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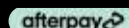
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APRIL 4, 2025

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Welcome

Welcome to Edition 236!

Get ready to dive into a vibrant celebration of the amazing community groups that make our area truly special. From the Crafty Shed, where creativity flourishes through workshops and hands-on projects, to The Man Walk, an initiative that promotes mental health and camaraderie among men, each organisation featured embodies the spirit of togetherness and support.

Join us as we shine a light on The Community Men's Shed, a welcoming space where individuals can connect, learn new skills, and contribute to community projects. We also want to highlight Beipa, a group dedicated to deepening our connection with nature and fostering understanding within our diverse community. Lastly, we share the inspiring story of Fishability, an organisation committed to providing accessible fishing experiences for individuals of all abilities, reminding us of the joy of nature and inclusivity.

In a heartfelt and candid piece, Tracy bravely shares her personal journey with alcoholism, illustrating not only her struggles but also the strength and resilience that defines our community. Her story is a vital reminder of the importance of support, understanding, and the power of hope.

As we look forward to celebrating Easter, don't miss IGA's fantastic array of Easter specials detailed on the inside back page. These exclusive offers are perfect for planning your festive menu and ensuring a delightful and delicious celebration with family and friends.

Until next time,
Take Care, Stay Safe.

Cherrie



We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.



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In a world overflowing with vast shopping malls and the instant clicks of online stores, unique gift shops stand out like hidden gems, offering a delightful and refreshing change of pace.

These boutiques provide a shopping experience that feels like a warm hug—one you can't replicate with mass-produced items. As you step inside, you're welcomed by a treasure trove of interesting and one-of-a-kind gifts, each brimming with its own story, inviting you to express your creativity and individuality.

The magic of these unique gift shops lies in their carefully curated selection of items. Many of these delightful finds are sourced from far-off lands, or crafted with a heartfelt purpose. Shoppers can discover everything from exquisite, handcrafted jewellery to fragrant candles that evoke cherished memories and whimsical home decorations that add character to any space. Choosing a gift from these enchanting stores carries a special significance, reflecting thoughtfulness and care that truly warms the heart.

Beyond the merchandise, local gift shops embody the spirit of their communities. They often celebrate local talent and rich traditions, transforming them into lively hubs of creativity and connection. Walking through the door of one of these delightful establishments can feel like stepping into a beloved community space, where friendly staff greet you with genuine smiles and a wealth of stories to share about their beloved products. The passion of store owners is palpable, and their eagerness

to connect with customers creates an inviting atmosphere—something irreplaceable in our fast-paced, digital world.

In our busy lives, where convenience often overshadows the personal touch, finding a special gift in a unique store rekindles the joy of giving. The entire experience becomes a cherished memory—



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like the soothing scent of a new candle, the vibrant colours of handmade treasures, and the laughter of fellow shoppers that fills the air. Each visit invites you on an adventure, encouraging exploration and discovery of heartwarming curiosities.

Many unique gift shops love the environment. They offer eco-friendly products, support fair trade, and prioritize sourcing items locally, nurturing our communities and our beautiful planet. This means that shoppers can feel a deep sense of fulfilment in their choices, knowing their gifts are both unique and ethically and lovingly made.

The charm of unique gift shops lies in their ability to forge personal connections, celebrate the rich tapestry of local culture, and present stunning products that genuinely resonate with the hearts of those who receive them. They remind us that the art of gifting transcends the mere item—it's about the love and thought that envelops it. As we navigate a world filled with impersonal shopping options, let's take a moment to cherish and support these local treasures, ensuring that the joy of gift-giving remains as meaningful, heartfelt, and magical as ever.

Pam's Gifts is one of these charming shops. It is a cosy store with unique gifts of all types—something for everyone! Browse Pam's Gifts' lines of beautiful tops, skirts, and dresses. They also have gorgeous and unique clothing for children.

If you are looking for a special gift, they have beautiful crystal designs, including Crystocraft baby gifts, crystal teapots and cups, decorative tins, and collectable classic cars. There is also a new range of pet toys. And don't forget, Mother's Day is coming up—so it's time to spoil Mum with something unique! Why go anywhere else?





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Tracey's Story

Hi. My name is Tracey, and I'm an alcoholic. My sobriety date is 03/01/2021, and this is a little of my story.

I believe I was born (1971) as an alcoholic.

My first drink was when I was 14 years old. A friend and I got someone to buy us a cask of Coolabah, which we skulled in a park and then went to the movies. The whole theatre started spinning, and I ended up vomiting, passed out, thrown into the back of a police paddy wagon, taken to the police station, and bailed out by a family member. I couldn't wait to do it all again as soon as I could.

That's Insanity...

I kept drinking and enjoyed it until I didn't. Alcoholism is a progressive disease.

I became a binge drinker on the weekends, then a few drinks through the week, and ended up being a round-the-clock drinker, drinking to blackout every night, waking through the night for a top-up drink as I couldn't sleep, and then having a morning drink to stop the sweats and shakes. I couldn't go any more than 2

hours without a drink. My adult children gave up on me. My son wouldn't answer my calls anymore, as I was always drunk and abusing him for not calling me. My daughter only spoke to me when she needed to, mainly in the mornings, because I would be very messy at night.

I was up to my armpits in debt. I had taken out high-interest loans, so I looked good on the outside while I was dying on the inside.

I was suicidal, wanting it all to end, the craziness in my head, and I thought that the world would be a better place without me.

Thank God I am still here today.

I had tried everything to stop drinking. Switching from vodka to beer, beer to light beer, half nips, getting friends to keep alcohol for me so I had to ask them for a drink, only drinking on weekends, not drinking at home, medications, psychiatrists, and many more crazy ideas.

None worked.

I hit rock bottom on 01/01/21, having a massive bender, and

on 03/01/21, I put down the drink. I ended up getting into a rehab and was introduced to AA, Alcoholics Anonymous.

That is when I started to live. I heard my story being told by complete strangers. Who drank like I did, had thoughts and feelings like I did. I wasn't alone anymore. These people had life in their eyes, a glow on their faces, and they were happy.

Something I hadn't been for a long time. I found out that I was an alcoholic, and that alcoholism is a disease. Once we have that first drink, it sets off a chemical reaction, and we can't stop. It all made sense. So many times, I would say, "I'm only having ONE tonight," and ended up blacked out.

I listened and learned how to live again. I did exactly what they suggested, and I am proud to say that I haven't had to pick up a drink for just over 4 years and live a life I thought I could never live. I have travelled overseas, where I went to an AA meeting and met people who are just like me.

I have travelled to many different states in Australia and run into people that I met in other meetings in other states. It is amazing. The friendships

are lifelong and real. We all have one common problem – that is alcohol.

My children want to hang out with me now, and my son calls just to say hello. This is the best part of sobriety. I wake up every day wanting to live. I'm still learning how to live life on life's terms and am getting healthier every day.

So, just for today, I am not going to pick up a drink. One day leads into two, which leads into a week, months, and years, ONE DAY AT A TIME.

My home group is the Bribie Island Monday night recovery group. We meet at **The Church of Christ, Foley Street, Bribie Island, at 7:30 p.m. every Monday.**

If you are struggling to put down the booze, come along and have a cuppa and see what we are all about. You will be greeted with open arms, and there will be no judgment. It is never too late to start life again.

You can call Alcoholics Anonymous on **07 3255 9162** for any information at any time.

It works. I am proof.

I'm Tracey, and I am an alcoholic.

RIDING THE STORMS OF LIFE

Life, much like nature, is unpredictable!! We can build our foundations, set our intentions, and create a path forward, believing we have control over what unfolds.... then, like a cyclone, life sweeps in with unexpected events—disrupting our plans, shaking our sense of security, and forcing us to adapt in ways we never imagined.

Cyclone Alfred recently reminded us of this truth. People prepared, worried, and feared the worst, but in the end, the storm did not strike as fiercely as expected.

Even so, the landscape changed, exposing new vulnerabilities, reshaping the coastline, and leaving a lasting imprint.

Much like in our own lives, we brace for impact, sometimes fearing what may never come, or resisting the shifts that are

inevitably part of our growth.

How often do we worry about things that never happen? How much energy do we expend trying to control the uncontrollable?

The truth is, worrying does not prevent the storm—it only steals our peace in the present moment. We cannot always predict the intensity of life's challenges, nor can we anticipate our exact response until we are in the midst of the experience.

However, we do have the power to decide how we navigate the storm. We can choose to panic, resisting what is, or we can surrender to the flow, adapting to what comes. Surrender is not about giving up; it is about accepting the reality of what is and finding our strength within it.

When we worry about things we cannot change, we create

suffering. When we focus on what we can change—our mindset, our actions, and our willingness to embrace the unknown—we step into a place of empowerment.

This does not mean we will not face hardships or emotions like fear, grief, or frustration. It simply means that we allow these emotions to pass through us without becoming consumed by them.

The spiritual lesson is clear: The storms of life will come and go. Some may only graze us, while others may break us open. Yet, each storm reshapes us, revealing new strengths, new insights, and a deeper understanding of ourselves.

Instead of fearing what may come, trust in your ability to withstand whatever arrives. Instead of worrying about things beyond your control, place your energy in what you

can influence—your thoughts, your healing, and your inner peace. The rest, like the shifting sands of a coastline, must be surrendered to the greater flow of life.

So, breathe deeply. Release what you cannot change. Anchor yourself in the present moment. The storm may come, though you will always find your way through.

If this resonates with you, take a moment to reflect on where you are holding on too tightly. What can you release? What can you embrace? The power is always within you to choose peace over fear. Ready to shift your focus to what truly matters?

Contact me on - 0405 361 882
Always with love, Maria Christina x

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By Heenam Kim

Natural Remedies Heart Support



Natural ways to support heart health and reduce the risk of heart-related issues can make a significant difference in overall well-being. Simple lifestyle and dietary changes can strengthen your heart and promote long-term health. The following items are highly popular at Bribie Simply Healthy and are known for their heart support properties. Let's begin with **Hawthorn berry**, this is a well-known natural remedy traditionally used to strengthen heart function. *It helps improve circulation and promote better blood flow. It helps increase the heart's ability to pump blood effectively and lower blood pressure.* Some studies suggest hawthorn may help regulate blood sugar levels, which is

important for preventing cardiovascular complications associated with diabetes.

Bergamot is another excellent supplement for supporting heart health. *Studies suggest that it can help reduce cholesterol levels by promoting the reduction of LDL (bad) cholesterol and triglycerides while boosting HDL (good) cholesterol.*

Research has shown that a high dietary intake of **Vitamin K2** is associated with a reduced risk of coronary vascular disease and vascular calcification. *Vitamin K2 plays a crucial role in calcium metabolism and helps prevent calcification in arteries and joints.* It works well with Vitamin D and magnesium to ensure proper calcium absorption and utilization, promoting strong bones while preventing unwanted calcification.

EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid) are essential omega-3 fatty acids that help reduce inflammation, lower bad cholesterol (LDL), and increase good cholesterol (HDL). They also benefit brain function. It's important to choose high-quality EPA/DHA supplements, as they can oxidize quickly. Low-quality omega-3 supplements may already be oxidized during production or storage, especially if they lack proper antioxidant protection. Opt for high-quality, well-tested sources of EPA/DHA, Bribie Simply Healthy carries practitioner brands that are backed by quality research.

Kyolic, an aged garlic supplement, is known for its natural Blood Pressure Lowering effects. Garlic also helps reduce cholesterol levels and improve circulation. Additionally, it supports

Coenzyme Q10 (CoQ10) should be your best friend as it supports energy production in heart cells and powerful antioxidant and helps maintain normal blood pressure. It may help with fatigue, especially for those with chronic conditions like fibromyalgia. CoQ10 protects cells from oxidative damage caused by free radicals and may slow aging while reducing inflammation. Studies suggest it can reduce the frequency and

severity of migraines, support blood vessel health, and improve brain function. As CoQ10 levels decline with age, supplementation can be especially beneficial for those with heart conditions or high oxidative stress. CoQ10 is often recommended for people on Statins, as the medications lowers CoQ10 level as it blocks block CoQ10.

Managing Stress for Heart Health

Chronic stress can contribute to high blood pressure and heart disease, impacting both physical and mental health. If you're looking to reduce stress levels, come talk to Kim. There are many effective ways to manage stress and improve your overall health.

A strong and healthy heart is key to a long and fulfilling life. *By incorporating natural remedies, eating a nutritious diet, staying active, and managing stress, you can take control of your cardiovascular health.*

Drop by Bribie Simply Healthy and talk to Kim for personalized advice. Kim can help you choose the best options for your individual needs and guide you on stress management and lifestyle changes for optimal health. Visit us today and take a step toward your well being.



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Federal Budget lacks vision and ambition – small businesses feel ignored - CPA Australia



CPA Australia Chief Executive Officer, Chris Freeland AM.

- Government fails to make instant asset write-off permanent
- Income tax cuts do not deliver wholesale relief
- No fresh incentives to revitalise small business sector
- Businesses remain tangled in red tape
- \$500 million for decisions taken but not yet announced

Household cost-of-living measures were front and centre of Treasurer Jim Chalmers' pre-election Budget tonight, but the government has failed to deliver initiatives that would improve business productivity, innovation and growth.

CPA Australia Chief Executive Officer Chris Freeland AM said: "Businesses and their advisers will find little in the federal Budget that will help offset the pain all-too-many small businesses have been experiencing.

"The Budget lacks ambition and a thorough understanding of what business needs. Not enough is being done to slash red tape or create

the conditions and improve policy development that would shift the dial on Australian productivity and competitiveness."

Mr Freeland said new personal tax cuts from July 1, 2026, may capture the public's attention but would fail to really help most Australians. "SMEs – many of which have thin margins – needed a Budget that would significantly alleviate the cost pressures they face every day," Mr Freeland said.

"The unrelenting rise in insurance premiums and the burden of utility bills, materials, wages, fuel and various other inflationary pressures are hard to manage.

"Though the emphasis on relieving pressures on household finances was expected, a more business-centric Budget would have benefitted all Australians because small businesses are significant contributors to the economy and job creation.

"The instant asset write-off is a prime example. Tonight, it should have been made permanent – but it remains in limbo. Making it permanent would provide the certainty and opportunity businesses need to invest and grow. They cannot make serious long-term financial decisions when the rules could change every year."

Mr Freeland said the \$150 energy bill relief would assist businesses in managing soaring costs, and a national licensing scheme for electricians might serve as a template for other as-yet unspecified occupations.

However, the Budget lacked support or incentives to help small businesses innovate and adopt new technologies. As [research from CPA Australia](#) released on Monday shows, Australian small

businesses trail most countries in the Asia-Pacific region in these areas, and are ultimately less likely to experience growth.

"The business community expects the government, and Opposition will announce measures during the upcoming election campaign that would significantly reform regulation, taxes and incentives," Mr Freeland said.

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SERIOUS ABOUT SLEEP

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Sleep plays a major role IN BRAIN HEALTH.

Good sleep helps you stay alert during the day and boosts your mood and thinking. It also helps you form and strengthen new memories and form new brain cells and may play a role in clearing harmful toxins from your brain.

Most adults work best on 7–8 hours of sleep a night, but that varies from person to person. It's also about the quality of the sleep you get deep, undisturbed, regular sleep is better for you than interrupted sleep.

It's normal for the way you sleep to change as you get older. Many people need less sleep than they did before. But everyone needs sleep that is good for them.

There are a few reasons people don't get good enough sleep, including:

- Medical conditions
- Depression or anxiety
- Substance and medication use
- Daily sleep habits that aren't regular
- Breathing problems

If you get shallow or interrupted sleep, or have sleep apnoea, then over time, and without treatment, it can increase your risk of developing depression, cognitive problems and dementia. However, with the right support, sleep disturbance can be managed.

What you can do - Here are some ways you can work towards better sleep:

Establish a sleep schedule

Go to bed and get up at the same time every day to set your body clock.

Create a relaxing bedtime routine

Avoid alcohol and caffeine near bedtime, put away tech, dim the lights, stretch a little. You'll teach your body to recognize when it's time for sleep.

Maintain a good sleep environment

Your bed should be comfortable and not too hot or cold. Remove distractions like a TV, radio or phone.

Be smart about napping

Try to keep them to 30 minutes in the early afternoon.

Keep physically active

Physical activity helps regulate your body clock, feel sleepy, get deep sleep and reduce waking in the night.

Don't force sleep

If you can't fall asleep after a while, move to another area of the house. Sit quietly with no TV, computer, bright lights or snacks, and return to bed when you feel tired again.

Only use sleeping medications as a short-term solution

Follow the instructions on anything you take for sleep. Avoid taking them for more than two weeks. Talk to your doctor about your options for better sleep.

If you're not happy with the quality of your sleep, talk to your GP. They will help you work out a way forward, so you can take care of your sleep, and take care of your brain.

Bribie Dragons celebrate Zonta on International Women's Day



“A dozen of our members had the privilege of joining the Zonta Club of Caboolture at a belated celebration for International Women's Day.

This is a group collectively making a meaningful impact in the lives of women and young girls locally and internationally. And for a cause that deeply resonates with the values of Bribie Pink Dragons.”

celebrating women's achievements is reflected in the Caboolture District's \$5000.00 bursary called the Sandra Cooke STEM Award.

They had two outstanding finalists, and so the girls were presented with their cheques at the IWD lunch and at Zonta's dinner meeting the previous night. One

The very entertaining guest speaker, Katherine Grigg, grew up in Rockhampton. She spoke about her rise from her university days to becoming a civil engineer; with her first assignment after graduating, the Rockhampton Yeppoon South project as the site engineer constructing bridges.

Zonta's support in serving and

of the recipients is a local Bribie resident who is now at university studying chemical engineering.

Zonta also awarded Bribie Pink Dragons a Certificate of Appreciation for our commitment to assisting on Assembly Days in packing the Zonta Birthing kits.

Since 1999, Zonta clubs have nominated an assembly day in which six items are placed in a small zip-lock bag as a birthing kit.

These kits are packaged and distributed across emergent nations, and “over the years, Zonta clubs have reaffirmed their commitment with the Zonta Birthing Kit Project Committee responsible for the distribution of kits across the developing world. The Birthing Kit Foundation of Australia recommended that Bribie should be recognised by Zonta International for their contribution and support to Zonta Caboolture.

BKFA has maintained its strong links with Zonta and is proud of the role it has and continues to play in its success.”

Meet Miriam!

Our new Occupational Therapist



We're thrilled to welcome Miriam Squire to our team! Miriam is an experienced occupational therapist with years of knowledge from private hospital and the government sector.

Miriam has seen it all from complex conditions to guiding patients through recovery. Now, she's bringing her expertise and passion to our clinic and is eager to help you better and feel your best.

Special interests include:

Paediatrics
Hand and Upper Limb Therapy
Home and Community Access/Participation
Sleep, Fatigue, and Activity Pacing
Feeding (Responsive Feeding Therapy)/ Tube Weaning

Currently no wait list. We can offer free 10min phone consultation, to discuss your needs, to determine if Occupational therapy is appropriate for you



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BRIBIE PINK DRAGONS

One of our biggest supporters since June 2019 is the "quiet achiever"

James Kennedy. Jim is a gentle, charismatic man with an easy smile and a positive greeting for everyone.

For years, despite his own challenges health-wise, he has taken care of operational requirements for our three boats, trailers, our regatta van and the shed, whether it was rust-proofing, changing bearings or bushes or ensuring our "club home was in exceptional condition".

As the husband of survivor Cherrie, he also has become a "big brother" to many of us. Always ready with encouragement, light banter, and occasionally, a minute spray with the hose when we are washing the boats!

So, a truly deserved award. We thank you for supporting us all in spreading the message of the Breast Cancer quest for wellness



President Marie presenting Jim with his award post-treatment. And through the ongoing participation in our "wonderful sport of dragon boat racing".

All are welcomed in the true "Spirit of Bribie". We paddle for fun, rehabilitation, recovery and build resilience through the recreational sport of dragon boating.

Bribie Pink Dragons are on the water three times a week.

For further information, contact President 0499 990 352



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What Makes a Scent Soothing?

One of the simplest yet most effective ways to find that calm is through scent. It's fascinating how certain fragrances can instantly lift our spirits and help us unwind. But what exactly makes a scent soothing?

First off, it's important to understand that our sense of smell is closely tied to our emotions. The part of our brain that processes smells is right next to the area that controls our feelings. That's why a particular fragrance can take us back to a sweet memory or create a cozy atmosphere that wraps us in warmth.

Take lavender, for example. Many people associate its calming scent with restful days spent in beautiful gardens, making it a popular choice for relaxation.

Then there's the science behind it. Certain scents contain natural compounds that work wonders on our stress levels. You might have experienced the calming effects of chamomile or bergamot—research shows they can help lower heart rates and reduce feelings of anxiety.

So, when you take a deep breath of lavender, your body might just say, "Thank you!" as cortisol levels drop, encouraging a sense of calm.

Of course, what smells soothing can vary from person to person. Our personal preferences, memories, and cultural backgrounds all shape how we respond to different fragrances. For some, the smell of fresh pine can bring back joyful holiday memories, while others



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might find peace in the scent of ocean air, reminiscing about summer days at the beach.

It's a beautiful reminder that our experiences are unique, and what soothes one person might not resonate with another.

The setting where we encounter a scent also plays a big role.

A warm bath with eucalyptus oil can create a serene escape, while that same scent might not do much in a crowded, hectic environment. This shows how our surroundings and emotional state can influence our connection to fragrance.

Finding ways to incorporate soothing scents into our personal spaces can truly enhance our relaxation moments.

And let's not forget the joy of creating rituals around scent! Taking time to enjoy a comforting fragrance—whether it's lighting a candle, using essential oils, or simply breathing in your favourite scent—can be a gentle act of self-care.

These little moments allow us to slow down, be present, and appreciate the calming effects of our surroundings.

In the end, the magic of scent is a wonderful blend of biology, personal history, and the joy of being present in the moment.

By embracing the soothing power of fragrance, we can invite a little more peace into our busy lives.

Whether it's the familiar hug of a comforting scent or the uplifting aroma of essential oils, let's make it a point to find our own tranquil moments.

After all, taking time for ourselves—through the power of scent—can lead to a happier, more relaxed life!



Look familiar?



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BUSY FINGERS

EASTER BREAK - Busy Fingers will be closed for the 4-day Easter Break 18th - 21st April reopening on Tuesday 22nd, we hope you all remain safe during this time, especially on the roads. We will also close on ANZAC DAY on Friday 25th.

SHAVE FOR A CURE

One of our volunteers, Kathy, has asked permission to set up an area on the shop grass so she can support this foundation by shaving or colouring hair to raise funds for this important cause. She is going to do this for the week of Monday 28th April until 3rd May, please come along and support her in this worthy cause.

NEW MEMBER OF STAFF

We are pleased to advise that we found our new casual relief Manager/Cashier and we hope all our customers will welcome Marcella to our team. Marcella has a lot of experience with management, and we look forward to working with her, she will supply relief for our 2 managers and our 2 cashiers when needed. Welcome to the team Marcella, we hope you will be happy with us.

DONATIONS GIVEN

With our continued monthly donation to the VMR, Hospice and Global Care we were also able to give the following grants: Another defibrillator was needed by the BI Parks and Wildlife, who are sometimes first on the scene in the National Park. The RSL Golf Club needed assistance with a bus for their annual tournament away. We are also supporting the Legacy Ladies with their Mother's Day morning tea when these wonderful ladies get together and share some

valued companionship. The Dragons Abreast Pumicestone have asked for a new Dragon Boat as their membership is growing. The BI High School needed 5 digital guitars to assist students when practising, as headsets can be worn allowing them to concentrate and focus without annoying those around them. Bribie Aquatic Community Events need portable toilets and a Medic for the regatta being held 17-18th May on the island.

Tangaroa Blue (associated with Wildlife Rescue) asked for assistance in obtaining 1000 reusable Tackle Bags for collecting old hooks, fishing line etc. hoping to prevent injury/death to our wildlife including birds and marine life. BI Pickleball asked for a storage shed for their new venue once a slab is in place, this club is growing quickly offering more game times and looking forward to going to their new venue.

The Bribie National Servicemen's Association (Nashos) is running their Easter Raffle, as usual we are proudly supporting this caring association with a garden trolley and a Weber BBQ as first prize. Second prize is a beautiful timber coffee table made by one of their Vietnam Veterans and third prize is a wonderful ANZAC Day Quilt. The tickets will be on sale from 10th to 17th April at the Bribie Shopping Centre tickets \$2 each or 3 for \$5, please support this association in supporting our Vets.

FACEBOOK

Please be aware that our Manager will be posting any specials and sales on our Facebook page the night before it occurs. Things like \$1

per item of clothes, 50% sales on other items, and any free item days, so please check our Facebook page, we will continue to write the specials on the Blackboard as you enter the shop.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all non-for-profit associations and sporting clubs, we also assist the Police, SES, VMR and the BI Hospice. Our President Pauline is quite happy to come along to your club and present our

aims and goals and how your club can apply for assistance. Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance. When applying for assistance please include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com. Please be aware we only support Bribie Island associations and groups, not individuals.



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Harmonies with Roses

Presented by Bribie Arts Society & The Gallery Singers

**Do you love the magic of three-part harmonies?
Prepare to be enchanted!**

This year, The Gallery Singers are celebrating 25 wonderful years of music-making with a special performance:

Date: Sunday, April 27

Location: Flinders Gallery, Bribie Island Arts Centre

Time: 3:00 PM

Get Your Tickets Today!

Secure your spot for this unmissable concert—**tickets are just \$15.**

To get tickets, please:

- **Contact any Gallery Singers member**
- **Call Eileen Finch (President) at 0408 302 889**
- **Email: galleriesingersaustralia@gmail.com**

Join us for a delightful selection of songs themed around roses. This uplifting concert promises to not only delight your ears but also warm your heart with joy and hope.

About The Gallery Singers

Formed in 2000 by Lyn Fry, this vibrant women's choir has been filling the air with joyful harmonies for over two decades. Under the direction of Musical Director June Willoughby, we perform a

mix of lively, soulful, and timeless melodies.

The Gallery Singers are more than just a choir—we're a community. We share friendship, laughter, and the joy of making music together.

Want to Sing with Us?

If you love to sing and harmonize, why not join us? Become a part of our vibrant community and share in the joy of making music together.

Rehearsals:

Bribie Island RSL's ANZAC Room, Toorbul St, Bongaree
When: Thursdays | 1:30 - 3:30 PM

Come along, sing your heart out, and be part of something truly special! Mark your calendar, invite your friends, and prepare to experience the beauty of harmony!




Present a delightful afternoon of music.

HARMONIES WITH ROSES

WHERE: Bribie Island Community Arts Centre
Matthew Flinders Gallery

WHEN: Sunday April 27. 3.00pm
\$15.00 *Cash only please

TICKETS ARE AVAILABLE FROM CHOIR MEMBERS
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Numbers limited so be quick.

Ticket includes a glass of bubbles and afternoon tea

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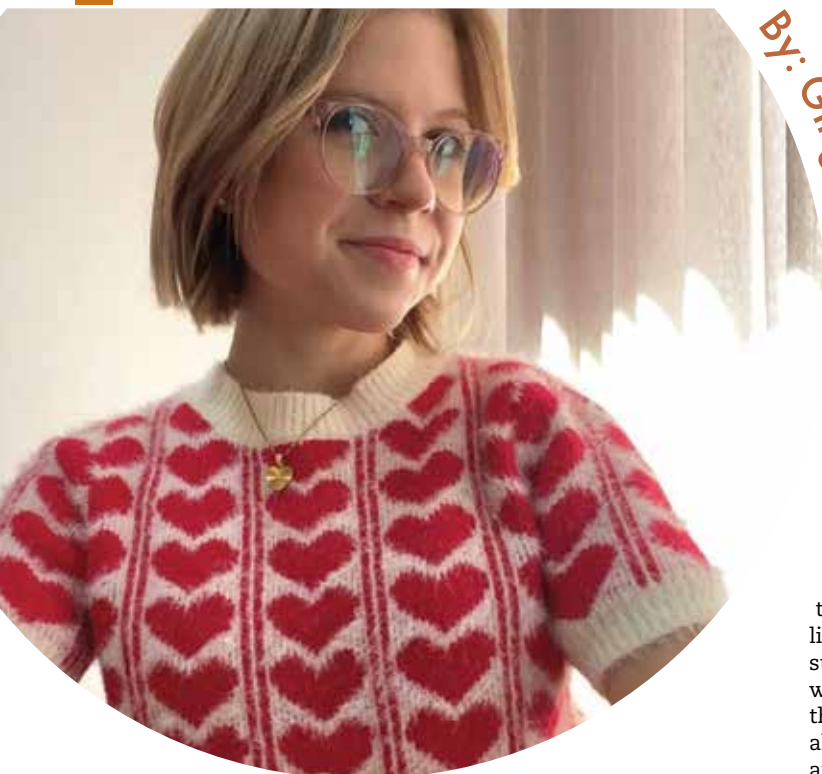


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By: Ginger Von Graz

Number 99:

How to be both timeless and a definitive book of the 21st century

By total coincidence, I read this book the day after finishing *Orlando* by Virginia Woolf, and what a jackpot of evolutionary literary ideas and dialogue that combination would turn out to be.

My life has long been a literary lottery; most of the materials that informed my early tastes in literature were pulled from 2-dollar book boxes during our family travels around Australia and featured everything from dense pseudo-autobiographies to water-damaged editions of long-forgotten Victorian romances. Occasionally, I stumbled across a classic—*Ballet Shoes*—or something I would rather not have (who knew Marley and me would be so inappropriate for an 8-year-old?) When I had the luxury of a real bookstore, I mostly sat shyly in the corner as my mum shifted through piles of books, choosing series based on the smallest font size and ordering me to compare spines, always selecting the thicker volume.

I was a child who read industriously, and I had a mother who thrived on economics—the economics of words per dollar, to be exact. My 9-year-old self-enjoyed the

favourite fantasy series backwards: book three was a ‘good investment’ at almost 800 pages, whilst book one was ‘barely worth the money’ at 500, and thus bought only after much campaigning (one must find out how it all began!).

Evidently, my mother took very little notice of numbers next to titles, and my ability to comprehend, infer, and piece together narratives like pieces of broken China is now all the better for it. Perhaps these early forays into the non-chronological plot have me in raptures over anachronistic narratives—ones that exist in a complex web of time or, best of all, with a total disregard for the clock.

There were two editions of *‘How to be both’*, Ali Smith’s winning 2014 novel, published simultaneously; in a post-modern play on structure, one begins with teenage girl ‘George’, who is in the process of making sense of a life without her eccentric, passionate mother – and the other, the fragile recollections of a 1600s painter simultaneously coming to terms with life in what they imagine to be purgatory, and the memories of their past.

Each section is titled ‘One’, so the reader remains in the dark as to which edition they have picked up until they are the one who has been swept away. Part of Ali Smith’s genius in this novel is that she writes two stories; not only two separate tales that intertwine, shedding light on the other like dappled sunshine, but two novels; read with either work first, and the narrative unfolds with alarmingly different sentiment and pace. The novel warps time, like a serpent coiled head to tail, in rings of experience-overlapping ideas not by the clock but by essence. Many of Georges’ angst-filled queries centre around memory—“Do you think we have memories when we die?” is a line she uses to ‘make sense of people’. In a way, Smith experiments with object permanence in the ideas of history; are events there if we can no longer see them unfolding? Has history happened if it is no longer happening?

Frequently, the opening chapters of George’s story jar the reader, enforcing the reality of her mother’s passing, with delicious effect—(“... her mother says. Not says. Said.”) George’s insistence that her mother has ‘ceased to exist’, mirrors her ideas of history—‘well and truly over’. But her mother, who in theory doesn’t exist, refuses to leave teenage George alone, and her recurrent memories form a large bulk of her story, intermingled with her forays into solitary teenage life. Georges’ mother’s response to her daughter’s insistence of history’s inexistence is simply a question, as are many things in this novel.

“Do things just go away? Do they stop happening just because we can’t see them?”

This novel explores time

and memory further in the fragmented reality of Francesco, a painter whose tale begins in prose that dances diagonally across the page and faltering lines of breathless poetry before we, like Francesco, slowly gain conscience in this budding existence— with delightful astuteness and gentle recollection, much like time itself. Ali Smith won’t rest, however, until we truly understand what it means to be both cynical and hopeful, alive and dead, starkly gendered and not at all, for this tale waves tantalising touches of Francesco’s life as a female painter who binds her chest and lives as a man in 1600s Italy to make a living— and leaves us pondering to which degree the issue of gender is an issue at all, in this liminal space between remembering and forgetting. ‘How to be both’ examines what it means to live— in a mosaic of each other, by being remembered, forgotten, loved, hated, cheated or revered— by being a woman, a man, or not being at all.

Ali Smith’s ‘How to be both’, whilst resembling such in its breadth, does much more than chew on the cud of Virginia Woolf’s genius in *Orlando*; although an alignment of themes is evident, the narrative structure, character voice, and introspection is entirely fresh, and the evolution of ideas in the nearly-a-century between the works creates a fluid and delicious dialogue; a combination that I couldn’t recommend more.

So, Ali Smith’s 2014 ‘How to be both’ is entirely devoid and steeped in the merits of its time, and it is, according to the New York Times’ list, the 99th best book of the 21st century. If you’ve read it, do you agree? And if you haven’t.... perhaps it’s time (if such a thing exists?) to pick it up and weigh in.



The Crafty Shed

Nestled discreetly at the back of the Ningi Community Hall lies a quaint structure often mistaken for an average shed. However, this unassuming building is a vibrant hub known as the “Crafty Shed,” where local residents converge to explore their creative passions and indulge in their favourite crafts. Under the dedicated leadership of Kerry Ayres, Crafty Shed Inc. has flourished into a cherished organization within our community, extending its warm embrace to everyone who shares a love for creativity.

Founded by the dynamic duo of Beryl Higgins and Stephanie Domagala, Crafty Shed Inc. was envisioned as a sanctuary for kindred spirits united by their fascination with sewing, painting, and other crafts. The atmosphere is inviting and lively, where skills are celebrated, and friendships blossom.

Today, Crafty Shed Inc. pulses with energy, hosting four diverse groups that breathe life into the space through their unique artistic endeavours.

Every Monday morning, the Quilting by Machine group gathers to create charitable items that make a difference in the lives of many. They craft drainage bags for the cancer ward at Caboolture Hospital, lovingly stitch children’s and baby quilts for the Linus organization to comfort little ones in need and sew lap quilts for elderly residents of nursing homes. In a profound gesture, they have recently begun making quilts for the emergency department at the RB&WH, providing gifts of warmth and solace to families facing the challenging moments of life.

On Tuesdays, a group of talented ladies joins forces in a hand-knit and crochet ensemble, producing delightful beanies, mittens, and booties for the little ones at Caboolture Hospital. Their camaraderie is as warm as the wool they work with, and they are always on the lookout for new members and generous wool donations to support their heartfelt mission.

Midweek, Wednesday mornings come alive with the Pumicestone Piecers, a

sewing and quilting group that gathers over steaming cups of coffee. They continue the creative projects started by the Monday crew, each participant contributing to a quilt destined for the prestigious Queensland Quilters Quilt Show held every October. Many talented quilters from their ranks have earned accolades at the EKKA and the Quilt Show, and they are eager to share their expertise with newcomers. Exciting discussions are underway about launching an Applique group in the future, inviting both ladies and gentlemen eager to learn or refine their skills in this intricate art form. Their generosity knows no bounds, as they have also crafted and supplied toiletry bags for women’s shelters and homeless men on Bribie Island.

Thursdays bring an artistic flair as Stephanie and her spirited group gather to paint the afternoon away, letting their imaginations run wild. Their artistic creations culminate in an exhibition at the Craft Centre at Banksia Beach, showcasing the diverse talents within the group.

Additionally, a Mosaic group meets on alternate Fridays to delve into the captivating world of mosaic construction, exploring this unique art form together.

The Crafty Shed offers mornings or afternoons for those seeking an affordable, air-conditioned space for meetings at a very cheap and affordable price that can be discussed with anyone who wishes to use it. With a capacity of up to 30 people and an abundance of tables and chairs readily available, the shed provides a welcoming environment for groups looking to gather and collaborate without the hassle of setup.

In every corner of the Crafty Shed, creativity flourishes, community thrives, and the spirit of giving prevails, making it an integral part of life in Ningi.

If anyone interested in any group can contact Kerry Ayres on 0429236680 and she will direct you to the right coordinator!

WALK LIKE A MAN!!

Where the journey started...

Welcome to The Man Walk—where every step you take leads to connection, camaraderie, and a healthier you! It's not just a walk; it's a vibrant gathering of men who believe in supporting one another while enjoying the great outdoors.

Picture yourself hitting the pavement with fellow blokes, chatting, laughing, and sharing a warm coffee after a good stroll. Doesn't that sound invigorating? Join the growing movement sweeping across Australia!

With over 80 locations popping up every week and an impressive total of over 2,250,000,000 steps taken together, The Man Walk is making an impact in every corner of the country—and it's just getting started! At its core, The Man Walk is a weekly opportunity to form new friendships, engage with your local community, and share a hearty laugh (yes, even those cheeky dad jokes!)

It's a safe space where men can open up about their challenges, show vulnerability, and generously offer support to one another. Here, it's perfectly natural to ask for help and to stand by a mate who might need assistance.

So, lace up your sneakers and come join us! Together, we'll not only embark on our own journeys but also support each other's experiences, fostering compassion and understanding. Let's transform these walks into something much more—where every conversation becomes a stepping stone toward better health, both physically and mentally!



Here is what CEO & Founder, Mark Burns, has to say about the impact...

"I'm passionate about people and the power of community. We all need opportunities to connect, laugh, share our stories, and feel like we belong.

The Man Walk has become a place where men can experience this, offering a lifeline in so many locations across Australia and the world.

Seeing its positive impact on others is incredibly moving and reminds me daily of why we do what we do. It's more than just walking; it's a movement to connect men, strengthen communities, and combat social isolation and loneliness.

The Man Walk has made me a better man—for my family, my community, and myself. Every single person, organisation and supporter of The Man Walk contributes to that ripple effect. So, why should you join The Man Walk? Because this is your chance to be part of an empowering movement where friendship, support, and fun collide! Don't miss out!

Start:

Silver Spoon, Beachmere -
19 Biggs Ave, Beachmere QLD 4510

Time/Day:

6:30am, Wednesday



BRIBIE ISLAND COMMUNITY MEN'S SHED

Community Men's Shed Bribie Island Inc. welcomes the New President and Celebrates Continued Growth, a testament to the invaluable support and active participation of our members and the local community.

The Community Men's Shed Bribie is pleased to announce the appointment of its new President, Charles Hardy. Derek Patey, the outgoing President, has handed over the reins after a successful tenure marked by passion, dedication, and leadership.

MESSAGE OF GRATITUDE

On behalf of the entire membership, we extend our sincerest gratitude to Derek Patey for his tireless efforts in guiding the Bribie Men's Shed over the last 3 years. His passion and commitment have been instrumental

in fostering a sense of community and camaraderie among our members.

EMBARKING ON A NEW CHAPTER

As we embark on this new chapter, our incoming President, Charles Hardy, is eager to tackle the exciting challenges ahead. A key focus will be the construction of a new shed designed to accommodate our growing membership and renewed interest in the Men's Shed movement.

"We are thrilled to welcome Charles Hardy to the helm," said Bernie Paine, Secretary of the Bribie Men's Shed. "His enthusiasm and vision will undoubtedly propel our organisation forward, ensuring we continue to provide a welcoming space for men to socialise, learn, and share their skills."

ENHANCED SUPPORT OPPORTUNITIES

We are also delighted to announce that late last year, we obtained Deductible Gift Recipient (DGR) status from both the Australian Taxation Office (ATO) and the Australian Charities and Not-for-profits Commission (ACNC). Any organisation donating funds or equipment over \$2.00 to the Community Men's Shed Bribie



Names from left to right
Derek Patey, John Cameron, Bernie Paine, Merv Britton,
Rick Thornton, Arti Phillips, and Chas Hardy at the rear

Island Inc. can claim that donation as a legitimate tax deduction. We are grateful for the support of our community and look forward to partnering with local businesses and organisations to further our mission.

JOIN US IN CELEBRATING THIS NEW ERA

We look forward to continuing to serve as a vibrant hub for men's activities, friendship, and personal growth.

GET IN TOUCH

For more information about the Bribie Men's Shed, visit us at the rear of 42 Foley Street Bongaree (behind the Churches of Christ) Tuesday through Thursday from 8 to 12 a.m.

BEACHMERE DISTRICT MEN'S SHED

The Beachmere District Men's Shed (BDMS) started back in 2017, when a few like-minded gentlemen met at the Beachmere Activity Centre (old Sailing Club). With financial assistance from the Beachmere Lions Club work on the current facility started in July 2019 and was completed in 2020. Around this time the BDMS had approx. 30 members. The BDMS has continued to flourish from that time, with approx. 65 members throughout the 2024 year. Our members are predominantly from Beachmere; however, we do have members from Bribie Island and Ningi, Caboolture, and Burpengary.

From the humble days in the beginning when there was no workshop, there is now a full wood workshop including benches and lathes for wood turning, an engineering shop, and a large open plan area with kitchen facilities, office, an IT Room, and a large meeting area. The meeting area is used regularly to host guest speakers like doctors and other health professionals to discuss men's health with the mem-

bership and improve their knowledge and understanding of the aging process, that eventually bites us all. It's also used for exercise sessions aimed at improving members flexibility and balance and provides a place for a game of euchre or other card games, a game of pool, billiards or darts, or simply sitting down with a few mates and enjoying a coffee or tea while chatting or watching the news or YouTube on the large screen TV.

The BDMS is active within the Beachmere community assisting people with minor furniture repairs, running DIY classes or even sharpening gardening shears. The BDMS hosts the Beachmere Community Markets on the first Saturday of each month at their facility at 53 Rogers St, Beachmere, where stall holders from Beachmere and all around the northern Moreton Bay and north Brisbane region come to sell their goods. The BDMS also provides a BBQ with fantastic egg and bacon sandwiches and provides tables to sit at with friends and have a chat while watching the market happenings. You can also find the guys from the BDMS occasionally turning sausages at a Bunnings Sausage Sizzle.

If you would like more information on the BDMS, email us at admin@beachmereshed. or call us on 0493 518 629.



LOCAL DINING GUIDE



THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Restaurant offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch, and dinner on Friday and Saturdays. Perfect for any occasion!

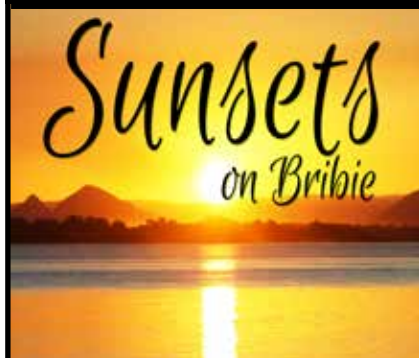
Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach

07 3410 4024

Scan the QR code to book now



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Sunsets on Bribie at Bribie Island Bowls Club
11-23 Welsby Parade, Bongaree.
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Experience our delicious dining options while overlooking some of the best waterfront views on Bribie. Open 7 days for lunch and dinner with seniors' meal specials and kids menu. With something to suit all appetites make sure you don't miss this amazing dining experience.

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Price Includes BBQ lunch and cruise

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2025 DATES:

Tue 29 Apr, Wed 28 May, Thu 26 Jun,
 Fri 25 Jul, Tue 26 Aug, Tue 23 Sep

Departs Bongaree Jetty, Bribie Island 12.15pm
Returns 2.15pm (approx)

T: 07 3630 2666

E: info@brisbanecruises.com.au W: www.brisbanecruises.com.au



The year is racing along we've had the first cyclone in 50 years, DJT and his tariffs and our first wine dinner of the year at the Bribie Island Golf Club where chef Brian once again excelled in the kitchen and the wines proved to be a mixture of the unknown to wines that would grace the tables of the finest restaurants.

How wine sales will be affected under Trumps tariffs remains to be seen if as expected a 25% tariff is added to the price of wine to protect American wine growers, the first one to be hit is likely Yellow Tail which attracts a huge following in the States with sales in the millions of cases a year, and Penfolds who are hoping to conquer the premium wine market with their super South Australian premium range, however they also have interests in California which may offset any pain, but after the China debacle the last thing Australian grape growers need is another obstacle put in their way, there is so much wine in tanks and barrels around the country at the moment it is causing extreme stress amongst many wine producers.

This situation reminds me of the mid 1980's when Australia had a huge wine lake and premium wine was being tipped into the huge 4 litre cask market making them outstanding value at that time. As a solution the South Australian Government decided to pay \$5 per vine to pull them up and convert the land to livestock farming or produce farming, this led to the pulling out of vines that produced premium wines and had been planted over 100 years before.

Unfortunately governments have little success when it comes to forward planning and when Australian wine became the flavour of the moment in the early 1990's when British wine drinkers suddenly found Jacobs Creek we ran out of red wine as the vines and grapes were no longer there.

To solve the problem wine was imported from overseas wine growing regions such as Chile to fill the cask market which at that time was huge in Australia, also wine varieties that were being used for the production of fortified wine such as Grenache was suddenly in vogue, in fact a wine I was selling in Western Australia called Burtons Vineyard Grenache produced by Richard Hamilton wines in McLaren Vale was selected as the number 1 wine available in Western Australia by Ray Jordan the wine writer of the West Australian Newspaper and all of a sudden interest in this variety took off, strange really because many of these vines had been around for many years and it took a shortage to establish the variety as a serious premium red wine!

Returning to the wine dinner I chose the following wines from Dan Murphy's in North Lakes for the following reasons and the general response from the diners was excellent.

The wine on arrival was a Prosecco from the Prosecco region of Italy called Belvino, I knew nothing about this wine except the outstanding packaging, the bottle was fabulous but once opened did not let me down, the quality was excellent and a great start to the night, if you are looking for an impressive sparkling wine the Belvino comes in a Rose as well as a normal clear Prosecco.

The next wine has been around for donkey's years, 1926 to be exact and I'm surprised more white wine drinkers don't try it. The Purbrick Family purchased a rundown winery in the Goulburn Valley as an investment, but as happens the desire to make wine soon took over and in 1925 Chateau Tahbilk was created and one of the first plantings was the rare white wine variety Marsanne from the Rhone region of France, which has been so successful Tahbilk now has the world's largest plantings.

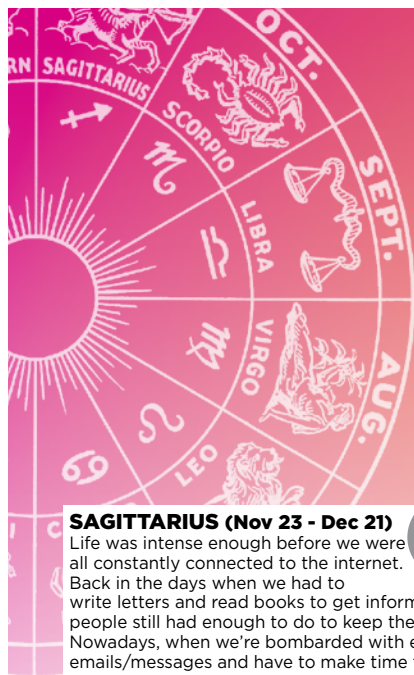
Many at the dinner were surprised by the quality and style, in fact one of the diners was off to buy some soon after, the dry wine offers something different and went very well with the deconstructed prawn cocktail and is available for around \$20 A wine from Angove Family Winemakers in McLaren Vale, the Warboy's Grenache, which is a terrific example of this style which if you haven't tried is well worth giving it a go and again went well with a sage and mushroom stuffed tenderloin wellington.

Chef Brian created a slow cooked oxtail which just fell apart and a couple of red wines were served, a 2017 Red Knot McLaren Vale Shiraz \$18 and the wine of the night a St. Hugo 2015 Cabernet Sauvignon \$54. If these wines are still available from Dan Murphy's they are both worthy of any special event.

A deconstructed Lamington was served with a Forester Estate Lifestyle Rose which showed fine strawberry aromas and finally with a Maleny cheese platter the wine chosen was the fortified favourite Club Port which never fails to impress. Cheers, Philip Arlidge.

Robert Louis Stevenson - 'Wine is bottled poetry.'

Thomas Becon - 'For when wine is in, the wit is out.'



Horoscope

As Mercury, which has been retrograde since mid-March, turns direct this week, it brings opportunities to clear up unfinished business. It might though, take a while for us to adjust to the developments going on around us in the wider world before we start to see real progress. Yet even though the path ahead isn't straightforward, with Venus (love and pleasure) making a delightful link to Uranus, be on the look-out for signs of hope. If we're brave enough to consider new ideas, we can move towards a brighter future.

SAGITTARIUS (Nov 23 - Dec 21)

Life was intense enough before we were all constantly connected to the internet. Back in the days when we had to write letters and read books to get information, people still had enough to do to keep them busy. Nowadays, when we're bombarded with endless emails/messages and have to make time to keep up with the demands of social media, it's easy to feel overwhelmed. Suppose the very thing we need to see is the thing we overlook? This week instead of fitting more in, try giving your mind a rest and trusting your instincts. They're good! Solve problems. Ease troubles. Find solutions! For free audio and video forecasts visit ozfree.cainer.com



CAPRICORN (Dec 22 - Jan 20)

Even if you feel like you've been going round in circles, you haven't been wasting your time. You're not making as much progress as you'd like, but nonetheless, you're laying the groundwork for practical, positive change. It's not easy to make headway when you're dealing with a complex situation. It's inevitable that the path ahead isn't straight and involves having to take sideways steps. Yet you're still advancing. With Mercury (ideas) turning direct, you're about to be much clearer about the steps you need to take towards a better place. I've got so much more to tell you. Great news awaits! For free audio and video forecasts visit ozfree.cainer.com



AQUARIUS (Jan 21 - Feb 19)

Life is a constant process of educating ourselves. Every day brings more learning our way. Just when we think we've got someone (or something) sorted, we make a discovery, and realise that there's more learning to do. This is, of course, sometimes frustrating. Yet you're an innovative Aquarian; you enjoy being stretched. The idea of everything staying the same makes you shudder! This week, as Venus links with your ruler, be ready to be surprised when something you thought you'd dealt with reappears. It offers exciting possibilities. To find out how your life could change for the better, check out your free forecasts. Visit ozfree.cainer.com



PISCES (Feb 20 - Mar 20)

Some people overcomplicate everything. They take pleasure in using complex vocab when simple words would do the trick. They reference obscure facts to back up unlikely theories. But this kind of behaviour is often motivated by a need to be in control. This week, with Mercury turning direct and Venus linking to Uranus, you've got the insight to cut through someone's carefully constructed psychological barriers. They've been preventing you from acting on your intuition. By following your heart, you'll make an important life-changing choice. What does your heart desire and can you achieve it? For free audio and video forecasts visit ozfree.cainer.com



ARIES (Mar 21 - Apr 20)

If it's true that 'the best things in life are free' does that mean they're simple and easy too? The challenge is that it's not always easy and simple to work out what the best things are. And when we try, life seems to present us with complications! You've been involved in a complex scenario for so long it's impossible to imagine life without it. You've tried to approach it from every conceivable angle... but despite your efforts, it's remained unsolvable. This week's powerful cosmic climate brings inspiration... and the motivation to take action. View your challenges in a new light... and sort them! For free audio and video forecasts visit ozfree.cainer.com



TAURUS (Apr 21 - May 21)

Although you're feeling motivated and excited, part of you is wondering whether you should be questioning your plans and looking for a more practical way forward. When you're feeling passionate about a project it's not only difficult to put your emotions aside, it's unnecessary! Moderation is all well and good most of the time. But when we behave reasonably, our efforts can be overlooked and our dreams can be side-lined. This week, with your ruler, Venus, linking to Uranus, if follow your heart, inspiring (if surprising) events will delight you. Will the dream you're chasing come true? Find out! For free audio and video forecasts visit ozfree.cainer.com



GEMINI (May 22 - Jun 22)

Are you ready? This week, with your ruler, Mercury, moving forwards in imaginative Pisces, the cosmic forces are stirring up a powerful desire for change in your world. That project simmering on the backburner? You're ready to start actioning it. So, your prediction contains a word of caution. You need to know that when a big opportunity appears, it isn't going to vanish if you don't immediately grab it with both hands. It's got your name on it. If something is appropriate and positive, it will hang around. So take the pressure off. And get it right. For great advice to guide you to a brighter future, check out your free audio and video forecasts. Visit ozfree.cainer.com



CANCER (Jun 23 - Jul 23)

Imagination is an incredible gift. It can take us, in the blink of an eye, from New York to Newcastle, to Norway. No matter how far away, and how remote something might be, we can visualise it in our mind's eye. Yet our minds struggle with some concepts - like infinity; the fact that time has no starting point and no end is, to say the least, discombobulating. And our deepest emotions have a similar effect on our logical minds. Yet they're super important. If you allow yours to have pride of place this week, you'll make an inspired decision. Live life to the max! For inspiring advice, check out your free audio and video forecasts. Visit ozfree.cainer.com



LEO (Jul 24 - Aug 23)

Since you seem to be bursting with confidence, how would you feel about having to respond to a few challenging questions? Would you have the answers up your sleeve? Or would you find an excuse and make a hasty exit? Even Leos have areas of vulnerability. We all have our weak spots. Yet, where it really matters, you're clear and prepared to deal with any unexpected possibilities that might come your way. Excellent. You're right to feel confident this week. With Mercury (intellect) turning direct, it's time to take decisive, positive action. Change is possible! Get some valuable help. For free audio and video forecasts visit ozfree.cainer.com



VIRGO (Aug 24 - Sept 23)

The trouble with being a human being leading a real life on this ball of rock is that unlike in the movies, where things progress at an interesting pace, we tend to go round in the same old cycles. Yes, there are magical moments. But most of the time, we're doing what we always do. Which is why it's so crucial to value the pleasures that come our way. Being able to appreciate little things doesn't mean there won't be big ones. Au contraire! With your ruler, Mercury, moving forwards this week, you can look forward to more ease in your world. Enjoy! You've got so much to look forward to! Be inspired! Check out your free audio and video forecasts. Visit ozfree.cainer.com



LIBRA (Sept 24 - Oct 23)

"Relax. Put your feet up and breathe." This is a wellness message from "Itsoctodonothing.com". Except they're not actually posting this advice... they're too busy doing not very much! They've decided to snuggle up on the sofa, eat ice cream, and watch Netflix. Although it's highly unlikely that you'll take their advice on board this week, especially when your ruler's link with Uranus brings such surprisingly positive things your way, remember that it's OK to (sometimes) do nothing. Something tricky will do just fine without you giving it your all. Nothing is hopeless. If you want positive news, check out your free audio and video forecasts. Visit ozfree.cainer.com



SCORPIO (Oct 24 - Nov 22)

If you make a decision to start exercising, and every time you go out for a walk, stroll a little faster and further, you'll soon find that you're able to do more. Yet although pushing ourselves physically is satisfying, we have to be careful about how we push our emotions. Life isn't a kindness competition. Or a battle to be more caring. This week, be mindful about the amount of energy you invest into a difficult situation. Be helpful by all means. But make sure you know what your boundaries are. Giving more than you can give won't help anyone. What's in the sky? Helpful planetary alignments! For free audio and video forecasts visit ozfree.cainer.com





Our last meeting at the RSL on 23/3/25 had around 10 ladies attend. I sincerely apologise that I completely forgot to send SMS reminders out, as I am dealing with a major knee problem, it slipped my mind.

We were all so excited that one of our Bribie Ladies had booked a trip to Japan with one of my North Lakes group ladies last week.

They're off towards the end of the year. Our lovely Mary-Anne and CJ are off together to Croatia, Italy, and Greece towards the end of the year.

This is what it's all about: meeting other people who may want to travel where you want to go, and, WHAM, you have a travel buddy.

Come along and meet some wonderful people who really enjoy travel and are looking for like-minded people to travel with.

Reminder: We are NOT Travel Consultants, Agents, Insurance providers, etc. However, you will likely find the information you are looking for within our Group to help you book a trip.

I look forward to seeing everyone on 27.4.25 at 3 pm at the RSL Social (just ask at the desk, and they will advise where the LET'S GO TRAVEL GROUP is sitting).

Safe travels everyone,

Regards, Roslyn Sanderson **0401 078 187**



MARKETS

Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12pm

Bribie Island BIDCA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

LUNCH MARKETS - Sylvan Beach (Farmers Market)

First Saturday of each month from 8am to 1pm held in the park opposite the Bribie Island Hotel. Funds raised to E.P.C.S, Ass, 0417629957

Banksia Beach Market

Bribie Harbour Shopping Village is held on the last Saturday of each month 8am to 12pm

The Bribie Island Comm Plant Nursery

The Bribie Island Community Plant Nursery is open Tues to Sat 8 am to 12 pm

The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim 7am - 1pm.

Bribie Woodcrafters & Bribie Island Gem Club

Open day, Demonstrations & Sales - last Sunday of each month

8am to 12noon Held at Bribie Art Centre
191 Sunderland Dr, Banksia Beach

The Bribie Bowls Euchre Club

Meets at the club each Monday at 12 Noon.
Fun afternoon. Contact Annette on 0414622490.

Creating a Memoir

by Ron Butler

A memoir is the story of your memories. This can be an interesting and sometimes challenging place to start. The tale of your life's adventures may bring empowerment to some readers.

While others may find your historical journey awakens their memories. Readers may find solace in your words to brighten their days. A thought can be inspiring, a key to moving forward with confidence and resilience.

The thing is – you are in control, as you get to tell the story from your life experiences. The big question really is, where to begin? If you are a well-organized individual, great – you are off to a good start.

Lost Souls is a story created from the author's memories of the past, and follows the lives of young children, raised in less-than-ideal conditions.

Writing stories, short, long or in between can be rewarding in many ways. If this is on your to-do inspirational bucket list, there is no time like the present.

In my case, being a first timer, I began with loose pages that ended up all over the place. Some made it to the bin. Most, I managed to trap with a huge bulldog clip capable of holding just about anything in a storm.

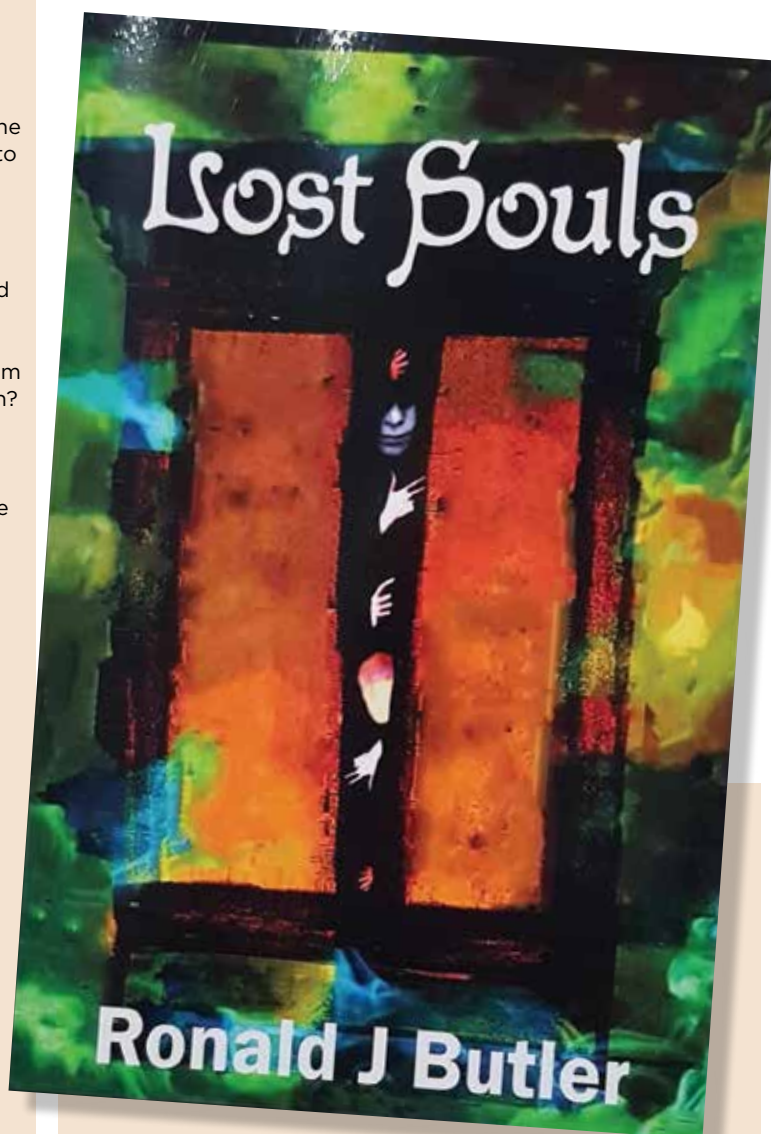
Eventually a light bulb moment popped up and large, ruled notebooks were purchased in a pack of five (this became my draft copy, along with packets of pencils and the odd rubber or two. Essential items for rapid scribblers.

The pages flew by in disorderly fashions, as getting the information down is paramount, notations all over the place, spaces and blank pages became the norm. You can go back later to create order on a timeline, that melds the chapters to a reader's perspective. Before long, your story comes to light, and you are on the path to becoming a writer.

The fun continues, the task of typing, editing and fine tuning your book begins. This will involve multiple version updates as part of the learning process to progress towards the final draft.

Reading back over earlier versions can be quite illuminating as it can sometimes surprise you. Here is where having someone to act as a sounding board and possibly friendly critique of your work comes in handy.

I would highly recommend that you seek out and join a free local writers' group through your library, or one of the many community organizations. You will find kindred spirits, with a wealth of knowledge to guide you along the path to becoming a published author.



I was encouraged by one such group to write the book Lost Souls, which follows the characters over nine years, through the daily lives of children in care in the 1960's, who overcame the disadvantages despite their past. Did they have an attitude? By the bucket load. One being 'Never Give Up.'

I hope you enjoy my book, being part of the things that once were.

Lost Souls author – Ronald J Butler

FOUR

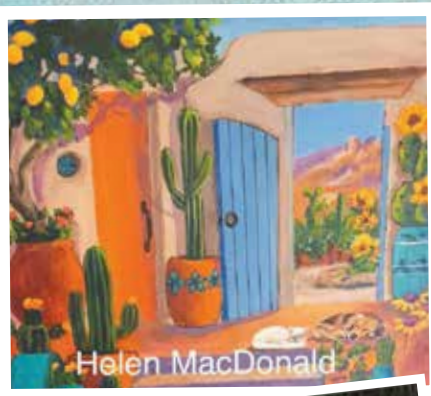
Artists With A Love For Colour Come Together For The Expressions Of Colour Exhibition

MATTHEW FLINDERS GALLERY AT BRIBIE ARTS CENTRE 191 Sunderland Drive Banksia Beach
APRIL 1 - 13.

Corinne, Suzi, Helen and Colin have brought a zing to the Centre in previous exhibitions and their combination for this vibrant show is sure to be a dazzler.

Be sure to catch it.

All welcome to their opening event on Saturday April 5, from 11am to 1pm.



Helen MacDonald



Colin Van Kruining



Corinne Purcell Art Studio



Suzi Dennis

LOOK what's happening

**Sunday
April 6
places
are
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**BOOK
NOW**



Robin Jensen always has her workshop participants amazed and excited at what they achieve under her careful and fun tutoring.

 Bribie Island Community Arts Society Inc.

LOOKS LIKE *Resin* WORKSHOP



with *Robin Jensen*

Get the shiny look of resin using special acrylic pouring paint & techniques, without the toxic fumes of resin.

**10am - 2pm Sunday 6th APR 2025 at
Bribie Island Community Arts Centre**



Requirements:
Wooden cutting boards, wooden coasters, small canvases, & tiles.

Cost: \$90 pay on the day, cash or card.
Includes all paints, tools, plastic gloves.

Further details, or to book, please contact Robin Jensen
Phone 0421043924 or Email j-robin@aapt.net.au

DARWIN at War



By Al Finegan

Most people would be unaware of the number of times mainland Australia was bombed during WW2. You may be surprised to learn that we suffered at least 111 air raids. The attacks occurred between February 1942 and November 1943 by the Imperial Japanese Navy Air Force and the Imperial Japanese Army Air Force. By far, the worst hit was Darwin.

In the 1930s, Darwin was designated a vital asset in Australia's defences against an increasingly aggressive Japanese Empire. Its port and airfield facilities were developed, coastal defence batteries were constructed, and its garrison steadily enlarged. On 8th December 1941, soon after the attack on Pearl Harbour, Australia declared war on Japan. On 15th February 1942, British Lt General Arthur Percival capitulated Singapore. The surrender was the largest in British history. Tens of thousands of Allied troops became prisoners of war, including over 15,000 Australians. It was a disaster for Britain and Australia. Prime Minister Winston Churchill called it the "... worst disaster and largest capitulation in British history." The Australian population reeled in disbelief and horror at the loss of our boys to the cruel Japanese. As reality sunk in, it was followed by a numbing panic about what would happen next. The fear of an invasion gripped the nation.

The Japanese successes resulted in the rapid escalation of the military buildup in Darwin, which was to be used as a base from which to deploy and supply forces

for the defence of the Dutch East Indies. The U.S. Army General Staff intended land supplies at Brisbane, then ship them overland to Darwin. They soon found out the hard way that the vast distances and the poor condition of the roads in the outback made it necessary to transport to Darwin by sea, dramatically increasing the shipping traffic in Darwin Harbour. All around Darwin and the airports, supplies were stockpiling. All but 2,000 civilians were evacuated by ships returning south.

By mid-February 1942, while Darwin continued its buildup, the seemingly unstoppable Japanese captured Ambon, Borneo, and Celebes. They scheduled Landings for Timor for 20th February, and an invasion of Java was planned to take place shortly afterwards. In order to protect these landings from Allied interference, the Japanese military command decided to conduct a major air raid on Darwin.

On 19th February and well to the north of Darwin, an alert Australian Coastwatcher spotted a large number of Japanese aircraft flying overhead and tracking south. At precisely 9.37 am, he sent a "flash" (highest priority) message to the Amalgamated Wireless Postal Radio Station at Darwin warning of a large force of Japanese aircraft heading for Darwin. This message was immediately relayed to the RAAF Operations Duty Officer. It was a slow day, and at this stage of the war, little was known of the Coastwatchers. The officer shrugged off the message, wrongly judging that the aircraft would be ten USAAF P-40s returning to Darwin after an aborted

mission to West Timor. Despite the fact that they were returning from the west and the Flash message specifically stated that over a hundred Japanese aircraft were approaching from the north, he decided not to sound the air-raid sirens. It was an unforgivable fatal mistake. It was to cost hundreds of lives and a vast amount of capital equipment.

The 21 minutes between 9.37 am and the first explosion at 9.58 am would have allowed the entire population of Darwin to dive into bomb shelters, man the anti-aircraft weapons, or alert the seamen on so many ships anchored in the harbour. Instead, it was the first bomb explosion that alerted Darwin. As men rushed out, staring upwards, they were stunned to see 188 Japanese aircraft clouding the sky. They were coming in wave after wave. The ships in the harbour were the first to be hit by dive bombers, followed by the wharves and their oil storage facilities. Another wave of Zero fighters headed straight for the city and Darwin airfields. Stunned soldiers and airmen ran for cover as Zeros roared in at almost ground level to fire on many men caught in the open. The strafing continued relentlessly, attacking the parked RAAF and U.S. aircraft, as well as storage huts. Another Zero squadron attacked the army barracks and oil storage silos.

Then, belatedly, 3 minutes after the first bomb was dropped, the air-raid sirens rang out over Darwin. After the strafing abruptly ended, bombers took over the attack on the airfields and hangars, seriously damaging airfield infrastructure. Another squadron attacked city buildings, including water



and fuel storage facilities. With the Japanese attack full-on, the 33rd USAAF Pursuit Squadron of P-40s arrived home from their mission. Caught by surprise, all but one P-40 was soon destroyed, either shot down or destroyed on the ground while attempting to land. One P-40 pilot remained airborne throughout the attack. Lt Robert Oestreicher fought on bravely against overwhelming odds, shooting down one bomber and damaging others. Allied servicemen, risking the bullets from attacking zeros, rushed to their anti-aircraft guns, leaving several colleagues dead in their wake. The Japanese, who thought they had uncontested control of the skies, were caught off-guard when ground fire suddenly raked their low-level formations. Five Japanese Zeros burst into flames and crashed. Another 34 Japanese aircraft suffered battle damage but managed to limp away. One incident of note was the emergency landing of a damaged Zero on Melville Island. The pilot, Petty Officer Hajime Toyoshima, was taken prisoner. He was subsequently interned in the PoW camp at Cowra NSW. 2 years later, he was one of the leaders of the breakout.

The entire Japanese raid lasted only 30 minutes. The din of battle ceased as abruptly as it had started, and the sky cleared. It resulted in three warships and six merchant vessels sinking, and ten other ships suffered damage. Four of these sank later. The RAAF HQ building and civil airfield, as well as the town's army barracks and oil store, were seriously damaged. Hundreds of Allied servicemen lay dead or seriously wounded.

Shocked men and women

staggered out into the open all over Darwin and the harbour. Everywhere they could see, there were bodies lying about amongst burning machinery, vehicles, huts, hangars and aircraft. Oil silos burned furiously. On the harbour, ships were on fire... and nobody seemed to be in charge. Senior NCOs formed teams with anyone they could muster and commenced clearing roads, rescuing the wounded, and fighting the fires.

Then, at midday, just as organisation began to replace chaos, the men's blood collectively froze. The air-raid sirens rang out. Five minutes later, a wave of 54 land-based medium bombers arrived overhead. They came in two groups flying at a high level. One formation attacked RAAF Base Darwin from the southwest, while the other approached from the northeast. The two formations arrived at the same time and dropped their bombs simultaneously. They wheeled around and made a second run on the base. The Australian heavy anti-aircraft flak gunners were ready this time but failed to shoot down or even damage any of the high-flying Japanese aircraft. The bombers left the Darwin area at about 12:20 pm. This raid also inflicted extensive damage on the RAAF base, though casualties were light, as this time, the men had just enough time to dash into air-raid shelters.

The air raids caused chaos in Darwin, with most essential services, including water, telephone and electricity systems, being badly damaged or destroyed. Fears of an imminent invasion rapidly spread. Most of

the town's civilian population gathered their most valuable possessions and fled south by whatever means they could muster. The panic in the town's civilians was paralleled by confusion at the RAAF base, where personnel received confusing and conflicting orders, much of it based on an increasingly false rumour that the Japanese had already landed in force and were advancing towards Darwin. To make a bad situation worse, poor leadership exacerbated the already chaotic situation.

In the words of journalist Douglas Lockwood, after the second Japanese air raid, the commander of RAAF Darwin, Wing Commander Stuart Griffith: "... summoned his senior administrative officer, Squadron Leader Swan, and gave a verbal order that all airmen were to move half a mile down the main road and then half a mile inland. At this vague rendezvous point... arrangements would be made to feed them. The order led to utter chaos. In being passed by word of mouth from one section to another, sometimes with officers' present and sometimes not, it became garbled to the extent it was unrecognisable against the original. In its ultimate form, it was interpreted, especially by those desiring such an interpretation, of an impending order for immediate and general evacuation of the area. Highly exaggerated rumours of an impending Japanese invasion had already reached the base from the town and spread quickly among those wanting to believe them. In the absence of restraint, men gathered their belongings and abandoned their stations." While the HQ staff could see what was happening and issued countermanding orders, "... the damage was done, and hundreds of men were already beyond recall".

Believing that the Japanese would soon invade the homes and businesses in Darwin and destroy or seize anything of value, widespread looting broke out. All discipline broke down. According to official figures, 278 personnel belonging to RAAF North-Western Area Command were considered to have deserted as a result of the raids, although it was eventually decided that the "desertions" and

looting were mainly the result of ambiguous orders given to RAAF personnel after the attacks.

The raids had killed 235 people and left more than 300 wounded. Thirty aircraft were destroyed, including the nine P-40s. Nine ships in the harbour and two outside were sunk, and most of the civil and military facilities in Darwin were destroyed. As the next few days passed, servicemen slowly reappeared from hidden spots or out of the bush and returned to their units. Everyone by then had calmed down, and military order and discipline resumed. Soon, everyone was working day and night to repair the damage. Supply ships ran the gauntlet of Japanese ships and aircraft to provide desperately needed rations, fuel, heavy bulldozers, trucks and, most desired of all, modern anti-aircraft weapons.

Within a few months of the first raids, Darwin mounted a credible defence, which grew into a coordinated response involving fighters, radar, and searchlights. The response steadily grew to include counterstrikes' from bombers, largely manned by US forces. Other squadrons involved Dutch and British aircraft joining the Australian effort, and naval units continued to operate against the enemy. By the end of 1942, the tide had turned, and the Japanese were being pushed back from the lands they had taken in what is now Indonesia and Timor.

Contrary to the widespread belief at the time, the attacks were not a precursor to an invasion. The Japanese did expect the raids would damage Australian morale. This did not happen, as the Australian Government censored all news of the Darwin fiasco. It wasn't till after the war that the public became aware of the attacks on Darwin. Servicemen and women, as well as civilians in the Top End, experienced the pain, anguish and fear of war firsthand. The Japanese bombed Darwin 64 times, the last in November 1943. Other towns in northern Australia were also the target of Japanese air attacks, with bombs dropped on Townsville, Katherine, Wyndham, Derby, Broome and Port Hedland.

In the next edition, *The Attack on Broome*.



Barry Clark- Bribie Island Historical Society

LOOKING BACK AT BRIBIES FUTURE

My last article reflected on 150 years of local Government. This article considers how Bribie's past might influence the future. The title photo above shows the Bongaree Jetty in 1924, with just a few buildings and the recently built first road in the background. The first Councillor for Bribie Island was an honorary position created in 1933 when the resident population of the island was less than 200 people.

The man who took the job was Bill Shirley who came in 1923 to build the first road on Bribie from Bongaree Jetty to the Ocean Beach. In those days it was a "Company Town" as an investment by the Brisbane Tug Company who leased land and built basic infrastructure to create a new tourist destination.

As tourism and visitor numbers grew the Shirley family ran a new Ocean Beach Guest House and became a prominent members of the growing community.



Bus to Bribie 1950

From 1912 when they built the Jetty, their Steamship Koopa made excursion trips from Brisbane via Redcliffe bringing thousands of tourists and visitors to the new island holiday destination.

Having built the first road, when there were only three cars on the island, Bill Shirley saw a business opportunity and used construction trucks as basic buses to transport visitors from the Jetty to the surf beach. Woorm was the closest surf beach to Brisbane, long before the Gold Coast and Surfers paradise.



Ocean Beach Guest House

In 1933 Bill was appointed as Bribie's first Honorary Councillor on Caboolture Shire Council. To attend a monthly Council meeting involved a 3 hour steamship trip to Brisbane, then a train to Caboolture and an overnight stay before catching the steamship back from Brisbane to Bribie the next day.

He did this job in an honorary capacity, and his name was given to Shirley Creek Bridge near the Caravan Park, being the first item of Council infrastructure on the island opened in 1935.



Shirley Creek Bridge opened 1935

1930's was a decade of mass "Excursion" tourism by Steamships to Bribie, when thousands of people came at weekends and holidays to enjoy the simple pleasures of the island. As the resident and visitor population grew many Clubs, Groups, Societies and Associations were formed for the sporting, and special interest groups.

Bribie was very committed to creating a vibrant community and improving the visitor experience. Early Bribie residents achieved much with fundraising and social events and an effective Chamber of Commerce. Bribie people just got things done themselves in those days.

BRIBIE ISSUES 50 YEARS AGO

When the Bribie Bridge was built in 1963 the resident population was about 700 and over the next 20 years grew to 7000. By the 1980's Bribie had three Councillors elected to represent their interests on Caboolture Council, who all lived on the island and were personally involved and understood local issues.

The Bribie Island Ratepayers & Progress Association were very active and discussed some interesting proposals at their meetings during that period.

EXTRACT OF MINUTES 1975

WATER FUN PARK - Proposal using sea water pumped from Dux Creek for water slides, toddlers Pool, Pirate Ship and skating rink. A Fun Land Water Park was later built in 1980's on the corner of Goodwin Drive and Cotterill Ave.



Fun Land Water Slide

NO RIGHT TURN - Proposed by Council on exit from the Bribie Bridge into Welsby Parade. Right turn off the Bridge had been the case for 20 years since it was opened in 1963, but greatly increased traffic conditions were now very dangerous.

DEVELOPMENT - Council to make calculated judgement on all proposed development, as the original Town Plan did not require provision for High Rise, and a revised Town Plan in 1977 divided the areas into Low, Medium and High Density.

FORESTRY - Huge areas of Bribie had been leased for Timber Forestry and companies were seeking to Develop this land after harvesting of timber. Caboolture Shire were asked to obstruct this

to ensure land is returned to the people at the termination of the Forestry leases.

LAND - Strongly held objection to the way in which the new light Industrial Land area had been totally bulldozed on First Ave.

COUNCIL - Concern expressed about a statement that "Council matters were a matter of confidentiality not the right of ratepayers to be made aware of Council business"

WATER LEVEL - Concern about decreasing level of sub surface water at Banksia Beach, to the detriment of local flora, resulting from Lakes and Canals in the Solander development.



Solander Lake aerial 1975

BEACH DRIVING - Request that driving on and destruction of Ocean Beach by 4-wheel Drive vehicles be limited. Numbers were increasing and Permits were issued by Council who should recognise that this traffic impacts the beach Eco system and could stop this abuse.

PULP MILL - Letter written to Queensland Premier and various Ministers objecting to the proposed development of a Pulp Mill on Bribie Island.

SPEED - Consideration be given to lowering the present 100 Klm/Hr speed limit on Welsby Parade between the Bridge and the Caravan Park.

CHARGE - Suggestion that a charge be placed on vehicles using the Boat Ramp, Picnic and Parking areas.

PARKLAND - Possible conversion of the Caravan Park on Welsby Parade to public Park land.

POPULATION - A recent survey of the permanent population of Bribie Island shows a total of 6,619, of which 1,368 are Pensioners.

COUNCIL - It was thought that Bribie should now have more than the current 3 Councillors representing them on Caboolture Shire Council.

The above points are a small selection found in the Ratepayers and Progress Assoc. minutes of 50 years ago. They did not necessarily eventuate or even have credibility at the time. However, it is interesting to read how many of these issues are still of concern today.

MORE BRIBIE HISTORY

Historical Society meetings are on the second Wednesday of each month at 6:30pm at the RSL Club and visitors are always welcome.

See more stories & photos of Bribie history on Web site [Bribiehistoricalsociety.org.au](http://bribiehistoricalsociety.org.au) and Blog <http://bribieislandhistory.blogspot.com> or contact us on bribiehistoricalsociety@gmail.com

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Saturday 8.30am to 1pm

SPORTS PAGES

BRIEBIE ISLAND BOWLS CLUB**Self Select Fours results Friday 28 February 2025**

Winners: S Root, J Mercer, K Burdon, C Smith
 Runners up: R Avern, G Jackson, G Hazelwood, R Fowler
 Lucky draw: R Black, B Ferguson, M Huddleton, D Bowers
 Lucky draw: T Bishop, W Gilbert, W Kelly, G Olson

Self select pairs results Friday 28 February 2025

Winners: F Grimsey, M Thompson
 Runners up: M O'Neill, G Denkel
 Lucky draw: J Coleman, G Coleman
 Lucky draw: M Retchford, T Smith

Self select triples results**Tuesday 25 February 2025**

Winners: N Gray, S Hose, B Clarke, I Teakle
 Runners up: T Erfurth, M Retchford, T Bishop, D Bishop
 Lucky draw: M Garfield, L Williams, L Beaven, B Garfield
 Lucky draw: W McDougall, P Mann, L Kurtz
 Lucky draw: J Ferguson, H Groves, V McDermott, J Hosie

Scroungers Results Wednesday 26 February 2025

1st: G Jackson
 2nd: M Ball
 3rd: D Heath
 4th: F Ferguson

Self select results Wednesday 26 February 2025

Winners: S Root, K Burdon, J Mercer, C Smith
 Runners up: M Durham, R Avern, C Fowler, D Gibson
 Lucky draw: P Dixon, P Maloney, T Erfurth, P Cook

Random select triples results Thursday 27 February 2025

Lowest winning score: P Mann, C Ebert, D James, A Riseham
 Out of hat winner: P Gee, J Dunn, C Hamilton
 Out of hat winner: G Riley, L Hackwood, J Teakle
 Bunny: P Ditchburn, S Brown, R Cross

Self select pairs results Friday 28 February 2025

Winners: F Grimsey, M Thompson
 Runners up: M McIntyre, P Hughes
 Lucky draw: D Hancock, R Reilly
 Lucky draw: D Bishop, T Bishop

Self Select results Friday 28 February 2025

Winners: Chidgey, B Meek, M Lee, M Prewitt
 Runners up: C Perkins, K Taylor, B Pritchard
 Lucky draw: S Root, J Mercer, K Byndon, C Smith
 Lucky draw: M Durham, C

Barclay, W McDougall, D Gibson Random select results Saturday 1 March 2025

Highest margin: L Stone, A Riseham, W Follett
 Lowest margin: P Gee, P Bennett, A Pinzger
 Out of hat winner: G Frew, Y McDonald, L Hackwood

Self select results Tuesday 4 March 2025

Highest winning score: D Davis, I Gillard, F Grimsey, G Olsen
 Runners up: A Sturm, S Priest, C Smith, L Godfrey
 Lucky draw: J Wallis, D Puls, F Crockett, R Eaton
 Lucky draw: B Turnbull, S Mitchell, M Wretchford, T Turnbull

Scroungers Results Wednesday 5 March 2025

1st: W Ryan
 2nd: D Heath
 3rd: M Graham
 4th: L Hackwood

Self select fours results**Wednesday 5 March 2025**

Winners: J Hosie, S Cook, B Snare, A Sturm
 Runners up: C Brayley, G Trevena, M Prewett, G Skoien
 Lucky draw: P Maloney, T Erfurth, G Teakle, J Prowle

Self select triples results**Tuesday 11 March 2025**

Winners: T Turnbull, B Turnbull, S Mitchell, A Riseham
 Runners up: E Bateman, M Garfield, L Williams, B Garfield
 Lucky draw: B Russell, J Jackson, G Paekay, K Kajewski
 Lucky draw: J Blundell, L McKay, J Parbes

Scroungers Results Wednesday 12 March 2025

1st: W Kelly
 2nd: J Muller
 3rd: L Hackwood

Self select pairs results**Wednesday 12 March 2025**

Winners: L Murphy, D Cherry
 Runners up: F Grimsey, L Beaven
 Lucky draw: S Mitchell, B Turnbull
 Lucky draw: K Thornton, C Thornton
 Lucky draw: T Erfurth, G Denkel

Self select open pairs results**Wednesday Night 12 March 2025**

Winners: P Adams, B J Adams
 Runners up: W Hoelscher, N Gray

Random select triples results**Thursday 13 March 2025**

Highest winning score: M Gittens, D Davis, S Grasey
 Lowest winning score: F Grimsey, G Hutchison, M Hogan
 Out of hat winner: L Beaven, K Mulpeter, C Hamilton
 Bunny: G Frew, M Gaggiano, L DeRoule

BONGAREE BOWLS CLUB

5/3/25 to 27/3/2025

Results of Friday 2-4-2

14/3/2025

Winners: Pam Walker, Bob Vonarx

R/Up: Sue Francis, Peter

Results of Scroungers**Saturday 15/3/2025**

1st: Gideon Croukamp.

2nd: Trevor Mallouk.

3rd: Martin Jones.

Results of Wednesday 4's

19/3/2025

Winners: Claire McCarthy,

Laine Paterson, Joanna

Horsley, Sheena Bath

R/Up: Yuki King, Graham

Symonds

Results of Thursday Jackpot

Pairs 20/3/2025

Winners: David Vaughn, Ian

Gillies

R/Up: Peter McQueen, Gary

Pincott

Results of Friday 2-4-2

21/3/2025

Winners: Helen Duncan,

Imelda Valentine

R/Up: Elna Jensen, Jen Hadley

Results of Saturday**Scroungers 22/3/2025**

1st: Gail Parker. 2nd: Trevor

Mallouk. 3rd: Gaynor Parker

Results of Tuesday Turkey

Pairs 25/3/2025

Winners: Pam Walker, Bob

Vonarx

R/Up: David Vaughan, Ian

Gillies

Bonus Draw: Victor Wright,

John

Results of Wednesday 4's

26/3/2025

Winners: Dee Morrison, Peter

Szepes, Ross Bryant, John

Morrison

R/Up: Myrna Hogg, Sue

Alexander, Marilyn Weston,

Bev Montgomery

Results of Thursday Pairs

27/3/2025

Congratulations to:

Winners: Chris McMillan,

Trevor Mallouk

R/Up: Tim Carlton, Jaarpung

Blundell

Ladies Novice Singles**Championship Finals 2025 -**

23/3/2025

Congratulations to the winner

Andrea Pike. A terrific effort.

SOLANDER LAKE BOWLS CLUB

W/E 9/3/25

Tuesday Club Select Triples

Winners: Janet Green, Alan

Matheson

R/U: Mitch Magnusson, Val Paul,

Barry King

3rd: Rufeno Teixeira, Ann

Larsen, Graham Hubbard

W/E 16/3/25

Tuesday Club Select Fours

Winners: Ib Larsen, Rosa

McLeod, Janet Green, Peter

Leader

R/U: Paul Boldero, Dave Bentley,

Ian Jackson, Steve O'Grady

3rd: Mitch Magnusson, Beryl

Cowperthwaite, Paul Bavage,

Raie Stuart

Wednesday Self Select Pairs

Winners: Doug Brown, Eric

Holliday

R/U: Cheryl Dann, John Dann

3rd: Brian Harris, Mike Wilson

Thursday Self Select Triples

Winners: Debbie Jackson, Julie

Watson, Stuart Ager

R/U: Andy Ives, Pat Samuelson,

Debbie Hill

3rd: Tony Ollier, Raie Stuart

Friday Self Select Pairs

Winners: Digby DeGrono,

Declan Dawson

R/U: Doug Brown, Peter Nixon

1st Round: Brad Jackson, Allen

Lavender

2nd Round: Brian Wrice, Chris

Jenkins

Saturday Club Select Triples

Winners: Gavin Dunlop, Beryl

Cowperthwaite, Alan Matheson

R/U: Paul Coxhead, Kevin Zipf,

Bruce Crawford

**MORETON BRIEBIE BRIDGE**

CLUB: Sat 15 Mar N/S 1 S

& C Watson 2 D & G Lock 3

L Carr & J Wright E/W 1 G

& S Barnulf 2 J Henderson

& L Gadsby 3 R Webb & L

McLaren

Wed 19 Mar N/S 1 J Kinross

& R Floquet 2 H Tyler & J

Medhurst 3 L Carr & J Wright

E/W 1 R King & M O'Reilly 2

P Edis & M Arthur 3 J Borowski & J Easey

Sat 22 Mar N/S 1 S Watson & R Sutton 2 J Kinross & R Floquet 3 L Carr & J Wright E/W 1 R Webb & L McLaren 2 J Henderson & L Gadsby 3 G & S Barnulf

Wed 26 Mar N/S 1 D Quinan & J Kennedy 2 B Connell & L Heap 3 C & S Watson E/W 1 R Webb & L McLaren 2 G & S Barnulf 3 J Kinross & R Floquet

BICBC: Mon 17Mar N/S 1 M Arthur & R King 2 D Quinan & M Peart 3 M Peterson & D Quinan E/W 1 S Smith & M O'Reilly 2 G Lock & N Denvir 3 J Day & S McCulloch

Mon 24 Mar N/S 1 R King & J Fitzgerald 2 A Fielding & J Easey 2 D Quinan & Peart E/W 1 G Lock & N Denvir 2 C Page & J Kennedy 3 C & R Perrott

The Club welcomes new members. For information phone Ruth Webb 0417 656 693, or check our website www.moretonbribie.bridgeaustralia.org. Lessons and refresher sessions are also offered. Phone Helen Tyler, 0427 567 670

BRIBIE ISLAND WOMEN'S GOLF

18 MAR 2025 TO 27 MAR 2025

18/03/25 IRISH 4BBB

STABLEFORD

OVERALL WINNERS Angela Roberts, Sandy Smith, Sue Navie and Jan Jennings 88 2nd place Jody Benson, Nadia Aylott, Jennifer McKay and Barbara Newcomb 87

NTP Hole 4 Suzanne Valley Hole 7 Sandy Smith Hole 14 Leanne Skeggs Hole 16 2nd shot Kathy Sankey Hole 14 (Div 3 2nd shot) Penny Brittain

20/03/25 SINGLE STABLEFORD

DIV 1 WINNER Lorna Burns 38

2nd Linda Urquhart 35 3rd Ros Gardiner 35 c/b

DIV 2 WINNER Sylvia White 36 2nd Suzanne Peet 35 3rd Vivi Lloyd 34 c/b

NTP Hole 4 Carol McKenzie Hole 7 Linda Urquhart Hole 14 Suzanne Valley Hole 16 2nd shot Ros Gardiner Hole 14 (Div 3 2nd shot) Jennifer McKay

25/03/25 SINGLE STROKE

DIV 1 WINNER Carol McKenzie 73 2nd Abby Driver 74 3rd Vivi Lloyd 75 c/b

DIV 2 WINNER Charmaine Price 76 c/b 2nd Helena Winterflood 76 3rd Lauren McDonald 77 NTP Hole 4 Gill Lee Hole 7 Carol Williams Hole 14 Kate Brown Hole 16 2nd shot Abby Driver Hole 14 (Div 3 2nd shot) Roslyn Crossley

27/03/25 SINGLE STROKE

Monthly Medal DIV 1 WINNER Julie Bell 74 c/b 2nd Suzanne Valley 74 3rd Jo McCowan 75

NTP Hole 4 Jo McCowan Hole 7 Lorna Burns Hole 14 Suzanne Valley Hole 16 2nd shot Val Phinn

DIV 2 WINNER Charmaine Price 73 2nd Jennifer Warburton 76 3rd Penny Brittain 77 c/b NTP Hole 4 Tanya Zanow Hole 14 Charmaine Price Hole 16 2nd shot Tanya Zanow

DIV 3 WINNER Nadia Aylott 77 2nd Susan Brown 80 c/b 3rd Stina Barnulf 80 NTP Hole 14 Nadia Aylott Hole 16 2nd shot Susan Brown



WHO WAS MARY MASTERS?

By Kathy Vincent.

MARY MASTERS is special to the Bribie Island Croquet Club, so special that a competition named after her is held every year. Mary was one of the founders of the Croquet Club, which started with 10 members in 1992. Gosh, how the Club has grown! I usually write about Golf Croquet, but this competition is for Association Croquet, which was the only game played originally. Players come from far and wide to enter this competition, coming from: Stephan's Club Nambour Club Caloundra Club Noosa Club Malany and, of course, Bribie. Well, the competitors fought hard. Ian Car from Bribie didn't lose a game. His score was 25 out of a maximum of 26. Looking at the trophy, Ian won one year and Bill Habnor the next. They were taking it in turns, but it was Ian's turn again to win the trophy for Bribie. It is a particularly attractive trophy, as it has Mary's picture on it! Sam Oaetin from Caloundra won the plate.

It was a great weekend; the weather was kind, the contestants were friendly, and morning tea was as yummy as ever.

Would you like to try Association Croquet?

If so, give us a ring on: - 0409 268 748 Have Fun!!!

PS a message from the Golf Captain.

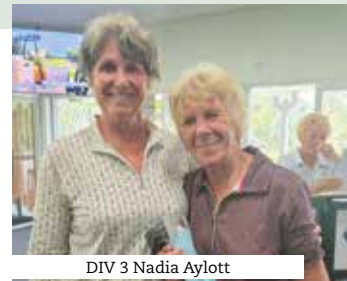
Autumn has arrived, and what a perfect time of the year to try out a new sport. There is no better time of the year to play croquet than in the cooling breezes of Autumn.

Croquet is a gentle, stimulating exercise in the fresh air that also gets the brain working as it decides on your next strategy to win over your opponent. You need to be able to stay on your feet for up to an hour and swing a mallet. If you need to learn something new while making new friendships, you should give croquet a go.

The Croquet Club will provide six free coaching lessons starting Thursday, May 8th, at 3:30 p.m. To be placed on the waiting list, call Jan Rees at 0437 008 042.



DIV 1 Julie Bell



DIV 3 Nadia Aylott



DIV 2 Charmaine Price



IRISH BEST DRESSED Magrit Pearce



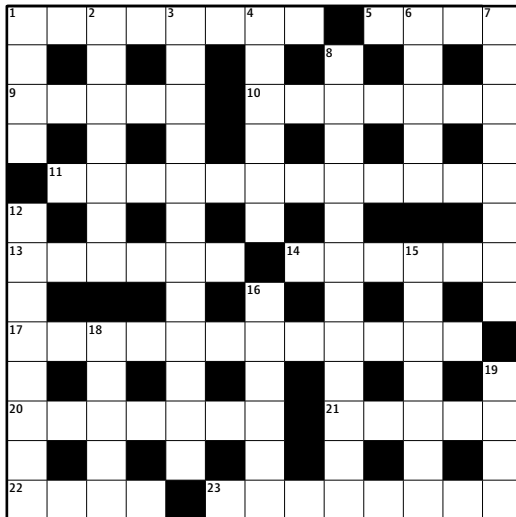
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Crosswords - QUICK & CRYPTIC

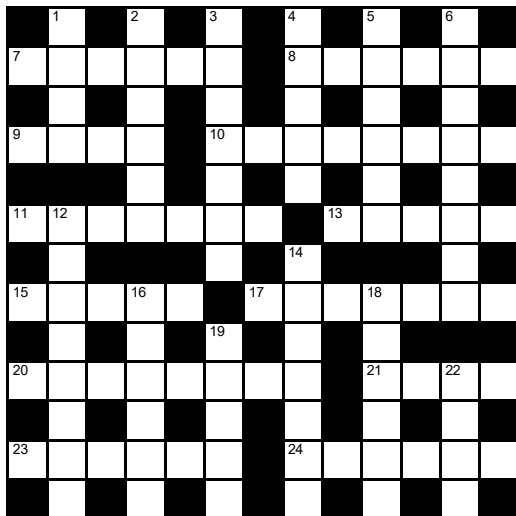
**Across**

- 1 Conjuror (8)
 5 Wrote 'Happy Birthday', perhaps (4)
 9 Pencilled - gaunt (5)
 10 Alternatives to pyjama tops (1-6)
 11 Boa investors (anag) - remarks (12) 13
 Arm bone (6)
 14 Disregard (6)
 17 Evincing - darned totems (anag) (12) 20
 Surrounded (7)
 21 Industry, metal or handedness (5) 22
 Lines along which light or other
 energy is propagated (4)
 23 Those stealing partridges or cooking
 eggs (8)

Down

- 1 à la ____ (4)
 2 Snatched (7)
 3 With the result that (12)
 4 Citizenship, immunity or service (6)
 6 Goods carried on a ship, aircraft, or
 motor vehicle (5)
 7 Washout (8)
 8 Extremely keen kind of memory (12)
 12 Impresario (8)
 15 Run - function (7)
 16 Workroom or movie company (6) 18
 Like Robin Hood's Men (5)
 19 Loaves, grasses or whiskies (4)

CRYPTIC

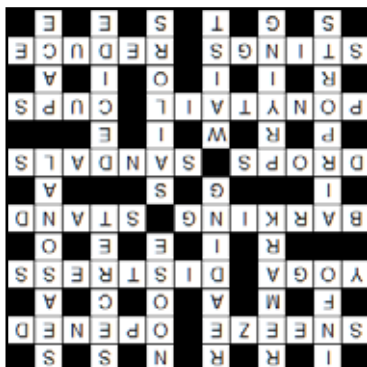
**Across**

- 7 Poles ease, say, the outcome of a tickling
 sensation (6)
 8 Frank journalist revealed (6)
 9 Discipline planned a year ago (4)
 10 Princess's mane brought heartache (8)
 11 Royal supporter went mad - extremely
 so.. (7)
 13 First and foremost holding attitude (5)
 15 Favourite, once, even if acid (5)
 17 Seems they might suit a walk on the
 beach (7)
 20 Hairstyle lay in top-dressing (8)
 21 Copper added ryder for trophies (4)
 23 Swindles but legitimate in police actions -
 they can hurt, too (6)
 24 Contract about dictator (6)

Down

- 1 Fill in forms with details (4)
 2 Talk about blemish (6)
 3 Understanding Edgar in trouble (7)
 4 It goes around the neck - It's the living
 end (5)
 5 Known only to one to be on the safe
 side (6)
 6 See periodic changes to a lesson (8)
 12 Where one might take off songs about
 wine (8)
 14 Floating workforce (7)
 16 Snoopy asking God to ignore African
 leader (6)
 18 Choose from dice of French design (6)
 19 Gut waits for enhancement (5)
 22 Palace hub out of step (4)

SOLUTIONS

CRYPTIC
SOLUTION 236QUICK
SOLUTION 236

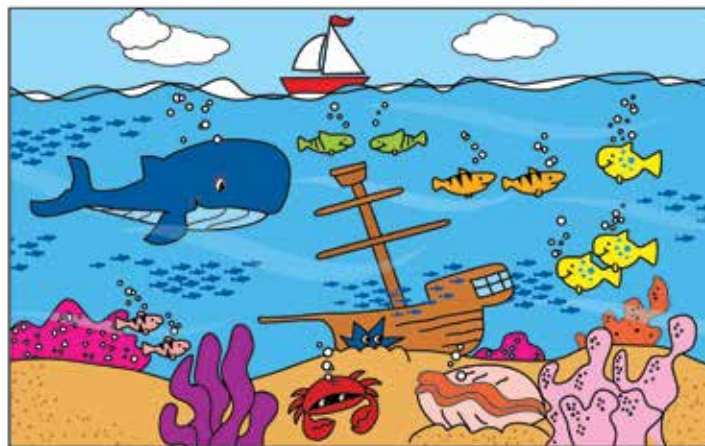
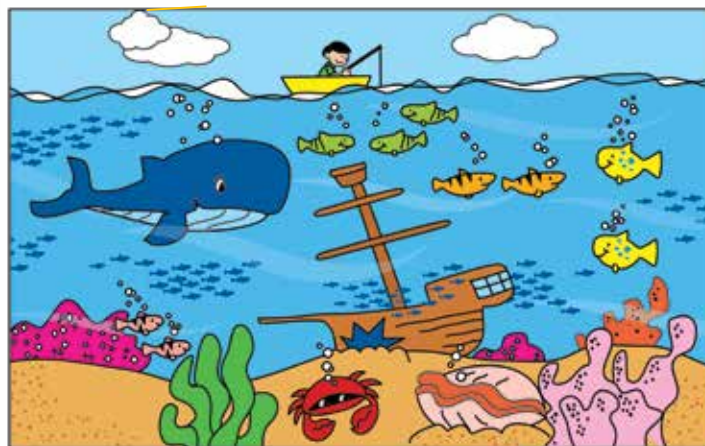
SPOT THE 5 DIFFERENCES

FIND A WORD

MY MOTHER

W	W	C	U	N	L	D	S	N	Q	N	V	E	G	G	I	W
V	Z	F	R	B	E	D	K	P	Y	G	R	P	N	N	H	A
E	Z	U	L	T	Q	K	N	J	D	S	P	R	I	I	O	J
L	A	N	O	I	T	A	R	I	P	S	N	I	R	V	N	Y
F	V	V	H	G	S	U	Q	E	K	W	Y	W	A	O	E	Y
P	E	K	M	T	Y	P	G	D	C	T	B	W	C	L	S	O
D	U	H	R	F	L	J	O	G	N	I	Z	A	M	A	T	S
X	D	O	A	P	H	P	R	E	C	I	O	U	S	L	L	P
S	N	E	G	R	A	C	I	O	U	S	F	Z	G	U	U	E
G	E	Y	V	W	D	T	Q	V	T	R	W	N	G	F	F	C
Q	W	L	G	O	A	W	K	A	O	Q	I	L	T	T	R	I
Z	A	E	F	P	L	V	O	O	K	T	E	S	A	H	E	A
F	J	F	L	L	K	E	R	R	S	B	X	O	J	G	D	L
J	C	I	S	H	E	Q	B	U	K	W	B	Z	R	U	N	S
H	V	Y	W	W	S	S	R	X	N	I	O	V	U	O	O	G
G	N	I	D	N	A	T	S	R	E	D	N	U	V	H	W	X
E	V	I	T	R	O	P	P	U	S	G	G	G	Y	T	H	V

AMAZING	STRONG	KIND	WONDERFUL
DEVOTED	BELOVED	CARING	THOUGHTFUL
HONEST	PATIENT	PRECIOUS	HARDWORKING
LOVING	SPECIAL	SUPPORTIVE	INSPIRATIONAL
SELFLESS	GRACIOUS	TRUSTING	UNDERSTANDING





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Meet Jack Martin, Bribie Islands Area Manager for Coochie Hydrogreen. If you see Jack around the area, be sure to say hello and give him a wave! Feel free to contact Jack & the Coochie Hydrogreen team by calling 1800 245 955. Follow "Coochie Hydrogreen Bribie Island" on Facebook to stay informed with the latest information.



LAWN CARE PROGRAM

- Have you spent hundreds of dollars on weed control products?
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- Have you spent hours applying fertilising and weed control products only to end up pulling the weeds out or killing your grass in the process?

Coochie Hydrogreen can make these dilemmas a thing of the past. By joining our Lawn Care Program (LCP), you will receive our unique 6-in-1 treatments, designed specifically for your lawn.

Our treatments contain a mixture of liquid fertilisers, organic soil conditioners and soil moisture retainers to encourage strong, healthy growth in your lawn as well as spot treating for weeds, pests and diseases to give your lawn a lush, weed free appearance year-round.

Our Lawn Care Program consists of 6 visits annually every 8-10 weeks. Every other month your local technician will stop by to apply a seasonal mix of our products to give your lawn a boost of nutrients needed to thrive throughout

the season. Your local technician will also monitor and treat your lawn for any weeds, pests, and diseases that may be showing their heads since the last visit.

If you ever have any questions or concerns, call your local area manager Jack Martin and he will pop out to discuss &/or address the concern free of charge.

LAWN GRUB SEASON -

Lawn grub is a name that covers a wide variety of creepy crawlies that invade your lawn. Scarab Grubs, Mealy bug, Army Worm and African Black Beetle are just a few of the lawn pests that we see in unprotected lawns each year.

HERE'S SOME SIGNS TO LOOK OUT FOR:

1. BROWN PATCHES IN YOUR LAWN

Lawn grubs feed off the root system of your turf, this prevents all the nutrients in your soil getting to the turf leaf so brown patches in your lawn can indicate that grubs are present.

2. WASP ACTIVITY

If Army Worm are attacking your lawn, you will notice large orange wasps start to

hover around your turf. They are looking for the Army Worm & Army Worm Pupa to lay their egg's in.

3. MOTH ACTIVITY

When Army Worm mature they turn into moths, these moths then lay eggs in your turf, under your gutters and in every corner of your property, starting the life cycle all over again. If you see lots of moths hovering above your lawn it's likely you have had or will have lawn grubs soon.

4. INCREASED BIRD ACTIVITY ON YOUR LAWN

If birds are pecking at your lawn a lot more lately, it's likely there's some juicy grubs in your turf that they're snacking on.

HOW TO STOP LAWN GRUBS

The best way to deal with Lawn Grubs is to apply preventative treatments every 8-10 weeks during the grub season.

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Rain on the Roof

By Al

I still feel a strong touch of magic, When I'm lying warm in my bed. Drowsily hearing the drumming, of rain ... on the roof overhead.

Always it stirs up the memories, I hope I will never forget. Of a small boy, safe and secure, Looking out into the wet.

My world was warm and so peaceful. And my dreams would whisk me away, To a land of my very own making, and I wish I could go back today.

A place that was not made for sharing, A wonderful world of my own, where life was filled with adventure, with sadness ... and pain never known.

Where the outside world couldn't touch me. Where nothing could shatter my life.

Peace that flowed soft and healing. A haven from troubles and strife.

Here was a quiet contentment, I could almost reach out and hold.

While beyond my window were raindrops, and the world ... unfriendly ... and cold.

Wrapped in my mantle of safety. I'd look at the grey weeping skies.

Watching the rain with wonder. With special dreams in my eyes. For out there was unrest and trouble,

and problems I'd soon have to face.

So I'd burrow deep down in the blanket, and think of my own special place.

And I still get that wonderful feeling, although a lifetime has gone.

As I lie in drowsy contentment, Letting the memories flow on.

From the outside world, wet and dreary, my thoughts I hold firmly aloof, and I close my eyes very tightly. As I listen to the rain on the roof.



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Swimming Pools Tips

As Australia transitions into winter, pool owners often find themselves confronted with a decision: to continue maintaining their pools throughout the cooler months or to let them fall by the wayside.

It's an easy choice for some, particularly in regions where temperatures plummet and outdoor activities take a backseat. However, neglecting pool maintenance during winter can have long-term repercussions that are both costly and time-consuming.

Firstly, winter can bring about unpredictable weather patterns, including heavy rains, storms, and even the occasional cold snap. These conditions can lead to debris accumulation, increased levels of organic material, and changes in water chemistry.

Without regular maintenance, pools can quickly turn into breeding grounds for algae and bacteria, resulting in unsightly green water and, ultimately, an unwelcome surprise when spring rolls around.

Maintaining chlorine levels and balancing pH is crucial to preventing these issues, ensuring that the pool remains clear and inviting for when the warmer months return.

Proper winter maintenance helps to protect the physical structure of the pool itself. Skimping on care can lead to damage to pool liners, tiles, or even the plaster surface, potentially leading to leaks that might require extensive repairs. By regularly checking and cleaning filters, monitoring water levels, and keeping surfaces clear, owners can avoid significant repair expenses down the line.

Another often-overlooked benefit of consistent winter maintenance is the preservation of equipment. Pool pumps, heaters, and other mechanical parts can be adversely affected by neglect, especially freezing temperatures that can damage pipes and connections. Regularly running the system, even at reduced levels, will help keep it in good working condition and ready for use once the weather warms up.

Maintaining your pool in winter can significantly reduce the workload come spring. The less you let the pool water sit stagnant, the easier it will be to clean, balance, and prepare for swimming. A little diligence can prevent a tedious and costly opening process later on.

There is also the aspect of safety to consider. A neglected pool can present hazards, particularly if children or pets are around. By ensuring that the pool is well-maintained, owners are not only protecting their property but also safeguarding their loved ones.

In conclusion, whether you use your pool throughout the winter months or not, the importance of ongoing maintenance cannot be overstated. It ensures the longevity of the pool and its equipment and protects against costly repairs, all while creating a safe environment.

So, as the temperatures drop and the swim season comes to an end, remember that winter is the perfect time to invest in your pool rather than neglect it. After all, a well-kept pool is a lasting investment in family fun and relaxation, ready to shine when the sun returns.

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Sheri Binzer has practised real estate since 1992, offering over 25 years of local experience to our clients. Is renowned for providing personalised service and maintaining high professionalism, which consistently leads vendors to impressive results. Clients view Sheri as an "absolutely down-to-earth professional" in real estate representation. With her authentic reputation and deep roots in the Bribie Island region, she is dedicated to understanding the needs of both seasoned and first-time buyers. As an experienced realtor, Sheri is also reinforced with Monash University's enhanced "Business Studies" degree. Committed to comprehensively serving the region's real estate needs, Sheri is the esteemed founder of Bribie Realty and formerly created one of the largest regional independents - Caboolture Realty. Julie Walton within the sale's team is a renowned property marketer having an impressive 30 years of negotiating and sales experience. Julie's honours degree in Marketing from QUT, combined with sales and marketing experience with local businesses, has been pivotal in creating 'Top Shelf' results – driven campaigns.

We are thrilled to introduce bribierealty.com.au, a new website that serves as a 'ONE-STOP SHOP' for the market. This user-friendly platform provides a diverse view of all three core services – SALES, PERMANENT RENTALS, and HOLIDAY RENTALS, available across the Bribie Region. With this, you can effortlessly explore our services, compare options, and make well informed decisions, all in one place.

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WHAT CAN I PUT IN MY GO BIN?

Items you can put in your GO bin include:

ITEMS YOU CAN PUT IN YOUR GO BIN INCLUDE:

- tree, shrub or plant branches (cut down to fit in the bin)
- leaves and other garden trimmings
- grass clippings, weeds, plants and flowers.
- Garden organic material can go directly into your **GO bin**. The material should not be in bags, boxes, or any other type of container.

GO BIN HINTS TO HELP IN MAKING BEST USE OF YOUR BIN:

- line your bin with shrubs, leaves or sticks first to stop grass sticking to the sides and bottom of the bin.
- cut branches to fit in the bin, don't squash them to fit.
- ensure the bin is presented for collection every fortnight (reduces odour).
- mow the lawn close to your bin collection day (reduces odour).
- ensure your bin load is not too heavy, it should be less than 40 kg.

WHAT CANNOT GO IN YOUR GO BINDO NOT PUT THESE ITEMS IN YOUR GARDEN ORGANICS BIN:

- plastic or plastic bags
- general waste or food scraps
- compostable packaging and containers
- soil or potting mix
- gravel, bricks, concrete or rocks
- potted plants
- garden tools and accessories like plant pots
- treated timber

- asbestos containing material
- animal waste such as droppings or manure
- materials other than garden organics.

CONTAMINANTS REDUCE THE QUALITY AND VALUE OF THE MULCH PRODUCED FROM GARDEN ORGANIC WASTE, WHICH INCREASES PROCESSING COSTS. THIS RESULTS IN ADDITIONAL COSTS TO RATEPAYERS.

GO like a PRO!

Hints to keep your bin as fresh as possible

- Line your bin with leaves or sticks first and add lawn clippings last.
- Put your bin out for collection every fortnight. This reduces odour!
- Mow your lawn as close to bin collection day as possible.

Remember... Only dispose of garden organic material in your GO bin. Please **do not** put any non-organic items in your bin.

For more information visit moretonbay.qld.gov.au/GO



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PROJECTS

Homemade LAUNDRY SOAP



HOW TO MAKE HOMEMADE LAUNDRY DETERGENT

Have you ever wished there was an eco-friendly and cost-effective alternative to store-bought laundry soap? Well, guess what? You can make your wish come true by crafting your own homemade laundry detergent recipe! Think about it: while saving money and reducing plastic waste, you can make a homemade formula that is just as effective as commercial brands — but often with fewer chemicals.

HOMEMADE LAUNDRY SOAP: WHAT YOU'LL NEED

There are hundreds of laundry detergents on the market with fancy packaging, expensive advertising, and big promises. The truth is you can easily make a comparable detergent from basic ingredients in your own home.

Here's what you'll need:

- ½ bar of soap
- ½ cup of washing soda
- ½ cup of borax
- Empty 15-litre bucket
- Scented essential oil, which is optional

Your Choice of Ingredients is Key - While the components to making your own laundry detergent are pretty straightforward, you still have choices to make. For example, you can choose any soap, but natural or hypoallergenic

options are best for sensitive skin.

Borax is another key ingredient. It boosts cleaning power and is a natural mineral compound. Lastly, essential oils are optional for fragrance. Lavender, lemon, or eucalyptus are popular choices for a fresh, clean scent.

MAKING HOMEMADE LAUNDRY DETERGENT

- Gather your ingredients. Most basic bars of soap, washing sodas and borax will work well.
- Grate or break apart the soap into small pieces. You can use a cheese grater. Place the grated soap pieces in a saucepan.
- Add 6 cups of hot water and stir over medium heat until the soap melts and dissolves into the water.
- Fill the bucket with about 4 litres of water
- Mix the melted soap solution, ½ cup of washing soda and ½ cup of borax into the bucket of water.
- Stir the mixture really well until all the powder liquefies.
- Cover the bucket and allow the mixture to cool overnight. The mixture will thicken into a watery gel.
- Fill an old, empty laundry detergent bottle with your homemade liquid for easy dispensing.
- Use about half a cup of detergent with each load of laundry. Shake your detergent before using it.
- Add 10 drops of essential oil to each load of laundry. This will add a subtle fragrance to your laundry, while acting as a stain remover and a fabric softener.

How to Use and Store Homemade Laundry Detergent

Use your homemade laundry detergent no differently than how you'd use any commercial detergent. For a regular load of laundry, use one or two tablespoons. This amount is effective yet shouldn't leave any residue on your clothes. Your homemade laundry powder should work with any high efficiency washing machines. For storage, choose an airtight container. It keeps the detergent dry and clump-free. A recycled jar or an old detergent container works well. Remember to label the container for safety and convenience. Keep it in a cool, dry place to make sure it maintains its cleaning ability.

Benefits of Homemade Laundry Soap

Remember why you're undertaking this fun little project in the first place: it offers so many benefits! Firstly, homemade laundry powder is eco-friendly. By making your own detergent, you significantly reduce the use of plastic packaging. This small change contributes to a larger environmental impact. Secondly, it's cost-effective. Store bought detergent can be pricey, but homemade detergent is often made from inexpensive ingredients. Thirdly, it's skin friendly. Many commercial detergents contain toxic chemicals that can irritate sensitive skin. Since you control the ingredients being used, you can ensure a gentler wash.

Finally, it's customizable. You can adjust the scent and strength according to your preferences. This can make your laundry routine more enjoyable, as you adjust your powdered detergent with each wash load. Your laundry room might become your soap-making laboratory!

REDUCE HARSH CHEMICALS AN EASIER WAY

If you don't want to make your own laundry detergent, but do want a natural way to reduce the chemical-laden products you use when doing laundry, try:

Vinegar: Adding some white vinegar to your washing machine during the final rinse will help get rid of any soap residue left in the clothing. Vinegar will also eradicate any synthetic fragrances. Baking soda: Replace your commercial fabric softener with baking soda. You can also reduce the amount of chlorine bleach you use if you add baking soda to your washing machine when you start the load.

Needless to say, you can spend a lot of time fine-tuning your special formula. And all the while, you can avoid the laundry aisle and save money. Who knew laundry soaps could be so interesting?!

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BIEPA Joins the Moreton Bay: Home of Shorebirds Alliance

A Community-Led Initiative to Protect Shorebirds and Enhance Sustainable Tourism



On March 24, 2025, the Bribie Island Environmental Protection Association (BIEPA) officially ratified its membership in the **Moreton Bay: Home of Shorebirds (MB:HoS) Alliance** during a packed meeting at the Bribie Island RSL. This decision marks a significant step toward strengthening conservation efforts in the region and fostering eco-tourism opportunities.

The meeting highlighted the alliance's role in **enhancing the livability of Moreton Bay**—not just by protecting crucial shorebird habitats but also by **improving sustainable tourism experiences**. With increased focus on habitat conservation, the initiative aims to **promote avitourism** (birdwatching tourism), encouraging longer visitor stays as outlined in the **Moreton Bay Tourism Opportunities Plan (TOP)**.

A 2022 report by Dr. Rochelle Steven on birdlife conservation identified Moreton Bay as a **Key Biodiversity Area (KBA) in danger**. It emphasized the urgent need for alliances between like-minded organizations to **restore and protect critical shorebird habitats**.

BIEPA President **Richard Ogden** expressed his enthusiasm for the initiative, stating:

"BIEPA is extremely proud to participate in this important alliance, celebrating and protecting our vulnerable and significant shorebirds."

Colin Scobie, Chair of the Environmental Sustainability Rotary Action Group (ESRAG) Oceania, reinforced the power of community-driven conservation:

"The addition of another dedicated environmental organization from South East Queensland to the MB:HoS Alliance further underscores the strength of grassroots movements in shaping a sustainable future."

Objectives of the MB:HoS Alliance

The MB:HoS Alliance is dedicated to **six key objectives** that blend conservation efforts with community engagement and sustainable tourism development:

1. Protect and Restore Shorebird Habitats

- Promote conservation initiatives that safeguard essential coastal habitats for migratory shorebirds.
- Support policies that enhance the ecological integrity of Moreton Bay.

2. Foster Community Engagement

- Partner with environmental organizations to increase public involvement in shorebird conservation.



- Utilize media and outreach programs to educate communities on the importance of habitat protection.

3. Strengthen Eco-Tourism Partnerships

- Collaborate with eco-tourism operators to promote avitourism and conservation awareness.
- Encourage tourism businesses to incorporate shorebird education into visitor experiences.

4. Recognize Conservation Efforts

- Celebrate individuals and organizations making significant contributions to habitat protection.
- Showcase success stories to inspire broader conservation participation.

5. Promote Avitourism

- Highlight the economic and ecological benefits of birdwatching tourism.
- Advocate for government investment in avitourism infrastructure while ensuring sustainability.

6. Increase Awareness and Appreciation of Shorebirds

- Advocate for greater representation of shorebirds in eco-tourism marketing and conservation campaigns.
- Support habitat restoration projects benefiting shorebirds and other native species, including koalas.

Building a Sustainable Future for Moreton Bay

By joining the **MB:HoS Alliance**, BIEPA reinforces its commitment to **conserving Moreton Bay's fragile ecosystems** while fostering a thriving eco-tourism sector. Through advocacy, education, and collaboration, the alliance is set to **create a sustainable future** where both nature and community benefit.

For those passionate about protecting Moreton Bay's wildlife and supporting sustainable tourism, **now is the time to get involved**. Whether through volunteering, advocacy, or eco-tourism, every effort counts toward securing a better future for our shorebirds and their habitats.

MORETON BAY'S BACK PASSAGE:

CROWNED QUEENSLAND'S FUNNIEST STREET NAME

Supplied by International Cargo Express (ICE)

From The Bogan Way to Thong Avenue, Australia is packed with quirky street names—but which ones take the crown for the funniest?

International freight forwarder International Cargo Express (ICE) analysed every Australian street name on OpenStreetMap, using computational humour detection techniques, including sentiment analysis and pun recognition algorithms, to identify the quirkiest and most amusing names.

The list was then ranked by stand-up comedian David Rose, whose online videos have amassed over 20 million views, who has performed on TV and toured the USA and Asia, and who is currently on tour in Australia.

Queensland: Back Passage, Stanmore
Back Passage is a rural road with an unfortunate name, proving Queensland doesn't shy away from a bit of cheeky humour. In Queensland, street names often derive from various sources, including local history, notable individuals, indigenous words or geographical features.

David Rose said of the tongue-in-cheek name Back Passage: "Enough said. If you can't get in through the front passage, good luck convincing your partner to use this road."

Honourable mentions: **Queensland Bum Bum Road, St Aubrey**: "Did the same guy name all of these streets? I think he might have accidentally typed in his search history when he went to work that day." Thong Avenue, Stockyard: "Thankfully, this road covers up all of the above."

Australian Capital Territory: Dookie Street, Farrer

Possibly named after the Victorian town Dookie, renowned for its agricultural college, Dookie Street fits Farrer's farming-inspired theme, as the suburb itself is named after pioneering wheat breeder William James Farrer. Not just a nod to agriculture, it's reported that the Dookie Street sign is subject to theft, possibly due to its associations with popular culture such as the Green Day

album called "Dookie."

David Rose said: David Rose said: "Dookie Street encapsulated our nation's capital in a way that no other street could. I think all Australians can agree that Canberra can resemble something of a circus at times.

Extra points awarded to this street for sharing a name with a great Green Day album."

New South Wales: Lois Lane, Minto

A clever play on words, Lois Lane shares the same name as Superman's famous love interest. The origins of this specific street name are unknown, but similar streets inspired by DC Comics exist worldwide, including in Worcester, Massachusetts. David said of Lois Lane: "The street name stands out for the simplicity of its name. Australia's love is nothing more than an on-the-nose joke. If you're naming a lane, why not call it Lois? It's a shame it wasn't in Melbourne, then we could have had the Batman Tunnel leading to Lois Lane. Superman would have been jealous."

Honourable mentions: New South Wales Bigga Place, Googong: "Obviously, this has been coined by a man annoyed by the size of his rental property, which is a perennial issue in New South Wales."

The Bogan Way, Daisy Springs and Bogan Gate: "If Australia ever has a Divine figure who attains enlightenment after throwing back a six-pack of tinnies, that would be the name of our religious text."

South Australia: Cold And Wet Road, Field, Coonalpyn

The name 'Cold and Wet' originates from a pastoral station established in the area, aptly named to reflect the challenging climatic conditions faced by early settlers. David said: "Sometimes, you have to call it as you see it. One of the greatest things about being Australian is our laconic sense of humour. We like to name things as they are: South Australia, Snakes, Northern Territory and Cold and Wet Road. Did you know 'Australia' is Latin for 'great southern land'? I'm going to name my firstborn 'daughter'."

Honourable mention: **South Australia Woolly Butt Road, Upper Sturt**: "Having said that, I really hope this wasn't a case of

naming it as you see it. How hairy do you have to be for it to cover the whole road? Someone get this man some clippers."

Victoria: Spanker Road, Buchan South (near Nowa Nowa)

Spanker Road likely takes its name from Spanker Knob, a nearby hill in East Gippsland. But its modern connotations make it a hilarious standout.

David said: "When I was growing up, spanking was a common form of discipline. There's no way they could have a road named this in 2025. If they were naming this today, it'd be called 'Mild Verbal Discouragement from a Helicopter Parent... Road'."

Honourable mention: **Victoria Lusty Lane, Nyah West (rural city of Swan Hill)**: "The morally loose sister of Lois Lane in New South Wales."

Western Australia — Stoner Street, Innaloo

While Innaloo itself is already an amusing suburb name, Stoner Street makes it even better.

The area features other streets reportedly named after Norse mythology figures, such as Odin Road and Thor Street. David said: "I used to live here but I kept forgetting my address and eating all my food late at night."

Honourable mention: **Western Australia Struggle Street, Xantippe**: "Where every Australian comedian lives."

Ronald Spahr, Managing Director at icecargo.com.au commented on the findings, "Whilst humorous, many of Australia's street names have deep ties to the land and the people who settled.

Australians have always had a knack for turning the mundane into something humorous, it's a way of keeping things light-hearted, even in the midst of hard work, like building a home in the outback or establishing a small community.

Next time you find yourself bored on a car journey through the outback or country lanes, just look around at the street signs and you'll soon find yourself amused."

- Dookie Street
- Bang Bang Street
- Big Dump Road
- Big Horn Road
- Bigga Place
- Bogan Place
- Bum Crack Track
- Dry Bogan Road
- Easy Street
- Funk Road
- Hiney Road
- Lois Lane
- Lusty Place
- Pee Parade
- The Bogan Way
- Back Passage
- Blunder Street
- Bum Bum Road

Australian Capital Territory
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
New South Wales
Queensland
Queensland
Queensland

- Fartoo Close
- Squeaky Close
- Thong Avenue
- Cold And Wet Road
- Woolly Butt Road
- Back Johnson Road
- Bangerang Road
- Easy Way
- Flicker Lane
- Lusty Lane
- Spanker Road
- Butt Place
- Cockram Street
- Floater Road
- Stoner Place
- Stoner Street
- Struggle Street
- Useless Loop Road

Queensland
Queensland
Queensland
South Australia
South Australia
Victoria
Victoria
Victoria
Victoria
Victoria
Western Australia
Western Australia
Western Australia
Western Australia
Western Australia
Western Australia
Western Australia
Western Australia
Western Australia

Methodology

Using the Overpass API, a comprehensive dataset of Australian street names was collected from OpenStreetMap. A Python-based filtering system then identified humorous street names by applying a curated list of 378 funny words through strict and loose matching techniques.

Advanced analysis, including sentiment detection and pun recognition, refined the dataset by eliminating false positives and capturing subtle humor.

Finally, for confirmed funny street names, full address details, including suburb, city, state, and postal code, were retrieved to verify their existence and provide geographic context. Street names that were deemed too suggestive or explicit were removed.

The Northern Territory and South Australia weren't included in the list as there wasn't enough data. Stand-up comedian David Rose then ranked each state and territory to determine the most humorous street names by location.

About David Rose

David Rose is a stand-up comic based in Melbourne with over 20 million views online.

He has appeared on the ABC, BBC, and SBS and has toured the USA and Asia.

He is currently on tour around Australia. <https://icecargo.com.au/>



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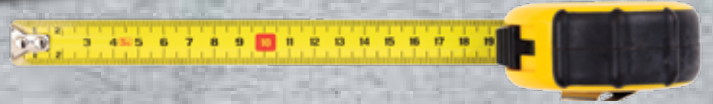


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John Traill Public Relations Officer - Volunteer Marine Rescue Bribie Island Mob: 0407 537 323 publicrelations@vmrbribie.com.
FOR EMERGENCIES OR OPERATIONAL ISSUES CALL VMR BASE ON 3408 7596

There will be **NO PUBLIC ACCESS** to the VMR base while building works are underway so **we will not be accepting out-of-date Flares or EPIRBs until May 2025**

Memberships payments will only be accepted by phone or online.

This **will not affect** our Rescue Coverage, and the

on vessels in Pumicestone Passage today ensuring they are prepared for the coming cyclone. Water Police are the only vessels allowed on the water of Moreton Bay and its creeks/tributaries feeding into the bay as the Port of Brisbane is closed.



Water Police check on vessels moored or anchored in the Pumicestone Passage.

ROUGH NIGHT ON BRIBIE

Waiting for the arrival on Bribie Island for the coming Tropical Cyclone Alfred last night 7th March 2025, which never really arrived! Strong winds and high tides were experienced but TC Alfred was downgraded to category 1 after crossing Moreton Island overnight and then further downgraded to a tropical storm before turning North in the middle of Moreton Bay and heading toward the Sunshine Coast!

We experienced strong winds and rain for the next 24 hours! The two vessels on the rocks just South of the Bridge took a further battering overnight and the Yacht at Air Forces Park is sitting higher on the sand. Another vessel is stranded on Godwin Beach with its keel well planted in the sand/mud.



Saturday 8th March 2025 10m Yacht stuck in mud at Godwin Beach.

ASSISTS SATURDAY NIGHT

Saturday 8th March around 6:13PM in dreadful conditions, Bribie 1 Skippered by Gary Voss and crewed by Mike Looney, Steve Parry, and Mark Young; and Bribie 2 Skippered by Liz Radajewski and crewed by James Dickson, Rob Taylor, and David Logie were activated for 2 assists. One, a catamaran breaking loose in front of IGA and the other an old trawler near Ningi Creek heading for the rocks.



With rain, wind, and poor visibility Bribie 1 was barely visible.



In dreadful conditions Bribie 2 heads for IGA to assist Bribie 1 with the Catamaran.

Commercial Coxswain Mike Looney commented: -

"Didn't get any pics of the rescue of a guy & 2 dogs off his trawler as I was helming.

We had 2 attempts to get to him, he had run aground and we had very little water to take B1 into, using boat hooks for depth checking as we inched in. Got them on 2nd try, with outgoing tide there would be no possibility of a 3rd try so we had to get it done.

Dropped them back to Spinnaker before putting B1 back at Pacific Harbour Marina.

The conditions overwhelmed B2, given that's an exposed boat Liz & crew did fantastic for what they could do, but ultimately, they needed to stand down and B1 finished the rescue - total team effort by 2 crews using B1 & B2.

Gary Voss indicated we were operational in gusts of up to 55kn, no wonder it was challenging for all."

Thanks for your commitment and dedication, also to Tom Buckley and Bob Brandis for manning the radio, and Peter

10-YR SERVICE BADGE

Tuesday 4th March 2025 - Radio Officer Peter McNamara dropped in to the Radio Room yesterday to present Senio Radio Operator Lyn Boucaut with her 10-Year Service Badge. Congratulations and thanks Lyn for your dedication and service!



Lyn Boucaut displays her 10-Year Service Badge.

5-YEAR SERVICE BADGE

VMR Bribie Radio Officer Peter McNamara dropped in to see Radio Operator Ian McKay and presented him with his 5-Year Service Badge. Your service is much appreciated Ian.



WATER POLICE ON PUMICESTONE PASSAGE

Friday 7th March 2025 - Water Police were performing checks

McNamara for grabbing the photos as B1 & B2 passed his residence, and Mike Looney for on boat photos, and Ces Luscombe for a video from shore.



Limited vision from the cabin.



Vision was even worse as the darker it got!



Above and Below: - Both Bribie 1 and Bribie 2 "round-up" the breakaway catamaran in front of IGA Bongaree.



CATAMARAN SALVAGE

Thursday morning 13th March 2025, a salvage crew was removing the red & white catamaran that was washed on to the rocks just South of the Bribie Bridge. It was towed to Turner's Camp.

All boats are cautioned that there will be floating debris in the Pumicestone Passage and Moreton Bay for some time yet, so be careful if you venture out there.



The salvage crew readying the red & white catamaran for the tow to Turner's Camp.



The catamaran at Turner's Camp. Photo courtesy of Mira Smrcek (Bribie Island Community Facebook post).

TRAWLER ASSIST

Old trawler dragged its anchor again and started drifting towards the bridge and needed assistance with a tow back to its mooring. Ian Grimes was at the helm of Bribie One.



RED SATURDAY ASSIST

A 5.8m Centre Console Vessel with engine issues was recovered from near Bulwer (Moreton Island) back to Bellara on Saturday 22nd March 2025.



10-YEAR SERVICE BADGE

VMR Bribie Radio Officer Peter McNamara made a surprise visit to the Radio Room to present Radio Operator Jeff Kidner with his 10-year Service Badge.

On behalf of all the Radio Team and VMR Family thank you for your great Service Jeff.



COMMODORE CES' SAFETY MESSAGE:



"Having the right safety

equipment on your boat and knowing how to use it is essential. This could save your life in an emergency. The safety equipment you're required to carry depends on the size of your boat, whether the boat needs to be registered and where you're operating, you must also keep safety equipment in date, in good repair and everyone on board must know where it is stored."

Minimum Safety Equipment in Pumicestone Passage: -

Firefighting equipment, signalling device, life jacket Anchor and cable, Drinking water, Oars or paddles for boats under 6m, Bailing/pumping equipment.

Minimum Safety Equipment in Moreton Bay: -

All the above plus Flares & V Sheet, Chart & Compass

Beyond Moreton Bay an EPIRB is also required.

For full details visit the MSQ Website:

<https://www.msq.qld.gov.au/Safety/Smooth-and-partially-smooth-water-limits/Swl-brisbane>

"Look after the equipment that will look after you!"

"PLEASE WEAR YOUR LIFE JACKETS!"

MARCH ASSISTS

SAT 15/03 1428PM - 5.3m Half Cabin 3POB non-member with motor issues required a tow to Spinnaker Sound Marina.

SUN 16/03 0936AM - 5m Tinny 5POB non-member with engine problems required a tow from Moreton Island to Bellara Boat Ramp.

SAT 22/03 1052AM - 4.2 m Side Console 3POB member with battery issues required a jump start at Glass Mountain Creek.

SAT 22/03 1210PM - 5.8 Centre Console 1POB member with motor issues required a tow from Bulwer to Bellara Ramp

MON 24/03 1536PM - non-member grounded vessel at Coochin Creek, required a tow to deeper water.

TUE 25/03 1950PM - Tasked by QAS to transport 2 Ambulance Officers to Tangalooma to medevac a patient to their ambulance at VMR Bribie.

YEAR TO DATE RADIO ROOM STATISTICS

3,926 CALLS
1,175 VESSELS LOG ON
74 VESSEL ASSISTS
380 SITREPS
409 REQUESTS
10 OVERDUE VESSELS
1 VESSEL TRACKING
317 RADIO CHECKS
1 WEATHER BROADCASTS
0 SECURITE BROADCASTS
0 PAN PAN CALLS
0 MAYDAY CALLS

56.3% VHF CALLS
0.1% 27MHz CALLS
28.9% PHONE CALLS
1.5% GWN CALLS

"BUT importantly - Always remember if you are heading out on the water LOG ON with your local VMR or Coast Guard, it's a free service for everyone, so why wouldn't you! It just may save your life!"



FISHING the

Two-Furcled Lagoon Passage is a long channel that runs between British Island and the mainland. This is a very good shallow waterway for collecting during the National Science Week, especially for the younger children. It is fairly shallow, with sand and mud at the bottom and some seaweeds growing on the rocks. There are some patches of eelgrass in the water and some small fish, including gobies and wrasses, but it is not a very good place for collecting.

Pharmaceutical Passage has great potential. There will be no other company as late. The results showed in our data on medical policy going into some of the studies. To successfully pass the Passage, you need to know how to make the strong initial investment in order to grow. There are many, but the major of these are what applies in the following research. Strongly simple and always seems interesting. You might also see that jumping or applying others in the data are useful. The data range is to keep a strong hold on all data (you might even get a better picture of some of the research results). However, it is not difficult.

Hallway can be arranged around the British Isles map, and giving meaning to the deeper, unknown, more knowledge. The hallway is a hall space although it is very beautiful. But on a full floor, the hall floor is the depth of knowledge when the hall is moving fast and when it is the center of the hallway as it flows, suggesting the meaning needed. The people are central to people, and the world is the place where and the living house. A large for many of the unknown, which that make the Passage a little more and more of the hallway. They are people and not a person, not the British island. The Channel, which is not connecting them or you will have some advice on the table.

Plants are often transported to their final locations from nurseries, botanical gardens, or other storage plants, and transportation programs are used to bring them to their final destinations. Plants are often transported in containers, and the containers are often made of plastic or wood. The containers are often made of plastic or wood, and the plants are often transported in containers. The containers are often made of plastic or wood, and the plants are often transported in containers.

[illegible]

Like most Paving systems, the Passage is made up of many of the same interlocking plastic pieces that are used for all other paving systems. During the winter months, the Passage Paving System is more and more being used for temporary road closures, traffic control and good drainage. Passage is made of the same material as most other off-road paving systems. You will gain up to 100% reduction in the number vehicles in the lane you are working on. It is durable and is designed to be used over and over again.

The real snapper heaven in the Passage is from June to October. A lot of really wonderful snapper live in the Passage all year round but in summer the bigger snapper move in and can make life much more interesting. One of the most popular snapper species is just outside the Pacific Marine reserve, which sits on the British side of the Passage. It's a mix of Tipinabe Island Marine. Situated at the mouth of Pacific Marine is the famous area called The Ripples. Early in the morning, especially when the top of the tide, it is common to see large numbers of small fish. Ripples. It is very easy to find them here and it makes for the most intense and sought-after appearance - lots for the area of "sun-ripples" is also known as, more, has been seen to have sun-ripples over it. This is a lot of fish in the rippled area and there's always a lot of fish in the rippled area.

Along with any other type of research, there is something to be said in the Mundurucú Passage. The closeness of the fish species, as well as the designs, designs and layout, creates and makes it easy to make a connection to the Passage in very natural surroundings.

Pumistone Passage



TIDE TIMES

Bribie Island
AND
Moreton Bay

Fri 19 Apr 2:45 am 1.0m 4:15 am 0.7m 5:51 pm 1.0m 7:21 pm 0.6m	Sat 20 Apr 3:00 am 1.0m 4:30 am 0.7m 6:06 pm 1.0m 7:36 pm 0.6m	Sund 21 Apr 3:15 am 1.0m 4:45 am 0.7m 6:21 pm 1.0m 7:51 pm 0.6m	Mon 22 Apr 3:30 am 1.0m 5:00 pm 0.7m 6:36 pm 1.0m	Tue 23 Apr 3:45 am 0.8m 5:15 am 0.5m 6:51 pm 1.0m 8:06 pm 0.6m	Wed 24 Apr 4:00 am 0.6m 5:30 am 0.3m 7:06 pm 1.0m 8:21 pm 0.6m	Thurs 25 Apr 4:15 am 0.4m 5:45 am 0.1m 7:21 pm 1.0m 8:36 pm 0.6m
Fri 26 Apr 4:30 am 0.6m 6:00 am 1.0m 7:36 pm 0.6m 9:06 pm 1.0m	Sat 27 Apr 4:45 am 0.8m 6:15 am 1.0m 7:51 pm 0.6m 9:21 pm 1.0m	Sun 28 Apr 5:00 am 1.0m 6:30 am 1.0m 8:06 pm 0.6m 9:36 pm 1.0m	Mon 29 Apr 5:15 am 1.0m 6:45 pm 0.8m 8:21 pm 0.6m 9:51 pm 1.0m	Tue 30 Apr 5:30 am 1.0m 7:00 pm 0.8m 8:36 pm 0.6m 10:06 pm 1.0m	Wed 1 May 5:45 am 1.0m 7:15 pm 0.8m 8:51 pm 0.6m 10:21 pm 1.0m	Thurs 2 May 6:00 am 1.0m 7:30 pm 0.8m 9:06 pm 0.6m 10:36 pm 1.0m



Fishability

Fishability QLD has been making waves since 2013, thanks to a fantastic partnership between Bribie Island Boat Charters and some truly passionate community groups. They all about creating enjoyable and inclusive fishing and outdoor experiences for individuals who may face challenges like isolation or disadvantage.

With a friendly team of qualified staff and dedicated volunteers, they head out into Bribie Island's Pumicestone Passage on 8-12-seater BBQ boats and explore the beautiful Pumicestone Passage and the incredible aquatic wonders it has to offer. Not only that they also offer community onshore fishing and other fishing events in varying accessible locations for participants, free of charge.

Fishability QLD's dream is to build a community where everyone, no matter their circumstances, can overcome feelings of loneliness and improve their well-being, with a mission focusing on making fishing a fun and reachable experience for those at risk of isolation, helping people create friendships and build lasting connections.

Fishability QLD values are inclusivity, kindness, and creativity, celebrating the joy of fishing and recognising the rich history of the Aboriginal and Torres Strait Islander peoples as the traditional custodians of this beautiful land.

Their aim is to give everyone a chance to enhance their fishing experiences and expand their social circles. Believing in continuously adapting their social inclusion programs to meet the changing needs of participants and actively advocate for better public policies that impact the communities they serve.

If you're thinking about donating or supporting Fishability QLD, know that you're making a wonderful difference in people's lives. Fishing can be such a therapeutic escape, helping to tackle cognitive challenges and various health issues while building connections and preventing isolation. By being part of our community, you can enjoy a greater sense of belonging and contribute to healthier and happier lives.



Fishability QLD offer four levels of sponsorship for businesses interested in not just promoting themselves but also in supporting this meaningful cause. They also welcome any contributions such as boat charters, transportation, or equipment donations from those eager to help make a positive impact. Join Fishability QLD in making a difference—together, we can create beautiful memories on the water!

A word from Emma

A big thank you to the Department of Fisheries QLD for their ongoing support in 2024.

We can only hope they continue to see the valuable impact sponsoring Fishability QLD has on the community and the people who often fall through the systemic cracks.

We delivered over 10 land-based events and over 20 boating events through the DAF funding 2024 to people who do not have access to enough government support. The NDIS is focused heavily on one-on-one support but has less access to meaningful group activities and community-building programs.

The stronger focus is on personalised and individualised support and that does not necessarily meet people's need for social interaction, and makes it hard to build personal relationships, particularly for people who are differently abled and may not be independently mobile. It's a fact that we are social creatures and, in this context, Fishability QLD fills a particularly important niche, ticking all the boxes, so to speak.

Fishability QLD's services are particularly valuable to marginalised inner-city residents who often live in small, cramped apartments and flats with no access to natural spaces, and limited ability to travel out of the city centre to enjoy the many beautiful destinations on Brisbane's fringe. Many of the people Fishability QLD works with would never get to visit the ocean if not for this program.

Without sponsorship and financial support, we can't deliver the continued opportunities for people in the community living with mental health, social isolation and loneliness and people who experience physical disabilities.

Robyn Tomkins from Bribie Island Boat Charters has been a board member and supporter of Fishability QLD since 2013.

We would like to say a very special thank you to Bribie Island Boat Charters for being our biggest supporter and our greatest strength.

Our dream is to build our own purpose-built community boat, so that we aren't so reliant on the altruism of kindness (often being delivered at a disadvantage to the givers). We are looking for support and sponsorship, to make this dream come true.

Please see our website for ways to help us.

<https://fishability.com.au/donate/>

Testimonial - The Boys from Bongaree!

My sons and I came to live on the Island in July 2023.

Both my sons have disabilities. My eldest has Downs Syndrome and Diabetes, my youngest has Cerebral Palsy and is Epileptic.

As a single Mum, I faced many battles and welcomed living in a small community while I battled the Government for NDIS approval. I phoned a few organisations on the Island and felt like I had been slapped in the face! Without NDIS, some of them couldn't get off the phone quickly enough.

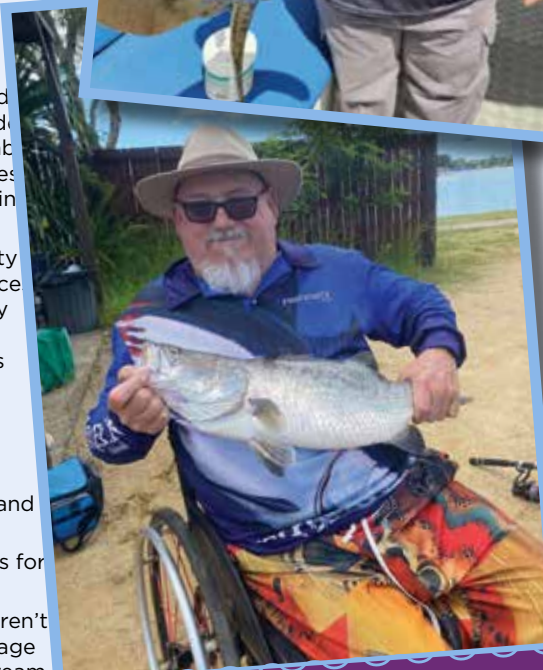
I was disheartened but had one more call to make...I couldn't take another rejection, so I thought I'd call another time. But my sons were being isolated, and I wasn't happy with that, but with no one was giving us an option without NDIS, it felt impossible. However, I took a deep breath, picked up my phone again, and called Fishability QLD.

I nearly cried with relief! Someone was willing to help my sons without NDIS; I could barely believe it. I remember agreeing to everything without hearing a word because I was that happy!

Fishability QLD took on my sons and started them on the road to both of them now living their best lives...

I couldn't afford much at the time. Fishability QLD stood by us in our time of need and supported us in obtaining NDIS funding. They worked with both of my sons for nearly 12 months without payment and assisted us through the application process.

I cannot thank Fishability QLD enough for giving us that chance.



Please see our website for ways to DONATE.
<https://fishability.com.au/donate/>



Letters to the editor



The comments and opinions on these pages are not those of The Bribie Islander, but those of our residents.

Letter to the Editor re United Nations
President Trump says he wants to make America great again??

In my memory the last time America was great was in 1945. The reason they were great? They were the only nation that had a nuclear weapon, the Atom Bomb. Which they demonstrated very clearly by dropping 1 each on the cities of Hiroshima and Nagasaki in Japan to decisively end the Second World War. The President then was Franklin D Roosevelt. Largely through his efforts the United Nations was formed.

In 1941 in the UK 9 governments in exile; Belgian, Czechoslovak, Greek, Luxembourg, Dutch, Norwegian, Polish, Yugoslav and Free French National joined the United Kingdom, Canada, Australia, New Zealand and South Africa in formulating a declaration which established principles to serve as the basis of a future peace. Issued in 1941 this was called the "Declaration of St James Palace".

This has been followed by extraordinary efforts by President Franklin D Roosevelt of the USA and Prime Minister Winston Churchill of UK to form a body that would ensure International peace and security. Later the Soviet premier Joseph Stalin joined in. Eventually, after many long and arduous negotiations in international forums, in 1945 the "United Nations Charter" was issued at the United Nations conference on International Organization convened in San Francisco April 25 1945. 50 countries attended. Unfortunately President Roosevelt died on April 12 that year. President Roosevelt served four terms as President which hasn't been equaled since. Roosevelt contracted polio in 1921 but with dauntless courage regained his ability to walk. During his terms as President he used his powers to ease the hardships the Great Depression had on the nation. He began the Social

Security program, instituted slightly higher taxes for the wealthy, greatly relieved unemployment and extended much needed assistance to people in dire stress of losing their homes and farms.

Perhaps President Trump has a similar image in his mind of himself. One would hope so!
Bruce Barnhill
22 March 2025

Letter to the editor,
Recently my husband had a serious fall on the walkway in front of Bribie Plaza. I would like to thank the many people who helped him and called an ambulance. Just kind folks doing their shopping, staff from the chemist and nearby doctors' surgery. Special thanks to the lovely lady who got me from the dentist surgery. Also, the ambulance officers Danni and Wade who attended and all the doctors and staff at Caboolture Emergency Dept. Thank you, I felt very comforted by this care and kind actions.
Eileen Robertson for my husband Peter.

Dear Editor,
I worked in Canberra for many years. One of the attractions of living in Canberra is its proximity to the Kosciuszko National Park. My family and I enjoyed camping in the park in summer and walking on the many trails throughout the park. One year I was surprised to see that the popular trail from the chair lifts to the summit was covered in places with a metal grill to protect the undergrowth and to encourage walkers to stay on the path. Initially it stood out starkly but in time the grass and bushes grew and the metal grill all but disappeared whilst still serving to protect the fragile, alpine undergrowth from the foot traffic.

To my horror I now find that a 200m wide, 8km long easement has been carved out of the National Park to accommodate an overhead transmission line. This

will connect the Snowy 2.0 pumped-hydro project to the Humelink high voltage line planned for southern NSW. 125ha of snow gums, ribbon gums, red gums and native shrubs have all been bulldozed leaving a permanent scar through a once pristine forest. Where is the outcry from the Greens? How could our federal and state environment ministers approve such a defacement of our most beloved national park? And, for what? The price that we are paying for this quest of 100% renewable energy is far too high. Our contribution to global carbon dioxide levels is negligible yet we are bankrupting our country and defacing our countryside. We once cared for our environment. Now, it appears, nothing can be allowed to stand in the way of the 'renewables at all costs' ideology.

Michael Cavenor



Dear Editor,
The Fable of the Sun and the Cloud

The Sun and the Cloud watched over a village. The Sun shone brightly, encouraging crops to grow and villagers to work with cheer.

The Cloud hovered above, grumbling. "What's the use of all this effort? Storms will come and ruin it."

"Perhaps," said the Sun, "but warmth and light help things thrive."

Sure enough, the crops flourished, and the villagers thrived. The Cloud drifted away, mumbling about the storms that never came. Moral: Growth favours those who nurture, not those who doubt.

CAN WE APPLY THE LEARNINGS OF THIS FABLE TO CURRENT INITIATIVES IN

AUSTRALIA?

- Who plans tax cuts for every taxpayer? Who opposes it?
- Who enabled pay rises for aged care workers and early childhood educators? Who opposed it?
- Who organised free TAFE? Who opposed it?
- Who organised cheaper medicines? Who opposed it?
- Who formulated student debt relief? Who opposed it?
- Who is rewiring the nation? Who opposes it?
- Who has an energy price relief plan? Who opposes it?
- Who is making multinationals pay their fair share? Who opposes it?
- Who is strengthening the social safety net? Who opposes it?

Could the Sun be Federal Labor and the Cloud the Federal Coalition?

Lyn Rushby

HAVE MALLET WILL TRAVEL

Kathy Vincent.

You have read about croquet games at the Bribie Island Croquet Club, but they are a very adventurous lot and often pick up their mallets and set off to play elsewhere.

In the past, they went to New Zealand and played in many croquet clubs there. Recently, a group of players went to a competition in Toowoomba and had a great time.

Some players recently travelled down to Eildon Club for a Gala Day, and some players went to play in the Windsor brooch on a hot and uncomfortable Friday.

(don't you just love the Bruce Highway on a Friday afternoon!) Members often play in Plate, Shield, and Pennant matches along the Sunshine Coast, and later this year, a group will be off to Hervey Bay. Members will be off to Tasmania for a singles and doubles competition at Easter. If the weather is the same as last time, we will probably come back with webbed feet!!

Most of those games were golf croquet, but recently, one member, Ian Carr, travelled to East Brisbane to play in an Association competition. Ian's Association ability had not bypassed CAQ. He was invited to compete in the Association Division 2 Medal held at East Brisbane Club on March 15 and 16. The final game was between Ian and Zach Kominar from Merthyr Club.

Both players had won all their block games prior to the final day. Although Ian did not win the final game against Zach, he did manage to achieve the win on net hoops.

So where is next for croquet players, Samoa? Watch this space.



Ian Carr holding the CAQ Association Croquet Division 2 trophy

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Putting the brakes on unfair private car park enforcement practices

- The Queensland Government has acted and is legislating to prevent unfair private car park enforcement practices.
- The current pause on access to information for private car park enforcement will continue until these amendments are implemented.
- This action is in response to significant community concern surrounding unreasonable fines for minor parking infringements and illegal use of personal information for private car park enforcement.

The Queensland Government has taken action to put a permanent stop to the release of personal information for private car park enforcement.

Access to vehicle registration related personal information was paused in response to significant community concern to enable the Department of Transport and Main Roads (TMR) to undertake a policy review and broad consultation on this matter.

After considering options as part of TMR's review and community feedback, the Queensland Government has taken firm action to amend legislation to permanently remove access to vehicle

registration information for private car park enforcement.

Quotes attributable to Department of Transport and Main Roads, Land Transport Safety Regulation GM, Joanna Robinson:

"TMR is one of the largest holders of personal information in Queensland and it is critical that the legislation which authorises the release of personal information is transparent, meets public expectations and provides appropriate safeguards regarding its use and disclosure.




"This amendment will ensure that any release or disclosure of customer information is in line with the primary purpose for which it is collected, including vehicle registration, the enforcement of vehicle laws and ensuring the safe use of vehicles on our roads.

"These changes show the Queensland Government's commitment to protecting the personal information of Queenslanders. Now more than ever the community expect Government to ensure that their personal information is only used for specific and legislated reasons.



"These amendments will close a loophole and bring Queensland into line with other states and territories on this matter".


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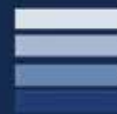
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The background of the page is a vibrant teal color. It is decorated with various Easter-themed items: several speckled and solid-colored eggs (yellow, pink, white with heart patterns), pink and yellow daisies, a white ceramic bunny figurine, and scattered colorful confetti. The title 'Easter is a time of celebration and tradition' is written in a large, stylized font. 'Easter is a time' is in pink with a white outline, 'of celebration' is in pink with a white outline, and 'and tradition' is in teal with a white outline.

Easter is a time of celebration and tradition

Easter is a time of celebration and tradition, and in Australia, the culinary landscape during this season is vibrant and diverse. As families and communities come together to celebrate, the foods that grace our tables during Easter reflect both Australian influences and a nod to cultural heritage.

One of the most iconic symbols of Easter in Australia is, of course, the chocolate egg.

The commercialisation of this tradition has led to a delightful assortment of chocolates, from the classic Cadbury eggs to artisanal creations from local chocolatiers. These sweet treats have become a staple of Easter egg hunts, with children eagerly searching their backyards and parks for hidden treasures. While chocolate eggs dominate the scene, there's also a growing trend towards using Easter as an opportunity to support local businesses that offer unique and high-quality confectionery.

Beyond sweets, the Easter feast often showcases seasonal produce, with many families opting for a hearty roast lamb or seafood platter for their main meals. Lamb, in particular, has deep-rooted significance, often associated with the Easter story and symbolising rebirth and renewal. It's

typically accompanied by fresh local vegetables, which are in abundance as the weather begins to cool. Roasted potatoes, sweet potatoes, and a variety of greens often make their way onto the table, celebrating the best of local harvests.

In addition to lamb, seafood has become increasingly popular, especially in coastal regions. Many enjoy prawns and fish, reflecting the country's rich maritime culture. Paired with lemon, herbs, and perhaps a refreshing salad, these dishes offer a lighter alternative to the traditional roast and highlight the diversity of Australian cuisine.

For dessert, pavlova is a perennial favourite. This meringue-based cake, often topped with fresh fruits like kiwi, passionfruit, and strawberries, embodies the spirit of Australian hospitality and is a refreshing end to any Easter meal. The debate over its origins—whether it was created in New Zealand or Australia—continues, but its presence on the Easter table is rarely contested.

In recent years, there's been a notable shift toward incorporating more diverse and multicultural influences into Easter celebrations. With Australia's rich tapestry of cultures, foods from different culinary traditions—such as Greek Easter breads or Italian Easter desserts—are becoming popular. This acceptance and integration of various cultural practices not only enrich our palates but also reflect the way Australians embrace their multicultural identity.

As awareness of sustainability grows, more families are seeking to make environmentally conscious choices for their Easter meals. This includes sourcing ingredients locally, minimising waste, and

exploring plant-based alternatives for those looking to enjoy an eco-friendlier Easter feast.

Easter in Australia is a unique blend of tradition and modernity, characterised by delightful treats and hearty meals that cater to a diverse population. As we gather around the table with family and friends, it's a time to celebrate not just the end of the egg hunt, but the rich culinary traditions that unite us as a nation, fostering a sense of community and belonging. Whether through chocolate, seafood, or pavlova, Easter foods in Australia continue to evolve while remaining deeply rooted in our shared culture.

EGGCELLENT SAVINGS

Proudly Independent Your local



RED TULIP CARNIVAL RABBIT 180GM



HALF PRICE

\$4⁵⁰ ea

SAVE \$4.50

\$3.33 per 100g

LINDT BUNNY 100GM



\$7⁵⁰ ea

SAVE \$2.50

\$7.50 per 100g

RED TULIP HUNTING EGGS 204g



\$6⁰⁰

SAVE \$4.00

\$3.43 per 100g

IGA HALF LEG HAMS



\$9⁵⁰ kg

SAVE \$2 kg



EASTER TRADING HOURS

BEACHMERE:

Good Friday CLOSED,
SAT 7am - 8pm,
EASTER SUNDAY 7am - 8pm,
MONDAY 7am - 8pm
ANZAC DAY 7am To 8pm

SANDSTONE POINT:

Good Friday 6am - 8pm,
SAT 6am - 8pm,
EASTER SUNDAY 6am - 8pm,
MONDAY 6am - 8pm
ANZAC DAY 6am - 8pm



COMM CO HOT CROSS BUNS 6PK



\$4⁰⁰ pk

84c per 100g

FRESH LOCAL CRABS

CHECK RANGE INSTORE



AUSTRALIAN OYSTERS



\$20⁰⁰ dz

FRESH SALMON FILLETS



\$49⁹⁰ kg

FRESH WHOLE PLATE SNAPPER

SELECTED VARIETIES



\$19⁹⁰ kg

MOOLOOLABA MEDIUM KING PRAWNS

WILD CAUGHT



\$24⁹⁰ kg

AUSTRALIAN GREEN BANANA PRAWNS

THAWED

FROM DELI



\$14⁹⁰ kg

ON SALE Wednesday 16th April to Sunday 20th APRIL 2025 ONLY. WHILE STOCKS LAST.

Retail quantities apply. We reserve the right to correct printing errors or omissions.

Beachmere IGA

Cnr James & Beachmere Rds
BEACHMERE
PHONE: 5496 2111
7am - 8pm 7 DAYS

**SCAN
HERE**



Sandstone Point IGA

204 Bestmann Rd East
SANDSTONE POINT
PHONE: 5497 6022
6am - 8pm 7 DAYS

MASSIVE MEAT SALE

Proudly Independent Your local



FRESH CHICKEN & VEG STIR FRY

FROM THE DELI



\$14⁹⁰ kg
SAVE \$5 kg

FRESH CHICKEN BREAST SCHNITZEL

FROM THE DELI



\$14⁹⁰ kg
SAVE \$5 kg

CHICKEN MIGNONS

FROM THE DELI



4 FOR
\$20⁰⁰
SAVE \$3.60

LAMB RISSOLES

FROM THE DELI



\$14⁹⁰ kg
SAVE \$2 kg

LAMB RUMP STEAK



\$20⁰⁰ kg
SAVE \$8 kg

LAMB LEG ROAST



\$12⁹⁰ kg
SAVE \$3 kg

PORK SHOULDER CHOPS (1.2kg min)



\$7⁹⁰ kg
SAVE \$4 kg

WHOLE PORK FILLET



\$12⁹⁰ kg
SAVE \$8 kg

EYE FILLET STEAK



\$35⁰⁰ kg
SAVE \$15 kg

CHICKEN DRUMSTICKS (1.2kg min)



\$3⁰⁰ kg
SAVE \$2.50 kg

WHOLE ECONOMY PORTERHOUSE



\$18⁹⁹ kg
SAVE \$8 kg

BONELESS PORK LEG ROAST



\$9⁰⁰ kg
SAVE \$3 kg

CHICKEN BREAST FILLETS (1.2kg min)



\$9⁹⁰ kg
SAVE from \$2 kg

IGA HALF LEG HAMS



\$9⁵⁰ kg
SAVE \$2 kg

PREMIUM RUMP STEAK (1.2kg min)



\$19⁹⁰ kg
SAVE \$8 kg

LAMB LOIN CHOPS



\$19⁹⁰ kg
SAVE \$8 kg

ON SALE Friday 4th April to Tuesday 8th April 2025 ONLY. WHILE STOCKS LAST

Retail quantities apply. We reserve the right to correct printing errors or omissions.

Beachmere IGA

Cnr James & Beachmere Rds
BEACHMERE
PHONE: 5496 2111
7am - 8pm 7 DAYS

**SCAN
HERE**



Sandstone Point IGA

204 Bestmann Rd East
SANDSTONE POINT
PHONE: 5497 6022
6am - 8pm 7 DAYS

Turn Over To Find Our Easter Specials And Trading Hours