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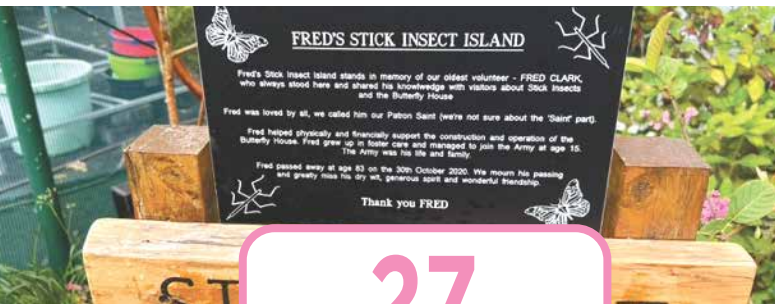
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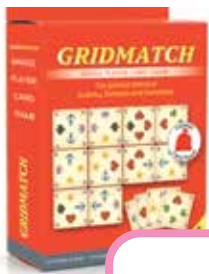
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We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.

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Dear Readers,

Welcome to edition 263. This edition we are celebrating upcoming Mother's Day have some great stories for mums, gift ideas and ways to show our appreciation these wonderful women in our lives.

We are also giving you the chance to win a fantastic new card game called Gridr check out the details on page 37 and get your entries in now!

The Island has some exciting events coming up, Turtle awareness day and family night, Battle of the sexes, Exhibitions at the Art Centre and Abbey Museum and la certainly not least, Anzac Day.

Please show your respect for our heroes, the people who fought and died so we can live our lives with peace and freedom. I often wonder if they could see the world to would they think their sacrifice was worth it. I believe they would, but I can bet the would be scratching their heads wondering how a country that made and supplied that we needed managed to shut our factories down, sell off our assets and be pre much up for sale to the highest bidder.

So, take a moment on Anzac Day to reflect on what the men and women protecting country sacrificed so we could live the lives we do today. I am pretty sure their lives a worth at least 30 minutes of your time to say a prayer for them and give thanks.

Until Next time,

Take care, Stay Safe,

Cherrie

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# Tattoos and Pregnancy: What You Should Know



**P**regnancy is a unique time, and some women wish to commemorate it with a tattoo. As with any decision that involves your body during pregnancy, it is important to carefully consider potential risks.

There are currently no studies on the effects of tattoo ink during pregnancy. Many experts, doctors, and tattoo artists advise against getting a tattoo while pregnant or breastfeeding due to risks such as infection or potential reactions.

Pregnancy causes many changes in the body, including shifts in hair texture, sense of smell, and skin sensitivity.

Even if you have had tattoos without issues before, your body may react differently now. Allergic reactions during pregnancy can range from mild to severe, so it is especially

important to consider these factors.

## General Tattoo Safety

Check the shop and artist for safety and cleanliness. Ask for referrals, check the artist's license, and make sure the shop and tattooing area are clean.

- Tattoo artists should always wear gloves from a sterile box.
- All needles, tools, dyes, and containers should be opened in front of you and should be unused.
- The needles are single-use and disposable.
- Any reusable tools should be sterilised in an autoclave.

If a shop or artist does not follow these practices, there is a risk of infection with conditions such as hepatitis B, hepatitis C, or HIV. If you are concerned about safety after getting a tattoo, consult

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# Am J Sports Med 2007; 35:972  
\* Int J Surg 2015; 24:113-222  
^ Int J Surgery 2015; 24:207-9



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your doctor about tests for blood-borne infectious diseases.

### Tattoo Safety and Issues During Pregnancy

Because there are no long-term studies on tattoo inks during pregnancy, we do not know whether they affect the baby.

However, be aware that some hospitals may be cautious about administering an epidural if you have a fresh tattoo on your lower back.

This is due to concerns that inserting the needle through the new tattoo ink and healing skin could potentially introduce infection or complicate the procedure.

Check your hospital's policies if you are considering a tattoo in this area.

- Getting a tattoo can temporarily raise adrenaline levels and affect blood sugar. It is advisable to bring drinks and snacks with you to your appointment.
- Pregnancy can stretch the skin, so consider this carefully when choosing a tattoo location.
- Many tattoo shops avoid the legal

risk of tattooing pregnant women, so you might be turned away. Healthline notes that pregnant women are usually advised to avoid tattoos. Talk with your obstetrician and your tattoo artist about your options.

### Considerations for Breastfeeding Mothers

Similar concerns apply when breastfeeding. There is no conclusive research showing that tattoo ink passes into breast milk, but the risk of infection remains.

Any postpartum infection can affect both you and your infant.

Additionally, some aftercare ointments may not be suitable for nursing mothers, so be sure to consult your healthcare provider.

### Alternatives to Getting a Tattoo During Pregnancy

If you want to mark this special time, consider alternatives that pose no health risks.

Temporary tattoos, natural henna, or custom jewellery can help you remember your pregnancy.

**HEALTH, WEALTH & COMMUNITY**  
Many women also wait until after childbirth and breastfeeding are complete, when recovery is complete, and the skin has returned to its pre-pregnancy state, providing a better canvas.

### Key Takeaways

- There is limited research on tattoo safety during pregnancy, so most medical professionals recommend waiting.
- Pregnant women face higher risks of infection and unpredictable skin reactions.
- Always prioritise choosing a clean, reputable tattoo shop and artist, whether pregnant or not.
- If you have questions or concerns, consult your doctor prior to making a decision.

In summary, while commemorating pregnancy with a tattoo is understandable, weigh the risks and consider safer alternatives.

Prioritising your health and your baby's wellbeing is always best.

If you wait, you can look forward to a more meaningful tattoo once you have fully recovered.

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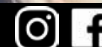
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# Bribie Simply HEALTHY

By Heenam Kim

## Quit Smoking & Vaping: Break Free from the Trap.

**A**re you tired of wasting your money, your time, and your health on smoking or vaping? Maybe a part of you has had enough of your bad habit and want to change.

Let's look deeper into what's really going on beneath the surface. Behind the addictive patterns, there is often a missing link: **ANXIETY**. In many cases when the anxiety is reduced the smoking pattern reduces. This suggests that for many people, **Smoking is not just a habit, but a coping mechanism for underlying stress or emotional discomfort**. When the anxiety is addressed, the urge to smoke can weaken or even disappear. That's why, in many cases, anxiety and emotional discomfort are linked with addiction, they are often driving forces behind it. Smoking is not just a nicotine addiction. Modern **cigarettes are highly engineered**. When a cigarette burns, it produces thousands of chemicals, many of which are toxic to the body. Tobacco naturally contains sugars, and additional sugars



are often added during processing to improve taste and smoothness. This means that **every time you smoke, your body is hit with a sugar, so your blood sugar shift**. So that "relief" you feel from the smoke is not only nicotine hit, it is due to sugar high, which temporary change in your body chemistry. This is why when people quit smoking, many people struggle with sugar cravings.

Most **Vaping** products contain nicotine, which keeps the addiction cycle going. Vaping often maintains the habit of you still rely on something external to cope. The hand to mouth pattern continues and your brain still associates inhaling with relief. Many people end up vaping more frequently than they smoked. You may believe that smoking (or vaping) helps you relax.



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However these substances do not remove anxiety or any emotional discomfort. It only masks it temporarily.

Smoking, vaping, and other addictive behaviours are often driven by underlying emotional coping patterns. The hand to mouth action, Stress relief rituals and Subconscious conditioning.

**Quitting is regaining control.** When you stop smoking your body begins healing almost immediately. Your lungs start to clear and your energy



improves. Your mind becomes less dependent on external relief.

EFT (Emotional Freedom Technique), Psychotherapy, and Clinical Hypnosis can help you address the root causes, release emotional triggers, and rewire the patterns that keep the habit in place. Cravings can be managed with the support of natural remedies.

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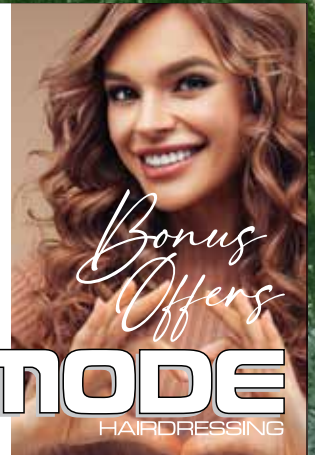
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## Celebrating Beauty, Hair, and Fashion on Mother's Day

**M**other's Day is more than just a date on the calendar. It's a heartfelt celebration of the women who nurture, guide, and inspire us every day. This year let's honour mothers not only with words and gestures, but also by exploring their unique expressions of beauty, hair, and fashion.

These aren't just surface details—they reflect personality, resilience, and the many roles' mothers play in our lives and communities.

### The Evolution of Motherhood and Beauty

Gone are the days when a mother's beauty routine was relegated to practicality alone. Today's mothers embrace a multifaceted approach: balancing self-care with the demands of parenting, all while expressing their individuality.

Beauty, for modern mothers, is not about fitting into a prescribed standard. It's about confidence, authenticity, and self-love. Whether it's a swipe of bold lipstick before a meeting or a soothing skincare ritual after a hectic day, these moments are acts of self-affirmation.

This Mother's Day, the beauty industry is responding with products and campaigns tailored to mothers' diverse needs. Brands are celebrating real skin, real bodies, and real stories.

From inclusive foundation ranges to time-saving beauty tools, the focus is on empowerment—allowing mothers to feel seen, valued, and beautiful on their own terms.

**Hair: Crowns of Strength and Style**  
Hair has always been a strong symbol of identity and strength. For many mothers, their hair shows how they have changed over time—from carefree styles in youth to practical ponytails in early motherhood, and later to bold colours or stylish cuts that mark new beginnings.

During the pandemic, home haircuts and colour experiments helped mothers break free from old expectations and feel more confident about their hair. adaptability.

Low-maintenance styles—like textured bobs, natural curls, and sleek braids—are in vogue, allowing mothers to manage their hair with ease while looking polished. Hair accessories, from statement headbands to silk scrunchies, offer quick ways to elevate a look and add a touch of personality.

For mothers who embrace their natural greys, silver strands are celebrated as badges of wisdom and beauty.

### Fashion: Expressing the Many Facets of Motherhood

Mothers no longer have to choose between style and comfort. Today's wardrobes mix practical pieces with stylish touches. Popular choices include athleisure sets made from soft fabrics and flowy dresses with useful pockets. Wearing tailored jackets with sneakers is another way mothers combine fashion and function.

This Mother's Day, designers are spotlighting collections that celebrate motherhood's diversity. Maternity wear has become more stylish and body-positive, while brands are

offering inclusive sizing and adaptive designs for mothers at every stage. Sustainability is also at the forefront, with eco-friendly fabrics and ethical manufacturing gaining traction among mothers who want their fashion choices to reflect their values. Accessories and jewellery are important too. Sentimental items like lockets, charm bracelets, and initial necklaces help mothers keep loved ones close.

Bold earrings or standout bags add a fun touch. The main idea is versatility—pieces that work just as well at the playground as they do at work or a family brunch.

### A Celebration of Self and Community

Ultimately, Mother's Day is an opportunity to celebrate not only the external markers of beauty, hair, and fashion, but also the inner strength and creativity they represent. The modern mother expresses herself through her style choices, using beauty as a form of self-care and fashion as a canvas for her identity.

This year let's honour mothers by encouraging them to embrace whatever makes them feel radiant—whether it's a new hairstyle, a favourite dress, or a bold lipstick.

Let's remind them that their beauty is not defined by trends or expectations, but by the love, resilience, and individuality they bring to the world.

Happy Mother's Day to all the beautiful, stylish, and inspiring mothers—today and every day.

# THINGS MY MOTHER TAUGHT ME How To Eat

**W**e all have to eat, and my waistline tells you I probably eat too much. But my mother tried very hard to teach me which foods were good for me.

A lot of fifties mothers were not good cooks, but they could not afford to rely on ready-made meals, and didn't have Uber Eats. So they had to learn to cook. But it wasn't really boring three-meat-and-vege every day in our household.

I was one of the lucky people in my generation whose mother had learned about nutrition at university. She knew about proteins, carbohydrates, fats, vitamins and minerals. She made sure we had a balanced diet with moderate amounts of everything, even if she didn't satisfy my sweet tooth.

Being a gardener, she grew her own lettuce, tomatoes and herbs, while Dad grew spuds to make sure we four kids were not starving when it came to calories. So we all enjoyed salad twice a week, and I was quite surprised when my Aussie husband said he hated salad. His brother was worse, and even suffered from scurvy when he was feeding himself!

But like others who followed the English tradition, Mum would always overcook her cabbage or spinach, and everything was covered up with gravy. Bisto was a saviour in her kitchen - along with Worcester sauce, Keens mustard and Heinz tomato sauce. And of course her curry powder was a pretty boring mixture, which simply converted lamb stew into lamb curry. But we did eat curry and rice, which many of my friends didn't.

The menu could seem rather monotonous: roast beef on Saturday, cold beef and salad on Sunday, minced leftovers (shepherd's pie) on Monday, sausages on Tuesday, Roast lamb on Wednesday, stewed leftovers on Thursday, and then fish on Friday, simply because it was fresher that day for Catholics.

Unlike roasts served up at our local RSL, we were given a moderate amount of meat with mainly vegetables. Likewise, there were stacks of veges to help spread the shepherds pie over six plates. Other meals we enjoyed included cauliflower cheese, corned beef and carrots with white sauce, macaroni cheese, steak and kidney pudding or pie, and bacon with lamb's fry. Chicken was a special treat in those days, though Dad would insist on Turkey for Christmas. And, if he was lucky with his weekend fishing trip, we would have that instead on Sunday night.

When we were teenagers and my elder sister was raising angora rabbits in the back yard, she made friends with the local Italian green grocer, so that she could have a free supply of the outer leaves of cabbage and cauliflower. She brought home recipes for tomato and Bolognese sauces, and we learned how to cook spaghetti. It was a great meal on wet winter evenings as an alternative to soup and toast. Our favourites were tomato and oxtail, which both came in packets of a dry mix, sufficient for a family. I wish you could still get oxtail soup. Yuuuum!

Probably the reason for my waistline is that every meal was followed by a sweet dessert or pudding. So I developed a sweet tooth, and even scored a warning from my mother about the dangers of developing diabetes if I ate too much sugar. We did not have access to lollies at home, and valued our small amount of pocket-money too much to waste it on them. Ice cream was only available when the Streets van passed our house, but there were plenty of other desserts to choose from.

Of course there was apple pie, or stewed plums and custard, and rice pudding or sago in winter. Leftover bread became Queen's pudding or bread-and-butter pudding. Mum was a whiz with pastry, so we enjoyed lemon or apple meringue pies, using the lemon curd which Mum made

from lemons growing in the back yard. Christmas was time for home-made fruit pudding with brandy butter, but to suit the climate, we would have it on Christmas Eve and then have turkey salad followed by fruit salad and trifle next day.

But what about the other meals? Breakfast was a rush, as we prepared for school, so I think it was just cereal or porridge. Lunch was always brown bread sandwiches and a piece of fruit. We had a canteen at school, but that was all they served, apart from home-made ice blocks.

They didn't waste the crusts, as they sold them for one penny at morning break, covered in peanut paste or butter and Vegemite. I used to ask them to put my milk in the fridge until lunchtime so that it was cold, as I loved milk and still do. At weekends, we would have a picnic lunch of sandwiches as we usually went to the northern beaches or a national park, where Dad could fish and Mum could paint.

Mum gave me a good grounding, but I have taught myself a lot since then, now that we have ingredients for stir-fries, proper curries, sushi, Middle Eastern, Asian recipes, and even genuine Aussie ingredients. I can't get kangaroo (the healthiest meat) at Woolies any more but I can grow Lemon Myrtle and Lilli Pilly in the garden.

When I see the rubbish that some people shove into their mouths, I bless my mother for teaching me how to eat sensibly. She taught me a lot of things which I didn't always follow, but one can always choose between good advice and just enjoying oneself. I like to think I have come up with a sensible mid-point, but as long as I enjoy what I eat, live is worth living.

Next time I tell you about other things which my mother taught me.

Hazel Beneke 02-07-22

# Spoiling Your Mother This Mother's Day

**S**poiling your mother isn't merely about indulgence; it's about acknowledging her hard work and the countless ways she has poured her heart and soul into our lives. Every mother deserves to feel celebrated and appreciated, not just on one designated day, but especially on this occasion. So, how can we show our mothers just how much they mean to us?

## Start with a Thoughtful Gift

Thoughtful gifts can mean more than anything else. Consider what your mother loves or has mentioned wanting in passing. Whether it's a piece of jewellery she's had her eye on, a cozy blanket for chilly evenings, or a subscription to her favourite magazine, tailor your gift to her preferences. A personalised gift that reflects her personality will surely make her feel special.

## A Day of Pampering

Plan a day devoted entirely to her. Book

her a spa appointment for some much-deserved pampering. If you're on a budget, recreate a spa day at home: set up a relaxing atmosphere with candles, run a bubble bath, or offer a massage. Take the time to make her favourite meals, making sure the day is focused on her comfort and relaxation.

## Quality Time Together

Sometimes, the best gift we can give is our time. Plan an activity that allows for quality bonding. Whether it's a hike, a movie marathon at home, or just sitting down for a long chat over coffee, prioritise being present with her. Share stories, reminisce about fond memories, and create new ones. This connection can be the highlight of her day, and she will treasure the moments spent together.

## A Heartfelt Letter

In the digital age, we often forget the simplicity of a handwritten note. Take some time to write your mother a heartfelt letter expressing your

gratitude. Reflect on the lessons she taught you and the times she stood by you during difficult moments. A letter can serve as a keepsake that she can cherish long after Mother's Day has passed.

Mothers embody unconditional love and strength, and Mother's Day is the perfect opportunity to show just how much we appreciate them.

Spoiling your mother is not about grand gestures but rather understanding her needs and desires and making her feel like the queen she is.

This Mother's Day, let's make our mothers feel celebrated, cherished, and truly spoiled.

After all, they deserve it more than anyone else.



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*The Secret  
to Making  
Mother's Day  
Special:*

**Keep the Breakfast in Bed and  
Lower Your Expectations**

By Cherrie Wilson

Every year, for Mother's Day, shops fill with beautiful cards, flowers, and giftware which often puts pressure on people to find the perfect gift or plan the ideal celebration.


Yet, the secret isn't about perfection or price tags—it's about small, honest gestures that show you care. After my husband and I divorced, Mother's Day became a

little different. With three little kids doing their best to make the day special, there were no store-bought cards or gifts unless they came from the school stall.

Instead of the easily bought gifts their father used to choose, there were real moments that touched my heart—handwritten notes, homemade coupon books and breakfast made by inexperienced but loving little hands.

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Every year, they made me Toad in a Hole: mostly burnt the toast, undercooked the egg, (the slimy whites were a struggle for me,) washed down with usually stone-cold tea.

But the looks on their beautiful little faces, how proud they were to make me breakfast and how relieved I was they didn't burn themselves, or the kitchen down, are moments I will treasure forever. No gift would ever outshine those little faces.

I am a firm believer that thoughtful moments matter more than extravagant gifts.

Still, no two mothers are the same, and their dream Mother's Day will differ: for some, it's a quiet morning with coffee and a book; for others, it's a lively family gathering—or just an hour of not being asked where the remote is. The trick is to know what brings her genuine joy.

You could ask her directly, and like my mother, she'll probably say, "I don't need anything"—but don't fall for it- or just notice the little things she loves. The best gift is something that says, "I see you", and that could simply be sharing the day with her.

Taking over her chores for the day, (Just don't shrink her favourite shirt in the wash—Mother's Day is not the time for apologies), cooking a favourite meal, or, in my case, cleaning their bedrooms can mean the world, (yes, they are now young adults, but it seems to be the sticking point in our house.)

If you're far away, a call or video chat is a must. I know it's not the same, but it counts to a mum.

Mother's Day is also an opportunity to spend time with not just biological mothers but also stepmothers, grandmothers, adoptive mothers, and all maternal figures who have made an impact on your life.

Reaching out to those who may not expect to be remembered—a neighbour, a mentor, can transform their day. In this way, Mother's Day becomes a celebration of community and connection.

Of course, while honouring mothers and motherly figures, it's important to recognise that Mother's Day can feel bittersweet for many—for reasons like loss, longing, or complicated relationships.

If that's you, be kind to yourself, and don't hesitate to reach for your comfort food of choice—chocolate, ice cream, or pizza.

No matter how you celebrate Mother's Day, the real secret is intention. A simple, heartfelt gesture will outshine the fanciest gift every time. Listen, share a laugh, say what sometimes goes unsaid—and if your plans go sideways, what matters most is making her feel loved, not perfect execution.

In the end, whether perfect or messy, Mother's Day celebrates our most meaningful relationships—the daily moments, laughter and tears, sacrifices and joys that shape us.

When we focus on connecting rather than achieving perfection, we realise it's not what we give, but how we give it that matters. That is what my beautiful mother taught me, and I hope I have also taught my children. Bring on the Toad in a Hole!

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# Grief is Love

Hi, Mr Mindful here. I am a semi-retired psychotherapist and have lived on the island for four years. Prior to that, I worked for Education Queensland from 1974 as an English teacher, a Resource teacher, and then a Developmental Guidance Officer for the last 12 years of my career.

Over the last three years, I have offered free counselling to people who could not afford to pay other health professionals.

While working with clients, I noticed a limited understanding of the many beneficial grief and loss processes and the information available to people who experience the loss of someone (or something). Over the past three years, I have therefore studied grief and loss and earned certification from notable professionals in the field.

I hope to author monthly articles on grief and loss for the magazine so that my learning can benefit everyone, because grief and loss affect all of us and are both universal and inevitable. These monthly articles will aim to help people understand grief and loss.

They are definitely not therapy; however, readers may experience them as somewhat “therapeutic” as they learn about something that affects people worldwide and represents life’s only certainty—death—despite the limited education most people receive about it.

According to renowned grief and loss expert David Kessler, “We live in a grief-illiterate society. This is why many people who have recently lost a loved one have no familiarity with or understanding of grief, which can deepen and prolong their pain and heartache” (July 2022).

David Kessler has built an international reputation for his deep understanding of how people cope with bereavement. His work spans grief counselling, end-of-life care, and trauma recovery, and he offers compassionate, practical guidance for navigating some of life’s most difficult moments.

Through his teaching, Kessler has helped countless people find healing and meaning after profound loss.

I recently earned a certification through David Kessler’s 13-week Grief Educator course. This qualification builds on others in this area, including:

- Certificate of Completion: Grief and Loss, 2023 (Dr Rick Hanson)
- Certificate of Completion: Acceptance and Commitment Therapy (ACT), Grief, and Loss, 2025 (Dr Russ Harris)
- Advanced Trauma-Sensitive Mindfulness, 2020 (David Treleaven)
- Neuro-Somatic Mindfulness (Foundation Course), 2025 (Fleet Maul)

I hold additional qualifications not listed here; however, they do not specifically relate to grief and loss.

You may gather that I feel passionate about this subject, but I feel even more strongly about educating people about grief and loss to promote a deeper, more informed understanding of the grieving process.

At times, I question whether people want education about such a “taboo” topic, or whether they prefer to leave it alone until something tragic happens—as it inevitably will—and then simply “get through it.” I also wonder whether grief education might feel “dangerous” if people believe it could encourage overthinking during grieving, leading to additional confusion and heartache.

However, a growing body of research demonstrates that the absence of grief education contributes to stigma, poorer mental health outcomes, strained social relationships, and broader societal costs, including reduced educational achievement and lower workforce productivity.

Author Megan Devine (2017), in *It’s OK That You’re Not OK* (Sounds True, Boulder, CO), writes, “The way we deal with grief in our culture is broken... We wrongly believe that the goal of grief support, personal or professional, is to get out of grief, to stop

feeling pain, to stop grieving something, to move through it as quickly as possible, and to treat it as an unfortunate but fleeting experience that we should sort out and leave behind.”

Grief is a natural response to losing someone or something significant. People may grieve the death of a loved one, but they may also grieve the loss of health, a relationship, a role, a beloved pet, a job, a separation, or a hoped-for future. Grief often leaves people feeling confused and overwhelmed.

When life changes profoundly, many people feel unsure about who they are or how to move forward. At a societal level, limited shared language and understanding about grief contribute to social division. People often distance themselves from those who are bereaved because they feel unsure about what to say or do, which can lead to deep loneliness when support matters most.

Disenfranchised grief—loss that society neither recognises nor validates—exacerbates this problem. Public grief education, often referred to as grief literacy, improves health outcomes by normalising emotional responses and strengthening informal support networks. Without such education, communities place greater pressure on clinical mental health services and leave many people without adequate support during loss.

**Grief education fosters empathy, emotional literacy, and community responsibility. When communities lack this education, social cohesion weakens, and the collective capacity to respond compassionately to loss diminishes.** I have developed numerous articles through my studies and plan to publish them over time. However, I am unsure which topics will be most useful to you. If you would like me to address specific subjects, please let me know at [mrmindful47@gmail.com](mailto:mrmindful47@gmail.com).

Otherwise, I will publish the articles I believe will offer the most value—realistically, all of them!

# NAVIGATING THE GRIEF OF LOSING A MOTHER:

## *Finding Light in Darkness*

**L**osing a mother changes your world in ways that are hard to describe. Whether her passing was sudden or expected, her absence leaves a space that words can hardly fill.

Grief comes and goes, sometimes feeling gentle and other times overwhelming.

Afterward, daily life can feel strange and unfamiliar. Simple things like a favourite song, a familiar scent, or a family tradition can bring back memories that are both comforting and painful.

While the world keeps moving, those who are grieving may feel stuck, torn between missing the past and trying to find meaning now.

Coping with this loss does not follow a straight path. Sometimes you might feel angry, numb, or deeply sad. It is important to accept these feelings.

Grief shows how much you loved, the stronger the bond, the deeper the sorrow. Letting yourself mourn is an important part of healing.

Support can come in many ways. You can turn to friends and family or talk to counsellors and support groups.

Sharing stories, laughter, and tears with people who understand can help ease the pain. Asking for help is not a weakness; it takes courage.

As time goes on, the pain of grief may become less sharp, but the sadness can still remain. Even so, new growth can happen after loss.

Many people find comfort by honouring their mother's memory through traditions, acts of kindness, or by living in ways that reflect her values. In this way, her influence stays with you, becoming part of your life.

In the end, coping means accepting that grief will change you. It is about finding ways to keep your mother's love with you, even as you live with the loss.

The journey is hard, but it shows how strong a mother's love is. That love can still guide you, even when she is gone.



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# The NDIS Is Not the Problem

## It's Part of the Solution

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There has been growing public debate about the cost of the NDIS, often driven by negative media coverage and a focus on individual cases taken out of context. But what is frequently missing from this conversation is the bigger picture: the NDIS is not just an expense — it is an investment in people, families, and the broader economy.

A recent long-term study highlights this clearly. Tracking individuals for ten years before entering the NDIS and four years after, researchers found a consistent pattern. Before accessing support, many people experienced declining wellbeing, reduced participation, and worsening life outcomes. After entering the Scheme, those same indicators began to improve.

For many, the NDIS is a turning point.

When people with disability receive the right supports, they are able to work more, engage with their communities, and experience a significantly improved quality of life over time. This is exactly what the Scheme was designed to do — enable participation, independence, and dignity.

The benefits don't stop with the individual. When participants are supported to access the community, it also strengthens local businesses, increases workforce participation, and drives economic activity. The NDIS contributes to job creation across multiple sectors and enables families to remain engaged in employment rather than being forced into full-time caregiving roles.

Despite this, media narratives often focus on cost-cutting and reducing funding. But we must ask: would we accept ongoing cuts to hospitals or schools if it meant a decline in quality of care or education? Why should people with disabilities be treated differently?

Anyone can acquire a disability at any point in their life. The NDIS exists to ensure that, when that happens, people are not excluded from society. People with disabilities deserve the same opportunities as anyone else — to work, to participate, and to live with dignity.

There is also a widespread misunderstanding about how the NDIS operates. Participants do not have unlimited funding. Every plan comes with a defined budget, strict guidelines, and compliance requirements. Spending is monitored, reviewed, and aligned to individual needs and goals. The idea that the Scheme is unchecked or uncontrolled is simply not accurate.

For families — particularly those caring for children with complex medical needs — the reality is already demanding. Many spend countless hours advocating, coordinating care, and navigating systems that are often difficult to manage. The added pressure of constant scrutiny and negative media attention only increases stress for those who are already stretched.

Support systems like the NDIS should reduce that burden, not add to it.

It is critical that we protect the integrity of the NDIS while continuing to improve it. Constructive reform is important, but fear-driven narratives and funding cuts risk undermining the very purpose of the Scheme — improving lives.

At its core, the NDIS is about fairness. It is about ensuring that all Australians, regardless of ability, have access to the support they need to live meaningful, connected lives.

When the Scheme works, people don't just survive — they thrive. And when that happens, the benefits extend far beyond the individual to families, communities, and the nation as a whole.

Yours in Health and Wellness,

Tracey Blinco

Human Rights Advocate /Law  
NDIS Psychosocial Recovery Coach  
Writer for the Bribie Magazine  
Member BIEPA  
Bribie Region Disability Group  
NDIS Support Coordinator  
Support Professional  
Health Coach





**A**t **Green and Clean Lawn Services**, we believe a strong community looks after its own and there's something powerful about choosing to serve our community.

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- **Solander Lake Bowls Club**
- **Bribie Island Bowls Club**
- **Bribie Community Arts Centre.**

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With my wife, Sharon, a Stage 2 breast cancer survivor, we know what it takes to get through the tough times.



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# Securing Retirement:

*The Unique Challenge and Opportunity for Single Mothers*

**M**any single mothers find it hard to plan for the future because of daily challenges.

With people living longer and costs going up, planning for retirement is more important than ever.

While single mothers face unique difficulties, these challenges can also lead to greater strength and independence.

## The Unseen Burden

Single mothers in Australia are more likely to face financial problems in retirement.

More than 80% of single-parent families are led by women, and they are at higher risk of poverty than mothers with partners.

Ongoing pay gaps, time away from

work to care for children, and the high costs of raising kids alone make it harder for them to save for the future.

Many single mothers have to focus on immediate needs like housing, childcare, and education instead of saving for the future. When they reach retirement, women in Australia have superannuation balances that are on average 23% lower than men, and single mothers are especially at risk.



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## The Role of Policy and Community Support

While it is important for individuals to take action, bigger changes are also needed. Policymakers should recognise the challenges single mothers face and make reforms to strengthen Australia's social safety net.

Making childcare more affordable, ensuring equal pay, and improving superannuation for low-income earners can make a big difference. Employers and financial institutions also have important roles.

They can offer automatic superannuation enrolment, provide personal financial advice, and create products designed for single-parent families to help close gaps in savings and knowledge. The path to retirement security for single mothers is challenging, but it can be managed.

It takes personal effort, support from the community, and new policies.

Start today by reviewing your finances, seeking support, and speaking up for helpful policies. Every dollar you save shows your hope and determination, and it is a sign of your commitment to both your children and you.

By taking small, steady steps and asking for bigger changes, single mothers can create a future that is secure and fulfilling instead of limited. Their journey, while difficult, is a strong example of resilience and shows why planning for the future matters, even while handling today's challenges.

2. **Seek Financial Education:** Many organisations and community groups in Australia provide free or low-cost financial education programs for women.

Learning about budgeting, basic investing, and how superannuation works can help single mothers make better financial choices.

3. **Utilise Available Resources:** Single mothers should explore government payments and support programs for low- and moderate-income families, such as the Parenting Payment, Family Tax Benefit, and Child Care Subsidy.

Accessing these can free up funds that can be redirected toward savings.

4. **Prioritise Emergency Savings:** Having an emergency fund is important to handle unexpected costs. Even a small amount set aside can help you avoid using your retirement savings in a crisis.

5. **Advocate for Workplace Flexibility:** More Australian employers now offer flexible hours, remote work, and family-friendly benefits.

Single mothers who can get these options may find it easier to balance work and parenting, which can help them avoid career breaks that hurt retirement savings.

6. **Plan for the Long Term:** Estate planning, like having life insurance and a will, is often missed but very important. These steps help protect your children's future and give you peace of mind.

It is important to take specific steps to help them stay healthy, independent, and secure as they age.

## Building Financial Security: Strategies and Solutions

Even with these challenges, single mothers can take steps to improve their financial future.

Saving early and regularly is key to retirement security, but single mothers often need strategies that fit their specific situations.

1. **Start Small, But Start Now:** Even small, regular payments into your superannuation can add up over time thanks to compound interest. Making extra contributions, even if they are small, is an important first step. If you qualify, use the government co-contribution scheme to help grow your savings.

# Are you wanting an experienced Financial Adviser?



- **Keep your retirement plans on track.**
- **Understand how much you may need in retirement**
- **See how long your money might last in retirement**
- **Considering downsizing - Boost your Super**

We care about your financial goals

Provide ongoing support and advice

Take the stress out of financial decisions



For a meeting at our Bribie Island office call us on 1800 065 151 or visit [www.riseqld.com.au](http://www.riseqld.com.au)

We Have a new office at **83 Welsby Pde Bongaree**

Mike Smith and Rise Wealth Qld Pty Ltd are Authorised Representative(s) of RI Advice Group Pty Ltd, AFSL 238429 The information, including taxation, contained within this advertisement does not consider your personal circumstance and this is general advice only. Before acting on this information you should consider its appropriateness, having regard to your own objectives, financial situation and needs

Bribie Island | Caboolture | Caloundra | Chermside | Mt Gravatt

# BUSY FINGERS

## **BUSY FINGERS DONATIONS ARRIVING**

Donating items that DEFINITELY cannot be sold on is still a big problem; our 2 large bins are being emptied 3 times a week now as they fill so quickly. This is very expensive, and approximately \$40,000+ a year is wasted on bin collections.

Please be aware of what you are donating. We receive so many broken items, as well as clothes and linen items that cannot be sold.

So much time is spent checking and sorting these items that eventually have to be binned or sent on for rags. Please be aware that when sorting your items, they must be resaleable.

## **\$1 SALES CEASING**

Due to receiving so much unsaleable stock and needing more volunteers to sort through these items, combined with decreasing volunteer numbers, we do not have enough staff to keep the shop stocked.

Therefore, we have no choice but to stop our popular \$1 item sales. We apologise to our regular customers, but we have no choice until we can recruit some more volunteers.

So, if you have some spare time, please consider volunteering with Busy Fingers as it is a wonderful opportunity to just stay active, meet new people and share your skills and life experience in a friendly, relaxed environment.

Whether you enjoy chatting with customers, sorting donations or working as part of a supportive team, there's a role to suit you.

If you'd like to get involved or simply find out more, please contact Jacki,

our manager, on 34081014, or just pop into the shop. We would love to hear from you.

## **DONATIONS GIVEN THIS MONTH**

Due to the generosity of our donors and customers, we were also able to support the following associations.

Bribie Respite & Support Services needs to renovate the NDIS disability ladies' bathroom. The BI Historical Society needed a new projector as their old one seized up.

Bribie Aquatic Community has a regatta on 16th – 17th May and requires assistance with hiring a Medical professional and also portable toilets.

BI SES requires a Roof Tuss Training Assembly to allow trainees to practice scaling a roof structure and replacing damaged roof tiles. The BI Men's Shed will assemble it for them. The Bribie Pines Village Resident Social Club needs a new computer package to manage their activities.

## **SPECIAL THANK YOU**

Over many years, we have assisted the VMR (Now Marine Rescue Queensland) with their fuel and other donations, and in future, they will come under the umbrella of the Queensland government.

We would like to thank Gary, Allan, Ces, Peter, the wonderful Kelly, and the many ladies who organised a Mexican Night for our volunteers and staff. The food was so delicious, and the company was great.

Gary, we all enjoyed the Busy Fingers Lift Song. At the end of the night, our President, Pauline, cut the ribbon of

the new lift we installed. Thank you all for a wonderful night and for what you have done for the island over many years. We look forward to keeping in touch in the future.

## **REQUEST FOR PRESENTATIONS AND DONATIONS**

If you are a member of an island club or association and require assistance, please let us know. We try to assist all not-for-profit associations and sporting clubs, as well as the Police, SES, VMR, and the BI Hospice.

Our President, Pauline, is quite happy to come along to your club to present our aims and goals and explain how your club can apply for assistance.

Please call 3410 1920 or email [busyfingers1@bigpond.com](mailto:busyfingers1@bigpond.com) if you wish to have a presentation or apply for a grant of assistance.

When applying for assistance please contact us for our 2026 Grant Guidelines Sheet on how to apply, include a contact name and phone number and also a current equipment quote (from an island business if possible), tell us a bit about your association/club and membership and why you need the equipment you are requesting, and email it to [busyfingers1@bigpond.com](mailto:busyfingers1@bigpond.com)

Please be aware we only support Bribie Island associations and groups, not individuals.

*I would like to thank all our supporters and customers, and a very special thank you to the Bribie Islander and staff for their continuing support. I hope to see you in the shop soon. Sandra*

# Stick Insect Island at the Bribie Island Butterfly House

Stick insects, also known as stick bugs, walking sticks, leaf insects, leaf bugs, walking leaves, or bug leaves, belong to the order **Phasmatodea**.

The group's name comes from the Ancient Greek φάσμα (phasma), meaning an apparition or phantom, because they resemble vegetation, although they are animals. Their natural camouflage makes them difficult for predators to find.

Bribie Island Butterfly House has a special **Stick Insect Island** in the back corner. Because female stick insects cannot fly, the Island makes sure there will always be Stick Insects there on the island for visitors to see.

When you visit the Butterfly House, go to the Stick Insect Island and try to count how many Stick Insects are on the island. You may be surprised! At first, they are hard to find, but with patience, you will keep finding more and more until you realise that there are quite a few on the island!

And if you really want a challenge, you can try to find the male Stick Insects throughout the rest of the Butterfly House!



## Become a social butterfly

Looking for a way to give back to your community and support the environment here on Bribie Island? We're 100% run by volunteers and offer a place where visitors can learn more about these amazing creatures.

We have a range of roles and sessions to suit your availability:

- Butterfly breeding
- Hydroponics gardener
- Gardener
- Tour guide
- Butterfly House Attendant
- Plant foster carer
- Front office assistant
- Maintenance operator
- And many other opportunities

For more information visit our website:

[www.bribieislandbutterflyhouse.org/volunteerroles](http://www.bribieislandbutterflyhouse.org/volunteerroles)



# Local Dining Guide



## STEAKOUT PIZZERIA

For delicious pizza, pasta, contorni salads and more, all crafted with love, come and enjoy our waterfront pizzeria. With live music every Sunday and the beautiful Pumicestone Passage right beside you, we offer you a taste you'll love. For deliveries or bookings, please visit us at [www.steakoutpizzeria.au](http://www.steakoutpizzeria.au)

9/11 Spinnaker Drive, Sandstone Point - 07 5360 1094  
**LUNCH** Thu to Sun 11:30 - 2:30  
**DINNER** Tue to Sun 4:30 - 8:30



## SCOOPY'S

Located by the jetty on beautiful Bribie Island, Scoopy's Family Cafe is all about the family vibes, great food and coffee, fantastic service and all the ice cream you can eat!

Enjoy our friendly hospitality with barista-made coffee, amazing burgers, and a tempting array of ice cream choices to impress the pickiest connoisseurs.

Our massive range of cakes and famous fish and chips make it well worth the hour's drive north of Brisbane.

Shop 2/2 Toorbul Street, Bongaree 07 3410 1791



## THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Restaurant offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch, and dinner on Friday and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach

**07 3410 4024**

Scan The QR Code To Book Now!



## Sunsets On Bribie



Experience classics you'll love and the new favourites you'll crave!

**NOW OPEN SUNDAY 8AM - 11AM  
FOR BREAKFAST**

**OPEN 7 DAYS**

**LUNCH: 12PM - 2PM  
DINNER: 5PM - 8PM**

Call our restaurant on **07 3408 1018** to book

**Bribie Island Bowls Club**  
11-23 Welsby Parade, Bongaree 4507



Last month, we covered our recent trip, and I mentioned Chateau Le Puy in Bordeaux, and we were privileged to get a private tour with the general manager. The first thing was a fitting of Wellington boots, as the vineyard was a bit messy, so off we went wandering through it for the guided tour. Firstly, this vineyard is 100% organic, meaning no pesticides are used. This could be a problem, as if other local vineyards still used pesticides and weren't organic, the winds could blow, causing various problems; however, they solved that by buying the closest vineyards to their vineyard, which effectively ensured complete protection.

There was even a small section of the vineyard dedicated to small plantings of around 20 different varieties to see which ones handle climate change best, and in 2019, the vineyard reintroduced a selection of old grape varieties that had since been replaced by more modern varieties. Another important feature was the number of bee hives put around the vineyard to encourage pollination, which I thought was very impressive, and on the vineyard were a couple of horses which supplied fertiliser for the vines, a mini Stonehenge which was centuries old and fantastic views over a local valley, a terrific couple of hours before going through the winery to have a look at all the wines in barrel.

We were then taken to the tasting room to taste these exceptional wines, still made by the Amoreau family, which has owned the property since 1610 and is now in its 15th generation. The first wine 'Emilien' tasted was a historical wine that reflected all the plots and grape varieties of le Puy and was produced from vines planted with 85% Merlot, 7% Cabernet Sauvignon, 6% Cabernet Franc, 1% Malbec and 1% Carmenere. The wine is fermented and stored in used oak barrels for 24 months.

The next wine, 'Barthelemy', is produced from a historic plot called "les Rocs" and is a blend of 85% Merlot and 15% Cabernet, with aging in used barrels without the addition of sulphur. Each year, the wine-growers taste and select a few barrels to be loaded onto a sailing ship that will cross the Atlantic, as in the 17th and 18th centuries before the advent of steam. The wine 'Retour des iles' is a legendary wine that then benefits from the winds and swell of the sea on board a brigantine for a year. The wine has a dense, dark garnet colour with powerful aromas of well-ripened fruit, and the palate is remarkably well-balanced, round, full-bodied, long and fleshy.

The main white wine, 'Marie-Cecile', is dry and made from 100% Semillon; it has a very fruity nose and aromas of pear and exotic flowers and a long, delicately mineral finish. There has to be a rose in the range nowadays, and 'Rose-Marie' rose, which is 100% merlot, undergoes fermentation in used barrels without additives for 6 to 10 months. The unfiltered wine is then bottled without the addition of sulphites, making it a completely natural wine. The wine has aromas of red berries and white flowers. The finish is light and smooth on the palate.

As with most vineyards in the region, a botrytis-affected wine, 'Marie-Elisa', is made from 100% Semillon and is only made in very small quantities. It has aromas of quince jam, thyme, honey and flowers, and over time, the wine cellars very well, the nose evolves with surprising complexity. Bordeaux is famous for this style of wine commonly referred to as a dessert wine, but when partnered with blue cheese, it is quite amazing. Look for the De Bortoli 'Noble One', a great botrytis-affected wine to make a dinner party even more special.

The ultimate le Puy experience is 'Blaise-Albert', which is made from selected wines from the les Rocs plot. The wine is aged in used barrels for 11 years, and then the most expressive wines are blended to bring out the magnificence of Blaise-Albert. The wine is presented in a 1-litre bottle. The colour is dark ruby with orange hues, and it has aromas of very ripe berries. The complexity and

elegance of its tannins is a marvel, and it has a lengthy finish, a wine of immense pleasure to drink. If your wine cellar needs a selection of outstanding Bordeaux wines, I suggest considering le Puy. Don't forget to watch the series Drops of God on Netflix; from memory, le Puy is mentioned early on and makes for very good viewing.

If you are fortunate to visit the Bordeaux region, a visit to Saint-Émilion is well worth it, and there is a train to the town every hour from Bordeaux station. It is a beautiful town comprising hotels, restaurants and bottle shops. It is surrounded by dozens of vineyards and chateaus where you can stay, and I recommend a visit to Le Puy, where 600 years of winegrowing have led to a selection of amazing wines to try.

Austria's signature grape variety is the white wine grape Grüner Veltliner, and Australia is the only New World country with a Grüner Veltliner industry of note. The variety has caught the imagination of local sommeliers and winemakers alike; its distinctive umami quality makes it uniquely versatile at the table, especially alongside the kind of Asian cuisines that leave most wines struggling, although it was once said that Traminer Riesling also paired well with Asian food.

That being said in 1985, the year being famous or infamous, was the year of the Austrian diethylene glycol wine scandal an incident in which several Austrian wineries were found to be illegally adulterating their wines using the toxic substance diethylene glycol, which is a minor ingredient in some brands of antifreeze, to make the wines taste sweeter and more full bodied in the style of late harvest wines.

Many of these wines were exported to West Germany, some in bulk to be bottled at large-scale bottling facilities, and in some cases, illegally blended into German wines by importers. The scandal was uncovered by wine laboratories performing quality controls on wines sold in West Germany and immediately made headlines worldwide. The affected wines were immediately withdrawn from the market, and many involved in the scandal were sentenced to prison or fined heavily in Austria and West Germany. The short-term effect of the scandal was the complete collapse of Austrian wine exports, a loss of reputation for the entire Austrian wine industry, and stricter wine laws.

Fast forward to today and the emergence of Gruner Veltliner grown in Australia, mainly South Australia and you have a wine that could replace Sauvignon Blanc or Riesling by way of a change, Dan Murphy's have a reasonable selection including Longview from the Adelaide Hills, Eden Hall from the Eden Valley made by Peter Lehman, and Hand Crafted by Geoff Hardy Gruner V. and also have a look in your local BWS or Liquorland.

The wines, which are crisp with a clean finish and show aromas of ripe melon, tropical fruit and citrus, are perfect for a warm day with your favourite seafood dish.

Cheers

Philip Arlidge.

[arlidge@bigpond.com.au](mailto:arlidge@bigpond.com.au)

*Remember,  
It's wine O'clock somewhere in  
the world, so sip back and relax...*

# Bribie Arts Centre


## Wonderful Wildlife on show

This is a delightful exhibition of paintings and photographs by a group of artists interested in fostering the study and appreciation of wildlife art, specifically relating to Australia's unique species.

Some of the artists exhibiting are **Sandra Temple, Bernardine Hine, Janet Matthews, Esther Horton, Hazel Mary Cope, Catherine Carpenter and Kristy-Ann Duffy.**

**You can meet them in the Gallery on Sunday April 26 from 10am.**

Visit the QWASI website: [www.qldwildlifeartists.com.au](http://www.qldwildlifeartists.com.au)



THE QUEENSLAND WILDLIFE ARTISTS SOCIETY INC. PRESENTS

### Nature's Wonders

**ART EXHIBITION**  
Bribie Island Community Arts Centre  
191 Sunderland Drive, Banksia Beach  
**Tuesday 21st April - Sunday 3rd May 2026**  
OPENING HOURS: Tuesday-Saturday 9am-4pm, Sunday 9am-1pm  
(closed ANZAC Day)

Meet the Artists  
Sunday 26th April from 10am

Bribie Island Community Arts Society Inc.  
[qldwildlifeartists.com.au](http://qldwildlifeartists.com.au)

ORIGINAL ART & MERCHANDISE FOR SALE



**WHERE'S YOUR SECRET POWER LIE?  
MAYBE IT'S WAITING TO BE UNCOVERED AT ONE OF THESE WORKSHOPS**



**GELLI PLATE PRINTING WORKSHOP**  
with Robin Jensen

Printing is almost a magical process! Using a gel plate, rollers and paper, we will create beautiful inked prints on paper or fabric.

In this workshop we will explore different gelli plate printing techniques including botanical printing, mark making and stencil printing.

Students learn layered gels using transparent and opaque paints, using a wide variety of textures, with the easy to learn, but somewhat addictive process.

All materials are supplied including a 20cm x 25cm gelli plate, brayer, palette, paper, stencils, plants & tools.

You will leave the workshop with a series of finished prints and the knowledge to continue the amazing process at home.

**10-2pm Sunday 31 MAY at Bribie Island Community Arts Centre**  
Cost \$25, pay on the day, cash or card.

Further details, or to book, please contact Robin Jensen  
Phone 0421043924 Email: [rjensen@qicpa.net.au](mailto:rjensen@qicpa.net.au)



**Mixed Media Workshop**  
with Yvette  
**Sunday May 3rd 2026**  
9.30am - 3.30pm

Join Yvette for a fun day of colourful, layered mixed media fun.

You'll start with the basics and complete a couple of finished art pieces, learning the steps to Yvette's unique style.

**Price \$150; includes all art supplies**

Bring your lunch/snacks or visit the onsite Café (open 9-2pm)

Book via this link to her website  
<http://www.yvettefineart.com/>

Yvette also offers 20% off any of her art on the day.



**ACRYLIC POURING WORKSHOP**  
with Robin Jensen

Acrylic pouring is a fun and easy way to create one-of-a-kind works of art in decorative items for homes or gifts. It is mesmerising and quite addictive!

Learn simple gelli pouring techniques to create gorgeous abstract patterns by pouring acrylic paint onto a surface and let it run freely!

**10am - 3pm Sunday 17 MAY at Bribie Island Community Arts Centre**

Requirements: palette, brushes. Optional: wooden trays, glass lenses, wooden platters, wooden easels, sticks, etc. More info regarding your brush, etc. will be emailed on enquiry.

Cost \$35. Includes white paint (we use a lot!), tools, pouring medium, silicone oil, mixing gloves, gitter & resources sheet.

Further details, or to book, please contact Robin Jensen  
Phone 0421043924 Email: [rjensen@qicpa.net.au](mailto:rjensen@qicpa.net.au)



Firstly, great photos often tell a story. Whether it's the sun setting over the rugged Outback, a bustling market in Melbourne, or a quiet moment among kangaroos on a sleepy afternoon, an exceptional photograph captures a narrative that resonates with its viewers. It invites them to engage, to explore, and to feel. In a country as varied as ours, the stories we can tell through our images are limitless.

Composition is another vital element. The arrangement of elements within a frame can dramatically impact the viewer's experience. Many photographers employ the rule of

thirds, leading lines, and framing techniques to create pleasing visuals that guide the eye. Consider how the iconic Sydney Opera House can appear different depending on the angle from which it's shot—proving that perspective matters immensely.

Lighting plays a pivotal role as well. The golden hour—the hour just after sunrise and just before sunset—offers a magical quality to photographs. It softens shadows and

HEALTH, WEALTH & COMMUNITY  
creates a warm glow that can transform an ordinary scene into something breathtaking. Understanding how natural light interacts with subjects can elevate an image to stunning levels of beauty.

Emotion is perhaps the heartbeat of every great photo. Capturing raw human connection or the delicate expression of a child's wonder infuses life into an image. In our bustling cities and serene coastal towns, everyday moments—like a laugh shared amongst friends or a quiet sunset on Bondi Beach—can speak volumes when caught at the right moment.

Lastly, authenticity is paramount. We live in a time when photos are often filtered and manipulated, yet there's a certain charm in embracing the imperfections. Candid shots that showcase genuine emotions or unfiltered representations of our landscapes often strike a chord with viewers. Authenticity fosters connection, reminding us that behind every image is a unique story and perspective.

A great photo is more than just a visual representation; it's a story waiting to be told, artfully composed, beautifully lit, and rich with emotion. As Australians, let's celebrate the artistry found in our own backyards. Whether you're an amateur with a smartphone or a seasoned photographer, keeping these elements in mind can help transform your photography into more than just images—it can become a powerful tool for storytelling and connection. So, grab your camera, venture out, and start capturing the essence of our beautiful land. The perfect shot awaits!

## THE ART OF A GREAT PHOTO: *What Makes an Image Stand Out?*

In a world brimming with smartphones and social media, where every moment can be captured at the click of a button, what truly constitutes a great photo?

As Australians, we each have our unique perspectives shaped by our vivid landscapes, diverse cultures, and vibrant communities. Let's explore what elevates an image from a mere snapshot to an evocative piece of art.

## Enter BIEPA's **Bribie Island PHOTO COMPETITION**

Winning entries will feature in  
**BIEPA's 2027 Calendar**

A cash and prize pool totalling \$1,400

Landscape-orientation photos capturing the nature, volunteering, scenery, heritage, and lifestyle of Bribie Island and nearby coastline

Photo: Tara Maguire



**biepa**

Bribie Island Environmental  
Protection Association Inc.

Full details at  
[www.biepa.online](http://www.biepa.online)



Entries by  
30th May 2026

# THE TIME DETECTIVE

## MY IMMORTAL FLUTEPLAYER

Michael Strong (Senior Curator, Abbey Museum)

One of the questions I get most frequently asked at the Abbey Museum is, “what is your favourite artefact?” It is a challenging question, given the many wonderful objects to choose from.

However, if pressed, I would confess to a delightful little figurine of a flute player that is over a thousand years old.

**She comes from the great court of the Tang Empire at Chang’an in China. The Tang dynasty (618–907 AD) is often regarded as a golden age in Chinese history, characterised by artistic flourishing and territorial expansion.**

The Tang court was a cosmopolitan, bustling centre of trade and luxury goods, with diplomatic envoys from the far-flung frontiers of the empire, stretching from Korea in the east, the steppes of Mongolia in the north, and as far west as Afghanistan.

Traders from across Central Asia, and even further afield such as Africa, brought goods such as ivory and spices.

The Silk Road conveyed beautiful silks and jades across the width of Asia to the gates of Rome.

The Tang emperors filled their tombs with figures, known as mingqi (spirit objects), intended to serve them in the afterlife—musicians, artists, potters, soldiers, and even horses and camels.

One of these little tomb figurines is my flute player. She has a wonderfully elaborate ‘butterfly’ hairstyle and wears a painted striped dress of white and red, with a small jacket that may once have been emerald green.

However, the colour may have altered over time due to contact with copper

oxide residue during its thousand years underground. Her features have been delicately and skilfully drawn, with fine eyebrows and a composed expression.

She kneels on a square base, her posture steady, her form simply enclosed within her silken garment. She is playing a side-held flute known as a dizi, which traditionally has six holes, although numerous varieties have evolved over time.

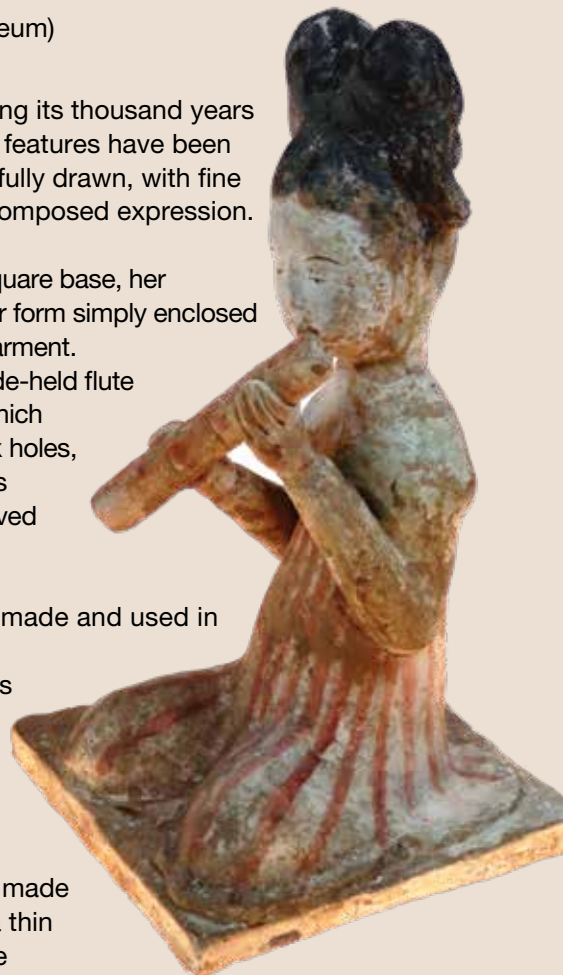
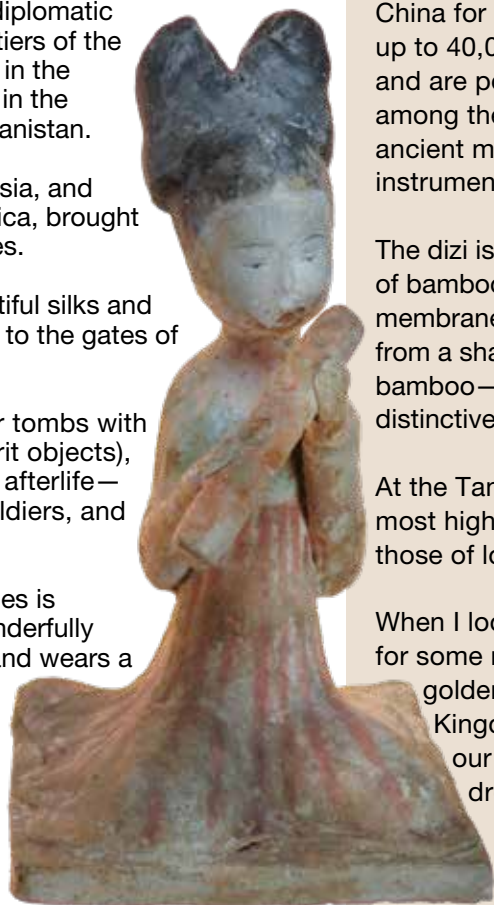
Flutes have been made and used in China for up to 40,000 years and are possibly among the most ancient musical instruments.

The dizi is usually made of bamboo, with a thin membrane—made from a shaving of reed or bamboo—stretched over an open hole to create its distinctive tone.

At the Tang court, the most highly regarded musicians performed seated, while those of lower rank stood and were accorded less status.

When I look at her, I wonder which Tang emperor called for some musical diversion as night spread across the golden Tang palace at the centre of the Middle Kingdom, hundreds of years ago; a rustle of silk, and our slender little flute player kneels, spreading her dress over her knees as she takes up her flute.

One can almost hear the poignant sound of her flute drifting on the wind across the centuries.



# Old Masters Revisited



Where the past meets the unexpected at Bribie Arts Centre This May, step into a world where the past collides with the unexpected.

Old Masters Revisited is a bold and captivating exhibition by local artist Sabine Von Graz, breathing new life into classical art with a daring contemporary twist. Inspired by icons like the Mona Lisa and the genius of Leonardo da Vinci, this exhibition is anything but traditional.

Rendered in exquisite Old Master techniques, these works are rich, dramatic, and full of surprise.

Familiar faces are transformed—playful, surreal, and sometimes mischievous—inviting viewers to question what they know and see the past through fresh eyes. Expect striking highlights including a “Lady with the Cockatoo,” a luminous blue-toned “Pearl Girl,” and a series of unforgettable portraits that blur time, identity, and imagination.

Highlights also include a ‘50 Shades of Venus’ inspired by The Birth of Venus for those curious enough to look a little closer. But this exhibition isn’t just something to look at—it’s something to experience.

## Artist Talk – Friday 8 May, 10:30am

Go behind the scenes and discover the stories, symbolism, and techniques that bring these works to life.

## Mother’s Day at the Arts Centre (until 1pm)

Celebrate with a touch of magic:

- Pose for a photo with the Mona Lisa
- Receive a complimentary chrysanthemum (while stocks last)
- Relax with coffee and cake at the café

And just for fun... you might even discover if you share a mysterious connection to the Mona Lisa herself. Running throughout May, Old Masters Revisited is a vibrant, thought-provoking, and joy-filled exhibition that blends history, humour, and high-level craftsmanship.

Whether you’re an art lover or simply curious, this is an experience not to be missed.

## Old Masters Revisited

exhibition showing at the  
Bribie Arts Centre

**1st-30th May** **sabine.net.au** **191 Sunderland Drive**

# KIDS'

## SPOT THE 10 DIFFERENCES



## Sudoku

			5			
	7	2			4	6
3			6	1		9
9			2	6		4
	6	7			1	3
			8			
6						7
	8					5
		5	9	6	2	3

## FIND A WORD

N Z V L X E M M T S G S Y H H R V V Q U  
 E C L I P S E E N A G L T H Y W A N S T  
 G X M C V B H N I J Q I C R N L D I Z Y  
 B A X K M T G A O E C G D L A L R N N P  
 V V D G R H U C P M W H N D O T Z N F H  
 B F O O O F S I W F F T I Y P U U T F O  
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 X A F J W L R U G M N N U U V T T M S V  
 S Z O H O D J H B X T G J H A E O F T I  
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 P M A Y N K A G X P D A N X Q F K T Z C

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| BLIZZARD | FROST     | OVERCAST  | STORM    |
| CLOUD    | GUST      | PRESSURE  | STRATUS  |
| DEWPOINT | HAIL      | RAIN      | THUNDER  |
| DROUGHT  | HEATWAVE  | RAINBOW   | TORNADO  |
| ECLIPSE  | HURRICANE | SLEET     | TYPHOON  |
| FLOOD    | LIGHTNING | SNOWFLAKE | WILDFIRE |
| FOG      | MIST      | SNOWSTORM | WIND     |

**MELSA PARK FROM  
10 AM TO 2 PM  
THIRD SUNDAY OF  
EVERY MONTH**



**BOOK  
YOUR  
BIRTHDAY  
PARTY  
NOW**

**\$3  
A TRAIN  
RIDE**

**FOOD &  
DRINKS  
AVAILABLE AT  
THE GUARD  
VAN**

**CARD  
FACILITIES  
AVAILABLE**



**MELSA PARK  
STEAM  
TRAIN RIDES**

**MINIATURE TRAIN  
RIDES FOR THE  
YOUNG AND YOUNG  
AT HEART**

**EVERYONE MUST HAVE  
CLOSED IN SHOES**

# Bath Time Blast: Make Mum's Day Sparkle!

Get ready for  
a blast with  
Mother's Day  
activities and  
crafts!

**The best part?**  
You can give Mum a crafty surprise  
she'll use again and again.

## After a busy day, help her slip into a dreamy, beautiful bath.

Mix up her favourite scents and colours in your magical bath salts and jazz up the envelopes with fun drawings of her favourite things!

### What You'll Need:

- 4 tablespoons baking soda
- Bowl
- Food flavourings (almond, mint, orange, or vanilla)
- Food colouring
- Spoon
- Markers
- Envelopes

Your mum will be all smiles when you give her these sparkly, homemade bath salts filled with love—get ready for lots of happy hugs!

Scoop baking soda into a bowl, then add a few drops of flavouring and food colouring. Stir them well with your spoon until the mix is bright and blended!

Pick wacky colours to match the yummy flavours—how about zippy green for mint or zingy orange for orange flavouring?

Let your imagination go wild and mix up a rainbow!

Dream up the silliest, most fantastic names for your bath salts (maybe Bubble-gum Bliss or Lemon Fizz Whiz!) and scribble them on your envelopes in your wiggliest writing.

Draw mum's favourite things and doodles on your envelopes. Carefully fill them with sparkly, scented bath salts. Ta-da!

Your magical gifts are ready.

## MUM jokes for kids

*Why did mum sit at the computer?  
Because she wanted to keep an eye on the mouse!*

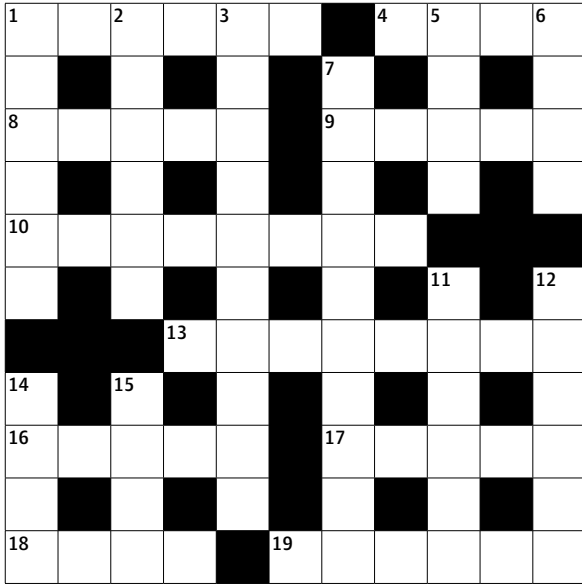
*What did the baby corn say to the mum corn?  
"Where's popcorn?"*

*What does a mum use to fix a broken tomato? Tomato  
paste!*

*What did the buffalo say to her son as he left for  
school? Bison*

*What do you call a mom who stands in the middle of  
a tennis court? Annette.*

*How did the digital clock show off to its mother?  
Look, Ma, no hands!*



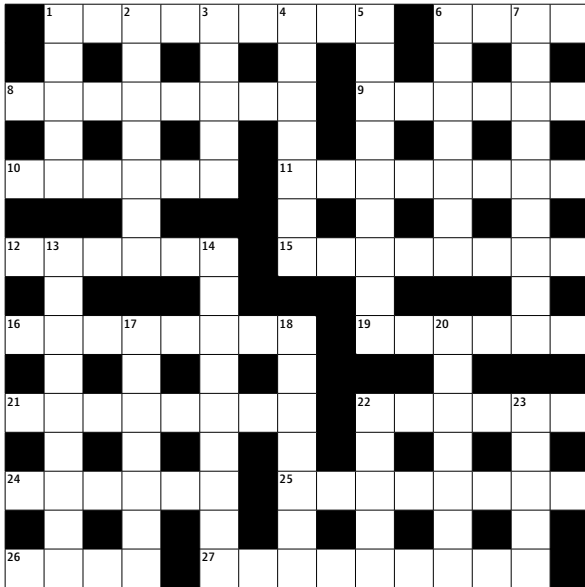
**Across**

- 1 Parent always bears property cost (6)
- 4 Article in erudite magazine (4)
- 8 Admit dog ran through houses (5)
- 9 Portrait accurately captures dish (5)
- 10 Eccentric ad-libs to newspapers (8)
- 13 Care - a bit - about germs (8)
- 16 Picked up catalogue for composer (5)
- 17 In conversation disparages alcohol (5)
- 18 Cut fruit for the audience (4)
- 19 Against poetry broadcast (6)

**Down**

- 1 Corrects ceremonies verbally (6)
- 2 Barney dancing around (6)
- 3 Cook roasts tuna for long-distance travellers (10)
- 5 Follow story on the radio (4)
- 6 Low average (4)
- 7 Trustworthy ID bracelet developed (10)
- 11 Tolerates streams of water (6)
- 12 Skips garnishes (6)
- 14 Secretly pass piece of paper (4)
- 15 House rules constrain employer (4)

**CRYPTIC**



**Across**

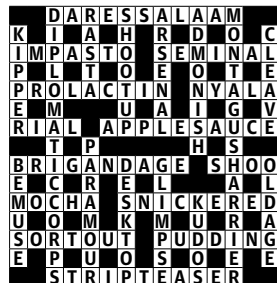
- 1 Also, the ship outside left without power (9)
- 6 Boxer, turn into cook (4)
- 8 Frenchman retires following quick tie (8)
- 9 Like TV's fabulous creature? (6)
- 10 Pay company to be involved in Minecraft? (6)
- 11 In December on retreat, large corporation is in fancy dress (8)
- 12 Dairy products not good in tents (6)
- 15 Private Harry cries over broken toe (8)
- 16 Diagrams describe Number 10's vehicles (8)
- 19 PR wins hearts with "Vote for Monster" (6)
- 21 British heavyweight losing no time with friend in a cruel manner (8)
- 22 Nuts in games headphones (6)
- 24 Scandinavian against topless rambling (6)
- 25 Communication network to estimate when metal gets twisted (8)
- 26 Idiot stealing contents of bicycle rack (4)
- 27 Wealthy travellers' bad teeth, black and small within (3,3,3)

**Down**

- 1 Essentially stretches to exercise (5)
- 2 Old Tudor building inspires love in the open air (7)
- 3 Joint fishing expedition or something else inside? (5)
- 4 What? Bottle upended spilling a bit of fluid? That's painful (7)
- 5 Teams who struggle with scoring initially become secondary attractions (9)
- 6 Fellow heading to Eastbourne - a funny, true story (7)
- 7 Henry travelled around with Welsh woman and old African (9)
- 13 Novel she wrote about one being different (9)
- 14 Best to be standing when overwhelmed by little attention (9)
- 17 Reconsider skating here round the resort (7)
- 18 Broadcaster unhappy with colour of Manchester club (3-4)
- 20 Minor setbacks; involuntary complaint (7)
- 22 Criminal reducing volume of capital money? (5)
- 23 Drink served up by host on vacation after dark (5)

**SOLUTIONS**

CRYPTIC SOLUTION



QUICK SOLUTION



# Grid Match:

## The Addictive Aussie Card Game You Can Win!

**G**rid Match is not just another card game—it's a pulse-quickening challenge that grabs you from the first shuffle. Designed right here in Australia, it's easy to learn but devilishly tough to master.

Whether you're a casual gamer or a strategic mastermind, this is the kind of game that keeps you coming back for more, always chasing that perfect score.

You build a 4x4 grid by matching symbols along the edges of your card. Every move feels like a mini triumph—or a nail-biting risk. Each decision ramps up the tension, locking you into a puzzle that's as thrilling as it is unpredictable.

By the end, you'll either be basking in the glory of a masterstroke or laughing at the delightfully tangled mess you've made.

It's quick to learn, wildly addictive, and perfect for a speedy brain teaser or for losing yourself in a longer, absorbing session. Don't be surprised if you find yourself saying, "Just one more game!"

Grid Match was made for solo play—just you, the cards, and the thrill of outsmarting yourself.

But beware: play it once in public and friends will be itching to join in, eager to see if they can beat your score or simply share in the fun.

Made to be pocket-sized, endlessly replayable, and surprisingly strategic, Grid Match is the ultimate fresh twist for puzzle lovers and card gamers.

It's the kind of game you'll want to keep nearby, ready to whip out at a moment's notice—on the train, at a café, or during a lazy afternoon at home.

And here's your chance to experience the excitement for yourself! We're giving away 3 packs of Grid Match to three lucky readers.

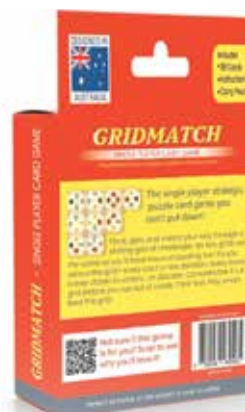
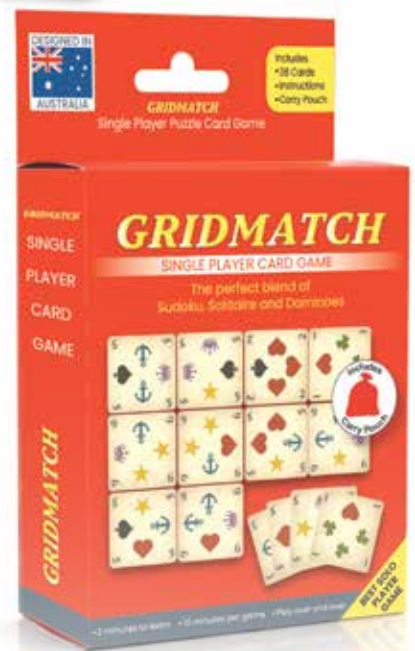
### Want to win? It's simple:

1. Email [editor.thebribeislander@gmail.com](mailto:editor.thebribeislander@gmail.com)
2. Tell us in a few words why you're eager to get your hands on a Grid Match pack—maybe it's for family game night, to challenge your friends, or to spark up your solo downtime.

Be creative, be bold, and make us smile! The best entries will score their very own pack and discover just how addictive this little game can be.

**Don't miss out—get your entry in now and let the games begin!**

For more information on The World's Best 1 Player Card Game, check out the website [www.gridmatch.cards](http://www.gridmatch.cards)



# Turtle Awareness Day and Family Movie Night Set for May 9

Residents are encouraged to mark Saturday, May 9, in their diaries, with two family-friendly events celebrating local wildlife and community engagement.

Supported by Moreton Bay City Council, Rotary Redcliffe Sunrise and other community partners, the day begins with a Turtle Awareness Expo at Queens Beach North, Scarborough, from 10am to 2pm. The location holds particular significance as the site of a 2010 incident in which newly hatched turtles became disoriented by street lighting and moved inland rather than toward the ocean.

Now in its fourth year, the expo aims to raise awareness about turtle conservation and habitat protection. The event will feature educational displays, information signage and guest speakers, including Associate Professor Daryl McPhee, who will discuss local turtle habitats. The program will be officially opened by Councillor Cath Tonks, Environmental Lead for the Moreton Bay City Council, and will begin with a Welcome to Country. The free event is open to all ages and includes prize giveaways.

Later in the day, families can enjoy an outdoor screening of *The Adventures of Sam the Turtle* at the Redcliffe Amphitheatre, located beside Settlement Cove. Attendees are invited to gather from 5pm, with the 90-minute film commencing at approximately 5:30pm.

Guests are encouraged to bring their own refreshments and settle in for a relaxed evening, with the movie expected to conclude around 7:30pm.



Left to right: Paul Harcombe- Rotary president, Colin Scobie - organiser and vice president, Cr Sandra Ruck - MBCC div 5, Cr Cath Tonks - MBCC Environmental Lead & div, Assoc Prof Daryl McPhee - Bond University, Michael Connolly- welcome to country Mick Croft - FB - turtles of Moreton Bay

This inaugural movie night is anticipated to draw strong community interest and offers a fitting conclusion to a day focused on environmental awareness and family fun. Organisers welcome the community to attend one or both events and support ongoing efforts to protect local marine life.

## 2026 Moreton Bay Turtle Expo

**Expo**

**10am**

**FAMILY Day**

**Movie**

**5pm**

Two events - Saturday 9th May 2026

Partnership with CITY OF MORETON BAY

# COMING SOON!!

**A MUSICAL MEXICAN STANDOFF ON BRIBIE!!**  
**"BATTLE OF THE SEXES"**  
**LADIES VERSUS MEN—WHO WILL WIN?**  
**YOU BE THE JUDGE!!**

Grab your tickets now for some humorous and harmonious tongue in cheek musical jibing between two of Bribie's foremost musical choral groups, **THE GALLERY SINGERS** (The Ladies) and the **BRIBIE GLEEMEN** (The Men)

Expect a lively afternoon of good natured banter with fun songs bouncing between the two groups as well as some songs ideally written for Male/Female duetting.

**THIS CONCERT WILL FILL UP FAST WITH LOYAL FOLLOWERS OF BOTH CHOIRS WANTING SEATS. RECREATION HALL, 156a FIRST AVE, BONGAREE - SATURDAY 9TH MAY AT 1.30PM**

**Tickets \$25** (includes light refreshments and some nice lucky door prizes!)

Tickets in advance on "trybooking.com" or phone **0408 404 180** or **0493 215 823** or Gallery Singers on **0408 302 889**. Your tickets will be waiting for you in a named envelope at the entry door to simply pay on the day.



## GARAGE SALE

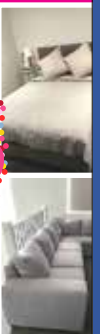
**MOVING! EVERYTHING MUST GO!**

**Household & outdoor furniture – all in excellent condition**

**Plus bric-a-brac and bits & pieces**  
**Sat 25th & Sun 26th April**

**From 8am (No early birds please)**

**268 Freshwater Drive, Banksia Beach**



# GAME NIGHTS!

## ON BRIBIE

### MONDAY EUCHRE

Bribie Bowls Club 12.00pm  
Contact Annette on 0414622490

### TRIVA

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

### TUESDAY

#### BINGO

Bribie Island R.S.L 10.00am

#### POKER

Bribie Island Hotel 6.30pm

### WEDNESDAY MUSIC BINGO

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

#### RAFFLES

Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

### THURSDAY BINGO

Bribie Island R.S.L 7.30pm

#### RAFFLES

Bribie Island R.S.L Fishing Club 4.30pm  
Every Thursday at the RSL prizes are  
Meat Vouchers from Avondale Meats and  
Seafood Vouchers from Saviges.

### FRIDAY

#### MEAT TRAY RAFFLES

Bribie Island Bowls Club 4.30pm  
Bribie Island Golf Club 5.30  
Blue Pacific Hotel (from) 3.00pm  
Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

### Enjoy playing 500 Cards?

Join a like-minded group who meet on Monday afternoons at the RSL Anzac Room from 1-4pm.

\$5 which includes raffle prize.

Please arrive 10mins before play starts at 1pm

Further information please ring

Carole **0438 713 663**.

# MARKETS

### Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12pm

### Bribie Island BIDCA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

### Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

### Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

### LUNCH MARKETS - Sylvan Beach (Farmers Market)

First Saturday of each month from 8am to 1pm held in the park opposite the Bribie Island Hotel. Funds raised to E.P.C.S, Ass, 0417629957

### The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim  
7am - 1pm.

### Bribie Woodcrafters & Bribie Island Gem Club

Open day, Demonstrations & Sales - last Sunday of each month

8am to 12noon Held at Bribie Art Centre  
191 Sunderland Dr, Banksia Beach

### Mystic Journey Markets change of location

Saturday November 15th ~ 9am ~ 2pm

Saturday December 6th ~ 9am ~ 2 pm

Saturday December 20th ~

9am ~ 2m

4pm ~ 8pm

There is also an outdoor market to run alongside indoor market called This 'n' That

# UNDER THE WHITE ENSIGN

## HMA Submarine AE2 81

**Type:** E class submarine

**Built:** Vickers Armstrong, Britain

**Sister ship RAN:** AE1 80

**Commissioned:** 28 February 1914

**Displacement:** 725 tones surfaced  
810 tones submerged

**Speed:** 15 knots [28 km] surfaced  
10 knots [19 km] submerged

**Propulsion:** 2 diesels, 1,600 hp surfaced  
electric motors, 840 hp  
submerged 2 shafts

**Crew:** 34

**Armament:** 4 x 18 inch torpedo tubes

**Battle Honours:** Rabaul 1914

Dardanelles 1915

**Fate:** Lost in action 30 April 1915

## The Silent ANZAC

HMA Submarine AE2 had four 18-inch torpedo tubes, one each in the bow and stern and one on each beam. The boat carried eight torpedoes, one spare torpedo for each tube. While being the latest available British submarine at the time, design and liveability were still basic.

When WW1 broke out, the objective of the new Australian fleet was the capture of the German colony of New Guinea. Australia's only two submarines supported the landing force that captured Rabaul but, while on patrol, AE1 mysteriously disappeared with all hands. The wreck was located in 2017.

AE2, under tow, left Australia with the second ANZAC Convoy and became part of the Gallipoli campaign with Lieutenant Commander Stoker RN in charge of a mixed Royal Navy and RAN crew. The endeavour to take Turkey out of the war began with an attempt by the Royal Navy to force passage through the Dardanelles, a narrow strait that separated the eastern side of the Gallipoli Peninsula from Asia Minor, and into the Sea of Marmara. There they would defeat the

Turkish Navy and capture the capital Constantinople (modern Istanbul). This was repulsed with heavy losses as the narrow waterway was heavily mined and lined with numerous coastal batteries.

Plan B proposed a massive invasion force to land on the Gallipoli Peninsula and advance overland. Turkish land communication to the peninsula was poor so, if submarines could penetrate to the Sea of Marmara, they could interrupt the sea transport of reinforcements and supplies. The first attempt resulted in the loss of the RN submarine E15. To coincide with the landings on the 25 April Stoker accepted the perilous task for this primitive vessel. His orders were to "generally run amuck".

In a daring feat, AE2 avoided the mine fields, patrols, artillery and treacherous currents to broach the Dardanelles and enter the Sea of Marmara. They were even able to seriously damage a Turkish cruiser with a torpedo strike. Their success proved to be a morale boost for the struggling troops ashore.

Within the open sea AE2 was able to

threaten shipping and cause panic. While under attack from a gunboat and having expended all its torpedoes, the submarine malfunctioned, broke the surface and was fired upon and damaged. Stoker ordered the boat's company to evacuate and scuttled AE2. The crew was captured. Four members died from illness in the terrible conditions while in captivity.

The achievements of AE2 showed the allies that the task was possible and those that followed badly disrupted Turkish shipping and lines of communication. This forced the Turks to take the supplies and reinforcements for their defence of Gallipoli over the underdeveloped, overland routes. The wreck was located in 1997.

AE2 was the last Australian submarine to fire in anger and was the only RAN vessel to be lost as a result of enemy action during World War I.

The crew of HMA Submarine AE2 displayed that same ANZAC spirit as was evident with the Australian troops ashore on Gallipoli.

**ANZAC Day Commemoration times at Bongaree, Bribie Island**  
**Dawn Service: 04:28    March form up: 08:00    March step off: 08:30**  
Main Service on completion of March in the RSL grounds



## NAVAL ASSOCIATION of AUSTRALIA BRIBIE ISLAND SUB-SECTION

Welcomes EX-SHIPMATES to enjoy that comradeship they experienced when they served.  
Please make contact at our Meet and Greet every Tuesday evening at the RSL Club from 1600 hours.

**Rick Macchetta**

Secretary

0422 889 693 | secretary.naabi@gmail.com

**ONCE NAVY ALWAYS NAVY**



# The March

By A.J.McIntyre

I wore my father's medals,  
Each Anzac Day, for years,  
But I never felt the glory,  
Through the sting of unshed tears,

So, I marched on, sad and lonely, In this military  
scene, A small boy in a column,

Where his father should have been.

The men who marched beside me, Would  
pat me on the head, With a kind of rough  
compassion, For a boy, whose dad was dead,

And their eyes would fill with sorrow, And a  
sadness cloud their face,

For the many boys with medals, Marching in their  
father's place.

The bitterness would choke me, And I marched  
with downcast head, For I knew there was no  
comfort, In the hour that lay ahead,

So, I listened to the speeches,

But I felt no surge of pride, For, medals are cold  
comfort, When your dad has fought, and died.

My heart would start to tremble, As the  
bugle's notes rang loud, And the Last Post's  
haunting sadness,

Brought a stillness to the crowd, But, I never  
saw the glory,

For the bitterness that grew,  
And my heart would fill with yearning,

For the dad...I never knew.

# For the Dad... I Never Knew

By Al Finegan - for his Uncle Mac

In the 1950s, my father, his brother and  
several of my uncles would gather, usually on  
the lead up to Anzac Day when they would all  
march together.

I remember one year my Uncle Aaron James  
McIntyre told us the story of his father that he  
never knew.

He eventually wrote this poem about his father,  
2nd Lieutenant Aaron McIntyre, who was killed  
in action, age 26, at Pozieres on July 29, 1916.

# The Anzac

## Landing at Gallipoli

### Courage of the highest Order

By Major Alan Finegan RFD (Rtd)

When a lad between the ages of eight and 18, I could be found each year marching beside my father in an Anzac Day parade, starting from Stones Corner and ending at Langlands Memorial Park, Coorparoo. It was here that an annual memorial service was held in recognition of the sacrifices made by thousands of young Australian and NZ soldiers during two World Wars.

It was a moving experience for me, as many of those marching had served in both World Wars, and often became quite emotional. I also became aware that my mother's middle name was Anzac. Her father, in a frenzy of nationalistic pride named my mother during the first year's celebration of the assault at what was to be known in the future as Anzac Cove.

At the time it was just a small cove, with a narrow beach on the Gallipoli Peninsula in Turkey on the Aegean Sea, an arm of the Mediterranean Sea between Greece & Turkey. During my 30 years of service in both the regular and army reserves, I studied the history of the Anzac Cove battle many times, learning of the events that occurred between April and December 2015. I present here my story of that campaign - from the first confused steps ashore, through months of brutal fighting, to one of the most ingenious withdrawals in military history.

In the early hours of the 25th of April, thousands of young Australian and New Zealand soldiers lay cramped in open boats, their rifles between their knees, their nerves stretched tight with fear and anticipation. Ahead of them rose a dark, broken shoreline - steep ridges, scrub-covered gullies, and shadowed cliffs. This was to be their Anzac Cove, just an obscure inlet on the Gallipoli Peninsula. Within hours, it would become one of the

most sacred names in Australian history. "ANZAC", standing for the Australian and New Zealand Army Corps.

This landing was intended to be swift, decisive, and overwhelming. Instead, it became chaotic, bloody, and stubbornly heroic. For eight long months, the Anzacs would cling to a narrow strip of steep exposed ground under constant fire. The campaign would fail in its strategic aims, yet succeed in forging a national identity defined by endurance, mateship, and quiet courage under impossible conditions.

The Gallipoli campaign was born in the council chambers of the British Empire, far removed from the rocky slopes where it would be fought. By early 1915, the Western Front in France had bogged down into stalemate. Trench warfare was consuming men at a terrifying rate, and political leaders searched desperately for an alternative way to strike at Germany and her allies.

Attention turned to the Dardanelles, the narrow waterway linking the Mediterranean to the Black Sea. For centuries it had been a strategic chokepoint, guarded by the fading but still formidable Ottoman Empire. If Allied naval forces could control the strait, they could threaten Constantinople, knock the Ottomans out of the war, and open a supply route to Russia.

The initial plan relied on naval power alone. That plan failed spectacularly in March 1915 when battleships struck mines and were sunk or crippled. It was then decided that troops would land, seize the heights of Gallipoli, and neutralise the coastal defences from landward positions.

Australia and New Zealand, eager to prove themselves on the world stage,

were assigned a key role. They rapidly combined forces to form the Australian and New Zealand Army Corps.

The Anzac troops were meant to land on relatively open ground north of Gaba Tepe, push inland quickly, and secure the high ridges overlooking the peninsula. But war in those days rarely obeyed maps. As the boats approached the shore shortly before dawn, strong currents and navigational errors carried them north of their intended landing zone. Instead of gentle slopes, the men found themselves facing steep cliffs and tangled scrub. The place where they landed - soon called Anzac Cove - was a tactical nightmare.

Almost immediately, rifle fire cracked out from above. Ottoman defenders, though fewer in number than the attackers, held the high ground and used it ruthlessly. Men fell as they waded ashore. Others stumbled, then drowned under the weight of packs and equipment. Units became hopelessly intermingled. Officers were killed or wounded within minutes, leaving junior ranks to make decisions under fire. Yet amid the chaos, something remarkable occurred. Small groups of Australians began pushing inland anyway, scrambling up near-vertical slopes, hauling each other upward, fighting their way through gullies with names that would become infamous: Shrapnel Valley, Monash Valley, Plugge's Plateau.



One young Turkish officer, Mustafa Kemal, quickly grasped the danger. Ordering his men forward without waiting for permission, he reportedly told them he did not expect them to attack, only to hold the ground and die if necessary. That resolve would help halt the Anzac advance.

By nightfall on the first day, the Anzacs had secured a precarious foothold - no more than a few hundred metres deep in places - but they had failed to reach the key ridges. The opportunity for a decisive breakthrough was gone.

What followed was not the swift campaign promised by planners, but a grinding siege. The Anzac position formed a narrow crescent, hemmed in by the sea behind and enemy-held heights in front. There was no room to manoeuvre, no depth for defence, and almost no shelter.

The men dug trenches wherever they could, often hacking at rocky soil with bayonets and entrenching tools. Trenches twisted and overlapped, sometimes only metres from Ottoman lines. Snipers were deadly and constant. A careless movement above the parapet could mean instant death.

Supplying the front line was a nightmare. Every biscuit, every bullet, every drop of water had to be hauled up steep slopes under fire. The heat of the Gallipoli summer was oppressive. Flies swarmed over food and wounds alike, spreading disease. Dysentery weakened thousands.

Yet morale, astonishingly, often remained high. The Australians in particular, developed a reputation for irreverent humour, resilience, and mutual support. They sang, joked, and shared what little they had. Officers and men mixed more freely than in many European armies, reinforcing a sense of equality and mateship that Australians would later claim as national traits.

Throughout May and June 1915, both sides launched attacks in a battle for the heights, to break the stalemate. None succeeded.

One of the most desperate Ottoman counterattacks came on 19 May, when thousands of Turkish soldiers surged forward in massed assaults. The Anzacs, forewarned, held their fire until the enemy was close, then unleashed devastating rifle and machine-gun fire. The result was catastrophic for the attackers. When dawn broke, the ground in front of the Anzac lines was littered with bodies.

In the weeks that followed, a strange truce emerged to allow the dead to be buried. For a brief moment, enemies met face to face without weapons, exchanging cigarettes and gestures of respect. It was a reminder that the men on both sides were victims of decisions made far away. August brought a renewed Allied effort. A



massive offensive aimed to break out from the Anzac perimeter and seize the high ground once and for all. New landings were made at Suvla Bay, while Anzac troops were ordered to attack positions such as Lone Pine, Chunuk Bair, and Hill 971.

The fighting was ferocious. At Lone Pine, Australians and Ottomans battled hand-to-hand in dark, cramped trenches, the air thick with dust and cordite. At Chunuk Bair, New Zealand troops briefly captured the summit, only to be driven off after savage counterattacks.

Once again, courage could not overcome flawed planning, poor coordination, and determined defence. By the end of August, the campaign had reached a grim equilibrium. The Anzacs had lost tens of thousands of men killed or wounded, and the front lines were little changed from April. As autumn turned to winter, the Gallipoli Peninsula became a place of misery. Cold rains flooded trenches. Frostbitten men shivered in sodden uniforms. Disease continued to take a heavy toll.

Strategically, the campaign was clearly failing. The hoped-for breakthrough had not occurred, and the cost in lives was becoming politically untenable. Gradually, Allied leaders began to accept what soldiers on the ground already knew - Gallipoli could not be won.

Yet one immense challenge remained - how to leave. The Anzac position was overlooked by enemy trenches. Any sign of withdrawal might invite devastating attack. Removing tens of thousands of men, along with guns, horses, and supplies, seemed almost impossible without heavy losses. What followed would be one of the few unambiguous successes of the entire campaign.

Planning for the evacuation was meticulous and imaginative. Every detail was considered. Troops were withdrawn gradually, so that the enemy would not notice a sudden thinning of the lines. Normal routines were maintained. Fires burned, meals were cooked, and sentries stood watch as usual. Perhaps the most famous innovation was the "drip rifle" - a simple device using a water-filled tin rigged to pull a trigger after a delay.

These contraptions allowed rifles to fire automatically after soldiers had left their trenches, maintaining the illusion of occupation.

On the final nights of December 1915, the last Anzac troops quietly slipped away. There were no cheers, no speeches, no dramatic final charges. Men moved silently down to the beaches, boarded boats, and vanished into the darkness.

Astonishingly, the evacuation was completed without a single life lost to enemy action. After a few days had passed, Turkish soldiers moved quietly forward, eventually bewildered to find just empty trenches. There was no sign of any Anzac soldiers to be found. It signalled the end of one of the most successful military withdrawals in history.

For soldiers who had endured months of fear and suffering, the withdrawal was both a relief and a bitter admission of defeat. They had not been beaten in battle, yet they were leaving behind the graves of thousands of comrades. Militarily, Gallipoli was a failure. The Dardanelles remained open to enemy shipping. The Ottoman Empire remained in the war. The casualties were immense - over 8,700 Australians killed, with tens of thousands more wounded.

History does not judge events by strategy alone. For Australia, Gallipoli marked a profound turning point. It was the first time the young nation had fought as a distinct force on the world stage. The men who landed at Anzac Cove were citizens of a country barely fourteen years old. Many had never left their hometowns, let alone travelled halfway around the globe to fight in a foreign land.

Their courage under appalling conditions, their refusal to break, and their loyalty to one another left a deep imprint on the national consciousness. In the years that followed, the Anzac story became a touchstone - a way of understanding who Australians believed themselves to be.

Each year, on Anzac Day, Australians gather at dawn services across the country and at Anzac Cove itself. The words spoken are often simple. The silence is profound. It is not triumph that is remembered, but sacrifice, not conquest, but endurance.

The narrow strip of beach where those first boats grounded in April 1915 remains a place of quiet power. It reminds us that history is shaped not only by victories, but by the character shown in defeat - and by the men who, in the face of overwhelming odds, did their duty and stood by their mates. They created a name that would echo through history as the epitome of courage, ANZAC!

Attend an Anzac Day ceremony this year.

## SPORTS PAGES



## BRIBIE ISLAND BOWLS CLUB

**Random Triples Results Thursday 2 April 2026**

Winners: T O'Laughlin, L Hackwood, L De-Roule  
Runners up: P Conn, J Herbert, S Barringhaus  
Winning draw: R Bickerton, P Barringhaus, L Stanford  
Winning draw: P Cook, J Laidlaw, A Campbell  
Encouragement: D Neuman, R Leth, S Soens

**Self-Select Triples Results Tuesday 7 April 2026**

Winners: J Mostron, M Flint, S Hambun, F Bingham  
Runners up: T Ridley, W Broad, J Murray  
Winning draw: W Gunders, D Hancox, D Dodd  
Winning draw: G Paekau, M O'Neill, K Henry  
Winning draw: R Huggins, D Somerville, J Irvine  
Encouragement: K Smith, I Smith, M Durham

**Self-Select Pairs Results Wednesday AM 8 April 2026**

Winners: D Riseham, A Riseham  
Winning draw: G McEniery, G Jackson

**Self-Select Pairs Results Wednesday PM 8 April 2026**

Winners: D McDougall, W McDougall  
Runners up: G Teakel, T Erfurth  
Winning draw: D Beadman, G Fowler  
Winning draw: T Wheatley, A Buckmaster  
Winning draw: T Phillips, G Denkel  
Encouragement: W Broad, T Ridley

**Random Triples Thursday 9 April 2026**

Winners: L Stone, B Hamer, C Hamilton  
Runners up: D Draper, L Stanford, J Smith  
Winning draw: P Hamersly, S O'Neill, M Adams  
Winning draw: G Mulpeter, R Leth, J Teakle  
Encouragement: K Brown, J Hillar, A McDonald

**Self-Select Pairs Results Friday AM 10 April 2026**

Winners: R Henshaw, K Henshaw  
Runners up: M Brenner, L Tait  
Winning draw: M O'Neill, K Brown, S Priest  
Encouragement: W Manson, T Phillips

**Self-Select Pairs Results Friday PM 10 April 2026**

Winners: J Dann, E Holliday  
Runners up: B Pritchard, W

Simmonds  
Winning draw: B Stewart, M Falvey  
Winning draw: B Hosie, W McDougall  
Winning draw: C Perkins, D Kaatz  
Encouragement: S Lobo, K Piva

**Random Fours Results Saturday 11 April 2026**

Winners: G Low, G Hutchison, W Follett, R Warwick  
Runners up: P Gee, K Muller, A Pinzger, E Polloni  
Lucky draw: P Maloney, R Follett, C Draper

**Scrounger Results Monday 13 April 2026**

1st: T Bennett  
2nd: I Smith  
3rd: W Grunders

**Self-Select Triples Results Tuesday 14 April 2026**

Winners: D Hancox, B Castle, G Hutchison  
Runners up: A Sturm, E Stacey, I McLaren  
Winning draw: T Ridley, J Murray, D Merrett  
Winning draw: G Olsen, I Gillard, D Davis  
Winning draw: B Skerten, D Bowers, R Black  
Encouragement: C Wilkie, C Brayley, T Phillips

**Self-Select Pairs Results Wednesday AM 15 April 2026**

Winners: D Hancox, W Gunders  
Runners up: S Barringhaus, P Barringhaus  
Winning draw: G Jackson, G McEniery  
Encouragement: S Priest, P Tonkies

**Self-Select Pairs Results Wednesday PM 15 April 2026**

Winners: J Hosie, S Cook  
Runners up: W Hoelscher, G Trevena  
Winning draw: T King, S O'Neil  
Winning draw: C Perkins, K Perkins  
Winning draw: T Phillips, G Denkel  
Encouragement: G Teakel, T Erfurth

**Random Triples Results Thursday 16 April 2026**

Winners: D McDonald, B Hamer, C Draper  
Runners up: G Hull, T Comacchio, L Comacchio  
Winning draw: W Gunders, K Norton, R Warwick  
Winning draw: R Bickerton, C Ormerod, J Park

## BONGAREE BOWLS RESULTS

**Bongaree Bowls Club Results 27/3 - 9/4****Results of Friday Paddle Pop Draw Triples 27/3**

Winners: Andrea Pike, Alan Simonic, Maureen Ferguson  
R/Up: Bob Vonarx, Pip Hamersley, Gaynor Johnson  
Shopper Docket Winner: Averyl Symonds

**Results of Saturday Scroungers 28/3**

1st: Rose-Marie Dimino. 2nd: Sheena Bath. 3rd: Yuki King. 4th: Paul Krueger

**Results of Tuesday Paddle Pop Draw 31/3**

Winners: John O'Donohue, Christine Nathan, Arne Jensen  
R/Up: Trish Paskin, Prue Grounds, Marg O'Keefe  
Bonus Draw: Jackpot

**Results of Wednesday 4's 1/4**

Winners: Leith McDonald, Tony Jericevich, Ray Black, Gordon Pitts  
R/Up: Noni Jordan, Marty Hall, Jan Dixon, Brian Reid

**Results of Thursday Jackpot Pairs 2/4**

Winners: Darryl Rowlingson, Dave Dixon  
R/Up: Neil Smith, Richie Ferguson

**Tuesday 6/4 Bonus Draw: Jackpot****Results of Wednesday 4's 7/4**

Winners: Pat Warwick, Trish Paskin, Diane Drew, Kim Hagan  
R/Up: Allan Kenning, Robin Maffey, Graeme Hanlin, Peter Vlajic

Today was sponsored by Rosie Smith, thank you Rosie. Ariana Doolan came along to the club with a Raffle Voucher and along with Rosie, they presented it to the lucky winner Gary Peakau. Ariana also had a photo taken with Marilyn sitting in front of the sign for the newly named Weston green.

**Results of Thursday Jackpot Pairs 9/4**

Winners: Elna Jensen, Sue Francis  
R/Up: Arne Jensen, Doug Meikel

## SOLANDER LAKE BOWLS RESULTS

**Tuesday 31 March 2026 - Club Select Triples:**

Winners: Robert James, Daryl Helig, Jacki Player  
2nd: Paul Boldero, Bruce Crawford, Diane Nock  
3rd: Graham Hubbard, Paddy McMullen, Sheron Stresser

**Wednesday 1 April 2026 - Self Select Pairs:**

Winners: Peter McCarthy, and Eric Holliday  
2nd: Vicki Mitchell and Wayne Mitchell  
3rd: Trish Kling and Ian James

**Thursday 2 April 2026 - Self Select Triples:**

Winners: Stuart Ager, Ann Ager, Julie Watson  
2nd: Ray Zahl, Wayne Shackell, Alex  
3rd: Steve Jameson, Andy Ives, Jenny Jameson

**Friday 3 April 2026 - No games - Good Friday****Saturday 4 April 2026 - Club Select Triples:**

Winners: Paul Bottger, Paul Bavage, Chris Cummins  
2nd: Diane Nock, Mike Dance, Michael Whiteside

**Tuesday 7 April 2026 - Club Select Triples/Fours:**

Winners: Julie Watson, Dave Bentley, Leonie Schmidt  
2nd: Jenny Jones, Bruce Crawford, Janelle Day  
3rd: Cheryl Crawford, Raie Stuart, Judy Pursehouse, Ross Luscombe

**Wednesday 8 April 2026 - Self Select Pairs:**

Winners: Audrey Coe and Steve Jameson  
2nd: Wayne and Vicki Mitchell  
3rd: Allen Lavender and Richard Wales

**Thursday 9 April 2026 - Self Select Triples:**

Winners: Mitch Magnussen, Jan Van Arnhem, Digby DeGrono  
2nd: Lyn Shorter, Janette Green, Ian Carr  
3rd: Michael Whiteside, Steve Jameson, Merv Adams

**Friday 10 April 2026 - Self Select Pairs:**

Pool A Winners: Ian Boast and John Thile  
Pool A Runners up: Declan Dawson, Ray Zahl

**Saturday 11 April 2026 - Club Select Pairs/Triples:**

Winners: Mitch Magnussen, June Sanderson, Raie Stuart  
2nd: Alex Carr, Des Stewart, Rod Reilly

**Club Championship - Mens' A Singles:**

Winner: Ian James  
Runner-up: Peter Nixon

**Club Championship - Mens' B Singles:**

Winner: Anthony McGregor  
Runner-up: Paul Boldero

## BRIBIE ISLAND WOMEN'S GOLF RESULTS

### Results for Bribie Island Women's Golf 7 Apr to 16 Apr 2026

#### 07/04/26 SINGLE STABLEFORD - Round 1 Silver Salver

DIV 1 WINNER Pauline Grooby 38. 2nd Marg Bailey 37. 3rd Barb Newcomb 36 c/b.  
DIV 2 WINNER Gaby Bennett 36. 2nd Paula McKenzie 35. 3rd Judy Umlauf 34 c/b.  
DIV 3 WINNER Virginia Tobias (Maleny GC) 40 c/b. 2nd Charmaine Price 40. 3rd Margaret McDonald 39. NTP. Hole 4 Pauline Grooby. Hole 7 Suzanne Valley. Hole 14 Maureen Bailey. Hole 16 2nd shot Lyn Cockerell. Hole 14 (Div 3 2nd shot) Charmaine Price.

#### 09/04/26 SINGLE STABLEFORD - Round 2 Silver Salver

DIV 1 WINNER Gwen Clutterbuck 39. 2nd Vicki Jones 37 c/b. 3rd Abby Driver 37 c/b.  
DIV 2 WINNER Ailsa Lauchlan 35 c/b. 2nd Toni Grossman 35 c/b. 3rd Debra Dunn 35 c/b.  
DIV 3 WINNER Margaret Mc Donald 36. 2nd Wendy Robinson 34. 3rd Gay Burnham 33. NTP Hole 4 Zoe Brooks. Hole 7 Ros Gardiner. Hole 14 Abby Driver. Hole 16 2nd shot Jo Malone. Hole 14 (Div 3 2nd shot) Jody Bedson.

#### SILVER SALVER 2026 WINNER is Margaret McDonald.

With scores of 39 and 36 for a total of 75, Margaret, on a countback, won over Charmaine Price who had 40 and 35. Great play from both ladies!

#### 14/04/26 SINGLE STABLEFORD

WINNER Mary Carruthers 35 c/b. 2nd Sylvia White 35 c/b. NTP. Hole 4 Kate Wilson. Hole 7 Julie Bell. Hole 14 Abby Driver. Hole 16 Abby Driver.

14 April Redcliffe Challenge Annual event between Bribie Island and Redcliffe Ladies. We travelled to Redcliffe this year and they won the shield by 19 points.

Great day out and many thanks to Redcliffe for the game.

#### 16/04/26 SINGLE STROKE

DIV 1 WINNER Ros Gardiner 71. 2nd Sandy Smith 74. 3rd Suzanne Valley 75  
DIV 2 WINNER Leonie Pratt 75 c/b. 2nd Maureen Driscoll 75. 3rd Lesley Heap 77. NTP. Hole 4 Suzanne Valley. Hole 7 Myra Thomsen. Hole 14 Rosanne Sullivan. Hole 16 2nd shot Sandy Smith. Hole 14 (Div 2nd shot) Sue Lee



09 Apr SILVER SALVER WINNER Margaret McDonald with Catherine (sponsor)



14 Apr Redcliffe Challenge Shield Claire & Kate

## MORETON BRIBIE BRIDGE CLUB

**Wed 1 Apr N/S** 1 R Webb & L McLaren 2 S & C Watson 3 H Standfast & J Budgeon E/W 1 J Hays & K Cohen 2 R Floquet & J Kinross 3 L Pellow & J Greet

**Sat 4 April** N/S 1 J Hays & C Frederiksen 2 R Medhurst & J Wright 3 J Reiter & B Connell E/W 1 R Floquet & J Kinross 2 R Sutton & S Watson 3 D Scown & J Borowski

**WED 8 Apr N/S** 1 Standfast & J Budgeon 2 J Kinross & R Floquet 3 L Groves & J Medhurst E/W 1 R King & M O'Reilly 2 J Hays & K Cohen 3 K Strickland & P Edis

**BICBC: Mon 30 Mar** N/S 1 R King & S Smith 2 C Page & J Kennedy 3 A Fielding & J Easey E/W 1 I Best & B Moxham 2 J Lawson & A Bronn 3 L Hutton & L Chapman

**Mon 6 April N/S** =1 M Arthur & R King =1 D Quinan & S Ke 3 L Wilson & J Brazier E/W 1 C & R Perrott 3 G Lock & N Denvir 3 J Day & S McCulloch

**The Club welcomes visitors and new players.**

**Phone Ruth 0417 656 693**

**For lessons phone Helen**

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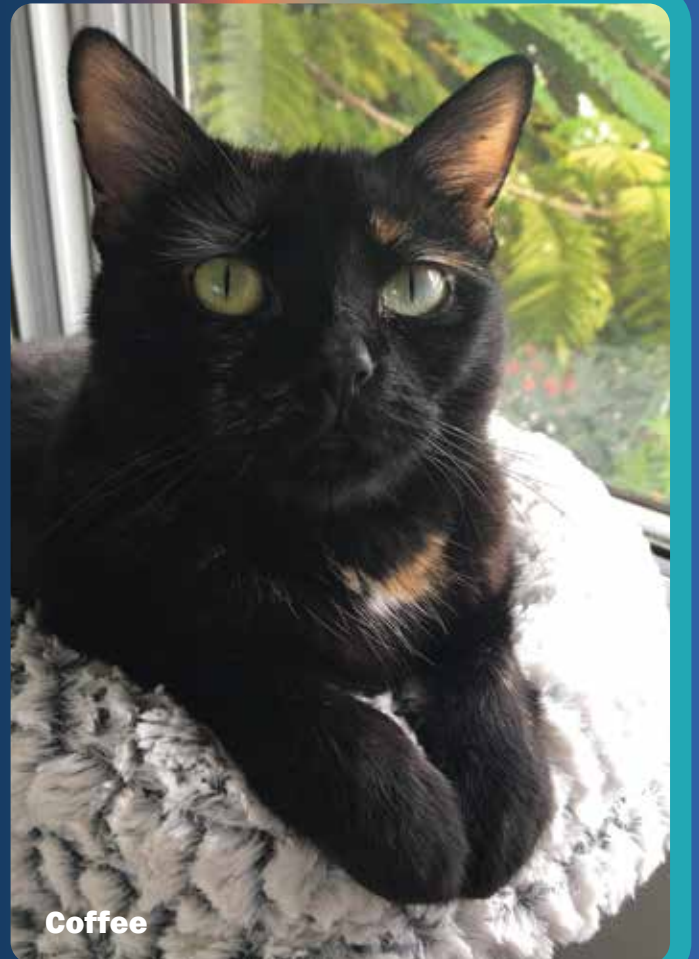
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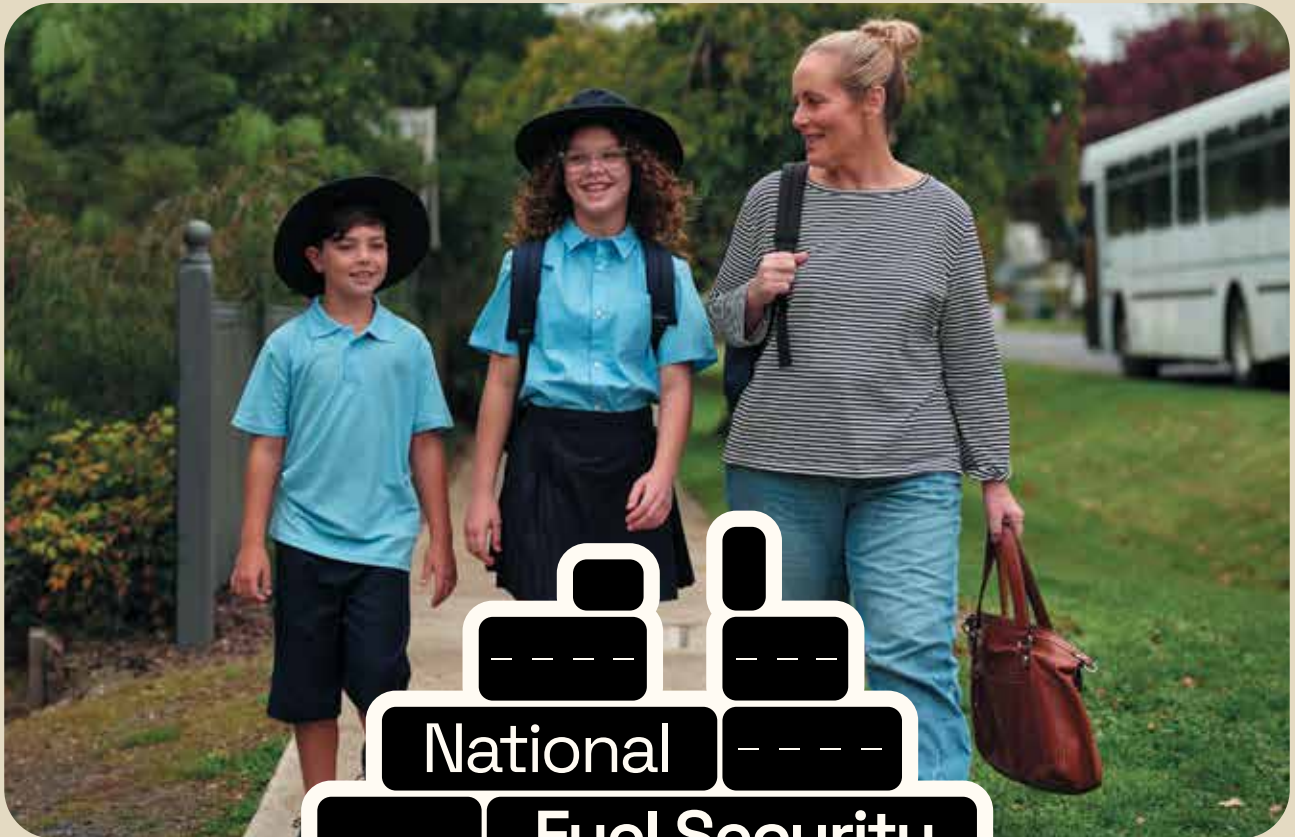
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4

PROTECTING CRITICAL SERVICES

3

TAKING TARGETED ACTION

2

KEEPING AUSTRALIA MOVING

1

PLAN AND PREPARE

National Fuel Security Plan



Australian Government

# The Best Plants

## and Flowers for Mother's Day

**Mother's Day is a cherished tradition—a heartfelt occasion to share gratitude, love, and appreciation for the wonderful women who have nurtured and inspired us.**

In the Moreton Bay region, where natural beauty is everywhere, and gardening is woven into daily life, gifting a plant or flowers becomes much more than a simple gesture.

It's an invitation to nurture, grow, and create new memories together. But with so many beautiful options, how do you choose the perfect plant or flowers to make Mother's Day extra

special in our unique region?

### 1. Native Blooms: A Celebration of Local Beauty

One of the most thoughtful ways to celebrate mums is with native Australian flowers. These resilient blooms don't just thrive locally—they also sustain native bees and birds.

The beloved Waratah and Bottlebrush, with their brilliant reds and pinks, capture both strength and grace. Graceful Grevilleas, with their intricate blooms and long flowering season, add beauty to any garden. Choosing native plants shows Mum you care

about her and her environment—a meaningful choice for mothers who love nature.

### 2. Orchids: Exotic Elegance for the Home

Orchids are a treasured favourite, especially for mothers who value both beauty and longevity. The Phalaenopsis (Moth Orchid) is a gentle, striking presence in any home, thriving indoors without much fuss.

With blooms that linger for months, orchids offer a daily, gentle reminder of your appreciation. Local nurseries provide a wonderful selection, making



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it easy to find one suited to your mum's unique style and space.

### 3. Roses: Timeless and Personal

No flower says "I love you" quite like a rose. For Mother's Day, opt for potted roses rather than cut bouquets. They offer the gift of longevity and the pleasure of watching blooms unfurl year after year. Varieties such as Mr Lincoln (rich red), Just Joey (apricot), and Iceberg (white) are well-suited to the local climate. Ask your local nursery for disease-resistant cultivars and tips on care—healthy roses will reward your mother with fragrance and beauty for seasons to come.

### 4. Fragrant Gardenias and Jasmine: Scented Memories

If your mum cherishes both lovely sights and enchanting scents, gardenias and jasmine are beautiful choices. The glossy green leaves and creamy blooms of Gardenia jasminoides fill the air—and the heart—with sweet memories. Star Jasmine can adorn fences or trellises, creating a living wall of fragrance and beauty. Both thrive happily in the local climate, bringing Mum ongoing delight in her own outdoor haven.

### 5. Edibles: Gifts That Keep Giving

For the practical or culinary-minded mum, consider gifting edible plants. Blueberry bushes, dwarf citrus trees, or potted herbs like basil, rosemary, and mint all do well in the area's conditions. These plants not only beautify the garden but also provide fresh ingredients for the kitchen. There's a special satisfaction in picking your own produce, and every harvest will remind Mum of your thoughtful gift.

### 6. Indoor Plants: Bringing Nature Inside

Not every mum has time for gardening or space for a big backyard. For those who enjoy nature indoors, easy-care houseplants like Peace Lilies, Snake Plants, or Monstera bring tranquility and fresh air to their home.

These plants need little attention but give so much back—a touch of green, a breath of clean air, and a sense of calm. Local garden centres often present them beautifully, ready to delight Mum this Mother's Day.

### Choosing and Presenting the Perfect Plant

When choosing a plant or flower for

## HOME AND GARDEN

Mother's Day, think about your mum's space, her routine, and the little things she loves most. Does she find peace in the garden, or is she just starting to grow her green fingers?

### Does she light up at vibrant colours or delicate scents?

Add a handwritten note or perhaps pair your plant with a handcrafted ceramic pot from a local artisan—small touches that turn a gift into a cherished memory while helping your community thrive, too.

### Supporting Local Nurseries and Growers

Whenever possible, buy from local nurseries and growers. You'll not only receive friendly, expert advice tailored to the climate but also help support small businesses and encourage sustainable practices in the community.

### This Mother's Day, let your gift grow—literally.

With a thoughtfully chosen plant or flower, you're not just giving a present, but a living, blooming reminder of your love and appreciation.



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**David R**

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**Sharon B**

Jack provides excellent lawn services, friendly communication with an email following each visit containing details of every treatment and suggestions on what you need to do to keep your lawn in the best condition (best watering times for the season, dethatching etc) We would recommend this company unreservedly.



**Elaine G**

Jack has been treating and taking care of my lawn for the last 18 months/2 years and the lawn always looks fantastic. The treatment he uses and the advice he gives to keep the lawn looking top notch through all the seasons works perfectly. I highly recommend this service to keep your lawn looking spot on.



**Jenny H**

Jack has been servicing our lawn for about 2 years now and has done a fantastic job! Removed weeds with his magic spray and allows the good grass to prosper. Reliable, good value, knowledgeable, helpful and keeps the grass greener.

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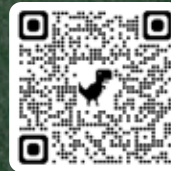
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**Deb B**

Jack, is a master at his trade, he provides an excellent service and his visits are always educational. He takes the extra time to fully explain everything and his knowledge is second to none. Would highly recommend his services.



**Liana L**

Jack was extremely professional and helped educate me on how to get the garden of my dreams. My yard has never looked so lush and my children are loving being outside again definitely recommend.



**Irene M**

Jack has our lawn looking the best it has in years, we were using every weed killer we could get our hands on, trying every fertiliser spending 100's of dollars yearly and the lawn was always a mess full of weeds, since using Jack we save a fortune paying the bi-monthly bill and our lawn looks fantastic, so green and thick and FINALLY weed free.



**Kevin R**

Jack has been treating our lawn for several years now and taken it from basically weed, to a lush spongy green lawn all year round. The regular fertilising and weed treatment is fundamental to this result but equally important is his advice and ongoing support that allows us to keep it this way.



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## SAFER ROADS FOR BURPENGARY AND BRIBIE ISLAND WITH OVER \$1.2 MILLION IN BLACK SPOT UPGRADES

The Albanese Government is improving road safety in Southeast Queensland, delivering more than \$1.26 million in funding for safety upgrades at two identified black spots in Burpengary and Bongaree on Bribie Island.

In Burpengary an \$809,000 grant will fund safety works at the roundabout near Burpengary Train Station and Burpengary Station Village, including raised pedestrian crossings and new signage. The intersection is a known hazard where delays at boom gates can cause motorists to rush through pedestrian crossings without adequately checking for pedestrians.

On Bribie Island, \$455,500 has been allocated to First Avenue in Bongaree for road delineation, pavement markings, signage and improved lighting to make the street safer for all users.

The Albanese Government is committing \$1,264,500 to these projects as part of \$30.2 million committed to Queensland

roads under the 2026–27 Black Spot Program funding round.

The projects were recommended by the Queensland Black Spot Consultative Panel, comprised of local stakeholders to ensure nominations of the highest priority and importance to the local community are recommended for approval.

The Black Spot Program provides \$150 million annually towards improving road safety at sites right across the country. It is a key part of the Albanese Government's commitment under the National Road Safety Strategy 2021–2030 to reducing fatalities and serious injuries on our roads.

Anyone can nominate a black spot for consideration, including individuals, community groups and local councils. For details on funded projects, to make a nomination, or for further information on the Australian Government Black Spot Program can visit: <https://investment.infrastructure.gov.au/about/local-initiatives/black-spot-program>.

### Quotes attributable to Queensland Senator Corinne Mulholland:

"Every family in Burpengary and on Bribie Island deserves to know their loved ones can get around safely, which is what

## HOME AND GARDEN

these upgrades are designed to do, make everyday life a little bit easier.

"The roundabout near Burpengary Train Station has been a source of genuine frustration and danger for locals for far too long, and I'm proud to see the Albanese Government stepping in with the investment needed to fix it.

"This is what good government looks like; listening to the concerns of communities and acting on the advocacy of Council to deliver practical safety improvements that save lives."

### Quotes attributable to Minister for Regional Development, Local Government and Territories, Kristy McBain MP

"This latest round of Black Spot projects in Queensland will see road safety improved at 44 sites.

"The Black Spot Program delivers low-cost improvements that have demonstrated effectiveness in reducing the risk of serious crashes and fatalities on our roads.

"I encourage individuals, organisations, and local governments to nominate sites in their local communities at any time, for consideration in the next funding round."



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# IS YOUR ROOF TRYING TO TELL YOU SOMETHING?

## Rodney Rock explains ceiling stains, coastal roofing materials and what Bribie Island homeowners should know

Living on Bribie Island comes with many benefits — ocean breezes, relaxed coastal living and beautiful water views.

But the same seaside environment that makes Bribie Island such an attractive place to live can also create unique challenges for homes, particularly when it comes to roofs.

Rodney Rock, a roofing specialist who has spent more than forty years working on roofs across South-East Queensland, says one of the most common concerns homeowners raises is discovering stains or mould on their ceilings.

“Most people immediately assume the roof is leaking,” Rodney Rock says. “But that’s not always the case.”

Understanding the difference between moisture coming from above and moisture forming from below can often help identify the real cause of the problem.

### Moisture From Above – Roof Leaks

When water enters the ceiling from the roof, it usually leaves distinctive marks. One common example Rodney Rock refers to as a “teabag stain.” “It’s a brown stain that looks like a teabag mark on the ceiling,” he explains.

“That usually happens when there has been a one-off event, perhaps wind-driven rain or a blow-back during a storm.” In these cases the stain may appear without any mould because the moisture event happened only once.

Ongoing roof leaks often create different signs. Typical indicators of moisture coming from above include dark circular stains that resemble tide marks, where water has pooled and slowly dried. If the leak continues over time, black mould can eventually develop around the affected area.

“These stains tend to appear in the same location each time it rains,” Rodney Rock says.

Common roofing issues that can cause this include cracked roof tiles, damaged flashing, rusted valley trays or deteriorated ridge capping.

### Moisture From Below – Condensation

In many Bribie Island homes, ceiling mould

is actually caused by condensation rather than a roof leak. Condensation occurs when warm humid air inside the house meets a cooler ceiling surface.

This type of moisture leaves a very different pattern.

“It often looks like tiny black dots scattered across the ceiling,” Rodney Rock says. “It’s almost like overspray from an aerosol can.” Unlike roof leaks, these marks often appear across wider areas rather than in one specific location. In many cases the mould can be wiped away using bleach or a household cleaner.

Condensation is particularly common during the humid summer months on Bribie Island, especially in homes where doors and windows are frequently left open.

Improving airflow inside the house with ceiling fans or air conditioning can help reduce moisture build-up and prevent condensation mould from forming.

### Choosing Roofing Materials for Coastal Homes

The seaside lifestyle that makes Bribie Island so appealing can also have a major influence on how roofing materials perform.

Salt carried in sea air accelerates corrosion and can shorten the life of certain roofing systems. Rodney Rock says the lifespan of a roof can vary dramatically depending on where it is located.

“A metal roof could last anywhere from fifteen years to over a hundred years,” he explains. “It depends whether the house is right on the beachfront facing the surf or further inland away from the salt air.”

Homes located close to the ocean often experience faster corrosion in metal components such as flashings, valley trays and roof fixings. This is why selecting appropriate materials becomes particularly important when building or replacing roofs in coastal areas.

### How Different Roofing Materials Perform Near the Ocean

Terracotta roof tiles are known for their long lifespan, but coastal humidity can sometimes cause a condition roofers refer to as fretting. Fretting occurs when the clay slowly breaks down due to environmental exposure.

Over time this deterioration may appear inside the roof space as a fine orange powder falling from the underside of the tiles.

Concrete roof tiles, however, perform extremely well in seaside environments because they are naturally resistant to corrosion. “When properly installed,

concrete tiles can last for many decades and in some cases even centuries,” Rodney Rock says.

Because they are not affected by salt in the same way metal components are, they are often a durable option for homes located near the ocean.

### Building a Roof for Coastal Conditions

When designing or replacing a roof in a coastal environment like Bribie Island, selecting the right combination of materials can make a significant difference.

Rodney Rock says one particularly durable roofing combination for seaside homes includes:

- concrete roof tiles
- hardwood timber fascia boards
- stainless steel guttering

“When you combine those materials, you can create a roofing system that is extremely resistant to coastal conditions,” he says. “That sort of combination can be very durable over the long term.”

### Understanding the Signs

Whether it’s a ceiling stain or choosing the right roofing materials, understanding how roofs behave in coastal environments can help homeowners avoid expensive problems later.

As Rodney Rock explains: “Roofs are one of the most important parts of the house, but they’re also one of the least understood.”

And on Bribie Island — where the ocean is never far away — that understanding can make all the difference. For local residents who are unsure about the condition of their roof, Rodney Rock says a professional inspection can often provide peace of mind.

“If someone on Bribie Island is concerned about their roof, I’m always happy to have a look and point them in the right direction,” he says.

Rodney Rock offers free roof inspections for Bribie Island homeowners, helping identify potential issues before they develop into costly problems. Sometimes a quick inspection is all it takes to understand exactly what your roof is trying to tell you.

Rodney Rock is the owner of R3 Roofing and has spent more than 40 years working on roofs across South-East Queensland.

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## How to measure your wall for Wallpaper or a Wall Mural

Measuring your wall or walls for wallpaper is a simple procedure, particularly when the wall does not contain any windows or doors. If you want to wallpaper a wall with any windows and/or doors, then this is the article for you.

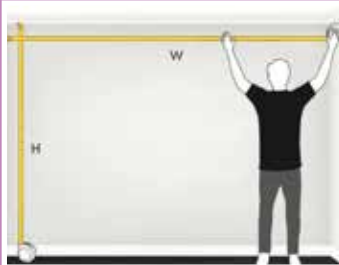
You will need just a couple of things for the task.

Metal Tape Measure  
Pen and Paper for your wall measurements and wall layout.

## Straight Forward Wall (no windows or doors)

You will be measuring the Height and Width of the Wall.

Measure the Height: Measure from the top of the skirting board to the ceiling if square set, otherwise to the bottom of your cornice.



It is best to measure in 2-3 different spots along the wall. Not all walls are perfectly straight.

Measure the Width: Measure the wall's total width from corner to corner. If you want to wallpaper multiple walls, continue the process by listing the walls, e.g., 1/2/3 or A/B/C.

## Wall with a Door or Window

Follow the measuring process of a Standard Wall. You will need to draw the wall layout, including the position of the door or window.

Measure the outer edge of the door or window to the wall corner. Follow this process for the left and right sides of the door or window to the wall corners.

Now measure the top of the door or

window to the ceiling if square set or to the bottom of the cornice. As a check measure, also measure the outside width and height of the door or window.

## Wall with Doors and Windows

Start with the measuring process of a Standard Wall. You will need to draw the wall layout, including the positions of doors and windows.

Working from either the left or right wall corner, measure the outer edge of each door and window to the next door or window outer edge. Working your way



to the other side of the wall corner.

Now measure the top of each door and window to the ceiling if square set or to the bottom of the cornice. As a check measure, remember to also measure the outside width and height of each door and window.

## Wall with a Pitch or Slant

You will need to redraw the wall layout. Measure the absolute highest point for the pitch height and the lowest point for the secondary height. Measure the wall's width from corner to corner. If there are any windows and doors, you will need to follow the measuring process as above as well.

This information is crucial for your Wallpaper Supplier when calculating rolls. Wallpaper by design is



repeatable, making it easy to cover your wall. However, a Wall Mural is like a giant artwork and nowadays is custom-printed to fit your wall.

When measuring for a Wall Mural,

you will only need the wall's overall Height and Width. Remember to add a little extra to its height and width for trimming, though.



Wallpaper calculations will consider extra to trim when calculating drops and pattern repeat.

Other details to be considered when calculating your Wallpaper Rolls include the chosen wallpaper size and pattern repeat for matching.

Online calculators are not accurate and do not account for offset pattern matching or alternating rolls.

These are tricks of the trade to minimise wastage for you. That is why it is important to consult with your Interior Decorating Specialist.

Happy Decorating

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As our population ages, the discussion around suitable living arrangements for seniors becomes increasingly pertinent. Among the myriad housing options available, modular homes have emerged as a compelling solution for the elderly.

One of the most significant advantages of tiny homes is their affordability. The cost of living is a pressing concern for many seniors, especially those on fixed incomes. Modular homes typically require a smaller upfront investment and lower

ongoing expenses than traditional housing.

This financial freedom allows seniors to allocate their resources towards healthcare, hobbies, or travel, enhancing their quality of life as they age.

As people age, the physical and mental burden of maintaining a large home can become overwhelming. Modular homes offer a solution by simplifying living spaces and minimising maintenance needs. With fewer rooms to clean and take care of, seniors can focus more on

their passions and less on upkeep.

This reduction in clutter not only makes daily living more manageable but also fosters a sense of calm and organisation in the home.

With less space, it's also easier for seniors to keep their homes tidy, reducing the risk of falls and other accidents related to clutter.

Modular homes represent an innovative and practical housing solution for the elderly. They



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provide financial relief, reduce maintenance burdens, promote social engagement, and encourage healthier lifestyles.

As we consider the future of senior living, it's crucial to recognise that modular homes can be a viable option, allowing our aging population to live independently, sustainably, and happily. Embracing tiny homes not only benefits the elderly but also paves the way for a more thoughtful and inclusive approach to housing in our communities.

**WRIGHT CHOICE HOMES OFFER A STRESS-FREE, EFFORTLESS PROCESS FROM FRAME TO FINISH**

Welcome to a lifestyle that celebrates your independence and comfort with our specially designed modular homes, perfect for seniors looking to enjoy their golden years. Starting at a cozy 58.5m<sup>2</sup>, our homes provide ample space, featuring welcoming decks where you can sip your morning coffee or enjoy the fresh air. Unlike many modular homes that don't meet safety and building standards, our residences

are built to Class 1A Building Approval specifications, ensuring they are safe, durable, and truly liveable.

One of the standout features of our homes is the innovative hydraulic house trailers, allowing you the flexibility to relocate your home without the hassle of expensive cranes. This means you can easily adapt your living situation as your needs change, whether that's moving closer to family or seeking a new view—all with minimal stress.

**Your Ideal Sanctuary Awaits**

Imagine having a primary residence that doubles as a peaceful retreat, allowing for minimalist, debt-free living. Our modular homes are also perfect as granny flats, giving family members their own beautiful space nearby while fostering connection and independence.

They would be ideal for elderly parents to have a space of their own on the family's property, providing them with the comfort of support when needed while still enjoying their independence.

Or if you're dreaming of a coastal escape or a serene spot in the hinterland, our homes serve as the ultimate getaway, providing a secure haven where you can relax and rejuvenate. You can even turn an unused space into a smart rental opportunity, creating a source of income that can support your travels or hobbies. Or consider our flexible rural dwellings, ideal for hosting seasonal workers or offering caretaker accommodation right on your property.

HOME AND GARDEN

**Experience Freedom Like Never Before**

With our tiny homes, you can enjoy a lifestyle that feels just like a holiday every day!

Embrace the joy of reduced housing costs, allowing you to allocate funds for travel adventures, quality time with loved ones, or hobbies you're passionate about.

By choosing a compact home, you're also making an eco-conscious decision, reducing your environmental footprint while living comfortably.

Most importantly, a Wright Choice modular home provides unrivalled lifestyle flexibility. Picture waking up every day in a space that reflects your needs—whether that's enjoying a good book with a view, spending time with family, or simply having more time for yourself.

Experience the joy of living life on your terms in a home that enhances your well-being and celebrates everything that makes your life special. Make your golden years truly golden in a home designed for you!



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# FISHING REPORT

## April

The Easter school holiday fishing has been a little hit-and-miss in the Pumicestone Passage. Easter was better weather than we often experience, with little rain and lighter winds but that holiday spirit didn't always get the fish going.

Luke spent a bit of time hanging off Godwin Beach, all for nothing. Ronny tried "about ten different spots" last Saturday but said he caught nothing decent. He got close, with a grunter 2cm short of legal size and did score a lovely big mudcrab, but "all little s..., everyone's complaining about it".

Sariah and Anthony fared similarly on Saturday, when they anchored just near White Patch – ten snapper, all about 27cm, two grassy sweetlip, also 27cm and not great sizes in the bream.

Just the day before, though, Max went out with a couple of mates and sat south of the bridge on the incoming tide, catching three 50cm+ flathead and a 60cm long tom between them, all on soft plastics, so they weren't complaining!

There are good (but not always great) flathead sizes coming from anywhere between Turner's Camp and the bridge. Young Elio caught his first-ever fish near Turner's – in fact he caught four in the one day.

Two flathead, a sweetlip and a pike, drifting on the falling tide, never far from the sandbank. Chad's muddy was 48cm, Evan's bar-tailed flathead was 38cm, off Kalmakuta Park. Christopher caught a 60cm muddy but let it go because "one fish isn't enough to feed the troops!".

BJ had a nice flathead too, from Turner's Camp, using squid for bait. A lot of the squid bait being bought lately is a bit too big and tough - if you can get onto genuine local squid, it's usually better quality.

Flathead have been going for just about any bait. Tasha was using pilchards and mullet and getting some good-sized flathead (the biggest one broke off at the side of the boat but never mind...).

Cameron and Anthony pumped a few yabbies from Turner's Camp and used them to bag some very nice flathead, bream and a grunter from the same spot.

Bream have been plentiful. The bigger ones have been found up the middle of the channel, where the baitfish have been schooling for a few weeks now.

North of the bridge or north of the Ningi Creek yellow marker, off Banksia Beach and around Little Goat Island have also been good spots to try, especially on the rising tide. Tom's family fishing day around Ningi Creek resulted

in several decent bream, mostly caught on mullet strips.

Ally and Brett had two bream and two tarwhine between them, using prawns. Plenty of grunters have been taking bait in the same area, again on the rising tide.

A few people have said there's bigish whiting to be had



A lovely Moses perch landed by Richard in the late afternoon low tide drift from Turner's Camp.



Paul and Richard fished Caloundra wide on a day



A couple more big flathead, caught by Anthony

out near the second green marker south of the bridge, hopefully the start of a good whiting season.

Water temperature is starting to drop, now at 24 degrees, and is predicted to fall another degree over the next two weeks. Summer species are still prevalent in the Passage, but as the water cools further, we should be seeing some more interesting fish show up.

Over the next holiday weekend in early May, the tidal range will be small, which slows the water movement. Small tides can be good for staying nicely anchored, but a little bit of run will encourage the fish to chase your lure or bait.

As Emma of Fishability Qld said recently, "Good moon and good weather equal good fishing". The best moon will be Friday and Saturday of that long weekend.

An early-morning walk along the shoreline around Sandstone Point or between Ningi Creek and the bridge might be a useful way to cover a bit of ground and locate actively feeding flathead or flounder, as the tide comes back over the flats.

Good news is that the Pacific Harbour dredge has been dismantled and removed from the Passage.

Whether it's true or not, I don't know, but there's been a lot of talk about the dredge interfering with sand crab catches. What I do know is that it'll be easier for novices to navigate the Passage, with that big pipe gone!



Sariah with her tuskfish – a few almost legal size but only one keeper.



BJ took home his flathead from a Fishability Qld fishing trip

# TIDE TIMES

## Bribie Island AND Moreton Bay

<b>Fri 24 Apr</b> 3:07 am 1.86m 10:17 am 0.69m 3:54 pm 1.26m 9:22 pm 0.69m	<b>Sat 25 Apr</b> 4:23 am 1.8m 11:24 am 0.65m 5:23 pm 1.37m 10:53 pm 0.69m	<b>Sun 26 Apr</b> 5:38 am 1.77m 12:22 pm 0.58m 6:32 pm 1.52m	<b>Mon 27 Apr</b> 12:14 am 0.64m 6:43 am 1.78m 1:13 pm 0.5m 7:29 pm 1.69m	<b>Tue 28 Apr</b> 1:22 am 0.57m 7:37 am 1.79m 1:57 pm 0.42m 8:17 pm 1.84m	<b>Wed 29 Apr</b> 2:17 am 0.51m 8:23 am 1.78m 2:34 pm 0.37m 9:00 pm 1.95m	<b>Thu 30 Apr</b> 3:04 am 0.48m 9:02 am 1.74m 3:07 pm 0.35m 9:40 pm 2.01m
<b>Fri 1 May</b> 3:45 am 0.48m 9:38 am 1.68m 3:36 pm 0.35m 10:15 pm 2.03m	<b>Sat 2 May</b> 4:24 am 0.51m 10:10 am 1.61m 4:03 pm 0.38m 10:47 pm 2.02m	<b>Sun 3 May</b> 5:01 am 0.54m 10:41 am 1.53m 4:31 pm 0.42m 11:18 pm 1.99m	<b>Mon 4 May</b> 5:39 am 0.58m 11:14 am 1.46m 5:01 pm 0.47m 11:50 pm 1.95m	<b>Tue 5 May</b> 6:20 am 0.63m 11:49 am 1.4m 5:36 pm 0.54m	<b>Wed 6 May</b> 12:25 am 1.89m 7:04 am 0.67m 12:30 pm 1.34m 6:14 pm 0.61m	<b>Thu 7 May</b> 1:03 am 1.83m 7:54 am 0.71m 1:15 pm 1.29m 6:57 pm 0.67m



**John Traill Public Relations Officer | Marine Rescue Bribie Island | john.traill@mrq.qld.gov.au**  
**mobile 0407 537 323 FOR EMERGENCIES CALL 131MRQ OR OPERATIONAL ISSUES 3408 7596**



**UPLIFTING PARTY**

Friday 27th March 2026 – Busy Fingers Fundraisers were treated to a Mexican themed party to celebrate the completion and opening of the renovations at Marine Rescue Bribie. Busy Fingers Fundraisers, a long-term sponsor of Marine Rescue Bribie donated funds for the purchase of the lift, outdoor furniture for the balcony, and signage and banners.

MRQ Bribie Unit Commander Gary Voss welcomed all and introduced Unit Deputy Commander Allan Tranter explained their role under MRQ. Gary introduced President of Marine Rescue Bribie Supporters Association Kelly Langworthy, and her Vice President John O'Hagan explaining the role the "Association" has in supporting our volunteers and the boating community. Gary thanked Busy fingers Fundraisers for their continued generous support and was also the Music Master for the evening and provided an AI generated "Thank You Busy Fingers" song featuring the lift.

President of Marine Rescue Bribie Supporters Association Kelly Langworthy then addressed the gathering with her Committee and her Social Committee Team providing Tacos, Nachos, and tortillas with an array of accompaniments followed by ice-cream in waffle cones or tubs with a variety of toppings. Thanks to Peter McNamara for photos and provision of lift trivia to keep all entertained.



*Busy Fingers President Pauline Hindle and the entire gathering watch the words and listen to the Busy Fingers Thank You Song.*

**RADIO ROOM RED LIGHT**



*Radio Officer Peter McNamara's first AM shift in the new radio room utilising the red light to reduce glow and reflections from the glass and other surfaces.*

*The glare from bright white/blue light at night can leave you squinting and straining to see clearly. Red light is non-glaring, helping you see better at night.*

*That's why you'll find red lights in airplane cockpits and submarines, and why astronomers and stargazers like to carry red flashlights.*

**FIRST SERVICE FOR NEW VESSEL**



*First oil change for our new Vessel BR11's three 300hp Mercury SEAPRO outboard engines.*

**HOUSEBOAT SINKS IN MARINA**

Sunday 5th April 2026 Radio Operator Murray Dennis received an early morning call that a Houseboat was sinking at its berth in the Sandstone Point Marina. Her bilge pump was not keeping up with the ingress of water. Bribie 2 was dispatched

with extra pumps but also couldn't keep up with the incoming water. The "Emily Rose" a 14m Houseboat was sitting on the bottom of the marina, it was now a salvage case.



*The Emily Rose sits on the bottom at her berth at Sandstone Point Marina.*

**EAST OF WOORIM ASSIST**

Tuesday 7th April 2026 – a 7.2m Cruiser East of Woorim with starting issues radioed MRQ Bribie requesting a tow to Sandstone Point Marina. Deputy Radio Officer John Rice arranged Callout Crew Senior Coxswain Ian Grimes, Coxswain Doug Lythgo, and Senior Crew Mark Young utilising Bribie 1, it was the 3rd assist for the day!



*The 7.2m vessel off Woorim is towed by Bribie 1.*

**VALE DES SLIWKA**



Sadly, we inform of the passing of Des Sliwka on Thursday 26th March 2026. Des joined VMR Bribie on 15th May 2006, he qualified as Crew on Red Saturday from April 2010 and served as Competent Crew until

21st April 2014. Des also served on the



*MRQ Unit Commander Gary Voss welcomed all.*



*The Bain-Marie full of Mexican delights!*

Emergency Response Crew until 31<sup>st</sup> August 2013.

A service will be held for Des at Traditional Funerals Burpengary 2:30pm Friday 17<sup>th</sup> April 2026. Des was 80 years old.

**FIRST ASSIST FOR NEW VESSEL**

Tuesday 14<sup>th</sup> April 2026 – Request was received for a tow from Tangalooma on Tuesday morning, vessel has lost steerage, was rafted up against larger vessel. Radio Operator Gavin Wright, Vessel Master Senior Coxswain Allan Tranter, Crew Senior Coxswain Liz Radajewski, Crew Day Coxswain Mark Purtell, and Crew Mark Vickerman.



The 6m Catamaran rafted up to BR11 North of the bridge heading to Sandstone Point Marina.

**UNIT COMMANDER GARY'S MESSAGE:**



**“It’ll Be Right”?**

We’ve all heard it – and if we’re honest, most of us have said it at some point. “It’ll be right.” Sometimes it is. But quite often, it ends

badly.

You would be surprised how many of our callouts are the result of something small that was brushed off. “Fuel should be enough.” “Weather looks ok.” “Battery was fine last trip.” “We’ll just duck over there quickly.” On their own, none of these sound like big risks. But stack a few of them together and suddenly you’ve got a problem.

Moreton Bay is not a forgiving place when things go wrong. Conditions can change quickly, distances are bigger than they look, and help isn’t always just around the corner. A minor issue can escalate very quickly if you’re not prepared.

Fuel is a classic one. We regularly assist people who simply run out. The rule is simple – plan for more than you need. The same goes for batteries, especially if you’re running sounders, radios and phones all day. Whatever you do, don’t jump start your boat to get it going in the morning and then head off on the bay!

Weather is another. If it’s marginal, it’s probably not worth the risk. That “quick trip”

can turn into a very uncomfortable ride home.

And then there’s maintenance. Small issues don’t fix themselves – they usually get worse at the worst possible time.

Good boating is about reducing risk wherever you can. That means asking yourself a few honest questions before you leave the ramp. Do I have enough fuel? Is the weather really suitable? Is everything on the boat working as it should?

So next time you catch yourself saying “it’ll be right”, take a second to think again.

Because out on the water, it’s much better to be sure than to be sorry. Stay safe.

**MARCH ASSISTS**

**WED 01/04 1537PM** – MOP reported man overboard and capsized boat South of the Bribie Bridge. Recovered person, his tender and resecured his Yacht to its mooring.

**FRI 03/04 0017AM** – Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient with shoulder injury to their waiting ambulance.

**FRI 03/04 0659AM** – 4.5m Tinny 2POB broken down in shipping channel near Spitfire Channel, Crew stood down before leaving base as owner started vessel.

**SAT 04/04 0750AM** – 4.8m Runabout 1POB with starting issues at White Patch, required a tow to Sandstone Point Marina.

**SAT 04/04 0916AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient with fractured ankle to their waiting ambulance.

**SUN 05/04 0600AM** – MOP reported a 14m Houseboat 1POB sinking within Sandstone Point Marina. Attended with extra pumps, but unable to keep up with ingress of water – will be a salvage job.

**TUE 07/04 0548AM** – 5.3 Runabout 2POB broken down South of Bribie Bridge, required a tow to Toorbul boat ramp.

**TUE 07/04 1032AM** – 4.5m Dinghy 2POB at Buckley’s Hole with water in fuel, required a tow to Pacific Harbour.

**TUE 07/04 1409PM** – 7.2m Cruiser 2POB with starting issues East of Woorim required a tow to Sandstone Point Marina.

**WED 08/04 1053AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient after a fall to their waiting ambulance.

**THU 09/04 1023AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient with concussion & lacerations to their waiting ambulance.

**FRI 10/04 1733PM** – 6.2m Half Cabin 2POB broken down off Woorim, required a tow to Sandstone Point Marina.

**SAT 11/04 1602PM** – 3m Jet Ski 2POB with damaged prop required a tow from Hutchinson Shoal to Cape Moreton.

**SAT 11/04 1828PM** – 3m Tinny 2POB hit rocks and stuck fast near Parrot Island. Required a tow to deeper water.

**SUN 12/04 1622PM** – 4.2m Tinny 1POB broken down off Toorbul required a tow to Toorbul boat ramp.

**MON 13/04 1355PM** – MOP reported 3.8m Punt capsized and 2 people in the water off Toorbul. On arrival were rescued by others.

**MON 13/04 1431PM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 5-yr old (and parent) with severe cuts to leg to their waiting ambulance.

**MON 13/04 1812PM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 4-yr old (& parent) with toxic ingestion to their waiting ambulance.

**TUE 14/04 0812AM** – 6m Catamaran with broken steering required a tow from Tangalooma to Sandstone Point Marina.

**TUE 14/04 1252PM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 60-yr old with open leg fracture to their waiting ambulance.

**WED 15/04 0812AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient with heart pains to their waiting ambulance.

**YTD RADIO ROOM STATISTICS**

<b>CALLS</b>	<b>4,723</b>
<b>VESSELS LOG ONS</b>	<b>1,383</b>
<b>VESSEL ASSISTS</b>	<b>125</b>
<b>SITREPS</b>	<b>461</b>
<b>REQUESTS</b>	<b>456</b>
<b>OVERDUE VESSELS</b>	<b>7</b>
<b>VESSEL TRACKING</b>	<b>1</b>
<b>RADIO CHECKS</b>	<b>358</b>
<b>WEATHER BROADCASTS</b>	<b>1</b>
<b>SECURITE BROADCASTS</b>	<b>5</b>
<b>PAN PAN CALLS</b>	<b>0</b>
<b>MAYDAY CALLS</b>	<b>0</b>
<b>PERSONS ASSISTED</b>	<b>169</b>
<b>VHF CALLS</b>	<b>54.8%</b>
<b>27MHz CALLS</b>	<b>0%</b>
<b>PHONE CALLS</b>	<b>29.5%</b>
<b>GWN CALLS</b>	<b>2.0%</b>

**“BUT importantly – Always remember if you are heading out on the water LOG ON with your local MRQ. VMR or Coast Guard, it’s a free service for everyone, so why wouldn’t you! It just may save your life!”**

**“PLEASE WEAR YOUR LIFE JACKETS!”**

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### CONTACT SALES

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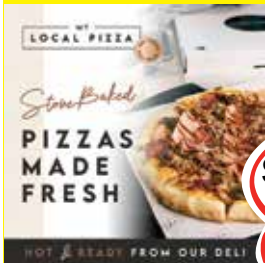
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