROQUET PLAYERS DOWN!

Kathy Vincent,
You can't keep up with them!
The competition season starts again this year, and the players are up and ready. Last year saw all the disciplines winners in the Sunshine Coast competitions, as you can see from the photo.

Six players recently went to Toowoomba for a long week-end of croquet. None of us were excited as we played in the pouring rain! Most of us are fair-weather players coming from Bribie.
We did win two prizes ----- raffle prizes!

However, ten members went on a Croquet Cruise to New Zealand in February to compete in the Croquet Sailors Cup. There were up to 30 croquet players on the cruise from Western Australia, NSW, Victoria and Queensland formed many new friendships. Each time we disembarked at a new port in New Zealand, we were taken to the local croquet court, where our wonderful New Zealand croquet neighbours hosted us. I am pleased to announce that Bribie blitzed the competition, taking out

the first five places with their interstate partners.

Jan McNee and her partner from Victoria bought home the trophy, followed by Ricki Barrett and her partner from Albury as runners-up in the short croquet competition. Bribie also highlighted Jan Rees and her partner as the winners, with Joan Gleeson and her partner as runners-up. Croquet offers a range of opportunities to have fun and make good friends. If you want to try it, we will provide free coaching lessons over six weeks starting in the second term.

Please ring
Jan on 0437 008 042 if you want to try croquet.



MORETON BRIBIE BRIDGE CLUB:

Sat 17 Feb N/S 1 G & D Lock 2
M Arthur & P Edis 3 D Quinan & F Barkwith
E/W 1 C & S Wagg 2 B Fuller & P Breene 3 R Webb & L McLaren
Wed 21 Feb N/S 1 G & S
Barnulf 2 K Cohen & J Reiter 3 J Wright & J Kennedy
E/W 1 R Medhurst & P Breene 2 R King & O'Reilly 3 J Newton & D Scown
Sat 24 Feb N/S 1G & D Lock 2
J Wright & J Kennedy 3 G & S Barnulf

E/W 1 R Webb & L McLaren 2 R Deacon & M Courtney 3 C & R Cowley
Wed 28 Feb N/S 1 L Carr & J Wright 2 H Standfast & J Budgeon 3 R & C Cowley
E/W 1 J Kinross & B Pridham 2 F & G Pollard 3 R King & M O'Reilly
BICBC: Mon 19 Feb N/S 1 M Peterson & J Brazier 2 L Groves & B Moxham 3 M Arthur & R King E/W 1 F McLaren & N Denvir 2 A Fielding & J Easey 3 S Smith & M O'Reilly

Brooke SAVIGE

f t i /Save4Div1



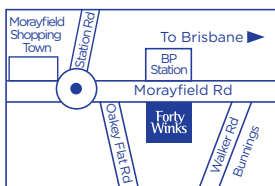
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WHAT IS LAUNDRY STRIPPING?

and is it worth trying?

Laundry stripping removes built-up detergent, fabric softener and general gunk from your clean laundry with a good, long soak in a few simple ingredients.

Indisputable visual proof is just the best thing ever, which is why most people are so bowled over by great before-and-after comparison pics. One of the more recent things to fall into this category is laundry stripping, which has been all the rage on TikTok in recent years. However, although it's become a social media sensation, this deep-cleaning laundry practice has been much longer than TikTok. Dubbed an "aggressive cleaning method", the laundry stripping process is designed to remove any "extras" that otherwise clean laundry is holding on to, such as hard water minerals, body oils, excess detergent or fabric softener. When all of these things build up, they can make white or light-coloured laundry look dull and dingy. After a good laundry-stripping soak, the water is often visibly dirty, which is a shocking yet satisfying visual to people who thought their textiles were already clean!

Sure Signs It's Time to Strip Laundry

Laundry stripping shouldn't be done very often, maybe a few times yearly. That's because over-stripping can cause fabrics to break down. Key signs to look for that signal you should do some laundry stripping are if your towels are no longer absorbent or soft or if any fabrics feel sticky to the touch. Also, stale odours or yellowing/brownish colours are dead giveaways that buildup is getting out of control.

How to Strip Laundry

Always wear gloves when stripping laundry, as some of the ingredients can be harsh and irritating on your skin. Some experts even recommend wearing a mask to avoid

inhaling any caustic chemicals.

1. Fill up a bathtub or large

sink with hot water.

2. Add borax, washing soda (sodium carbonate) and laundry detergent at a ratio of 1:1:2, in that order. For example, a good amount is 1/4 cup of borax, 1/4 cup of washing soda, then 1/2 cup of laundry detergent. Once all the ingredients are in the water, stir until they dissolve.

3. Next, place clean laundry in the tub, then stir it occasionally. Allow everything to soak until the water has cooled completely, which can take four or five hours.

4. Drain the water (after you've marvelled over the dirty colour) and wring out excess from the soaking laundry items.

5. Finally, place the stripped laundry in the washing machine without any detergent or fabric softener and run a full cycle. Then, dry them without any dryer sheets.

Anyone who doesn't want to go to all of this effort can also do laundry stripping in the washing machine. The only downside is that you won't be able to see the dirty water at the end, but it's a lot less messy and time-consuming than the bathtub method.

To strip laundry in your machine, select the "deep soak-and-spin" option (if it's a top-loading machine) or the "rinse-and-spin cycle" (if it's a front loader) and follow the same steps as above. It'll produce the same quality clean but without all the dirty water and cleanup. Borax is one of the few ingredients you'll need for laundry stripping.

What Are the Best and Worst Items for Laundry Stripping?

As we've already pointed out, laundry stripping is a much harsher cleaning method than most fabrics are accustomed to. That means it's not ideal for any delicates or high-end clothing items. So, skip the laundry stripping process on lingerie or any other piece of clothing that lists "gentle" or "hand-wash only" instructions on the tag. And it goes without saying that any "dry-clean only" pieces should never be subjected to

the laundry stripping process. Additionally, wool, workout clothes and anything that should only be washed in cold water should never be stripped. For other clothing items, separate lights and darks when laundry stripping, just like you would during regular machine washing. Dark colours stripped with lighter ones will almost definitely wind-up colour-contaminating the batch. However, laundry stripping is intended for textiles like light-coloured sheets and towels showing their age a bit prematurely.

How to Avoid Laundry-stripping Altogether

Most experts say that laundry stripping isn't really necessary as long as you're doing your laundry correctly in the first place, meaning to avoid buildup. Here are some tips:

- Resist the urge to cram everything you can in the

washer. If it's more than 3/4 full, the water and detergent won't be able to circulate appropriately. If the final rinse doesn't work, detergent and other gunk will stay in the laundry.

- For good measure, add one more rinse to the washing cycle on tough-to-clean items.

- Don't overdo it on the detergent. Read the instructions on how much detergent is necessary for cycles of all sizes, then follow those guidelines. This goes for fabric softener, too, which should only be added in a separate compartment if the machine is advanced enough or during the last rinse. If possible, don't add fabric softener at all!

- Wash items judiciously. Don't launder dirty clothes with those barely in need of a wash. These simple steps are usually all that's necessary to prevent dingy build-up. However, if laundry stripping still appeals to you, it's easy enough to do.

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Using the Centrelink Home Equity Access Scheme to Supplement your Income.

If you are of pension age and own your house, the Centrelink Home Equity Access Scheme or HEAS may be a useful source of supplementary income. You may wish to remain in your home, but paying the rates, insurance, and other costs leaves you with insufficient cash for a comfortable lifestyle. Topping up your income may ease some of the financial pressures and make staying in your home a better option than downsizing. Also, the cash freed up from

downsizing may reduce your pension.

The HEAS is a form of reverse mortgage; that is, you are borrowing against the value of your home. The loan can be repaid at any time or remain in place until you die when it will be repaid from the sale of your house. The advantage of the HEAS over commercial reverse mortgages is the significantly lower interest rate – currently 3.95% compared with 8.8% and more from commercial providers. HEAS establishment costs and ongoing fees are also considerably lower than those charged by commercial providers. However, the HEAS is primarily to top up your pension and not to provide a lump sum except for an advance on your annual pension top-up entitlement. Whereas commercial reverse mortgage providers permit lump sums to be drawn as well as to top up a pension.

The HEAS is a flexible finance option. You can draw a regular pension top-up, vary the fortnightly amount up to the limit, draw up to 12 months in advance as a lump sum, or draw nothing for a period where it serves as a Line of Credit. This latter option can give you peace of mind, knowing that some additional money will be available should you need it.

Where you are eligible for a pension but do not get a payment because your income or assets are over the threshold, you can draw up to 150% of the pension to supplement the income from your investments.

In summary, the HEAS is well worth considering when considering your future lifestyle and financial needs. To obtain more information about the HEAS and decide whether it suits you, check out <https://www.servicesaustralia.gov.au/home-equity-access-scheme>.

If you would like my assistance, email me at spcafc23@gmail.com and provide a contact phone number.

Peter Dallimore is a qualified and registered Financial Counsellor and a Volunteer at the Sandstone Point Community Association. He holds a Diploma of Community Services - Financial Counselling and is an Accredited Member of the Financial Counsellors Association of Queensland. There is no charge for his service.



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What time of day should you water your plants?

You probably already know that for the sake of the environment and your own pocket, you ought to cut your water use. You might already be turning off the tap when soaping up in the shower and only using your dishwasher when it's full, but what about outside the house? You can limit the water going to waste by changing the time of day

you irrigate. If you arrive home early afternoon and see your favourite flowers wilting and your vegetables drooping, you probably run to turn on the sprinklers. However, this isn't the most water-efficient thing to do. When you water during the hottest part of the day, up to 30 per cent of the water simply evaporates from the sun's heat and doesn't do

your plants any good. Instead, you should water in the early morning or late afternoon or evening so that your plants get the most benefit from the least water. You should also note that many slightly wilted plants will "come back to life" in the cooler parts of the day, even without additional water. You can also cut down on landscaping/gardening water when you make sure most of

the water coming out of the tap gets to the roots of the plants rather than their leaves or flowers. The most efficient method is drip irrigation. Be sure not to over-water either; too much water can be just as bad for your plants as too little. Using less water in gardening doesn't have to mean less of a garden; a lot can be done just by learning not to waste the water you use.

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Lindenii
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Meet Jack Martin, Bribie Islands Area Manager for Coochie Hydrogreen. If you see Jack around the area, be sure to say hello and give him a wave! Feel free to contact Jack & the Coochie Hydrogreen team by calling 1800 245 955. Follow "Coochie Hydrogreen Bribie Island" on Facebook to stay informed with the latest information.

LAWN CARE PROGRAM



- Have you spent hundreds of dollars on weed control products?

- Are you taking up storage space in your shed with harsh chemicals?

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Coochie Hydrogreen can make these dilemmas a thing of the past.

By joining our Lawn Care Program (LCP), you will receive our unique 6-in-1 treatments, designed specifically for your lawn.

Our treatments contain a mixture of liquid fertilisers, organic soil conditioners and soil moisture retainers to encourage strong, healthy growth in your lawn as well as spot treating for weeds, pests and diseases to give your lawn a lush, weed free appearance year-round.

Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout the season. Your local technician will also monitor and treat your lawn for any

weeds, pests, and diseases that may be showing their heads since the last visit.

If you ever have any questions or concerns, call your local area manager Jack Martin and he will pop out to discuss &/or address the concern free of charge.

LAWN GRUB SEASON

Lawn grub is a name that covers a wide variety of creepy crawlies that invade your lawn. Scarab Grubs, Mealy bug, Army Worm and African Black Beetle are just a few of the lawn pests that we see in unprotected lawns each year.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs feed off the root system of your turf, this prevents all the nutrients in your soil getting to the turf leaf so brown patches in your lawn can indicate that grubs are present. .

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle starts all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

HOW TO STOP LAWN GRUBS

Jack says " This has been the worst Lawn Grub season that we have experienced in over a decade. The last season this bad was in 2011 around the time of the last floods. People should know that we are not out of the grub season yet, and given the recent rain and humidity that we have had, we may yet see another surge of lawn grubs this season".

The best way to deal with Lawn Grubs is to apply preventative treatments every 8-10 weeks during the grub season.

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Bribie Island Rescued Greyhound Walkies



In 2019, our Bribie Island Rescued Greyhound Facebook page went up with an invite for a walk and not long after, a parade of paws set out for our first stroll along the Pumicestone Passage. We celebrate 5 years of walks, laughs, dogs, and companionship this year. Every other Sunday, starting at 4 pm in the winter and 4:30 pm in the summer, we stroll along three main waterfront locations around Bribie Island:

Bongaree, Sylvan Beach, and Banksia Beach to socialise with our dogs and ourselves. We take photos and share stories about the delightful antics of our longdogs and offer support about such things as treatment for dog corns, strange rashes or infections, roaching, and dental work. Our fascination unites us with these quirky canines: skinny bags of elbows who are affectionate and love to cuddle; fast runners who are always asleep (23 hours a day!); as well as quiet, elegant hounds who never bark but occasionally let out a yowl (known in Greyhound circles as the GSOD – Greyhound Scream of Death) for no reason at all. In the spirit of inclusion,

we are regularly joined by adorable little Whippets, a Shepherd, Airedales, and other "honourary greyhounds". We welcome any greyhound-friendly dog who is keen for a walk. We also have some people who just come to walk with the hounds but don't have one themselves. Fear not if you come alone; I usually have an extra one to share. Besides the exercise and fun social events such as an annual Christmas Party and the Great Global Greyhound Walk, there is a lot of information sharing and an opportunity for those thinking about adopting or fostering a Greyhound to come and meet some and see what they are really like. I must warn you, though: once you meet

them, you may fall in love! We hope you and your rescued greyhound or honorary rescued greyhound can meet up for the next walk along the waterfront of beautiful Bribie Island. To find out more, check out our Facebook pages. We have one primarily for walk information and photos and a social group page where anyone can post their photos or news. Facebook page for the location of our next walk: <https://www.facebook.com/bribiegreyhounds> Facebook page for the social group: <https://www.facebook.com/groups/284909389879117> Thank you to our community for 5 "grey" years of walkies! Vickie Sublette

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**FOR MORE INFORMATION, CONTACT
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RE/MAX

Busy Fingers...

HOT SUMMER

The last month has been very hot and humid, so I sincerely thank all our volunteers who have continued assisting us in the shop; without their dedication, it would be very difficult for us to continue to open. As the shop is a high 7-bay shed, it is very hard to keep cool even with the large Cardiff Air machines on the roof. We know it is sometimes uncomfortable for our customers too, so I would like to point out that we have a water cooler and cups just inside the front door, so please feel free to grab some water, as we must keep hydrated in this weather. We also have seating just outside the door if you need a rest.

We receive a lot of DVDs, and when there is an abundance, please use our \$5 a basketful; we often have sales on our books as well. You will also notice that we always keep some winter clothes on the racks; this is to cater to people going overseas or south for a holiday. We will continue our 50% off sales of furniture and paintings when we receive too many, and we will need to make room for new items. The \$10 clothing baskets will continue periodically, too. Please choose carefully, as we do have a no-refund policy. Please remember, if you need emergency assistance in obtaining some items, speak to one of our managers, who can assist you; Stacey, Jacki, and Judy are there to help.

associations on the island, such as BI Swim Club, which needs a portable scoreboard; Orchid House, which needs to air-condition their house for the comfort of members plus for the many clubs they rent out to and also the elections—rental of buses for outings by the Social Seniors and the RSL Golf Club. BI Craft and Friends group need some tables and a new sewing machine, Croquet Club needs a push mower for the edges of the grounds. The Pickleball and Social Darts Clubs have so many new members that they need more shirts. BI Masonic Lodge required a Laptop, Printer and programs. BI State School needed games and other entertainment items for their upcoming camp. BI Retirement Village required new curtains for the Hospice Palliative care suite.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs and the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance, please include a contact name and phone number and also a current equipment quote (from an island business if possible); tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com. Please be aware we

only support Bribie Island associations and groups, not individuals.

We have received new guidelines for invoicing Donations we grant. Please note that when you apply for a grant, we require Quotes and Invoices to be in our name - Busy Fingers Fundraisers Inc. but for delivery to your organisation's address. Also, we have to advise that if you purchase the item before we grant it, we cannot reimburse you as the invoice is not in our name, so you must wait for our decision, and then we will guide you through the process. We don't want to disappoint anyone, so please follow these guidelines; if you have any questions, please send us an email or call in.

THANK YOU

I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra

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GREEN SATURDAY CREW DAY

Wow well didn't Green Saturday have the busiest crew day ever! Getting to sit down to morning tea and lunch at 3.50pm. First up was CPR on the vessels at 15knots aboard Bribie 2. This is a very different experience to doing CPR in a classroom on a flat surface - it was a great exercise for all involved. Thanks to Nurse Instructor Karen Llewellyn for helping with the activity.



CPR training aboard Bribie 2 under the supervision of Karen Llewellyn.



At 12.30pm Green Saturday had just turned the BBQ on for lunch when they were tasked to assist a houseboat that was being towed by a vessel across Moreton Bay. The tow vessel had broken down in the middle of the bay and the winds were about 25kts and the houseboat had no engines!

GREEN SUNDAY

Lots of training today on Green Sunday who also had the pleasure of a visit from Caloundra Coast Guard who dropped in for a cuppa and to warm up after the torrential rain this morning. It's always great to catch up with the other squadrons in the area



Kelly Langworthy presents Colleen Beros with her Commodore's Award. Colleen was unable to collect this award with the rest of the Social Committee at the AGM as she was travelling around Australia in their caravan.



Monday 29th January 2024 - the Social Committee met at the Oyster Bar, Sandstone Point Hotel for an "Xmas Lunch", catch up and as December was a particularly busy month for us all, we held it at the end of January - above Kelly Langworthy and Kaye Hammond.



Leona Patrick, John Traill, Carol Pobar, Sharyn Giles, Barb Gillmore, Gail Tranter, Cheryl Robinson, Robyn Young, Brenda Allardyce, and Betty Snell. Photos by Sheryl Traill.



Wednesday 7th February 2024 - Photo by Victor Perez.



Radio operator and crew member Glenn Jackson had a surprise visit from The Radio Officer and some of his crew mates and radio team on his last radio shift before he hangs up the mic. Glenn has been a great volunteer for the past three years; he will be missed. Thanks Glenn for all your hard work.

SUNSET DRINKS

Friday 23rd February 2024

A BBQ under the stars was enjoyed by almost 90 Active Members and partners. Held on the lawn at the rear of the base there was a choice of sausages, chicken shashliks, or beef koftas with pasta salad, potato salad, coleslaw, fried onions, pineapple, or beetroot with bread rolls. Dessert was ice-cream in a waffle cone or tub with a choice of toppings.

Commodore Ces Luscombe welcomed all and thanked everyone involved in making this night a success. Commodore Ces then thanked Glenn Jackson for his service to Radio and Crew as Glenn's business and family commitments are taking up all of his time, Glenn's last crew day is Sunday 25th February 2024 - Thank you Glenn! Commodore Ces then called forward Radio Operator Ken Rogers to congratulate Ken on his recent awarding of an OAM. Ken, a Banksia Beach resident of 14 years, and Radio Operator with VMR Bribie Island for 12 years, has been recognised for his "service to school sport and to education" in the 2024 Australia Day Honours. During Ken's long career in education, which restarted after retiring, saw Ken fulfil major roles

with Education Queensland, as well as State, Australian and international sports administration positions. - Congratulations Ken!

Commodore Ces then called forward Coxswain Jon Brice and partner Nia who are moving permanently to Indonesia next month. Jon joined VMR as Trainee Crew with Green Sunday in January 2016, transferred to White Sunday Crew February 2016, appointed Crew in April 2016, Competent Crew in August 2017, Senior Crew in March 2019, Restricted Coxswain in August 2020, and Open Coxswain in January 2021. Jon has also undertaken a senior role in Boat Maintenance since September 2020. The White Sunday Crew joined Commodore Ces in thanking Jon for his dedicated service, Dale Mullins spoke on behalf of the crew thanking Jon for being such a great teacher and leader. Farewell and thank you Jon, we all wish you well in your new venture!

Commodore Ces then called forward our immediate past Commodore and Coxswain Liz Radajewski - after some searching Liz was found as there were impending callouts of which she was involved. Commodore Ces then presented Liz with both her 15-year Service Badge to VMR, plus her National Medal which recognises long and diligent service by members of recognised government and voluntary organisations that risk their lives or safety to protect or assist the community in enforcement of the law or in times of emergency or natural disaster. This includes government organisations such as ambulance, correctional, emergency, fire and police forces, and voluntary organisations such as lifesaving or search and rescue groups. Congratulations Liz!



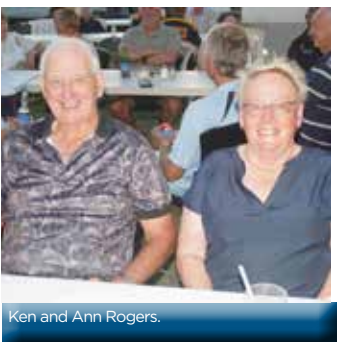
Salad preparation in the Busyfingers Kitchen - Sheryl Traill, Kelly Langworthy, Brenda Allardyce, and Linda Burdinat.



Our Bar Staff for the night - Mike Lucas, Doug Lythgo, and Ruth Trojan.



Above and below - Some of the large crowd.



Ken and Ann Rogers.



Commodore Ces congratulates Ken Rogers on his recent awarding of an OAM at the Australia Day Honours 2024.



Commodore Ces thanks Coxswain Jon Brice for his dedicated valuable service to VMR Bribie.



Dale Mullins responds on behalf of the White Sunday Crew as a testament to Jon's ability and leadership. From left Commodore Ces Luscombe, Mark Purtell, Dale Mullins, Jon and Nia Brice, Ruth Trojan (rear), Mike Looney, and Mike Lucas.



But wait! There's more! Commodore Ces presents Coxswain Liz Radajewski with her National Medal.

2024 YEAR RADIO ROOM STATISTICS

To Wednesday 28th February 2024

2,812 Calls, 714 vessels logged on,

73 Vessel Assists, 308 Sitreps, 452 Requests,

12 Overdue vessels, 2 Vessel Tracking,

235 Radio Checks, 5 Weather Forecasts

3 Securite Broadcasts. 1 Pan Pan, 0 Mayday

VHF calls 48.3%, - 27MHz calls 0.2% - Phone 30.9%

GWN 4.8%, OTHER 3.4%

FEBRUARY VESSEL

MON 19/02 0916AM - 16m Houseboat member, engine overheating can't control drifting just North of Bribie Bridge.

Assisted to anchor at Banksia Beach.

THU 22/02 1448PM - Tasked by Water Police to respond to EPIRB activation NW side of Flinders Reef. Vessel overturned and 2 people in water. Water Police recovered persons and Bribie 2 towed vessel to Cowan Cowan.

FRI 23/02 1411PM - 2.5m Jet Ski non-member aground near Donnybrook on outgoing tide. Re-floated Jet Ski and escorted back to Spinnaker Sound Marina.

FRI 23/02 1435PM - 6.2m Half Cabin member with motor overheating at Sylvan beach, required a tow to Bribie Gardens. FRI 23/02 2027PM - Jet Skis x 2 aground at Thoolara Island, Water Police also attending, QAS checked persons at VMR Pontoon and Jet Skis towed to Spinnaker Sound Marina. 1 POB required medical attention on way with Water Police.

SAT 24/02 1332PM - 4m Tinny non-member with motor issues required a tow from Sandstone Point to Bellara Boat Ramp.

SAT 24/02 1452PM - Requested by QAS to transport 2 QAS Officers to Tangalooma for medevac patient to Spinnaker Sound Marina.

MON 26/02 1756PM - Jet Ski non-member stuck on sandbank 400m North of Toorbul Boat Ramp required a tow to deeper water.

TUE 27/02 1048AM - Requested by Water Police to retrieve a 3m Jet Ski non-member broken down opposite Banksia Beach Canals possibly from yesterday and tow to safety.

TUE 27/02 1401PM - Jet Ski non-member broken down, won't start the on Western side of Passage near Bribie Bridge required a tow to Bellara Boat Ramp.

TUE 27/02 1511PM - 5m Pontoon Boat member stuck on reef at Avon Wreck required a tow off reef to deeper water.

THU 29/02 0903AM - 5m Runabout member with motor issues required a tow from North Moreton Island to Bellara Boat Ramp.

THU 29/02 0918AM - 5.2m Runabout member broken down at Skirmish Point required a tow to Spinnaker Sound Marina.

THU 29/02 1228PM - 8m Full Cabin Member with blown motor required a tow from Hutchinson Shoal to Spinnaker Sound Marina.

THU 29/02 1745PM - Tasked by QAS to transport an Ambulance Officer to medevac a person from Tangalooma



SAFETY DAVE THE FRENCHIE'S MESSAGE:

Having the right safety equipment on your boat and knowing how to use it is essential. This could save your life in an emergency. The safety equipment you're required to carry depends on the size of your boat, whether the boat needs to be registered and where you're operating!

Minimum Safety Equipment in Pumicestone Passage: Firefighting equipment, signalling device, life jacket

Anchor and cable, Drinking water, Oars or paddles for boats under 6m, Bailing/pumping equipment.

Minimum Safety Equipment in Moreton Bay:

All the above plus Flares & V Sheet, Chart & Compass

Beyond Moreton Bay an EPIRB is also required.

For full details visit the MSQ Website:

<https://www.msq.qld.gov.au/Safety/Smooth-and-partially-smooth-water-limits/Swl-brisbane>



MILLION DOLLAR FISH
SUPPORTED BY **sportsbet**

AUSTRALIA'S RICHEST FISHING COMPETITION RAISES THE STAKES, AGAIN!

With just four weeks left of Million Dollar Fish Season 9, Australia's richest fishing competition is turning up the heat by converting a whopping 18 x \$10,000 barra into million-dollar fish. It means that from tomorrow there will be 42 x Million Dollar Fish sporting a million-dollar tag!

Season 9 began with the news a million dollars will definitely be given away this season, and several initiatives have been introduced to help make this happen. More initiatives on top of tomorrow's exciting change will be introduced throughout March to increase the chances of an angler reeling in the elusive million-dollar fish.

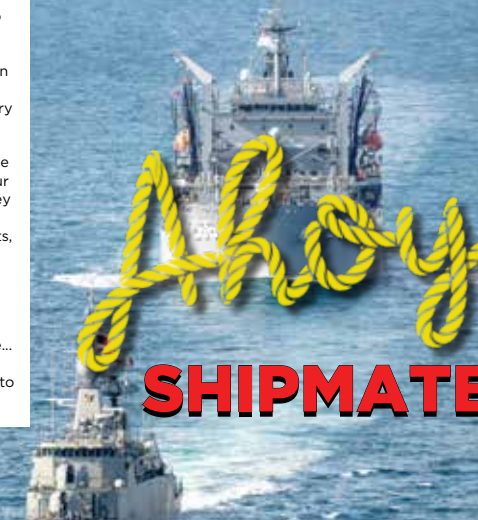
More than a million dollars has already been given away to lucky fishos since Million Dollar Fish, supported by SportsBet, began in 2015. This includes eight anglers who have reeled in a \$10,000 fish during Season 9 – one was worth \$20,000.

Fishos eager to land the catch of a lifetime should register and follow Million Dollar Fish on Facebook and Instagram to find out the next initiative of how the odds of reeling in a 'big one' will increase over the coming weeks. We guarantee it's good.

If you have served in the Commonwealth Navies, we members of the Naval Association Bribie Island would like to meet you!


Our Association meets at the RSL on the first Sunday of the month and every Tuesday evening. Why not chill with us and have a coldie and help us with our raffle to raise money to support T.S. Koopa Naval Cadets, our future sailors. Members of our association enjoy bus excursions, welfare support, mateship and more... so please give us a call we would love to welcome you!

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AUSTRALIAN OWNED

Northern Territory Major Events Company delivers Million Dollar Fish. CEO Suzana Bishop said it was exciting to see the competition heat up with March Madness.

"With just a few short weeks of Season 9 left, we're unleashing initiatives like this to ensure someone reels in the unforgettable million-dollar catch," Mrs Bishop said.

"The Northern Territory has some of the best and most scenic fishing in the country and there's no better excuse to head north to barradise and wet a line than Million Dollar Fish."

There are 103 red-tagged barramundi still waiting to be caught as part of Season 9. From tomorrow, that includes the 42 x barra carrying a tag worth a million bucks. There are now multiple million-dollar tagged fish in each of the five fishing regions - Arnhem Land, Darwin, Kakadu, Katherine and the Tiwi Islands.

SportsBet NT Operations and Partnerships Manager Thijs Bors said the major sponsor was excited to see the competition develop and fishos get involved.

"SportsBet is thrilled to be part of creating a life-changing moment for one angler,"

Mr Bors said. "With the million-dollar fish a sure catch, March Madness will increase the chances like never before, which will excite anglers across the country. Make sure you get up to the Top End to be a part of the action."

Season 9 of Million Dollar Fish runs from 1 October 2023 to 31 March 2024. Once a million-dollar tagged fish is hooked, all other million-dollar tagged fish revert to \$10,000 fish for the rest of Season 9.

To claim any prize money from a red-tagged fish, an angler must be registered for Season 9 of Million Dollar Fish.

This also automatically enters them into the Lucky Prize Pool, with thousands of dollars' worth of prizes up for grabs.

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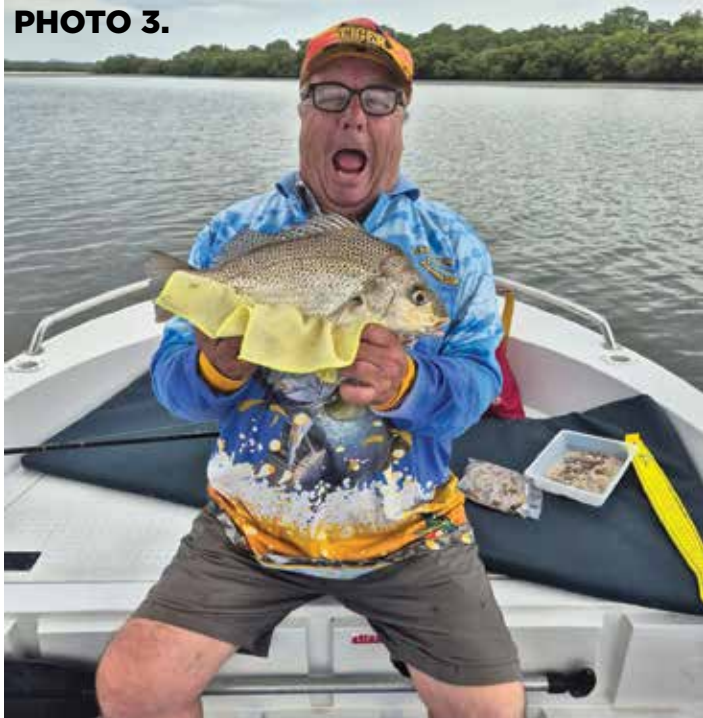
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FISHING REPORT

By: Robyn
Bribie Island Boat Charters

PHOTO 3.



The hot and humid summer has continued through into March. The water temperature has been sitting at almost 27 °C, and it's still quite turbid. Ted reckoned the further north he went up the Passage, the more obvious was the line between fresh and salt – but that was a couple of weeks ago, and there hasn't been a great deal of heavy rain since. Fishing has been steady in the Passage, with lots of fish being caught, and plenty of them have been keepers. Bream are still to be found everywhere, and there have been some good ones brought in. They're still showing up in big numbers in the Pacific Harbour canals and still taking freshly-netted baitfish. Isaac used the perennial favourite chicken-breast to catch three big bream. He was

anchored north of the Ningi Creek yellow marker and was coming away from the top of the tide when the fishing started to liven up. Warren took out a variety of baits but said that chicken breast was the only meal that the bream went after.

Grunters are also abundant. Everton Park Fishing Club held a Passage competition last weekend, and every boat came away a winner, I reckon. Plenty of bream, some of them very good sizes. Darol was especially happy with his grunter – 41cm and weighing 1kg. Stacey says that a couple of weeks ago, there were lots of baby grunners everywhere up at Lime Pocket – but no biggies. Not long after, on a very windy Sunday, she and Brendan were again anchored up at Lime Pocket for only

TIDE TIMES

Bribie Island
AND
Moreton Bay

FRI 8 Mar 1:40 am 0.33m 8:32 am 2.16m 3:03 pm 0.39m 8:47 pm 1.61m	SAT 9 Mar 2:33 am 0.2m 9:19 am 2.26m 3:45 pm 0.3m 9:35 pm 1.73m	SUN 10 Mar 3:23 am 0.14m 10:03 am 2.28m 4:25 pm 0.26m 10:21 pm 1.82m	MON 11 Mar 4:12 am 0.15m 10:45 am 2.2m 5:02 pm 0.26m 11:06 pm 1.88m	TUE 12 Mar 5:00 am 0.23m 11:26 am 2.05m 5:38 pm 0.3m 11:51 pm 1.91m	WED 13 Mar 5:49 am 0.35m 12:05 pm 1.85m 6:12 pm 0.35m	THU 14 Mar 12:37 am 1.91m 6:40 am 0.49m 12:45 pm 1.64m 6:45 pm 0.41m
FRI 15 Mar 1:23 am 1.9m 7:36 am 0.62m 1:25 pm 1.45m 7:20 pm 0.48m	SAT 16 Mar 2:14 am 1.86m 8:44 am 0.72m 2:15 pm 1.3m 8:05 pm 0.56m	SUN 17 Mar 3:14 am 1.81m 10:06 am 0.78m 3:24 pm 1.2m 9:09 pm 0.64m	MON 18 Mar 4:28 am 1.77m 11:39 am 0.76m 5:06 pm 1.18m 10:33 pm 0.69m	TUE 19 Mar 5:51 am 1.77m 12:58 pm 0.68m 6:40 pm 1.28m	WED 20 Mar 12:03 am 0.67m 7:03 am 1.82m 1:54 pm 0.59m 7:42 pm 1.42m	THU 21 Mar 1:19 am 0.58m 8:00 am 1.88m 2:37 pm 0.52m 8:30 pm 1.54m

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about 5mins, when she got onto a 36cm grunter, then she caught a 65cm flathead up in Hussey Creek, on a white soft-plastic paddle-tail. There are lots of reports about snapper being caught. Just outside Pacific Harbour is typically "snapper central"; Craig was off Banksia Beach on a midday high tide when he used whitebait to catch a biggie. Poverty Point has been a good spot for snapper, and Ben caught a lovely fat 45cm one not far from Toorbul on the morning rising tide. He also caught a big cobia in the same area - 87cm! Richard is still getting plenty of snapper from the Ripples and drifting past Kakadu Beach, and he, too, caught a good-sized cobia. Flatheads have been harder to find. South of the bridge, around Sandstone Point, is the only place I've heard of lately where flathead is more consistent. Fishability Qld usually brings home a big flathead from every outing, but there have been fewer keepers on their boats, too. There are plenty of other fish, though,

and everyone seems to come home happy. A couple of reminders to be a little careful if you're out fishing from a boat - one fellow got into a bit of trouble last weekend when his little tinny was being swamped by a following swell. He was towed into shore, and all was well, but this is a good reminder to make sure your battery is working well and to make sure you take your phone. Scott also had to come to the rescue of a distressed vessel, off the coast, which made an interesting finish to a big day out. He and his mates had gone out to Barwon Banks, about 60 nm (and several hundred litres!) away. Their haul included a few tusk fish, red-throat emperors and a couple of cobia. They got smashed by some cobias they hooked up, which were just too big to bring on board - "one had the head of a hippo"! Trolling on the way back in, there were two big bust-offs, "probably sailfish", then they came across the stricken vessel and kept it company until VMR turned up.

All fun, out on a fishing trip! Recently, A houseboat had a bit of fun, getting stranded on a sandbank near Poverty Point - overnight! Lying in bed, waiting for the sun to come up, they could hear lots of chatter while their crab pots were being raided - but they couldn't do anything to stop it. Fortunately, one pot was missed, and there was a big muddy still in that one! Photo 1: Ben's cobia topped off a good day's fishing. Photo 2: Hopefully a winning haul for the Everton Park fishing comp. Photo 3: Darol looks happy with his grunter!



PHOTO 3.



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SLUGGISH OR INTERMITTENT STARTING: IF YOU HAVEN'T CHANGED YOUR CAR USE PATTERNS, BUT YOUR CAR IS SUDDENLY STRUGGLING TO START, IT'S A SIGN THAT YOUR BATTERY MIGHT BE IN NEED OF REPLACEMENT. LISTEN FOR A SLOWER, LOWER CHUGGING SOUND, WHICH INDICATES LESS CHARGE IN THE BATTERY. DIM LIGHTS: IF YOU NOTICE THAT YOUR HEADLIGHTS SEEM LESS BRIGHT, IT COULD BE A SIGN THAT YOUR CAR BATTERY IS NEARING THE END OF ITS LIFESPAN. FOUL ODOUR: WHEN A VEHICLE'S BATTERY STARTS TO DIE, IT CAN START TO GIVE OFF AN UNPLEASANT SMELL, SIMILAR TO ROTTEN EGGS. THIS IS HYDROGEN SULPHIDE GAS, MEANING YOU SHOULD GET YOUR BATTERY LOOKED AT — AND LIKELY REPLACED — IMMEDIATELY.

Corrosion:

When you open the hood, your battery should be visible. Check the battery terminals, which are the points at which the battery is connected to the wires that send electricity to the rest of the car. If there's a white, mineral-like buildup, it could be a sign of corrosion and degradation of the battery.

What Are Some Ways to Extend Car Battery Life?

If you want to keep your car battery healthy and maximise the time before you have to shell out for a replacement, there are some reliable methods to do so. Using even one of these guidelines will help, but it's helpful to use them all for the best results.

1. Limit Short Drives

Short trips can put additional strain on your battery because they don't offer the chance for a sustained charge. Once the car is started, the alternator charges the battery, but it takes time and elevated RPMs (revolutions per minute) to get the job done. On shorter

trips, the battery doesn't get adequate time to charge fully.

2. Control the Temperature

If you can, keep the temperature of your vehicle stable (which in turn will keep your engine compartment, and thus your car battery temperature, stable). This is most easily accomplished with a garage where you can keep the car out of the hot weather. Even if you don't have a garage, parking in the shade wherever possible will still help.

3. Clean Off Corrosion

Every so often, take a look at your car battery terminals. If there's corrosion visible, give it a clean. Always use protective gear: rubber gloves, an apron and eye protection are worthwhile precautions. Remove the battery from the car and scrub the terminals with a wire brush. You can purchase battery contact cleaner from your local auto supply store or use a solution of warm water and baking soda.

4. Use a Battery Maintainer

These small electronic gadgets are often affordable and easily stored, either in your garage or in the trunk of your car. When plugged into a standard outlet, they provide a slow trickle of electricity to the battery, ensuring it has optimal charge at all times and switching off when the optimal level has been reached.

Some devices will also include a charging function to quickly bring a depleted battery up to full charge.

Can My Car Battery Last 10 Years?

A well-cared-for car battery can indeed last ten years. While most batteries won't make it to the decade mark, it does happen. If you're always keeping your battery charged, protecting it from temperature extremes, excess vibration and corrosion, you'd be surprised at how many years your battery will last.

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- WEAR RUBBER GLOVES
- WEAR APRON
- MAKE SURE CAPS ARE OFF BATTERY CELLS
- MAKE SURE CELL PLATES ARE COVERED WITH WATER

BATTERY SAFETY DONT'S

- SMOKE OR USE NAKED FLAMES
- SHORT OUT TERMINALS TO TEST BATTERY
- CHANGE BATTERIES WITH CHARGER ON

BATTERY CHARGING PROCEDURES

- ENSURE BATTERY CHARGER IS OFF WHEN CHANGING BATTERIES
- REMOVE CELL CAPS AND ENSURE TERMINALS ARE CORRECTLY CONNECTED
- RED POSITIVE + IS LARGE TERMINAL
- BLACK - IS SMALL TERMINAL
- DOUBLE CHECK CABLE CONNECTIONS
- SWITCH CHARGER ON
- WASH BATTERY WITH FRESH WATER THOROUGHLY AFTER CHARGING
- DANGER - INCORRECT PROCEDURE CAN LEAD TO BATTERY EXPLOSION

LETTERS TO THE EDITOR



Dear Editor,
I am writing to support the equal flying of the First Nations and the Torres Strait Islander flags along with our flag. We have a diverse population, and I feel this is something to be celebrated. I also love the designs of the Aboriginal and Torres Strait Islander flags and enjoy seeing them represent our rich and ancient cultural history.
Cheers Priscilla

Dear Editor
Beetles and Such!
Loved the front cover of this edition. It always makes me smile when I see or hear a Beetle or Kombi approaching. The memories flood back. While the V-Dub didn't have a lot of accessories, it did have a reliable engine and a great heater. Cherrie's article on etiquette also brought a smile. Coming from a generation where we always used the magic words please and thank you, knew to wash our hands after the toilet and before meals, and always had a clean hankie (not to mention underwear) upon our body. Holding a door for another person seems like something many have forgotten. The turtles are always a good story. But did they always ALL make it? While 4WDs were not always about, natural predators were.
A good read on Ned – our favourite outlaw. I'm afraid I don't support the myth – I see him and his gang, for whatever reason, as bad people who

killed and robbed innocent people. To pretend otherwise is good prose but not actual history. Letters again was my favourite. The letter attacking a writer from the opposition newspaper had me perplexed. Why complain to this magazine about another paper's articles? However, I actually enjoy the Gecko's ramblings at times. I also enjoy H Beneke's writings but her sly digs at her opponents does her no credit. Suggesting they lack education is hardly polite and possibly wrong. People are often amazed to find my qualifications range from diplomas and degrees to postgraduate qualifications. I still have trouble with anonymous letters – whether I agree with them or not. Gaz was so right on the bridge – a four-lane bridge would be ideal and logical, albeit keeping the old one for pedestrians, bikes, and fishermen. With promises on the bridge and a rail system to Caloundra coming thick and fast, anyone would think an election was in the air.
Cheers
Micheal Matthews

Dear Editor,
I don't usually agree with Michael Cavenor, but it is certainly unusual that we need three flags. It is possible because the "national" flag doesn't represent all Australians. But even with three flags, there must be

a lot of people who think they are not represented. We could have a single flag by choosing a truly national symbol and getting rid of the others, with the symbols which divide the nation. People who are not Aboriginal or Torres Strait Islanders don't need their symbols. We don't need the Union Jack, even though a small number of Anzacs fought under it because it also represents those who condoned the thefts and massacres of our recent history. We don't need the Southern Cross because any country in the Southern Hemisphere can claim it. The red, white and blue are not even our national colours which are green and gold. The Federation Star is legitimate but needs an explanation from any observer, which weakens its significance. So what we need is a green and gold flag with the only symbol truly recognised as purely Australian by the rest of the world – the kangaroo. Don't argue that it would eliminate our history because very few other national flags display any reference to their history. But we do need to change the current situation.
H.Beneke

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Alain Charles Chardon



Alain Charles Chardon, originally from New Caledonia, emigrated to Australia in 1981. Alain and his wife of 23 years made Bribie Island their home base with Alian spending most of his time taking photos of Bribie and it's surrounds. Alain was

a brilliant self-taught photographer with a keen eye and an endless amount of creativity who also enjoyed restoring, blending, printing on canvas and saving old photos. Alain Charles Chardon passed peacefully on the 9th of January 2024. Alain's Celebration of life to be held at Bribie RSL on Saturday the 16th of March. All friends are welcome to join the family to celebrate his life and achievements. Refreshments supplied.

CRIME REPORT

BRIBIE ISLAND WRAP

February 2024

www.mypolice.qld.gov.au/moreton



Firearms seized, Morayfield

Police from the Moreton Bay Tactical Crime Squad have arrested a 29-year-old Wamuran man in relation to weapons allegedly located in a vehicle on Saturday, March 2. At about 1 pm, police were called to the carpark of a Morayfield licenced premises where it is alleged the 29-year-old man attempted to exit the carpark in his vehicle but collided with the gutter. It is alleged that when the man was offered public assistance, he became erratic and incoherent and appeared to be under the influence. Upon police arrival, it is alleged the window of the vehicle had been smashed, and the man had fled on foot but was located by police at the rear of the premises.

It is alleged the man returned a positive drug driving test for methylamphetamine. An emergent search was conducted of his vehicle where it is further alleged that police located a 12-gauge shot gun, a homemade pipe gun, a shortened semi-automatic rifle, ammunition, cash and methylamphetamine. The 29-year-old Wamuran man was charged with driving under the influence, unlawful possession of weapons, possession of dangerous drugs, possession of property suspected to be the proceeds of a drug offence, and possession of property suspected of having been acquired to commit a drug offence. He is set to appear in the Caboolture Magistrates Court.

High-range drink driving charges, Moreton

Over the weekend, police arrested several people in relation to drink driving and drug driving offences across the Moreton District.

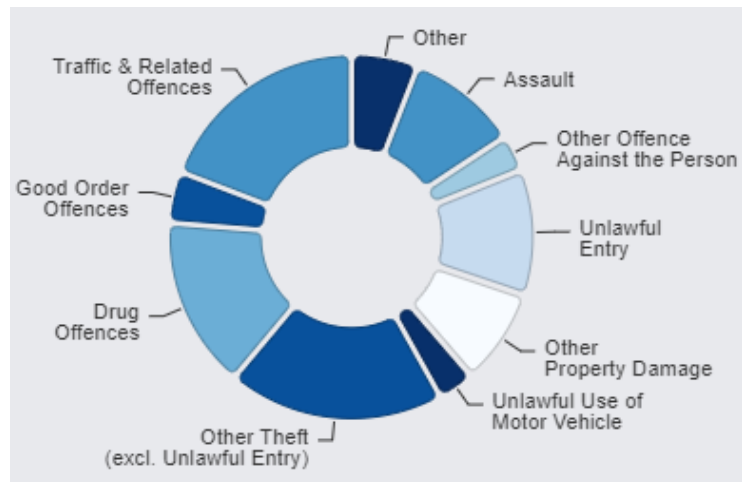
Nine people were charged with drink driving, with four of those allegedly producing readings in excess of .15%, more than three times the legal limit.

A further eight people were charged with drug driving. Ningi

On March 2 at 2.25 am, police intercepted a vehicle on Bribe Island Road, where it is alleged the driver returned a positive reading with a blood alcohol concentration of .162%. It is further alleged the driver was driving unaccompanied on a learner's permit.

The 26-year-old Beachmere man was charged with driving under the influence and driving unaccompanied. He is set to appear in the Caboolture Magistrates Court on March 21.

Driving a vehicle while incapacitated by drugs or alcohol is selfish to all those who use our roads and who expect to get home safely. Your actions put us all at risk, even yourself, so remember when you get behind the wheel: drive responsibly.



71 Offences

5 FEB 2024 — 4 MAR 2024

Other 4	Other Theft (excl. Unlawful Entry) 14
Assault 7	Drug Offences 11
Other Offence Against the Person 2	Good Order Offences 3
Unlawful Entry 8	Traffic & Related Offences 14
Other Property Damage 6	
Unlawful Use of Motor Vehicle 2	



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Home-Security Tips...

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WHILE IT'S DIFFICULT TO PROTECT YOUR HOME FROM PROFESSIONAL THIEVES, MOST HOME BURGLARIES ARE DONE BY AMATEURS. THESE THIEVES ARE MORE EASILY THWARTED IF YOU EMPLOY SOME OF THESE SIMPLE SECURITY PRECAUTIONS:

- Plan to "burglarise" yourself. You'll discover any weaknesses in your security system that may have previously escaped your notice.

- Lock up your home, even if you only go out briefly. Many burglars walk in through an unlocked door or window.

- Change all the locks when you move into a new house.

- For the most effective alarm system, conceal all wiring. A professional burglar looks for places where he or she can disconnect the security system.

- Your house should appear occupied at all times. Use timers to switch lights and radios on and off when you're not at home.

- If you have a faulty alarm that frequently goes off, get it fixed immediately and tell your neighbours that it's been repaired. Many people ignore an alarm that goes off periodically.

- A spring-latch lock is easy prey for burglars who are "loiding" experts. Loiding is slipping a plastic credit card against the latch tongue to depress it and unlock the door. A deadbolt defies any such attack. It is only vulnerable when there is enough space between the door and frame to allow an intruder to use power tools or a hacksaw.

- If you lose your keys, change the locks immediately.

- Before turning over your house key to a professional house cleaner for several hours, ensure the person is honest, reputable, and hardworking. Check all references thoroughly.

- Instead of keeping a spare key in a mailbox, under the doormat, or on a nail behind the garage, wrap the key in foil -- or put it in a 35mm film can -- and

bury it where you can easily find it if you need it.

- Don't leave notes for service people or family members on the door. These act as a welcome mat for a burglar.

- If the entrances to your home are dark, consider installing lighting with an infrared detector. Most thieves don't want to be observed trying to enter a door.

- Talk to your neighbours about any suspicious people or strange cars you notice lurking about.

- To keep your tools from being stolen, paint the handles. Thieves avoid items that are easy to identify.

- Trees near windows or shrubbery that might shield a burglar from view can be major flaws in your home-protection plan. Consider your landscaping plan in light of your protection needs.

- Ask for credentials from any salesperson who requests entry to your home. Ask that their

ID be pushed under the door.

..Many professional burglars use this cover to check out homes.

If you're doubtful, check with the person's office before letting him or her in.

- If someone comes to your door asking to use the phone to call a mechanic or the police, keep the door locked and make the call yourself.

- Dogs are good deterrents to burglars. Even a small, noisy dog can be effective -- burglars do not like to have attention drawn to their presence.

- It's easy for a burglar to pry through rot. Replace rotted door frames with new, solid wood.

- It's simple for a thief to break glass panels and then reach in and open a doorknob from the inside. A door with glass panels should be fortified, replaced, or secured with deadbolts that can only be opened with a key.

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TOP 5 HOME DIY MISTAKES AND HOW TO AVOID THEM PART 1



The lure of an inexpensive, classic old house needing repair is tough for some people to resist. Restoring an old home to its former grandeur is a rewarding experience, and getting a great deal is the icing on the cake. Not only do you get a home you can call your own, but you're also helping preserve history and ensure that the house will last for years. Renovating a house isn't easy, quick or cheap. If you're a skilled carpenter or a licensed plumber or electrician, you can really save some money by doing things yourself. In the second tier of DIY-ers, you have the capable nonprofessional. This renovator probably has a nice cache of tools and can also save some money by going the DIY route. But there may be some delays, errors and additional costs. The third group is the new renovator. This person has hung some drywall, slapped some paint on the wall, and owns only the tools that can fit in a toolbox. After a trip to the hardware store to purchase some sparkly new drills and saws, the newbie begins a long, costly and challenging process known as home renovation.

FAILING TO GET A BUILDING APPROVAL

This is a document of permission issued by your local council. Different rules depend on where you live, but the rule of thumb is if you are altering part of the structure of your house, you need a permit to do so. When in doubt, ask your local building authority. If you don't have approval and are found out, they can shut your project down mid-hammer. A permit's purpose is to ensure everything is done correctly and safely.

THE RULES IN QUEENSLAND Accepted Development

Some minor building works in Queensland, like home repairs and renovations, do not require building approval. These are called 'accepted development'

and are set out in the Planning Act 2016. Some examples of accepted developments include:

- Small tool sheds, stables and similar structures up to 10 square metres
- Fences with a maximum height of two metres and below (excluding swimming pool fencing, which must comply with your state's regulations)
- Retaining walls with a height of one metre
- Non-load bearing devices such as aerials, antennas, satellite dishes (with a max diameter of 900mm) and flagpoles.
 - if attached to a building or structure, the device can be no more than 3.5m above
 - if detached from a building or structure, the device can be no more than 10m above the natural ground surface.
- Certain kinds of excavation or filling – no deeper than 1 m above or below the natural ground surface, only into specific soil types and minor slopes.

Note that although these minor building works do not require building approval, the owner must ensure they still comply with any applicable building standards. Some of these standards include size limits, structural sufficiency, property boundary setbacks, and the City Plan (Queensland Development Code).

To comply with Queensland's City Plan, owners must make formal enquiries with the City Council before any construction or renovation. Some building works that are required to comply include:

1. Fixing of minor attachments to a building, like a sun hood with an area of less than two square metres
 2. Construction of playground equipment up to three metres high from their natural ground level.
- Other building works and renovations at home that do not require building approval include the repair or replacement of the following:
- Fixtures and lining of walls

or ceiling

- Kitchen cupboards
- Vanity units or floor coverings

However, homeowners still need to ensure that all materials to be used for these building projects adhere to relevant Australian Standards. The lining must also be fixed according to the installation instructions from the manufacturer.

Generally, building work, maintenance and alterations to an existing building are permitted without council approval so long as they don't alter the building's floor area or height, do not affect a structural component of the building or structure (other than a structural component mentioned in Section 8 of the Act), or affect the fire safety system of the building. When it comes to considerable home renovations and extensions or adding structural components such as larger sheds and veranda's, it's worthwhile getting a professional opinion from a private certifier to avoid any headaches (and potential fines) down the track.

WHAT DOES REQUIRE A BUILDING APPROVAL?

Below, we have included a few examples of the types of building works that require planning approval and building permits:

- Extensions or modifications to the existing building
- The installation of swimming pools and spas (plus fencing)
- Shade sails, roofed patios, pergolas and carports
- Retaining walls greater than 1m in height
- Sheds over 2m high and over 10m square
- Demolition or removal of a structure

SWIMMING POOL FENCES

As mentioned above, pool fencing is heavily regulated, with strict safety standards across Australia. The rules vary slightly from state to state; however, ultimately, it is up to property owners to ensure pool fencing meets regulations and to obtain a valid pool safety certificate.

Next edition, we talk about budgeting, time, skill set and tools!

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