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AND DISTRICTS COMMUNITY MAGAZINE

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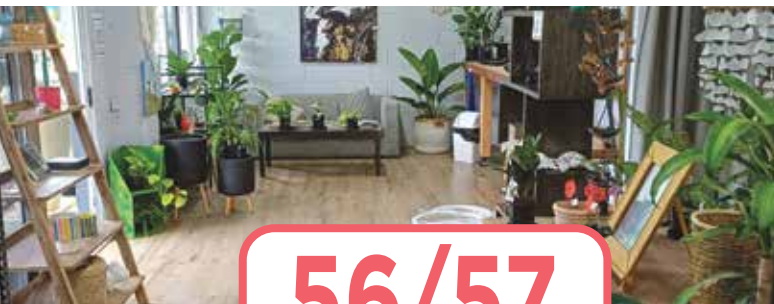
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MARCH 27, 2026



22/23

JOHN KEMP A LIFE OF CRAFT AND CHARACTER



56/57

BRIBIE GARDEN CENTRE 1ST BIRTHDAY



60/61

EXPERTS IN REAL ESTATE



We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.



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Dear Readers,

Welcome to edition 260! Easter is here, and like many, we'll be staying home this year due to high fuel prices. I'm reminded how fortunate we are to have our home, especially when I think of families like Grant, Bec, and their boys from Bribie, who aren't as lucky.

On March 10, they lost everything in a house fire. Thankfully, everyone—including the kids and dogs—escaped safely. Grant is legally blind and, without insurance, faces even greater challenges in recovering.

During this challenging time, any support—whether a donation or simply attending their fundraiser—can make a real difference. If you're able, please consider contributing to the family's GoFundMe (<https://gofund.me/07f184bec>) or joining the fundraiser at Bribie Island Hotel on April 18th. Your generosity or presence will help them replace essentials and begin to rebuild.

Now onto the celebration of local achievements, much-loved Bribie author Peter Schinkel will launch his book on Wednesday, April 15th, from 5:30 to 7:00pm at the Bribie Island Community Arts Centre. Festivities kick off at 5:30pm with free snacks and drinks. The official launch begins at 6:00, followed by informal chats, an audience Q&A, more refreshments, and book signings from 6:30 onwards. It is sure to be a fantastic night!

Speaking of writers, many of you will remember our dear Helly Kemp, who has written for the Bribie Islander over the years. In this edition, we're sharing a heartfelt tribute to her talented and much-loved husband, John Kemp—a touching piece that beautifully captures the love they shared.

I wish you all a safe and happy Easter,  
Until next time,  
Take Care, Stay safe,

*Cherrie*

## CONTRIBUTORS

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We encourage respectful and constructive dialogue, and contributions that violate community guidelines or promote hate speech, discrimination, or illegal activities will not be accepted. Thank you for your understanding and support in maintaining a positive and inclusive community publication.

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# ARE HAIRY ARMPITS MAKING A COMEBACK?

For decades, smooth underarms have been the beauty standard, a sign of neatness and modern style. But walk through a summer festival crowd today, and you might spot something different.

In recent years, a growing number of people—especially younger women and non-binary individuals in urban areas—have started to embrace their natural body hair, challenging the long-standing norm of hairless armpits. While this shift is especially visible on social media and at certain

cultural events, it remains more common in some communities than others. Is the trend of hairless armpits fading as more people choose to keep their natural body hair, or is it still mostly a niche movement?

Let's look at this in a simple way. Our bodies have two main types of sweat glands: eccrine and apocrine. Both sit just under the skin, but they work a bit differently. Eccrine glands are found all over your body and help you cool down. When you get hot, they release mostly water and a bit of

salt onto your skin. This sweat dries up (evaporates) and helps lower your body temperature.

Apocrine glands are in places with more hair, like your armpits and groin. They start working when you go through puberty or feel stressed, and they release a thicker, milky fluid made of water, proteins, and fats into your hair follicles. At first, sweat from both types doesn't smell. But when it mixes with bacteria on your skin, that's when body odour happens. The bacteria feed on the mix from

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# Am J Sports Med 2007; 35:972  
\* Int J Surg 2015; 24:113-222  
^ Int J Surgery 2015; 24:207-9



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apocrine glands and break it down, which is what makes sweat smell.

### So, does less hair mean less sweat?

Shaving your armpits won't actually make you sweat less, since it doesn't change how your sweat glands work.

The sweat-producing apocrine glands are under your skin, not in the hair. They keep making sweat even if you shave the hair off. Sweat will still come out through the same openings, even if the hair is short or gone.

However, shaving your armpit hair can help cut down on body odour. Hair easily soaks up smells, underarm hair also traps moisture, making it easier for odour-causing bacteria to thrive. So, with shaved underarms, you might feel drier and think you're sweating less.

When it comes to health, both keeping and removing armpit hair have pros and cons. Shaving can sometimes lead to skin irritation, razor burn, or ingrown hairs, especially if not done carefully.

On the other hand, leaving armpit hair untouched can help prevent these skin problems and may provide a little extra protection for your sensitive underarm skin. There isn't strong evidence that shaving or keeping armpit hair makes a big difference for your overall health, so the decision

comes down to your comfort and personal style.

### A Brief History of Hair Removal

Historians say hair removal began in ancient Egypt, where being hairless signified civilisation. Both men and women used beeswax, pumice stones, and seashell tweezers to remove hair. Ancient Greeks and Romans also saw hairlessness as a sign of wealth.

In the Middle Ages, women followed Queen Elizabeth I's example and used bandages soaked in vinegar and ammonia to remove facial hair. The ammonia came from their pet cats' urine.

It wasn't until the early 20th century, decades after the invention of the straight razor, that the forerunner of today's armpit shavers began to take shape. In 1915, Gillette debuted the Milady Decolleté, the first razor marketed specifically for women's hair removal.

The armpit hair-removal practice, fuelled by increasingly sheer materials and rising hemlines, was propagated by Gillette's widespread advertising campaigns and by the era's popular publications, including Ladies' Home Journal and Harper's Bazaar. A dalliance with armpit hair as a sign of feminism in the 1970s didn't prevent later generations from shaving their armpits with gusto. Today, armpit hair

HEALTH, WEALTH & COMMUNITY is shaved, threaded, tweezed, sugared, waxed and lasered into obscurity. Attitudes toward armpit hair, however, are not the same everywhere.

In some countries, such as France or China, natural underarms have long been seen as perfectly normal, while in others, especially in Western media, smooth underarms remain the expected standard.

Around the world, social norms, fashion trends, and even climate can shape how people manage their body hair.

In the end, choosing whether to keep or remove your armpit hair comes down to what works best for you. Here are some practical takeaways:

- Shaving your armpits will not reduce how much you sweat, but it may decrease body odour by giving bacteria less to cling to.
- Keeping your armpit hair can help prevent skin irritation from shaving and offer a bit of natural protection for your sensitive underarm skin.
- Good hygiene and your overall diet can affect how you smell, with plant-rich diets often contributing to a more pleasant body odour.
- Use comfortable shaving tools and prep your skin properly to minimise irritation if you do decide to shave. Whatever you choose, your comfort and confidence are what matter most.

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## ANNUAL GENERAL MEETING

OF

**BRIBIE ISLAND COMMUNITY ARTS SOCIETY INC.**

TO BE HELD

**11.00 AM**

**SUNDAY 19 APRIL 2026**

**Boardroom**

*To vote, members must be financial by 1pm Sunday 5 April 2026.*

**ALL MEMBERS ARE REQUESTED TO ATTEND**

PLEASE REGISTER YOUR ATTENDANCE AT

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by 17 April 2026

Kelly Vass  
Board Secretary  
1 March, 2026



FRIDAY 03 APRIL 2026 | 9AM

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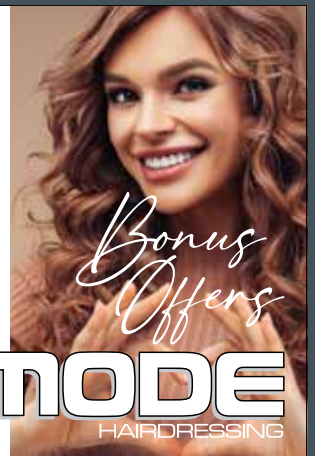
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There are many reasons why cotton fabric is great to wear, from its natural softness to its breathability and durability.

One of the biggest advantages of cotton fabric is its comfort. Cotton is a natural fibre that feels soft and gentle on the skin.

Unlike some synthetic materials, it does not cause irritation or itching, which makes it ideal for people with sensitive skin.

Clothing made from cotton can be worn for long hours without feeling uncomfortable.

This is one of the reasons why cotton

is commonly used for everyday clothing such as shirts, pants, shorts and dresses.

Another important benefit of cotton fabric is its breathability. Cotton allows air to circulate through the fabric, helping the body stay cool, especially in warm weather. Because it absorbs moisture and sweat, cotton clothing keeps the skin dry and comfortable.

This makes cotton garments a great choice for summer clothing or for people who live in hot climates.

Durability is another reason cotton fabric is highly valued. High-quality cotton fabrics can last a long time when properly cared for.

Cotton fibres are strong, which means cotton clothing can withstand regular washing and daily use without losing its shape easily. This makes cotton clothing a practical and cost-effective choice for many people.

Cotton is also a versatile fabric. It can be used to create many different types of clothing, from lightweight summer outfits to thicker fabrics for cooler seasons.

Designers can dye cotton in many colours and print a wide variety of patterns on it, making it suitable for many styles and fashion trends.

Another advantage of cotton is that it is a natural and biodegradable fibre.

Because it comes from the cotton plant, it is more environmentally friendly compared to some synthetic fabrics.

Many people prefer cotton clothing because it feels more natural and sustainable.

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# Does Lead in Lipstick Cause Cancer?

Lipstick is a favourite cosmetic for many Australians, but some people still worry about possible health risks, especially whether lead in lipstick can cause cancer.

With news stories and social media posts adding to the concern, it is important to look at the facts. This editorial reviews the evidence, explains Australian regulations, and outlines what consumers should keep in mind.

## The Source of the Concern

Worries about lead in lipstick have been around for a while. Lead is a toxic heavy metal, and people are careful about exposure because it is known to cause developmental and neurological problems.

The issue became more widely discussed in the early 2000s after studies from other countries found small amounts of lead in popular lipsticks.

Advocacy groups and the media have brought up the topic again from time to time, sometimes using strong or alarming language.

## What Does the Science Say?

Lead is a known neurotoxin, and long-term exposure can cause health problems, especially for children and pregnant women.

High levels of exposure, which are uncommon in daily life in Australia, have been linked to developmental delays and kidney problems.

However, the link between lead and cancer, especially from lipstick, is not clear-cut.

The International Agency for Research on Cancer (IARC) says

inorganic lead compounds are “probably carcinogenic to humans” (Group 2A), but this is based on high exposures in workplaces, not the tiny amounts sometimes found in consumer products.

There is no direct evidence that small amounts of lead in lipstick cause cancer.

Toxicologists often say that “the dose makes the poison”. In Australia, cosmetic safety is regulated by the National Industrial Chemicals Notification and Assessment Scheme (NICNAS), now part of the Australian Industrial Chemicals Introduction Scheme (AICIS).

Australian law does not allow companies to add lead to cosmetics on purpose, but small amounts can still be present because of mineral contamination.

## Australian Regulation and Oversight

Australia has strong rules for cosmetics. AICIS sets strict limits for heavy metals in these products, and the Australian Competition and Consumer Commission (ACCC) checks that companies follow the rules. Lipstick and other cosmetics sold in Australia cannot have dangerous levels of contaminants.

Most lipsticks have much less lead than even the strictest international standards allow.

A 2010 study by the National Industrial Chemicals Notification and Assessment Scheme found that the lead content in lipsticks available in Australia was very low, mirroring results from Health Canada and the European Union.

The Therapeutic Goods Administration

(TGA) also monitors adverse effects and chemical safety and has not issued warnings about lead in lipstick.

## Should Australians Be Worried?

Based on current evidence and strong regulations, there is little reason to worry.

The small amounts of lead sometimes found in lipsticks sold in Australia are much lower than levels linked to health problems, including cancer.

Other sources, such as old paint, contaminated soil, or imported products that do not meet Australian standards, are a much bigger risk for lead exposure than lipstick.

There is no evidence from studies that using lipstick causes cancer in Australians.

The main health risk from lead is still to the nervous system, not cancer, and for most people, lipstick is not a significant source of lead.

## The Takeaway for Australian Consumers

Australian regulators and international scientific reviews agree that the small amounts of lead in modern lipsticks do not pose a significant cancer risk.

While it is important to stay aware, especially for people who are more vulnerable, lipstick is not a main source of lead exposure.

To feel more confident, consumers can choose well-known brands that follow Australian standards.

# Living with Chronic Pain

## Understanding, Coping, and Finding Strength

Anne Matthews



### Introduction

Chronic pain is an unseen companion for millions throughout the world. Unlike acute pain, which serves as a warning sign for injury or illness and generally subsides, chronic pain continues for months or even years, often without a clear explanation.

Living with chronic pain is not just a physical ordeal, but an emotional and mental one as well.

This article explores the realities of living with chronic pain, practical strategies for coping, and avenues of support available nationwide.

### What is Chronic Pain?

Chronic pain is typically defined as pain that persists longer than three months and does not respond easily to conventional treatments.

It can arise from conditions such as osteoarthritis, fibromyalgia, nerve damage, migraines, or may linger after surgery or injury.

For some, chronic pain is a constant part of life; for others, it appears unpredictably.

### The Impact on Daily Life

The effects of chronic pain stretch far

beyond the persistent discomfort. It can restrict mobility, disturb sleep, and interfere with everyday activities—impacting work, study, and social engagements.

Many sufferers report frustration, isolation, and even depression, as their pain quietly shapes the rhythms of their lives in ways others may find difficult to comprehend.

Simple tasks such as cleaning, shopping for groceries, walking the dog or even sitting through a family gathering can become exhausting challenges.

The unpredictable nature of pain flare-ups makes planning ahead difficult, often resulting in last-minute cancellations and strain on relationships.

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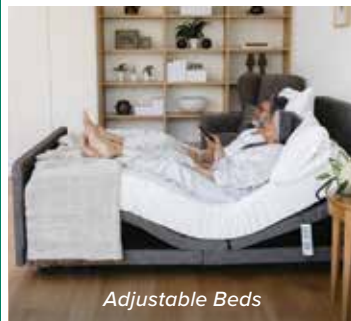
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## Coping Strategies

While chronic pain presents significant hurdles, many develop effective strategies for managing their symptoms and improving quality of life. These include:

• **Medication:** Painkillers, anti-inflammatory drugs, or medicines targeting nerve-related pain can sometimes provide relief, though long-term use should be managed carefully, with a doctor. due to side effects.

• **Physiotherapy:** Regular exercise, stretching, and movement programs designed by physiotherapists can enhance mobility and help reduce pain.

• **Mindfulness and Relaxation:** Practices like meditation, yoga, and deep breathing are popular across the country for their potential to reduce stress and ease the emotional burden of pain.

• **Support Networks:** Connecting with others living with chronic pain, either in-person or through online forums and support groups, offers comfort and practical tips.

• **Cognitive Behavioural Therapy (CBT):** CBT has helped many sufferers reshape negative thoughts and develop healthier

coping mechanisms.

• **Lifestyle Adjustments:** modifying routines, pacing activities, and prioritising rest can make daily life more manageable and less overwhelming.

## Seeking Support

Living with chronic pain can feel isolating, but help is available. Public and private pain management clinics, many within the public health system (Medicare), provide multidisciplinary support.

Organisations like My Aged Care, PainAustralia, the Australian Pain Society, and your local hospital networks offer resources, education, and community connections.

Family and friends play a vital role, offering understanding and support—though sometimes education is needed to bridge the gap between experience and empathy.

## The Importance of Self-Advocacy

Self-advocacy is crucial for those living with chronic pain. This involves clear communication with healthcare professionals, asking questions, seeking second opinions if needed, and keeping thorough records. Self-advocacy also means

## HEALTH, WEALTH & COMMUNITY

explaining your needs and limitations in workplaces, educational institutions, and social settings, and requesting reasonable adjustments where appropriate.

## Finding Hope and Resilience

Despite its challenges, countless Australians living with chronic pain find ways to lead meaningful, rewarding lives.

Acceptance, flexibility, and determination are vital. Taking pride in small victories, maintaining hobbies, and nurturing relationships can help foster hope and wellbeing. Importantly, research and innovation in Australia are steadily improving understanding and treatment options for chronic pain conditions.

## Conclusion

Living with chronic pain is a journey demanding patience, resilience, and the right support.

By understanding the condition, implementing effective coping strategies, and advocating for oneself within the Australian healthcare system and society, it is possible to find moments of relief, connection, and even joy. For those facing chronic pain, remember: you are not alone, and there is help across the country.

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# BRIBIE SIMPLY HEALTHY

By Heenam Kim

## Releasing Trauma/PTSD, From Survival to Freedom

We all carry trauma in our lives. Some experiences are mild, while others are more severe, but their impact on the nervous system often depends on how we perceive them through the expectations the meanings we attach, and the way we place blame on ourselves or others.

When we experience trauma, the body shifts into a protective state. This can be seen through increased stress hormones, a heightened heart rate, muscle tension, and emotional reactivity. Over time, these responses can become "stuck," even when the original danger has passed.

*As a result, people may find themselves reacting strongly, feeling anxious, or unable to move forward in certain areas of life. These are not signs of weakness, they are signs that the body is still holding onto unresolved stress patterns.*

At a deeper level, our bodies hold more than just stress responses. The nucleus of every cell carries information that reflects our true nature, reminding us that we are far

more than the limitations we have been conditioned to believe.

The encouraging news is that trauma is not only reflected in changes in our hormones, often contributing to various health issues but it is also something we can change.

Approaches such as Emotional Freedom Technique (EFT) psychotherapy work directly with the body's stress response. By gently tapping on specific acupressure points while focusing on emotional experiences, EFT helps calm the nervous system and reduce the intensity of stored emotional reactions. What once felt overwhelming can begin to feel manageable, and over time, the emotional charge connected to past experiences can significantly decrease.

Healing does not require reliving the past. *It involves helping the body recognise that it is safe now.* With the right support, it is possible to release what has been holding you back and reconnect with a sense of calm, resilience, and inner balance.

Please drop by Bribie Simply Healthy ask for Kim. We will explore how we can support you and help you restore balance to your mind and body.

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## MSM Miracle

There is a doctor/herbalist in Korea who became popular for his effectiveness in treating cancer patients; amazingly his main remedies are MSM powder and pure vitamin C powder.

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and immune functions.

According to some study *MSM is an effective cancer treatment for even advanced cancer patients because of it's ability to get rid of lactic acid in the bloodstream and kill microbes in the bloodstream.* MSM is an excellent addition to chemotherapy, it will help the chemotherapy target the cancer cells and will make the chemotherapy more effective. MSM is also an excellent source of sulphur, known as the 'beauty mineral' Sulphur provides support for strong, thick lustrous hair, a complexion free from blemishes and wrinkles and nails that are strong and promotes detoxification. Sulphur is directly linked to anti-oxidant glutathione, irregular metabolism and insulin functions, in addition to obesity and weakness in the joints. The bio-available sulphur provided by MSM produces generous quantities of keratin and collagen, both of which are essential for healthy nails, hair and skin.

The further information 'The miracle of MSM, the Natural solution for pain.'

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# LOVE THROUGH LOSS

*Grief often slips in softly,  
inviting us to feel what  
lies deep within.*



Over the past couple of years, I have experienced deep loss: losing my beloved dog Molly over a year ago, and more recently, my dear friend Ash Pathan. Both were very different relationships, yet both were deep soul connections that touched my life in ways words can never fully capture.

Molly was my constant shadow, my teacher, and pure unconditional love. Ash was someone who truly saw me, held space for me, and met me with kindness, honesty, and presence. Losing them has been deeply felt, though it has also brought clarity and understanding.

Grief is not something we need to push away or “get over,” it is something we learn to move with, in our own time and way. I have come to realise that grief is love with nowhere physical to go, it does not disappear, it simply changes form.

With Molly, the grief was intense at first, though over time it softened. Not because the love faded, but because I began to carry her differently. When Ash passed, it brought another layer of reflection, reminding me that each connection and each loss is unique.

Rather than resisting these feelings, I allowed space for them, gently and without judgment. In doing so, I found that grief did not take over; it moved through.

Grief exists on many levels: emotional, physical, and energetic. Supporting myself meant simple, consistent care, focusing on breath, being present, being kind to myself, walking in nature, and allowing myself to feel without needing to fix anything.

In that space, something shifted. I began to see that the depth of my grief reflected the depth of my love. What once felt heavy became meaningful, a continuation of connection in a different form.

Molly’s presence lives on in quiet moments; in the lessons she taught me about unconditional love. Ash’s presence remains in the way I connect with others, through kindness and presence. Their physical presence may be gone, though what they brought into my life remains.

Healing from grief is not about letting go. It is about integrating the love, memories, and the connection into who we are becoming.

If you are moving through grief, be gentle with yourself and allow space to honour it. If you feel called for support, I offer a safe and understanding space to walk alongside you. You can reach me on - **0405 361 882**.

Always with love,  
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# The Cultural Significance of Dreams

**D**reams have always been important to people all over the world. In the past and even today, many cultures believe that dreams are special messages that can tell us things about ourselves, our future, or even about the world around us.

Some people think dreams are ways to talk to gods or spirits, while others use dreams to find advice or warnings.

For example, some people might dream about something that later happens in real life and see this as a sign. Others may dream about a loved one who has passed away and feel comforted, believing they have received a message from the spirit world.

Overall, dreams often help people make sense of their feelings, worries, and hopes. Let's look at how different cultures think about dreams and what they mean.

## Ancient Egypt

In ancient Egypt, people thought dreams were messages from the gods. They believed that dreams could give them advice about their health, their friendships, and even what might happen after they died. Some Egyptians were experts at understanding dreams, and people would go to them for help to figure out what their dreams meant.

Egyptians would sometimes sleep in special temples, hoping to receive an important dream. These dreams were written down on papyrus and studied carefully. Dream interpreters had books with different dream symbols and their meanings, so they could help people understand if their dreams were good or bad signs.

## Native American Dream Traditions

For many Native Americans, dreams are very important because they believe dreams let them talk to spirits. They think dreams can help guide them, warn them about danger, or show them what they are meant to do in life. Some tribes even have special ceremonies and stories about dreams.

For example, a person who has a powerful dream might share it with their community, and elders may help interpret its meaning. Dreamcatchers, which are traditional Native American decorations, are meant to catch bad dreams so only good dreams reach the person sleeping. People often hang dreamcatchers above beds, especially for children, to protect them from nightmares.

## Eastern Philosophies

In places where people follow Buddhism and Hinduism, dreams are seen as a way to learn about our minds and how everything is connected.

Dreams are sometimes viewed as lessons or reflections of our daily thoughts and actions. In Tibetan Buddhism, there is something called dream yoga, where people practice being aware even when they are dreaming.

The goal is to learn more about themselves and become wiser. With dream yoga, people try to realize they are dreaming while still in the



dream, which they believe can help them gain control over their minds and understand deeper truths about life.

This practice is also thought to help people feel calmer and more peaceful in their daily lives.

## Exploring Your Dreams: Tools and Techniques

Now that you have gained a deeper understanding of the world of dreams, it's time to embark on your personal journey of dream exploration. Here are some tools and techniques to help you unlock the secrets of your dreams:

### Dream Journaling

Keeping a dream journal is a powerful practice that can enhance your dream recall and provide valuable insights into the patterns and themes present in your dreams.

Keep a journal by your bedside and write down any details, symbols, emotions, or experiences from your dreams as soon as you wake up. Over time, you may start to notice recurring symbols or themes that can guide your interpretation.

### Reality Checks

Reality checks are simple techniques that can help you determine whether you are dreaming or awake. By regularly performing reality checks throughout the day, you can train your mind to question its reality, increasing the likelihood of becoming lucid within your dreams.

Common reality checks include trying to push your finger through your palm, or looking at a clock or text, then looking away and back to see if it has changed.

### Meditation and Mindfulness

Practicing meditation and mindfulness can enhance your overall self-awareness, making it easier to recognize and remember your dreams. By cultivating a present moment focus and observing your thoughts and emotions without judgment, you can develop a heightened sense of awareness that extends into your dream state. Meditation before sleep can also promote relaxation and a peaceful mind, setting the stage for more vivid and meaningful dreams.

### Seek Guidance and Support

If you find yourself struggling to understand the meanings behind your dreams or need assistance in navigating the emotions they evoke, consider seeking guidance from a professional dream analyst or therapist specializing in dream work.

They can provide expert insights, facilitate interpretation, and help you uncover the hidden messages within your dreams.



# John Derek William Kemp,

## *A Life of Craft and Character*



**J**ohn's life was defined by craftsmanship, service, and a keen sense of adventure.

He was an artist, a Grenadier Guard, and a respected member of the Guild of Master Craftsmen. As a furniture designer, traveller, father, husband and soulmate, John made a lasting impression on all who knew him.

John's creativity was evident in all aspects of his life. He carved a walking stick from one of his and Helly's trees at Lake Tinaroo, inlaying it with brass and his Grenadier Guard number.

After he and Helly moved to Bribie Island in 2014, their home became a showcase for his work: a ladies' writing desk made from Brazilian mahogany, scratch-built sailing ships, and many other handcrafted items, each with its own story.

Here are some of John's works of art featured on the 5-drawer Brazilian Mahogany and Satinwood ladies writing desk.

- The 1999 urn for Teshu Silky Oak, their breed winning, much loved Chocolate Point Siamese cat, showing John's attention to detail and care for all those around him.
- The 2016 small circular jewellery box, Helly's birthday present, including a gemstone heart.
- A goblet chalice from 1993 was, like many of John's creations, both practical and well-made.
- The 2015 moving toy screw reflected John's ingenuity and enjoyment making useful and entertaining pieces.
- And there was a very special 2020 tiny urn for Nougie, the 11-year old, famous Chihuahua, as a tribute not only to the loyal companion, who meant so much to John and Helly, but whose stories appeared many times in The Bribie Islander Magazine



and so, was loved by the Bribie Islanders.

- A miniature aquamarine, silk-inlaid, brass-initialled jewellery box from 1991 displayed John's attention to detail.
- For Easter Sunday in 2018, John made a carved egg cup and egg—a simple but funny addition to breakfast.
- The three-tiered mahogany jewellery box he made in 1988 included two secret drawers, highlighting his skill and creativity.

In 2019, for his beloved Helly's eightieth birthday, John designed the replaceable wood-and-metal numbers on the oval stand, which were crafted for the next 5 years, so Helly could enjoy each subsequent year with gusto.

- A small, wooden ring stand, plus brass inlaid wooden ring with Helly's initial, built in 2015, was designed to protect a thumb injury—A practical response to a need.
- He also made a large crystal ashtray with a turned, brass-inlaid wooden base in 1991, demonstrating his woodworking skills.
- A stallion, carved in 1993 and poised to leap, illustrated John's ability to capture movement and form.





• In 2020, John crafted a tiny waterproof dinghy, reflecting his ongoing interest in new projects.

John's skill and artistry didn't just enrich his own home—they sparked on the world stage.

At the renowned Period Home event, he took out first prize at the 1991 London Olympia Daily Telegraph Home and Interior event.

Out of more than 1,000 exhibitors, it was John at stand 520 who won not only the judges' praise, but the admiration of all who saw his work.

Perhaps most telling of his legacy was the commission to design and handcraft twelve four-poster beds for a prestigious hotel beside Kensington Palace in the 1990s. Each bed was a masterpiece, earning John over £6,000 apiece.

**Comments below from these six people, all of whom knew John well:**

*I have always admired The Guard. He was a man of intelligence, principle and integrity. Last night I raised a glass for his birthday. Myles.*

*Just to let you know that John's plate arrived yesterday, safe and sound and is a lively tribute to him and his life's work. Trish xx*

*John was a caring, gallant and interesting man. Jenny.*

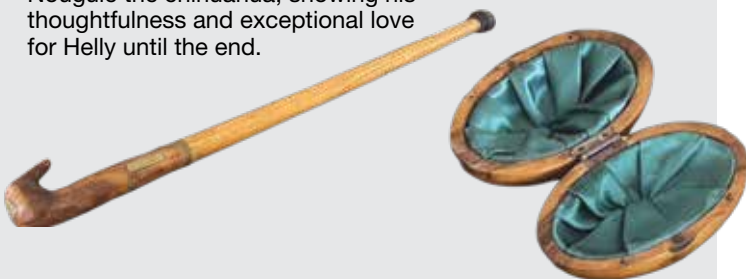
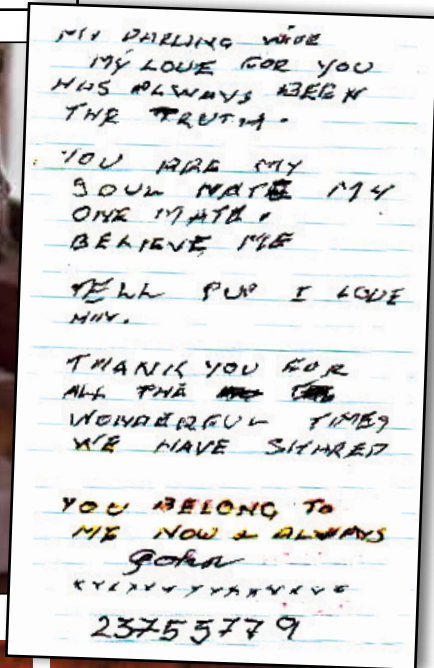
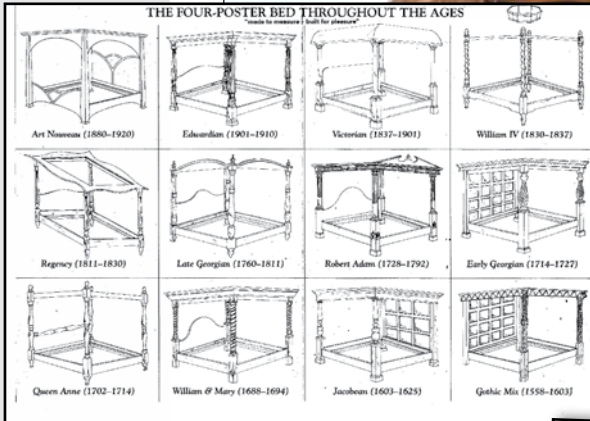
*A true gentleman, John was positive and happy. Tracy.*

*John inspired me, was great to be around, always ready for a laugh and chat. Greg.*

*John had such an obvious love for life, his wife, his friends, and his little chihuahua. Mary Anne.*

After John's passing, Helly found a letter cello-taped to the back of his picture frame (Pictured).

Despite his frailty, John managed to write a farewell to Helly and Nougie the chihuahua, showing his thoughtfulness and exceptional love for Helly until the end.



# How Much Do You Need to Retire Comfortably in Australia?

Ah, retirement—the golden years, when you can finally swap the daily commute for a daily nap, and your boss for the bossy bin chickens.

But before you can start perfecting your golf swing or learning to bake sourdough (again), there's that all-important question: How much do you need to retire comfortably in Australia?

Let's be honest, Australians have a unique take on comfort. For some, it's a simple life in a coastal town, walking the dog and fishing off the jetty. For others, it's sipping flat whites in Melbourne's laneways or finally splurging on a caravan that's bigger than your first apartment.

The Association of Superannuation Funds of Australia (ASFA) has tried to take the guesswork out of it. According to ASFA, for a 'comfortable' retirement, a single Aussie will need about \$690,000 in superannuation savings, and a couple will need about \$1,150,000.

That's assuming you own your home outright and don't plan on buying a private jet or adopting a dozen rescue greyhounds (as noble as that is).

But what does 'comfortable' actually mean? ASFA's definition includes items such as the occasional restaurant meal, private health insurance, domestic travel, and, yes, upgrading your iPhone before it becomes a museum

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That means your retirement savings need to last, not just for a few years of RSL bingo, but potentially for decades of travel, hobbies, and keeping up with the grandkids (who are just as expensive as kids, but cuter).

The old rule of thumb was that you'd need around two-thirds of your pre-retirement income to maintain your lifestyle, but with rising health care costs and the ever-present lure of the cruise ship, budgeting is more crucial than ever.

Here's where the humour comes in: Australians are famous for their "she'll be right" attitude—but when it comes to retirement, "she'll be right" only works if "she" is your financial adviser.

Starting young with your savings, making regular contributions, and not panicking when the share market wobbles are all part of the plan. And while you might not end up with a waterfront mansion, you can certainly aim for a waterfront view—at least on holidays.

So, how much do you really need? The answer isn't one-size-fits-all. It depends on where you live (hello, Sydney house prices), your health, your lifestyle, and whether you've developed a taste for international travel or you're content with a caravan and a fishing rod.

What is universal is the need to plan, save, and, if you're lucky, laugh along the way.

After all, the best things in retirement are free: walks on the beach, time with loved ones, and the satisfaction of knowing you can finally sleep in as late as you want.

In short, aiming for ASFA's 'comfortable' figure is a solid goal, but comfort is about more than just dollars and cents. It's about peace of mind, good health, and having enough to enjoy the little luxuries—like not having to share your Tim Tams unless you really want to.

piece. It's not an extravagant lifestyle—think more "regular coffees at the café" and less "caviar at The Ritz."

Now, before you start hyperventilating into your Bunnings hat at the sight of that seven-figure number, let's add some perspective.

Most Australians will rely on a delicate cocktail of superannuation, the Age Pension, and whatever's left after the kids have raided your biscuit tin (and let's be real, your wallet).

The Age Pension acts as a safety net, but it's designed to provide a 'modest' lifestyle—a.k.a., you can afford Netflix or avocado toast, but probably not both.

So, how do you get to that magic number? Well, a combination of working longer, contributing more to your super, and resisting the urge to spend it all on a midlife crisis Harley Davidson. Keep in mind, returns on super are influenced by the markets, and no one can predict those—not even your mate who's "really into crypto."

It's also important to remember that life expectancy is climbing. The average Aussie now lives into their mid-80s.

## Are you wanting an experienced Financial Adviser?



- Keep your retirement plans on track.
- Understand how much you may need in retirement
- See how long your money might last in retirement
- Considering downsizing - Boost your Super

We care about your financial goals

Provide ongoing support and advice

Take the stress out of financial decisions

For a meeting at our Bribie Island office call us on 1800 065 151  
or visit [www.riseqld.com.au](http://www.riseqld.com.au)



We Have a new office at  
**83 Welsby Pde  
Bongaree**

Mike Smith and Rise Wealth Qld Pty Ltd are Authorised Representative(s) of RI Advice Group Pty Ltd, AFSL 238429. The information, including taxation, contained within this advertisement does not consider your personal circumstance and this is general advice only. Before acting on this information you should consider its appropriateness, having regard to your own objectives, financial situation and needs.

Bribie Island | Caboolture | Caloundra | Chermside | Mt Gravatt

# BUSY FINGERS

## CLOSURES

Christmas is long gone, seems like only yesterday I made the family pudding, it appears the older I get the quicker my days are passing by. We will soon be enjoying Easter with family and friends, so I would like advise when the shop is closed for the next few Public Holidays.

### EASTER:

Closed Friday 3rd April through to Easter Monday 6th April re-opening on Tuesday 7th April.

### ANZAC Day:

Closed Saturday 25th April.

### LABOUR Day:

Closed Monday 4th May.

## FURNITURE

Since the Christmas break, we have only been able to accept a small amount of furniture, due to the fact that we have to adhere to strict hygiene regulations. Items have to be not only resaleable but also in good condition, with no stains, tears or pet hair present.

We apologise for having limited furniture available at the moment.

## CLOTHES

We have plenty of clothes available and we have started to put out some warmer clothes ready for winter, we have been having a sale once a week where items are \$1, please check either Facebook or the blackboard at the front door.

## DONATIONS

Due to the generosity of our donators and customers we were able to also support the following associations. BI Netball Team have many new members and would like to give new

T-Shirts to all their players this year. BI RSL Golf Club have asked for assistance with a bus for their annual tournament in Benowra. Bribie Districts Little Athletics Have approached us for 10 iPads for recording the results and achievements of the individual age groups, this will assist coaches with training needs.

## VOLUNTEERS

If you have recently retired from work or find yourself with a little extra time, Busy Fingers Op Shop warmly invites you to join our volunteer family and help us support our local community in a meaningful and enjoyable way.

Volunteering with Busy Fingers is a wonderful opportunity to just stay active, meet new people and share your skills and life experience in a friendly relaxed environment.

Whether you enjoy chatting with customers, sorting donations or working as part of a supportive team, there's a role to suit you.

If you'd like to get involved or simply find out more, please contact **Jackie our manager on 34081014**. We would love to hear from you.

## VALE

I would like to send condolences to Pauline Tamkin on the passing of her husband Paul Tamkin, who passed away 3 weeks ago.

Paul was a member of SES Bribie Island for around 10 years and when I first became secretary of Busy Fingers, I had the pleasure of discussing grants the group needed to assist them look after the island residents. Paul was a wonderful man with a great sense of

humour, he will be dearly missed by family and friends. Pauline has advised that they are having a memorial for him at Brennan Park at 12pm on 5th April, anyone is welcome to pop along.

## REQUEST FOR PRESENTATIONS AND DONATIONS

If you are a member of an island club or association and require assistance, please let us know. We try to assist all non-for-profit associations and sporting clubs, we also assist the Police, SES, VMR and the BI Hospice.

Our President Pauline is quite happy to come along to your club and present our aims and goals and how your club can apply for assistance. **Please call 3410 1920 or email [busyfingers1@bigpond.com](mailto:busyfingers1@bigpond.com)** if you wish to have a presentation or if you wish to apply for a grant of assistance.

When applying for assistance please contact us for our 2026 Grant Guidelines Sheet on how to apply, include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to **[busyfingers1@bigpond.com](mailto:busyfingers1@bigpond.com)**

**Please be aware we only support Bribie Island associations and groups, not individuals.**

*I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra*

# Green Shirts, Great Laughs & Outback Tracks – Join the Fun!

If you've ever wondered what retirement looks like with a social calendar that's busier than your working days, our Probus Club of Bribie Island might just be your kind of place.

We recently celebrated St Patrick's Day in style, with members dressed in green (some more enthusiastically than others!).

A spirited singalong of "Molly Malone" proved that while perfect pitch is optional, enthusiasm is not.

Add a round of St Pat's trivia and

plenty of laughter, and you've got a perfect morning of friendship and fun. And we're just getting started.

Coming up, we're teaming up with a neighbouring club for a tour of the Port of Brisbane because good company is even better when shared.

In July, it's off to Longreach and Winton for a 7-day adventure, "The Real Outback Spectacular" – wide skies, great stories, and a true taste of the Aussie outback.

August brings a day trip with a

difference to Summerland Camel Farm – yes, camels... and yes, the jokes are already lining up.

What do we offer?

Interesting guest speakers, friendship, laughter, outings, and a welcoming community where there's always something to look forward to.

Come and give us a try – you might just wonder how you ever had time to work!



If you'd like to know more, simply Google 'Probus Bribie Island' to find our website or contact **Gabrielle on 040 7 341 074 or Don on 0455 968 388.**



**Busy Fingers Op Shop**  
38 Cotterill Ave, Bongaree

**GREAT BARGAINS ON CLOTHING,  
SHOES, ELECTRICAL, TOOLS,  
TOYS AND MUCH MORE**

**VOLUNTEERS  
ALWAYS  
WELCOME**

**FREE PICK UP  
AND LOW COST  
DELIVERY**

**PH 3408 1014**  
Mon-Fri 8:00-3.30, Sat 8.00-12.00

## Supporting Community

Bribie Respite and Support Services Incorporated has been servicing Bribie Island and surround since 1987. As a not for profit organization all monies generated are reinvested into our Bribie based business. Our well trained support workers offer high quality care and support to ensure our clients are able to live their lives in the best possible way with support an dignity.



We are a registered NDIS provider, offering a wide range of support services to assist individuals within our community

## Disability Support

- **Community Based Day Program (5 days a week)**
  - **Community Access**
  - **In Home Social Support**
  - **Personal Care**
- **Overnight/short term accomodation**
  - **Supported Independent Living**
- **Transport to and from our services**
  - **School Holiday Program**



For more information contact:

07 3408 2112

[www.bribierespite.com.au](http://www.bribierespite.com.au)

96-108 Arcadia Ave, Woorim Bribie Island Qld



# Local Dining Guide



## STEAKOUT PIZZERIA

For delicious pizza, pasta, contorni salads and more, all crafted with love, come and enjoy our waterfront pizzeria. With live music every Sunday and the beautiful Pumicestone Passage right beside you, we offer you a taste you'll love. For deliveries or bookings, please visit us at [www.steakoutpizzeria.au](http://www.steakoutpizzeria.au)

9/11 Spinnaker Drive, Sandstone Point - 07 5360 1094  
**LUNCH** Thu to Sun 11:30 - 2:30  
**DINNER** Tue to Sun 4:30 - 8:30



## SCOOPY'S

Located by the jetty on beautiful Bribie Island, Scoopy's Family Cafe is all about the family vibes, great food and coffee, fantastic service and all the ice cream you can eat!

Enjoy our friendly hospitality with barista-made coffee, amazing burgers, and a tempting array of ice cream choices to impress the pickiest connoisseurs.

Our massive range of cakes and famous fish and chips make it well worth the hour's drive north of Brisbane.

Shop 2/2 Toorbul Street, Bongaree 07 3410 1791



## THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Restaurant offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch, and dinner on Friday and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach

**07 3410 4024**

Scan The QR Code To Book Now!



## Sunsets On Bribie



Experience classics you'll love and the new favourites you'll crave!

**NOW OPEN SUNDAY 8AM - 11AM  
FOR BREAKFAST**

**OPEN 7 DAYS**

**LUNCH: 12PM - 2PM  
DINNER: 5PM - 8PM**

Call our restaurant on **07 3408 1018** to book

**Bribie Island Bowls Club**  
11-23 Welsby Parade, Bongaree 4507



# STEAKOUT PIZZERIA

Looking for an authentic rustic Italian takeaway?

**Look no further!**

Steakout Pizzeria is the place for you! Freshly made Pizzas crafted with love by our experienced team ensures a perfect meal every time.

**Big flavours. Generous portions.**  
A table full of favourites.

**We have Vegan options available for our Vegan friends!**

**It is with precision and love that our food tastes so good!**

From cheesy, oven-baked pizzas and creamy, comforting pastas to smoky American pork ribs and indulgent desserts — every dish is crafted to turn a simple meal into a satisfying feast.

**Because when the cravings are real, only a full spread will do**



**Live Music Every Sunday and the beautiful  
Pumicestone Passage right beside you!**

**Lunch Thursday - Sunday 11.30-2.30**

**Dinner Tuesday - Sunday 4.30-8.30**

**9-11 Spinnaker Drive, Sandstone Point**

**Phone: (07) 5360 1094**

\*Find us on Facebook

For Deliveries or bookings, please visit us at: [www.steakoutpizzeria.au](http://www.steakoutpizzeria.au)



# Celebrating Community Support and the Joy of Music on Bribie Island

**M**embers of the Blue Water Trio presented the Busy Fingers Fundraising Committee with a beautifully arranged basket of goodies (top right of photo) as a heartfelt thank-you for their generous grant, which made it possible to purchase much-needed new sound equipment for the group.

The gesture was warmly received and highlighted the sense of community and support between local artists and charitable organisations on Bribie Island.

We are truly blessed to have such a dedicated, supportive, and generous fundraising team here on Bribie Island.

Their ongoing commitment not only enables groups to thrive but also enriches the cultural life of our entire community.

We are deeply grateful for their tireless efforts and enthusiasm. Thanks to their support, local musicians can pursue their passion, develop their talents, and contribute to a vibrant arts scene that instils pride in residents and



attracts visitors to the island.

Their unwavering dedication serves as an inspiration and a reminder of the difference that collective action can make.

The Blue Water Trio, known for their unique blend of flute, clarinet, piano, harp, and percussion, delights audiences with an eclectic mix of jazz, classical, and much-loved old classics.

**Their next free concert will take place at the Bribie Island Community Art Centre at 10am on Sunday, April 12th.**

This event promises to be a wonderful morning of live music, open to all members of the community, and a testament to the power of music to bring people together.



# BATTLE OF THE VOICES!

A PLAYFUL CHOIR SHOWDOWN IS COMING TO BRIBIE!

*This is going to be a fun-filled afternoon!*

Something very special and very entertaining is coming to the stage at Bribe Recreation Hall on Saturday, 9th May, when not just one, but two of Bribe's well-known choirs will meet in a light-hearted "BATTLE OF THE SEXES"!

Yes, the BRIBIE GLEEMEN will take on the GALLERY SINGERS in a combined afternoon that promises plenty of music, humour and friendly rivalry!

Expect to hear a musical to-ing and fro-ing of good-natured jibes from both groups, as well as several pertinent joint efforts in song!

The BRIBIE GLEEMEN, known locally for their rich lower harmonies, will bring the warmth and enthusiasm of their notable Musical Director, Trevor Vincent, to the stage.

The GALLERY SINGERS, with their polished sound and soaring ladies' voices, will entertain under the baton of June Willoughby.



**Tickets just \$25 including light refreshments.**  
**1.30pm, Saturday 9th May in the Bribe Recreation Hall, First Avenue, Bongaree.**



Available on [Trybooking.com](http://Trybooking.com)

Or phone Alan on **0438618073**  
 Or Shane on **0493215823**

You can reserve tickets by phoning the gents above to hold tickets in an envelope with your name on, to pay at the front door.

**Get tickets early, as hall seats are limited, and this will be a blockbuster concert!**

# BRISBANE CRUISES

*"An Unforgettable Lunch Cruise Experience"*



## BRIBIE ISLAND LUNCH CRUISE 2026

Enjoy a relaxing lunch time cruise while we prepare a delicious BBQ lunch onboard the Lady Brisbane. The cruise towards Skirmish Point, Gilligan's Island and Deception Bay is always a magical experience. Cruise route is weather dependent.

Buy a GIFT CARD or BOOK Online now at [www.brisbanecruises.com.au](http://www.brisbanecruises.com.au)

Price Includes BBQ lunch and cruise  
 Prices: Adults \$60, Children \$30 (4 - 14yrs).

### 2026 DATES:

May 21 Thurs - Jun 6 Sat  
 Jul 6 Mon - Aug 4 Tues - Sept 17 Thurs  
 Oct 17 Sat - Nov 16 Mon

**Departs Bongaree Jetty, Bribe Island  
 12.15pm Returns 2.15pm (approx)**



**07 3630 2666**

**E: [info@brisbanecruises.com.au](mailto:info@brisbanecruises.com.au) W: [www.brisbanecruises.com.au](http://www.brisbanecruises.com.au)**



## THOSE WERE THE DAYS - A BIT OF NOSTALGIA

**M**y mum used to cut chicken, chop eggs and spread butter on bread on the same cutting board with the same knife and no bleach, but we didn't seem to get food poisoning.

Our school lunches were wrapped in wax paper inside a brown paper bag, not in ice pack coolers, but I don't remember ever getting E. coli.

Almost all of us would have rather gone swimming in the creek, the lake or at the beach instead of a pristine chlorinated pool (talk about boring). No beach closures then either.

We all took PE .... And risked permanent injury with a pair of Dunlop sandals or bare feet if you couldn't afford the sandals, instead of having cross-training athletic shoes with air cushion soles and built-in light reflectors that cost as much as a small car.

I can't recall any injuries, but they must have happened because they tell us how much safer PE is now. We got the cane for doing something wrong at school.

They used to call it discipline, nevertheless we all grew up to accept the rules and to honour & respect those older than us.

We had at least 40 kids in our class and somehow, we all learned to read and write, do maths and spell almost all the words needed to write a grammatically correct letter.....,

### FUNNY ABOUT THAT!!

We all said prayers in school irrespective of our religion, sang the national anthem and saluted the flag, and no one got upset.

Staying in detention after school netted us all sorts of

negative attention we wish we hadn't got, and we all knew we had to accomplish something before we were allowed to be proud of ourselves.

I just can't recall how bored we were without computers, Play Station, Nintendo, X-box or 270 digital TV cable stations, iPad or smart-phones. We weren't!! Don't even mention about the rope swing into the river or climbing trees.

Oh yeah; and where were the antibiotics and sterilisation kit when I got that bee sting? I could have been killed!

We played "King of the Castle" on piles of dirt or gravel left on vacant building sites and when we got hurt, mum pulled out the 2/6p bottle of iodine and then we got our backsides whacked.

Now it's a trip to the hospital ED, followed by a 10-day dose of antibiotics and then mum rings the solicitor to sue the contractor for leaving a horribly vicious pile of gravel where it was such a hazard.

To top it off, not a single person I knew was ever told that they were from a dysfunctional family. How could we possibly have known that?

We never needed group therapy and/or anger management classes. We were obviously so duped by so many societal ills of the time that we didn't even notice that the entire country wasn't taking Prozac!

### BUGGER ME!!

#### How did we ever survive?

**LOVE TO ALL OF US WHO SHARED THIS ERA, AND TO ALL WHO DIDN'T, SORRY FOR WHAT YOU MISSED. WOULDN'T TRADE IT FOR ANYTHING!**

# EXCITING NEW BOOK LAUNCH

## TWISTED PLANET BOOK THREE

In his latest anthology, local Bribie author, Peter Schinkel turns his lens toward the fragile, hopeful, and fun corners of humanity.

Each story is unique, blending mystery, humour, and adventure, with twists to surprise even the greatest of interstellar detectives.

Many people have commented that they weren't science-fiction fans before reading Peter's short stories.

They found his tales relatable, believable, entertaining, while leaving the reader with something to think about.

From the tale of a young girl navigating challenges beyond her years, to an adventure in 2080 London, where our protagonists encounter more than just the future, each story is unique in its exploration of humanity.

**The book launch details:**

**WEDNESDAY 15th APRIL**

**from 5:30pm to approx 7:00**

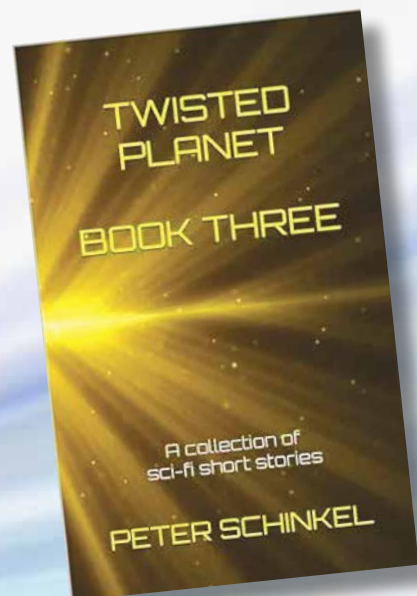
**BRIBIE ISLAND COMMUNITY  
ARTS CENTRE**

**191 Sunderland Drive, Banksia Beach**

The book launch kicks off at 5:30pm, with free nibbles and drinks, with the launch commencing at 6:00.

There'll be informal discussions, an audience question and answer session, then more nibbles and drinks, with book signings from 6:30.

**SPACES ARE LIMITED TO 40 PEOPLE**, with 20 already booked in. For an enjoyable, social evening, to secure your seat, please call Peter Schinkel on **0436 320 848**, or email **twistedplanetbooks@gmail.com**



# Bribie Arts Centre

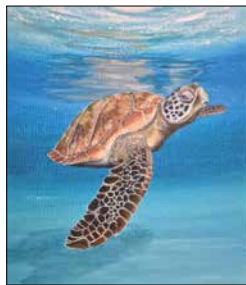
## BRUSHES OF BRIBIE

### ART EXHIBITION MARCH 31 - APRIL 19

A striking collection of works by 14 talented Bribie artists awaits when their exhibition opens in the Matthew Flinders Gallery at Bribie Community Arts Centre on March 31.



Their styles, topics and delivery are as varied as are these interesting women, but the common denominator is the skill and love they bring to their works.



From landscapes to still life, figures, sea and land creatures, flora and pottery, this show will enchant you. Come meet the artists in the Gallery during **Brushes with Bribie** which runs until April 19.



And at 10am Sunday April 12 in the Gallery, you'll have the added treat of a **FREE** concert by popular local musicians **Blue Water Trio** (at left) playing a combination of flute, clarinet, piano and harp in a variety of genres: jazz, classical, old classics, pop, movie and television themes.

**BRUSHES OF BRIBIE**  
31 March - 19 April 2026

Matthew Flinders Gallery  
Bribie Community Arts Centre

Grounded in the rhythms of island life, *Brushes of Bribie* showcases the work of artists living on Bribie Island.

The exhibition reflects a rich diversity of styles, perspectives, and mediums, united by a shared sense of belonging and coastal influence, while celebrating each artist's creative independence.

Artists exhibiting are in the Creative Arts Working Together Group; namely Diana Edmundson, Karen Ellis, Toni Ellis, Sandra Hoppe, Leonie Jones, Helen Kidwell, Noelene Mann, Raelene Marsh, Annette Millns, Barb O'Hagan, Annie Percival, Julie Reading, Ali Riddell and Ann Williamson. For more information, see Social Media Instagram [barbatbribie\\_saltysouls.qld](https://www.instagram.com/barbatbribie_saltysouls.qld), Facebook [Salty Souls \(https://www.facebook.com/profile.php?id=100089281758469\)](https://www.facebook.com/profile.php?id=100089281758469)

191 Sunderland Drive, Banksia Beach

## WHAT YOU CAN LEARN AT BRIBIE ARTS CENTRE IN APRIL

## FOR KIDS

**Polymer Clay Earrings**  
WORKSHOP with Robin Jensen

Create personalised earrings to suit your style!

Former Clay artist and lightbulb's plastic message and more with...  
Pete will still do it right, and use a rubber roller you can do it!  
Learn to light before & avoid getting...  
This better & to your satisfaction, don't be late!

Everything is supplied including a wide range of beautiful coloured clays & tools

10am - 2pm Sunday 26 APRIL at  
Bribie Island Community Arts Centre. COST \$95

Contact me direct for further details, or to book...  
Robin Jensen 0421043924 j-robin@iaapt.net.au

**LOOKS LIKE Resin WORKSHOP**  
with Robin Jensen

Get the shiny look of resin using special acrylic pouring paint & techniques, without the toxic fumes of resin.

10am - 2pm Sunday 19 APRIL at  
Bribie Island Community Arts Centre

Requirements:  
Wooden cutting boards, wooden coasters, small canvases, & tiles.

Cost \$95 pay on the day, cash or card.  
Includes all paints, tools, plastic gloves.

Further details, or to book, please contact Robin Jensen  
Phone 0421043924 or Email j-robin@iaapt.net.au

**Mixed Media Workshop**  
with Yvette  
FRIDAY APRIL 10th 2026  
9.30am - 3.30pm

Join Yvette for a day of colourful, textured mixed media fun.

You'll start with the basics and complete a couple of finished art pieces, learning the steps to Yvette's unique style.

Price \$120; includes all art supplies

Bring your lunch/snacks or visit the onsite Cafe (open 9-2pm)

Book via this link to her website  
[www.yvettefanculli.com](http://www.yvettefanculli.com)

Yvette also offers 20% off any of her art on the day.

**Kids Easter Art Class!**  
Paint your Frankie

\$10 to start a day of fun and learning now until 10.30. 11.00 and after that is \$12.00 each!

When and Where?  
8 April 2026 @ Studio Alice (Woomin)  
11 April 2026 @ Bribie Island Community Arts Centre

For more information please go to the website or contact Bribie art online@welcometoalice.com.au

[www.welcometoalice.com.au](http://www.welcometoalice.com.au)

# THE TIME DETECTIVE

## THE JETON MASTERS OF NUREMBERG

Michael Strong (Senior Curator, Abbey Museum)

**C**oins are such fascinating objects! Because many have dates and inscriptions, archaeologists use them to establish chronological frameworks during excavations.

The Abbey Museum has 47 jetons (jettons), or monetary tokens, in the collections from Medieval and Later Europe. These fascinating coin-like objects originated during the Middle Ages as reckoning counters to assist calculations of manual arithmetic, particularly when using the clumsy Roman numeral system.

The advent of Arabic numerals led to the decline of jetons and the growth of written methods of calculation. However, they experienced a new popularity in the 16th century as presentation gifts in the form of medals and cheap brass jetons lasted into the colonial 19th century.

I recently excavated some jetons on the site of the Beaudesert Homestead in southeastern Queensland dating from about the 1860s.

On the Continent these pieces were commonly called 'Jetons', a name derived from the French word *jeter* (to throw), indicating a counting piece used for 'casting accounts'. In order to avoid confusion with genuine money, English jetons often have a hole punched in them. The French maintained much tighter controls over their currency and decided it was unnecessary to distinguish them.

Early medieval jetons tended to use images found on coins of the same date. The language to describe these has a wonderful use in Scrabble. Where else can you find 'tressure' to describe a single or multi-strand band around a central motif?

Or 'arcuate' to describe a cross with curved arms? And these terms are not just restricted to savants but have found their way in the language of artistic styles. The jetons in the Museum's collection range in date from around 1380 AD to the 18th century and are all French

or from the medieval city of Nuremberg, a hotspot of jeton production.

The earlier ones are variations on themes found on coins – fleur de lys, shields, crosses, mainly encircled with regal or pious inscriptions or legends – but the later ones are real gems of artistic merit. Many of these were created by the famous jeton-masters of

the ancient city of Nuremberg.



The cultural flowering of Nuremberg in the 15th and 16th centuries made it the centre of the German Renaissance, although it suffered during the Thirty Years War and subsequent conflicts between Bourbon France and the Holy Roman Empire of Germany.

Nuremberg became a centre of jeton production for French distribution and several of our tokens are signed by the great jeton-masters such as Hans Krauwinkel, Wolf Lauffer, and Johann Christian Reich. The Nuremberg masters formed dynasties of production houses and married into each other's families maintaining a monopoly over jeton production.

The later jetons by the Nuremberg masters are frequently medal-tokens with allegorical representations – the god Mars, resting with trophies of war, representing the armies of Catholic France (supporting the Protestants) or Venus as a peacemaker, representing Spain (supporting the Catholic princes).

On the reverse was the king's head; they include Louis XIV, the Sun King, the time of the Three Musketeers, when France was the most powerful country in Europe, while the last is that of the unfortunate Louis XVI Capet, who was guillotined during the French Revolution in 1793.



# JUST ONE MORE

18th of April Live Music from  
6pm



## Local's Supporting Local's Fundraiser

  
**Bribie Island**  
HOTEL

*This loving family needs our help and support*  
*Auction and Monster Meat Raffle*  
*Free Entry/ Note Donations accepted*



GAME  
NIGHTS!

ON BRIBIE

**MONDAY  
EUCHRE**

Bribie Bowls Club 12.00pm  
Contact Annette on 0414622490

**TRIVA**

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

**TUESDAY**

**BINGO**

Bribie Island R.S.L 10.00am

**POKER**

Bribie Island Hotel 6.30pm

**WEDNESDAY  
MUSIC BINGO**

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

**RAFFLES**

Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

**THURSDAY  
BINGO**

Bribie Island R.S.L 7.30pm

**RAFFLES**

Bribie Island R.S.L Fishing Club 4.30pm  
Every Thursday at the RSL prizes are  
Meat Vouchers from Avondale Meats and  
Seafood Vouchers from Saviges.

**FRIDAY**

**MEAT TRAY RAFFLES**

Bribie Island Bowls Club 4.30pm  
Bribie Island Golf Club 5.30  
Blue Pacific Hotel (from) 3.00pm  
Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

**Enjoy playing 500 Cards?**

Join a like-minded group who meet on Monday  
afternoons at the RSL Anzac Room from 1-4pm.

\$5 which includes raffle prize.

Please arrive 10mins before play starts at 1pm

Further information please ring

Carole **0438 713 663**.

# MARKETS

**Beachmere District Community**

The B.D.M.S. Community Markets are held at the  
Men's Shed 53 Rogers Street Beachmere, every 1st  
Saturday of the  
month 7.30am - 12pm

**Bribie Island BIDCA Markets**

The Bribie Island BICA Markets are held at Brennan  
Park, Bongaree, the 3rd Sunday of each month from  
6am -12pm

**Bribie Rotary Markets**

The Rotary Markets are held at Brennan Park,  
Bongaree on the second Sunday of each month from  
6.30am – 12 noon

**Queensland Cancer Council**

The Cancer Council Markets are held at Brennan  
Park, Bongaree on the first Sunday of each month  
from 7am to 12 noon.

**LUNCH MARKETS - Sylvan Beach**

(Farmers Market)

First Saturday of each month from 8am to 1pm held  
in the park opposite the Bribie Island Hotel. Funds  
raised to E.P.C.S, Ass, 0417629957

**Banksia Beach Market**

Bribie Harbour Shopping Village is held on the last  
Saturday  
of each month 8am to 12pm

**The Bribie Island Lions Market**

2nd Sat of the month at Tintookie Park Woorim  
7am - 1pm.

**Bribie Woodcrafters & Bribie Island Gem Club**

Open day, Demonstrations & Sales - last Sunday of  
each month

8am to 12noon Held at Bribie Art Centre  
191 Sunderland Dr, Banksia Beach

**Mystic Journey Markets change of location**

Saturday November 15th ~ 9am ~ 2pm

Saturday December 6th ~ 9am ~ 2 pm

Saturday December 20th ~

9am ~ 2m

4pm ~ 8pm

There is also an outdoor market to run alongside  
indoor market called This 'n' That



# HOW WAR CAME TO AUSTRALIA

## PART ONE

By Al Finegan

At the beginning of 1919, widespread relief swept through the victorious nations. The horrors of WWI had ended, and peacetime hopes of happier days spread quickly. In Germany, however, the mood was very different. The German people faced economic disaster.

The Treaty of Versailles, which the German Government was forced to sign, treated them harshly. Lands conquered during the war were taken from them. Crushing war reparations drained their treasury. Whether those penalties were fair or not is still debated, but in Germany they were seen as humiliation.

The result was predictable. Germany collapsed into a deep economic depression. Unemployment was rampant. Meanwhile, much of the Western world entered a period of prosperity that became known as the "Roaring Twenties." For ten years, Jazz music filled the air, stock markets soared, and wild celebrations masked deeper instability.



Then, with little warning, the global stock market crashed. The party was over. The Great Depression (1929- 1939) forced the major world powers to turn inward. Governments focused on survival at home. As Britain and France weakened politically and economically, Germany rose on a wave of nationalistic

passion, fuelled by anger from their treatment at Versailles. In 1933, Adolf Hitler seized the moment and came to power. He immediately launched an aggressive re-armament program. Hardly a murmur was heard from Britain or France.

By 1935, German industry had expanded rapidly to support a growing military force, strengthened by conscription. It was clear to any thinking observer that Germany was preparing, once again, for war. Yet instead of acting decisively, Britain, France and their allies made speeches - many speeches - each with differing opinions. Collectively, they did nothing.

This inaction was due in part to a change in British mood. Sympathy towards Germany was growing. In June 1935, Britain signed the Anglo-German Naval Treaty, allowing Germany's navy to reach 35 per cent of the size of the Royal Navy.

Reassuring themselves that all would be well, Britain watched on benignly as Hitler supported General Franco during the Spanish Civil War of 1936-39. It was obvious that Germany was using the conflict as a training ground to refine its weapons and tactics. Still, Britain and France kept their gaze averted.

On 7th March 1936, in a flagrant violation of the Treaty, Hitler marched 30,000 troops into the Rhineland, including Cologne, a city ceded to France by the Treaty. France mobilised 250,000 troops but left them idle, claiming Britain would not support action. Britain rationalised the move by suggesting Germany was merely "marching into her own backyard." Diplomatic protests were lodged - and largely ignored.

On 28th May 1937, Neville Chamberlain was elected Prime Minister of Great Britain. During his victory speech he announced a policy of

appeasing Germany, stating that all Hitler wanted to do was unite German-speaking people. With an incredible lack of vision, Chamberlain continued to declare that Hitler would not cause a war. Winston Churchill disagreed, citing, "Mein Kampf", a book Hitler had written in 1924, in which he stated unambiguously that Germany must regain lands, "...by the power of the sword." Chamberlain must have been delusional not to have realised Hitler's real intent. Britain and France fidgeted - and did nothing.

On 13th March 1938, troops of the Wehrmacht (the newly formed, unified armed forces of Nazi Germany) invaded Austria. Once more, Britain and France remained passive.

On 30th September 1938, the Munich Agreement was signed by Germany, Britain, France and Italy. Without asking Czechoslovakia, they agreed that Hitler could occupy the Sudetenland, the border regions of Czechoslovakia. Immediately on his return to England, Chamberlain announced that he had gained, ".... peace with honour, peace in our time."



On the 1st September 1939, Hitler launched into an internationally broadcast, deeply passionate speech justifying his reasons for

the need for German expansion. At the same time Wehrmacht tanks rolled into Poland. Chamberlain, taken by complete surprise, was badly shaken. He knew he had to take some positive action.

He called his cabinet who agreed that he send an ultimatum to Hitler demanding he withdraw from Poland by 11am on 3rd September 1939, or Britain would declare war. Hitler ignored Chamberlain. Thus on 3rd September, Britain, followed by France, declared war on Germany. Despite the bitter treatment Australians felt they had endured from inept English Generals in the First World War, Australian Prime Minister Robert Menzies also declared war on Germany.

Britain and France were now in a world of hurt as they realised they had done far too little, far too late. They had allowed Germany to complete its massive build-up while they wrung their hands in anguish and indecision.

While these incompetent politicians watched on in horror, the Wehrmacht swept across Western Europe, swatting aside the pathetic attempts of the French and English armies to stop them. On 10th May 1940, Germany invaded Belgium, Luxembourg, and the Netherlands. Neville Chamberlain immediately resigned. Winston Churchill was appointed as the new Prime Minister.

The British and French forces continued their retreat in disarray to the French coast on the English Channel, at Dunkirk. Then followed a miracle of human endeavour. The Dunkirk evacuation from 26th May to 4th June 1940, rescued over 338,000 British and French troops.

Using a combination of Royal Navy vessels and hundreds of civilian "little ships", troops were evacuated from the harbour Mole and beaches under heavy fire, narrowly avoiding complete destruction, but leaving their heavy weapons behind.

The British people reeled in stunned disbelief and fear. If Hitler had had even a few dozen landing barges he could have wandered into England almost unopposed and the world would now be a different place. Britain now stood battered and alone.

For the next two years Britain did what it should have done in the previous two years. It pulled out all stops to turn their country into a fortress and build a military force capable of defeating Hitler. While its airfields and cities were being bombed with over 40,000 civilians killed and countless injured, its armed forces slowly rose, phoenix-like, from the ashes.

Once again Australian and Canadian forces rushed to assist the Mother Country. In a decision that echoed the mistakes of WW1, Menzies placed our Navy under Royal Navy command and committed the RAAF to British operational control.

Australia raised the Second AIF, forming the 6th and 7th Divisions, and sent them to the Middle East. They were placed under British command and ordered into brutal campaigns in North Africa. Once again, Australian soldiers, sailors and airmen were outstanding. They won battle honours in the skies over Europe and Africa and in the desert campaigns at Bardia, Tobruk and El Alamein.

Unfortunately, this generous strategy of committing our forces to seriously reduced our ability to defend our homeland from the events that were unfolding much closer to home. While Australians still believed the war was distant,

events in Asia were moving rapidly - and far more dangerously for us.

In 1931, Japan invaded Manchuria. The League of Nations passed resolutions demanding Japan's withdrawal. Japan resigned from the League and ignored the demands. The League took no meaningful action.

On 7th July 1937, Japan launched a full-scale invasion of China. After months of fierce fighting, Shanghai fell. In December 1937, Nanking fell. The Chinese government retreated inland to Chongqing. What followed in Nanking shocked the world. In what became known as the "Rape of Nanking," hundreds of thousands of civilians were murdered. Torture, rape and mass executions were widespread.

#### The world watched - and again did little.

And with the US having adopted an isolationist policy, Japan shrugged, and moved into French Indochina (now Vietnam, Laos, and Cambodia). On 27th September 1940, Germany, Italy and Japan signed the Tripartite Pact, formalising the Axis alliance.

At last the US took notice, finally realising that their overseas assets were now under threat. Loans were extended to China. Raw materials bound for Japan were embargoed. In June 1941, The US began to embargo oil, a product that Japan desperately needed to maintain its war machine.

This was the last straw for the Japanese, who secretly decided to go to war against the Allies. Their plan was to cripple the US Pacific Fleet in Pearl Harbour, Hawaii, while capturing oil fields in South-East Asia.



On 7th December 1941, the Japanese carrier fleet launched their plan with a surprise air raid on Pearl Harbour. The Japanese forces met little resistance and devastated the US fleet.

The following day, the 8th December 1941, a shocked and outraged US declared war on Japan. US President Roosevelt described 7th December 1941, as "a date which will live in infamy". Australian Prime Minister John Curtin immediately announced that Australia was also at war with Japan.

While the Japanese attack on Pearl Harbour had been underway, they also bombed the US air bases in the Philippines, soon followed by the invasion of the Philippines, and the British Colonies of Hong Kong, Malaya, Borneo and Burma. Despite fierce resistance by British, Canadian, Australian, and Indian forces, all these territories capitulated in a matter of weeks. The Japanese prime objective was control of the Dutch East Indies' oilfields. On 23rd January 1942, five thousand Japanese troops of the elite jungle-trained South Seas Detachment stormed ashore at Rabaul in the Australian Territory of New Guinea and quickly overwhelmed the small Australian garrison. On the 3rd February 1942, the first Japanese air raid from Rabaul hit Port Moresby.



#### Then came the fall of Singapore.

On the 15th February 1942, the supposedly impregnable British fortress surrendered. Over 130,000 Allied personnel, including 15,000 Australians, became prisoners of Japan. Churchill called it one of Britain's greatest defeats. Australia was stunned. Singapore had been considered invincible and while it stood, we were safe.

Immediately following the fall of Singapore, Curtin sent a "most immediate" message to Churchill demanding that the AIF 6th and 7th Divisions were to be returned to Australia without delay.

Unbeknownst to Curtin, Churchill and Roosevelt had agreed on a "Germany First" policy whereby the bulk of Allied resources would be directed towards defeating the Axis powers in Europe.

Compared to defeating Germany, defending Australia from Japan was of little importance to Churchill. On 17th February 1942, two days after the fall of Singapore, the Pacific War Council, the I international body controlling the Allied war effort in the Pacific, met.

Earle Page, Australia's representative, reported to Curtin that, "The Australian Government will be asked to agree that the Seventh Australian Division already on the water should go to the most urgent spot at the moment, which is Burma." Curtin replied the next day, "Our Government has decided that it cannot agree to that proposal."

On 19th February, while Churchill and Curtin argued, Japan delivered death and destruction to Australia's mainland when 188 Japanese aircraft bombed the northern port of Darwin.

This led to furious communications between Churchill and Curtin with Curtin emphatically stating on 22nd February 1942 that the troops are to be immediately returned to Australia.

Amazingly, Churchill then gave instructions to the British Admiralty, who were transporting the Australian Divisions, to change the course of the troopships and sail for the Burmese capital, Rangoon. Curtin and his war cabinet were shocked and enraged.

Churchill had gone too far. Curtin replied to Churchill the following day, demanding that the soldiers be returned to Australia immediately, or he will direct his troops to take control of the convoy.

Churchill conceded, the ships changed course again and continued on to Australia. This crucial decision marked a turning point in Australia's relationship with Britain.

Meanwhile, our entire nation trembled, wondering how we were going to defend ourselves against the rampaging Japanese.

Part 2 is in the next edition.

## SPORTS PAGES



## BRIBIE ISLAND BOWLS CLUB

**Scrounger Results Monday 2 March 2026**

1st: M James  
2nd: P Hammersley  
3rd: K Henry  
4th: T Marr

**Self-Select Triples Results Tuesday 3 March 2026**

Winners: E Hookey, B Clarke, J Dunn  
Runners up: N Piva, S Lobo, P Campbell  
Winning Draw: K Henry, S Jackson, T Paekau  
Winning Draw: C Kelly, W Kelly, T Smith  
Winning Draw: C Cross, J Coleman, S O'Neill  
Encouragement: J Murdoch, K Kewjeksi, G Hemphill

**Self-Select Pairs Results Wednesday AM 4 March 2026**

Winners: S Priest, P Tonkies  
Runners up: R Bell, K Bell  
Winning draw: P Barringhaus, S Barringhaus  
Encouragement: R Stuart, B Stuart, T Charlwood

**Self-Select Pairs Results Wednesday PM 4 March 2026**

Winners: B Ferguson, J Ferguson  
Runners up: G Teakle, T Erfurth  
Winning draw: G Reily, F Crockett  
Winning draw: W Smight, D Bowers  
Winning draw: A Lavender, R Wales  
Encouragement: G Gunter, J Prowl

**Random Triples Results Thursday 5 March 2026**

Lowest winning score: G Riley, T Comacchio, E Dean  
Runners up: W Manson, D Davis, E Polloni  
Winning draw: M Gaggiano, B Hamer, K McVeigh  
Winning draw: G Mulpeter, L Hackwood, I Teakle  
Encouragement: P Gee, A Riseham, C Cross

**Self-Select Pairs Results Friday AM 6 March 2026**

Lowest winning score: L Williams, D Boddenberg, M Aubin  
Runners up: W McDougall, J Cullen  
Winning draw: M Brenner, L Tait  
Encouragement: S Mitchell, R Boddenberg, I Smith

**Self-Select Pairs Results Friday PM 6 March 2026**

Winners: B Pritchard, W Simmonds  
Runners up: R Avern, G Denkel  
Winning draw: B Sellers, W Ebert  
Winning draw: K Burdon, J Mercer  
Winning draw: M Cullinan, W Gilbert  
Encouragement: J Hattie, G Reily

**Random Fours Results Saturday 7 March 2026**

Winners: B Castle, P Neumann, R Follett  
Runners up: T Brain, L Hackwood, R Warwick  
Lucky draw: L Stone, E Hookey, A Wells, J De-Ruyter  
Lucky draw: M Gaggiano, K Norton, Y McDonald

**Scrounger Results Monday 9 March 2026**

1st: J Park  
2nd: D Draper  
3rd: D Heath

**Self-Select Triples Results Tuesday 10 March 2026**

Winners: R Eaton, D Heath, F Crockett  
Runners up: P Campbell, N Piva  
Winning draw: G Olsen, I Gillard, D Davis  
Winning draw: J Bell, D Dixon, C McMillin  
Winning draw: J Sutherland, N Ramage, D Puls  
Encouragement: P Andrews, E Hookey, B Clarke

**Self-Select Pairs Results Wednesday AM 11 March 2026**

Winners: B Snare, T Russell  
Runners up: S Priest, P Tonkies  
Winning draw: R Eaton, D Heath  
Encouragement: B Smith, G Chandler

**Self-Select Pairs Results Wednesday PM 11 March 2026**

Winners: C Brayley, G Skoien  
Runners up: M Cullinan, W Gilbert  
Winning draw: M Durham, M Prewett  
Winning draw: T Bishop, J Oliver  
Winning draw: C Thornton, K Thornton  
Encouragement: J Hattie, G Olsen

**Self-Select Pairs Results Friday AM 13 March 2026**

Winner: M Aubin, K Tinker  
Runners up: W Schmidt, R Stuart  
Winning draw: W Manson, T Phillips  
Encouragement: D Birt, B Birt

**Self-Select Pairs Results Friday PM 13 March 2026**

Winners: J Cullen, W McDougall  
Runners up: P Campbell, R Ferguson  
Winning draw: R Black, C Smith  
Winning draw: G Reily, J Hattie  
Winning draw: G Hazelwood, R Folwer  
Encouragement: J Prowle, T Erfurth

**Random Fours Results Saturday 14 March 2026**

Winners: G Coleman, A Campbell, P Neumann, T Phillips  
Runners up: D Draper, Y McDonald, J De-Ruyter  
Lucky draw: D Neumann, K Brown, A Pinzger, I Teakle

## BONGAREE BOWLS RESULTS

**Results of Friday Paddle Pop Draw 27/2**

Winners: Margaret McGarry, Adrian Taylor, Peter Vljajic  
February Shopper Docket  
Winner: Maureen Ferguson  
Results of Saturday Scroungers 28/2

1st: Rob McLaren. 2nd: Jim Warwick. 3rd: Peter Blake  
On Sunday 1st March, Bongaree Bowls Club held two 2026 Championship Finals, the Ladies Pairs Championship and the Men's 4's Championship. The weather was just great with a cool breeze across the green and 40 club members who came along to support and cheer on the players. Both games were very close until the last 5 ends with excellent competitive bowling played by all. Very close games which were great to watch. Congratulations to the winners and well done to all the bowlers for wonderful, entertaining games.

Winners and 2026 Ladies Pairs Champions are Dee Morrison and Mary Doorley, with Runners Up Diana Stowers and Imelda Valentine. Winners and 2026 Men's 4's Champions are Ian Gillies, Tim Carlton, Graham Symonds and Darryl Rowlingson with Runners Up Errol Fender, David Vaughan, Dave Dixon and Arne Jensen. Thank you must go to the umpires of the day and the bar staff who watered all after the game.

**Results of Tuesday Paddle Pop Triples draw 3/3**

Winners: Terry Keatch, Anita Broughton, Brenda Hutchinson  
R/Up: Peter Caruso, Rosie Smith, Peter Blake  
Bonus Draw: Peter Caruso, Rosie Smith, Peter Blake

**Results of Wednesday 4's 4/3**

Winners: Yuki King, Paul Krueger, Jaarpung Blundell, Tim Carlton  
R/Up: Ron Carruthers, Terry Keatch, Doreen Pennery, Jim Warwick

**Results of Thursday Jackpot Pairs 5/3**

Winners: Alan Simonic, Paul Krueger  
R/Up: Yuki King, Jaarpung Blundell

**Results of Friday 2-4-2. 6/3**

Winners: Richie Ferguson, Jacque Murdoch  
R/Up: John Bell, Alan Simonic

**Results of Saturday Scroungers 7/3**

1st: Trevor Mallouk. 2nd: Richard Fell. 3rd: Richard Henkel

**Results of Wednesday 4's 11/3**

Winners: Barry France, Tony Jericevich, Ray Black, Ray Horn  
R/Up: Brad Berquist, Garry McCarthy, David Vaughan, Ian Paterson

**Results of Thursday Jackpot Pairs 12/3**

Winners: Tim Carlton, Jaarpung Blundell  
R/Up: Chris Mc Millan, Trevor Mallouk

## SOLANDER LAKE BOWLS RESULTS

**Tuesday 3 March 2026 - Club Select Triples:**

Winners: Beryl Cowperthwaite, Brad Storey, Anne Ager  
2nd: John Harris, Paddy McMullen, Ross Luscombe  
3rd: Diane Nock, Val Paul, Beryl Moore

**Wednesday 4 March 2026 - Self Select Pairs:**

Winners: Glenn McCarthy and Pete Neilson  
2nd: Ralph Chaplin and John Sly  
3rd: Maggie Zahl and Krys Henshaw

**Thursday 5 March 2026 - Self Select Triples:**

Winners: Lynn Shorter, Graham Hubbard, Ian Carr  
2nd: Jenny Jameson, Andy Ives, Steve Jameson  
3rd: Jeff Farmer, Ray Griffin, Wayne Mitchell

**Friday 6 March 2026 - Self Select Pairs:**

Pool A Winners: Tony Grimmond and Peter Hodgson  
Pool A Runners-up: Ted Dean and Peter Tonkies  
Pool B Winners: Daryl Stone and Grant Riley  
Pool B Runners-up: Andy Ives and Steve Jameson

**Saturday 7 March 2026 - Club Select Triples:**

No games - washed out

**Tuesday 10 March 2026 - Club Select Triples:**

Winners: Grant Riley, Nerelle Andersen, Neil Feazey  
2nd: Des Stewart, Dave Bentley, Stuart Ager  
3rd: Bill Taylor, Janelle Day, Ted Parker

**Wednesday 11 March 2026 - Self Select Pairs:**

Winners: Rob Henshaw, Declan Dawson  
2nd: Pete Neilson, Glenn McCarthy  
3rd: Pat Samuelson, Deb Hill

**Thursday 12 March 2026 - Self Select Triples:**

Winners: Marieke Moore, Neil Feazey, Geoff Cusbert  
2nd: Jacki Player, Ann Mehmet, Leonie Schmidt  
3rd: Raffino, Steve Todd, Geoff Sorrenson

**Friday 13 March 2026 - Self Select Pairs:**

Pool A Winners: Marieke Moore, Neil Feazey  
Pool A Runners-up: Glenn McCarthy, Pete Hodgson  
Pool B Winners: Paul Bavage, Grant Riley  
Pool B Runners-up: Ted Dean, Peter Tonkies

**Saturday 14 March 2026 - Club Select Triples:**

Winners: Grant Riley, Denis John, John Sly  
2nd: Sheila Jeffrey, Rosa McLeod, Ricci Harris

**Club Championship - Men's Novice:**

Winner: Stephen O'Grady  
Runner-up: Darren Jones

**Club Championship - Women's Novice:**

Winner: Debbie Jackson  
Runner-up: Desley Handcock

## BRIBIE ISLAND WOMEN'S GOLF RESULTS

### Results for Bribie Island Women's Golf 10 Mar to 19 Mar 2026

#### 10/03/26 SINGLE STABLEFORD

WINNER Christine Pronk  
38. 2nd Sandy Smith 36. 3rd  
Vivienne Learoyd 35 c/b.  
NTP. Hole 4 Sue Navie. Hole 7  
Christine Pronk. Hole 14 Robyn  
Harper. Hole 16 2nd shot Debra  
Dunn

#### 12/03/26 WOMEN'S OPEN DAY

Stableford Event with players  
from 14 clubs visiting Bribie  
DIV 1 WINNER Gwen  
Clutterbuck 40 c/b. 2nd Erin  
Hampson (Gympie) 40 c/b.  
3rd Jo Malone 40. 4th Kris  
Tomalin 38 c/b. NTP Hole 16  
Di Binghamy. Accuracy Drive  
Debra Smith (Wantima).  
Gwen with Ann R

DIV 2 WINNER Ann Fraser  
(Caloundra) 38 c/b. 2nd Huda  
Olsson (Mt Coolum) 38 c/b.  
3rd Sandra Power 38 c/b.  
4th Joanne McCoombes 38.  
NTP Hole 14 Paula McKenzie.  
Accuracy Drive Maree Bailey.  
Ann with Ann R

DIV 3 WINNER Sue Lee 45.  
2nd Wendy Burnie (Headland)  
43. 3rd Jan Baumgarten  
(Caloundra) 40 c/b. 4th  
Barbara Birks (Headland) 40.  
NTP Hole 4 Wendy Burnie  
(Headland). Accuracy Drive  
Lynn Hyde (Caboolture)  
Sue with Ann R

#### NTP Hole 7 OPEN Ebony Devenport

BEST TEAM SCORE WINNERS  
108 Ailsa Lauchlan, Lyn

Cockerell, Sandra Power, Trish  
Houchin  
BEST TEAM SCORE RUNNER  
UP 107 Coleen McDowall, Ann  
Fraser, Myra Dickson, Charmain  
Price

#### 17/03/26 4BBB IRISH STABLEFORD

WINNERS Louise Keleher, Bev  
Isaksen, Maureen Bailey & Vivi  
Lloyd 94  
2nd Kathy Sankey, Wendy  
Robinson, Robyn Colbran &  
Sharon Blundell 93  
NTP Hole 4 Kate Wesener. Hole  
7 Kris Tomalin. Hole 14 Bev  
Isaksen. Hole 16 2nd shot Judy  
Umlauf. Hole 7 Div 3 2nd shot  
Heather Croukamp

#### 19/03/26 SINGLE STABLEFORD

DIV 1 WINNER Vicki Cronan 37  
c/b. 2nd Vicki Jones 37 c/b.  
3rd Julie Bell 37.  
DIV 2 WINNER Judy Umlauf  
37. 2nd Judy Graham 36 c/b.  
3rd Vivi Lloyd 36.  
DIV 3 WINNER Leonie Buxton  
38. 2nd Marjorie Sills 37. 3rd  
Lesley Heap 36.  
NTP. Hole 4 Di Binghamy. Hole  
7 Di Binghamy. Hole 14 Vicki  
Jones. Hole 16 2nd shot ITH  
Jo McCowan. Hole 7 Div 3 2nd  
shot Angela Roberts



Mar 12 DIV 1 Gwen Clutterck with  
Ann R



Mar 12 DIV 2 Ann Fraser with Ann R



Mar 12 DIV 3 Sue Lee with Ann R

## MORETON BRIBIE BRIDGE CLUB

**Sat 28 Feb** N/S 1 H

Standfast & J Budgeon 2 H  
Tyler & L Heap 3 S Watson &  
B Connell E/W 1 R Floquet  
& J Kinross 2 R Medhurst  
& P Edis 3 J Medhurst & P  
Breene

**Wed 4 Mar** N/S =1 P Edis &  
M Arthur =1 J Borowski & J  
Easey 3 H Tyler & J Medhurst  
E/W 1 S & C Watson 2 D  
Scown & B Connell 3 R  
Floquet & J Kinross

**Sat 7 Mar** N/S 1 S Watson  
& R Sutton 2 R King & J  
Easey 3 H Tyler & J Budgeon  
E/W 1 J Reiter & B Connell  
2 J Medhurst & P Breene 3 I  
Best & B Moxham

**Wed 11 Mar** N/S 1J Kinross &  
R Floquet 2 C & S Watson 3  
L Carr & J Wright E/W 1 R  
Sutton & M Bailey 2 J Easey  
& J Borowski 3 I Best & P  
Edis

**BICBC: Mon 2 Mar** N/S 1 C  
Page & J Kennedy 2 P Edis  
& L Groves 3 M Peterson &  
D Quinan E/W 1 L Gadsby  
& J Fitzgerald 2 S Smith &  
M O'Reilly =3 J Lawson & A  
Bronn =3 G Lock & N Denvir

**Mon 9 Mar** N/S 1 C Page  
& J Kennedy 2 P Edis & K  
Strickland 3 M Peterson & D  
Quinan E/W 1 L Manson & P  
Swan 2 E Viney & L Pellow 3  
R Deacon & S Ke

**The Club welcomes visitors  
and new players.**

**Phone Ruth 0417 656 693**

**For lessons phone Helen  
0427 567 670.**

# Proud Sponsors of Bribie Island Sports



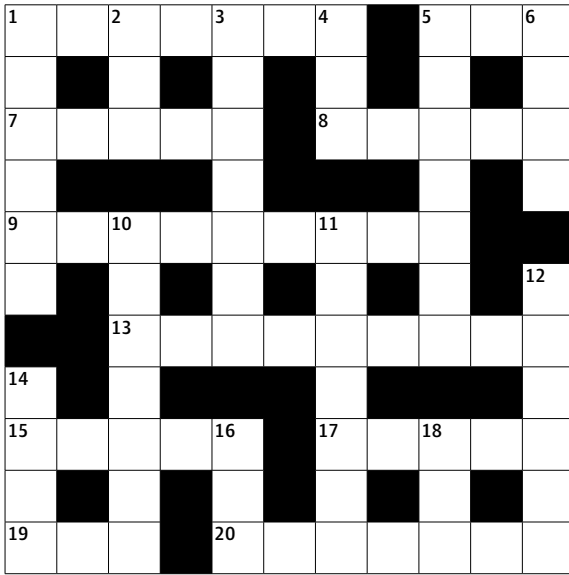
## Bribie Island Bowls Club

11-23 Welsby Parade, Bongaree.

[www.bribiebowls.com](http://www.bribiebowls.com)

Phone 3408 1018

# Crosswords - QUICK & CRYPTIC



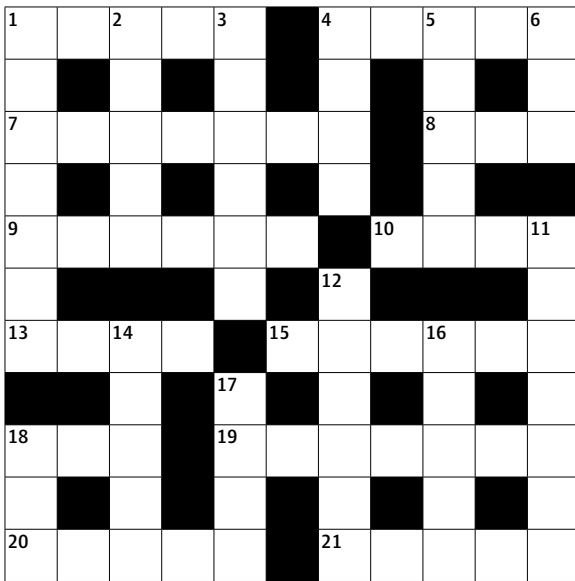
**Across**

- 1 Not starting to begin televising pitted or stuffed tidbit (5)
- 4 Leaving bits of cargo in Guam (5)
- 7 Toyed with part of assault rifle, dangerously (7)
- 8 Butts in Costa del Sol? 100% (3)
- 9 Piece of output ridiculously bad (6)
- 10 Cheeky top executive after advancement at last (4)
- 13 Sign of damage: Academy Award missing head (4)
- 15 Tipsy welder increasingly suggestive (6)
- 18 Champion found in Somalia (3)
- 19 Algeria's wacky insignia (7)
- 20 Having no lead, sadden and ischarge (5)
- 21 Pestilential? Taking some steps (5)

**Down**

- 1 Wiggly character's dubious cop-outs (7)
- 2 Nitwit ski jumped; ski too short, ultimately (5)
- 3 Lacier pants? Sweet! (6)
- 4 What winds up meeting: no word pleases powers-that-be? (4)
- 5 Furious buccaneer blowing top (5)
- 6 Characters from Strangelove set (3)
- 11 Balcony where caterer prepared (7)
- 12 Comes out topless and blends in (6)
- 14 Wonderland visitor initially lacking spite (5)
- 16 I held out, somewhere in India (5)
- 17 Backs off somewhat, ever so faint: run! (4)
- 18 Lovely extra sec wine at the end (3)

## CRYPTIC



**Across**

- 1 70% of admin hub offering retreat (4,3)
- 5 No gentleman, taking drops of claret and Drambuie (3)
- 7 Route winding over the top (5)
- 8 Greek character at the broadcast (5)
- 9 Playing tam-tam: Don, star of Hollywood (4,5)
- 13 Exaggerate 90% of needlework (9)
- 15 Shoal's shimmering rings of light (5)
- 17 City originally had a nasty oil industry (5)
- 19 Vehicle clearing 25% of outback (3)
- 20 Crooner sleeps in a Travelodge (but only a bit) (7)

**Down**

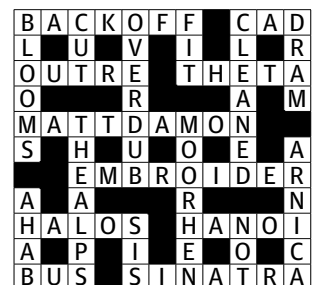
- 1 Flowers in 60% of literary London locale (6)
- 2 Take care under there (at first) (3)
- 3 Provide new sounds for Hoover. Dubiously? To some extent (7)
- 4 Suitable overtures to Fidelio in translations (3)
- 5 A little monacle an Edwardian sterilised (7)
- 6 Wee drink in play? Only 80% (4)
- 10 Somewhat heal psyche - somewhat - in mountain region (3,4)
- 11 Cosmo or Henry capturing waterfowl (7)
- 12 Herbal remedy for bruised crania (6)
- 14 Fictional seaman's Achilles heel? Anchor butter for starters (4)
- 16 Relative needing some assistance (3)
- 18 Negative word making 75% of message (3)

## SOLUTIONS

CRYPTIC SOLUTION



QUICK SOLUTION



# KIDS'

## SPOT THE 10 DIFFERENCES



## FIND A WORD

N N I L R A M J A D B Y I T E F X  
 T P R I W G N E I H L Q A M C D E  
 C O N O Y A Y L L S O R N L U I N  
 S K L O E P H L A I A L T I R V I  
 Q F B O N E S Y R F T B G G B E M  
 U Q G S D L I F T D B G Q H B R V  
 I L Y I Y I U I S R T W B U K D K  
 R G R B S C Q S U O A U T H U A T  
 T U O S S A S H A W X T W A J N Q  
 H M D F L N B L N S B R E E F G E  
 L U Q O M Y O H S I F N W O L C W  
 Y H E B C F A A N G L E R F I S H  
 A C D L B E T E L A H W W F G T S  
 R F U U M R A O N I X E U G E O Y  
 R B D E L H M N A M R E H S P R Z  
 M T B R D E E W A E S Z Q G X N O  
 B L Y W N R E F R U S Y S D K T H

## Sudoku

		8		6	2			
	3		8	4		9		2
9		6					1	4
	1	2			8	6		
3				7	9		2	
	6		1				3	7
		1	7	8		3		
6	8	5	2			7	4	
4				9	6			1

- Angler fish
- Clown fish
- Mr Ray
- Ocean
- Dude
- Boat
- Sword fish
- Australia
- Squirt
- Whale
- Reef
- Flow
- Jelly fish
- Squishy
- Sydney
- Bloat
- Dory
- Nemo
- Diver Dan
- Pelican
- Surfer
- Bruce
- Blue
- Ink
- P Sherman
- Seaweed
- Marlin
- Mine
- Butt
- Gil

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THIRD SUNDAY OF  
EVERY MONTH**



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BIRTHDAY  
PARTY  
NOW**

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RIDE**

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DRINKS  
AVAILABLE AT  
THE GUARD  
VAN**

**GARD  
FACILITIES  
AVAILABLE**



**MELSA PARK  
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TRAIN RIDES**

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YOUNG AND YOUNG  
AT HEART**

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## Jack & Narla

Due to the passing of their owner, two loving dogs are looking for a new forever home.

Both are currently located in Zillmere, QLD.

### Jack

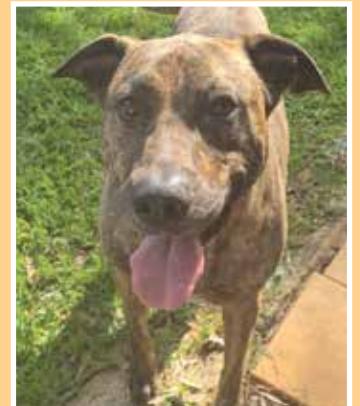
- Breed: American Staffy
- Age: 9 years
- Desexed & Microchipped
- House trained (will not toilet inside)
- No medication required
- No separation anxiety
- No aggression towards people or children
- Has lived with cats (shows aggression)
- Has lived with other dogs (may bark)
- Good with children under 10
- No excessive barking, digging, chewing, or car sickness

### Narla

- Breed: Irish Wolfhound mix
- Age: 5 years
- Desexed & Microchipped
- House trained
- No medication required
- No separation anxiety
- No aggression towards people or children
- Not experienced with cats or other dogs
- Good with children under 10
- No excessive barking, digging, chewing, or car sickness

Both dogs are gentle, loyal, and looking for a loving home to help them through this difficult transition.

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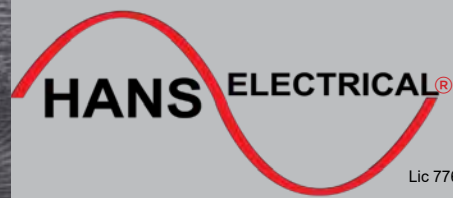
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Here are some practical tips and hints to help make your move as smooth as possible:

**1. Start Early:** Begin planning your move well in advance. Create a timeline that includes tasks such as researching moving companies, booking movers, and collecting packing supplies. Early planning helps avoid last-minute stress.

**2. Declutter Before Packing:** Use this opportunity to sort through your belongings. Donate, sell, or discard items you no longer need. This reduces the amount to pack and can save on moving costs.

**3. Organise and Label Boxes:** Pack room by room and clearly label each box with its contents and destination room.

Consider colour-coding labels for quick identification. This makes unpacking more efficient and helps movers know where to place boxes.

**4. Pack an Essentials Box:** Prepare a box with items you'll need immediately after moving, such as toiletries, a change of clothes, chargers, snacks, and important documents. Keep this box easily accessible during the move.

**5. Protect Fragile Items:** Use bubble wrap, packing paper, or towels to cushion breakables. Clearly mark boxes containing fragile items so they're handled with care.

**6. Notify Important Parties:**

Change your address with the post office, banks, and any subscription services. Let friends and family know about your new address as well.

**7. Take Photos of Electronics:**

Before disconnecting electronics, take photos of the wiring setups. This will simplify reassembly in your new place.

**8. Stay Calm and Flexible:**

Despite careful planning, unexpected issues may arise. Stay patient and adaptable to keep stress levels down.

By following these tips, you'll be better prepared for a successful and less overwhelming move.

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**David R**

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**Sharon B**

Jack provides excellent lawn services, friendly communication with an email following each visit containing details of every treatment and suggestions on what you need to do to keep your lawn in the best condition (best watering times for the season, dethatching etc) We would recommend this company unreservedly.



**Elaine G**

Jack has been treating and taking care of my lawn for the last 18 months/2 years and the lawn always looks fantastic. The treatment he uses and the advice he gives to keep the lawn looking top notch through all the seasons works perfectly. I highly recommend this service to keep your lawn looking spot on.



**Jenny H**

Jack has been servicing our lawn for about 2 years now and has done a fantastic job! Removed weeds with his magic spray and allows the good grass to prosper. Reliable, good value, knowledgeable, helpful and keeps the grass greener.

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**Deb B**

Jack, is a master at his trade, he provides an excellent service and his visits are always educational. He takes the extra time to fully explain everything and his knowledge is second to none. Would highly recommend his services.



**Liana L**

Jack was extremely professional and helped educate me on how to get the garden of my dreams. My yard has never looked so lush and my children are loving being outside again definitely recommend.



**Irene M**

Jack has our lawn looking the best it has in years, we were using every weed killer we could get our hands on, trying every fertiliser spending 100's of dollars yearly and the lawn was always a mess full of weeds, since using Jack we save a fortune paying the bi-monthly bill and our lawn looks fantastic, so green and thick and FINALLY weed free.



**Kevin R**

Jack has been treating our lawn for several years now and taken it from basically weed, to a lush spongy green lawn all year round. The regular fertilising and weed treatment is fundamental to this result but equally important is his advice and ongoing support that allows us to keep it this way.



## BRIBIE GARDEN CENTRE CELEBRATE THEIR 1st BIRTHDAY

**P**ete and Simon bought their dream business, Bribie Garden Centre, in April 2025. Over the past year, they've expanded their range of plants and giftware, and the community has shown amazing support.

We asked Pete and Simon about their favourite part of running the nursery. Simon said he loves the change of lifestyle, especially not having to drive to Brisbane every day.

“Working with plants, and working

closely with local people, is something I've always dreamed of.”

Pete agreed. “I was landscape gardening before, but now, in my late 50s, the body started to protest.”

He laughed and said that working with Simon and making the garden centre more beautiful are constant joys.

It's easy to see why. They've turned the nursery into a beautiful, peaceful place with a real community feel.

With a wide selection of giftware, creations from local artists, and many flowering plants, the nursery looks fantastic. Our favourite spot is the large outdoor gazebo.

“We wanted a place for the community to gather,” said Pete. “Now, groups like respite centres and nursing homes book time to use the gazebo and spend a few hours potting plants or doing arts and crafts.

Bonsai and weaving classes, and

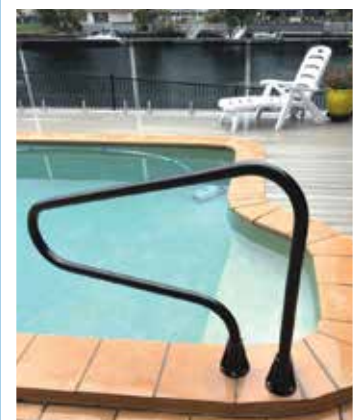
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all sorts of activities happen there now. We have the space, so it's really nice to offer that to people."

With autumn here, we

keep mulch or bark around your garden beds to stop weeds and keep the soil moist.

Visit your local nurseries and plant sellers each month so you can enjoy flowers all year round. Everyone is welcome to drop in for help with these issues, or if you want advice on plant choices and design ideas."

"To celebrate their first year in business, Bribie Garden Centre is holding its **FIRST BIRTHDAY PARTY on Saturday, 11th April.**

There will be a sausage sizzle run by

## HOME AND GARDEN

the Bribie Island Community Men's Shed, plenty of specials on plants and pots, and lucky door prizes.

If you're shopping on the day, Pete and Simon will take your name and number and call the winners at 4pm. Six lucky winners will get gift vouchers from \$25 to \$100, plus plants, pots, and giftware.

Come along on Saturday, 11th April at 9:00am for a wonderful and peaceful experience.

**BRIBIE GARDEN CENTRE** is open seven days a week from 9am to 4pm, except on Anzac Day.

**50 VERDONI STREET, Bellara**  
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asked Pete and Simon if they had any tips for gardeners. "Keep an eye out for pests and diseases that might show up in your garden. Also,



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# Great Garden Ideas for Small Areas

**Y**ou don't need a big backyard or country estate to enjoy gardening. Even if you live in the city or have only a small outdoor area, you can still create a beautiful and productive garden.

Small gardens can be charming, easy to care for, and full of life. With a bit of planning and creativity, any patio, balcony, or small patch of ground can become a welcoming green space. Here are some ideas to help you get started.

## Go Vertical

If you don't have much space, try growing upwards. Vertical gardening lets you add more plants without taking up extra ground. You can use wall planters, trellises, or hanging baskets for flowers, herbs, or small vegetables.

You might even try a living wall, which is a panel of plants grown upright with soil or hydroponics. Vertical gardens look great, help clean the air, and can give you more privacy.



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### Choose the Right Plants

Choosing the right size plants is important in a small garden. Pick compact or slow-growing types that fit well in limited space. Herbs like thyme, basil, and chives do well in pots or window boxes.

Dwarf fruit trees and bush tomatoes can grow in large containers. For colour and texture, try small-flowered plants like pansies, violas, and succulents.

Foliage plants such as ferns, hostas (a hardy, shade-loving perennial, with dramatic foliage, ranging from deep greens to shimmering blues and white-edged variegations), and ornamental grasses also add interest and do well in shady spots.

### Container Gardening Magic

Containers are great for small gardens. They let you add plants to balconies, decks, steps, or windowsills. Try using pots of different shapes, sizes, and materials for a lively look.

You can group them together for a fuller effect or line them up along railings to mark the edges. Containers also make it easy to move your plants to get more sun or protect them from bad weather.

### Multi-Functional Furniture

In small spaces, it helps if everything has more than one use. Look for benches with planters built in, tables you can use for potting, or storage boxes that also work as seats. Foldable or stackable furniture keeps things tidy and makes it easy to change the space for guests or relaxing.



### Make Use of Corners and Edges

Corners and edges are often overlooked in small gardens. Try adding corner planters, tiered shelves, or a narrow water feature to make the most of these spots. Raised beds along fences or walls help define the space and make gardening easier on your back.

### Create Illusions of Space

Good design can help a small garden seem bigger. Place mirrors to reflect light and plants. Lay paving stones at an angle to make the space look wider or use curved paths and flower beds to add depth. Stick to a simple colour scheme to keep things looking tidy.

### Wildlife-Friendly Features

You can support wildlife even in a tiny garden. Add a bird feeder, bee hotel, or a small bowl of water to attract pollinators and birds. Pick native plants that help local wildlife and make your garden more beautiful.

### Prioritise Personal Style

A small garden is a great way to show your style. You might like a cottage garden full of flowers, a simple space with succulents, or a kitchen garden for growing food. Choose what suits you best, and add touches like colourful pots, lanterns, or outdoor rugs for extra personality.

To sum up, you don't need a big yard to have a successful garden. By using vertical space, picking the right plants, and adding creative touches, you can create a beautiful and personal garden, no matter how small your outdoor area is.



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# The Best Bang for Your Buck Interior Updates

When it comes to home improvements and renos; small rarely means easy. Some of the simplest changes still come with a laundry list of building selections and decision fatigue.

Which is where interior & exterior designer Paul Popham excels – helping you to squeeze the most value out of every interior update.

## 1. First Impressions Count

There's plenty to plan if you want a memorable entrance door: style, timber stain, 'to paint or not to paint?', colour, what'll weather the coastal weather, hardware, lighting, glass and even security.

Paul can consult on it all for as little as \$180, while your home reaps the benefits of renewed curb appeal and security.

## 2. Replacing Gutters & Roofs

"Gutters and roofs don't seem like a big deal, but if you have a brick home – like a lot of us here in Bribie Island do, it's a strong and overwhelming element that needs to be balanced to look good."

Paul specialises in creating harmonious gutter and roof updates that account for brick, cladding, existing window frames, colour and entryways for just \$180 an hour – so you're not left grimacing at your roof colour every time you reverse out of the driveway.

## 3. Interior & Exterior Paint Updates

When it comes to painting, a paint brand-affiliated colour-consult is going to cost \$180+ per hour. They'll be biased to the paint brand they represent and rarely have the qualifications or interior design expertise to take into account your joinery, tiles and furniture.

On the flipside, Paul is all about bang for buck, "I take your whole home into consideration, including what you love or have to keep the same (usually for budget's sake), and where we can make cost effective updates that'll elevate your entire space."

## 4. Allow Paul to Do the Work for You

"A lot of my work starts with a couple having a budget for a few renos, but no idea where to begin. I love these projects because I make all of the painful (often rushed) building selections that can add \$50K+ to your home's value."

Whether it's navigating the overwhelming world of whites, a front fence refresh, tile selection for a single backsplash or working out a plan for your underused outdoor area – Paul stresses this: "There's no such thing as a project 'too small'. Design is about cohesion, creativity and colour – so if I can help take the stress out of it for you and it also only costs you \$180 an hour? That's a win in my books!"



**Start a Small Reno with Paul**

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# How to Clean Shower Glass: A Quick and Easy Method

**G**lass shower doors can quickly become covered in soap scum buildup, hard water stains and streaks that make your bathroom look less bright and inviting. But learning how to clean shower glass is simple — and it's not just about looks.

Cleaning regularly prevents unpleasant odours and reduces mildew, bacteria, and mould, all of which can trigger allergies or respiratory issues.

Keeping glass clean also extends its life and helps maintain your home's value by preventing costly replacements due to severe buildup. With the right techniques and products, you can quickly restore your shower glass's sparkle.

## Step 1: Prepare Your Cleaning Solution

There are many specialised shower glass cleaners designed to repel water and prevent future buildup. For a DIY option, mix equal parts distilled white vinegar and dish soap in a spray bottle. Shake gently.

Add lemon juice or baking soda for extra cleaning power. For stubborn hard water stains, use undiluted vinegar, but test first.

## Step 2: Apply the Solution to Shower Glass Doors

Spray the solution generously on the glass, covering stubborn spots.

Let the solution sit for 10 minutes to loosen buildup before scrubbing.

Follow the bottle directions if using a commercial cleaner.

## Step 3: Gently Scrub with a Damp Microfiber Cloth

Gently scrub the glass in circular motions with a damp microfiber cloth. Focus on heavy buildup and avoid abrasive pads.

## Step 4: Clean Shower Door Tracks

Dip an old toothbrush in cleaning solution to scrub the shower door tracks. The bristles reach tight spaces and remove dirt. Wipe away residue with a clean, damp microfiber cloth.

## Step 5: Rinse and Dry

Rinse the glass thoroughly with warm water to remove the cleaning solution.

Wipe the doors dry with a microfiber cloth to prevent spots or streaks. For a streak-free shine, finish with a glass cleaner formulated to minimise streaks.

## Repeat Once a Week

To avoid soap scum or stains, clean shower glass at least weekly. Deep clean monthly to tackle tough grime, especially in tracks.

Regularly using a squeegee or microfiber cloth after each shower removes water droplets and soap residue right away.

This simple step reduces buildup and helps your glass stay crystal clear longer, minimising the effort needed to keep it looking its best.

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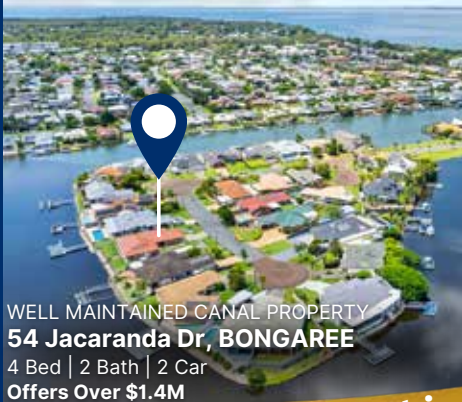


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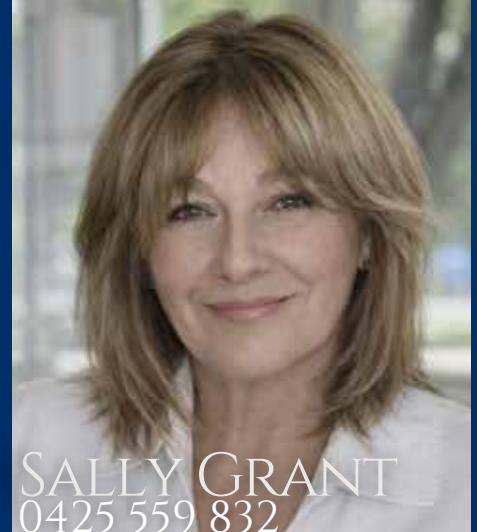


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Modern Industrial Styling Will Stand the Test of Time



**M**odern industrial interior design has evolved considerably from its initial application in warehouse settings to its current integration within contemporary residential environments, owing to its appealing aesthetics and its ability to harmonise comfort with distinct personal style.

The design incorporates a combination of raw and refined elements, prominently showcasing exposed structural features such as exposed brick, concrete walls and floors, weathered metal, reclaimed wood beams and floors, piping, ductwork and steel beams.

All to be left open and exposed, and only add other design elements with restraint, like furnishings.

Interior furnishings are to be added with simplicity in mind. You can keep the look very hard and cold or soften and warm the space. This will come down to your choice of furniture and window dressings.

Black-framed windows from floor to ceiling allow plenty of light into the room. Glass-framed doors and partitions help keep living spaces open and light moving through the space. The frame provides a stark contrast and is striking.

Look to use metal, industrial caged fixtures with Edison bulbs and metal spotlights. Clean white lighting will give you a modern look, and the yellow lighting will warm the room.

White plastered walls keep a minimalist look, allowing you to feature other edgy textures and elements.

If you are living in a white, clinical box with little character, wallpaper is a great option

to introduce the look of realistic bricks, timber, or concrete in your space.

Metallics help to create a luxurious yet moody vibe, while rusted metal effects add authentic, raw character.

Reclaimed wood offers warmth. Murals are a wonderful way to add your personal style and further enhance the character of your space.

Consider bold colours, vintage maps, an industrial vibe or graffiti for an edgy look.

These designs deliver an urban loft feel, blending industrial charm with modern style.

I see there being two ways the colour palette can go.

- a) whites, neutrals and soft greys to keep a minimalist and modern style or
- b) deep and dark charcoals, blues and greens for a moody and sophisticated atmosphere.

Furniture such as a couch, table, chairs and other items should be of reclaimed wood, metal, or weathered leather to be in keeping with an industrial style. I would recommend mixing these elements.

Plush cushions, woollen throws, and vintage rugs will help to add warmth and soften the space. To bring life to the space, add plants to provide a natural contrast.

Favourites are cacti, figs and ficus. The greener the better, and big waxy leaves.

Again, there are two options for window treatments. To cover or not to cover. Not covering will leave the windows and frames exposed, creating an industrial

look and emphasising light in the room.

However, I strongly recommend covering your windows. This will create privacy, darken your room (i.e., bedroom), warm your home in winter, and cool your home in summer.

You can use slimline metal finished venetian blinds to control light and privacy, creating a sleek, industrial look. White shutters and venetians will keep a simple, modern style.

Roller blinds again go back to an industrial look. Add sheer curtains to soften the look.

Lastly, curtains soften the room and are the best option for maximising privacy and heating/cooling properties.

For simplicity, sheer curtains are a great idea. You can use metal poles to add to the modern industrial style.

Modern industrial interior design is widely favoured for its ability to harmonise authentic, rustic elements with refined, contemporary comforts.

This enduring style emphasises structural integrity while fostering open, functional, and low-maintenance living environments.

It is a style that will stand the test of time, allowing you to make little tweaks to keep introducing your personality within your home.

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# FISHING REPORT

## March

There's been plenty of "weather" this month, with the past four weekends of fishing hampered by wind and rain. Only about 90mm in total, but a bit of rain almost every day has been a good soaking for the gardens and stirring up the waters of the Passage a little.

Most years, the water temperature has dropped by a degree or two by the end of March, but this year it has remained about 26. While not a real problem on a cloudy day, if there's a bit of sunshine, fish will look for shade or deeper water.

Flatheads are a good example, although the regular drops of rain will bring them out of the gutters, especially in search of a feed on the rising tide. Fishability Qld crews have been fairly consistently bringing in reasonable flathead, with a couple of really good ones last week.

If the water stays a little murky, the early morning rising tides from Good Friday onward should be a good time to toss some shallow lures as the water comes over the sand banks, at the top end of White Patch or at Turner's Camp.

There have been a few golden trevallies up at Turner's camp, too. Richard's been having a good time catching them. Last week, he was sitting out from the caravan park – "It was bedlam- I had two lines out, and they tangled. I sliced my finger getting the knife out to cut the other line, so I wasn't going to let that trevally go – he owed me!"

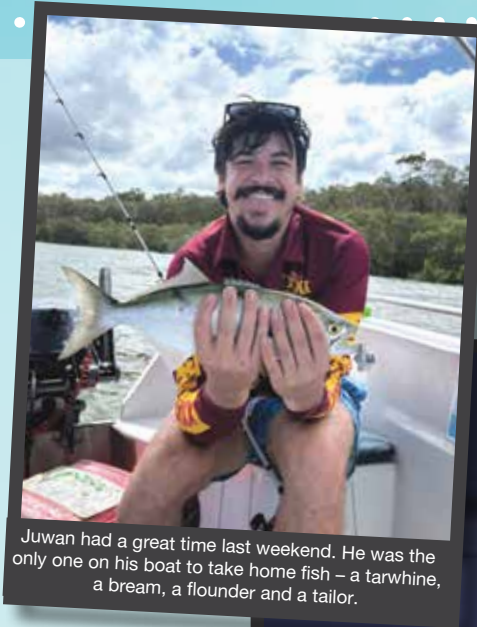
Again, on the weekend, Richard had an end-of-the-day trip up towards Turner's camp and came away with another trevally, as well as a gorgeous 60cm mangrove jack!

Over the past month, the Passage and creeks have seen almost ideal conditions for mangrove jack – a little murky, warm and lots of unsettled weather.

Late afternoons or before sunrise are the best times to try casting out around, preferably using live bait or strips of pillies or mullet.

Mangrove jack like live baits – whiting is a good choice but make sure they're legal size. A hard-body lure will also work with them, and that's what Richard uses. If you're using mullet strips, use a good-sized sinker and make sure the hook goes all the way through the mullet.

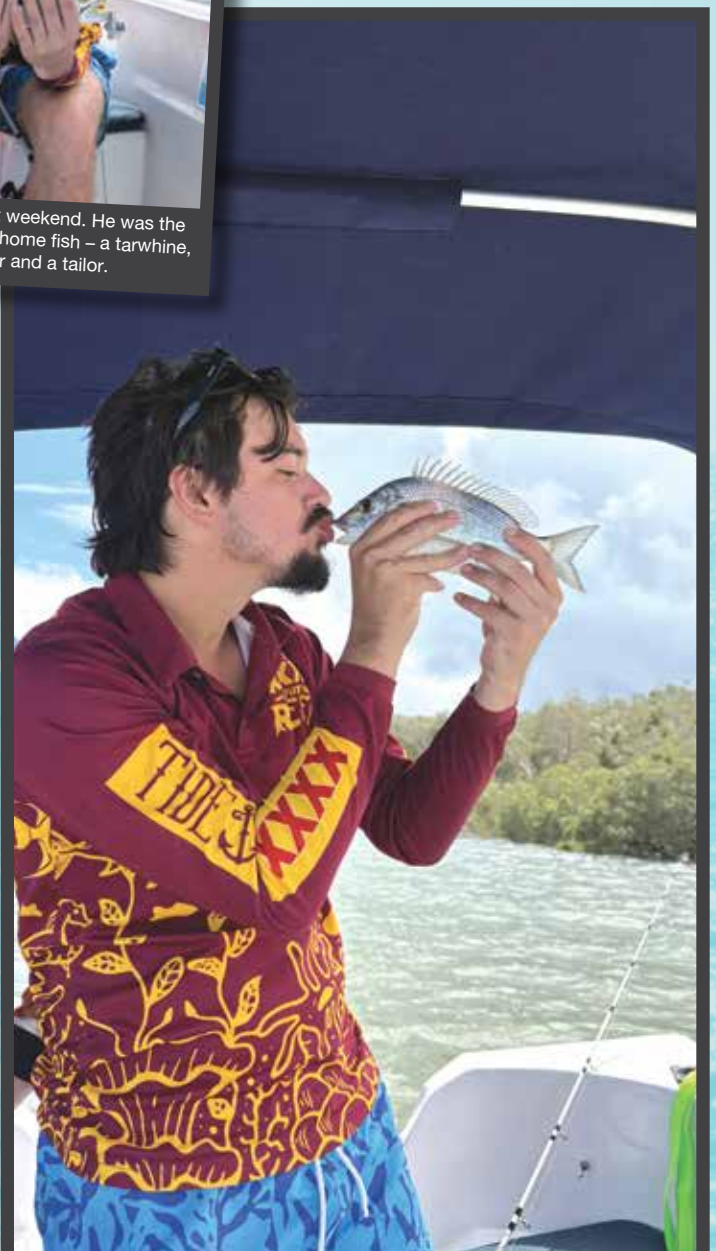
Then cast downstream and let the bait drift towards some snaggy mangrove roots. If you're fishing out in the Passage, try casting towards pylons or along the edge of the water – mainland side.



Juwan had a great time last weekend. He was the only one on his boat to take home fish – a tarwhine, a bream, a flounder and a tailor.

The canals are another great place to go for mangrove jack; they love hiding under the floating pontoons or near the revetment walls.

It's mainly young mangrove jack we see throughout the Passage; they drift in as larvae in Spring and



All from south of the bridge, caught with "prawn, mullet, pilchard baits and patience".

enjoy the quiet life for a few years. A really good-sized mangrove jack in the Passage would be about 40cm; like snapper, they have to be over 35cm to be legal - so Richard's was impressive!

The baitfish are now out in good numbers, and the wind and tides have brought a lot of them up into the Pumicestone Passage. Jen, at Spinnaker Sound Marina, said she saw them gathering in good numbers there as well, and there have been plenty of reports of bait-balls near the bridge and at Pacific Harbour.

Of course, following the bait, there have been some good-sized fish. Sadly, Dylan spent a wet and windy day north of the bridge seeing lots of action between baitfish and something much bigger, but didn't get any action himself. He wondered if it might have been school mackerel or tailor, but didn't get to find out. Juwan got luckier, catching good tailor at Shag Island and at White Patch.

I've been told a few times that some big snappers are being caught - 60-70cm specimens from the ripples and plenty of smaller ones between the bridge and the first green marker. Jason caught three just legal ones, not far south of the bridge, using prawns.

A couple of days later, Caleb and some friends from the U.S. brought in two good snapper and an estuary cod. They were anchored 200 metres off Bribie, in line with the Bongaree water tower, and squid was the winning bait.

Joe didn't score any giant snapper but did catch two (both around 39cm) near the ripples, using prawns. He also says that he's been catching lots of 40-45cm grunter around the Avon wreck.

Lucy also got a barred grunter - hers was a 55cm beauty!

She sat all afternoon in the middle of the Passage, halfway up to Pacific Harbour on a falling tide, using prawn for bait, on a miserable day, but it was all worth it - "the biggest fish I've ever caught, so I was excited to bring it in after it put up a good fight!" It made a lovely dinner, oven-baked in butter, garlic and herbs.



A lovely mangrove jack, caught on a hard-bodied lure by Richard, near Turner's camp.



Lucy's biggest fish ever - barred grunter, 55cm.

# TIDE TIMES

## Bribie Island AND Moreton Bay

<b>Fri 27 Mar</b> 4:49 am 1.79m 11:58 am 0.73m 5:36 pm 1.25m 11:07 pm 0.65m	<b>Sat 28 Mar</b> 6:13 am 1.83m 1:04 pm 0.63m 6:54 pm 1.4m	<b>Sun 29 Mar</b> 12:31 am 0.56m 7:19 am 1.91m 1:56 pm 0.52m 7:52 pm 1.58m	<b>Mon 30 Mar</b> 1:39 am 0.45m 8:13 am 1.97m 2:40 pm 0.43m 8:41 pm 1.73m	<b>Tue 31 Mar</b> 2:33 am 0.37m 8:59 am 2m 3:17 pm 0.37m 9:25 pm 1.84m	<b>Wed 1 Apr</b> 3:19 am 0.34m 9:38 am 1.97m 3:51 pm 0.34m 10:05 pm 1.9m	<b>Thu 2 Apr</b> 4:01 am 0.36m 10:14 am 1.9m 4:21 pm 0.35m 10:42 pm 1.92m
<b>Fri 3 Apr</b> 4:40 am 0.42m 10:45 am 1.79m 4:48 pm 0.38m 11:16 pm 1.92m	<b>Sat 4 Apr</b> 5:17 am 0.49m 11:15 am 1.68m 5:15 pm 0.42m 11:49 pm 1.9m	<b>Sun 5 Apr</b> 5:57 am 0.56m 11:45 am 1.57m 5:42 pm 0.47m	<b>Mon 6 Apr</b> 12:23 am 1.87m 6:40 am 0.64m 12:17 pm 1.46m 6:14 pm 0.54m	<b>Tue 7 Apr</b> 1:00 am 1.81m 7:30 am 0.71m 12:58 pm 1.35m 6:51 pm 0.62m	<b>Wed 8 Apr</b> 1:43 am 1.74m 8:30 am 0.78m 1:46 pm 1.25m 7:37 pm 0.72m	<b>Thu 9 Apr</b> 2:37 am 1.67m 9:44 am 0.82m 2:51 pm 1.19m 8:41 pm 0.79m



**John Traill Public Relations Officer | Marine Rescue Bribie Island | john.traill@mrq.qld.gov.au**  
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**INTERNATIONAL WOMEN'S DAY AWARDS**

Marine Rescue Bribie members recognised at MRQ International Women's Day event! Marine Rescue Bribie Island is proud to acknowledge our hard-working women volunteers on International Women's Day. three of our volunteers have been formally recognised by Marine Rescue Queensland. Our congratulations go to:

**Kelly Langworthy:**

Kelly received the Outstanding Lead Award in recognition of her dynamic leadership during Bribie Island's transition to Marine Rescue Queensland. Kelly was also awarded the Champion of Change Award for her unwavering commitment to fostering a positive and inclusive culture across MRQ.

**Liz Radajewski:**

Liz received a high commendation as an Outstanding Mentor, recognising her efforts in going above and beyond to mentor, coach, and encourage other women, helping them to achieve their full potential within Marine Rescue.

**Mary Brown:**

Mary received a high commendation as a Trailblazer. This award celebrates women who have made significant contributions to Marine Rescue and paved the way for others to follow. Mary has been with Marine Rescue Bribie Island for 23 years, and her trailblazing roles have included Treasurer, Duty Officer, Zone Delegate and Radio Operator, among others! Congratulations to all our awardees, and all our women volunteers.



Our photo shows our awardees Kelly Langworthy and Liz Radajewski being congratulated by Unit Commander Gary Voss and Deputy Unit Commander Allan Tranter. Mary Brown is off vacationing!

**NEW RADIO ROOM**

A new era for Marine Rescue Bribie Island began Wednesday the 11<sup>th</sup> March when the new Radio Room became operational. Radio Operator Lindsay Crompton had the honour of performing the first shift using the new Radio Room.

Radio Officer Peter McNamara said "This of course would not have been possible without a lot of help from many dedicated members, and the great fund-raising efforts of our past and present members. We Thank all of you Sincerely. I have to say a special thank you to John O'Hagan who has literally built the Radio Room from the ground up. Without John's outstanding efforts it simply would not have happened."

The New Radio Room has many functions including a training centre and a communications hub for major SAR operations.



Unit Asset Coordinator & Deputy Radio Officer John O'Hagan works late on Tuesday night for final touches for Wednesday mornings first shift.



Radio Operator Lindsay Crompton on the first shift in the new Radio Room.

**FURUNO TRAINING**

MRQ Bribie Island Unit Training Coordinator Mark Young arranged a training session for our Coxswains and Senior Crew with Brendan Bourke from Furuno presenting the session starting at 1000 and finishing on time at 1400. Brendan was excellent, providing an overview of who Furuno are, how they are

represented here in Australia, their category and product market offers, and then drilled down to the specific Furuno systems will have coming on our new Bribie 1. He then provided a full demo, in particular how and where to find and use all of the features and attributes. Handouts supporting the presentation were also provided.

Mark commented "Overall, an excellent session from a highly skilled Furuno technician. As UTC, I'm much more comfortable now that our Coxswains are armed with this Furuno "how to" knowledge."



**FAREWELL LINDSAY**

Lindsay Crompton has decided to move on to new adventures. Do some travelling and pursue some new hobbies.

Lindsay has been with VMR Bribie and now MRQ Bribie Island for 9 years. Prior to moving to Bribie, he also served 12mths with Jacobs Well VMR. During

Lindsay's time with us he has held many roles.

Crew, working his way to Crew Day Coxswain, Radio Operator, Safety Officer,



Maintenance team, Fundraiser, tractor driver as well as many odd jobs around the Base.

On behalf of all members, we would like to thank Lindsay for his many many hours of volunteering and his significant contributions to improvements he has made. Lindsay has made many friendships that I am sure will continue with his next endeavours. We would like to wish he and his wife Colleen our best wishes in the future.



Radio Operator Lindsay Crompton on the first shift in the new Radio Room.



Lindsay Crompton receives his Coxswain stripes from Commodore Ces Luscombe (2023).

**UNIT COMMANDER GARY'S MESSAGE:**



IT'S HERE! On 19<sup>th</sup> March a crew of our senior Coxswains drove 7 hours through rubbish sea conditions to deliver the new Bribie 1 from Yamba to Bribie. You will now see our shiny new rescue boat berthed at our pontoon.

The new vessel is very similar to our existing Bribie 1, but with a few important changes. Built by Yamba Welding and Engineering, the vessel is a NAIAD rigid hull inflatable with foam collars. The big changes – well you can walk all the way around the sides of this vessel. Instead of crawling gingerly along the sides and holding on tightly, our crew can safely operate all around the vessel in all sea conditions.



We have moved away from our traditional Yamaha engines to new 300HP Mercury

Seapro engines – they are much quieter and let the crew communicate better throughout the vessel. These larger engines will deliver great towing power and have a top speed of 42kts if we need to get somewhere fast. The engines have full electric steering, and can be controlled with a joystick as well as the wheel and the autopilot. So many choices!

The new Bribie 1 is equipped with the latest Furuno navigation equipment, which can be remotely accessed, and will allow us to synchronise operations with the rest of the MRQ fleet in search and rescue operations. Other improvements include a side door for the helmsman to access the side deck easily – this is an excellent addition because the helmsman was stuck inside the cabin previously and unable to help out on deck. We have new side cockpit gates to allow easier access to the deck, and two new full opening rear doors for access to the stretcher for medical evacuations.

If you look closely you will see an anchor tucked up under the vessel – this new electrically powered anchor system will save the crew from manually handling a 20kg anchor when needed!

Inside the cabin we now have upgraded facilities for longer search and rescue jobs. We have an actual marine toilet, a microwave and also a kettle for a cuppa after many hours on the water.

My personal thanks go to everyone who has been involved in the design and build of the new vessel – you know who you are!

So keep an eye out and give us a wave on the new vessel as we bring her into operations.



**MARCH ASSISTS**

**SAT 07/03 1215PM** - Tasked by QAS to transport 2 Paramedics to medevac a patient suffering seizures from Cruise Ship Carnival Adventure to their waiting ambulance at MRQ Bribie Base.

**SUN 08/03 0143AM** - Tasked by QAS to transport 2 Paramedics to medevac a patient from Tangalooma to their waiting ambulance at MRQ Bribie Base.

**WED 11/03 0922AM** - Tasked by QAS to transport 2 Paramedics to medevac a patient from Tangalooma to their waiting ambulance at MRQ Bribie Base.

**WED 11/03 1038AM** – MOP reported tender swamped at Ketch off Bongaree Jetty – Investigated nobody on board. Water Police will follow up.

**WED 11/03 1646PM** – 2m Jet Ski 2POB with rope tangled motor issues required a tow from Bellara to Bongaree boat ramp.

**THU 12/03 0658AM** – 5.6 Centre Console 1POB with motor issues required a tow from 400m off Bellara boat ramp back to Bellara boat ramp.

**THU 12/03 0736AM** – Tender to 15m Cruiser 1POB with engine issues required a tow from Pacific Harbour canals to Bellara boat ramp.

**FRI 13/03 0534AM** – 13m Sports Cruiser 1 POB with engine issues required a tow from Maintenance Dock to another berth within Pacific Harbour Marina.

**FRI 13/03 0549AM** – 2nd Rescue vessel required for above task.

**FRI 13/03 2029PM** – 4.7m Runabout 2POB aground at Gallagher's Gutter required a tow to deeper water.

**SAT 14/03 1109AM** – MOP reported a white Yacht appearing to be drifting at Bongaree – Investigated and under control by its skipper.

**SUN 15/03 1137AM** – 9m Half Cabin 2POB with motor issues in Passage off Sandstone Marina required a tow into the marina.

**MON 16/03 1557PM** - Tasked by QAS to transport 2 Paramedics to medevac a patient struck by a golf buggy suffering back & leg pain from Tangalooma to their waiting ambulance at MRQ Bribie.

**TUE 17/03 1530PM** – 6.4m Stejcraft 2POB with fuel pump issues at Cowan Cowan required a tow to Sandstone Point Marina.

**WED 18/03 1411PM** – 3.5m Runabout 2POB with a broken fuel pump at Tangalooma, required a tow to Sandstone Point Marina.

**YTD RADIO ROOM STATISTICS**

<b>CALLS</b>	<b>3,461</b>
<b>VESSELS LOG ONS</b>	<b>995</b>
<b>VESSEL ASSISTS</b>	<b>89</b>
<b>SITREPS</b>	<b>343</b>
<b>REQUESTS</b>	<b>369</b>
<b>OVERDUE VESSELS</b>	<b>5</b>
<b>VESSEL TRACKING</b>	<b>1</b>
<b>RADIO CHECKS</b>	<b>263</b>
<b>WEATHER BROADCASTS</b>	<b>1</b>
<b>SECURITE BROADCASTS</b>	<b>5</b>
<b>PAN PAN CALLS</b>	<b>0</b>
<b>MAYDAY CALLS</b>	<b>0</b>
<b>PERSONS ASSISTED</b>	<b>121</b>
<b>VHF CALLS</b>	<b>54.1%</b>
<b>27MHz CALLS</b>	<b>0%</b>
<b>PHONE CALLS</b>	<b>29.8%</b>
<b>GWN CALLS</b>	<b>2.3%</b>

**“BUT importantly – Always remember if you are heading out on the water LOG ON with your local MRQ. VMR or Coast Guard, it's a free service for everyone, so why wouldn't you! It just may save your life!”**

# UNDER THE WHITE ENSIGN



## The DDGs on the Gunline in the Vietnam War

**Type:** Charles F Adams Guided Missile Destroyer, DDG

**Built:** Defoe Shipbuilding Co., USA

**DDGs:** HMA Ships Perth II, Hobart II, Brisbane II

**Commissioned:** July 1965, Dec 1965, Dec 1967

**Decommissioned:** between 1999 and 2001

**Displacement:** 4,570 tonnes full load

**Speed:** 36 Knots [59 km/h]

**Propulsion:** 32 knots steam turbines. 2 shafts. 70,000 Shaft HP

**Crew:** 333

**Armament (Vietnam):** 2 x 5 inch 54 calibre auto rapid fire guns.

Single Tartar anti-aircraft missile launcher.

2 anti-submarine Ikara missile launchers

2 triple anti-submarine torpedo launchers

**Fate:** Dive wrecks



HMAS Brisbane II

Between 1965 and 1972 the Royal Australian Navy undertook continuous service in Vietnam. A large commitment was the provision of a destroyer on a rotational basis to the US Navy's Seventh Fleet for operation on the 'gunline' between March 1967 and September 1971. HMA Ships Hobart and Perth completed 3 tours, Brisbane 2 and Vendetta 1.

Gunline destroyers had to perform at a high degree of readiness to provide continuous Naval Gunfire Support to allied forces ashore. Screening escort for the American aircraft carriers was also performed. They were under the threat of determined opposition from enemy shore batteries and numerous reports of near misses were recorded. During its first tour, Perth and an accompanying US destroyer were the target of 200 rounds of enemy fire when Perth sustained a direct hit that wounded seven sailors. On Hobart's second tour of duty, several ships were mistakenly attacked by US Air Force jets. Hobart was hit by three missiles. Two sailors were killed and

three were seriously injured. Such is the horrendous danger of warfare.

The Australian DDGs were well suited for the task of providing Naval Gunfire Support. Armed with two 5-inch 54-calibre gun mounts that were each capable of bringing down accurate gunfire at a rate of 40 rounds per minute on targets at ranges beyond 14 nautical miles [26 Km]. This high rate of required fire meant some gun failure did occur and regular maintenance and resupply of ammunition by Replenishment at Sea was necessary. In a ship's six months tour of duty up to 16,557 rounds were fired.

Being US compatible, meant ammunition and parts were readily available with major repairs performed at the massive Seventh Fleet base at Subic Bay, Philippines.

The Daring Class destroyer HMAS Vendetta was also deployed for service on the gunline. Its main armament consisted of six 4.5-inch guns in three turrets that were capable of providing accurate and rapid fire to a range of 9 nautical miles [17 Km] at a

rate of 16 rounds per gun per minute. Vendetta's six guns were capable of expending up to 100 rounds per minute.

These DDGs were the last Australian war-ships fitted with analogue Fire-Control and the dedicated crews achieved highly accurate results. Later ships were fitted with digital Fire-Control. They also represented the RAN's transition from British ship and weapon design.

HMAS Hobart was the first Australian ship to join the 'gunline' and the first to carry the new Australian White Ensign into battle. The Patron of the Naval Association, Bribie Island is Doug Marsen OAM who was a previous President of the HMAS Hobart Association.

In their five years' service in Vietnam, the four gunline destroyers steamed over 397,000 miles and fired 102,546 rounds.

The three DDGs were decommissioned between 1999 and 2001 and sunk as dive wrecks: Perth off Albany, WA, Hobart off Yankalilla, SA and Brisbane off Mooloolaba, Qld. Brisbane's bridge and forward 5-inch gun has been installed at the Australian War Memorial.



## NAVAL ASSOCIATION of AUSTRALIA BRIBIE ISLAND SUB-SECTION

Welcomes EX-SHIPMATES to enjoy that comradeship they experienced when they served. Please make contact at our Meet and Greet every Tuesday evening at the RSL Club from 1600 hours.

**Rick Macchetta**

Secretary

0422 889 693 | secretary.naabi@gmail.com

**ONCE NAVY ALWAYS NAVY**



# The Bribie Island Sailing Club

**The Bribie Island Sailing Club hosted two exciting races on Saturday, 7 March, from Bellara to Mission Point and back.**

The northbound leg benefited from an incoming tide, while the return journey challenged competitors with stronger, variable winds and persistent rain, making the turning marks difficult to spot.

Love It, skippered by John Bellari, sailed impressively to claim victory in the first race but was unfortunately forced to retire in the second.

Tokolosh, under the helm of Alan Paynter, secured the win on the return leg.

Meanwhile, two newcomers, Day O, skippered by Jim Hawke, and Biscuit, sailed by Peter Quinn—were locked in a close contest on the way back to Bellara, each finishing mid-fleet in both events.



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## FAVOURITE EASTER FOODS

**E**aster marks a time of renewal, celebration, and—most importantly—delicious food. While many honour its deep religious meaning, it's fair to say that food traditions have become a cherished (and tasty) part of life.

From the irresistible aroma of hot cross buns to creative chocolate treats that test the limits of our self-control, these foods blend time-honoured customs with a dash of innovation—and maybe a sprinkle of extra calories.

### Hot Cross Buns: The Quintessential Easter Treat

No Easter feels truly complete without the comforting smell of hot cross buns wafting from kitchens and bakeries.

These spiced, fruit-filled treats, adorned with their signature cross, pop up everywhere in the lead-up to Easter—some say they appear earlier each year, possibly even before the Christmas decorations come down!

Traditionally eaten on Good Friday, hot cross buns are now available weeks in advance, and new flavours like chocolate chip, mocha, and caramel mean there's a bun to suit every taste bud (and every excuse to have more than one).

### Chocolate Eggs and Bilbies: Sweetness with a Purpose

Chocolate eggs are synonymous with Easter worldwide, including here. Whether you prefer simple foil-wrapped classics or extravagant hand-painted masterpieces, these treats delight chocolate lovers of all ages.

Of course, there's also the beloved chocolate bilby—a uniquely local twist that swaps out the bunny for an endangered native animal, raising both funds and eyebrows.

Enjoying a chocolate bilby is both tasty and meaningful, and a great way to explain to confused relatives why there's a marsupial in the Easter basket.

### Seafood Feasts: A Good Friday Tradition

Seafood features in many Easter meals, especially

on Good Friday, when many abstain from meat (but apparently not from piling their plates sky-high with prawns). Fish and chips by the beach, prawn platters, and baked fish are all classics at family gatherings.

Oysters, calamari, and fresh salads round out menus, showcasing the best of local seafood.

Not only does this tradition honour longstanding customs, but it's also a delicious way to celebrate our natural bounty—just keep an eye on your prawn count if you're sharing with family.

### Lamb Roasts: A Sunday Centrepiece

Lamb isn't just for Easter, but it's certainly a holiday favourite. A slow-roasted leg of lamb, infused with rosemary, garlic, and surrounded by crispy vegetables, makes for a classic Sunday lunch that brings everyone to the table.

For many families, the Easter lamb roast is about more than just food—it's a chance to gather, share stories, and politely debate the best way to carve the meat.

### A Celebration of Tradition and Innovation

Easter food blends old traditions with new ideas, sometimes with delicious results and sometimes... well, let's just say, not every experimental hot cross bun deserves to become a classic.

Families pass down recipes, but creative changes keep things interesting and make every year a little different.

Whether you're enjoying a hot cross bun with tea, a chocolate bilby, or a seafood meal by the ocean, it's all about celebrating, gathering, and embracing unique tastes (and occasionally questionable flavour combinations).

This Easter, as families enjoy these favourites, food becomes more than just a meal—it tells stories of tradition, creativity, and shared happiness (plus, it's an excellent excuse for that third helping of dessert). And really, that's what makes Easter special.

# EGGCELLENT EASTER

WHILE STOCK LASTS!

Proudly Independent

# SAVINGS

Your local



## CADBURY EASTER GIFT BOX

SELECTED RANGE 153-172g

LOW PRICE

\$10<sup>00</sup> each



## RED TULIP CARNIVAL RABBIT

180GM

HALF PRICE

\$5<sup>50</sup> each

SAVE \$5.50



## LINDT BUNNY 100GM

LOW PRICE

\$9<sup>00</sup> each

SAVE \$4.00



## YARROWS EASTER BUNS 6 PACK

SELECTED RANGE

PRICE MATCH PROMISE

2 FOR \$7



## ROYAL GALA APPLES

\$4<sup>90</sup> kg



## FAMILY SIZED TRIFLE

MADE INSTORE

\$6<sup>90</sup> each

SAVE \$4.00



## MOUNTAIN VIEW 700G EGGS

LOCAL PRODUCT

2 FOR \$6



## PORK SHOULDER CHOPS (1.2KG MIN)



\$12<sup>00</sup>



## MIDDLE EASTERN LAMB SHOULDER

WHILE STOCK LASTS

\$12<sup>00</sup> kg



## PORK LOIN ROASTS



\$10<sup>00</sup> kg



## WHOLE ECONOMY RIB FILLET



\$24<sup>99</sup> kg



## WHOLE ECONOMY RUMP



\$12<sup>99</sup> kg



BUDGET BUSTER

'TURN PAGE FOR MORE GREAT SAVINGS'

ON SALE FRIDAY 27th MARCH to TUESDAY 7th APRIL 2026 ONLY

While stocks last. Retail quantities apply. We reserve the right to correct printing errors or omissions. Images are for illustration purposes only

## Beachmere IGA

Cnr James & Beachmere Rds  
BEACHMERE  
PHONE: 5496 2111  
7am - 8pm 7 DAYS

SCAN HERE



## Sandstone Point IGA

204 Bestmann Rd East  
SANDSTONE POINT  
PHONE: 5497 6022  
6am - 8pm 7 DAYS

**FRESH LOCAL CRABS**  
CHECK RANGE IN STORE

# EASTER SEAFOOD EGGSTRAVAGANZA!

Your local **IGA**

## FRESH AUSTRALIAN OYSTERS



Grown in Australia

**\$22<sup>00</sup>** dz

## FRESH SALMON FILLETS



Grown in Australia

**\$49<sup>90</sup>** kg

## FRESH WHOLE PLATE SNAPPER (SELECTED VARIETIES)

Grown in Australia



WHILE STOCK LASTS

**\$15<sup>90</sup>** kg

## LOCAL WILD CAUGHT LGE TIGER PRAWNS



WILD CAUGHT

**\$29<sup>90</sup>** kg

Grown in Australia

## EASTER TRADING HOURS

### BEACHMERE

Thu Apr 2nd  
Good Fri Apr 3rd  
Sat Apr 4th  
Easter Sun Apr 5th  
Easter Mon Apr 6th

7am - 8pm  
CLOSED  
7am - 8pm  
7am - 8pm  
7am - 8pm

### SANDSTONE POINT

Thu Apr 2nd  
Good Fri Apr 3rd  
Sat Apr 4th  
Easter Sun Apr 5th  
Easter Mon Apr 6th

6am - 8pm  
6am - 8pm  
7am - 8pm  
7am - 8pm  
7am - 8pm

**'TURN PAGE FOR MORE GREAT SAVINGS'**

## AUSTRALIAN RAW PRAWNS THAWED



FROM THE DELI

**\$18<sup>00</sup>** kg

Grown in Australia

## LEMONS



**\$5<sup>99</sup>** kg

Grown in Australia

## FESTIVE PAVLOVA



MADE IN STORE

**\$24<sup>90</sup>** ea

## BISTRO OYSTERS



BUDGET BUSTER

**\$18<sup>00</sup>** dz

## NZ ORANGE ROUGHY



BUDGET BUSTER

**\$16<sup>00</sup>** kg

## SOUTH AFRICAN SMOKED COD FILLETS



BUDGET BUSTER

**\$16<sup>00</sup>** kg

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