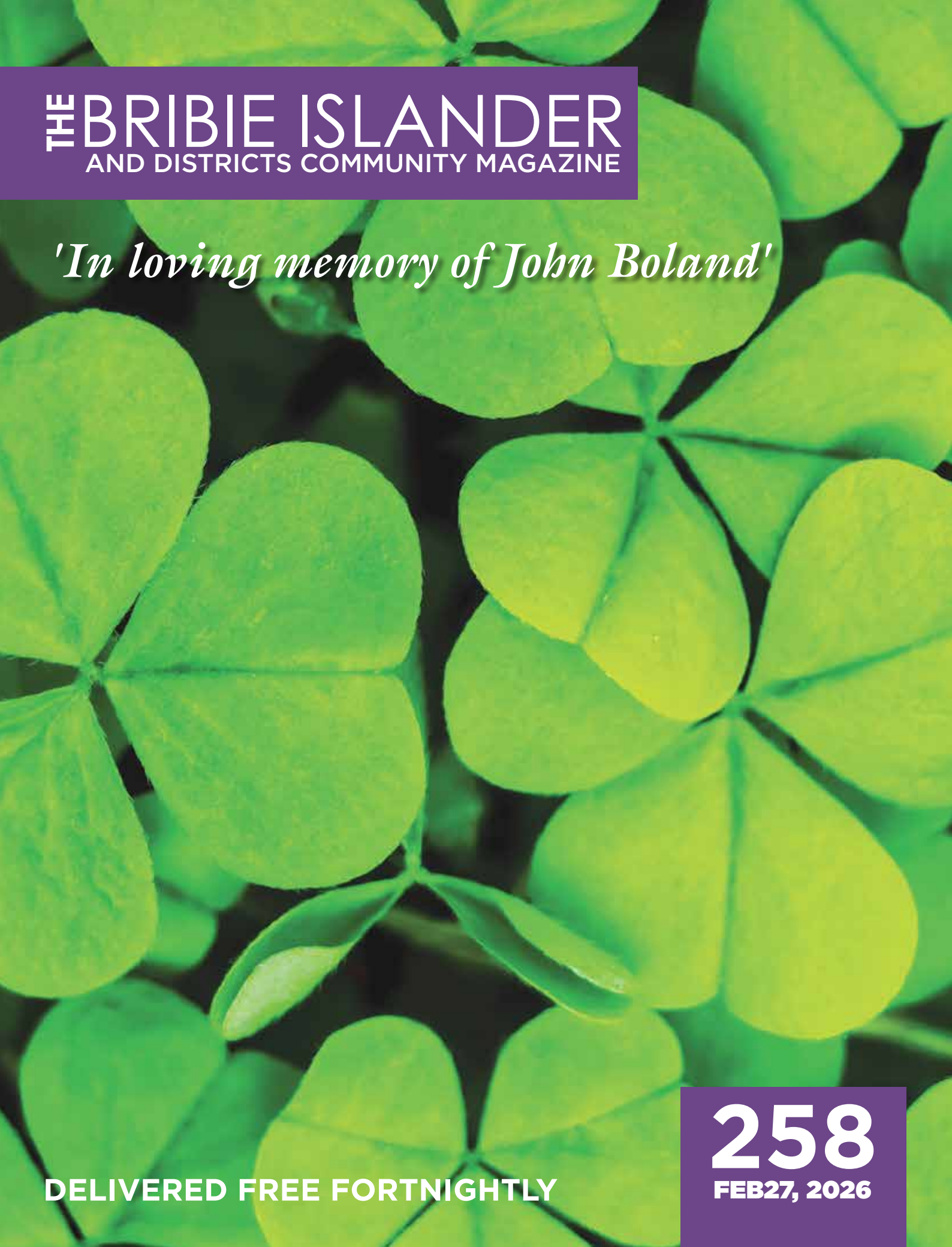
THE BRIBIE ISLANDER
AND DISTRICTS COMMUNITY MAGAZINE



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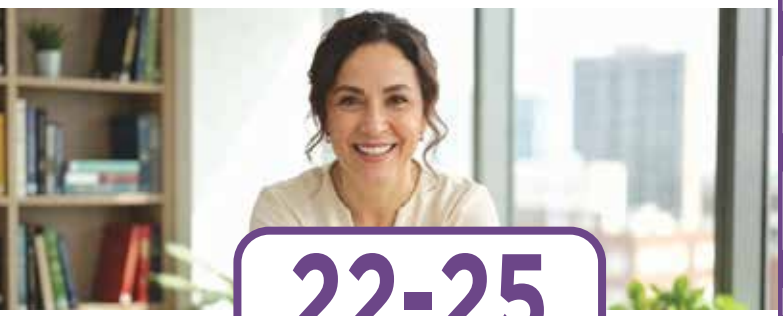

22-25

INTERNATIONAL WOMEN'S DAY

28-29

FAREWELL JOHN BOLAND

53

MELSA PARK STORM RECOVERY

SCAN ME

We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.

CONTENTS

Al Finegan	38/39
Bribie Health & Wellbeing	8-9
Bribie Lifestyle & Products	10-11
Beauty, Hair & Fashion	12-13
Crosswords	42
Dining Guide	30
Fishing Tide Times	68/69
Games Nights & Market Times	37
Kids Page	43
Letters	72/73
Meet Your Local Tradie	47-51
Pet Pages	44-45
Sports Pages	40-41
Trades & Services	74-79
VMR	70-71

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Welcome

Dear Readers,
Welcome to edition 258.

To mark International Women's Day, we're proud to support this year's Give to Gain Campaign. The campaign invites everyone to give their time, support, and appreciation to the women in their lives and communities. When we lift each other up, we all grow stronger. Every woman brings her own strengths, experiences, and perspectives that make our community better in so many ways. Even small acts of kindness and recognition can make a big difference, reminding every woman that she is valued and her story matters.

We also want to remember and pay tribute to John Boland, a dear friend and much-loved member of our community who has sadly passed away. John's kindness, generosity, and steady support for local causes touched many lives and left a lasting mark. Our heartfelt condolences go out to his family and friends during this difficult time. Melsa Train Park is up and running again, and preparations are underway for the first Run Day of the season. After a period of maintenance, volunteers have worked hard to relay the 4-metre sections of track, clear debris, and service the locomotives and carriages. Thanks to their dedication, all safety checks and repairs are being finished, so the park will soon be ready to welcome back families and train fans for another season of fun and community spirit. We hope to see everyone at the park when it reopens for its first event on Sunday, 15th March.

Thank you for being part of our vibrant community. As we celebrate, remember, and look forward to coming together, let's continue to support each other and make a positive difference. Supporting our local businesses is a great start.

Until next time,
Take care, Stay Safe,

Cherrie

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We encourage respectful and constructive dialogue, and contributions that violate community guidelines or promote hate speech, discrimination, or illegal activities will not be accepted. Thank you for your understanding and support in maintaining a positive and inclusive community publication.

DOES GUM REALLY STAY IN YOU FOR SEVEN YEARS?

Many of us have heard the warning: "Don't swallow your gum, or it will stay in your stomach for seven years."

This phrase has been repeated by parents, teachers, and friends for decades, sparking worry and curiosity among children and adults alike.

But is there any truth to this old saying, or is it just another urban legend? Let's take a closer look at what really happens when you swallow gum and how your body deals with it.

Myth: Swallowed gum stays in your body for seven years. Reality: Gum passes through your system like most other things you eat. While gum is not digested in the same way as other foods, it still moves through your digestive system fairly quickly and leaves your body. When you swallow gum, your digestive tract recognizes it as a foreign substance and works to move it along, just like it does with fibre or other materials your body can't break down.

Swallowing gum occasionally is not likely to hurt you, but making a habit of it could cause digestive problems, particularly in children who might swallow large amounts or small objects along with the gum. In extremely rare cases, swallowed gum can contribute to blockages in the digestive tract, but this is highly unusual and usually involves additional factors. You've probably heard someone say

you shouldn't swallow gum because it will stay in your body for seven years. But if that were true, imagine the problems it could cause.

Our digestive system is designed to break down and remove what we eat in hours or days, not years. In fact, if gum really did stay in your body for years, doctors would see many more cases of gum-related health issues.

The website Snopes.com has debunked the idea that gum stays in your body for years, and medical experts, including those at the Mayo Clinic and American Academy of Paediatrics, agree that the myth is just that—a myth.

This happens because your digestive system works very efficiently. When you eat, food travels down your oesophagus into your stomach. There, powerful enzymes and stomach acids start breaking it down.

Enzymes act like tiny scissors, cutting food into smaller pieces your body can use. Most foods are broken down into nutrients that are absorbed by your body, while anything indigestible is moved along to be eliminated as waste.

After leaving the stomach, food moves into the small intestine. With help from your liver and pancreas, it is broken down even more. The useful parts, such as carbohydrates, proteins, fats, vitamins, and minerals, are absorbed through the walls of your intestine and delivered to your bloodstream to give your body energy and keep you healthy.

Anything left over, including substances your body can't digest, goes to the colon to become waste and is eventually eliminated during a bowel movement.

Chewing gum is made up of several ingredients, usually four main parts. Our bodies can easily break down three of them: flavours, sweeteners, and softeners.

These components are digested and absorbed just like other food additives. The gum base, which is what makes gum chewy, is made of synthetic materials—such as elastomers, resins, and waxes—designed to resist digestion.

However, just because your body cannot break it down doesn't mean it will stay in your system. Instead, your digestive system moves the gum base through your intestines and out of your body, treating it like any other indigestible material (such as corn kernels or seeds).

People have been chewing gum for about 7,000 years—archaeologists have even discovered ancient pieces of birch bark tar with tooth marks, showing that our ancestors enjoyed chewing substances long before modern gum was invented. Modern gum as we know it began in the 1860s, when Mexican general Antonio Lopez de Santa Anna introduced chicle (a natural latex from the sapodilla tree) to American inventor Thomas Adams, who developed it into a chewable product.

As for the myth about gum staying in your stomach for seven years, no one really knows where it began. Some believe it may have started as a way for adults to discourage children from swallowing gum or out of concern for choking hazards.

Others think the myth persists because of the rare but dramatic medical cases that occasionally make headlines. In reality, almost everyone who swallows gum passes it without incident, and medical professionals agree that it is not something to worry about unless it becomes a frequent habit or is accompanied by swallowing other non-food objects.

While the idea that swallowed gum stays in your body for seven years is a memorable myth, it simply isn't true. Your digestive system is well-equipped to handle gum and move it out of your body just like it does with other indigestible foods.

Swallowing gum on occasion is not harmful for most people, but it's still a good idea to spit it out when you're done chewing—especially for young children. Understanding how your body works helps dispel myths and keeps us better informed about our health.

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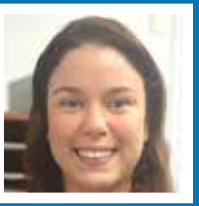
Goodwin Drive
Family Medical Centre

Goodwin Drive Medical welcomes the addition of two new General Practitioners to the Practice

Dr Mohamed Mohd
Dr Mohamed Mohd (Dr Mak) completed his medical training overseas before relocating to Australia in 2011. Since this time, he has worked in a number of positions within hospital and GP clinical settings throughout Victoria and Queensland. With experience in both metro and regional locations.

He joins Goodwin Drive Family Medical Centre with a passion for family medicine, paediatrics and chronic disease management.



Dr Debora Carnut de Moraes
Dr Debora Carnut de Moraes (Dr Debora) is a Brazilian GP who graduated from the Souza Marques School of Medicine, in Brazil. She has worked in family medicine in Brazil before moving to Australia in 2019 and has joined Goodwin Drive Medical team of doctors recently.

She enjoys all aspects of general practice, with special interests in Mental Health, Chronic Diseases, Skin and Preventive Medicine. She speaks English and Portuguese.

Bribie MediPlus
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BRIBIE MEDIPLUS
General Practice and Vaccines

Bribie MediPlus welcomes the addition of our new female General Practitioner Dr Farah Aziz working alongside Dr. Peter Jones

Dr Farah Aziz
Dr Farah Aziz is a GP with a strong background in hospital medicine and a passion for providing comprehensive, patient-focused care. She completed her medical degree overseas and moved to Australia in 2017. She has worked in several hospitals across Queensland gaining valuable experience in emergency care, internal medicine, geriatric medicine, general surgery, paediatrics and women's health.

She enjoys supporting patients with preventive health, chronic disease management and everyday medical concerns. She values building long-term, trusted relationships with her patients and empowering them to take an active role in their health.

Dr Peter Jones

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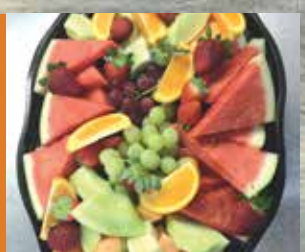

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BUSY FINGERS

We have had a busy month, which is always the case after our Christmas closure, as soon as furniture comes in, it goes out pretty quickly. If you have any used, in good condition furniture please call for a pickup.

Over the past month, we have received calls from residents upset with our drivers for not accepting items they wish to donate.

Our drivers have advised that the items were unsaleable as they were in poor condition, please be aware that we have some pretty fussy shoppers coming to the shop and they quickly notice any dirt or stains on items.

Our drivers have the final say in what they feel is resaleable and they have the full confidence of our manager.

SALES

We continue to have $1 clothing sales on selected days each week, and often other sales as per Facebook and the blackboard outside the front door.

This month we have introduced a new belt stand, these belts come in great colours and lengths and are only $8 each, we have another shipment arriving soon, please check them out in the Man Cave.

DONATIONS

We continue to support Global Care with their Foodbank account. Due to the generosity of our donators and customers we were able to also support the following associations.

BI Nashos require assistance for a bus for an outing to the Sunshine Coast and the Bribie Social Seniors would like to have a bus trip to Caloundra.

New group Blue Water Trio need assistance in purchase musical equipment.
Office Equipment is required by the 6 Mangrove Productions group and VMR now MRQ need assistance in obtaining signage and a flag.

BI RSL Sub-Branch is making another trip to Canberra with the school children for the Anzac Day march in Canberra

VOLUNTEERS

After over 20 years as a volunteer our dear friend Wendy Ozegovic has retired to Beerwah to spend more time with her family.

We thank Wendy for her continued support of Busy Fingers over her many years of volunteering.

If you have recently retired from work or find yourself with a little extra time, Busy Fingers Op Shop warmly invites you to join our volunteer family and help us support our local community in a meaningful and enjoyable way.

Volunteering with Busy Fingers is a wonderful opportunity to just stay active, meet new people and share your skills and life experience in a friendly relaxed environment.

Whether you enjoy chatting with customers, sorting donations or working as part of a supportive team, there's a role to suit you.

If you'd like to get involved or simply find out more, please contact Jackie our manager on 34081014. We would love to hear from you.

REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all non-for-profit associations and sporting clubs, we also assist the Police, SES, VMR and the BI Hospice.

Our President Pauline is quite happy to come along to your club and present our aims and goals and how your club can apply for assistance.

Please call 3410 1920 or email busyfingers1@bigpond.com if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance please contact us for our 2026 Grant Guidelines Sheet on how to apply, include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to busyfingers1@bigpond.com.

Please be aware we only support Bribie Island associations and groups, not individuals.

I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra

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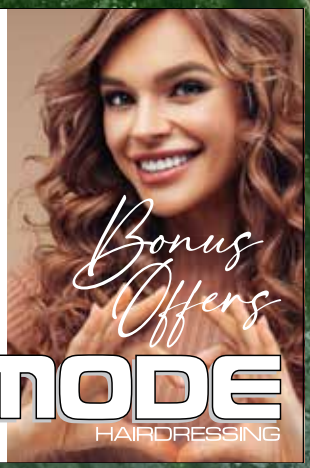

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Moreton Bay Residents on the move

Moreton Bay residents on the move with new community transport Residents in Bribie Island, Caboolture and Pine Rivers as well as surrounding suburbs experiencing disadvantage will be able to access improved transport services from today.

St John Queensland has stepped in to fill the critical transport gap for residents aged under 65 who are having trouble accessing the community.

This program is funded through the Queensland Government's Community Transport Program (CTP), which supports not-for-profit organisations to deliver affordable transport services for people who have difficulty accessing public or private transport due to disability, chronic illness, financial hardship or other barriers.

The service will operate across suburbs with a combined population well in excess of 100,000 residents, based on 2021 Census data that revealed the scale of unmet transport needs in the region.

St John Queensland General Manager Community Services, Opal Halliday, said transport access remained one of the most significant yet under-recognised drivers of health and wellbeing.

"This expansion responds to growing demand across the rapidly expanding Moreton Bay region, where many residents living with disability, chronic illness or financial hardship face significant barriers accessing healthcare, essential services and community activities," she said.

"Reliable transport can be the difference between someone attending a medical appointment, maintaining their independence or becoming socially isolated.

"We hope this expansion will make a tremendous difference to people's lives, giving them greater accessibility and more independence."

Ms Halliday said many in this cohort were ineligible for traditional seniors' transport options, with the lack of transport options impacting their health and independence.

Ariana Doolan MP, State Member for Pumicestone, said: "The Crisafulli Government is proud to support St John in delivering reliable, low-cost community transport for under-65 locals on Bribie Island and surrounding suburbs, improving access to medical appointments, essential services and community connection.

About St John Queensland

St John Queensland is a leading provider of first aid, health and community services across the state. With a history spanning more than 140 years, St John Queensland delivers ambulance services, first aid training, event health services and community programs that support health, safety and wellbeing in communities throughout Queensland.

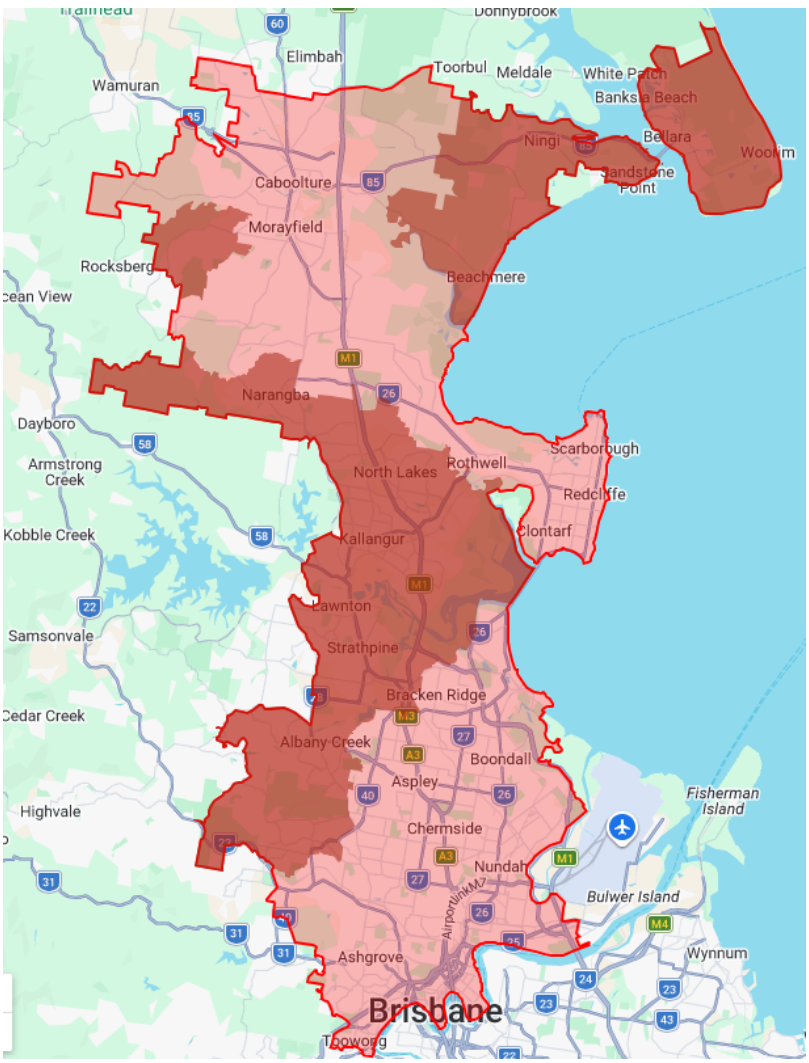
Through its Community Services programs, St John Queensland works with individuals and families experiencing disadvantage to improve access to essential services, promote independence and strengthen community connection.

St John Queensland – Community Services

Brisbane North CTP/U65 Direct Transport Service Territory

- New areas shown in Dark Red.

- All shaded areas open for new clients under 65



Correct at February 2026 for CTP Clients. Contact 1300 785 646 for more information.

World Day of Prayer 2026

World Day of Prayer is a worldwide movement where people unite in prayer and fellowship, seeking comfort, justice and renewed strength together. Each year, communities across the globe gather in solidarity, sharing stories of faith and witnessing how God works in our lives — offering strength and hope even in our most difficult times.

In 2026, a gathering of sixteen ladies representing eight churches across Bribie Island and the surrounding area have been meeting in preparation for this special service. The host church this year is Bribie Island Uniting Church, with Neena Thompson and Nerida Millar leading the local coordination.

Our guest speaker will be Nigerian-born Pastor Abi Bolarinwa of the Redeemed Christian Church of God in Caboolture. This year's theme, "I will give you rest. Come.", reflects the invitation of Christ to find peace in Him — and to become living extensions of that rest and relief to others we encounter.

In 2026, World Day of Prayer is honouring the women of Nigeria. Together, we will seek to worship, share each other's burdens and find renewed strength in our common unity. Through prayer and fellowship, we not only find our own rest in Him but become channels of that divine rest for others.

Looking ahead, World Day of Prayer as a global movement will celebrate 100 years in 2027 — a remarkable milestone of faithful witness across generations and nations.

Event Details for 2026

Where:
Bribie Island Uniting Church, Webster Street

When:
Friday 6th March at 2:00pm

Contact:
Neena Thompson – 0417 721 598

Nerida Millar – 0427 958 146

All are welcome.

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By Heenam Kim

Bribie Simply Healthy

Two shops before 'Back in Motion Physio.' There is a public phone box outside the shop.

Tel. 0414 934 972

Shop 2, 41 Benabrow Av, Bellara.

Gumbi Gumbi Aboriginal Native Bush Medicine

Gumbi Gumbi is an Australian native plant that has long been used in traditional bush medicine and is continuously gaining attention among individuals seeking immune and wellbeing support during challenging times.

gumbi Gold, as a liquid extract, the bioactive compounds in Gumbi Gumbi are easily absorbed by the body, supporting efficient utilisation

Gumbi Gumbi contains saponins, antioxidants, tannins, and flavonoids, compounds known for their role in supporting the body's natural defence and inflammatory responses. Together, these constituents contribute to its reputation as a supportive tonic for overall wellbeing.

Gumbi Gumbi is commonly used to support immune health and assist the body during periods of fatigue or physical stress. Its antioxidant and anti-inflammatory properties have also made it popular among individuals seeking support for skin health and joint comfort, particularly where inflammation is believed to play a role.

Traditionally, Gumbi Gumbi has also been used to support ***respiratory wellbeing.*** While modern research is still emerging, interest continues to grow around its potential role in supporting lung health and managing inflammatory processes within the body.

This liquid Gumbi Gumbi extracts are bio-fermented, a process designed to enhance absorption and digestion. Fermentation may also contribute beneficial probiotic activity, supporting gut health and overall nutrient uptake.

Traditionally Gumbi Gumbi is valued in Australian bush medicine. Many customers have incorporated Gumbi Gumbi into their daily routine for general vitality and to support their body's natural sense of balance, while gently supporting everyday vitality, digestive balance, and immune resilience as part of modern wellness routines. ***Please come and visit Bribie Simply Healthy, and ask Kim for further information.***

2/41 Bebnabrow Av, Bellara.

Ph. 3410 0521.

Auto immune disease such as IBS and Crohn

In my experience, people living with ongoing digestive challenges, including conditions such as IBS or Crohn's disease, often experience heightened levels of anxiety and emotional stress. Many individuals carry unresolved stress, trauma, or emotional burdens that quietly influence their nervous system.

Clinical Hypnotherapy, combined with psychotherapy principles, offers an effective and supportive way to improve emotional wellbeing. This approach helps individuals become aware of unhelpful thought patterns, regulate anxiety, and respond to life with greater clarity and confidence.

Our thoughts shape how we experience the world. Consider the difference between thinking, "Life is so unfair," and "I can handle this." Psychotherapy helps us recognise which thoughts deserve our attention and which ones are best questioned or released. Hypnosis supports this process by guiding the mind into a calm, focused state where these patterns can be safely explored and restructured, promoting emotional resilience and inner balance.

As Michael Yapko explains in Essentials of Hypnosis, hypnosis is a practical mind-body tool that supports clarity, confidence, and adaptive change. Likewise, Gabor Maté, in The Myth of Normal, highlights that many people were never taught how to process stress in healthy ways.

If you would like to explore how Clinical Hypnotherapy may support your emotional and physical wellbeing, please drop by at Bribie Simply Healthy and speak with Kim.

2/41 Benabrow Av, Bellara.

Ph 3410 0521

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Follow Us

There are many more interesting articles to read.

Bribie Simply Healthy, Shop 2, 41 Benabrow Av, Bellara, QLD 4507 *Call 0414 934 972*

The Healing Power of Being Heard

In a world that moves quickly and speaks loudly, the simple human need to be truly heard is often overlooked. Yet being heard is not a luxury; it is a vital part of our emotional, mental, and spiritual well-being. From a holistic perspective, being heard is deeply healing because it affirms our existence, our experiences, and our inner truth.

To be heard is more than having someone listen to our words. It is about being met with presence, compassion, and openness, without judgment or interruption.

When we are genuinely heard, our nervous system softens. The body feels safer. The heart opens. This sense of safety allows emotions that have been held tightly, sometimes for years, to surface and be released gently.

Many people carry wounds not because of what happened to them, but because no one truly listened when it mattered most. When our feelings are dismissed, minimised, or rushed, we may learn to silence ourselves. Over time, this can lead to anxiety, disconnection, low self-worth, or even physical symptoms.

The body remembers what the voice was not allowed to express.

From a spiritual viewpoint, being heard is closely connected to honouring our soul's voice. Each of us carries an inner wisdom that longs to be acknowledged. When we speak our truth, and it is received with care, we reconnect with our authenticity. We remember who we are beneath the layers of conditioning, expectation, and survival.

In holistic counselling, the act of deep listening is itself a form of medicine. There is no need to fix, advise, or rescue. Often, the most profound healing occurs simply through being witnessed. When someone feels fully seen and heard, clarity naturally arises. Answers emerge from within. The person begins to trust themselves again.

Being heard also strengthens our relationships. It fosters empathy, mutual respect, and emotional intimacy. When we listen deeply to others, we offer them the same gift we long to receive. This creates a ripple effect of understanding and compassion, not only in personal connections but in the wider community.

Ultimately, being heard reminds us that we matter. Our stories matter. Our feelings matter. In honouring the voice of another, and our own, we create space for healing, wholeness, and connection. In a world hungry for understanding, listening may be one of the most powerful acts of love we can offer.

If you would like to experience what it feels like to be deeply heard and supported, I welcome you to get in touch. Healing often begins with a single conversation.

If you feel called to connect, you can reach me on **0405 361 882**.

Always with love,
Maria Christina x Holistic Counsellor, Life and Wellness Guide

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The Cultural Significance of Dreams

Dreams have always been important to people all over the world. In the past and even today, many cultures believe that dreams are special messages that can tell us things about ourselves, our future, or even about the world around us. Some people think dreams are ways to talk to gods or spirits, while others use dreams to find advice or warnings.

For example, some people might dream about something that later happens in real life and see this as a sign. Others may dream about a loved one who has passed away and feel comforted, believing they have received a message from the spirit world. Overall, dreams often help people make sense of their feelings, worries, and hopes. Let's look at how different cultures think about dreams and what they mean.

Ancient Egypt

In ancient Egypt, people thought dreams were messages from the gods. They believed that dreams could give them advice about their health, their friendships, and even what might happen after they died. Some Egyptians were experts at understanding dreams, and people would go to them for help to figure out what their dreams meant. Egyptians would sometimes sleep in special temples, hoping to receive an important dream. These dreams were written down on papyrus and studied carefully. Dream interpreters had books with different dream symbols and their meanings, so they could help people understand if their dreams were good or bad signs.

Native American Dream Traditions

For many Native Americans, dreams are very important because they believe dreams let them talk to spirits. They think dreams can help guide them, warn them about danger, or show them what they are meant to do in life. Some tribes even have special ceremonies and stories about dreams. For example, a person who has a powerful dream might share it with their community, and elders may help interpret its meaning. Dreamcatchers, which are traditional Native American decorations, are meant to catch bad dreams so only good dreams reach the person sleeping. People often hang dreamcatchers above beds, especially for children, to protect them from nightmares.

Eastern Philosophies

In places where people follow Buddhism and Hinduism, dreams are seen as a way to learn about our minds and how everything is connected. Dreams are sometimes viewed as lessons or reflections of our daily thoughts and actions. In Tibetan Buddhism, there is something called dream yoga, where people practice being aware even when they are dreaming. The goal is to learn more about themselves and become wiser. With dream yoga, people try to realize they are dreaming while still in the dream, which they believe can help them gain control over their minds and understand deeper truths about life. This practice is also thought to help people feel calmer and more peaceful in their daily lives.

Exploring Your Dreams: Tools and Techniques

Now that you have gained a deeper understanding of the world of dreams, it's time to embark on your personal journey of dream exploration. Here are some tools and techniques to help you unlock the secrets of your dreams:

Dream Journaling

Keeping a dream journal is a powerful practice that can enhance your dream recall and provide valuable insights into the patterns and themes present in your dreams. Keep a journal by your bedside and write down any details, symbols, emotions, or experiences from your dreams as soon as you wake up. Over time, you may start to notice recurring symbols or themes that can guide your interpretation.

Reality Checks

Reality checks are simple techniques that can help you determine whether you are dreaming or awake. By regularly performing reality checks throughout the day, you can train your mind to question its reality, increasing the likelihood of becoming lucid within your dreams. Common reality checks include trying to push your finger through your palm, or looking at a clock or text, then looking away and back to see if it has changed.

Meditation and Mindfulness

Practicing meditation and mindfulness can enhance your overall self-awareness, making it easier to recognize and remember your dreams. By cultivating a present moment focus and observing your thoughts and emotions without judgment, you can develop a heightened sense of awareness that extends into your dream state. Meditation before sleep can also promote relaxation and a peaceful mind, setting the stage for more vivid and meaningful dreams.

Seek Guidance and Support

If you find yourself struggling to understand the meanings behind your dreams or need assistance in navigating the emotions they evoke, consider seeking guidance from a professional dream analyst or therapist specialising in dream work. They can provide expert insights, facilitate interpretation, and help you uncover the hidden messages within your dreams.

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Australian Government

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Pinkaboutit – Dragons at Lake Barrington Regatta Tasmania

What a marvellous weekend of racing, riotous fun and recovery!!!

We competed in the “Nipples on Ripples” Dragon Boating regatta at Lake Barrington, Tasmania. The friendships renewed, the spirit in connections, the support and rhythm in continued camaraderie, all embody the exuberance engaged in by all clubs.

I consider it is best viewed by positive and vibrant thoughts from our newest 1st time regatta paddler, Nicole.

“Five full days of touring, paddling, laughter, tears and new friendships. We ate at the loveliest pubs, had brunch at Christmas Hills Raspberry Farm, checked out the Axeman’s Hall of Fame, stood on the Bluff at Devonport, and spent lots of time exploring artsy Sheffield.”

SATURDAY: With great enthusiasm for our early morning start, we piled into the bus. Arrived at Lake Barrington on a beautiful day, with a hint of a zephyr, a sting from the sun's rays, no serious clouds and unpacked our regatta gear.

On the water we raced in the 250m Women’s and Open heats and then the Open 10’s final and we made the podium! The "Flowers on the Water" Raft Up was incredibly confronting and emotional.

So, humbling to witness the breast cancer survivors present, honour those they’ve lost and hold dear.

The ceremony exemplifies what Bribie Pink Dragons cherish, in their remembrance, the support and comfort for club members.

That night we had trophies, dinner and danced the 1920's away in costume. We would have absolutely rocked the Roaring Twenties.

It was fun to re-engage with Melbourne team, the "Dambusters". We all enjoyed performing for our skit, "Putting on the Hits", a pun on "Putting on the Ritz" choreographed by Jan and Julie, great show!

Among the boys was Älice Cooper, rather than Gary Cooper.

Surprisingly, Paddy, a new paddler, took to acting like a pro as he sashayed down between us and back again!!!

SUNDAY: - We paddled 5km to the Falls, (weather turned, a good soaking! But still epic), then a cosy BBQ at Alex and Aydan’s.

MONDAY: - Up early on the last day for the weekenders, on to Cradle Mountain. The Dove Lake Walk and that iconic Boat Shed are everything people say they are.

I’ve never had so much fun. I laughed, I cried, and I came home, exhausted, sore, and completely in love with dragon boat paddling but inspired by the strength and joy of my fellow paddlers.

These women do life with gusto.

You, too, can be a member of our team, all genders, for breast cancer survivors and their supporters, promoting fun, friendship, and fitness while supporting breast cancer awareness.

Contact:- President 0499 990 352

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International Women's Day (March 8) is a global day celebrating the social, economic, cultural, and political achievements of women.

The day also marks a call to action for Together, let's help forge gender equality through abundant giving.

The IWD 2026 **Give To Gain** Campaign encourages a mindset of generosity and collaboration.

Give To Gain emphasizes the power of reciprocity and support. When people, organizations, and communities give generously, opportunities and support for women increase. Giving is not a subtraction, it's intentional multiplication. When women thrive, we all rise.

Whether through donations, knowledge, resources, infrastructure, visibility, advocacy, education, training, mentoring, or time, contributing to women's advancement helps create a more supportive and interconnected world.

As individuals, giving support means calling out stereotypes, challenging discrimination, questioning bias, celebrating women's success, and more.

Sharing our knowledge and encouragement with others is also key. Significant barriers to gender equality persist, yet with dedicated resources and support, positive progress can be made. Let's actively 'Support the Supporters' and elevate the visibility of their impact.

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BROOKE SAVIGE
Everyday I am inspired by the strong, determined and caring women of Division One. They take on many roles in our community and they demonstrate that no barriers can stop you when you are passionate about what you do and care about those around you.
Thank you to all the women of Division One for your tireless efforts to make our area all that it is.
Happy International Women's Day.

HEALTH HUB DOCTORS WOORIM
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BOOK NOW

From large worldwide nonprofits to local grassroots groups, how can you support IWD Giving? Are you in? Will you help **Give To Gain**? Strike the **Give To Gain** pose to show solidarity. With cupped hands out front, universally we signify the act of giving and receiving.

Throughout history, the open palm has been associated with truth, honesty, and openness.Or strike the IWD giving pose in a heartfelt way with one hand on your heart, the other hand stretched out in the giving gesture.

Encourage others to give within their own spheres of influence by sharing your Give To Gain image and statement across social media throughout the year using the #GiveToGain hashtag.

Whether an individual, organisation or community group, here are some great ideas for supporting the IWD 2026 **Give To Gain** campaign all year long.

At work, at home, and in the community, there are many ways to overtly advance women.

- **Give respect**
- **Give donations**
- **Give visibility**
- **Give knowledge**
- **Give funding**
- **Give justice**
- **Give resources**
- **Give a voice**
- **Give protection**
- **Give truth**
- **Give equal pay**
- **Give celebration**
- **Give sponsorship**
- **Give mentoring**
- **Give credit**
- **Give budget**
- **Give introductions**
- **Give workshops**
- **Give opportunities**
- **Give safety**
- **Give training**
- **Give stretch assignments**
- **Give momentum**
- **Give role models**
- **Give growth**
- **Give access**
- **Give time**

Together, we can fight the good fight.

Collectively, let's all Give To Gain gender equality.

Join in solidarity and make IWD your day by doing what you can to support and advance women and girls.

Clebrating International Womens Day with Bribie's Best Kept Style Secret: Beauty & Boutique

There is something uniquely special about the Bribie lifestyle—the salt air, community spirit, and our relaxed island vibes. QLD Laser & Cosmetic Clinic, together with Attractions Fashion Boutique, provide a touch of city-standard luxury without having to cross the bridge.

Whether you are looking for that perfect statement piece for a wedding, resort wear for a lunch at the Sandstone Point Hotel, or you simply want to refresh your wardrobe with curated, quality labels, Attractions has become the go-to destination for the island's most stylish residents.

Queensland Laser & Cosmetic Clinic serves as the island's premier destination for medical-grade skin treatments and advanced clinical care, providing the expert foundation for your total style transformation. What we have created here is a true one-stop shop for women on the island, helping locals and visitors feel truly great from top to toe—from glowing skin to effortless island wear.

Where Style Meets Skincare

Our founder, Verity, leads the team with a deep passion for fashion and beauty, bringing dermatologist-grade equipment and medical-grade skincare products like Cosmedix, Pelactiv, and Aspect Dr (including their celebrated non-chemical sunscreens) directly to Bribie.

While our clinic specializes in treating sun damage, pigmentation, rosacea, and skin tightening, our boutique side brings you a stunning collection of fashion and accessories. We feature top brands such as Italian La Strada Silk, Monaco, Wakee Denim, and Miracle, along with everything you need to complete your look—from stylish shoes and handbags to elegant jewellery and hats.

The Ultimate Glow: Introducing Acquapure II

It's no secret that the Queensland sun can take a toll on our skin. That's why the clinic is so excited to highlight the Acquapure II, the "gold standard" in non-invasive skin rejuvenation. This system combines four powerful technologies to deeply cleanse, hydrate, and tighten, leaving you with a complexion that looks rested and radiant in under an hour.

International Women's Day Special:

To celebrate our recent fashion parade and the incredible women of Bribie, we are offering an exclusive Acquapure II introductory special. Book your session this month to experience the "red carpet glow" for yourself!

Q&A: A Moment with the Team at QLD Laser / Attractions

Q: What is the philosophy behind having a cosmetic beauty clinic together with fashion?

A: We wanted to create a local sanctuary where high-end style meets total skin rejuvenation. By combining these two worlds, we offer a holistic approach to confidence.

Q: What is the style of Attractions fashion?
A: We believe Bribie style should be "effortlessly elevated." We curate pieces that feel comfortable in our coastal heat—like our La Strada Silks—but look sophisticated enough for a special event.

Q: People are buzzing about the Acquapure II. Is it suitable for everyone?

A: Absolutely. Whether you're dealing with sun damage, congestion from the humidity, or you just want a bit of a lift, it's completely customizable with zero downtime.

Q: Tell us the vibe of "Sip & Shop." Why should locals come along?

A: We wanted to create a space where shopping feels like a social catch-up rather than a chore. Every second Friday, we pop the corks, put on some music, and offer a flash discount on our fashion range.

Fridays Just Got More Fabulous: Sip & Shop

Looking to kick off your weekend with a little extra sparkle? You're invited to join us for bubbles while you shop our collection at Attractions.

Every second Friday, Attractions Fashion Boutique transforms into a social hub. While you enjoy a complimentary glass of chilled bubbles, you'll gain access to an exclusive flash discount on fashion throughout the store. It's more than just shopping; it's about community, style, and treating yourself to the luxury you deserve.

Visit Us Today Stop by Attractions Fashion Boutique to browse our latest collections or book your Acquapure II consultation. Support local, stay stylish, and we'll see you at the next Sip & Shop!

Location: Bribie Harbour shopping Village Shop 14, 25 Sunderland Drive Bribie Island

Sip & Shop: Every second Friday – Check our socials for the next date!

Bribe Pink Dragons/ Pinkaboutit

Welcome all who support the fight against breast cancer.

Come and Try. It's worth it.

3408 0051
or
Leonie
on
0418 782 334

bribiepinkdragons@gmail.com

New Year, New You – Join VIEW and Embrace the Spirit of Giving in 2026

This year, VIEW Clubs of Australia are embracing the theme "Give to Gain". For VIEW, giving is at the heart of everything we do: giving time, friendship, and support to help children and families in need thrive.

But when we give, we also gain connection and a sense of purpose. This is particularly the case with VIEW, where we create new friendships while taking part in a shared interest, fundraising to support the education of Australian children.

Connecting socially with others in community helps us to stay engaged and improves our wellbeing.

Bribie Island VIEW Club is inviting new members to join this movement of giving and connection. VIEW, which stands for Voice, Interests and Education of Women, is a network of more than 260 clubs and over 13,000 women throughout Australia.

For more than 65 years, VIEW has supported The Smith Family, enabling disadvantaged children to access education and create better futures.

Club President Julie Bacon said: **"2026 is all about giving to gain – and VIEW members live this every day.**

Through volunteering, fundraising, and friendship, we create opportunities not just for children in need, but for ourselves and our communities."

Social events are back on the calendar, including our annual **International Women's Day Breakfast with guest speaker author T. M. Clark at Pacific Harbour Golf & Country Club on Friday 6th March $35.**

For more information or to book this event contact Stella on **0419 796 476**.

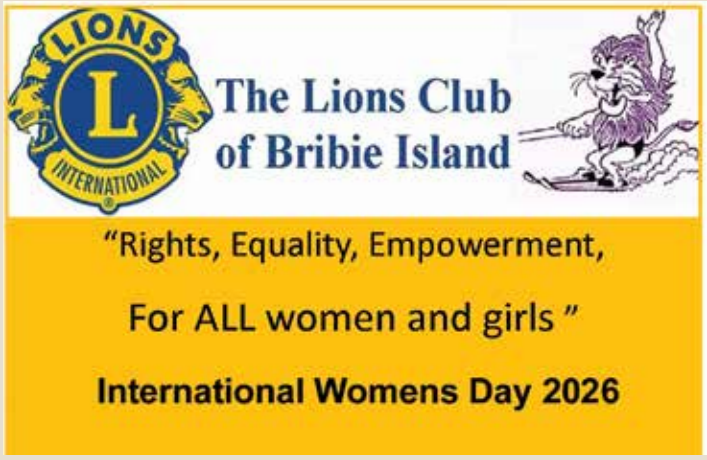
Our program provides financial, educational and personal support to students experiencing disadvantage – a mission that matters more than ever in today's economic climate. Every activity helps raise funds for The Smith Family's ***Learning for Life*** program.

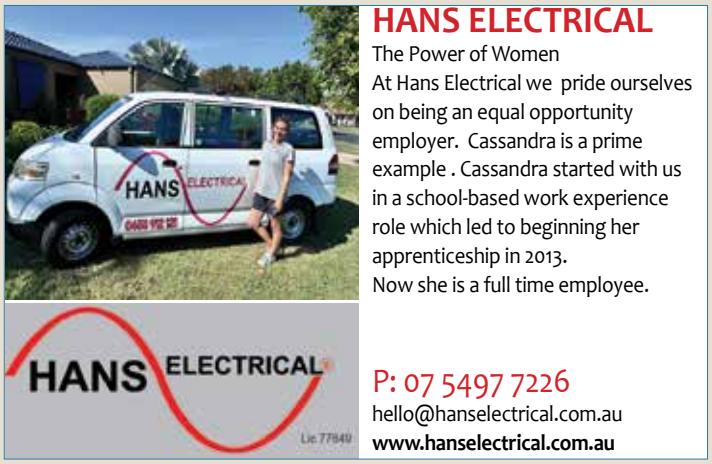
Right now, The Smith Family is seeking Sponsors and Donors for its Back to School Appeal – if you are able to sponsor or donate please go to: **www.thesmithfamily.com.au**

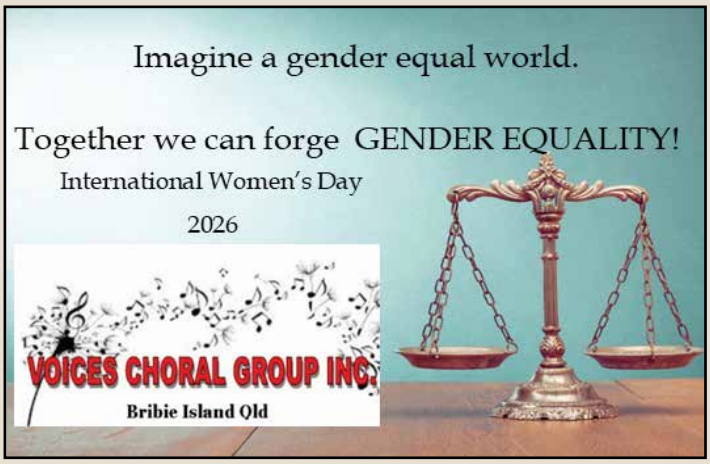
VIEW nationally supports the education of over 1,825 students, and Bribie Island VIEW Club currently supports six students. "Parents shouldn't have to choose between putting dinner on the table or buying a school uniform. ***That's why we're committed to helping children succeed," President Julie said.***

Anyone interested in becoming a member or attending one of our activities can call Jennifer on 0402 663 867 or visit **www.view.org.au** for further information.

Bribie Island's next monthly Lunch meeting will take place Wednesday 25th February at Bribie Island Golf Club 11 for 11.30am, cost is $5 levy and the meal is Pay as you Go & if interested in attending contact Jennifer.







Your Pace Is Powerful:

Why Your Goals Matter

When was the last time you truly invested in your mind?

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In a world obsessed with speed and visibility, slow growth doesn't always look impressive.
But it is powerful.

Because it takes less than five minutes on your phone to feel like you're falling behind.

Someone just bought the house. Someone launched the offer.

Someone announced the engagement. The baby. The promotion. The $100K month.
And suddenly your ordinary Tuesday feels like failure. Not because anything is actually wrong.

But because you're measuring your real life against a

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For a meeting at our Bribie Island office call us on 1800 065 151

or visit www.riseqld.com.au

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Bribie Island | Caboolture | Caloundra | Chermside | Mt Gravatt

We Have a new office at

83 Welsby Pde Bongaree

curated highlight reel that was never designed for you.

"Behind" only exists when you're running someone else's race. Behind assumes there's one correct timeline. One acceptable pace.

One version of success everyone is meant to want. But different values create different timelines. Different desires create different results.

Different priorities create entirely different lives. Comparison culture trains us to measure ourselves using metrics that don't even align with what we truly want.

We chase milestones without asking the most important question:

Do I even want the life I'm comparing myself to? Or am I just afraid of choosing differently?

Choosing your own pace requires confidence. It requires clarity. And clarity comes from depth — not distraction.

Reading and education are powerful tools. Education enriches the mind and creates a world of perspective, possibility, critical thinking and independence.

It strengthens your confidence because you're building knowledge no one can take from you. It expands your capacity beyond trends and timelines.

When you read, you're not behind. You're growing. When you take a course, you're not late. You're preparing. When you invest in learning, you're building foundations others can't see yet.

That kind of growth doesn't always show up in an announcement post. But it shows up in wisdom. In discipline. In resilience. In the way you make decisions.

If you need a reset, start here:

Write your real goals down — not the ones that sound impressive, but the ones that feel aligned.

Put them somewhere visible. Create a vision board filled with what genuinely makes you happy — not what performs well online.

Choose a mantra that anchors you:

My pace is powerful. I trust my timing
Invest in your mind. Protect your focus. Build quietly if you need to.

You matter. Your goals matter. Your timeline matters.

Comparison is the theft of joy because it steals your focus from the life you're actually living. Keep being you. Keep showing up for yourself. Keep choosing depth over noise.

You are not behind. You are building.

Yours in Health and Wellness,
Tracey Blinco

Volunteer:

Human Rights Advocate /Law
NDIS Psychosocial Recovery Coach
Writer for the Bribie Magazine
Member BIEPA
Bribie Region Disability Group
NDIS Support Coordinator
Support Professional
Health Coach

We Come to You Just $50 *

GREY TECH GURUS

Grey Tech Gurus is a new support organisation providing a wide range of low cost technology assistance to Seniors.

Our Mission is to eliminate the technical divide impacting older Australians through affordable technology support.

- Smart TV Setup
- Scam Checks
- Webcams
- PC Installs
- Virus Removal
- Duress Alarms
- Email Issues
- WiFi Setup
- Phone Setups
- PC Tune-ups
- We can come to you. (* Limited Area—See website for coverage)

GTG

0491 775 853

Powered by Volunteers

www.greytechgurus.com.au

Supporting Community

Bribie Respite and Support Services Incorporated has been servicing Bribie Island and surround since 1987. As a not for profit organization all monies generated are reinvested into our Bribie based business. Our well trained support workers offer high quality care and support to ensure our clients are able to live their lives in the best possible way with support an dignity.

We are Commonwealth Home Support Program (CHSP) funded, offering a wide range of support services to assist individuals within our community

Aged Care & Dementia Care Services

- Group Social Support
- Home or Community General Respite
- Individual Social Support
- Transport to and from our services
- Diversional Recreational Activities
- Personal Care
- Meals

Bribie Respite & Support Services

For more information contact:
07 3408 2112
www.bribierespite.com.au
96-108 Arcadia Ave, Woorim Bribie Island Qld

I ♥ ndis

From the Bribie Islander

John wasn't just a friend to the staff at the Bribie Islander—he was truly a part of our extended family. It is with heavy hearts that we share this tribute, remembering all the moments, big and small, we shared with him.

John's quick wit and infectious sense of humour never failed to lift our spirits, even on the toughest days. Many of us remember a well-timed joke from John or a supportive word when things got overwhelming.

His laughter would echo through the office, turning ordinary days into special memories.

John's commitment to our community went far beyond duty—he gave his time and heart to every cause that mattered.

Whether he was with his much-loved Celtic Minstrels, organising charity events, or simply stopping to chat John made everyone feel important.

We often saw him going out of his way to help someone in need, and his acts of kindness are stories we'll keep sharing for years to come.

His devotion to his beloved wife, Maria, was something we all admired. Their partnership was a source of inspiration, and their home became a gathering place for friends, neighbours, and anyone who needed a place to feel welcome.

The warmth and generosity they showed will always be a part of our community's fabric.

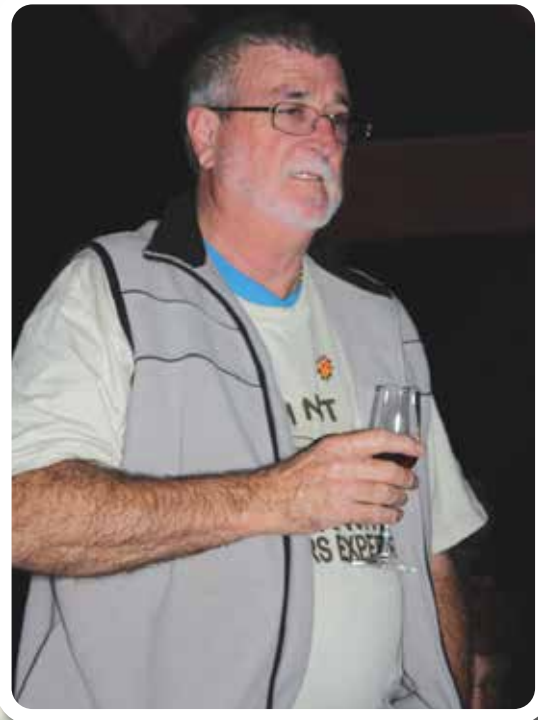
john's vibrant personality brought genuine joy to those around him and left a lasting mark on our lives.

He had a true gift for making others feel seen and valued, always pausing to listen and offer heartfelt encouragement. From helping us through personal challenges to celebrating our successes, John was there for each of us in his own special way.

His many accomplishments could fill the pages of this magazine, but it's the little moments of kindness that we'll remember most.

Our heartfelt condolences go out to Maria and to everyone who loved John. His legacy of kindness, humour, and unwavering community spirit will continue to inspire us every day.

We will miss him deeply, but we'll carry his memory forward in the stories, the jokes he shared —just as he would have expected us to.



Farewell John Boland (13/4/1950- 26/1/2026)

It is with great sorrow that the Celtic Minstrels announce the passing of one of their band members, John Boland.

John was the founding member of this band when he negotiated a public appearance at the Abbey Medieval Festival 2019. Being a Medieval festival what else could we call ourselves but Minstrels, and playing mostly Irish and Scottish traditional music, we became the Celtic Minstrels.

John was the bodhran (pronounced bowron, borron, but never boddran) player, plus a singer who gave us "Cockles and Mussels" and "Working Man" amongst others. His wife, Maria Boland OAM, is one of our fiddle players but is also the lead violinist in the Bribie Orchestra.

Sarah Harris is our guitarist, vocalist and whistle player, and she and Ted have introduced Line Dancing songs into our dance repertoire. Ted Burton, with the Irish brogue, plays mandolin, banjo and Ubass and can sing in Irish.

Mike Watts holds the group together with both English concertina and mandolin. Beth Sowter plays fiddle and is the energizer bunny Bush Dance caller. The Celtic Minstrels play for and teach the Bush Dancing for Fun class at Bribie U3A.

Lindsay Normin from Wamuran is another of our vocalists and plays button accordion and harmonica. Kelly Bridgewater, also from Wamuran, is our tin whistle specialist and Celtic flute player. Laura Campbell from Narangba joins us regularly to play mighty fiddle on the stage and dance floor.

After John introduced the band to the Nashos (National Servicemen's Association) the band became a favourite with the Nashos and plays regularly for their social gatherings.

This is the band that John Boland called his musical family, and he delighted in the gigs we did, many of which he had organized, including one at the Cooyar Pub where half of Bribie Island turned up in camper vans and caravans. John organized the gigs we did every few months at the Brennan Park Markets, plus St.Patrick's Day at both Solana Resort and Gemlife Resort, and St. Andrew's Day at Solana.

John met Miss Marie from the Bribie Island Dancers and invited them to dance to the Minstrels' music at Solana resort. This was a most enjoyable relationship as the Minstrels love to play for any dancing. John also arranged for our club shirts for gigs to be embroidered with our name.

His health slowly failed him but he continued to attend the bush dancing, the Nasho's gigs and all our band practices until shortly before his passing. The Celtic Minstrels will continue to provide good Celtic music and dancing and will honour the legacy that John Boland has left behind him.

There will be a Family Bush Dance on Sunday March 15th, 2-5pm at the Bribie Recreational Hall (U3A).

Thank you, John.

Bribie Celtic Minstrels

St Patrick's Day Bush Dance Celebration

With The Celtic Minstrels

Sunday, 15th March 2—5pm

Bribie Recreational Hall (U3A

First Ave, Bongaree

Adults $10 Children under 16 free with paying adult

Bush Dances will be taught plus common Line Dances

Local Dining Guide

STEAKOUT PIZZERIA

Steakout Pizzeria

For delicious pizza, pasta, contorni salads and more, all crafted with love, come and enjoy our waterfront pizzeria. With live music every Sunday and the beautiful Pumicestone Passage right beside you, we offer you a taste you'll love. For deliveries or bookings, please visit us at **www.steakoutpizzeria.au**

9/11 Spinnaker Drive, Sandstone Point - 07 5360 1094
LUNCH Thu to Sun 11:30 - 2:30
DINNER Tue to Sun 4:30 - 8:30

SCOOPYS

Scoopy's FAMILY CAFE

Located by the jetty on beautiful Bribie Island, Scoopy's Family Cafe is all about the family vibes, great food and coffee, fantastic service and all the ice cream you can eat!

Enjoy our friendly hospitality with barista-made coffee, amazing burgers, and a tempting array of ice cream choices to impress the pickiest connoisseurs.

Our massive range of cakes and famous fish and chips make it well worth the hour's drive north of Brisbane.

Shop 2/2 Toorbul Street, Bongaree 07 3410 1791

THE DECK RESTAURANT

the deck

With its spacious, relaxed ambiance, The Deck Restaurant offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch, and dinner on Friday and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach

07 3410 4024

Scan The QR Code To Book Now!

Sunsets On Bribie

Experience our **new menu**, with classics you'll love and the new favourites you'll crave.

We've also added mouth-watering **Gourmet Pizzas**, which are a must-try.

OPEN 7 DAYS
LUNCH: 12PM - 2PM - DINNER: 5PM - 8PM

Call our restaurant on **07 3408 1018** to book

Bribie Island Bowls Club 11-23 Welsby Parade, Bongaree

LET'S GO TRAVEL

We had our meeting on 15th February, and I contacted as many as I could to let them know to arrive earlier, as the RSL was hosting a Big Draw and our table booking had been cancelled.

But all worked out well, with 12ish ladies arriving early and having a great catch-up before the big draw. Parking was an issue for some, who couldn't find a spot to get into the club.

We have more travellers leaving soon on their chosen trips. Maryanne is off to Japan very soon; I'm off to New Zealand; another is off to Lord Howe Island; and Chris is off to Japan in October, with others looking at where they will go in 2026.

A couple of new Ladies in today's group are very keen to travel and have written their wishes on our list of places they want to go.

Don't forget: Expressions of Interest are still open for England, Ireland, and Scotland, for a 23 Day trip in August/September 2027, with Cosmos. I will contact our Travel Consultant in April to get the ball rolling on booking this tour.

For those interested, please get in touch with me, and I can add you to the list, or you will be updated when I have spoken to Jo Meredith in April.

I will be away for our March Meeting, but Maryanne will be Hosting @ the RSL 3 pm 15th March.

See you all for the April Meeting.

Cheers Roslyn
0401 078 187

WIN A TINNY!

MAJOR DRAW SUNDAY 8TH MARCH

Get ready to hit the water in your very own Quintrex 310 Dart complete with 4-stroke Suzuki outboard motor, inshore safety kit, trailer and registration. To enter, swipe your member card in the Kiosks daily. Earn extra entries with every $5 spend at the BARS, BOTTLE SHOP, and BISTRO, or $10 turnover on the GAMING MACHINES with your member card. Then join us for the big draw on Sunday 8th March from 3pm.

Plus 4 x $100 cash prizes to be won on draw day! One (1) cash prize will be drawn every 30 minutes from 3pm – 4.30pm.

BRIBIE ISLAND BOWLS CLUB

TERMS AND CONDITIONS APPLY. MUST BE PRESENT TO WIN. GAMBLE RESPONSIBLY.

THE TIME DETECTIVE

Echoes of Eternity: Ancient Egypt and the Art of Remembrance

Written by Michael Strong ~ Senior curator

Ancient Egyptians were deeply concerned with ensuring continuity of life in the afterlife. “May You Be Given Life, Stability, Prosperity and Health Forever and Ever” is a well-known Egyptian blessing.

The journey following death in this mortal life consisted of several dangerous stages, including travel to the Underworld (in a boat if you were a pharaoh), a judgment for the life just lived (with a crocodile-headed demon waiting to devour the wrongdoer), and then the translation of your soul (ka) to a land of fertility and plenty, known as Sekhet-Aaru (the “Field of Reeds”), to live eternally.

Most tomb burials included many shabtis – small mummiform figures that would awaken to act as servants for their masters in the afterlife.

It is well known that the massive pyramids were built (not by aliens) to house the bodies of dead rulers and preserve them for eternity.

The body was carefully prepared for mummification, with the major organs removed and stored in canopic jars guarded by the four sons of the god Horus, and then wrapped in bandages.

The mummy was then placed into a coffin and laid in a tomb.

Ancient Egyptian tombs were stocked with wonderful objects for the use of the owner in the afterlife.

Egypt faced many challenges in safeguarding these burial monuments.

There is a surviving papyrus text from a trial of tomb-robbers that took place in Thebes during the New Kingdom’s 20th Dynasty, which provides a window into how difficult and perilous such acts were, revealing the considerable risks faced by those who attempted to disturb the tombs of the wealthy, in this world and, according to belief, the next. If caught, they suffered horrific deaths.

Today, such funerary material forms part of many museum collections around the world, where it is respectfully cared for, studied, conserved, and shared for educational purposes.

Our wonderful cartonnage mask, with its gilded face, dates from the Late Period of dynastic Egypt (c. 664–332 BCE), a time when funerary art increasingly reflected more individualised features and evolving burial traditions.

Created to honour and protect the deceased for eternity, it continues that journey today; while it is in our care, we treat it with great respect and work to ensure its preservation for generations to come.

You can imagine my dismay when, in the last few days, an individual broke into Abbey Museum at night, damaged the display cases, and took several funerary objects and a figurine of the cat goddess Bast.

Fortunately, due to outstanding work by the Queensland Police, the artefacts, although slightly damaged, were recovered within 48 hours.

By that time, there had been global coverage, and the museum is communicating with the Egyptian Consulate to ensure that the artefacts are well cared for.

It will be an extensive process to undertake conservation assessments and restoration, so anyone wanting to help can make a donation to the Abbey Museum through our website or by scanning the QR code.

ABBEY MUSEUM
OF ART AND ARCHAEOLOGY

www.abbeymuseum.com.au

It will be an expensive process to undertake conservation assessments and restoration, so anyone wanting to help, can make a donation to the Abbey Museum through our website or scanning the QR Code.

Abbey Museum of Art and Archaeology

The Abbey Museum of Art and Archaeology is calling on the strength and goodwill of the community following a burglary on 13 February 2026 in which several significant Egyptian artefacts were stolen, and display cases were damaged. While the loss is deeply felt, the Museum remains committed to transparency, resilience, and the shared cultural value these objects represent.

Founded by Rev. John S. M. Ward in 1934 as Britain's first social history museum and revived in Australia in 1986, the Abbey Museum exists to preserve and share humanity's past.

For nearly four decades in Caboolture, it has welcomed thousands of visitors annually and delivered education programs reaching over 10,000 students each year through immersive excursions and incursions, including its much-loved mummification workshops that bring ancient history into classrooms.

The stolen artefacts included a rare painted wooden Egyptian cat figure from the 26th Dynasty, a 19th Dynasty faience and glass necklace more than 3,300 years old, a life-size Late Period cartonnage mummy mask verified by the British Museum, and an exceptionally fragile pectoral collar decorated with the falcon-God Horus imagery. These works represented irreplaceable examples of ancient funerary culture and required highly controlled conservation environments.

Two additional objects were damaged during the break-in, including a ushabti figurine and a New Kingdom ring, the latter likely beyond repair. While the objects themselves cannot be replaced, the Museum's mission endures: to protect knowledge, foster curiosity, and share history with the public.

The exhibition space sustained visible damage, including shattered cases, but the gallery can and will be repaired. The Museum sees this moment not only as a challenge, but as an opportunity to rebuild stronger improving conservation standards, renewing interpretation, and reaffirming its role as a place of learning and connection.

The Abbey Museum has always been sustained by community support, volunteers, educators, and visitors who believe in preserving the past for future generations.

In coming together now, the community helps ensure that the Museum continues to inspire, educate, and serve as a shared cultural home. The loss of objects is painful, but the spirit of the Museum, and the people who stand behind it, remains unbroken.

The Museum acknowledges the public interest and outpouring of support. Community contributions, large or small, will directly assist in the continued delivery of our education and cultural programs.

Those wishing to show their support can make a tax-deductible donation via our official fundraising page: https://www.mycause.com.au/charity/38488/TheAbbeyMuseumofArtArchaeology or consider supporting us through your patronage by visiting our **Museum, Art Gallery, and Café Monday–Saturday, 10am to 4pm.**

OPENING HOURS
Museum, Art Gallery, and Café Monday–Saturday, 10am to 4pm.

Bribie Arts Centre

DARING TO BE DIFFERENT

MATTHEW FLINDERS GALLERY

MARCH 3 - 15 2026

Five like-minded local artists have discovered their mutual tendency to see life in technicolour, find beauty in everyday moments and add a little humour along the way!

They have joined together to present an exhibition titled **"Daring To Be Different - Welcome to Our World of Colour".**

Terri Vidler, Judy Frost, Karsten Thomsen, Helen Macdonald and Suzie Dennis can't wait to show you their colourful, playful and fun collection.

Remember; these artists see everyday life through coloured glasses. There'll be beach scenes with a difference, sea creatures with personality, seagulls with hats, Queenslander houses that may wink at you, cheerful magpies, cartoon kids and lots lots more!

Come along - bring your smiles - have some fun!

You could find the perfect piece for your place.

Bribie Island Community Arts Society Inc.

EXHIBITION

MATTHEW FLINDERS GALLERY

'Daring to be DIFFERENT...
Welcome to our World of Colour'

When: 3rd March - 15th March
Where: Bribie Island Community Arts Centre, 191 Sunderland Drive, Banksia Beach

Meet Our Artists...
Helen Macdonald
Judy Frost
Terri Vidler
Karsten Thomsen
Suzie Dennis

Join us for light refreshments...
7th March, 11.00am - 1.00pm
All welcome

Meet the artists in the Gallery and join them for light refreshments Saturday March 7, 11am – 1pm.

Bribie Island Community Arts Centre, 191 Sunderland Drive Banksia Beach, QLD 4507

WHEN DEMOCRACY FADES INTO DARKNESS

I have been inspired to write about my thoughts on power, silence, and history in relation to the stunning sculpture, created by Cheryl Mortimer, the Mix It Up Tutor at U3A, Bribie Island, as shown in the photograph. Cheryl's work, entitled Rich, Powerful Old Men in Suits 3, was on display at the recent Masters and Apprentices exhibition in January at the Bribie Arts Centre.

Walking into the room, it was the first thing I saw, and I felt totally gobsmacked by the impact it had on me.

Moving closer to the sculpture, I realised how accurately it spoke to me about the fears that have developed over the past year, together with my concerns as a defence force veteran, when history begins not exactly to repeat itself, but because the human behaviours that enable great harm, such as fear, greed, indifference, and the concentration of power, are alarmingly familiar.

These concerns were so cleverly woven into Cheryl's artistic sculpture that it clarified in my mind that I was not the only person feeling this way.

In the years leading up to Auschwitz, persecution did not begin with camps or gas chambers. It began with language, with accusing, with the quiet accommodation of power by those who believed they could stay neutral.

In places like the Netherlands, Finland, Lithuania, Hungary, and German-speaking Eastern Europe, many ordinary citizens, institutions, and businesses adapted themselves to the new order.

Some cooperated out of fear, some out of self-interest, some out of a belief that politics was not their concern. The Gestapo and Hitler did not operate in a vacuum; they were enabled by silence, compliance, and the collected normalisation of cruelty.

The Nazis did not invent antisemitism; they modernised it. They took existing European prejudice, the religious anti-Judaism of the Middle Ages and the racial/nationalist antisemitism of the 19th-century Russian and French Empires and combined them with modern technology and bureaucracy.

I think about this history when I observe today's powerful figures, whether political leaders like Donald Trump or Vladimir Putin, or the billionaire oligarchs who implement power across borders. This is not a comparison of outcomes, nor an accusation that we are reliving the same horrors.

It is a comparison of behaviours and patterns: the celebration of strongmen, the dismissal of truth as inconvenient, the reduction of human beings to obstacles, and the willingness of wealth and influence to excuse anything if profits or status are preserved.

For those of us who are retired, our greatest freedom is perspective. We have seen slogans come and go, leaders rise and fall, and consequences unfold long after the speeches end. That perspective carries a responsibility: to remember that decency is not passive, and that democracy, fairness, and human dignity depend on ordinary people refusing to look away.

This reflection is not about party politics. It is about vigilance. History asks us, repeatedly, not whether we are perfect, but whether we are paying attention, and whether we are willing to speak, even quietly, when power forgets its limits.

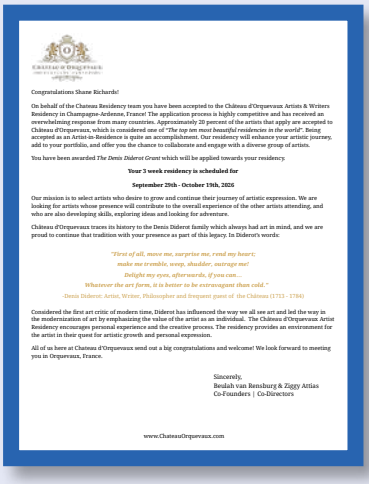
Finally, here is a quote from one of our famous Aussie songs: 'How long can we look at each other down the barrel of a gun…?'

Nola Strawbridge

A POET'S JOURNEY FROM BRIBIE ISLAND TO FRANCE:

The International Recognition of Shane C Richards

Australian poet and Bribie Island resident Shane C Richards has been accepted to the Chateau Orquevaux Artist & Writers Residency located in the Champagne Ardenne region of France for a three-week Writer-in-Residence program from 29th September to 19th October 2026.



Congratulations Shane Richards!

On behalf of the Chateau Residency team you have been accepted to the Château d'Orquevaux Artists & Writers Residency in Champagne-Ardenne, France! The application process is highly competitive and has received an overwhelming response from many countries. Approximately 20 percent of the artists that apply are accepted to Château d'Orquevaux, which is considered one of *"The top ten most beautiful residencies in the world"*. Being accepted as an Artist-in-Residence is quite an accomplishment. Our residency will enhance your artistic journey, add to your portfolio, and offer you the chance to collaborate and engage with a diverse group of artists.

You have been awarded *The Denis Diderot Grant* which will be applied towards your residency.

Your 3 week residency is scheduled for

September 29th - October 19th, 2026

Our mission is to select artists who desire to grow and continue their journey of artistic expression. We are looking for artists whose presence will contribute to the overall experience of the other artists attending, and who are also developing skills, exploring ideas and looking for adventure.

Château d'Orquevaux traces its history to the Denis Diderot family which always had art in mind, and we are proud to continue that tradition with your presence as part of this legacy. In Diderot's words:

"First of all, move me, surprise me, rend my heart;
make me tremble, weep, shudder, outrage me!
Delight my eyes, afterwards, if you can…
Whatever the art form, it is better to be extravagant than cold."

-Denis Diderot: Artist, Writer, Philosopher and frequent guest of the Château (1713 - 1784)

Considered the first art critic of modern time, Diderot has influenced the way we all see art and led the way in the modernization of art by emphasizing the value of the artist as an individual. The Château d'Orquevaux Artist Residency encourages personal experience and the creative process. The residency provides an environment for the artist in their quest for artistic growth and personal expression.

All of us here at Chateau d'Orquevaux send out a big congratulations and welcome! We look forward to meeting you in Orquevaux, France.

Sincerely,
Beulah van Rensburg & Ziggy Attias
Co-Founders | Co-Directors

www.ChateauOrquevaux.com

As shown in the attached letter of acceptance, this residency is highly selective and welcomes only a few writers whose work has made a lasting impact. This recognition highlights his fifty years of dedication as a writer and poet.

He has also recently published his eleventh book of poetry, which has been translated into Italian by a Milan-based translator and into Ukrainian by a Kyiv-based translator.

Shane C Richards has built an international online following of over 21,000 poetry fans. His website features reviews, videos, and media coverage that show the reach and impact of his work.

Richards' accomplishments and their relevance to the broader community have not gone unnoticed.

As an Australian military veteran, a legacy detailed in his book "Forward 1976," Richards and his family have served Australia for over sixty-five years. Should he secure funding for his residency in France, he has been invited to donate a work for permanent exhibition at the Chateau's Art Gallery.

Through this, Richards will actively promote Australian poetry and highlight the stories and sacrifices of veterans and the Bribie Island community to an international audience, strengthening cultural ties and public recognition abroad.

Additionally, upon his return, Richards has committed to giving a public reading and poetry workshop open to the local Bribie Island and veteran communities, supported by this grant, ensuring the experience benefits and inspires those at home.

A Life in Words: The Story of Shane C Richards

Shane C Richards grew up in Brisbane, Queensland, and later settled on Bribie Island. He has built a notable career as an Australian poet, author, and veteran.

His journey started when he joined the Royal Australian Navy at age 15, a decision that shaped his life and inspired his writing.

Shane's early years were shaped by discipline and adventure. After finishing school in Brisbane, he joined the Navy on January 5th, 1976, and trained at HMAS Leeuwin. Over nine years, he served on eighteen ships and bases and took part in four overseas deployments. During his time in the military, Shane began writing to process his experiences and emotions, starting a habit that would become his lifelong career.

The transition from military to civilian life was not without its challenges. Emerging from nearly a decade of service, Shane faced challenges as he moved from military to civilian life.

Despite these difficulties, he found his voice as a writer. In 2009, he published three coffee table books of poetry, followed by the well-received hardcover collection 'The Poet' in 2010 and a revised edition in 2024.

His work continued with the 2026 release of 'Infinite Destinies,' 'The Arrangement of a Poetic Memoir,' and '1976,' which has been translated into both Italian and Ukrainian, reaching new readers around the world.us Chateau Orquevaux Artist & Writers Residency in France—an honour reserved for only twenty per cent of applicants worldwide.

With over 21,000 online readers, his influence extends far beyond Australia's borders, amplified by glowing reviews and media coverage chronicling his global impact.

Shane is currently working on several new manuscripts, including a memoir about his early years in the Navy called 'The Ninth Tattoo,' and a collection titled 'Whispered Words of Love.' Even with his international audience, he continues to write from his home on Bribie Island, showing his strong connection to his community.

Shane C Richards is a poet shaped by his service and resilience, and his work continues to inspire people of all ages and backgrounds.

You can explore Shane's poetry and learn more about his work at www.shanecrichardsthepoet.com.

I am reaching out to request your support for Shane C Richards.

By purchasing one of Shane's books, you will be helping to fund this opportunity. As a token of appreciation, Shane would be happy to organise a meet and greet to personally sign your book. – Cherrie Wilson

GAME NIGHTS! ON BRIBIE

MONDAY
EUCHRE
Bribie Bowls Club 12.00pm
Contact Annette on 0414622490
TRIVA
Bribie Island Hotel 6.30pm
Bribie Island R.S.L 7.00pm

TUESDAY
BINGO
Bribie Island R.S.L 10.00am
POKER
Bribie Island Hotel 6.30pm

WEDNESDAY
MUSIC BINGO
Bribie Island Hotel 6.30pm
Bribie Island R.S.L 7.00pm
RAFFLES
Solander Lakes Bowls Club - 6.30pm
(tickets on sale from 5:30pm)

THURSDAY
BINGO
Bribie Island R.S.L 7.30pm
RAFFLES
Bribie Island R.S.L Fishing Club 4.30pm
Every Thursday at the RSL prizes are Meat Vouchers from Avondale Meats and Seafood Vouchers from Saviges.

FRIDAY
MEAT TRAY RAFFLES
Bribie Island Bowls Club 4.30pm
Bribie Island Golf Club 5.30
Blue Pacific Hotel (from) 3.00pm
Solander Lakes Bowls Club - 6.30pm
(tickets on sale from 5:30pm)

Enjoy playing 500 Cards?

Join a like-minded group who meet on Monday afternoons at the RSL Anzac Room from 1-4pm.
$5 which includes raffle prize.
Please arrive 10mins before play starts at 1pm
Further information please ring
Carole **0438 713 663**.

MARKETS

Beachmere District Community
The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the
month 7.30am - 12pm

Bribie Island BIDCA Markets
The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

Bribie Rotary Markets
The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

Queensland Cancer Council
The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

LUNCH MARKETS - Sylvan Beach
(Farmers Market)
First Saturday of each month from 8am to 1pm held in the park opposite the Bribie Island Hotel. Funds raised to E.P.C.S, Ass, 0417629957

Banksia Beach Market
Bribie Harbour Shopping VIllage is held on the last Saturday
of each month 8am to 12pm

The Bribie Island Lions Market
2nd Sat of the month at Tintookie Park Woorim
7am - 1pm.

Bribie Woodcrafters & Bribie Island Gem Club
Open day, Demonstrations & Sales - last Sunday of each month

8am to 12noon Held at Bribie Art Centre
191 Sunderland Dr, Banksia Beach

Mystic Journey Markets change of location
Saturday November 15th ~ 9am ~ 2pm
Saturday December 6th ~ 9am ~ 2 pm
Saturday December 20th ~
9am ~ 2m
4pm ~ 8pm
There is also an outdoor market to run alongside indoor market called This ‘n’ That

THE ROARING TWENTIES

When Australia Learned to Dance Again

by Al Finegan

On 1st January 1901, we became a single nation, "The Commonwealth of Australia". Yet despite the death of Queen Victoria weeks later, for the next 12 years young Australians were still being submitted to her rigid moral demands. Respectability, obedience, and modesty were the virtues that young people had drilled into them from a very young age. The rules were unyielding. Single young women could not leave home without a chaperone, and young men were lectured on the correct behaviour, particularly when escorting a young lady.

This "Good behaviour" was not negotiable. Community dances were tightly regulated affairs, with adults keeping a watchful eye on the distance between dancing partners. Courtship was formal and often awkward, and a stolen kiss could create a local scandal. Social gatherings, sport, and even family picnics, were forbidden on a Sunday. The day belonged to the church. On other days, seaside bathing for women was allowed on strictly segregated beaches, but only in cumbersome neck-to-knee costumes.

Work too, came early. Leaving school at age 14 was normal for males to start a working life, in the railways, telegraph offices, or farms. Young girls were pushed toward domestic service, sewing, or shop work. Wages were modest, opportunities limited, and the expectation was clear - you behaved, you saved, you didn't question the rules and you strictly obeyed your parents.

In 1914, it all changed. From a population of fewer than five million, 416,809 Australians enlisted, of which 62,000 were killed and 156,000 wounded, gassed, or taken prisoner. This appalling loss of life, and the sight of countless others who returned crippled in body or mind, left Australians reeling in disbelief and sorrow. In cities and country towns, people mourned quietly. Some households carried the ache for generations.

A terrible pall hovered over towns and cities for about two years. Then, in a quiet and unannounced revolution, the people knew they had to celebrate life again. Young people took the lead. Music changed, fashion changed, expectations changed. And for a brief, dazzling decade before the Great Depression swept the brightness away, Australians embraced the idea that life could be carefree.It became an age of jazz bands, new freedoms, motorcars rattling down dusty roads, city lights glowing brighter than ever, and country towns discovering the strange, modern energy drifting in from Sydney, Melbourne and Brisbane. It was an age of newly found independence for women, entertainment for families, and confidence for a young nation. Many of the soldiers who did return were determined to leave the horror behind.

They wanted to dance, laugh, drink, work, and raise families. They didn't articulate this as a philosophy, they simply felt it. After years of

waiting for letters, scanning casualty lists, and listening to the terrible silence left by sons, brothers and friends who never returned, Australians reached for something joyful. If life was uncertain, they reasoned, then it was best to live it while one could.

This shift wasn't dramatic or announced. It grew, month by month, like a rising tide. And by 1921, when the last troops had trickled home, that tide began to reshape the country. For most young women, the war had changed everything. They had kept families functioning, worked in factories, volunteered in hospitals, and proved they were capable of more than society had previously allowed.

The Twenties offered them the chance to redefine themselves. If one thing symbolised the decade, it was the music. Jazz came to Australia by ship, brought by American sailors, touring bands, and the thrillingly new gramophone records that brought the new music into homes. Young people loved it. Their parents did not.

By the mid-1920s, the Trocadero Dansant in Sydney and Brisbane, the Palais de Danse in Melbourne, and Sydney's Tottenham Palais dance halls were overflowing. The Palais de Danse at St Kilda was so popular that some nights the floor bounced under the weight of hundreds of enthusiastic dancers, leading to whispers about structural safety that only made young people more determined to go.

The older generation raised their eyebrows. Some declared jazz "jungle noise." Others warned that the Charleston, with its kicks, twists and suggestive dips, was a direct route to moral collapse. Queensland councils debated on restricting certain dances, which only increased their popularity.

Every time a council inspector walked into a hall to demand decorum, the young crowd danced harder and closer. If the inspector tried to intervene, they considered it a victory. The youthful dancers didn't care for old rules. The new rules were to move in any way you wanted, laugh if you wanted to laugh and, for the first time, young Australians did not ask permission.

As the mid-1920s was well into its roar, a new kind of Australian woman began to appear in public view, the "flapper". She cut her hair short, stepped out in dresses that scandalised the conservative press, and insisted she had the right to enjoy herself. She carried a sense of independence that unsettled politicians, priests, and the occasional bewildered father. Australian flappers weren't quite the same as their American cousins, but they had the same sense of freedom. They drove cars, worked in offices, danced late, and gathered in small packs at milk bars and tea rooms. Their skirts crept above the knee. They smoked cigarettes in public.

They openly declared, sometimes in defiance, that they did not need a chaperone. Not everyone approved. Newspaper editorials scolded them, predicting doom. One Melbourne columnist wrote that short hair would bring about the "death of femininity." Yet by the following season nearly every young woman had trimmed her hair to a bob, confirming that the columnist had simply lost the argument. While jazz energised city nights, the motorcar transformed Australian days. It arrived in the early 1900s, but in 1925 it really took off. T Model Fords appeared everywhere, in farms, city streets, and dusty backroads where it rattled and bounced like a stubborn horse.

For the first time, ordinary people could travel quickly, cheaply and as far as their fuel tanks allowed. Country families visited coastal towns on weekends. Young couples took "motor picnics", a phrase that often made parents nervous for reasons seldom written down. The Brisbane to Redcliffe run became famous. Holiday traffic flowed to beaches, rivers and lakes, including the growing weekend escapes around Bribie Island.

Of course, the sudden rise of cars presented problems. Road rules were inconsistent, signage unreliable, and many drivers believed speed limits were merely suggestions. Some people complained that the motorcar encouraged laziness, as you no longer needed to walk anywhere. Others complained that it encouraged recklessness, which was hard to argue against when you looked at the accident reports. Still, Australians loved their cars. They were a symbol of freedom in a country that had been told to remain disciplined and patient for far too long.

As if motorcars weren't exciting enough, the Twenties also brought aviation. Australians were fascinated by the idea of flight. The Smith brothers' 1919 England-to-Australia flight made front-page news for months. People lined paddocks just to watch aeroplanes buzz overhead like enormous dragonflies.The birth of Qantas in 1920 added another sense of possibility. The airline began as a small, ambitious operation in outback Queensland, flying mail and the occasional passenger between remote towns.

Every success was celebrated. Every mishap was forgiven, provided no one was injured. Australians understood that aviation was experimental, daring, and symbolic of the new century. Airshows became popular. Crowds gasped as pilots performed loops, dives and rolls in fragile-looking machines that seemed to defy common logic. Aviation made the world feel smaller, and a young country felt less isolated because of it.

Entertainment blossomed in the 1920s. Picture theatres multiplied across the country, from grand, ornate city cinemas to modest rural halls that showed films on Saturday nights. Silent movies delighted families. The arrival of "talkies" at the decade's end left audiences astonished, and a few older viewers insisting the actors looked less attractive once they opened their mouths. "Going to the pictures" became a social ritual. People dressed in their finest gear. They lined up early. Ushers wearing uniforms and white gloves added to the sense of occasion. Newsreels before the feature film introduced Australians to international stories and political events, whether they wanted to know about them or not.Picture theatres also offered something rare - a place where the whole community, young and old, could sit together, a brief time when no one argued, and everyone shared the same flickering magic. While dance halls, cars and "The Pictures" represented the public excitement of the Twenties, quieter revolutions were happening at home. Electricity became more widely available. Refrigerators and electric irons appeared in wealthier houses, and families dreamed of the day they might own one too.

Radio arrived with spectacular impact. Brisbane's 4QG began broadcasting in 1925, offering music, news, weather and occasional stiff-sounding speeches by politicians who had not yet learned how to sound natural on air. Families gathered around radios with the same reverence earlier generations reserved for church services. People marvelled at the idea that voices travelled invisibly through the air.

Suddenly, Australians were more connected to their country and the world. Radio democratised information. It also allowed listeners to enjoy music without needing to play an instrument, which some older piano teachers viewed as a sign of cultural decline. The younger generation did not care.

Australians had always loved the beach, but the 1920s turned that love into a cultural identity. Surf lifesaving clubs expanded rapidly. Competitions attracted spectators. Beach holidays became an essential part of Australian life. Bathing costumes caused regular controversy. Hemlines rose. Fabrics shrank. Every summer brought at least one newspaper article predicting that civilisation would collapse if people continued wearing such scandalous outfits. Nevertheless, the outfits got smaller, and civilisation somehow survived.

Queensland's coastline buzzed with holidaymakers. Weekenders arrived by boat, car and train. Bribie Island, long before the bridge, saw a steady stream of visitors soaking up sun and novelty. The 1920s carried an unmistakable sense that the beach belonged to everybody. Despite the decade's brightness, not every part of Australia roared. Many returned soldiers struggled in silence. Some country towns felt left behind as cities modernised. Indigenous communities lived under severe restrictions and discriminatory policies that denied them the freedoms others enjoyed.

It is important to acknowledge these shadows, not to dim the excitement of the era, but to recognise that history is never entirely one thing. The Twenties were joyful, but they were also uneven. Prosperity was not shared equally. And for every young dancer celebrating a new song, there was someone else feeling the weight of change they did not fully understand.

This complexity makes the decade more interesting, not less. It reminds us that even in periods of apparent glamour, ordinary people carried private struggles. in 1929, Wall Street crashed. The Party Ended. Australia's economy collapsed with devastating speed. Unemployment soared. Families, once flush with optimism, now queued for charity rations. The jazz halls fell quiet. Bright city lights seemed almost mocking.

Yet the Roaring Twenties left a permanent mark. It taught Australians that life could be modern, loud, colourful and fun. It revealed the possibilities of technology, the energy of youth, and the value of cultural openness. It gave women their first broad taste of independence. It set the foundation for aviation, radio, cinema and surf culture, all of which would become central to Australian identity.

For Australia, the Twenties were not perfect. But they were a beginning. A spark. A vivid reminder that even in uncertain times, the human spirit has a remarkable ability to rise, reinvent, and rejoice. And for a decade - a noisy, delightful, carefree decade, Australians embraced that gift with open arms and tapping feet.

SPORTS PAGES

SOLANDER LAKE BOWLS RESULTS

Tuesday 3 February 2026 - Club Select Triples/Fours
Winners: Ted Fairman, Bill Taylor, Michael Whiteside, Wayne Stuart
2nd: Mike Jones, Beryl Moore, Anne Ager
3rd: Billy Moore, Ian Jackson, Ron Schultz
Wednesday 4 February 2026 - Self Select Pairs
Winners: Peter McCarthy, Ian James
2nd: Jenni Cummins, Ian Boast
3rd: Marieke Moore, Neil Feazey
Thursday 5 February 2026 - Self Select Triples
Winners: Chris Cummins, Andy Wilkie, Ian Boast
2nd: Bev Power, Pat Samuelson, Debbie Hill
3rd: Tony Ollier, Stan Hillen, Ron Schultz
Friday 6 February 2026 - Self Select Pairs
Pool A Winners: Chris Avenell, Robert Stumbles
Pool A Runners-up: Allen Lavender, Brad Jackson
Pool B Winners: Fred Tarry, John Sly
Pool B Runners-up: Marieke Moore, Neil Feazey
Saturday 7 February 2026 - Club Select Pairs/Triples
Winners: Grant Riley, Daryl Stone
2nd: Tom Dempsey, Jeff Wall, Trevor Smith
Tuesday 10 February 2026 - Club Select Triples
Winners: Bill Dobe, Michael Whiteside, Graham Hubbard
2nd: John Harris, Ann Larsen, Stuart Ager
3rd: Ann Mehmet, Daryl Helig, Janelle Day
Wednesday 11 February 2026 - Self Select Pairs
Winners: Chris Avenell and Graham Hubbard
2nd: Kevon Smith and Rob Dickson
3rd: Peter Hodgson and Steve Ross
Thursday 12 February 2026 - Self Select Triples
Winners: Brad Storey, Geoff Cusbert, Ted Parker
2nd: Carmel Sorrenson, Anthony McGregor, Andy Ives
3rd: Michael Whiteside, Val Paul, Merv Adams
Friday 13 February 2023 - Self Select Pairs
No games - washed out
Saturday 14 February 2026 - Club Select Pairs/Triples
Winners: Ray O'Brien, Mike Dance
2nd: Tom Dempsey, Rosa McLeod, Chris Cummins Cowperthwaite, Trevor Smith
Second: Mitch Magnussen, Grant Riley
Club Championship Fours - Ladies:
Winners: Krys Henshaw, Terri Curtis, Debbie Hill, Margaret McKenzie
Runners-up: Jacki Player, Marieke Moore, Janelle Day, Maggie Zahl
Club Championship Fours - Men:
Winners: Alan Thorp, Ian James, Matt Dickson, Rob Dickson
Runners-up: Wayne Stuart, Ted Dean (substitute for Pete Neilson), Tony Grimmond, Glenn McCarthy

BONGAREE BOWLS RESULTS

30/1/2026 - 12/2/2026
Results of Friday Triples 30/1/2026
Winners: Margaret McGarry, Adrian Taylor, Peter Vlajic,
Shopper Docket winner for January: Robin Maffey
Results of Saturday Scroungers 31/1/2026
1st: Trevor Mallouk, 2nd: Dawn Ryan, 3rd: Bob Cooper
Results of Tuesday Paddle Pop Draw Triples 3/2/2026
Winners: Laine Paterson, Ian Gillies, John Bell
R/Up: Lisa Pemberton, Peter Caruso, Sandi Hodges
Bonus Draw: Ian Paterson, Terry Keatch, Clare O'Donohue, Nads
Results of Wednesday Fours 4/2/2026
Winners: Pat Warwick, Clare O'Donohue, Di Drew, Kim Hagan
R/Up: Sandra Scott, Janice Mason, Jen Hadley, Wendy Rollason.
Results of Thursday Jackpot Pairs 5/2/2026
Winners: Peter McQueen, Bob
R/Up: Col Hodges, Richard Harvey
Results of Friday 2-4-2 6/2/2026
Winners: Kim Hembrow, Rod Hembrow
R/Up: Ross Bryant, Peter Vlajic
Results of Saturday Scroungers 7/2/2026
1st: Jenny Stephens. 2nd: Tony Jericevich. 3rd: Deb Brough. 4th: Sheena Bath
Results of Tuesday Paddle Pop Draw Triples 10/2/2026
Winners: Brenda Hutchinson, Ray Broughton, PatSpice
R/Up: Elna Jensen, John O'Donahue, Kim Hagan
Bonus Draw: PatSpice, Ray Broughton, Brenda Hutchinson
Results of Wednesday Fours 11/2/2026
Winners: Hazel Crouch, David Vaughan, Joe Misford, Wayne Baker
R/Up: Garry McCarthy, Graham Symonds, Col Valentine, Ian Paterson
Results of Thursday Jackpot Pairs 12/2/2026
Winners: Arne Jensen, Errol Fender
R/Up: David Vaughan, Gary Ryan

CROQUET GALA DAY!

Kathy Vincent.

G ala day at Bribie Croquet Club.
A nd lots of clubs came to play.
L ots of really delicious grub.
A nd fun and laughter all day.

D ay full of competitive games.
A lways a really good day.
Y ou could join in the fun
just send in your names.

On Saturday, the 21st of February, it was a beautiful Bribie day. Blue skies, sunshine, with a gentle afternoon breeze. The perfect conditions for Croquet, especially a Gala Day. Visitors came from far and wide as the Bribie Croquet Club Gala Days are so popular.

There were players from Point Lookout, Ipswich, Eildon, Wynnum, East Brisbane and Caloundra.

Six games were played, with a change of partners after two. Then, a lovely morning tea was beautifully prepared by the members. Another two games and lunch, then another two games to decide the winners.

Excitement is building now, so it's time for the raffle draw and door prize.

Here is a photo of the winners and' runner-ups!'

Then time for home and a well-earned drink.

Why not come and have a try -- call Joan Gleeson on 0429 165 643

BRIBIE ISLAND WOMEN'S GOLF RESULTS

Results for Bribie Island Women's Golf 10 Feb to 19 Feb 2026

10/02/26 SINGLE STROKE
DIV 1 WINNER Linda Urquhart 69. 2nd Vicki Cronan 70 c/b. 3rd Julie Bell 70.
DIV 2 WINNER Vivienne Learoyd 73. 2nd Jennifer McKay 74. 3rd Sue Lee 75 c/b.
NTP. Hole 4 Charmaine Price. Hole 7 Linda Urquhart. Hole 14 Julie Bell. Hole 16 2nd shot Pauline Grooby. Hole 4 (Div 3 2nd shot) Vivienne Learoyd.
DIV 1 WINNER Linda Urquhart

Christine with DIV 2 WINNER Vivienne Learoyd

12/02/26 SINGLE STABLEFORD
WINNER Myra Thomsen 37. 2nd Di Croft 36. 3rd Jude Dorhauer 35 c/b.
NTP. Hole 4 Suzanne Vallely. Hole 7 Carol McKenzie. Hole 14 Suzanne Vallely. Hole 16 2nd shot Vivi Lloyd.

17/02/26 SINGLE STABLEFORD
DIV 1 WINNER Paula McKenzie 37 c/b. 2nd Kate Wilson 37. 3rd Sandra Power 35.
DIV 2 WINNER Lauren McDonald 38. 2nd Charmaine Price 37 c/b. 3rd Penny Brittain 37
NTP Hole 4 (Div 3 2nd shot) Louise Keleher. Hole 7 Sheena Bath. Hole 14 Charmaine Price. Hole 16 2nd shot Julie Bell

19/02/26 SINGLE STROKE
DIV 1 WINNER Kris Tomalin 69. 2nd Wendy Washington 73 c/b. 3rd Christine Pronk 73 c/b.
DIV 2 WINNER Leonie Pratt 74. 2nd Helena Winterflood 75. 3rd Jennifer Warburton 76 c/b
NTP Hole 4 (Div 3 2nd shot) Sue Graham. Hole 7 Joanne McCoombes. Hole 14 Gill Lee. Hole 16 2nd shot ITH Abby Driver.

19/02/26 PETER SEDGMAN TROPHY MATCHPLAY FINAL
Julie Bell d Val Phinn +1

Julie Bell with Carla Sedgman and Val Phinn

Julie Bell with Carla Sedgman and Val Phinn

Consolation Plate final
Kate Wesener d Judy Graham 3/2 Kate, Carla Sedgman and Judy

DIV 1 WINNER Linda Urquhart

Kate, Carla Sedgman and Judy

MORETON BRIBIE BRIDGE CLUB

Sat 31 Jan N/S 1 J Borowski & G Lock 2 J Kinross & R Floquet 3 D & D Quinan E/W B Connell &K Cohen 2RWebb & L McLaren 3 C Frederikson &J Hays

Wed 4 Feb N/S 1 L Carr & J Wright 2 J Kinross & R Floquet 3 H Standfast & J Budgeon E/W 1 S & C Watson 2J Hays & K Cohen 3 L Groves & A Fielding

Fri 6 Feb N/S 1 M Carr & C McKeller 2 L Pellow & E Viney 3 LManson & P Swan E/W 1 I Best & B Moxham 2 J Lawson & A Bronn 3 C & R Perrott

Sat 7 Feb N.S 1 S Watson & R Sutton 2 J Kinross & F Floquet 3 H Tyler & L Heap E/W 1 J Jones & B Connell 2 D Scown & J Easey 3 K Cohen & S Huntingdon-Wynne

Wed 11 Feb N/S 1 L Carr & J Wright 2 R Webb & L McLaren 3 D & D Quinan E/W 1 M Bailey & K Cohen 2 L Gadsby & N Denvir 3 G & S Barnulf

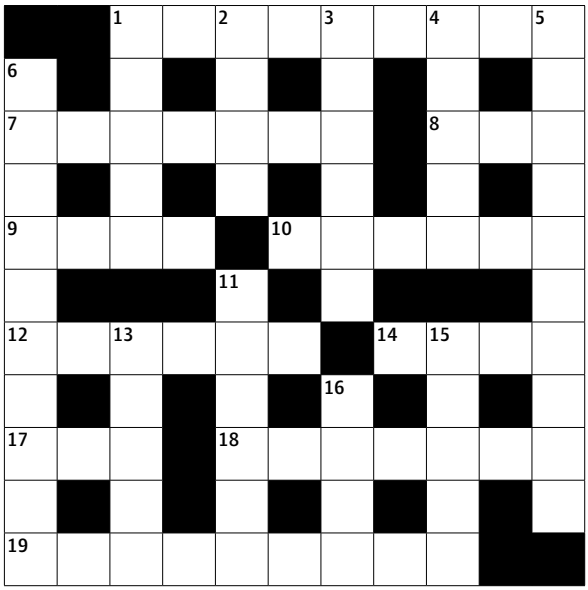
BICBC: Mon 2 Feb N/S 1 M Peterson & D Quinan 2 L Wilson & J Brazier 3 D Quinan & J Lawson E/W 1 C & R Perrott 2 L Manson & P Swan 3 L Hutton & L Chapman

Mon 9 Feb N/S 1 A Fielding & J Easey 2 K Strickland & C Frankcom 3 M Arthur & R King E/W 1 J Day & S McCulloch 2 G Lock &N Denvir 3 C & R Perrott

The Club welcomes visitors and new players. For information phone **Ruth 0417656 693.**

Lessons and refresher classes available, phone **Helen 0427 567 670**

Crosswords - QUICK & CRYPTIC



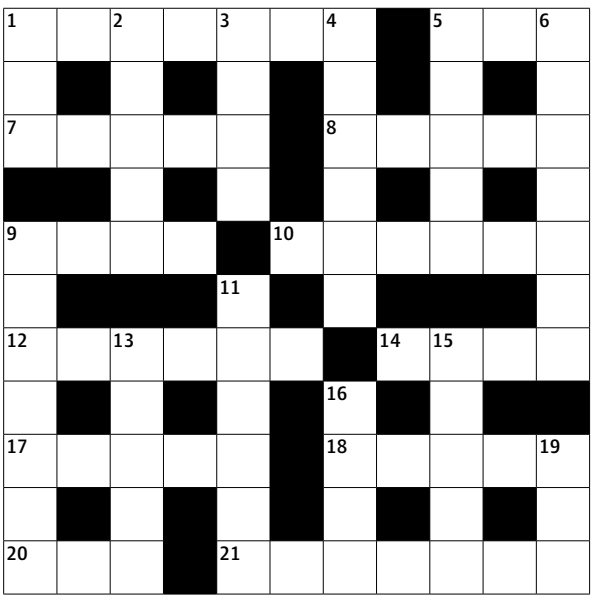
Across

1 Bird's segment with crest (9)
7 Perhaps Sharapova hurryin' on the phone (7)
8 Announcement of golf supporter providing hot drink (3)
9 Some Tesla prices hit (4)
10 See you cutting parasol on Guernsey (2,4)
12 The elm is chopped up for protective equipment (6)
14 Old friend's precious stone (4)
17 Broadcast spot in open water (3)
18 Reportedly stops old-school payment methods (7)
19 Unoccupied seats in craft for long-distance travel (9)

Down

1 Staple in Grandpa's tankard (5)
2 Stop the sound of precipitation (4)
3 Organised party with Mike, which is irregular (6)
4 Section of edit totally the same as above (5)
5 Accessible Vangelis music covers the teaching of Christianity (10)
6 Expert's idea for artificial limb? (10)
11 Secure fantastic liberation (6)
13 Buddhist monk collected beast of burden (5)
15 Overweight from fruit pudding, primarily (5)
16 Netting damaged hems (4)

CRYPTIC



Across

1 Thankless type tearing around (7)
5 Bully chases off wimp, to begin with (3)
7 Audacity under review now and again (5)
8 Pirate's not entirely mad (5)
9 Toiletry, every so often, is rank (4)
10 Sorted out where to see Jurassic Coast (6)
12 Somewhat wan deaneries in the mountains (6)
14 Debriefs, including cheese (4)
17 Left-winger providing some Agitprop in Kosovo (5)
18 Rope ladder aboard ship seafarers observed at first (5)
20 Regularly wearied, before, before (3)
21 Bananas gratiné, very hard (7)

Down

1 Sinning, oddly not in alehouse (3)
2 Eat too much egg; okra, ghee oddly ignored (5)
3 Starters of artichokes not eaten, wasted again (4)
4 Inventor is done wrong (6)
5 Oafish, crude, rude and stupidly swinish, principally (5)
6 Swelter unpleasantly in scuffle (7)
9 Drunken pirates move nonchalantly (7)
11 A little antimacassar on Gainsborough (piece of cloth) (6)
13 Poet doesn't offer nemesis nice elegy in introductions (5)
15 Fried dish covered in frosting (5)
16 Bone periodically found in Dublin Bay (4)
19 Principal characters in old Léon express Spanish appreciation (3)

SOLUTIONS

CRYPTIC SOLUTION

QUICK SOLUTION

SPOT THE 8 DIFFERENCES

Sudoku

		8		6	2			
	3		8	4		9		2
9		6					1	4
	1	2			8	6		
3				7	9		2	
	6		1				3	7
		1	7	8		3		
6	8	5	2			7	4	
4				9	6			1

FIND A WORD

I	R	X	T	Y	L	R	G	N	E	B	B	A	H	B
Q	K	S	U	S	E	A	S	H	E	L	L	S	L	A
I	C	E	C	R	E	A	M	G	H	Z	M	S	P	S
W	C	J	C	Q	S	W	I	F	P	S	B	U	H	E
N	M	H	Q	M	A	H	P	K	U	P	E	N	Z	B
O	P	W	I	I	N	E	O	V	Z	I	A	G	T	A
I	V	O	P	M	D	M	P	S	R	C	C	L	I	L
T	J	L	O	X	A	I	S	A	W	N	H	A	U	L
A	O	E	Q	L	L	F	I	H	I	I	V	S	S	B
C	Z	M	N	U	S	M	C	F	A	C	V	S	M	P
A	T	O	X	O	M	Z	L	P	M	M	V	E	I	P
V	H	N	Q	O	V	I	E	F	C	N	M	S	W	O
Z	M	A	S	U	N	S	C	R	E	E	N	O	S	P
T	L	D	W	M	Y	K	W	V	P	A	R	K	C	P
D	U	E	G	S	A	N	D	L	Q	X	D	L	F	K

BASEBALL
BEACH
HAMMOCK
ICECREAM
POPSICLE
SAND
SANDALS
SEASHELLS
LEMONADE
PARK
PICNIC
POOL
SUNGLASSES
SUNSCREEN
SWIMSUIT
VACATION

Pawsome Pet Pages

PETS WITHOUT PEOPLE

If you have a pet that needs rehoming, please send us a photo and information so we can help put pets with people!

MESSAGE US ON FACEBOOK
OR EMAIL
editor.thebribieislander@gmail.com

Whinnie, Maisey, & Billy

Teddy

Puddy

Candy

Rory

Bruno

Billy & Ralph

MYT

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CHECK OUT THE NEW LOCATION

Herborn's Floorworld has officially opened the doors to its brand-new showroom on Leda Boulevard in Morayfield, right beside the Morayfield Shopping Centre—bringing customers the same trusted family service in a bigger, more modern and accessible space.
The local, family-run flooring business, led by founding member Shane Herborn, has served the Caboolture-Morayfield region for years.
Now, the team has expanded into a contemporary new premises designed to showcase its wide range of flooring options, including carpet, vinyl, timber, hybrids and laminates.

Shane says the heart of the business remains unchanged.
Herborn's continues to pride itself on hands-on customer service, competitive pricing, and personalised in-home consultations.
Values that have built strong community trust over decades.

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MELSA PARKS STORM RECOVERY

Members worked with chainsaws, axes, handsaws, rakes, and wheelbarrows to clear the picnic enclosure and the areas around the storage containers and the steaming bay/turntable.

Fortunately, the track and other infrastructure were not damaged; however, we did need to cut 4 meters of track out of three lines to allow access for the Tree Contractors.

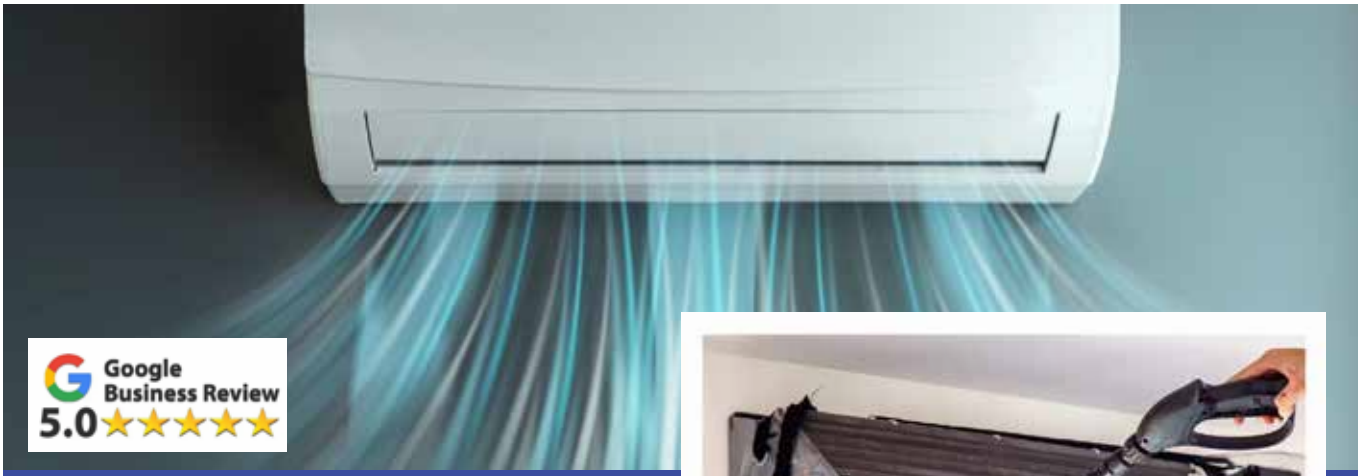
A large contingent of Tree Contractors, with a vast array of equipment, arrived in early February and removed fallen and damaged trees, along with removing all of the “hung up” branches. Most of the debris was chipped, but several Bribie Pine logs were cut into 3 metre lengths and given to the Woodies.

Given we could not access many areas in the park due to “hang-ups,” we spent the time refurbishing the Railway Station and doing stick picking, leaf blowing/raking, mowing, and repairing fences damaged by fallen trees.

We will now relay the 4 metre sections of track, clear debris on and beside the tracks, service our locomotives and carriages, complete all safety inspections and repairs to be ready for our first Public Run Day of the year on Sunday 15th March.

Our sincere thanks to the

- MBRC for organising the Tree Contractors.
- BIBC Members for helping out with the cleanup after the Contractors left.
- Bribe RSL for helping us with some of the financial burden we carried.



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The Invisible Threat Lurking in Your Home:

How **Black Mould and Bacteria** in Air Conditioners Jeopardise Your Health

As temperatures rise and we retreat indoors for comfort, air conditioning has become an essential part of modern living.

Yet, lurking within the cool breeze of our household air conditioners can be a hidden danger—black mould and harmful bacteria.

These invisible invaders pose serious health risks, and too often their presence goes unnoticed until it's too late.

Black mould, particularly the notorious Stachybotrys chartarum, thrives in damp, dark environments—conditions often found inside the coils, filters, and ducts of under-maintained air conditioning units.

When these spores become airborne, they can trigger a range of health problems, from mild allergic reactions to severe respiratory issues. Prolonged exposure is especially dangerous for children, the elderly, and individuals with asthma or weakened immune systems.

The threat doesn't stop with mould. Air conditioners can also become breeding grounds for bacteria such as Legionella, the culprit behind Legionnaires' disease, a rare but potentially fatal form of pneumonia.

Even less notorious bacteria can contribute to poor indoor air quality, exacerbate allergies, and create persistent unpleasant odours.

Alarmingly, the signs of contamination—like musty smells or increased coughing and sneezing—are often dismissed as minor irritations or seasonal allergies.

Homeowners may not realise the gravity of the situation until health issues escalate. Regular cleaning and maintenance are not just about efficiency or longevity of your appliance; they are crucial for the health of everyone living under your roof.

To protect your household, schedule professional service for your air conditioning units at least once a year.

Change or clean filters as recommended by the manufacturer and keep an eye out for any signs of moisture or mould buildup.

Awareness is the first step toward prevention. The air we breathe indoors should be a source of comfort, not a hidden hazard. Let's not underestimate the invisible dangers—prioritise air conditioner hygiene and safeguard your home's health.

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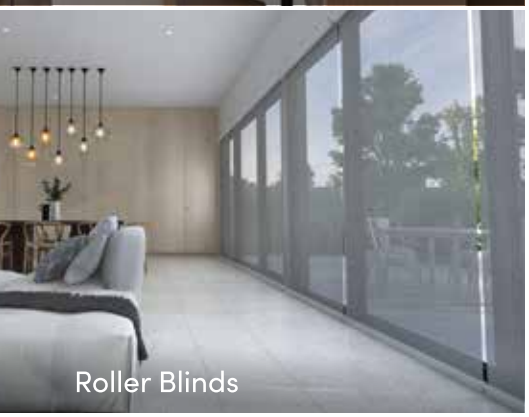
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5 Creative Ideas to Make a Backyard Swimming Pool More Impressive

1. Install a Patio Cover

A patio cover helps connect your indoor and outdoor spaces. It provides shade so you can relax outside and protects you from the strong sun. Many people use patio covers to prevent sunburn. Plus, adding a patio cover can boost your home's value and curb appeal.

A patio shade reflects sunlight's UV rays, helping protect your expensive outdoor furniture from fading. You can build your patio cover from wood, aluminium, or plastic. Wood looks stylish, while aluminium is stronger. Consider the pros and cons to choose what works best for your needs and budget.

2. Illuminate Backyard

Good lighting can highlight your pool's design and create a relaxing atmosphere for your family on summer evenings. There are many options for backyard pool lighting. Pool deck lighting adds style to your pool and helps prevent trips or bumps near the water. Choose lights that work well with the material of your pool deck.

Tiki torches are an affordable way to light up your backyard and create a cozy atmosphere. Since they don't use electricity, they're eco-friendly. For a more natural look, choose torches made from quality brass or copper. If you have large trees in your backyard, you can use LED lights to create beautiful moonlight effects. These lights mimic natural moonlight and cast interesting shadows that everyone will enjoy.

3. Add Textures with Patio Furniture

Let the texture of your patio furniture help set the mood for your backyard. For a modern style, choose aluminium or metal pieces. If you prefer a classic beach vibe, rattan or bamboo patio furniture is a great choice.

Try different types of patio furniture—there's more than just chairs and tables. You might add loveseats, swings, and other options. Quality patio furniture gives you comfort and is easy to maintain.

4. Add Flowers & Plants

Adding plants can turn your backyard into an oasis. Arrange them to give you privacy and add colour and texture. Here are some key tips for landscaping around your backyard pool:

- Choose plants that don't drop leaves or create a mess.
- Evergreens add height and look good all year.
- Ornamental grasses are a popular choice for poolside planting.
- If you have enough space, consider using large containers or pots.

5. Construct a Pool Water Feature

Adding a waterfall or spa can make your pool time more fun. Moving water looks beautiful, feels great, and helps you relax. Pick a water feature that matches your home's style and your pool's design. Make sure it also fits your budget and personal taste.

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'GREEN' GRANTS UP FOR GRABS FOR LOCAL ENVIRONMENTAL PROJECTS

- **Community groups can apply now for City of Moreton Bay's Our Healthy Environments Grants of up to $50,000.**
- **The grants provide practical assistance to organisations needing funding to protect and enhance the local environment and native wildlife.**
- **An engagement session will be held on 27 February before applications close on March 31.**

City of Moreton Bay is calling on community groups to apply for grants of up to $50,000, to protect and enhance the environment.

Applications for the Our Healthy Environments Grants close on 31 March 2026 for projects starting on or after 1 June 2026. Projects must be completed within 12 months of the start date.

Mayor Peter Flannery said the grants provide a massive boost to local habitat, and protection of our environment, with a total of $186,000 in funding distributed across six projects in the last financial year.

HQPLANTATIONS - PRESCRIBED BURNING PROGRAM COASTAL REGIONS - BUNDABERG TO MORETON BAY

Over the coming months, generally between February and August, we will commence our prescribed burning program in our forest estates across the Bundaberg, Fraser Coast, Gympie, Sunshine Coast and Moreton Bay areas.

Prescribed burns are planned, low intensity fires aimed at reducing fuel loads within our estate areas to ultimately reduce the potential threat of wildfires to the plantation, the surrounding communities, and infrastructure. Prescribed burns are undertaken by fire-trained employees and contractors. HQPlantations is a Plantation Rural Fire Brigade registered with the Queensland Fire Department.

Our prescribed burns are performed under specific weather conditions aimed to minimise smoke impacts. Inevitably, there will however be some smoke in the environment. If you are susceptible to smoke, please follow your health directives.

For further information about our fire management efforts including the locations of our planned prescribed burns, you can:

VISIT OUR WEBSITE: www.hqplantations.com.au/fire-management or scan the QR code

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NOTE: If you have any concerns about fire or smoke, visit the QLD Fire Department website www.fire.qld.gov.au/current-incidents or call triple zero (000)

Our annual prescribed burn program aims to reduce forest fuel loads to decrease the risk of wildfires during the warmer and drier months.

"These initiatives have engaged community groups to restore habitat, monitor and protect endangered species, and much more," he said.

City of Moreton Bay is committed to working with the community to protect our environment and the native wildlife who call it home and our Healthy Environments Grants are another example of this focus.

"I urge community groups that have a project in mind, to apply for a grant so we can help them make a difference across City of Moreton Bay."

One of last year's recipients, Friends of Parks Queensland Inc, used a $33,993 grant to establish the Friends of Sheep Station Creek community network.

Led by ecological professionals, it encourages nature volunteering and strengthens connections between volunteers, experts and Council.

The group conducted weed control, citizen science events and wildlife monitoring, and delivered training in a forum that connected research and community conservation.

Friends of Parks Queensland Executive Officer Jessica Lovegrove-Walsh said the Sheep Station Creek Conservation Park site, of more than 200 hectares, was critical habitat for endangered Greater Gliders and Koalas.

"The legacy of this project will be to have an active and engaged community looking out for the conservation of Sheep Station Creek Conservation Park," she said.

The next Our Healthy Environments Grants Engagement Session, developed to provide information on how to apply, will be held at Kumbartcho Environment Centre on 27 February 2026 from 10am to 12pm.

You can register online.

To find out more, visit Council's website.

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Sharon B
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Elaine G
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Jenny H
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Deb B
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★★★★★

Liana L
Jack was extremely professional and helped educate me on how to get the garden of my dreams. My yard has never looked so lush and my children are loving being outside again definitely recommend.

★★★★★

Irene M
Jack has our lawn looking the best it has in years, we were using every weed killer we could get our hands on, trying every fertiliser spending 100's of dollars yearly and the lawn was always a mess full of weeds, since using Jack we save a fortune paying the bi-monthly bill and our lawn looks fantastic, so green and thick and FINALLY weed free.

★★★★★

Kevin R
Jack has been treating our lawn for several years now and taken it from basically weed, to a lush spongy green lawn all year round. The regular fertilising and weed treatment is fundamental to this result but equally important is his advice and ongoing support that allows us to keep it this way.

Moving House Tips:

Making Your Move Smooth, Efficient, and Stress-Free

Moving house is often cited as one of life's most stressful events, ranking right up there with job changes and major life transitions.

Yet with the right planning, organisation, and mindset, it can also be a rewarding milestone—a chance to declutter, start fresh, and reimagine your living space.

Whether you're relocating across town or to a new city, these practical tips will help you make your move as smooth and stress-free as possible.

Start Early and Create a Plan

The secret to a successful move is preparation. As soon as you know your moving date, start planning. Create a detailed checklist that covers everything from gathering packing supplies to setting up utilities at your new home.

Break down tasks by week so you're not overwhelmed in the days leading up to the move. Early planning lets you budget, book services, and address unexpected challenges.

Declutter Before You Pack

One of the greatest advantages of moving is the opportunity to reassess your belongings. Take the time to sort through each room, deciding what to keep, donate, sell, or discard. Ask yourself: Do I use this? Does it add value to my life? Anything you haven't used in the past year can likely go.

Not only does decluttering lighten your load, but it can also save money on moving costs and make unpacking easier.

Gather the Right Packing Supplies

Investing in sturdy boxes, bubble wrap, packing paper, and strong tape will protect your possessions during transit.

Label each box with its contents and the room it belongs to. For fragile

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items, mark the box “FRAGILE” and list the specific contents.

Consider colour-coding or numbering boxes to match rooms in your new home—this simple system can save hours of confusion during unpacking.

Pack Smart and Room by Room
Tackle one room at a time, starting with areas you use least.

Place heavier items at the bottom of boxes and lighter items on top. Use towels, blankets, and clothing as extra padding for fragile items. Keep important documents, medications, and small valuables in a separate, clearly marked bag or box that you carry with you.

Notify and Update
Don’t forget to inform service providers, banks, schools, and government agencies of your address change.

Redirect your mail and transfer utilities like water, electricity, gas, and internet to your new location. This will ensure a seamless transition and avoid unnecessary service interruptions.

Enlist Help and Book Services Early

Moving is a big job, so don’t be afraid to ask for help. Friends and family can assist with packing, loading, or babysitting on moving day.

If hiring professional movers, research reputable companies, get written estimates, and book early—especially during peak moving seasons. Confirm all details a week before your move.

Plan for Moving Day
Pack an “essentials” box with everything you’ll need for the first 24 hours: toiletries, chargers, a change of clothes, snacks, and basic kitchenware.

Make arrangements for children and pets to keep them safe and occupied during the move. Have a plan for food and hydration for yourself and helpers.

Take Care of Yourself
Amid the logistics, remember to care for your physical and mental well-being. Take breaks, stay hydrated, and try to keep a positive attitude. Moving is a process, and things may not always go as planned flexibility is key.

Moving house is both an ending and a new beginning.

With thoughtful preparation, clear organisation, and a little help, you can turn what might seem like an overwhelming task into a manageable—and even enjoyable—experience.

Here’s to new adventures, new memories, and a smooth move!

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THE USE OF AI IN INTERIOR DECORATING

Images from Ivory T - fabric & wallpaper (before) / ChatGPT (after)

Artificial Intelligence (AI) technology has profoundly influenced virtually all industries, including interior design. With the ongoing development of advanced AI platforms, it is essential for interior designers to proactively incorporate these technologies into their practice to sustain relevance and competitiveness.

We are having to keep up with social media platforms and share regular posts, videos, reels etc of projects.

The use of AI enables us to creatively edit and share our vision with present and perspective clients.

More and more AI platforms are available to the public to create your own vision.

They range from complete room overhauls, restyle a room fully furnished and styled, create lighting for a room, generate a cohesive colour palette, suggest specific materials ie sustainable wood and keep up with modern interior trends.

Certain AI platforms provide free access or affordable subscriptions, making them much less expensive than standard consulting services.

Tasks that once required days of sketching or mood-boarding can now be completed almost instantly.

Design measurements generated automatically from 3D scans guarantee an accurate fit within actual spaces.

Top AI Interior Design Apps leading into 2026

Planner 5D: An intuitive platform allowing for quick 2D/3D floor plan creation, design and layouts.
Decor8 AI: Has over 56 design styles, virtual staging and photo transformations.

ReimagineHome: Allows users to capture images of their existing rooms and redesign them to visualize potential renovations.

Coohom: Offers an extensive selection of furniture and delivers high-quality 3D rendering.

VisualizeAI: can be used in interior and product design, letting users specify which elements they want to include or remove from a scene using prompts.

Interior Designers can use AI tools to quickly generate lifelike space renderings, a task that used to require hours or days manually. Interactive design features and predictive analysis help designers work more efficiently and come up with creative solutions.

There are features for furniture placement and space optimisation, analysing a room's basic floor plan to offer personalised suggestions that make the most of available space.

These tools are particularly helpful for designers aiming to create a sense of spaciousness or improve functionality in small or unusually shaped rooms.

Latest AI design platforms include advanced lighting features, enabling designers to experiment with various lighting options for optimal results.

And life is a little simpler with the assistance of colour selection when offered a range of potential palettes tailored to factors such as room size, furnishings, and preferences.

These tools provide designers and clients with an effective means to visualise various colour schemes, enabling informed decisions that may not have been previously considered.

Rather than substituting creative vision with AI, many designers employ it to rapidly generate a variety of ideas. For instance, a designer could create five distinct concepts for a client within minutes, then rely on their professional judgment to polish the most promising option into a workable, actionable plan.

It is important to understand that AI tools are imperfect with plenty of glitches, as may be evidenced in a rendering of a room that shows a Painting in the middle of a curtain, or a set of throw cushions on a shelf.

Although these technologies are expected to advance, interior designers recognise AI's current limitations and adapt accordingly to achieve optimal outcomes.

So don't rule out the importance or an Interior Designer / Decorator.

Ivory T - fabric & wallpaper **0422599084**

FISHING REPORT

February

The fishing in the Passage has been pretty quiet. Maybe it's the (mostly) settled weather – there was only one real rain this month, it lasted a few days and didn't amount to much, but the wind did keep up through the weekend. Maybe it's the warm water (almost 27 degrees), who knows?

The trick has been to know where to go and when.

Look for good, deep holes and some fresh, in-coming tidal flow. Up at Whitepatch, in some of the deeper sections, there have been reasonable catches of sweetlip, grunter and bream, and further north the same catches are being found between Gallaghers Point and Poverty Creek.

Marshall brought home a grunter and two lovely big mudcrabs from Elimbah Creek – both mudcrabs were hanging onto the bait as he wound it in!

Fish usually compensate for increased water temperature by finding areas that are cooler. In the Passage, that means you need to target the gutters or shady structures.

There's been a fair bit of success casting a line around and under the bridge; the shade offered by the bridge is good for the fish and fisher alike.

Of course, the turn of the tide is the best time to try it – last week's falling tides were ferocious and made anchoring difficult! Pilchards have been the favoured bait for bream but prawns have also been handy.

Coming up off low tide just north of the bridge has seen some good bream, but Bob and Paul had not much luck at all the other day.

They were getting undersized snapper at the Bribie end of the bridge. When the incoming tide picked up, they tucked into the corner at the mainland end and only got undersized bream. Theo fished the bottom of the tide, bringing in a flatty and a sweetlip.

Mick and Todd fished over the top of the tide and were happy with their haul – three keeper flathead, all on squid.

Big flathead has slowed but legal size ones are still being caught through the Passage.

Try an incoming tide over the shallows, like the sand bank off Turner's Camp, with a little NE breeze to stir it up.

Brayden's 55cm flathead came from Turner's, caught on a white paddle-tail plastic on the rising tide.

Scott pulled this big muddy up on the line at his "secret fishing spot"!

Andrew had a 60cm flathead from the Bribie lock entrance - he likes to make his soft plastic lures more tempting with a bit of extra squid!

There are still lots of grassy sweetlip through the Passage. Parrot Island, Pacific Harbour and south of the Bribie lock have all been good spots to target them.

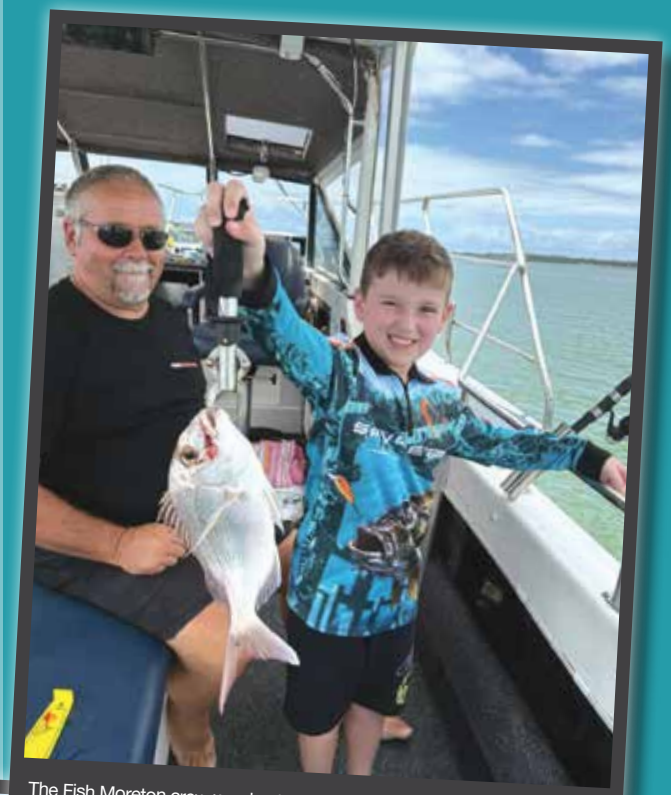
Wally from Fish Moreton says there have been some lovely snapper lately, his crew have been using pillies and squid.

Barry said he had six pike in one morning's fish with Fishability Qld – all over 1 metre, up at Shag Island.

There were 12 fish all up, including 3 keeper flathead. Brent's crew brought in 3 flathead too, so a good start to the fishing year for FQ!

There have been a few reports of night-time shark fishing; Coby and his dad have been having success off the Ocean Beach north of the 4wd entrance.

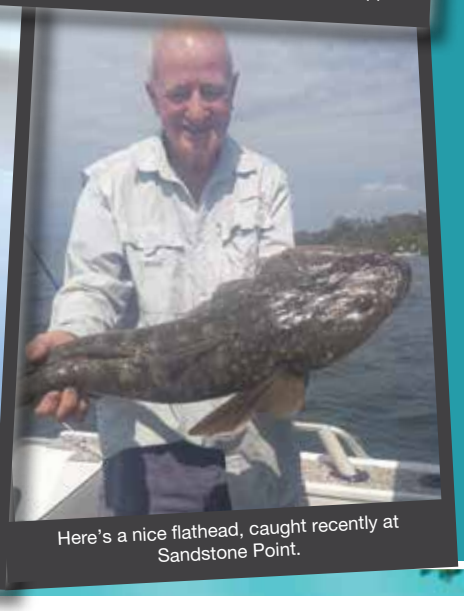
Further out, Paul got some pearl perch, one of them 53cm, sitting 100 metres east of Hutchies reef, in the middle of the incoming tide.



The Fish Moreton crew was having fun with some nice Passage snapper.

Wally took his boat out wide, where they scored a beautiful coral trout.

Paul was also north of Moreton, at Hutchies – he had a few pearl perch, this one 53cm.



Here's a nice flathead, caught recently at Sandstone Point.

TIDE TIMES

Bribie Island AND Moreton Bay

Fri 27 Feb	Sat 28 Feb	Sun 1 Mar	Mon 2 Mar	Tue 3 Mar	Wed 4 Mar	Thu 5 Mar
6:27 am	12:32 am	1:43 am	2:41 am	3:30 am	4:14 am	4:54 am
1.87m	0.48m	0.37m	0.27m	0.23m	0.25m	0.32m
1:22 pm	7:36 am	8:33 am	9:22 am	10:05 am	10:43 am	11:17 am
0.67m	1.98m	2.08m	2.14m	2.14m	2.08m	1.97m
6:55 pm	2:20 pm	3:07 pm	3:48 pm	4:26 pm	5:00 pm	5:30 pm
1.29m	0.55m	0.45m	0.38m	0.35m	0.36m	0.38m
	8:01 pm	8:54 pm	9:41 pm	10:24 pm	11:05 pm	11:43 pm
	1.44m	1.58m	1.68m	1.75m	1.77m	1.78m

Fri 6 Mar	Sat 7 Mar	Sun 8 Mar	Mon 9 Mar	Tue 10 Mar	Wed 11 Mar	Thu 12 Mar
5:33 am	12:20 am	12:58 am	1:38 am	2:27 am	3:30 am	4:54 am
0.41m	1.77m	1.76m	1.73m	1.68m	1.63m	1.6m
11:48 am	6:14 am	6:58 am	7:50 am	8:55 am	10:19 am	12:01 pm
1.84m	0.51m	0.62m	0.72m	0.81m	0.86m	0.84m
5:59 pm	12:17 pm	12:49 pm	1:27 pm	2:15 pm	3:24 pm	5:09 pm
0.41m	1.7m	1.56m	1.42m	1.29m	1.18m	1.14m
	6:27 pm	6:58 pm	7:34 pm	8:23 pm	9:30 pm	10:47 pm
	0.44m	0.49m	0.56m	0.66m	0.74m	0.76m

FAREWELL DALE MULLINS

Dales last day with White Sunday crew Sunday 25/01/2026. And yes his last job was to Tangalooma. He has been a great asset to our crew, not only operational where he reached the rank of crew day coxswain, but as a fantastic role model for our crew and others with training.

Dale joined VMR Bribie Island as an Ordinary Member 22/08/2018, he became an Active Member as Trainee Crew 31/1/2020. Dale progressed to Crew 1/8/2020, Competent Crew 13/5/2022, Senior Crew 25/7/2023, and Crew Day Coxswain on 21/4/2024.

"*You will be missed by the entire White Sunday Crew, myself Senior Coxswain Wayne Sclater, Crew Day Coxswain Mark (Turtle) Purtell, Senior Crew Scott Normile and new Crew member Damian Goodair.*"

All the best Dale hope to see you back!

Dale at the helm of Bribie 1.

White Sunday Crew: - Mark Purtell, Dale Mullins, Wayne Sclater, Scott Normile, and Damian Goodair.

TRAINEE CREW INDUCTION

Gary Voss talking to the new rescue crew trainees, including one John O'Hagan

RED SATURDAY PROMOTIONS

Saturday 31st January 2026 - Red Saturday Skipper and Senior Coxswain Jim Brown presented Steve Williams with his Crew Day Coxswain qualification status including epaulettes, and Tim Amourous with his Senior Crew status upgrade.

Congratulations Steve and Tim, thank you for your service to our VMR Bribie, MRQ Bribie and our boating community!

Senior Coxswain Jim Brown presents Steve Williams with his new epaulettes. Steve joined as a Trainee Crew 10/10/2020, promoted Crew 15/1/2021, Competent Crew 10/09/2022, Senior Crew 25/4/2024, and Crew Day Coxswain 10/12/2025 all with Red Saturday Crew.

Senior Coxswain Jim Brown presents Tim Amourous with his new epaulettes. Tim Joined as Trainee Crew 22/04/2022, promoted Crew 1/7/2022, Competent Crew 19/5/2023, and Senior Crew 17/12/2025 all with red Saturday Crew. Tim has also been bar staff since 1/9/2022.

BUSY SUNDAY

Sunday 8th February 2026 – Green Sunday Crew were kept busy, starting with a kangaroo rescue from Banksia Canals. Wildlife rescue also came to assist the crew.

Next an urgent medivac from Cooks Rocks for a kayaker with a knife wound, then a Medivac for a propellor injury from Tangalooma.

Next an Assist for a tinny broken down near Sandstone Point to the Bellara boat ramp.

Finally, an Assist for a fibreglass bowrider from outside Spinnaker Marina to Bongaree boat ramp.

Whilst all this was happening Senior Coxswain and former Advanced Paramedic Ian Grimes conducted a First Aid and CPR course.

"Skippy" in the canal!

"Skippy" being checked over by Wildlife Officer.

VALE NEIL PLUMB

With a sad heart we advise that Neil David Plumb passed away 1 February 2026 aged 89 years. Neil had a Memorial Service at Albany Creek Memorial Park Lakeview Chapel on Friday 13th February 2026.

Neil's wife Jill passed away in 2021 and is survived by his 2 children James and Nikki. Neil left his home in Watson Street Bongaree some years ago to be closer to family.

In the 1950's and early 60's Neil was Club Captain at the Tallebudgera Surf Lifesaving Club before moving to the Northern Territory to become a policeman, where he served some 29 years & 3 months rising to Assistant Commissioner in 1984 and retiring in 1991. Neil also served time with an Australian Police contingent to UN Forces in Cypress in the late 1960's.

Neil joined Bribie Island Air Sea Rescue (later VMR Bribie Island Inc.) in July 1992. He retired from active service with VMR BI in August 2013 as a Senior Coxswain and resigned as a member in March 2022.

Thank you for your valuable service, Neil David Plum – RIP.

Old Territorians Jim Robertson & Neil Plumb, ANZAC Day Bribie Island 2018.

UNIT COMMANDER GARY'S SAFETY MESSAGE:

Lets talk about NAVIGATION! We all know that Pumicestone Passage is full of sand bars and mud banks. You would be surprised how many times we go and rescue people who have run aground. Many times they say 'I didn't know it was shallow here'. That is where marine charts come in handy. Whether it is on your vessel GPS or your cellphone, having a marine chart that you understand can save you a lot of trouble. Take the time to study the chart and plan your course. Learn about the navigation marks and what they mean – also which side to stay on! For jetski riders in particular, get yourself a Navionics app on your phone (with a waterproof case) and mount it on your ski. Contrary to appearances, jetskis do need some water to operate in!

One important thing to remember is that within Pumicestone Passage, the red markers must be on your LEFT going SOUTH, but must be on your RIGHT going NORTH. Also, in all the creeks the red markers must be on your left. This can be tricky if you are going north up the passage and then shoot off into a creek – the markers change sides!

So remember – get yourself an electronic chart and learn how to use it. Stay safe on the water.

FEBRUARY ASSISTS

THU 05/02 0853AM – 5.6m Half Cabin 2POB engine failure after leaving Bellara boat ramp, required a tow back to Bellara boat ramp.

THU 05/02 1022AM – 4.3m Centre Console 2POB with engine failure at Bellara required a tow back to Bellara boat ramp.

THU 05/02 1302PM - Tasked by QAS to transport 2 Paramedics to Tangalooma and medevac a patient back to their waiting ambulance at MRQ Bribie base.

FRI 06/02 1809PM - Tasked by QAS to transport 2 Paramedics to Tangalooma and medevac a patient with hot oil burns to foot back to their waiting ambulance at MRQ Bribie base.

SAT 07/02 1929PM - Tasked by QAS to transport 2 Paramedics to Tangalooma and medevac a patient with seizure back to their waiting ambulance at MRQ Bribie base.

SAT 07/02 1937PM – 3m Jet Ski 2POB stranded on sandbank in Passage retrieved and towed to Donnybrook.

SUN 08/02 0835AM – MOP reported a kangaroo in Pacific Harbour canals – Investigated and rescued successfully with Wildlife Officer.

SUN 08/02 0929AM – Tasked by QAS to medevac patient with knife wounds and his Kayak from Cooks Rocks to Base pontoon.

SUN 08/02 0933AM – 9m Half Cabin 2POB with fuel issue South of Bridge, Required a tow to Spinnaker Sound Marina.

SUN 08/02 1231PM - Tasked by QAS to transport 2 Paramedics to Tangalooma and medevac a patient with cuts from propellor back to their waiting ambulance at MRQ Bribie base.

SUN 08/02 1437PM – 4.5m Runabout 2POB out of fuel South of the Bribie Bridge, required a tow to Bellara boat ramp.

SUN 08/02 1511PM – 5m Bowrider 2POB with electrical issues required a tow from North of the Bribie Bridge to the Bongaree boat ramp.

TUE 10/02 1110AM – 8m Cruiser on fire at pontoon in Banksia Beach canals.

FRI 13/02 1125AM – MOP reported unmanned Catamaran drifting South toward Moreton Bay - investigated and called owner, under control.

SUN 15/02 1402PM – MOP reported Ketch dragging anchor South of Bongaree Jetty – investigated, safely anchored but swings on anchor.

SUN 15/02 1629PM – MOP reported 12m Cruiser stuck on sandbank out from Bellara ramp. – Investigated agreed with skipper that he was in no danger and would wait for high tide.

TUE 17/02 0910AM – 5m BBQ Boat drifted off mooring – Investigate and resecure.

TUE 17.02 1013AM - Tasked by QAS to transport 2 Paramedics to Tangalooma and medevac a 5 yr old patient with high fever and parent back to their waiting ambulance at MRQ Bribie base.

WED 18/02 0940AM – MOP reported 3.5m Tinny upside down and anchored at Cockle Banks. Towed vessel to Red Beach notified Water Police with mobile and tender's vessel.

YTD RADIO ROOM STATISTICS

CALLS	2,419
VESSELS LOG ONS	708
VESSEL ASSISTS	61
SITREPS	257
REQUESTS	255
OVERDUE VESSELS	0
VESSEL TRACKING	0
RADIO CHECKS	167
WEATHER BROADCASTS	0
SECURITE BROADCASTS	5
PAN PAN CALLS	0
MAYDAY CALLS	0
PERSONS ASSISTED	84
VHF CALLS	55.2%
27MHz CALLS	0%
PHONE CALLS	29.8%
GWN CALLS	2.1%

"BUT importantly – Always remember if you are heading out on the water **LOG ON** with your local **MRQ. VMR or Coast Guard,** it's a free service for everyone, so why wouldn't you! **It just may save your life!"**

Look after the equipment that will look after you!"

"PLEASE WEAR YOUR LIFE JACKETS!"

To the Editor,

The recent conclusion of the UK's Infected Blood Inquiry has exposed a decades-long cover-up that mirrors Australia's own history. Throughout the 1970s, 80s, and 90s, thousands of Australians were infected with HIV and Hepatitis C through contaminated blood products.

While the UK government is providing billions in compensation and a formal apology, Australian victims continue to be met with silence. Many of these individuals live within our own community and were treated in Queensland hospitals that administered these products.

Current "support funds" are difficult to access and insufficient. We require a full Royal Commission into the Australian blood supply and a no-fault compensation scheme to support those whose lives were devastated by a system intended to heal them.

I urge our local representatives, Terry Young MP and Ariana Doolan MP, to publicly state their positions on this issue. Our community deserves to know if they will fight for the same level of accountability that has finally been achieved in the UK.

Sincerely,
Aaron Kennedy

Dear Editor,

As the Tangerine Toddler continues to distract us with the most abominable behaviour the planet has ever seen, it's also interesting to see the way our own orange-tinged billionairess has jumped sideways (like most of the Coalition base) to encourage, support and groom an ex-con and her boozy side-kick while they try to influence mainstream Australia in far-right, Heritage Foundation, Charlie Kirk extremism. Birds of a feather, I suppose …

Along with other fringe-dwellers eager to latch on for the sake of an argument, the desperation as each struggle to stay relevant and canvas their pursuit of more, more, more is getting to the point of just being plain funny, if it wasn't so sad.

What I find most revealing is that they've already scuttled one ship, are moving to another, only to pour the same oil on a different vessel. What don't they get? Even Albo has pointed out the bleeding obvious to help them.

And he's deemed the 'enemy'.

Maybe it's better we just let them burn ... can't lead a horse to water, I guess.

P Robinson

Dear Editor,

I have a problem with correspondence that keep alluding that the sun and wind will reduce the cost of power because nature provides it for no charge, unfortunately it doesn't work like that, each wind tower needs around 2,000 gallons of oil annually to work the gears and transformers and to start the blades needs a diesel engine, the blades have to be buried after their life come to an end and although they don't seem to be going fast they really are and the number of birds being hit is now causing concerns of loss of species.

Everyone seems to think electricity will come down in price however this is not necessarily the case especially as the grid is now privatised meaning that shareholders have to receive dividends which rely on profits so at some time there will be some introduction of a fee for not using enough off the grid.

This is in the same way users of electric cars who believed it would be cheaper to run than petrol because they are evading the excise will shortly get charged for the mileage they are doing as the Government is losing billions of dollars annually with the loss of excise, I commented on this several years ago and Chalmers openly admitted it will come soon in a budget.

To put that into simple language 50 cents a litre of petrol is excise so if you use thirty litres a week and buy an electric car you will shortly be asked to find around $750 or more annually to cover this loss and that will increase twice a year in line with the cost-of-living increase.

Solar works when the sun shines but how about under water, we seem to be getting more and more floods now and many in areas never before seen, so where do the panels get put to avoid the acres and acres needed to power cities as new houses still aren't required to have them.

New apartment blocks have swimming pools but no water tanks or solar, trees are still being ripped out of the ground despite the fact they absorb CO2 and put oxygen back into the atmosphere and in America there is a President who has just ripped up the climate change rules and doesn't want any more solar or windfarms built, which will have a bigger impact on the world's climate than anything Australia does, he also wants petrol cars back as the preferred vehicle.

Interesting times ahead and yes regardless of all these measures if the climate has indeed changed as scientists insist, I'm afraid that despite the intelligence of man in many achievements a lack of controlling the explosion in the world population will probably have more of an effect than any wind farms or solar panels.

Philip Arlidge

Dear Editor,

If the Coalition is ever going to regain favour with Australian voters, Angus Taylor needs to embrace net zero like the rest of the world.

This is why it is so important. In 2005 two physicists (David Frame and Myles Allen) used a climate model, proven reliable by producing correct predictions using historical data, to show the effect of removing anthropogenic greenhouse gasses from the atmosphere.

Without these emissions, temperatures remained stable - i.e. global warming stopped. So the idea of net zero was born.

But net zero does not mean stopping production of greenhouse gases altogether.

It simply means that we should balance essential emissions like those produced when making concrete (the chemistry is unavoidable) with other activities which absorb CO2 etc. And chopping down trees for cattle production is the opposite of what is required.

It also means we need to find alternative means of doing as many as possible of the things which produce CO2, by some other method.

We have cheaper ways of making electricity (renewables), so it makes economic sense to use them rather than gas.

And we need to find new ways to store energy for transport and manufacturing, or to make steel.

But while the Coalition refuses to see the urgency to reach net zero, they will remain in the wilderness.

H.Beneke

letters to the editor

To the Editor,

Bribie Island residents are being told a second bridge is about safety and planning, yet the daily reality on our roads tells a different story.

Benabrow Avenue routinely clogs from early morning, the Caboolture–Bribie Island Road backs up for kilometres, and a single breakdown on the bridge can trap tens of thousands of people with no alternative route.

Emergency vehicles are delayed, workers miss shifts, and families sit in standstill traffic for hours. This is not a hypothetical future issue — it's happening right now.

Despite this, planning and rezoning decisions continue to be pushed through at a pace that far exceeds the island's capacity.

More units, more cars, more congestion — all approved while the existing road network is already failing under current demand.

If governments want community trust on major infrastructure, they must explain why development is accelerating while traffic conditions deteriorate.

Residents deserve straight answers:

• How will a second bridge help if development continues unchecked and overwhelms any new capacity?

• What protections will prevent improved access from becoming a magnet for overdevelopment?

• Why are planning decisions being made without genuine, transparent consultation?

Bribie Island is not a growth corridor. It is a community with finite space and fragile infrastructure.

If governments want support for a new bridge, they must first prove they're willing to protect the people who already live here.

Rodney Hansen

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H.Beneke

Dear Editor,

In response to "Proposed Bill to Fight Antisemitism" (Feb 13th), I would like to clarify some key issues.

The phrase "From the River to the Sea" refers to the land from the Jordan River to the Mediterranean Sea, an area that comprises the land of Israel.

This Palestinian slogan, claiming Palestinian rights to this land, was first used in the 1960s by Yassar Arafat's PLO party, with accompanying riots, bombings, shootings and knifing of Israeli citizens.

I agree that context and intent of "mere words" is extremely relevant, which is precisely why chanting these slogans passionately at Australian Palestinian protest marches clearly demonstrates both factors.

This is hate speech, passionately intentional, and in the context of a political rally, whipping up antisemitic and pro-Palestinian fervour.

Similarly, the slogan "Globalise the Intifada." The Intifada is the Palestinian resistance movement against Israel, begun in the late 1980's, and includes the same violence as already mentioned.

This is the movement that Palestinians want expanded around the globe.

Does Australia really want to be part of it, the Bondi massacre being a foretaste?

C.Streeter

Dear Editor,

In Issue 253 of the Bribie Islander, I threw out a challenge.

I requested that some supporter of the 100% renewables approach to power generation explain to me how they would address three major issues that I identified.

These were;
1) the power needed to be generated each and every day in Giga Watts;

2) the battery storage needed to be installed in Giga Watt hours and its cost, and

3) how power would be supplied when the sky is overcast and the wind doesn't blow for periods of seven consecutive days.

In Issue 257 I received my answers from . . .. 'Name withheld'.

I quote, in part; "Once solar panels are built, the fuel is free. The sun and wind don't send us a bill". "Renewable energy means cheaper power".

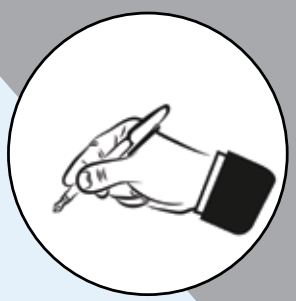
These statements are taken straight from the Chris Bowen playbook. They ignore rigorous engineering practice and rely entirely on 'gut feeling'.

I find comments such as these from a federal Minister entrusted with the Energy Portfolio to be truly pathetic. Fuel is only part of the cost.

Totally new transmission lines are required, and the solar panels need to be replaced regularly. Batteries of the size needed to ensure power on a 24/7 basis are extremely expensive.

Surely, we need to plan our future power system on more than just 'the vibe'.

Michael Cavenor



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