



# THE BRIBIE ISLANDER

AND DISTRICTS COMMUNITY MAGAZINE

Cover Photo by Klaus Modersitzki

DELIVERED FREE FORTNIGHTLY

**263**  
MAY 8, 2026

# 50% OFF EVERYTHING

SHUTTERS | AWNINGS | CURTAINS | BLINDS | ZIPSCREENS | SECURITY

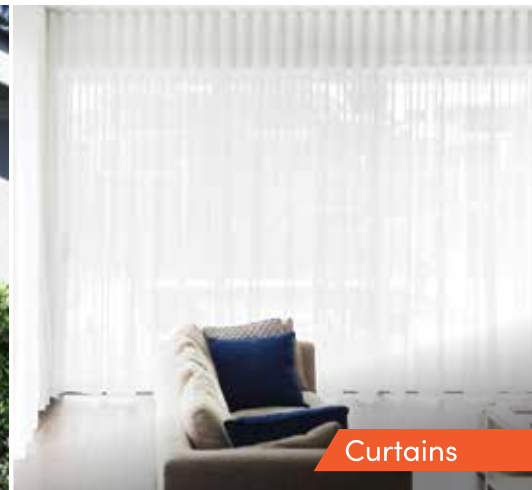
With savings  
this good,  
Chester won't  
miss the view



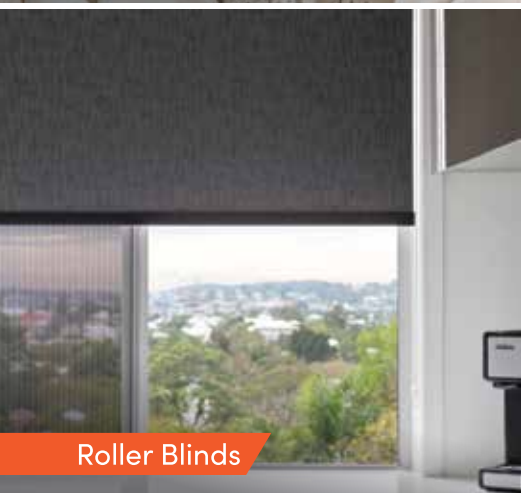
Alto Polyresin Shutters



Traditional Awnings



Curtains



Roller Blinds



Zipscreens



Security Screens

**GET LUXE FOR LESS**

Book in your free measure and quote  
[factorydirect.com.au](https://factorydirect.com.au) | 1300 077 125

Call now, offer ends soon



**FACTORYDIRECT**

shutters, awnings, blinds,  
curtains, zipscreens & security

# CORNETTS SUPERMARKETS

On Sale Wednesday 6th May to Tuesday 12th May 2026

**Boneless Pork Leg Roasts**  
\$7.99 per kg

**200% Guarantee**  
\$7.99 kg  
SAVE \$4.00

**Value Pack Avocado**  
\$4.49 per kg

**200% Guarantee**  
\$4.49 kg  
VALUE PACK

## SPIL MUM

MOTHER'S DAY

## SPECIALS

**Potted Chrysanthemums**

**200% Guarantee**  
\$9.99 ea  
SAVE \$5.00

**Simply Tasty Meals 400g**  
\$1.25 per 100g

**BETTER THAN 1/2 PRICE**  
\$4.99 ea  
SAVE \$5.50

**Viva Paper Towel White 2pk**  
\$1.66 per 100 sheets

**BETTER THAN 1/2 PRICE**  
\$1.99 ea  
SAVE \$2.51

**Smiths Flavoured Crackers 160g Selected Varieties**  
\$1.24 per 100g

**1/2 PRICE**  
\$1.99 ea  
SAVE \$2.01

**Omo Laundry Liquid 2L, Powder 2Kg or Capsules 28Pk Selected Varieties**

**1/2 PRICE**  
\$14.99 ea  
SAVE \$15.01

**Bulla Creamy Classic 2L Tubs Selected Varieties**  
\$5.99 per 100ml

**1/2 PRICE**  
\$5.99 ea  
SAVE \$6.01

**Pepsi Max Cube 30x375ml**  
\$2.31 Per Litre

**200% Guarantee**  
\$25.99 ea  
SAVE \$14.01

Wednesday 6th May to Tuesday 12th May 2026 | **Cornetts IGA Bribie Island** 91 Welsby Parade, Bongaree QLD 4507 | **Discover Our Rewards Club!**

All Cornetts fresh produce is covered by a 200% guarantee. If you're unhappy, they'll replace the product free PLUS refund the value. Specials available until sold out. We reserve the right to limit quantities per customer, trade not supplied. We reserve the right to correct printing errors. Multi-buy price only available when purchased in the multiples specified. Please be advised some products advertised are unavailable at selected stores.

# 263

MAY 8, 2026



7

TURNING THE TIDE



27

SMALL BUSINESSES ARE DOING IT ROUGH



32

A ONCE IN A LIFETIME OPPORTUNITY



We respectfully acknowledge the Traditional Country across our region. We also acknowledge and pay our respects to the Kabi Kabi, Jinibara and Turrbal Traditional Custodians, and their elders past, present and emerging of the lands, winds and waters where we live, learn and work. We pay our respects and acknowledge the important role of Elders past and present, for they hold the memories of the traditions, cultures and aspirations of Australia's First Nations peoples, and have taken on the responsibility to protect and promote their culture and leave a legacy for future Elders and leaders.



# S T I N T E N N O O

Al Finegan	42-43
Bribie Health & Wellbeing	10-13
Beauty, Hair & Fashion	14-15
Crosswords	38
Dining Guide	26
Experts in Real Estate	50-51
Fishing Report & Tide Times	68-69
Games Nights & Market Times	41
Kids Page	39
Letters	72
Meet Your Local Tradie	52-59
Pet Pages	48-49
Sports Pages	46-47
Trades & Services	74-79
VMR	70-71

**CHERRIE WILSON**

EDITOR | GENERAL MANAGER

editor.thebribieislander@gmail.com

**0448 694 507**

ADVERTISING

**JUNITA ARMSTRONG**

sales.thebribieislander@gmail.com

**0448 448 457**

ADVERTISING

**MARIE MEYER**

features.thebribieislander@gmail.com

**0412 298 588**

GRAPHIC DESIGN

**DAVID WRIGHT**

design.thebribieislander@gmail.com

INVOICING

**JENDA JACOBS**

invoicing.thebribieislander@gmail.com



Dear Readers,

Welcome to edition 263. I apologise for the error in my last editor's note, which was caused by a computer failure that affected the upload. Thank you for your understanding. (Dynamic Dave probably still suspects too many wines were involved!)

This edition features some fantastic stories, including an announcement from our much-adored Helly, who is offering for sale her beloved John Kemp's masterwork: a spectacular, scratch-built, museum-quality model of Admiral Nelson's HMS Victory. Interested buyers can contact Helly directly for details about viewing and purchasing this unique item, which is a one-of-a-kind opportunity. The Bribie Classic Boat Regatta returns this year, showcasing Queensland's largest gathering of classic boats at Bribie Island on 16th and 17th of May. Make sure to attend and enjoy this unmissable event! National Volunteer Week takes place from May 18th to 24th, with events across the country to recognise volunteers' contributions. Take this opportunity to thank those who give their time and effort to help others. In recognition of Domestic and Family Violence Prevention Month, we pause to remember the devastating loss of Kumanjayi Little Baby and honour all those affected by domestic and family violence. This month serves as a powerful reminder of our collective responsibility to support those at risk, foster safe and nurturing environments, and advocate for meaningful change. No matter our background, we must remain vigilant, speak up, and offer support to those in need. Let us commit to working together to end the cycle of violence and create a safer, more compassionate community for everyone. Thank you for being a part of our community and for continuing to support one another. As always, we welcome your stories, feedback, and involvement. Together, we can celebrate the achievements within our community and address the challenges we face with compassion and determination.

Take Care, Stay Safe,

Cherrie

## CONTRIBUTORS

Anne Matthews	Maria Christina	Tracey Blinco
Al Finegan	Peter Schinkel	R3 Roofing
Barry Clark	Peter Dallimore	Paul Popham
Elaine Lutton	Philip Arlidge	Ivory T - fabric & wallpaper
Joie Scheinpflug	Robyn- B.I.	Yawk Yawk
John Traill	Boat Charters	
Kathy Vincent	Sue Wighton	

### Disclaimer for Contributions to The Bribie Islander Magazine

The views and opinions expressed in contributions to The Bribie Islander Magazine are those of the individual authors and do not necessarily reflect the official policy or position of the magazine or its editorial team. Contributions are welcome, but the magazine reserves the right to edit, modify, or reject submissions that do not align with our publishing standards or guidelines.

By submitting your work, you acknowledge that you have the necessary rights to share the content and grant The Bribie Islander Magazine permission to reproduce it in print and online formats. The Bribie Islander Magazine is not responsible for any copyright infringement that may arise from the publication of submitted materials.

We encourage respectful and constructive dialogue, and contributions that violate community guidelines or promote hate speech, discrimination, or illegal activities will not be accepted. Thank you for your understanding and support in maintaining a positive and inclusive community publication.

**TERRY YOUNG MP**

*Gets Things Done!*

**Federal Member for Longman**

**INTERLOCK**  
SCREEN & DOOR SERVICES

- \* Security Screen Doors & Windows Sales & Installations
- \* Glass Door Services
- \* Screen Door Locks & Handles
- \* Pet Doors
- \* Roller Replacements
- \* Fly / Pet / Midge Screening

Call now for a free Quote!  
**0455 395 621**

Locally Owned & Operated.  
In-home Consultations.

info@interlocksds.com.au  
www.interlocksds.com.au

**PROWLER PROOF**  
welded security doors & window screens

# Bribie Island Unites in Remembrance for ANZAC Day:

Photos and Reflections from the Community

**B**ribie Island residents came together in a moving display of community spirit to commemorate ANZAC Day, honouring the courage and sacrifice of Australia's servicemen and women.

From the dawn service to the morning parade, locals and visitors alike gathered in solemn remembrance, paying tribute to those who have served and continue to serve.

The ceremonies were marked by heartfelt speeches, the haunting sound of the Last Post, and the laying of wreaths—a poignant reminder of the enduring legacy of the ANZACs.

Here are some photos and comments from the day, capturing the pride and gratitude felt across Bribie Island.



Hi Cherrie and staff,

Firstly, I must say how much we enjoy receiving your magazine.

However, my main reason is to tell you a lovely story about the morning of the Anzac Day March.

As we were walking along, we encountered two beautiful older citizens sitting in their car offering Anzac biscuits to all who passed. It made my heart sing to know that such wonderful caring people still exist.



Seeing young children march, proves that our heritage and gratefulness will still carry on. Also, the fact that to see people offering their umbrellas to others whilst the ceremony was on. Truly there is a wonderful caring spirit that still exists today.

It brought joy to my day, and I wanted to share a little bit of what is such a very special day for all Australians.

Take care  
Sue B



We were honoured to come together as a school community to commemorate ANZAC Day with such a beautiful and respectful ceremony. It was a special opportunity for our students to reflect, remember, and show their gratitude for the service and sacrifice of our ANZACs. Thank you to all of our families and community members who attended and supported the event, and for your generous donations. Your presence helped make the ceremony truly meaningful, and we are grateful to share these important moments together as a community.



# TURNING THE TIDE:

## The Bribie Islander's Bold Leap to **POLLAST!C** Packaging

The Bribie Islander is thrilled to usher in a new era of sustainability by transitioning our packaging to the revolutionary POLLAST!C—an inspiring leap forward that puts both our community and the planet first!

POLLAST!C isn't just packaging—it's a movement. Crafted from 100% recycled ocean-bound plastic collected along the vibrant coastlines of Southeast Asia, each piece is a direct stand against ocean pollution.

Every year, the world faces a tidal wave of 8–12 million tonnes of plastic entering our oceans—a crisis fuelled by a lack of incentives to capture this waste before it's dumped or littered.

POLLAST!C flips the script by transforming pollution into possibility: locals are empowered to collect discarded plastics and earn a living, turning what was once environmental blight into essential packaging. This is real impact, happening right now.

### WHAT IS POLLAST!C MADE FROM?

It is certified as potential Ocean Bound Plastic—plastic waste meeting key environmental criteria.

- has been, or would be, abandoned
- in an area with no formal waste management infrastructure
- is within 50km of the coast

The benefits don't stop at the shoreline. POLLAST!C boasts a dramatically lower carbon footprint than traditional plastic packaging, shrinking our environmental impact with every issue you hold in your hands.

And the social impact is profound—POLLAST!C isn't just cleaning our planet; it's uplifting lives. The project guarantees fair wages and stable jobs for Southeast Asian communities, weaving hope and opportunity into every package.

### How does POLLAST!C help remake our world?

Plastic pollution and poverty are inseparable—and in the communities where POLLAST!C works, waste management is a rarity, making discarded plastic an ever-present threat. But that's changing, one collection at a time.

By forging true partnerships with these communities, POLLAST!C delivers lasting change—cleaner coastlines, consistent incomes, and brighter futures for families. It's a ripple effect that starts with a single package and spreads hope far beyond.

### A New Standard for Sustainability

Independent analysis proves it: POLLAST!C stands as the lowest-carbon packaging solution available at scale—outperforming not only regular plastics but even 100% recycled paper.

As we turn this page in our magazine's story, we invite you—our readers, partners, and community—to join us in embracing this bold step towards a cleaner, fairer, and more hopeful future. The Bribie Islander's partnership with POLLAST!C is more than just a packaging change;

it's a promise to champion innovation, protect our environment, and empower global communities. Together, we're proving that even small choices can make waves of positive change. Here's to a brighter tomorrow, wrapped in purpose.

# WHAT ARE MUSCLE 'KNOTS' AND HOW DO YOU GET RID OF THEM?

**P**icture this: you're powering through a tough workout when a sudden, sharp tension grips your shoulder, halting you mid-move and leaving you wondering what just went wrong.

The next morning, you notice stiffness behind your shoulder blade. When you press on the muscle, it feels like there's a small lump under your skin. Moving the area makes it feel tight and, at times, a bit painful.

After a few days, your back relaxes and your shoulder returns to normal. To help prevent future issues, it's useful to understand what causes these muscle knots. Let's explore exactly what they are. This brings us to an important question: what exactly are muscle knots?

To answer this, we need to look at what happens in the muscle when you feel that lump.

The lumps you notice in your muscles, ranging from marble-sized to as big as a golf ball, are known as myofascial trigger points. Fascia is the thin tissue layer covering your muscles.

Even small muscle injuries can cause swelling in the muscle and the tissue covering it. This swollen spot is a myofascial trigger point. These small lumps usually hurt and can make moving more difficult or painful.

While understanding what these knots are is helpful, identifying their cause is equally important. Because muscle knots do not show up on medical scans, scientists are still figuring out exactly what happens in the muscle to cause them. Despite this mystery, there are some known patterns

## PODIATRY SERVICE

- General Nail Care
- Foot Pain
- Cracked Heels
- Callus Removal
- Ingrown Toenails
- Diabetic Assessments
- Biomechanical Assessments

**WE  
BULK BILL  
ALL PODIATRY EPC  
Medicare  
referrals\***

**"Currently  
no  
wait list"**

**We accept all private and health fund clients –  
Medicare, DVA, NDIS, Work Cover plus more**

\* Excluding shockwave, high power laser, orthotics and nail surgery



PHYSIOTHERAPY  
MASSAGE  
PILATES  
PODIATRY

**BRIBIE ISLAND**

4/45 Benabrow Ave Bribie Island 4507

[www.backinmotion.com.au/bribieisland](http://www.backinmotion.com.au/bribieisland)

**3408 6608**

and causes that can help us understand why they develop. Myofascial trigger points often form when a muscle gets irritated by a new or unusually hard repeated movement. For example, you might notice them in the muscles that worked the most during a tough workout or when you add a new exercise to your routine.

Suppose you typically lift weights, and then you add a few days of running each week. This might cause knots in your calves as they adjust to a new type of strain. Many people also recognise the tension from sitting hunched over a computer all day. You can feel tightness in your upper back and shoulders, even though desk work doesn't seem strenuous. Staying in one position for hours puts stress on your muscles; that's how knots develop.

Now that you know what muscle knots are and why they happen, let's focus on how to get rid of them. These tense spots often linger because it takes time for muscles to adapt to a new motion or recover from stress. Usually, a tight muscle area resolves on its own within a week or two. You can also help your muscles heal faster. Some options are massages, dry needling (using a thin needle to break up tissue and improve blood flow), and electrical stimulation. These treatments help relax muscles and surrounding tissue and increase blood flow. More blood brings nutrients and oxygen to the injured area, helping it heal.

However, you do not have to rely only on specialised treatments. There are simple and affordable things you can do at home as well. Let's look at some easy ways to relieve muscle knots, especially if you spend most of your day sitting in one position. Moving your muscles through different motions helps them recover from being held in

one position for hours. For example, after sitting for a while, simple shoulder rolls and neck rotations can ease tension and help prevent tightness. Self-release works like a massage but can be done at home using a foam roller, a rolling tool, a hard ball (like a lacrosse ball or softball), or even a small piece of PVC pipe.

If you have knots in your thigh muscles, begin by lying on your side or on your front with a foam roller directly under the sore area of your thigh. Use your arms to support your upper body. Gently shift your body so your thigh rolls back and forth over the foam roller, focusing on the tight spot. If the pressure is too much, adjust the amount of body weight you place onto the roller. Continue rolling slowly over the tight area for 30 seconds to a minute, making sure to move at a pace that allows you to feel the muscle relaxing.

Since you control the pressure with your body weight, you can keep the experience within your comfort level, which is useful because treating tense spots may feel uncomfortable at first. Use the same rolling technique for sore spots in other areas of your body by positioning the roller or ball under the tight muscle, supporting yourself as needed, and gently rolling over the spot until you feel relief.

Muscle knots can be annoying, but they are not something to worry about. By staying active and moving often, you can help prevent them from forming in the first place.

Remember, if you do get knots, try stretching at the end of the day or using self-myofascial release to ease discomfort and reduce the risk of them returning. Using these strategies, you can better manage and prevent muscle knots.

At **Eye Envy Optometrist**,  
we believe **great vision**  
deserves more than a rushed  
appointment.

We're proudly independent and locally owned,  
so you'll never feel like a number.

Just personalised care, advanced testing,  
and frames you'll actually love wearing.

If you're blaming the lighting, stretching  
your arm to read a text, or avoiding night  
driving - it might be time

**SEE CLEARLY . FEEL CONFIDENT**  
**Book Your Appointment Today**



BOOK ON LINE AT [eyeenvyoptometrist.com.au](http://eyeenvyoptometrist.com.au)




Shop 56A, Morayfield Shopping Centre  
171 Morayfield Road, Morayfield Qld 4508


**(07) 5432 3077**



# Health & Wellbeing



**Goodwin Drive Family Medical Centre**  
235 Goodwin Drive, Bongaree  
Ph: 07 3410 1122



**BRIBIE MEDIPLUS**  
241 Goodwin Drive, Bongaree  
Ph: 07 3450 0761

We are a Medicare Bulk Billing Practice

Flu & Covid Vaccines Available Book Now !!



**SOUND ABILITIES SPEECH PATHOLOGY**

Clinic located at 1/28 Bellara St BELLARA

Our team lives and works on Bribie Island, supporting local children and adults with communication and swallowing difficulties.

<b>Adult Services</b>	<b>Paediatric Services</b>
<ul style="list-style-type: none"> <li>Stroke and brain injury</li> <li>Dementia</li> <li>Voice disorders</li> <li>Parkinson's disease</li> <li>Other neurological conditions</li> </ul>	<ul style="list-style-type: none"> <li>Early language</li> <li>Literacy support</li> <li>Speech sound disorders</li> <li>Augmentative and Alternative Communication</li> </ul>

Call to book or ask if speech pathology is right for you!

soundabilities.com.au **0481 227 871**

5.0 ★★★★★ 400+ G

TRANSFORM YOUR SMILE AT

**BEYOND DENTAL CARE**

Award-Nominated Practice

- ✓ Cosmetic Dentistry
- ✓ Smile Makeovers
- ✓ Family & General Dentistry
- ✓ Emergency Dental Care

BEYONDDENTALCARE.COM.AU

(07) 5429 5628

Shop 9/204-208 Bestmann Rd E, Sandstone Point QLD 4511

Serving: Sandstone Point • Bongaree • Banksia Beach • Beachmere • Bribie Island



Frequency Healing & Sound Therapy

Mothers Day Special

**\$110** (save \$40)

- Nervous system regulation
- Anxiety & stress relief
- Allieviates aches & pains
- Trauma & PTSD relief

Book now 0410 996 990





**Nurse Next Door®**  
home care services

Your Government Approved Aged Care Provider.

- 24/7 Home Care
- Respite Care
- Companionship
- Personal Care
- Dementia Care
- And much more...

**1300 100 247** [nursenextdoor.com.au](http://nursenextdoor.com.au)




**Bribie Doctors**

**Bribie Doctors Surfside**

Dr Andrew Tawfik and Dr Vinisha Khushal  
Bookings via [www.hotdoc.com.au](http://www.hotdoc.com.au)  
or **3450 4175**  
Monday to Friday 8.30am - 5.00pm






# 50+ LOW IMPACT STRENGTH & CARDIO SESSIONS AVAILABLE



## **GYM & TONIC CIRCUIT ...FOR 50+ FEMALES**

**9:15am every Tues, Wed, Thurs & Fri  
\$20 per session**

**MATES WITH WEIGHTS GYM  
SESSION ...FOR 50+ MALES  
8am every Wednesday  
\$20 per session**



**Location: Bongaree  
Membership: None required.**



**Our private gym is more than a place to  
work out; it's a community where you're  
supported every step of the way!**

**Gentle on Joints - Strong On Health**

E: [Jacinta@bodyies.com.au](mailto:Jacinta@bodyies.com.au) Ph: : 0490 111 463

[www.bodyies.com.au](http://www.bodyies.com.au)

# Health & Wellbeing Services

**Handcrafted Dentures In Your Own Home**

Dental Prosthetist  
30+ years experience

**Fletcher's Mobile Denture Service**

- \* New Dentures
- \* Relines
- \* Repairs
- \* Mouthguards

**Call John 0408 565 314**

## Sandy's Sheet Service

Laundering service for sheets & bulky items

- \* Sheets, bedspreads, doonas, covers, blankets, more
- \* Free pick up & delivery for Bribie and surrounds
- \* All items professionally washed, sun dried & ironed
- \* Bed stripping & remaking available
- \* Full linen rental service available

**• GIFT VOUCHERS AVAILABLE**

Call Sandy on 0409 385 611  
gregorysandy@yahoo.com.au

## ABSOLUTE ABILITIES SUPPORT SERVICES

Understanding different abilities helps us create a more inclusive and compassionate world. Every journey is different - and every person deserves support tailored to their unique needs. We support people of all ages & backgrounds.

**CHOOSING THE RIGHT SUPPORT PROVIDER MATTERS**

- Aged Care Support
- NDIS Registered
- Support Work
- Home & Garden Maintenance
- Transport Assistance
- Support Coordination

**Call Us NOW**  
**0421 199 186**

[www.absoluteabilityss.com.au](http://www.absoluteabilityss.com.au) • [admin@absoluteabilityss.com.au](mailto:admin@absoluteabilityss.com.au)

## JUICE BAR

100% fresh fruit & veg made in-store

## RICOS DELI

Cold meats, sauces, Asian rice, desserts & other goodies gluten free options available

## EASY SHOPPING

Free delivery over \$30  
Click and collect (in-store or to boot)  
Order online top quality Produce, hand picked, market fresh

**Banksia Fruit and Juice Barn**

**(07) 3410 7142**  
Shop 7-9 Banksia Beach Qld 4507

[www.banksiafruitjuicebarn.com.au](http://www.banksiafruitjuicebarn.com.au)

Driving Miss Daisy  
We're There For You

**We're family when family can't be there™**

We really care about making every journey a pleasure, and all our drivers are safety checked, licenced and first aid accredited for peace of mind. Driving Miss Daisy will help with:

- Trips to the doctor, physio, podiatrist, hairdresser etc.
- Organising and accompanying on outings - perhaps to a cafe, the movies or museum.
- Shopping assistance as needed, for groceries, clothes, gifts etc.
- Clients with special needs
- Airport, bus, rail departures and pick ups

We offer you independence and assurance, so please call  
**Pauline's Daisy Mobile - 0498 760 438**




Receptionist Katherine (left) and Acupuncturists Jessica (centre) and Wendy (right).

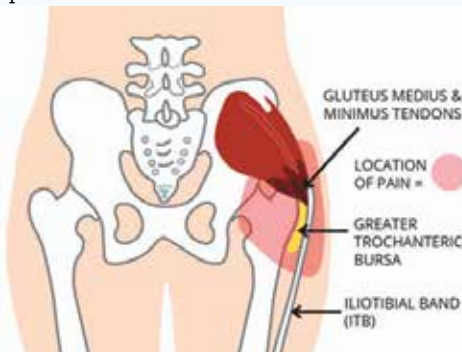
## HIP PAIN

Hip pain is a common complaint that can affect people at any stage of life. It may arise from various conditions, including arthritis, bursitis, tendinitis, muscle strains, or nerve-related issues such as sciatica.

While conventional treatments like medication, physiotherapy, and in some cases surgery can provide relief, many individuals seek complementary therapies to enhance recovery and improve quality of life.

Acupuncture is a gentle, natural, and non-invasive option that many people turn to for hip pain relief.

We often see clients who have been sidelined from their favourite activities — walking the dog, gardening, or catching up with friends — due to persistent hip discomfort. Sleep is also frequently affected, adding to the burden of chronic pain.



## COMMON CAUSES OF HIP PAIN

- **Osteoarthritis:** Degeneration of the hip joint cartilage, often resulting in stiffness and ongoing pain, especially with age.
- **Hip Bursitis:** Inflammation of the bursae — small fluid-filled sacs that

cushion the hip — can lead to sharp, stabbing pain.

- **Tendinitis:** Overuse or repetitive movement can inflame tendons around the hip, causing aching or burning pain.

- **Sciatica:** Irritation or compression of the sciatic nerve can radiate pain from the lower back through the hip and down the leg.

- **Muscle Strains and Sprains:** Common in active individuals or after sudden movements, often accompanied by tightness and reduced mobility.

## HOW ACUPUNCTURE CAN HELP

Acupuncture is a holistic therapy that targets both the symptoms and underlying imbalances contributing to hip pain. Here's how it may help:

- **Pain Relief:** One of acupuncture's most well-known benefits is its ability to relieve pain. By stimulating specific points, acupuncture encourages the release of endorphins — the body's natural painkillers. It can be particularly effective for conditions like osteoarthritis, bursitis, or tendinitis, helping reduce both acute flare-ups and ongoing discomfort.
- **Reduced Inflammation:** Inflammation plays a major role in hip pain. Acupuncture promotes circulation, delivering oxygen and nutrients to injured tissues while encouraging the body's natural anti-inflammatory response. This may help reduce swelling, tenderness, and joint stiffness.
- **Improved Mobility and Flexibility:** Pain and stiffness often go hand in hand. Acupuncture can help relax tight muscles, reduce tension around the hip, and restore range of motion. This is especially beneficial for those with muscle strains, sciatica, or hip flexor tightness, supporting a return to normal movement and function.

- **Chronic Pain Support:** For long-term conditions like osteoarthritis or rheumatoid arthritis, acupuncture offers a safe, drug-free approach to managing pain. Regular treatments can help reduce reliance on medications and improve both physical comfort and emotional well-being.

- **A Complementary Approach:** Acupuncture integrates well with other forms of care. Whether you're undergoing physiotherapy, taking medications, or following a structured exercise program, acupuncture can complement these

efforts. In our clinic, we frequently collaborate with physiotherapists and exercise physiologists to maximise treatment outcomes.

## WHAT THE RESEARCH SAYS

A growing body of research supports acupuncture for hip pain. A systematic review published in the *Journal of Pain Research* found that acupuncture significantly reduced pain intensity and improved physical function in patients with hip osteoarthritis.

Another study in *Acupuncture in Medicine* highlighted its effectiveness in reducing pain and enhancing joint mobility in individuals with hip bursitis.



If you'd like to make a booking or if you'd like to discuss whether acupuncture and Chinese medicine is right for you, please contact us - Jessica, Wendy, and Katherine - via our website [www.bribieacupuncture.com.au](http://www.bribieacupuncture.com.au) or call 0423 160 228. You can also find us on Facebook and Instagram @bribieacupuncture. HICAPS is available onsite. Pensioner discounts available.

## Bribie Acupuncture

4/29 Benabrow Avenue, Bellara (behind the James Moore law office)

# Beauty, hair & fashion

## Robyns Clothing Alterations



Freshwater Drive  
Banksia Beach

- School Uniform Alterations
- Fast and professional service
- Local to Bribie
- 45 years experience
- Very reasonable rates
- Same day service with 12 hours' notice

**Will Pick up and Deliver**  
**047 717 7279**

### bare traps



## NEW ARRIVALS



**PIÑA COLADA**

**3/37 Benabrow Ave  
Bellara, Bribie Island**

## GLOBAL COLOUR + STYLE CUT & BLOW DRY\*

- Short \$99**
- Medium \$130**
- Long \$160**

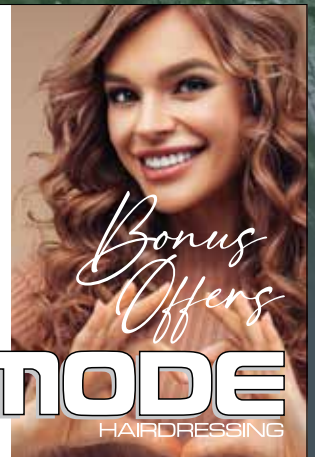
Package includes:  
• your choice of permanent or semi all over colour  
• style cut  
• signature blow dry

**MODE Hairdressing Bribie Island**

Ph: (07) 3410 1011  
Bribie Island Shopping Centre

[www.modehairdressing.com.au](http://www.modehairdressing.com.au)

\*Terms & conditions apply.



**10% OFF**  
custom facials for  
**Mother's Day**

AMARA SKIN CLINIC

Medical Grade Facials & Peels • Microneedling • Cosmetic Injectables • Skin Care

**Mention this ad for 10% off custom facials**

Open Tues, Weds, Thurs and Saturday  
By Appt only

**0411 268 100**

Shop 1/21 First Avenue Bongaree  
Instagram: nurse\_alanna\_amaraskinclinic

# HOW PURE IS MINERAL MAKEUP?



**M**ineral makeup is not always pure or natural. "Pure" and "natural" aren't regulated in cosmetics, so companies use these terms as they wish.

Some products use all-natural minerals. Others do not. Products can be called "mineral makeup" if they contain zinc oxide or titanium dioxide.

But if you read the ingredient list, you may spot synthetic preservatives like phthalates or parabens, as well as synthetic binders or fillers. Because labelling is loose, you must check the label yourself.

For example, if you pick up a jar of "100 Per cent Pure" Bare Minerals foundation and read the label, you'll see ingredients like titanium dioxide, zinc oxide, bismuth oxychloride, mica, and iron oxides.

That sounds natural—no parabens, phthalates, or FD&C Yellow. Bismuth oxychloride is a problem in many leading mineral makeup brands.

Bismuth oxychloride is a mineral, but not a natural one. It is a metal compound, usually produced by smelting lead or copper. It gives cosmetics a shimmery finish and is found in many "all-natural" brands. While bismuth is natural, bismuth oxychloride is not.

Bismuth oxychloride is a known irritant. It can cause itching, rashes, and acne breakouts, especially for sensitive skin.

It appears in many cosmetics, but its presence in mineral makeup is concerning since it targets people with sensitive skin.

Bismuth-free mineral makeup exists. Australian brands such as Nude by Nature and Inika Organic offer bismuth-free options, alongside international names like Jane Iredale, Mineral Silk, and Erth. Remember, "natural" does not always mean "better." Powder makeup, including mineral types, can settle into wrinkles and highlight fine lines.

Mica and talc, both natural minerals, can also cause irritation. Talc can be a carcinogen. You can find products without mica or talc, so there are options for everyone.

## Choosing Safer Mineral Makeup

When shopping for mineral makeup, look for brands that are transparent about their ingredient sourcing and manufacturing processes. Brands like Nude by Nature and Inika Organic are certified cruelty-free and frequently disclose their full ingredient lists.

Certifications such as COSMOS or ACO (Australian Certified Organic) provide further assurance of product purity and ethical sourcing.

Consulting with a dermatologist can help you find products suited for sensitive skin, especially if you have allergies to common mineral makeup ingredients such as mica or bismuth oxychloride. Patch testing new makeup on a small area of skin is always wise.

## Beyond Foundation: Mineral Makeup Products

Mineral makeup is not limited to foundations and powders. Many brands offer blushes, bronzers, eyeshadows, and even lip products formulated with minerals.

For example, Australian brands like Ere Perez and Raww Cosmetics offer a wide range of mineral-based cosmetics, expanding consumers' choices for cleaner beauty.

## The Environmental Angle

One of the appeals of mineral makeup is its perceived eco-friendliness. However, mining for minerals like mica and titanium dioxide can have environmental impacts.

Some Australian brands are working towards responsible sourcing and minimising packaging waste. Look for brands that provide information on their sustainability initiatives, such as Inika Organic's recyclable packaging or Ere Perez's use of renewable resources.

While mineral makeup can be a gentler alternative for many, not all products are created equal. Reading ingredient lists, researching brands, and considering certifications can help you make informed choices.

As Australian brands prioritise purity and transparency, consumers have safer, more ethical options than ever before.

# The Human Cost of Misunderstanding Disability Support in Australia

As someone with a background in disability, health, and wellness, I am increasingly alarmed by the growing narrative that positions people living with disability as targets for budget cuts. This narrative is not only misleading—it is harmful.

Disability does not discriminate. It can affect anyone, at any stage of life. Yet, it is often only when a person experiences disability firsthand that they begin to understand the profound challenges it can bring. Everyday activities—showering, preparing meals, leaving the house, or engaging with the community—can suddenly become complex or even impossible without support.

The impact extends far beyond the individual. Families are often thrust into caregiving roles without preparation, training, or warning.

Many carers make significant personal sacrifices, including leaving employment, to support their loved ones. In Australia alone, unpaid carers contribute an estimated \$100 billion annually in care—an extraordinary contribution that significantly reduces pressure on government systems.

Despite this, public discourse has increasingly shifted

toward reducing funding for disability supports, particularly through the National Disability Insurance Scheme (NDIS). Headlines calling to “slash” or “cut” the NDIS fail to capture the reality of what accessing support actually looks like. For many families, it is a constant battle—navigating complex systems, advocating for basic needs, and, in some cases, fighting through tribunals to secure essential services.

These supports are not luxuries. They are fundamental to maintaining dignity, independence, and quality of life. Whether it is assistance with personal hygiene, access to mobility equipment, or therapeutic services that reduce pain and increase independence, these supports allow individuals to remain safely in their homes and connected to their communities.

The current narrative has lost sight of this human reality. When public conversations lack understanding, they risk causing real harm. People living with disability are already navigating immense challenges—adding stigma and misinformation only deepens that burden. It also reflects a broader failure in leadership, where vulnerable communities become easy targets rather than priorities for protection and inclusion. Thousands of people are currently stuck in hospitals across Australia, not because they require ongoing acute care, but because they are waiting for a



## Suffering from Sleep Apnea?

Upgrade & save in Resmed's **LIVE LUXE** promotion!

Experience ultimate luxury

with the AirTouch disposable memory foam mask range.

x3

Starter Pack comes with 3 cushions

AirTouch F20

(Mouth breathers)

x3

Starter Pack comes with 3 cushions

AirTouch N20

(Nose breathers)

+ BONUS additional 3 cushions FREE

(Valued at \$65)

CPAP DIRECT  
exclusive  
bonus

# LIVE LUXE

Your journey to quality sleep starts now

Upgrade to the premium AirSense 11 CPAP & eligible mask this month & receive \$100 VISA gift card + your chance to win a \$2,000 Luxury Escapes voucher\*

(6 winners to be drawn)

\*Every registration will receive a

\$100

digital VISA gift card

\$2,000

LUXURY ESCAPES  
VOUCHERS

## CPAP DIRECT

Sleep Apnea Specialists

cpap.com.au

Morayfield

07 5316 3327

111 William Berry Drive  
Morayfield QLD 4506

PRICE BEAT

5%

GUARANTEE

\*T&C's Apply  
Visit cpap.com.au

AUSTRALIA'S LARGEST  
INDEPENDENT CPAP  
PROVIDER

Eligible purchases must include an AirFit or AirTouch mask and be registered with SleepVantage. Promotion ends May 31st 2026.

f



review of their National Disability Insurance Scheme plans. These reviews can take up to 48 days—or longer—leaving individuals in limbo without the approved supports they need to safely return home or transition into appropriate care. The result is a growing backlog that is placing immense strain on hospital capacity nationwide. Hospitals are not designed to function as long-term accommodation, yet delays within the NDIS are forcing them into exactly that role. Beds remain occupied by patients who are medically ready for discharge but cannot leave due to administrative bottlenecks.

This has serious consequences—not only for people with disabilities, who are left waiting in unsuitable environments, but also for the broader community, as hospital systems struggle to cope with demand. The issue highlights a critical need for greater investment in the NDIS workforce, particularly in skilled planners and plan managers who can conduct reviews efficiently and in a timely manner.

While safeguards within the system are essential to protect participants, they must not come at the expense of accessibility and responsiveness. A system designed to support people with disabilities should not inadvertently delay their care and independence. Responsibility for this crisis cannot fall through the cracks. While hospitals are

HEALTH, WEALTH & COMMUNITY

managed by state governments, the NDIS is a federally run program, requiring stronger coordination and accountability between both levels of government. More must be done—not less—to ensure people with disabilities receive the timely support they are entitled to, and to prevent unnecessary pressure on already stretched hospital systems.

It is also important to recognise that the NDIS is not just a support system—it is an economic contributor. It sustains jobs across allied health, community services, and support sectors, while also reducing strain on hospitals and aged care systems. Investing in disability support is not a cost burden; it is a societal investment. Before forming opinions based on headlines, we must take the time to listen to those with lived experience. Sit with individuals and families navigating disability. Understand their challenges, their resilience, and their contributions.

People living with disability are not a problem to be solved or a cost to be cut. They are valued members of our community who deserve dignity, respect, and the opportunity to live meaningful lives. A compassionate society is measured by how it treats its most vulnerable. Australia must do better—not by reducing support, but by strengthening understanding, empathy, and commitment to those who need it most.

Yours in Health,  
Tracey Blinco

Human Rights Advocate /Law  
NDIS Psychosocial Recovery Coach  
Writer for the Bribie Magazine  
Member BIEPA  
Bribie Region Disability Group  
NDIS Support Coordinator  
Support Professional  
Health Coach



**NOW TAKING NEW CLIENTS**

**SERVICING  
Private, NDIS,  
DVA, Medicare  
and more...**

# Occupational Therapy

## now at Back In Motion

**BACK IN  
MOTION**  
HEALTH GROUP

PHYSIOTHERAPY  
MASSAGE  
PILATES  
PODIATRY

**BRIBIE ISLAND**  
4/45 Benabrow Ave Bribie Island 4507  
[www.backinmotion.com.au/bribieisland](http://www.backinmotion.com.au/bribieisland)

**3408 6608**

# FortyWinks

## **FORTY FRENZY**

# **50% OFF**

**MATTRESSES\***

# **30% OFF**

**FURNITURE\***

### **Forty Winks Morayfield**

250 Morayfield Road

T: (07) 5498 7777

[fortywinks.com.au](https://www.fortywinks.com.au)

# FortyWinks

**Serious About Sleep**

**Terms & Conditions:** Forty Frenzy offer is valid from Monday, 4th May 2026 until Sunday, 17th May 2026. The Forty Frenzy "50% off mattresses" and "30% off furniture" offer is subject to change at any time. Offer is available in-store and online. Products available may differ between in-store and online. The offer is only available on selected mattresses and selected bedroom furniture. Exclusions apply. For the full list of excluded products, please visit our website: <https://www.fortywinks.com.au/terms-conditions/> Cannot be used in conjunction with any other offer. No rain checks. Delivery, installation, and additional costs may apply. Lay-buy not available at all stores, please contact your local store for availability. Forty Frenzy offer is available at participating Forty Winks stores only. Prices, stock availability and products may vary from store to store.

# Finding Joy in the Small Things



As a holistic counsellor, I often sit with people during heavy emotions, grief, uncertainty, overwhelm, or simply feeling disconnected from themselves. One of the gentlest, yet most powerful shifts I see is when someone begins to reconnect with the small moments in their day.

Joy is not often found in the big, life-changing events we think we need. It is found in the quiet.

It is in the first cup of tea in the morning, when the house is still. The warmth of the sun on your skin, or the way the breeze moves through the trees. It is in those in-between moments, the ones we usually rush past without noticing.

I have come to understand that finding joy in the small things is not about forcing positivity. It is about allowing yourself to be present enough to receive what is already there.

There have been times in my own life where things haven't felt easy, where I have been navigating uncertainty, change, or emotional heaviness. In those moments, it has not been big solutions that grounded me. It has been the simple things.

**A quiet moment sitting outside.  
A deep breath where I feel it land in my body.  
A sense of stillness, even if just for a minute.**

These moments do not take away the challenges, though they soften them.

We live in a world that encourages us to keep striving, keep achieving, keep looking for the next thing. When we are always reaching forward, we disconnect from what is here.

What is here, right now, often holds more peace than we realise.

Joy does not need everything to be perfect.

**It can exist in the middle of a messy day.  
It can be felt even when you are still figuring things out.  
It can sit quietly beside you, waiting to be noticed.**

Sometimes I gently encourage my clients to pause and ask themselves, "What feels good in this moment?" Not what is missing, not what needs fixing, just what is here right now. It might be something as simple as a sense of calm, a feeling of warmth, or even just a moment of quiet.

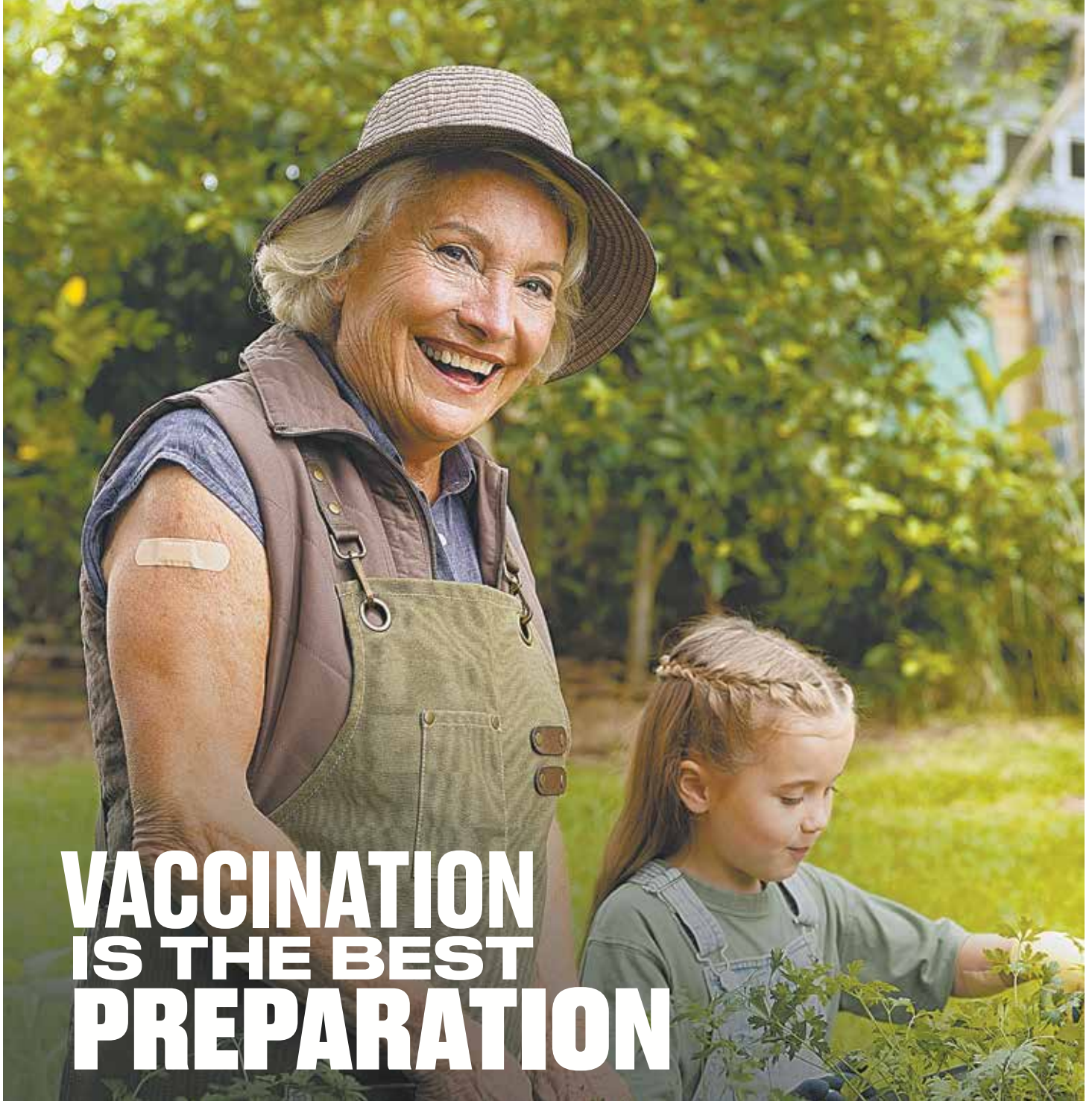
When we start noticing these small things, something shifts. We begin to feel more grounded. More connected. More supported by life itself.

There is a quiet kind of magic in that. Finding joy in the small things is about coming back to yourself.

Slowing down enough to feel, to notice, and to receive. Often, the moments that do not look like much are the ones that hold us the most.

If you feel called to explore this further, I offer one-on-one sessions.

Always with love,  
Maria Christina x  
Holistic Counsellor, Life and Wellness Guide



# VACCINATION IS THE BEST PREPARATION

Influenza and COVID-19 viruses are always changing, and the risk of serious illness goes up if you're over 65. By vaccinating regularly, you can protect yourself before a new strain goes around.

**Speak to your health professional and book your vaccinations today or visit [health.gov.au/winter-vaccinations](https://health.gov.au/winter-vaccinations)**



**Australian Government**

Authorised by the Australian Government, Canberra

# Dear Pumicestone...

**A**s we move into May, there is a strong sense of momentum across our Pumicestone community.

April was a month of reflection, connection and celebration, with Easter and ANZAC Day bringing people together to honour our shared values and traditions.

It was inspiring to see so many locals attend commemorations, despite the weather, to pay tribute to those who served. Lest we forget.

I've also had the pleasure of meeting many residents and local organisations throughout the month, hearing firsthand about the issues that matter most to you. That feedback continues to shape my work as your representative.

One of the highlights ahead is the 2026 Pumicestone Business Excellence Awards. With more than 5,000 nominations received, it's clear just how much our community values and supports local business.

I look forward to celebrating the finalists and recognising the vital role small businesses play in driving our local economy.

Thank you to our major sponsor, the Pumicestone Chamber of Commerce for their ongoing support of this Event.

We are also seeing real progress on key priorities of the Crisafulli Government. From early intervention programs helping at-risk youth reconnect with education and employment, to continued investment in policing and stronger laws, we are focused on restoring safety in our communities.

Locally, it was fantastic to attend Youth Week celebrations on Bribie Island, showcasing the energy and potential of our young people, as well as breaking ground on the GemLife Beachmere Waterfront development, an important step in addressing housing demand while preserving our natural environment.

We are also delivering for veterans, community groups and local organisations through targeted grants that strengthen and support grassroots initiatives.

As always, my door is open. If you have ideas, concerns or simply want to chat, please don't hesitate to reach out. I look forward to continuing to work alongside you in the months ahead.

*Ariana Doolan*

Ariana  
**DOOLAN** MP  
MEMBER FOR **PUMICESTONE**

🏠 1/43 Benabrow Avenue, Bellara  
☎️ (07) 3474 2100  
📧 ArianaDoolanMP  
🌐 arianadoolan.com.au  
📷 ariana4pumicestone  
@pumicestone@parliament.qld.gov.au



*Scan ME!  
to follow me  
on Facebook*



# Celebrating National Volunteer Week, make this year “Your Year to Volunteer”

National Volunteer Week is coming up in May (18-24th May), and VIEW Clubs of Australia call on the community to make this year “Your Year to Volunteer”, a call to action for us all to get involved in the community to help create positive change and make a difference.

VIEW (Voice, Interests and Education of Women) is a leading women’s organisation with over 13,000 members in close to 260 communities across Australia, all dedicated to supporting children in need through education with The Smith Family. Members do this through community fundraising, spreading awareness, and volunteering.

Bribie Island VIEW Club is calling on members of the community to give their time to children’s education charity, The Smith Family, as part of National Volunteer Week.

Bribie Island VIEW Club President Julie said it aligns with VIEW’s purpose and work across Australia. “VIEW Clubs of Australia is the largest non-corporate sponsor of The Smith Family.

We help The Smith Family make a tremendous impact by giving children the best start in life through quality education.

Last year alone, the charity’s educational and mentoring programs reached over 186,499 children and young people nationwide.

We are very grateful to our members for continuing to donate their time and energy, especially during the last few years, which have been disrupted by the pandemic, and now the cost-of-living crisis.”

“We are always looking for women to join us in supporting The Smith Family, and we’d encourage anyone, especially any founding or former members interested, to get in touch and come along to our next meeting on Wednesday, 27th May, which just happens to be our club’s 30th birthday.”

Anyone interested in finding out more about volunteering or attending our birthday lunch, contact **Jennifer 0402 663 867** or email **bribieviewclub@gmail.com**



**Busy Fingers Op Shop**  
38 Cotterill Ave, Bongaree

**GREAT BARGAINS ON CLOTHING,  
SHOES, ELECTRICAL, TOOLS,  
TOYS AND MUCH MORE**

**VOLUNTEERS  
ALWAYS  
WELCOME**

**FREE PICK UP  
AND LOW COST  
DELIVERY**

**PH 3408 1014**  
Mon-Fri 8:00-3.30, Sat 8.00-12.00

# National Volunteer Week

## 18-24 May 2026

### Local Volunteers Making a Lifesaving Difference

Local Ambulance Committees (LACs) are bringing communities together across Queensland, with around 150 committees and more than 1,300 dedicated volunteers supporting their local ambulance stations every day.

Made up of volunteers who live and work locally, Local Ambulance Committees play an important role in strengthening their communities through connection, education and support for local ambulance services.

President of the Bribie Ningi Local Ambulance Committee, Therese Lee OAM, explains that this local model ensures communities are actively involved in supporting emergency care where it matters most. “A key part of our committees’ work is supporting community education and awareness.

We work with QAS staff to deliver a range of first aid sessions and CPR education in schools, clubs and community organisations, giving local residents the confidence and skills to act in an emergency.”

To celebrate National Volunteer Week, which runs from 18-24 May 2026, the Bribie Ningi LAC will be at Bribie Central on Wednesday 20 May from 9am-12.30.

LAC members will be present to discuss available programs and provide information on key safes, emergency apps, and the emergency medical information book. There will also be an opportunity to practice CPR and talk about defibrillators.

The theme for National Volunteer Week 2026 is “Your Year to Volunteer”, and Ms Lee encourages members of the community to visit the stand and talk with LAC representatives, particularly if interested in joining the Committee. “The Bribie Ningi LAC is a very active committee with members from diverse backgrounds.

Volunteering with our Local Ambulance Committee means we’re helping our neighbours and looking out for each other. Knowing that what we do could help someone save a life makes it incredibly rewarding.”

Contact Bribie Ningi Local Ambulance Committee via [bribie.ningi.lac@gmail.com](mailto:bribie.ningi.lac@gmail.com) or visit members on 20 May 2026 between 9-12.30 at Bribie Central. (located adjacent to Target).”



### Learn Life-Saving Skills in Your Community

The Bribie–Ningi Local Ambulance Committee supports the **Queensland Ambulance Service** by delivering community first aid and awareness programs.

- Volunteer run sessions
- Gold coin donation
- No qualification required

#### Our programs include:

- CPR Awareness
- First Aid Awareness
- Infant and Child First Aid
- RESQ R000’s (Prep–Year 6)
- Snake Bite Awareness (Snakes Alive)
- Stop the Bleed



**Learn how to respond in an emergency before an ambulance arrives—because every second counts.**

Book or enquire: [bribie.ningi.lac@hotmail.com](mailto:bribie.ningi.lac@hotmail.com)

#### Interested in giving back?



**Volunteer with your local Ambulance Committee and help keep your community safe.**

# Things My Mother Taught Me

## 3. How to Listen

When I was young, there was no television, so listening to the radio was an essential part of life. But it wasn't just background noise. We always had the news on when it was broadcast, but I can't say I listened to it properly.

In primary school, we had a weekly current affairs program broadcast to our classroom, and it took an embarrassing question to teach me to pay attention. One day I was daydreaming while it played and was horrified when the teacher asked for my response to the broadcast, because I hadn't a clue what it was about! Needless to say, I listened better after that.

There were times when we would listen to the radio as a family, just as people used to do the same with the TV. The programs I remember when I was small included mostly BBC programs such as Ted Ray's "Raise a Laugh" and Dick Bentley and Jimmy Edwards in "Take It From Here". I'll always remember the times when Jimmy, as Mr. Glum, would disturb his son Ron (played by Dick) canoodling with Eth (June Whitfield), announcing his arrival with "Hello, 'ello, 'ello! What 'ave we 'ere?"

The only similar Australian broadcasts I remember listening to were Jack Davey's two Quizzes: "Twenty Questions" and "Animal, Vegetable and Mineral". He was a very popular personality and, when he died in 1959, I remember watching his funeral cortege passing below my schoolroom window along the Pacific Highway. It seemed to go on forever.

When I was older, Frank Muir and Denis Norden provided amusing and educational material with "My Word" and "My Music". I continued listening to them in adulthood, as broadcasts ran through 1994. That was even after we had graduated to TV in the early seventies. At that age, I also enjoyed listening to radio plays, something modern generations probably can't imagine.

But radio wasn't the only medium that made an impression in my lifetime. My mother enjoyed listening to music, so she encouraged all her children to take an interest. She would pay for us to go to orchestral concerts with the Sydney Symphony when school excursions were organised, and she encouraged us to join school choirs and musical groups. With four children, we could only afford to play recorders, but we continued with them to the end of high school. And when LPs became available, she supported our listening to classical music at home.

But we needed our personal radios before we could listen to pop music and had to keep them in our bedrooms. My brother used his to listen to Biggles and the Goons, whose humour was beyond me at the time. I now love it because of the play on words, which is rare in modern humour. I shared a radio with my sister and enjoyed listening to Bob Rogers and Rhett Walker, while doing homework

or just sending me off to sleep. So now I can remember all the words of numerous fifties pop songs. I was never interested in the singers, though I could name a few, and it wasn't until later that I knew what they looked like when they appeared on TV.

One event from my childhood that sticks in my memory was something I thought I would hate. My mother persuaded me to go with her to hear Dylan Thomas read Dickens. I had to read Dickens for school and didn't find it particularly enthralling. But I am so glad I went, because it turned out to be a wonderful experience. At one stage, I was in tears, at another, frightened, by simply listening to words carefully expressed at an appropriately lit lectern.

Our family migrated from England in 1951, and one of the things which my mother taught me was how to pronounce words correctly, something which requires good listening skills. She hated the way Australians pronounced their "a" vowels, especially when one of my father's clients would ring and announce his name so that the "a" sounded more like "eye", causing mix-ups. She would make me listen to my bad pronunciation so that I didn't use glottal stops instead of proper "t"s. It certainly helped when I had to learn the correct pronunciation of French, German or Latin. But it means I tend to sing in English rather than with an American accent, like most popular singers.

One failure of listening, which my mother could not stop, was my ability to switch off, especially when she was "lecturing" me about some misdemeanour. I learned to just pop in the occasional "Yes, Mum" so that she thought I was listening!

Another aspect of listening that I didn't learn from my mother was how to really listen to others, even though I tend to talk too much myself. Mum couldn't teach me that because I was a very shy child (believe it or not), so I spent most family dinners just listening to others - something I really enjoyed, even when I was bursting for the loo! I had to teach myself to listen to others, especially when they told me their name, as I was likely to forget it immediately unless I wrote it down!

But I still prefer listening rather than watching when it comes to learning about new discoveries. I became aware of the problem of picture distraction while in Japan. We would watch the news, but because we couldn't understand the language, we would notice how pictures were repeated numerous times for days after an event. Obviously, the words must have been different, just as they are here, so one needs to listen carefully for anything new. TV can easily distract from the information with irrelevant pictures. So, I still listen to the radio for the News and the Science Show every Saturday, and I thank my mother for teaching me how to concentrate and listen carefully.

© Hazel Beneke 28-08-22

# GRANDMAS

## HINTS AND TIPS



### Household & Cleaning Hacks

- Polishing Silver: Use old, soft powder puffs to polish silverware.
- Restoring Paint Brushes: Soak hardened paint brushes in hot vinegar to make them pliable again.
- Loosening Nails: If a nail is loose in plaster, remove it, wrap it in steel wool, and replace it.
- Freshening Linens: Use baking soda or baby powder to deodorize mattresses and linens between washes.
- Fixing Squeaky Floors: Sprinkle baby powder over squeaky floorboards and sweep it into the cracks.
- Streak-Free Windows: Instead of paper towels, wipe glass and mirrors with crumpled newspaper for a flawless, lint-free shine.
- Polish Chrome: Buff dull faucets with a dab of toothpaste or dry flour to bring out a mirror-like shine.

### Kitchen Hacks

- Perfect Scrambled Eggs: Whisk a spoonful of mayonnaise into your raw eggs before cooking. The fats and gentle acids create the creamiest, fluffiest eggs imaginable.
- Soften Butter in a Flash: If you forgot to take butter out of the fridge for baking, grate the cold block on a standard box grater. It will soften in seconds.
- Deodorize the Fridge: Leave a slice of stale bread soaked in vinegar, or a small bowl of leftover coffee grounds, on a shelf to naturally absorb foul odours.
- Clean Cutting Boards: Scrub wooden cutting boards with half a lemon and a handful of coarse salt to remove stains and neutralize odours.

### Laundry & Clothing

- Sun-Drying: Hang washing outside; the sun acts as a natural disinfectant and bleach.
- Strengthening Colours: Soak fabrics in a mixture of 5 litres of water and either 1/2 cup vinegar or 2 cups of salt to help strengthen colours.
- Stain Removal: Apply milk to ink stains or use soap and sunshine for stubborn stains.

### Old-Fashioned Habits

- Repurpose Everything: Before throwing something away, ask if it can be used for something else (e.g., using glass jars for storage).
- Write by Hand: Write letters and journals by hand, rather than typing, to improve memory and connection.
- Mend, Don't Replace: Repair clothing, furniture, and tools rather than buying new ones.
- Eat at the Table: Meals at a table promote better family connection and digestion.

# Local Dining Guide



## STEAKOUT PIZZERIA

For delicious pizza, pasta, contorni salads and more, all crafted with love, come and enjoy our waterfront pizzeria. With live music every Sunday and the beautiful Pumicestone Passage right beside you, we offer you a taste you'll love. For deliveries or bookings, please visit us at [www.steakoutpizzeria.au](http://www.steakoutpizzeria.au)

9/11 Spinnaker Drive, Sandstone Point - 07 5360 1094  
**LUNCH** Thu to Sun 11:30 - 2:30  
**DINNER** Tue to Sun 4:30 - 8:30



## SCOOPY'S

Located by the jetty on beautiful Bribie Island, Scoopy's Family Cafe is all about the family vibes, great food and coffee, fantastic service and all the ice cream you can eat!

Enjoy our friendly hospitality with barista-made coffee, amazing burgers, and a tempting array of ice cream choices to impress the pickiest connoisseurs.

Our massive range of cakes and famous fish and chips make it well worth the hour's drive north of Brisbane.

Shop 2/2 Toorbul Street, Bongaree 07 3410 1791



## THE DECK RESTAURANT

With its spacious, relaxed ambiance, The Deck Restaurant offers casual dining indoors or alfresco on the deck overlooking the golf course, lake and lush gardens. Enjoy modern cuisine with locally sourced ingredients, open 7 days a week for breakfast and lunch, and dinner on Friday and Saturdays. Perfect for any occasion!

Pacific Harbour Golf & Country Club, 141-159 Avon Avenue, Banksia Beach

**07 3410 4024**

Scan The QR Code To Book Now!



## Sunsets On Bribie



Experience classics you'll love and the new favourites you'll crave!

**NOW OPEN SUNDAY 8AM - 11AM  
FOR BREAKFAST**

**OPEN 7 DAYS**

**LUNCH: 12PM - 2PM  
DINNER: 5PM - 8PM**

Call our restaurant on **07 3408 1018** to book

**Bribie Island Bowls Club**  
11-23 Welsby Parade, Bongaree 4507



# The Reality of Small Business: Grit, Growth, and Unseen Challenges

People often call small businesses the backbone of the economy. They view them as sources of innovation and opportunity. While this is partly true, most small business owners experience a daily reality that feels far less glamorous and much more complicated than many people imagine.

Every small business starts with a founder willing to take risks. Sometimes, they put their savings, livelihood, and reputation on the line. Unlike big companies with many specialists, small business owners often do everything themselves. They manage finances, handle marketing, and perform everyday tasks such as cleaning and stock organisation, all while trying to run a family. Each choice they make, from setting prices to paying employees, is personal. These choices have real effects.

The challenges are significant. Many entrepreneurs struggle to secure loans or investments. Access to capital is a constant problem. Rules and regulations, changing market trends, and rising costs for goods and labour can quickly eat into already small profits. Even a single unexpected event, such as a supply chain delay, a new competitor, or a local emergency, can put months or years of hard work at risk.

Still, small businesses show impressive resilience. They can adapt quickly and build strong customer relationships. They support their local communities in ways few others can. Local support—whether from loyal customers, neighbourhood organisations, or city initiatives—often makes the difference between survival and closure. Community members choose to shop local, spread the word, or advocate for small business-friendly policies.

This support provides an essential safety net. When communities rally around their small businesses, they create a sense of shared ownership and pride. This strengthens local identity and helps weather economic storms. The mix of determination, flexibility, and mutual support helps some small businesses survive and even succeed in tough situations.

But the truth is, many small businesses fail. Failure rates remain high. The emotional cost weighs heavily. Every closed shop or ended service shows hard work, hope, and lessons learned.

If we truly want to support small businesses, we must do more than just offer praise. We must tackle the real problems they face. We should provide better access to funding, simplify rules, and build strong support networks. Only then will small businesses become more than just a symbol. They will truly serve as a lasting foundation for economic growth and healthy communities.

## Felicity from Peel & Pantry had this to say.

*The reality of small business at the moment is that it's ROUGH.*

*Seeing more and more very well established small/medium businesses closing their doors at a rapid rate and then holding other small business owners in my arms while they break down alongside me because they don't know how they're going to survive this "not a recession, recession" I thought it was time to share because if you don't know, then you don't know how to help us or them not become another statistic.*

*What is it going to take to convert you back from the big supermarkets that have zero care factor for their staff, their community & their suppliers?*

*Our staple will always be selling quality fruit & veg to our customers and giving fair pricing to the farmers. That's what our vision has been and always will be. I am not looking for feedback to add more products to the shop.*

*But do we need to bring back home delivery?*


*Increase our trading hours to suit work schedules? Do we need to create fruit & veg packs with recipes again, so you don't have to think about what to cook for the week?*


*Even though sharing something this honest is difficult, I'm hopeful that being open will inspire others—bringing a customer back or reminding a fellow small business owner that they aren't alone.*

*Together, we can lift each other up and keep moving forward.*


**This story is sponsored by Moreton Bay Landscapes. The company has always focused on supporting the local community, and its choice to back small businesses show this commitment.**

**By getting involved, Moreton Bay Landscapes aims to help local growth and make a real difference for small business owners in the area.**





**PEEL & PANTRY**  
PRODUCE. PANTRY. CAFE  
-----  
LOCALLY SOURCED



**OPENING HOURS:  
MONDAY - FRIDAY  
7AM TO 5PM**

**FIND US:**  
SHOP 8/878 BEACHMERE ROAD, BEACHMERE

**CONTACT:**  
PH: 07 5360 1616 - MB: 0473 189 721

**FACEBOOK & INSTAGRAM:**  
PEELANDPANTRY

**ORDER ONLINE:**  
[WWW.PEELANDPANTRY.COM.AU](http://WWW.PEELANDPANTRY.COM.AU)

# AUTUMN COLOURS

Kathy Vincent

Enjoying fabulous weather—blue skies, sunshine, autumn colours, and cool evenings—makes for perfect outdoor fun.

Which was exactly what the Bribie Island Croquet Club were doing on Saturday, the 18th of April, as they hosted friends from other croquet clubs for a fun-filled day.

At the Autumn Gala Day, players dressed in Autumn colours and impressed everyone with their appearance. Players from Toowoomba, Caloundra, Wynnum, Eildon, and possibly other clubs joined—even if I missed a few, thank you all for coming.

Players competed in two games before changing partners and enjoying morning tea. Thanks to Sandy and her team for a fabulous spread, which, for some, is the highlight of the Day!!

After two more games with different partners, players broke for BYO lunch and then switched partners again before afternoon tea, which offered more delicious food.



Then we announced the winners and gave out prizes, enjoying a great day of exercise and friendship.

Organising requires effort, but Lynne and Libby handled everything wonderfully. Imagine joining the excitement yourself. Why not come and join us? It's an excellent way to keep fit while socialising and having a good time.

Give Joan a ring and come on down, as they say and call **0429 165 643**

See you there.

## CAPE YORK'S HIDDEN TROPICAL PARADISE



- ✓ Grassed Beachfront Camping
- ✓ Waterfront Lodge Rooms
- ✓ Self Contained Beach House
- ✓ Licensed Outdoor Dining
- ✓ Guided Cape York 4WD Tours
- ✓ Guided Fishing Charters
- ✓ Tour Booking & Info Service
- ✓ Wharf Transfers
- ✓ Dj's Restaurant And Bar
- ✓ Beachfront Dining Watch
- ✓ Sunset Over Torres Strait
- ✓ Open Mon To Sat For Breakfast And Dinner
- ✓ Sun Fish And Chips On Beach From 5pm - 8pm

**LOYALTY BEACH**  
CAMPGROUND & FISHING LODGE

**PH: 07 4069 3808**

[www.loyaltybeach.au](http://www.loyaltybeach.au)

NEW MAPOON, CAPE YORK QLD E: [fishcapeyork@loyaltybeach.au](mailto:fishcapeyork@loyaltybeach.au)

# PUMICESTONE PASSAGE REGATTA RECAP

**E**ight boats raced on Pumicestone Passage on Saturday, 18 April, over a course between Bellara and Toorbul. With dredging complete, clear water prevailed.

Fair weather turned gusty at the start, prompting four early retirements. Biscuit, Tokolosh, Blu Tac, and Love It continued, enjoying runs downwind but experiencing knockdowns on the return to Bellara.

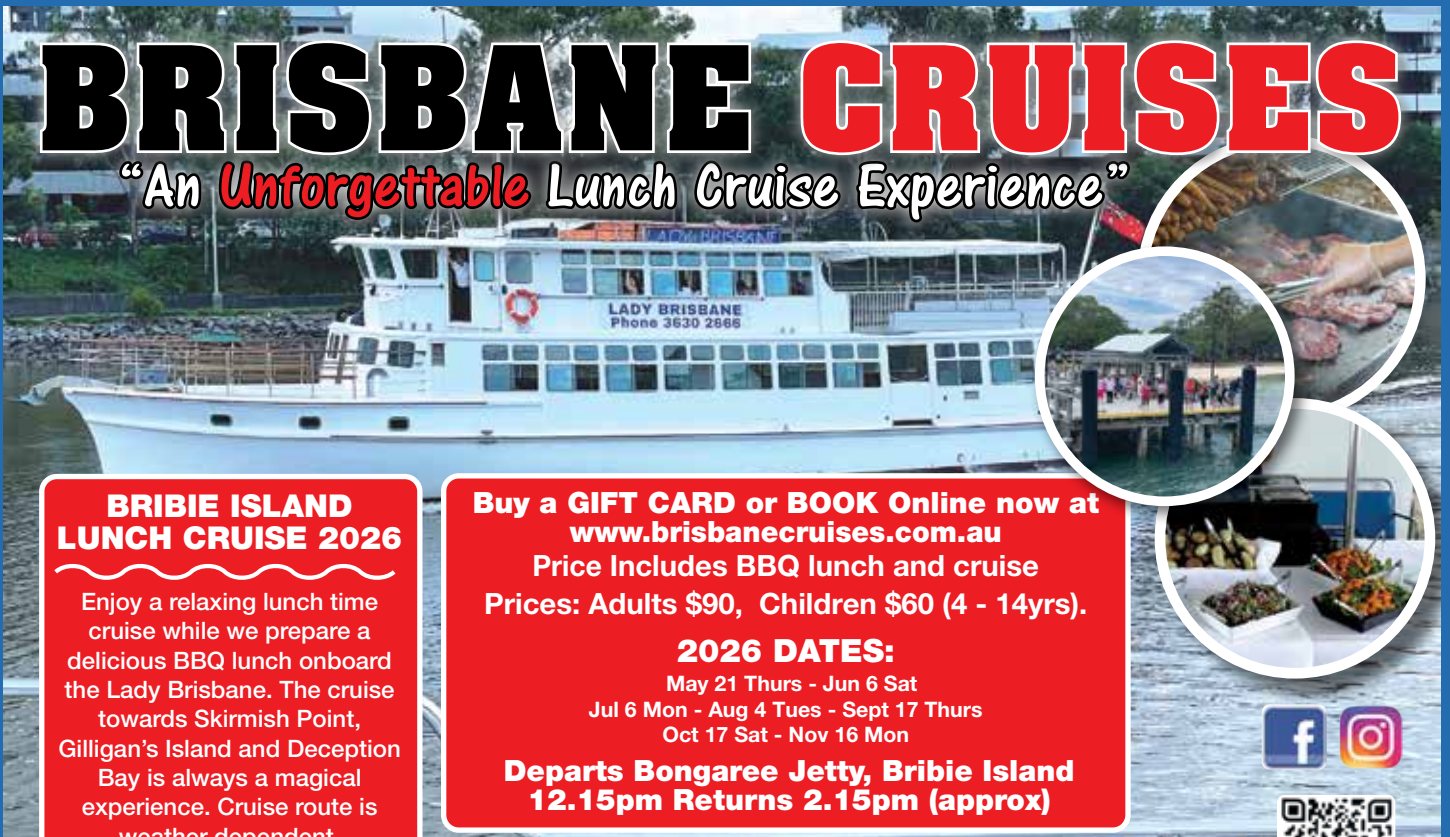
Biscuit survived by bailing water from the cockpit and slowed toward the finish. Blu Tac neared the finish when she suffered a rigging failure and retired, but she avoided losing her rig.

Alan Paynter sailed Tokolosh solo to line honours, with Peter Quinn on Biscuit and John Belleri on Love It close behind. The corrected times reversed these positions as Love It, the heavier boat, performed best in the strong conditions.



# BRISBANE CRUISES

*"An Unforgettable Lunch Cruise Experience"*



## BRIBIE ISLAND LUNCH CRUISE 2026

Enjoy a relaxing lunch time cruise while we prepare a delicious BBQ lunch onboard the Lady Brisbane. The cruise towards Skirmish Point, Gilligan's Island and Deception Bay is always a magical experience. Cruise route is weather dependent.

Buy a **GIFT CARD** or **BOOK** Online now at [www.brisbanecruises.com.au](http://www.brisbanecruises.com.au)

Price Includes BBQ lunch and cruise  
Prices: Adults \$90, Children \$60 (4 - 14yrs).

### 2026 DATES:

May 21 Thurs - Jun 6 Sat  
Jul 6 Mon - Aug 4 Tues - Sept 17 Thurs  
Oct 17 Sat - Nov 16 Mon

Departs Bongaree Jetty, Bribie Island  
12.15pm Returns 2.15pm (approx)



**07 3630 2666**

**E: [info@brisbanecruises.com.au](mailto:info@brisbanecruises.com.au) W: [www.brisbanecruises.com.au](http://www.brisbanecruises.com.au)**



**Saturday 16<sup>th</sup> & Sunday 17<sup>th</sup> May 2026**

**Classic Boats - Cars - Model Boats  
Marine Market & Exhibits - Food Trucks  
Vote & WIN - People's Choice  
Family Fun Activities & Beach Events**

**Saturday 16<sup>th</sup> May**

8:30am Classic Boat Cruise Starts  
near Spinnaker Marina

11am Boats gather at Toorbul

12pm - 4pm Classic Boats

Displayed at Pacific Harbour Marina

**Sunday 17<sup>th</sup> May**

9am - 10am GRAND PARADE of  
Classic Boats from Pacific Harbour to  
Sylvan Beach Bellara

9:30am - 1:30pm Classic Boats

Classic Cars - Displays - Food Trucks

# 2026 BRIBIE CLASSIC BOAT REGATTA

For 27 years, the Bribie Classic Boat Regatta has been one of the island's most distinctive and enduring community events.

This year, Queensland's largest gathering of classic boats returns with another remarkable display of beautifully restored timber and vintage vessels, each lovingly maintained by owners who are passionate about preserving their history and craftsmanship.

Many are also more than happy to share a yarn or two, adding to the charm of the weekend.

The Regatta is more than a boat display. It is a celebration of Bribie's unique waterfront lifestyle, its maritime heritage, and the strong sense of community that makes this place so special.

Organised by BACE, a not-for-profit run entirely by local volunteers, it is an event built on local pride and community spirit.

It is also a wonderful weekend for families, with Holly the Face-Painting Fairy, a balloon twister for the kids, food trucks, a marine market, classic cars and plenty to see across both days.

For photography lovers, there is also a photo competition, with a Brisbane-to-Gold Coast cruise for the best image, thanks to Brisbane Cruises.

Whether you are a lifelong boating enthusiast, a lover of classic craftsmanship, or simply looking for a relaxed and enjoyable family outing, the Bribie Classic Boat Regatta offers something special.

It is one of those events that reminds us just how much there is to appreciate in our own backyard.



## BRIBIE ISLAND NATIONAL SERVICE ASSOCIATION INC



**BRIBIE ISLAND NATIONAL SERVICE ASSOCIATION INC.** would like to thank the people of Woorim and the broader Bribie Island, Sandstone Point and Ningi community for joining us for the Dawn Service at Woorim on ANZAC Day.

Many businesses assisted with the set up and running of the event however the following went above and beyond, and we would like to extend our heartfelt thanks; – **City of Moreton Bay – Victory Press – The Surf Club Bribie Island – Bribie Island Surf Lifesavers – Andrew MacDonald – Terry Young MP – Councillor Brooke Savage.**

For further information about the events and activities of the Bribie Island National Service Association Inc. please email [veteransbribie@gmail.com](mailto:veteransbribie@gmail.com).

**New members always welcome.**



# A Once-in-a-Lifetime Opportunity: Own John Kemp's Masterwork HMS Victory



Helly is offering for sale her beloved John Kemp's masterwork: a spectacular, scratch-built, museum-quality model of Admiral Nelson's HMS Victory.

Measuring over one metre long (1120 mm x 400 mm x 930 mm), this authentic wooden replica of the historic 1737 Royal Navy ship is the only piece of John Kemp's artistry that will ever be available to the public.

Lovingly crafted over two years and completed in 2018, every detail—from the intricate rigging and metalwork to the hand painting and carving—reflects John's remarkable passion and skill. **The original HMS Victory is on display in Portsmouth, UK;** this model brings its grandeur into your home.

Helly treasures this extraordinary vessel, but it is simply too large for her to care for alone. This sale is a heartfelt decision and a rare, once-in-a-lifetime opportunity to own a legacy of craftsmanship and love. Let John's artistry become a cherished part of your own story.

**Listed on eBay at \$3,000 or Best Offer**

Contact Helly 07 3408 4988 or email [hellykemp@bigpond.com](mailto:hellykemp@bigpond.com)

# More Than Just a Day on the Water

**There's a group on the passage doing something pretty special — and it's not your typical club.**

The Pumicestone Passage Pirates are all about bringing people together through fishing, community, and purpose. It's a space where anyone can feel welcome, included, and part of something bigger.

**Yes, there's fishing... but it's really about connection.**

For many, being out on the water isn't just a "good day" — it's where they reset, reconnect, and improve their mental health and wellbeing.

The Pirates focus on mental health, accessibility and inclusion, and conservation, running fishing competitions twice a year, community events, and initiatives such as fishing line recycling and wildlife conservation.

They've also launched #piratesofftheplank — a growing awareness movement that helps make invisible struggles visible, with the goal of funding early-intervention mental health support.

If you've been thinking about getting involved, now's the time.

**In collaboration with The Bribie Islander Magazine, readers can receive 50% OFF membership.**

1. Head to the website
2. Click "Join the Ranks"
3. Choose your level:

Use the exclusive code in this issue at checkout and join the crew.

**Deckhand (normally \$20)**  
**Code: BRIBIE**

**Able Seaman (normally \$50)**  
**Code: ISLANDER**

**Master Sailor (normally \$100)**  
**Code: BRIBIEISLANDER**

*Because it's not about making noise. It's about making a difference.*

## JOIN THE BRIBIE ISLAND CREW

The Man Walk provides an opportunity for men to get together & walk & talk in a positive & inclusive environment.

There is no judgement, pressure or expectations. Just turn up when you feel like it, & walk with a group of blokes in a light hearted, safe & supportive environment.



Every Friday, we meet at Bongaree Jetty & start to walk at 7:00am



# Red Ride – Ride Against Domestic Violence

## About Red Ride

Red Ride – Ride Against Domestic Violence is an annual charity event that began in 2021. In 2022, a Family Fun Day was introduced, bringing even more ways for the community to come together. Motorbike riders rally to raise both funds and awareness, making the event a celebration of solidarity and action.

Take a stand against domestic violence—get involved! Support local charities in Moreton Bay through attending, donating, or volunteering. Your involvement directly funds essential services and helps shine a light on domestic violence in our community.

Red Ride takes place each May, on the weekend following Mother’s Day, as part of Domestic and Family Violence Prevention Month.

Held every May, Domestic and Family Violence Prevention Month shines a spotlight on the impact of domestic and family violence and promotes prevention initiatives across the nation. Individuals, communities, and organisations are called to unite in support of survivors and advocate for safer relationships.

The month highlights available services, drives policy change, and reinforces that domestic violence is never acceptable. Through events, education, and community involvement, the campaign fosters respect, accountability,

and support—reminding those affected that they are not alone and that help is always available.

## Family Fun Day

Be part of the Red Ride – Family Fun Day, a community gathering that raises awareness about domestic and family violence. Enjoy live music, food trucks, kids’ activities, and market stalls throughout the day.

Enjoy music by the Plumbdogs Band and an expanded Car Show. Family entertainment includes a rock-climbing wall, super slide, face painting, and more. Hear from our presenters

as they discuss the impact of domestic and family violence.

## Dress to impress—the colour is RED!

Gates open at 7:00am for registration and merchandise collection. Enjoy breakfast, a coffee, and meet fellow participants before heading off.

## Car Show

Vintage, veteran, classic, and collectable cars are welcome! Gates open at 10:00am for the car show, with awards at 1:30pm. Cars are welcome to follow the “SEA OF RED” bike riders and enjoy the views on this scenic cruise. Arrive on site by 8:00am to be ready to go.

## DV Safe Phones

You too can make a difference in a practical way by supporting our partner ONE PHONE, ONE LIFE. Help save lives by bringing your old 4G-compatible mobile phones and chargers to the event and dropping them in the Donation Boxes.

All proceeds for the day go to not-for-profit community organisations. These groups support individuals and families affected by Domestic Violence. Take part in making a difference—invite your family and friends to the Showgrounds. Participate in activities, show support, and help raise awareness for domestic and family violence prevention.

## Tickets for good, not greed

**Humanitix dedicates 100% of profits from booking fees to charity.**

## Location

**Caboolture Showgrounds  
Beerburum Rd, Caboolture QLD 4510, Australia**

Get Tickets <https://events.humanitix.com/moreton-bay-red-ride-2026/tickets>



# What is family and domestic violence?

**Family and domestic violence can affect anyone in all types of relationships. It can occur in:**

- past or current intimate relationships, including relationships where you are dating or living together, regardless of gender or sexuality
- relationships involving carers of people with a disability or a medical condition, or elders
- relationships with relatives and guardians
- culturally recognised family groups.

Family and domestic violence isn't always physical. It can happen to anyone, no matter their age, gender or sexual orientation. Early warning signs can include controlling behaviour, such as isolating you from friends and family, monitoring your activities, or putting you down. It can continue even when you've left a violent relationship.

Family and domestic violence is always the fault of the person causing the abuse. It's never the fault of the person experiencing abusive behaviour. If you are affected by family or domestic violence, you are not alone, and support is available. Reaching out for help is a strong and important step.

## What are the 7 types of domestic violence?

### Controlling behaviour

Controlling behaviour, also known as coercive control, makes you do or believe things you wouldn't normally do or believe. You may be stopped from seeing people, leaving the house or doing other activities important to you.

### Physical violence

Physical violence is any violent behaviour or threats of violence. It can be directed at you, your children, other family members, friends, pets or property. It might be:

- hitting
- kicking
- pushing
- choking
- threats of violence or intimidation.

### Sexual assault

Sexual assault is any sexual behaviour you don't want, such as being forced into sexual activity against your will or inappropriate touching. This includes being coerced or manipulated into sexual behaviour.



### Emotional abuse

Emotional abuse is any behaviour that makes you feel worthless and put down. This can include yelling, insulting, calling you names, using a slur and swearing.

### Stalking

Stalking is a behaviour that involves harassing or intimidating. This could be:

- Repeated phone calls or messages
- unwanted or obsessive attention
- Someone is following or monitoring you.

### Technology facilitated abuse

Technology-facilitated abuse is when someone monitors what you do online. This may include:

- checking your computer and phone use
- using spyware on your phone to track you
- publishing intimate photos of you without your consent
- sharing or threatening to share photos or messages with the intention of outing your sexuality or gender identity, putting you at risk of stigma, discrimination or harm.

### Financial abuse

Financial abuse is a behaviour that limits your access to money. Warning signs might be:

- taking or using your money without your permission
- not being allowed to work
- having to account for how you spend your money
- Withholding financial information from you
- spending any payments you get from us without your consent.

To access 24/7 counselling and support, call 1800RESPECT on 1800 737 732. When you call, you will speak to a trained counsellor who will listen to you without judgement, offer advice and support, and help you understand your options.

You can remain anonymous, and the service is confidential. The counsellor can also connect you with further resources or services if needed, depending on your situation.

# Bribie Arts Centre

## May Artist of the Month Old Masters Revisited

**Old Masters Revisited**, by local Bribie artist Sabine Von Graz, brings a contemporary twist to classical art, drawing inspiration from iconic works as the Mona Lisa and the enduring legacy of Leonardo da Vinci.

Sabine's works always offer a quirky fun perspective on established mores. There's elegance, humour and a touch of mischief in her Old Masters on the Artist of the Month wall at the Bribie Arts Centre in May.

Working with traditional Old Master painting techniques, Sabine reinterprets historical portraiture through a playful and surreal lens. Familiar figures are transformed with unexpected elements, inviting viewers to reconsider the past with curiosity and humour.

The exhibition is accompanied by a number of events throughout May. Sabine will give an artist talk at the Arts Centre on **Friday 8 May at 10:30am**, offering insight into the techniques, symbolism, and narratives behind the work.

On **Mother's Day, Sunday May 10**, visitors can take part in a unique photo opportunity with the Mona Lisa. With this light-hearted touch, visitors can consider whether they might share a connection with the Mona Lisa herself—an imaginative nod to the enduring mystery surrounding one of art history's most recognisable faces.

Bring your mother to receive a complimentary chrysanthemum flower (while stocks last). Cafe 191 on site will offer coffee and cake in a relaxed and welcoming setting.



### Tall Stories

An exhibition by  
Tricia Taylor and Karol Oakley



Two artist friends who have travelled far and wide for more than a decade, painting the Australian landscape from life and gathering stories along the way. Let Tricia and Karol take you on a journey of discovery through powerful physical and emotional imagery, as they share their tall stories of the Australian landscape.

Featuring works inspired by:

[Flinders Ranges](#) [Carnarvon Gorge](#) [Macdonnell Ranges and beyond.](#)

#### Exhibition dates:

May 5 - 17

#### Opening Event

Saturday May 9 1:00pm.

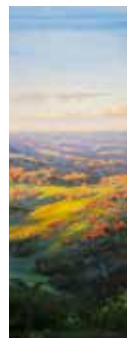
Opening canapés

#### Matthew Flinders Gallery

Bribie Island Community Arts Centre  
191 Sunderland Drive Banksia Beach.

#### Opening hours

Tuesday to Saturday 9am-4pm  
Sundays 9am-1pm



## DON'T MISS IT

# BRIBIE PINK DRAGONS CELEBRATE 18 YEARS

## & JOYCIE'S 92ND BIRTHDAY



Celebration is in the air as Bribie Pink Dragons (Pinkaboutit) mark their 18th birthday alongside the remarkable 92nd birthday of Joyce Thomas, fondly known as Joycie.

Not only is she the oldest breast cancer survivor still paddling in Queensland, but she may also be the oldest in Australia—possibly even the world!

Joycie was chosen as the flag bearer at the International Breast Cancer Paddlers Commission in New Zealand in 2022.

She has travelled far and wide with the club and has continued to paddle and drum on the passage with the Bribie Pink Dragons. She most recently participated in a regatta at Lake Barrington, Tasmania, and a hectic but fun tour of the state.

Joycie was diagnosed in 2004. After seeing a dragon boat of pink-clad paddlers, she joined Bribie Pink Dragons, inspired by an article the next day.

Her daughter, recently diagnosed, finds hope in her example.

We are all inspired by Joycie and celebrate her spirit, hoping to follow her remarkable example as we grow, both as paddlers and as a club family.

From our oldest survivor at 92 to our youngest at 41, we joyfully stand together. Breast cancer affects all ages, but at Bribie Pink Dragons, we proudly support every survivor, supporter, and friend.

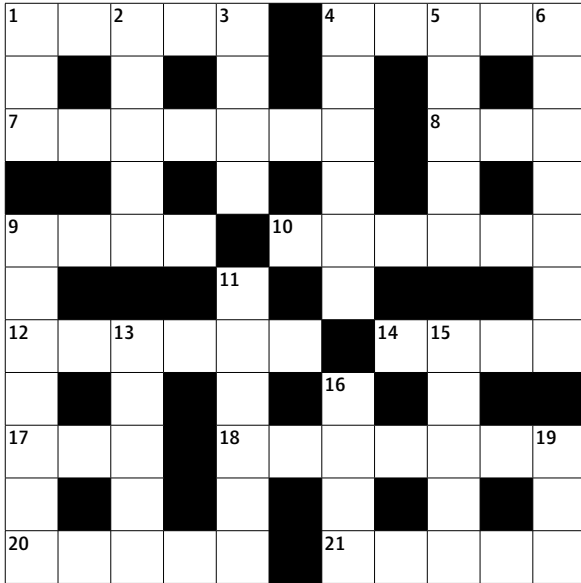
Join us! Paddle with us on the beautiful Pumicestone Passage three times a week. Sign up or learn more by contacting us today.

Please contact the President at [briebepinkdragons@gmail.com](mailto:briebepinkdragons@gmail.com)

**Call Charlie on 0499 990 352 or Team Manager Leonie on 0418 782 334**



# Crosswords - QUICK & CRYPTIC



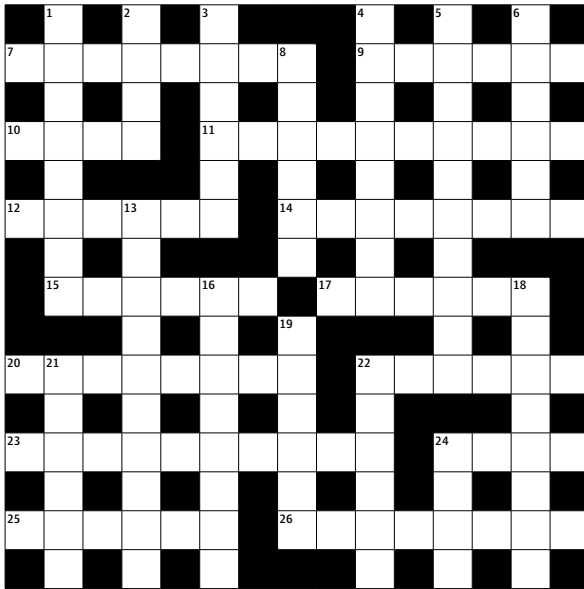
### Across

- 1 Eclipse publicised party (5)
- 4 Convener cold, then hot before broadcast (5)
- 7 Boring type with female, flipping idler (7)
- 8 Decline in talk kept back (3)
- 9 On reflection, hidden danger in role (4)
- 10 Particular deal? It is corrupt (6)
- 12 Clerics in six estates, maybe(6)
- 14 Retreat for dull poet (4)
- 17 Sticky stuff at fair at intervals(3)
- 18 Scapegoat following everyone given ridicule (4,3)
- 20 Curves in cylindrical device given backing (5)
- 21 Reckon gout eases on and off (5)

### Down

- 1 It lubricates socials on a regular basis (3)
- 2 Note German, one marked with stripes? (5)
- 3 Gemstone not pearl? The odds are non-existent (4)
- 4 Something chewed by set in club (6)
- 5 A seat when broken in a mess (2,3)
- 6 Dale and Reg when tipsy given entertainment (7)
- 9 Key lot a VIP upset (7)
- 11 Works hard making first of grand floating platforms (6)
- 13 Vehicle to leave goods put on a ship (5)
- 15 Glean shifting point of view (5)
- 16 Market sport on a course when given lift (4)
- 19 Positive response by Jesse intermittently (3)

## CRYPTIC



### Across

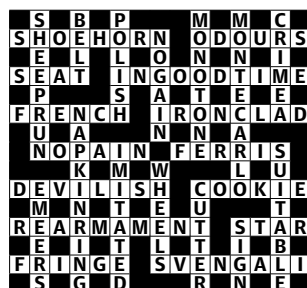
- 7 Its application could help you get into Oxford? (8)
- 9 Understood our son's bedding smells (6)
- 10/2 House band feature in saloon (4,4)
- 11 Early on, I go to party with deviant I'd met (2,4,4)
- 12/3 Finish, as elements of Marie Curie's typical description are transposed? (6,6)
- 14 Warship covered by press (4-4)
- 15/8 Turning on Paganini number to begin - as motivation for fitness class? (2,4,2,4)
- 17/19 Ferraris and Rolls are mostly stolen for joy rides? (6,6)
- 20 Stayed over in Soho - oddly it's diabolical (8)
- 22/22D Template censor used after identifying code (6-6)
- 23 Fresh investment in Arsenal meant changes on wing at kick-off (10)
- 24/24D Perhaps Leo Sayer's trying another rewrite - initially with chorus moving note lower (4,4)
- 25 Less important call when 14 (6)
- 26 Supreme influencer leaving a little something out (8)

### Down

- 1 Place to ruminate clue for 'ewer'? (5,3)
- 2 See 10 Across
- 3 See 12 Across
- 4 One colour only - second one not included (8)
- 5 Resort to cornmeal unfortunately (5,5)
- 6 Peninsula of Palermo - if rock climbing regularly (6)
- 8 See 15 Across
- 13 Family group putting down first part of table setting? (6,4)
- 16 Cambridge university worried boring papers will be copied (8)
- 18 Appropriate clubs potentially qualified (8)
- 19 See 17 Across
- 21 Appear upset about King supporting Eastern Arabic rulers (6)
- 22 See 22 Across
- 24 See 24 Across

## SOLUTIONS

CRYPTIC SOLUTION



QUICK SOLUTION





# KIDS'

## SPOT THE 10 DIFFERENCES



Sudoku

5	3			7			
6			1	9	5		
	9	8					6
8				6			3
4			8		3		1
7				2			6
	6					2	8
			4	1	9		5
				8			7
						7	9

## FIND A WORD

P	K	S	U	M	M	Y	L	C	E	M	P
L	H	A	N	R	O	A	H	O	T	U	A
D	O	F	C	O	O	L	K	L	R	S	R
O	T	I	L	C	W	I	N	D	Y	I	T
E	E	T	C	C	N	Y	E	B	O	O	L
F	R	F	H	L	G	S	O	H	V	H	Y
O	S	S	O	R	O	R	C	A	F	E	C
G	T	T	S	L	S	U	N	N	Y	I	L
G	O	W	L	O	T	A	D	D	R	L	O
Y	D	R	A	I	N	Y	D	Y	G	I	U
K	M	H	N	R	P	E	N	N	N	S	D
P	S	T	O	R	M	Y	A	R	E	G	Y

- HOT                      WARM                      SNOWY                      CLOUDY
- COLD                      WINDY                      STORMY                      SUNNY
- COOL                      RAINY                      FOGGY                      PARTLY CLOUDY



Melsa Park  
74 Toorbul St,  
Bongaree

# MINI TRAIN RIDES

10 AM TO 2 PM THIRD SUNDAY OF EVERY MONTH

Food, Drinks & Eftpos Available



Book your Birthday Party Now!!!

# Voices Choral Group

***SING IT LOUD,***   
***DANCE IT PROUD***

FEATURING



6th & 7th June 1.30pm

Bribie Community Hall

Arcadia Ave, WOORIM

**An Afternoon of Music, Rhythm &  
Pure Energy!**

**Afternoon tea included!!!**

Tickets available at  
[voicesbribie.com.au](http://voicesbribie.com.au) OR

The Ink Shop, Warana Ave BELLARA



**\$22**

# GAME NIGHTS!

## ON BRIBIE

### MONDAY EUCHRE

Bribie Bowls Club 12.00pm  
Contact Annette on 0414622490

### TRIVA

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

### TUESDAY

#### BINGO

Bribie Island R.S.L 10.00am

#### POKER

Bribie Island Hotel 6.30pm

### WEDNESDAY MUSIC BINGO

Bribie Island Hotel 6.30pm  
Bribie Island R.S.L 7.00pm

#### RAFFLES

Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

### THURSDAY BINGO

Bribie Island R.S.L 7.30pm

#### RAFFLES

Bribie Island R.S.L Fishing Club 4.30pm  
Every Thursday at the RSL prizes are  
Meat Vouchers from Avondale Meats and  
Seafood Vouchers from Saviges.

### FRIDAY

#### MEAT TRAY RAFFLES

Bribie Island Bowls Club 4.30pm  
Bribie Island Golf Club 5.30  
Blue Pacific Hotel (from) 3.00pm  
Solander Lakes Bowls Club - 6.30pm  
(tickets on sale from 5:30pm)

### Enjoy playing 500 Cards?

Join a like-minded group who meet on Monday afternoons at the RSL Anzac Room from 12.45pm-3.45pm.

\$5 which includes raffle prize.

Please arrive 10mins before play starts at 12.45pm

Further information please ring

Carole **0438 713 663**.

# MARKETS

### Beachmere District Community

The B.D.M.S. Community Markets are held at the Men's Shed 53 Rogers Street Beachmere, every 1st Saturday of the month 7.30am - 12pm

### Bribie Island BIDCA Markets

The Bribie Island BICA Markets are held at Brennan Park, Bongaree, the 3rd Sunday of each month from 6am -12pm

### Bribie Rotary Markets

The Rotary Markets are held at Brennan Park, Bongaree on the second Sunday of each month from 6.30am – 12 noon

### Queensland Cancer Council

The Cancer Council Markets are held at Brennan Park, Bongaree on the first Sunday of each month from 7am to 12 noon.

### LUNCH MARKETS - Sylvan Beach

(Farmers Market)

First Saturday of each month from 8am to 1pm held in the park opposite the Bribie Island Hotel. Funds raised to E.P.C.S, Ass, 0417629957

### The Bribie Island Lions Market

2nd Sat of the month at Tintookie Park Woorim  
7am - 1pm.

### Bribie Woodcrafters & Bribie Island Gem Club

Open day, Demonstrations & Sales - last Sunday of each month

8am to 12noon Held at Bribie Art Centre  
191 Sunderland Dr, Banksia Beach

### Mystic Journey Markets change of location

Saturday November 15th ~ 9am ~ 2pm

Saturday December 6th ~ 9am ~ 2 pm

Saturday December 20th ~

9am ~ 2m

4pm ~ 8pm

There is also an outdoor market to run alongside indoor market called This 'n' That



# Queen Victoria

## From sheltered princess to the force of an age

By Al Finegan

In the early 19th century, before the young Victoria stepped onto the world stage, the reputation of the British monarchy had been taking something of a battering. The Georgian court was not known for restraint, particularly during the Regency period (1811–1820). Due to his father's mental illness, Prince George had served as Regent during this period. The relationship between King George III and his son had always been deeply antagonistic, marked by severe political and personal hostility.

As father and son, they differed in personality, the father being frugal and austere, while his son was extravagant and hedonistic, doing everything possible to annoy him. This was characterised by extravagant fashion, social climbing, and scandal. Under King George III, there had been at least a measure of domestic virtue.

On 29th January 1820, King George III died. He had just turned 81 after serving as King for 59 years. He had spent his final years blind, deaf, and mentally incapacitated.

His son, now King George IV, inherited the throne. He embodied a very different style of monarchy. His debauched way of life and poor relationships with his parents and his wife, Caroline of Brunswick, earned him the contempt of the people and dimmed the prestige of the monarchy. His spending was prodigious, his personal life scandal-ridden. It was a period of intense personal, political, and social scrutiny, marked by decadence. To a relieved nation, he died in 1830.

His brother took the throne as King William IV and offered little improvement. Known as the "Sailor King," William was more approachable and less ostentatious, yet he, too, had lived a life far removed from conventional morality. Before his marriage, he had fathered ten illegitimate children.

His reign lasted only seven years. Just after midnight on 20th June 1837, he suffered a heart attack and died. The dark shadows of the royal excesses now hung heavily over the institution. It desperately needed improvement in the exercise of the royal prerogative, and its damaged public reputation.

As King William IV had no living legitimate issue, the next in line was his niece, Victoria. The British public held its collective breath. She was the only legitimate child of Prince Edward, Duke of Kent and Strathearn and a complete unknown. Here was an inexperienced eighteen-year-old slip of a girl who was to take the reins of power of Great Britain. How could she handle the lords, the politicians, and the general public, all demanding her attention for their own agendas? They all worried that Britain was in for further decline.

Alexandrina Victoria was born on 24th May 1819, at Kensington Palace, the only child of Prince Edward and Princess Victoria of Saxe-Coburg-Saalfeld. At the time of her birth, she stood fifth in line to the throne behind her uncles. There was no great expectation that this small, dark-haired child would one day rule the British Empire. Fate, however, had other plans.

Her father died when she was just eight months old, leaving her upbringing entirely in the hands of her mother and her mother's adviser, Sir John Conroy. What followed has become known as the "Kensington System," a rigid and suffocating regime designed to control the young princess's life and ensure that her mother retained a controlling influence should Victoria ever ascend the throne. Conroy, in particular, harboured hopes that he might one day rule through her. Victoria was rarely left alone.

She slept in her mother's room, was denied close friendships, and even walking downstairs required someone to hold her hand. It was a childhood without freedom, but not without intelligence or spirit. Victoria developed a strong will, a keen sense of duty, and an early awareness of her possible destiny.

The news came early on 20th June 1837. The 18-year-old Victoria was roused from her sleep and informed that her uncle, King William IV, was dead. She was now Queen of Great Britain and Ireland. The girl who had been tightly managed all her life had been awakened to be told that she was now the most powerful woman in the world.

Those present would later recall not panic, nor confusion, but composure. Small in stature, plainly dressed, and still very young, she received the news with a calm dignity that seemed to surprise even those who had come to inform her.

Later that day, Victoria was summoned to attend a Privy Council meeting to confirm her acceptance of the crown. She did so alone. It was a quiet but unmistakable declaration. She would govern in her own right, with no mother beside her, and no Conroy whispering instructions.

Conroy was expecting reward and influence. He received neither. Victoria refused to grant him any position, declined to meet him privately, and in effect shut him out of power. Conroy was stunned. His carefully laid plans had vanished. His fate was marked by a loss of political power, forced exile, financial scandal, and eventual death in debt.

Her mother fared little better. Though not banished, she was relocated well away from Victoria's quarters, signalling the end of the constant supervision of her daughter. The relationship between mother and daughter, never strong, ended abruptly. It would take years to mend.

Victoria's early reign was not without difficulty. She relied heavily on her first Prime Minister, Lord Melbourne, who became both a political guide and a father figure. Under his influence, she developed an understanding of constitutional monarchy and the delicate balance between Crown and Parliament. Yet her youth and inexperience showed at times.

The so-called “Bedchamber Crisis” of 1839 revealed her political naivety. When Lord Melbourne resigned, Victoria refused to dismiss her ladies-in-waiting. They had all been appointed by his party, leading to a constitutional impasse. The episode taught Victoria the limits of royal power and the importance of political neutrality.

Despite these early missteps, Victoria’s popularity grew. Her youth, energy, and moral seriousness appealed to a nation undergoing rapid industrial and social change. She came to symbolise stability at a time when Europe was frequently shaken by revolution.

As Victoria’s political life had restored confidence in the crown, her personal life would soon be transformed by one of history’s great royal love stories. Prince Albert of Saxe-Coburg and Gotha had been identified as a potential match during her youth.

Victoria’s mother was Princess Victoria of Saxe-Coburg-Saalfeld, and Albert’s father was Ernest I, Duke of Saxe-Coburg and Gotha. Victoria’s mother and Albert’s father were brother and sister. Thus, Victoria and Albert were the children of siblings. They were first cousins.



When they met again in 1839, Victoria was immediately taken with him. As queen, she was the one who had to propose, and she did so without hesitation. They were married in 1840. Marrying a cousin was something once normal among royalty, yet now feels unusual, even where it remains lawful.

Albert quickly became Victoria’s closest adviser. Though initially resented by some in Britain as a foreign prince, he proved intelligent, disciplined, and

deeply committed to public service. He took an active role in modernising the monarchy, promoting science, industry, and education. Together, Victoria and Albert embodied a new model of royal life, domestic, moral, and family-oriented. They had nine children, and their household became a symbol of respectability in contrast to the excesses of earlier royal generations.

One of Albert’s greatest achievements was his role in organising the Great Exhibition of 1851, which showcased Britain’s industrial power to the world. It was a triumph of vision and organisation, and it cemented his reputation as more than just the queen’s consort.

For Victoria, however, Albert was far more than a partner in duty. He was, in her own words, “my all in all.”

Then tragedy struck Victoria’s perfect world with an event that changed her forever. In December 1861, at just 42 years old, her beloved Albert contracted typhoid fever... and died. Victoria plunged into deep mourning, a state from which she would never fully emerge. She withdrew almost entirely from public life, avoiding London and spending much of her time at Windsor, Balmoral, and Osborne House. Public appearances became rare, and she adopted the black clothing that would become her lifelong signature style.

This retreat caused growing concern. Criticism mounted in the press and among politicians who felt the monarchy was becoming invisible at a time when its symbolic presence was crucial.

She maintained Albert’s rooms exactly as they had been, ordered hot water to be brought to his dressing room each morning as if he were still alive, and referred to him constantly in her writings. Her identity as queen became inseparable from her identity as widow.



Over time, she increasingly relied on trusted attendants, most notably her Scottish personal attendant, John Brown, whose close relationship became the subject of widespread speculation. Despite her prolonged seclusion, Victoria did not abandon her role entirely. Gradually, she returned to public life, particularly during the later decades of her reign. Her Golden Jubilee in 1887 and Diamond Jubilee in 1897 marked grand celebrations of fifty and sixty years on the throne. By then, Victoria had become more

than a monarch; she was a symbol of propriety and stability in an empire that spanned the globe.

The British Empire reached its height during her reign, and in 1876 she was proclaimed Empress of India, a title that reflected both imperial ambition and political reality. Her image, small, black-clad, and resolute, became instantly recognisable across continents. Victoria’s final years were marked by her declining health but enduring determination. She continued to carry out official duties for as long as possible, even as age took its toll.

And in one of the final acts of her long reign, Queen Victoria’s influence reached quietly, but decisively, to our own shores. In July 1900, she gave Royal Assent to the legislation that brought the Australian colonies together as a single nation, clearing the way for Federation on 1st January 1901. It was a moment that passed without fanfare in the closing months of her life, yet its significance has only grown with time. From London, an ageing monarch had set her hand to a document that would shape the future of a young country on the far side of the world.

Within weeks of our Federation, she passed away. Her final chapter became part of our beginning. It was a quiet, fitting link between the end of the Victorian age and the birth of a nation. She had died on 22nd January 1901 at Osborne House on the Isle of Wight, aged 81, marking the end of an era.

The Victorian Age, as it came to be known, had seen extraordinary transformation, industrial expansion, scientific discovery, imperial growth, and profound social change. Through it all, Victoria had remained a constant presence, evolving from a confident young queen to a revered matriarch of Europe’s royal families.



At her request, her funeral reflected not just mourning but also the military and imperial strength of Britain. She was buried beside Albert at The Royal Burial Ground, Frogmore, reunited in death with the man who had shaped her life more than any other.

Her story demonstrates that history is not only shaped by battles and laws, but by personality, emotion, and the quiet decisions made behind palace walls. More than a century after her death, the name Victoria still resonates, not just as a queen, but as a human being who lived, loved, and endured under the weight of a crown. She was a great queen who set a standard that so many women of the British Empire followed as their way of life.

# BRIBIE FIRSTS, FACTS



Kangaroo on Woorim course



Barry Clark - Bribie Island Historical Society

I have been writing articles on Bribie history for many years, and as a U3A Tutor and speaker at local clubs I sense there is growing interest. With no shortage of interesting events on Bribie, including these

Kangaroos playing golf last year, here are a few firsts, facts and figures that may surprise.

## COLONY TO STATE

After 15 years as the remote Moreton Bay Penal Colony, and 20 years of free settlement, a new Colony of Queensland was separated from the colony of NSW in 1859. The new colony struggled to survive in the early years, prior to the discovery of Gold on Mary River in 1867. The Commonwealth of Australia was established in 1901, and Queensland, along with the other Australian colonies, became a State.

## FIRST ABORIGINAL RESERVE

When Queensland was declared a separate colony in 1859, the once-significant indigenous population of Moreton Bay had been greatly diminished. The first Aboriginal Reserve in Queensland was established in 1877 at Whitepatch on Bribie Island, but it lasted only a couple of years. In 1910, the government planned to create the settlement of Bribie Township there but was overtaken by a private Company Town development at Bongaree.

## BRIBIE LAND SALES

The first land subdivisions at Bongaree in 1915 were leasehold and could be purchased for just a few shillings. By 1952, a vacant block of Crown land at Bongaree could be purchased on a perpetual lease for 36 shillings (\$3.60).

Seven years later, in 1959, a lease could be converted to freehold for \$100. There are very few vacant blocks of land in Bongaree these days, and they sell for up to \$1 million.

## NAME BONGAREE

Bongaree was the indigenous guide for Matthew Flinders and was the first visitor to Bribie in 1799.

They were the first to circumnavigate the entire continent in 1804 and suggested the name "Australia," which was officially adopted 10 years later in 1814.

The name Bongaree was given to the new Bribie settlement when a Jetty was built by the Tug & Steamship Co. in 1912 to start a tourist excursion industry.



NUDE bathing sign

## NUDIST INVASION.

In 1957, Brisbane newspaper headlines put Bribie in the spotlight with the announcement of a Nudist Invasion on Ocean Beach at Woorim. Articles declared "Scores anxious to join nudist band" in that era of Beatniks and Free love.

It did not concern many people at the time, but the Council put up signs at beach entrances that are still there today.

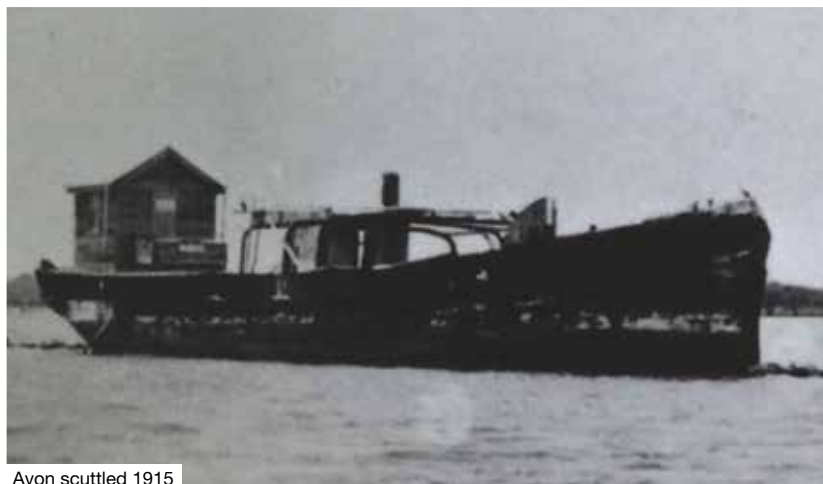
# & FIGURES

## AVON WRECK

In 1915, an old coal-carrying hulk was scuttled in Pumicestone Passage opposite the mouth of Dux Creek to protect oyster banks. An initiative of James Clark, owner of what is now Sandstone Point, who had many Oyster leases in Pumicestone Passage.

The Avon was just an old metal hulk in 1915, and over 110 years later, it has almost completely rusted away but is partly visible at low tide.

Avon Avenue at Banksia Beach was named in its honour, and Endeavour was the name of James Cook's ship that came nowhere near Bribie in 1770...



Avon scuttled 1915



Bribie Car Ferry 1955

built in 1963. When a Bribie bridge was first proposed, the Government considered offering land to developers in exchange for building a bridge at no cost or toll.

It was strongly opposed by the few Bribie residents, and a contract to build a bridge for \$716,000 was awarded, equivalent to \$12.3 million in today's money.

It took just three years to build but had an unexpected \$1 toll which lasted for 12 years until the bridge was paid for.

The toll was 10 times higher than the Hornibrook highway, and the most expensive road toll in Australia.

A second Bribie bridge is to be built at some future stage, at an estimated cost of \$757 million.

## SUNDERLAND DRIVE

Named for Harry Sunderland and his wife, who were pioneer settlers on remote water access-only land at Banksia Beach from 1945.

They grazed cattle, battled dingoes and foxes, and grew some produce. In the 1970s, they sold their land for development, and an access road, named Sunderland Drive, was constructed.

The new suburb was initially named Solander Lake when development began around a natural lake, and the area was later named Banksia Beach in the 1980s.

## MORE BRIBIE HISTORY

Historical Society meetings are on the second Wednesday of each month at 6:30pm at the RSL Club and visitors are always welcome.

See more stories & photos of Bribie history on Web

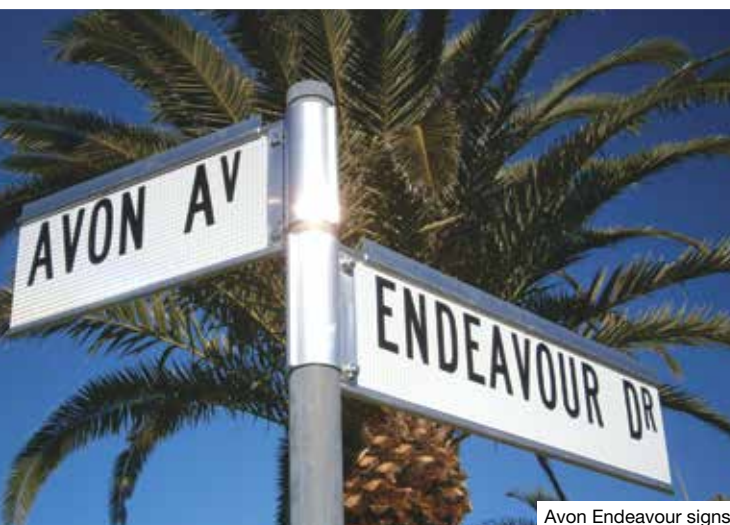
site [bribiehistoricalsociety.org.au](http://bribiehistoricalsociety.org.au) and Blog <http://bribieislandhistory.blogspot.com> or contact us on [bribiehistoricalsociety@gmail.com](mailto:bribiehistoricalsociety@gmail.com)



Aerial Banksia Beach 1979

## BRIBIE BRIDGES

Steamships served Bribie from 1912 until motor cars became popular after WW2 and were replaced by a car ferry from Sandstone Point until the Bribie bridge was



Avon Endeavour signs

## SPORTS PAGES



## BRIBIE ISLAND BOWLS CLUB

**Self-Select Pairs Results Friday AM 17 April 2026**

Winners: L Tate, W Stuart  
Runners up: S Cook, J Hosie  
Winning draw: T O'Loughlin, P Nelson  
Encouragement: G Jackson, J Falvey

**Self-Select Pairs Results Friday PM 17 April 2026**

Winners: M Beutel, B Hosie  
Runners up: T Smith, C Hayles  
Winning draw: C Barklay, N Bolton  
Winning draw: T Bishop, J Thiele  
Winning draw: E James, G Teakel  
Encouragement: P Campbell, R Ferguson

**Random Fours Results Saturday 18 April 2026**

Winners: F Grimsey, J Coleman, R Follett, I Teakle  
Runners up: L Stone, R Bickerton, J Buckmaster  
Lucky draw: G Low, D Neumann, J Teakle, R Aquilina

**Scrounger Results Monday 20 April 2026**

1st: G Whittaker  
2nd: J Falvey  
3rd: R Ferguson  
4th: J Coleman

**Self-Select Triples Results Tuesday 21 April 2026**

Winners: T Erfurth, L Beaven, D Bishop  
Runners up: W Gunders, D Dodd, K Brown  
Winning draw: L Kurtz, D James, G Hutchinson  
Winning draw: T Ridley, D Merrett, J Murray  
Winning draw: A Engel, C Kelly, W Kelly  
Encouragement: S Brown, T Brain, M Brown

**Self-Select Pairs Results Wednesday AM 22 April 2026**

Winners: M James, N Gray  
Runners up: P Adams, B-J Adams  
Winning draw: D Draper, W Gunders  
Encouragement: J Teakle, T Comacchio

**Self-Select Pairs Results Wednesday PM 22 April 2026**

Winners: G Gunther, J Prowle  
Runners up: N Holzberger, J Mercer  
Winning draw: E Stacey, I McLaren  
Winning draw: W Kelly, G Olson  
Winning draw: C Hayles, T Smith

**Encouragement: G Reily, F Crockett****Random Triples Results Thursday 23 April 2026**

Winners: P Cook, M Brown, J Dunn  
Runners up: A Engel, C Hamilton, M Adams  
Winning draw: K Brown, B Hamer, L Comacchio  
Winning draw: P Neumann, P Barringhaus, L McNamara, M Matthews

**Self-Select Pairs Results Friday AM 24 April 2026**

Winners: J Falvey, G Jackson  
Runners up: J Brazier, D McDougall  
Winning draw: G Lucas, M Thompson  
Encouragement: M Aubin, G Low

**Self-Select Pairs Results Friday PM 24 April 2026**

Winners: M Beutel, B Hosie  
Runners up: J Mercer, K Burton  
Winning draw: W Kelly, G Olson  
Winning draw: R Lamb, G Gunter, F Crockett  
Winning draw: K Laverty, J Oliver  
Encouragement: D Ackroyd, P Gray

**Random Fours Results Saturday 25 April 2026**

Winners: L Savige, R Fowler, K Norton, K Rush  
Runners up: G Coleman, R Bickerton, J Brown, J De Ruyter  
Lucky draw: N Gray, I Smith, I Teakle, T Phillips  
Lucky draw: T Whalley, K Mulpeter, Y McDonald, D Dodd

**Scrounger Results Monday 27 April 2026**

1st: D Hancox  
2nd: W Wiegand  
3rd: T Comacchio  
4th: P Bennett

**Self-Select Triples Results Tuesday 28 April 2026**

Winners: A Engles, W Kelly, C Kelly  
Runners up: P Mann, A Sturm, J Brazier  
Winning draw: T Erfurth, L Beaven, D Bishop  
Winning draw: H Taylor, T Paekau, B Stuart  
Winning draw: J Sutherland, N Ramage, D Puls, J Warwick  
Encouragement: B Williamson, S Lobo, A Cornett, R Simpson

## BONGAREE BOWLS RESULTS

**Bongaree Bowls Club results 10/4 to 23/4**

Results of Friday Paddle Pop Draw Triples 10/4  
Winners: Gaynor Johnson, Noni Jordan, Ron Wilson  
R/Up: Garry McCarthy, Dee Morrison, Marilyn Weston

**Results of Saturday Scroungers 11/4**

1st: Chris McMillan, P.P.Hamersley, 3rd. Sharen Peacock, 4th: Di Smith. 5th: Jim Warwick

**Results of Tuesday Paddle Pop draw Triples 14/4**

Winners: Alan Simonic, Dee Morrison, David Vaughan  
R/up: Sue Francis, Clare O'Donohue, Kim Hagan  
Bonus Draw: Jackpot to \$120 next week

**Results of Wednesday 4's 15/4**

Winners: Val Smith, Beryl Moor, Bob Vonarx, Pam Walker  
R/Up: Rosie Smith, Gordon Heap, Garry McCarthy, Col Valentine

**Results of Thursday Jackpot Pairs 16/4**

Winners: Frank Denman, Jim Warwick  
R/Up: Gary Ryan, Nola Grey

**Results of Friday 2-4-2 17/4**

Winners: Jacque Murdock, Richie Ferguson  
R/Up: Col And Sandi Hodges

**Results of Saturday Scroungers 18/4**

1st: Peter Blake. 2nd: Glen Golledge. 3rd: Frank Denham. 4th: Noni Jordan

**Results of Tuesday Paddle Pop Draw Triples 21/4**

Winners: Errol Fender, Ron Wilson, Arne Jensen  
R/Up: Ann Clarke, Frank Denman, Ray Broughton.  
Bonus Draw: Jackpot next week \$150

**Results of Wednesday 4's 22/4**

Winners: Val Smith, Pam Walker, Beryl Moor, Bob Vonarx  
R/Up: Glen Griffiths, Terry Keatch, Marg Mc Garry, Jim Warwick

## SOLANDER LAKE BOWLS RESULTS

**Tuesday 14 April 2026 - Club Select Triples/Pairs:**

Winners: Denis John, Chris Cummins, Allan Matheson  
2nd: Diane Nock, Ann Johnson, Daryl Heilig  
3rd: Michael Whiteside, Mark Patterson

**Wednesday 15 April 2026 - Self Select Pairs:**

Winners: Peter Nixon and Greg Caplick  
2nd: Brian Wrice and Nathan Wrice  
3rd: Ian Boast and John Holmes

**Thursday 16 April 2026 - Self Select Triples:**

Winners: Mitch Magnussen, Molly Galpin, Peter Nixon  
2nd: Mike Jones, Bruce Pursehouse, Judy Pursehouse  
3rd: Des Stewart, Ross Luscombe, Merv Adams  
Jackpot \$600 winners - Carmel Sorrensen, Ralph Chaplin, Anthony McGregor

**Friday 17 April 2026 - Self Select Pairs:**

Pool A Winners: Sheron Strasser and John Gairns  
Pool A runners-up: Vicki Mitchell and Jenni Cummins  
Pool B Winners: Tony Miguel and Brad Jackson  
Pool B runners-up: Chris Treacy and Peter Nixon

**Saturday 18 April 2026 - Club Select Triples/Pairs:**

Winners: Beryl Cowperthwaite, Nerelle Andersen  
2nd: Peter Leader, Brad Storey, Bill Taylor

Tuesday 21 April 2026 - Club Select Triples/Fours:  
Winners: Sheila Jeffery, Ann Johnson, Judy Pursehouse  
2nd: John Harris, Nerelle Andersen, Ricci Harris  
3rd: Kerry Filmer, Cheryl Crawford, Brad Storey, Graham Hubbard

**Wednesday 22 April 2026 - Self Select Pairs:**

Winners: Ian James and Peter Nixon  
2nd: Mark Wendt and Vernon Dean  
3rd: Andy Ives and Declan Dawson

**Thursday 23 April 2026 - Self Select Triples:**

Winners: Debbie Jackson, Jenni Cummins, Ian Jackson  
2nd: Kevin Moore, Steve Todd, Geoff Sorensen  
3rd: Ann Larsen, Bruce Pursehouse, Judy Pursehouse

**Friday 24 April 2026 - Self Select Pairs:**

Pool A Winners: Keith Tucker and Graham Hubbard  
Pool A Runners up: Peter McCarthy and Ross Weir  
Pool B Winners: Des Stewart and Raie Stuart  
Pool B Runners up: Maurie Bonollo and Terry Nash

**Saturday 25 April 2026 - No games - washed out**

## BRIBIE ISLAND WOMEN'S GOLF RESULTS

### Results for Bribie Island Women's Golf 21 Apr to 30 Apr 2026

#### 21/04/26 4BBB Stableford - ANN CAIRD MEMORIAL Day - Sponsored by Bribie RSL

##### OVERALL WINNERS

Louise Keleher & Joanne McCoombes 48. 2nd Kerry Keys & Sue Lee 47. 3rd Lorna Burns & Julie Bell 45 c/b. NTP Hole 4 Joanne McCoombes. Hole 7 Joanne McCoombes. Hole 14 Kate Wesener. Hole 16 2nd shot Ann Rogers ITH. Hole 14 (2nd shot Div 3) Sue Graham.

#### 21 APR ANN CAIRD MEMORIAL DAY

**WINNERS** Joanne McCoombes and Louise Keleher with Ann Rogers

#### 23/04/26 MULTI TEE STABLEFORD

DIV 1 WINNER Kate Wilson 38. 2nd Sandy Smith 33. 3rd Barb Newcomb 31 c/b. DIV 2 WINNER Carole Watson 40. 2nd Debra Dunn 37. 3rd Toni Grossman 34 c/b. DIV 3 WINNER Kerry Keys 37 c/b. 2nd Debbie McCowan 37. 3rd Bev Isaksen 36. NTP. Hole 4 Suzanne Valley. Hole 7 Kate Wesener. Hole 14 Stina Barnulf. Hole 16 2nd shot Kate Wesener. Hole 14 (Div 3 2nd shot) Kerry Keys.

#### 28/04/26 SINGLE STABLEFORD

WINNER Lyn Cockerell 41. 2nd Leonie Pratt 39. 3rd Vivienne Learoyd 38 c/b. NTP. Hole 4 Linda Urquhart.

Hole 7 Julie Bell. Hole 14 Kate Wesener. Hole 16 2nd shot Vicki Jones. Hole 14 (Div 3 2nd shot) Lyn Cockerell.

#### 30/04/26 AMERICAN FOURSOMES

WINNERS Julie Bell & Abby Driver 78.625. 2nd Penny Brittain & Robyn Harper 89.75 NTP. Hole 7 Fizzie Jackson. Hole 14 Maureen Bailey.

**Congratulations to the ladies  
who stayed out in the rain  
and finished their games!**



12/04/26 Tanya Zanow had  
a Hole in One on the 14th.  
**Congratulations Tanya!**



21 Apr Joanne. Ann R. Louise ANN  
CAIRD MEMORIAL DAY

## MORETON BRIBIE BRIDGE CLUB

**Sat 11 Apr** N/S 1 H Tyler & L Heap 2 R Webb & L McLaren 3 J Hays & C Frederiksen E/W 1 R Floquet & J Kinross 2 S Huntington-Wynne & K Cohen 3 P Moreton & M O'Reilly

**Wed 15 Apr** N/S 1 S & C Watson 2 B Pridham & J Budgeon 3 J Wright & J Kennedy E/W 1 K Strickland & P Edis 2 L Heap & B Connell 3 J Hays & K Cohen

**Sat 18 Apr** 1 J Easey & D Scown 2 R Medhurst & P Edis 3 L Wilson & I Best

**Wed 22 Apr** N/S 1 R Sutton & M Bailey 2 L Carr & J Wright 3 H Standfast & J Budgeon E/W G & S Barnulf 2 C & S Watson 3 M O'Reilly & C Page

**BICBC: Mon 13 Apr** N/S 1 M Arthur & R King 2 J Easey & J Lawson =3 D Quinan & S Ke =3 P Edis & L Groves E/W 1 L Kane & R Deacon 2 L Hutton & L Chapman 2 C & R Perrott

**Mon 20 Apr** N/S 1 P Edis & L Groves 2 J Easey & B Moxham 3 L Wilson & J Brazier E/W =1 G Lock & N Denvir =1 S Smith & M O'Reilly 3 L Hutton & L Chapman

**The Club welcomes visitors  
and new players.  
Phone Ruth 0417 656 693  
For lessons phone Helen  
0427 567 670.**



## Proud Sponsors of Bribie Island Sports



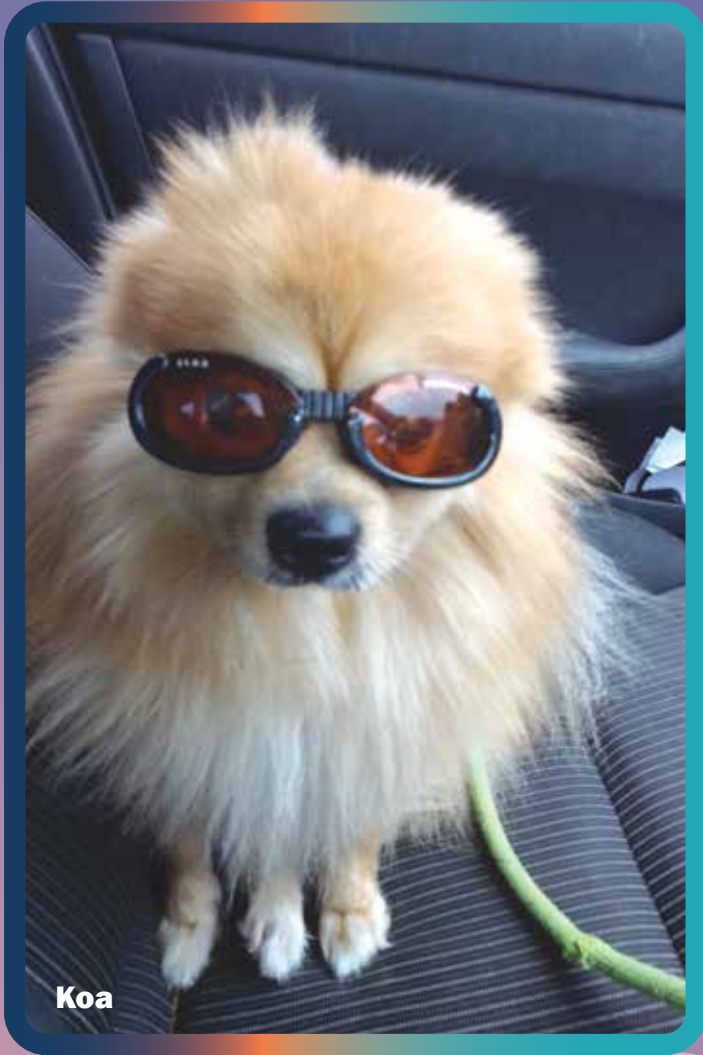
## Bribie Island Bowls Club

11-23 Welsby Parade, Bongaree.

[www.bribiebowls.com](http://www.bribiebowls.com)

Phone 3408 1018

# Paw-some Pet Pages





**Buddy**



**Coco**



**Candy**



**Opal**

# The Investors **Buyers Agent**

**Avid Hawks helps investors source properties in markets backed by data & fundamentals.**

**Call 0475 926 495**

[www.avidhawks.com.au](http://www.avidhawks.com.au)

**Precision Buying. Proven Results.**



- Personalised approach
- Backed by results
- Data from Australia's leading Property Economists



## DISCOVER THE **PLACE** DIFFERENCE WITH CHYZANA HARRISON

Backed by expert local knowledge and a proven track record, I'll position your property to attract the right buyers and deliver the best result. Let's make your next move with confidence.



**CHYZANA HARRISON**

0480 176 497

[CHYZANAHARRISON@PLACEPG.COM.AU](mailto:CHYZANAHARRISON@PLACEPG.COM.AU)

PLACE CABOOLTURE



Start your next move!



Considering selling? Call David Dillon on **0406 002 424**.

## WHERE **PRICE MATTERS.**

"The price he got exceeded our highest expectations"

"...we sold very quickly and broke our street price record..."

"Got me a great price even broke the street record..."

**Harcourts Pinnacle**



**Character Home by the Beach!  
Offers Over \$799k**



**43 Carnegie Street, Toorbul  
4 bed, 1 bath, 2 Car 630m2**

## TOORBUL & DISTRICT REAL ESTATE PTY LTD



**Leanne Cody**

**0407 071 357**

[admin@toorbuldistrictrealty.com.au](mailto:admin@toorbuldistrictrealty.com.au)

**AGENT OF THE YEAR 2021, 2022, 2023, 2025.**

## PREMIUM REALTY

SELLING REAL ESTATE IN BRIBIE ISLAND FOR OVER 10 YEARS!

*It's not just about listing –  
it's about achieving the best outcome for you*

OUTSTANDING HOLIDAY LET MANAGEMENT

PREMIUM PROPERTY MANAGEMENT YOU CAN TRUST

**Contact Us  
07 3410 8108**

[www.premiumre.com.au](http://www.premiumre.com.au)  
[info@premiumre.com.au](mailto:info@premiumre.com.au)

BRIBIE ISLAND &amp; SURROUNDING AREAS



**KNOBEL & DAVIS**

# THERE'S A SMARTER WAY TO SELL ON BRIBIE.

Premium results aren't achieved by chance. They're built through **strategy**, **positioning**, and **execution**.

We don't just list homes. We create competition, control the narrative, and maximise every opportunity. **This is modern real estate, done properly.**

## SELL WITH CONTROL

-  Pricing designed to protect value
-  Targeted exposure to qualified buyers
-  Campaigns built to create urgency
-  Negotiation focused on one outcome: **a premium result**



## LOCAL KNOWLEDGE. BETTER RESULTS.

As a boutique agency based on Bribie Island, we combine deep local knowledge with modern marketing to ensure your property stands out in a competitive market.

**Boutique. Local. Results-driven.**

Thinking of selling or curious what your home could achieve? **Let's have a conversation.**

 07 3410 7721

 [admin@kdnorth.com.au](mailto:admin@kdnorth.com.au)

 [kdnorth.com.au](http://kdnorth.com.au)



SCAN TO REQUEST YOUR  
FREE MARKET APPRAISAL

PROUDLY LOCAL | HONEST ADVICE | PREMIUM RESULTS

# MAY 17

MEET YOUR LOCAL  
TRADIE

## Roof restoration done right!

- | Lasting Roofing Solutions
- | Skilled Trades, Start to Finish
- | Honest Advice Every Time
- | Backed by Builders & Warranty
- | Value Beyond Price
- | 20 Years Strong

Call Today for a FREE QUOTE  
Rodney Rock - 0427 830 313

REPAIR  
RESTORE  
REPLACE



## QUEENSLAND JOINERY — SPECIALISTS —

Custom Kitchens & Cabinetry

0468 532 094

Lets Build Something Exceptional



## Ivory T- fabric & wallpaper

PH: 3256 9388

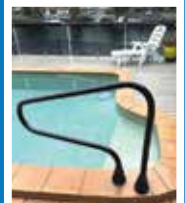
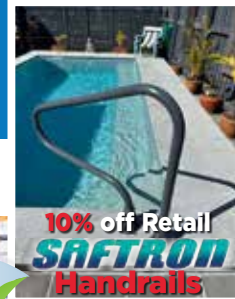


- CURTAINS
- WALLPAPERS
- ROMAN BLINDS
- SHEERS/LININGS
- UPHOLSTERY
- IN & OUTDOOR SEATS & CUSHIONS

THURS- FRI-SAT  
9am -4pm

5/20 KING ST, CABOOLTURE wallpaperaustralia.com.au

## AQUANEO POOL & SPA SHOP



With over 25 years experience in pool servicing, you can relax, enjoy your weekends & leave the pool work to us!

No Grounding or Bonding Required. Virtually Maintenance Free. Ultraviolet, Salt, and Chlorine resistant. Stays Cool in Hot Summers.

10% off Retail  
**SAFTRON Handrails**



179 First Avenue, Bongaree 1300 279 502

And don't forget to bring a sample of your pool water for free testing



3 rooms \$120  
each additional room \$20

## Carpet Medic

INTENSIVE CARE FOR SICK CARPETS

@carpetmedicseqld



0413 658 177



Truck Mounted Steam Cleaning | Carpets | Upholstery | Tile And Grout | Pest Management

TRUSTED PROFESSIONALS  
NPR PLUMBING & GAS

0452 392 755

- PLUMBING
- DRAINAGE
- GAS FITTING
- RESIDENTIAL
- COMMERCIAL
- CARAVANS

FAMILY OWNED AND OPERATED

npr.services1@gmail.com • QBCC: 15259948 • ABN: 43713466556



# ASK

**ELECTRICAL & AIR CONDITIONING 24/7**

---

**INSTALLATION AND MAINTENANCE**

---

**Based in Banksia Beach, Queensland**

**Queensland Smoke Alarm Legislation is changing.**

**Before January 1, 2027, every property must comply with the regulations.**

**Smoke alarms must be in all bedrooms, hallways and living areas and be interlinked.**



**CALL ALAN**

**0460 662 733**

**YOUR FRIENDLY LOCAL ELECTRICIAN  
NO JOB TOO BIG OR SMALL**

# MAY 10

## MEET YOUR LOCAL TRADIE

### FAST CHANGEOVER SERVICE & REPAIRS

## RiverStone



The Dependable Pros

- Hot Water Service Specialists
- Blocked Drains & Camera
- All Gas Installations & Repairs
- Bore Repairs, Pumps & Tanks
- Sewer & Stormwater Drainage
- All Maintenance Plumbing

### SAME DAY SERVICE

Phone Shaun

## 0419 186 192

yarrabrae@gmail.com

QBCC: 15033588 • LIC: 54694 • GWL: L91268 LIC: L13684

## RELAX BY THE POOL WHILE WE DO THE WORK!

Sign up for 6 Services &  
**ONLY PAY FOR 5**

For new monthly clients only and  
excludes any chemicals and salt.

Email to Book Your Service Now  
bribieisland@poolwerx.com.au



## poolwerx

for healthy pool people



# Dolmen

## ROOFING & SKYLIGHTS

- Skylight design & installation
- Skylight repairs & replacement
- Roof maintenance & repairs
- Roof consultations & reports

## 0403 355 961

dolmenroofingandskylights.com

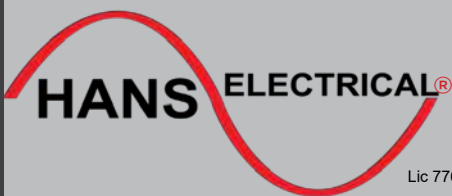


Local • Reliable • Quality Work

### Give your home a fresh new look with quality local renovation work.

- Roof Restorations
- Roof Replacements
- Concrete Resurfacing
- Decorative Concrete Coatings
- Exterior Painting
- And much more

### Call Mick Today 0449 593 204



Free Quotes  
Call Hans on  
**0458 912 121**

Award Winning  
Customer  
Service

Does your home comply with the New Smoke Alarm Legislation?  
If you are unsure, please contact us today for a free quote!

With over 30 years experience we will design your individual Smoke Alarm System

- Our smoke alarms meet all relevant Australian Standards, including a 5 year warranty
- Innovative features such as a wall controller Locate/Silence/Test and interconnected
- Solutions for those who are deaf or hard of hearing
- Certificate of Testing and Compliance

www.hanselectrical.com.au



## STENSON'S FLOOR SUPPLIES

- OLD & NEW FLOOR
- BOARD REPLACEMENT
- BAMBOO CLIP FLOOR INSTALLATION
- STAIRCASES & DECKS
- STAINING
- FREE QUOTES

CONTACT LUKE

## 0428 114 552

Stensons-enterprise.square.site  
Stensonsfloorsupplies@gmail.com

# BRIBIE AIR CONDITIONING

## STAYING COOL WITH BRIBIE AIR CONDITIONING

With over 15 years of experience, Bribie Air Conditioning has been keeping homes and businesses comfortable across Bribie Island and surrounding areas. Whether it's a new installation, a fast repair, or preventative maintenance, our team delivers solutions that work first time, every time.



### YOUR LOCAL AIR CONDITIONING EXPERTS



- Expert installations for split systems & ducted units
- Fast, reliable repairs with no hidden costs
- Preventative maintenance to extend the life of your system
- Local technicians who know Bribie and surrounding areas



### AIR CONDITIONING YOU CAN TRUST FROM HOMES TO BUSINESSES

We pride ourselves on friendly service, quality workmanship, and competitive pricing. From small homes to large commercial spaces, no job is too big or too small.

#### Proud Mitsubishi Electric Dealers

We are direct Mitsubishi Electric dealers, with the ability to source all other leading brands to suit your needs.



Don't sweat through summer or freeze in winter - call the local experts with 15+ years' experience to keep your system running smoothly.

Call us today on 0409 483 796

Bribie Air Conditioning - 15 Years of Cool Comfort & Local Service.

Call Us | 0409 483 796

Bribie Air Conditioning

# MAY 10

MEET YOUR LOCAL  
TRADIE



**GREEN AND CLEAN  
LAWN SERVICES**

**LAWN & GARDEN CARE**

- ✓ PRECISION LAWN MOWING & EDGING
- ✓ FULL YARD TIDY & PRESENTATION FINISH
- ✓ GREEN WASTE REMOVAL
- ✓ REGULAR MAINTENANCE PLANS AVAILABLE

**FULLY INSURED**

greenandcleanhome@outlook.com  
ABN 22 146 440 218

**CALL GRAEME  
0437 040 060**



**FPC  
PEST CONTROL**

- Residential and commercial
- Pest and rodent control
- Termite management

We are in business to give you peace of mind because we care!

**0456 692 119**

QBCC: 1268163

**Meet your local gutter cleaning specialists!**

Gutter Vacuuming | Solar Panel Cleaning | Bird Proofing | Pressure Cleaning | Mould & Lichen Removal | Gutter Guard Installation, and other services.



- \$20M Insurance Cover
- Before & after photos provided
- 'Working Safely at Heights' certified
- 100% Satisfaction Guarantee

**Wesley & Kate**



Gutter-Vac Brisbane North-East  
1300 654 253 | guttervac.com.au



FREE QUOTE

**WILSON'S HANDYMAN SERVICE**  
Your local fully insured small job specialist

- ✓ Home Repairs & Maintenance
- ✓ Privacy Screen Installation
- ✓ Fence Installation including Colorbond & Pool Fences
- ✓ Garden Maintenance
- ✓ Rubbish Removal
- ✓ Flat Pack Build
- ✓ Doors, Locks, Screens
- ✓ Decking
- ✓ General odd jobs

Call **Sandy** today on **0427 760 340**  
Or **Darren** **0447 202 424**  
Email: [dwilson2898@gmail.com](mailto:dwilson2898@gmail.com) ABN: 98707 181 592



EST. 2023

**BRISBANE - SUNSHINE COAST  
ARK ASBESTOS REMOVALS**

MAKING YOUR HOME A SAFER PLACE

- ✓ SAFE & PROFESSIONAL ASBESTOS REMOVAL
- ✓ LICENCED & INSURED
- ✓ FREE QUOTES

[WWW.ARKASBESTOSREMOVALS.COM.AU](http://WWW.ARKASBESTOSREMOVALS.COM.AU) **0439 238 180**

**MORETON BAY SKIP BINS**  
Local Family-owned skip company on Bribie Island

Skip bin sizes 3, 4, 6, 8, 12m cubic metre bins available  
We have doors available with some skips for easy access

- Residential and Commercial
- House renovations
- Garden cleanups
- Deceased estates

Moreton Bay Skips | hire a skip bin | Bribie Island, Queensland

**Moreton Bay Skip Bins**

**Call Mike  
0414 171 406**  
[moretonbayskiphire.com.au](http://moretonbayskiphire.com.au)

# Summer CLEARANCE

**HURRY!**  
**OFFER EXTENDED**



PLANTATION SHUTTERS

**40% OFF**



SANTORINI FULL CASSETTE MOTORISED FOLDING ARM AWNING

**U BLINDS PRICE PROMISE**

We will beat any written price by 10%  
\*Not for comparable product

3700 X 3000 = \$4190 MOTORISED  
4700 X 3000 = \$4790 MOTORISED  
5700 X 3000 = \$5490 MOTORISED



CURTAINS

**40% OFF**



ZIPSCREEN EXTERNAL BLINDS

**40% OFF**



ALUMINIUM SHUTTERS

**40% OFF**



ROLLER BLINDS

**40% OFF**



FABRIC AWNINGS

**40% OFF**



SECURITY PRODUCTS  
SECUREFORCE RANGE

**40% OFF**

call **1300 303 391** for a complimentary measure and quote

**SERVICING BRIBIE ISLAND AND SURROUND AREAS**



**U Blinds Australia**  
blindsshuttersawnings  
[www.ublinds.com.au](http://www.ublinds.com.au)

\*Conditions apply, selected materials and fabrics. Offer ends 27/06/2026 or while stocks last. Electrician and Installation not included. Santorini Folding Arm Awning prices as listed.

# MAY 10

MEET YOUR LOCAL  
TRADIE

## ROBERT'S

Driveway Restorations & Epoxy Flake Floors

Garage floors, Outdoor entertainment floors,  
pool area & Driveways

- Concrete Colour Sealing
- Exposed Aggregate clear sealing
- Epoxy Flake Flooring



0438 708 830

robertsdrivewayrestorations.com.au



ABN 49162074711



Non abrasive soft washing, roof cleaning and all exterior house washing.

**CALL TODAY**  
**0403 289 352**

**Local -Reliable – Fully insured**

## SMOOTH RIDES MOBILE MECHANIC

Whether it's routine maintenance or major repairs, we ensure your satisfaction with our reliable and efficient services.

- General Mechanical Repairs • Brake Services
- Engine Diagnostics • General Service • Logbook Servicing
- Cooling System Repairs

Are you looking for professional auto repair services in Bellara?

**Contact us today!**

**0478 820 298**

## CARAVAN CAMPER REPAIR CENTRE



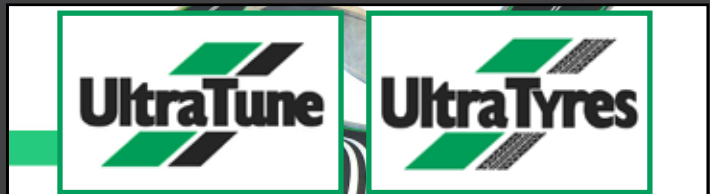
PRIVATE REPAIRS  
INSURANCE REPAIRS  
WARRANTY REPAIRS  
WATER DAMAGE  
HVRAS INSPECTORS

CARAVAN AWNINGS  
PARTS & ACCESSORIES  
DETAILING & CERAMIC PROTECTION  
ACCESSORY & SOLAR INSTALLATION

**5499-1304**

34-36 Cessna Dr,  
Caboolture QLD 4510

E: info@caravancamperrepairs.com.au  
W: caravancamperrepairs.com.au



## BRIBIE ISLAND

Dedicated to providing you with the service you want

- All Types of Tyres • Courtesy Car • Log Book Servicing
- Fleet Care • Air Conditioning Servicing & Repairs
- Free 24 Hr Roadside Assistance\*
- Safety Certificates - Certificate of Inspection
- Caravan Maintenance & Servicing
- 6 Month 10,000 km Nationwide Warranty on ALL Repairs



**OPEN**

**Monday to Friday 8am to 5.30pm**  
Saturday 8am to 12noon for all Servicing & Repairs

**Make sure your vehicle is safe.**  
**Call today to book for your safety check.**

**Ph 3410 1100 Fax 3410 1751**  
**Shed 1-4, 183 First Ave, Bribie Island**  
E: bribieisland@ultratune.com.au W: www.ultratune.com.au



# AIR CONDITIONING REPAIR, SERVICE & SANITISE

## ABOUT US

We are a local family owned and operated business who values and cares about our customers. We pride ourselves on being a reliable, professional & affordable business with over 30 years experience working on all makes & models of Air Conditioners.

## OUR SERVICES

- Breakdown & Repairs
- Service & Maintenance
- Filter Replacement
- Cleaning & Sanitising



# \$110

*SERVICE & HYDROCLEAN/SANITISE  
(per Split A/C)*

# \$150

*SERVICE DUCTED A/C SYSTEM*

**\*\*Domestic/Residential dwellings only\*\***

**All Works Carried Out By a Fully  
Qualified & Licenced A/C Technician**

## THE BENEFITS OF AN ANNUAL SERVICE & SANITISE ON YOUR A/C

- ✓ Reduced Energy Costs
- ✓ Increased in-home comfort
- ✓ Removes mould & bacteria
- ✓ Improved Air Quality & Air Flow
- ✓ Increase Efficiency
- ✓ Prolonged life of the A/C
- ✓ Fewer costly service calls & Repairs

Give Brett a call.....

**PH: 0401 521 977**

**[www.bgiair.com.au](http://www.bgiair.com.au)**

QBCC Lic. 15314735 ARClick AU57265 ABN 578 7594 0632

# Why a Specialist Buyer's Agent **Delivers More** Than Just a Purchase

By Avid Hawks

**M**ost people assume a Buyer's Agent just helps you buy property. Do you really need help? Go online, scan listings, call an agent—you could be under contract in no time. Easy.

But that's not what Avid Hawks Buyers Agent does. Their fundamentally different approach means clients secure consistent, not uncertain, results.

Before considering a property, they focus on the client's dreams and goals. Portfolio, wealth status, cash flow, borrowing power, and aspirations all matter. Buying property without a clear purpose can leave clients feeling stuck and frustrated.

They ask key questions: Why buy this property? What must it deliver financially? How does it fit your bigger picture? From there, they craft a strategy.

Not just buying a property and hoping, but outlining what one, two, three, or even four properties could mean over time. When you may qualify to buy again, how it affects cash flow, and how each step advances you toward your goal.

Once the strategy is set, they analyse markets. Hearing that Brisbane or another city is "hot" means little without context. Is it right for you? If holding costs are too high or the property type mismatches demand, maybe not.

They research where growth, jobs, and infrastructure are happening. More people create demand—but not all growth is equal.

They purchase only when strategy, market selection, and numbers align. But even then, it's not just about the property — it's about who lives there, who will rent it, and how that suburb is expected to perform over time. These steps drive results, but most buyers skip them.

They buy online act on emotion and hope for the best. Avid Hawks clients quickly recognise the difference between guessing and executing a defined strategy.

And when rigorous negotiation is part of the process, the fee often becomes negligible compared to the outcome achieved.

Choosing the right partner is the first step toward consistent results. With a strategic approach, your next property move could be your smartest yet.



# The Spin Cycle:

## Unfolding the Latest Laundry Trends

Laundry used to be a simple household task, but now it's getting a fresh look thanks to new technology, a focus on sustainability, and changes in our daily habits.

No longer just hidden away in garages or cupboards, laundry rooms are being designed to fit our modern lives and values.

Let's explore how innovation is reshaping laundry from the ground up.

### Smart Laundry Arrives

One major shift is the arrival of smart technology. With Wi-Fi-enabled washers and dryers, you can use your phone to check on cycles, get maintenance reminders, and even order more detergent when you need it.

Some machines also use sensors to adjust water and settings based on the type of fabric and size of the load, making laundry more efficient.

### Eco-Conscious Choices

Alongside technology, sustainability is driving laundry trends. More people are choosing cold-water detergents, energy-saving machines, and refillable detergent pods to reduce energy use and plastic waste.

Companies are also offering plant-based detergents and fabric softeners that are better for your clothes and the environment, appealing to those who care about being eco-friendly.

### Laundry as Self-Care

Beyond eco-friendly options, laundry is now seen as a form of self-care and mindfulness. Special products like scented detergents, wool dryer balls with essential oils, and high-end fabric sprays can make laundry feel more enjoyable.

Influencers on social media are sharing tips for folding, removing stains,

and creating a relaxing, spa-like atmosphere in your laundry routine.

### Flexible and Multifunctional Spaces

This shift in attitude extends to the spaces themselves. Modern homes feature laundry spaces with multiple uses, often paired with mudrooms or bathrooms. Compact machines and built-in cabinets save space, while patterned tiles, open shelves, and natural light create a welcoming feel.

### The Takeaway

Laundry isn't just about washing clothes anymore. It now shows how we use technology, care for the environment, and focus on our well-being.

As these trends continue to unfold, it's clear that laundry has become a real lifestyle choice, reflecting broader shifts in how we live.



**COASTAL**  
BATHROOM CONNECTIONS  
Bathroom Kitchen Laundry

Boutique Showroom & Warehouse  
5/7 Lear Jet Dr, Caboolture

ph 5432 9826  
coastalbathroom.com.au

Roof restoration done right...

# Before you say yes to that quote...

Ask yourself: is this the right solution, or just the only one being offered?

At R3 Roofing, we give you real options — and the clarity to choose confidently.

Because the cheapest fix isn't always the smartest one.

*Rodney Rock*

(Director/Owner)

**0427 830 313**

CALL TODAY



To restore roofs, you have to know roofs...

- **Qualified Tradesmen – From First Assessment to Final Nail**
- **Repairs, Restorations & Replacements – Honest Advice Every Time**
- **Backed by Master Builders Contracts & QBCC Warranty**
- **Focused on Outcomes, Not Just Price**
- **20-Year Roofing Solutions**

■ **Our Scope of Works Includes:**

- | Roof Tiling (Repairs & Re-roofing)
- | Metal Roofing (Colorbond & Custom Work)
- | Metal Fascia, Guttering & Downpipes
- | Timber Fascias – Repair & Replacement
- | Eave Linings – Installation & Repairs
- | Roof Painting & Protective Coatings
- | Exterior House Painting

**REPAIR  
RESTORE  
REPLACE**



**Honest advice.  
Skilled trades.  
Results that last.**

[r3roofing.com.au](http://r3roofing.com.au)

Follow us in action on Facebook....



# Solar Panels and Salt Air:

## What Bribie Island Homeowners Should Know

By Rodney Rock – R3 Roofing Pty Ltd

**B**ribie Island is a fantastic place to live. With sunshine most of the year and rising electricity prices, it's no surprise that solar panels are becoming a common sight on rooftops across the island.

Solar power can absolutely be a great investment for homeowners. However, living in a coastal environment brings some unique challenges that are not always discussed when solar panels are installed.

One of the biggest factors affecting roofs near the ocean is salt-laden air.

As a roofing contractor who regularly works on homes throughout Bribie Island and surrounding coastal areas, I often inspect roofs where solar systems are working perfectly — but the roof underneath is beginning to show signs of accelerated wear.

Understanding how coastal conditions interact with solar panels can help homeowners protect their roofs and avoid unexpected repair costs.

### Salt Air and Roofing Materials

Homes located near the ocean are constantly exposed to salt carried in the air.

Salt particles settle on roofing materials and, when combined with moisture, can slowly contribute to corrosion over time.

This is why coastal roofs often require more maintenance than roofs located further inland.

Normally, when the sun comes out in the morning, the roof heats up and dries quickly. This drying process helps slow the corrosion cycle.

However, when solar panels are installed, the conditions underneath them can change significantly.

### Solar Panels Create a Different Environment on the Roof

Solar panels create shaded areas on the roof that receive far less sunlight and airflow than the surrounding

roofing surface.

This can create a small “micro-environment” underneath the panels where:

- **moisture remains on the roof surface for longer**
- **salt deposits remain trapped on the roofing material**
- **airflow is reduced**
- **the roof takes longer to dry after rain or overnight condensation**

Over many years, these conditions can accelerate corrosion on metal roofs or contribute to deterioration of protective coatings.

### When Solar Panels Are Removed Years Later

One situation we sometimes see is when homeowners replace an older solar system after 10–15 years.

Once the panels are removed, it occasionally becomes clear that the roofing sheets underneath the panels have deteriorated faster than the surrounding roof.

In some cases:

- **the exposed roof areas are still in reasonable condition**
- **the sections beneath the panels require replacement**

This situation is more likely to occur in coastal environments where salt exposure is already affecting roofing materials.

### Why Roof Preparation Matters

None of this means solar panels are a bad investment.

However, it does highlight the importance of ensuring the roof is in good condition before panels are installed.

Before installing solar, homeowners should consider:

- **the age of the roof**
- **whether restoration or**

**protective coatings should be applied first**

- **whether the roofing materials are suitable for a coastal environment**
- **how maintenance will be carried out once panels are installed**

A roof inspection beforehand can help ensure the roof will perform well for the life of the solar system.

### Protecting Your Roof for the Long Term

At R3 Roofing, we regularly recommend that homeowners have their roof inspected before installing solar panels.

Ensuring the roof is properly prepared beforehand can help prevent problems developing years later and protect both the roof and the solar investment.

### A Final Thought for Bribie Island Homeowners

Living near the ocean is one of the great benefits of life on Bribie Island. However, coastal conditions can be demanding on building materials.

Solar panels can work extremely well here, but ensuring the roof underneath them is properly prepared is just as important as the panels themselves.

If you are considering installing solar panels and would like a professional roofing opinion first, Rodney Rock from R3 Roofing offers free roof inspections for Bribie Island residents.

**Making sure your roof is ready before solar installation could save thousands of dollars in the future.**

**R3 Roofing Pty Ltd  
Director/Owner  
Rodney Rock 0427830313**

# Composting

## Did you know?

Over one-third of the waste we send to landfills in Moreton Bay is organic material, such as food scraps and garden waste.

Organic materials generate methane, a greenhouse gas, in landfills and contribute to global warming due to their anaerobic decomposition.

Not to mention unnecessarily taking up a huge amount of landfill space! These organic materials can be

transformed into a valuable resource easily at home in our backyards through composting.

## Compost

Recycling organics can help extend the life of landfills, reduce greenhouse gas emissions, and provide a valuable, free resource for our gardens.

Composting is replicating nature's way of recycling by providing the right conditions for bacteria, fungi and small invertebrates to break down organic material.

## The A.D.A.M. Principle Aliveness

Your compost should be alive with many different critters! There will be micro-organisms working hard to break down your organic material, as well as macro-organisms such as worms, centipedes and slaters.

## Diversity

Like us, our compost bin needs a good, balanced diet. Aim to feed your compost roughly a 40/60 balance of nitrogen-rich and carbon-rich material.



# Every handful counts

Think your little pile doesn't matter? It does.

Together we're capturing tonnes of green waste. You're making compost happen.



Apply to opt-in to the GO service or order additional bins.



This initiative is supported by the Queensland Government's Recycling and Jobs Fund



## Nitrogen Rich Material (Green/Wet)

- Fruit scraps
- Vegetable scraps
- Grass clippings
- Green leaves
- Flowers
- Coffee grounds

## Carbon Rich Material (Brown/Dry)

- Shredded paper
- Dry leaves
- Egg cartons
- Cardboard
- Tea bags
- Hay / straw
- Dry grass clippings

## Avoid

- Meat
- Dairy
- Processed food
- Grains
- Fats and oils
- Man-made materials

## Aeration

Use a garden fork to stir your compost and add air. Air helps decompose organic material and also prevents the compost from smelling.

## Moisture

Add a small amount of water to your compost regularly to keep it at a good moisture level. Do the squeeze test: if water drips out, it's too wet; if it crumbles, it's too dry; if it just clumps together, it's perfect!

## Let's set up a compost bin!

1. Set up your compost bin in a sunny spot.
2. Add a layer of twigs and sticks for drainage.
3. Add a layer of nitrogen-rich material.
4. Add old compost to inoculate/start up
5. Aerate the compost
6. Add a layer of carbon-rich material.
7. Add moisture
8. Close the lid

## Harvesting your compost

When your compost is ready, it will be a brown colour, smell earthy and cool to touch. Use your compost on your garden as nutrient rich soil,

## Having Trouble?

### Slow?

Not enough air, no active ingredients  
Turn heap, add water, manure and nitrogen rich materials

## Smelly?

Too wet, not enough air, too acidic  
Turn heap, add carbon rich material

## Small flies?

Exposed fruit  
Cover with soil or any brown material

## Vermin?

Wrong food (no meat, dairy or grains),  
warm dry nest

Remove any breads, grains, meat or  
dairy, cover entry with wire, turn heap,  
add moisture

## Too wet?

Too much nitrogen rich material, not  
enough air

Turn heap, add carbon rich material

## Too dry?

Too much carbon rich material, not  
enough moisture

Add nitrogen rich material, turn heap,  
add moisture



**leading edge**  
(BRIBIE LEADING APPLIANCES)

helping small family businesses survive and thrive

**HOT or COLD** we've got you covered



7kw Reverse Cycle  
Air Conditioner-

**\$1499**



2.6kw Reverse Cycle  
Air Conditioner-

**\$699**

**3408 9200**

25 Benabrow Ave, Bellara QLD 4507

**Don't leave fitting your air conditioning  
to the last minute,  
GRAB A BARGAIN NOW!**



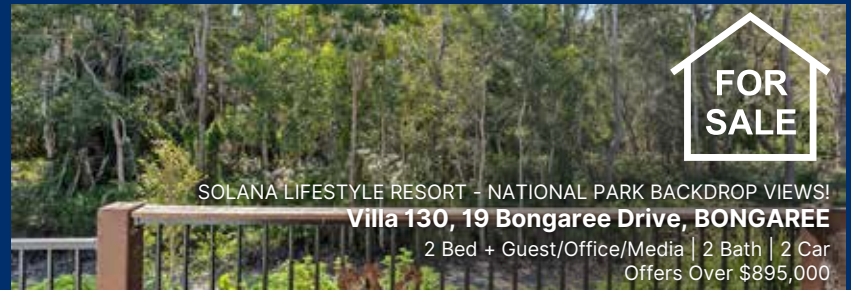
FOR SALE

COASTAL SMALL ACREAGE LIFESTYLE  
**4 Wattle Grove Drive, NINGI**  
3056m2 | 4 Bed | 2 Bath | 7 Car | Pool | Shed  
Offers Over \$1,480,000



FOR SALE

LUXURIOUS WATERFRONT LIVING  
**35 Protea Drive, BONGAREE**  
4 Bed | 2.5 Bath | 2 Car | Pool | Pontoon  
Contact Sally



FOR SALE

SOLANA LIFESTYLE RESORT - NATIONAL PARK BACKDROP VIEWS!  
**Villa 130, 19 Bongaree Drive, BONGAREE**  
2 Bed + Guest/Office/Media | 2 Bath | 2 Car  
Offers Over \$895,000

Thinking of Selling?  
Call Sally today to arrange a no-obligation market appraisal on your property

**FREE Marketing & Advertising!**



"Sally was always my first choice when selling my home. Her experience and knowledge of the area was going to be instrumental in getting the right price and marketing my property properly. Sally did not disappoint, always professional, calming, logical, honest and always offering strong yet fair advice. I had complete faith in Sally at all times ..."  
Deb Hunter, Bongaree Seller



PROPERTY PROFESSIONALS



Sally Grant 0425 559 832  
Bribie Island & Surrounds Leading Agent

[www.realestate.com.au/FindAgent](http://www.realestate.com.au/FindAgent)

**3517 2406**

[wilsonco.com.au](http://wilsonco.com.au)

Shop 1, 33 Benabrow Ave, Bribie Island  
Lic. 4424539

*Creative Interiors with*

# Ivory T - fabric & wallpaper



## The Benefits of Shutters in Your Home

Shutters are one of those rare home additions that are both practical and stylish. While they're often chosen for their clean, timeless look, their real value goes far beyond aesthetics.

From improving comfort to increasing property appeal, shutters offer a range of benefits that make them a worthwhile investment in almost any home.

One of the most noticeable advantages of shutters is their ability to control light. Shutters let you precisely control how much sunlight enters a room. Whether you want to brighten up your living space in the morning or block out harsh afternoon glare, shutters give you that flexibility without sacrificing privacy.

Speaking of privacy, shutters are excellent for creating a sense of security and seclusion. With adjustable louvres, you can let in natural light while still preventing outsiders from seeing into your home. This makes them especially useful for street-facing rooms or homes in busy neighbourhoods.

Shutters also play a significant role in insulation. In warmer climates, they help keep your home cool by blocking out heat, while in cooler months, they provide an extra barrier that helps retain warmth.

This added insulation can reduce reliance on heating and cooling systems, potentially lowering energy bills over time.

Durability is another key benefit. High-quality shutters are typically made from sturdy materials such as hardwood or composite, which means they can withstand daily wear and tear. They're also easy to clean, usually requiring



nothing more than a quick wipe, making them a low-maintenance option for busy households.

From a design perspective, shutters add a polished, cohesive look to any room. They complement a wide range of interior styles, from modern minimalist to classic or coastal themes.

Because they're often custom-fitted, they enhance the overall architecture of your windows and can even make spaces feel more refined and complete.

Finally, shutters can add value to your home. Many see them as a premium feature because of their durability, energy efficiency, and aesthetic appeal. Shutters are considered a more permanent upgrade that can make your property more attractive to buyers.

In the end, shutters are more than just a decorative choice; they're a functional improvement that enhances comfort, efficiency, and style. Whether you're renovating or simply looking to elevate your space, they offer a smart and lasting solution for any home.

**Ivory T - fabric & wallpaper 0422 599 084**

# FISHING BRAG



Richard and Diane were out at Cook's Rocks, on a run out tide, when she caught this lovely 47cm snapper. A good catch in total!



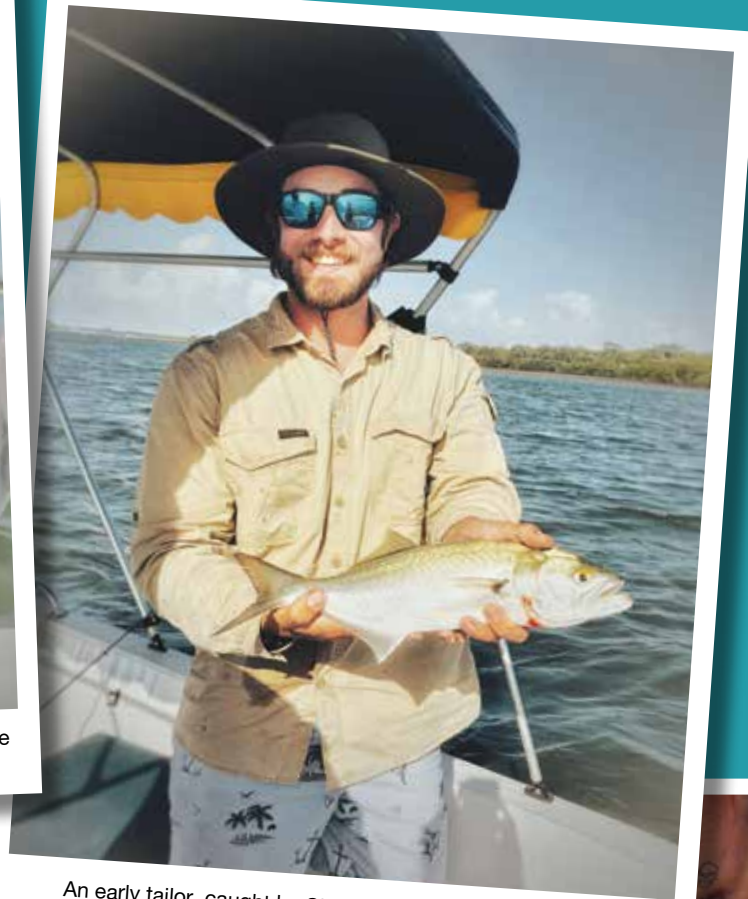
JJ and his sister were proud of their flathead and whiting catch.



Declan's flathead, 49cm, Ningi Creek, pilchard bait.



Lachie's flathead was smaller, at 42cm, but still a keeper. White patch, pilchard bait.



An early tailor, caught by Stefan, Ningi Creek, pilchard bait.



Another mud crab caught on the line, this time by James at Turner's Camp, pilchard bait.



This lovely wobbegong was caught by Jack and carefully released - no wonder it's called a "carpet shark"!

# TIDE TIMES

## Bribie Island AND Moreton Bay

<b>Fri 8 May</b> 1:47 am 1.77m 8:50 am 0.73m 2:11 pm 1.26m 7:49 pm 0.73m	<b>Sat 9 May</b> 2:39 am 1.72m 9:49 am 0.72m 3:17 pm 1.26m 8:57 pm 0.76m	<b>Sun 10 May</b> 3:40 am 1.71m 10:45 am 0.67m 4:35 pm 1.32m 10:11 pm 0.76m	<b>Mon 11 May</b> 4:44 am 1.73m 11:35 am 0.58m 5:44 pm 1.44m 11:19 pm 0.7m	<b>Tue 12 May</b> 5:44 am 1.76m 12:21 pm 0.47m 6:39 pm 1.61m	<b>Wed 13 May</b> 12:22 am 0.62m 6:39 am 1.81m 1:04 pm 0.36m 7:29 pm 1.8m	<b>Thu 14 May</b> 1:21 am 0.52m 7:30 am 1.82m 1:45 pm 0.27m 8:15 pm 1.98m
<b>Fri 15 May</b> 2:17 am 0.45m 8:18 am 1.8m 2:24 pm 0.21m 9:00 pm 2.13m	<b>Sat 16 May</b> 3:12 am 0.4m 9:05 am 1.73m 3:03 pm 0.19m 9:45 pm 2.24m	<b>Sun 17 May</b> 4:04 am 0.4m 9:52 am 1.63m 3:42 pm 0.22m 10:31 pm 2.28m	<b>Mon 18 May</b> 4:58 am 0.43m 10:40 am 1.51m 4:22 pm 0.27m 11:17 pm 2.26m	<b>Tue 19 May</b> 5:51 am 0.47m 11:29 am 1.42m 5:06 pm 0.34m	<b>Wed 20 May</b> 12:05 am 2.21m 6:46 am 0.53m 12:21 pm 1.35m 5:54 pm 0.42m	<b>Thu 21 May</b> 12:55 am 2.12m 7:44 am 0.57m 1:17 pm 1.32m 6:47 pm 0.51m



**John Traill Public Relations Officer | Marine Rescue Bribie Island | john.traill@mrq.qld.gov.au**  
**mobile 0407 537 323 FOR EMERGENCIES CALL 131MRQ OR OPERATIONAL ISSUES 3408 7596**



**SSSS TRAINING**

Saturday 11<sup>th</sup> April 2026 – 3 Trainee Crew underwent the mandatory SSSS (Shipboard Safety Skill Set) training, Lucinda from MRQ Bribie Island and Jordan and Emma from MRQ Jacobs Well. Supervised by MRQ Bribie’s Unit Training Coordinator Mark Young, Trainer & Assessor Liz Radajewski and MRQ Regional Training Coordinator South East Glenn Phillip.



Jordan swims out to right the life raft.



Emma using a fire extinguisher.



Lucinda Sinclair using the fire blanket, watched closely by Senior Coxswain and Trainer Liz Radajewski.



The 3 Trainees use marine flares under the watch of MRQ Regional Training Coordinator South East Glenn Phillip.

**THANK YOU ANN, KATHY AND ROSEMARY**



Wednesday 15<sup>th</sup> April 2026 – Marine Rescue Bribie’s Membership Administration Team of Ann Boxsell, Kathy Cavanagh, and Rosemary Blythe were recognised with a morning tea thanking them for many years of dedication. President of the Supporters Association Kelly Langworthy thanked the ladies and presented Ann and Kathy with flowers on their retirement.

Rosemary joined VMR Bribie in March 2013 and continued as a Radio Operator until January 2020, she was Membership Secretary from March 2016. Rosemary has recommenced as a Radio Operator and continues to update our database.

Ann joined VMR in February 2013 and was Assistant Membership Secretary from April 2014.

Kathy joined VMR Bribie in May 2004, she commenced as Assistant Membership Secretary in October 2020.

Thank you ladies for your valuable service.



Back row: - Beth MacDonald, Rosemary Blythe, MRQ Unit Commander Gary Voss, John Traill, Liz Radajewski, Cheryl Robinson, Sheryl Traill. Front row: - Ann Boxsell, Kelly Langworthy, & Kathy Cavanagh.

**SUNSET DRINKS - Friday 17 April 2025**

51 Active Members and partners enjoyed the Sandstone Bakery pies with mashed potato, mushy peas and gravy followed by ice-cream in a waffle cone or tub with a selection of toppings. A door prize of a \$50 fuel voucher was won by John Burdinat. Raffle prizes were also on offer.



Allan Davey and Karen Arthurs did a sterling job behind the bar for the first time!



Sunset Drinks on the balcony! Pam Bunger, Lindsay Paterson (back from tripping around the world), Pam Purtell, Rossi Young, Jen Herbert, Andrew Wilmot, Mark Young, Mark Purtell, Mark Paterson, and Garry Bunker.



Wayne Sclater, Col and Di Graham, Chris Beanlands & Brenda Allardyce enjoy the balcony

**ANZAC DAY**

ANZAC Day Saturday 25<sup>th</sup> April 2026 – 18 members turned out for the ANZAC March and Service at the Bribie Island RSL. Despite the Dawn Service escaping the downpour the main Service wasn't so lucky with several showers during the Service requiring umbrellas to be deployed. A very heavy shower followed the conclusion of the Service.



MRQ Bribie forms up ready for the march.

**MRQ WHITSUNDAYS VISITOR**

Saturday 25<sup>th</sup> April 2026 Deputy Unit Commander from MRQ Whitsundays Adam Cutten visited Marine Rescue Bribie on a visit to check out MRQ operations within the South East over the weekend. Adam would also visit MRQ Units at Jacobs Well and Victoria Point. MRQ Bribie Deputy Unit Commander Allan Tranter along with Senior Coxswain Liz Radajewski showed Adam over our new Rescue Vessel BR11. Radio Officer Peter McNamara gave Adam a run through the new Log On System Activate MRQ – NoggIn System.



MRQ Bribie's Senior Coxswain Liz Radajewski and Deputy Commander & Senior Coxswain Allan Tranter with MRQ Whitsundays Deputy Unit Commander Adam Cutten aboard Marine Rescue Bribie Island's new Primary Rescue Vessel BR11.

**UNIT COMMANDER GARY'S MESSAGE:**



**Lets talk about Kids on Boats**

Getting kids out on the water is one of the best things you can do. They love it, and it's

how the next generation learns to enjoy our waterways safely. But kids and boats can be a risky combination if you're not paying attention.

You would be surprised how quickly things can go wrong. Kids move around, they get excited, and they don't always understand the risks. That's why a few simple rules make all the difference.

First up – lifejackets. Kids MUST be wearing a lifejacket when underway, and they really should wear one even when stationary - all the time. Conditions in the Bay can change quickly, and if someone goes overboard, you don't get much warning. You really don't want a simple slip overboard to result in tragedy.

Seating is another big one. Make sure kids are seated properly when underway – not standing up, not sitting on gunwales, and definitely not sitting on the bow! A small boat hitting chop in Moreton Bay can throw someone off balance very easily – kids and propellers don't mix.

On larger boats, keep a close eye on where your children are at all times. It only takes a second for a child to slip or fall, especially when things get busy like launching, retrieving, or coming alongside.

Sun protection and hydration are also important. Kids feel the heat quickly, and a long day on the water can take it out of them before you realise.

Finally, think about the conditions. Just because you can handle it doesn't mean it's suitable for kids. A choppy afternoon in the Bay might be fine for experienced adults, but not much fun – or safe – for younger passengers.

**So remember** – lifejackets on, stay seated, keep an eye on them, and pick your days. Keep it safe, and they'll keep coming back for more.

**APRIL ASSISTS**

**WED 15/04 0812AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a patient with heart pains to their waiting ambulance.

**WED 15/04 1446PM** – Advised by Water Police that 7m Vessel 3POB with flat battery in Eastern Main Channel. Located towed vessel and handed over to CG Manly.

**WED 15/04 1537PM** - Tasked by QAS to transport 2 x Paramedics to Catamaran off Tangalooma Wrecks and medevac a female patient. Medevac cancelled as seriousness of patient required helicopter.

**WED 15/04 1716PM** – 10m Catamaran 1POB stuck on sandbar off Gilligan's Island required a tow to deeper water.

**WED 15/04 1732PM** – 7.9m Runabout 3POB with engine failure at Deception Bay Red required a tow to Scarborough.

**SAT 18/04 0512AM** – Tasked by Water Police to search 20-30NM off Cape Morton for male (jumped from Carnival Splendor).

**SUN 19/04 1702PM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 6-yr old (& parent) with a cut foot to their waiting ambulance.

**MON 20/04 0920AM** – 13m Yacht 2POB broken down at Skirmish Point required a tow to Bongaree area.

**MON 20/04 11215PM** – 3.6m Tinny 3POB broken down at mouth of Ningi Creek, required a tow to Bongaree boat ramp.

**MON 20/04 1921PM** – Tasked by Water Police to conduct SAR for Tinny 1POB off Scarborough. Located and dropped at Scarborough Harbour.

**TUE 21/04 0934AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 47 yr-old female with a knee injury to their waiting ambulance.

**SAT 25/04 0135AM** - Tasked by QAS to transport 2 x Paramedics to Tangalooma and medevac a 36 yr-old male suffering a seizure to their waiting ambulance.

**SUN 26/04 1609PM** – 2 x Jet Skis 4POB aground at Tripcony Bight, towed to deeper water, one returned to Caloundra to pick up trailer, towed the other with mother and 2 children back to base to be picked up.

**MON 27/04 1810PM** – MOP reported Jet Ski 1POB in difficulty off Bongaree ramp, could not locate after 1.5 hr search.

**YTD RADIO ROOM STATISTICS**

<b>CALLS</b>	<b>5,157</b>
<b>VESSELS LOG ONS</b>	<b>1,497</b>
<b>VESSEL ASSISTS</b>	<b>133</b>
<b>SITREPS</b>	<b>513</b>
<b>REQUESTS</b>	<b>489</b>
<b>OVERDUE VESSELS</b>	<b>9</b>
<b>VESSEL TRACKING</b>	<b>3</b>
<b>RADIO CHECKS</b>	<b>397</b>
<b>WEATHER BROADCASTS</b>	<b>1</b>
<b>SECURITE BROADCASTS</b>	<b>5</b>
<b>PAN PAN CALLS</b>	<b>0</b>
<b>MAYDAY CALLS</b>	<b>0</b>
<b>PERSONS ASSISTED</b>	<b>191</b>
<b>VHF CALLS</b>	<b>54.6%</b>
<b>27MHZ CALLS</b>	<b>0%</b>
<b>PHONE CALLS</b>	<b>29.3%</b>
<b>GWN CALLS</b>	<b>1.9%</b>

**“BUT importantly – Always remember if you are heading out on the water LOG ON with your local MRQ. VMR or Coast Guard, it's a free service for everyone, so why wouldn't you! It just may save your life!”**

**“PLEASE WEAR YOUR LIFE JACKETS!”**



Dear Editor,  
In a few weeks' time, Queenslanders will open their mailboxes to find new land valuations — and for many households, that envelope now brings more anxiety than information. Across the state, families are already dealing with rising insurance premiums, energy bills and everyday essentials. These valuations directly influence council rates and state charges, and in many cases add to cost-of-living pressures. Yet the system behind this is becoming increasingly unfair, especially for people who are asset-rich but cash-poor and struggling to stay in the homes they've lived in for decades. This has become, in effect, a stealth tax— nothing extra is coming into the household, yet more is expected to go out. We see this clearly in our own community. On Bribie Island, land values in Bongaree, Bellara and Woorim have surged well beyond what many retirees on fixed incomes can manage. In Caboolture and Morayfield, long-term residents are being hit with steep increases driven by rezoning and development pressure, not by any change in their personal circumstances. Even in Redcliffe and the Sunshine Coast hinterland, families who have lived in the same home for decades are now facing rate bills that bear no relationship to their income or ability to pay.

I believe that one of the simplest and most ratepayer-friendly reforms would be to stop issuing valuations every single year. Queensland's annual cycle creates unnecessary volatility and punishes households whenever the property market surges. Property markets can shift dramatically in short periods, but household incomes rarely rise at the same pace. Moving to a two- or three-year valuation cycle, as other states already do, would smooth out these spikes and give families predictable, manageable changes instead of sudden shocks. Another reform worth serious consideration is shifting from a pure land-value system to a Capital Improved Value model, where both the land and the home are assessed.

This approach, used in Victoria and the ACT, spreads the rating burden more evenly and reduces the disproportionate impact on suburbs where land values have soared

due to rezoning or speculation. Including the value of the dwelling recognises the real-world use of the property and avoids penalising residents simply because their neighbourhood has become "hot" in the market. Under the current system, two households with similar incomes can face wildly different rates for reasons entirely outside their control. That is not a fair or sustainable way to fund essential services.

If we want a system that protects long-term residents — especially older Queenslanders who are house-rich but income-poor — then we need to rethink how valuations are done and how rates are calculated. Ratepayers deserve a system that is transparent, consistent and easy to understand. A fairer, more predictable model is possible. What's missing is the political will to modernise a framework that no longer reflects the realities faced by ordinary Queenslanders, including those right here in our own community.

Rodney Hansen.

Dear Editor,  
Time for voting reform?  
A correspondent to a national newspaper recently wrote on the subject of the government's treatment of energy and fuel; "This really goes to show that the fools that voted for the fools currently providing alleged governance got exactly what they deserved. Unfortunately, the rest of us pay for their error also." I would maintain that several of these voters were not fools, merely choosing a party that benefited their lifestyle. If one had chosen to live totally on welfare handouts then the choice of who to vote for is very clear. As a self-funded retiree, having paid taxes for my entire working life, I feel strongly that I deserve more of a say in who should be running this country than welfare recipients. I do not believe that welfare recipients should not have a vote but that votes should be strongly weighted in favour of citizens who have contributed to the development of this country. Such a proposal would have little likelihood of success under the "fools currently providing alleged governance" however one might hope that it would achieve some traction under a future conservative government.  
Michael Cavenor

Dear Editor,  
It is curious the differences between large businesses and their approaches to thieves. In one local supermarket, a customer using self-service was challenged on items he had not scanned. His threatening and dismissive denials were not investigated, nor was he detained so staff could look up camera footage. He simply threatened and walked out with a trolley load, staff citing 'there's nothing we can do'. An irony here is that this shop has recently taken to making us show our bags when served by an attendant. The result of this inconsistency will be shouldered by honest customers in higher prices and more pointless scrutiny down the track, no doubt.

At another supermarket the next day, a friend carrying a forgotten item under his arm was loudly challenged by security, while more was called - before the product was roughly grabbed from him, scanned and when confirmed to be from another store, he was let go, without apology or appropriate closure. He was suitably outraged at the embarrassment and humiliation he felt, from the whole episode.

A trip to Bunnings saw this same gentleman applying for a refund, falling over his rather complicated story as the attendant tried to understand his dilemma - that his mistake might be taken as thieving. They quietly and efficiently drew on the manager, viewed camera footage and the issue was sorted, without fuss.

How can these things be sorted when there is no consensus on how to deal with the questionable people and issues in our midst? These big companies have the profits to combat thieves. And people who are honest have nothing to fear if cameras and challenges are put in place. How did we become so ineffective and afraid?

In bringing this to light, I am speaking for the person who experienced/witnessed these events but wouldn't speak up about them - as traumatised and outraged as he was.

Maybe that's the real issue.

P Robinson

# Neighbourhood Watch

## BRIBIE ONE NHW - NEWSLETTER

# MAY 2026

### DAINGEROUS PRACTICE

There has been some comment in the local social media pages recently concerning the use of roundabouts. It is clear that many drivers do not know the rules. The main roundabout on the island is that where Goodwin Drive, Benabrow Avenue, Sunderland Drive and Hornsby Road meet at the shopping centre. This roundabout is made a little more complicated by the existence of bicycle lanes which separate the dual lane approaches. However, the rules still apply.

Give way to all vehicles already on the roundabout. Use the correct lane during your approach. Use the left lane if exiting left or going straight ahead. If turning left, use your left turn indicator. Use the right lane if intending to go straight ahead, turn right or do a U turn. In both latter occasions, use your right turn indicator.

Always signal left when you intend to exit. Those travelling north along Goodwin Drive and intending to turn left into Benabrow Avenue do not have a slip lane. There is a "Give Way" sign on that lane to remind drivers to give way. A number of drivers exiting straight from Hornsby Road and the shopping centre onto Benabrow, wish to turn left at the first street exit - Gidya Avenue. On many occasions a move to the left lane becomes impossible due to vehicles using the left turn from Goodwin as a "slip road" and failing to give way.

If you are unsure, look up the road rules on Queensland traffic. There are useful videos which demonstrate the correct use, positioning and signalling required for safe use of roundabouts. And while on the subject of useful videos, there are some really good ones showing how to park easily - parallel, reverse and all. All too often we see a lot of "toing and froing" with parking. The videos show just how simple it can be.

### BE CONNECTED

This is an Australian Government initiative, started in 2017, and which is committed to increasing the confidence, skills and online safety of older

### BANKSIA BEACH - BELLARA - WOORIM - BONGAREE - SAND- STONE POINT - NINGI

Australians. It aims to empower everyone to use the internet and everyday technology to thrive in our digital world. Through using the "Be Connected" online resources, older Australians will be able to learn the basics of using digital devices and engaging with the internet.

#### Relevant topics include:-

- Being safe online
- Talking to, or seeing, family and friends who live far away.
- Finding new friends who share similar interests and hobbies.
- Connecting with old friends.
- Keeping up-to-date with what's happening in communities around the world.
- Shopping and selling online, safely and securely.

Be Connected is not just a website. It is a national movement working across Australia, within communities, to help people with their digital skills. Last year, our local NHW ran a course on AI - artificial intelligence - to show attendees just what is available, and what can be achieved using AI. Australians with low internet skills can often feel isolated from their community and even their family at a time in their lives when feeling connected is increasingly important.

Be Connected provides support for mentors - family members, friends and community groups - to assist with learning programs from the very simple to the more complex. Go to their website and see just what help can be given to those who need to have a better connection to the outside world!

### NEXT MEETING

Tuesday, 19th May in the ANZAC Room of the RSL at 9.30. Our guest speaker will be Sharon Beattie, from HQ Plantations, who will speak about the pine plantation on Bribie, it's harvesting and the future. It will be a very interesting talk

### MORE NHW INFORMATION

Contact co-ordinator, Peter Barrett on **0408 841 306**.

## THANKS TO ALL OUR SPONSORS

**Australia Post Bongaree**  
3408 1007

**Bribie Doctors**  
3408 3320

**Bribie Fast Parcels**  
0407 767 038

**Bribie Island RSL**  
3400 1300

**Bribie Island Taxi Services**  
3408 9700

**Bribie Medical Equipment  
Hire And Sales**  
3408 0398

**Bribie Sand/Gravel  
And Landscaping**  
3408 1037

**CM Wheeler And  
Associates**  
5496 1156

**Cornetts IGA Bongaree**  
3408 1066

**Hans Electrical**  
0458 912 121

**Home Assist Secure**  
3408 0111

**Ireland Flooring Solutions**  
3408 3122

**Priceline Pharmacy  
Bribie Island**  
3410 1000

**The Ink Shop**  
3408 6421

**Victory Press Printing**  
3408 2334

**JB Carts**  
0401 687 282

## IMPORTANT NUMBERS

**POLICE LINK 131 444**

**EMERGENCY 000**

**CRIME STOPPERS**

**1800 333 000**

**SES 132 500**

**CENTRE AGAINST  
DOMESTIC ABUSE**  
**5498 9533**

**B.I.D.N.C.**  
**3408 8440**

## LETS MAKE CRIME PREVENTION A PRIORITY

**DISCLAIMER:** the information contained herein has been obtained from sources we deem to be reliable, however we cannot guarantee its accuracy and interested person should rely on their own inquiries. The views in this newsletter are not necessarily these of the Queensland Police Service unless expressly so quoted.



# ELECTRICIANS

## GENERAL & AIR CONDITIONING



**Sales • Installations • Servicing • Repairs**

**Your Local Air Conditioning Specialists.**  
Fully qualified refrigeration mechanics.  
Over 20yrs refrigeration and building experience.

**Call Joel today on  
0409 483 796**

hello@bribieairconditioning.com.au  
www.bribieairconditioning.com.au

AU LIC: 58505 | ARCTIC: L138688 | Electrical Lic: 165295  
QBCC Licence: 15263257 ABN: 41362542234



**CHILOWATT**  
AIR CONDITIONING & REFRIGERATION  
FAMILY OWNED AND OPERATED OUT OF BRIBIE ISLAND  
ARC LIC No AU61947

- ❄️ Installation & servicing
- ❄️ Breakdowns
- ❄️ Deep cleans
- ❄️ No call out fee from Bribie Island to Ningi

**CALL JAKE 0457 051 819**

E: jake@chilowatt.com.au

LKA ELECTRICAL 

Licence No: 90818

Professional, reliable, quality service for all your electrical needs.

**No job too BIG or Small!**

Call LKA  
**0430 035 577**  
\*\*Pensioner Discounts\*\*  
Email: lucas@lkaelec.com

**Southern Stars**  
AIR CONDITIONING, ELECTRICAL  
SOLAR & SMART HOME

MyPlace Advantage AU  
Fujitsu  
Australian Owned & Operated  
EST 2009

**GET DUCTED**

**\$500**

**(07) 5495 1827**  
6/95 Lear Jet Drive, Caboolture QLD

Terms and Conditions apply, visit www.southernstarsgroup.com.au/promotions/get-ducted-500-hold-prize



**BGI AIR CONDITIONING**

Local Family Run Business  
**AFFORDABLE & RELIABLE**  
Breakdown Service, Maintenance, Sanitising & Repairs

**Fully Qualified Refrigeration Tech with over 30 years experience.**

QBCC Licence: 15314735  
ARCTick AU 57265

**Ph: 0401 521 977**  
**www.bgiair.com.au**

**ON TIME... EVERY TIME!!!**

★★★★★



**POWERED ELECTRICIANS & SOLAR**

BRIBIE ISLAND'S LOCAL SOLAR & ELECTRICAL EXPERTS

**CALL US TODAY  
0421 901 966**

[www.poweredes.com.au](http://www.poweredes.com.au)

MASTER ELECTRICIANS MEMBER SOLAR ACCREDITATION AUSTRALIA



**HANS ELECTRICAL**

Security Provider Lic 3733093 Lic 77649

*Award Winning Customer Service*

**Call Hans 0458 912 121**

- ▶ Electrical Installations & Repairs
- ▶ SWANN Security Camera Systems
- ▶ Surge Protection, Safety Switches
- ▶ Ceiling Fans, Smoke Alarms LED Lights
- ▶ Power Points, Tv Points HWS Repairs
- ▶ Garden Lighting, Shed Wiring, Metering...

**www.hanselectrical.com.au**

**D.G. WARWICK ELECTRICAL**

FAST RELIABLE QUALITY SERVICE AT VERY COMPETITIVE RATES

**CALL DAN  
0411 486 886**

Pensioner Discounts  
FREE QUOTES  
Over 20 years Experience  
Lic# 76628



**Fastsparks Electrics**

QLD LIC: 88245

**BRIBIE LOCAL. ELECTRICAL INSTALLATION & MAINTENANCE.**

**CALL PAUL: 0404-757714**

**24HR EMERGENCY SERVICE.**

MasterCard VISA

# PAINTING

## NO STEPS PAINTING

**RESIDENTIAL PAINTING, DECORATING & WALLPAPER HANGING**  
 FULLY LICENSED & INSURED  
**CALL STUART**  
**PH 0403 153 141**  
 Email: [nostepspainting@gmail.com](mailto:nostepspainting@gmail.com)  
 Lic No: 15047313

## BUSY BRUSHES

PAINTING & DECORATING  
 SINCE 1999

*Painting and Decorating, Interior and Exterior Painting, Small Jobs welcome!*

Family business  
 SINCE 1999  
 Perfection is our standard!

**CALL WAYNE FOR A FREE QUOTE**  
**0434 677 476**

[busybrushes@bigpond.com](mailto:busybrushes@bigpond.com) QBCC Lic. 67239

QBCC 15097374



## MATT'S QUALITY PAINT SERVICE

- RESIDENTIAL
- COMMERCIAL
- NEW HOMES
- RENOVATIONS
- ROOF RESTORATIONS

**PH 0439 343 723**  
[mattsqualitypainting@outlook.com](mailto:mattsqualitypainting@outlook.com)



- INTERIOR PAINTING
- HAND PAINTED KITCHEN CABINETS
- TRADITIONAL SIGNWRITING

**CALL ALAN**  
**0410 656 086**  
[alsbrushstrokes@gmail.com](mailto:alsbrushstrokes@gmail.com)




- ✓ INTERIOR ✓ EXTERIOR
- ✓ AIRLESS SPRAYING
- ✓ EPOXY FLOORING & DRIVEWAYS
- ✓ HIGH PRESSURE WATER WASHING

**0427 041 589**

YOUR AD COULD BE HERE



YOUR AD COULD BE HERE

**0448 448 457**



# BUILDING & FLOORING

## CARPENTRY, HANDYMEN



**COMBINED TRADES**  
Bringing your projects to life

**TRADES**

Carpentry	Painting
Tiling	Rendering
Concreting	Plastering
Plumbing	Electrical
Welding	Steel Works

**SPECIALTIES**

Bathroom Renovations	Small & Large Extensions
Kitchen Renovations	Timber Patio & Carport Builds
Full House Renovations	Full House Painting
Decking - Timber & Composite	Pool Surround Tiling & Decking

**Licensed And Insured**  
**0481 273 873**  
ABN: 14 659 685 391 QBCC Licence: 1506 3353  
jason@cmbtrades.com.au

- EXTENSIONS & RENOVATIONS
- CARPENTRY
- DECKS & PATIOS
- BATHROOMS
- ROOFING & FLOORING
- FRAMING AND CLADDING
- COMMERCIAL
- RESIDENTIAL



PH: 0455 378 439  
LOCAL BUILDING SERVICES  
QBCC 1506717



**BNQ CONSTRUCTIONS**



Extensions & Renovations  
All carpentry works  
Bathrooms upgrades  
Decks & pergolas  
Plastering services  
Building repairs  
Roofing  
Fully Insured

*building on your ideas*

Phone Ben  
**0404 312 466**  
QBCC#1185036  
LICENCE BUILDER



**Bribie Building**

**DECKS PATIOS**  
**RENOVATIONS & EXTENSIONS**  
**BATHROOMS**  
**QBCC LICENSED 1050259**  
**FULLY INSURED**  
Servicing Surrounding Areas  
Including Woorm, Sandstone Point, Nangi & Beachmere.

**Greg 0405 030 071**  
gregw@bribiebuilding.com.au  
www.bribiebuilding.com.au

**TREVOR HOLMAN CARPENTERS**

- Handyman Work
- Carpentry
- Termite Damage
- Plastering
- Painting
- Fencing
- Pergolas & Decks
- Doors & Locks
- Flatpack expert
- Minor Tiling
- 27 yrs experience
- Fully Insured
- Pension Discounts



**PH: 0414 396 970**  
QBCC Lic: 1041878  
ABN 01483113734

**FOR ALL YOUR CONCRETING NEEDS**

- PLAIN • EXPOSED
- COLOUR • COVERCRETE
- DRIVEWAYS • SHED SLABS
- PATHS • PATIOS
- HIGH PRESSURE WASH
- SEALING • COLOUR TINT
- REJUVENATE EXISTING CONCRETE



**PH: 0418 989 392**  
www.nickbuiltconcreting.com.au  
QBCC: 71589

**HIRE A HANDYMAN**

- General property maintenance
- Carpentry
- Fencing
- Painting
- Shower Screens
- Furniture Assembly
- Plus Heaps More

**One call to fix it all  
Bribie local for over  
35 years**

**0409 123 342**

**STENSON'S FLOOR SANDING & POLISHING**

- old & new floor
- board replacement
- bamboo clip floor installation
- staircases & decks
- staining
- free quotes



**LUKE 0428 114 552**  
**MELISSA 0404 304 060**

**impact decorative concrete**

Local Tradie. Quotes Welcome.  
Plain, Exposed, Decorative Finishes.  
Quality work. Fully Insured.

**Paul Rawleigh 0413 139 133**  
QBCC 1229511



**SCORPION SHEDS**

We can Quote, Supply & Install all types of DOMESTIC SHEDS, COMMERCIAL SHEDS, CARPORTS & PATIOS

Locally owned & operated from Glass House Mountains  
Check out our website for some great designs and ideas

**0417 444 929**  
www.scorpionsheds.com.au


**FAWCETT'S FLOOR SANDING & POLISHING**

- New & Old Floors
- Carpet Removal
- Decks
- Staining
- Stair Cases
- Board Replacements

**10 YEARS EXPERIENCE**  
**FREE QUOTES**

Matthew Fawcett  
**0425 625 152**  
fawcett.floorsanding@gmail.com  
ABN. 22 170 223 265 | Quotes up to \$3,300

**YOUR AD COULD BE HERE**



# OUTDOOR GARDENING, CONCRETING, TREE SERVICES

**REDHOT ROOFING**  
**GUTTERING & DOWNPIPES**  
**FOR THE HOTTEST PRICES**  
**CALL BRAD OR BRONSON**  
**0419 721 064 0407 190 772**

**A1 ROOF RESTORATIONS** Don't ignore Restore  
**NO OBLIGATION FREE QUOTE**  
 High pressure clean  
 Full Restoration  
 We use trusted Dulux products  
**CALL ELVIS**  
**0484 244 435** QBCC 1094638  
**15 YEAR GUARANTEE**  
**HEAT REFLECTIVE COATINGS**

**TV Antenna Specialists**  
**FULLY INSTALLED DIGITAL READY**  
 With 5 Year Full Warranty  
 Extra Outlets  
 Free Outlets  
 TV & DVD tuning  
 Telephone Points  
 Insurance Work  
 Pensioner Discount  
 Wall Mounting  
**10% OFF ON MENTION OF THIS AD**  
**0411 638 122**  
 E: tvantennas4u@gmail.com  
ABN 79938506659

**John THE TV ANTENNA MAN**  
**TV Tuning \$70.00**  
 ✓ Australian-Made Digital  
 ✓ TV Aerials, Outlets & Troubleshooting  
 ✓ EFTPOS AVAILABLE  
 ✓ PENSION DISCOUNTS  
**PH-3408 6530**  
Titab Lic No: T155423 Est 20yrs. 5yrs Warranty.  
*If I cannot FIX your problem, there will be no CHARGE!!*

**YOUR AD COULD BE HERE**  
**0448 448 457**

**EARTH ASPECTS**  
ABN 89 566 312 756 - QBCC 1145351  
**JASON WRIGHT**  
**0411 222 349**  
**LANDSCAPING**  

- LANDSCAPE DESIGN & CONSTRUCTION
- GARDEN / RETAINING WALLS
- IRRIGATION
- INSTANT TURF
- DECKING
- PAVING & CONCRETING
- BOBCAT & TIPPER HIRE

*"Creating Excellence Naturally"*

**ACE YARD SERVICES AND MAKEOVERS**  

- TREE REMOVAL
- TURFING
- LAWN MOWING
- GARDEN WEEDING
- RIDE ON MOWING
- STORM CLEAN UPS
- LAND CLEARING KANGA
- HEDGING
- LAWN TREATMENTS
- RUBBISH REMOVALS
- YARD MAKEOVERS
- HIGH PRESSURE CLEANING
- STUMP GRINDING
- TOP SOIL

**DVA & NDIS APPROVED SUPPLIERS**

**SERVICING LOCALLY FOR OVER 10 YEARS**  
**QUALITY WORK, ALWAYS ON TIME, FULLY INSURED**  
**CALL FOR A FREE QUOTE:**  
**0403 094 212**

**TOM THUMBS TREE WORKS**  
**0439 342 288**  
 tttrees2@gmail.com  
 With over 10 years experience we are the professionals that care  
**Call Tom today for a FREE quote**  

- Tree Lopping
- Tree Removal
- Tree Pruning
- Stump Grinding
- Palm Tree Cleans & Removals
- Confined Space Tree Removal
- Land Clearing
- Storm Clean Ups

**AQUA NEO POOL & SPA SHOP**  
 With over 25 years experience in pool servicing, you can relax, enjoy your weekends & leave the pool work to us!  
**10% off Retail SAFTRON Handrails**  
**179 First Avenue, Bongaree 1300 279 502**  
 And don't forget to bring a sample of your pool water for free testing  
**AQUA NEO POOL STORE**

**ELITE FLOW EXTERIOR CLEANING**  
 LOCALLY OWNED & OPERATED  
**MATT**  
**0458 650 211**  
**FREE QUOTES!**  
 ELITEFLOWEXTERIORCLEANING.COM.AU  
 ABN: 23 141 923 009

**YOUR AD COULD BE HERE**  
**0448 448 457**

**Roof restoration done right!**  
 Honest advice.  
 Skilled trades.  
 Results that last.

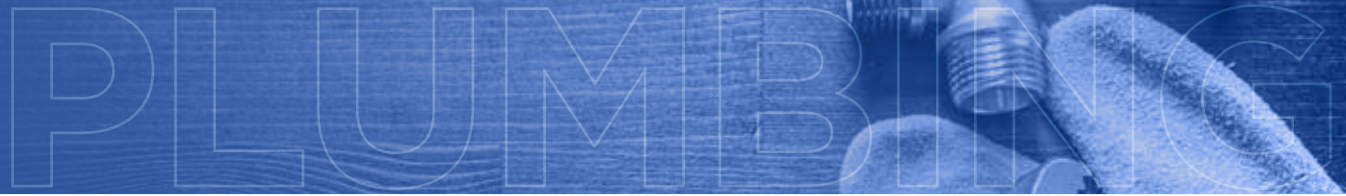
**REPAIR RESTORE REPLACE**

**R3 ROOFING**

- | Roof Tiling (Repairs & Re-roofing)
- | Metal Roofing (Colorbond & Custom)
- | Metal Fascia, Guttering & Downpipes
- | Timber Fascias – Repair & Replacement
- | Eave Linings – Installation & Repairs
- | Roof Painting & Protective Coatings
- | Exterior House Painting

**Call Today for a FREE QUOTE**  
**Rodney Rock - 0427 830 313**

# PLUMBING




**MPJ**  
**PLUMBING PTY LTD**  
The first call will fix it all

**WE specialize in all plumbing and drainage including hot water systems and general maintenance**

**MPJ GROUP ABN 16658328191**  
QBCC Licence 15274689

**Call Jason Holtham**

**Ph: 0429 986 324**  
e: mpj.plumbing@outlook.com



**24 HOUR Emergency Services**

**AUSTRALIAN PLUMBING AND GAS BRIBIE**

**BRIBIE'S MOST EXPERIENCED PLUMBING AND GAS TEAM**

- specialist in blocked drains CCTV sewer jetting
- Bribie's only dedicated/inhouse leak detection service
- all aspects of gas fitting
- hot water systems
- renovations

**Call us today 0401 464 673**

LOCAL FULLY LICENCED AND INSURED PLUMBING PROFESSIONALS...QBCC 15011436



**BRIBIE ISLAND PLUMBING & DRAINAGE**



QBCC# 1317475

**0459 920 801**



**FAST CHANGEOVER SERVICE & REPAIRS**


- Hot Water Service Specialists
- Blocked Drains & Camera
- All Gas Installations & Repairs
- Water Tanks & Pump work
- Drainage & Repairs
- Taps Toilets & Burst Pipes

**SAME DAY SERVICE**

Phone Shaun  
**0419 186 192**  
yarrabrae@gmail.com



QBCC: 15033588 • LIC: 54694 • GWL: L91268  LIC: L13684



**YOUR AD COULD BE HERE**




**LIMITLESS GAS & PLUMBING**  
RELIABLE, LOCAL, QUALITY SERVICE

QBCC 15338221

- All Plumbing Works
- All Gas Works
- 24/7 Emergency Services
- Renovation

**Call Johno - 0467 318 397**



# PROFESSIONAL SERVICES

☎ 0413 658 177  
 5 STAR REVIEW RATING  
  
**Carpet Medic**  
 INTENSIVE CARE FOR SICK CARPETS

@carpetmedicseql  
**3 rooms \$120**  
 Each additional room \$20

Truck Mounted Steam Cleaning |  
 Carpets | Upholstery | Tile And Grout  
 | Pest Management

 **2 dogs**  
 GRAPHICS & DESIGN

*imagine... create... design...*

- LOGO DESIGN
- SIGNAGE • BANNERS
- TYPESETTING • BUSINESS CARDS
- MENUS • VEHICLE SIGNAGE
- AFFORDABLE WEBSITES

0405 470 630

E: twodogsgraphicsanddesign@yahoo.com  
 W: www.2dogsgraphicsanddesign.com

  
**Your Pad Pty Ltd**

PROPERTY MAINTENANCE & FACILITIES SERVICES

Complete window cleaning packages for shops & businesses.

WINDOWS SILLS FRAMES SIGNALE & FASCIALS

EXTERNAL POWER WASHING AVAILABLE

**WINDOW CLEANING**  
 FOR HOMES & BUSINESSES

One-off cleans through to full detailing of windows, sills, frames & tracks.

0405 052 781 | your-pad@outlook.com

**ARE YOU TIRED OF CLEANING YOUR HOUSE?**

Let us do the work for you. Bribie Dazzler Cleaning Service has some openings in our roster that just might suit your needs

**HURRY** our vacancies are filling up fast

ABN 71 326 381 155 CALL Heidi on 0431 231 852



**AJ SMART MOVE**  
 Removals & Storage

Local, Country & Interstate  
 Competitive Rates  
 Fully Equipped Trucks  
 Trained Staff  
 Packing Materials

0410326 376  
 www.ajsmartmove.com.au



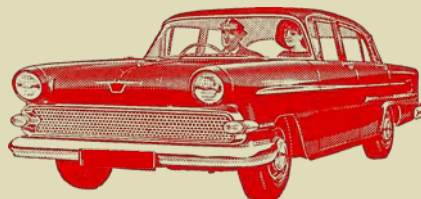
**Busy Fingers Op Shop**  
 38 Cotterill Ave, Bongaree

GREAT BARGAINS ON CLOTHING, SHOES, ELECTRICAL, TOOLS, TOYS AND MUCH MORE

VOLUNTEERS ALWAYS WELCOME FREE PICK UP AND LOW COST DELIVERY

**PH 3408 1014**  
 Mon-Fri 8:00-3:30, Sat 8:00-12:00

## AUTOMOTIVE ADVERTS WANTED



## CONTACT SALES

**JUNITA ARMSTRONG** 0448 448457 sales.thebribieislander@gmail.com

**MARIE MEYER** 0412 298 588 features.thebribieislander@gmail.com

**Proudly Independent**



### LAMB LEG ROAST



**COOK MUM A LAMB ROAST**

**\$15<sup>99</sup>** kg  
SAVE \$2 kg



### WHOLE ECONOMIC RUMP



**BUDGET BUSTER**

**\$15<sup>99</sup>** kg  
SAVE \$4 kg



### PORK LOIN STEAK

1.2KG



**\$14<sup>90</sup>** kg  
SAVE \$7 kg



### PREMIUM RIB FILLET STEAK



**\$34<sup>90</sup>** kg  
SAVE \$15 kg



### FAMILY APPLE PIE OR CUSTARD TARTS

**BAKED IN STORE!**



**\$5<sup>00</sup>** each

### FAMILY SIZED TRIFLE

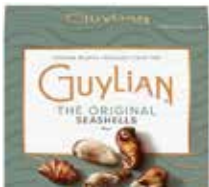


**MADE IN STORE!**

**\$6<sup>90</sup>** each  
SAVE \$4

### GUYLIAN SEASHELL CHOCOLATE BOX

225G



**WHILE STOCKS LAST!**

**\$14<sup>50</sup>** each  
SAVE \$15 kg

### PORK LEG ROAST



**FRESH COOKED IN THE DELI**

**\$24<sup>99</sup>** kg

### PETERS DRUMSTICK

24PK



**\$20<sup>00</sup>** box

**FRESHLY MADE BEEF BRISKET BURGERS**

**4 for \$12.00**



**FROM THE DELI**

**FRESHLY MADE CHICKEN KEIV**

**2 for \$10.00**



**ON SALE Friday 8th May to Tuesday 12th May 2026 ONLY**

While stocks last. Retail quantities apply. We reserve the right to correct printing errors or omissions. Images are for illustration purposes only

### Beachmere IGA

Cnr James & Beachmere Rds  
BEACHMERE  
PHONE: 5496 2111  
7am - 8pm 7 DAYS

**SCAN HERE**



### Sandstone Point IGA

204 Bestmann Rd East  
SANDSTONE POINT  
PHONE: 5497 6022  
6am - 8pm 7 DAYS