

THE BRIBIE ISLANDER
AND DISTRICTS COMMUNITY MAGAZINE

232
FEB 6, 2025

For Charlize Zmuda

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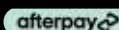
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13

WIN A LUXURY PICNIC FOR TWO

42

BRIBIE BOUNTY LAST CHANCE TO WIN

61

INTRODUCING GINGER VON GRAZ



CONTENTS

Al Finegan	40-41 Meet Your Local Tradie	60-63
Health & Beauty	9 Pet Pages	42-43
Crime Report	71 Sports Pages	44-45
Crosswords	46 Tide Times	67
Fishing Report	66-67 Trades & Services	73-79
Kids Page	47 VMR	64-65
Letters	68-69 Winelander	33
Local Dining Guide	32	
Market Times	39	

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Welcome

Dear Readers,

As I type these words, I find myself grappling with my own emotions, reflecting on the tragedy that has touched our community so deeply. The loss of 17-year-old Charlize Zmuda in such a horrific manner is not just a headline—it's a heartbreaking reality that has shaken us all.

I didn't know Charlize personally, but I feel a profound sense of loss for a young life full of promise and potential. The image of her swimming in the ocean, a place that should bring joy and freedom, is now forever tainted by this unimaginable event. Witnesses have shared their grief, recounting the moments of that fateful day, and it's difficult to comprehend how a vibrant spirit can be taken so suddenly.

In times like these, we often wonder how we can make sense of our sorrow. It is vital that we come together as a community, offering our love and support to Charlize's family and friends as they navigate this painful journey of grief. Each one of us feels the weight of this loss, as it reminds us of our own loved ones and the fragility of life.

Let's honour Charlize's memory by cherishing our connections and looking out for one another in the days ahead. Our hearts are heavy, but united we can offer strength and comfort to those who need it most.

With heartfelt condolences,

Take care, Stay safe,

Cherrie



We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.

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How does makeup affect your skin?



When engaging in your morning makeup routine, the primary goal is often to enhance your overall appearance, boost your confidence, and express your personal style. However, it is vital to consider the potential effects makeup may have on your skin, as it can influence your skin's health and how your makeup looks throughout the day.

Generally speaking, makeup does not typically lead to significant adverse effects, aside from the occasional inconvenience of application and removal. Nonetheless, it is essential to know that certain skin

reactions can arise. These reactions are usually mild and temporary but understanding how specific makeup products might affect your skin can help you make informed choices.

Some individuals may experience allergic reactions to common ingredients found in cosmetics. These reactions can be divided into two main categories: irritant contact dermatitis and allergic contact dermatitis. Irritant contact dermatitis is characterised by symptoms such as itching, burning sensations, or redness resulting from the skin's irritation to the product. On the other hand, allergic contact dermatitis

represents a genuine allergic response to particular ingredients, manifesting through symptoms like swelling, intense itching, or blistering. Fragrances and preservatives are frequently identified as common triggers for these reactions in various makeup and skincare products.

Additionally, makeup can play a role in the development of acne, especially for those who are acne-prone. While the risk of acne can often be mitigated by thoroughly removing all makeup at the end of the day and post-exercise, it's important to note that certain oils present in many cosmetic products can either aggravate existing acne

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or contribute to new breakouts. This specific type of acne, called acne cosmetica, is typically mild but can be bothersome. It often presents as blocked pores, inflamed bumps, or uneven skin texture, primarily affecting areas such as the chin, cheeks, and forehead. This condition results from oils in makeup accumulating and clogging pores, with thicker liquid or cream formulations being more problematic than lighter products, such as powders.

To minimise the likelihood of experiencing adverse skin reactions, it is advisable to choose fragrance and oil-free makeup products, as these ingredients are common culprits for skin irritation. Look for products labelled as hypoallergenic, indicating a decreased likelihood of causing allergic responses, as well as non-comedogenic, which means they are formulated not to block pores, and non-acnegenic, suggesting they won't contribute to acne formation.

If you notice any signs of a reaction after introducing a new makeup product—such as redness, itching, or breakouts—it's wise to discontinue use immediately to prevent exacerbating skin issues.

Adopting a consistent skincare regimen and selecting makeup products with care can significantly reduce the risk of experiencing adverse skin reactions. This thoughtful approach protects your skin's health and ensures that your makeup looks its best throughout the day. Remember that your skin is unique, and what works for someone else may not necessarily work for you, so take the time to find products that suit your individual needs.

Remember that your skin is unique, and what works for someone else may not necessarily work for you, so take the time to find products that suit your individual needs.



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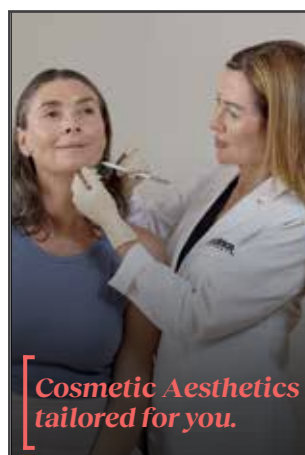
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Hello, my name is Lisa and I am the Founder of LJ Aesthetics. As a Registered Nurse, Cosmetic InjectoTr, and Dermal Skin Therapist, I have over 20 years of experience in the Beauty Industry. I operate two clinics, one in Redcliffe and the other is at Bribie on First Ave in Bongaree. I welcome you to schedule a free consultation with me.

My qualifications include an Advanced Diploma of Health Science, a Diploma in Beauty Therapy, a Bachelor of Nursing, and certification in Fundamentals of Cosmetic Injectables. I have trained alongside industry leaders and am committed to continuing my education by obtaining internationally recognized industry certificates. I am now a certified Trainer and train Doctors, Dentists and Nurses in the fundamentals of cosmetics both nationally and internationally. My passion is to provide the most current and best practices to my clients, building my reputation as a highly respected professional.

I bring a holistic approach to my injectable practice, aligning with my Australian Catholic University education. My goal is to empower my clients to achieve natural and subtle-looking beauty through cosmetic enhancement. I prioritize long-term patient care and affordability, focusing on treating volume loss and correcting asymmetry in the brows, lips, and cheeks. My commitment to my clients is to deliver a natural and subtle enhancement rather than an overdone appearance, providing impeccable care.

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I am very passionate about cosmetics; it's something that I constantly think about and enjoy learning new things about. It's a big part of my life and I always strive to improve my knowledge and skills in this area.

Merry Christmas...Nurse Lisa

Nurse Alanna has been a registered nurse for 8 years. She has a passion for the aesthetics industry and assisting her clients reach their skin goals. We can't wait for you to meet nurse Alanna.



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Antique Buyers in the Area

In today's trend of downsizing and decluttering our homes, it's the perfect time to go through those drawers and cupboards, to turn those unwanted items into cash. Antique Buyers, and father-son duo, Mike and Nate, will be on Bribie Island for one day only on Saturday, 15th February. They will be at Bribie Island RSL from 9am to 1pm in the Garden Room. See page 24 for full details.

"We are enthusiastic buyers, particularly interested in gold jewellery, whether broken or intact, antique jewellery, gold and silver coins, collectibles including military medals, and banknotes, as well as mechanical watches."

"Everyone has something we want to buy, and nothing is too small for our

consideration. We are just as happy to buy one item, as we are buying 10,000!" says Mike Cornish, the company's chief buyer. If you are in doubt about any items you wish to sell, take them in for an instant appraisal. No appointment is needed.

GOLD AND SILVER STILL AT HIGH PRICES

With the gold price still at higher than traditional levels, right now is an opportune time to explore your jewellery box and dig out those old gold chains, rings, and brooches, to turn them into cash. Mike emphasizes, "This is an ideal time to sell. We will buy anything made of gold - old jewellery, coins, virtually anything, even gold teeth! We also need silver in any form, including coins, and bars of any size."

OLD COINS CAN TOSS UP A RARITY

Check those drawers and cupboards, you may have a rarity lurking amongst your coins. "We want to see any old foreign coin accumulations. Bags, tins,

boxes, folders, however they come, we will be quite happy to go through your coins on the spot and give you an idea of what we can pay. You just never know what can turn up!"

ROLEX AND MECHANICAL WATCHES WANTED

Mechanical watches are needed urgently by the buyers. "Collectors at this stage want brands such as Rolex, Omega, Patek Philippe, Longines, and Seiko, just to mention some. These brands can command good prices depending on the model and condition." Mike explains. "If you are unsure, bring your watches in for an appraisal."

We also offer home visits for those unable to visit us, or those with too much to carry. Refer to our advertisement for home visit times, then call Nate on 0426 820 646 to book your appointment.

For complete details, including venue times and locations, please see the advertisement on page 24.

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Am J Sports Med 2007; 35:972
* Int J Surg 2015; 24:113-222
^ Int J Surgery 2015; 24:207-9



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We are delighted to announce an extraordinary competition that invites you to indulge in a captivating experience: the chance to win an exclusive Picnic Hire for Two, valued at \$265! Picture an enchanting afternoon spent with your loved one, basking in the sun, surrounded by nature, and creating unforgettable memories.

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Follow Us: Make sure you're following Bribie Island Picnics Facebook social media page.
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Share the Post: Share this competition, post in your stories, and tag Bribie Island Picnics!

Competition Details:

- The winner will be randomly selected and announced on
 - We will announce the winner in Issue 234
- The prize can be redeemed any day of the week from 7 am to 7 pm, with only 48 hours' notice for booking. Don't let this opportunity slip away to bask in a luxurious picnic day tailored exclusively for you. Enter now for your chance to win, and best of luck!

Contact Information: For any inquiries, feel free to reach out:

Tel: 0493 294 665

Email: bribieislandpicnics@yahoo.com

Once the winner has been selected, they can contact Bribie Island

Picnics directly to arrange their preferred picnic date, time, and location.

*Terms and conditions apply.w





VALENTINES DAY TOP ROMANTIC READS

When it comes to romance, literature has gifted us with some truly unforgettable novels that explore the depths of love, longing, and passion. Here are some of the most romantic novels of all time that have captivated readers for generations:

1. *Pride and Prejudice* by Jane Austen - This classic novel revolves around the spirited Elizabeth Bennet and the enigmatic Mr. Darcy. Their journey from misunderstanding to mutual respect and love highlights themes of class, reputation, and the complexities of human relationships. Austen's sharp wit and keen observations make it a timeless tale of romance.

2. *Wuthering Heights* by Emily Brontë - Dark and passionate, this novel tells the tumultuous love story of Heathcliff and Catherine Earnshaw. Their intense connection is fraught with pain and obsession, set

against the wild backdrop of the Yorkshire moors. Brontë's exploration of love as a consuming force has left an indelible mark on romantic literature.

3. *Jane Eyre* by Charlotte Brontë - The story of Jane Eyre is one of resilience and the quest for love and belonging. Jane's relationship with Mr. Rochester, filled with secrets and trials, ultimately evolves into a deep and equal partnership. The novel addresses themes of morality, social criticism, and the importance of personal integrity in love.

4. *Anna Karenina* by Leo Tolstoy - A sweeping epic that examines the intersection of love and society, this novel follows Anna, who embarks on a passionate affair with Count Vronsky. Tolstoy's exploration of love, fidelity, and the constraints of societal expectations offers a poignant reflection on the human condition.

5. *The Great Gatsby* by F. Scott Fitzgerald - Set in the Roaring Twenties, this novel captures the elusive nature of love and the American Dream through the story of Jay Gatsby's unrequited love for Daisy Buchanan. Fitzgerald's lyrical prose and rich symbolism create a melancholic yet beautiful portrayal of longing and loss.

6. *Outlander* by Diana Gabaldon - This unique blend of historical fiction and romance follows Claire Randall, a World War II nurse who travels back in time to 18th century Scotland and falls in love with rugged Highlander Jamie Fraser. Their passionate and adventurous love story, set against the backdrop of historical events, has garnered a devoted fanbase.

7. *The Notebook* by Nicholas Sparks - A modern classic, this poignant love story spans decades, chronicling the love between Noah and Allie. Their

relationship, marked by social barriers and time apart, emphasizes the enduring nature of true love, making it a favourite for many readers.

8. *Call Me by Your Name* by André Aciman - Set in the sun-soaked landscapes of Italy, this evocative novel follows the intense summer romance between Elio and Oliver. Aciman's lyrical prose beautifully captures the complexities of desire, beauty, and the fleeting nature of summer love.

These novels not only tell compelling love stories but also explore the themes of desire, sacrifice, and the transformative power of love. They remind us that romance can be both uplifting and heartbreaking, reflecting the many facets of human emotion. Whether you're revisiting these classics or discovering them for the first time, their powerful narratives continue to resonate with readers around the world.



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Get ready to experience an unforgettable Valentine's Day like never before! Picture yourself stepping into the ultimate luxury prize home at 79 Pentas Drive, nestled in the stunning surroundings of Bongaree. This magnificent single-level, four-bedroom oasis is not just a home; it's a reimagining of coastal living, where sophisticated design meets awe-inspiring waterfront views.

Imagine romantic evenings by your dazzling infinity pool, surrounded by the vibrant hues of majestic sunsets over the serene canal. Picture hosting intimate gatherings in expansive indoor-outdoor spaces that seamlessly blend comfort and style—all part of a remarkable \$2.3 million first prize package just waiting for you!

But don't let this extraordinary chance pass you by! Be sure to check out this canal side treasure before the final viewing on February 26th. Take a stroll through the exquisitely appointed home, where every detail shines with high-end finishes and top-of-the-line appliances, promising an unparalleled lifestyle of luxury and comfort. And that's not all—this incredible prize also includes a sleek, brand-new Isuzu MU-X and a staggering \$10,000 in gold bullion! This could be your dream retreat or luxurious residence on Bribie Island! Want to get a sneak peek? Embark on a virtual tour online and grab your tickets at surflottery.com.au! Not only could you win this extraordinary home, but you'll also be supporting Surf Life Saving and helping ensure the safety of our cherished beaches—all while dreaming of your life in paradise.

Whether you're a local or just visiting, come join the joyous celebration of the Bribie Island Bounty unveiling.

WE CAN'T WAIT TO SEE YOU THERE!

And remember, the prize draw is on March 5th.

Make this Valentine's Day one to remember by visualizing your new luxurious haven!



IGA'S Prawn, Mango and Avocado Salad

INGREDIENTS

- 1 kg whole cooked medium sized prawns, peeled
- 1 mango, diced
- 1/2 red onion, small dice
- 1 tbsp pickled jalapeno (optional), chopped
- 1 avocado, peeled and sliced
- 2 tbsp coriander, roughly chopped
- 1 lime, zested and juiced
- 3 tbsp olive oil

*Serving size calculator is approximate, feel free to adjust by adding a pinch here and there as needed

Method

To assemble the salad, add all the ingredients in a large bowl, season to taste and gently toss to coat. Keep refrigerated until ready to serve.

TOP TIPS

To prep, you can combine the red onion, jalapeno, coriander, lime and olive oil ahead of time and set it in the fridge. When ready to serve, just add the prawns, mango and avocado into the mix.

Watermelon Granita

An easy and refreshing dessert to make with any leftover watermelon.

INGREDIENTS

500g watermelon flesh
1 Lebanese cucumber, peeled
1/4 tsp ginger, grated
3-4 mint leaves

*Serving size calculator is approximate, feel free to adjust by adding a pinch here and there as needed

METHOD

1. Cut the watermelon and the cucumber into 5cm chunks.
2. Place in a sealable bag and freeze fruit for 6 hours or overnight.
3. When ready to serve, blitz the frozen fruit, ginger and mint in a food processor.



Check out IGA's special price on watermelons on the back page!

Watermelon Jelly Slice

INGREDIENTS

- half a large seedless watermelon or a small whole seedless watermelon
- 6 tsp gelatine powder
- 1 punnet (250g) strawberries
- 300g red or green grapes
- 1 punnet (125g) blueberries

*Serving size calculator is approximate, feel free to adjust by adding a pinch here and there as needed

METHOD

If using a whole watermelon, cut off the top. Using a large spoon carve out the watermelon flesh and reserve.

- Fill the watermelon shell with the strawberries, grapes, and blueberries.
- Using the reserved watermelon flesh, blend and strain to make 2 cups (500ml) of juice.

- Bloom the gelatine by adding 6 tablespoons of water and whisking it with the gelatine. Let it stand for a minute to bloom.
- Microwave the bloomed gelatine for 20 seconds or until melted and dissolved. Add the watermelon juice and over a sieve, pour the mix into the prepared watermelon shell.
- Place in the fridge for 4 hours to set.
- When set, slice the watermelon to your desired size.





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Embracing LOVE Through Loss

Grief is the silent language of love, a testament to the depth of our connections. It is not linear, nor does it have an expiry date—it moves through us in waves, reshaping our inner world. Losing Molly, my beloved companion of 14 ½ years, reminded me that grief is not something to "get over" but rather something to honour. It is a process of integrating loss while cherishing the love that endures. Grief manifests in different ways, and recognising its variations can help us navigate it with greater compassion.

Anticipatory Grief – Sometimes, grief begins before a loss occurs. Whether caring for a terminally ill loved one or sensing an inevitable change, this form of grief prepares us emotionally, though it does not diminish the pain when the loss finally happens.

Disenfranchised Grief – Society does not always acknowledge certain types of grief, such as the loss of a pet, a miscarriage, or the end of a significant but unofficial relationship. Yet, grief is not defined by external validation but by the depth of love we hold.

Cumulative Grief – When multiple losses occur close together, grief can compound, making it harder to process each one individually. This may lead to feelings of emotional exhaustion and overwhelm.

Complicated Grief – Some losses are so profound that they disrupt our ability to function. When grief feels unbearable and does not ease over time, seeking support can be essential to finding a path forward.

Collective Grief – This occurs when a community or society mourns together, often in response to shared losses such as natural disasters, global events, or tragedies.

Navigating Grief with Compassion

Grieving is a deeply personal experience, and there is no right or wrong way to move through it. However, here are some ways to support yourself:

Acknowledge your feelings – Grief is not something to suppress. Allow yourself to feel, without judgement.

Honour your loved one – Rituals, tributes, or simply speaking their name can keep their memory alive.

Seek support – Whether through friends, family, or professional guidance, you do not have to navigate grief alone.

Prioritise self-care – Gentle movement, nourishing food, rest, and creative expression can provide solace.

Embrace the love that remains – Grief is the price of love, but it also reminds us that love is never truly lost.

Grief is a journey, not a destination. If you are struggling with loss, know that support is available. You do not have to walk this path alone. If you need guidance, reach out at 0405 361 882.

Together, we can honour your grief while celebrating the love that will always remain.

This piece is dedicated to all those who have loved deeply and lost, yet continue to carry the light of that love forward.

Always with love,

Maria Christina x



Bribie Simply HEALTHY

By Heenam Kim

Gumbi Gold, Aboriginal Native Medicine.

Gumbi Gold is a liquid extract derived from the Australian native Gumbi Gumbi tree. It is one of the popular products at Bribie Simply Healthy. This product is considered one of the 'magic potions' from Bribie Simply Healthy, along with Liposomal Vitamin C.

Gumbi Gumbi offers many health benefits, as it contains powerful saponins, antioxidants, tannins, flavonoids, and other medicinal compounds that help boost the immune system, lower cholesterol, and support the management of cancer and cardiovascular disease and strokes. Many cancer patients use Gumbi Gumbi for its potential role in cancer prevention and treatment.

While ongoing research continues to explore its efficacy, numerous anecdotal reports and preliminary studies suggest promising benefits. Additionally many customers at the shop have shared positive experiences with Gumbi Gumbi.

Gumbi Gumbi is known for its high antioxidant, anti-allergic, antiviral, antibacterial, antifungal and anti-inflammatory properties. Since most pain is caused by inflammation, this product's powerful anti-inflammatory effects make it highly beneficial for arthritis and joint pain.

It has strong antibacterial properties that help combat bacteria and Candida fungi. Additionally, it has anti-pruritic properties, which can relieve itching, and it supports blood pressure regulation. By increasing blood circulation, it helps improve vascular health in the legs and may aid in managing other conditions.

Gumbi Gumbi has been used to support individuals with

Chronic Fatigue Syndrome with promising results. It has also been shown to help with eczema, psoriasis, rashes, acne, and other skin conditions by promoting skin repair.

Moreover, it has been found to be highly effective in managing emphysema and other lung diseases, as it targets the underlying inflammation. It also benefits individuals with autoimmune diseases, as it continuously cleanses the blood and combats harmful viruses and bacteria within the

system.

Gumbi Gumbi may also provide relief for those suffering from Meniere's Disease, which causes balance problems, vertigo, ringing in the ears, and hearing difficulties. Because it supports the healing of all tissues, it may help with diverticulosis, IBS, cramps, and other gastrointestinal disorders.

Please drop by the shop and talk to Kim for further information.

Crohn's Disease and IBS

When people come to the shop with issues like Crohn's disease and IBS, the first question I ask is about their **anxiety levels** and whether they have a history of **childhood trauma**. There seems to be a strong connection between the digestive tract and emotional well-being.

Increasing evidence suggests people who suffer from autoimmune disease often have a history of trauma, high stress and suffer from anxiety or and depression. Research suggests that emotional well-being plays a significant role in symptom severity and flare-ups. Anxiety and chronic stress can trigger the body's inflammatory response.

The gut and brain are directly linked through the gut-brain axis, a communication system involving the nervous system, hormones, and gut microbiota. Anxiety can alter gut microbiome balance, leading to increased inflammation and worsening symptoms. I call it as an emotional virus, once a virus is injected to our mind, this will cause problems again and again until the virus is removed.

Anxiety is a pattern you run, a loop of thoughts, emotions, and physical reactions. But like any pattern, it can be broken.

Please come and talk with Kim at Bribie Simply Healthy if you want to find out how you can break the pattern and free of symptoms.

Bribie Simply Healthy

**"Struggling with STRESS & ANXIETY?
It's a pattern you're running.
Break free of your old condition,
Change your life today!"**

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Heenam Kim

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Bribie Healing Centre / Bribie Simply Healthy, Shop 13, 19 Benabrow Av, Bellara, QLD 4507



ENHANCE YOUR GUT HEALTH

TRANSFORM YOUR LIFE FROM WITHIN

Is your gut causing you discomfort or disruption? Prepare for a revolutionary transformation with Enhance Your Gut Health, a comprehensive 7-week program meticulously designed to help you reclaim your vitality through a flourishing microbiome.

Each week, you will uncover the latest, scientifically backed insights that illuminate the profound connection between your gut and overall health. You'll have the unique opportunity to integrate this knowledge into your daily routine, providing tangible enhancements to your gut health.

Alongside the weekly lessons, you will receive thoughtfully crafted digital workbooks brimming with insightful information, practical exercises, and engaging challenges

focused on gut health. These resources are designed to empower you to make immediate, impactful changes that foster long-term well-being.

Enhance Your Gut Health serves as your steadfast companion on this enlightening journey toward a healthier microbiome. Developed by experts in nutrition and lifestyle medicine, this program equips you with effective strategies to cultivate balanced gut health, mitigate disease risk, and elevate your quality of life. Discover how nurturing your gut can be truly transformative!

Imagine embarking on an immersive guided tour of the human gut, exploring its intricate ecosystems and microscopic inhabitants. This journey will empower you to adopt a gut-friendly lifestyle that champions your overall health. With the state-of-the-art information you'll gain from this program, you can unlock the door to positive lifestyle choices, resulting in:

- Harmonized gut health
- Enhanced digestion and nutrient absorption
- Diminished inflammation throughout the body
- Reduced risk of chronic diseases
- Lower likelihood of infectious diseases
- Elevated emotional well-being
- An improved sense of overall well-being and enriched quality of life

As a dedicated non-profit organization, our mission is simple: to empower individuals to thrive and cultivate healthier, happier lives. Join us on this transformative path to better health, and prosper in today's busy, challenging and constantly changing world.

NEW!

7-WEEK COURSE

IMPROVE YOUR LIFE FROM THE INSIDE OUT!

Learn from the experts how to make gut-friendly lifestyle choices to improve your health. **Enhance Your Gut Health** will teach you how caring for your gut leads to a **healthier and happier life!**

Is your gut causing you problems?

- Learn how to improve your life through a healthy microbiome.
- Weekly sessions deliver the latest information, backed by science.
- Receive digital workbooks and more!



WELLNESS

DATE: 19th February 2025

TIME: 1:00 - 2:00pm

United Church Hall
80 Webster Road
Bongaree, Bribie Island
www.eliawellness.com/event

The program runs for 7 weeks
and the cost is \$10pw.
Contact Ruth on 0429 998 744

Buying Now

Mike and Nate Cornish will be travelling to Bribie Island for **1 day only on Saturday 15th, February**. We want to buy your unwanted items listed below. Please visit us at the Bribie Island RSL Club as shown below, for an 'on the spot' appraisal.

If you live outside the area, have too many items to bring in, or would like a home visit, phone Nate on 0426 820 646 NOW to arrange a time.

These events are often compared to the 'Antiques Roadshow' on TV, but without the long queues. **Don't miss this opportunity!**

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Mike



Nate



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Canada, Misc Silver Coins & Tokens, and
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Sterling Silver: Tea Sets, Cutlery, Trophy
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Silver Bars of any size



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& Accumulations. All RAM and Perth Mint.
Any tins, bags, folders of coins.



Military Medals

- Australian Military Medals
- All Other Military Medals
- Orders & Decorations
- Bravery & Long Service Medals
- Stars & Crosses
- Groups & Accumulations
- Collections



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Bracelets & Bangles, Gold Cuff Links,
Necklaces, All Broken or Worn
Jewellery



Silver & Gold Bars, Pendants

- Any size or weight, even unspecified
- All brands including ABC, Perth Mint, Harrington, Engelhard, JM, MG, and all other brands
- Any condition
- Also Platinum & Palladium coins/ bars



Watches (Modern & Vintage)

Any Condition - working or not, Omega, Rolex, Tudor, Seiko, Longines, Breitling, Tag Heuer, Cartier and Other
Watches, Gold, Silver, and all Pocket Watches. Watchmaking spare parts and tools.



No Appointment necessary. No need to sort or clean coins. We'll buy 1-10,000 items.

**For any
questions
or home visit
requests
phone Nate
0426 820 646**

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**SATURDAY
15TH FEB**

**Bribie Island RSL Club
(Garden Room)**

9:00am - 1:00pm

99 Toorbul St, Bongaree

Home Visits

1:00pm - 6:00pm

Phone 0426 820 646 now

For a home visit



The launch event for headspace Bribie Island was truly a fantastic day! It brought together incredible musical performances, insightful discussions led by executive leaders and local politicians, and, of course, a spread of delicious food. A talented team of photographers and videographers captured all the special moments filled with joy and connection. One of the standout moments was the enthusiastic engagement of Youth Reference Group (YRG) members. They led tours around the new space and created a delightful craft and relaxation area where everyone could unwind and have fun. In the photos, you'll see the amazing YRG members, who volunteer at Caboolture and Bribie Island centres and advocate for the youth in our community.

They were thrilled to have some VIPs on the day, including:

- Hon. Emma McBride MP
- Jason Trethowan (headspace National CEO)
- James Blevin (Youturn CEO)
- Libby Dunstan (PHN)
- Michelle Watson and the PIEEC community, who performed a beautiful smoking ceremony and welcome to country.

This new centre is designed with the needs of young people and their supporters in mind, making it a safe haven for everyone. It's more than just a centre; it's a cozy sanctuary where young people can relax, be creative, and connect with their community, fostering a sense of comfort and belonging.

The friendly staff at headspace Bribie Island are here to support young people aged 12-25 during tough times. They offer mental health support, education and employment services, and help with alcohol and drug-related issues. At headspace Bribie Island, they work closely with young people to ensure they get the services they need to help them get back on track. The best part? All services are bulk billed at no cost to you or your family. You're welcome to reach out to headspace yourself, or you can ask someone else to get in touch for you. And feel free to bring a friend along—everyone's welcome! If you need wheelchair access, don't worry; there is an elevator available. You can find them on First Avenue, right across from the sporting fields and just a short walk from the bus stop.

For more details about our centre, visit the headspace Bribie Island website. We can't wait to welcome you!



UNDERSTANDING THE NDIS: EMPOWERING PEOPLE WITH DISABILITIES AND THE IMPORTANCE OF SERVICE AGREEMENTS

The National Disability Insurance Scheme (NDIS) is Australia's commitment to supporting people with disabilities. Introduced by former Prime Minister Julia Gillard in 2013, the NDIS aims to ensure that people with disabilities have the necessary support to live dignified, fulfilling lives. Unfortunately, the NDIS has often been criticised in the media for being costly and inefficient, painting a picture of a system that burdens Australian taxpayers. However, research reveals that the NDIS is, in fact, an affordable and sustainable system with profound positive impacts on individuals and society.

The NDIS is not just a safety net but a tool that enables people with disabilities to access education, employment, and social participation—fundamental human rights that many take for

granted. However, as many families know all too well, accessing the scheme can be a stressful and complex process. The NDIS requires a great deal of time, effort, and advocacy, often leaving families feeling frustrated as they navigate a system that is difficult to understand and, at times, difficult to access. It's disheartening to hear the negative rhetoric about individuals who rely on these supports, as daily living assistance is not just a privilege—it's a human right. A crucial aspect of making the most out of the NDIS is understanding the role of Service Agreements with providers. Once you've secured funding to support your disability, engaging with support staff is the next step. Here's why Service Agreements are essential for participants in the NDIS system.

WHAT IS A SERVICE AGREEMENT, AND WHY DO YOU NEED ONE?

At the heart of the NDIS is the principle of "choice and control." Your NDIS plan has a budget and is designed to give

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you the autonomy to determine the types of services and supports you need to achieve your personal goals, whether they are short-term or long-term. A Service Agreement is a formal document that outlines the working relationship between you (the participant) and your service provider.

Think of the Service Agreement as a promise—a mutual understanding between both parties. It defines what services will be provided, at what cost, and the expectations of both the participant and the provider. It helps ensure that both sides are clear on their roles, responsibilities, and rights. Importantly, the agreement is about establishing a partnership. It decreases the risk of running out of funding and is a lawful document.

As the recipient of the services, you are in the driver's seat. You have the power to choose the type of support you need and how it will be delivered. The Service Agreement should reflect these choices and provide clarity on how services will be tailored to meet your specific needs.

THE ROLE OF YOUR SERVICE PROVIDER

Your service provider could be a disability support organisation, an independent provider, a community-based provider, or even a mainstream business offering services like cleaning, faulty living support, or physiotherapy. Depending on your plan management (whether self-managed, plan-managed, or NDIA-managed), you may engage with registered NDIS providers or businesses that are not registered with the NDIS.

REGARDLESS OF THE TYPE OF PROVIDER YOU CHOOSE, THERE ARE SEVERAL KEY RESPONSIBILITIES THEY MUST ADHERE TO:

- Deliver the services as agreed: Your provider must offer the support you've requested in the Service Agreement, adhering to agreed timelines and outcomes.
- Maintain transparency and communication: Your provider should be honest about the work they do, ensuring clear explanations and providing regular updates on progress.
- Respect and inclusion: They must treat you with dignity

and involve you in decisions regarding the delivery of services.

- Problem-solving: If any issues arise, your provider should have clear processes for resolving them and should listen to your feedback to improve service delivery.

- Privacy and confidentiality: Your provider is legally obligated to keep your information secure, up-to-date, and private.

- Compliance with the law: Providers must adhere to the NDIS Act, the NDIS Code of Conduct, and Australian consumer law.

These responsibilities ensure that you, as the participant, are protected and that your NDIS funding is used appropriately to meet your needs.

THE FUTURE OF THE NDIS: ONGOING ADVOCACY FOR IMPROVEMENT

While the NDIS is a vital system, there's no denying that it's a work in progress. Many families and advocates have dedicated countless hours to improving the system, and while progress has been made, there is still room for improvement. More needs to be

done to simplify the application process, reduce administrative barriers and ensure that the system is accessible to everyone who needs it.

The NDIS is an essential human rights system that provides people with disabilities the opportunity to live independently and with dignity. While challenges remain, the role of Service Agreements in supporting participants cannot be overstated. They offer a clear, structured way to navigate the system, ensuring that individuals have the support they need to achieve their goals and participate fully in society.

Ultimately, it is through continued advocacy, open dialogue, and a focus on improving the NDIS that we can create a more inclusive, accessible, and equitable society for all.

Tracey Blinco
Law and access Consultant
Human Rights Advocate
NDIS Psychosocial Recovery Coach
Health Coach



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Develop or Revisit your Estate Plan

THE START OF THE YEAR IS A GOOD TIME TO REVISIT YOUR ESTATE PLAN IF YOU HAVE ONE OR TO COMPILE ONE IF YOU DON'T. YOU CAN REFLECT ON ANY SIGNIFICANT CHANGES THAT MAY HAVE OCCURRED IN THE LAST YEAR, SUCH AS MARRIAGE, DIVORCE, BIRTH OR DEATH IN THE FAMILY, AND HOW THESE MAY IMPACT YOUR END-OF-LIFE WISHES. YOU CAN ALSO CONSIDER THE IMPACT OF CHANGES TO YOUR ASSETS AND THEIR VALUES AND MAKE APPROPRIATE ADJUSTMENTS TO DISTRIBUTION PROVISIONS IF REQUIRED.

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Bribie Island | Caboolture | Caloundra | Chermside | Mt Gravatt



Mike Smith

We Have Been
Trusted On
Bribie Island And
Surrounds For
Over 20 Years!

A COMPREHENSIVE ESTATE PLAN SHOULD INCLUDE:

- Will - allows you to nominate how your assets will be distributed upon your death and who will administer your estate and ensure that your wishes are met.
- Enduring Power of Attorney (EPOA) - appoints one or more trusted persons to make financial and/or personal health decisions if you become incapacitated.
- Advance Health Directive - details your medical preferences if you cannot communicate them. It helps to avoid conflict over what treatments should be administered in the face of unforeseen medical circumstances.
- Beneficiary Designations - list who will receive benefits payable for superannuation funds, insurance policies, etc.
- Asset Register - maintains a clear record of all assets, including real estate, investments, bank accounts, and personal belongings. The latter can designate who should receive these items.

KEY ISSUES TO CONSIDER WHEN COMPILING YOUR ESTATE PLAN INCLUDE:

- Legal Validity—Ensure your Will and EPOA comply with Queensland laws, including that documents are witnessed correctly to avoid disputes.
- Family Dynamics - address potential conflicts or challenges (e.g., blended families, estranged relatives). Consider explaining significant decisions to prevent disputes if you intend to give preferential treatment to one or more beneficiaries.
- Long-term care for children with disabilities - consider establishing a Special Disability Trust
- Guardianship for Minors - discuss guardianship arrangements with the

intended guardians beforehand and ensure financial provisions for the care of minors

- Tax Implications—Be mindful of Capital Gains Tax (CGT) on inherited assets. Plan for tax-efficient asset distribution, especially using testamentary trusts.
- Asset Ownership: Differentiate between estate and non-estate assets (e.g., jointly owned property or superannuation). Review how assets are titled to ensure they align with your estate plan.
- Residency and Jurisdiction—If you own assets or have interests outside Queensland, address interstate or international estate laws.
- Executor and Attorney Selection: Choose trustworthy, competent, willing to take on the role, and likely to outlive you. Consider appointing professionals such as a lawyer.
- Bequests—Consider leaving part of your estate to support causes or organisations that you care about and, in doing so, make a lasting contribution to their work.

No matter your age, the unexpected can happen. A well-documented estate plan can minimise the stress on your loved ones upon your passing and assist in ensuring that your wishes are followed.

If your estate is complex, it is best to seek legal advice. The cost of this needs to be considered in the context of the potentially very high legal fees that will be incurred if your estate is contested.

Peter Dallimore is a qualified and registered Financial Counsellor at the Sandstone Point Community Association.

You can meet Peter at the Sandstone Point Community and Sporting Complex, 202 Bestman Rd East Sandstone Point. To book, call

0409 321 779

or email

spcafc23@gmail.com and provide a contact phone number. There is no charge for Peter's service.



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BUSY FINGERS

After a well-deserved break for our staff and volunteers, we are open for business once again, we hope everyone had a great Christmas and Safe and Happy New Year. We were pleased that we didn't come back to any donations on the footpath, as this is council land, and it is an offence and can result in a fine.

DONATIONS WE RECEIVE

We appreciate all the donations we receive from the community to keep our shop functioning, allowing us to support the residents of our wonderful island. During the 2024 financial year, we were able to support the schools, VMR, Police, SES, Global Care and many social groups and sporting clubs throughout the year. We are sorry, but at times, we must decline donations as our trolleys are full and we have no further storage space; we will post on Facebook, or please call 3408 1014 to find out if we are accepting clothes today.

We are also experiencing problems with some of the donations we are receiving, please be aware of what you are donating. **IF YOU WON'T BUY IT - PLEASE DON'T DONATE IT.**

Our staff will refuse soiled, broken, and unsaleable items, whether clothing, linen, furniture, or bric-a-brac. Please refrain from verbally abusing our volunteers and dispose of your goods appropriately. Our aim is to aid our Bribie Island community, which benefits all in the long run. Please help us achieve this goal and be part of our fabulous community.

As people are aware, we have 2 large rubbish bins from Cleanaway as well as council roadside bins. The 2 large rubbish bins are collected twice a week, sometimes three times. These bins are not free and cost us over \$3000 a month. We still go to the Caboolture dump several times a year, too, with soiled mattresses and electrical goods that don't work—another cost.

This money could be used elsewhere, so please be aware of what you are donating.

URGENT NOTICE ELECTRICAL ITEM DONATIONS

If your electrical item does not have insulated pins, as per this diagram we are unable to accept it.



DONATIONS GIVEN IN DECEMBER

BI Community Kindy required assistance in repainting the inside of building, as usual we supported the BI Legacy Widows with their Christmas Lunch. BI Aged Care required 5 heavy duty mobile Hanging Trolleys. BI Social Seniors required assistance with Bus costs for a Day trip to Stradbroke Island with morning tea at Cleveland Point for members, many with walkers who can't walk up the ramp into ferry. Cooina Community Hall needed repairs, including new stairs, ramps, and timber rails for safety. The hall is utilized five days a week by various groups, including U3A, Yoga Classes, Children's after-school programs, and other groups. BI Junior Rugby League required a new laptop.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs; we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come along to your club and present our aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance please include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com. Please be aware we only support Bribie Island associations and groups, not individuals.

I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra

CASUAL POSITION FOR RELIEF CASHIER/MANAGER BUSYFINGERS FUNDRAISERS INC.

We are looking for a person who has experience in both above positions.

You would be required to cover Holidays, Sick Leave and Rostered Days for each of the above Staff positions.

Hours of work for the Cashier 8.30am to 3.30pm Monday - Friday and 8am -12pm Saturday. Hours of work for the Manager 7.15am to 3.45pm Monday to Friday and 7.15am - 12.15pm Saturday.

We are looking for someone who would be available - sometimes at short notice - and willing to be flexible as part of our team of Staff. This is a paid position, and payment would reflect the position being filled at the time with the appropriate Casual Rates plus superannuation.

SELECTION CRITERIA

- Proven Experience in People Management.
- Good Communication Skills
- Ability to manage Staff and Customer disputes.
- Money Handling experience.
- Clean, neat appearance always.

If you think you would be a good fit for this position and enjoy working with our Volunteers and Staff please email us at busyfingers2@bigpond.com or call 3408 1014 for both position Descriptions.



WHY DONATING TO OP SHOPS IS A WIN-WIN FOR YOU AND THE COMMUNITY



In a world overflowing with material goods, the simple act of decluttering your home can lead to incredible benefits—both for you and the wider community. With a growing awareness of sustainability and community support, donating to op shops has never been more important or impactful. By donating your unwanted items, you help these shops stock their shelves while also providing a lifeline to individuals and families who may be struggling to afford new items.

The environmental aspect of donating to op shops cannot be overstated. Every item donated is one less object that ends up in landfills. In Australia, the waste crisis is becoming more urgent, with landfills nearing capacity and pollution on the rise. By choosing to donate rather than discard, you're playing a part in reducing this burden, promoting a culture of reuse and recycling. With op shops, your old shoes might find a new home on someone's feet, and your couch could become the centrepiece of a cozy living room instead of ending up as waste. Donating to an op shop is also a fantastic opportunity for personal reflection and growth. The process of going through your belongings can be cathartic, allowing you to assess what you truly value and need in your life. It encourages you to make thoughtful decisions about consumption and the way you interact with material possessions. In a society often driven by consumerism, this act of letting go can be liberating and empowering.

Op shops often rely heavily on volunteer support. By donating, you're helping to sustain jobs and volunteering opportunities within the community. Many op shops provide valuable training and employment for individuals facing barriers to work, empowering them to build skills and confidence. Your contributions help these shops thrive, allowing them to continue their charitable missions and support community initiatives, whether through food banks, mental health programs, or educational resources.

Sometimes people hesitate to donate because they believe their items may not be "good enough" or are unsure of the donation process. However, op shops typically welcome a broad range of items, provided they are in good condition. Clean, gently used clothing, functioning appliances, and household items can all find new life after being donated. If you're not sure, most op shops have specific guidelines on what they accept—knowledge is power!

Finally, let's not forget the simple joy of shopping at an op shop. Each visit is a treasure hunt where you can find unique, often vintage items that tell a story. By donating, you contribute to maintaining this wonderful thrift culture while receiving the satisfaction of knowing you've helped others along the way.



Busy Fingers Op Shop
38 Cotterill Ave, Bongaree

**GREAT BARGAINS ON CLOTHING,
SHOES, ELECTRICAL, TOOLS,
TOYS AND MUCH MORE**

**VOLUNTEERS
ALWAYS
WELCOME**

**FREE PICK UP
AND LOW COST
DELIVERY**

PH 3408 1014
Mon-Fri 8:00-3.30, Sat 8.00-12.00

BONGAREE | BELLARA | BANKSIA BEACH | NINGI | BEACHMERE | WOORIM | SANDSTONE POINT

Local Dining Guide



THE SURF CLUB

Open for lunch and dinner seven days a week, our casual bistro boasts a bar and gaming area as well as mesmerizing ocean views. Explore our diverse menu, offering a little something for everyone. It's the perfect place to unwind, indulge in good food, and enjoy the laidback friendly atmosphere. Whether you're a local or just passing through, you'll enjoy a memorable visit at The Surf Club Bribie Island. Come for the food, stay for the view!

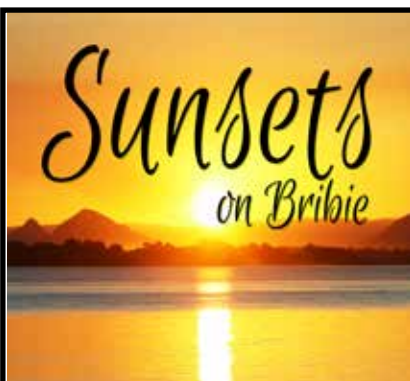
First Avenue, Woorim PH: (07) 3408 2141
www.thesurfclubbribieisland.com.au



THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Bistro offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch and dinner on Fridays and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach
 3410 4024



Sunsets on Bribie at Bribie Island Bowls Club

11-23 Welsby Parade, Bongaree.
www.bribiebowls.com

Experience our delicious dining options while overlooking some of the best waterfront views on Bribie. Open 7 days for lunch and dinner with seniors' meal specials and kids menu. With something to suit all appetites make sure you don't miss this amazing dining experience. Book your table now by calling 3408 1018.

Lunch: 12pm -- 2pm, Dinner: 5pm -- 8pm



winelander

Hello again, and welcome to the New Year. The exciting news is that I have committed to a reduction of alcohol in January, which, by the time you read this, will have probably been and gone. I decided, however, that this was an opportunity to see what was out there in alcohol-free wines. Although the range has shown a vast improvement in new labels, unfortunately, the same problem still exists in that the removal of alcohol comes at the cost of flavour, and the wines start to taste more like a fruit cordial. I did try a Giesen Low alcohol Sauvignon Blanc and this was the best of the wines I tried. I stayed with the Wolf Blass Zero Alcohol Shiraz as there was a side bet with my daughter and her liking of cigarettes; however, as she lives in France, we will never know the outcome. Hopefully, she will have reduced her reliance on tobacco.



We have just spent time wandering around Europe completing a voyage from Budapest to Amsterdam upon which the boat we sailed on served local wines in each country and to be honest I felt there was a need for an improvement in the selection their sommeliers chose, after this trip we had a couple of weeks in Norway chasing the elusive Northern Lights and once again I was confused by their liquor laws, which I always thought Queensland had some of the most backward, but Norway comes a very close second. I looked in the supermarkets, and there was an excellent selection of beers but no wine. After chatting with the receptionist at the hotel, I found that wine in Norway is only sold through government wine shops, which trade from around 9.00 am to 6.00 pm daily and 4.30 pm on Saturdays and are closed on Sundays.

The stores were of a Dan Murphy scale in size, with just about every wine-producing country represented, with the majority coming from mainland Europe. Australia had a fairly meagre selection, mainly from Penfold's and the reliable Yellowtail, but the prices are, of course, in Norwegian Krona and the disastrous exchange rate pushed the prices up, also throughout Europe and the Euro, as The U.K. and the British Pound meant everything was just about double what we pay here. If you

are embarking on an overseas trip this year, including America, be prepared that just about everything you buy will be at a cost, so try not to compare rates, or it will probably spoil your enjoyment!

Just when everything was going back to normality with the overseas markets, especially China coming on board and sales moving forward, wine sales have hit a few hurdles, China wine drinkers are suffering, as is the rest of the world with after Covid blues and high inflation reducing the amount of available spend on luxuries such as wine and a movement away from red wine to white for some reason, also after a three-year hiatus other countries have pinched Australian sales. France is reporting a nearly 10% fall in sales worldwide in Champagne, which is being compounded by cheaper products such as Prosecco (especially Australian produced here), British sparkling wine, and other cheaper sparkling wines from other parts of the world. They have also suffered a couple of poor harvests with unseasonal weather, which to some degree has reduced harvests, which could be a blessing of sorts. I haven't heard of any problems with wines from California, but as happened here several years back, smoke can travel miles and get through the skins of the grapes, producing a smoky wine, which can be quite off-putting.

For those interested in wine evenings, we are having a show on March 3rd at The Bribie Golf Club, and Chef Brian has put together a great menu, including a deconstructed prawn cocktail, a sage and onion pork tenderloin wellington, a slow-cooked Asian style oxtail, a deconstructed lamington and a cheeseboard. Amongst the wines will be the St. Hugo Coonawarra Cabernet Sauvignon, so it should be an excellent evening; for more information, ring Catherine at the golf club 3408 1457.

The specials at Liquorland finish on February 4th which by the time this article is printed will have been and gone however there are a few price reductions which are well worth having a go at. Taylors have a few, their excellent Adelaide Hills/Clare Valley Riesling \$16, Taylors Clare Valley/Limestone Coast Shiraz \$16, Campo Viejo Rioja 2016 vintage \$30, Rapaura Springs Reserve Sauvignon Blanc \$14 and Tempus Two Graphite Series Chardonnay \$10.

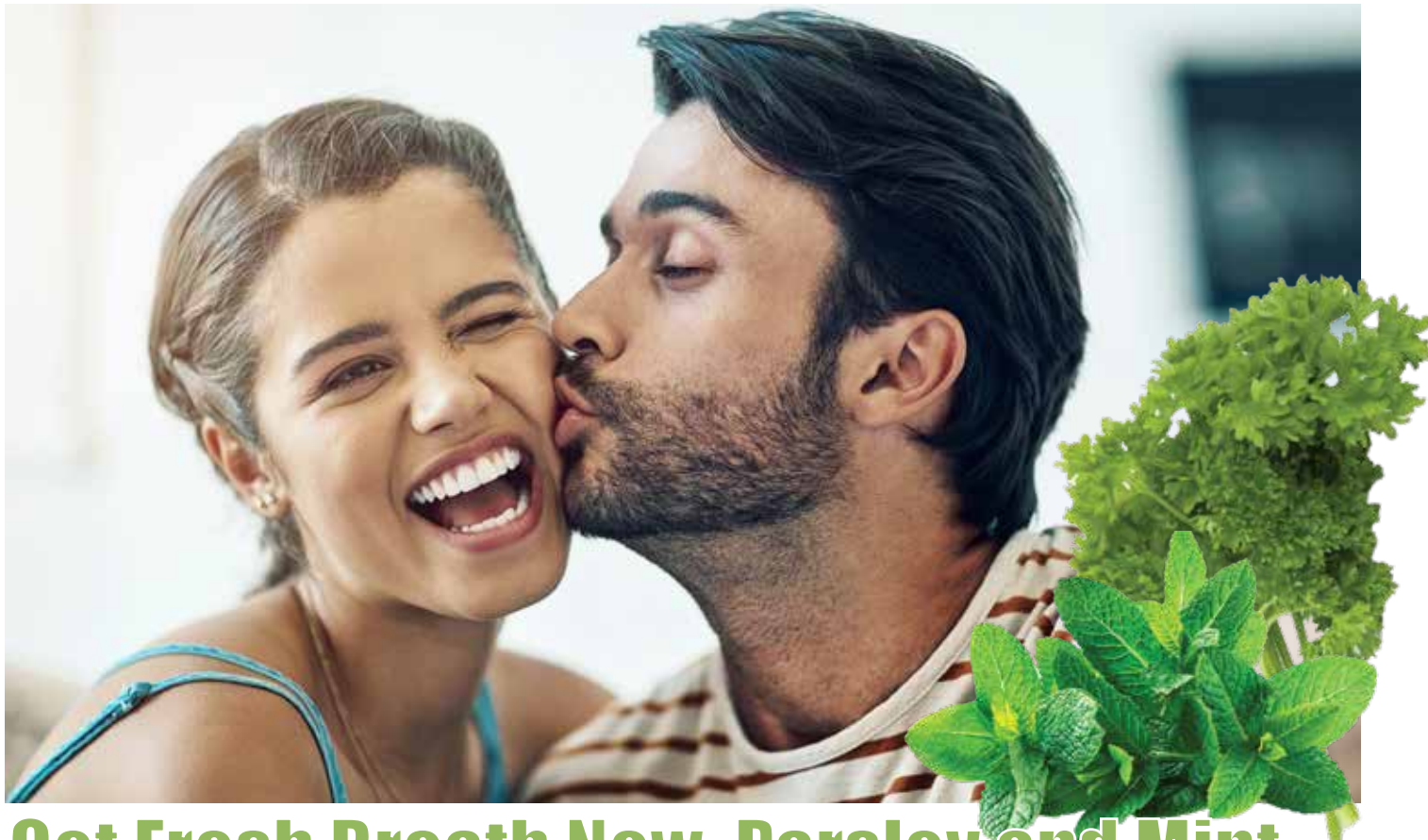
Cheers, Philip Arlidge
arlidge@bigpond.com.au

Dana Perino

Sarcasm is like a cheap wine, it leaves a terrible aftertaste.

Eduardo Galeano

We are all mortal until the first kiss and the second glass of wine



Get Fresh Breath Now: Parsley and Mint

The Unsung Heroes of Oral Hygiene

So, you just polished off a plate of spaghetti that could have doubled as a garlic club sandwich, and now you're contemplating your next move. Will it be a warm hug or a passionate, lingering kiss? But hold your horses—before you initiate operation “Get Close,” let's talk about that midnight party happening in your mouth. Spoiler alert: the bacteria are the uninvited guests, and they're throwing a rave that could put Ibiza to shame. These little party crashers love to whip up sulphur compounds that could knock out a small army, let alone your sweetie pie!

Now, you might wonder, “Can I use natural remedies like parsley and mint to save the day?” Let's find out! Parsley might just look like the green fluff that your mum used to garnish your plate (thanks, Mum!), but it's actually a secret weapon against the offensive odour that comes with a garlic feast. Studies may not crown it as the king of breath fresheners, but it might just give you enough temporary relief to keep your conversation from turning into an awkward game

of “Who Can Hold Their Breath the Longest?” Just remember: too much parsley, and you might end up smelling like a salad bar explosion!

And then there's mint—oh boy, mint is like the superhero of the breath-freshening world! If mint leaves show up uninvited on your dessert plate, don't you dare toss them out! Treat them like a fancy accessory for your mouth, infusing your breath with a freshness that screams, “I just dined like royalty!” Picture yourself casually chewing on those mint leaves, feeling like a noble knight bravely battling the dragons of bad breath, leaving behind an enchanting aftertaste that says, “Not only did I have a great meal, but I also smell fantastic!”

Professional dental wizards even give a thumbs-up to natural breath-freshening options over those cheeky artificial ones. I mean, who wants to chew on sugary gum that turns your mouth into a bacteria buffet? And mouthwash with alcohol? Please! It's like bringing a drought to a desert—your breath might

be fresh for a second, but soon enough, your mouth turns into an arid wasteland, complete with tumbleweeds and bad vibes!

So, let's wrap this up: when it comes to keeping your breath fresher than a morning breeze, reach for those natural remedies like parsley and mint. At least with them, you won't leave your loved ones feeling like they just walked into a “garlic festival” that takes place every Saturday night!

Natural Home Remedies for Bad Breath - Because No One Wants to Be That Person!

Baking Soda: The ultimate multitasker! Sprinkle some on your palm, dip your toothbrush like it's a spa day, and get to scrubbing. Fresh breath is just a few brush strokes away!

Water: The most underrated hero in the bad-breath battle. Swish it around for 20 seconds like you're a mouthwash commercial star, and voilà—food particles be gone!

Fresh Vegetables: Did you know that chomping on carrots or celery might just make you the life of the party? Munch on these

crunchy buddies, and they'll fight plaque like the tiny guardians they are!

Cheese: Yes, cheese! Your delicious, low-fat snacking saviour! Who knew fighting mouth odour could be this tasty? Just remember to share—unless you want everyone to think you have a cheese stash in your pocket.

Aromatic Spices: Chewing on seeds from clove, cardamom, or fennel is a tradition in South Asia and the Middle East. Who knew you could have a party in your mouth and come out with minty-fresh breath? It's practically a cultural phenomenon!

Bad breath may be as timeless as the classic question of “Who let the dogs out?” but you don't have to let it ruin your shine. Just keep these home remedies in your back pocket, and you'll be ready to conquer the social scene like a champ!

BUSH DANCE WITH THE CELTIC MINSTRELS



The Celtic Minstrels are a band of folk musicians who love to see people dancing to their lively jigs, reels and waltzes. In addition to teaching a six-week course at U3A, Bush Dancing for Fun, for three semesters a year, the Minstrels play for local get-togethers and are currently starting a Family Bush Dance on Saturday, **February 22nd, from 2-5 p.m.** It will be in the **Community Hall at Arcadia Ave, Woorim.** The Minstrels will organise three community dances a year if it proves popular. Think of "strip the willow," "Queensland barn dance," "troika," "brown jug polka," and "bridge of Athlone," all popular bush dances for the past 100 years. As well as bush dances, the Minstrels will be singing

many popular line-dance songs for all our line-dancing friends in the audience.

All bush dances will be easily taught on the day and called throughout the dance, so no prior knowledge is required. You do not need to bring a partner, as anyone unpartnered will find you to dance with. Wear flat shoes. Please bring a water bottle, some nibbles and soft drinks for your table and make a dancing day of it.

The dance costs \$10 for adults and \$20 for a family, so bring the kids. Tickets can be pre-purchased or purchased at the door, but with a limit of 100 tickets, we advise you to get in early.

Phone Mike on **0408 370 603**

Email Beth **music@celt.com.au**

Bush Dance with The Celtic Minstrels

Saturday, February 22nd 2.00 pm– 5.00 pm

Bribie Island Community Hall, Arcadia Ave. Woorim

: Bush dances taught by a fun caller

: Line dancing

: Tunes and Songs

Contact: Celtic Minstrels 0408 370 603

music@celt.com.au

Tickets are also available at the door

\$10 Adult / \$20 family



THE FUTURE OF THE COOK ISLANDS

By joining us, you have the opportunity to profoundly impact the lives of these precious children, shaping a brighter future for them. For ninety-nine years, churches worldwide have come together to pray for a selected country, and this year, the Cook Islands have been honoured with that choice. This is a rare and meaningful chance to engage in this cherished global tradition.

A program has been established that will journey across the globe, illuminating the dreams and aspirations of these tropical islands. Comprising 15 islands, 12 of which are inhabited by approximately

16,000 people, this self-governing nation enjoys a 'free association' with New Zealand.

This year, the Freedom Church will host a gathering where the local church communities will unite to celebrate their culture and share stories of resilience and hope. You are warmly invited to a relaxed afternoon of singing and prayer, inviting the God of all creation to nurture this small but significant corner of the world, granting them wisdom and peace. After the meeting, you will have the wonderful opportunity to connect with new friends over afternoon tea. Everyone is welcome.

EVENT DETAILS

WHEN FRIDAY, 7th of March

WHERE Freedom Church 195 First Avenue Bongaree.

Contact 0432 403 865 for more information.

Bribie Island VIEW Club

"Supporting The Smith Family -

Bribie Island VIEW Club celebrated the new year with our first lunch for 2025 at Bribie Island Hotel on 22nd January. We held our AGM and elections with a new committee for the next twelve months. Our club continues to sponsor six Learning For Life students through The Smith Family, and 2024 was a successful year. We raised most of our sponsorship funds with Christmas wrapping at Bribie Island Central Shopping Centre, Containers for Change, and our annual Christmas trade table.

Our annual International Women's Day Breakfast will be held on Friday, March 7th, at Pacific Harbour Golf & Country Club, with guest speaker local author T.M. Clark.

Anyone interested in attending it or one of our monthly lunch meetings, please contact Stella at 0419 796 476 or Jennifer at 0402 663 867.



BRISBANE CRUISES

The Difference Between A Good Cruise & A Great Cruise'



BRIBIE ISLAND LUNCH CRUISE 2025

Enjoy a relaxing lunch time cruise while we prepare a delicious BBQ lunch onboard the Lady Brisbane. The cruise towards Skirmish Point, Gilligan's Island and Deception Bay is always a magical experience. Cruise route is weather dependent.

Buy a GIFT CARD or BOOK Online now at
www.brisbanecruises.com.au

Price Includes BBQ lunch and cruise

Prices: Adults \$55, Children \$26 (4 - 14yrs).

2025 DATES:

Fri 28 Feb, Fri 14 Mar,
 Tue 29 Apr, Wed 28 May, Thu 26 Jun

Departs Bongaree Jetty, Bribie Island 12.15pm
 Returns 2.15pm (approx)

T: 07 3630 2666

E: info@brisbanecruises.com.au W: www.brisbanecruises.com.au





INTRODUCING *Ginger Von Graz*

Ginger is a new contributor to the magazine, and I have asked her to write a little about herself. Welcome to the team, Ginger!

My family has long joked that, like the heroine of my favourite childhood story (Anne of Green Gables), I speak at '1000 words a minute'; whether such is true of my conversation, I certainly used to read at that pace.

I exhausted my schools' libraries to the point where I would have nearly driven my parents to financial ruin (or so I was told) if I had not been limited to certain 'reading hours'.

I have - maybe thanks to these early regulations that had me sneaking books bought from the school fair home using old dust jackets - since I found the beauty in reading slowly. I have learnt to savour passages, fragments and reflections in a way that can only be done with a deal of patience - the same patience with which those very words have waited between the pages of a classic, bestseller, or little-known work for the eye of the keen reader.

According to reader-response theory (post-1970s), reading is a dynamic process in which the reader and text bring their own predetermined identity and experience to the fore, creating in combination 'the poem', a term coined by theorist Louise Rosenblatt. Each of these 'poems' is entirely unique in meaning, coauthored by the reader and text.

Whether you subscribe to earlier schools of criticism, categorising texts as having unflinching meaning - or feel yourself drawn to this idea of transactional interpretation- you have to agree that who you are affects how and what you read. How and what you read affect who you are.

That is why I now take the liberty to introduce myself: I am a teenager long in love with literature and keen to share my reviews, reflections, ideas, and recommendations with the Bribie Island community!

My name is Ginger Von Graz; I'm 17 years old and soon to head into year 12.

When I was nine, my small family, consisting of my

mother, father, cat, guinea pig and myself, packed up our lives and travelled for 15 months around Australia. Along the way, I amassed a keen interest

in local history, a habit of reflection, and a sporadic taste in literature. Any book I could get my hands on- from neighbourhood street libraries, market stalls, or the attics of kind locals- was a good book. First, the 'Harry Potter' series was amongst my favourites, but then, 'Scarlet and Ivy'! That was quickly replaced by 'Pride and Prejudice'- but then again, the murky depths of 'Picnic at Hanging Rock!'.... after many years of indecision, it appeared to me;

I don't have a favourite book.

Some may accuse me of being hesitant to nail my colours to the mast. Still, I see it rather as there being too many masts on too many boats in too many oceans undiscovered to each other and not enough colours in all my mother's art studios to nail to a tenth of them.

After all, what we read- and what we say we read- quickly changes perception; like your perception of me, this article, and what to expect discussed here. If I told you I loved 'Wuthering Heights' and 'The Picture of Dorian Gray', you'd quickly be nodding

along, ready to relive your school days (or maybe noting to avoid them); but how about 'The Group', by Mary McCarthy, paired with 'The Overstory' by Richard Powers?

You could argue, it's true, that narratives entwining individual stories around a central theme could weigh up how you feel about intermittent tales of Polly, Percy, and Penelope, which you simply cannot confuse.

But what if I told you 'On Earth We're Briefly Gorgeous' has my heart, but so does 'Things Fall Apart'?

I suppose there are similarities in the personal nature of these cultural dramas; you could evaluate the commonality of our tastes based on your inking, or lack of, for 'close-up' narratives.

But some things simply fail to compromise.

At any rate, you'll be left with a different impression if I introduce myself alongside 'The Bell Jar' (a cult classic of withered girlhood) rather than 'Fox and I' (a natural history come memoir).

And yet—as Rosenblatt and her contemporaries might remind you—these titles are all incredibly similar. Or at least, the versions of them that exist in my conscious, for I read them all.

So, I suppose what I aim to illustrate here, aside from the fun of tossing titles in the hopes you'll spy one that will convince you to look around for my next article, is that each reader is entirely unique in their perceptions. I might love the work of Virginia Woolf, and you might despise her writing - and yet, for shockingly similar reasons. Whatever your tastes, I hope together we'll traverse enough oceans in these reviews - man enough ships, in the form of themed recommendations- that in some debut novel, forgotten masterpiece, or modern classic, you'll find a mast with your name already on it.



Our last Meeting was on 19th January, and quite a small group arrived.

With the School Holidays still in full swing here on the Island, everyone was overbusy. But it was lovely to catch up with familiar faces.

Maryanne will host our Next Meeting on 23rd February at 3 pm @ the RSL Club.

I think we might be outside from now on as things are starting to happen in The Auditorium. Ask at the Social desk, and they will direct you to where we are sitting.

Note: We are not a Travel Agent/Consultant/ Travel Booking Group. We are a group of people who LOVE travel and are happy to discuss our trips, assist others with any advice if we can, or

If you're looking for a Travel Buddy, you might well meet someone in this group.

We have a wealth of information on the island from previous Travellers and also have information sheets that may help you in some way.

Happy Travelling
I'm off on Travels again. See you in March, hopefully.

Cheers Roslyn 0401 078 187

Antique - Vintage

ITEMS WANTED

After All Kinds Of Vintage And Antique Furniture, Bric - A - Brac, Collectables, Curios And Old Shed Items

CASH PAID - 0400 749 454



Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12pm

Bribie Island BIDCA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

The Sylvan Beach Munch Markets (Farmers Market)

The Munch Markets are held in the park opposite the Bribie Island Hotel on the 1st Saturday of each month from 9am to 2pm

Banksia Beach Market

Bribie Harbour Shopping Village is held on the last Saturday of each month 8am to 12pm

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open Tues to Sat 8 am to 12 pm

The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie Woodcrafters & Bribie Island Gem Club

Open day, Demonstrations & Sales - last Sunday of each month

8am to 12noon Held at Bribie Art Centre
191 Sunderland Dr, Banksia Beach

The Bribie Bowls Euchre Club

Meets at the club each Monday at 12 Noon.
Fun afternoon. Contact Lorraine on 0414802733.



The Shameful Birth of BRISBANE

By Al Finegan

Looking out from our Bribie Island to the beautiful Morton Bay region, it is hard to imagine that our peaceful, harmonious community was once rich in the tragedy of torture and murder. Just 200 years ago, the Moreton Bay Penal Colony was settled to foster evil in many forms. It was a hostile and, by modern standards, barbaric place where crime and iniquity flourished and where every form of human misery could find ample expression.

It was established at Redcliffe in 1824 by Lt Miller as the embryo of what was to become the most feared prison colony in the British Empire, where doubly convicted convicts were sent as incorrigible felons. In 1825, Miller resettled from Redcliff to what is now Brisbane City. Over the next 18 years, eight military

commanders reigned, most displaying a dismayingly level of brutality.

The convicts were held under inhumane conditions, fed only the most basic food, barely sufficient to keep them alive while they laboured at construction work or in the fields. Even more loathed was the mind-numbing grind of working the settlement's treadmill. It still exists on Wickham Terrace, protected by the National Trust. Sixteen convicts would be "stepping" on the wheel at any time, with eight others resting, creating a relay of one-third. Convicts would climb onto the wheel at one end and shuffle one position every ten revolutions before stepping off at the other end. In one full working day, each convict would take about 15,000 steps, the equivalent to a 3,300-metre climb, leaving him

utterly exhausted by the end of his shift – every day.

The senior military officer was designated the "Commandant". These men were mostly chosen for their known history of arbitrary and despotic behaviour. Far from the seat of government and surrounded by hundreds of lawless men who represented the worst and most violent of all colonies, the position of Commandant was certainly not enviable. It needed a man who could render stern and strict discipline without the gentle quality of mercy. Harsh and inhumane punishments were often inflicted capriciously upon offenders without their right of defence. The mere suspicion by a convict that he may be found guilty of an infringement, whether guilty or not, drove many of the poor wretches into the bush. Once in the wilderness, they had to

choose between unpleasant alternatives. They could attempt to consort with the Aborigines and risk a violent death, or they could perish in the bush while attempting to make their way overland to Port Macquarie. They could, of course, choose to return to the colony and receive any number of lashes the commandant might choose to inflict. The first alternative was adopted in more than one instance. The second was a struggle which fell to the lot of chance. One or two cases did occur in which the fugitive, being hardier and more enduring than others who attempted it, reached Port Macquarie, only to be sent back to their hated prison. Sadly, it was the third choice that happened most frequently. The absconder returned, a starving, freezing wreck, only to receive hundreds of lashes. The records

tell of one poor fellow who ran away no less than five times. Each time he was captured or surrendered, his punishment was increased until, eventually, his horrors on the triangle were nothing short of martyrdom.

Every day was the same, with death and misery being the norm. It haunted the prisoners and guards alike. Lashings, hanging threats, working long hours in chains, brutality, hunger, day after day, year after year of viciously crushing punishment drove men, and sometimes women, to suicide. Many chose to commit acts that would send them to the gallows, where they could gain the thankful release of death.

One notable incident involved two convicts known as Blue Bill and Murdering Ned. Years later, after the city of Brisbane had become established, hundreds of thousands of its inhabitants walked the pavements of George Street without ever realising that they were crossing a large underground drain constructed by convict labour and that a desperate murder pact had been enacted there during the days of the prison colony. The drain extends from under the Supreme Court Library to the river below North Quay.

Blue Bill and Murdering Ned were employed among a gang of convict labourers to construct the drain. Both men were regarded as incorrigible and notorious prisoners and were believed to have been the two most desperate convicts then at the settlement. A report of them later stated that their backs were like dugong skins from using the lash. Both were doubly convicted felons, and both were reckless of life. Nevertheless, they knew that escape from the prison colony, more often than not, resulted in capture or surrender, followed by worse pain and suffering for months from the agonies inflicted by the dreaded ankle irons. They agreed that they had little hope of ever escaping from their remorseless misery. Eventually, with no other viable option, they concluded that death was their only avenue to achieve peace. They solemnly agreed to a terrible plan for them both to die. They determined that

the following day while using their picks at the drain, they would draw twigs to discover who would murder whom. The winner, the luckier of the two, would die instantly there and then. The killer would, of course, be charged with his murder and would certainly be executed on the gallows, often taking many minutes of ghastly strangulation before expiring. The following morning, the plan was placed into effect. In order to help them, the two men enlisted the aid of a fellow convict named Wiggy, who would cut and hold the twigs for selection. The man who drew the longest twig would have the right to be killed, while the other would go to the scaffold. While the sentries were distracted, Wiggy chose two twigs, shortened one, and presented them in a clenched fist to the two prisoners. By this time, the entire gang of convicts was aware of the death pact and watched with great anticipation, hardly breathing. Their tools, for the moment, were quite forgotten. Casually, as though he was simply reaching for a drink of water, Blue Bill grasped a twig and extracted it from Wiggy's fist. Murdering Ned was about to do the same when the guard looked around, saw that the convicts were not working, and threatened them with dire punishment if they did not continue with their task. Instantly, the convicts began to work feverishly, the threat of a lashing on the colony's infamous triangles being a powerful incentive.

However, as he worked, Wiggy kept the second twig in his hand, and when the sentry's attention was again diverted for a few moments, he turned his head and handed it to Murdering Ned. The two convicts then compared their twigs, and the longest was held by Blue Bill. A report of the events later stated: *"Without a moment's hesitation, and with a sardonic grin of farewell to his elected murderer and the rest of the gang, he laid his head on the bottom of the drain and said, now Ned, stick your pick right through my brain. Don't mangle me. He had hardly finished the sentence when a dull thud was heard to reverberate along the drain, and a*

heart that beat within each man, although but a convict, felt the thrill run through every vessel circulating in his system at the suddenness with which so great a criminal had been dispatched to the presence of his maker. Ned's aim had been unfaltering, for his pick pierced both lobes of the brain and pinned Bill's head to the earth."

Following the killing, Murdering Ned, without pausing to ensure that his victim was indeed dead, pushed his fellow convicts aside, ran along the drain, and sprang from the trench to the riverbank. Meanwhile, the sentry, who had suddenly realised that he had an escapee on his hands, ran after Ned, arriving at the brow of the bank just as Ned was about to dive into the water. The guard lifted his musket and fired. Ned and the bullet hit the river side by side. Ned stayed underwater for as long as he was able, allowing the strong current to carry him away. A search party was rounded up and dispatched to hunt down the escaped convict, but the hunters returned that night without a result.

In the meantime, Ned had crawled from the river and struggled for hours through the dense scrub heading north until he found the Enoggera Creek. Here, he came upon an enormous old pine bark tree that measured about 5m in diameter. Bushfires had succeeded in hollowing out the tree, and as rain appeared to be approaching and Ned required shelter for the night, he decided that he would be safe enough in this hiding place. The tree occupied a secluded position on a pretty plateau within a few metres of Enoggera Creek. Exhausted, Ned threw himself to the ground in the centre of the hollow tree. It was capacious accommodation for the convict and certainly afforded him protection from the wind and the storms. Ned remained in his hideout for the following six weeks, successfully eluding the manhunt that continued to seek him out. He lived by killing and eating possums, fruit bats or any other wild forest animals. Six weeks and one day after escaping from the prison colony, the guards finally found Murdering Ned hidden in his

tree cottage. By that time, he had succeeded in making himself reasonably comfortable with a bush table and bunk. Two members of the 80th Regiment, with the assistance of an Indigenous tracker, were able to trace the escaped convict, and he was dragged back to the colony to face his punishment.

A press report of Murdering Ned at the time pontificated: *"Convict, murderer, outcast, deep-eyed villain as he was, he had deep down in the recesses of his callous bulldog casing the germ of humanity's better self and a love of the beauties of nature. He gazed upon the scenery that surrounded him, and it soothed the evil passion that disturbed his warped mind. Beneath where he stood surveying the different objects that abound around the rippling Enoggera Brook, its banks fringed with graceful pines, Moreton Bay chestnut and many others of the choice scrub trees which were interlaced and cemented together by festoons of glorious runners, embracing every shade of green and brilliant colours while amidst this mass of splendour, beautiful birds gave forth their song of pleasure and delight. As he stood meditating and taking in all that he saw and heard, he involuntarily exclaimed, 'If I die, I must here let me die, not wander further hence.'"*

Justice was swift. He was tried before the Commandant, convicted of murdering Blue Bill, and, as he expected, sentenced to death by hanging. As he stood on the gallows platform, just seconds before he dropped, Murdering Ned was reported as saying, *"If you had left me alone, I should have done no harm to anyone in this place. I was living where it was the only happy beautiful spot that has been my lot since to occupy on this earth."*

At its height, the penal colony held nearly 1,000 convicts, more than 100 of them women. During the late 1830s, the British public became increasingly critical of the practice of secondary punishment in Australia. By 1840, only about 100 convicts remained. On the 10th of February 1842, the Moreton Bay Penal Settlement was formally abolished, thus ending the most shameful period of our past.



Pawsome Pet Pages



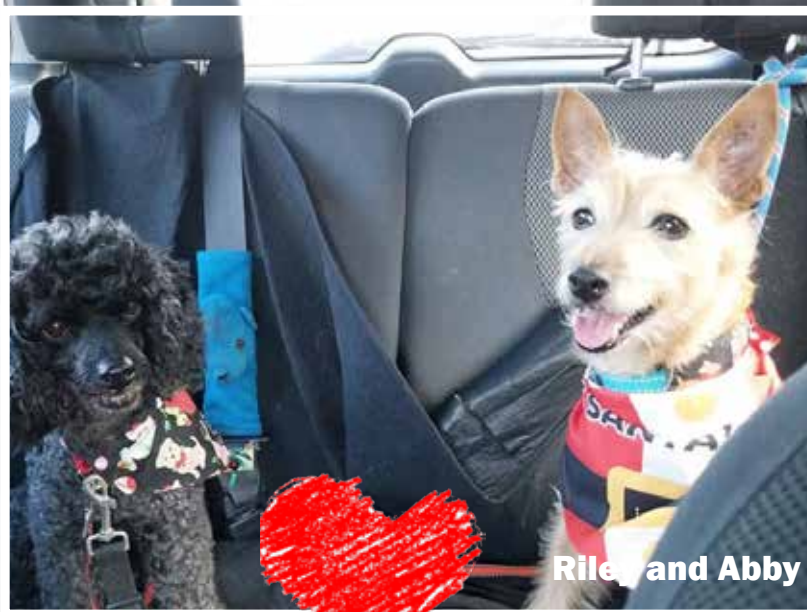
Garfield



Jet



Mini



Riley and Abby



Piper



Astro



PRADA



WHAT IS Kennel Cough?

Just as these illnesses rapidly spread in schools and daycare centres, kennel cough similarly affects our canine companions in close environments, such as kennels and grooming facilities. This contagious condition, known medically as infectious tracheobronchitis, is primarily caused by the bacteria *Bordetella bronchiseptica*, often accompanied by various canine adenoviruses.

Kennel cough typically manifests as a persistent, harsh hacking cough that can be concerning for pet owners. Additional signs may include a reduced appetite and a slight fever, but the reassuring news is that most dogs recover from this infection within approximately two weeks. The symptoms usually surface 7 to 10 days following exposure, presenting as a relentless cough and, in some cases, sneezing that can make your furry friend appear uncomfortable.

While many dogs bounce back without medical intervention, special attention should be given to young puppies and older dogs, as they are at higher risk for complications, including pneumonia. In more severe cases, pneumonia can arise, bringing alarming symptoms like

elevated fever and significant difficulty in breathing, requiring prompt veterinary care.

Certain dog breeds are particularly vulnerable to kennel cough, especially brachycephalic breeds such as bulldogs and pugs, whose unique physical characteristics can make breathing challenging. Vaccination against kennel cough is available for dogs as young as two weeks, providing a layer of protection; however, it's essential to remember that it takes about four days after vaccination for the dog to develop immunity.

Pet owners are encouraged to diligently research and select boarding facilities that prioritise cleanliness and adhere to rigorous vaccination policies, thereby minimising the risk of exposure to this contagious infection.

If you suspect that your dog has contracted kennel cough, keep a watchful eye for any unusual symptoms. Consulting a veterinarian is always wise if you notice significant changes in your dog's health, as the condition is rarely life-threatening but can still warrant professional attention to ensure a swift recovery.



Lily



Rory



Chase

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SPORTS PAGES

BRIEBIE ISLAND BOWLS CLUB

Self Select Fours Friday 10 Jan
Winners: C Wilkie, P Wachmer,
d Ackroyd, P Gray
Runners up: R Elmore, K Taylor,
A Hughes, P Hughes
Lucky draw: W Hoelscher,
Cooper, I Durham, D Gibson
Lucky draw: M Fowleer, M
Prewitt, M Andrews, J Oliver
Lucky draw: Wally O, G Teakle,
K Ford, I Pavkea

Self Select triples Tue 13 Jan
Winners: G Renshaw, S Hancox,
D Hancox
Runners up: A Sturm, P Mann,
R McDermott, C Kelly
Lucky draw: G Hemphill, I
Smith, J Park, G McEniery
Lucky draw: A Riseham, J Gray,
M James, P Gray
Bunny: G Bentzen, J Sutherland,
N Ramage

Scroungers Wed 15 Jan 2025
1st: T Whalley
2nd: T Grimmond
3rd: S Hamblin
4th: R Eaton

Random Select Open Fours
Wed 15 Jan
Winners: G Hartley, M
Andrews, M Prewett
Runners up: G Stellar, S Lobo, K
Piva, D Beadman
Lucky draw: P Gray, J Oliver, G
Wilkie, P Wachman
Lucky draw: K Muller, W
Gilbert, D Gibson, M Cullinan
Lucky draw: C Hales, T Smith, S
Hancox, T Phillips

Three Bowl Triples Thu 16 Jan
Winners: C Christiansen, A
Riely, J Lonsdale, A Whalley
Runners up: P Conn, P
Neumann, J Murray
Out of Hat Winner: G Olsen, D
Charlwood, K Mulpeter
Out of Hat Winner: R Ward, M
Gaggiano, B Ward

Self Select Pairs Fri 17 Jan
Winners: S Chandler, B Snare
Lucky draw: J Wallis, BJ Adams
Lucky draw: S Chandler, B
Snare
Lucky draw: E Hookey, M
Drought

Self Select pairs Fri 17
JanWinners: S Lobo, K Piva, E
Sharp
Runners up: M Andrews, E

James, W Brown, J Oliver
Lucky draw: B Smith, C Wilkie,
W Simmonds, M Prewett
Lucky draw: M Durham, I
Cooper, D Gibson, Albert

Random select fours Sat 18 Jan
Highest margin: T Brain, E
Thean, C Hamilton, K Henry
Lowest margin: T Whalley, G
Hutchison, E Hookey, J Coleman
Out of hat winner: L Beaven, M
Aubin, C Turner, T Raynham
Out of hat winner: K Brown, J
Teakle, I Gillard
Out of hat winner: K Van Den
Hoff, W Follett, L Stone, K
Mulpeter

Self Select Triples Tue 21 Jan
Highest winning margin: R
Black, W McDougall
Winners: M Huddlestone, B
Skerton
Runners up: F Grimsey, I
Gillard, D Davis, G Olson
Lucky draw: J Riley, J Neill, C
Christenson, N Smith
Lucky draw: C Kelly, L Savige,
W Kelly, P Mann
Bunny: BJ Adams, A Russell, F
Crockett, R Eaton

Scroungers Wed 21 January
1st: R Eaton
2nd: M Ball
3rd: M Gaggiano
4th: B Wallace

Self Select pairs Wed 22 Jan
Winners: P Maloney, T Erfurth,
G Teakel, E Sharp
Runners up: J Hosie, S Coote, K
Perkins, C Perkins
Lucky draw: M James, G Skoien

Random Select Triples Thu 23
Jan
Highest margin: B Kelly, P
Neumann, K Mulpeter
Lowest margin: T Whalley, D
Davis, L Stanford, P Ryan
Out of hat winner: P Gee, K
Brown, J Teakle
Out of hat winner: G Lucas, K
Tinker, C Kelly, I Teakle

BONGAREE BOWLS CLUB

17/1 to 30/1 2025
Results of 2-4-2 Friday
17/1/2025

Winners: Diana Stowers, Ian
Gillies
R/Up: Di Drew, Ernie Connolly

Scroungers results for Saturday
18/1/2025
1st Place: Pauline Sleet. 2nd
Place: Ron Wilson. 3rd Place:
Imelda Valentine

Results of Tuesday Turkey Pairs
21/1/2025
Winners: Maureen and Richie
Ferguson
R/Up: Diana Stowers, Ian Gillies
Bonus Draw: Jackpot

Results of Wednesday Fours
22/1/2025
Winners: Peter Szepes, Sue
Francis
R/Up: Dee Morrison, Ross
Bryant, Brendon Jones, John
Morrison
Sponsor for the day: Thanks
goes to Battery World.

Results of Thursday Pairs
23/1/2025
Winners: Mike Hansen, Peter
McQueen
R/Up: Gail Parker, Mary Doorley

Scroungers results for Saturday
25/1/2025
1st place: Peter Szepes, 2nd
place: Yuki King, 3rd Place:
Chris McMillan

Results of Tuesday Turkey Pairs
28/1/2025
Winners: Pam Walker, Bob
Vonarx
R/Up: Arne Jensen, Errol Fender
Bonus Draw: Jackpot next
week.

Results for Wednesday Fours
29/1/2025
Winners: Carol Monk, Beryl
Moor, Sandi Hodges, Val Smith
R/Up: Ann Clarke, Anita
Broughton, Ron Wilson, Ray
Broughton

Results for Thursday Pairs
30/1/2025
Winners: Jacque Murdoch, Greg
Hemphill, Bob Cooper
R/Up: Mary Doorley, Gail Parker

**SOLANDER LAKE BOWLS
RESULTS
MEN'S FOURS
CHAMPIONSHIP 2025**

Rob Henshaw, Declan Dawson,
Bruce Hill and Peter Nixon
defeated Peter McCarthy, Ted
Parker, Brad Jackson and Ross
Weir

W/E 12/01/2025.

Tuesday: Club Select Triples –
Washed out due to rain.

Wednesday: Self Select Pairs.
Winners: Vicki Mitchell &
Eleanor Waters.

R/U: Andy Ives & Rod Reilly
3rd: Cheryl Dann & John Dann.

Thursday: Self Select Fours –
Washed out due to rain.

Friday: Self Select Pairs.
Winners: Ted Dean & Richard
Wales.

R/U: Terri Curtis & Barry
Curtis.

1st round: Maggie Zahl & Ray
Zahl.

2nd round: Ted Parker & Peter
McCarthy.

Saturday: Club Select Triples –
Washed out due to rain.

W/E 19/01/2025.

Tuesday: Club Select Triples.
Winners: Janelle Day, Brad
Storey & John Harris.

R/U: Ted Parker, Daryl Heilig &
Bill Dobe.

3rd: Alan Matheson, Jacki
Player & Ross Luscombe.

Wednesday: Self Select Pairs.
Winners: Brian Wrice & Chris
Jenkins.

R/U: Terri Curtis & Barry
Curtis.

3rd: Eric Holliday & Brad
Jackson.

Thursday: Self Select Fours.
Winners: Daryl Wilkins, Maurie
Bonollo & Ray Zahl.

R/U: Ted Fairman, Barry Nolan
& Mike Power.

3rd: Ross Luscombe, John
Gemmell & Ross Lidcombe.

Friday: Self Select Pairs.
Winners: Julie Sergeant &
Peter Hodgson.

R/U: Marieke Moore & Neil
Feazey.

1st round: Allen Lavender &
Brad Jackson.

2nd round: Greg Caplick &
Steve Ross.

Saturday: Club Select Triples.
Winners: Alan Clavell-
Pearson, Chris Cummins &
Paul Boldero.

2nd: Dudley McKenzie, Nev
Graham & Jan van Arnhem.

3rd: Ray O'Brien, Richard
Sergeant & Jenni Cummins.

W/E 26/01/2025.

Tuesday: Club Select Triples.

Winners: Raie Stuart & Stuart Ager.

R/U: John Harris, Geoff Parrot & Alan Matheson.

3rd: Sheila Jeffery, Dave Bentley, Des Stuart & Bruce Crawford.

Wednesday: Self Select Pairs.

Winners: Mark Wendt & Vernon Dean.

R/U: Pat Samuelson & Deb Hill.

3rd: Mike Dance & Bob Smith.

Thursday: Self Select Fours.

Winners: Brian Harris, Brad Storey & Julie Sergeant.

R/U: Andy Ives, Bruce Crawford & Cheryl Crawford.

3rd: Graham Hubbard, Jenni

Cummins & D Stewart.

Friday: Self Select Pairs.

Winners: Bruce Hill & Glenn McCarthy.

R/U: Ian James & Terry Nash.
1st round: Julie Kent & Brian Kent.

2nd round: Di Newmann & Sue Mitchell.

Saturday: Club Select Triples.

Winners: Nola Gray, Ian Boast & Merv Adams.

2nd: Ian Jackson, Neville Graham & Alan Matheson.

W/E 1/02/2025.

Tuesday: Club Select Triples.

Winners: Leonie Schmidt,

Dudley McKenzie & Michael Whiteside

R/U: Raie Stuart & Steven O'Grady

3rd: Ann Mehmet & Julie Watson

Wednesday: Self Select Pairs.

Winners: Raie Stuart & Greg Caplick

R/U: Sue Lupi & Robyn McLean

3rd: Terry Nash & Peter Evans

Thursday: Self Select Fours.

Winners: Geoff Cusbert, Margaret McKenzie & Jim McKenzie

R/U: Barry Nolan & Mike Power.

3rd: Geoff Sorrensen, Steve Todd & Kevin Todd

Friday: Self Select Pairs.

Winners: Steven Ross & Bruce Hill

R/U: Richard Wales & Ted Dean

1st round: Cheryl and John Dann.

2nd round: Richard Sergeant & Norla Gray

Lucky team: Bruce Hill & Rob Henshaw

Saturday: Club Select Triples.

Winners: Mike Jones & Chris Cummins

2nd: Richard Sergeant, Beryl Cowperthwaite & Bob Edwards

MORETON BRIBIE BRIDGE CLUB:

Sat 18 Jan N/S 1 S Watson & R Sutton 2 G & S Barnulf 3 H Standfast & J Budgeon E/W 1 D Scown & J Borowski 2 B Fuller & P Breene 3 L Groves & A Fielding

Wed 22 Jan N/S 1 J Borowski & J Easey 2 H Tyler & M Bailey 3 P Edis & M Arthur E/W 1 R King & M O'Reilly 2 L Heap & B Connell 3 D Brady & G Pollard

Sat 25 Jan NS 1 J Budgeon C Watson 2 G & D Lock 3 S Watson & R Sutton E/W 1 D Scown & J Borowski 2 B Moxham & L Chapman 3 C & S Watson

Wed 29 Jan N/S 1 S & C Watson 2 G Lock & M Bailey 2 J Borowski & J Easey E/W 1 R Sutton & Y Nakamura 2 J Hays & K Cohen 3 R King & M O'Reilly

BICBC: Mon 20 Jan N/S 1 D Quinan & M Peart 2 D Quinan & M Peterson 3 J Easey & A Fielding E.W J Day & S McCulloch 2 L Hutton & L Chapman 3 J Brazier & N Denvir

Mon 27 Jan N/S 1 P Edis & C McAlister 2 M Arthur & R King 3 C Page & J Kennedy E/W 1 J Lawson & A Bronn 2 I Best & B Moxham 3 G Lock & N Denvir

BRIBIE ISLAND WOMEN'S GOLF

16 Dec 2024 To 30 Jan 2025

16/1/25 - Single Stableford
Div 1 Winner: Val Phinn 38, 2nd Robyn Harper 34 cb, 3rd Maree Bailey 34 cb

Div 2 Winner: Fizzie Jackson 39, 2nd Jennifer Stafford 35 cb, 3rd Jude Dorehauer 35

NTP's: Hole 4 Ros Gardiner, Hole 7 Lorna Burns, Hole 14 Desley Neilson, Hole 16 Debbie McCowan, Hole 4 (Div 3 2nd shot) Stina Barnulf

21/1/25 - Single Stableford
Div 1 Winner: Myra Thomsen 38, 2nd Vivi Lloyd 37, 3rd Debra Dunn 36 cb

Div 2 Winner: Judith L'Estrange 44, 2nd Jennifer Stafford 42, 3rd Wendy Robinson 38

NTP's: Hole 4 Debbie McCowan, Hole 7 Suzanne Vallely, Hole 14 Charmaine Price, Hole 16 Heather Tanner, Hole 4 (Div 3 2nd shot) Louise Keleher
23/1/25 - Ladies Opening Day - 4Ball Ambrose Scramble
Overall Winners: Tanya Zanow, Lorna Burns, Julie Bell & Kate Wesener 63.25, 2nd Sue Navie, Angela Claxton, Sandy Smith & Gaby Bennett 66.25 cb

NTP's: Hole 4 Jo Malone, Hole 7

Jo Malone, Hole 14 Charmaine Price, Hole 16 Desley Neilson
Ladies Opening Day
Winners - Kate Wesener, Julie Bell, Tanya Zanow & Lorna Burns
28/01/25 - Single Stroke
Div 1 Winner Pauline Grooby
73 2nd Sandra Power 75 c/b 3rd Gaby Bennett 75 c/b



DIV 2 Winner Gay Burnham 75
2nd Heather Tanner 76 c/b 3rd Tanya Zanow 75 c/b
NTP Hole 4 Rae Clarke Hole 7 Sandy Smith Hole 14 Lorna Burns Hole 16 2nd shot Suzanne Vallely Hole 4 (Div 3 2nd shot) Stina Barnulf
30/01/25 4BBB Stableford
Overall Winners Sue Navie & Sue Graham 43 c/b 2nd Kate

Wesener & Carol McKenzie



43 c/b 3rd Rosanne Sullivan & Sandy Smith 43

NTP Hole 4 Stina Barnulf Hole 7 Fizzie Jackson Hole 14 Carol Lobegeiger Hole 16 2nd shot Myra Thomsen Hole 4 (Div 3 2nd shot) Carol Lobegeiger





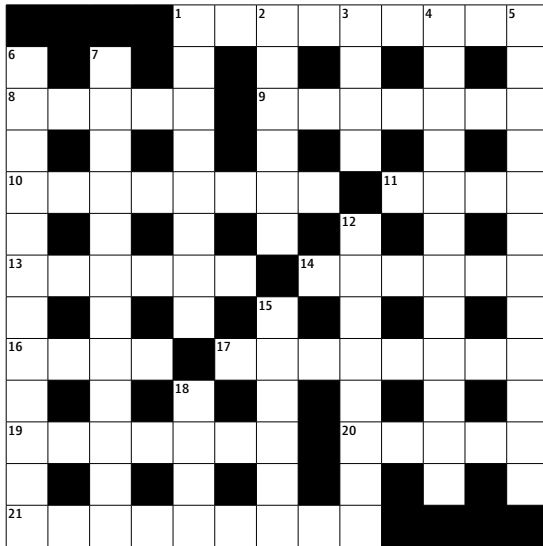
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Crosswords - QUICK & CRYPTIC



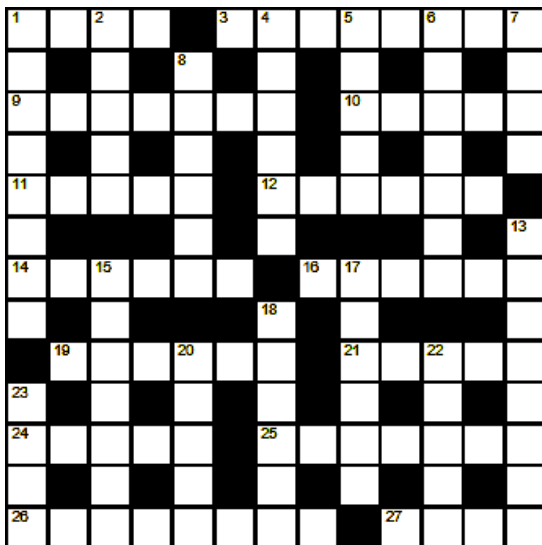
Across

- 1 Wanton destruction (9)
- 8 Approaches (5)
- 9 Zizz zap (anag) – oomph (7)
- 10 As bright as before (8)
- 11 Parrot (4)
- 13 Grieves (for) (6)
- 14 Blunder (3-3)
- 16 Standard (4)
- 17 Pertaining to the basic units of life (8)
- 19 Poisonous plant (the scourge of farmyard birds?) (7)
- 20 Hit it off – boarded (3,2)
- 21 Medic (9)

Down

- 1 Clerical robe (8)
- 2 Kid (6)
- 3 Cutting tool (4)
- 4 Tetchiness (12)
- 5 Singing voice (5-7)
- 6 The attempt to prove one's superiority or gain an advantage (3-9)
- 7 Dollar or euro, say (4,8)
- 12 Yobbo (8)
- 15 Sanaa resident, e.g. (6)
- 18 Followers of a star (4)

CRYPTIC



Across

- 1 Formerly a concert piece (4)
- 3 Regular movement found in unfinished prose with an itch to compose (8)
- 9 Judge's area of responsibility - something that needs completion (7)
- 10 Every medical student has a set of these? (5)
- 11 A desire to be close by.. (5)
- 12 Generally not all display drive (6)
- 14 Hopefully, the result of a good education (6)
- 16 His Lordship is unproductive, we hear (6)
- 19 Sailor on the rebound let activity be good for a tot (6)
- 21 Annoyance found at the summit, we hear (5)
- 24 Stewed gently, one can produce jam (5)
- 25 Eat in empty canteen – setting that is quite the opposite of modern (7)
- 26 Jump out front is enough to become frightened (8)
- 27 Next in line? - He opens Irish rally! (4)

Down

- 1 Alternative church takes, even, hayrides to fruitful locations (8)
- 2 Freight by vehicle? - Carry on.. (5)
- 4 A dislike of headgear worn by Ruby (6)
- 5 Board able to begin programme (5)
- 6 Old man, a geriatric, obviously, holds his head (7)
- 7 Johnny is in the money (4)
- 8 Psychiatrist takes the French into the wilds (6)
- 13 At home with the flue - gold for someone like Edison (8)
- 15 Relatively speaking, mother gets a thousand quid to start with (7)
- 17 Countenance new pacts involving the Queen? – Not right! (6)
- 18 The threat of the fellows getting a hole in one (6)
- 20 Doctor gets a surprise with attire losing the personal touch (5)
- 22 This row can be explained in a single letter (5)
- 23 Members of Parliament? (4)

SOLUTIONS

CRYPTIC SOLUTION 232



QUICK SOLUTION 232





FIND A WORD



Fruit



Y D N W O S T J F U B K S E P A R G C X
 H R Z E M I L Y T C N A O T M V E L A R
 M I E S J R W A V S O X P K Y F H N Q B
 U C A B F Y N O M E L G E P R O A D T Z
 L Q E X M G I F B H E R A U L N C W I S
 P B Y T E U P K D O M V C J A E P H U A
 G F A R N L C Z A S R N H B W T S E R F
 X K I P R Z D U J Y E Q E M A N G O F W
 R N L M H E Y Q C L T I S V H U B J E C
 E O J G A W B M P X A O R X F K Z S P D
 S T U C O F V P N Q W H L R O M T I A Y
 B A E Y R K A X S Z F J D G E R V H R L
 C M Y Q A E N H D A P M T L A B S R G I
 J O L V N X F C I T R U S W D Q E Z K P
 R T E I G P O S W E Y I B O N H T U J M
 I S P D E N I R A T C E N F C J A X L O
 Z W H U C Q M A G K R L U S G Y R E V B
 A X I F L S J E B R D A P R I C O T N R
 V G R K B H U P Y N J Z Q M L E W F D H



apples	cucumber	mango	plum
apricot	grapes	nectarine	raspberry
banana	grapefruit	orange	strawberry
blueberries	kiwi	peaches	tangerine
cherry	lemon	pear	tomato
citrus	lime	pineapple	watermelon



	7			2			4	6
	6						8	9
2				8			7	1
	8	4			9	7		
7	1							5
				1	3		4	8
6	9	7			2			8
	5	8						6
4	3			8				7

sudoku





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Meet Jack Martin, Bribie Islands Area Manager for Coochie Hydrogreen. If you see Jack around the area, be sure to say hello and give him a wave! Feel free to contact Jack & the Coochie Hydrogreen team by calling 1800 245 955. Follow "Coochie Hydrogreen Bribie Island" on Facebook to stay informed with the latest information.



LAWN CARE PROGRAM

- Have you spent hundreds of dollars on weed control products?
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Coochie Hydrogreen can make these dilemmas a thing of the past.

By joining our Lawn Care Program (LCP), you will receive our unique 6-in-1 treatments, designed specifically for your lawn.

Our treatments contain a mixture of liquid fertilisers, organic soil conditioners and soil moisture retainers to encourage strong, healthy growth in your lawn as well as spot treating for weeds, pests and diseases to give your lawn a lush, weed free appearance year-round.

Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout

the season. Your local technician will also monitor and treat your lawn for any weeds, pests, and diseases that may be showing their heads since the last visit. If you ever have any questions or concerns, call your local area manager Jack Martin and he will pop out to discuss &/or address the concern free of charge.

LAWN GRUB SEASON -

Lawn grub is a name that covers a wide variety of creepy crawlies that invade your lawn. Scarab Grubs, Mealy bug, Army Worm and African Black Beetle are just a few of the lawn pests that we see in unprotected lawns each year.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs feed off the root system of your turf, this prevents all the nutrients in your soil getting to the turf leaf so brown patches in your lawn can indicate that grubs are present. .

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to

hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

HOW TO STOP LAWN GRUBS

The best way to deal with Lawn Grubs is to apply preventative treatments every 8-10 weeks during the grub season.



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Improving Your Home Aesthetic with Retractable Screens for Double Doors

by H. Singh



Have you ever wondered how to effectively merge aesthetic appeal with practicality in your house? Or are you trying to figure out how best to enhance the general ambience of your home while fusing the indoors with the outdoors? Then you are definitely in the right place. We are gearing up to delve into a decor-centric solution that adds visual appeal to your abode and amplifies the practicality—retractable Screens for Double Doors. This article will discuss how installing retractable screens can transform your home's aesthetic and lifestyle.

Retractable screens for double doors provide the perfect blend of style, functionality, and blissful unobstructed views. This simple yet impactful addition to your double doors can effortlessly transform your indoor and outdoor living experiences. Whether you are renovating your space or simply seeking a home improvement makeover, this blog is set to inspire, inform, and point you in the right direction.

Does the idea of seamlessly integrating the beauty of nature into your living space sound inviting? Would you like to discover how this décor innovation could be the game-changer your abode needs? Let's journey together into the world of retractable screens for double doors.

WHY CHOOSE RETRACTABLE SCREENS FOR DOUBLE DOORS?

While most believe screens obstruct the view and dampen the aesthetic appeal, retractable screens beg to differ. They offer the best of both worlds—an unimpeded outdoor view and a protective shield from nature's unwanted elements, such as insects and harsh sunlight.

Retractable screens are perfect for double doors because they can slide open and close easily. Even from a practical point of view, these screens are an investment worth considering. They offer excellent ventilation and healthier living by reducing dependency on air conditioning. Above all, they are easy to maintain and clean.

For interior decor enthusiasts, retractable screens present a unique opportunity to enhance the aesthetic appeal of their

homes. Their understated elegance and sleek finish fit almost any decor theme, making them the ultimate home improvement upgrade.

TYPES OF RETRACTABLE SCREENS FOR DOUBLE DOORS

Retractable screens are not a one-size-fits-all solution. They come in various types and styles. The most commonly used types include motorised screens, those with magnetic closures, and traditional pull-down models.

Motorised retractable screens are excellent for those prioritising ease and comfort. With a single press of a button, these screens can open or close, making them perfect for homes with elderly residents or differently abled individuals.

Magnetic screens are highly flexible and suitable for those seeking easy installation. Traditional pull-down screens, the most budget-friendly option, are simple, effective, and quite popular among homeowners. Choosing the best retractable screen for double doors depends on your aesthetic preference, lifestyle, and budget.

INSTALLATION PROCESS OF RETRACTABLE SCREENS

The installation process of retractable screens for double doors is as important as the screen itself. Installing retractable screens requires precise dimensions, marking, drilling, and fixing, which is not as intimidating as it sounds.

While some screens come with DIY installation kits, professional help is recommended for seamless installation. Certified installation experts follow the standard installation protocol, ensuring the screens perfectly fit your double doors. Installation convenience also depends on your screen choice. Magnetic screens offer easier installation than motorised screens, which require an electrical connection.

PROS AND CONS OF RETRACTABLE SCREENS

Like every other home enhancement entity, retractable screens for double doors have advantages and disadvantages. Understanding these can help you decide

whether they are the right choice.

The pros include improved ventilation, increased natural light, unobstructed views, protection from insects and UV rays, and easy maintenance. Additionally, they enhance the aesthetic appeal of your space. The cons include potential manual operation difficulty, possible damage from harsh weather conditions, and installation costs. However, the pros outweigh the cons, making retractable screens an excellent investment for your home.

CUSTOMISATION OPTIONS FOR RETRACTABLE SCREENS

Today, customisation is not a luxury but a necessity. This is no different for retractable screens for double doors. You can choose from different screen styles, colour options, materials like aluminium, fibreglass, or pet-resistant fabric, and functional choices like motorised, automated, or manual. This degree of personalisation ensures your retractable screens perfectly mirror your taste and blend flawlessly with your home decor.

RETRACTABLE SCREENS - A WORTHY HOME DECOR ADDITION

In the grand scheme of home improvement, retractable screens for double doors are indeed a worthy element. They embody a beautiful synergy of utility and design aesthetics that is rare. Not only do they elevate your home aesthetically, but they also bring in undeniable practical benefits like improved ventilation and protection against insects and harsh weather elements. While installing and using retractable screens may present minor challenges, their many benefits arguably make them a prime home decor recommendation. Choosing the right type, installing them meticulously, and customising them to reflect your taste—if done right, retractable screens can truly transform your home's aesthetic.

Let the retractable screens bring the brilliance of indoor and outdoor living experiences to your home. Happy home improving!



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SURVIVING THE HEAT IN AUSTRALIA

A Humorous Guide

As the summer sun bears down on the land of kangaroos and koalas, Australians everywhere are faced with the annual challenge of surviving the fierce heat. If you thought escaping to the beach would be your salvation, think again—you can quickly turn into a human roast in the sun. So, how do we navigate this fiery furnace without melting into a puddle of sunscreen and regret? Here's a humorous guide to not just surviving but thriving in the Australian heat.

1. Embrace the Art of Shade-dodging

You might not be a ninja, but dodging the sun's rays is an essential skill in Australia. Whether it's sprinting from one patch of shade to another or mastering the fine art of standing under a tree like a lizard, you've got to be quick. Bonus points if you've perfected the "shade shuffle"—

you know, when you slowly inch your way from one shaded area to the next while working hard to maintain your chill.

2. Hydration: The Sacred Ritual

Water isn't just a beverage; it's a necessity. In the heat, staying hydrated is akin to being blessed by the hydration gods. Carry a water bottle like it's your new best mate. You could even name it—something like "Sir Hydrates-a-lot" will surely help you feel more attached. Just remember: if your pee looks like a tropical sunset, you're not drinking enough.

3. Fashion Tips: The Less Fabric, The Better

If you think the fabric of your shirt is getting too hot, it's time to re-evaluate your wardrobe choices. The Australian heat boldly says, "More skin, less fabric." Whether you choose the glorious singlet, the daring board shorts, or just

an outright commitment to the shirtless lifestyle, go all in! Pro tip: A wide-brimmed hat can help you look stylish while shielding yourself from solar radiation—bonus points for creating an aura of mystery.

4. Master the Art of Ice Cream Diplomacy

Nothing quite beats the heat like an ice cream cone. But proceed with caution—this is a slippery slope (literally). When buying your cone, be prepared for the negotiation phase. It's essential to shout, "I'll take the biggest one you've got!" while simultaneously entertaining the notion that it could rival a small child in size in the shop, however the melting potential of ice cream in the searing sun will soon have you bathing in it.

5. Embrace the Evening Cool Down

Remember that it's not all doom and gloom—Australian evenings are usually a cool,

serene escape from the day's boiling point. It's like Mother Nature finally decides to turn on the air-conditioning. This is when you can bask in the overly dramatic sunset, sip on a cold beverage, and entertain your friends with tales of how you almost melted earlier that day (and by friends, we mean your dog—who absolutely does not care about your human struggles).

Navigating the Australian summer heat is a delicate balance of stylish heat evasion, hydration rituals, and embracing the joys of cold treats. Remember, this is all part of living in one of the sunniest places on Earth, where the only thing you should ever be worried about melting is your ice cream. So, slap on that sunscreen, don your shades, and go forth into the summer like the champion sun dodger you are!



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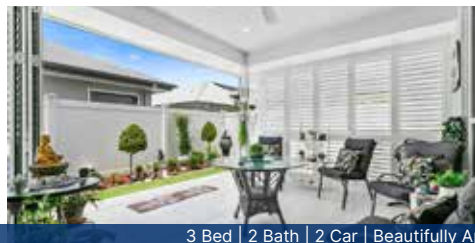
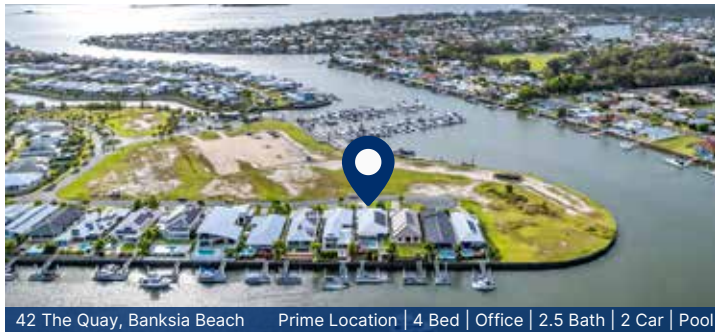
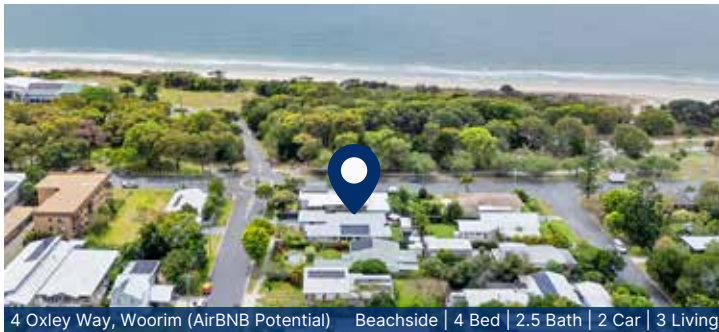
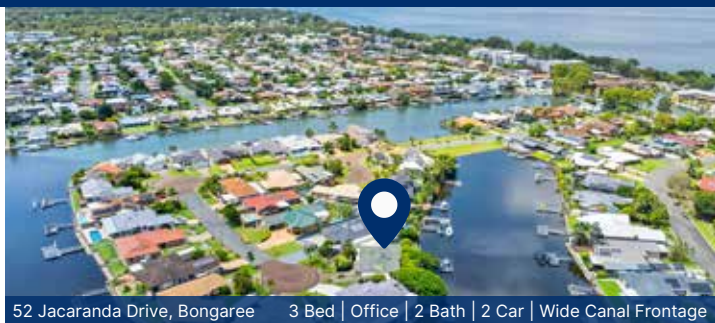
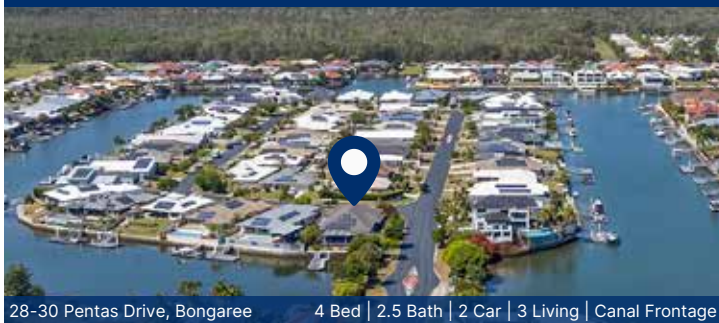
Waterfront living is not just about finding a place to call home; it's an exhilarating adventure bursting with joy, beauty, and a fabulous connection to nature! Whether you're dreaming of a charming lakeside cabin, a chic ocean-view apartment, or a cozy riverside bungalow, each day is a chance to embrace a vibrant lifestyle that's positively delightful!

Imagine waking up to the cheerful sound of waves playfully lapping at the shore, with the sky painted in brilliant hues of sunrise that reflect off the water. Picture the gentle breeze dancing through palm trees, creating a soundtrack of tranquillity that sets the perfect tone for your day. Living by the water nurtures your spirit, helping you unwind and feel your best. Studies have shown that being near water can lift your mood and melt away stress, making these dreamy properties irresistible for anyone seeking a joyful escape from the hustle and bustle of city life!

But wait—there's more! The fun doesn't stop at the stunning views! Waterfront living opens the door to a world of thrilling recreational opportunities. Imagine gliding across sparkling waters on a kayak, reeling in your catch of the day while fishing with friends, or enjoying a fun day of paddleboarding. And the community vibe? Absolutely electric! Join in on lively events right by the water, from vibrant farmers' markets to upbeat outdoor concerts, bringing neighbours together in a celebration of camaraderie and good times!

Living near a river, lake, or ocean is like having nature's playground at your fingertips. Experience the spectacular changes of the seasons as they unfold. Outdoor adventures become a part of your everyday life—take a breezy stroll on the beach, hike through scenic trails, or pack a delicious picnic and soak in the sun by the water. This connection to nature not only enhances your daily experiences but also fuels a passion for preserving these gorgeous surroundings.

Of course, every paradise has its quirks! It's wise to stay informed about things like rising sea levels and weather changes, ensuring that our beautiful waterfront treasures are protected for years to come. Let's support our communities in embracing sustainable growth and smart measures to keep these stunning locales safe and vibrant! Also, while living by the water is a dream, it can come with a few higher costs and maintenance requirements. It's essential for buyers to do their homework and embrace the amazing lifestyle with all its wonderful responsibilities. Waterfront living is a joyous blend of beauty, adventure, and community—truly a dream come true! Let's celebrate the excitement of these enchanting environments while remaining dedicated to the health and happiness of our cherished ecosystems. By doing this, we can relish the delights of waterfront living and ensure that the splash of joy from the water remains an everlasting part of our lives. Dive in, and let the fun begin!



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The Joys of Home Ownership:

A Hilarious Journey into Mortgage Madness Ah, homeownership! That golden ticket to adulthood that we've all been told to chase like an eager dog after a tennis ball. You sign on the dotted line, endure endless paperwork, and — poof! — you're officially tied to a four-bedroom, two-bathroom suburban castle that someone probably thought was a good idea in the 1970s. Congratulations, you're now the proud owner of a giant pile of stress, debt, and oddly patterned wallpaper that rivals Picasso's worst work!

Let's first discuss the thrill of the mortgage. Who doesn't love the concept of borrowing a small country's GDP just to call a place "home"? It's like signing up for a long-term relationship that involves no texting back (because your lender won't care if you went out for drinks

instead of paying your bill).

Month after month, you'll experience the exhilarating hopscotch game of budgeting — "Do I buy groceries this week, or do I pay my mortgage? Let's roll the dice!"

And then there's the upkeep. Once you've crossed the threshold of homeownership, you become the resident expert on all things "That Needs Fixing." Suddenly, you're a handyman, a licensed amateur plumber, and an unwilling landscaping artist. Toilets that once were mere bathroom fixtures transform into unyielding nemeses, turning your sanctuary into a battleground. Who knew that tightening a leak would unleash the equivalent of a water park in your living room? Cue the panic, the frantic calls to local plumbers (who, by the way, charge by the hour and often arrive just in time to watch you

confuse a wrench with a hammer).

How about yard work? Ah yes, nature's cruel joke. You started off dreaming of planting a lush garden, only to realize that your green thumb has the skills of a rock. The lawn thought it'd make a bold move and grow faster than you can say "weed killer." You soon find yourself resembling a character from *Survivor*, desperately battling dandelions while your neighbours watch from the safety of their well-manicured lawns, judging you like you're auditioning for the next round of Worst Homeowner Ever.

And let's not forget the neighbourly love! The moment you close that house deal, it's as if you've unwittingly joined a social club where everyone has a mail-order catalogue for unsolicited advice. "Oh, you decided to put up a fence? Good luck with that! You know the Joneses' fence is a shade of beige that is actually illegal in this precinct, right?" Thanks, Karen, can't wait to hear about your cat's dietary restrictions next! Then, there are the rates. Ah, yes! You finally get to experience that surreal moment

when you realize your local government is basically a roommate too. They show up once a year to collect their share of your pie, and just like a bad roommate, they'll never contribute to your cleaning supplies but will definitely use them without permission!

But let's be honest: amidst all the trials and tribulations, there's something utterly fascinating about crawling into your very own space. It's where you can decorate with reckless abandon, dance like nobody's watching, and not worry about spills on your rented carpet. It's also where you can celebrate your victories (like finding an actual working light bulb) and endure the breakdowns (like realizing you just bought a house full of things you'll have to fix).

So, here's to homeownership: the rollercoaster ride of chaos that keeps us young (at heart, if not in bank account). Just remember — while the journey is bumpy, at least you can hang a "Home Sweet Home" sign on your porch, even if half of it is covered in scuff marks and your plants are clearly plotting against you. Cheers to owning your own slice of wild, wonderful madness!



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In recent years, a growing number of Australians are considering downsizing their homes, and this trend is not merely a reflection of changing lifestyle preferences but also a strategic move that offers a multitude of benefits. As housing prices soar and urban living becomes increasingly complex, downsizing presents an opportunity to simplify life, improve financial stability, and embrace new experiences.

One of the primary benefits of downsizing is financial relief. For many homeowners, the family home represents not just a place to live but also a significant financial investment. By selling a larger property, individuals can often move into a smaller home or apartment and reap the rewards of a more manageable mortgage or no mortgage at all. This transition can free up capital, allowing for investments in other areas, such as retirement savings, travel, or enjoying a more leisurely lifestyle during one's golden years. In an era where financial security is paramount, the ability to lessen housing costs can bring peace of mind.

Additionally, downsizing can facilitate a commitment to a more sustainable lifestyle. Smaller homes typically consume less energy, resulting in lower utility bills and a reduced carbon footprint. With

growing concerns about climate change, many Australians are looking for ways to live more sustainably. Downsizing encourages simpler living—with fewer possessions to maintain, it becomes easier to embrace a minimalist mindset and make environmentally conscious choices. From a lifestyle perspective, downsizing allows individuals to prioritize experiences over material possessions. Living in a smaller space often encourages the exploration of community amenities, local parks, cafés, and cultural hotspots, fostering a vibrant neighbourhood connection. Many newer apartment complexes or retirement communities are designed with shared amenities that promote a sense of belonging and community spirit. These spaces not only accommodate social engagement but also allow for a more active lifestyle, with opportunities for classes and activities that promote physical and mental well-being. For empty nesters or retirees, downsizing can provide the chance to embrace a new chapter in life. As children grow and move out, the need for a larger family home diminishes. Transitioning to a smaller place can be liberating, enabling individuals to declutter their lives and focus on what truly matters. The emotional weight of maintaining a larger home often becomes burdensome, and a smaller, more manageable living space can lead to

increased satisfaction and a renewed sense of freedom.

Finally, the shift towards downsizing aligns with ongoing trends in demographics and housing preferences. With the aging population in Australia, many older Australians are looking for homes that are more accessible, low-maintenance, and situated within proximity to essential services. By catering to this demand, developers are increasingly offering innovative housing solutions, from stylish apartments to vibrant retirement communities, appealing to both seniors and young professionals seeking affordability and convenience.

The decision to downsize a home in Australia can be transformative, yielding financial benefits, enhancing sustainability, promoting social connections, and allowing individuals to focus on a fulfilling lifestyle. As urban landscapes evolve and the concept of home continues to adapt, embracing the idea of downsizing is not just practical—it can become an empowering choice that enriches one's life. The future belongs to those who are ready to embrace change, and for many Australians, downsizing presents a promising opportunity to redefine what home means.

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There will be **NO PUBLIC ACCESS** to the VMR base while building works are underway so **we will not be accepting out-of-date Flares or EPIRBs until March 2025**

Memberships payments will only be accepted by phone or online.

This **will not affect** our Rescue Coverage, and the Radio Room will be operating as normal.

JONNYBROOK ASSIST

Green Saturday Crew's first assist on 4th January 2025 - vessel experiencing motor issues having been towed from Jonnybrook is rafted up to Bribie 2 for entrance to Spinnaker Sound Marina.

VMR Boat crew need to be trained and skilled in a number of diverse aspects, but a very important skill is close quarters boat handling. This can be quite challenging when we need to deal with adverse winds and tidal flows that can run at up to 5 knots (just over 9 mph) in the passage. No rest for the crew on this day either, as soon as this vessel was securely berthed, Mark Purtell and his crew were off north to Glass Mountain Creek to help another vessel experiencing difficulties.



Disabled vessel rafted up to Bribie 2 for better manoeuvrability for the

entrance to a berth in Spinnaker Sound Marina.

BUSY FRIDAY

10th January 2025 - Friday Callout crew were kept busy throughout the day, the first call for assistance at 0637 for a breakdown in the shallows and mangroves South of Sandstone Point Hotel, Bribie 2 found a way in and successfully towed the stricken vessel to the Spinnaker boat ramp. There was just time to have breakfast before being tasked for an assist off South Point for an 8-metre cruiser with engine problems. This time Bribie 1 to the rescue and a tow to the Spinnaker Sound Marina fuel dock.

At 1530 assist number 3, off to Ningi Creek for a 6-metre vessel with a failed water pump, Bribie 2 to the rescue and towed back to the Bellara boat ramp.

Well done Skipper Garry Bunker and Crew Wayne Robinson and Liz Radajewski for a successful day.

Not satisfied with this for a day's work, Wayne, our ICT guru, had been waiting for a new modem to be delivered, it finally arrived today! Wayne worked well into the night installing this, as one component which allows remote access to our base computers just wouldn't play the game! Wayne also has a crew day on Sunday – thanks for your dedication, Wayne!



Skipper Garry Bunker with Wayne Robinson at the helm of Bribie 1.



Skipper Garry Bunker at the helm with Wayne Robinson on watch with the tow in progress.



Bribie 2 tows the 6-metre vessel with a failed water pump back to the Bellara Boat Ramp from Ningi Creek.

CONGRATULATIONS MIKE LOONEY

Saturday 11th January 2025 - Mike Looney was presented his Commercial Coxswain epaulettes by Commodore Ces Luscombe and Assistant Training Coordinator Liz Radajewski on Blue Saturday Crew Day today.



Commodore Ces and Skipper Liz

display the keys to Bribie 1 and Mike's new epaulettes.

Mike has had AMSA accreditation for Commercial Coxswain for some 2 years, his latest "test" was a staged callout on 17th December 2024 with Mike believing he was heading out to find a drifting vessel, it was actually Bribie 2, the task was for Mike to demonstrate that he could master Bribie 1 in rough weather and complete an assist! With his accumulated hours and demonstrated assist capabilities the Management Committee had endorsed Mike's qualifications to be presented at the next Crew Day. Congratulations Mike!

WHITE SUNDAY CREW

Sunday 19th January 2024 - A busy day for the White Sunday Crew with Commodore Ces Luscombe standing in as Skipper.

The morning started with an ashes spreading at White Patch from Bribie 1 around 9am returning just after 10am. Bribie 2 was engaged in training from 10am. Around midday Bribie 1 returned to Spinnaker Sound Marina to refuel.

1:19pm Our radio room received a call that a vessel had overturned at the entrance to Glass Mountain Creek and the occupants were helped by fellow boaties and were safe at Donnybrook. Bribie 2 with Dale Mullins as skipper and crewed by Mike Lucas, David Logie, and Phil Hagen was sent to assist.

1:50pm the Water Police advised VMR Bribie Radio Room that an overturned

and Bruce Toghill were called in to make up another crew 2:45pm Bribie 2 had finished bailing the tinny and had towed it to Donnybrook and arriving back at base at 3:36pm. 4:40pm Bribie 1 arrived at the overturned vessel at Spitfire Channel in very rough and windy conditions; the anchor had snagged and subsequently swamped and overturned the black hulled vessel. Crew from the helicopter had ascertained that there was nobody trapped beneath the vessel and then departed, Bribie 1 radioed the vessel name to our radio room who found a phone number associated with that vessel, Water Police called the number and ascertained that it was the correct vessel it had drifted from Tangalooma. Conditions were too rough and windy to safely detach the anchor line and Bribie 1 was unable to



tow the vessel. Accordingly, it was marked with a buoy and coordinates recorded and reported to Brisbane VTS. Mike Lucas readies the tinny to be bailed out!



COMMODORE CES' SAFETY MESSAGE:

"With the weather improving check that your boat is in good

order, check that you have all your safety gear and everyone on board knows its location,

ensure it is easy to get at in an emergency, ensure your flares are in date, that your torch works, check your battery and your fuel.

Ensure you let someone know of your plans, who is with you, where you are leaving from, where you are going, what time you are returning.

Make sure you have either a fully charged mobile phone, a VHF or a 27Mhz marine radio on board, and that it works."

"PLEASE WEAR YOUR LIFE JACKETS!"

"BUT importantly – Always remember if you are heading out on the water **LOG ON** with your local **VMR or Coast Guard**, its a free service for everyone, so why wouldn't you! **It just may save your life!"**

2024 RADIO ROOM STATISTICS

16,650 Calls, 4,773 vessels logged on, 327 Vessel Assists, 1,648 Sitreps, 1,847 Requests, 47 Overdue vessels, 18 Vessel Tracking, 1,446 Radio Checks, 10 Weather Broadcasts, 4 Securite Broadcasts, 1 Pan Pan, 0 Mayday

VHF calls 52.9%, 27MHz calls 0.2%, Phone 29.2%, GWN 2.9%

JANUARY VESSEL ASSISTS:

WED 01/01 1315PM – 4.5m Tinny 1POB member with motor overheating required a tow from 2km offshore from last lagoon to Bongaree Boat Ramp.

SAT 04/01 0717AM – 2POB non-member with motor issues, required a tow from Donnybrook to Spinnaker Sound Marina.

SAT 04/01 0949AM – 4.2m Tinny 2 POB non-member with motor issues in Glass Mountain Creek, required a tow to Donnybrook Boat Ramp.

MON 06/01 0902AM – CG Redcliffe member with a flat battery at Cowan Cowan required a jump start, escorted back to Spinnaker Sound Marina.

TUE 07/01 0843AM – 5.4m Half Cabin non-member with gear box issues required a tow from Comboyuro Point to Bellara Boat Ramp.

TUE 07/01 1032AM – 5.8m Bayliner non-member broken down South of the Tangalooma Wrecks required a tow to Bellara Boat Ramp.

WED 08/01 1451PM – 12m Half Cabin member VMR Raby Bay with starter motor issues, required a tow from

Tangalooma Wrecks to Cabbage Tree Creek Sandgate.

FRI 10/01 0637AM – 4.3m

Tinny non-member with starting issues just South of Bridge in mangroves, required a tow to Spinnaker Sound Marina.

FRI 10/01 0901AM – 7.9m Cruiser member with motor issues required a tow from Red Beach to Spinnaker Sound Marina.

FRI 10/01 1539PM – 6.1m Bowrider non-member with motor issues required a tow from 3rd beacon Ningi Creek to Pacific Harbour.

SUN 12/01 1009AM – 3.6m Tinny 1 POB non-member broken down at mouth of Caboolture River required a tow to Beachmere Boat Ramp.

MON 13/01 1436PM – 3.5m Jet Ski 1POB member stuck on sand bank 2 beacons into Ningi reek required a tow to Northpoint, vessel inaccessible had to use drone to drop tow line to vessel.

THU 16/01 1248PM – 3.8m Tinny 1POB non-member with fuel problems required a tow from the mouth of Ningi Creek to Bellara Boat Ramp.

FRI 17/01 1550PM – 5 Tinny 2POB member with motor issues opposite Bongaree

Jetty, managed to get it going, crew met them at Bellara Boat Ramp.

SUN 19/01 1355PM – 3.75m Tinny member 0POB overturned at mouth of Glass Mountain Creek. Occupants were assisted by another vessel Bribie 2 bailed and towed Tinny to Donnybrook. SUN 19/01 1403PM – Tasked by Water Police for a SAR for overturned vessel in Spitfire Channel it's anchor was snagged and conditions too rough and windy to detach anchor line and attach an appropriate tow line marked with a buoy and recorded coordinates.

TUE 21/01 0831AM – 4.5m Runabout 2POB non-member with motor problems required a tow from South Point to Scarborough Harbour. FRI 24/01 0511AM – 8.5m Yacht 1POB non-member with engine issues required a tow from Beachmere to Bellara Boat Ramp.

SAT 25/01 2251PM – 7.1m Half Cabin 2POB member, person had gone for a swim. Not sure if they made it to shore or another boat. Crew investigated, stood down as Water Police advise that person was safely ashore.

SUN 26/01 0944AM – 6.5m Half Cabin 4POB member engine will not start required a tow from Tangalooma Wrecks to Toorbul Boat Ramp.

SUN 26/01 1058AM – 4.8m Runabout 4POB non-member with engine smoking and unserviceable, required a tow from North of Tangalooma Wrecks to Spinnaker Sound Marina.

SUN 26/01 1246PM – 8 Cruiser 3POB member with a broken drive shaft required a tow from Red Beach to Spinnaker Sound Marina.

MON 27/01 1226PM – 4.5m Tinny 5POB member with starting issues, required a tow from Banksia Beach to Bongaree Boat Ramp.

TUE 28/01 1339PM – 5m Runabout 2POB non-member tasked by Water Police to tow from NE of Flinders Reef to Scarborough Harbour.

FRI 31/01 0753AM – 10m Catamaran 1POB member vessel had broken mooring and drifting near Sandstone Point, assisted to VMR Mooring until mooring repaired. Advised another owner his 10m vessel also drifting on anchor.

FISHING REPORT

The last couple of months has seen lots of mud crabs caught though out the passage.

With heavy rains the mud crabs in the higher sections of the mangroves work there way into the passage like clock work. Typically around the full moon. As the rains are easing there are still muddies to be had, Client from Harden up Concrete managed a couple of extra large Bucks up the passage,



The passage still has a good quantity of whiting with Matt landing some in the 40cm range. Northern end of the passage seems to have a bit more activity as the water quality starts to clear, Caught on yabbies a great mixed bag of fish.

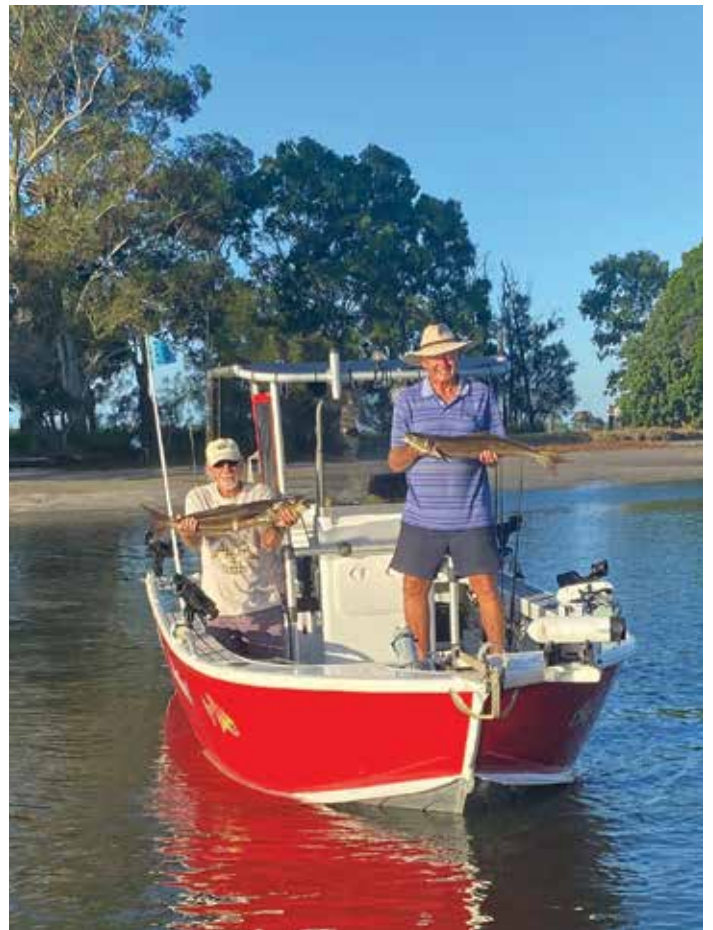


By: Claude Trabelsi
Bribie Bait, Tackle & Bikes
cjsdemo@hotmail.com



In the bay cobia have shown up and in good numbers, Ron and Richard managed one each on floating pilchards. A very good quality table fish for its size.

Cobia isn't often caught from the shore but a Face Book post has shown a real monster landed of the beach at Bongaree. Arthur Warren with a 10kg plus specimen on mullet. One for the bucket list.





Talking about bucket lists, another one for me is catching a snapper on plastic, while lightly weighted plichards are the norm. More and More anglers are having great success on cathing these iconic fish on plastics. Locky has no problem finding and catch trophy size snapper on the regular. Heres one of his 80cm plus fish caught in the bay. Awesome fish Locky.

TIDE TIMES

**Bribie Island
AND
Moreton Bay**

Fri 7 Feb 5:04 am 1.79m 11:45 am 0.78m 5:01 pm 1.23m 11:00 pm 0.49m	Sat 8 Feb 6:23 am 1.86m 1:15 pm 0.7m 6:37 pm 1.24m	Sun 9 Feb 12:18 am 0.47m 7:32 am 1.95m 2:21 pm 0.6m 7:52 pm 1.33m	Mon 10 Feb 1:30 am 0.4m 8:31 am 2.04m 3:11 pm 0.5m 8:50 pm 1.44m	Tue 11 Feb 2:31 am 0.32m 9:22 am 2.1m 3:54 pm 0.44m 9:38 pm 1.53m	Wed 12 Feb 3:21 am 0.28m 10:05 am 2.12m 4:32 pm 0.42m 10:20 pm 1.58m	Thu 13 Feb 4:03 am 0.27m 10:44 am 2.09m 5:07 pm 0.42m 10:59 pm 1.6m
Fri 14 Feb 4:41 am 0.3m 11:17 am 2.03m 5:38 pm 0.43m 11:34 pm 1.61m	Sat 15 Feb 5:16 am 0.37m 11:45 am 1.94m 6:06 pm 0.44m	Sun 16 Feb 12:08 am 1.6m 5:53 am 0.45m 12:12 pm 1.84m 6:32 pm 0.45m	Mon 17 Feb 12:43 am 1.61m 6:31 am 0.55m 12:39 pm 1.73m 7:00 pm 0.47m	Tue 18 Feb 1:19 am 1.6m 7:15 am 0.66m 1:09 pm 1.6m 7:31 pm 0.51m	Wed 19 Feb 2:03 am 1.59m 8:06 am 0.77m 1:45 pm 1.46m 8:08 pm 0.56m	Thu 20 Feb 2:57 am 1.57m 9:15 am 0.87m 2:32 pm 1.32m 8:57 pm 0.63m

Letters to the editor



Dear Editor,
Is This Bad Luck?
In July, my daughter was rear-ended on the island by a car fleeing from a previous accident. The driver fleeing from the accident was not insured. My daughter had third-party property damage insurance on her car, a 4x4 Ute, which was subsequently written off. She was out of pocket \$600.00 to cover towing. The towing cost was due to a tow truck driver holding a book in front of her, saying the insurance would cover it. She signed, still in a state of shock, and had to pay some \$600. 00 to have her car released from the towing company and returned to Bribie from Caboolture. The offending driver has no money, and when asked to pay, he told her he was declaring bankruptcy. She is still not able to drive and is undergoing physiotherapy. Recently, my granddaughter was rear-ended at Ningi shops, causing substantial damage. The offending vehicle, we believe a Ford Focus, fled towards Caboolture. Even though she was fully comprehensively insured and has witnesses, the insurance company is making her run loops. She was taken to Caboolture Hospital due to injuries. The moral is to make sure that your insurance covers everything. It would also be appropriate for anyone who has the privilege of driving a vehicle to have third-party property damage.
R. Fohler

Dear Editor,
Every day we hear about the importance of truth telling. But sometimes the truth is just not heard, because of the attitude of the listener. Back in the nineties when I watched Aboriginal dances on Australia Day, I knew they were about the lives of the dancers, but I didn't really understand what was happening. My attitude was that the dances were far too short to be entertaining - I assumed the purpose was entertainment. In comparison, I found that

Asian traditional dances were far too long. Now that I understand that the dances are really lessons for passing on the essential information needed to be learned by people without a written language. Music and actions, as well as the painted bodies, pass on this essential information. Clearly, our Aborigines wanted to limit the amount of information that needs to be remembered because teaching in small bites is useful. Meanwhile, Asian dances teach by repetition.

This Australia Day, I watched the dancing with a different attitude and observed it in far more detail, thus learning more about the historical truth.

This experience demonstrated to me the importance of attitude when listening. Let us hope that members of the Queensland Police Force will change their attitude and listen with this new attitude when trying to solve the current crime problem.

H.Beneke

Dear Editor,
The Trump magic show is underway, distracting our focus with its shock and awe, catastrophic grammar and drama while nicking wallets. Back in Australia, it's not hard to see the same tactics, as yet diluted, emerging in the Liberal campaigning. Republican acolyte Gina Rinehart is rising, reportedly 'looking to build her political objectives'. Shades of Musk? And now they rebirth Voice poster-girl Jacinta Price into DOGE Australia. Seriously??? I try to stay objective, but this is too obvious. Wasn't it the Libs who sold out car and shipping industries here, who replaced rail with trucking that tears up roads, adds air pollution and doesn't pay its fair way? Weren't wages stagnant for years, productivity demands heightened, and workers stretched, then methodically replaced by technology? Aged care privatised and quality diminished, medical credibility and availability

trashed? What next, privatisation of satellite hospital/s?
At the local level, Bribie is a solar-dense community showcasing the benefits, and the Liberals want to nullify our personally invested funds and a globally growing support base for a nuclear alternative that's yet to reach the napkin stage. History shows global crises are part of an ebb and flow within humankind, the patterns of which are only now being seen sociologically. History paints a war outcome - if we fail to change our attitude and continue to seed division and partisanship politically and personally. Change is required, but does Australia really have to rebuild the boat when adjusting the sails will do? This is the beauty of a compulsory voting system. We are not America and are poised to germinate sustainable, responsible foundations already in place through a thoughtful, mindful vote, not a knee-jerk wrecking ball of change. After 17 years of revolving-door political leadership, is it really the time to consider starting again completely?

P Robinson

Dear Editor,
After Jarrod Bleijie announced that the cost blowout for Queensland's biggest rail projects could put them in doubt, I have to ask Ariana Doolan what the latest update is on the second bridge for Bribie?

I have this gut feeling that the second bridge will drag on till the next election, just like it did with Labor.

I think the 2032 Olympics was a bad move. It will put this state in more debt that our grandkids will be paying off in the long term.

Come on, Ariana, give us an update! We voted for you for progress in Pumicestone.

Stewart

Banksia Beach

Dear Editor,
Hello, my name is Sabine, I am a resident of Sandstone Point. I work as a virtual receptionist from home. I live a block away from Oxley Drive, the Waterfront.

For years, I, like many other residents, have been walking my dog along the water heading towards the bridge. It is a beautiful walk, and the very end of the track is filled with enchantment. It is a very energising spot to be, and the Pooches love it, too.

Over the years, I have seen so many dogs and owners at peace and happy playing. Even the aged dogs loved their stroll along the water.

On Tuesday this week, I was approached by two Council Guys.

I told them that my dog was microchipped and registered. They said that was not the problem; the problem was there were no dogs allowed past this point, pointing in the direction of the Car Park Area. I was shocked and asked since when? Apparently, there were incidents or complaints, so they have had to limit access to dogs. I was shattered; I felt they were taking my life away. Many residents are only left with their beloved dog, their bestie. Walking along the water is so good for our mental and emotional well-being, and there is no better way to enjoy it than by having your playmate, your loyal pooch, around.

I rang the Council to make a complaint. My anger had turned to absolute heartbreak. How could they do this to us? Is it not our human right to walk freely with or without a dog?

People who do the right thing should not be punished because of a minority who do the wrong thing. It's normally the people who do not live in the area that do not do the right thing.

On many occasions on my walks towards the bridge over the last 9.5 years, I have picked up plastic and rubbish, empty bait wrappers, doggy poop bags that people are too lazy to take to the bins and fishing lines. Maybe the council should focus on having workers actually do some work and pick up

rubbish! Especially after people leave their cardboard all over the place, sliding down 'Cardboard Hill' as they call it. The Council recently removed the cameras that have been monitoring the area (Oxley Drive), which disgusts me. I do not appreciate being monitored on walks in nature. The sign in the photo has only been put up recently. I know that there are going to be many upset residents.

Mental, emotional, and physical well-being are so important at this time. I love walking barefoot in the water with my dog by my side. He makes me smile, he plays, and he is always happy. That is such good therapy. Our walks from home to the very end of the beach towards the bridge were regular. It is a healthy distance, and it's good to clear the head and get energised in nature.

Being a virtual receptionist can be very taxing. Also, as someone with PTSD and chronic pain disease, I embrace the times I am able to go for my walks—something I have always loved but cannot always do now. I truly am devastated, and my heart goes out to all Sandstone Point Residents who can no longer walk their dogs to the end of the beach.

I was advised that I may get a call back from the council, but

I did not receive a call, hence why I am reaching out to you. I feel we have a right to our voices to be heard. My wish is for more residents to speak out and stand up for what is right for us as dog lovers. If this has impacted me the way it has, then I certainly feel for those who have had this taken away from them.

Thank you, and I appreciate

your taking the time to read this email. I didn't know where else to turn, but I thought this may be a way to reach out to residents who this has impacted and encourage them to Petition this decision by the council.

Kind regards

Sabine





MORETON BAY BUSINESSES GET A BOOST WITH \$1 MILLION IN SUPPORT

City of Moreton Bay is launching a new small business initiative to support local employment opportunities and help the 30,000 small businesses that call the city home navigate ongoing cost of living challenges.

Announced as part of the City of Moreton Bay's record \$922 million 2024-2025 budget in June 2024, the Council committed \$1 million to help the local business community.

The program is designed to support and upskill small businesses and the local rural and agribusiness sectors while driving long-term employment and economic growth in the city.

Made up of five individual programs targeting agritourism, ecotourism certification, restaurant and coffee shops, stimulating retail leasing, and upskilling businesses in small business tax governance, the programs will make a real difference to the business community. City of Moreton Bay Mayor Peter Flannery said adding an extra \$1 million to the Council's already generous business support initiatives was a tangible way to help the many small businesses doing it tough and support ongoing employment opportunities across the City.

"Our Council is recognised as Queensland's most small business-friendly council. We know small businesses play a pivotal role in our economy, so we're committed to doing what we can to help. These new business programs, on top of our existing economic support, will play a crucial role in creating a supportive landscape for businesses to grow, collaborate, and prosper in what is an incredibly tough environment for many,"

Mayor Flannery said.

One of the programs, 'Master Your Food Business', delivered by the Coffee Commune, aims to support the café and restaurant trade. Cafes and restaurants across Australia failed at record rates last year as consumers pulled back on discretionary spending.

"Supporting our hospitality sector has countless flow-on benefits, from adding to our great liveability to providing even more reasons for visitors to come and enjoy the hospitality of Moreton Bay," said Mayor Flannery.

Founder of the Coffee Commune, Phillip Di Bella, said the program demonstrates City of Moreton Bay's dedication to investing in its local hospitality sector. Businesses can register for the Master Your Food Business Program now through our webpage.

Another program expected to revitalise trade areas is the Shopfront Renewal Program. This program will provide free and vibrant decals to vacant commercial properties.

Mayor Flannery said while also beautifying the surrounding streetscape, these decals would aim to draw attention to vacant shopfronts and highlight their potential as a great business location to prospective tenants.

Owners of eligible properties will be able to apply to have a choice of artworks applied to their property's front windows and removed for free once a lessee has been secured.

Applications for this program open in February 2025.

The UniSC Tax Clinic Program will be delivered in partnership with UniSC at both The Mill at Petrie and Caboolture, and will offer home based and micro businesses operating in City of Moreton Bay free tax workshops. This service aims to assist small business owners who may be facing financial constraints or

challenges in accessing professional tax services to remain compliant.

This program will begin taking applications from March 2025.

In the coming months, the business boost will also include support for farms and agribusinesses to leverage Moreton Bay's strong agricultural heritage and diversify their product offering by developing new agritourism products. The Beyond the Farm Gate Program will connect farmers and primary producers with tailored workshops, seminars, and online courses from March 2025 to help them create a new revenue stream and business opportunity.

Also, in line with Council's recent silver eco-tourism certification as a sustainable tourism destination, the Eco-Certi Also, in line with Council's recent silver eco-tourism certification as a sustainable tourism destination, the Eco-Certification and Accreditation Support Program will assist tourism businesses to become eco-certified and accredited. Tourism contributes some \$2 billion to the City of Moreton Bay economy and employs more than 8,000 people and according to the World Economic Forum, 76 per cent of tourists want more sustainable travel options. This program helps get local businesses ready for 2032 and beyond. Businesses will be able to access this program from March 2025.

For more information about the City of Moreton Bay Business Boost initiative, visit the webpage.

Or contact Council on (07) 3205 0555. The Eco-Certification and Accreditation Support Program will assist tourism businesses to become eco-certified and accredited. Tourism contributes some \$2 billion to the City of Moreton Bay economy and employs more than 8,000 people and according to the World Economic Forum, 76 per cent of tourists want more sustainable travel options. This program helps get local businesses ready for 2032 and beyond. Businesses will be able to access this program from March 2025.

For more information about the City of Moreton Bay Business Boost initiative, visit the webpage.

**Or contact Council on
(07) 3205 0555**

CRIME REPORT

BRIBIE ISLAND WRAP

NOVEMBER 2024



www.mypolice.qld.gov.au/moreton



Bribie Island Australia Day Long Weekend beach operation wraps up
Bribie Island Police and officers from the Highway Patrol have wrapped up their long weekend operations on Ocean Beach. With roughly 1,000 vehicles accessing Ocean Beach over the Australia Day weekend, Officers spent time patrolling the area to ensure all beachgoers were abiding road safety laws, even when on the sand. During this time, officers conducted roadside breath tests and drug testing over the three-day period, adopting a zero-tolerance policy to those found to be doing the wrong thing.

A 32-year-old man from Beachmere was charged with drug driving and is expected to appear in the Caboolture Magistrates

Court on March 3, after allegedly returning a positive roadside drug test for cannabis, cocaine and methamphetamine on January 25 at 8.52am at North Street at Woorim. A 21-year-old man from Woorim was charged with drug driving after he allegedly returned a positive drug driving test for cannabis during an intercept on North Street at Woorim at about 6.35pm on January 26. He is expected to appear in the Caboolture Magistrates Court on March 24. On January 27 at 11.39am, a 39-year-old man from Bellara was intercepted while driving on North Street, Woorim, allegedly whilst disqualified from holding a driver's licence.

He was charged with disqualified driving and is expected to appear in the Caboolture

Magistrates Court on February 17.

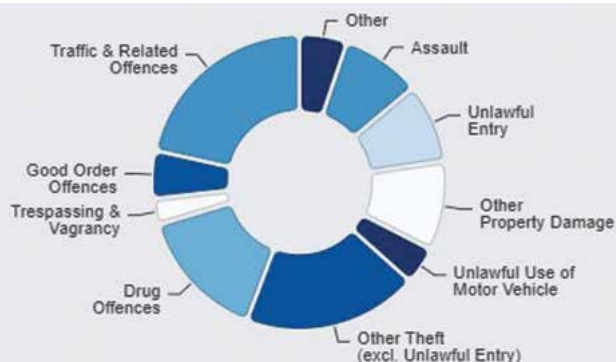
Police also issued 15 traffic infringement notices for defective vehicles, speeding and for using a mobile phone whilst driving.

Remember if you are travelling to our beaches, all Queensland road rules apply.

If you have information for police, contact Policelink by providing information using the online suspicious activity form 24hrs per day at www.police.qld.gov.au/reporting.

Report crime information anonymously via Crime Stoppers.

Call 1800 333 000 or report online at www.crimestoppersqld.com.au.



81 Offences

4 JAN 2025 — 3 FEB 2025

When purchasing a vehicle, one of the most critical steps you can take is to ensure that it comes with a safety certificate. This certificate is more than just a piece of paper; it is a vital document that assures both the buyer and the seller regarding the vehicle's roadworthiness. Here are some compelling reasons why obtaining a safety certificate is essential when buying a car.

1. Assurance of Roadworthiness

A safety certificate verifies that a vehicle has undergone a thorough inspection by a qualified mechanic and has met the necessary safety standards set by the state. This inspection covers crucial aspects such as brakes, tires, lights, and other essential safety features. By ensuring that the vehicle is roadworthy, you can drive with peace of mind, knowing you are reducing the risk of accidents caused by mechanical failure.

2. Legal Requirement in Most States

In many Australian states and territories, obtaining a safety certificate is not just a good idea; it is a legal requirement when transferring ownership of a vehicle. Selling a car without this certificate can lead to fines and complications in the transaction process. As a buyer, asking for a safety certificate protects you from these legal headaches upfront.

The Importance of Obtaining a Safety Certificate When Buying a Car

3. Protection Against Hidden Issues

When buying a used car, it's common for sellers to overlook or hide potential safety issues. A safety certificate provides a transparent assessment of the vehicle's condition, helping you to avoid costly repairs down the line. It serves as an added layer of protection against unforeseen problems that could lead to expensive fixes and safety hazards.

4. Better Negotiation Power

A safety certificate can significantly boost your negotiating power. If the vehicle does not come with a recent safety certificate or if it reveals issues during inspection, you are in a better position to negotiate the price or request repairs before finalising the purchase. This can save you money and ensure you get a vehicle that meets your standards.

5. Peace of Mind

Finally, obtaining a safety certificate gives buyers peace of mind. The process ensures that you're making a sound investment in a vehicle that is safe and reliable. It promotes trust in the buying process, reducing anxiety and uncertainty as you drive away in your new purchase.

Obtaining a safety certificate when buying a car is a critical process that can protect your investment, ensure safety, and provide legal compliance. Whether you're a seasoned buyer or a first-time car owner, prioritising a safety certificate will lead to a more secure and satisfying car-buying experience. Always remember safety should never be compromised!

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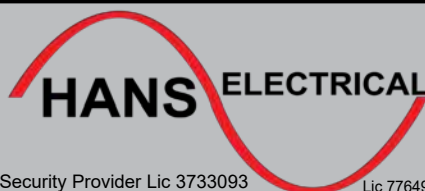


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