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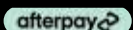
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We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.



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Welcome



Dear Readers,
Welcome to edition 212. I hope you all had a wonderful Easter break and that the Easter Bunny came to you all. I was lucky to have all my children, my parents, and my sister stay for the break with us over the Easter period. We all ate way too much seafood and chocolate, but we had a wonderful time doing so!

We also watched some of the Stawell Gift footraces, which I am embarrassed to admit; for the first time, I realised that there was a handicap for the races, not unlike horse racing. I know I will probably receive a bit of flack about this, but I don't understand why they make a faster runner or horse be placed further back in the field or, in the case of horses, weighted. This, to me, is totally unfair. Why should you be penalised for being faster than other participants?

If you are all running the same race over the same distance, everybody, including horses, should be equal and not held back because they are faster than the other competitors. After all, isn't that the whole point of a race? To be the fastest? Some may put in more training time and effort, and then to be given a handicap does not seem right. It's like giving every kid a ribbon for participating so they don't cry. Where is the incentive to get better? To train to be the best? To me, if I won a race against someone who had been handicapped in the same race, I would not consider myself to truly be the winner. I would have only won because someone else was disadvantaged. The winner should be the fastest!

Anyway, let me know your thoughts on the matter,

Until next time,
Take care, Stay safe,

Cherrie

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How Often Do You Really Need to Shower?



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Am J Sports Med 2007; 35:972
* Int J Surg 2015; 24:113-222
^ Int J Surgery 2015; 24:207-9



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Before indoor plumbing and hot water heaters became frequent bathing was a bit of an ordeal. Water had to be fetched and heated over a fire before a person could even dip a toe into the bathtub. The process was inconvenient (and still is in many developing nations), and all the members of a family generally used the same water to bathe and carry out other chores, like washing laundry, before it was tossed out. Now since we have indoor plumbing leading to showers that release hot water onto our stressed shoulders, it seems like a waste not to shower frequently. How much is too much, though, when it comes to the health of your skin? You likely shower daily, but is that more often than you should?

It's conventional wisdom that the more you shower, the cleaner you are. Lathering with a healthy dose of soap and washing it off with a nice stream of hot water should kill germs on your skin. Studies by medical researchers have shown quite the opposite, however. Using plain old soap (as opposed to antimicrobial or antibacterial soap)

doesn't kill skin-borne bacteria. It actually disturbs microcolonies of skin flora and fauna, transferring them to the surrounding environment—like your shower, for instance.

Still, showering regularly is recommended for good personal hygiene. Showering too much, however, can have a potentially damaging effect on your skin.

The outermost layer of your skin's surface (called the stratum corneum or horny layer) is a barrier made of hardened, dead skin cells. These skin cells protect the underlying layers of living, healthy cells. The horny layer is more than just dead skin cells; it's held together by lipids, which are fatty compounds that actually help maintain moisture in your skin. Anytime you take a shower -- especially a hot one -- with soap and a scrubbing device like a washcloth or a loofah, you're undermining the integrity of your skin's horny layer. The soap and the hot water dissolve the lipids in the skin, and scrubbing only hastens the process. The more showers you take, the more frequently this damage occurs and the less

time your skin has to repair itself through natural oil production. What's more, the horny layer of your skin can be sloughed off by scrubbing, exposing the delicate skin cells beneath. The result of showering too frequently is dry, irritated and cracked skin.

If you sit in an air-conditioned office before going back to an air-conditioned home, it's a safe bet that you can get away without a full shower. But you still need to maintain good hygiene. This can be achieved by washing the 'dirtiest' areas, such as the armpits, groin and feet because those body parts are the most likely to sweat, accumulate dirt and harbour pathogenic microorganisms that cause body odour.

But if you've just done an hour of exercise or your job involves physical labour, a shower is likely necessary. You should shower if you have had a day of excessive sweat, sebum [oils produced by skin], an odour, or dirt/debris on your skin. This is important from more than just an aesthetic perspective. If someone has been wearing sweaty clothing, it can be a breeding ground for fungus, and eventually,

they can get fungal infections.

Showering daily is also vital if you work around dangerous chemicals or materials or if you're exposed to allergens. Gardeners, construction workers, and farmers would do well to rinse off the pollen at the end of the day.

Another problem related to showering too often is using a towel to dry off. While rubbing yourself dry with a towel is common practice, it's also damaging to your skin. Air drying is the optimal way to dry off following a shower, but if you don't have time to wait for evaporation or don't like tracking bathwater throughout your house, you can still use a towel. Just make sure it's a soft one and use a gentle patting motion to absorb water.

The chemistry of each person's skin is different, so showering every day may not be as damaging to some people as it would be to others. Still, you might want to skip a shower every once in a while. You can also protect your skin by using soft soaps with warm instead of hot water. To top it off, apply a moisturiser after each shower. We all love feeling clean, but we also have to balance clean and healthy skin.



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What kind of makeup should an older woman wear?

In reality, you can do your makeup however you want to. Many makeup artists, though, state that less is more when it comes to makeup for

older women. Going for a more natural look and choosing products that work with mature skin will ensure you have a look you love.

What is the best eyeshadow for mature eyes?

As a person ages, the eyelids get particularly wrinkled and crepey because the skin is already so thin. This makes it really difficult to wear

eyeshadow, as it tends to settle into the creases. Opting for a cream formula set with a powder is best, as it will give

a smoother texture and won't accentuate fine lines. Also, avoid shimmery and sparkly shadows and opt for matte colours to avoid emphasizing wrinkles but still get pigment.

Is liquid or powder foundation better for aging skin?

Aging skin demands a lightweight, moisturising foundation. Otherwise, it's going to settle into the wrinkles on your face and look caked on. Though powders have long been popular for their ease of application, experts say the best choice for aging skin is a liquid formula created explicitly for mature consumers.

How do you apply foundation on aging skin?

If you're self-conscious about fine lines and wrinkles on your face, you may be tempted to pile on the foundation. But this has the opposite effect and actually highlights those very features because the excess makeup builds up in the creases. Instead, start with a moisturiser. Then, rather than applying foundation to the entire face, use it to cover

shadows and brown spots. Finally, the look is set with translucent powder all over.

Cover Up Under-eye Circles

Dark circles below your eyes once signified an all-nighter of studying or partying, but as you get older, these hallmarks of exhaustion may seem to never leave, even when you're well-rested. During aging, the already-thin skin below your eyes becomes even thinner, showing the blood vessels below and giving you under-eye circles.

The answer isn't just caking on concealer; too much makeup in this area will look lumped on. Instead, use a light foundation -- lighter than the shade on the rest of your face -- or on the dark areas under your eyes. Use powder to blend it in and set it.

Aging causes water retention in the area under the eyes, much like a lack of sleep and allergies did in younger days. To avoid highlighting those dark circles with puffy eyes, get plenty of sleep and invest in a tightening eye cream for nights.

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Hello, my name is Lisa and I am the Founder of LJ Aesthetics. As a Registered Nurse, Cosmetic Injector, and Dermal Skin Therapist, I have over 20 years of experience in the Beauty Industry. I operate two clinics, one in Redcliffe and the other is at Bribie on First Ave in Bongaree. I welcome you to schedule a free consultation with me.

My qualifications include an Advanced Diploma of Health Science, a Diploma in Beauty Therapy, a Bachelor of Nursing, and certification in Fundamentals of Cosmetic Injectables. I have trained alongside industry leaders and am committed to continuing my education by obtaining internationally recognized industry certificates. I am now a certified Trainer and train Doctors, Dentists and Nurses in the fundamentals of cosmetics both nationally and internationally. My passion is to provide the most current and best practices to my clients, building my reputation as a highly respected professional.

I bring a holistic approach to my injectable practice, aligning with my Australian Catholic

University education. My goal is to empower my clients to achieve natural and subtle-looking beauty through cosmetic enhancement. I prioritize long-term patient care and affordability, focusing on treating volume loss and correcting asymmetry in the brows, lips, and cheeks. My commitment to my clients is to deliver a natural and subtle enhancement rather than an overdone appearance, providing impeccable care.

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I am very passionate about cosmetics; it's something that I constantly think about and enjoy learning new things about. It's a big part of my life and I always strive to improve my knowledge and skills in this area.

See you soon

Nurse Lisa

Lisa: 0423 957 558

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Breaking free from limiting beliefs: Unleash your fullest potential

LIMITING BELIEFS ARE THE INVISIBLE BARRIERS THAT KEEP US FROM REACHING OUR TRUE POTENTIAL.

They are our negative thoughts and assumptions about ourselves and the world, often formed from past experiences, societal influences, or fear of failure. These beliefs act as self-imposed limitations, constraining our growth and preventing us from living life to its fullest.

Identifying these beliefs is the first step towards breaking free from their grip. It requires introspection and self-awareness to recognise the patterns of thought that are holding us back. Common examples of limiting beliefs include "I'm not smart enough," "I don't deserve success," or "I'll never be able to change."

Once identified, it is crucial to question the validity of these beliefs. Are they based on facts or assumptions? What evidence supports or contradicts them? Challenging the accuracy of our beliefs allows us to reframe them into more empowering statements. Instead of saying, "I'm not good enough," we can shift our perspective to "I am capable of growth and improvement."

Seeking contradictory evidence is another effective strategy for overcoming limiting beliefs. By looking for examples of success and resilience in ourselves and others, we can challenge the notion that our beliefs are

absolute truths. This process helps us realise that there are alternative perspectives and possibilities beyond our self-imposed limitations.

Practicing self-compassion is essential during this journey. It is normal to encounter doubts and fears, though we must treat ourselves with love, kindness and understanding. Embracing a mindset of continuous learning and growth allows us to step outside our comfort zones and take small, manageable steps towards our goals.

Surrounding ourselves with supportive people is also crucial. Friends, family, or mentors who believe in us and our potential can provide encouragement and positive reinforcement.

Their influence helps counteract the negativity of our limiting beliefs, fostering an environment of growth and empowerment.

Despite our best efforts, overcoming limiting beliefs may require professional help. Therapists, counsellors, or coaches can offer personalised guidance and strategies to navigate the complexities of our thoughts and emotions. Their expertise can provide valuable insights and support on our journey towards self-discovery and empowerment.

In conclusion, limiting beliefs are powerful obstacles that hinder our personal and professional growth. We can break free from their constraints by identifying, questioning, and reframing these beliefs and unleashing our full potential.



Are your limiting beliefs holding you back from living life to its highest potential? It is time to overcome them and embrace a life of limitless possibilities. Ready to take the

next step? Call me on 0405 361 882 and start your journey towards a more empowered and fulfilling life.

Always with love,
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Socks serve two important functions: they reduce friction between the shoe and the skin, prevent blisters and abrasions, and provide a physical barrier between the foot and the microbial petri dish that is a sweaty shoe.

Of course, from the standpoint of style, the debate will continue to rage about whether socks with sandals are the ultimate in cool or the very ultimate in nerdy dad no-nos. For our purposes, sandals, flip-flops and any open-toed shoe that allows air circulation can be worn without socks, causing no damage to the feet, aside from issues with the shoe structure itself. Rule of thumb: If it's warm enough to wear sandals or flip-flops, it's too hot to wear socks. And if it's cold enough that you need socks to keep your feet warm, it's too cold to wear sandals.

If you were to take a scraping off a well-worn leather shoe, you'd find it's a zoo of microorganisms that can

cause disease in the human foot. The No. 1 threat is the athlete's foot fungus. It likes places that are dark, warm and don't have a lot of air circulation, like the inside of a shoe."

If you're going sockless entirely for fashion reasons, there's a simple solution — no-show socks. These extra-low-cut dress and athletic socks are designed to stay hidden below the shoe line while protecting blisters and sweaty feet.

Previously, they were only available for the ladies, but now there are lots of no-show socks designed just for men. Some people can't stand the feeling of socks on their feet. Since sandal weather is not year-round in most places, you must learn how to keep those paws healthy inside closed-toe shoes.

First, a word about shoe powders... a light dusting of talcum powder directly on the foot will keep things dry (for a while), but never pour powder into the shoe

itself. It piles up and soaks in sweat, trapping it in the shoe. If you're prone to athlete's foot, try an antifungal powder.

Next, rotate your sockless shoes. Between sockless sessions, give each pair 24 to 48 hours to air out and dry out. The longer the rest, the better.

Athlete's foot fungus causes the classic raw, scaly patches between toes and most toenail fungal outbreaks. Socks can prevent athlete's foot in two ways. First, they prevent the fungus from transferring directly from the shoe material to the skin or nail. Second, socks stop sweat from pooling in the shoe by absorbing and wicking sweat up the ankle and calf, where it can evaporate.

Wearing shoes day after day without socks would be like wearing underwear day after day without washing it.

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The Marrying Kind?



WHAT AUSSIES LOOK FOR WHEN IT COMES TO LONG-TERM RELATIONSHIPS

- More than half (55%) of men and women believe the most appropriate age for marriage is between 25 and 29 years old
 - Almost two-thirds (62%) of people think one to four years of dating is appropriate before a couple ties the knot
 - Nearly half (43%) of singles don't want to get married, while 28% are unsure. That leaves just 29% of singles keen to tie the knot
 - For four-fifths (82%) of Australians, honesty is the most important factor in deciding whether a partner is marriage material; only a third (35%) think attractiveness is important
 - Only one in five (18%) of women say a partner's income would influence their desire to marry, compared to, perhaps surprisingly, 23% of men

It may be the case that 65% of Australians believe you don't need to be married to have a successful relationship, but that doesn't mean people feel marriage is an outdated concept. Almost half (42%) of Aussies believe marriage still has contemporary relevance. But according to new research commissioned by eHarmony, when you look at the traits both men and women consider make someone marriage material, factors like honesty (82%), trustworthiness (79%), and respect (74%) come out on top. For eHarmony psychologist Sharon Draper, this doesn't come as a surprise.

"When you're looking at the long term, these are the sorts of shared values that ensure people have the best chance of staying together," said Draper.

"When you consider the 21 factors on the list, being supportive at 73%, having similar values at 65% and being willing to compromise at 63% also rated highly. It's a clear indication that people realise attributes like sexual compatibility (53%) and attractiveness (35%) might spark an initial attraction but may not guarantee rapport in a decades-long relationship."

WHAT MAKES SOMEONE MARRIAGE MATERIAL?

Right down the bottom of the list are attractiveness (35%), ambition (27%) and a history of civility in the relationship (22%).

If you're wondering how important 'the spark' is, 53% rated sexual compatibility as important, meaning it is number 14 on the list. While it was fairly even across the board between generations and genders, ambition seems to be the trait where men and women differ most, with women making up more than two-thirds (69%) of the group who said ambition makes someone marriage material, with men only making up 31% of the group.

Women also considered someone's ability to get along with their family (59%) and friends (58%). Only 14% of women would marry someone of whom their family disapproved, compared to 25% of men who would go ahead with the ceremony anyway.

FAITH IN THE MATTER

It seems religious beliefs have little to do with marriage as we go into 2023, with more than half of those surveyed (52%) believing religion shouldn't influence someone's decision to marry a partner. A further third (33%) believe it depends on the situation.

Just 9% of Australians think weddings should occur in a church or other religious location. Of those, just a third (34%) were women.

Similar values, however, are seen as important by about two-thirds (65%) of respondents.

OTHER FACTORS

Regarding wanting children, 30% would marry a partner who said they didn't want any, while 27% would not. A further 38% of those surveyed would consider the situation before deciding, while 6% were unsure what to do.

Only a quarter (25%) of women think children are better off when their parents are married, compared to almost half (42%) of men.

Only 30% of people believe couples should sign a prenuptial agreement to protect what they've worked for as singles, while 35% say nup to the nup. Perhaps not surprisingly, when you look at studies of who is happiest—single women without a spouse or children—a larger proportion of men (34%) believe there are more benefits to marriage compared to a single life than women (20%).

Embracing Nature:



Movement and Meditation for Mind, Body, and Spirit ...By Tracey Blinco

In the hustle and bustle of our daily lives, it's easy to feel overwhelmed and disconnected from the natural world around us. However, taking time from our busy schedules to immerse ourselves in nature can profoundly benefit our overall well-being. Whether navigating through life with assistive technology or embarking on a leisurely bike ride, accessing nature provides a perfect opportunity to rejuvenate both the mind and body.

Bribie Island has the most amazing sunsets. Capturing sunsets not only allows us to appreciate the beauty of nature but also serves as a form of meditation, grounding us in the present moment and fostering a sense of peace within. For those navigating through life with assistive technology, nature offers a welcoming space where mobility challenges

can be embraced and overcome. The freedom of movement in nature transcends limitations, allowing individuals to explore and experience the world in new and meaningful ways.

Moreover, nature serves as a sanctuary for meditation, offering a quiet refuge from the noise and distractions of modern life. Immersing ourselves in the natural world allows us to be fully present in the beauty of the moment.

Accessing nature for movement and meditation is a profound and transformative experience that nourishes the mind, body, and spirit. So, the next time you feel the weight of the world bearing down on you, take a moment to immerse yourself in the beauty of nature. You'll be amazed at the peace and serenity it brings to your life.

Tracey Blinco



VOICES CHORAL GROUP

Sat 18th May & Sun 19th May

PEACE, LOVE & MUSIC

Bribie Community Hall
Arcadia Ave, Woorim

1.30 pm

TICKETS: voicesbribie.com.au

OR

The Ink Shop, Warana Ave.
BELLARA (cash only)

\$22

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www.photographybybambi.com.au





ISLAND QUILTER FINISHES 200TH QUILT FOR CHARITY.

Island Quilters is celebrating the achievement of their long-standing member, Beverley Hopgood, who has just finished making her 200th quilt for charity.

Beverley has been a member of Island Quilters since 2003 and regularly donates her bright and happy quilts to the various community organisations we support. Over the years, Beverley's quilts have been given to many groups, including the Caboolture Hospital, Bribie Island Neighbourhood Centre, several aged care facilities around Bribie, and Lily House on the Sunshine Coast. The quilts have also been included in past collections for flood and bushfire victims and raffled to raise funds for various charities.

We are very proud of Beverley and so grateful for her years of love and hard work creating beautiful quilts to donate.

Island Quilters have been meeting at the Bribie Island Community Arts Centre for over 30 years. New members are most welcome to join us in Studio 3 on Wednesdays from 8:30 am to noon. Morning tea supplied. For further information, email bribieislandquilters@gmail.com

The attached photo shows Beverley Hopgood (centre) holding her 200th charity quilt with Island Quilters Margaret Klatt and Stephanie Turner.

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BRIBIE ISLAND VOLUNTARY COMMUNITY HELP ASSOC. INC.

VOLUNTEER DRIVERS WANTED

Bribie Island Community Help is after volunteers to assist our active aged and frail clients with door-to-door transport. We transport clients around following areas:

- Bribie Island & surrounds
 - Caboolture, Redcliffe, Northlakes
 - North Brisbane & Brisbane City.
- Currently seeking to expand our Volunteering numbers to service all areas to assist our growing client numbers.

We are seeking committed volunteers who can donate 5 to 8 hours per week. We are registered with Centrelink for those with

volunteering obligations. We have a fleet of Toyota Commuter automatic minibuses, and we will provide training on driving the buses as well as orientation and ongoing support from our professional office staff.

MANDATORY REQUIREMENTS:

- Must hold Australian or NZ Citizenship or the capacity to permanently work in Australia.
- Above 25 years of age due to insurance constraints.
- Be able to pass a driving record history check by Qld Transport.
- Be able to pass a criminal history background check.
- Have a minimum of an Australian Open "C" class license. check by Qld Transport.

If you wish to apply or seek further information, you can email your details to apply@bivchai.org.au or call on 3408-0111.



The Association receives funding from the Commonwealth Home Support Program, Queensland Department of Housing and Public Works and the Department of Communities to support our Services.

Busy Fingers.



SALES

We are still having our \$10 Baskets of clothes on sale, and each morning our manager assesses the rest of the shop and will place other sale notifications on our blackboard by the front door, so please check it out as you enter the shop. We currently have a well-stocked shop, so there are plenty of bargains even without the sales.

RUDENESS & ABUSE

Just recently, we have had several occurrences of customers being very rude to our volunteers and staff; as our notices state, we have ZERO tolerance for this issue. In future, these people will be barred from our shop, so please do not allow this to happen to you. If you have a problem that you feel our shop floor staff can't resolve, please ask them to call the manager, and hopefully, your problem will be resolved quietly and without abuse.

NO REFUNDS

All OP and Second-hand shops have a NO REFUND policy. This is also the policy of Busy Fingers. Our notices ask you to choose carefully before buying from our shop. Please take note of our signs, and if you see a problem with an article, please bring it to the attention of our staff.

PUBLIC HOLIDAYS

Please remember that we close on all Public Holidays, including ANZAC Day this month.



RUBBISH

Please remember we are an op shop and appreciate your donations but not your rubbish. We have had many problems with rubbish being "donated" in our white bins and also at the bottom of bags and boxes left at the donation tables. Our bin fees are over \$2000 a month, without the fees of going to the council refuse station. This is money that could be used to improve the quality of life of island residents through donations to clubs, etc.

DONATIONS

With the help of our supporters and the many customers that come through the shop, we have assisted many associations on the island this month, including our permanent assistance to Hospice for the Palliative Care Suite. During our last meeting, we assisted many associations on the island, such as the House of Happiness, who required assistance with upgrading their gas needs to remain compliant with regulations. BIEPA needed assistance with raffle prizes for their upcoming fundraising function. Young at Heart is a new singing group replacing the retired Silvertones, and it required some musical equipment. The Hall in Banya Street required pruning the large Moreton Bay figs hanging over the fence.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs; we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come to your club and present our aims and goals and how your

club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to give a presentation or apply for a grant of assistance. When applying for assistance, please include a contact name and phone number and also a current equipment quote (from an island business if possible). Tell us a bit about your association/club and membership and why you need the equipment you are requesting and email it to busyfingers1@bigpond.com. Please be aware that we only support Bribie Island associations and groups, not individuals.

We have received new guidelines for invoicing the donations we grant. Please note that when you apply for a grant, we require Quotes and Invoices to be in our name - Busy Fingers

Fundraisers Inc. but for delivery to your organisation's address. Also, we have to advise that if you purchase the item before we grant it, we cannot reimburse you as the invoice is not in our name, so you must wait for our decision, and then we will guide you through the process. We don't want to disappoint anyone, so please follow these guidelines; if you have any questions, please send us an email or call us on the number above.

THANK YOU

I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra



Busy Fingers Op Shop
38 Cotterill Ave, Bongaree

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PH 3408 1014
Mon-Fri 8:00-3.30, Sat 8.00-12.00

Dear Pumicestone

Seniors' Cost of Living Relief

I know cost of living is the number one issue in our community right now.

Every day, locals tell me their households are feeling the pinch. From high grocery prices to fuel to rent, everything seems to have gone up.

This is challenging for everyone, but especially for people relying on a fixed income, like pensioners and self-funded retirees. That's why our Miles Labor Government has introduced HUGE cost of living relief for seniors.

Unfortunately, we know some seniors are missing out on their \$1,072 of cost-of-living rebate and on extra support we have available.

Make sure you're getting all the cost of living help we offer by checking off the list below!

- \$1,072 off your bills for senior and pension card holders!
- Up to \$120 a year off water bills
- Up to \$200 a year off local government rates
- A free pair of basic prescription glasses every two years
- Cheaper public transport
- Cheaper rego
- Free dental
- Cheaper medicines

To check your eligibility and find out more, head online to the Queensland Savers website: <https://www.queensland savers.qld.gov.au>

These rebates are to lend a helping hand to seniors, but I think more is needed in our community. If you agree, let me know by completing my cost-of-living survey online now! <https://www.surveymonkey.com/r/2WKK5QC>

Seniors' Housing Support

Lots of local seniors choose to retire or downsize by living in a Manufactured Home Park.

When I visit our nine Manufactured Home Parks, residents tell me about their site rent increases going up significantly: sometimes by a massive 15%!

This is just one of many unfair practices we are changing through our newly released Manufactured Homes Reforms.

These reforms will:

- limit site rent increases,
- prohibit market rent reviews,
- improve sales processes,
- improve transparency by requiring park operators to publish park comparison documents and maintenance plans.

Plus, we're also making renting easier and fairer for Queenslanders with our Rental Reforms.

These include closing loopholes around limiting rent increases to once per year, banning rent bidding, providing a portable bond scheme and more!

Remember, our Housing Service Centres don't just manage public housing - they can also provide support to help you stay in your private rental, cover your bond, and much more.

Call my office if you need help with housing - don't wait until things get desperate.

Local Updates

Stay in the loop with what's going on locally by following me on Facebook: Ali For Pumicestone or subscribing to my newsletter: <https://www.aliking.org/about/community-newsletter/>

- Hiring has started for the Bribie Island Satellite Hospital!
- Metro North has kicked off recruitment for the first round of jobs at the Bribie Island Satellite Hospital. The roles advertised included hospital doctors and physiotherapists for the Minor Accident and Illness Centre.

Soon more roles will become available, including for nurses, administration, and operational staff. All the roles will be listed on the Smart Jobs website here: https://smartjobs.qld.gov.au/jobtools/jncustom-search.jobsearch?in_organid=14904

- Bribie is getting a community battery! Lots of people have asked what is going on by the Bribie Police Station.

Energex is installing a community battery, so solar energy generated locally can be stored locally and used locally.

Thousands of people on or surrounding Bribie Island have solar panels now, and we are producing more solar energy than ever before.

Now, with a community battery this solar energy can be stored to be used in the evenings or on cloudy days.

It won't change your bill, but it will make our energy grid more stable into the future.

If you have questions about these updates or any State Government issue, please contact my office on 34742100 or email pumicestone@parliament.qld.gov.au.

Warmly



Ali
State Member for Pumicestone






Simple mistakes can lead to catastrophic outcomes, and households are being urged to be more careful and vigilant. Jim's Cleaning Group CEO Ali Olmez is warning Aussie families that child accidental poisonings are on the rise all over the country, and he is urging parents to be more vigilant in protecting their children.

"A young child will not understand that a lemon-scented kitchen spray is not lemonade. They don't understand that green dish detergent isn't their favourite lime cordial. And that's where these dangers lie: in everyday, common items used in every household. These items are poisonous, but it's not as though there's a huge skull and bones sign over them to let your child know that they're dangerous," Olmez pointed out.

Child accidental poisonings on the rise:

How To Avoid Disasters At Home

CHILDREN'S HIGH-RISK FACTOR

"Children are at higher risk of unintentional poisoning exposure or even death than adults due to their smaller size and faster metabolic rates. Children younger than three years old are at the most risk, representing more than 33 per cent of all exposures; however, up until age five, all children are at a very high risk of accidental poisoning. Medicine and household cleaning products are the top two culprits in poisoning children," Olmez stated.

TOP TIPS ON REDUCING THE RISK OF ACCIDENTAL POISONING IN HOUSEHOLDS.

What can households do to avoid accidents?

1. Use toxin-free products

"Using natural-based cleaning products is an easy way to avoid accidental poisoning at home. Opt for natural-based cleaning products wherever possible. A wide range of cleaning products are effective and safe for the whole family. The products are made from a natural plant-based biodegradable formula

and are free from caustic ingredients and soaps, making them ideal for homes with pets and children.

The products include all-purpose spray, bathroom/toilet cleaner, hard floor cleaner, carpet and fabric cleaner, pet stain and odour cleaner, oven, cooktop and BBQ cleaner.

2. Keep products out of reach of children

Families with young children and pets must be proactive about keeping them safe. Use childproof locks and keep medication away from children's reach. Never leave your medication lying around on your bedside table. Always remember to secure poisonous products like cleaning detergent immediately after use. Disposing of all empty medicine and poison containers safely is equally important, particularly if there's any residue. You should also look for cleaning products with childproof caps and remember that something as normal as shampoo is also poison.

3. Never reuse bottles or containers

Medications and cleaning products can sometimes come in an array of fancy and reusable containers and packaging. Always keep poisonous products in their original bottles and packaging, and don't be tempted to reuse them for other liquids or materials. This shows kids that the contents of the container are safe. In addition, don't ever use other drinking bottles or food containers to store chemicals. Dangerous products must be kept in their original packaging and in unreachable locations.

4. Beware of outdoor and eatable risks

Keep all gardening equipment and products locked away in the garden shed. Kids love sheds; unfortunately, they tend to house lots of dangerous products and heavy and sharp objects. Savvy gardeners who grow their own fruit and vegetables and utilise pesticides or other bug-killing sprays must ensure that all fruits and vegetables are thoroughly washed. Don't let kids near

gardens where there has been chemical exposure.

5. Teach children about the dangers of poisons

As soon as your child can understand, it's important to teach them that household chemicals and pesticides should never be touched, let alone ingested. The way to teach children is to tell them to always ask a grown-up before touching, tasting or smelling something unknown. Explain to them that even if something looks interesting or colourful, it could be dangerous and that many cleaning products smell like fruits or may look like cordial and syrups.

FIRST AID IF A CHILD HAS BEEN POISONED

If indeed your child has been poisoned, it may be hard, but stay calm and act quickly. Get the rest of the poison away from the child. If the substance is still in the child's mouth, make him spit it out, but don't try to make him/her vomit. Call the Poisons Centre for your state immediately for medical advice. You can call these numbers 24/7 from anywhere in Australia.

ENHANCING COMMUNITY ACCESSIBILITY: THE IMPACT OF CHANGING PLACES INITIATIVE AND MASTER LOCK ACCESS KEY

By Tracey Blinco

Inclusivity and accessibility are fundamental pillars of any thriving community. Ensuring that public spaces cater to the needs of diverse individuals is not only a matter of equity but also a reflection of a society that values every member. Among the various initiatives to enhance accessibility, Changing Places toilets have emerged as a crucial asset, offering a lifeline for people with disabilities and their caregivers. Furthermore, integrating innovative solutions like the Master Lock Key

application further amplifies accessibility, ensuring that these facilities are readily available and easily accessible to those who need them. To see if you are eligible to apply for an MLAK, log onto www.masterlocksmiths.com.au. Changing Places toilets are specifically designed to meet the needs of individuals who require additional support and space. These facilities are equipped with features such as height-adjustable changing benches, hoists, and adequate space for caregivers, enabling individuals with disabilities dignity and comfort. Moreover, Changing Places toilets are not just limited to individuals with disabilities; they benefit families, caregivers, and the aging population, fostering a more inclusive environment. Find more information at www.changingplaces.org.au. The Master Lock Key application operates seamlessly across all changing places and facilities. The

MLAK

Master Locksmiths Access Key

Available Here



Master Locksmiths Access Key (MLAK) system stands as a beacon of inclusivity and empowerment for people with disabilities across Australia. This innovative initiative breaks down barriers and opens doors—quite literally—for individuals who often face challenges accessing essential public facilities. In line with this momentum, including Woorim on the list of locations with planned Changing Places toilets being built in the future underscores a commitment to fostering an inclusive environment

for all residents and visitors. By prioritising accessibility in urban planning and development, communities like Woorim are meeting regulatory requirements and embracing diversity and inclusivity as integral components of their identity. In conclusion, accessibility in the community is not just a matter of convenience; it is a fundamental human right. As we continue championing inclusivity, let us build communities where everyone feels welcome, valued, and supported.



Probus Club Of Bribie Travels To Norfolk Island

Several members of the Probus Club of Bribie Island Inc. spent a relaxing week on Norfolk Island in March. Norfolk Island Travel Centre (NITC) planned the tour, which was magnificently organized and included daily visits to island highlights, including the Pitcairn settlers' village, the convict settlement, the 19th-century graveyard, and the hugely impressive Fletcher's Mutiny Cyclorama. Various evening activities were arranged, highlighted by the very popular fish fry and the progressive dinner, at which we were entertained by a genuine Fletcher Christian descendant who regaled us

with a very different and excruciatingly hilarious version of the mutiny on the Bounty. Adequate free time was allowed in the program, during which the group could engage in duty-free shopping and visits to locations such as Captain Cook's 1774 landing site at Duncombe Bay. We were also fortunate to witness the highly infrequent unloading of a supply ship anchored offshore at Cascade Bay, where provisions were unloaded onto barges subsequently unloaded by crane at the Cascade Pier. Recognisable deliveries included roof trusses and several motor

vehicles. Altogether, our group regarded the Norfolk Island tour as the most satisfying. We all enjoyed each other's company and got on extremely well together. Interestingly, a few of the group who had previously visited the island commented that touring the island under the guidance of a travel company was a better way than by individual arrangement. If you would like more information about our club, visit our website by Googling 'Probus Bribie' or call Gabrielle (0407341074) or Dave (0408453086).

SCHOOL HOLIDAYS SEE THE START OF THE 2024 GREAT DUNNY HUNT

CALLING ALL AUSTRALIANS TO ADD NEW DETAILS ON PUBLIC TOILETS TO THE NATIONAL PUBLIC TOILET MAP

The much-loved Great Dunny Hunt is back and better than ever, with the Continence Foundation of Australia calling all Australians to update the National Public Toilet Map website or app with new public toilet facility details they discover while out and about these school holidays.

With this year's hunt running from Friday, 29 March, to Sunday, 16 June, the start of World Continence Week, holiday goers can update public toilet details, including adding photos of public restrooms or details of what amenities they have as well as their access hours.

With over five million Australians living with incontinence right now and with this number expected to grow to 6.5 million by 2030, it is more important than ever that information on public toilet facilities is kept up-to-date and relevant so that those affected by incontinence are confident and feel safe to go about their daily activities which most of the public take for granted.

Dunny hunters can upload their submissions to the National Public Toilet Map, and can update and add information on:

- Adult change facilities (including shower, BYO sling)
- Baby change
- Dump point (including wash-out water, AH access)
- Ambulant facilities
- Drinking water
- Sharps disposal
- Showers
- Sanitary, incontinence product disposal
- Right and/or left transfer - important for those with one side of the body less able
- Master Locksmiths Access Key (MLAK) The Master Locksmiths Access
- Male, Female, All gender

With many Australians planning to travel this upcoming Easter and school holidays, joining the Great Dunny Hunt will make a huge difference to those with incontinence.

A recent survey of those living with incontinence discovered that 49% of respondents currently don't feel comfortable embarking on long trips without knowing where the first toilet stop will be.

While knowing the proximity and accessibility of public toilets may not seem significant, for Australians surveyed:

- 42% said incontinence had caused a reluctance to leave home.
- 25% are reluctant to go about daily activities.
- 22% say incontinence has affected their relationships with family or friends.

With over 23,000 public restrooms now listed on the National Public Toilet Map thanks to the efforts of previous Dunny Hunts, those updating details on the map are encouraged to fill out a short survey on how they use the



map to make sure the valuable resource continues to support all Australians.

By completing the survey, respondents can enter to win one of three \$500 EFTPOS vouchers.

Paula Hay, Acting CEO of the Continence Foundation of Australia, said, "We're inviting Australians to help find new ways to improve the National Public Toilet Map, developing a critical resource for many who experience incontinence. We are very excited to find out how to continue providing greater support for the one in four Australians impacted by incontinence."

Visit www.continence.org.au/great-dunny-hunt and www.toiletmap.gov.au for more information.

HOW TO ENTER:

- Visit the National Public Toilet Map website (www.toiletmap.gov.au) or download the App available on Google Play or the App Store
- Log in (or register) to update a toilet facility
- Fill out the short, four-question survey when prompted
- At the end of the survey, select 'Yes, I would like to enter the Great Dunny Hunt' and enter your email address to go into the running

ABOUT THE CONTINENCE FOUNDATION OF AUSTRALIA

The Continence Foundation of Australia is a not-for-profit organisation and the national peak body promoting bladder and bowel control health, incontinence prevention, management, education, awareness, information and advocacy.

With representation in each state and territory, the Foundation provides information, support and resources for individuals, carers and professionals. www.continence.org.au

ABOUT INCONTINENCE

- Over five million Australians are affected by incontinence
- The majority of people affected by incontinence can be treated, better managed or even cured
- In 2010, the total economic cost of incontinence was estimated to be \$66.7 billion and rising
- People should seek help:
- Ask your GP
- Call the National Continence Helpline **FREE 1800 33 00 66**
- Visit continence.org.au

PUMICESTONE PASSAGE KNOW HOW TO HAVE FUN OO-LA-LA!

BY: Kathy Vincent

Yes, that is quite true, as proved on the 9th of March. March is the end of the Probus year when the new committee is elected and when the President hands over the chain of office to the next President. This happens at the Annual General Meeting, followed by a delicious lunch at the RSL after the official side of the meeting. Pumicestone Passage Probus loves to have fun, as you can see from the photos.

A President's Night is held to celebrate the end of a successful year, usually with a theme. Last year's theme was "I never thought I would wear this again", Which was great fun.

This year's evening was French. French flags were festooned around, and everything was red, white, and blue. We even played Boule

like real French people!! (But not with their skill.) Avril and her friends prepared the most amazing food.

A TYPICAL FRENCH MENU

Mini Quiche Lorraine's with salad to start
Beef Bourguignon
Coq au Vin, both served with rice.

Followed by French desserts and cheeses.

As usual, some members dressed appropriately, but the main object of the evening was to thank Peter Buck for his year as President. He has really encouraged members to be more proactive and to build the membership, both of which he has achieved. Well done, and Thank you, Peter. A big thank you was also given to Terry and Avril for once again opening their home for a very successful event.



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Enjoy a relaxing lunch time cruise while we prepare a delicious BBQ lunch onboard the Lady Brisbane. The cruise towards Skirmish Point, Gilligan's Island and Deception Bay is always a magical experience. Cruise route is weather dependent.

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Price Includes BBQ lunch and cruise
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2024 DATES:
Wed 10 Apr, Fri 24 May, Thu 27 June Fri 5 July,
Thu 22 Aug, Wed 25 Sep, Wed 23 Oct. Fri 8 Nov

Departs Bongaree Jetty, Bribie Island 12.15pm
Returns 2.15pm (approx)

T: 07 3630 2666

E: info@brisbanecruises.com.au W: www.brisbanecruises.com.au

ST PATRICK AND CROQUET

BY: Kathy Vincent.

Well, the members of the Bribie Island Croquet Club were off on their travels again on Sunday, the 16th of March. Where to you ask? Well they didn't travel to Ireland but to Eildon Croquet Club Woody Point, to a Patrick's Day Gala Afternoon. St Patrick was an intrepid traveller just like the Bribie players so it was very appropriate!

Uniforms were forfeited for anything green. There were green bowler hats, tea shirts, trousers, and even a green tutu. One gentleman even had on green underwear, but we didn't ask him to prove it!! Eleven Bribie members joined other members from different clubs, and the standard was high. Thirty-two people played seven games throughout the day.

The Irish theme was even included in the morning

tea, with green icing on the muffins! The club had gone to a lot of trouble to provide authentic, typical Irish weather, too. It rained on and off quite heavily all day, but the determined players played on. The sun did come out briefly at lunchtime, but we were indoors then. So, there were many soggy but happy figures leaving at the end of the day.

But what about the croquet? It was an excellent day; as usual, Bribie players made the club proud. There were two blocks of teams.

Maggie Lawson and her partner won Block A.

Shelley Moar and her partner won Block B, with Kathy Vincent and her partner being runners-up.

St Patrick is credited with banishing all snakes from Ireland. Eildon Club didn't manage that, though! But it was a very enjoyable day with lots of fun and laughter. Thank you to all who took part and to those who organised it.



Yummy family feast for school holidays.....



TRADING HOURS
7 DAYS 10am - 7.30pm

Visit us on  facebook

OPEN 7 DAYS



Bribie Island. Ph. 3410 0084
Shop 3/12, First Ave, Service Road,
BONGAREE (Across from Bongaree Car Park)

Local Dining Guide

BONGAREE | BELLARA | BANKSIA BEACH | NINGI | BEACHMERE | WOORIM | SANDSTONE POINT



STEAKOUT PIZZERIA

For delicious pizza, pasta, contorni salads and more, all crafted with love, come and enjoy our waterfront pizzeria. With live music every Sunday and the beautiful Pumicestone Passage right beside you, we offer you a taste you'll love. For deliveries or bookings, please visit us at www.steakoutpizzeria.au

9/11 Spinnaker Drive, Sandstone Point - 07 5360 1094
LUNCH Thu to Sun 11:30 - 2:30
DINNER Tue to Sun 4:30 - 8:30



SERENITY CAFE

With fabulous views across the Passage and open from 7:00am - 2:00pm every day, Serenity serves up lovely coffee and fresh cooked food for breakfast, brunch, lunch & snacks. Enjoy High Tea in our little tea salon which can also be booked for your small gatherings (bookings essential). We also provide catering for picnics and events

2/83 Welsby Parade, Bongaree, 4507. Phone: 0466 221992.
 Email: allan@serenitycafebribie.com
 Find us on Facebook



THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Bistro offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch and dinner on Fridays and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach
3410 4024



SCOOPY'S

Located by the jetty on beautiful Bribie Island, Scoopy's Family Cafe is all about the family vibes, great food and coffee, fantastic service and all the ice cream you can eat! Enjoy our friendly hospitality with barista-made coffee, amazing burgers, and a tempting array of ice cream choices to impress the pickiest connoisseurs. Our massive range of cakes and famous fish and chips make it well worth the hour's drive north of Brisbane.

Shop 2/2 Toorbul Street, Bongaree 07 3410 1791





J&J JAVA CAFE

Carlie, Taylah, Skye and Hayley look forward to meeting you at our friendly Woorim café. Come in and try our delicious Tiempo Seasonal Fair-trade Blend coffee. Enjoy our all-day breakfast and be sure to ask for our tasty smokey tomato relish.

Shop 3, 2 Jacana Avenue Woorim. 0468 477 380



IKIGAI Café & Workshop.

Making friends one cup of coffee at a time. Oscar and Keahni welcome all locals and holiday-makers. Pop in and have a chat over a delicious coffee and experience our fresh take on making simple food taste amazing.

7 Toorbul Street, Bongaree. Check out ikigaibribie on Instagram



BONGAREE | BELLARA | BANKSIA BEACH | NING I BEACHMERE | WOORIM | SANDSTONE POINT



PIGFACE

Pigface Seafood (named after the flowers that cover the dunes of Woorim beach) is a well known and award winning dine in and take away cafe. Not only do we offer fresh seafood, we also have a comprehensive menu to suit all tastes. Check out our GF options.

4/4 Rickman Parade, Woorim, QLD, Australia.
(07) 3408 4282



DIAMOND CHINESE TAKE AWAY

With a huge variety of tasty meals Diamond Chinese can offer something for everyone. Positioned in Welsby Parade, grab your meal and sit by the jetty and watch the boats go by or one of our amazing sunsets.

3/1 Welsby Parade, Bongaree, 4507. (Opp the Library)
Phone: 3408 1430
LUNCH Wed to Sun 11.30 - 1.00pm
DINNER: Tue - Thu & Sun 4.30 - 8pm, Fri & Sat 4.30 - 8.30
CLOSED MONDAYS



VERNAZZA

ristorante

@  **bribieisland
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Senior Lunches

- THICK PORK SAUSAGE
- CURRY OF THE DAY
- CHICKEN CAESAR SALAD
- VEGETARIAN PIZZA
- CHICKEN AND MUSHROOM PIZZA
- PEPPERONI PIZZA
- SEAFEED CATCH
- NORTHERN RIVERS ROAST PORK
- CRUMBED CHICKEN SCHNITZEL
- CRUMBED WHITING AND CHIPS
- LINGUINI CARBONARA



AVAILABLE MONDAY TO FRIDAY ONLY

11.30AM
TO
2PM

\$12.50

THURSDAY NIGHTS



Steak and Prawns

250g Rump Steak, garlic
prawns, chips and salad

\$23

FRIDAY NIGHT MEAT RAFFLE



12 MEAT TRAYS	TICKETS ON SALE FROM 5.30PM
\$500 LUCKY 13 DRAW	10 QUESTION TRIVIA 6.15PM
QUICK TRIVIA	RAFFLE DRAWN 6.45PM
MEMBER'S DRAW	



bribieisland golfclub **VERNAZZA**

Mother's Day Lunch



Sunday 12th May
11.30am Till 2.00pm

LIVE ENTERTAINMENT FROM BRIBIE'S AUSTRALIAN IDOL KIANI

Buffet Lunch

including desserts

Members \$50
Non Members \$55
Kids under 12yrs \$15

Book and Pay at the Club Office
ph:3408 1457

bribieisland golfclub **VERNAZZA**

Lunch 7 Days From 11.30am And Dinner Wed To Fri From 5.30pm
Links Court Woorim Ph 3408 1457

Air Fryer

RECIPES

We are thrilled to have a new contributor to our magazine...

Greg has kindly agreed to submit some yummy, quick and easy recipes to make in the Air Fryer!



Crispy Roast Pork

INGREDIENTS

Pork Roast Leg/Shoulder and vegetables of choice

METHOD

Firstly, pour hot water from jug over the skin on the pork, dry with paper towel, spray with in my case sesame oil, but any oil will do, then rub with himalayan rock salt and set in fridge UNCOVERED for a few hours better overnight, preheat Air Fryer to 200 c.

Place pork in Fryer and air fry for 15 min at 200c, turn roast over and cook further 15 min at 180c, finally turn again and a further 15 min at 200 c, this will crisp up crackling.

Each time you turn over, brush with sesame oil. If you're having veg with roast, place beside roast for last 30 min, let rest for 15 min in foil before devouring. ENJOY

BAR CHOIR NIGHT

HOPS and Harmony



SCAN ME
FOR ALL UP
AND COMING
GIGS

SAT 13 APRIL

NEVER ENDING 80s

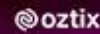


80s vs 90s

BRIBIE ISLAND HOTEL

SATURDAY 27 APRIL

TICKETS ON SALE NOW



the RADIATORS



BRIBIE ISLAND HOTEL

SATURDAY 20 APRIL

MARKETS & things



LET'S GO TRAVEL MEETING NOTES

The last meeting was held on 17th March and a great turnout again. We had Jo Meredith attend the meeting (Mobile travel agent) with a tour that our group might like to participate in in 2025 to Croatia, Greece, etc. It appears there was some interest from the group, and I look forward to chatting about it at the next meeting. I've been to India for 3 weeks, so I look forward to reporting back on that, too. Our next meeting will be held at 3 pm at the RSL on 14th April 2024. See you on the 14th. Regards Roslyn 0401078187

Beachmere District Community
The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12pm

Bribie Island BIDCA Markets
The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am - 12pm

Bribie Rotary Markets
The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am - 12 noon

Queensland Cancer Council
The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets (Farmers Market)
The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

Banksia Beach Market
Bribie Harbour Shopping Village is held on the last Saturday of each month 8am to 12pm

The Bribie Island Comm Plant Nursery
The Bribie Island Community Plant Nursery is open Tues to Sat 8 am to 12 pm

The Bribie Island Lions Market
2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie & District Woodcrafters Assoc
Contact president: 0415 237 167 Bribie Island Gem Club Open Day & Markets on the last Sunday every month 8am - 12pm At 191 Sunderland Drive, Banksia Beach.

The Bribie Bowls Euchre Club
Meets at the club each Monday at 12 Noon. Fun afternoon. Contact Lorraine on 0414802733.



Antique - Vintage
ITEMS WANTED
After All Kinds Of Vintage And Antique Furniture, Bric - A - Brac, Collectables, Curios And Old Shed Items
CASH PAID - 0400 749 454

- bags and wallets
- sandals for men & women
- leather & shoe repairs
- phone pouches • belts - cowhide & croc inlays • dog collars

WE CAN MAKE TO FIT

COME AND VISIT US AT OUR PREMISES

BANGEE TV LEATHER
BIBIE ISLAND
4/25 Armitage St, Bongaree 4507
0428 781 445



Bribie Island Community Arts

**Centre April 15 – 28
(Closed Mondays)**

The creative trio of painters, pen & pencil sketchers and textile artists comes together in April for the **PAINT, PAPER & THREAD** exhibition in the Matthew Flinders Gallery at Bribie Community Arts Centre. **The Thursday Painters** group has been meeting for 20 years at the Centre, bringing together artists in many mediums. The **Pen & Pencil group** is relatively new, having formed three years ago.

This group now encouraging pastel drawing activity, too. Small workshops are monthly encouraging new skills. New members are always welcome, with the offer for curious locals to come and try. Pen & pencils meet Saturdays at the Centre.

*You can meet the artists of Paint, Paper & Thread exhibition in the Gallery on Saturday April 20, from noon to 4pm.

Paint, Paper & Thread Exhibition

The **TACTILE TEXTILE GROUP** has been working hard on wall art, wearable art accessories and homewares, using a variety of techniques like felting, machine embroidery, crazy patchwork, quilting, eco-dyeing, cyanotype, hand embroidery, beading, fabric painting and more.

Their new and interesting pieces, with varied fabric choices and techniques, are a stunning insert in this exhibition.

Come enjoy this trio of wonderful work .

And rest and refresh after browsing it under the new Cafe 191 courtyard roof at the Centre.



Paint, Paper & Thread

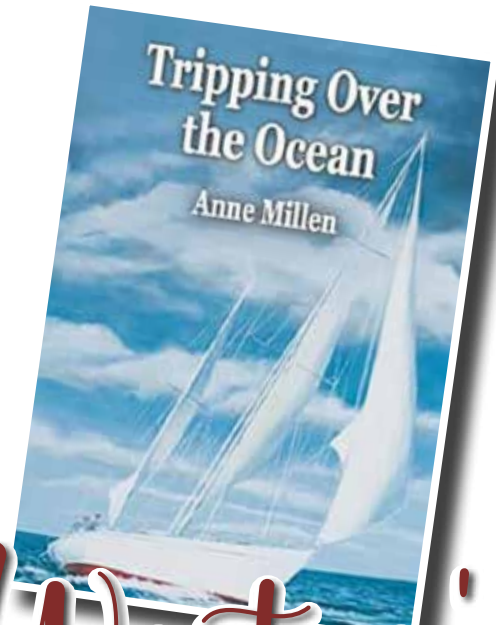
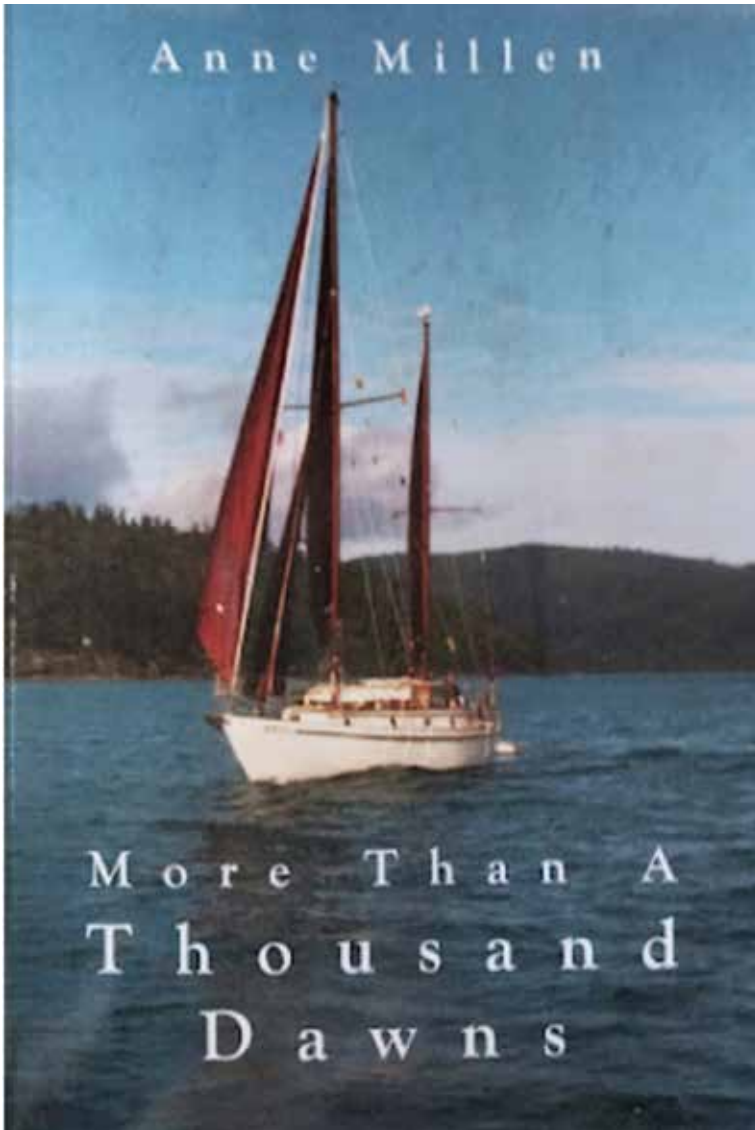
April 15- 28

Bribie Island Community Arts Centre

The creative trio of painters, pen & pencil sketchers and textile artists comes together for this stunning, diverse exhibition.



The Tactile Textile Group



Writer's Corner

ON WRITING MEMOIRS by Anne Millen

Memories are valuable—to you, to others, to history. If you feel that internal compulsion to record, or to straighten the record, or to leave behind a legacy, writing memoirs can be both fun and satisfying. You gift this to future generations who, whether grateful, astonished or simply better informed, will never experience the same thing.

Here's a few things about writing memoirs. They encompass only a certain time within a life. Fix that time-frame. It will be a period in your life, told from your point of view. Autobiography and biography encompass the whole trajectory of a life. Memoirs include only enough background or past history to allow the reader to get to know the author, the setting, the era. It can be in a foreword if that suits you best. This answers your reader's questions: Who? Where? When? and maybe

Why? Make it catchy—it may tell the reader whether or not to go on reading. If the Who isn't you, it's your only chance to tell anything other than your specific memories.

Struggle is by far the most written-about phenomenon, but don't make it one if it wasn't. Love, adventure, mystery—all are about struggle. The fascination lies in the emotions experienced, the vicarious emotions your reader seeks. Your experience might sound tame but what emotions did it elicit? Joy, fear, alienation, friendship, nostalgia, humour?

An engaging memoir needs a sympathetic character, vividly depicted scenes, emotional tension, maybe an increasing sense of conflict if it's within your scope, and ... a satisfying ending.

It may seem straight chronology but can you start with a dramatic or significant point in

th story? You could ramp up tension by withholding some details until a certain time, or using flashbacks or recalled memories.

Almost there. Write down a couple of difficult, penetrating questions you could be asked and answer them yourself. Now write your back blurb—it will tell you and everyone what it is about. Play with your title – many a work sells well because of a clever title.

Know what defines libel and defamation. This must be worldwide, in the information age. You can't rely on disclaimers. Be honest with your readers; it is a history of a time, a place, an event. If you can't tell the truth about something, leave it out, don't fictionalise. Research carefully, get permissions and acknowledge each and every one if you can.

My memoir about sailing round the world, *More Than a*

Thousand Dawns, was based on my diary, written daily (though a bit scrappy towards the end), and the yacht's log, written up hourly. I could only write the story from my view—there were four of us aboard and we all had utterly different experiences of it. But what a joy it was to write, to re-examine, to feel it all again.

There! Writing a memoir is like a journey – one you've done before but with a new view, new insights, renewed confidence and enjoyment.

For more information about Anne's memoir *More Than a Thousand Dawns*, go to Anne's website annemillenauthor.com or to Amazon.com where it is available either as a paperback or eBook.

Anne's recently published novel *Tripping Over the Ocean* can be obtained at the Bribie Island Community Arts Centre or from Anne.

Krakatoa

By Al Finegan



On the night of 26 & 27th August, 1883, the loudest sound ever heard in recorded history was made when Krakatoa exploded.

The sound of the eruption was so loud that anyone still alive within 16 kilometres was rendered deaf. It was the explosive equivalent of 200 megatons of TNT, about 13,000 times the power of the atomic bomb that devastated Hiroshima in 1945. From Krakatoa Island in the Sunda Strait between the islands of Java and Sumatra, the eruption was heard over 3,000km away in Perth, Australia, and on Rodriguez Island in the Indian Ocean, roughly 5,000km distant. The explosion generated a series of colossal tsunamis, some of which reached heights of over 50 metres and devastated the coastal areas of nearby Java and Sumatra. The shock wave rounded the globe three and a half times. Within a few hours, Great Britain and America instruments measured the sudden spikes. Stunned scientists all over Europe watched in dismay as their barometer mercury bounced alarmingly high and then low before returning to normal. Many reported that they recorded the wave seven times over the course of five days. Ash was propelled to a height of 260,000 ft (80 km). The eruptions also released massive volcanic ash and gas into the atmosphere, leading to climatic disturbances and spectacular atmospheric phenomena. The skies around the world were filled with brilliant sunsets, known as “Krakatoa sunsets,” caused by the scattering of sunlight by the fine ash particles.

The eruption had far-reaching consequences, both locally and globally.

The explosions and the subsequent tsunamis drastically altered the geography of the region, causing a massive loss of life and property. The death toll recorded by the Dutch authorities was 36,417, although some sources put the estimate at more than 120,000. Countless victims had been swept into the sea, with bodies washed onto shores around the world for up to a year later. There were numerous documented reports of groups of human skeletons floating across the Indian Ocean on rafts of volcanic pumice and washing up on the east coast of Africa up to a year after the eruption.

On a global scale, Krakatoa’s eruption had a profound impact on the Earth’s climate. The colossal amounts of volcanic aerosols ejected into the stratosphere temporarily cooled the planet, causing widespread reductions in temperatures and disrupting weather patterns for several years. Summer temperatures in the northern hemisphere fell by an average of 5 °C in the year following the eruption.

My wife’s Great-Great Uncle, George Symes, wrote a letter to family in 1883 of his experience as a mate on a freighter travelling to Australia via the Sunda Strait. In his letter, he describes his narrow escape from the violent volcanic event. George wrote of his experience beginning as his ship approached the Sunda Strait en route to Perth, Australia, just five days before the biggest eruption:

“About 7pm on the 22nd of August, the sea suddenly assumed a milky-white appearance, beginning to the eastward, but soon spreading all around, and lasting until about 8pm. There were some cumulus clouds in the sky,

but many stars were shining, in a strong white haze, or silvery glare. This occurred again between 9 and 10pm but disappeared when the moon rose. The clouds appeared to be edged with a pinkish-coloured light, the sky also seeming to have extra light in it, as when the Aurora is showing faintly. On the night of the 23rd, the land was covered with thick dark clouds, and heavy lightning was frequent. On the morning of the 24th made Java Head light. About 9am passed Anjar, Java, and had a sharp squall from torrents of rain. At noon, Krakatoa bore about ten miles (16km) distant due west of us, but only the lower portion of the east point was to be seen, the rest of the island being enveloped in heavy blackness.

At 2.30pm, we noticed some agitation about the point of Krakatoa, clouds or something being propelled from the NE point with great velocity. At 3.30pm we heard above us and about the island a strange sound, as of a mighty crackling fire, or the discharge of heavy artillery at one or two seconds interval. We observed a repetition of the noise noted at 3.30pm, only much more furious and alarming. The matter, whatever it was, being propelled with amazing velocity to the NE. To us it looked like blinding rain, and had the appearance of a furious squall, of ashen hue. At once shortened sail, to topsails and foresail. At five the roaring noise continued and was increasing. Darkness spread over the sky, and a hail of pumice stone fell on us, of which many pieces were of considerable size and quite hot. We were obliged to cover up the skylights to save the glass, while our feet and heads had to be protected with boots and sou-westers. About six, the fall of larger stones ceased, but there continued a steady downpour of a smaller kind, most blinding to the eyes, and covering the deck to a depth of six to eight inches (15 to 20 cm) very speedily, while an intense blackness covered the sky and land and sea. We maintained our course on reduced sail, until 7pm, when the compass began spinning wildly all over

the place. As we could not see to any distance, we had no choice but to bring the ship to the wind and drop the anchor.

The night was a fearful one. The blinding fall of sand and stones, the intense blackness above and around us, broken only by the incessant glare of varied kinds of lightning, and the continued explosive roars of Krakatoa made our situation a truly awful one. Chains of fire appeared to ascend and descend between the sea and the sky, with a continuous roll of balls of white fire. The wind, though strong, was hot and choking, sulphurous, with a smell as of burning cinders, some of the pieces falling on us being like iron cinders. We were kept busy all night, dousing small fires on deck.

From midnight to 4am of the 25th, the same impenetrable darkness continued, while the roaring of Krakatoa was less continuous but more explosive in sound. The sky one second intensely black, the next a blaze of light. The mastheads and yard-arms were studded with corposants, and a peculiar pink flame came from fleecy clouds which seemed to touch the mast-heads and yard-arms.

“At 6am we were able to make out the Java shore. The compass was still erratic, but keeping Java on our port beam, we set sail toward Panaitan Island, eventually close enough in to make out the houses, but could see no movement of any kind. In fact, through the whole strait we did not see a single moving thing of any kind on sea or land. At 10.15am we began to pass the island one half to three fourths of a mile off, the sea being like glass all around it, and the weather much finer looking, with no ashes or cinders falling.

At 11.15am there was a fearful explosion from the direction of Krakatoa, then over thirty miles (50km) distant. We saw a wave rush right on to the Panaitan Island, apparently sweeping entirely over the southern part, and rising half-way up the north and east sides, fifty or sixty feet, and then continuing on to the Java shore. It was not felt at the ship, until we realised that the ocean was rising and falling vertically in

waves of hundreds of feet. This we saw repeated twice, but the helmsman said he felt it more than twice. At the same time the sky rapidly covered in. The wind came out strong, and by 11.30am, we were enclosed in a darkness that might almost be felt. Then commenced a downpour of mud, sand, and I know not what, the ship going seven knots under three lower topsails. With the compass at last steady, we set the side lights, placed two men on the lookout forward, the mate and second mate on either quarter, and one man washing the mud from the binnacle glass. We laid a course South setting all sails, finally clearing Panaitan Island, the last land before departing the East Indies and into the Indian Ocean, setting a course to Perth at a maximum rate of knots.

Late the next evening of the 26th, we were all startled by a deafening series of echoing explosions. On making land at Perth, we heard that Krakatoa had exploded leaving a massive area of devastation and death on Java. “

The eruption's aftermath also provided insights into the connections between volcanic eruptions and climate change. The ash drifted around the globe, causing halo effects around the moon and sun. The ash also acted as a solar radiation filter, lowering global temperatures in the years following the eruption. Temperatures did not return to normal until 1888, five years later.

The eruption of Krakatoa in 1883 greatly contributed to understanding volcanic phenomena and their impact on the environment. Scientists and naturalists' detailed accounts and observations of the eruption helped pave the way for modern volcanology. This event highlighted the importance of monitoring and studying volcanoes to mitigate the risks they pose to human populations living in their vicinity.

The explosion of the Krakatoa Volcano was a seismic event that left an indelible mark on human history. It showcased nature's raw, destructive power and the intricate relationship

between geological processes, climatic effects, and the survival of human civilisation. Even more devastating than the explosion itself was the series of immense tsunamis generated by the event that travelled as far as Hawaii and South America. The largest wave recorded in the Indonesian province of Banten was estimated at 135 feet (41 meters) high, and the following smaller waves destroyed 165 nearby settlements. All vegetation on the islands was stripped bare, homes and structures were completely demolished, and thousands of people in Java and Sumatra perished when they were swept out to sea.

Krakatoa remained relatively quiet until the 1920s, when volcanic activity began again. Since then, smaller eruptions have created a new cone, Anak Krakatoa, or “Child of Krakatoa” that has risen in the centre of the caldera created in 1883.

The offspring of Krakatoa grew quickly throughout the 20th century. An eruption of the volcano on 22 December 2018 caused a deadly tsunami. Waves over 40 meters in height were measured at nearby islands that formerly made up the single large volcanic island of Krakatau. At least 437 people died, over 30,000 were injured, and over 30,000 were displaced. The eruption of the “child of Krakatoa” is one of the deadliest volcanic eruption events of the 21st century so far. Despite losing two-thirds of its volume during the 2018 event, Anak Krakatoa continued to grow. The volcano erupted again on 10 April 2020, but fortunately, there was no widespread damage. This eruption was captured by the Landsat 8 satellite.

Krakatoa serves as a reminder of our vulnerability in the face of natural disasters and the critical importance of understanding and monitoring the Earth's dynamic forces. It remains a powerful testament to the enduring impact of natural disasters and the resilience of the human spirit in the face of adversity.

George was very lucky they weighed anchor and left when they did.

Why Is It Called BRIBIE ISLAND?



Barry Clark
Bribie Island
Historical
Society

This is a frequently asked question, and it isn't easy to give a short and accurate answer as there have been many different names and spellings over the years.

We know the origin and meaning of many places in this area, such as Caboolture, Eumundi, Deception Bay, Redcliffe, Godwin Beach, Toorbul Point and Petrie. However, the exact origin of the name BRIBIE Island remains unclear.

Matthew Flinders first explored Moreton Bay in 1799, naming Skirmish Point and Pumicestone River, not knowing this was an island.

In September this year, the 200th anniversary of establishing Moreton Bay Penal Colony at Redcliffe in 1824 will be celebrated. The Penal Colony was relocated up the Brisbane River to the current site of Brisbane, initially named Edenglassie, then Brisbane for the Governor of NSW. Two years before that, in 1822, three Sydney castaway convicts spent many months traversing the bay and crossing that large river before living among the natives of this

island. The following year, surveyor Lt. John Oxley found and rescued these castaway convicts when exploring Moreton Bay for a new Penal Colony site.

In 1836, Lt. Charles Otter wrote of a trip to **BREIBY'S** Island, where he encountered two survivors of the Stirling Castle wrecked off Fraser Island, including Eliza Fraser, after whom the island was later named.

In a subsequent book, "Shipwreck of the Sterling Castle," a transcript of Lt. Otters' letter refers to him going to **BRISBANE** island, and the 1846 Shipping Gazette also refers to a survey of **BRISBANE** island.

In 1837, the Commandant of the Penal Colony reported that members of **BRIBEY'S** tribe had come to Brisbane with information about bushrangers roaming the district. In December 1838, an article in the Sydney Australian reported that "a man named Woorgan of the **BRIBEES** island tribe attacked a man who had stolen a young gin.

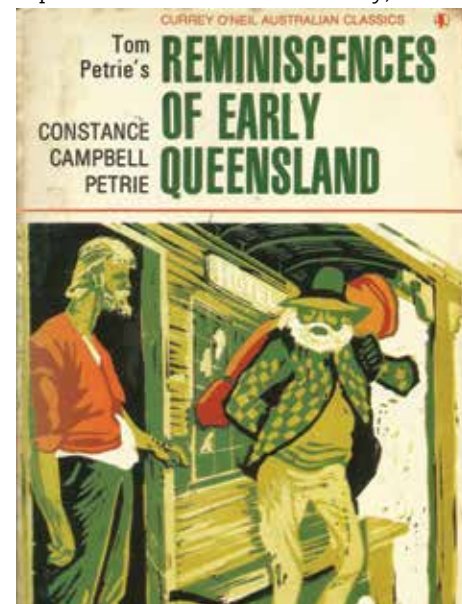
In 1842, surveyor Robert Dixon produced a map showing **BRIBIES** island. In 1843, the explorer Ludwig Leichhardt visited what he called **BRIEVES** island with the Archers from **Durundur** and mentioned Simon from **BRIEVES** island. In 1845, the Sydney Morning Herald reported that surveyor Barnett and Cpt. Wickham surveyed **BRIBIE'S** Island, and in 1846, Cpt. Wickham produced a map showing **BRIBIE'S** Island. In 1851, the Moreton Bay Courier reported

that the black "Dundali" was involved in several depredations, and a warrant was issued for the apprehension of 7 aboriginal natives of **BRIBIE'S** Island identified as the murderers of Charles Gray.

Twelve years later, in 1863, a printed colour Atlas showed it named **BRISBANE** island.

TIME GOES BY

It was 40 years later, in 1904, Tom Petrie, whose father had been building superintendent at the Penal Colony,



dictated his book "Reminiscences of Early Queensland" to his daughter Constance Campbell Petrie, in which he says....
"In those days, there was a prisoner among the others who made baskets for the Government called Bribie, the basket maker. He was not chained and was allowed to go about in a boat to get cane from the scrubs for his work. It was from this man BRIBIE, my father thinks, that BRIBIE ISLAND got its name. He cannot remember distinctly on this point but has some vague recollection of a connection between the man and the island whether he was blown ashore there or what, he does not know.



Archibald Meston

In 1919, Archibald Meston, a businessman, politician and explorer, wrote in the Brisbane Daily Mail.... In the old records, it was always mentioned as BRIBIE" S island, the name coming from a man who escaped from the Penal Settlement in 1834 and was kept and cared for by the BRIBIE blacks until 1842 when Brisbane was thrown open to free settlers. However, the majority of convicts were removed in 1839. About 1844, James BRIBIE, whose correct name was BRIBY, came to reside near Brisbane and built himself a bark humpy near present-day Hamilton and started to make the cane and rush baskets, like those made by Bribie Islanders, until he died in 1862. That story was told to me by Durramboi in 1875.

Thomas Welsby was next to contribute to the story. A prominent Businessman, author, sportsman, President of the Royal Historical Society of Queensland and Amateur Fisherman's Association member. He wrote several books about history and fishing and had a house on the island, and Welsby Parade is named after him. In 1937, at the age of 79, he wrote the book "Bribie the Basket Maker" in which he states:

Yes, it is of BRIBIE, the Basketmaker, to whom I refer, the merry Moreton Bay fish-hawking convict. Bribie was a convict, which is a positive historical fact. Whether that was Christian or surname, I cannot tell. There is evidence and probability of his having arrived here about 1830.

One year later, in 1938, in a letter to the Editor of the Courier Mail, Thomas Welsby admitted to his lack of true and personal information that he had written.

Dear Sir ...In my recently published Bribie the Basket Maker, I made every attempt to prove that the island of BRIBIE was named after a convict who had been given the sobriquet mentioned in the book. My chief reference was naturally that of the Petrie family, who arrived in Moreton Bay in August 1837. One can read it on page 237 of Tom Petrie's Reminiscences. It was from this man Bribie, my father thinks, that Bribie Island got its name.



Thomas Welsby

Things were further complicated by an earlier article by Archibald Meston in the Brisbane Courier in October 1923, writing

about old Moreton Bay languages in which he says:

While on a visit to Moreton Island, the Blacks pointed across the Bay at the island, which they called BOORABEE and the people there JOONDABURRIE. I took down both names at the time.

BOORABEE was the name of the native Bear, and I have always been inclined to believe that was the real name of the island. It was not named after an old convict named BRIBIE, who appears to have been, more or less, a mythical person.

SO MANY NAMES.

The Moreton Bay Penal Colony commenced in Brisbane in May 1825 and closed in 1842. The extensive Penal Colony records do not record any Convict with a name like BRIBIE, BREIBY, BRIBIES, BREEBY, BRIEVES, BRIBY, or any similar-sounding name.

BOROB means Koala in the language of the Gold Coast Yugumbah people, including several SE Queensland and NE NSW clans who spoke similar dialects. It does sound a bit like Bribie. Is it possible that Capt. Bingle proposed the name BRISBANE Island after his initial visit in 1823 and to honour the official visit by Governor BRISBANE in 1824.

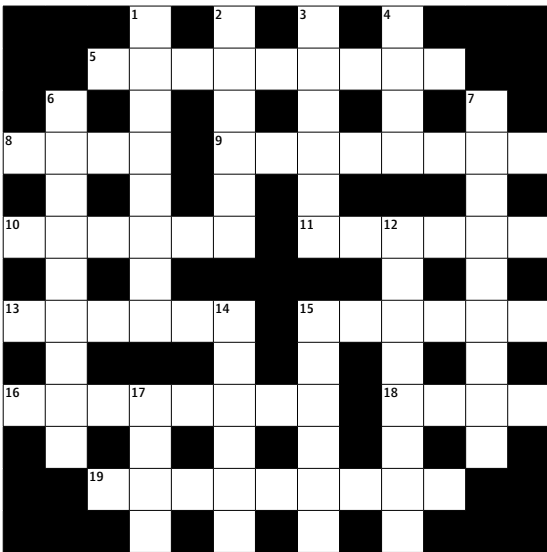
Many historical typos and errors have happened between mouth, pen and paper, including our own Moreton Bay, which was named by James Cook after Lord MORTON, without the E, which was a transcription error when Cook's notes, and Maps were drawn up later. With so many different people mentioning this island, literate and illiterate, over many years with different backgrounds, accents and writing capabilities, it may explain how the various names for the island were used over time. What do you think?

The name and spelling of BRIBIE island has been used for over 100 years. However, there is quite a lot of evidence to suggest that whatever you heard or may believe may not be totally correct. I expect this article to result in some different views being expressed. I am not claiming to be right.....just giving the facts.

Historical Society meetings are on the second Wednesday of each month at 6 30 pm at the RSL Club, and visitors are always welcome. See more stories and photos of Bribie's history on the website bribiehistoricalsociety.org.
 au &
 Blog <http://bribieislandhistory.blogspot.com>

or contact us on bribiehistoricalsociety@gmail.com

Crosswords - QUICK & CRYPTIC



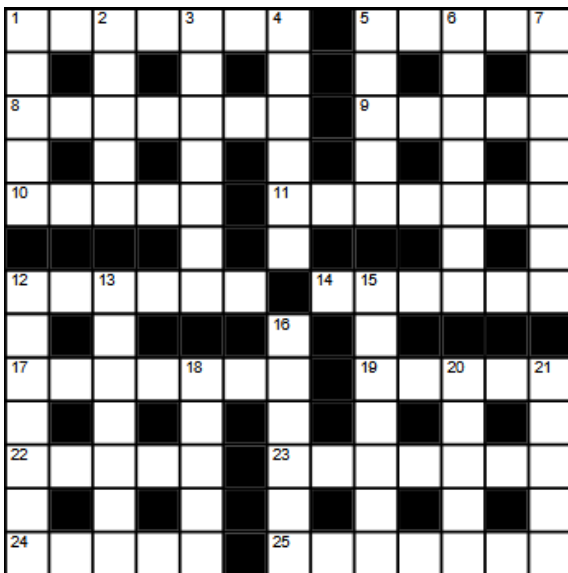
Across

- 5 Noncommittal, evasive (9)
- 8 (Abbreviated) section of text – soldier (4)
- 9 Primitive, brutal (8)
- 10 Inadequate, weak (6)
- 11 Feeling of uncertainty (6)
- 13 Even though (6)
- 15 Like a coffee made with low-fat milk? (6)
- 16 Swelter (8)
- 18 Weill or Vonnegut? (4)
- 19 Shook (with laughter) (9)

Down

- 1 Petty argument (8)
- 2 Likely – to be responsible (6)
- 3 Take out a loan (6)
- 4 Nothing (informal) (8)
- 6 One must work to live (4,5)
- 7 Fashionable feature of Royal Ascot? (9)
- 12 Terracotta colour? (5,3)
- 14 One more may be thought unlucky (6)
- 15 Resolve – to pay (a bill) (6)
- 17 (Old) crucifix (4)

CRYPTIC



Across

- 1 Lovers left in sporty cars (7)
- 5 In some measures, length often needs a variable (5)
- 8 Sneer at forbidding champion coalition (7)
- 9 A supporter of the arts? (5)
- 10 Good man heard why the French created polish (5)
- 11 Obviously the leader of the Conservatives left before time (7)
- 12 Santa sees point in completing his contract (6)
- 14 Exercise better in only T-shirt and shorts? (6)
- 17 Tea with a smile or exasperation? (7)
- 19 Remain with sailor in need of spirit and direction (5)
- 22 Left in agony - That's a bit ordinary (5)
- 23 Try this concoction for relief (7)
- 24 Little terror first to scratch it (5)
- 25 Submit bonus here and now (7)

Down

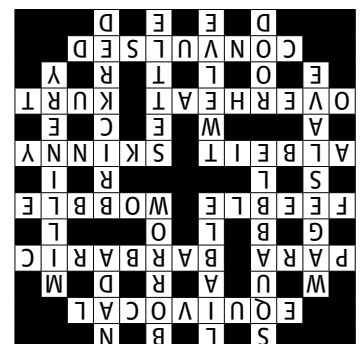
- 1 Catholic leader has time in the cells (5)
- 2 Harmony or division at the end of the day (5)
- 3 Principals confuse dealers.. (7)
- 4 Is it all talk or just a way with words (6)
- 5 A question of direction? (5)
- 6 Pacifies Sidney back with his members (7)
- 7 Just like the good old days - maybe (7)
- 12 Space for poultry on the aircraft? (7)
- 13 Determined to introduce the first man to a worker (7)
- 15 Check out what was once a quarry (7)
- 16 Something's afoot, keeping pace (6)
- 18 An estate held by the Lutheran Church (5)
- 20 A family production, the topic (5)
- 21 In Africa, for example, why exercise, we hear

SOLUTIONS

CRYPTIC SOLUTION 212



QUICK SOLUTION 212



Kids Page

Types Of Sharks



Cottage Cheese Dip

Ingredients

- Cottage cheese
- Onion powder
- Salt
- Lemon juice
- Spinach leaves
- Chives
- Oil

Step-By-Step Instructions

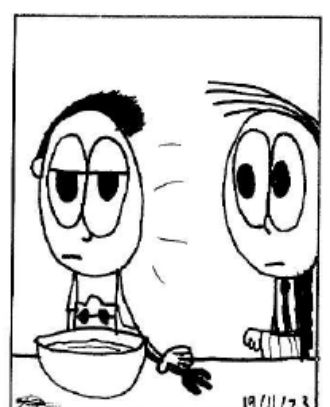
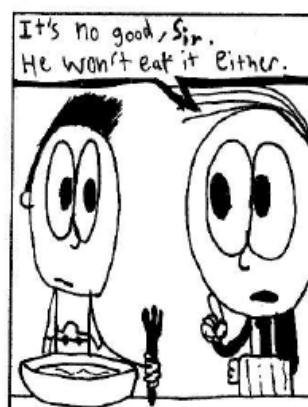
- Step one: Place all the ingredients in a blender or food processor
- Step two: Blend until smooth; scrape down the sides of your blender with a spatula as necessary to achieve a smooth consistency mixture.
- Step Three: serve with celery or carrot sticks or crackers Enjoy!!

F	L	L	S	G	N	I	K	S	A	B	O	E	M
E	N	A	P	E	R	E	B	H	B	E	L	L	H
E	T	F	I	L	E	G	N	A	R	E	U	A	T
R	M	E	N	E	R	E	H	S	E	R	H	T	
P	A	E	Y	I	S	A	L	E	M	O	N	W	F
I	K	R	D	L	Z	E	B	R	A	E	S	E	M
T	O	P	O	E	W	O	B	B	E	G	O	N	G
E	G	I	G	B	U	E	L	L	U	B	L	E	B
T	O	T	F	G	R	E	A	T	W	H	I	T	E
I	B	K	I	H	A	M	M	E	R	H	E	A	D
H	L	C	S	B	L	U	E	N	U	R	S	E	O
W	I	A	H	H	T	U	O	M	A	G	E	M	D
T	N	L	E	E	G	Y	H	B	F	H	L	W	I
F	N	B	F	R	E	G	I	T	D	N	A	S	L

- BLUE
- GREAT WHITE
- ZEBRA
- HAMMERHEAD
- NURSE
- ANGEL
- BLACKTIP REEF
- SPINY DOGFISH
- WHITETIP REEF
- WOBEGONG

- MEGAMOUTH
- WHALE
- MAKO
- SANDTIGER
- BULL
- LEMON
- THRESHER
- BASKING
- GOBLIN

By Joe Bee



MELSA PARK STEAM TRAIN RIDES

TRAINS RUN on 3RD SUNDAY of MONTH

18th Feb, 17th Mar, 21st Apr, 19th May, 16th June 2024

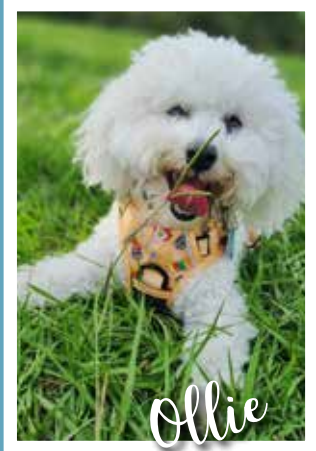
\$250
a train ride

EVERYONE MUST HAVE CLOSED IN SHOES

10AM - 2PM



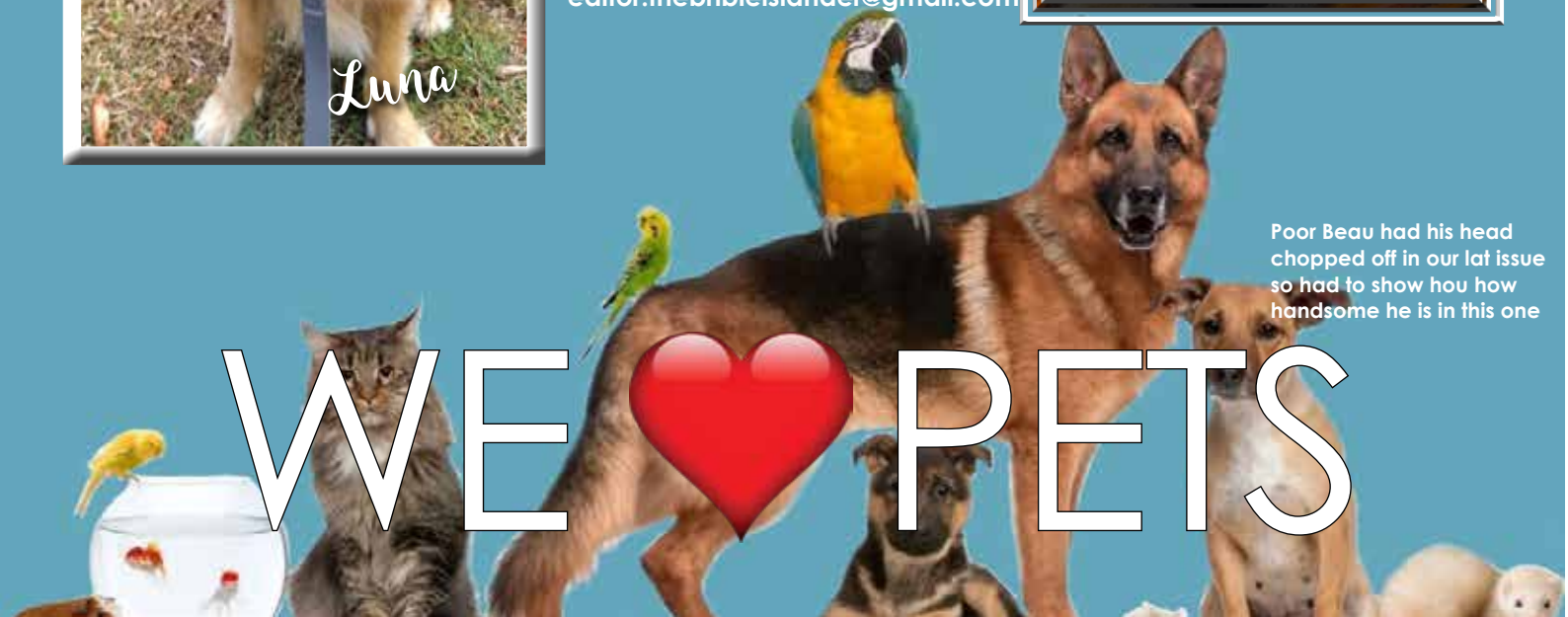
Call Ian for party enquiry 0409 100 656



SHARE YOUR FUNNY PET PICS WITH THE BRIBIE ISLANDER... SEND TO:
editor.thebribieislander@gmail.com

Poor Beau had his head chopped off in our lat issue so had to show hou how handsome he is in this one

WE ♥ PETS



What is kennel cough?

Whenever cold and flu season kicks off in the fall and winter, sickness can spread through schools and daycare centres like a fire in a drought-stricken forest. All it takes is a spark -- one sniffing child who sneezes, coughs and effectively launches bacteria and viruses into the air for others to inhale -- to start a mini epidemic. Something similar happens at dog kennels, grooming facilities and pet stores, where multiple dogs reside in close quarters. Those confined environments with increased dog-to-dog contact and less circulated air are prime real estate for an upper-respiratory infection called kennel cough.

Like the common cold in humans, kennel cough spreads quickly among groups of dogs. The illness is a type of bronchitis called infectious tracheobronchitis that occurs most frequently in dogs and is characterised by a hacking cough. Although a dog with kennel cough may have a diminished appetite and run a low fever, the dog usually recovers in a couple of weeks.

The reason that kennel cough passes so quickly among dogs is that infectious particles are airborne. When a sick dog begins coughing, that action spews the bacteria and viruses into the air. Moisture, dust and mould particles transport the bacteria and virus, and another pooch unwittingly inhales them. Once inside the body, the bordetella cells irritate the mucociliary escalator in a dog's respiratory tract. The mucociliary escalator refers to the hairlike cilia cells coated in mucus that trap infectious particles before they enter the lungs and prompt coughing or swallowing. When the bacteria and virus enter that

area, they irritate and damage those mucous and respiratory tract cells.

Kennel Cough Treatment

If you leave a dog at a boarding shelter for a long weekend, you probably won't notice any signs of kennel cough until after you bring it back home. Once a dog inhales the infectious bacteria, it generally takes a week to 10 days for your pet to show symptoms. In a routine case, a dog with kennel cough will exhibit the telltale hacking and sneezing that may produce a whitish substance. Although the harsh cough may sound painful for your pooch, it's the body's way of getting rid of the bordetella bacteria.

It takes around two weeks for kennel cough to run its course. To ease the recovery period, your veterinarian can prescribe antibiotics and cough suppressants to relieve the symptoms. If you have a healthy, younger dog, a trip to the vet isn't essential. However, young puppies and older dogs with previous health problems should get a checkup to be safe. In severe cases, kennel cough can spiral into pneumonia, demanding a doctor visit. Signs of that happening include green or yellow nasal discharge, high fever, diminished appetite and breathing problems.

Although any dog can come down with a kennel cough, certain breeds are more susceptible to it than others. For instance, some flat-faced dogs, such as bulldogs and pugs, have elongated palates. That excess soft tissue at the back of their mouths partially blocks the dogs' breathing passages, which makes it more difficult to cough. When dogs with elongated palates catch kennel cough, their bodies have a harder time expelling the phlegm. Young puppies and older, weaker dogs have a higher tendency to develop the sickness as well.

if your dog catches kennel cough, remember that it's rarely life-threatening. You should monitor the dog's symptoms and behaviour for anything abnormal like treating a child with a cold. And when in doubt, call the vet.



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BOWLS RESULTS

RESULTS FOR MEN FOURS PLAYED ON WEDNESDAY, 20TH MARCH 2024.

Winners: Sandra Scott, Rhonda Warwick, Janice Mason, Wendy Rollason

R/U: Ann Clarke, Ron Wilson, Anita Broughton, Ray Broughton

Scoopy's Family Cafe sponsored this game.

Matt from Scoopy's attended to present the prizes to the winners and runners-up.

He also talked about the history and future vision of the iconic Bribie Cafe.

Matt very generously donated a number of store vouchers to be used in future raffles. Thank you, Scoopy's, for your sponsorship of our club.

**BRIBIE ISLAND BOWLS CLUB****Self Select pairs Fri 8 March**

Winners: C Chidley, B Meek

Runners up: C Perkins, R Glasser, W Gilbert

Lucky draw: P Hughes, S Root, K Taylor

Lucky draw: I Cooper, T Dean, B Svenson

Lucky draw: R Ferguson, M Mills, P Campbell

Random Select fours Sat 9 Mar

Out of hat winner: T Hudson, K Norton, S Brown, K Langford

Out of hat winner: P Gee, K Soens, K Muller, P McCarthy/R Gilmore

Out of hat winner: J Neill, G Geisler, M Mills, D Davis

Self Select Triples Tue 12 Mar

Winners: B Castle, T Hudson, P Patrikeos, D Davis

Runners up: V Adams, P Adams, B Lamb

Lucky draw: E James, M James, P Gray

Lucky draw: F Grimsey, K Smith, I Smith

Lucky draw: J Ferguson, S Lobo, A Cornett

Scroungers We 13 Mar

1st: B Wallace

2nd: P Brown

3rd: W Kelly

4th: K Soens

Self Select pairs Wed 13 Mar

Winners: B Hosie, J Hosie

Runners up: K Muller, D Gibson, B Ferguson

Lucky draw: M Gittens, S Mitchell

Lucky draw: M Cullinan, W Gilbert

Lucky draw: S Cook, B Kinnear

Random Select triples Thu 14 Mar

Winners: C Stroud, M Thompson, J Herbert

Runners up: G Frew, J Smith, I Teakel

Lucky draw: J Neill, T Phillips, G Teakel

Lucky draw: P Mann, J Wiegand,

M Cole

Self Select pairs Fri 15 March

Winners: C Perkins, B Pritchard

Runners up: D Cherry M Cherry

Lucky draw: M Mills, T Bennett

Lucky draw: G Healing, J Oliver

Lucky draw: D Beadman, G Steele

Lucky draw: B Hoffman, K Fuller

Random Select fours Sat 16 Mar

Highest Margin: L Gilmour, B J Adams, L Hackwood,

T Richardson

Lowest Margin: L Savige,

B Watkins, J Wallis, K Langford

Out of hat winner: C Halley, M Lyons, G Hutchison,

M Wright

Self Select Triples Tue 19 Mar

Winners: M Walter, B Gough,

G Riley

Runners up: T Smith, W Kelly,

C Kelly

Lucky draw: S Dobson,

M Thompson, G Olsen, I Gillard

Lucky draw: N Gray,

G McEniery, S Kurtz, L De Roule

Lucky draw: R Eaton,

F Crockett, B J Adams

Scroungers Wed 20 March

1st: T Grimmond

2nd: R Follett

3rd: J Smith

4th: N Holzberger

Self Select pairs Wed 20 Mar

Winners: J Brazier, S Mitchell

Runners up: S Cook, B Kinnear

Lucky draw: C Brayley,

E Bateman

Lucky draw: M Cullinan,

W Gilbert

Lucky draw: W Kelly,

B Ferguson

Lucky draw: S Root, T Eurith

Random Select triples Thu 21 Mar

Winners: G Olsen, C Kelly,

W Follett

Runners up: M Thompson,

F Grimsey, C Beavan

Lucky draw: G Gawron,

J Weigand, S Dobson

Lucky draw: D Mathison,

G Hutchison, S Muller

BONGAREE BOWLS MEN'S SCROUNGERS MARCH 16TH

1st Errol Fender, 2nd John McNeven, 3rd Ann Clarke, 4th Judi Irvine

Wed 4's March 20th Winners Sandra Scott, Rhonda Warwick, Janice Mason, Wendy Rollason

Runners Up Ann Clarke, Ron Wilson, Anita Broughton, Ray Broughton

Thurs Jackpot pairs March 21st Winners Darryl Rowlingson, Mick McHenry

Runners Up Imelda Valentine, Peter McQueen

Scroungers March 23rd 1st Sheena Bath, 2nd Steve Hamblin, 3rd Jan Dixon, 4th Ann Clarke

Thurs Jackpot pairs March 28th Winners Alister Wright, Ally Spittle

Runners Up John Park, Col Erhardt

SOLANDER LAKE BOWLS CLUB

Men's Novice Singles

Winner: Brian Wrice, Runner

Up: Nathan Wrice

WEEKLY SOCIAL BOWLS RESULTS - W/E 23/03/2024

Tuesday : Washed out.

Wednesday Winners: Paul Ollier & Peter Hodgson.

R/U: Raie Stuart and Bruce Hill.

3rd : Paul Dixon & Rob Dickson.

Jackpot (\$500) – No Winner.

Thursday Winners: No results

Friday Winners: Brad Jackson and Digby DeGrono .

R/U: Peter Hodgson ans Steve Ross

1st Rnd: Chris Treacy and Bruce Hill

2nd Rnd: Brian Wrice and Glenn McCathy

Saturday Winners: Julie Watson, Michael Whiteside and Ricci Harris



R/U: Carl Deagon, Bill Taylor and Ray Zahl

WEEKLY SOCIAL BOWLS RESULTS - W/E 30/03/2024

Tuesday Winners: Washed out

Wednesday Winners: Washed out

Thursday Winners: Neil

Letheans, Ralph Chaplin and Ian Carr

R/U: Tony Ollier, Brad Storey

and Jan Oakley

3rd : No result

Jackpot (\$330) – No Winner.

Friday: Good Friday

Saturday Winners: Bill Taylor, Robert Horsfall and Ricci Harris

R/U: Gill Wilson, Mike

Whiteside and Ralph Chaplin

Lucky Team: Robert Clavell

Pearson, Andy Ives and Doug

Hogan

BRIBIE ISLANDER: RESULTS FOR BRIBIE ISLAND WOMEN'S GOLF

14 March to 26 March 2024
14/3/24 – Single Stableford -
Open Day

A Grade Winner: Gill Lee 36
cb, R/Up Gaby Bennett 36, 3rd
Robyn Harper 35 cb

B Grade Winner: Vicki Cronan
38, R/Up Kate Brown 37 cb, 3rd
Diane Fitzpatrick 37

C Grade Winner: Dianne Bott
(Pacific Harbour) 38, R/Up Pam
Crothers (Maleny) 36 cb



Gill Lee

NTP's: Hole 4 Lorraine Barrett,
Hole 7 (Pro Pin) Diane Williams,
Hole 14 Kc Taylor, Hole 16 Gill
Lee



Vicki Cronan

Accuracy Drives: A Grade – Tina
Hando, B Grade – Lee Boyle, C
Grade – Sonia Ferrante
19/3/24 – Single Stableford



Dianne Bott

Overall Winners: Claudia
Lutgemeier 35, 2nd Magrit
Pearce 34, 3rd Desley Nelson 33



BRIDGE RESULTS

Sat 16 Mar 1 L Carr & J Wright 2 G Barnuff & S Barnuff 3 P Edis
& M Arthur E/W 1 L Groves & A Fielding 2 M Hardy & R King 3 B
Fuller & P Breene

Wed 20th Mar N/S 1 R Webb & L McLaren 2 H Standfast & J
Budgeon 3 J Borowski & J Easey E/W 1 S Watson & C Watson 2 R
Sutton & Y Nakumura

3 R Deacon & N Denvir

Sat 23 Mar 1 R Cowley & C Cowley 2 S Burton & K. Cohen 3 L.
Groves & A Fielding

Wed 27th Mar N/S 1 H Standfast & J Budgeon 2 L.Carr & J Wright
3 R Cowley & C Cowley

E/W 1 R. King & M O'Reilly 2 R Webb & L McLaren 3 F Polland & G
Polland

Brooke SAVIGE



[f](#) [t](#) [i](#) /Savige4Div1

Authorised by M. Savige, 64 Jabiru Street Bellara 4507 for B. Savige (Candidate)

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Why do some cultures believe you shouldn't sleep with your feet toward the door?

If you subscribed to every superstition in the world, you'd never leave home. With all the conflicting and myriad fates that may befall the superstitious, it isn't easy to know how to act. And that even goes for your bedtime ritual. Cultures worldwide believe sleeping with your feet facing the door is bad luck.

This belief is best embodied in feng shui, the study of the energy interaction between people and the objects in their environment. The bedroom, in particular, is believed to affect health, happiness, and the ability to save money.

As in many cultures, your feet mustn't face the bedroom door as you sleep. It's considered bad for your health because dead bodies are traditionally removed from a bedroom feet first. It's also believed that when you sleep with your feet facing the bedroom door, you'll feel restless and dissatisfied at home, and a sense of relaxation will escape you. Worse yet, spirits may drag you out the

door against your will.

Whether sleeping with your feet toward the door brings bad luck may be a superstitious matter, but you can do something to avoid waking up on the wrong side of the bed: Sleep on the left side. A study of 3,000 adults found that those who slept on the left side of the bed awoke more cheerfully and positively and were better equipped to deal with an overscheduled day. In comparison, a mere 18 per cent of those who slept on the right side of the bed had a positive outlook on life.

Although it may be a chicken-and-egg argument, people who slept on the left side of the bed reported they were calmer than their partner during crises, and a greater number enjoyed their jobs. Few said they would switch sides and become right-side sleepers. If you're looking for a change, your best bet may be to try the left side of the bed -- regardless of which direction your feet choose to slumber.

Which direction should your bed face?

In reality, your bed can face whatever direction you want. Some say that the head of your bed should be positioned against a wall but should keep a wall separate from electronics or the bathroom. According to feng shui and vastu shastra principles, your head should be pointed southwards.

Does a bed have to be centred under a window?

It definitely does not. Many interior designers place the bed under a window. However, there are many ways to situate a bed and other furniture in a bedroom.

Is it healthy to sleep with the head and feet elevated?

Experts recommend sleeping with the head six to nine inches above the heart. This can help with conditions like sleep apnoea, postnasal drip, congestion, seasonal allergies, acid reflux, and heart disease. Sleeping with elevated feet increases blood circulation, reduces swelling in the feet and legs, and lowers your risk of blood clots.



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Meet Jack Martin, Bribie Islands Area Manager for Coochie Hydrogreen. If you see Jack around the area, be sure to say hello and give him a wave! Feel free to contact Jack & the Coochie Hydrogreen team by calling 1800 245 955. Follow "Coochie Hydrogreen Bribie Island" on Facebook to stay informed with the latest information.

LAWN CARE PROGRAM



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Our treatments contain a mixture of liquid fertilisers, organic soil conditioners and soil moisture retainers to encourage strong, healthy growth in your lawn as well as spot treating for weeds, pests and diseases to give your lawn a lush, weed free appearance year-round.

Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout the season. Your local technician will also monitor and treat your lawn for any

weeds, pests, and diseases that may be showing their heads since the last visit.

If you ever have any questions or concerns, call your local area manager Jack Martin and he will pop out to discuss &/or address the concern free of charge.

LAWN GRUB SEASON

Lawn grub is a name that covers a wide variety of creepy crawlies that invade your lawn. Scarab Grubs, Mealy bug, Army Worm and African Black Beetle are just a few of the lawn pests that we see in unprotected lawns each year.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs feed off the root system of your turf, this prevents all the nutrients in your soil getting to the turf leaf so brown patches in your lawn can indicate that grubs are present. .

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle starts all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

HOW TO STOP LAWN GRUBS

Jack says "This has been the worst Lawn Grub season that we have experienced in over a decade. The last season this bad was in 2011 around the time of the last floods. People should know that we are not out of the grub season yet, and given the recent rain and humidity that we have had, we may yet see another surge of lawn grubs this season".

The best way to deal with Lawn Grubs is to apply preventative treatments every 8-10 weeks during the grub season.

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HOARDING

Living on an Island as beautiful as Brisbane shouldn't be overshadowed by clutter. Yet, for some residents, hoarding disorder creates a hidden struggle. Excessive possessions accumulate, transforming homes into labyrinthine spaces of anxiety and isolation. But there's hope. Melbourne boasts a team of dedicated hoarding cleanup heroes – compassionate professionals who step in when the clutter becomes overwhelming.

Understanding the Challenge

Hoarding disorder goes beyond simple disorganization. It's a complex mental health condition characterized by an inability to discard possessions, regardless of their value or usefulness. Often rooted in fear and anxiety hoarding can significantly impact a person's quality of life. Here's what hoarding looks like.

- Overwhelming Clutter: Rooms become choked with possessions,

making movement and daily activities nearly impossible.

- Biohazard

Risks: Accumulation of trash, food waste, or animal waste can create unsanitary conditions and pose health risks.

- Emotional Distress: Shame and embarrassment associated with the clutter can lead to social isolation and depression.

Getting Help

There are organisations around that specialise in hoarding cleanups. You need to pick someone who understands the complexities of this disorder. They offer more than just a cleaning service – they provide a lifeline. Here's what sets them apart:

- Compassionate Approach: They should treat clients with dignity and respect, understanding the emotional challenges behind the clutter.

- Discretion and Sensitivity: The cleanup process should be handled with utmost discretion, ensuring the client's privacy

and comfort.

- Safety Focus: Experienced in biohazard remediation, they should prioritize creating a safe and healthy environment.

The Cleanup Process: A Collaborative Approach

The process often involves collaboration with:

- Mental Health Professionals: Therapists specializing in hoarding disorder can provide crucial support and treatment plans.
- Support Groups: Connecting with others who understand the challenges of hoarding can offer invaluable encouragement.
- Professional Organizers: Developing decluttering strategies and creating manageable storage systems can empower individuals to maintain order.

Beyond the Cleanup: Long-Term Support

- Professional Organizers: Developing decluttering strategies and creating manageable storage systems can empower individuals to maintain order.
- The work of hoarding cleanup organisations goes beyond the initial clean-up. They often provide ongoing support, helping clients:

- Develop coping mechanisms: Therapists can equip individuals with tools to manage anxiety and make healthy decisions about possessions.

- Maintain a clutter-free environment: Professional organizers can offer guidance on creating sustainable organising systems.

- Rebuild social connections: A clean and organised home can empower individuals to reconnect with loved ones and rebuild their social lives.

Reclaiming Homes, Restoring Lives

Hoarding cleanup organisations are more than just cleaners – they're agents of positive change. They offer a beacon of hope, helping individuals reclaim their homes and, more importantly, reclaim their lives. If you or someone you know is struggling with hoarding disorder, remember, there's help available. Reach out to these compassionate professionals and take the first step towards a clutter-free future.



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Only one in ten Aussies test their smoke alarm

• Astoundingly, the latest figures show under half (48%) of homes have a smoke alarm, but only two-thirds (65%) are in operation.

• Smoke alarms should be tested once a month, yet just 10% of Aussies do so, while one in two have disabled the smoke alarms in their homes.

• In line with Test Your Smoke Alarm Day, Aussie households are urged to set monthly phone reminders to #TestitTuesday and maintain their smoke alarms.

Just as leaving your doors unlocked poses a risk, neglecting to install and maintain smoke alarms in your home can jeopardise the safety of yourself and your loved ones. With more Australians dying in residential fires on average than by all natural hazards combined¹, it's sparking a renewed call from experts for Australians to protect themselves with a working smoke alarm. Smoke alarms provide critical early warning to give you and your loved one's

time to escape, so testing and maintaining them plays a crucial role in the device's purpose of saving lives.

While Queensland has the country's most stringent fire safety laws, the latest data shows that just 73% of households tested their smoke alarms last year². While nearly two in three (62%) of those without interconnected smoke alarms say they are likely to install them in the next 12 months.

Research from Brooks Australia reveals that most Australians (90%) don't test their smoke alarms to the recommended standard—once a month. Furthermore, a stunning one in five (22%) Australians who have disabled their smoke alarms admit to never having replaced the battery when it ran out.

Cathy Brand, CEO of Brooks Australia, says testing your smoke alarm isn't a task; it's a responsibility.

"Smoke alarms are the most effective early warning sign when there is a fire, but if they aren't tested and maintained properly, it can put you, your family and your home at risk. Unfortunately, our research has found that households across Australia don't regularly test their smoke alarms, placing Aussie families at significant risk," Brand says.

"We've seen in recent months just how important smoke alarms are in saving lives, including the escape of a family on the Gold Coast earlier this year."

HOME AND GARDEN

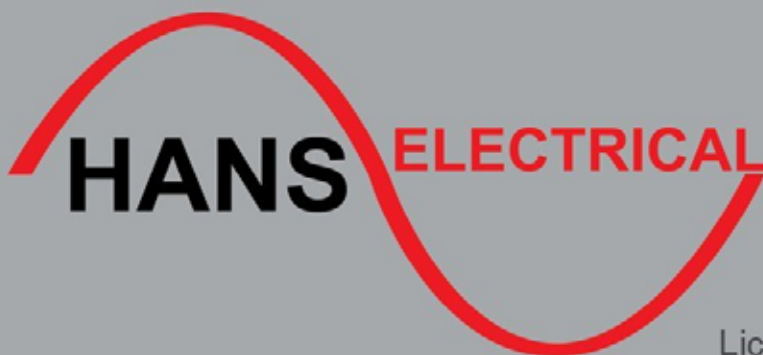
The absence of working smoke alarms can increase the possibility of a fatal fire by 60%. Meanwhile, further data shows that in all fire calls attended by Fire and Rescue NSW, just under half (48%) of homes had a smoke alarm, but only two-thirds (65%) were in operation⁴.

Brand says testing your smoke alarms should be a regular maintenance routine of Australian households.

"While the recommendation is to test your smoke alarms once a month, cleaning the device to remove any dust, insects or cobwebs every six months can minimise false alarms and help smoke reach the internal sensors easily," Brand says.

"Testing smoke alarms is much simpler than people might expect; just remember 10—smoke alarms need to be less than ten years old, take less than 10 seconds to clean, and take less than 10 seconds to test. That's why we are encouraging Aussies to set a reminder every month to test their smoke alarms."

Smoke alarms are crucial safety features in every household, but they can only protect you if they are working properly. Brooks Australia recommends performing regular maintenance checks to ensure that your smoke alarms always function correctly.



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Moving to a new home starts an exciting new life chapter filled with promise and new experiences. Yet, moving comes with challenges that, if not handled carefully, can take away from the joy of this big step. It's important to be well-prepared and aware of common issues.

NOT RESEARCHING MOVING COMPANIES

Choosing a moving company is one of the first hurdles you'll encounter in your journey. This decision can make or break your moving experience. A common mistake many make is not conducting thorough research on potential moving companies. Opting for the first company you come across or choosing based solely on price can lead to disastrous results, including scams, damaged belongings, or hidden fees.

FAILING TO BUDGET PROPERLY

Budgeting inaccurately for a move is a pitfall that often surprises people. However, the costs associated with moving extend beyond the price quoted by your moving company. Account for packing materials, potential overnight stays, eating out, and other unforeseen expenses. Creating a comprehensive budget that covers all possible costs will help avoid financial strain and ensure a smoother transition to your new home.

SKIPPING THE PURGE

Moving presents an ideal opportunity to declutter and streamline your possessions. However, many overlook this chance, choosing instead to pack everything they own. Transporting items you no longer need, use, or want increases your moving costs and clutters your new space from the start. Before you begin packing, take time to sort through your belongings, donating, selling, or discarding things that don't serve a purpose in your next chapter.

UNDERESTIMATING THE TIME REQUIRED TO PACK

Packing is invariably more time-consuming than anticipated. Many fall into the trap of underestimating how long it takes to pack their belongings properly. Waiting until the last minute can lead to haphazard packing, which increases the risk of damage and can make unpacking a nightmare. Starting weeks in advance and tackling the job one room at a time can make the process more manageable and less stressful.

NOT UPDATING YOUR ADDRESS

Amid the chaos of moving, updating your address across all necessary accounts and services can slip through the cracks. This mistake can lead to missed bills, important documents, or packages ending up at your old address, potentially leading to financial repercussions or loss of valuable information. Prioritize making a comprehensive list of all institutions, subscriptions, and services that need to be informed of your address change, from your bank and insurance companies to magazines and online shopping sites.

FAILING TO MEASURE FURNITURE AND DOORWAYS

One of the more technical mistakes to avoid is failing to measure large furniture and the doorways of your new home. It's not uncommon for movers to arrive at their new residence only to discover that a key piece of furniture won't fit through the door or in the intended space. To prevent this frustrating scenario, measure your large items and the entry points of your new home in advance. If certain pieces don't fit, you'll have time to sell or donate them rather than deal with the dilemma on a moving day.

OVERLOOKING INSURANCE OPTIONS

Many movers overlook the importance of insurance, assuming that their belongings are automatically covered during the move. However, the basic insurance provided by moving companies often covers only a fraction of the value of your items in case of damage or loss. Before moving, it's crucial to understand the coverage options offered by your moving company and assess whether additional insurance through your provider is necessary. This step is crucial for high-value items, providing peace of mind that you're fully protected.

CONCLUSION

Moving into a new home is an adventure filled with potential pitfalls. By being aware of and actively avoiding these common mistakes, you can streamline the process, making it as smooth and stress-free as possible. From the importance of professional packing for your valuables to updating your address, each aspect of your move requires careful consideration. Successful moving is not just about getting your belongings from point A to point B; it's about seamlessly transitioning into your new life.

HOW TO UNCLOG A DRAIN & OTHER CLEVER USES FOR SALT

There are several plumbing repairs that require immediate attention. Chief among these is a clogged drain. Everyone knows the inconvenience and mess that accompany a sluggish drain. Even so, many people wait until the drain stops completely before they take corrective action. Sometimes, a clog can be cleared with a simple homemade remedy. If you have a moderately clogged drain, try this homemade drain cleaner: Pour 1/2 cup of baking soda down the drain, followed by 1/2 cup of vinegar. Be careful. The baking soda and vinegar interact with foaming and fumes, so replace the drain cover loosely. Let the concoction set for about three hours before running water. If you know the slow drain is



from grease, try this treatment: Pour in 1/2 cup of salt and 1/2 cup of baking soda, followed by a teakettle of boiling water. Allow to sit overnight. You can keep your drains clog-free and odourless by using the following homemade noncorrosive drain cleaner weekly. Combine 1 cup baking soda, 1 cup table salt, and 1/4 cup cream of tartar. Stir ingredients together thoroughly and pour into a clean, covered jar. Pour 1/4 cup of mixture into the drain, and immediately add 1 cup boiling water. Wait 10 seconds, then flush with cold water. Flushing weekly with a generous amount of boiling

water also works well.

Clear coffee stains. Add 1 cup crushed ice, one tablespoon water, and 4 teaspoons salt to your coffee pot and swirl the mixture. Rinse and wash as usual. You can also use the same method to remove stains from your favourite coffee cups.

Deep clean the oven and stove. Sticky spills are tough to remove from your oven and stovetop. Make it easier by sprinkling the spill with salt. Let it sit until the spill gets crisp, and you can lift it with a spatula. You can also soak up liquid spills on the stovetop by sprinkling them with a mixture

of salt and cinnamon. Leave it on the spill for about five minutes and then wipe away. Sanitise the fridge. Sprinkle equal amounts of salt and baking soda on a damp sponge and wipe down the interior. Remove wine stains. Sprinkle kosher salt on the stain and let it sit for two or three minutes, then rinse with cold water.

Erase watermarks. Make watermarks on wood disappear with a paste of 1 teaspoon salt and a few drops of water. Gently rub the paste onto the ring with a soft cloth until it's gone. Follow up with a good furniture polish



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- Plantation shutters.
- Security screens.
- Air-conditioning.

4 BED | 3 BATH | 2 CAR

For Sale: Contact Agent
Land Size: 800m²

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13 Marlin Court, Banksia Beach

Look no further than 13 Marlin Court, Banksia Beach, where you can embrace the idyllic island lifestyle with the added comfort of modern luxuries. Situated on Bribie Island, the world's fourth-largest sand island, this property offers the perfect blend of convenience and island serenity.

This meticulously renovated residence embodies the essence of island living, combining stunning aesthetics with exceptional functionality. Stepping inside, you'll immediately appreciate the meticulous attention to detail and the pride of ownership evident in every corner.

4 BED | 3 BATH | 2 CAR

For Sale: Contact Agent
Land Size: 800m²

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5 WAYS GARAGE MAKEOVERS IMPACT YOUR HOME'S RESALE VALUE

You might have yet to think about the effect that a garage renovation can have if you're trying to raise the market value of your house. Transforming your garage could greatly impact the price of your house. In addition to offering more storage, it can enhance your house's aesthetic and use. In this post, we'll look at five ways that redesigning your garage can increase the market value of your home.

Simple improvements like installing new flooring or notably replacing your garage door affect the price homebuyers are ready to pay for your house. Keep reading on to learn how a garage might increase the value of your home if you plan to sell it in the future.

1. Improves Storage Capacity

A congested garage may significantly turn off interested buyers. However, a garage makeover can change that. A neatly arranged garage might significantly change a prospective buyer's perception of your house. Add shelves, cabinets, and overhead storage units to make an aesthetically pleasing and practical room.

Suppose you are also thinking of other things, like the garage door. Relax. The correct response to "Should you renovate your garage door to sell?" is yes! Upgrading your garage door is one of the most economical methods to raise your house's value and exterior appearance. Buyers seeking a property with lots of room for storage and abundant possessions may find this particularly appealing.

Maintaining order and clutter-free living throughout the rest of your house can be made simpler by a garage that is structured and maximised for storage. Therefore, if you want to raise the value of your property when you sell it, consider remodelling your garage.

2. Greater Efficiency

When you renovate your garage, you go beyond offering substantial storage space. That space can become more usable and functional, thus increasing your house's worth. In other words, it can be a convenient workspace that a prospective buyer can utilise throughout the year, especially when you install insulating and heating or cooling systems.

Most people feel satisfied when they find a home with versatile space worth using for different functions, and your potential buyer is no exception. The fact remains that a garage that can also act as a workshop, home gym, or entertainment spot increases in value.

Therefore, consider giving your garage a practical and versatile renovation to boost your house's value.

3. Creates a More Appealing Exterior

From the first glance count, your garage's appearance can significantly affect your home's curb appeal. A modernised and well-kept garage can make a good impression on prospective buyers and entice them to view the other parts of the home.

Make your home's entrance appealing and welcoming by updating your garage door, installing windows, or applying a fresh coat of paint. The truth is that this can be a key selling feature for potential buyers searching for a property that appears well-maintained and aesthetically pleasing.

Potential buyers may feel more at ease considering buying your property if it has a welcoming garage that adds

to their sense of safety and Security. Therefore, to increase your property's value, consider renovating the garage to improve curb appeal and make a cozy gateway for guests.

4. Improves Security

Nobody, including you, wants to be vulnerable to threats that can be easily avoided. In addition to being crucial for your peace of mind, modifying your garage's security and safety systems can raise the value of your house.

A garage with improved security mechanisms can give prospective purchasers the impression of Security they seek in a property that emphasises safety. You can improve your garage's overall Security and safety by adding security cameras, setting up an alarm system, or strengthening the garage door.

These upgrades may scare off prospective intruders and give potential buyers the confidence they require to feel secure about their investment. You may improve the safety and Security of your garage and the market value of your house by making these improvements.

5. Advantage Over Rivals

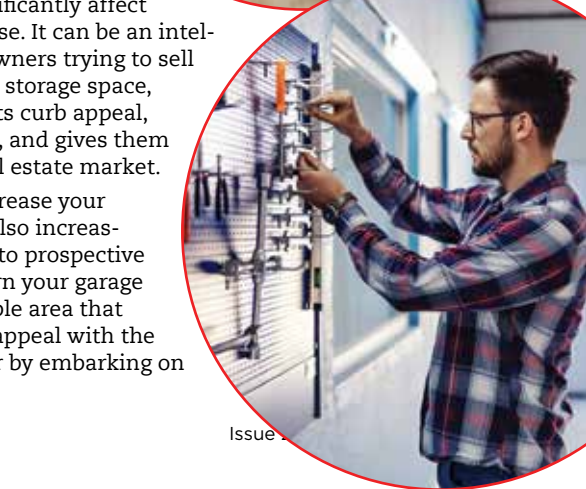
Making your home stand out is crucial in a crowded real estate market. A garage renovation can give you a competitive edge by creating a unique and valuable room that distinguishes your house from other homes in the neighbourhood.

Show prospective buyers the possibilities of your house by revealing a neatly arranged and appealing garage. These buyers might need extra storage space or a flexible room for their hobbies and interests. Such may enhance interest in your house and result in multiple offers, enabling you to sell it for more money. By investing in a garage renovation, you may create a room that increases the value of your home.

Final Thoughts

A garage renovation can significantly affect the market value of your house. It can be an intelligent investment for homeowners trying to sell their house since it increases storage space, enhances functionality, boosts curb appeal, improves safety and Security, and gives them a competitive edge in the real estate market.

These improvements can increase your return on investment while also increasing the appeal of your house to prospective purchasers. Go ahead and turn your garage into a functional and adaptable area that enhances your house's curb appeal with the aid of qualified contractors or by embarking on a DIY project.





MSQ puts holiday boaties on notice over speeding and lifejacket safety

• Maritime Safety Queensland (MSQ) compliance officers will be on the water these holidays, enforcing regulations around speeding and lifejackets.

• MSQ's summer holiday patrols saw high rates of boaties exceeding legal speed limits and not complying with lifejacket rules.

• Most recreational boating deaths involve people not wearing lifejackets.

Maritime Safety Queensland (MSQ) urges boaties to stay safe these Easter holidays by slowing down and wearing lifejackets when on the water. MSQ's Easter boating safety campaign, which targets non-compliance with speed and lifejacket regulations, will run from 27 March to 14 April 2024.

To help keep everyone safe on the water, MSQ's Maritime Enforcement Team (MET), which more than doubled in size in the past 12 months, will be out on the water, ensuring boaties are doing the right thing and complying with the required safety rules.

The MET's safety campaign through the summer school holidays noted a 10% increase in non-compliance from previous years – in particular, speeding and failing to have

the correct lifejackets on board and/or wear them properly. The MSQ enforcement team issued a combined total of 358 infringements and warnings to boaties not doing the right thing on the water over the summer holidays.

Queensland has more than a million recreational boat licence holders (including personal watercraft/jet ski licences), many of whom flock to the waterways over the Easter school holidays. Sadly, there were 16 boating fatalities in the 2023 calendar year. Most boating fatalities are drownings that occur after unexpected incidents result in persons being thrown overboard. Over the six years from 2018 to 2023, 68 people drowned or were presumed to have drowned in marine incidents involving recreational vessels in Queensland. Only five were known to have been wearing a lifejacket.

Quotes attributable to Maritime Safety Queensland General Manager Kell Dillon:

"Boaties need to clearly understand the message that speeding is dangerous on the water, just as it is on the roads.

"It is particularly dangerous when waterways are more

congested, such as during the holidays, because speeding reduces a skipper's decision-making time to avoid incidents "And we cannot emphasise enough that lifejackets are the seatbelts of the sea.

"It is seriously concerning that Maritime Safety Queensland's Maritime Enforcement Team found an alarmingly high rate of unsafe behaviours out on our busiest waterways during the summer.

"Having two in every three intercepted boaties doing the wrong thing is simply unsustainable from a safety point of view.

"It is particularly disappointing that speeding and life jacket offences continue to feature prominently.

"So, I say to boaties, please slow down, wear your lifejacket and make sure everyone else does too.

"If you end up in the water and you're not wearing your lifejacket, it can't save you." A lifejacket is a vital piece of safety equipment that could save your life. The best idea is to make sure you wear it. Put the lifejacket on as part of your pre-trip preparation. It is a lot harder to put a lifejacket on in the water during an emergency.

• Lifejacket rules



• It is compulsory to wear a lifejacket:

• when crossing a designated coastal bar in an open boat that is less than 4.8m in length

• if you are under 12 years (aged one year or more but less than 12 years) in an open boat that is less than 4.8m in length and underway

• when on a personal watercraft (commonly called a 'jet ski').

Our law says that:

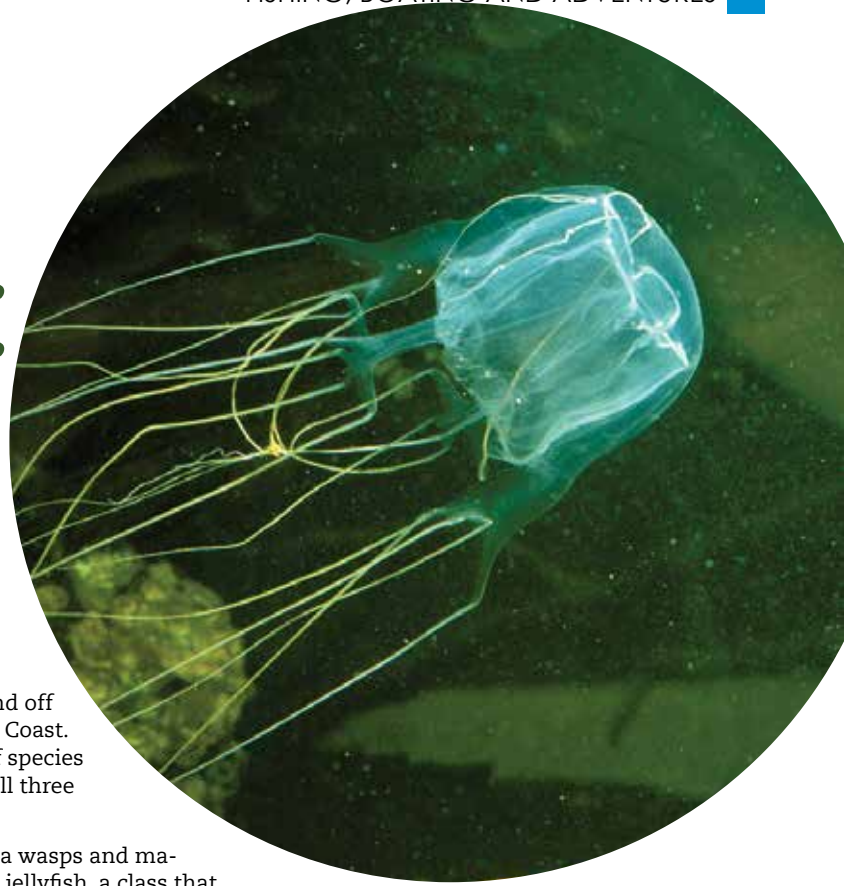
• Boat owners or skippers must inform each person on board about where safety equipment is kept and clearly sign where lifejackets are stowed. The labels must have the word 'lifejacket' in red text on a white background or white text on a red background.

• Lifejackets must comply with and display information about which Australian Standard (AS) they were manufactured to. The current standard is AS 4758, which has replaced AS 1512-1996, AS 1499-1996 and AS 2260-1996.

• Lifejackets that comply with old standards (AS 1512, AS 1499, or AS 2260) can only be used if a ship was equipped with them prior to 1 September 2016 and is within their serviceable life.

BOX JELLYFISH:

World's Most Venomous Sea Creature



If sharks can have a week of their own, why not jellyfish? Is it because jellyfish do not have a menacing maw or a fear-inducing dorsal fin? Is it because no one's made a sinister movie where jellyfish terrorise beachgoers? Or is it because jellyfish look like squished gummy bears with spaghetti strings for tentacles, while many sharks have razor-sharp teeth that can rip into human flesh?

Let's face it: jellyfish are more bothersome than threatening so that no one would tune into "Jellyfish Week." Their stings hurt and itch, but sharks can tear a limb off. If that doesn't get you your own show, nothing will.

But what if we told you there's a type of jellyfish that is more menacing than the most threatening shark? It goes by the scientific name *Cubozoa* but is commonly called the "box jellyfish."

Unlike their annoying cousins, the box jellyfish have a powerful venom. How powerful? One type of box jellyfish, *Chironex fleckeri*, also known as the Australian box jellyfish, is so poisonous that if one of its 6-foot-long (1.8-meter-long) tentacles touches you, you might die before you reach the shore. It is considered the most venomous marine animal on the planet.

On the other hand, if you were stung by the Lilliputian *Carukia barnesi*, you might beg to die because the pain, vomiting, headaches and anxiety are beyond excruciating. Occasionally, fluid will fill the lungs, and if left untreated, could result in death.

Box jellyfish generally live in their own neighbourhoods in the Indo-Pacific Ocean and the waters off Northern Australia. However, they also inhabit the waters

around Hawaii and off the Gulf and East Coast. Only a handful of species can be found in all three oceans.

Also known as sea wasps and marine stingers, box jellyfish, a class that includes 50 described species, can have up to 15 tentacles with about 5,000 stinging cells, known as cnidocytes that it uses to kill prey. Each of those cells contains a tiny capsule that can fire microscopic stingers into its prey at more than 37 miles [60 kilometres] per hour, releasing a toxin that causes a rapid spike in blood pressure, which makes the heart seize up and kills the victim.

Although no one has kept an official fatality record, between 20 and 40 people die each year from box jellyfish stings just in the Philippines. Experts say the mortality rate around the world is higher than what's reported because doctors often misdiagnose the symptoms or get the cause of death wrong. What is known is that the 43 species of box jellyfish cause more deaths and injuries than sharks, stingrays and sea snakes. You'd have better odds of surviving if bitten by a black widow.

Box Jellyfish Actively Hunt Prey

Box jellyfish are a curious breed. They have two dozen eyes, most of which have lenses, corneas and irises. In other words, they can see. The anatomy of a regular jellyfish only allows them to distinguish light from dark. Box jellyfish also have a more advanced nervous system than their cousins, allowing them to avoid, and engage, objects quickly.

Here's what might be the worst part: unlike other species of jellyfish who wait for their meals, box jellyfish swim as they actively hunt their prey, mainly shrimp and small fish. They propel through the water at 4 miles per hour (6.43 kilometres per hour) by opening and shutting their bell-shaped heads like an umbrella in a rainstorm.

Dr Angel Yanagihara, a marine biologist at the University of Hawaii at Manoa and the world's foremost expert on box jellyfish, says the box jellyfish does not release venom like a rattlesnake. Instead, when a box jellyfish stings, it releases a "digestive cocktail" that helps the creature catch and digest its meals. In humans, however, Yanagihara says the digestive cocktail acts like a "molecular buckshot...causing holes in all our cells." A person's heart can stop in as little as five minutes. Yes, you don't want to experience a box jellyfish sting.

Box jellyfish are among the oldest animals on the planet, dating back at least 600 million years and surviving several mass extinctions. Their numbers, like those of all jellyfish, are growing, exacerbated by warming oceans and oxygen-depleting fertilisers that eventually find their way into the water. They are most active between November and April (jellyfish season).

"We're a greater threat to them than they are to us," says Yanagihara, who has experienced a box jellyfish sting several times and survived.



John Traill Public Relations Officer - Volunteer Marine Rescue Bribie Island FOR EMERGENCIES OR OPERATIONAL ISSUES
CALL VMR BASE ON 3408 7596 Mob: 0407 537 323 publicrelations@vmrbribie.com,

PARKING SANDSTONE POINT HOTEL

Sunday 10th March 2024 – From 10am to 5pm, with intermittent showers our staunch parking crew was divided into 2 starting groups, one at 1030am the other at 1230 pm.

Problems arose when people booking into the Big 4 Caravan Park started to arrive in the traffic lineup and were requested to park across the road until their sites were ready, of course, that's where we were parking all the cars/trucks/utes attending the concert! The carpark was filling quickly and were parking around these "big rigs", an amazing job from our guys for making it work for all concerned.



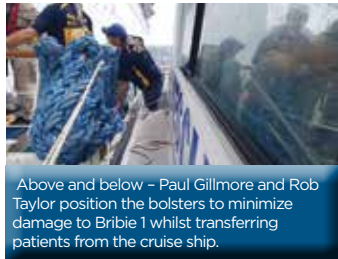
Kelly Langworthy with one of the problematic Eftpos machines! Unfortunately, spares didn't arrive until 1pm. Jim Brown is in the background.



Leona Patrick at the "sharp end".

MEDEVAC TO CRUISE SHIP

13th March 2024 - It has been busy lately with medevacs and today's call out crew Paul Gillmore and Robert Taylor with Skipper Liz Radajewski were tasked to get patients from the Carnival Splendour that was at anchored off Tangalooma. Rough conditions but great work by the crew made it all work well and job done.



Above and below - Paul Gillmore and Rob Taylor position the bolsters to minimize damage to Brbie 1 whilst transferring patients from the cruise ship.

RED SATURDAY CREW DAY

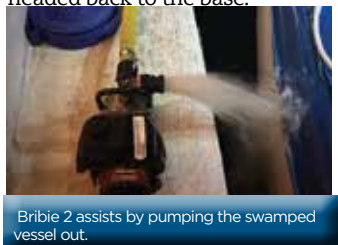
Red Saturday had a plan and navigate day for 3 of the crew to Tangalooma and back and also to practice tying up at the Dock for Medevac's. The crew were then tasked by QAS for a real medevac to transport 2 Ambulance Officers to Tangalooma and bring back an 18-month-old child and mother back to a waiting ambulance at the VMR Base Pontoon. It was a busy day with really choppy conditions which makes for a big day on the water.



Mark Young, Tim Amourous, standing Steve Williams chats with Skipper Jim Brown, Rob Taylor and Garry Howell.

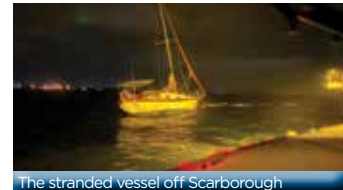
MONDAY ASSISTS

Monday 18th March 2024 - WOW what a Monday night with swamped vessels and a flare sighting! the call out crew were called out at 6.30pm to assist with a sinking vessel in the passage both pumps were deployed and after nearly 2 hrs the vessel was floating again all pumps and systems checked and the crew headed back to the base.



Bribie 2 assists by pumping the swamped vessel out.

Just as the crew sat down to fill out paperwork a call came in from the water police, flares had been sighted off Scarborough, so the crew jumped on Brbie 1 and headed toward Scarborough. Conditions were pretty good, so Brbie 1 made good time to the area. Flashlights at the ready the crew started a search and there she was, a vessel perched on the reef. Brbie 1 nosed in and spoke to the gentleman on board and a plan was hatched to secure the vessel for the night and to make sure the gentleman was safe on board. As the crew were getting ready to help the vessel secure up, the Bay decided to put on a show of wind and swell that dramatically changed the conditions and the whole situation in general. Coast Guard Redcliffe was asked to send a smaller vessel as Brbie 1 was struggling to get close to communicate with the gentleman on the boat as he had no radio nor communication aids. Brbie 1 finally got 30m of rope and anchor deployed to keep the vessel from disappearing on the high tide. Conditions deteriorated rapidly and the sailor wanted to stay with the vessel, but that was not an option in 20knt winds, a big swell, and an incoming tide. Coast guard managed to persuade the gentleman to leave his vessel and swim to a life ring, which he did and s taken to Coast Guard Redcliffe and then transported to Brbie Island and taken home safely by a crew member. It was stark reminder that the Bay is a truly dangerous place, and you should always be prepared for changing conditions. A massive shout out the Coast Guard Redcliffe - QF3 and to VMR Brisbane Inc who was there in case we needed them - was great to work together. Around 2.15am the crew finally got home for their dinner. Thanks to everyone involved.



The stranded vessel off Scarborough

BUSY FRIDAY MORNING

Friday 22nd March 2024 - WOW what a Monday night With strong winds and incoming high tide, conditions in the Pumicestone Passage were not very favourable for vessels moored and anchored. A member of the public reported that a yacht was drifting toward the Brbie Bridge. As Brbie 2 had just returned from another Assist Skipper Gary Voss and his crew of Mark Purtell and Steve Parry were on the scene in very quick time. As Brbie 2 neared the target vessel, the Radio Room was swamped with phone and radio calls that the drifting vessel had now hit the Bridge and was stuck underneath it



SUNSET DRINKS

Friday 22nd March 2024 - 50 Active Members and partners attended the March Sunset Drinks held a week early due to the last Friday of March being Good Friday. Nevertheless, an Easter theme was appropriate, and we had a visit from the Easter Bunny (or was it Peter Rabbit)! Kelly Langworthy and her Social Committee put on another wonderful spread of Grilled whiting/Crumbed whiting, with chicken schnitzels for those not into fish, served with baby boiled potatoes in butter and parsley, honeyed carrots, green peas, and bread rolls. And to top it off, the usual ice-cream in waffle cones, or cups, with your choice of toppings. Commodore Ces Luscombe welcomed all, thanked the Social Committee and the barmen,

Ian Thomas, and Doug Lythgo, wished everyone a Happy Easter and announced that dinner was waiting in the bain-maries!
 Vice Commodore Wayne Sclater back from his recent travels, announced the arrival with a special visitor, after helping him through the door with his ears, and as the Safety Officer, making sure all the ceiling fans were switched off. Commodore Ces and Treasurer Kelly then conducted the Easter Raffles.



Debbie Simpson with Wayne Robinson.



Mike Phillips on a break from the RSL Raffles is presented his raffle prize by Commodore Ces.



Kate Brown receives her raffle prize from Commodore Ces.



Vice Commodore Wayne Sclater receives his (or Sue's) raffle prize from Commodore Ces.



Doug Lythgo receives his raffle prize from Commodore Ces.



Mark Paterson receives his raffle prize from Commodore Ces.



Myles Robinson receives his raffle prize from Commodore Ces.



Peter McNamara receives his raffle prize from Commodore Ces.



Our barmen for the evening Doug Lythgo and Ian Thomas.



Radio Operator Wayne Beeton at the buffet.



John Burdinat, Lorna Holliday, Vice Commodore Wayne and Sue Sclater at the buffet.



Kelly Langworthy and the Easter Bunny.



Vice Commodore Wayne, Easter Bunny, and Lindsay Crompton.



Gwen McNamara with Wendy Luscombe



Kelly Langworthy receives her raffle prize from Commodore Ces.

MARCH VESSEL ASSISTS

FRI 15/03 1355PM – 4.8m Half Cabin non-member with motor issues required a tow from North of Toorbul to Spinnaker Sound Marina.
 SAT 16/07 1403PM - Tasked by QAS to transport 2 Ambulance Officers to Tangalooma to medevac a 16-month-old child and Mum back to VMR Base to awaiting ambulance.
 SUN 17/03 1118AM - Tasked by QAS to transport 2 Ambulance Officers to Tangalooma to medevac a patient with dislocated knee back to VMR Base to awaiting ambulance.
 MON 18/03 1905PM – Vessel opposite VMR (mainland side) taking on water requiring pump out.
 MON 18/03 2215PM – Tasked by Water Police to investigate flare sighting off Scarborough.
 WED 20/03 0632AM – 4.5m non-member with a flat battery North of Turners Camp,
 WED 20/03 0852AM – Tasked by QAS to transport 2 Ambulance Officers to Tangalooma and medevac a male patient to awaiting ambulance at Base Pontoon.
 THU 21/03 1526PM – 16m Houseboat member taking on water at White Patch with 2 cats on board, investigated and returned 2 cats to owner on shore.
 FRI 22/03 0707AM – 9.1m Cruiser member is beached near Warrigal Street had arranged with us to tow vessel off beach at high tide. Vessel refloated whilst Bribie 2 left Base Pontoon.
 FRI 22/03 0856AM – MOP reported yacht drifting 10m South of Bribie Bridge, subsequently hit Bridge, retrieved and temporarily put on VMR Mooring.
 FRI 22/03 1408PM – MOP reported small vessel overturned

off Kal-Ma-Kuta Ramp, investigated.
 SUN 24/03 1200PM – 5m Runabout non-member has sunk off Skirmish Point. Investigated and conditions are unsuitable for VMR to recover – Water Police advise that QPS will retrieve from land.
 MON 25/03 1600PM - Tasked by QAS to transport an Ambulance Officer to Tangalooma and medevac a patient to awaiting ambulance at Base Pontoon.
 TUE 26/03 1207PM - Tasked by QAS to transport an Ambulance Officer to Tangalooma and medevac a patient to awaiting ambulance at Base Pontoon.
 WED 27/03 1835PM – Tasked by Water Police to medevac person from Tangalooma to VMR Base Pontoon. .

2024 YEAR RADIO ROOM STATISTICS

To Wed 27th March 2024
 3,986 Calls, 990 vessels logged on,
 111 Vessel Assists, 437 Sitreps, 630 Requests,
 14 Overdue vessels, 4 Vessel Tracking,
 349 Radio Checks, 5 Weather Forecasts
 3 Securite Broadcasts. 1 Pan Pan, 0 Mayday
 VHF calls 48.8%, - 27MHz calls 0.2% - Phone 30.2%
 GWN 4.4%, OTHER 3.2%

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Why are drivers taking more risks on the beach, asks UniSC study

Thousands of four-wheel drives hit Queensland's beaches this Easter long weekend for four days of fun, family and frivolity in the sand and sun. But will drivers treat those beaches with the same level of caution with which they treat roads? That's one of the questions Levi Anderson hopes to answer as the Chief Investigator on a new study from the University of the Sunshine Coast and Motor Accident Insurance Commission's Road Safety Research

Collaboration.

"In our previous research, we learned that peer influence and the belief police would not catch them were key motivating factors for drivers engaging in risky behaviour on the beach," Mr Anderson said.

"This time, we're digging deeper into what drivers perceive as the differences between beach and road environments to understand why so many people offend on the beach but not on the road."



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AUSTRALIAN OWNED

The Road Safety Research Collaboration is seeking participants who have driven on the Noosa Northshore, Teewah, Rainbow, or Double Island beaches in the past five years to participate in a survey about their experiences there.

Mr Anderson says understanding how people think about driving on these beaches is crucial to preventing future tragedies.

“Serious crashes and injuries are becoming more prevalent on beaches. We saw this illustrated late last year with a fatal crash involving a young foreign driver,” Mr Anderson said.

“People need to remember to apply the road rules, drive to the conditions, not exceed the speed limits and be vigilant; unlike our roads, the beach’s surface changes daily, and hazards can appear out of nowhere.

“We hope this research will help us further understand beach driving behaviour so we can help prevent offending and preserve life on our beaches.”

PROJECT DESCRIPTION

This research project aims to understand the attitudes and perceptions of drivers on the beach towards offending (speeding, drunk driving, drug driving, and other vehicle-related offending) and investigate what perceptions people form about such offending behaviours. Specifically, we are looking at how these driving behaviours typically

differentiate between the beach and road environments, how risk is perceived surrounding these behaviours, what factors might increase these offending behaviours, and what interventions could be used to reduce such offending. This will allow for comparing risk perceptions and offending between beach and road environments and what factors contribute to these differences. If you are over 17 and have held a valid Queensland driver’s licence (provisional, open, or suspended), you are invited to participate in this research project.

The Motor Accident Insurance Commission and the University of the Sunshine Coast fund this project.

PARTICIPATION

If you agree to participate in this research project, you will be asked to complete an anonymous online survey. The survey will take approximately 10 minutes to complete and will ask you: a) some demographic, behavioural and situational questions (i.e., age, gender, licence type, and beach experience); b) some questions on the frequency in which you engage in risky driving behaviours (e.g., speeding, drink driving, drug driving, seatbelt); and c) some questions relating to your perceptions about those offending behaviours.

Your participation is voluntary. If you decide to participate but change your

mind, you may withdraw at any stage without any consequences. However, please note that once the survey has been completed, the research team cannot remove your responses as they will not be identifiable.

CONSENT

Consent is for your data and information to be collected, stored, and used in non-identifiable format in analysis and publications. The data may be used in related, ethics-approved research projects conducted by the MAIC/UniSC Road Safety Research Collaboration. Your data will remain private, anonymous, and confidential.

RISKS AND BENEFITS

While some questions may be asked about illegal driving behaviours, we are not collecting any identifying information about you, your vehicle, or your passengers at any time. There are no anticipated risks associated with your participation. However, thinking about the themes presented in this survey may create uncomfortable or distressing feelings. If you need to talk to someone, you may wish to contact family or friends, your General Practitioner, Lifeline (131114), or Beyond Blue (1300 224 636). There are also additional support services such as Narcotics Anonymous (1300 652 820) and the Alcohol and Drug Information Service (1800 177 833) for further support.



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FISHING REPORT

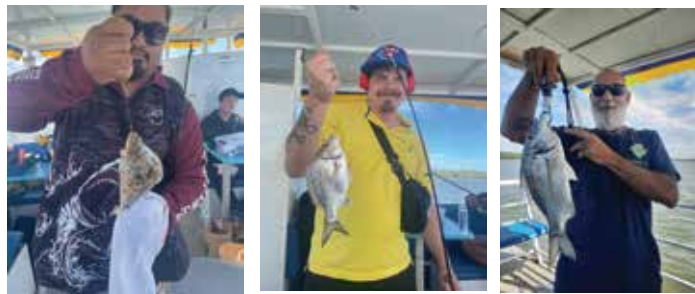
By: Robyn
Bribie Island Boat Charters
Spinnaker Marina

The change in weather as we enjoyed our Easter break has been encouraging for fishing! Just when we were about to give up on any long weekend plans, the rain eased up enough to give us time to get in some good fishing sessions. The baitfish have been schooling throughout the Passage for a few weeks now, and the prawns have really come on, too. As a result, lots of bigger fish are hanging about.

Probably the best places to target bream have been north of the Ningi Creek yellow marker, off Banksia Beach or further north, around Little Goat Island. The rising tide has been the best time to try these spots. There have been some notable snap-offs at times, but



some good fish have also been brought in. Will used a wet and windy day to get amongst a few big bream right up inside Ningi Creek. Gallagher's Gutter and a rising tide did



the trick for Michael, who kept two real beauties caught on prawns. Plenty of grunters and sweetlip have been taking bait in the same area, again on the rising tide. Pilchards and mullet fillet have been popular baits.

There are also some bigish snapper to be found. Until this month, the snapper has been mostly under-sized, but

"Some of the great catches that fed Fishability Qld fishers on Good Friday!"

TIDE TIMES		Bribie Island AND Moreton Bay						
FRI 5 Apr	SAT 6 Apr	SUN 7 Apr	MON 8 Apr	TUE 9 Apr	WED 10 Apr	THU 11 Apr		
12:20 am	1:24 am	2:20 am	3:13 am	4:02 am	4:52 am	5:43 am		
0.52m	0.37m	0.27m	0.22m	0.24m	0.32m	0.43m		
7:12 am	8:05 am	8:53 am	9:37 am	10:19 am	11:00 am	11:41 am		
1.99m	2.1m	2.15m	2.12m	2m	1.83m	1.65m		
1:46 pm	2:30 pm	3:12 pm	3:49 pm	4:26 pm	5:00 pm	5:33 pm		
0.46m	0.34m	0.26m	0.22m	0.24m	0.29m	0.36m		
7:40 pm	8:30 pm	9:17 pm	10:03 pm	10:47 pm	11:31 pm			
1.59m	1.77m	1.91m	2.02m	2.08m	2.1m			
FRI 12 Apr	SAT 13 Apr	SUN 14 Apr	MON 15 Apr	TUE 16 Apr	WED 17 Apr	THU 18 Apr		
12:15 am	1:00 am	1:48 am	2:45 am	3:56 am	5:15 am	6:26 am		
2.08m	2.02m	1.94m	1.85m	1.77m	1.73m	1.74m		
6:34 am	7:31 am	8:37 am	9:52 am	11:09 am	12:17 pm	1:13 pm		
0.53m	0.62m	0.69m	0.71m	0.7m	0.65m	0.58m		
12:22 pm	1:08 pm	2:04 pm	3:20 pm	4:59 pm	6:19 pm	7:16 pm		
1.48m	1.35m	1.25m	1.21m	1.25m	1.36m	1.49m		
6:08 pm	6:48 pm	7:39 pm	8:48 pm	10:14 pm	11:40 pm			
0.44m	0.53m	0.62m	0.71m	0.76m	0.74m			



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the more mature snapper is showing. South-east breezes and early morning starts are a good strategy for snapper fishing at this time of year. North of the entrance to Pacific Harbour, along past Banksia Beach, is fine so long as you don't enter the protected area surrounding Kakadu Beach. Keep your boat well away from the shoreline- there are signs indicating where you are allowed to anchor - or drift with the tide! Craig landed a 36cm snapper at a midday high tide, using whitebait off Banksia Beach. Doug caught another at the Ripples, using a pilchard. Blanc had two snapper to show off - both 39cm. He also caught them at the Ripples.

Over on the other side of the Passage, flathead have been going for anything at all. The falling tide has been the best time for flathead fishing. Intermittent showers are helping to cloud up the water at the creek entrances, so the flathead has been jumping at lures or bait. On the Thursday

before Easter, two Fishability Qld crews caught enough flathead, bream and snapper between them to feed everyone on Good Friday! They spent most of their time at the Ningi Creek yellow marker, using pilchards and mullet fillet. Aaron also used prawns to catch a big muddy up at Ned's Gutter.

Ryker's 37cm bar-tailed flathead was caught near the VMR pontoon on worms—his first-ever fish, so he's very excited! Scott caught two nice tuskfish and an elbow-slapper whiting at the same spot, but he had the advantage of live yabbies.

There's been plenty of good news about the crabbing, too. Gerard had his pots just around the corner from Mission Point, left them out overnight and had some good-sized bucks among the very big jennies. Ron and Polly had 20 keepers all up; they "let heaps go that would have been big enough but not huge". Their four pots were baited with chicken necks and fish frames not far north of Spinnaker Sound Marina. While they were waiting for the crab pots to fill, they fished on the north side of the bridge, near the 7th pylon, catching a 35cm tarwhine, two grinders (for bait), a 31cm bream and five more crabs on the line!

Photo: Blanc and Xavier, "Blanc and Xavier had a couple of these snapper, caught at the Ripples on a rising tide."



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HOW TO HELP OLDER DRIVERS HANG UP THE KEYS FOR GOOD

Active planning is the key to older people walking away from driving for the last time, according to new University of the Sunshine Coast research. In two papers in international journals, UniSC researchers explored the individual and environmental factors that influenced older drivers'

plans to retire from driving. Lead author Kyle Schofield, who has worked in health promotion and public health, said the research found that individual factors generally stimulated older drivers to begin thinking about retiring from driving. "These included declining physical health, the desire to maintain control, the cost of vehicle maintenance, and worry about causing harm to others," said Mrs Schofield, who contributed to the research as part of Master's studies at UniSC. The research combined a review of 12 studies, including 600 older and retired drivers from four countries, with in-depth interviews with a dozen Sunshine Coast participants. "There is good evidence in international literature that conversations about life after driving are an important motivator in planning for driving retirement," she said. "Yet, our local participants reported not receiving feedback on their driving. Therefore, input from family, peers, and

doctors did not play a large role in their decision-making. "This identifies a great opportunity to encourage and improve conversations about this critical life event in our community." The research also found that access to neighbourhood facilities, infrastructure such as continuous footpaths, pedestrian crossings, and available alternative transport were significant influences. The researchers say the findings suggest a need for coordinated and comprehensive resources at a policy level to help older people with their planning to stop driving. "The Sunshine Coast study participants were fit and healthy and wanted to continue living vibrant, active lifestyles - walking, cycling, using motorised scooters and public transport," Mrs Schofield said. "Ensuring that older people have the social support, environmental infrastructure and policies to achieve this without driving is extremely important." The findings from the direct

sample group were published this month in a paper in the Journal of Transport and Health, following international results in a paper in the Journal of Safety Research last year. UniSC co-author and study supervisor, Associate Professor in Health Promotion Florin Oprescu, said older driver safety was of increasing interest to policymakers and practitioners as Australia's ageing population grew. "The capacity to drive safely may be affected by age-related physical and cognitive declines, while older drivers are also at increased risk of serious injury if involved in a crash," he said. "Previous evidence suggests that only a small percentage of drivers plan for driving retirement and that there is limited understanding of the factors influencing this behaviour. "This research shows how we can normalise the conversation around planning for driving retirement and support respectful conversations between older drivers, family, clinicians and peers."

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At Aragon Skins Boat Wraps, every boat wrap is a work of art, meticulously designed and crafted in-house to

perfectly fit your boat's unique contours. Aragon Skins Boat Wraps prides itself on its unique and stunning designs. Not only are you included in the design process, but you have over 30 years of design experience behind you! Chatting about what you would like and taking your ideas beyond your expectations is what Aragon Skins Boat Wraps does best. Matt and Rebekah are proud to offer a wide range of exclusive designs and collaborate closely with local boatyards to provide comprehensive services. When you choose Aragon Skins Boat Wraps for your boat wrap, you'll be welcomed into their extended family and receive warm, personalised service every time you return.

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These guys were brilliant, from the phone call to the installation. I could not be happier with the final result on my boat and have no hesitation at all in recommending the team from Aragon Skin Boat Wraps.

Todd Rees

I can't recommend Aragon Skins highly enough! They communicated well and did an excellent job at a great price. They took the time to get it just right, and we're unbelievably stoked with the result. We will definitely be back with our other toys!

Kylee Chatfield

Matt and Rebekah at Aragon Skins have been great to deal with. They have done a fantastic job on my boat, and I highly recommend them. I will be using them for any other wrap needs in the future.

Geoff Mackey



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LETTERS TO THE EDITOR



Please keep your letters to no more than 200 words, this enables us to submit a number of letters for everyone to read.

The comments and opinions on these pages do not reflect those of The Bribie Islander

Dear Editor,
Within the Department of Foreign Affairs and Trade (DFAT) resides the Diplomatic Corps, Australia. The link at the end of this letter will give your readers a listing of all the current serving Ambassadors and High Commissioners representing Australia around the world. Many of these ambassadors are career diplomats, having served in support positions, such as Secretary or Deputy Ambassador, in various embassies before taking on the much more important role of Head of Mission. They have learnt the art of diplomacy. A small number of ambassadors, however, are political appointees, notably Kevin Rudd, Ambassador to the USA, and Steven Smith, High Commissioner to the UK. Kevin Rudd has clearly not learnt the art of diplomacy having insulted on several occasions the man who is likely to become the next President of the United States. This is certainly not helpful. I am aware that both sides of politics are guilty of 'parachuting their own man' into these plum positions, but I was hoping for something better from our current Prime Minister. He did say shortly after being elected that there would be "no more jobs for the boys. "My government aims to restore merit to the selection process and to stop political allies from being handed lucrative positions." Clearly, that has not eventuated to this country's detriment. Put these statements alongside the \$275 reduction in my power bill that I'm still looking forward to. https://en.wikipedia.org/wiki/List_of_ambassadors_and_high_commissioners_of_Australia
Michael Cavenor

Dear Editor,
I have just finished reading your latest magazine and, as usual, it has so many interesting articles. I was particularly impressed by Sandra Bayley's feature on the "Nightmare on Kakadu." Some of us understand the amazing migratory patterns of these exceptional birds, but others will not. This article will help to educate those who do not have this knowledge, and hopefully, this will include many jet ski riders. I firmly believe that these folk would respect the

requirements of the birds if they had a better understanding of these requirements. But I would also encourage our local Government to position large, informative noticeboards at either end of the roosting site. Surely, our local representatives understand the value of these birds to our tourism, and it is to the advantage of the birds and the visitors to have the site properly protected. And congratulations again to Sandra Bayley
Glenn
Ningi

Letters to the Editor
I refer to Al Finegan's Irish history. I think maybe he has forgotten that there were many catholic English Kings. Probably the most remembered being Henry V111, who wanted to divorce his first wife, Catherine of Aragon, against the Roman Catholic church rules. So Henry set up the Church of England and decreed that he was head of the church. Pope Clement V11 then excommunicated Henry. Henry married Anne Boleyn in secret in 1532. On Henry's death, his son to Anne came to the throne as Edward V1 in 1547 and reigned until his death in 1553 when Catherine of Arragon's daughter inherited the throne, becoming Queen Mary 1, immediately restoring Catholicism. Obviously, Mr. Finegan has a great affinity for his Irish roots even though he may have stronger heredity from other countries. I also seem to have a greater affinity for my Irish roots even though they make up only a small proportion of my heritage. The pride comes from 2 Irish women. The first, Margaret Arbuckle of Strabane, who, with her twin sister, was renting a property from Thomas Barnhill. It appears that while collecting rent, Thomas took advantage of Margaret, and in 1838, young Robert was born. Thomas took the young boy at age 3. One can only imagine the trauma of an unwanted pregnancy, perhaps the reactions from her community experienced by Margaret at that time and then deciding to emigrate to Australia with her sister and her family, having first to cross Ireland from West to East, and then find a

boat to Grenock in time to board the Marquis of Bute on the 11th August 1841. Then, endure 120 days on a crowded boat, through extreme heat in the tropics and extreme cold in the Southern Ocean, before arriving in Australia. I believe she was a very strong woman. When Robert was 14, he came to Australia looking for his mother around 1852. He stayed in the Melbourne area, eventually marrying Honora Ryan, the second woman I'm proud of. Honora was born in Limerick, Ireland, in 1837, and raised as a Catholic. When they married, Robert (a Protestant) was 21, and Honora was 22. Robert died in 1866, just 28 years old, leaving Honora with 4 children under 6 years old. Honora raised those children, 3 girls and a boy (another Robert), living in the Caulfield area, a respectable area until 1927, when she died at age 90. I wonder how she managed as a woman on her own in Melbourne in those days. I wonder what proportion of our population has this mythological respect for their Irish heritage?
Bruce Barnhill

Dear Editor,
I wish to draw your attention to an article about cruising. Issue 211 March 22 2024, by Sue Wighton. I found the article a bit over the top as I love cruises myself. Each to their own. However, referring to the staff on the ship as small brown people is not acceptable. I've always found the staff to go over and beyond their duties. I'm not sure if you proofread these articles or not, but it's 2024, not 1950. My wife and I were really shocked at this racial slur. Regards. W. McLean.
EDITORS RESPONSE
I missed this one. If I had picked it up, I would have removed that part. I would like to apologise for this, as it certainly is not what we are about. I am sure that the author had no racial intentions, but it is clearly not worded correctly. We aren't and never will be a racist publication. My deepest apologies to anyone offended, and I thank you for pulling me up on this.
Dear Editor,
I want to express my profound

gratitude to the men and women of the VMR who so selflessly and competently affected a night rescue. How do you get close to a boat stuck on a reef with 20-knot winds and rising seas to deal with? It was no mean feat to manoeuvre so close to danger in such conditions, but you did it. Not even a bump or scrape to boat or person. What an amazing feat.

Thank you also to those who saw the flares and called the Police; you were a vital link in the chain. Thank you to the Police for your prompt and caring action.

My radio was water-damaged, and I had dropped my phone in the water, so it wasn't working. This means I lost the Navionics, which would have shown me I was heading too close. I had looked at my paper chart earlier and thought there was plenty of room, but I should have checked it more carefully again closer to the event, so much for hindsight. So, thank you everyone involved, my miracle boat still floats.
Geoff Miller.

Dear Editor,
Sandra Bayley's very informative article in issue 210 of The Bribie Islander certainly shows the dichotomy that exists at all levels of government. Bribie Island is freely promoted as a "Fauna and Flora Sanctuary", "The Jewel in Moreton Bay City's Crown", and many other catchphrases that promote the island's uniqueness and natural beauty. Yet the same people who promote the island's natural wonders are the ones who allow a turtle breeding area to be treated as a highway, a migratory bird roosting and resting area to be disturbed by speeding watercraft, dogs and humans. Please can we have a little consistency from our political masters and for Bribie Island to be celebrated for its uniqueness? It is not just another suburb.
Chris Schnack.

Dear Editor,
What a wonderfully informative article by Sandra Bayley in Issue 210 about the Migratory Shore Birds that fly 12,000 kms from Siberia. I wonder how many Bribie Islanders are not aware of the precious Shore Birds and the Kakadu & Toorbul roosts that they visit annually. Please let us make life as easy as possible for

these amazing and very at-risk birds.....the major threat to their survival is thoughtless human beings.

Sincerely
Annette Schnack

Dear Editor,
Queensland is currently experiencing a massive housing crisis. Like many older Queenslanders, we would happily sell our family-sized home and land and buy a townhouse now that we're in our 80s. But stamp Duty on a townhouse worth \$750,000 would be around \$20,000. This would leave us with very little to fall back on. I guess we will stay put until our rapacious Government gets some wisdom or we fall off the perch.
Annette & Chris Schnack.

Dear Editor,
To satisfy David of Bongaree, I am happy to use the wordier phrase "is a symbol of a country and administration which" in place of "represents those who". However, it is DISGRACEFUL that he writes that "recent history" should be replaced by "our early history". This wording would insult anyone who values this country's successful care for tens of thousands of years. It also implies that the original inhabitants are not "Australians and this Nation" - a racist slur. As for his criticism of using "small numbers", he has taken this quite out of context. The number was used in reference to the current population, which should be proud of our flag. I acknowledge the service of

men who volunteer to risk their lives in warfare. But I have never been able to understand what motivates them or how governments can allow nearly 40% of their workforce to do so. It was even worse in New Zealand. Caring for fellow citizens and their needs is a far more noble purpose than risking one's life to punish others for their misguided loyalty.
H.Beneke

Dear Editor,
There's quite a mishmash of outrage and grievance on the letters page of your issue 211. There are too many to address in detail, so a quick overview of a few must suffice. Michael Cavenor vents about the ABC's supposed left-wing bias but fails to give any examples. Please, Michael, any actual evidence of left-wing propaganda would do. Hint: You'll find only right-wing stuff in shows by Amanda Vanstone and Tom Switzer. Michael then destroys any credibility he might have had by admitting that his talking points come not from actually watching or listening to the ABC but from The Australian, a right-wing, loss-making rag with a sordid history of anti-ABC campaigning. Hazel Beneke cops a shellacking from two writers, who spectacularly overreact to her quite reasonable opinions about our national flag and offer up alternate interpretations of our history with indigenous people. Even the old "it would have been worse if it wasn't the British" argument gets a

mention, although it's never explained what the Germans, French, Dutch (or anyone) would have done that was worse than massacres, rapes, land theft and child-stealing. And then there's "Gunnie" with a swag of fact-free opinions about electric vehicles. For the record, ranges in excess of 400km are common, and the charging network is growing and getting faster. There's a long way to go with support infrastructure, but in the early days of the motor-car era, you had to hand pump your petrol and, for long trips, carry a spare jerry can or two of petrol, even into the 1980s. Stick to internal combustion if you like, Gunnie - the many people I know who have electric cars love them and will never return to petrol.
Regards,
Tony Longland, Bellara

Dear Editor,
I am writing to you regarding an article on page 16 of the 211 Issue. I'm not sure if this just slipped through editing or you didn't see an issue with the comment, but I just wanted to pass on my disappointment that a racist comment such as "being waited on by small, brown people" has been approved for publishing. I read the article to my 3 teenage children, who all disapproved of the commentary too. I appreciate that Sue's style is designed to be funny, but this really isn't. I would appreciate to hear your thoughts on this matter,
Kind regards, Lauren

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Approaching another April Anzac Day – not far away now – spare a special thought for those who experienced the first time war visited Australia on “home soil” in our far north.

Australia’s most northern capital city, Darwin, bore the brunt of a Japanese aerial

who have lost their lives in conflicts throughout the world ever since Africa’s Boer War to current-day conflicts.

There have also been many civilian casualties who (in many cases) have just happened to be in the wrong place at the wrong time.

Our exploits (and losses) in two World Wars and other the-

have not had to go through horrendous homeland fighting on our home soil, as the people of several countries are experiencing, even today.

We can only hope that we never have to experience what these people have gone through (and/or are still going through in some areas) in our lifetimes.

losses and the loss of valued local people (and visitors).

However, of course, the losses of people (locals and visitors) are still remembered poignantly and hurt the most.

This is recognised and acknowledged around this time each year in several of the northern centres

OUR NORTHERN WAR WAS - AND STILL IS - REAL

By Colin Walker

bombardment – bigger than America’s Pearl Harbour – with 242 Japanese aircraft involved in the first attack (on Darwin) on February 19, 1942.

However, several other far northern areas in Queensland, the Northern Territory, and Western Australia were also subjected to Japanese bombing raids, which extended to November 1943. Aussie “casualties” in these raids totalled more than 240 people.

Property damage was extensive as well, but a figure (or even an estimate) has never been given on this.....nor the trauma experienced by our northern Aussies (and visitors) in these raids and since.

But official records do detail the extent of the aerial bombardments on Darwin, Katherine, Wyndum, Derby, Broome, Port Hedland, Horn Island, Townsville and Mossman.... nine months of raids in 1942 and further (lesser) raids in eight months of 1943.... most of them in February and March 1942.

And how can we forget the shockingly unexpected entry of three “mini” Japanese submarines into Sydney Harbour on May 31 and June 1, 1942?

A Naval depot ship, the Kuttabul, was sunk with the loss of 21 lives (18 Aussie Navy personnel and two British), and all Japanese mini-sub (each manned by two crew) were “accounted for”.

Australians are reminded every Anzac Day, especially of the brave young men and women in our armed services



atres of war in Southeast Asia, the Middle East, and other “disputes” (of other parties, causes, and countries) are well documented, renowned, and respected (as they should be) every Anzac Day.

So, we are not exactly novices when experiencing the dreadful aspects of war at many levels.

But the Japanese air attacks on our northern areas in 1942/43 (and the Sydney submarine episodes) represent the first time we have had to confront the realities of war not just on our doorstep – but on our own soil, as limited as they were. Fortunately, however, we

In the case of the Japanese raids on northern Australia, the official records tell us that there were more bombs dropped in the 1942 raids than were dropped in the Pearl Harbour attacks, which prompted America’s entry, alongside Aussies and other allies, into World War 2.

In the initial raid on Darwin (in February 1942), 30 aircraft were destroyed, and nine ships in Darwin harbour (and two outside of the harbour) were either sunk or left unusable.

Damage to public and private buildings, facilities, and services was substantial and costly, both in terms of financial

targeted by the Japanese raids of 1942/43.

Special events and observances are held to recognise and respect what people in these areas then went through in Australia’s first real “taste” and test of war, at home, on our own soil.

Personally, I believe all Australians should do the same and make “Australia’s first war at home” a greater priority in future Anzac Day observances and independently. These events should also be given greater emphasis in our education programs. They are all but ignored now in most areas of formal education.



CRIME REPORT

BRIBIE ISLAND WRAP

March 2024

www.mypolice.qld.gov.au/moreton

Fatal traffic crash, Toorbul (Moreton)

The Forensic Crash Unit is investigating following a fatal single-vehicle traffic crash at Toorbul on Thursday, March 14. Initial investigations indicate that at approximately 3 a.m., a Mercedes-Benz C200 was travelling east along Pumicestone Road when it left the road and crashed.

The driver, a 29-year-old Redcliffe man, received life-threatening injuries and was transported to the Royal Brisbane and Women's Hospital for treatment, where he was pronounced deceased on March 19.

Witnesses or anyone with relevant vision are urged to contact the police.

Investigations are continuing. Quote this reference number: QP2400436504

Morayfield commuter safety crackdown

Four knives have been seized by Moreton District's Tactical Crime Squad (TCS) during a wandering operation targeting anti-social behaviour at a Morayfield rail station earlier this month.

Between March 4 and 8, police wanded 32 people, conducted 35 street checks and charged two adults in relation to weapons offences.

A 41-year-old Morayfield man was charged with possession of a knife in a public place and is due to appear next before Caboolture Magistrates Court on April 24, after police allegedly located two knives in his possession.

A 33-year-old Morayfield man was charged with possession of a knife in a public place and is due to appear before Caboolture Magistrates Court on April 9, after police allegedly located a knife in his backpack.

A 24-year-old Brighton man was allegedly located in possession of a knife. He voluntarily relinquished the knife and was issued a caution.

Moreton TCS Acting Sergeant Ian Auld said high-visibility policing and community engagement aided in deterring crime and antisocial behaviour. "Throughout the week, we have seen a noticeable improvement in the behaviour and attitudes of young people. "While most people do the right thing, it's disappointing that weapons are still being carried in our public transport hubs. "Public safety is our number one priority, and there is never a good reason to carry a knife in a public place."

Operation Easter Break kicks off in Moreton

Moreton Highway Patrol will be out in force in the Moreton area these school holidays, as part of Operation Easter Break, urging drivers to prioritise road safety.

Moreton District Officer Acting Chief Superintendent Anne Vogler said police will be focused on combatting the fatal five.

"We've already seen 65 lives lost on Queensland roads in 2024 (current March 26), with four of those in Moreton," A/Chief Superintendent Vogler said. "Each of these deaths is a tragedy.

"As we enter the Easter school holidays, please be aware that the roads will be busy, with many holiday goers on the roads.

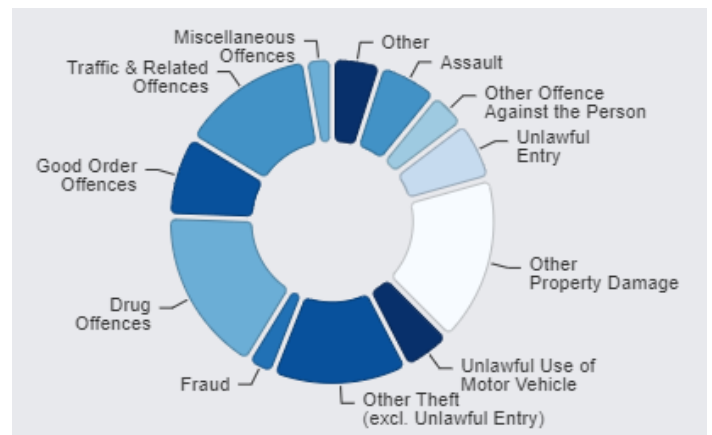
"We're reminding everyone to practice patience on the roads, especially with the recent wet weather. "We don't want to see any more lives impacted by traffic crashes these Easter school holidays and are encouraging everyone to slow down, drive responsibly and to the conditions. "Speeding and driving under the influence of drugs or alcohol are significant contributors of severe and fatal traffic crashes.

"If you plan to drink, plan a safe way home in advance, like a designated driver.

"By making poor decisions when getting behind the wheel, you are not only putting yourself at risk of death or serious injury but your passengers, other road users and pedestrians."

In January and February 2024, police conducted 238 154 breath tests and 8,197 drug tests across Queensland. They also issued 20,097 infringement notices for speeding.

"The faster you drive, the less time you have to react to hazards, the longer it takes to stop and the more likely you are to be involved in a serious crash," A/Chief Superintendent Vogler said. "Speeding doesn't mean you will get to your destination faster; it means you are more likely not to get there at all.



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This hasn't been made lightly and with the business being so well received it just hasn't been enough to make the impact we had hoped. However, with this new direction, we will make Bedrock Brothers a household name, and stay tuned as Dan might make an appearance on your television screens!

We are so grateful to our community for your support although with the demand for prospecting, we feel this was the best direction to take for our family!

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